

Kanara Saraswat

A MONTHLY MAGAZINE OF THE KANARA SARASWAT ASSOCIATION

AUGUST 2026

SHIV AROOR



DINESH KANABAR



ZIA MODY



YOGESH
SAMSI



RAJIV
SHARANGPANI



SARASWATA BHUSHANAM AWARDS

SHEKHAR HATTANGDI



ANANT NAG



PRAKASH PADUKONE

KSA-CSN AWARDS



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Kanara Saraswat

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- (D) **PRIYA HATTIANGDI SCHOLARSHIP FUND:** From students pursuing courses in English Literature & Fine Arts, encompassing Painting, Crafts, Calligraphy etc. The last date of receipt of application is 30th Sept.

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The Manager, Shri Chitrapur Math, Shirali-581354. Phone No.08385-258368.

The Manager, Shri Shivagopal Krishna Mandir, Chamrajpet, J.C.Road, Sagar-577401.

Phone No.08183-227677.

The Managing Trustee, Shri Shiva Krishna Mandir, Tahsildar's office, Lamington Road, Hubli-580020.

Phone No.0836-226435

Hon.Secretary, The Chitrapur Saraswat Education & Relief Society, F-1 (a), Saraswat Colony, Santacruz (West), Mumbai 400054. Mobile 9833997646

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Applicants from Bengaluru City, Chennai, should apply from following centres :

A. The Hon. Secretary, Canara Union, 8th Main, 15th Cross, Malleshwaram, Bengaluru 560003.

Phone No. 080-23342625, 080-23345976—for all applicants from Bengaluru.

B. The Secretary, Saraswat Association, Dr. Dinkarrao Memorial Hall, Ormes Road, Kilpauk, Chennai - 600010 - for all applicants from Chennai.

Applicants for Educational Aid only, from Dakshina Kannada, Udipi and Kasargod District, should apply from following centre :

C. The Secretary, Saraswat Poor Students' Fund, c/o Ganapati High School, G.H.S. Road, Mangalore 575003.

N. B. Properly filled application forms for Aid should be submitted along with original medical bills & photocopies (self attested) of the mark sheet, proof of admission / fee receipt, salary / income certificates, first page of bank passbook / cancelled cheque.

All completed forms should be handed over / posted to the same (office) authorities from where the forms were collected.

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(2).- The Hon. Secretary, The Chitrapur Saraswat Education & Relief Society, F-1(a), Saraswat Colony, Santacruz (W), Mumbai 400 054. (Mob.:9833997646), Email: csers_educaid@yahoo.com.

Aid Applications can be downloaded from website **www.csers.org**

For Co-ordination Committee

Hon. Secretary



From the President's Team

As we welcome the month of August, we do so with hearts filled with pride, gratitude, and renewed hope. August is a unique month that beautifully blends patriotism, spirituality, and social responsibility. It reminds us of the sacrifices made by our freedom fighters while inspiring us to strengthen our commitment to our families, our community, and our nation.

The month begins with the sacred observance of Shravan, one of the holiest periods in the Hindu calendar. It is a time of prayer, devotion, self-discipline, and spiritual reflection. Festivals such as Nag Panchami, Raksha Bandhan, and Krishna Janmashtami reinforce the timeless values of faith, love, duty, and family togetherness. These celebrations not only enrich our spiritual lives but also remind us of our responsibility to preserve and pass on our rich cultural heritage to future generations.

On 15th August, India proudly celebrates its 80th Independence Day. It is a day to honour the countless patriots whose courage, sacrifice, and unwavering commitment secured the freedom we cherish today. As it does every year, the Kanara Saraswat Association will celebrate Independence Day with flag hoisting at Sirur Square, Talmakiwadi. As members of the Chitrapur Saraswat community, we have a special reason to celebrate. Though small in number, our community has made extraordinary contributions to India's freedom movement, constitutional development, social reform, education, and public life.

We proudly remember Karnad Sadashiva Rao, revered as the Gandhi of Karnataka; Umabai Kundapur, one of India's pioneering women freedom fighters; Kamaladevi Chattopadhyay (nee Dhareshwar), whose fearless participation in the Salt Satyagraha and lifelong dedication to nation-building continues to inspire generations; and Benegal Shiva Rao, a distinguished freedom fighter, eminent journalist, parliamentarian, and member of the Constituent Assembly that shaped our nation's Constitution. They, along with many others, represent the finest traditions of courage, service, integrity, and leadership that our community has contributed to the nation.

For more than a century, the Kanara Saraswat Association has served as a vibrant platform for unity, service, and cultural preservation. I sincerely thank our members, volunteers, donors, office bearers, and well-wishers for their unwavering support and active participation in the Association's initiatives. Your commitment enables KSA to continue serving our community with purpose while strengthening the bonds that unite us. Together, we must continue to nurture our traditions, support one another, and create opportunities that inspire future generations to remain connected with our heritage.

I am pleased to inform you that our five-decade-old Marriage Bureau, which has helped many members of our community find the right life partner, is now going online. This digital initiative will enable us to serve the community more effectively by making it easier for eligible members to connect and find suitable life partners.

As we celebrate the festivals of this auspicious month and commemorate our nation's Independence Day, let us reaffirm our commitment to unity, harmony, selfless service, and responsible citizenship. May we continue to work together for the welfare of our community and contribute meaningfully to the progress and prosperity of our great nation.

On behalf of the President's Team, I extend my heartfelt wishes to you and your family for a blessed Shravan, a joyous Raksha Bandhan, a peaceful Krishna Janmashtami, and a very Happy 79th Independence Day.

Kishore G. Masurkar

KSA's Matrimony Platform to go Digital Bridging Tradition and Technology

The Kanara Saraswat Association (KSA) is proud to announce the upcoming launch of our new online marriage bureau portal: www.ksamarriagebureau.com.

We are deeply honoured to announce that the portal will be formally blessed by our revered H.H. Shrimat Sadyojat Shankarashram Swamiji at Vittal, Karnataka, on Sunday, 16th August, 2026.

Full details regarding new registrations, fee structures, and the online payment gateway will be published in the September 2026 issue of this magazine.

KSA has been a pioneer in institutionalizing matrimonial services. Started in the 1960s at Talmakiwadi, Tardeo (Mumbai), this initiative has successfully served our Chitrapur Saraswat Brahmin (CSB) community for over six decades.

We gratefully acknowledge the foundational efforts of dedicated pioneers like the Late Mr Laxman Baidur, Late Mr Mangesh R. Sujir, and Late Mr Mohan Hattikudur.

For the past 40 years, this noble, selfless voluntary work has been driven by Mrs. Usha K. Surkund (*Jyotish Bhushan and Nakshatra Jyotish Ratna*), Mr. Dilip P. Sashital, and our newly inducted team member, Mrs. Rekha R. Pandit. Together, they have meticulously maintained a database of over 300 eligible brides and grooms across India and overseas.

The Digital Evolution

To reach global aspirants while remaining deeply rooted in our community, we are transitioning to a modern, seamless online platform.

- **Our Mission:** Helping families of Chitrapur Saraswat Brahmin, Goud Saraswat Brahmin, and broader communities to find a perfect match.
- **Our Vision:** To guide and support Chitrapur Saraswat families in finding perfect life partners through a reliable and seamless matrimonial experience.
- **Our Values:** Honouring cultural roots while adapting to modern relationships.
- **Our Promise:** Protecting user data and personal details.

The digital transformation of our physical records is underway, with 150 profiles already digitized.

Stay tuned to find your perfect match!

DONATE TOWARDS KSA's MEDICAL AID – AVAIL 80G EXEMPTION! HELP KSA SERVE OUR COMMUNITY!

KSA has been disbursing medical aid to applicants for over decades now. With medical and hospitalisation expenses increasing multi-fold, the number of applications for medical aid and disbursals have also risen substantially. The medical aid is disbursed out of the quarterly interest gained from the corpus as well as other donations that are received towards the Medical Aid Disbursement.

In the current financial year, till date, we have received 13 applications for medical aid and have disbursed a total amount of Rs. 16.05 lakhs. This has depleted the amount available towards medical aid.

KSA humbly appeals to its members and their relatives, to donate generously towards the medical aid disbursement. All Indian resident donors can avail of Sec.80G under the Income Tax Act.

The Editor's Column

As we enter the 8th month of the English calendar, it heralds the holy period of Shravan, that brings with it some of the most popular Hindu festivals like Naag Panchami, Raksha Bandhan and Gokulashtami. Our 80th Independence Day will also be celebrated on 15th August, 2026.

Saturday, 13th June, 2026 will forever remain etched in the memories of all Bhanaps who were present in person at Karla Math, and those who were watching the historic event, online. It was the presentation of the first ever 'Saraswata Bhushanam' Awards to eight eminent personalities, at the divine hands of our revered H.H. Shrimat Sadyojat Shankarashram Swamiji. Veteran writer and editor, Shailaja Ganguly has described this event in her distinct and unique style.

Also presented on that day, were the first KSA-CSN Awards by Swamiji to four enterprising members of our community for their immense contribution.

Maj Gen Baindur Nagesh Rao's column, Military Musings, captures the trials and tribulations that are faced sometimes, by members of our defence forces, while on their way to attend their own marriages. But even through unforeseen national emergencies and logistical difficulties, they successfully find their way out.

'A Treasure Trove of Military Tales' and the updated 'All India Chitrapur Martial Directory' – two separate books that were painstakingly put together by Maj Gen Baindur Nagesh Rao, were also blessed by H.H. Shrimat Sadyojat Shankarashram Swamiji on 13th June, 2026 at Karla. It needs to be mentioned here that at age 86, for Maj Gen Rao, both these books have been a labour of love – determined to complete them, despite undergoing dialysis sessions twice every week. The e-versions of both these books will be uploaded onto the Kanara Saraswat website. Maj Gen Rao has very kindly donated a hard copy of each book to the Kanara Saraswat Reference Library.

Dinkar S. Honavar, a doyen of the Indian Welding industry passed away on 21st May, 2026. We bring you his obituary, penned by his nephew, Uday R. Honavar.

Bharat Savur's Born Free column is on Pooja Bedi, daughter of Kabir and Protima Bedi, wherein he traces her life that has roller-coasted through tragedy and triumph.

In his article, 'It's all in the Numbers' Girish Karnad writes on how a leader responds to pressure which is inevitable in the corporate world, and how his response can be instrumental in shaping the organisational culture and motivate team performance.

Bhakti Ullal's feature, Earth Uncovered, dwells on the life of an Octopus. Do read this fascinating tale.

In the California Notebook, Jaidev Chandavarkar writes on how the disciples of late Pandit Ravi Bellare, converged to commemorate the memory of five gurus who were giants in the realm of Indian instrumental music.

The Superfoods bandwagon, which was so beautifully serialized by Anjali Burde, finally comes to a halt with the letters X, Y and Z. We invite readers to share their feedback on all these Superfoods and share any interesting recipes that could be published.

After a gap of almost three years, the KSA-CSN team held its conclave in Bengaluru with over 24 participants. KSA-CSN is hosting two meets in August – one in Mumbai on the 9th of August and the other in Bengaluru on 23rd August, 2026. Registration details are provided in this issue.

Our Art Corner features some of the best creativity on display by senior amateur artists, who are students of Art teacher Maya A. Kilpady, from Bengaluru.

The 'Dear Pachhi' Column seems to be picking up its readership, thanks to Pachhi's great sense of humour, while answering vexed queries. Please do send in your queries to editor@kanarasaraswat.in for a quick and humorous resolution.

KSA invites its members and fans of the late Padma Bhushan Suman Kalyanpur to an audio-visual presentation on Saturday, 29th August, 2026 at 5.30 p.m. in the Shrimad Anandashram Hall, Talmakiwadi.

We also invite all the successful students to share their exam results alongwith their photographs on email: admin@kanarasaraswat.in. These will be compiled and published in the November issue.

Happy reading!

Ramkishore. M. Mankekar



Kanara Saraswat Association

Presents

Sumananjali



A Tribute To Suman Kalyanpur
(An Audiovisual Program)

Presented By

Dr. Sharad Nayampalli

&

Mr. Shiva Gulvady

On Saturday , 29th August 2026

5:30 p.m. - 8:00 p.m.

Anandashram Hall, Talmaki Wadi

Please be seated by 5:15 p.m.



To commemorate the 79th Janmadivasa of His Guru - Parama Pujya Parijnanashram Swamiji III, our revered Mathadhipati decided to honour some exceptional individuals who had gladly offered their internationally - acclaimed expertise as devout seva for Shri Chitrapur Math and other outstanding achievers who had done the samaja proud by their spectacular achievements.

**Meet the awesome personalities who were the worthy recipients of the
SARASWATA BHUSHANAM AWARDS**

SHAILAJA GANGULY

It was a day that came to stay...

June 13th, 2026

As the radiant Devi Durga Parameshwari and the divine Sannidhya of the Sanjeevani Samadhi of our Parama Guru blessed the packed hall of devotees and special invitees, and the 'mangalata'- the auspiciousness of the occasion generated a palpable exhilaration, our Beloved Mathadhipati - Parama Pujya Sadyojat Shankarashram Swamiji arrived and the grand proceedings took off.

The first dignitary to receive the prestigious Saraswata Bhushanam Award was a true Woman of Substance – the renowned 'legal lioness' so to speak -ZIA MODY whose immense contribution in unravelling the many legal tangles which had greatly hindered the smooth functioning of multiple aspects of Shri Chitrapur Math and its affiliated institutions drew fulsome praise from the President of SCM's Standing Committee Praveen Kadlemam as he gave us details of Zia pachi's glittering resume and her multi-faceted and unstinted seva since 2009!Praveenmam also accepted the award on her behalf as, unfortunately, her 24/7 commitments had made it impossible for her to be present at Karla that morning.

However, the disarming love and genuine reverence for Pujya Swamiji and His many prize initiatives for the samaja, that flowed seamlessly from her video moved every viewer and made it abundantly clear how very much Zia pachi belonged and how deserving she was of this public recognition.

In her endearing 'thank you-clip', Zia Mody

- Co-founder and Managing Partner AZB and Partners and daughter of the legendary legal eagle Soli Sorabjee, expressed deep gratitude for having had "the honour and privilege" of meeting Pujya Swamiji on several occasions and expressed her continued admiration for Swamiji's "sharp intellect, legendary wit and abundant love." She emphasized how inspired she was by Swamiji's "love, energy and personal sacrifice that have helped to create a strong set of values in young people and taken all initiatives to another level." Her telling line was about how Pujya Swamiji "inspired and left you more at peace with yourself."

Explaining how vital it is for the Math to keep its affair legally clean Pujya Swamiji bestowed love and blessings on Zia pachi and assured her that her candid expression of her feelings had made her inspiring presence felt in the holy precincts of Karla that morning.

Next, Pravinmam introduced close friend and associate over many years - the globally acclaimed tax expert and chartered accountant DINESH KANABAR, CEO, Dhruva Advisors who had voluntarily come forward to amicably resolve complex tax matters concerning our Religious and Charitable Trusts and had, soon, become a devotee of Pujya Swamiji.

Visibly overwhelmed upon receiving the Award at the Holy Hands of Pujya Swamiji, Dineshmam shared his continued wonder about Swamiji's childlike inquisitiveness and amazing degree of interest which goes to the very root to find out why and how a given law evolved. Looking

~~~~~Parisevanam~~~~~

back on the memorable occasion, he added, “While my connection with Swamiji began with me acting purely as a professional advisor, I was profoundly impressed by the selfless work Swamiji has been doing in all the initiatives for the upliftment of the community. His desire for knowledge is amazing.

“The peace and serenity he exudes radiates all around. Being honoured by him is special as it tells me that my professional efforts have been valued by Him and that recognition is very humbling. I look forward to continue rendering my services in the years to come.”

Pujya Swamiji now stepped in to stress how important it was to keep abreast of tax laws which change in almost every quarter. In Religious Trusts the Devata is “like a child” Swamiji said, which heightens the responsibility and accountability of the trustees. Which is where the “margadarshan” of experts like Dineshmam is invaluable, Swamiji explained as he showered Love and Blessings on Dineshmam and family.

The third Awardee was the multi-faceted Dr. RAJIV SHARANGPANI -orthopaedic surgeon, yoga expert and fitness consultant to the Sports Authority of India and much more besides. With vast experience in the promoting of physical and mental wellness, Dr. Sharangpani has been closely associated with Shri Chitrapur Math and Pujya Swamiji for over 15 years now.

Swamiji praised Dr. Sharangpani’s sharp acumen, meticulousness and ‘body intelligence’. He also related how Doctor had carefully watched, approved and himself practiced the Wimhof meditation technique with Swamiji for three weeks before endorsing and agreeing that it could now be introduced to the samaja.

“This award is very special for me because of Swamiji’s love and the great work that He is doing for society and for the community. Swamiji was at His Very Best that evening, commanding the respect of everyone present. Going to Karla and meeting Swamiji is always a great experience,” was the moving feedback from Dr. Sharangpani.

Each of these three renowned professionals hugely merited the Saraswata Bhushanam

Award because of their unstinted seva over many years in vital and sensitive areas of well-being of a mammoth spiritual institution like Shri Chitrapur Math and their genuine love and reverence towards Pujya Swamiji and goodwill towards our samaja.

The remaining five Awards were conferred upon Chitrapur Saraswats who had excelled in their chosen field and thereby earned honour for our relatively small but extremely versatile and intellectually sharp community.

The first Awardee from this ‘home-ground’ was the celebrated actor - Padma Bhushan ANANT NAG. Strong-rooted because of spending his formative years in Kanhangad and Shirali, Anantmam’s passion for the performing arts led him first to the theatre wherein he wore the multiple hats of actor, director and producer for 50 plays in Konkani and Kannada. When the silver screen beckoned, he actually went on to complete five whole decades during which he acted in (hold your breath!) 300 films in Kannada, Hindi, plus six other languages and lifted the Best Actor Award five times from the Kannada film industry and Filmfare.

Anantmam’s spirited presence in public life as well has earned him the Karnataka Rajyotsava Award, the Sahitya Akademi Award, a much-deserved honorary Doctorate and of course, national recognition with the Padma Bhushan. Age is just a number for Anantmam who continues to pursue his deep interest in Sanskrit, history, art and politics.

Especially worthy of mention is the close association Anantmam had with our Parama Guru over many years. He was present at the Shishya Sweekara in 1959 and had the joy of performing in the play Chitrapur Vaibhav in the Presence of Parama Pujya Parijnanashram Swamiji III.

“Guruunka nambunuuchi vaadlaan” (I have grown up investing total faith in the Guru) he said with moving humility upon receiving the honour from Pujya Swamiji along with his wife Smt. Gayatri Nag. Blessed with a prodigious memory, Anantmam seamlessly chanted the names Parama Pujya Anandashram Swamiji had listed of all the great Gurus who had guided our samaja before the advent of Parama Pujya

~~~~~Parisevanam~~~~~

Parijnanashram I at Kotiteerth. Puja Swamiji intervened to assure him that those names are chanted by our Vaidiks every morning.

Anantmam also recalled our Guru Swami (then a vibrant 17) effortlessly materializing kumkum from one palm and vibhuti from the other. (Later, Parama Puja Anandashram Swamiji had gently cautioned Him to refrain from such visible manifestations of Shakti as it was not in conformation with our hallowed Parampara.)

A precious memory came to light when Anantmam said this was the fifth shawl he had been honoured with...as apart from this one, he had publicly received two earlier at the Holy Hands of Puja Swamiji and one at the National Award ceremony. But, for him the most invaluable one was the shawl Puja Swamiji had taken off from His own shoulders and draped around Anantmam's on a hillock at Baindur when, on a sunny evening he was suddenly blessed with a "pushpa-vrishti" - a divine drizzle that was showered only on him as he shared some timeless moments with Puja Swamiji.

Puja Swamiji, as always, acknowledged that 'miracle' without comment, but created a wave of exhilaration when He declared "Each one of us is a 'lahari'- a miracle (that is happening here and now..Parijnanalahari is the intense sadhana-based individual and collective joyous itinerary devised to commemorate from this 79th year of Guru Swami on 15th June 2026 - to cover the beautiful Triveni Sangama - the 80th Janmadivasa on 15th June 2027, the 30th Ordination Day of Puja Swamiji on 27th February 2027 and culminate on the 60th Pattabhisheka Vardhanti of Parijnanashram Swamiji III on 12th October,2027)

Worthy recipient of the Padma Shri and the Arjuna Award, the first Indian to win the All-England Open Championship, badminton legend PRAKASH PADUKONE was then invited to come forward and receive the Saraswata Bhushanam Award for the laurels he has earned for the samaja and also for the great work he is doing to coach fresh talent in his state-of-the art Prakash Padukone Badminton Academy in Bengaluru.

Watching the soft-toned, unassuming and

humble Prakashmam suddenly lose his voice and get completely overcome with emotion on the mike brought a catch to the throat of everyone present. "I used to visit the Math regularly with my grandparents, but of late I haven't had the time," he admitted, but what was very moving was to hear him say "I have worked hard but whatever little I have achieved has been possible only due to the Blessings of Swamiji and good wishes from all of you." This genuinely-expressed gratitude also made him promise that he would serve in whatever manner possible and continue to bring a good name to our community.

Like a gentle mother our Guru-Mauli calmed Prakashmam telling him that it was the highly-charged 'spandan' of this 'pavitra kshetra' that makes devotees let go of all our pretensions and recognize with joy that there is Somebody who gives you unconditional love, irrespective of all else. Expressing joy for his presence, telling everyone that it is his passion that empowered Prakashmam to bring that rare finesse to his art, Puja Swamiji also added that we need people like him to galvanize and motivate the young.

Looking back on that momentous occasion a few days later Prakashmam said, "I had visited Karla about five years ago so this was my second visit and a very enriching experience.... very emotional, satisfying and fulfilling.

"This Award was very special because I received it from Swamiji personally. I had never felt so emotional when receiving any other award including the Padma Shri in 1982. Puja Swamiji's very Presence has a profound impact on all, including me. It has a very calming effect on everyone.

His promise - "I can advise the Math volunteers on any sporting activity they wish to undertake."

Even as he admitted to feeling happy and proud the next Awardee - multi-channel communicator SHEKHAR HATTANGDI who is a journalist, a gold-medalist lawyer, a public speaker, teacher and filmmaker all rolled into one, also confessed that he was feeling "genuine self-doubt." The disturbing visual of a much-wowed filmmaker Hrishikesh Mukherji tearing up asking 'What have I done' (in comparison to his scientist son)

always returned to haunt him and even infuse guilt at times, he said. But he agreed that most of all, awards are an inspiration to do something better and hoped he would be able to live up to the honour bestowed upon him.

Driven by the need to create a meaningful interface between law and religion Shekharmam is researching on modern secular laws versus ancient rituals. His award-winning film Santhara explores this conflict. He is particularly interested in the phenomenon of bala-yogis... or children who are deprived of a childhood when they are initiated too early to become future Heads of a spiritual lineage. He expressed hope that Pujya Swamiji would guide and interact with him on the contemporary relevance of this delicate issue.

Shekharmam was accompanied by his wife Shaila pachi who is a highly talented classical singer and also a laudable exponent of lighter genres like thumri, dadra, kajri and bhajans too.

It was awe-inspiring to see Pujya Swamiji now transform into a friendly bandhu-sakha - a Mentor who came down to our 'uncertain' Mam's plane and asked "Can't I have self-doubt too? Can I compare myself to my Guru?" Swamiji then touchingly listed all the spiritual initiatives He had introduced one by one to establish a fulfilling bridge or bond to connect every sadhaka in the samaja with the Divine.

Swamiji reassured Shekharmam by stating that it is an honest man in pursuit of truth who feels he is not worthy of praise because he knows "how much more there is to know." This Award, Swamiji said, is not adulation but a recognition of his tenacity to get to the root of something, the burning desire to know...The moving sum-up to put Shekharmam at ease was "We all deserve to be here because we are all striving and have come to the 'srot' (the infinite Source) together."

Reflecting on the enriching evening Shekharmam expressed gratitude both for Pujya Swamiji's insightful comments and this highest recognition conferred upon by what he felt was a highly astute and commendable selection committee which chose him over so many other limelight persona or newsmakers in media. He also looked forward to meaningful future interaction with Pujya Swamiji to resolve the issues he is researching on...

Worthy son and inheritor of the glorious legacy of the renowned vocalist Pandit Dinkar Kaikini and his accomplished wife Smt. Shashikala Kaikini, prized Shishya of tabla maestro Ustad Allah Rakha Khan Sahab, winner of the Sangeet Natak Akademi Award and innumerable accolades for the magic in his lightning-fingers both as an accompanist to crème de la crème artistes and performers and as an enchanting soloist, Pandit YOGESH SAMSI was the next Awardee. Humility, gratitude and devotion laced every word as he stated that this was one of the greatest moments of his life. He recalled doing riyaz all by himself for hours in this very temple in the mid'80s and '90s.

He also shared a milestone memory of the Rathotsava in 1987 when Guru Swami had listened to his father's concert uninterrupted for six whole hours and later, during a private audience assured Dinkarmam that the uncertainty his son was going through would soon dissolve because his future too lay in music. To see the grand manifestation of that prophecy in this Saraswata Bhushanam Award was as wondrous to the audience as it was for our visibly moved winner.

"I will always remain indebted to my Guruparampara," Yogesh said and very touchingly declared that this 'satkar' truly belongs to his parents, Pandit Taranath, (and of course,) Ustad Allah Rakha Khan Sahab, plus "to all the Gurus who have inspired me and shown me the way forward." Expressing his indebtedness to Pujya Swamiji for the gracious Anumati given to him to conduct workshops for his students at Karla and Mallapur, he concluded seeking "Blessings and shakti to swim through this vast Mahasagar of which I have not even covered 1 per cent on this incredible journey!"

"This relentless seeking for something 'shashwat' in this 'nashwar' samsara is why you are here," Pujya Swamiji responded, adding a heartwarming - "We are proud of you and our love makes us bask in your glory."

Reminiscing about that golden moment a blissed-out Yogeshmam said - "Going deep into this art for the last 40 years has given me an insight in what the Gurushakti and Guruparampara is all about. Swamiji for us is

~~~~~Parisevanam~~~~~

not just a living Guru, He is God personified. To feel the blessing hand upon my head of the same Guru from whom I received mantra-deeksha, to be honoured in the same spot where I did riyaz for years makes me feel incredibly charged. I will try my best to carry this ashirvaad forward to bless the next generation of tabla players and musicians.”

“I have never forgotten where I came from,” stated our final Awardee SHIV AROOR - the dynamic, very centred, much-loved and wowed journalist, anchor, bestselling author and now-the Managing Editor NDTV who shifted base after an extremely fruitful 18 years at India Today where he joined as Special Correspondent and left as Senior Executive Editor covering defence, military and national security affairs. After the skyrocketing success of 3 Volumes titled "India's Most Fearless" recording chilling and thrilling 'Dramas in Real Life' of salute-worthy heroes from India's Military and Anti-terror Operations, co-authored with Rahul Singh, the fourth is poised for release.

Holding the mike after receiving his Award from Pujya Swamiji Shiv voiced his obvious surprise and elation upon seeing so many Yuvas who have made their mark in the world outside doing seva in the Math so diligently and devotedly. He then related how, 24 years ago, his father Prakash Aroormam had taken him to meet Pujya Swamiji in Chennai. He had not known what to expect...and had been happily surprised to find Swamiji talking to him about music, books...in short, all his favourite things. Most important was the prophecy wrapped in a blessing at parting 'You will never regret choosing to be a journalist.' “He was right,” announced a smiling Shiv that evening. He confessed that he felt guilty that “I have not done enough for my community,” requested,” Let me know how I can help” and topped it with “I promise I will not fail you.”

Ever the gracious and self-effacing Mahatma, Pujya Swamiji told a happy Shiv that his books were absolutely outstanding, that some idea will definitely emerge to connect him more meaningfully with Math activities, particularly

with Yuvas and that “We are all basking in reflected glory.”

Even as he proves himself every moment in his Karmakshetra at NDTV, there is no doubt that under the Guidance of our spirited and adept Sarathi, Shiv Aroor will soon work wonders in his Dharmakshetra too!

As he recalled the evening with gratitude, a highly moved Shiv said he felt “recognized and appreciated by the community” and as “it pertained to heritage and roots, it felt very personal” and hence, this Award was so different from the many he has hitherto received. Expressing awe and admiration for Pujya Swamiji he said watching and listening to Swamiji that afternoon, he was overjoyed to see how progressive Swamiji was – well-read, curious, eager and young at heart, with a spiritual grounding but a modern outlook and hence, so relatable to the present generation. His biggest takeaway was seeing so many young professionals from different cities here and so involved in seva despite the many distractions today's world offers.

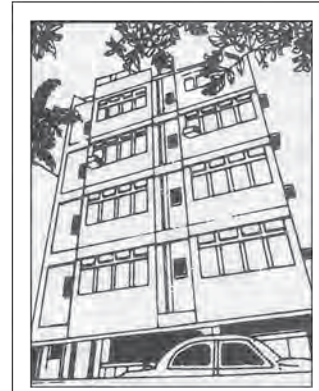
And yes - “super-grateful” Shivmam has been in touch with people Pujya Swamiji has already connected him to and some good work is on its way...In his words “It is truly a turning of the page and the beginning of a new chapter connecting me with my roots, so I am very happy and very honoured.”

Yes, seeing, listening to and cheering every unique recipient of the Saraswata Bhushanam Award was an unforgettable experience for everyone present at the sacrosanct Karla Math. But the true crest-jewel of that historical afternoon was the Sutradhar Extraordinaire – our Beloved Swamiji - who so delicately and deftly led the spellbound audience through the entire event making them oblivious to time as He so palpably shared our joy and interacted with every Awardee with abundant love, inherent wit and invaluable wisdom!

Om Namah Parvati Pataye Hara Hara Mahadev!

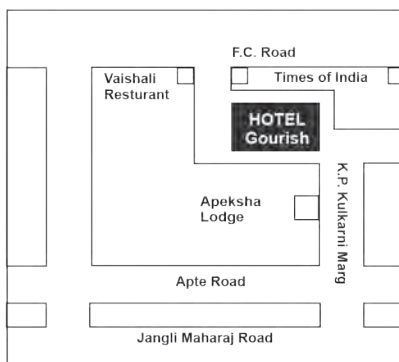
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KSA-CSN's First Annual Awards ceremony at Karla Math

TEAM KSA-CSN

Saturday 13th June, 2026 will be etched in the history of KSA-CSN as one of the most memorable days, as on this day, His Holiness Param Puja Shrimat Sadyojat Shankarashram Swamiji kindly blessed us by accepting our prayer for presenting the FIRST KSA-CSN ANNUAL AWARDS, at their divine hands.

KSA President Shri Kishore Masurkar shared a brief introduction about KSA-CSN's ongoing activities that has resulted in bringing over 200 Bhanap entrepreneurs together under one umbrella.

The awardees were:

PRABHAV KODIAL - Entrepreneur of the Year 2025-26

Shri Prabhav Kodial was honoured for his successful achievements in his business venture.

RAJIV KALLIANPUR - Stellar Contributions to KSA-CSN

Shri Rajiv Kallianpur, apart from being one of the Co-Initiators of the KSA-CSN Platform, has made immensely positive contributions to this platform, first as the Jt. Sec. CSN in our Managing Committee and later, even after demitting MC membership - always ready to help KSA-CSN financially (especially in the early formative period), and volunteering for moderating our "Mulakat" meetings. To date, he continues to actively plan and organize Mulakats.

GURUDAS TRASI - TOP KSA-CSN Performer 2025-26

KIRTI KAROPADY MULAY - TOP KSA-CSN Performer 2025-26

The Top Performer awardees were selected on the basis of their all-round notable performances during the year.

Higher attendance record

Business generated for fellow CSN participants
Volunteering Contributions

We are confident that we will be able to present awards in additional individual categories at the

Annual KSA-CSN Day proposed to be organized after March 2027.

Proposed Initiatives of KSA-CSN

Upgradation of KSA-CSN Website,

Employment Portal, and

Development of a Mobile App for KSA-CSN.

We invite Subject Matter Experts (SME's) to volunteer their expertise and help / guide KSA-CSN in meeting the above planned objectives.

Interested SME's can connect with Jt. Secretary-CSN on

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GETTING MARRIED

MAJ GEN B N RAO, AVSM, VSM and Bar (Retd.)

Getting married in the services is not always a smooth affair. National emergencies and untold difficulties may come in the way. But determined grooms find their way. Narrated below are two classic cases. The first is about the Indian Navy and the second is about Army – Air Force cooperation.

The first is an epic story of the Indian Navy Sea Hawks; received by me from multiple friends in the Indian Navy.

Once an Indian Navy Sea Hawk took off from INS Vikrant

It's mission??? Pilot Getting Married!!

"Sometime in May 1965 the war clouds with our western neighbour were building up and Vikrant steamed out into the Arabian Sea to provide some gunboat diplomacy of the 'beware we are on alert' sort to Islamabad. Such sudden deployments cause disruption in the lives of the crew but that is what the Navy is about. One such disrupted young Lieutenant who was a bindaas (to use a Bombay term) Sea Hawk pilot who was scheduled to proceed on leave to get married the day the ship sailed and suddenly found himself far from the railway station that would take him to Bangalore.

Possibly after a lot of requesting and discussions with his superior his Captain ordered him to take off at dawn on the big day in his Sea Hawk and set course for Bangalore and get back on deck by 0600 hours the next morning. Off went our young bridegroom. The Navy may be strict, but it likes to take care of its seamen and the Fleet Commander Rear Admiral BA Samson blessed this adventure. But how was he to carry his clothes and toothpaste?

A bright technician suggested they empty out the cannon ammunition bay and that made just enough space for his clothes to be stuffed into. Onto the steam catapult and off to the old HAL airport at Bangalore. The bride of this arranged marriage lived close to the airport and between the nervous ma-in-law to be and pensive pa-in-law and clueless bridegroom's parents they didn't know what to do. Here was the auspicious day and the hero nowhere in sight. Because the ship was on a full alert patrol there was no radio communication at all and let alone the relatives.

Even HAL airport control tower did not know that our man was zeroing in till he asked for permission to land! Then suddenly the piercing roar of the Rolls Royce turbo jet filled their ears and thumped their hearts. Our man deftly landed, parked his flying machine and was whisked away for the muhurtam with literally minutes to spare.

Next morning 0400 hours he took off again and in little over 90 minutes got back to the carriers deck in the middle of the sea.

This young pilot was SK Gupta who later commanded INAS 300 White Tigers in the 1971 war and was awarded the Maha Vir Chakra. Later in life he rose to flag rank. On his return there were no flowers on the ship to celebrate his new status but his fellow pilots not to be put off garlanded him with a mala made of vegetables." His colleagues wrote "Just Married" on his Sea Hawk with a pair of boots tied on to the nose of the aircraft.

The second story *Lekin Apni Shadi pe Zarur Bulana* is about how the IAF helped an Army officer in trouble.

"In the early 1980s—1983 or 1984, if memory serves me right Air Commodore Denzil Keelor was commanding the Gwalior Air Force Station. At the same time, a young Army captain posted in Saugor, Madhya Pradesh, found himself in the middle of a crisis worthy of a Bollywood movie.

The officer had learned that his girlfriend was being pressured by her family into marrying someone else. (They had some caste issue plus the Army background of the officer.)

Determined to reach Delhi and prevent the marriage, he took off from Saugor in the first available train. Unfortunately, fate seemed to have some other plans. A major train accident had disrupted rail services beyond Gwalior, while a truckers' strike had effectively blocked road movement towards Delhi. Every conventional option appeared closed.

Refusing to give up, the young captain did something audacious. Since he had reached Gwalior and was aware that there was an Air Base there, he walked straight to the Air Base and on

to Air Commodore Keelor's office. And there with complete honesty, narrated his tale and asked for help. It was a tale of young love, desperation, and urgency, the kind that would have made a perfect Bollywood script.

Keelor listened patiently. He then instructed his staff officer to take the young man to the Officers' Mess for lunch while he passed some instructions. What happened next was a remarkable example of the human side of military life.

By the time lunch was over, Keelor, breaking all protocols, had arranged for a special AN-32 flight to Delhi, which would drop the officer at Palam. Not stopping there, he also organised an Air Force vehicle to take him onwards to Karol Bagh, since in those days taxis were not readily available from the technical area.

The Air Commodore sought only one favour in return: that the young officer must remember to invite him to the wedding reception.

The captain did exactly that, and true to his word, Denzil Keelor attended.

The Services are full of such tales part adventure, part romance, and part "to hell with the rule book."

80th Birthday Remembrance

Dattatreya Padmanabh Nadkarni

(4/7/1946 – 6/7/1974)



In loving memory on your 80th birthday, we celebrate the kind, generous, and supportive soul you were. We keep your memory alive in everything we do.

Fondly remembered by Sumangala (Wife), Praveena Ullal (Daughter), Sudeep Ullal (Son-in-law) and Shamita Ullal (Grand-daughter)

KSA Reference Library is grateful to the following Donors

1. Maj Gen Baindur Nagesh Rao, for providing hard copies of the following books:

- a) A Treasure Trove of Military Tales.
- b) All Indian Chitrapur Saraswat Martial Directory. (Updated until 30 April, 2026).

2. Shri Jairam Khambadkone, for providing a hard copy of his book:

- a) Rohan Puthli – The Genius Spectrum.

KSA thanks both these gentlemen for their kind gesture, as these books were printed in limited numbers.

Readers desirous of availing these books on loan, can contact the KSA Office on all working days.



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For audio resources, kindly contact the respective teachers.



VIṬṬAL CHĀTURMĀSA 2026

30th Chāturmāsa Vratam - Parābhava Saṁvatsara

By H.H. Shrīmat Sadyojāt Shaṅkarāshram Swāmiji, Mathādhīpati
Of Shrī Chitrāpur Math, Shirali, Uttara Kannada District, Karnataka

29-07-2026 (Wednesday): Āṣhāḍha Pūrṇimā
(Vyāsapūrṇimā / Gurupūrṇimā)

To

26-09-2026 (Saturday): Bhādrapada Pūrṇimā
(Sīmollaṅghana)

at Shrīmath Anantheshwar Temple

PURAPRAVESH of H.H. Shrimat Sadyojat Shankarashram Swamiji - Tuesday, 28th July 2026 (6:30 p.m onwards)

Jai Shaṅkar, sādha-s!

By the divine grace of H.H. Shrīmat Sadyojāt Shaṅkarāshram Swāmiji, Mathādhīpati of Shrī Chitrāpur Math, Shirālī, the divine observance of Their 30th Chāturmāsa Vratam will take place at the sacred Shrīmath Anantheshwar Temple, Viṭṭal, from 29th July 2026 to 26th September 2026.

You are cordially invited to attend all the functions with your family and friends and receive the Blessings of Shrī Bhavānīshaṅkar, Shrīmath Anantheshwar, our revered Guruparamparā and H.H. Shrīmat Sadyojāt Shaṅkarāshram Swāmiji.

We look forward to your enthusiastic co-operation and participation in large numbers in all the functions to make this Chāturmāsa a memorable and unforgettable event.

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2	Poshaka (Includes the following: One-day Viniyoga at all Sannidhi-s at Shrīmath Anantheshwar Temple, Viṭṭal, Kārtika Pūjā, Nāga Tambila, One Day Breakfast, Santarpaṇa Sevā, Shrī Guru Pādukā Pūjana & Shrī Bhikṣhā Sevā)	30,000/-
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Follows us on



KSA announces the launch of two eBooks by Maj Gen Baindur Nagesh Rao

A Treasure Trove of Military Tales

and

The Amchi Martial Clan Directory (Updated)

On 13th June 2026, His Holiness Shrimat Sadyojat Shankarashram Swamiji blessed a few pen drives and hard copies of these two eBooks at Karla Math, signaling their official release.

The two eBooks being -

A Treasure Trove of Military Tales

There was considerable pressure on Maj Gen B N Rao (86 years young and going strong!), to compile his popular feature Military Musings in book form. Given the current preference for digital publishing, it was decided to publish these Musings as an eBook. The book is a compilation of selected articles scripted by Maj Gen Rao himself, as also some articles received from his military friends and colleagues. Every story is unique and true; there is no fiction in the book. Indeed, every article is a gem. Very readable and informative. The humorous articles will relieve the reader from the reality of war and military operations.

The All India Chitrapur Martial Directory Ver.2

This is an updated version of KSA's All India Chitrapur Martial Directory - referred to commonly as the Amchi Martial Clan Directory (AMCD). The original directory was published and distributed as hard copies at the All India Armed Forces Defence Convention, held at Pune, in September 2004.

Over the last two decades, many changes have taken place and the directory seriously needed updating of personal details considering the number of Ex Servicemen that have passed away; serving personnel who have retired or been awarded decorations; new entrants in the Armed Forces etc.

Women officers joining the Armed Forces necessitated creating a separate section for easy search and access.

Due care has been taken to preserve all the important historical facts and statistics about Amchi Armed Forces personnel, including women and civilian officers and Personnel Below Officer



Maj Gen Baindur Nagesh Rao and his wife, Smt. Asha (nee Kolhatkar, ex-Principal of St. Columba's High School, Mumbai) seen with the copies of both the books.

Rank (PBOR) who served in Defence related organisations like DGQA, DGOF, CSD etc. Some facts about military families in the appendices makes it truly a foundation document.

The Directory was very meticulously compiled as a joint effort by military veterans in Pune, Mumbai, Delhi, Bangalore, Chennai, Goa and Hyderabad by pooling all information available; collated by Air Cmde S A Kodange (Retd) and Brig Anil Nirodi (Retd) and coordinated by Maj Gen Rao. It was truly a labour of love.

Ver 2 stands updated to 30 April 2026.

KSA's special thanks to Smt. Roopali Kapnadak Sawant for conceptualizing and designing the covers for both the eBooks and undertaking the publishing of both books in a race against time. Special thanks also to Shri Pravin V. Kalawar, who sponsored the designing of the covers and printing of the hardcopies that were presented to P.P. Swamiji for receiving His blessings.

Both these eBooks will be available for reading and downloading, on the KSA portal:

www.kanarasaraswat.org from 15th August, 2026 onwards.

The legend will live forever

UDAY R. HONAVAR

The welding industry has lost its guiding light, a true father figure in the form of **Mr. Dinkar S. Honavar**, who left us on 21st May 2026. His passing leaves behind a silence that words can scarcely fill.

He was an extraordinary personality who made India proud through relentless hard work, deep academic excellence, and an unmatched passion for sharing knowledge. His ability to teach, guide, and uplift others earned him immense respect and affection across the welding fraternity.

A proud alumnus of the Indian Institute of Science, where he completed his B.Sc. (Tech.) in department of Chemical Technology in 1953, he began his career with Advani Oerlikon Ltd. and developed electrodes at Oerlikon, Zurich. Later in 1965, joined D & H Secheron Electrodes Pvt. Ltd. as a Research Chemist. Through dedication and brilliance, he rose to become Managing Director, transforming the company into a leader in SMAW electrodes.

His technical genius gave the industry several breakthrough developments, most notably the AWS 7018 and 7018-1 electrodes—benchmarks of excellence that remained unmatched for decades. Even after retiring at the age of 60, his passion did not fade. With the unwavering support of his beloved wife and son, Mr. Vikram Honavar, he began a new journey in 1992 by founding Honavar Electrodes Private Limited, which soon emerged as a respected name in SMAW electrodes.

Beyond his technical brilliance, he was a true knowledge ambassador. He delivered more than 200 technical lectures across industries and engineering institutions, inspiring generations of engineers. He was also a founder member of IIW-India and served as its Vice President from 1982 to 1984.

His contributions were recognized with numerous honors.

Awards:-

- ❖ By Indian Institute Of Welding L. N. Mishra Memorial lecture on Indian Welding Industry, past, present & future in 1979
- ❖ **Indore Ratna Award** given by Mr. Shankardayal Sharma Vice President of India for outstanding achievement in Industry and excellent contribution in Indian Welding Technology in 1991.
- ❖ **Lifetime Achievement Award** by Indian Institute of Welding in 2003
- ❖ Honored by Kanara Saraswat in 2016 for **Best Industrialist**.

For many, he was more than an expert—he was the “**Bhishma Pitamah**” of the welding fraternity, admired for his depth of knowledge, humility, humor, and ever-supportive nature. His legacy continues through his able son Mr. Vikram Honavar, who carries forward his vision with dedication.

Having been privileged to be associated with him for over four decades, I feel an irreplaceable personal loss. His guidance, encouragement, and blessings were a source of strength not only to me but to countless others.

We will forever miss his gracious presence and the light he brought into our lives.

“A true teacher never truly leaves us; his lessons echo in every life he has shaped.”

The void he leaves behind can never truly be filled.

May his noble soul rest in eternal peace



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- Chetana-Praveen, Kartik-Tanya Kadle
- Prasad-Archana, Pratik-Tanaya Mangalore

AND

Mangalore, Gokarn, Nadkarni, Nayel,
Bijoor, Kumta, Hosangadi families



"Thank you, Pappa, for the pearls of wisdom,
the steadfast guidance
and the invaluable treasure-chest
of memories you've given us."

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ANNIVERSARY OF



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- Sangeeta-Ajit-Udit Mavinkurve

AND

Kadle, Ubhayakar, Rao, Nadkarni,
Balwally, Nagarkatti families

"May the values, dedication and
love for the family
embodied by our dear Anna
continue to be the light that
guides our journey of life."



Chitrapur Heritage Foundation

711 Daylily Court, Langhorne, Pennsylvania, USA

Connecting US Amchis to Chitrapur Math

Founded in 2005, Chitrapur Heritage Foundation (CHF) is a Section 501(c)(3) not-for-profit charitable organization and donors receive the maximum charitable deduction allowed by law. The mission of CHF is to provide a vital link for amchis in the US to stay actively connected with our Chitrapur Math and our Guruparampara. Currently, CHF Chapters are located in four main regions across the United States of America. Over the past decade, amchis in the US have supported students' education and promoted sustainable development of the village of Shirali.

The activities of CHF includes:

- Facilitate the collection of annual “Vantiga” payment from every earning Saraswat in the US - “Vantiga” is used to support and maintain the upkeep of our spiritual centres in Bengaluru, Gokarn, Mallapur, Mangaluru, and Shirali.
- Support educational institutions administered by Math-sponsored trusts: Srivali High School, Kotekar Campus of Saraswat Education Society, and Parijnan Vidyalaya.
- Finance the post-primary education of 100 students at the Srivali High School through the “Sponsor-A-Student” Scheme.
- Contribute towards the preservation of the rich cultural heritage of the Chitrapur Saraswat community in the US, by celebrating festivals like Yugadi, Ram Navami, Gokulashtami, Navratri, Diwali, monthly satsang, and Prarthana Varga for children.

CHF is a philanthropic organization that provides an avenue for US-based “amchis” to support the operation and maintenance of Shri Chitrapur Math as well as support the post-primary education of students in Chitrapur, Karla, Mangalore, and Shirali, and women empowerment programs administered by Parijnan Foundation.

CHF is set up with many Corporations/Organizations such as Bristol Myers Squibb, Johnson & Johnson etc. to receive Matching Gifts. CHF has also registered with Benevity in order to make it easier to participate in workplace giving programs such as those at Apple, Google, and Microsoft.

**For more information, please contact Arun Heble (arheble@yahoo.com) Tel: +1-215-666-3200
or Pramod Mavinkurve (pmkurve@gmail.com) Tel: 908-616-1497.**

Pooja Bedi – personification of positivity

BHARAT SAVUR

Very few true stories read like fairy tales. Pooja Bedi's life does. Blend a happy ending 'she lives happily ever after' with her life that has roller-coasted through tragedy and triumph. This is a synopsis of that life. A merry-go-round coupled with much marry-go-round. Kabir Bedi fathered awe and Protima (nee Gupta) Bedi generated shock value to complete Pooja. Their union has – like the giant wheel at musing park – brought out scandal and sandalwood in equal measure.

The spinning wheel of Pooja's fortune – is the great leap forward. A storied skyscraper that she currently lives endorses that. The twelfth-floor apartment overlooking the Versova sea face is apt. It has weathered many a storm with waves that lash furiously. A watery whip that punishes the suburb for looting land at the other end of Mumbai's Cuffe Parade. Pooja's residence could well be the foundation her tower rests on. Her wise head on strong shoulders have been her passage to paradise. This is her story. With more levels than the skyscraper she occupies.

Kabir and Protima Bedi. The prince of playboys and the wild-child woman ushered Pooja into our world on the 11th of May 1970. They were the first family that coupled to make front-page newspaper headlines. They personified flower power back in the swinging sixties and thus practically invented page 3 in India. Like the original *'The Bold and the Beautiful'* soap opera where Kabir with his killer good looks had played a part. Protima provided the flash to Kabir's debonair dash – streaking in the altogether on a street in Bombay. How many dare to bare? She did – flaunt it when she had it. From flash dance to pioneer *Nrityagram* requires fancy Odissi footwork. Professional dancers peak in their early teens. And retire young. Protima turned the clock back. And a lot of respectable heads from the literary to the glitterati nodded in approval.

Protima, however, had just established base camp. The still inherent wild child had just one wish to die for. To be buried in the Himalayas. Her motivation moved her. And the High Himalayas that surround the lake at Kailash Mansarovar followed her death wish. With an avalanche as an

answer. A final samadhi amidst the eternal snows. Heaven couldn't wait for Protima to return.

Strong men weep when the weak don't feel the pain. Father Kabir is like the Aga Khan. Spiritually and financially a leader, Kabir Bedi is a high bred hybrid: the seventeenth descendant of Guru Nanak, his father Baba Bedi was a reputed philosopher and mystical healer. Kabir's mother was a pioneering British woman, the first westerner to take full ordination in Tibetan Buddhism. Associated closely with the sixteenth Karmapa, Freda Bedi was Mummy-la to countless monks. Any wonder then that the worldly-wise spiritually special Kabir is at home whether it be Las Vegas or Lhasa. The world is his playground and his universal stage. With his leading roles in *Sandokan* and a cameo in *Octopussy*. Love is a many splendoured thing and this founder of male flower power revels in liberal free love. Libido and library dwell in him while he digs females and delves into the likes of Persis Khambatta, Parveen Babi. But, what the heck! Kabir traverses from heaven to hell and back. For his dearest Pooja, he's 'my calm in the storm. He's taught me that true masculinity lies in softness,' concludes Pooja.

Siddharth, the kid brother, was the last in the nuclear Bedi family and line-up. 'Ours was a bond of complete immersion – the kind where you finish each other's sentences,' recalls Pooja. 'He was gentle in a world that doesn't always value gentleness. Sad too that it doesn't accept mental ill health as a sickness.' It could have appeared as shame and scandal in the Bedi nuclear 'divided' family. For the Protima-Kabir fall-out and the latter's pursuit of happiness lending itself to the happiness of pursuit was publicly proclaimed. Could the father factor combined with Protima's spoken pursuit of death (mentioned earlier) trigger of the depressive death desire? We'll never know why Siddharth took his own life.

Smoke on the water. Fire in the sky. Sometimes, I borrow lines from my musical mileage to enhance my lines. This is my take two on Pooja: organic and original... I've saved the last dance for you.

'I'm in the process of becoming the best version of myself,' says she. From my limited perspective,

the Pooja Project is today somewhere between done, overdone and underdone. Pooja is happening alright, her Protima wild streak channeled: 'I've been taught by example to live fully, to love deeply, the art of letting go things not meant for me and to always see the bigger picture.'

Like Kabir, Pooja seems a big stakes' player. High and hard-wired, she glosses over her life-changing circumstances. Prepped and paved is her way with positive words and recharged energy. Pooja, the academic and sporting allrounder ex-Lawrence School, Sanawar has transformed into a

trapeze artist in the high society world she chooses to live in. This is my take, perhaps, overdone. One doesn't have to be only with beautiful people to be a beautiful person.

Protima was one when I met her for the last time. Pooja and Siddharth were caterpillars back then. Siddharth capitulated. Pooja capitalized and metamorphosed. A high-society butterfly that reminds me of Goldie Hawn's movie *Butterflies are free*. Pooja, sure has the wings and the wind to wonder and wander.



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100th BIRTH ANNIVERSARY



Prabhakar Venkatesh Kalyanpur

18 August 1926 – 13 September 1996

Prabhakar Kalyanpur — Papa, Ajja — would have turned one hundred this August. To mark this milestone, his children, their spouses, and his grandchildren shared their memories of him. What emerged was a portrait of rare constancy: a man whose gentleness, warmth, and quiet strength left everyone who knew him feeling seen, loved, and valued.

He was born in Bangalore and retained a lifelong affection for the city, its food, and the friendships he formed there. He spent much of his adult life in Bombay, where he became a familiar and much-loved presence in Saraswat Colony, Santacruz. In his Bangalore days, he umpired cricket and stayed closely connected to the game throughout his life. He was deeply passionate about music, especially Hindustani classical music and Marathi natya sangeet.

His children remember a man who never raised his voice, who set the rhythm of the household with morning music and evening dinners, and whose exam-day walks were never really about the results. His grandchildren remember that each of them was told they were a “very fine fellow” — and believed it, because with Ajja, it was always true.

He left us suddenly in September 1996, far too soon. His family agrees that his legacy is not simply a collection of memories, but a model for how to live, and how to love.

Dear Papa, Ajja, wherever you are, we wish you a very happy 100th birthday — surrounded by love and peace, and blessing us all from above.

**Rajan - Shanta & Pooja
Kalyanpur**

**Ashok - Minal & Nikhil
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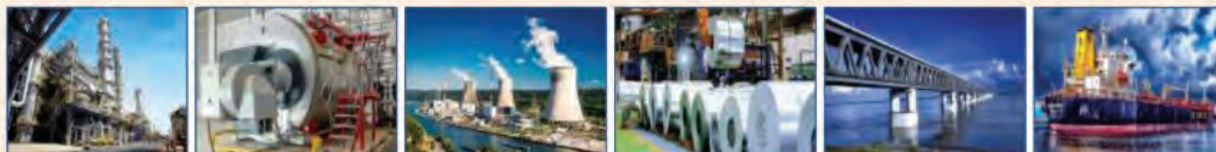
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A flamboyance of Flamingos at Navi Mumbai
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It's All in the Numbers

GIRISH KARNAD

The family gathering had stretched late into the evening. The house was alive with chatter, cousins exchanging stories, elders reminiscing, children darting between rooms. By the time I stepped out, the night air was cool, carrying the earthy scent of a mild shower.

As I unlocked my car, my phone buzzed—several missed calls from Aarav, my mentee. Before I could return one, another flashed on the screen.

“Sir,” his voice was hurried, almost trembling, “I’m sorry to disturb you so late. But I need your guidance. This year again, our numbers look grim. Profits are dipping compared to last year. I don’t know how to face the board.”

I could hear the weight in his words—the exhaustion of responsibility, the fear of disappointing expectations. Numbers can do that. They don’t just measure performance; they measure confidence and credibility.

“Aarav,” I said gently, “meet me tomorrow morning. And come ready for a trek.”

There was silence. “A trek?” he asked, confused.

“Yes. Numbers reveal themselves differently when you see them from a higher place.”

The next morning, the sun had just begun to rise when we stood at the base of a nearby hill. Aarav looked at me, still puzzled. “Sir, how will this help with numbers?”

“Numbers,” I smiled, “are like mountains. They intimidate from below. But climb steadily, and they reveal their patterns.”

We began the ascent. The path was steep, stones shifting underfoot. Birds called from the trees, leaves rustled in rhythm. Aarav’s breath grew heavy.

“It feels endless,” he muttered.

“Just like monthly targets,” I replied. “Every step counts. Miss one, and the climb falters. Numbers are not enemies—they are signals. They tell you where you stand, and how much further you must go.”

He looked down at the trail, then back up. “But the board doesn’t see signals. They see results. They want certainty.”

“That’s where clarity comes in,” I said. “Numbers

without clarity are noise. With clarity, you see the mountain for what it is.”

We climbed steadily, his breath heavier, his mind more burdened.

“Sir,” he said, pausing, “the board has already given me clarity on the numbers—business mix, net profit, monthly targets. That part is clear. What I don’t know is how to get there. Costs are rising, I can’t control salaries, and I can’t keep hiring. Yet I’m expected to deliver better results with the same team, without compromising service quality. How do I achieve clarity on that?”

I stopped and pointed to a rock blocking the path. “The board has told you the summit. That’s the target. But the path—the how—is yours to discover. Clarity isn’t just knowing the destination. It’s seeing the terrain, the obstacles, and the resources you already have.”

He looked at the rock, then at me. “So clarity means breaking down the problem into what I can influence?”

“Exactly,” I said. “You may not control manpower costs, but you can control productivity. You may not reduce salaries, but you can reduce inefficiencies. You may not expand headcount, but you can expand capability. Clarity comes from asking the right questions:

Where are the hidden costs—delays, duplication, rework?

Which processes drain energy without adding value?

How can the same team deliver more by working smarter, not harder?”

Aarav nodded, his expression shifting from frustration to thoughtfulness.

“Think of clarity as light on the path,” I continued. “Numbers are the summit. But clarity shows you where to place your next step. Without it, you stumble in the dark. With it, you see possibilities—leaner processes, sharper focus, stronger discipline.”

He exhaled slowly. “So clarity isn’t just about the board’s targets. It’s about my strategy to reach them.”

“Precisely,” I said. “Clarity transforms numbers from pressure into direction. It tells you not just

what to achieve, but how to move toward it.”

Halfway up the hill, the climb eased into a plateau. The air was cooler, the city stretched below in a hazy outline. Aarav sank onto a rock, catching his breath, his shoulders slumped but his eyes restless.

“Sir,” he said, “I keep pushing my team harder, but resistance grows. They promise support, yet year after year they fall short. They refuse performance-linked pay, and some critical teams lack skills for new initiatives. I feel stuck. How do I get better results from the same team, without hiring more and increasing costs?”

I let his words settle. “This plateau is a reminder—progress isn’t only about climbing faster. It’s about knowing where to place your energy. You can’t change the terrain; you must learn to move within it.”

He frowned. “But the board expects me to deliver on all fronts. How do I decide what to prioritize when my team resists change?”

“That’s where focus comes in,” I said. “You can’t chase every metric with equal intensity, especially with a team that has limits. Focus means choosing the vital few that drive the rest. Ask yourself: which numbers, if achieved, will make the biggest difference? Which actions will create momentum? And which areas can be supported externally, through advisors, when internal skills fall short?”

Aarav leaned forward, listening.

“If you try to climb every peak at once, you’ll exhaust yourself—and your team will resist even more. But if you choose the right ridge, it will lead you to the summit. In your case, that ridge might be customer trust, operational discipline, or one digital initiative that transforms efficiency. Focus channels energy where it multiplies impact, not where it meets resistance.”

He nodded. “So instead of spreading myself thin, I should identify the few levers that matter most—and concentrate there. And maybe bring in external advisors for areas where my team lacks skills.”

“Exactly,” I said. “Focus turns scattered effort into strategic progress. External expertise can act like a rope on this climb—helping you move forward without adding permanent costs.”

Aarav was quiet, then spoke again. “But even if I find focus, how do I get better results from the same team? They see targets as pressure, not

purpose. And they’re strict about boundaries.”

“That’s where building your team comes in,” I said. “Numbers don’t rise because of one person’s effort. They rise when a team works in alignment. You don’t need more people—you need more ownership from the people you already have. And ownership doesn’t always come from incentives. It comes from trust, clarity, and purpose.”

He looked sceptical. “But how do I make them care, when they’ve already drawn their lines?”

“Purpose is the key,” I said firmly. “When people understand why the numbers matter—not just to the board, but to customers, shareholders and the organisation’s survival—they stop seeing them as abstract figures. They see them as part of a larger story. Your job is to connect the dots. Show them how their daily actions contribute to the bigger picture. Respect their boundaries, but challenge them to rise within them.”

Aarav sighed. “I delegate tasks, but I still hold too much control. Maybe that’s why they don’t act independently.”

“Exactly,” I said. “Delegation without trust is just distribution of work. True leadership builds a hive, not a hierarchy. Think of bees—each knows its role, each contributes without waiting for orders. That’s efficiency born of trust. Build systems where your team operates like that—sharing responsibility, acting without waiting for permission. Teams respect leaders who respect them. Show them you’re not trying to exploit, but to enable.”

He looked thoughtful, gazing at the city below. “So clarity shows me the path, focus tells me where to place energy, and building the team ensures I don’t walk it alone—even if the team has limits.”

I nodded. “And together, those principles turn numbers from a burden into a shared mission. Even within constraints, leadership finds a way.”

The climb grew steeper, but soon we reached the summit. The horizon stretched wide, the city shimmering below. Aarav stood silently, taking it in, his breathing steadier but his mind still racing.

“From here,” I said, “the numbers look different. You see patterns, not just points. Profits dipping may feel like defeat, but it’s feedback. Numbers tell a story. Leaders must interpret it wisely.”

Aarav shook his head. “But the story feels bleak. Costs are rising, manpower is rigid, skills are lacking. Every year we fall short. How do I see

possibility in this?”

I pointed to the river winding through the city. “It doesn’t crash against obstacles—it flows around them. That’s seeing possibility. Obstacles don’t end the journey; they redirect it. Numbers aren’t measures of failure. They’re signals to pivot.”

He frowned. “Pivot how?”

“Take manpower costs,” I said. “You can’t reduce wages, but you can reduce wasted effort. Possibility lies in redesign—simplifying workflows, cutting duplication, automating routine tasks. Even rigid teams respect efficiency when it makes their work easier. And where skills are missing, possibility lies in partnerships. Bring in experts. Let them guide initiatives while your team learns alongside. That way, you expand capability without inflating costs.”

Aarav considered. “So instead of seeing constraints as dead ends, I should see them as signals to innovate differently.”

“Exactly. Constraints force creativity. They push you to find smarter paths. Numbers aren’t about what you can’t do—they reveal what you must do differently.”

We stood in silence, the wind cool against our faces. Then I continued.

“Possibility alone isn’t enough. That’s where action comes in. Numbers don’t change by analysis. Action converts insight into results. The board doesn’t want explanations—they want outcomes. So ask yourself: what is the one action you can take this month that will move the needle most?”

Aarav thought. “Maybe... streamlining customer onboarding. It’s slow, manual, and frustrates both staff and clients. If we digitize even part of it, we save time, reduce errors, and improve trust.”

I smiled. “Perfect. One focused action can ripple across metrics—lower costs, better customer satisfaction, stronger discipline. Action doesn’t mean doing everything at once. It means choosing the step that creates momentum.”

He nodded, posture straighter. “So clarity shows me the path, focus tells me where to place energy, building the team ensures I’m not alone, and seeing possibility reframes constraints. Then action turns all of that into progress.”

“Exactly,” I said. “Leadership isn’t about being the smartest or strongest. It’s about being centred—the one who holds space when others

collapse into urgency. Numbers will rise and fall. Your response defines your leadership.”

The summit had given us perspective, but the journey wasn’t over. As we began the descent, the path narrowed, stones shifting underfoot. Aarav walked carefully, his steps more measured now.

“Sir,” he said, “I understand clarity, focus, building the team, seeing possibility, and taking action. But what happens when the numbers still don’t add up?”

I slowed my pace. “That’s when leadership becomes less about control and more about presence. Numbers rise and fall. Targets shift. Your role is to hold the centre—to respond, not react.”

He looked at me, puzzled. “Respond, not react?”

“Reaction is instinct—the urge to push harder, blame, or panic when results dip. Response is wisdom—pausing, recalibrating, choosing deliberately. Presence is power. Stillness speaks louder than urgency.”

We reached a bend where the trail dipped sharply. Aarav stumbled, catching himself. I pointed to the uneven ground. “Leadership is like this descent. Terrain shifts suddenly. Aggression alone won’t keep you steady. Adaptability beats aggression. The most effective leaders aren’t rigid—they pivot when needed, yet remain resolute in their goals.”

He smiled faintly. “So even if the numbers resist, I don’t have to push harder. I can pivot smarter.”

“Exactly. Flow finds a way. When faced with resistance, don’t fight harder—redirect. Just like the river we saw from the summit.”

As we neared the base, the city sounds grew louder—the hum of traffic, the rhythm of daily life. Aarav walked beside me, quieter now, but more centred.

“Sir,” he said, “I’ve always thought leadership was about proving strength—being decisive, pushing through. But today I see it differently. It’s about being centred, adaptable, present. The numbers don’t define me. My response does.”

I smiled. “That’s the shift. You stop chasing control and start cultivating awareness. You stop trying to win and start learning how to lead—with presence, patience, and purpose.”

At the base, Aarav looked back at the summit. “So clarity shows me the path, focus tells me where to place energy, building the team ensures I’m not alone, seeing possibility reframes constraints, and

action moves us forward. And presence holds it all together.”

I nodded. “Yes. It’s all in the numbers—but numbers alone don’t lead. Presence, clarity, and adaptability turn numbers into progress. The climb isn’t about conquering the mountain—it’s about learning how to move with it.”

That day by the hill didn’t just teach Aarav how to face his board. It reminded him that numbers are not verdicts—they are signals. They demand clarity, focus, teamwork, possibility, action, and above all, presence.

Years later, Aarav realised the leaders he admired most shared one trait: they moved like water. Calm. Clear. Unstoppable.

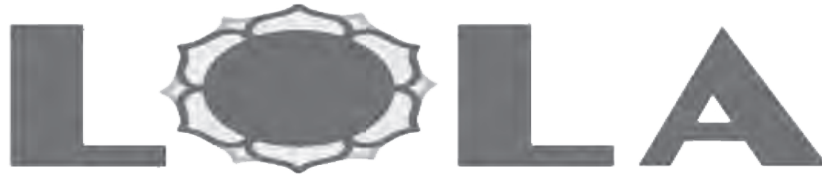
Mastery wasn’t a destination. It was a way of being. The trek had taught him that. The numbers had reinforced it. And life continued to remind him:

“It’s all in the numbers. But numbers alone don’t lead. Leaders do.”

KSA announces institution of the Bhaskar Kalyanpurkar Memorial Award

KSA is happy to announce receipt of a Rupees Five Lakh donation from Arjun B. Kalyanpurkar towards institution of the Bhaskar Kalyanpurkar Memorial Award, in memory of his father.

The interest from the corpus as a cash prize, alongwith a Memento, will be awarded each year to the best outgoing Bhanap student scoring the highest aggregate marks in the 12th Standard from any discipline – HSC, ICSE, IB, IGSCE and CBSE. The Award will come into effect from this year and will be presented during KSA’s Convocation Day.



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I Couldn't Stop Thinking About It

BHAKTI ULLAL

This month's Earth Uncovered was inspired quite unexpectedly. A few weeks ago, I watched the film *Remarkably Brilliant Creatures*. I had no clue what it was about. It simply seemed interesting enough to click on. When it ended, I realised I wasn't really thinking about the story anymore. I was thinking about one of its characters.

Until then, octopuses had occupied a very small corner of my mind. They were simply those strange-looking sea creatures with eight arms that occasionally appeared in documentaries, cartoons or plushies. Interesting, perhaps, but certainly not something I had ever been curious enough to know more about.

That film changed that.

I found myself wondering, "Could an octopus really be like this?" Before long, I was watching videos and listening to marine biologists, divers and researchers speak about them, discovering that the title of the film hadn't exaggerated in the least.

What fascinated me even more was the thought that almost everything we know about creatures like the octopus comes from fleeting encounters. They live in a world that very few of us will ever see. Most of us will never dive where they live. Many may never see one even in an aquarium.

Their home lies beneath an ocean that is still, in so many ways, a mystery. We often speak as though we know our planet well, but the truth is that much of it continues quietly beyond our everyday awareness.

Perhaps that is why the octopus feels so fascinating. It reminds us that there are neighbours on this planet whose lives unfold every single day without us ever knowing they are there.

And what lives they are.

One story, in particular, made me smile. An octopus named Inky lived in an aquarium in New Zealand. One night, he quietly lifted the lid of his enclosure, squeezed through a tiny opening, crossed the floor, found a drainpipe and calmly made his way back to the sea. No broken glass. No dramatic escape. Just an animal that had quietly worked out a solution.

Then I learnt something even stranger. An octopus has no bones. The only hard part of its body is a small, parrot-like beak hidden where all eight arms meet. If that beak can fit through an opening, the rest of the body usually follows. Suddenly, Inky's escape didn't seem impossible anymore. It seemed perfectly logical—from an octopus's point of view.

The more I watched, the stranger and more wonderful the story became.

An octopus doesn't simply change colour. Its skin can change texture too. One moment it looks like smooth sand, the next it resembles rough coral covered in tiny bumps. It doesn't merely disappear into its surroundings; it almost becomes part of them. Some species have even been observed imitating other sea creatures, changing not only their appearance but the way they move, depending on what danger they are trying to avoid.

Its body is extraordinary, but its mind is even more intriguing.

Around two-thirds of its neurons are not in its brain at all, but in its arms. Imagine eight arms that can independently explore, taste, feel and solve tiny problems while still working together as one animal. Scientists are still trying to understand how exactly this works.

And there are its three hearts. Two pump blood through the gills where oxygen is collected, while the third sends that oxygen-rich blood around the body. Curiously, when the octopus swims, this main heart has to work so hard that swimming becomes exhausting, which is why octopuses often prefer to crawl gracefully across the seabed rather than constantly swim.

Its blood is blue. Its mouth is a beak. Its skin is a living canvas. Even its eyes experience the world differently from ours, detecting patterns of polarised light that humans cannot perceive. Each new discovery replaced one ordinary assumption with another quiet surprise.

Yet what fascinated me most wasn't any one of these facts. It was the quiet intelligence behind them.

Divers and marine biologists often describe octopuses as curious rather than fearful in their interactions, especially in controlled or familiar environments, where they may cautiously extend an arm to explore a camera, gently investigate a diver's hand, or remain still and watch a person as they move nearby, responding in a slow, exploratory way that suggests they are constantly taking in information through touch, movement and observation before deciding how to respond.

Of course, we should be careful not to imagine that an octopus thinks exactly as we do. It doesn't. Its intelligence has evolved along a completely different path. But perhaps that is precisely what makes it so compelling, because it reminds us that intelligence doesn't need to mirror ours in order to be real, or worth noticing.

At some point in this discovery, I realised that the octopus itself was only part of what captured my imagination. What stayed with me was a different way of looking at our own world.

We like to think we know this planet well because we have mapped it, photographed it and travelled across it. But beneath the surface of our oceans lives an entire world that continues quietly, just beyond the edges of our everyday awareness.

The octopus may have been where this began, but it soon became about something much larger. It left me with a lasting sense that intelligence does not belong only to those of us who walk on two legs, and that perhaps we have spent far too long measuring life only by how closely it resembles us, instead of recognising the quieter, unfamiliar forms it takes in the world around us.

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	1	8	9					
5	2			4				3
					3	5	1	
				9			5	
8								2
	7			1				
	9	2	6					
1				5			8	6
					4	1	2	

Solution on page 48

CALIFORNIA NOTEBOOK

A glimpse of what it is like to live in California

JAIDEV CHANDAVARKAR

Celebrating Bellare Ravi mam and all our Gurus

We, the students of Pandit Ravi Bellare, met on Sunday, May 24th, to celebrate the memory of all our Gurus, shown in the photograph below. We met at the Simi Valley home of Jyoti and Vivek Ullal. About fifteen of Ravi Bellare's students came to offer informal performances to honor the Guru's memory. The event lasted for most of the day, with a break for lunch.

The photograph below shows the altar that Vivek had set up to honor all the gurus who played such an important role in his development as a flute player. From left to right, Pandit Devendra Murdeshwar, Pandit Taranath Rao Hattiangdi, Pandit Ravi Bellare, Pandit Pannalal Ghosh and Shrimati Lakshmi Shankar.



Ravi mam was a man of many talents – he played the tabla, pakhawaj, mridangam, and nattuvangam. He was equally at ease in both schools of classical vocal music - Hindustani and Carnatic. He was also a performer in the dance forms of Kathak, Bharatnayam and Mohiniattam. In instrumental music, he played the harmonium, violin and sitar. Last but not least, he was also a graphic artist. It is difficult to believe that he had this vast a range of artistic talents.

Vivek presented Raag Raageshri on his flute and followed it up with a bhajan – “Pathik Tum Itno Kahio Jaye” that Lakshmi Shankar had sung. Pradeep sang Khayal compositions that he had learnt from Ravi mam. I offered a Guru Stuti based on the Raag Hamsadhwani sung by our very own Sadyojat Shankarashram Swamiji, “Mana Bhaavan Mero Sadguru naam” and a Bengali Shyama Sangeet. But despite his many and varied gifts, Ravi mam's core musical gift was percussion and playing the tabla, and it was in

this field that he left his deepest mark. Many of his talented tabla disciples performed tabla solos in addition to accompanying the singers and other musicians. Rupesh Kotecha, founder of the popular Los Angeles music festival - the Festival of Tabla - was present at the celebration and offered many tabla solos.

Born into a family of art-lovers in Mangalore on September 2nd, 1927, Ravi mam was initiated into the love of percussion by his maternal uncle, the famous Pandit Taranath Rao, who took him under his wing, and then later placed him under the guidance of his own guru – Ustad Shamsuddhin Khan, the foremost exponent of the Farrukabad gharana. Under the Ustad's guidance, he presented his first public concert on All India Radio, Bombay, at the age of 8. Soon, he was accompanying legendary musicians, such as Allaudin Khan of Maihar, Bade Ghulam Ali Khan, the Dagar brothers, and Bhimsen Joshi.

He moved to Southern California in 1991, to continue the musical tradition of Pandit Taranath Rao, and lived initially in Val Verde, close to the California Institute of the Arts (known as CalArts) where Pandit Taranath Rao was a music professor. Within a year of his arrival, Vivek, Pradeep and myself joined as his students. CalArts was founded in 1961 by none other than Walt Disney and his brother, Roy Disney, to cultivate creative talent. Even now, the institute is world-renowned for its multidisciplinary approach to artistic creation, and provides guidance in graphic arts, dance, film and television making, world music and theater. He rapidly attracted many students, and decided to move from Val Verde to a more central location in the large urban spread that is Los Angeles - Chino Hills. He founded the Kala Kalpa School of Music, Dance and Art, and continued to teach music to his students. Those were happy years for us students. Ravi mam's home was not just a place of learning music; it was a hub of music lovers. He passed away in April 2005, but he left a legacy of love for music and percussion in the hearts of many, many students. That legacy is now preserved and perpetuated by the Ravi and Shashi Bellare Arts Foundation in Chino Hills.

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Super-foods – X, Y, Z

ANJALI BURDE

With this article we conclude our series on Super-foods. Since the foods beginning with these alphabets are also very few, all three are included here.

Xigua- Although this may sound exotic and unfamiliar, it is just another name or rather the Chinese name for watermelon. Watermelon is a popular summer fruit but nowadays is available almost throughout the year.

Due to its high water content and low-calorie nature, it is popular with weight watchers. While most commonly this fruit has a green outer rind and red inner flesh, some varieties have a yellow rind and yellow to orange flesh.

Watermelon is a rich source of Vitamin C which promotes collagen production and helps in reducing wrinkles and dryness. Lycopene which is an anti-oxidant and due to which the flesh gets its red colour, helps in improving cardio-vascular function. Potassium helps in maintaining a healthy blood pressure. Hence it can be said to be a heart-friendly fruit.

Although the red flesh is popularly consumed the white portion of the rind is also packed with nutrients. It is a rich source of soluble as well as insoluble fibre helping relieve constipation and improve gut health. It is also rich in a compound L-citrulline that helps in reducing blood pressure. It also helps in reducing muscle soreness after exercise. The rind can be used to prepare soups, added to salads and even dosas.

Watermelon seeds are also a rich source of healthy fats which can reduce bad cholesterol. They contain zinc, calcium and phosphorus. The protein and magnesium content helps in maintaining healthy hair and skin.

Yardlong beans- These beans are so called as they can grow upto 1 yard but are generally harvested when they are about half that size to maintain tenderness. Usually light green in colour, rare purple and red varieties are also seen. Commonly called long beans or chawli beans in local language, these beans are not only low calorie but also rich in nutrients.

They are packed with soluble as well as insoluble fibre which helps in regulating digestion and lowering cholesterol. These beans are a rich

source of folates that are very important for normal fetal development. They also contain vitamin A and C and minerals such as copper, magnesium, iron and calcium.

These beans are widely grown and consumed in Southeast Asian countries. These beans are commonly eaten as a vegetable side dish and sometimes cooked along with potatoes and tomatoes.

Zucchini- Also called summer squash or courgette this vegetable belongs to the gourd family and zucchini is its Italian name meaning 'small gourd'. It is consumed worldwide but has gained popularity in India in recent years. It is a quick cooking versatile vegetable that can be used in soups, salads, pasta, noodles and as pizza toppings with other vegetables. The flowers of this plant are also edible and are consumed as fritters just like pumpkin flowers are consumed here.

Zucchini is composed of 95% water but also has soluble and insoluble fibre. It is low calorie and a good source of vitamin A and C. It contains lutein which supports eye health. Being low in carbohydrates, zucchini is often used as a substitute for noodles and pasta.

It is also cut into wafer thin long slices and layered with tomato and cheese to make a low carb baked dish. Zucchini fritters made with eggs and other vegetables is also a popular dish. Zucchini can also be made into zucchini bread and savoury breakfast muffins.

It can also be added to wheat flour to make theplas, the recipe for which is given below.

Ingredients- 2 cups wheat flour $\frac{3}{4}$ cup grated zucchini; 1 tsp finely chopped green chillies $\frac{1}{2}$ tsp grated ginger; $\frac{1}{4}$ tsp jeera powder $\frac{1}{4}$ tsp haldi powder $\frac{1}{4}$ tsp red chilli powder; Salt to taste 1tsp oil

Oil or ghee to cook the theplas

Method- Mix all the ingredients to make a soft chapatti like dough, use water only if required as the zucchini will release enough water to bind the dough. Knead well with 1 tsp oil and rest the dough for 10 minutes. Knead again and make small balls of the dough, roll out the theplas and cook well on a medium hot tawa using some oil. Serve the theplas with pickle or chhunda.

॥ सरलसंस्कृतम् ॥

47.1 प्रहेलिका: (Praheḷikāḥ) are fun Sanskrit riddles that describe everyday objects, people or ideas in a clever, poetic way. They make learning Sanskrit enjoyable while encouraging observation, reasoning, and an appreciation for the beauty of the language. Here are a few prahelikā-s to challenge your mind and spark your curiosity -

1	अपदो दूरगामी च साक्षरो न च पण्डितः । अमुखः स्फुटवक्ता च यो जानाति स पण्डितः ॥	It has no feet, yet it travels far. It has letters, but it is not learned. It has no mouth, yet it speaks clearly. Whoever knows it is a wise man.
2	कृष्णमुखी न मार्जारी द्विजिह्वा न च सर्पिणी । पञ्चभर्त्री न पाञ्चाली यो जानाति स पण्डितः ॥	She has a black mouth, but she is not a cat. She has two tongues, but she is not a snake. She has five masters, but she is not Draupadī. Whoever knows (the answer) is a wise man.
3	अस्थि नास्ति शिरो नास्ति बाहुस्ति निरङ्गुलिः । नास्ति पादद्वयं गाढम् अङ्गमालिङ्गति स्वयम् ॥	It has no bones, it has no head. It has arms, but no fingers. It has no feet, yet it tightly embraces the body.
4	वृक्षस्याग्रे फलं दृष्टं फलाग्रे वृक्षमेव च । अकारादि सकारान्तं यो जानाति स पण्डितः ॥	A fruit is seen on top of the tree. On top of the fruit is another tree. Its name begins with 'अ' and ends with 'स'.
5	अपूर्वं कोष्ठकं दिव्यं वस्त्रेण परिवेष्टितम् । उद्घाटिते तु तस्मिंश्च मुक्ताफलशतं भवेत् ॥	It is a unique container, wrapped in a covering. When it is opened, hundreds of pearls can be seen within.



Answers given on Page 50

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गीर्वाणपत्रिका

देवमानवाः

– अनुराधा कर्पे, पालघर

परदुःखं न्यूनीकर्तुं, परेषां साहाय्यं कर्तुम् आन्तरिकी ऊर्मिः येषु वर्तते,
ईदृशाः देवमानवाः इतस्ततः दृश्यमानाः सन्ति ।

मार्गे यदा अपघातः भवति, तदा अपघाते आहतानां जनानां साहाय्यं,
कियती अपि व्यस्तता भवतु नाम एते देवमानवाः अपङ्गानां
मार्गोल्लङ्घनं, गर्ते पतितेभ्यः धैर्यं दत्त्वा समुपदेशनम् एवंविधानि
अनेकानि कार्याणि निरन्तरं कुर्वन्तः सन्ति ।

कोविड-रोगोद्भवस्य समये, संचारनिर्बन्धः कालेऽपि एतेषां देवमानवानां
पुनःपौन्येन दर्शनम् अभवत् । परिश्रमेण एव उदरपूरणं कुर्वतां
कर्मकराणां वैतनिकानां कृते पाथेयस्य योजनां केचन कृतवन्तः । तेषां
जीवनसंघर्षं न्यूनीकर्तुं केचन प्रयत्नरताः आसन् । केचन कोरोना-
रुग्णानां कृते स्वजीवनं विपज्जनकपरिस्थित्यां पातयित्वा तेषाम् उपचारं
सेवां च कृतवन्तः । प्राणवायोः उपलब्ध्यर्थम् अहोरात्रं निद्रामपि त्यक्त्वा
प्रयासपूर्वकं निःस्वार्थतया प्रयतमानाः जनाः मरणासन्नरुग्णेभ्यः प्राणदानं
कृतवन्तः ।

उदारमनसा अविरतं साहाय्यं कुर्वन्तः एते मानवाः अस्मद्दृष्ट्याः
सामान्यजनाः एव सन्ति । एतेषु मानवेषु स्थितं देवत्वम् अस्माभिः
अभिज्ञातव्यम् । तेषां सम्माननं करणीयम् अस्माभिः । तेषां देवत्वस्य
संवेदना अपि अनुभवितव्या अस्माभिः । तेषां देवत्वस्य सूक्ष्मतमः अंशः
अस्मद्हृदि धारयितव्यः । पुण्यकार्यस्य एषा शृङ्खला अव्याहता
परिचालितव्या । मानवतायाः तथा दिव्यसंवेदनायाः स्रोतः सदैव
रक्षितव्यः अस्माभिः ।

चक्षुषा मनसा वाचा कर्मणा च चतुर्विधम् ।

प्रसादयति यो लोकं तं लोकोऽनुप्रसीदति ॥

(This article is from September 2021 issue of the Girvanapatrika)

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कविता

श्रावणधारा

– निवेदिता कार्नाड कौशिक, मुम्बई

वसुधां परिमलयति
इन्द्रचापेन सृष्टिं भूषयति ।
मयूरकलापान् विकासयति
श्रावणमासस्य श्रावणधारा ॥ १ ॥

सुप्तं मनः जागरयति
ज्ञानसिन्धौ रुचिं जनयति ।
उज्ज्वलं प्रबोधयति
आत्मनः श्रावणधारा ॥ २ ॥

सराधेन रासलीलां कारयति
मीरां विरहप्रेम्णा व्याकुलयति ।
रुक्मिणीमनसि नन्दं प्रफुल्लयति
प्रेममयी श्रावणधारा ॥ ३ ॥

रत्नाकरेण सरितं सम्मेलयति
मनसि भक्तिं जनयति ।
गुरुचरणयोः चित्तं विलीनयति
मम हृदयस्य श्रावणधारा ॥ ४ ॥

कृष्णमय जीवन

शीला शिराली

उदकांतू चिगरली हांव प्रकाश देक्कुनू पॉल्लेभोर्नु हांसली ।
दिमकुल्याने घराघरां वतवत चाळी गदगदी केल्ली ।
आव्सुबाप्सुवट्टूं गांवोगांव केल्लेल्या वास्तव्याने जग पळेलं ।
ऋतुचक्राखळांतू रुक्कासुतुं घुवतं पानाफुलांवट्टू रमली ।
टपटप् पडतल्या गारांचो निनाद मनांतू भिनलें । आहा ss हा !
मोंडागुडगुडांतू इंद्रधनुष्यांसप्तरंग डोळ्यांतू भर्लो ।
पावसातालारी गारों मुष्टींतू धर्तना मन बेभान जाल्लें ।
कुंकडामांकडागादी सम्म तिंबुनू पॅट्टेई खाल्लें ।
कलासक्त आव्सुबाप्सुल्यां प्रेरणेने दिल्ली भावंडांनी माये साथ ।
सुरेल वाद्यवृंदाजॉरारी त्या, नृत्यसाधना कर्त बालपण सर्ले क्षणांत ।
देवकूपेने जोडीदारासाथ जाल्ली मंगलमय गांटी ।
म्हालगड्यांगेल शिकवणीने घर-कुळार संमंदु जाल्लो घट्टी ।
फक्कनें आयलो संकटाऊंवारु भोंव-यातु शिर्कल्लो मनावारु ।
स्वाम्यांगेल अमृतमयी तीर्थाने केल्लो चमत्कारु ।
मन केल्लें शांत जीवन जाल्लें कृष्णमय, जीवन जाल्लें कृष्णमय ॥

मगलें अनुभव

विजयालक्ष्मी एस कापनाडक

वेळेसांगाति मनुष्याने बदलचें काहीं हॉड न्हई, पण मनुष्यु केंन्ना समाजाखातीर वेळू दिता, तें विशेष.
आमगलीं म्हालगडीं उल्लैनातिलें स्वतःगलें कृतीने सान्नांक स्वावलंबन आणि विनय शिकायतालीं.
वज्रु काळखांतुसैत झगझगता तशीची सज्जन मनुष्यागलें गुण फटिंगांमद्येंतुई दिस्सुन येता.
स्वतःगले कल्याण जायशिल्या मनुष्याने स्वतःगले विचार आणि मत केंन्नाई बगल्येक दावरकाती.
वाट्टेरी पळ्ळलीं फुल्लं वेंचुनु वोट्टू कोरच्यांतु वेळू घाल्लोनाक्का, मुखारी वच, तुक्का आनी गोमटीं
फुल्लं हातांतुची मेळतलीं.
सुख भायरथाव्नु मॅळ्ना, तें आमच्यांतुची आस्ता, फक्त अहंकार सोंडका.
फुट उंबळलेले पॉर्नवस्त्रसैत गोमटे दिस्ता, रुचि नातिलें जवण हून केल्लेमिती रुचकर लागता,
तशीची सुस्वभावामिती कुरूपतेंतुसैत गोमटाई दिस्सुन येता.
श्रम शारीराक शक्ति दिता तशीची कष्ट शरीराक शक्तिवान कर्ता.

KSA-CSN Bengaluru Conclave – April 2026

NANDITA KAIKINI

With the blessings of Param Pujya Swamiji, our first physical KSA-CSN Meet, Bangalore Chapter, took place in April 2023. It took us three years to have our second meet, but it was more than worth the wait!

Saturday, April 18, 2026 woke us all up early and head towards the Galaxy Club, at the rear end of the World Trade Centre, at the Orion Mall. A networking session started over breakfast and it was good to see all of us bond very well, as if we were not meeting for the first time at all. This is the power of our Amchi community that has a whole lot of lovely people. I felt a strong sense of fellowship and realised that I was at the right place, at the right time.

After breakfast, all of us participants moved to the venue on the 2nd Floor called Venus. After the Sabha Prarambha Prarthana and taking the KSA-CSN Oath the participants were assigned tables to start the Conclave. Each table had only four people to interact with each other. The participants had five minutes each to talk about themselves and their businesses. The time given for such interactions was 20 minutes in total, for the whole group. In case any of the participants was able to help the other, there was a slip to be filled up, one to be given to the person being helped out and the other to the KSA-CSN rep., for the records. After the time slot was over, according to the list put up on the PPT Screen, we had to move to our new tables. It was a wonderful and a fun way of interacting with each other. There was a booklet and a pen given to each one of us, at the tables, to make notes when the other participants were talking, in case you wanted to note down details of the speaker's contact details and nature of business. Time just flew and we didn't even realise when it was time for lunch. In the last round, it was a free-for-all and each of the participants could sit and meet with whomsoever they wanted to, mostly with those they hadn't met yet.

There was a presentation by Shri Dhananjay Gulvady and a brief address by Shri Hemant Mallapur on behalf of SBY (Samarth Bhanap Yojana) and by Smt. Beena Savkoor (Samvit Sudha).

Closer to lunch, we had a presentation about KSA-CSN. The strong message was this – strong networks are not built on the need to gain something; they are built on something that you have to give.

It was enriching to note the activities about the networking club and how each of us participants could benefit from this networking event.

It was heartening to note that there were 24 participants. A huge round of applause to the participants who travelled all the way from Mumbai/Pune/Talegaon to participate in this Conclave. Their enthusiasm and participation rubbed off on the locals. Take a bow Sadanand Savanal, Gurudas Trasi, Vipul Bondal, Rajesh Hattangady and Kishan Chandavarkar for travelling so many miles, just to be with us and making this event a huge hit!

KSA-CSN is thankful to Shri Ajit Kaikini and his Team for booking the beautiful venue, the wonderful food and the prompt, excellent services shown by the Galaxy Club Team.

This wonderful participation by all the attendees, who made this event a huge success, ended with KSA-CSN being requested to organise such events at least 3 to 4 times a year!

Thank you KSA-CSN for this wonderful initiative. May our tribe increase in organizing many such events in the near future.

Examination Results 2026

Inviting all the successful candidates of our community to send in their examination results in the following format by 10th October 2026 to admin@kanarasaraswat.in

1. Name of the Student
2. Examination passed
3. Percentage / Grade Secured
4. Name of the School / University
5. Photograph in jpeg format
6. Pdf of the passing certificate/ Marklist

Dear Pachhi

The aunt you never knew you needed.



Dear Pachhi,

Every year during Ganpati, our home turns into a full-scale food factory.

There are laddoos, chakli, modak, nevri, and approximately seventeen family opinions per square foot of kitchen

space.

Relatives enthusiastically offer to help, but this often creates more confusion than assistance.

One aunt spends twenty minutes discussing whether the jaggery should go on top of the coconut or the coconut on top of the jaggery. Another insists modaks taste “different” if folded anti-clockwise. Someone else keeps tasting the filling “just to check.”

Meanwhile, I am running on caffeine and suppressed irritation.

This year, in a moment of practicality, I suggested hiring a caterer for at least some of the snacks.

I was met with silence. Then stares. Then what I can only describe as deep cultural disappointment.

I understand traditions matter, but so does my sanity.

Is there a way to honour both?

— *Festival Fatigue*

Dear Fatigue,

Paley ma, every family festival has two ingredients:

Food and unsolicited expertise.

The kitchen during Ganpati is not merely a place of cooking. It is a live performance featuring nostalgia, supervision, and at least one person loudly claiming things were done differently in 1987.

Your relatives are not truly arguing about coconut and jaggery. They are defending memory through snack assembly.

This is why logic has no place here.

The caterer suggestion failed because, to many elders, homemade food is not just food. It is proof of love, effort, sacrifice, and tradition all rolled into one slightly uneven modak.

However, this does not mean you must personally collapse in the process.

Choose your battles wisely.

Keep a few signature dishes homemade for emotional peace. Outsource the rest quietly and strategically. Not every packet entering the house requires a formal announcement to the family committee.

And when relatives offer to help, give them jobs that match their actual talents.

Some people are excellent cooks.

Others are excellent storytellers.

And some are best kept far away from the modak folding station.

Warmly,

Pachhi

Pachhi's Wisdom

Paley ma — family traditions are important, but so is protecting the person expected to organise them.

Dear Pachhi,

Every time we go on holiday, there is an expectation that we return with souvenirs for the entire extended family.

I don't mind bringing back something small occasionally, but it now feels less like a thoughtful gesture and more like a compulsory shopping list.

By the time I've bought magnets, chocolates, keyrings and tea towels for everyone, I'm wondering if I should have stayed home and saved myself the baggage allowance.

A souvenir is supposed to be a memory from a trip. How did it become a distribution system?

Am I being unreasonable for finding this exhausting?

— *Overpacked and Overthinking*

Dear Overpacked,

Paley ma, somewhere along the way, souvenirs stopped being souvenirs and became evidence that you had, in fact, remembered everybody.

Your family isn't really asking for fridge magnets.

They're asking for inclusion.

A tiny reminder that, while you were wandering through markets and museums, someone back home crossed your mind.

It's a lovely sentiment.

Until it comes with a shopping quota.

The answer isn't to return with an individually wrapped gift for every branch of the family tree.

Bring back one lovely box of local sweets, a special coffee, or something everyone can enjoy together.

People will remember the gesture far longer than they remember who got the blue keyring and who got the red one.

And if anyone asks, "Where's my souvenir?" simply smile and begin showing them the 427 holiday photos on your phone.

They'll never ask again.

Warmly,

Pachhi

Pachhi's Wisdom

Paley ma — memories grow when they're shared, not when they're itemised.

Here & There

Saraswat Mahila Samaj

The Professor Sadhana and Advocate Narendra Kamat Memorial Lecture 2026 was held on 2nd of May, 2026 in association with Kanara Saraswat Association, Saraswat Mahila Samaj, and the Kamat family. Nandita Sirur welcomed the gathering and introduced the speaker, Dr. Ravi D'Souza. Hemant Kombrabail then extended a brief welcome, followed by Shubha Kamat Karnick, who gave a brief on Dr. D'Souza, an MD in Community Health. Speaking on "Coping with Age," he explained, in simple, non-medical language, the common challenges of ageing and practical ways to manage them. Ashwini Prashant proposed the vote of thanks, while Anuja Kamat Mudur expressed the Kamat family's gratitude to everyone present.

- Reported by Bhakti Ullal

Saraswat Mahila Samaj

महिला शक्तीची नवीन पालवी आयली
काव्यांथावु शब्द मधुर स्वराने फुलली
नवीन नवीन कवयित्री आयल्यां मुखारी
आजि जाल्लो कोंकणी कवितेचो श्रृंगार भारी
व्हेल्ले तिवका समाजांत महिलांनी उच्च स्तराी
लेखन संगीत रांदपाक मेळयाती सन्मान
जाल्ल्यारी आजि मेळळो कोंकणी कवितेक प्रीतीचो मानु
आतु मुखारी इंग्लीशांतु वाच्चाती

On 13th June 2026 an Online programme, Konkani Kaviyatri Sammelan was conducted, wherein the participants had to prepare their own poems in Konkani, not more than 15 lines, and send a video of their rendition. And to our joy 20 mahilas sent in their poem videos.

The event started on time with a warm welcome by Nivedita Nadkarni, and all the poems were rendered beautifully in Amchigele. It was a real treat with different topics, some nostalgic, some humorous, some poignant, some remembering their "Saapan", their mothers, grandmothers, some on their life in a village, one who missed Amchi Mumbai having shifted away from India and another one exploring her love for our humble but delicious "Daali Toi" and the most favourite "Batatya Saung" and some remembering the variety of mango preparations in our Amchi cuisine. Some had touching topics like "पळ्ळेले फुल्ले" and another the impact of tears or "Ashru"

Sudoku Aug-2026			Solution			Level Hard		
3	1	8	9	6	5	2	4	7
5	2	7	1	4	8	6	9	3
4	6	9	7	2	3	5	1	8
2	4	6	8	9	7	3	5	1
8	5	1	4	3	6	9	7	2
9	7	3	5	1	2	8	6	4
7	9	2	6	8	1	4	3	5
1	3	4	2	5	9	7	8	6
6	8	5	3	7	4	1	2	9

negative or positive and some on spiritual sayings and bhakti, and one was thoughtful to bring poems written by our eminent veteran Amchi poetess, late Aruna Kundaje.

At the end, one could hear the loud applause with which this enchanting programme concluded.

कोंकणी कवितेचो केल्लो संभ्रम सगळ्यांनी अशीची प्रगती केल्ली ह्या कलेची सारस्वत महिला समाजाच्या बायलांनी

- Reported by Geeta Suresh Balse

Bengaluru Local Sabha

On 15th June, Janmotsava of Parama Pujya Shrimat Parijnanashram Swamiji III was observed.

To celebrate the three auspicious occasions in our hallowed Guru Parampara, "Parijnanalahari" a year-long celebration of events and programmes commenced from 15th June, with a Hindustani classical recital by Vid. Bharati Pratap and a workshop on decoding of food labels by Smt Varsha Koppikar.

On 16th June, Samaradhana of H.H. Shrimat Pandurangashram Swamiji was observed.

Visit of Parama Pujya Swamiji to Bengaluru

The laity at Bengaluru Math was blessed with the arrival of Parama Pujya Shrimat Sadyojat Shankarashram Swamiji on 9th July. HH Swamiji was welcomed by Shri Chaitanya Shiroor, Bengaluru Local Sabha President with Purna Kumbha Swagata and Pada Prakshalana.

On 10th July, there was Swagata Dharma Sabha with welcome address by President, Bengaluru Local Sabha and Swagata geet by the laity. The laity was blessed with Ashirvachana by Parama Pujya Swamiji which was followed by Shri Guru Paduka Pujana and tirtha vitarana. In the evening, there was Bhashya Pathana and Devi Pujana by HH Swamiji which was followed by Ashtavadhana Seva.

On 11th July, Shri Guru Paduka Pujana was performed with tirtha vitarana and Shri Bhiksha Seva. In the evening there was Stotra Pathana by Utthanam group. On this auspicious day of Yogini Ekadashi, Samaradhana of Smt Umabai Aroor was observed with bhajan seva and Ashtavadhana seva.

On 12th July, there was Samoohika Gayatri Anushthaan and Bhajan Seva by Yuvadhara. Dharma Sabha commenced with address by President, Bengaluru Local Sabha, Girvanapratishtha motivational group song,

felicitation of Girvanapratishtha senior teachers and Pramana patra vitarana to students of Girvana Pratishtha. This was followed by Vaidik Sambhavana, vote of thanks and Kshamayachana. The laity was again blessed with Ashirvachana by HH Swamiji, Shri Guru Paduka Pujana, Tirtha Vitarana and Shri Bhiksha Seva. In the evening there was a skit "Konkani Vanaruchi and Lagna tayyari". After the skit, Bengaluru Prarthana Varga teachers shared their experiences on conducting the "Jagruthi Shibir - on personal safety skills" at Srivali High school, Shirali.

Special programs like Samuhika Guru Pujana was held in the morning and Samskruta Sambhashana in the evening (13th July), Sadhana Panchakam with Kumkumarchana during Lalita Trishati (14th July) and Rudra homa (15th July).

On 16th July, the laity recited Niropa geet which was followed by Niropa Upadesha and departure by H.H. Swamiji.

- Reported by Saikrupa Nalkur

Virar Local Sabha

On Tuesday 16th June, 2026 Punyathithi – Samaradhana of H.H. Shrimat Pandurangashram Swamiji – Shri Chitrapur Math, Shirali was observed at the residence of Smt. Shobha and Shri. Hattangadi Bhavanishankar Bhat at Virar (West).

Around 22 Devotees from Virar attended the Satsanga, which started with the Sabha Prarambh Prathana, recitation of Navaratri Nityapatha followed by Devi Anushtana and Bhajans.

The Satsang concluded with the Deep Namaskara, Mangala Aarati, Shree Shankarnarayan Geetam, Mangalpada and after Sabha Samapti Prarthana, all the devotees partook Prasad offered by the hosts Hattangadi family.

- Reported by Shivanand Hemmady

Vile Parle - Vakola Sabha

Our Sadhakas participated in chanting and Bhajan sewa during the "1st Prahar" on early morning of Sunday 14th June 2026 at the commencement of "PARIJNANA LAHIRI" celebrations with Lalita Panchakam, Navaratri Nityapaath and Shri Devi Anusthaan chanting of stotras.

On 15th of June, 2026 being Janmadiwas of Jagadguru Swami Parijnanashrama (Tritiya) our

laity participated in all the rituals and also the Palkhi Utsav.

On 16th June, we observed Samaradhana of Swami Pandurangashram Sannidhi at Shri Chitrapur Math Shirali, commencing with Sabha prarambh prarthana, Guru Paduka stotra, Parijnana Trayodashi chantings and Bhajan sewa by sadhakas rounded off with Deepnamaskar Shri Mangalarati Shri Shankarnarayan Geetam, Mangalpad and Sabha Samapti Prarthana. Our guest speaker Vittal Rajgopal Bhat explained the great achievements of Swamiji during His tenure.

The program was coordinated by Smt. Padmini Balsekar.

On 29th June 2026, under the auspicious Parijnana Lahari Mahotsava, our Sadhakas commenced the first function with Gurupujan under Vyaktik and Samuhik Sadhana. On 30th June, Shri Gayatri Anushthan for the Purusha Varga was performed.

On 28th June 2026, it was the grand musical programme presented by GPITES of Guruprasad, featuring melodious songs from old and new films, including solos and duets, along with entertaining comic performances and a wide variety of songs.

Participants came from various locations such as Bengaluru, Thane, Dahisar, Borivali, etc. The programme was well coordinated by Smt. Prerana Hoskote and Shri. Durgesh Karkal. As in the previous year, all four generations of members and residents participated. Radhakrishna Caterers served sumptuous snacks and the musical evening remained an unforgettable and memorable event.

- **Reported by Shrikar Talgeri**

CLASSIFIEDS

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Cosy 1RK cottage, D block, Pandurangashram, 8th Main Road, Malleshwaram, Bangalore. Ideal for singles/ couple (CSB). Contact Archana Bhat: 9821190475.

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DOMESTIC TIDINGS

Marriages

Our Congratulations to the young couple and wish them happy married life!

May 29 : Marito Hayashi with Nipun Sandeep Basrur at Cambridge, MA, USA.

Jun 21 : Rishabh Deepak Gunvante with Prathiksha Parswanath Jain at Bengaluru.

OBITUARIES

We convey our deepest sympathy to the relatives of the following:

Jun 19 : Geeta Balkrishna Kundaje (89) at Kalina, Mumbai.

Jul 12 : Sunila Pyarelal Sharma (nee Sirur), (78) at Mumbai.

Jul 12 : Anand Sunder Udyawar, (79), Ex -Talmakiwadi at Pune.

A Home

away from Home!!

Visit

Nashik Holiday Home in the Rains!

Answers to सरलसंस्कृतम् 47.1 –

Answers to Prahelikā-s

1. पत्रम् – Letter

2. लेखनी – Fountain pen (The black mouth is the nib, the split nib looks like two tongues, and the five fingers hold the pen.)

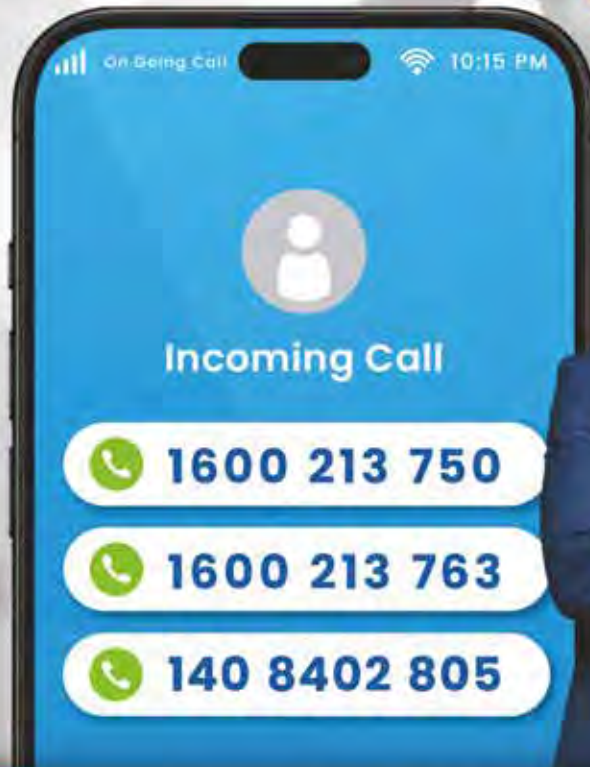
3. युतकम् – Shirt OR कञ्चुकः – Blouse (OR any stitched upper garment)

4. अननसम् – Pineapple

5. दाडिमम् – Pomegranate

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