

# Kanara Saraswat

A MONTHLY MAGAZINE OF THE KANARA SARASWAT ASSOCIATION

## AUROVILLE, PONDICHERRY



Dayanand Jamalabad

### The Aamchi connection with Auroville



## SKYDIVER

Capt. Saachi Koppikar



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# Kanara Saraswat

**A Monthly Magazine of the  
Kanara Saraswat Association**  
Office: 13/1-2, Association Building,  
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Vol. 31, No 1, January 2026

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## Important Notice

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**Kanara Saraswat Association**  
**Invites**  
**Nominations for Honouring Women on**  
**Chitrapur Saraswat Mahila Din, 2026**

As members are aware, every year during March, KSA hosts the Chitrapur Saraswat Mahila Din (on the lines of International Women's Day) wherein we honour women of our Chitrapur Saraswat Community who have achieved significant recognition in their areas of specialisation.

We request our members to nominate the names of such persons who have achieved recognition in any of the following areas:

- Outstanding contributions or achievements in any field like Social Service, Environment, Research, Education etc resulting in benefit to mankind in general.
- For winning any International, National or State Recognition in their area of work, including Art, Music, Sports etc.
- Any Research Award or Honour received on any specialised subject.

These nominations will be scrutinised by the Managing Committee and finalised, to be honoured during KSA's Chitrapur Saraswat Mahila Din, 2026.

These Nominations may be sent to [admin@kanarasaraswat.in](mailto:admin@kanarasaraswat.in) or by Courier to the KSA Office, along with brief details of the person concerned, their contact details and their achievements in any specific area. Please mention in the subject line (in case of email) / on the envelope (in case of courier) 'Nomination for Chitrapur Saraswat Mahila Din, 2026.'

Kindly send in your nominations on or before January 15, 2026.

**Mahesh Kalyanpur**

**(Chairman – Kanara Saraswat Association)**

**Email: [admin@kanarasaraswat.in](mailto:admin@kanarasaraswat.in)**



## *From the President's Team*

---

Dear Members and Readers,

Wish you all a Happy New Year - 2026.

I am sure you will have many good and bad memories of the year 2025. Every year, at the beginning we make several resolutions. As the year passes, some of them could have been accomplished and others would have been achieved due to many reasons. It happens to each one of us. Let us move forward with a positive mind.

There isn't just one New Year in this world—there are *dozens*. This world is a wonderful place to live, full of diverse calendars and traditions. Each religion celebrates new year on different dates Viz: - Gregorian New Year (Jan 1): Celebrated globally as the official civil calendar, Chinese Lunar New Year: Widely observed in China, Vietnam, Korea, and across Asia, Jewish New Year (Rosh Hashanah): Occurs in September/October, Islamic New Year (Hijri): Based on the lunar calendar, shifting annually, Hindu New Years: Multiple dates depending on region (Ugadi, Gudi Padwa, Diwali as financial new year), Thai New Year (Songkran): Celebrated in April with water festivals, Ethiopian New Year (Enkutatash): Falls in September, Persian New Year (Nowruz): Celebrated at the spring equinox in March, Buddhist New Years: Different dates across Southeast Asia, Other regional calendars: Balinese Nyepi, Mongolian Tsagaan Sar, etc.

The first day of the New Year is best spent with a mix of *reflection, celebration, and renewal*. Many people choose to spend it with loved ones, enjoy festive meals, set intentions or resolutions, and take part in cultural or local traditions like fireworks, festivals, or community events.

Let us also make the year 2026 a memorable one. Spend your time with family and friends, attend local events if you have an opportunity to do so, reflect and set goals – write resolutions that will help you to focus on what you want to achieve, practice gratitude – prepare a list of things you are thankful for from the past year and for moving forward, and some people may prefer a quiet day – reading and meditating.

In this month's write up, I would also like to mention that in the year 1985, under the guidance of HH Swami Parijnanashram III, an institution was started viz. Swami Parijnanashram Educational and Vocational Centre at Virar. **This institution has completed 40 years of service and we will be celebrating this on 24th January, 2026.** As all of you may be aware, the mission of this institution is to provide **education, vocational training, and life skills to children with special needs, aiming for independence and inclusion in society**. You will get more details on visiting the site <https://spevc.in>. It will be worthwhile, to help this institute to enable them to accomplish their vision, "TO SEE ABILITY IN DISABILITY" and their mission "WE AIM TO LOVE THE UNLOVED, HELP THE HELPLESS AND BRING HOPE TO THE HOPELESS".

**Uday K. Gurkar**

## IMPORTANT NOTICE

### Regarding Complaints of Non-receipt of the KS Magazine by Members

We have been receiving complaints from members that they have not received the Magazine. We understand how it feels if the interesting magazine, which each of us loves to read, does not reach one on time. We are also pained that our members are not receiving the magazine, which they love so much.

We have been ensuring that every magazine is franked and posted at the GPO in Mumbai. However, some of these magazines are not being delivered. As a first step we began posting the magazines in batches by sorting them on PIN codes. This did lead to the magazines being delayed and members not receiving them by the fourth of the month, as was happening for many years.

Since the results were not as encouraging, we have shifted from the use of wrappers to envelopes, as we felt the wrappers might have been coming off during transit, causing non-delivery of the magazines.

We are investigating the non-delivery of the magazines. Since our magazines are being posted through ordinary mail, we are unable to point out whether the magazines are not being delivered by the local post office of the members who are not receiving them. The possibility of the magazines not being delivered by the local post office seems likely because many of our members who do not receive the magazine in other months; seem to receive them promptly, in the month of Diwali.

We are looking at other modes of despatch and the additional costs of despatching them through these.

If any member(s) could suggest a solution / any solutions to enable us to overcome this problem, we will be more than happy to consider them. The suggestions may be sent to [admin@kanarasaraswat.in](mailto:admin@kanarasaraswat.in) or [chaaarm@gmail.com](mailto:chaaarm@gmail.com) or [editor@kanarasaraswat.in](mailto:editor@kanarasaraswat.in).

## KSA's ONLINE 'AT HOME' EVENT

DR. ARYA G. A. NAYAK

On Saturday, 22nd November, the Kanara Saraswat Association hosted its students' convocation function online, marking a memorable & inspiring milestone for students from different walks of life. The virtual programme attended by students, committee members, dignitaries and viewers from varied locations, was conducted with elegance, warmth, and exemplary co-ordination. The event, being conducted online made it convenient for participants, dignitaries, and well-wishers to join from different places with ease, enhancing the inclusivity and ensuring whole-hearted participation from one and all.

Shri Sunil Ullal, Hon. Secretary of Sports and Cultural Affairs, KSA, welcomed all students and dignitaries.

The Vice President of KSA, Shri Uday Gurkar, extended his heartfelt encouragement to all participants, and then introduced the Chief Guest, Smt. Shubhada Burde, Director of 'The Central Society for Education of the Deaf', whose inspiring address set the tone for the evening. She shared meaningful insights with the theme "Blossom where you are planted," sharing her personal experiences and exceptional work over the years. She has helped specially-abled children overcome self-doubt and truly excel in their lives. She reminded that growth is driven not by the absence of challenges, but by the willingness to learn & evolve. Her inspiring words left a profound impact on everyone present, offering guidance and motivation that will surely remain with students long after the ceremony.

The convocation event then proceeded with the presentation of e-certificates to all the students. Each student was acknowledged individually as the dignitaries extended their heartfelt congratulations & best wishes for their achievements and future endeavours.

The event concluded with a vote of thanks by Ms Niyati Shanbhag and Dr. Arya G. A. Naik.

# The Editor's Column

Dear Readers,

At the outset, the entire Editorial Committee extends its best wishes to you and your families, for a happy and wonderful new year, 2026!

You may have noticed that we have displayed on the cover page, two separate stories, that you will get to read in this issue. The first is about Dayanand Mukund Jamalabad, a nonagerian at 92. He was the key person authorized by 'The Mother' Mirra Alfassa, in the late 1960s, to procure lands and do much more, for what is now known the world over, as Auroville in Pondicherry, now renamed Puducherry.

The second story is on Capt. Saachi Koppikar's daring entry into the Army All Women's Sky Diving Team. Her determination, dedication and drive should definitely inspire our younger generation.

In his monthly Military Musings column, Maj. Gen. B.N. Rao shares an article by an anonymous Indian Air Force officer who flew out the casualties during the May 1999 Kargil conflict.

Jaidev Chandavarkar's California Notebook this time is on the VIPs of Thousand Oaks – an enterprising band of senior citizens who volunteer for the Policing program and assist the law-and-order authorities in their daily routines.

Going down memory lane, Supriya Vashishta (nee Balse) remembers how she and her sister were showered with love and affection by their paternal and maternal grandmothers, who had their own distinct personalities.

Another nonagerian, Indu Shedde (nee Nagarmath) 98, is profiled by her eminent journalist daughter, Meenakshi Shedde, in an interesting article which was first published in the Mumbai Mid-Day newspaper.

Parisevanam features Yuva Ishani Kulkarni, a student of Robotics in the USA, who planned and conducted a workshop for 120 students of Srivali High School at Shirali, with the active assistance of the faculty.

'Earth Uncovered' is a series that is being launched in the new year by Bhakti Ullal. Through this, she plans to bring us the world's most astonishing natural wonders.

Bharat Savur writes in his inimitable style about the two languages that best represent India, in his bi-monthly column, Born Free.

Hobbyist writer Asha Gangoli's article is on the Benegals of Dharamtalla, who, although well-known names in Calcutta, were virtually unknown to most members of our community. She traces the rise and decline of the B.B. Benegal Studio, which was officially closed down in 2002. Do read this fascinating story.

The Srivali High School ground was the venue for the first edition of the Srivali Premier League in which four teams participated. It promises to be an annual celebration of teamwork, sportsmanspirit and camaraderie.

Anjali Burde's Superfoods column talks about the benefits of Mango, Malabar Spinach (better known to us as Vaali) and Moringa. Her other ongoing article on Tithis, is on Poornima or the full moon nights of the month.

Our junior team member, Vedant Heblekar's excitement knew no bounds when his uncle brought home a small 3D printing machine for experimentation. Curiosity roused, he interviewed Aditya Chandavarkar an expert in this field, which we bring you in this issue.

We also have the Sudoku and the Sanskrit quiz in this issue, besides two poems in Konkani. Regarding our Devanagari pages, we would like to invite articles in Konkani rather than poems, as our research shows that not many readers are interested in it. We hope to see many more articles in Konkani for these pages in the coming months.

In conclusion, as we begin a new year, we look forward to greater participation from all our readers and their families.

Thank you.

**Ramkishore M. Mankekar**

# Dayanand Jamalabad – The Aamchi connection with Auroville

RAMKISHORE M. MANKEKAR

and

ANJALI BURDE

*Members of our community are typically low profile and humble, even though they have held, or continue to hold, positions of great significance in public life.*

*We bring you the stellar achievements of one such, Dayanand Mukund Jamalabad, now 92, whose immense contribution towards the early planning and initial creation of Auroville, Pondicherry, will make every Aamchi very proud!*

*At the outset, it would be in order to give our readers a brief background.*

*Sri Aurobindo (Aurobindo Ghose (1872 – 1950) was a nationalist, poet, philosopher and an ardent practitioner of yoga, who settled in Pondicherry in 1910. In 1926, he established the Aurobindo Ashram, which became a centre for meditation, spiritual study and collective living.*

*Mirra Alfassa (1874 – 1973) who was born in Paris, became the spiritual collaborator of Sri Aurobindo and recognized him as her spiritual guide when they met in 1914.*

*She came to be known as The Mother and after Sri Aurobindo withdrew from public life in 1926, she began to guide the Ashram disciples. She embodied the Divine Mother for them and she emphasized practical spirituality, education and collective harmony. She was the founder of Auroville.*

Dayanand Mukund Jamalabad was born in Udupi in 1933.

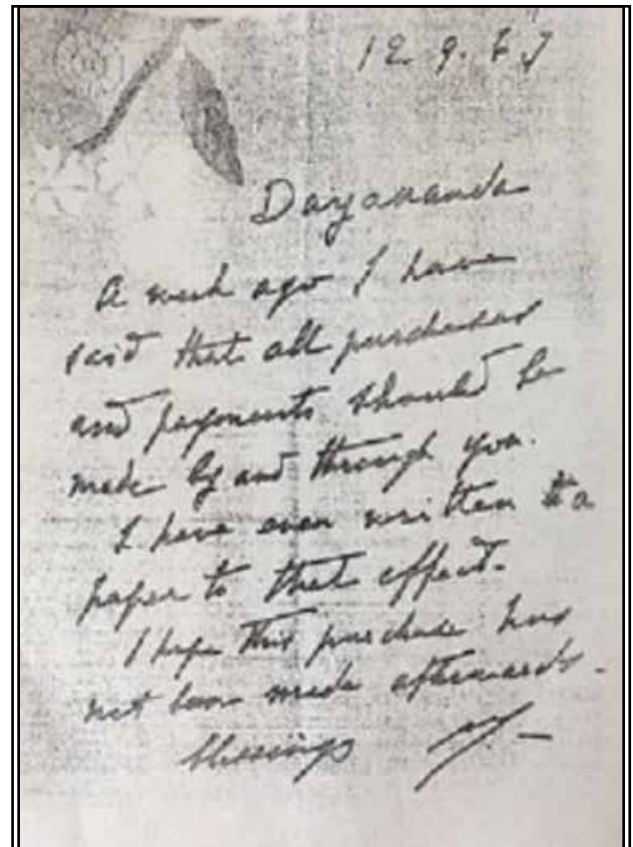
Dayanand's earliest memories about Sri Aurobindo was when he heard about his passing away in 1950, which deeply impacted him even as a teenager.

His meeting with Swami Ramdas and Krishna Bai, (of Anandashram, Kanhangad in Kerala) was a turning point which guided him towards his destiny. He had a miraculous encounter with a person calling himself "Bashir Baba" who also foretold his future at the ashram.

His first meeting with The Mother was in 1953, while he was pursuing his Master's degree at Annamalai University. He was part of the team that

was researching the "effect of music on plants," a topic that greatly interested The Mother. He had a profound experience of divine light during this first meeting, and it was practically sealed for him to be entirely her child since then.

In 1966, Dayanand was selected for a government of India Fellowship at Oxford University. He did not want to go to the UK, as the Flora in India and over there were totally different. He had studied the reclamation of saline soils and alkaline soils in Tamil Nadu, with a special emphasis on the Kazhuveli swamp, which was towards the North.



**A cherished possession - a handwritten note by The Mother to Dayanand.**

He decided to consult The Mother and she asked him to go there, and suggested that he should take up the topic - Reclamation of Saline Soils. Little did Dayanand know, as to what the Divine Mother had ordained for him in the future.



After his return from the UK in 1967, Dayanand resigned from his government job on The Mother's request. He decided to settle down in Pondicherry and dedicate his life in service of The Mother and Aurobindo Ashram. He was required to return money to the Government since he was sent to Oxford for a research fellowship. The Mother helped him financially for this purpose. Having been a touring officer in his government job, The Mother had told him to look out for fallow lands, as he was familiar with the terrain. And so he went around personally looking out for the 'promised land'. This would later be the area where people would stay before entering Auroville. He kept doing this on an unofficial basis. He was later authorized in writing, vide a letter dated December 12, 1967 by The Mother, for all purchases and payments related to Auroville - be it land, bricks, cement or any other requirement.

It was a challenging process of purchasing land in those early days, dealing with illiterate villagers, difficult terrain, and the time-consuming nature of each transaction. He personally oversaw the acquisition of 2,400-2,500 acres and kept meticulous records of 1,116 documents.

The villagers were taken into confidence, were taught new methods of farming. They were also given transistor sets so that they could listen to radio programmes on farming techniques and improve their skills. After acquiring the land, he also marked and enumerated the trees in the acquired region. To provide for water, borewells were dug with the help of government agencies. He worked with three sets of surveyors, with "Nalin Bhai" from the Ashram, in charge of handling the finances.

The foundation stone for Auroville was laid on 20<sup>th</sup> February, 1968. The terrain was rough and land had to be levelled. Red soil was brought in through trucks. The ashramites and villagers worked day and night and created a flat land for this purpose with pure *seva bhava*. The day dawned for laying the foundation stone at the hands of The Mother. Huge crowds had gathered for the occasion. The event was conducted solemnly and smoothly.

Dayanand worked on this project from 1965 until 1973, considering it a "sheer joy" and believing he was "living in heaven". He also grew crops after he came to stay permanently in Auroville.

Dayanand would meet with The Mother every Sunday, with his young son Satya, playing in her room. He recalls the "glorious" era with the older sadhaks like Nalinbhai. He remembers a personal anecdote about The Mother granting his boon for "union with the divine mother," emphasizing the difficulties that come with such a profound blessing. He firmly believes that The Mother did not voluntarily leave



**Dayanand Jamalabad with his grandson, Dr. Arvind Satya, PhD, Associate Prof. AI at MIT, Boston, USA.**

her body, as she was instructed by Sri Aurobindo to remain until the new world was established. In his later years, Dayanand served as a consultant for the Tamil Nadu and Pondicherry governments in various fields, including tsunami relief, environment, science and technology, forestry, and wildlife.

He has worked on a "seawater irrigation research project" to raise cash crops with saline water, demonstrating its feasibility. He has highlighted the critical issue of seawater intrusion into the water table due to over-exploitation and lack of regulation, leading to a precarious situation for fresh water supply. He believes that reverse osmosis is a viable solution for water scarcity, citing Israel as an example.

All through, he has considered himself a pure sadhak in search of the Divine. 'Savitri' an epic masterpiece by Sri Aurobindo has remained his constant guiding force. He has read it over and over again over twenty years, and feels it has been imbibed in his blood now. Each time he has read it, a new dimension in spirituality has been revealed, thus leading him ahead in his journey towards divine consciousness.

Over the years, Dayanand Jamalabad added many feathers to his cap:

He was in charge of Small and Marginal training project involving 10 villages and 10000 farmers over a period of 5 years. He was also in charge of a sea water irrigation project (ICAR- Indian Council of Agricultural Research ) as Director, for his work in Auroville.

He led a six member Indian Wheat team to the US for procuring wheat in the 1970s, when he travelled from New York to Honolulu, and was honoured with a Citation by the Speaker of the House of Representatives, Portland for developing economic ties with the US.

He is perhaps the only individual who was placed on the Board of Directors of Food Corporation of India, New Delhi Hindustan Fertilizer Corporation, New Delhi and Indian Bank Chennai, all at the same time.

He was appointed Chairman of Banking Services Interview Board - South and as an Advisor UPSC, New Delhi. He was also on the Personality Test Board of UPSC.

For his life time work in Auroville, the Auroville Foundation Secretary, Dr. Jayanti Ravi, IAS issued a commendation letter.

He happened to be the only person permitted by The Mother, to enter politics, and he was appointed General Secretary and AICC member from Pondicherry.

Today at 92, Dayanand Mukund Jamalabad still has the drive and enthusiasm of a youngster, thanks to the divine grace of The Mother.

\*\*\*\*\*

## My Guru

SAPNA ULLAL

My Guru is in the birds that sing in the sky,  
My Guru is in the twilight that softly falls by,  
My Guru is in the home that is alight with song,  
My Guru is in the heart that is brave and strong.

My Guru resides in inextinguishable hope,  
My Guru anchors me with a divine rope,  
My Guru is in the moon that shines like a lamp,  
My Guru removes me from every swamp.  
My Guru Shree Parijnanashram Swamiji!



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## **Capt. Saachi Koppikar ‘dives’ into the Army All Women’s Sky Diving Team**

**MAJ GEN B.N.RAO, AVSM, VSM & BAR (RETD)**

Capt. Saachi Koppikar has already chalked up many distinctions in her short army career so far. She is the first Amchi girl to get a Short Service Commission in the Indian Army. She is a qualified mountaineer, and excelled during training in the Officers’ Training Academy (OTA). She is a topper in her course, first in the order of merit and the best lady cadet to be commissioned into the Army Ordnance Corps (AOC) on 30th July, 2022. She was awarded merit cards for swimming and yoga and led her company to victory in the Weapons and Firing Championship for both terms. She won a Gold Medal in boxing; she fought in the lightweight category. No surprise that she was leading her JESSAMI Company, as a sword carrying appointment in the passing out parade.

Saachi gained a wealth of experience in the Kashmir Valley on her first posting in an active operational area. She is currently posted to an Army Aviation Squadron in Punjab providing technical and logistic support to the helicopter pilots. Saachi was promoted to the rank of Captain on 5th October 2024.

Saachi has now added yet another feather to her cap. She volunteered for and was selected after a tough selection process for the Army All Women’s Sky Diving Team being assembled under the aegis of the Army Adventure Cell under the Military Training Directorate in Army HQ. Only those who were graded ‘excellent’ in their physical tests made it to the finals.

The team would consist of one leader, a lady officer of the rank of Colonel (who is already a qualified Sky Diver) and 14 members from all ranks, ranging from Officers to Agniveers (Other Ranks). The actual jumps commenced on 1st Nov 2025 after putting them through the Wind Tunnel experience (in a simulator) at Bangalore, and ground training, at Bhatinda. Saachi has already completed five jumps from 10,000 feet. The girls will be put through two phases of training. The first, with two instructors from Advanced Light Helicopters (ALH) and then with one instructor from Chetak choppers. The parachutes used, are Indigenous Solo 270.

Their only disappointment is that the girls will

not be awarded the coveted ‘wings’ since this is considered a sport and not operational jumping. After completion of training by the year end, the first show jumping will likely take place in the North East in 2026.

The entire Amchi community wishes her Happy Landings.

\*\*\*\*\*

### **Rates for Classified Advertisements in Kanara Saraswat**

For the first 30 words: Rs. 700/- for KSA Members (Minimum Rs 735/-) and Rs. 750/- for Non-members. For every additional word, thereafter:

Rs. 25/- +GST 5% on all ads.

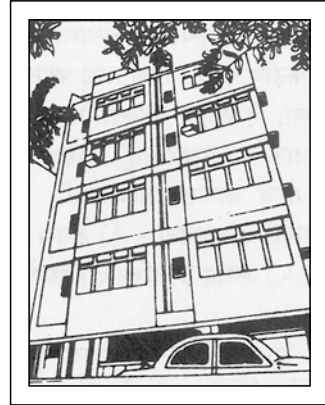
All remittances are to be made by D.D. or cheque, in favour of ‘Kanara Saraswat Association’ Or by NEFT

**Mrs. Suneeti Rammohan Baidur,**  
94, passed away peacefully at Wardha  
on 3rd of Sep 2025. We thank all of those  
who were at our side to bear this loss.



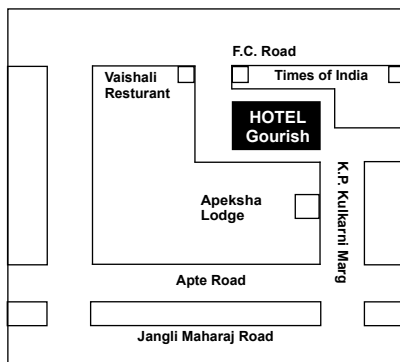
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## **THE COST OF FREEDOM**

**MAJ GEN B N RAO, AVSM, VSM & BAR (RETD)**

This is an article by an anonymous Air Force Officer who flew out the Kargil Casualties: The Just Missed Ones, The Injured Survivors. The Unknown Sikh Soldier in the Kargil War. It is reproduced as received.

I remember it as if it were yesterday. It was the 23 May 1999, and the Kargil conflict was ongoing, my crew and I were in Awantipur (Kashmir) to pick up 24 casualties (20 sitting & 4 on stretchers); the casualties on stretchers were extremely seriously wounded. The age of the passengers ranged between 19-27 years. Some had bullet wounds, where the bullet had gone through and through, but he still had his legs and could sit, stand and walk so wasn't on a stretcher (I guess, in a strange Army way, making them feel better, that's how the system works, it actually works. I have actually seen a Gurkha with a bullet wound, helping another Kumaoni who was limping along. It's a system that teaches one to be empathetic towards others). The men who were on a stretcher were the really badly hurt ones. They were those who had stepped on a land mine & had their legs blown off. A very different sight from those as seen on TV news videos, moving from wounded soldiers to heavy snowfall. The pain was terribly real. Also, it was not possible to merely change the channel.

The aircraft was the workhorse of the IAF, an An-32, it reeked of antiseptic and fear. As we waited for the last patient to arrive, I realised that my An-32 was also a micro India. The Naga soldier was seated next tall Jat, the Tambi was next to a Maratha, a Rajput was next to the JAK LI jawan, a Mahar was next to a tall Guards soldier & the tiny Gurkha next to an equally small and sturdy Kumaoni. All united by shades of Olive Green and the invisible thread of pain. Injuries they had suffered on our behalf.

In the ambulance, which was parked just at the edge of the ramp (behind the aircraft), was a Sikh Light Infantry soldier. He was really young. So young, that his beard had barely started to grow, a mere boy. He had lost both his legs in a land mine explosion. In an effort to distract him, I asked him, "Are you fond of cricket?" His eyes

brightened up immediately, and he promptly said "Yes, Sir." Seeing his response, I addressed all my passengers (The World Cup was ongoing in England), India is playing with Kenya, and Sachin Tendulkar has scored 140 runs in 101 balls not out. He has helped India reach 329 in 50 overs. Tendulkar has dedicated his innings to his father, whose funeral he had returned from the previous day. What do you all think, will we win?

'YES SIR' was the immediate answer in unison. All of a sudden, a Tendulkar Tsunami swept through the aircraft and that ambulance behind it.

Everyone forgot their pain & their injuries. They forgot their predicament. All they could talk about was Tendulkar & his century. Everyone started talking to the person next to them. Everyone broke language and cultural barriers, and new friendships were instantly formed.

I could see my new friend in the ambulance, talking animatedly. His eyes all lit up; his smile was ecstatic as he described Tendulkar's shots. His injuries and pain were forgotten briefly. He was happy, all my passengers were happy. For a brief period, everything was the way they ought to be.

Epilogue: When I landed with my passengers in Delhi, I shared the good news with them that we have indeed won the match, far away in England. My young friend, who was on a stretcher strapped securely, smiled at me. I shook his hand and wished him well. I was relieved it was dark, and he couldn't see my eyes. My crew and I stood behind the aircraft as they disembarked silently, wishing them well. Its men like these, the ones who were passengers on my plane, who silently walk away after giving their youth for all of us. They are the ones we owe our freedom to.

Dear country-men and women! Freedom doesn't come free.

You get it for free because it has been paid for in full by the lives and blood of our soldiers, sailors and airmen.

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## CALIFORNIA NOTEBOOK

### *A glimpse of what it is like to live in California*

JAIDEV CHANDAVARKAR

**At the outset, a Happy 2026 to KSA readers everywhere, from the KSA readers in California!**

#### **The VIPs of Thousand Oaks**

I first met some members of the Volunteers in Policing program at a McDonald's restaurant where I go occasionally for breakfast. They were a group of older men, having coffee in McDonald's. They wore uniforms that closely resembled the uniforms of police officers. Their uniforms had badges, just like real police officers and they spoke into walkie-talkies. When they were done with their coffee, they walked off in pairs, and drove away in patrol cars that looked like police cars.

My curiosity piqued, I thought I would ask them about the program they participated in. So, the next time I met them in McDonald's, and we talked about the Volunteers in Policing program that they participated in, as senior citizens living in Thousand Oaks.

Known as the VIPs, or the Volunteers in Policing, they were part of a team of about 50 people who took on administrative support functions for the Police Department, such as patrolling the city, report writing, fingerprinting, and sometimes, even traffic control and making low-risk calls. These functions lightened the workload of police officers, and freed them up to focus on fighting crime.

On average, this team, worked, at the minimum, about 1,000 hours in a month. And that is just the minimum. The actual number of volunteer hours in a month far exceeds that number, with some of the volunteers putting in almost full-time hours.

When asked as to why they volunteered for this program, they said that after they retired, they all had time on their hands. But they wanted to use that time productively and be part of a program where they could help and serve the people of Thousand Oaks. The VIP program met these needs perfectly. They passed qualifying tests and took up their duties after completing the necessary training.

I found that only a handful of volunteers in the VIP program had a law enforcement background. Most volunteers are retirees from various types of business career backgrounds, and some are retirees from professional practices such as law practice.

It is true that the safety of the residents of Thousand Oaks depends primarily on the excellent

policing skills of the men and women who make up the team of sworn police officers. But it also



rests on this team of volunteers that provide the following vital support services:

**Writing reports** on crimes and offences committed is one of their major tasks. It creates the trail that is needed to document a history that is essential to careful record-keeping for the purposes of law enforcement. Report writing is done on a specialized software that needs a few months of training to handle accurately. Once a report is finalized and approved, it becomes part of a database that can be accessed by law enforcement agencies all over the United States.

Another is **patrolling the city in patrol cars**. This means driving through the city, functioning as additional "eyes and ears" of the police. While they cannot perform law enforcement functions, they can perform low-risk services, such as comforting the victims of crime, and documenting exactly what happened.

Another is **penalizing transgressions of parking regulations**. For example, it is an offence to park a car blocking access to a disabled person parking bay, or to park in a disabled person parking space without a current permit. The VIPs are authorized to issue "tickets" for such transgressions. The "tickets" are not just friendly warnings. They impose stiff penalties that need to be paid.

Some other functions are **fingerprinting, or helping in traffic control**.

It was heartwarming to see a sturdy spirit of service to the community.

**Email: [chitransai@gmail.com](mailto:chitransai@gmail.com)**

\*\*\*\*\*



# Shri Vishweshwara Venugopala Temple

Ananthashayana Road, Karkala - 574104



## INVITATION

We cordially invite you all to participate in  
**Mahāshivarātri Utsava 2026**

(Vishwāvasu Saṁvatsara)

11<sup>th</sup> to 18<sup>th</sup> Feb 2026

in the divine presence of

**H.H. Shrimat Sadyojat Shaṅkarāshram Swāmiji**

Maṭhādhipati, Shri Chitrāpur Maṭh, Shirālī



### Program Details

<b>Wed, 11 Feb</b> Māgha Kṛṣṇa Navamī	06:00 p.m. 07:45 p.m.	Pūrṇa Kumbha Swāgata with Veda Ghōṣha Upadesha by H.H. Swāmiji, Prasāda Bhojana
<b>Thu, 12 Feb</b> Māgha Kṛṣṇa Dashamī	05:30 a.m. onwards 12:15 p.m. onwards 07:30 p.m.	Mahārudra Shri Guru Pādukā Pūjana, Tīrtha Vitarāṇa, Shri Bhikṣhā Sevā, Prasāda Bhojana Dīpanamaskāra, Shri Shiva Pūjana by H.H. Swāmiji, Prasāda Bhojana
<b>Fri, 13 Feb</b> Māgha Kṛṣṇa Ekādashī	05:30 a.m. onwards 09:30 - 10:30 a.m. 12:15 p.m. onwards 07:30 p.m.	Mahārudra Swādhyāya – Conducted by H.H. Swāmiji Shri Guru Pādukā Pūjana, Tīrtha Vitarāṇa, Phalāhāra Dīpanamaskāra, Devī Pūjana by H.H. Swāmiji, Phalāhāra
<b>Sat, 14 Feb</b> Māgha Kṛṣṇa Dwādashī	05:30 a.m. onwards 09:30 - 10:30 a.m. 12:15 a.m. 12:30 p.m. onwards	Mahārudra Swādhyāya – Conducted by H.H. Swāmiji Mahārudra Pūrnāhuti in the Divine Presence of H.H. Swāmiji Shri Guru Pādukā Pūjana, Tīrtha Vitarāṇa, Shri Bhikṣhā Sevā, Prasāda Bhojana
<b>Sun, 15 Feb</b> Māgha Kṛṣṇa Trayodashī Mahāshivarātri	09:00 a.m. 11:00 a.m. - 12:00 p.m. 12:00 p.m. onwards 10:00 p.m. to 06:00 a.m.*	Jalābhishheka Kīrtana by Dr. Chaitanya Gulvādy - Dharmaprachāraka, Shri Chitrāpur Maṭh Dharma Sabhā, Āshīrvachana by H.H. Swāmiji Shri Guru Pādukā Pūjana, Tīrtha Vitarāṇa, Phalamantrākṣhata, Phalāhāra <b>Mahāshivarātri Anushthāna- Chāra-Yāma Shri Shiva Pūjana and Tīrtha Vitarāṇa by H.H. Swāmiji</b>
<b>Wed, 18 Feb</b>	Around 03:30 p.m.	Departure of H.H. Swāmiji and Retinue

### List of Sevā-s

Pañchāmṛta Abhisheka	₹ 100	Upāhāra Sevā	₹ 3,000
Kuṅkumārchanā	₹ 100	Santarpana Sevā	₹ 5,000
Shri Guru Pādukā Pūjana	₹ 300	Sevākartā	₹ 10,000
Shri Bhikṣhā Sevā	₹ 350	Yajamāna Sevā	₹ 15,000
Mahāshivarātri Pūjana Sevā	₹ 300	Poshaka Sevā	₹ 25,000
		Mahāposhaka Sevā	₹ 50,000

### Donations/ Seva Payment



Donations/Payment for Sevā-s can be sent through UPI (Scan the QR code on the left) or NEFT. NEFT details:

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Karkala

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4. Hotel Kateel International: +91 70225 93107

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Dormitories with limited facilities are also available (located near the temple)

For more details, contact on WhatsApp

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Bajekāl Uday: +91-9731777676

#### RSVP

Please help us by filling in and sending this form to confirm your attendance



Sevākartā-s offering sevā-s should send the following details to msukarkala2026@gmail.com

- Sevākartā's name, gotra, sevā date, and mailing address (those who are not attending in person) for sending the prasāda.
- Those sending through NEFT send the branch remitted, remitter details, and NEFT transaction number.

### Kārkaḷa Mahāshivarātri Utsava Committee 2026

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**Tonse Satish Rāo**  
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**Bajekāl Uday**  
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## DIAMOND ANNIVERSARY (60th)

**Mrs. Premla (nee Badakere) & Mr. Suresh Chandra Kabadkar**  
**December 27, 1965 to December 27, 2025**

**Dear Annu and Amma,**

You both exemplify a partnership of two humble and loving people. A marriage that is grounded in mutual respect and admiration. Your love of music, comedy and laughter keeps the spark alive which younger couples like us strive to achieve. Thank you for the love you have showered on us, your grandkids, your nieces and nephews.

May Swamiji continue to bless you both with strength, happiness and more years of togetherness.

**With love and regards,**

The Raos, Kabadkars, Badakeres, Kallianpurs,  
Udiavers, Nagarmats, Karnads, Savkurs and  
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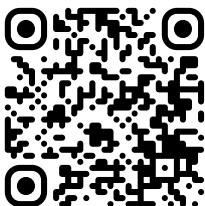
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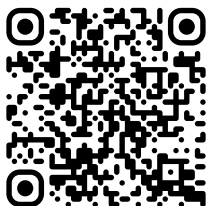
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## Of nine-yard saris and Morris Minors

SUPRIYA VASHISHTA (NEE BALSE)

Growing up, my sister and I had the blessing of being indulged, and lovingly pampered by both sets of grandparents. Their visits to our home were eagerly anticipated, as they took turns staying with us. Our longer school vacations were spent with them in Mumbai - then called Bombay - a city with an undeniable charm. Though they belonged to the same generation, my two grandmothers could not have been more different, each possessing a distinct personality.

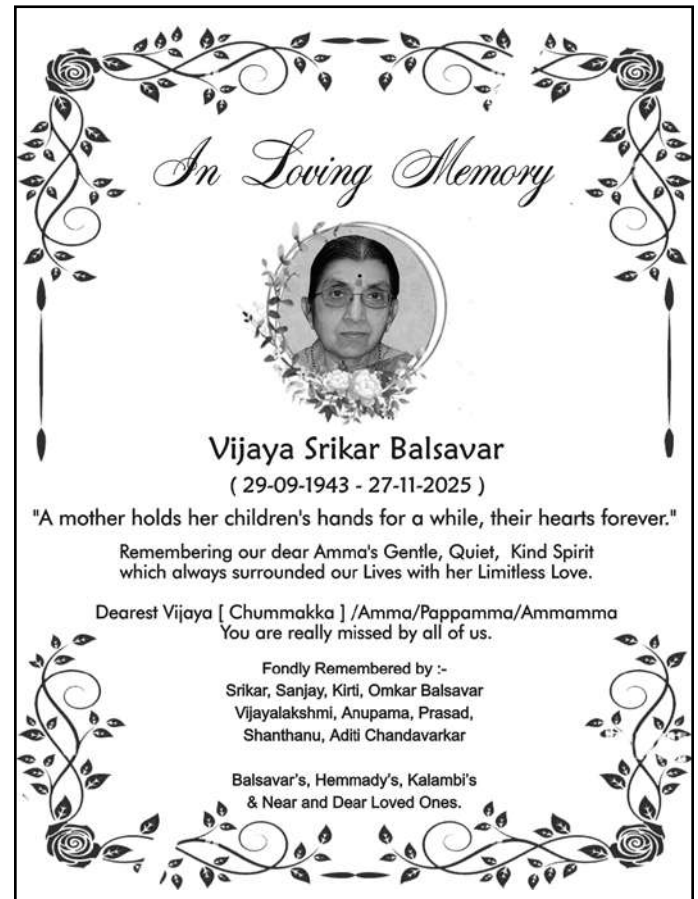
My paternal grandmother, always draped herself in an elegant nine-yard sari. Petite yet full of energy, she reigned over the household with quiet authority, rarely stepping outside. Her home was her castle and sanctuary, and the world came to her. Neighbours and relatives would drop by for conversation, companionship, and, of course, her cooking. Her culinary creations - crispy fried savouries, melt-in-the-mouth sweets, and an assortment of lip-smacking delights were legendary. Evenings at her home had a charm of their own. After dinner, the living room transformed into a lively adda, where neighbours gathered for spirited discussions, laughter, and camaraderie. My grandfather would tune into the radio, and all present would listen intently, absorbing the news or revelling in the melodies of the time. It was a sacred ritual, a comforting constant. Her wisdom extended beyond the kitchen; she was often sought out by younger neighbours for counsel. If a ground-floor neighbour could not make the climb to our second-floor apartment, my grandmother's advice would be dispensed through the balconies! Her hospitality knew no bounds - anyone who arrived at mealtime was always invited to join in. Though she upheld a strictly vegetarian kitchen, she made an exception for my father when he was training for the defence services, procuring a separate pan solely for him to cook eggs in, ensuring that he built the strength and endurance he would need for his career!

My maternal grandmother, a working woman, balanced work, and home with grace. Slim and always immaculately dressed in crisply starched cotton saris with her neatly coiled bun, she was the epitome of elegance. She drove herself to work in a Morris Minor - a sight that turned heads in an era when women behind the wheel were a rarity.

Her impeccable English, was matched only by the exquisite beauty of her handwriting. Even today she is the grammatical voice in my head! Her hand-churned ice creams were the stuff of family legend. When our cousins visited, she would transform our gatherings into fairy-tale-like affairs, complete with elaborately planned children's tea parties. She took us to planetariums, to parks and zoos. She took us to children's libraries and introduced us to the magic of words. It was within the walls of these libraries that my love of reading was born.

Despite their contrasting personalities and ways of life, my grandmothers shared an unshakable bond of mutual respect. This rare and beautiful relationship set the benchmark for all future connections in my life. Looking back, I realize that I was truly blessed to be nurtured by two remarkable women - a privilege granted to few.

\*\*\*\*\*





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- Cost does not include cost of travel from your place of residence to Holiday Home; lunches/dinner while on travel; entry tickets and items not included in itinerary.
- Above pricing based on group size of 4 persons and multiples thereof; **Smaller groups (to facilitate families) also welcome subject to a higher price (particularly transportation).**



Day 1	Arrival of all the Yattris to Nashik Holiday Home (NHH) till 12 Noon. Post Lunch Visit to Gargoti Museum, Sinnar Visit to Shree Samarth Ramdas Math, Takli 7 pm:- Godavari Aarti at Ramkund (Godavari Ghat) Visit to Shree Sharadamba Temple (Shringeri Shankarayacharya Math) and Kalaram Mandir in Panchavati. Dinner at NHH
Day 2	Morning 6 am – Departure to Trimbakeshwar, Coins Musuem (Indian Institute for Research in Numismatic Studies). Someshwar Mahadev Mandir, Balaji Devasthan and Someshwar Water Front. 11 am – Visit to Sula Wines. (Wine Tasting and Tour) Lunch at NHH Departure to Swantantrayaveer Vinayak Damodar Sawarkar, Residence (Now a Musuem) in Bhagur Followed by Visit to Artillery Centre Museum and Anna Ganpati Mandir, Devlali Dinner at NHH
Day 3	Morning 6 am – Departure to Shirdi (Saibaba Samadhi) Lunch at Shirdi. Further Proceed to Shani-Shingnapur (Famous Temple of Shanidev) Dinner also enroute to Nashik
Day 4	Morning 8 am - Breakfast at NHH. Departure to Shree Saptashrung Niwasini Devi Devasthan (Vani Devi) Onwards Departure to Saputara Hill Station. Dinner at NHH
Day 5	Breakfast at NHH. Free time. Guests to leave at their convenience Check out at 12 Noon.

**The above itinerary is suggestive and subject to change to suit the needs of the group.**

*For further details, queries and booking contact:*

Mr Kishan Chandavarkar (9822320601) / Mr.Radhakrishna Kodange (7507463137)

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# **Amma: ‘Death is like changing clothes’**

**MEENAKSHI SHEDDE**

**(Reproduced with kind permission from Sunday Mid-Day)**

***Everybody should interview their grandmothers and mothers on top priority. It will usually be a fascinating revelation to learn who they really were, before they got married and became our grandmothers and mothers.***

Everybody should interview their grandmothers and mothers -- and granddads and dads of course -- on top priority. Especially as they can fade away at any time, or get dementia or be otherwise unable to share their stories. It will usually be a fascinating revelation -- even to those who think they know their mothers -- to learn who they really were, before they got married and became our grandmothers and mothers. What kind of people were they, who were their best friends, what games did they love, what did they do after school/college, what movies did they watch and where, what were their dreams, what did they want to grow up and be, what was the boldest or wickedest thing they did? And even apart from all that, it was only on interviewing my Amma, Indu Shedde, now 98, that I learnt that she and Papa (the late S Rammohan) made fresh badam toop (almond ghee) at home to massage my sister Sarayu and me when we were babies. I simply crumbled like a Glucose biscuit in hot chai.

The series of interviews I did of Amma were for her autobiography, in her own voice, that I wrote and gave her as a 95th birthday present in 2022: it took me three years to write it and put it together.

Amma grew up in Dharwad, Karnataka, in a family of four widows--[her mother Kalyani Nagarmath (Aai), her sister Kamala Divgi (Kanna Pachchi), and her two aunts, whom, as children, we called Vatsalakka and Radha Pachchi.]

She learnt early on about taking financial responsibility and financial independence. She held four jobs before she married, earned a BA DLS (Diploma in Library Science) and became Assistant Librarian in Karnataka University in the 1950s, speed-reading, as she remembers it, 2,00,000 books in order to make the books' accession cards. Astonishingly, she was 32 when she married -- I just didn't find the right boy, she shrugged. Yet, when she married and had my sister Sarayu and me, she chose not to do a job, but to be a full-time mother. When my parents had the opportunity to move from our modest chawl home to a three-bedroom

flat, Amma boldly insisted they buy it, when my mild Papa dithered. Trying to make ends meet on the about R129 a month Papa gave her, after the home loan EMI was deducted, she invented original "vegetable art" from home to earn a little more money. She created an Air India Boeing plane and Maharajah, Taj Mahal, Krishna, Mirabai, an Ikebana flower arrangement and more, entirely from fresh fruit and vegetables, that were published in Eve's Weekly and Dharmayug magazines, and elsewhere. Her wonderful art was born in desperation.

She values her independence, and after our dad passed away, she insisted on living independently at a senior citizen's home, preferably outside Mumbai--rather than stay at my sister's place or mine (though she stayed with me during COVID).

Recently, someone asked her, are you afraid of death? "Not at all," she replied, without hesitation. "What is there? It is like changing clothes, that's all. The soul remains." I had also asked her, is there any unfulfilled wish you have? "I wish I could see you settled," she replied (meaning married). "OK. But can you guarantee that any woman you know would be much happier, more fulfilled as a person, as someone's wife--than if she were single and independent?" No, she shook her head. "OK, do you feel I am happy and fulfilled as a person, and probably already have everything or most of what I need?" I asked. She immediately said yes. We hugged for a long, long time. Then she said grinning, "If anyone asks you, you can always say, 'Mere paas Maa hai'." We both laughed heartily, then we did a high five. Our gorgeous Amma.

***Meenakshi Shedde, film curator, has been working with the Toronto, Berlin and other festivals worldwide for 30 years. She has been a Cannes Film Festival Jury Member and Golden Globes International Voter, and is a journalist and critic.***

**We invite articles in Konkani for  
our Devanagari pages.**



## KANARA SARASWAT ASSOCIATION

### MEMBERSHIP DRIVE

The Kanara Saraswat Association has launched a Membership Drive for all Bhanaps. Our membership rates are most reasonable and offer a host of benefits:

Membership Category	Amount in Rs.
Patron	7,500
Life Membership for spouse of existing Patron Member (during or after the lifetime of such Patron member)	3,000
Life Membership for parents or adult children of the existing Patron Member (during or after the lifetime of such Patron member)	2,000
Life Member	5,000
Life Membership for spouse of existing Life Member (during or after the lifetime of such Life member)	3,000
Life Membership for parents or adult children of the existing Life Member (during or after the lifetime of such Life member)	2,000
Associate Life Members (persons belonging to communities other than Chitrapur Saraswats)	5,000
Parents or adult children of the Associate Life Member (during or after the lifetime of such Associate Life member)	3,000

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1. Opportunity to contribute to the various objectives of the Association and serve the Community
2. Complimentary one night's stay at NHH for every three days stay
3. Free monthly magazine that helps keep in touch with the Community and read articles on varied topics of interest
4. Special rates for advertising in the Kanara Saraswat Magazine
5. Special rates for Hall Bookings

***So, hurry up & fill the Membership Form and join KSA on its wonderful journey. It is an overwhelming experience to be part of our community's association, KSA.***

IN LOVING MEMORY, WE PAY TRIBUTE &  
COMMEMORATE THE 100TH BIRTH  
ANNIVERSARY OF

*Our Dear "Anna",*

*Shri Raghuwir Gopalrao Kallianpur*



16th Oct. 1925 – 12th June 1987

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# In Loving Memory of

## Smt. Shreelekha Ashok Kaikini (née Suniti Kowshik)

(31 October 1932 – 09 November 2025)



With deep sorrow and heartfelt reverence, we announce the peaceful passing of Smt. Shreelekha Ashok Kaikini, a distinguished Kathak dancer and a luminous cultural presence, who left for her heavenly abode on 09 November 2025, in Nagpur.

### A Life Rooted in Art

Born on 31 October 1932, Shreelekha Kaikini (Suniti Kowshik) discovered her love for classical dance at a young age. Growing up in a culturally rich environment, she pursued both Kathak and Bharatanatyam with great passion and discipline.

She trained in Kathak under the legendary Guru Sundar Prasad, and in Bharatanatyam under Guru Krishnan Kutty, imbibing the finest nuances of the Mysore and Madras styles. Her talent shone early—she performed her Arangetram at the age of nine and received a gold medal from the renowned actor Ranjan.

A graduate of Bhatkhande Sangeet Vidyapeeth, Lucknow, she served as Assistant Professor of Dance (1950–52) and was chosen by the iconic Uday Shankar to perform dance sequences in his celebrated film Kalpana.

Through her many solo recitals, ballets, and choreographed works—including the memorable Geet Ramayan ballet of 1962—she made a lasting contribution to Indian classical dance.

### A Devoted Family Woman

Shreelekha Kaikini shared a life of culture, grace, and companionship with her late husband, Dr. Ashokkumar Shripadrao Kaikini.

She is lovingly remembered by her children:

- Son: Dr. Deepak Kaikini, respected general physician in Mumbai.
- Daughter: Mrs Ujwala Gokarn (née Kaikini), wife of CA Ajit Gokarn.
- Grandchildren, Great Grandchildren, & their families.

Her family stood by her with unending affection, ensuring that her final years were filled with warmth, dignity, and love.

### Her Legacy

More than an accomplished artiste, Shreelekha Kaikini was a gentle guide, a loving mother, grandmother, great-grandmother, and a gracious soul who touched every life with kindness and elegance. Her artistry continues to inspire, and her presence will be remembered for its warmth and quiet strength.

Though she has left this earthly realm, the softness of her voice, the depth of her love, and the grace of her art will forever remain in the hearts of all who knew her.

She will be deeply missed, lovingly remembered, and eternally cherished.

### A Collective Prayer

The families — Kaikinis, Gokarns, Sashittals, Bakres, Kowshiks, Amladis, Someshwars, Pathaks, Yederis, Hoskotes, Bilgis, Sagars, Talgeris, Nalkurs, Mallapurs and Kulkarnis, — come together in prayer, seeking Shanti and Sadgati for her noble soul.

May she find eternal peace, and may her onward journey be filled with light.

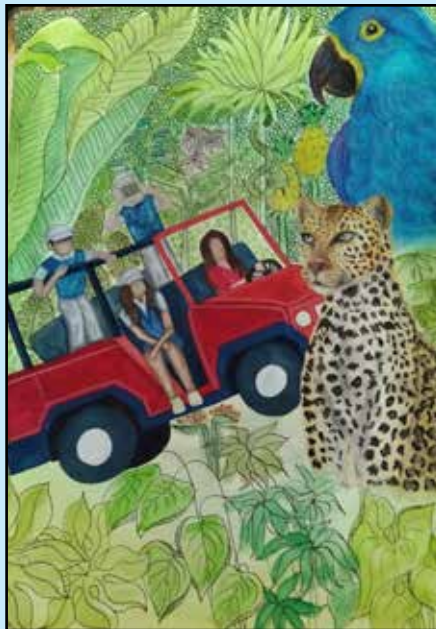
OM SHANTI SHANTI SHANTI



## Art Corner



**Water Lillies by  
Taarini Chaitanya Mallapur,  
(4 years) Mumbai**



**Wildlife Safari  
by Chinmayee Bakul Kodikal  
(15 years),  
Andheri, Mumbai.**



**Sand Painting by  
Nysha Ashwin Balwalli  
(10 years), Hubballi**



**Tennis greats  
by Lila Mudbidri, (8 years) Krakow,  
Poland.**



**Shri Krishna  
Nidhi Kundapur (7 years)  
Bengaluru**



**'Makhan chor'  
Nikita Burde  
(8 years)  
Bengaluru**

## A UNIQUE WORKSHOP!

**Let enthusiastic Yuva ISHANI KULKARNI from USA tell you what she did at Srivali High School to excite and inspire students**

**How did this idea of a workshop for Srivali children come about?**

- I have been participating in a programme called VEX Robotics for about two years now, and I will be going into my third. Since joining, robotics has become one of my favorite hobbies and I'm always looking forward to meeting with my team to build, code, and test! It's an opportunity that I am so grateful for!



As I thought about how privileged I have been to have got a glimpse of such an amazing career, I started thinking about children who do not have the opportunity or the resources to be able to experience or learn about this.

I knew that there was a very nice school in Shirali, founded by our very own Swamiji, and I thought about how nice it would be for the students there to gain this knowledge and some hands-on experience. Therefore, I thought it would be a great idea to plan out a workshop for the children to talk to them about robotics and share my learnings from my own experience.

**How many children and how long was the session...**

- There were 120 students there. I had two sessions,

one to teach the theory and one practical for them to experiment, each an hour long.

**Did you handle it alone, or with help...**

- I planned out this workshop with the help of my parents who guided me along the way. At Srivali High School, I conducted this workshop on my own with the assistance of Shailesh Bellare, the school director, Ravindra Kaikini, and the high school's headmistress, Mamata Bhatkal.



**How did you communicate... language and equipment if any...**

- I was able to communicate with the students at Srivali High School with help from the English teacher of the ninth-grade class there. The English teacher was able to translate my speech for the students to follow along with my instructions.

**How was the response ?**

**Would you like to do this again ?**

- I was so happy to see the outcome of my workshop! After conducting my theory session, I asked the students how many of them were interested in what robotics has to offer. I immediately saw hands flying into the air; over half the students in the room had their hands raised! While I was conducting my practical session, I could also hear the bubbly conversation among the children



## ~~~~~Parisevanam~~~~~

there, as they excitedly watched me demonstrate the coding behind a simple animation. It truly made me so happy to see just how fascinated and thrilled the students were to learn about my journey!

- I would definitely like to do this again, and possibly provide a more in-depth lesson continuing the topic of robotics and its engineering process!

**Tell me about Puja Swamiji's reaction and interaction with you...**

**Also, about your connection with our Math and Puja Swamiji from early childhood..**

- I was taking Prarthana classes at a young age, and eventually moved into Prerana classes which I am taking now. On most of our trips to India, my parents have taken me to meet

Swamiji and receive His blessings, too. When I went to meet Puja Swamiji, He was very happy to hear about my plan on conducting a robotics workshop for the students in Shirali. He gave me many tips and provided me with a lot of support and people to guide me. Swamiji encouraged me to pursue similar volunteer work in other schools within the area, as well, which I was very excited about.

**Anything else which you wish to add?**

- I am very happy that I was able to do this for my community. I enjoyed being able to connect back with my roots by performing seva. I was glad that the workshop worked out well, and I am proud to say that I was honoured to have been given this opportunity.

### SHREE JANARDAN TEMPLE, MANKI

#### INVITATION

**SUNDAY, 25th JANUARY, '26**

For the kind attention of all families from Aghanashini, Chittar, Gokarn, Kaushik, Kowshik, Mankikar, Mankekar, Samrodi, Shirali, Shirlal / Shiroor, Sirur, Talmaki, Wagle and Yennemadi, who trace their roots to Shree Janardan Dev Temple, Manki.

**Sunday, 25th January, 2026: The Vardhanti celebrations of our Temple will be held on Magha Shuddha Saptami (Ratha Saptami).**

Programme Schedule:

9.30 a.m. onwards: Prarthana followed by Kalabhivridhi, Pavamana Abhisheka, Mahapooja, aarti, Teertha Vitarana and Prasad Bhojana.

An Ashlesha Bali Pooja at the Naga Sthana is also being planned for the first time.

**We urge all devotees to attend this major function in large numbers.**

\*\*\*\*\*

**Vantiga and donations by way of DDs or Crossed cheques favouring 'Shree Janardan Temple, Manki'** may be addressed to the Hon. Secretary,

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# The Growing Forest of a Single Tree

BHAKTI ULLAL

**In this new monthly series ‘Earth Uncovered’, we will dive into the world’s most astonishing natural wonders - places and creatures so extraordinary, they remind us how beautifully strange our planet can be. From landscapes that defy logic to animals that rewrite the rules of survival, these stories promise curiosity, wonder, and a few delightful surprises.**

*“What if I told you that one tree can become a forest all by itself?”*

It sounds like the opening line of a fantasy novel—the kind where trees whisper secrets, owls deliver mail, and gravity occasionally takes a holiday.

But this isn’t fiction.

It’s a banyan tree.

The banyan is nature’s quiet overachiever. While other trees are busy doing normal tree things—standing tall, throwing shade, offering fruit—the banyan has bigger dreams. It wants *real estate*. Lots of it. And it doesn’t bother negotiating leases. It simply sends down roots from its branches, touches the ground, and voilà—another trunk! Over decades, those trunks multiply, spread, and slowly, majestically create a vast, shady woodland. This is how a single tree transforms into a network of hundreds of trunks, stretching further and further until you have what looks like... a forest impersonating one organism.

The banyan doesn’t grow. It *expands*.

It doesn’t branch out. It *colonises*.

You have just met the world’s most polite green empire-builder.

## **A Tree that outsmarts time**

Here’s a number to chew on. The largest banyan tree in the world covers more than 3.5 acres—that’s over two football fields of shade offered by one tree. In some parts of India, you’ll find banyans that are 250 years old, and some believed to be around a 1000.

Time ages most things. The banyan, however, seems to treat time as an enthusiastic co-worker. Where other trees wear out, the banyan evolves. It becomes thicker, broader, wiser—like it’s levelling up with every decade. If wisdom had a physical form, it would probably look like a banyan tree—huge, calm, ancient, and full of stories nobody asked for, but everybody wants to hear.

## **The Banyan’s Secret Superpower: Aerial Roots**

Take a stroll under a banyan, and sooner or later you will feel something brush your shoulder. Thin, rope-like curtains hang from the branches. They sway with the breeze like natural wind chimes; except they aren’t decorative at all.

They’re roots—roots that descend *from the sky*.

Once these aerial roots reach the soil, they thicken and stiffen into full-fledged support pillars. Over years, these pillars become additional trunks. Over decades, they form little rooms, corridors, arches, and pathways under the canopy. Children swing on them, birds perch on them, and tired passersby lean on them with gratitude.

The banyan, in short, is a living, breathing architect. It designs and builds its own future, one pillar at a time. Nature doesn’t often brag, but in the banyan, she may be showing off just a little.

## **The ecosystem: A Community under one roof**

A banyan isn’t just a tree. It is a thriving canopy under which villagers hold meetings, elders share jokes, wandering sages meditate, children play hide-and-seek, and travellers stop to rest their feet and minds. Sometimes people have even turned the central trunk into a shrine, draping it with flowers, bells, and whispered hopes.

Animals, too, treat the banyan like a multiplex where squirrels run acrobatic marathons across its branches, birds hold their daily gossip summits, bees hum about productivity, bats hang around doing nothing particular and monkeys use the aerial roots like gym equipment.

The banyan isn’t a tree with guests. It’s a community centre open 24/7, which doesn’t complain and doesn’t charge rent.

## **A Tree Wrapped in Myth and Meaning**

Wherever the banyan grows, stories grow with it.

In stories from ancient India, the banyan is considered immortal—a symbol of longevity, wisdom, and the interconnectedness of all life. You’ll find sages reaching heightened states of meditation under it, gods resting beneath it, and countless parables that involve characters gaining insight while sitting in its shade.

One beautiful belief is that the banyan helps people ‘see clearly’—not because it speaks, but



because its vastness inspires perspective. Villagers often tie sacred threads around its trunks, making wishes, offering thanks, or asking blessings.

In the Buddhist tradition, the Bodhi tree under which Siddhartha attained enlightenment is a close relative of the banyan. Even today, pilgrims flock to its descendants, hoping to sit, breathe, and experience their own small moment of peace.

### **The Science behind the magic**

Just when you think the banyan can't get more interesting, science steps in with a grin.

### ***A banyan often begins life on another tree.***

A bird drops a seed on some unsuspecting host tree. The seed sprouts, sends down aerial roots, slowly envelops its host, and eventually—politely but firmly—takes over. Nature calls this process 'strangling,' though the banyan would probably call it a "slow embrace."

### ***It communicates underground.***

Its roots connect through fungal networks, allowing different trunks to share resources. A banyan isn't hundreds of trees—it's one connected organism with hundreds of entry points.

### ***It's a climate hero.***

Its sprawling canopy cools the surroundings dramatically. It stores enormous amounts of carbon and stabilises vast patches of soil with its root system. The banyan is what you get when evolution experiments with creativity.

In a warming world, banyans are quiet climate warriors.

***The Curiosity Compass - Wild, Wierd, Wonderful***

### **A Banyan Passport. Where in the world is it?**

Though deeply associated with India—where it is the national tree—the banyan thrives across warm, humid regions in countries like Sri Lanka, Thailand, Bangladesh, and Indonesia. Wherever it settles, it behaves the same way: it spreads outward with enthusiasm making it appear as though a whole forest has sprung up overnight. One of the most legendary examples of this is the Great Banyan Tree in Howrah, Kolkata, which astonishingly has over 300 trunks—all belonging to the same organism. Many visitors mistake it for an entire woodland until someone points out that the 'forest' is actually just one tree with an extraordinary talent for expansion.

Wherever the banyan goes, it brings shade, awe, and occasionally a bit of panic—because it grows with creative enthusiasm and zero respect

for human boundaries. You can't blame it. If you could send down new legs every time you felt tired, wouldn't you?

### **Some Banyan Fun Facts that can make you sound Brilliant**

A fully grown banyan can have hundreds of trunks, but genetically, it's still just one individual.

Alexander the Great supposedly camped under a banyan that sheltered more than 7000 soldiers.

Some banyans have become so enormous that villages grow *around* them instead of the other way around.

The Howrah Banyan's main trunk died long ago, but its secondary trunks kept the organism alive—proof that the banyan doesn't just survive; it delegates.

### **The Banyan and Us: Why It Matters**

We live in a world that constantly tells us to grow upward—chase success, climb ladders, reach heights. The banyan teaches another philosophy:

*Grow in all directions.*

*Stay connected.*

*Support others.*

*Create shade.*

*Become a forest without losing yourself.*

Its strength lies not in a single trunk but in its network of supporting pillars—a reminder that community, not individuality, creates lasting resilience.

The banyan's genius isn't just biological. It's philosophical.

### **The Final Reflection: Who Is Growing Whom?**

Stand under a banyan and you'll feel something unusual. Maybe it's the cool shade, maybe it's the silence, or maybe it's that the tree has been watching over the world for longer than most buildings and borders have existed.

Sometimes it feels like the banyan isn't just a marvel of nature... but a mirror.

It shows us that growth doesn't have to be vertical. That being rooted doesn't mean being still. That one life, when extended generously, can become an entire forest of impact.

The next time you pass a banyan, stop for a moment. Step under its canopy. Look up at its twisting branches and its adventurous roots exploring the world.

And ask yourself: *'If a tree can become a forest, what can I become?'*



## Two languages best represent Bharat-India

BHARAT SAVUR

This is a pro-test. Not a protest. The former and foremost reason that English should prevail. As the language of instruction. Not one of national distraction. Even disruption. Let's get the bigger picture into the frame of this context. Celebrate English for its cerebral manner. While retaining the local language.

But, before we do that, let's get the background. In May 2025, the government of India issued a circular 'reaffirming that primary education ought to be delivered in (the) pupil's mother tongue.' This was based on the premise that learning in a native language improves comprehension and fosters critical thinking. The deadline was straight out of Donald Trump's 'terrified' play book. Just two months to turn India's educational clock back 75 years and more. Sixty days are insufficient to create a revolution without evolution. Though long enough to raise hackles and language controversies. Because India is not a tossed salad of multi-language vegetables. Nor is it a melting pot of diverse cuisines metabolizing into one. The two-language formula, I propose, is an equation for backwardness to step forward. Three languages make good politics. But they beggar the socio-economic system.

### A few lessons from history

Lord Otto von Bismarck, the German personification of World War I, reflectively rued that Germany would lose the war because it didn't know English.

Nearer home is Singapore. When former British prime minister Tony Blair asked Lee Kuan Yew, (my father's Cambridge fellow-student), later renowned as the founding father of modern Singapore, what contributed most to Singapore's success, Yew attributed it to the English language. And his command for Singaporeans to follow suit. A language that contributed significantly to Singapore's rise from a simple fisher-folk community to a world-class economic power in just a generation.

Admittedly, Singapore is small and ruled by a dictatorship. India is neither. In comparison, India is a continent in itself. Today, a nation with the world's largest population bursting at the seams. Poised to be the third most-powerful economic

nation in this decade, India can either reap its demographic dividend, or be doomed by its very own democracy. That lowers the language issue to street-level politics.

Remember Sardar Vallabhbhai Patel: He almost single-handedly brought about the incorporation of princely states into democratic India. Hyderabad was the first to protest and divide India on linguistic lines, to create the state of Hyderabad and break up the then Madras presidency. What history creates, geography can divide. India could split like an atom bomb. Time is ticking away...

### Pitfalls in India's progress

India has more English-speaking people than Britain. And serves as a useful link language between north and south, east and west. One of the many reasons, the world wants to set up English-medium institutes for higher education in India. Perhaps they realise what the Indian government doesn't. A robust English-medium education is not a luxury. It's an essential tool for India's youth to get ahead, excel in national and international exams to compete in the global world.

India missed out on the Industrial Revolution. Came to terms with the world with the computer coming of age as the century turned into this one. Hopefully, the AI-driven global landscape could be India's landmark. India today is a money-plant. A huge Banyan tree itself of eternal wisdom, it only requires one to wrap around it. Yes, the green stuff grows on trees. To determine her own destiny, India has to forget the ills of the past, and focus on progress, not pitfalls. Dig deep into the wells of her inheritance.

**Here's the answer:** Create an educational system. A bilingual model that gets the best of both worlds. Grant schools with a two-language page. As example, in U.P., English would be on the left page, the same transcreation in Hindi on the right. In Maharashtra, this would be English on the left, Marathi on the right. And so on.

This is the jana-gana-mana of our learning. A new educational existence. English for education. The local for vocal expression. Model: One doesn't have to westernize to modernize. Western civilization, Indian culture. The best of two worlds retained. The whole world watches India.

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# Chitrapur Heritage Foundation

711 Daylily Court, Langhorne, Pennsylvania, USA

## Connecting US Amchis to Chitrapur Math

Founded in 2005, Chitrapur Heritage Foundation (CHF) is a Section 501 (c)(3) not-for-profit charitable organization and donors receive the maximum charitable deduction allowed by law. The mission of CHF is to provide a vital link for amchis in the US to stay actively connected with our Chitrapur Math and our Guruparampara. Currently, CHF Chapters are located in four main regions across the United States of America. Over the past decade, amchis in the US have supported students' education and promoted sustainable development of the village of Shirali.

### The activities of CHF includes:

- Facilitate the collection of annual “Vantiga” payment from every earning Saraswat in the US - “Vantiga” is used to support and maintain the upkeep of our spiritual centres in Bengaluru, Gokarn, Mallapur, Mangaluru, and Shirali.
- Support educational institutions administered by Math-sponsored trusts: Srivali High School, Kotekar Campus of Saraswat Education Society, and Parijnan Vidyalaya.
- Finance the post-primary education of 100 students at the Srivali High School through the “Sponsor-A-Student” Scheme.
- Contribute towards the preservation of the rich cultural heritage of the Chitrapur Saraswat community in the US, by celebrating festivals like Yugadi, Ram Navami, Gokulashtami, Navratri, Diwali, monthly satsang, and Prarthana Varga for children.

CHF is a philanthropic organization that provides an avenue for US-based “amchis” to support the operation and maintenance of Shri Chitrapur Math as well as support the post-primary education of students in Chitrapur, Karla, Mangalore, and Shirali, and women empowerment programs administered by Parijnan Foundation.

CHF is set up with many Corporations/Organizations such as Bristol Myers Squibb, Johnson & Johnson etc. to receive Matching Gifts. CHF has also registered with Benevity in order to make it easier to participate in workplace giving programs such as those at Apple, Google, and Microsoft.

**For more information, please contact Arun Heble (arheble@yahoo.com) Tel: +1-215-666-3200 or Pramod Mavinkurve (pmkcurve@gmail.com). Tel: 908-616-1497.**



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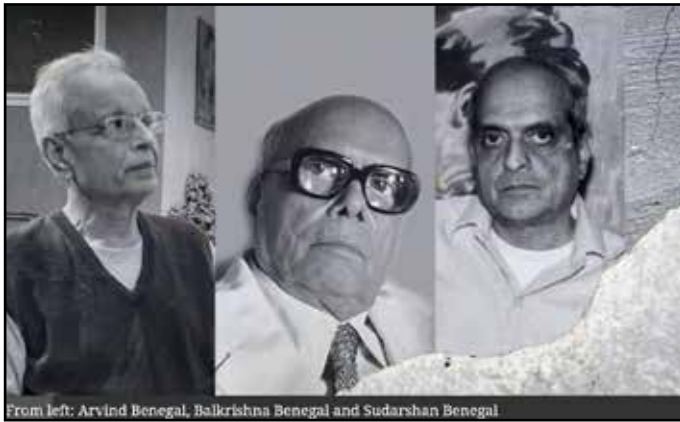
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# THE BENEGALS OF DHARAMTALLA

A story too long untold

ASHA GANGOLI



***“Benegal” has been a recognizable name since the early and mid-twentieth century. In the forties and fifties there were the Benegal brothers, Sanjiva Rao, Sir Narsing Rau, Sir Rama Rau and Shiva Rau; Air Commodore Ramesh Benegal and more recently, filmmaker Shyam Benegal. But there was a family of Benegals from Calcutta - Balkrishna, Sudarshan and Arvind, fine artists all - who, though they were well-known names within the city, were virtually unknown outside. It is time they were brought out from the shadows.***

The eponymous B.B. Benegal Studio, struck root in a nondescript two-room flat in Calcutta in 1930. Its owner, Balkrishna Bhawanishankar Benegal, was born in Udupi, Karnataka, in 1905. He studied at Ganapati High School in Mangalore where, at a very young age, he won his first gold medal for painting. Rabindranath Tagore’s visit to Mangalore in 1922 inspired the young Balkrishna to move to Calcutta after school to join the Government School of Art and Craft. Seeing his sample work, Percy Brown, the English principal of the GSA, admitted him to the third year straight-away, and he completed his five-year degree course in fine art in just three, by the end of which he had won several gold medals.

Noted publisher and printer Chintamani Ghosh, whose Indian Press in Allahabad had first printed Rabindranath’s works, including the Nobel-winning *Gitanjali*, spotted Balkrishna’s work early at an exhibition at the GSA. As soon as he passed out of art school, Chintamani invited him to Allahabad to work as resident chief illustrator with the Indian Press.

Chintamani died in 1928, and two years later, Balkrishna left Allahabad for Mangalore, where he got married and returned to Calcutta. He found work as a poster artist for Hindi movies, which brought him into close contact with the celebrities of the time like Begum Akhtar, Devika Rani, Sabita Devi, V. Shantaram and K.L. Saigal. His work was soon in demand. He shifted from his brother’s house where he had been staying, to a two-room flat on Dharamtalla Street in central Calcutta and set up his studio in one of the rooms.

Around 1939, his nephew Sudarshan Benegal (eldest of a brood of ten which included filmmaker Shyam Benegal) came from Hyderabad, also to study fine art at the GSA. An extraordinary artist himself, he too sailed through the course in just three years and joined the B.B. Benegal Studio as its manager and poster artist, becoming an integral part of the studio and the family. He brought in a more modern style of painting which the foreign film distributors found refreshing. Thanks to him, the studio’s business began to boom.

*Early Film posters produced by the B.B. Benegal Studio in the 30s.*



Sometime in the early 1940s, Balkrishna moved his studio and family (he had four children by then) to a bigger rented place further down the road, next to the recently built Jyoti Cinema. After the city was evacuated following the Japanese bombing during World War II, accommodation was cheap. Balkrishna rented two flats: one to live in and another above it for his studio.

He found that Hindi film distributors were tardy paymasters and gradually began working only for foreign movies, where assignments were regular and well-paid. The B.B. Benegal Studio was emerging as a name to reckon with. “As one of the first Indian print designers to embrace the

emergent new art deco style, Balkrishna's work uniquely bridged American influences with Indian themes, crafting a distinct visual language for film promotion," says Rajesh Devraj, author of *The Art of Bollywood*, a book on publicity design in Indian cinema.

Balkrishna was closely associated with the erstwhile Lighthouse and New Empire, two premium theatres in Calcutta, as well as the Globe, Elite and Minerva. All of them primarily screened foreign movies. New Empire had a unique movie hall which could be converted into a modern stage when required. Celebrated performers there included dancer Uday Shankar and his younger brother, sitar player Ravi Shankar; dancers Shantha Rao, Balasaraswati, Indrani Rahman and Yamini Krishnamurthy; violinist Yehudi Menuhin and music conductor Zubin Mehta; P.C. Sorcar the magician and even the Westminster Choir. The B.B. Benegal Studio painted posters for them all. Uday and Ravi, who were new at the time, would plead with Balkrishna for hefty discounts. Having struggled in life himself, he would readily agree. Ravi never forgot the favour.

In his early years, Guru Dutt, another nephew of Balkrishna's, was keen to be a dancer. Balkrishna filmed his self-composed snake dance, (inspired by one of Balkrishna's paintings) and showed it to Uday Shankar who enrolled him in his India Culture Centre at Almora in Uttarakhand. However, a disillusioned Guru Dutt soon returned to Calcutta. By now he had begun to dream of becoming an actor.

Balkrishna painted for himself too - large oils, mostly with poetic or patriotic themes, using pet symbols like the lotus (for peace and love), flames (for violence and anguish), and eyes (for the ever-watchful universe). However, for some reason, despite repeated requests from galleries and collectors, he neither exhibited nor sold his paintings. Two years ago, his oil paintings were found vandalised in his studio. Neither the culprit nor the motive was discovered.

Balkrishna's studio went on to produce enormous posters and mammoth cutouts for the Lighthouse for blockbusters like *King Kong*, *The Ten Commandments*, *Ulysses*, and *Samson and Delilah*. Massive life-like images of Moses, King Kong or the Cyclops of *Ulysses* loomed over an awestruck public from the iconic mast outside the Lighthouse. The lobby of the theatre would turn now into a snow-covered Vermont for Danny

Kaye's *White Christmas*, now into a sultry Egyptian landscape for *The Ten Commandments*.

Those were the halcyon days of the studio.

In 1974, Balkrishna's youngest son Arvind Benegal also joined the studio. He was a similarly prodigious talent who, a year after joining the GSA, was given membership of the Academy of Fine Arts, normally reserved for established artists. By then, the government had replaced out-of-turn promotions with scholarships. True to tradition, Arvind won the scholarship and effortlessly breezed through the course. Some of his private work includes stunning studies of horses as well as landscapes in watercolour. Initially, he set up his own studio with a partner, but this did not work out and he moved to Bombay to work with Guru Dutt's brother Atma Ram. But this too proved uneventful and in 1974 he returned to Calcutta to join the Studio.

However, by then the import of foreign movies had begun to shrink, and with it, the studio's chief source of income. They were now compelled to work for Hindi movies, which was not as lucrative. The studio limped on painfully. Paying the staff was becoming increasingly difficult. One by one, they left. It was a tearing away for them. They had worked with Balkrishna for more than 30 years and were heart-broken.

Balkrishna died on January 25, 1987, but his legacy lives on. "His work embodied a rare blend of artistic depth and commercial appeal, transforming film publicity into an art form in its own right," says Aparna Subramanian, a Fulbright Fellow and audio-visual archiving expert. "His creations reflected precision, imagination, and a deep respect for his craft."

Sudarshan retired in 1993. Arvind tried hard to keep the studio running, but by 2000, thanks to the advent of cheap, digitally printed high-resolution posters, work further dwindled. The days of the hand-painted poster were poised to become a thing of the past. The B.B. Benegal Studio officially closed down in 2002.

**Asha Gangoli is B.B. Benegal's daughter and a hobbyist writer. Her essay on the Jyoti Cinema in Calcutta topped the charts in The Telegraph, Kolkata, in 2018. She has authored a book of short stories titled, "Slave Boy and Other Stories."**

\*\*\*\*\*



## ॥ सरलसंस्कृतम् ॥

**40.1 Fill in the blank with the correct word given in the box below. 6<sup>th</sup> Vibhakti is being used in the sentences which denotes possession and relationship.**

1. एतस्य चषकस्य वर्णः पीतः।

The colour **of this cup** is yellow.

3. अहह! ----- उटजानि नष्टानि ।

Alas! The huts **of those poor people** were destroyed.

5. ----- केदारस्य गृहम् अस्ति

Kedar's house is **near that tree**.

7. ----- समीपं लेखनी नास्ति ।।

**Those two boys** don't have a pen.

9. ----- मूल्यं किम्?

What is the cost **of these books**?

11. ----- नाम मधुसूदनः अस्ति ।

**His** name is Madhusudan.

2. एतेषाम् अभ्यागतानां कृते पेयम् आनयतु ।

Get a drink **for these guests**.

4. ----- प्रकाशः सर्वत्र प्रसरति।

The light **of these two lamps** spreads everywhere.

6. ----- विन्यासः सुन्दरः ।

The design **of this chair** is beautiful.

8. ----- अम्बा कुत्र अस्ति ?

Where is the mother **of these two boys**?

10. ----- स्यूताः अत्र सन्ति।

The bags **of those people** are here.

12. ----- शाखाः दीर्घाः ।

The branches **of that tree** are long.

तस्य वृक्षस्य समीपं

तस्य वृक्षस्य

एतयोः बालकयोः

तेषां निर्धनानाम्

एतेषां पुस्तकानां

तयोः छात्रयोः

तेषां जनानां

तस्य

एतयोः दीपयोः

एतस्य आसन्दस्य

### Answers given on Page 43

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## गीर्वाणपत्रिका

### कविता

#### कार्त्तियां सेवा-मासः

- साधना काक्किणि, बेङ्गलूरु

कार्त्तियां सेवा-सप्ताहस्य अभवत् वर्धनम्,  
सेवा-मासे सञ्जातं तस्य सुन्दरपरिवर्तनम् !  
फरवरीमासस्य प्रथमदिनम् आरब्धम्,  
एकमासाय कार्त्त-मठः एव  
अभवत् मम विशेषगृहम् !

उषःकाले उत्थानम्,  
नागालयस्य पुरतः जप-ध्यानम्  
देव्याः गुरुवर्याणां च प्रथमदर्शनम्,  
" अद्य अस्माकम् अम्बा कस्य वर्णस्य  
शाटिकां धारयति ? " इति चिन्तनम् !

प्रातःकाले दीप-प्रज्वालनम्,  
गीतं गीत्वा पात्राणां शोषणम्,  
ज्ञानानन्द-आश्रमे शान्त्याः सेवनम्,  
भिन्न-भिन्नपक्षिणां कूजनम्,  
वत्सेभ्यः धेनूनां वात्सल्यम् !

देव्याः पुरतः उपविश्य पठनम्,  
सुन्दरपुष्पैः गुरुवर्येभ्यः मालागुम्फनम्,  
सायङ्काले दीपाराधनार्थं अलङ्कारम्,  
अष्टावधाने मङ्गलगायने निमज्जनम् ।

भोजनसमये क्षुधितेभ्यः उदरेभ्यः परिवेषणम्,  
अत्रान्तरे प्रकृति-जनन्याः सौन्दर्यस्य आस्वादनम्,  
सेवामासः कदा समाप्तः  
अस्य सम्प्रति चिन्तनम्,  
अहं प्रत्यागच्छम्... अहो आश्चर्यम्,  
मया सह आगतं मम प्रियकार्त्तमठस्य सारम् ।

#### याज्ञवल्क्य -मैत्रेयी

- वैशाली कोप्पीकर, मुम्बई

अद्वैततत्त्वज्ञानस्य गर्भः एव मतः मैत्रेयी-याज्ञवल्क्ययोः  
ब्रह्मविषये विमर्शः ।

मैत्रेयी एका ब्रह्मवादिनी स्त्री । ऋग्वेदे तया रचिताः दश  
ऋचः अन्तर्गताः सन्ति ।

वेदकाले अपि स्त्रीणां विद्या सम्मता आसीत् ।

पुरा मिथिलायां मित्रेति ऋषिः बभूव । तस्य पुत्री मैत्रेयी ।  
अप्रबुद्धवयसि एव तस्याः पित्रा दत्तशास्त्रविद्या सा  
भौतिक-जीवने अनासक्ता एव ।

याज्ञवल्क्यस्य द्वे भार्ये । कात्यायनी मैत्रेयी च । तयोः मैत्रेयी  
एव ब्रह्मवादिनी बभूव । कात्यायनी स्त्रीप्रज्ञा एव ।

एकदा याज्ञवल्क्यः उवाच " मम सम्पत्तिं कात्यायन्यां त्वयि  
च विभज्य अहमस्मात् स्थानात् प्रव्रजामि " इति ।  
अनुक्षणम् ब्रह्मनिष्ठा सा मैत्रेयी अगदत्, " यदि इयं  
सर्वभगा पृथिवी वित्तेन पूर्णा मम स्यात् तर्हि अहम् अमृता  
भवानि नु ? " इति । तदा " यथा उपकरणवतां जीवनं  
तथैव तव स्यात् " याज्ञवल्क्यः अभिषत् । " येनाहम् अमृता  
न स्याम् तेनाहं किं कुर्याम् ? भगवान् यद्वेद तदेव मां  
ब्रूहि " इति तया उक्तम् । तदा प्रीतः याज्ञवल्क्यः,  
तदर्थमेव त्वं मम प्रियासि, यदि ब्रह्मज्ञानमिच्छसि तर्हि मां  
व्याचक्ष्व, निदिध्यासस्व च " इति अवोचत् ।

याज्ञवल्क्यः तां विविधरीत्या उपादिशत् । पत्युः कामाय  
( पत्युः इच्छा अस्तीति ) पतिः प्रियः न भवति । आत्मनः  
कामाय पतिः प्रियो भवति । न वा जायायाः कामाय जाया  
प्रिया भवति प्रत्युत आत्मनः कामायैव सा प्रिया भवति ।  
न वा पुत्राः, वित्तं, पशवः, क्षत्रम्, लोकाः, देवाः, वेदाः,  
भूतानि, ब्रह्मा तेषां कामाय प्रियाः भवन्ति । न वा सर्वस्य  
कामाय सर्वं प्रियं भवति । आत्मनस्तु कामाय सर्वं प्रियं  
भवति इति वचनानि अश्रावयत् ।

" आत्मा वा अरे ! द्रष्टव्यः, श्रोतव्यः, मन्तव्यः,  
निदिध्यासितव्यः मैत्रेयि । आत्मनि खलु अरे ! दृष्टे,  
श्रुते, मते, विज्ञाते इदं सर्वं विदितम् " इति ।

(This article is from June 2021 issue of the Girvanapatrika)

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## सकाळींचे सोहळे

इंदू अशोक गेरसप्पे

सकाळींचे सोहळे संतोषाचे  
ती उटायता त्या वेळीं  
आभाळांतू झिळमिळता फाल्लें  
सटसटी रातीचो थकवो वेदना  
स्वच्छ धुवनू काडता  
शितळ जळाने मन शितळ करता  
दांतोणीने केसांच्या झांटीसांगाती  
नाका जाल्लेले विचार काडन् उडयता  
तेल लावनू मोवळो वळयता  
दुःख दूकी आंबाड्यांतू  
घट्टी बांदूनू घेता  
वयरी सूखाचें एक फूल माळता  
निडळारी कुंकूमाचो तांबडो तिळो लावनू  
सवाशीण सबला जाता  
दोळ्यांतू झरतली व्यथा पुसुनू  
काजळासांगाती वीज सुवनू घेता  
कापडाक निर्यो काडनू कुर्ताक खोयता  
शरगांतू जबाबदारी बांदता  
आभाळ झेलची तयारी  
प्रत्यक्ष जाता  
जगा सामोरे राबूक  
हे थोडे क्षण  
सकाळींचे सोहळे  
ती स्वतःखातिर राखता  
पुराय दीस अर्पण करता  
पुराय आयुष्य अर्पण करता  
आपणाल्या कुटुंबाक  
यजमानाक चेडुवंबाळांक  
म्हालगड्यांक नातलगांक  
घरादाराक येतल्यावतल्यांक  
ती स्वतःक समर्पित करता ॥

## नक्षत्रांचे लोक

शर्मदा शतानंद शुक्ल

असंख्य नक्षत्रांचे दिव्य लोक हे  
अति विस्मय अत्यद्भुत!!  
झगमग नांचत येताति नभारि  
कर्ताति मन सम्मोहित.

नक्षत्रांचो रायु गोमटो तो  
सुरसुन्दरु सुधाकरु,  
कवि, कवियत्रीगलो रुपदर्शि तो,  
तागलो कलामय आकारु.

अनंत आकाश तारांगणाचे भव्य  
सम्मोळनांतु ना खंचेई तारतम्य,  
हास्ताति, खेळताति, निप्ताति, नांचताति  
कित्ले ऐक्यता आनि सामरस्य.

नीरव गगनांतु प्रति रात्रि अनेक  
कलामय नूतन सुचित्र विन्यासु,  
दर्शकांगले चक्षु दर्पणांतु  
जाता प्रतिबिंबाचो विकासु.

कोणागले हे सुंदर कल्पना  
आनि कोण ते कलाकृतिचे कुशल कलाविदु?  
सकल चराचराक दृष्टि दीव्नु  
हे अकल्पित सृष्टि निर्मापकु.

दिनमणिगलो प्रस्थान जाता  
आस्थानांथानु स्वस्थानाक,  
रात्रि राणिगले आगमन जाता  
नक्षत्रांगले सुस्वागताक.

खेंथानु येताति आनि कश्शि अदृश्य  
जाताति अति असंभव हे चिंतन विश्लेषण,  
मानव कुलाचे भाग्यविधायक तुम्का  
आमंगले अविरत वंदन अभिनदन.

रवि रश्मि सह उषादेविगले  
आगमन रक्तवर्ण सदृष,  
निशादेविगले चंद्र, तारा सहित  
जाता निर्गमन आनि अदृश्य.

ध्रुव नक्षत्रांचेच मार्गदर्शनाने चोल्यां  
आम्मि जीवनांतु लक्ष्यसाधनेखतिर,  
नक्षत्रांतु ऐक्य झाव्नु, अमर ज्योतिचो  
प्रकाशु पसरुव्यां मानव कुल कोटि खातिर.

## Srivali Premier League conducted at Chitrapur, Shirali

**Dr. RAVINDRA R. KAIKINI**

With the divine blessings of HH Shrimat Sadyojat Shankarashram Swamiji, the Srivali Pre-University College organised its maiden cricket tournament titled 'Srivali Premier League' (SPL) on Friday, 14th and Saturday, 15th November 2025 at the Srivali High School Playground in Chitrapur, Shirali.

Team Narmada emerged as the Champions, while Team Ganga secured the Runners-up Trophy. Each match was played in a six-over county cricket format, with the special rule of no sixers allowed.

The inaugural edition of SPL not only showcased sporting spirit and teamwork but also created a

memorable platform for young cricket enthusiasts. The Srivali Premier League 2025 marked a memorable beginning to what promises to become an annual celebration of sportsmanship, teamwork, and youthful energy at the Srivali PU College.



The tournament was inaugurated by Sunil Ullal, Hon. Secretary for Sports & Cultural Affairs of KSA, who is also a recognized cricket coach of the Mumbai Cricket Association (MCA), Founder Secretary of the Cricket Coaches Association of Mumbai, and visiting cricket coach at Max Talent Global Sports Academy (MGSA), Dubai.

The academic advisor Dr. Ravindra R. Kaikini took the initiative in organizing this mega event of the college which was witnessed by over 500 students. This tournament played a vital role in shaping the culture of a new college by encouraging teamwork, discipline, and healthy competition among students. It provided a dynamic platform for young learners to showcase their sporting talents, build self-confidence, and develop leadership skills beyond the classroom.

The tournament also helped strengthen bonds between students and faculty, fostered a sense of belonging, and created lasting memories that contribute to a vibrant and motivated college community.

Four teams - Sindhu, Ganga, Narmada, and Kaveri - comprising players from Srivali School and Srivali Pre-University College participated in the tournament.

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# Super-foods – M

ANJALI BURDE

In this article let us learn about few super-foods that begin with the letter M.

**Mango:** There must be very few who do not like or relish this king of fruits. One eagerly awaits the summer months when both the raw and ripe mangoes are available in plenty. The raw form is popularly pickled and preserved year long. Besides pickles raw mango is used as a souring agent for curries and gravies. It is also dried and ground into a powder called amchur which acts as a good substitute after the season ends.

Both raw and ripe mangoes are a good source of Vitamin A and C. Raw mangoes have cooling properties hence they pulped and used to prepare aam panna a very popular summer cooler.

Ripe mangoes have a high sugar content but there is no need to avoid them for just this reason. When consumed moderately during the season mangoes offer numerous health benefits. The vitamin A content helps in maintaining healthy skin and good eyesight. Minerals like potassium and magnesium support good heart health, vitamin C boosts immunity and antioxidants like mangiferin reduce oxidative stress in the body. Hence one should enjoy this healthy fruit by itself when in season without worrying about its sugar content. However, sugar laden forms like milkshakes and ice creams can be easily avoided by diabetics and weight watchers.

**Malabar spinach:** Known to amchis as Vaali this humble leafy vegetable is a powerhouse of nutrition. It is a climbing vine commonly grown in backyards of village homes supported on a wooden trellis (vaali mantavu). It grows well in pots provided it receives adequate sunlight. The heart shaped leaves are thicker than regular spinach or palak and the stems are green or red in colour.

Malabar spinach is an excellent source of iron, calcium, magnesium, potassium and B complex vitamins particularly folate. It also contains a good amount of protein and fibre.

This rich nutrition profile makes it a superfood that promotes heart health, supports strong bones, reduces cholesterol, boosts immunity, prevents anaemia and improves gut health. High levels of

vitamin A and C and presence of lutein and other antioxidants reduce risk of chronic diseases. It is also helpful in reducing kidney stones. Ayurveda recognizes the nutritional and medicinal value of this vegetable and modern medicine has also validated some of its numerous benefits.

**Moringa:** Commonly known as the drumstick tree, this plant has been recently acknowledged for its numerous health benefits. The leaves, pods, bark, flowers and roots have long been used in traditional medicine in South and South East Asia.

The pods and leaves are generally used to prepare a variety of Indian recipes. The most common being using the pods in sambar and other curries. The leaves are added to dals, cooked as a dry sabzi or added to dosa or chilla batter. The flowers are also sometimes cooked as a sabzi with onions or fried as pakoras.

Moringa tree is also called a miracle tree due to its immense nutritional as well as medicinal benefits. The leaves are a rich source of vitamin B, Vitamin C, A and K. They are also a rich source of manganese and protein. Due to its rich nutrient profile moringa leaf powder is consumed as a dietary supplement which comes at a price. However it is very easy to make this powder at home. The leaves need to be rinsed and spread on a soft cloth, once the moisture is removed they can be spread on flat trays and left in the shade for a day or two till they turn dry and crisp. The crisp leaves can be easily powdered in a mixer and stored in the fridge to prevent spoilage. This powder can be added to dals and soups, sprinkled over salads and added in place of the fresh leaves to parathas and chillas.

An interesting way to consume moringa pods is to make a soup which is very healthy.

**Ingredients:** 4 moringa pods (drumsticks) 1 medium onion sliced

6 garlic pods crushed a handful of coriander leaves

a bit of green chilli (optional)

½ tsp jeera 1 bay leaf 2 tsp oil

Salt to taste ½ tsp freshly ground pepper

*Cont'd on page 43*

# The World of Digital Manufacturing and 3D Printing

VEDANT HEBLEKAR

When my uncle recently bought a small 3D printer to experiment at home, I was very excited to see how the technology works. I had the fortune of speaking to Mr. Aditya Chandavarkar, the Co-Founder of AM Chronicle, and an expert in the field of 3D Printing or Additive Manufacturing (AM). His work focuses on strengthening the Additive Manufacturing ecosystem by acting as a neutral, knowledge-driven platform. Over the years, he has seen that what organizations need most is clarity on where AM fits within their operations, and helps organizations evaluate opportunities realistically, understand the economics, and navigate the transition from prototyping to meaningful production.

When I asked him if 3D printing and Additive Manufacturing are the same, he shared that though both could be used interchangeably, 3D printing was commonly associated with smaller desktop systems or creative applications, whereas, Additive Manufacturing referred to industrial-grade technologies used for engineering and production.

Here are some excerpts of my interview with him.

## **What is Additive Manufacturing?**

Additive Manufacturing or 3D printing, is one of the many manufacturing technologies available today that creates objects layer by layer from digital designs. It can be seen as one of the powerful tools in a larger manufacturing toolkit. It is useful for specific applications such as complex geometries, customization, and low-volume production, but is not the answer for everything. Where scale, speed and cost are required to be better, traditional manufacturing continues to dominate there.

## **How did you get into this field?**

My journey into AM began more than a decade ago when I saw how rapidly technology was evolving and how it could transform industries by bridging design freedom with digital workflows.

Working on knowledge platforms, large industry conferences, and direct engagement with users across aerospace, medical, tooling, and industrial engineering helped me understand the ground realities of 3D Printing. This experience motivated me to focus on building ecosystems, platforms, and education that support responsible and meaningful adoption of Additive Manufacturing.

## **Can you tell me about the history of Additive Manufacturing?**

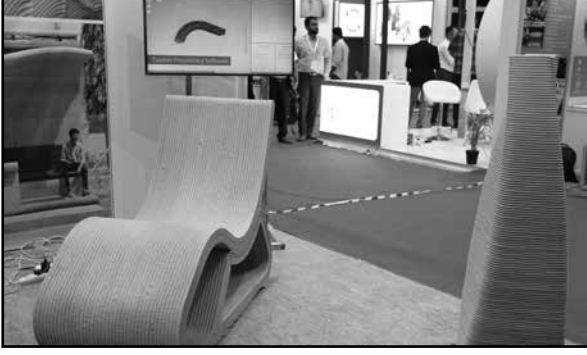
Emerging in the 1980s with Stereo Lithography (SLA), it was followed by Selective Laser Sintering (SLS) and Fused Deposition Modeling (FDM) technologies in the 1990s. AM was initially used for rapid prototyping, helping designers convert ideas into physical models quickly. As machines improved and more materials were introduced, the technology gradually shifted towards tooling and end-use production. In recent years, AM has become a strategic advantage for sectors like aerospace, medical, and defense. However, its global adoption has been measured, especially in regions with abundant labour or strong reliance on traditional manufacturing.

But in sectors where customization is essential like jewelry and dental, 3D printing has completely changed how parts are designed and made, replacing entire steps of conventional manufacturing.

## **Does Artificial Intelligence (AI) play an important role in this industry?**

Yes, AI is playing an increasingly significant role in Additive Manufacturing, just like it is in other manufacturing sectors. It helps optimize part designs, predict defects, improve process monitoring, refine build parameters, and accelerate material development. AI driven simulation and workflow automation are making AM more predictable and efficient, but the fundamentals remain the same. AM is a specialized tool that must be applied where it makes technical and economic sense.





### Which industries benefit from additive manufacturing?

Additive Manufacturing benefits industries such as aerospace, automotive, medical devices, dental, jewelry, defense, consumer goods, and industrial engineering.

### What is your outlook on the future of the additive manufacturing industry?

The future of AM is promising but will be gradual, as the technology is maturing. Machines are becoming faster. Materials are becoming more diverse, and standards more tough. AM will increasingly complement traditional manufacturing rather than replacing it. Growth will be the strongest in sectors where AM offers clear value, such as lightweight structures, digital warehousing, customized medical devices, aerospace components, and tooling. Cost of ownership will continue to influence adoption, especially in regions with affordable labour and well-established conventional manufacturing ecosystems.

### What message do you have for youngsters seeking career opportunities in this field?

Additive Manufacturing is an exciting field, but it is not just about machines. It involves design, materials, software, manufacturing science, and problem-solving. Students interested in AM should build strong foundations in mathematics, physics, chemistry, computer science, engineering drawing, and CAD design.

Stay curious and be open to learning. AM rewards creativity and interdisciplinary thinking. But also understand that AM is one tool within the broader world of manufacturing. So, gain exposure to conventional manufacturing processes as well. Those who understand both worlds are the ones who will lead the future of digital manufacturing.

At the end of the interview, I learnt that Additive Manufacturing is an upcoming career opportunity with a promising future.

Cont'd from page 41

**Method:** Wash and peel the drumsticks and cut into 3 inch batons. Boil them in 2 cups water till tender. Drain the water and keep aside. Allow them to cool, then split the pods and extract the pulp. Add some water to the fibrous parts and squeeze out as much pulp as possible strain and reserve.

In a pan, heat the oil. Add the jeera and let it sizzle. Add the bay leaf, sliced onion, garlic, chilli (if using) and saute for some time. Add the reserved water and cook the onion till it softens. Allow this mixture to cool. Discard the bay leaf. Blend the onion mixture, extracted pulp and water and the coriander leaves to get a smooth paste. Adjust consistency of the soup as required, add salt and boil gently for few minutes. Add pepper powder, a dash of lime juice and serve hot.

\*\*\*\*\*

Sudoku Jan-2026
Level - Medium

			3		1			7
	7	6			5	1	2	
					6		3	
					8			5
	2						4	
8			9					
	9		6					
	4	8	5			3	6	
5			1		4			

**Solution 46**

### Answers to सरल संस्कृतम्

#### Exercise 40.1 -

- |                        |                            |
|------------------------|----------------------------|
| 1. एतस्य चषकस्य        | 2. एतेषाम् अभ्यागतानां कृत |
| 3. तेषां निर्धनानाम्   | 4. एतयोः दीपयोः            |
| 5. तस्य वृक्षस्य समीपं | 6. एतस्य आसन्दस्य          |
| 7. तयोः छात्रयोः       | 8. एतयोः बालकयोः           |
| 9. एतेषां पुस्तकानां   | 10. तेषां जनानां           |
| 11. तस्य               | 12. तस्य वृक्षस्य          |

# Poornima tithi

ANJALI BURDE

Poornima or the full moon night of the month, is an auspicious tithi. It is considered to be a tithi of fullness, abundance and prosperity. It is considered to be ideal for meditation, rituals and worship particularly of Lord Vishnu in his Satyanarayan form.

The poorima of every month of the Hindu calendar has a special significance and is celebrated. Let us see how...

**Chaitra poornima:** This day is celebrated as Hanuman Jayanti or the birthday of Lord Hanuman. Devotees flock Hanuman temples and offer prayers and seek his blessings. While this tithi is widely observed in Northern India, in the South, Hanuman Jayanti is observed in the month of Margashirsha on a new moon day.

In some regions Chitragupta the divine keeper of records of one's karma is also worshipped on this day. Devotees offer prayers seeking blessings for their sins to be nullified. A rare temple of Chitragupta is situated near Kanchipuram in Tamilnadu where devotees flock in large numbers on this day.

**Vaishaka poornima:** This day is also observed as Buddha Poorima. It marks the birth of Bhagwan Buddha and also the day when he attained enlightenment under the Bodhi tree. It is also believed that he left his mortal body and attained Mahaparinirvana on the same day.

This day is considered to very auspicious, the devout fast and also perform the Satyanarayan pooja seeking the blessings of Lord Vishnu. It is also a tradition to worship the Peepul tree on this day as it is believed that Lord Vishnu resides in this tree.

**Jyestha poornima:** This poornima holds special significance for married women who perform the Vata Savitri Vrata on this day for the well-being and long life of their husbands. This particular vrata is inspired by the legend of Savitri who brought her husband Satyavan back from the clutches from death.

This day holds special significance in Buddhism also, as an enlightened Lord Buddha delivered his first sermon in Sarnath on this very day.

**Ashadh poornima:** This poornima considered to be the birthday of Ved Vyasa who compiled the Vedas and also authored the Mahabharata, is widely observed as Guru Poornima. Gurus,

teachers and mentors are honoured on this day and their blessings are sought. It also marks the beginning of chaturmaas, a spiritually intense period for self-discipline, vows and austerities.

**Shravan poornima:** The poornima in the auspicious month of Shravan is celebrated in many ways. In Maharashtra it is called Narali poornima. It is an important festival for the fishing community as it marks the resumption of the fishing season after the monsoons. Coconuts are offered to the Sea Gods seeking blessings and protection of their boats, which are their source of livelihood.

It is also celebrated as Raksha Bandhan, the bond of protection that brothers promise their sisters. It is a day dedicated to the relationship between brothers and sisters.

In South India it is the day for change of the sacred thread or janeu which is symbolic of the three responsibilities; towards one's parents, towards the society and towards one's Guru. The annual change is to remind and review these responsibilities.

It is also observed as Balarama poornima to mark the birth of Shree Balarama, the elder brother of Shree Krishna.

**Bhadrapada poornima:** The chaturmaas period that begins on Ashadh poornima concludes on this day. Sanyasis complete their two month confinement and observe the ritual of 'seemolanghan' after which they resume their itinerant activities.

Satyanarayan puja and vrata performed on this day holds special significance compared to it done on other days. It is also considered to be a very auspicious day to observe the Uma Maheshwar vrat and puja on this tithi as it is believed to bring in prosperity and good fortune.

This tithi holds special significance in Buddhism too, it is called Madhu Poornima. It commemorates the generosity of the animals that helped the Buddha; a monkey and an elephant that brought him fruits and honey in the Parilleya forest during his rainy retreat.

Bhadrapada poornima also marks the beginning of 'pitru paksha' or the fortnight, when ancestors are remembered and honoured.

**To be continued.....**



## Here & There

### Saraswat Mahila Samaj

**Diwali Sneh Milan report:** This year's Diwali Sneh Milan evening began with a serene Lakshmi Pooja led by Leena Kotwal and Nivedita Nadkarni, followed by a warm welcome from Roopa Lobo. Soon after, Ashwini Prashant invited everyone to sing the beloved Konkani song "Laxmibayye yo go saye amgelyaa gharaaka," written by the late Seeta Balsavar and composed by Geeta Yennemadi, bringing back fond memories of shared cultural traditions.

A colourful rangoli slideshow curated by Leena showcased 27 imaginative designs created using powders, flowers, edible ingredients, and other artistic materials, adding a vibrant festive touch. Leena then introduced guest artist Vidhya Hemmady, who impressed the audience with her effortless quilling demonstration.

The celebrations continued with a lively Diwali-themed Antakshari and the fun-filled Diwali Khaan Family Game, conducted by Ashwini, Nandita, and Leena, amidst laughter and friendly joy. Roopa added a reflective note on the value of lifelong learning. The event concluded with a vote of thanks by Nandita Sirur.

*Reported by Roopa Yennemadi Lobo*

### Vile Parle – Vakola Sabha

Some of our Sadhakas participated in the Sampurna Gita Pathana and Gita Chanting Competitions during the Datta Jayanti Utsav 2025, held in Talmakiwadi. Our Sadhakas also attended Seva Saptaha from 7th December 2025, followed by Sannikarsha on 14th December 2025.


On 11th December 2025, our Sadhakas observed the online Samaradhana of HH Swami Krishnashram. Bhajana Seva was offered by Smt. Soumya Ullal Kantak. In his short talk, guest speaker Shri Vittal Rajgopal Bhat briefly explained the great achievements of our Swamiji, with special emphasis on the commencement of Rathotsava at Chitrapur, and the Devi Stuti hard copy presented to Shri Datta Mandir, Mallapur. The programme was compered by Smt. Padmini Balse.

The Samaradhana of HH Swami Keshavashram was observed on 13th December 2025. Bhajana Seva was offered by Shri Rajesh Nadkarni. Later, Shri Vittal Rajgopal Bhat elaborated on the important events and great achievements during the Swamiji's tenure. The programme was compered by Smt. Radhika Chittar.

*Reported by Shrikar Talgeri*

### In memory of my mother, Shrimati Radhabai Raghuvir Kallianpur (nee Trikanad).

**Aayee for me and my sisters, Mhavu for my cousins and Radhe for the rest of our family, it is 25 yrs ago that she went out like a lamp!**

एक पणती   
मिणमिणती लुकलुकती  
एक पणती  
दिवाच तिचा संगीसोबती  
तिच्या आधारे  
बळावल्या बाकीच्या ज्योति  
किती आल्या, किती घेऊन  
गेल्या  
कुठेय परिमाण, कुठेय गणती

संवादिनीवर बोटे फिरती  
जपता कला, तत्वे आणि  
संस्कृति  
कष्टली सर्वासाठी  
जपली नाती गोती



प्रशंसनीय तिची स्मरण  
शक्ती  
आधारस्तंभ ती दिव्याची  
समर्थ संगीसार्थी

ज्योतींचे झाले दिवे  
मनापासून आनंदली ती  
पणती  
सुखावली, धन्य धन्य झाली  
पाहता पाहता  
सत्तर वर्षे झाली  
अन एक दिवस अचानक  
वातच सरली....  
अशी ती परिपूर्ण,  
लखलखती  
एक पणती

## CLASSIFIEDS

### ACKNOWLEDGEMENT

Sulakshana and Durgesh R. Pandit thank all the relatives and friends who attended the wedding of their daughter Preeti Durgesh Pandit with Kaushal Ramesh Chandawarkar on 23rd November, 2025 and blessed the couple. Special thanks to Mrs. Maya Gangavali for the delicious food and Mr. Bhavesh Jain for the beautiful floral decoration.

### OBITUARY

Mrs Shedde Premalata Rao, (nee Moodbidri) age 87 years, wife of late Dr. Shedde Ram Mohan Rao passed away on 4th November 2025, at home, in Mangalore.

## DOMESTIC TIDINGS

### MARRIAGE

*We congratulate the following couple and wish them a very happy married life!*

Nov 23 : Preeti Durgesh Pandit (Kalyan) with Kaushal Ramesh Chandawarkar (Kolhapur) at Mumbai.

### OBITUARIES

*We convey our deepest sympathy to the relatives of the following:*

Nov 04 : Premalata Rammohan Rao Shedde (nee Moodbidri) (87) at Mangalore.

Nov 27 : Vijaya (Chumma) Srikar Balsavar (82) at Mumbai.

Dec 01 : Dinker P. Hosangadi (59) at Bengaluru.

Dec 08 : Vasant Vimalanand Koppikar (83)  
Dec 08 : Dinesh Kumta (84) at Pune.  
Dec 10 : Nalini Mangesh Mudbhatkal (94) (nee Amladi) (Pune) at Auckland, New Zealand.  
Dec 17 : Vivek Bailur at Jogeshwari, Mumbai.

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### Solution to Sudoku

Sudoku Jan-2026	Solution			Level Medium		
4	8	2	3	9	1	6
3	7	6	8	4	5	1
9	1	5	2	7	6	4
6	3	7	4	1	8	2
1	2	9	7	5	3	8
8	5	4	9	6	2	7
2	9	1	6	3	7	5
7	4	8	5	2	9	3
5	6	3	1	8	4	9

## Examination Results

**Congratulations to the Successful Students!**



**Aryan Yatin Shirali**  
JEE Mains Paper 2B  
98.92%



**Nidhi Nagaraj Shiroor**  
Bachelor of Ayurvedic Medicine & Surgery (BAMS)  
Grade : First Class  
SDM College of Ayurveda, Udupi



**Shashank Chandrashekhar Karnad**  
Master of Design (Design Innovation)  
CGP : 8.90 The University of Sydney, Australia

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**Printer & Publisher** - Ramkishore M. Mankekar on behalf of The Kanara Saraswat Association

**Printed** at SAP PRINT SOLUTIONS PVT. LTD., Plot No- 3 & 30, Sector II, The Vasai Taluka Industrial Co-op. Estate Ltd., Gauripada, Vasai (E), Dist. Palghar - 401208 [www.sapprints.com](http://www.sapprints.com)

**Published** at The Kanara Saraswat Association, Association Building, 13/1-2, Talmakiwadi, Near Talmaki Chowk, J.D. Marg, Mumbai 400007

**Editor** - Ramkishore M. Mankekar