CAKE ART
They make it easy!

Namita and Nivedita Baindoor
Baker entrepreneurs
CakeiteasyBangalore
Suman Kalyanpur
receiving the Padma Bhushan
from the President of India, Draupadi Murmu
These awards were announced on 26 January 2023

Kalindi Muzumdar
eminent Social Worker and
Past President of KSA
10.09.1931
19.03.2023
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कृष्णकी आजादत्यो आने वाक्यांकर
आन्तर्गतिक काण्डनि आनि आन्तर्गतिक काणणि .... शर्मदा शतांत्रद शुक्ल
सरलसंस्कृतम
माझी ताई—कृ. कालींदी मुखसंदर ....लो. कुंदा होस्संधाडी
श्रीनवृत्ताःहककम्
A New Shree Krishnaashtakam... M V Nadkarni
नारी तू आता जननी... विद्या दुर्गदीय भूत

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In many business corporations, the Heads of Human Resource (HR) Departments put a continuous focus on maintaining an optimum ‘Work-life balance’ between their employees’ professional lives and their personal lives. The HR Gurus and the Management Gurus emphasize maintaining a perfect balance between your work life and personal life. This, according to the Gurus, gives you great success in your professional life and maintains a harmonious personal life.

These Gurus do not believe in you mixing your personal lives with business or professional lives and strongly recommend that one should give, more or less, equal time to both these aspects of life. I have a different take on this. In my personal view, there should be a purpose in life. One should define the purpose for which one is living. This is irrespective of the family in which one is born, and the social strata that one is born into and lives in. You may be a simple, average person with modest beginnings and with nothing to boast about your standing in social life. But, irrespective of upbringing, every person can define his or her purpose in life. The purpose in life could be as simple as living your life with complete honesty or providing shelter to stray animals to make their lives better or inventing a new life-saving drug or even becoming a great sportsperson. The purpose so chosen should however be honest enough to achieve something positive and meaningful in life. One should strongly believe in what the famous Bruce Lee said, “the successful warrior is the average man, with laser-like focus”.

Purpose without passion has no meaning. Once a person decides on the purpose, it is that person’s passion to make that purpose a reality which makes the difference. Passion and relentless action to achieve that purpose marks the difference between dreaming and the achievement of the purpose. I believe that ‘Nothing Is Impossible in Life’. The purpose that you want to fulfil may be extremely difficult, but not impossible, so long as it is an honest purpose. The passion, along with determination and discipline with which one dedicates oneself to that purpose, is what transforms the most difficult and impossible tasks into possible results.

There are many such examples where we come across ordinary people who have converted the most difficult purpose into reality with their passion and commitment. Years of hard work, dedication and a common base of beliefs, practices and routines that they adhere to consistently, make them realise their purpose. In fact, it is the relentless pursuit of purpose through passion which makes ordinary people great. History is full of such examples. Such people never give up, they embrace failure, they remain humble; they are not focused on their personal wealth creation but only on their purpose.

It is this working with passion to attain the purpose which often decides how you achieve your work-life balance. I have come across many such people who are following their purpose with passion and who are perfectly happy with their lives. Such people prove wrong the theory of maintaining a perfect work-life balance.

In short, I believe that one should follow the principle that the famous Greek philosopher Galileo postulated – “Measure what is measurable and make measurable what is not” with your purpose and passion. That pursuit of ‘make measurable what is not’ will give you a perfect work-life balance.

With regards,
Praveen P Kadle
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Editor's Reflections

The word Passion has been defined as, ‘a strong feeling of enthusiasm or excitement for something or about doing something.’

And this is a common thread that runs through many of the stories in this issue – starting with our cover story on the Baindoor sisters’ entrepreneurial venture. It’s the passion for innovation in baking that has been inspiring Namita and later on, her sister Nivedita, to blaze new trails in their hometown of Bengaluru.

The Late Kalindi Muzumdar, after 15 years of being a homemaker, enrolled at Nirmala Niketan and successfully completed her Masters in Social Work and was nominated as the Best Student of the Year. Post completion of the course, she joined the faculty and went on to retire as the Vice Principal! Thanks to her passion for social work, post-retirement, she got even busier and remained a meticulous worker through her eighties. And despite her busy schedule, she also served initially as Vice President and then, also as the President of KSA.

This issue also has a story on Bhanap matchmakers. Starting with the Kanara Saraswat Association’s Marriage Bureau which was begun in the 60’s, we have also featured six ladies who are passionately rendering their voluntary services to the cause of matchmaking within our community - a pressing need of the hour, for the fast dwindling number of Bhanaps. While four of these six ladies got together and started a Whatsapp group, the other two have been rendering services on their own. We are sure that there may be many more such individuals who are doing their bit and we would be delighted if they get in touch with us and share their coordinates. We will gladly publicize the same through the KS magazine, so that their services can also be availed.

Mangesh V Nadkarni, 84, continues to be an Honorary Visiting Professor at the Institute for Social and Economic Change (ISEC) Bengaluru, which he had set up in 1981. He has recently translated 255 selected vachanas of 32 selected Shiva-sharanas of 11th and 12th century Karnataka into Sanskrit and English, the publication of which, is eagerly awaited.

Parisevanam features an in-depth account by Asha Awasthi of the Uttara Bharat Yatra that involved travelling to seven destinations covering almost 6,000 kilometres in 40 days.

Our very own versatile singer, Suman Kalyanpur, got a wonderful 86th birthday gift three days in advance, when the Padma Awards were announced on Republic Day eve this year. The formal presentation ceremony of the Padma Bhushan to her, at the hands of the Hon. President of India, happened on Wednesday, 22nd March.

Rajesh Hattangady, a certified financial planner is passionate about creating awareness and inculcating a sound habit of proper, target-based investing amongst the younger generation. In this issue, he takes us through the journey of a youngster getting his first salary and how the parents instil in him, the concept of savings and investing.

Major Gen. B.N. Rao narrates an incredible true story of indiscipline in the Eastern Airforce of 1976. But it underscores the camaraderie that exists in our defence forces, where one is ever willing to sacrifice his life for a cause.

The KSA-CSN team achieved resounding success when they arranged their first meet in Bengaluru and later, also in Mangaluru.

And as promised in the previous issue, reproduced elsewhere in these pages, is my experience of working and learning as a teenager with different editors of KS, through the 70s and 80s.

With the ongoing summer holidays, we have got some interesting pages for the kids and we hope they will enjoy it. And in this month’s column on the culinary treasures of India, Anjali Burde has compiled a collection of Summer coolers from across our country, that should help us beat the heat, even as temperatures are soaring to record highs.

In conclusion, the KS is a magazine for everybody and we invite readers to inform or write to us about any local entrepreneur who is not the limelight, but deserves to have his or her due share under the spotlight. You can share with us just the basic details and we will create the rest of the story.

Happy reading!

Ramkishore M Mankekar
Dear Editor,

Your April 2023 issue made fantastic reading. The various initiatives taken by the pillars of Bhanap community made me feel proud. But the passing away of creative icons like Manu Ulpe and Lalita Lajmi made me feel sad and immensely grieved. The association of Manu Ulpe with Anant Nag and Shankar Nag and their immense contribution to Kannada cinema is well known. The painting talent of Lalita Lajmi will be sorely missed in the art circles of Mumbai. The article on the famed Chitale Brothers made insightful reading and the mouth watering delicacies like bhakarwadis and other sweetmeats was really tasteful. The Women’s Day felicitations made me feel proud of the women empowerment in the Saraswat community. May their Tribe increase! The write up on filmmaker Ganesh Kandloor was really good and I hope many such filmmakers come to the fore and show their talents. I take this opportunity to volunteer my services as a translator! May the new editor think of many such progressive ideas! Kudos to him!

Sandeep M Hattangadi, Dahisar West

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Namita Baindoor is a baker entrepreneur, since 2013 and the owner of CakeItEasy which crafts homemade artistic desserts.

What made you go into this field and sparked your interest in baking? How did you start CakeItEasy?

I have been baking since my childhood with my mom, it was never my plan to get into this field. After four years of college, where I studied Industrial Design, I took a break before going on to any job. I casually took on a course in baking because it was something I enjoyed doing. It was just a three day course, not too intensive, but they covered everything! They had bread, cookies, and cake, but none of their recipes worked for me, all of them flopped. But I got to know a lot of equipment, ingredients and techniques through that course, giving me enough to explore on my own. So, it was very helpful. And I just got into it! Someone asked me, “Will you take an order?” and once I started taking them, I kept getting more. So I continued and didn’t apply for a job anywhere else.

My dad had a transferable job with ACC Cement, so we’ve been moving in and out of cities in South India since I was young. Every few years he would have a stint in Bangalore so we’ve been in and out of here. Moving cities meant that every set of years I would have a new school, and a new set of friends, but it’s nice now since they’re all my clients!

Your sister, Nivedita, also works with you. What is it like to work with your sister?

When I started, she was still in school. After graduation, she worked for a year; in 2021, she quit her job and joined me. I love working with my sister, I think she is my best friend and we get along really well. In a lot of matters, we’re very similar and she’s extremely creative, so we bounce ideas off each other. It’s a lot of fun to work with her!

How do you find creative inspiration for your designs? What’s the process like, to achieve the artistic detail in confectionery items that you do?

Detail is something that I’ve always enjoyed doing. I also enjoy painting, though I don’t get too much time for it, and whenever I did, my work used to always be very detailed. It was something that has always been my signature. In terms of inspiration, I think sometimes it comes from the client, about what they want. If someone tells you they want a realistic-looking cake, then the goal is
just that. My experience with art has influenced my baking in terms of detail, but just in terms of getting the skill of making these figures has taken a long time. It’s been a process taking many years of practice to develop this style. What I like to focus on are the expressions, even if the figure is not very complex, as long as you’re able to give it a nice expression, it’s still going to look good.

The thing with all the baking shows on TV is that they make it look like it’s a process that’s very fast, that you can make a four-tier cake in eight hours. It doesn’t work that way, and usually takes a lot of planning, taking two to three days to make a whole dessert table depending on the quantities, of course. Usually, we take around two days to make any cake, so we’ll bake it on one day and decorate it the next day. Unless it’s a very complicated cake, like a car cake, it will typically take three days just to decorate because of the amount of detail that goes in. It depends on the kind of work that we do.

You’re a master at making other goodies besides artistic cakes, like chocolates, bonbons, cookies, etc. and take classes too! What has your experience with teaching been like?

It’s been an interesting process for me to break down my thought process into steps that can be followed easily by someone else; that was the challenge for me. In terms of teaching, I have, right from the beginning, held classes but they’ve only been for hobby bakers who want to make things for their families. It’s just last year that I started teaching professionally to people who want to make cake art a business. So, I had to simplify my process and think about what it would be like for a beginner and how to make it simple for them.

Is there a project you’ve taken on that has been memorable to you?

One of the cakes that we enjoyed making, both my sister and me, is the Indian Baby shower cake. I love the concept behind it also, because usually in South Indian baby showers, they have a display of dolls that are kept along with the ceremony. It was just amazing that someone came up with the idea that those dolls could be made edible, as a cake. I loved the concept and to be able to execute all the detail that goes into it was very enjoyable.

What would you say are the greatest challenges in the process?

I think the most challenging part is just racing against the clock, making sure that everything is done on time and we do our best not to delay anything. The weather also can be a challenge, which we have to be careful about all the time because all of these things are made with sugar. If it’s too humid, it will just start to absorb the moisture in the air and melt. If it’s too cold then things start to set too quickly, so you have to warm things up. We always have to work in an AC room, to keep things like temperature under control. So, it’s an ongoing everyday challenge.

What are your plans for taking CakeItEasy forward? What advice would you give to budding entrepreneurs or creators like you?

I think the next step would be to have a cloud kitchen or a studio space, and a classroom. I’m not looking at a cafe or anything like that, I want to focus on creating. So, with a studio and a classroom space, I will be able to teach on a larger scale as well.

My advice would be to stay in it for the long haul. People tend to stay in this for one or two years and if they don’t see continuous orders or achieve the kind of skill that they have, they give up too soon. I would say give yourself ten years and go in with the mindset that you’re in this for a long time. Constantly keep working on yourself! That’s something that I do; I make it a point to pick on a new skill every year, just within my field itself, I try to learn something new. That has helped me a lot even though it is just one aspect I’m improving, I find that it affects everything that I know about pastry and cake art as well.

Namita and Nivedita’s business can be found on: Instagram: @cakeiteasybangalore.
Website:http://www.behance.net/namitabaindoor
Facebook: http://www.facebook.com/CakeItEasyBangalore

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With the Grace of Lord Bhavanishankar and our Revered Guruparampara
The Golden Wedding of
Ashok Anand Chandavarkar with Mangala Dayashankar Koppikar
22nd May 1973 - 22nd May 2023

Fifty years is a golden wedding!
How fast they have flown.
With lots of good memories gifted to us by God!
We have learned so much we do share
But our memories are ours to treasure
Of all the people around us who have touched our lives
In myriad ways given happiness to multiply Each day
Or else what would fifty years be for you and me alone.
Without you golden people who have made them so !!!
Golden Wedding Anniversary
on 24th May 2023

Mrs. LATHA (NEE DUMBLE) and VASANTH.N.NADKARNI

Wishing sincere congratulation and endless love in celebrating 50 years of marriage on 24th May, 2023.

As you reflect back on 50 incredible years together, may every memory bring a smile to your faces and strength for the years to come. We are inspired every day by your commitment to each other, your family and friends. Your kindness, warmth and generosity of spirit has made us all who we are today.

HAPPY GOLDEN ANNIVERSARY TO AN AMAZING COUPLE

With love from
Swapna Sanil Yatti (Daughter)
and
Grand Son Aarav Yatti

With Compliments from
Nadkarnis, Pais's, Belvadie’s, Bhat’s Yatis, Karnad’s, Kalyanpur’s and Sthalekar’s, Dumbles & Keserkodies

24-05-1973
Manorama P. Sashital
(3rd April 1916 to 19th May 2022)

Aai, my beloved mother was the heart and soul of our family. Last May, at the age of 106, she passed away, leaving behind a legacy of love, kindness and generosity that will never be forgotten.

Aai, who was known by everyone as Rama Pachi or Papama (grandmother) was born on April 3rd, 1916, which was Gudi Padva as per the Hindu calendar. She was a petite woman with a large heart, a beautiful voice, and a flair for traditional as well as modern, innovative cooking. Her home was always open to anyone who needed a warm meal and a kind word.

Aai was an affectionate and dedicated mother to my wife and I. She adored her grandchildren and treasured her great-grandchildren. Her exceptional culinary skills and kind words continue to be longed for by her family, serving as a testament to her love for hospitality and her mastery in the kitchen.

But Aai was more than just a wonderful homemaker. She was a spiritual woman who found joy in her faith and was modern in her thinking. She was accepting of new ideas and always willing to try new things, never losing her sense of wonder and curiosity. She always had abundant patience, never lost her temper, and showed unconditional love for her family and friends. Her love and kindness knew no boundaries, and she touched the hearts of all who knew her.

One of the fondest memories I have of her is when she would sing "Happy Birthday" with her beautiful voice, a tradition that she continued well into her old age. Her family still fondly remembers her touching words and heartfelt birthday wishes.

Even in her final days, she recited an almost 3-minute Ganapati mantra in Sanskrit, a testament to her strong faith and unwavering spirit. Her beautiful, kind smile will always be remembered by those who were lucky enough to know her.

Aai’s passing has left a void in our hearts, but we take comfort in knowing that she lived a long, full life, surrounded by the love of her family. Her memory will live on and her legacy of love and generosity will continue to inspire all who knew her.

Rest in peace, dearest Aai. You will be missed, but you will always be loved and remembered.

On behalf of all the lives she touched,

Dilip P. Sashital
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Meet the Aamchi matchmakers!

– ANJALI BURDE

Even as the KSA Marriage Bureau hosts the first Aamchi Melaava in Mumbai, with a view to bring together potential suitors from our Chitrapur Saraswat community, we thought of compiling for the benefit of all our readers, details of some of our Bhanap matchmakers.

We hope this article put together by Anjali Burde, will create greater awareness on how to get in touch with them for matchmaking for their wards. We are sure that there must be many more such matchmakers within our community, doing yeoman service across India and perhaps, overseas, and we would gladly feature them in our forthcoming issues, if they send us their details. - Editor

KSA Marriage Bureau

The Kanara Saraswat association pioneered and launched a Marriage Bureau way back in the 1960s, with the Late Laxman Baindur as the resident matchmaker. In 1988, Mangesh R. Sujir and then Mohan Hattikudur continued the honorary service to our community.

Since the last 15 years, the Marriage Bureau is being handled by Usha K. Surkund, Gita A. Kulkarni and Dilip Sashital.

Over the years, they have diligently collated and maintained a database of over 300 eligible boys and girls from across India and overseas. The database has been further neatly segregated by year of birth, so that referencing becomes easier.

The process followed by the KSA Marriage Bureau is quite simple. Parents of eligible boys and girls have to fill up a detailed form and share a copy of the horoscope, latest photographs and biodata.

The office is open on Mondays and Wednesdays from 5pm to 7pm and during this time, prospective suitors can visit and discuss about the best match with Usha Surkund, who incidentally, has bagged Gold medals in Jyotish Bhushan, Nakshatra Jyotishratna (astrology) and Palmistry courses!

Forms can be obtained through email: admin@kanarasaraswat.in
Contact: Dilip Sashital - +91 9820014862; Usha Surkund – 8108294931

Meet the four Aamchi Match Makers, who formed Aamchi Vivaah Bandhan on Whatsapp

There is no dearth of creative abilities, seva bhava or social entrepreneurship in our women. This is best exemplified by the four matchmakers, Sumangala Hattangadi (SH), Chhaya Trikannad (CT), Lata Karekatte (LK) and Anasuya Pandit (AP) who, from different cities, came together to address a pressing need of our community. In an informal interaction, the four women revealed how they go about matchmaking, which is in a way doing God’s work, for, as the saying goes, “Marriages are made in Heaven”.

AB: How and when did you think of forming “Aamchi Vivaah Bandhan” group?

SH: The idea was first mooted during the pandemic times when it was found increasingly difficult to commute to do the rounds of marriage bureaus or visit people to seek an alliance. Hence, the need was felt to have a common platform for the benefit of eligible boys and girls of our community. At the instance of my younger son, I thought of taking a step in this direction. I got in touch with...
Chhaya Trikannad and Lata Karekatte who were already offering this service on a personal level and got them on board. With the support and encouragement of my late husband, the journey of “Aamchi Vivaah Bandhan” Whatsapp group saw the light of day on 17th December 2020.

AB: Can you briefly introduce the members of this group (admins)? Do all of you belong to the same town/city?

CT: The group currently has four admins - Lata Karekatte (Pune/Talegaon), Anasuya Pandit (Bengaluru) and Sumangala Hattangadi (Vasai) and me, Chhaya Trikannad from Mumbai. Two other members of the group Mangesh Chickramane, who is also a co-ordinator, and Suresh Hattangadi both from Mumbai have been gracious and kind enough to offer free horoscope matching services. The other two coordinators Mayura (nee Basrur) Deshpande from Mumbai and Ameeta Shiroor from Bengaluru are also active contributors.

AB: Did you all know each other at the outset or got to know each other through your interactions?

AP: Except for myself, Anasuya Pandit, the other three admins had been acquaintances prior to formation of this group.

AB: How did the word spread about this group and what was the initial response?

AP: The initial response was pretty good and it can be safely said that the group has grown in strength by word of mouth and due to the fairly large network of contacts of Chhaya Trikannad and Lata Karekatte, as they had been offering matrimony related assistance for a number of years prior to this group’s formation. Their guidance and contribution to the group has been invaluable.

AB: Please briefly share the process you follow for matchmaking. How can prospective seekers get in touch with you?

LK & AP: For facilitation and convenience of all, a common biodata form containing all the relevant details along with horoscope and 2 photos(1 close up and 1 full length) is forwarded to the contacted admin as also the contact details of any one family member who is then added to the group. This initial process is done by the concerned admin. Subsequently, reposting of the details, preferably once every fortnight, is done by the added family member which enables newcomers to the group to view the same. Interested parties are required to directly communicate with each other in case they wish to seek more information or to take the next step forward without the involvement of the admins, unless there are reasons to do so. The group being a social service initiative, no fee is charged for services offered.

AB: Are you happy with the progress and success of AVB since its inception? Are you getting sufficient response? What are the future plans of AVB?

SH: The strength of the group participants stands at 240 as on date which itself is a pointer to the response the group has been receiving. Suggestions have been received by us to organize Zoom meetings/Meet and Match events. While the group has no plans on the anvil to organize Zoom meetings as of now, we have organized in association with KSA, an “Aamchi Melaava 2023” in Mumbai on 22nd April, inviting eligible boys and girls of our community for an informal get-together.

AB: Can you share any interesting anecdote during the course of matchmaking?

SH: As an illustration of changing times, there was an instance where a prospective male seeker, was asked by a girl whether he is adept at cooking along with a mention that her father is one such person. It may please be noted this is not to question the requirements / preferences of anyone or a slight in the least.

AB: What issues are generally discussed during the process of matchmaking?

LK: The issues generally discussed are personal habits like food preferences, smoking, drinking habits; horoscope
AB: While our Aamchi community is relatively small, many have settled abroad. Have any overseas matches fructified through AVB? Do you accept alliances from our sister communities like GSB?

CT: The group comprises prospective seekers not only from Chitrapur Saraswat Community but also GSBs and a few from Saraswat Brahmin communities hailing from the Konkan belt based in India and abroad. Of these, about 40 are based abroad but so far no overseas matches have come to fruition. Twenty two i.e., 11 couples based in India have found their life partners through AVB so far.

Contact details:

Chhaya Trikannad: +91 9769356175          Sumangala Hattangadi: +91 8007317473
Lata Karekatte: +91 9096897772                 Anasuya Pandit: +91 9880941884.

Suchitra Kalyanpur, Bangalore

Suchitra Kalyanpur, based out of Bangalore, is another such honorary matchmaker. She started offering her services informally about 10 years ago, when a few of her relatives asked her to help them out by looking for suitable life partners for their sons and daughters, as she was based in Bangalore which has a sizeable Aamchi population.

Working alone, she started getting a very good response from the beginning. She sends the parents who contact her, the details of all the eligible boys or girls on Whatsapp and asks them to select the most suitable ones and get in touch. She has also been sending details of Aamchi boys and girls settled abroad as well as alliances from our sister communities like GSB.

Prospective seekers can get in touch with Suchitra Kalyanpur on her Whatsapp no: +91 9019568314.

Vrinda Rao’s www.meetmatch.com

US based Vrinda Rao has responded to our queries on email:

How and when did you think of getting into matchmaking?

Actually, I was learning computer languages and programming as a hobby. Around 1998, when the Internet was introduced to the world, I got interested in building websites and learnt web-development skills. Then for making good use of my learning, I was thinking of building a website which would serve the community.

How did you think of creating the website, www.meetmatch.com?

Those days we were looking for a match for our son and I used to visit a well-known Aamchi matchmaker, who was doing this noble work. That time an idea struck me - how nice it would be if eligible boys and girls could find their matches from their homes without having to go anywhere! And as if I was destined to do this, by God’s grace, all help came to me, such as finding the right guide books about building websites etc. And also because of encouragement and financial help from my husband Suresh Rao, I decided to create a Matrimonial website. And my website www.meetmatch.com was ready in February 1999.

Do you work alone or you have any assistance?
All these years I have mostly been working alone. But after his retirement, my husband Suresh Rao joined me as a Cofounder. Presently he is a great help especially in managing the WhatsApp groups etc. and also in communicating with our members.

**How did the word spread about your work, your website and what was the initial response?**

When I created this website, I first announced it on the Kanara Saraswat Association website. Then I also advertised in the KSA magazine. Our good friend Kishore Masurkar and his brother Vinay also helped me in advertising my website. Every time a match is made through my website, there is a word going around about my service. That’s how it is being publicized through word of mouth, by helpful Aamchis. The response since the beginning has been very good. Initially my members who didn’t have computers would visit my home in Mumbai and I would show them my website on the monitor.

**Do you charge prospective seekers?**

In the beginning for a few years, I had kept it free but when I started getting some fake profiles, then, for the sake of authenticity, I started charging a fee which is very nominal compared to all commercial websites. I don’t need to pay any technical staff for maintenance of my website, hence I can afford to keep the fees low. So, it’s a no profit no loss venture.

**Please briefly share the process you follow for matchmaking. How can prospective seekers get in touch with you?**

Prospective members can add their profile on www.meetmatch.com by filling and submitting the Registration form there. They can then connect with me through WhatsApp on my cell no. +1 619 325 9592 or they can email me at vrindarao16@gmail.com.

Once I receive their profile, I review, make them Guest members and send them a confirmation. Then their profiles are displayed on the website. When they take up Membership, they can search prospective matches and send them messages through the website. I help as a mediator between the two, if they request.

After the boy and girl like each other, I share contact details and then they can proceed further as they wish. I am always available if they need my assistance.

**Are you happy with the progress of the task that you have taken on hand?**

Yes, I am happy with the progress of the service that I have taken on hand. Although initially my passion was programming, now it is mainly that of making matches. I get extra energy where my matchmaking service is concerned. What really excites me is when I hear the good news that a match is made through my website. Lately though the response to my service is less, the reason may be because we are now settled in the US. I would like to remind everyone that I am always available thanks to the internet, WhatsApp, Facebook etc., and I can be contacted from anywhere in the world.

**Can you share any interesting anecdote during the course of matchmaking?**

While our Aamchi community is relatively small, many have settled abroad Have any overseas matches fructified through you? Do you accept alliances from our sister communities like GSBs? There are many overseas matches that have happened. One interesting match that happened many years back - the boy was in USA and the girl was in Singapore. They had no chance of meeting as they rarely visited India. But by God’s grace their match happened through meetmatch.com. There was another overseas match that happened during Covid travel restrictions which was an unexpected surprise. My website is open to all communities of India and I have almost 40% profiles from GSB community.

I am feeling blessed that my husband, children and grand-children have kept me motivated. I thank Kanara Saraswat Association profusely for always backing me in providing this service to my community.

***

May 2023 Kanara Saraswat
Our mother, Kalindi Muzumdar, was born in 1931 and schooled in Mumbai, Calcutta and the US. After her return to India from the US, she learned Bharat Natyam and obtained a BA in Music and Masters in Philosophy from the University of Mumbai. She married our father in 1955 and immediately immersed herself in managing a joint family of nine, in addition to a steady stream of relatives and house guests. 'Discipline' was the catchword at home, and ethics and values were instilled into us from an early age. One of our first memories is of all of us children gathered around her in the evening reciting shlokas. My parents also ensured that there were plenty of fun times and we have delightful memories of birthday parties, outings, vacations, magic shows and fishing trips.

Despite her numerous chores, Mummy continued her training in Hindustani classical music and found the time to do voluntary work at the Cama hospital and Seva Sadan. She could not tolerate injustice and had the courage of her convictions, often unmindful of her own safety. On the pavement across our house lived a family. The husband would return home drunk at night and thrash his wife and children. One night Mummy walked out of our house, strode up to him and threatened him with dire consequences if he did not mend his ways. Imagine a diminutive woman confronting a drunken ruffian in the middle of the night, but after that there was no domestic violence there. We once remonstrated with her that she might be attacked for her interventions. With a steely look she retorted, "No one ever has!" And no one ever did.

After 15 years of being a homemaker and having two children, Mummy, with the encouragement and support of our father, decided to pursue a career in social work. She enrolled for the Masters in Social Work course at Nirmala Niketan, graduated as 'Best student of the year', was immediately selected to be on the teaching faculty and eventually retired as Vice Principal.

Her students say she combined a no-nonsense approach with personal warmth. Every lecture was summarized in Marathi for the benefit of those who had difficulty understanding English. Once a year the entire batch was invited to a home-cooked meal at our house. One student recalled that when she was pregnant, Mummy noticed her reluctance to eat and went home to cook her favourite food. She also counselled students after college hours.

During her long stint at Nirmala Niketan, Mummy initiated Sakhya, an anti-dowry cell and, with her students, handled cases of dowry harassment, often making long trips sometimes after dark. She also worked with the Mumbai police, and collaborated with them after the communal riots. With her students she visited Bhopal after the gas tragedy, and Latur and Gujarat after the earthquakes, to help in the rehabilitation process. She was academically active too, presented numerous papers at seminars and contributed several articles to Indian and international publications.

While Mummy was passionate about her work, she was equally dedicated to family life. Her enthusiasm for celebrating Indian festivals, organizing getaway vacations in the summers and having us participate in cultural activities at the Konkan Cultural Association, helped us bond as a family. Through all this time, Mummy continued to welcome family and friends into our home and many remember her warm hospitality and generosity. Several landmark birthdays and anniversaries have been celebrated in our house. Also, there were many relatives who stayed with us during their illness and convalescence.

After her retirement our mother was even busier. She was associated with several NGOs - Family Service Centre, SUPPORT, Prakriti in Nagpur, Institute of Health Management at Pachod, MAVA, to name a few. She was also a member of the selection committee of Jamnalal Bajaj Foundation, which awards women who do exemplary work for the underprivileged. Until her late eighties she remained a dedicated and meticulous worker.

Mummy was a member of two committees set up by the State government to inspect children's
institutions. There have been times when, in response to a call from a child in distress, she has rushed off to places as far off as Titwala. She was also a member of a High Court committee to counsel minor girls rescued from trafficking.

Her various activities involved frequent and extended travel. Before each trip our freezer was packed with neatly labelled containers of food to tide us through her absence!

Around this time, Mummy felt she had neglected her own community and involved herself in the activities of the KSA, of which she was later appointed President.

Mummy remained a student all her life. At the age of 72, she obtained a Diploma in Human Rights from the University of Mumbai, topping the class. In 2015 she wrote a Marathi book 'Atmachintan' based on some of her professional experiences. It was awarded by the Saraswat Mahila Samaj and she translated it into English in 2018.

On the 19th of March this year Mummy passed away at home, her lips silently mouthing the name of her Ishtadev Ram, with Gaurang by her side holding her hand.

Throughout her life she had a complicated relationship with God - a deep abiding faith in a divine presence combined with incomprehension that a benign providence would allow so much suffering and injustice. She often said she had a lot of questions for God. No doubt she’s giving Her a hard time now.

As the influx of tributes and messages from past students, colleagues and friends continues, it’s almost as if we, her sons, are getting to know her afresh. With each passing day we realize how privileged we’ve been to have Mummy as our mother. We are now forced to accept that she can be present in every way but also physically gone forever. We will have to get used to never having a mother to bounce ideas off, call when upset or get affirmation from. There will always be a place in our hearts which no one can ever fill.

Kalindimami

– DR. SHAILA PATEL

I grew up in a joint family with Kalindi Muzumdar as my “mami” and mentor. I learned much from her while growing up. She taught me about health and nutrition, germs and hygiene, and about the female body and puberty. Thanks to her, I became interested in science and studied to be a doctor. She also taught me the value of education and that age was no barrier, as she studied for and obtained her Masters in Social Work 15 years after getting married. She sacrificed her career in the early years of her marriage to take on the responsibilities of running our household of nine people. She always remembered all our birthdays and made something special for us. My favorites were her upside down pineapple cake and her Til laddoos. Until recently, every time I visited Mumbai from the US, I was given a little bag of Til laddoos. My uncle, Sureshmama, was the humorous one in the family, adding a light touch to many an occasion. He loved buying beautiful saris for his wife! Thanks to him and Kalindimami, I learnt to appreciate Indian classical music. Kalindimami made a lasting impression on me, teaching me the joy of doing social work and making a difference in the lives of others, by giving back to our community. She strongly believed in the contribution of female members to society and in the empowerment of women. She initiated “Sakhya”, an anti-dowry guidance cell at the Nirmala Niketan college and was involved with several NGOs which worked to benefit women and children. I was always impressed by her willingness to travel far and in relative discomfort in commitment to her work for the many NGOs and state institutions she was involved with. Throughout the years, she remained the pillar of our family, who always remembered our birthdays and welcomed my children to Mumbai. She will always be remembered as an elegant lady with a beautiful smile and a mild demeanor, behind which lay strength in personality and convictions! I will forever be grateful for her presence and influence in my life and will miss her greatly.
India is geographically located in the tropical belt, making summers as harsh as they can get. The energy sapping heat makes one reach out for cold drinks to quench one’s thirst. These days, carbonated soft drinks are most readily reached out for but…..do they really quench our thirst? Besides providing temporary relief, they do not do any good to our bodies, in fact, consuming them has a whole lot of disadvantages. They are loaded with synthetic ingredients, artificial colours, sweeteners and empty calories.

The rich culinary tradition of India offers a mind boggling range of summer coolers, each being prepared with natural ingredients that not only quench thirst but also have a cooling effect on the whole body. Each region of the country has its own signature cooling beverage mostly prepared from a locally growing farm product as its main ingredient.

Tender coconut water, sugarcane juice, rose milk with basil (sabja) seeds, roohafza sharbat and the all-time favourite limbu paani are widely consumed throughout the summer months. Besides these, there is a long list of cooling summer drinks from different regions of India.

**Aam panna or Kairi panha** – is a popular summer drink made from raw mango or kairi. It is prepared in many varieties in different regions of India. While the basic ingredient is cooked raw mango pulp, in the northern states of UP, Punjab, Haryana and Rajasthan cumin seed, pepper and mint leaves are added to make a spicy tangy version whereas in Maharashtra cardamom and saffron are added to make a sweeter version. Either sugar or jaggery are used as sweeteners.

**Thandai** – is a popular drink prepared on the occasion of Holi and is consumed through the summer months in the northern states of Uttar Pradesh, Punjab and Haryana. Almonds, pistachios, poppy seeds, fennel, a bit of cloves and pepper and cardamom are soaked overnight and ground into a fine paste. The paste is then strained and diluted with an equal measure of water and milk and sweetened with sugar. Rose petals, saffron or khus are added for enhanced flavor.

**Kokum sharbat** – is a popular cooler served in the Konkan region of Maharashtra. Kokum is a sour fruit that grows in the coastal regions of Maharashtra, Karnataka and Kerala and is widely used as souring agent in cooking. Sweetened kokum juice is readily available and can be used to prepare this beverage instantly. Besides being a cooling agent, kokum also has anti-allergic, anti-inflammatory and anti-oxidant properties. North-Eastern states also prepare a sharbat from a local variant of this fruit. Sol kadhi is another cooling drink consumed along with lunch in the Konkan belt and Goa. It is a mildly spicy concoction that is made using kokum, cumin, some garlic, green chillies and coconut milk.

**Variyali sharbat** – Variyali or badishep (fennel seeds) are used to prepare this sharbat and is a popular cooler served in Gujarati homes. It not only cools the body but also aids digestion. When prepared in water, lemon and mint is added for enhanced flavor. The syrup can also be added to milk to prepare a cool milky version.

**Bael sharbat** – Bael or wood apple as it is called, is a power house of medicinal benefits. The bael fruit has a tough outer shell, cutting through it yields a yellowish orange pulp along with seeds. The pulp is strained and mixed with water and sugar to make this cooling drink. It is very popular in Rajasthan as it offers protection against heat stroke caused by the hot dusty winds locally called as ‘loo’. Besides this, it has anti-inflammatory, anti-oxidant properties. It boosts metabolism, maintains blood glucose levels and cardio vascular health.

**Khus sharbat** – Khus or roots of vetiver grass are fragrant roots that are also a rich source of vitamin A, B and C. The roots are soaked in water for 2-3 days and the water is used to prepare the sharbat. Traditionally the roots were also woven into mats or curtains and hung on doors to provide relief from heat. The curtains would be moistened whereby the air circulating inside the rooms would be cool and fragrant.

**Nannari sharbat** – is a popular cooler in southern India prepared from aromatic roots (ananthmool). Besides quenching thirst it is an excellent home remedy for urinary infections and also provides relief from constipation.
**Sattu ka sharbat** – Sattu is a traditional staple made by mixing roasted gram, barley and wheat and widely consumed in the Bihar, Jharkhand and Bengal regions. While normally it is used to cook a variety of local dishes it is used to prepare sharbat during summer. Both sweet and salty versions are prepared as they offer a host of health benefits besides keeping the body cool.

**Chinchavane** – This traditional summer drink is very popular in the Vidarbha region of Maharashtra and is prepared using tamarind pulp, jaggery, khus roots, betel leaf and few spices such as roasted cumin, cloves and pepper. It is widely consumed to beat the heat and is served as a welcome drink at weddings and social functions. A detailed recipe of this drink was carried in KS issue of May '22. A similar cooler using tamarind as its main ingredient called “imli ka amlana” is popular in the states of UP and MP.

**Paanak/Panagam** – This traditional drink is prepared on festivals like Ugadi and Ram Navami. Jaggery, dry ginger powder, a dash of pepper and lime juice goes into making this special drink. It is prepared across the states of Karnataka, Andhra and Tamil Nadu.

**Chaas/Mattha/Neer Mor** – These are names of buttermilk based coolers that are helpful in digestion and equally important in maintaining good gut health. Diluted buttermilk is flavoured with ginger, green chillies, lemon grass and tempered with cumin seeds, mustard and curry leaves.

So this summer let us keep our bodies cool and healthy at the same time by consuming these natural coolers. Some of these can be prepared at home with a little effort and will certainly go a long way in maintaining good health of the family.

***

**Kids’ Corner**

**The Magical Pot**

- Anaya Nadkarni (Age: 9 years, Pune)

Once upon a time, long long ago there lived a farmer named Ramu in a small village named Hadshi in Pune. He was a hardworking farmer and he lived with his wife named Lakshmi and two daughters- Sita and Geeta. Daughters would help their parent in their household chores and farming. They loved to study but as they were very poor, their parents could not afford to send them to school.

On one fine day, while farming in the fields, Ramu accidently dug up an empty pot while sowing in the field. He brought it home and gave the pot to Lakshmi.

Lakshmi started using the pot for storing rice. After some days, she noticed that the rice stored in the pot was doubling up in volume. She brought that to the notice of her husband. So Ramu had an idea, he said to Lakshmi “Let us put some more grains and belongings in the pot so that it doubles up again and we can use that extra grains to earn some money by selling it in the market. With that money we would be able to give education to our daughters and give them a good life”.

Sita and Geeta were very happy to hear this. They were very keen on going to school. So next day, Lakshmi and Ramu put grains, fruits and vegetables they had produced in the farm in the pot. In day to come, they dreamt of good life and good food. After few days, they opened up the pot to see the result. But Alas! They were all shocked to see that all the grains, fruits and vegetables that they had put in the pot had just vanished in thin air.

Ramu and Lakshmi were very very sad and they knew that they had made a big mistake by being greedy for getting more and more and realised their folly.

So here is the moral of the story ‘Never Be Greedy and be contented with what you have and work hard to achieve anything you want in life.’
In Loving memory of Gurunath D Vaknalli (Retired from Union Bank)

21st Oct 1948 --- 5th Mar 2023 (Pune)

Papa you were like a BIG BANYAN TREE always showering your love and warmth to one and all. You were always eager to help others and never expect anything in return. You had a great sense of humour, always positive and cheerful even in tough situations. You were a Friend, philosopher and guide not just to me but to so many who used to open their hearts with you and you listened to them patiently and help them sail through. You loved travelling, meeting people and build wonderful relations that lasted very long. You never hurted anyone’s feeling and always tried to keep the entire family together. You always penned down everything in your diary and loved to wish everyone on their birthdays/anniversaries. You supported many institutions for their social cause. You served more than a decade as a Honorary Secretary of Talmaki Wadi CHS. You also sincerely served as a trustee of Shri MahaGanapati Temple for several decades. You did your sadhana and japa sincerely. You took shelter of holy names during last days and peacefully left in content way...hence your living and leaving, both were Glorious. Your passing away is a BIG Loss to all of us.

Deeply missed by Jyoti Vaknalli (wife), Shruti Shirur (daughter), Vijay Shirur (son in law), Tanushri and Shivaunsh (grandchildren), Srikala Joshi (sister), Nijanand Haldipur (friend). Vaknalli’s, Shirur’s, Kulkarni’s, Nagarkatte’s, Hemmady’s, Kolke’s, Kumtakar’s, Joshi’s, Yedery’s, Mankikars .. many many friends, relatives and well wishers.

Bhavanishankar Pandurang Gersappa

Passed away peacefully on Monday 20th February 2023 at the age of 93 at Panvel.

Fondly remembered by his Grand Children
Manoj Gersappa, Gauri Sundararajan,
All Gersappa family, Relatives & Friends.
# ULTIMATE SERIES

## ELECTRODES FOR CS & HSLA STEEL

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Forever with Us

“Like the Sun, only when you set in the West Can you rise in the East”

A loving and charismatic person, with a zest for life that he shared with everyone who crossed paths with him. We will forever revel in his love.

Wife: Geeta
Sons: Sanat, Shishir
Daughters in law: Gauri, Deepanjali
Grand children: Shanaika, Samved
Family & Friends

In loving memory of
Shri Shivanand Ishwar Mavinkurve

YOU’LL ALWAYS BE LOVED AND REMEMBERED BY,

Wife- Smt. Sharada Mavinkurve
Sons- Nandakumar and Gurunath Mavinkurve
Daughters in law- Divya and Shilpa Mavinkurve
Daughters- Sumangala Nadkarni and Vasudha Mavinkurve
Sons in law- Anand Nadkarni and Ashok Gangolli
Grand daughters- Shruti, Sumati, Prashanti, Vandana, Swati
And all his family and friends

Left us for his Heavenly abode on 28th March 2023, at the age of 95, at his Kumta Residence
About The Trip

Join an amazing trip to India to re-discover your roots. Jointly organised by CHF (US) and CSS (UK) for our Yuvadhara, the trip will allow you to return to your ancestral villages and learn about local cultures & cuisine. Visit the beautiful beaches of Karnataka and return to nature, hiking through the wildlife sanctuary of Sharavati Valley. Immerse yourself in the traditional theatre performances and learn about local industry through cashew factory, and coffee/mango/spice plantation tours. As a joint venture between the UK and US Amchi diaspora communities, meet like-minded people and form new friendships.

Register your interest

Please send an email including name & age of participant(s), email address & WhatsApp number to: ChitrapurTour2023@gmail.com

Who can join?

16–35 year olds

- The trip is aimed at the Yuvadhara of our UK & US Amchi diaspora community.
- Parents can also join the trip as chaperones if they wish.
- The tour will take place during school holidays for a duration of 8-10 days.

Itinerary

A perfect blend of adventure & culture

- Wildlife Sanctuary & Hike
- Spice farms & coffee/fruit plantations
- Eco-beaches & Mangrove forest
- Historical forts & places of interest
- Yakshagana– a traditional theatre art form
- Women empowerment programmes
- Volunteer at Srivali School
- Meditation sessions
- Spiritual talks with Swamiji
- Visit the different Maths
As mentioned in my previous Editorial, reproduced below is my piece that I had written for the Centenary issue of the KS.

It seems like just yesterday that I was a growing teenager residing in Talmaki Wadi’s building no.8.

Having grown up on a daily diet of reading the Times of India, the Illustrated Weekly of India, as also the Sunbeam and the Kanara Saraswat magazine that my Dad subscribed to, and the Indian Express, Evening News and Bulletin that were available in the KS Reading room - gave me a nice, solid grounding in the art of writing. With some hesitation, I approached the editorial team at Kanara Saraswat and offered to assist them in whichever way I could. They were a great team and welcomed me with open arms - B.U.Kumble, popularly known as 'Babudi', 'Dada' Gopal Mavinkurve, the Nadkarni brothers, staying at extreme ends of Wadi - Sadanand and Vithal in Guruprasad building and Gajanan and Shivanand in building no. 17. I cannot forget Ramesh Gokarn, the ‘walking-talking encyclopedia’ and his brother Ratnakar Gokarn. And then there was Krishna Kurwar, fondly referred to as 'Wadi ka Gulzar' for his looks and creative writing skills. Amongst the 'outsiders' or non-residents of Wadi who diligently worked on the magazine were Ravindra Udyavar, Suresh Chandavar, Sadanand Bhatkal, Gurunath Gokarn and Kunda Kagal.

I had the proud privilege of working with all of them at one time or another, through the 70s and 80s. All of them were rendering honorary services with selfless zeal. Those days, the magazine was printed by what was known as the letterpress type printing method wherein each sentence was composed out of metallic fonts which were then impressed onto paper. The Sirur brothers who also lived in building no. 8, owned and ran the Sirur Printing Press. The brothers Premanand, Krishnanand 'Kutnu' and Kishore were simple, hard working people. When they came home for lunch, they would carry the 'proofs' which were on strips of paper with the black ink still wet and I would collect those and run to the elders waiting in the KS office and help them proof read for any mistakes/corrections in the text before the final printing of the magazine.

Gradually, I got reporting and writing assignments besides the proof reading, with a great deal of encouragement from each one of them. The late Babudi, Sadanand Bhatkal and Gurunath Gokarn provided me good guidance and invaluable tips that have helped me hone my writing and editing skills and have made me what I am today. The biggest thing I learnt from all of them was their extreme sense of humility. Some of them were holding government jobs and would work on each issue of the magazine with a great passion, giving it all their spare time. Such was their commitment that I particularly remember the efforts they put in, by sometimes working overnights, especially for the Diwali issue which would be the highlight and most looked forward to issue of the year! The late Suresh Chandavar who ran a design agency, would unfailingly provide a bright cover design for the Diwali issues and these lent an added colour to the contents. Remember, those were the days when there was very less TV - just boring Doordarshan and the Internet was still in its nappies in the US of A!

Babudi, with a typical style of holding the cigarette between his fingers and thumb, was a specialist in magazine design and layouts.... I learnt the ABC of design and layouts.... I was shocked when he passed away rather untimely, due to a massive heart attack.

Sadanand Bhatkal had a print/publishing background, running the Popular Prakashan establishment and during his tenure as the Editor, he gave me full freedom to write freely. I particularly remember covering the Konkani Drama festival and the reviews that I wrote - he published them virtually unedited, without wielding the Editor’s blue pencil! My only regret is that I could not complete his assignment of creating an archive of all the old KS magazines, as I got busy attending evening classes for my Post graduate Diploma in Journalism.

Gopal 'Dada' Mavinkurve was a person who wore so many hats! Apart from his deep involvement in the Editorial committee he was always busy
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Kanara Saraswat

directing plays etc. Very versatile, he too brought along a great sense of dedication and complete focus to the job on hand.

Krishna Kurwar was, what I would call, the 'thinker-editor'. Very quiet and introvert, his style of writing was very unique.

With Gurunath Gokarn too, I had a free run and got to learn a lot on how to write very objectively, keeping aside one’s personal feelings and biases. I used to be amazed by the commitment that he brought to this honorary work! Almost every evening, after completing his office, he would come straight to the KS office in Wadi and immerse himself in the planning of the forthcoming issues of the magazine. By the time he left for home which was in Khar, it would be post dinner time! That was his dedication to the KS magazine! But his association was multi-faceted and he was involved in organizing a lot of activities including the Kala Vibhag events and more......

A word about the only lady in the Editorial team then, would not be out of place here - Kunda Kagal - she came from an advertising and publicity background and brought in many good, refreshing ideas to keep the magazine going.

Over the years, the letterpress type got replaced by the offset printing method and the tasks became that much easier. And in today’s e-world, convenience has reached new levels with the Editorial committee probably exchanging ideas on email in addition to their meetings....

As for me, on completion of my post graduate education including diplomas in Journalism, Advertising and Marketing, I got into the routine of a regular job. Staying at Prabhadevi, my visits to Wadi had substantially reduced and so did my connection with the KS magazine. To add to the separation were my stints out of Mumbai from 1989 until 1993 and then again from 2007 to 2012.

God willing, now with the Internet connecting us across distances, I might probably get to play a second innings with the Editorial Committee of KS in the coming years......

I would like to end this piece with my best wishes to all the current and past members of the Editorial Committee with whom I did not have the good fortune of collaborating - you all have kept the flag of KS magazine flying high and bringing together our fast dwindling community, across continents.

God bless each one of you.

Thank you.

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**Donations for KSA's Scholarship Fund**

We are grateful to the following donors for their kind donations which add up to ₹ 3 lakhs, to the Kanara Saraswat Association Scholarship Fund:

1) Mrs. Vijaya Y. Mundkur, 2) Mr. Vivek N. Kalbag, 3) Mrs. Mangala S. Gulvadi, 4) Mrs. Sunanda & Mr. V Rajgopal, 5) Mrs. Deepa & Mr. Prakash R Adur, 6) Mrs. Laxmi & Mr. Prakash V Shirur.

**Donations made in memory of:** 1) Mrs Laxmi & Mr. Narayan Laxman Kalbag, 2) Mrs.Sumitra & Mr. Dattatray L Kalbag, 3) Mrs. Kamala & Mr. Venkat R Mavinkurve, 4) Mrs. Nalini & Mr. Bhavanishankar S Shirali, 5) Mrs. Lalita V Kalbag

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First, in a general sense, what is Karma, which in this sense is action. Actions have consequences either from a past life or this life. We are shackled by both Good and Bad Karma.

Sanchitta Karma = accumulated Karma
Prarabdha Karma = Activated Karma from Sanchitta Karma
Agami Karma = Future Karma: effects that are the fruit of our current actions. This particular Karma can be influenced by me to produce Good Outcomes for me in the future.

That is why Karma Yoga is important as a prerequisite to Jnana Yoga and Moksha which means Freedom from Samsara.

What is the role of karma yoga?

The only role is Jnana Yoga Diksha or Jnana Yogyata Prapti or preparedness for Jnana Yoga.

What is Karma Yoga

Karma in this context means proper action. Action is divided into three parts:
Saatvik action or selfless action
Rajasik action or selfish action
Tamasik action or harmful action

Yoga in this context means proper attitude: dedicate all actions to the Lord, and accept all results as a blessing or Prasadam from the Lord.

Five point program to become a Karma Yogi

1) Have a spiritual goal as a primary goal of life or spiritual priority. I can have other goals, which are subject to arrival and departure, and therefore should be subservient to my primary spiritual goal.

2) Ishwara Arpan Buddhya Sarvakama Anushthana:
Convert all work into worship. Dedicate all actions as an offering to the Lord, and do not hate any duty. Any duty must be pleasant. There should be no unpleasant duties. Classic lesson for me is do not take the Cypress course on my golf course as an unpleasant course, and play it as a pleasant one. Do not divide any duties into pleasant and unpleasant.

3) Nirashi or Prasada Buddhi
Be prepared for all future situations since I am not the only factor for a future situation. Pray to the Lord for the genuine result of my actions. If it is bad, please give me the required mind to accept that and work to improve it in the future.

Anxiety is unpreparedness to face the future.

4) Nirmamaha: simply put do not claim total credit for good results, since all results are due to my efforts as well as external efforts. Humility in success and acceptance in failure should be my motto.

5) Samatvam: maintain mental equanimity, mental poise and mental balance. Avoid mental feverishness.

Whoever follows these five steps is a Karma Yogi.

What are the obstacles in the Pursuit of Karma Yoga?

Krishna defines these as Samsara or Kama, Krodha, Raga and Dvesha

These are factors that takes away my focus from my main goal which should only be spiritual pursuit.

Purusharthas has four components: Artha, Kama, Dharma and Moksha.

I should be well balanced to meet my spiritual goals first, i.e., Dharma and Moksha and my materialistic goals Artha and Kama should be subservient to my spiritual goal.

How should I handle Kama, Krodha?

I should realize that Kama is a materialistic desire, and Krodha or anger is nothing but an obstructed desire.

There are two stages to handle this:
A) in a relative measure
B) in an absolute measure

Relative Measure: three steps
1) Damaha: mastery of the sense organs
2) Kshmaha: mastery of the mind
3) Vivekaha: remember to discriminate between what is real i.e the ATMA and what is
unreal i.e., the Anatma. Keep in mind, that the world is not the source of joy or sorrow, I alone am the source of joy and sorrow.

As Swami Dayananda says: the problem is me and the solution is me.

Spirituality begins when I decide to change myself to become spiritual. Until then spirituality has not started.

The absolute solution is self-knowledge: discovering the fullness or Poornatvam in myself, and the security in myself

I am the embodiment of love, which I can give to others whether others reciprocate it or not.

SUMMARY OF KARMA YOGA
1) Spiritual Goal is Primary Goal of Life
2) Convert All work and Play into Worship. No unpleasant work or play
3) Be prepared for the future and accept all results. If bad ask the Lord to give me the strength to accept that and improve it in the future.
4) Humility in success and acceptance in failure should be my motto.
5) Maintain Mental equanimity.

Dr. Ajit Divgi was born and brought up In Talmaki Wadi. Now retired in Naples Florida after 35 years of practicing Hematology Oncology in Milwaukee, Wisconsin.

The Power of Words
Words are like feathers on the breeze, Floating softly with such ease.
They carry meaning, they carry weight, And with them, we communicate.

With words, we express joy and pain, And everything in between.
We paint pictures with our phrases, And with our stories, we entertain.

Words can build us up, or tear us down, They can bring a smile or make us frown. They can heal a heart, or break it apart, And they can guide us from the start.

The power of words cannot be denied, For they can spread love far and wide. They can unite us in a common cause, Or inspire us to break unjust laws.

So use your words with care and thought, For with them, much can be wrought. Remember the power that they hold, And let your words be brave and bold.

- Sankalp Shatanand Shukla

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Canara Union Education invites application for MBBS Scholarship

Canara Union is pleased to inform readers that a family has offered to fund the complete MBBS education of two Chitrapur Saraswat Brahmin students (male and female) from Karnataka.

This scholarship is mainly for those students interested in pursuing medicine but who do not have the financial resources.

The complete college fees, cost of books and hostel expenses will be taken care of through this scholarship.

Those interested may contact Canara Union through email at : canaraunion@gmail.com

Meera Philar
Hon.Gen.Secretary
Canara Union, Bengaluru
A Good Memory – a Boon and a Bane

- VOMBATKERE VIVEK G ROW, CHENNAI

The Indian Diaspora is possibly the world’s largest, the majority likely being in the USA where it might well be among the more affluent ethnic communities.

This could be due to the USA’s specific Immigration conditions, strictly enforced. However, Indians in USA are acknowledged for their Intelligence, Industry, Integrity and being good Citizens.

A lesser known attribute is the power of Memory and Recall. Some years back an American Research Professor had acknowledged the amazing memory of his Indian Research Assistant. While not necessarily being an indicator of academic or career success, he had said his assistant’s recall of data, formulae, definitions and so on had eased and speeded up Research progress with no time spent and focus lost on reference activity.

Little wonder given our Vedic oral traditions of learning and transmission. Nevertheless, instances of unusual memory do not cease to cause us wonder. In this regard, I remember two instances which left me in awe. One was in 1966 and the other in 1993 occurring respectively 6 years and 28 years after the recalled event.

In October 1966 soon after securing my first employment, I was deputed for a month to the Company’s factory for the technical exposure required for Sales and Service. Early morning, when I opened my hotel room door to pick up the newspaper, the opposite door also opened and a sleepy faced man, also young, peeped out. In the process of picking up our paper, our eyes made brief contact. Before I could close the door my neighbour said, “You must have done your P.U.C (Pre University Course) from Madras Christian College (MCC), Tambaram, Madras in 1960-61.” I was stunned as he was spot on. Encouraged, he went on to add, “A well built boy was your constant companion and he played cricket for MCC.”

This was too much and I asked him how he had arrived at all this when we did not seem to have interacted at all. He said, “I did my PUC in 1960-61 from Jain College, Meenambakkam on the suburban train route. I used to regularly see you both on the train and as you used to proceed further you had to be studying in MCC which was the only other College on the route, Tambaram being the terminus station (then).

You both carried Verity’s edition of Shakespeare’s Julius Caesar, which was the prescribed Advanced English Course play that academic year. Your friend would also carry a cricket bat on Saturdays and I knew MCC’s cricket team practiced on Saturday afternoons!”

The 1993 incident was more remarkable as we had never set eyes on each other at any time in the past 28 years. I was posted in Madurai, Tamil Nadu in 1993 and when I called on a client, he immediately said, “You must have passed Engineering in 1966 from Annamalai University (AU)”. Encouraged by my response, he said, “I also studied Engineering in AU but in 1966-1971. So we did not meet. But I also did my PUC in AU in 1965-66. The overflow of students from Engineering Hostels (1 km away, at the other end of the campus) were put up in our Arts & Science Hostels. In 1965 I had seen a poster on the Hostel wall “Vote for Vivek G Row as Engineering Association Secretary”. As only final year students were eligible to stand for election, your final year would have been 1965-66. Yours was an unusual name in AU and so when I saw your Visiting Card, it all came back to me.” I changed the topic to business in case any embarrassing recollections were to come out.

However, we must bear in mind that extravagant talents come with their flip side. The famous quote of Oscar Levant says, “There is a fine line between genius and insanity”. The flip side of memory is that it does not allow us to forget past experiences, often the negative ones. Then the gift of memory becomes a bane and a source of trouble.

We invite articles, poems, sketches, Letters and constructive feedback from our Readers.

Please send them in to: editor@kanarasaraswat.in
Magicians pay tribute to K. Ravi

- SANJAY PUTHLI

On 17th March, 2023, KSA Kala Vibhag organized a Magic Show in memory of Late Ravindranath Kaikini, the famous Aamchi Magician, more popularly known as Magician K. Ravi.

Despite multiple events going on elsewhere, almost simultaneously, the KSA hall was packed as Dr. Prakash Mavinkurve, himself an amateur magician, and a very good one at that, introduced us to the stellar cast of four magicians, Rakesh Syam, Pradip Amladi, Sukesh Pattanayak and Lt Cdr Praveen.

The performances of the day were less of "sleight of hand" and more of "Mind Reading". They were Mentalists, with a heightened Sixth Sense. Some of the acts were so unbelievable that it is best to watch it (Youtube link at the end) and hence, have not written about it. After all, as they say, seeing is believing.

The performances began with Rakesh Syam, a professional entertainer who has been performing Magic & Mentalism on Carnival Cruise lines for more than a decade, asking for a volunteer from the audience. Always up for a challenge, I put up my hand. I was asked think of any playing card. I thought of an Ace of Diamond. He made two guesses which were incorrect and then asked me, what was the card I thought of. I mentioned it was the Ace of Diamond. He responded that he always knew it. Everyone had a big laugh until he pulled out the Ace of Diamonds. There were gasps amidst the audience followed by a thunderous applause.

We then had the charming Pradip Amladi, a practicing CA and Mentalist, come in next. He gave three ladies in the audience blank chits to scribble the name of the first boy they had a crush on. These were folded and collected, mixed around and handed over to him. He quite effortlessly and quickly identified which lady wrote which name and even went on to guess the names written on the chits.

He invited a few people from the audience, and performed a mindboggling feat. Everyone was absolutely mesmerized by this act. Best enjoyed when you actually watch it on Youtube!

Sukesh Pattanayak, a self-taught magician from Bhubaneshwar, then came on stage and entertained the audience with some very exciting sleight of hand tricks with ropes. From a single rope to two ropes and then three ropes and then in a blink, back to being a single rope. He did it with fantastic timing and finesses. Every time we see such a trick we wonder, how he could do such incredible things right before everyone's eyes. He followed this with an equally fun and entertaining performance - the lie detector machine which left everyone amazed.

A good show ends with a bang, leaving the audience wanting more. This is exactly what Lt Cdr Praveen achieved with his act. Lt Cdr Praveen, a retired Naval Officer and resident of Dubai for the past 18 years, came all the way to Mumbai solely for this event honouring K. Ravi. He truly had a fantastic Sixth Sense and gave a whole new meaning to the phrase, “read a person’s mind like a book”. For the finale, Rakesh Syam came back with a “Houdini Act” with such impeccable timing, leaving the audience in “complete awe” and splits.

That’s how the day ended. The performances were entertaining, with a good mix of humour and suspense. The audience left wearing a big satisfied smile on their faces.

What a befitting way to celebrate and honour the life of magician K. Ravi!

A big thank you to Dr. Prakash Mavinkurve for single-handedly putting this show together.

KSA has recorded the event with the kind consent of the four gentlemen, and we are happy to share the Youtube link below:

https://youtu.be/8aThl7TumWY
Men retire at the age of 58 or 60 from their respective work place as the case may be but I do not see any homemakers retiring.

They keep on working continuously for hours together, without showing any signs of tiredness on their face. For them there is no eight hours duty with even half an hour lunch break.

When she makes breakfast, she would think of what to prepare for lunch. Again, when she sits for lunch, she would think of next menu for dinner, so and so forth. Her future planning is worth mentioning!

After finishing daily household chores, she would keep herself busy with her kids to wake them up from bed, make them ready for school, make them eat healthy diet food and then leave them to their respective school or at the school bus stop.

After this duty ends, she would be busy packing lunch for her better half, keeping his dress on the left side of the cot, hanky and wallet in the right place. She then would sit with him for breakfast. After her husband leaves for office, she sits for fifteen minutes or so to relax, that too if time permits.

Washing clothes in the washing machine is her next important assignment, followed by hanging them at the drying place. The never ending jobs keeps going on in her mind, day and night.

There is no eight hour duty for her. She keeps herself busy for more than 8 to 10 hours. Again, in the evening she goes to the school or bus stop to bring back children. After making them fresh she would attend to their basic needs. And, then arrives her better half tired from office, travelling by local mode of conveyance. Then she has to attend to his needs one after the other.

The evening tea makes her refreshed but for a while only. Then her dinner preparation starts till her favourite serial starts at 8.30 PM.

After dinner is over, washing utensils [if kaamwali bai is not working] starts. With the children already in the bed she would also go to bed after 10.30 or so, thinking of next day’s breakfast!!

And before the sun rises, she is already in the kitchen!!

The men on the other hand (in most cases) after retiring from service, keep themselves busy with either newspaper or mobile. Or else they would help their better half in the kitchen by cutting vegetable or do some odd job but for a limited time only. If they say that they are tired and (lo! the permission is granted) their better half allows them to sit back and enjoy reading newspapers or watch movies on TV.

Arun Labhadaya, 75+ now, worked at PCI Delhi branch as Admn. Manager, living a peaceful life at Virar, writing articles, gardening and photography are main hobbies. (Arunrao_118@rediffmail.com)

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The Homemaker never Retires!

- ARUN LABHADAYA

Contribution by Vandan Shiroor
In Loving Remembrance of Sudha Maushi (the late Sadhana Sharad Nayampally)

Sudha Maushi’s cupboards at her death were just as she was in life: immaculate, serried shelves of perfectly starched and ironed saris in stylish pastels, with a contrasting blouse opening up like a magazine centrespread from an exact crease within. How she rejoiced in orderliness: nothing around her was permitted to be otherwise. On the countless vacation days spent with her, my laziness and tardiness were vanquished by her determination to see me showered early and talcum powdered and nicely dressed. She passed away when I turned fifty nine and she had known me from my very first day. Maushi had prepared for my arrival: her nimble fingers flew for months on every train commute, crocheting booties and caps and little jackets. At home, lushly embroidered flowers and fruits appeared on soft white baby clothes. Nursery rhyme characters gambolled, gaily patchworked, on the satin blankets that would keep me warm that first winter.

When our home base became Calcutta, it was mostly in the long summer vacations in Mumbai that we came to know Maushi. Her return from work in the evening, sari still perfect and uncreased, always meant a treat: srikhand or basundi or kheer perhaps, or alphonso mangoes, or a cracking packet of fresh khari biscuits, or gaaththiya from the farsan store. Sometimes, at night, she would mix thaipeeth with milk and sugar and the five of us would sit on the long verandah, spooning in the simple, delicious porridge and listening to Vividh Bharati in the slanted moonlight. Her chair always had some item of her craftswoman’s paraphernalia, objects that marked her presence at home: embroidery silks, her embroidery frame, her slim box of crochet and knitting needles, balls of wool, patterns copied painstakingly by hand in those days before the photostat machine. I look back at these images and sounds now with a lump-in-throat mixture of love and regret, regret because I didn’t realize then how special it all was, and what rich memories these moments would bequeath me, of being surrounding by the caring of those three women, Ma, Mummy and Maushi, all no more, whose touch and sound my heart craves for now. Sometimes, my other aunt, Asha Maushi, would be home from her troupe’s tours, another link in that circle of love and protection.

When I was twelve, Sudha Maushi got married to Sharad Kaka and went away with him. We were too young to really know why people married at all, and therefore not especially approving of her sudden absence. The wedding was fun though; I can still taste the rawa laodos and, at lunch, fried paatrel, whorled savouries, crisp and spicy, their green darkness studded with white sesame seeds. One evening Kaka came visiting with Maushi and brought along a fun quiz game. He laughed and chatted easily, showing us how the game worked, and bringing a relaxed look to Ma’s face. Though we missed Maushi awfully, and Ma’s house felt strange and half empty without her, it was clear to us that this new Kaka was kind and good and fun. In their home, Maushi found sweet ways to celebrate their togetherness: lining up matching clothes for them every morning, and matching her accessories exactly to the colour of the day, the two lavender bangles and a lavender pencil for her lavender sari and his lavender shirt.

Over the years, Maushi and Kaka visited us often, in Calcutta, Hyderabad, Bangalore. Always, with them, bags full of gifts: wonderful handmade things, packets of homemade masalas, powdered chutneys and pickles, and the best barfies and halwas. They were the easiest and happiest guests, ever willing to jump in and help out, or accompany us on errands, or plan a day trip. Some special days, Kaka would make his best-seller pao bhaji and falooda, and all of us would sigh with gluttonous happiness. They came and stood beside us, solid and reassuring, when Baba had his heart attacks. They were there to celebrate both our weddings, Maushi, as always, wearing the finest sari in any room she entered, her jewellery perfectly matched and just right for each occasion. When I left for the US to start my PhD studies they visited, of course, bearing farewell presents.

Maushi loved flowers and was wonderfully creative with them too, and with all things green. Her home, a small Mumbai flat, was transformed when she turned a focal spot in one of the rooms into a little bay window indoor garden, the morning light moving brightly over meticulously tended plants and little ornamental vases. On Thursdays, she went to the Dadar flower market and returned to spread the fragrance of mogra and champa and juhi in her house, every corner of it alive with the blooms, on the graceful Tanjore statuettes of the goddess, in the shining clean puja space, on the photos of my grandparents and Kaka’s parents. Both Kaka and Maushi also used flowers and coloured powders for delicate rangolis that would greet us when we visited them. Like her sisters, Maushi also sang tunefully; Kaka has recorded her singing well into middle age. Her love for handwork also lasted into middle age; she created modish crocheted handbags, elaborate gift envelopes and pouches worked in gold and silver, plastic rangolis.

And it was Maushi and Kaka who were beside us when Mummy passed away. Whenever we saw Maushi after that, it was like connecting again with Mummy and all the joys of the shared past. Maushi would wake early to make our favourite dahi vadas or sabudana khichdi or potato saung, because she knew how wonderful it was for us to feel a maternal presence again. “Ye baba”, she would say, and my heart would melt.

It is hard to accept that she has gone. I watch Marathi serials with Kaka, wanting to keep alive my connection with that first-heard language, Ma’s and Maushi’s and Mummy’s language, beloved but overlaid by the demands of English and Bangla. Because I usually spoke to Maushi in Marathi, I never said “I love you” to her. Because when you speak in an Indian language you don’t have to say “I love you” to each other. Because between a maushi and a bhaachi, those words are unsaid but always present, always true.

From Ms.Sonali Barua (Niece of Sadhana Sharad Nayampally)
Bangalore
Sudha Maushi (the late Sadhana Sharad Nayampally)
In loving memory of
SANJAY BALKRISHNA BALJEKAR
19.09.1954 - 15.04.2023

And now, the end is near
And so I face the final curtain
My friend, I’ll say it clear
I’ll state my case, of which I’m certain
I’ve lived a life that’s full
I traveled each and every highway
And more, much more than this, I did it my way

Regrets, I’ve had a few
But then again, too few to mention
I did what I had to do
And saw it through without exemption
I planned each charted course
Each careful step along the byway
And more, much more than this, I did it my way

Yes, there were times, I’m sure you knew
When I bit off more than I could chew
But through it all, when there was doubt
I ate it up and spit it out
I faced it all and I stood tall and did it my way

I’ve loved, I’ve laughed and cried
I’ve had my fill, my share of losing
And now, as tears subside
I find it all so amusing
To think I did all that
And may I say, not in a shy way
Oh, no, oh, no, not me, I did it my way

For what is a man, what has he got?
If not himself, then he has naught
To say the things he truly feels
And not the words of one who kneels
The record shows
I took the blows
And did it my way

Yes, it was my way

~ Frank Sinatra
Our Annu

Mr Rammohan Sanjivrao Nagarkar
9th November 1942 - 24th March 2023

Our Dearest Annu escaped the bonds of this Earth on Friday 24th March 2023, after a brief illness. He is out of pain and at peace now.

Honesty, simplicity, kindness, helping others … are but some of the virtues that guided his fearless approach to life. His life that enhanced every life that he touched.

We miss our Annu immensely. His departure has left a giant and permanent void in our lives.

Fondly remembered by:
Shamala, Pratap, Pooja, Mrunalini, Sanjeev, Shruti, Kshama, Ambika, and relatives and friends.
Dattanand Prabhakar Balwally
(Retd DGM. NABARD)

Passed away peacefully on 20th February 2023 at the age of 83 in Mumbai.

You were the beacon of light for our family,
A pillar of strength on which our foundations lay.
An inspiration to be followed, a kind guiding force,
Bonding our family in love.
A role model of a 'Complete Family Man'.

Dearly Missed and Fondly Remembered by:-
Vijaya D. Balwally (Wife)
Nandan D. Balwally (Son)
Deepa N. Balwally (Daughter-in-Law)
Vineet N. Balwally (Grandson)
Sanjana N. Balwally (Granddaughter)
Balwally Family, Relatives and Friends.
Kids vacation special

1. **Riddle:** What 2 things can you never eat for breakfast?
   **Answer:** Lunch and dinner.

2. **Riddle:** What has hands but doesn’t clap?
   **Answer:** A clock.

3. **Riddle:** You will buy me to eat but never eat me. What am I?
   **Answer:** A plate.

4. **Riddle:** When things go wrong, what can you always count on?
   **Answer:** Your fingers.

5. **Riddle:** What has many keys but can’t open any doors?
   **Answer:** A piano.

6. **Riddle:** I have wings, I am able to fly, I am not a bird yet I soar high in the sky. What am I?
   **Answer:** An airplane.

7. **Riddle:** I follow you all the time and copy your every move, but you can’t touch me or catch me. What am I?
   **Answer:** Your shadow.

8. **Riddle:** I have no legs. I will never walk but always run. What am I?
   **Answer:** A river.

9. **Riddle:** I am an odd number. Take away a letter and I become even. What number am I?
   **Answer:** Seven.

10. **Riddle:** What do you call a chihuahua in the summer?
    **Answer:** A hot dog!

11. **Riddle:** What is orange in color, green on top, and sounds like a parrot?
    **Answer:** A carrot!

12. **Riddle:** What do you get when you cross a snowman and a vampire?
    **Answer:** Frostbite.

13. **Riddle:** Why are teddy bears never hungry?
    **Answer:** Because they are always stuffed.

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**Essay writing**

The Summer Holidays are on! We invite Essays on:
any one of the following topics:
1. How I spent my summer holidays
2. Travelogue / My favourite holiday destination

**Age groups:**
1. Upto 12 years
2. Above 12 years

Send in your entries in less than 600 words along with relevant photographs by email to: editor@kanarasaraswat.in
Last date for submission : 5 June, 2023
We are happy to print, two colouring prints and one puzzle. We invite the kids (upto age 12) to use their creativity and colour them. Send them to us by Post or by email: editor@kanarasaraswat.in We will also publish the photographs of the kids who send in their entries!
The author of this true story is anonymous and he describes it as an incredible story of indiscipline in the Eastern Air Force of 1976; or rather a tale of how not to do things. In reality it denotes what one course-mate will do for another, irrespective of consequences.

To continue in the author’s own words -

The dark, ominous, thunder heads had been rising from the depths of Subansary valley all morning. The atmospheric winds pushed them up the slopes and the impetus helped it to climb higher and higher till the cataclysmic thermodynamics of thunder clouds unleashed enough energy to help them climb unrestricted to unimaginable height, hell bent on destruction around Mechuka (in Arunachal Pradesh). I was in the middle of it.

After waiting for several hours, I had got airborne from Dinjan in a MI4 (helicopter), on a bad weather day, to take the Army Commander (GOC-in-C Eastern Command) on a reconnaissance of the Chinese border. The GOC-in-C had other preoccupations and hence I got airborne close to 1100 hrs, something which we had been told not to do, due to bad weather and turbulence inside the hills after 1200 hrs.

The Eastern Air Force, those days, was a different sort of IAF. Most of the guys in Chabua were either the ones who had failed the promotion exams, or were there on punishment posting. The guys that the IAF did not want to have around in any self respecting squadron. SOPs (standard operating procedures) were made just for the pleasure of breaking the rules.

Anyway, to continue my story......, that day we went from place to place as desired by the Army Commander. He spent some time at each whistle stop and as the day went by, we got hemmed in by a line squall while we were deep inside the hills.

Flying in bad weather was nothing new to me; in those years I was compulsively drawn to it, it was exhilarating, the most adventurous thing that I could do at the age of 26. As usual, I dumped collective, descended to the deck, with the MI4’s wheels touching the Subansary river, more like driving an army Jonga than flying an airplane. As I zig-zagged along the river, I whistled a morbid tune, taught to me by a navigator friend, it was called ‘Point of No Return’. The MI4 was one hell of a helicopter to fly. In due course, we braved the weather and got out of the hills, to my recollection, around 1600 hrs (4 pm) ....... about 45 minutes before sunset.

That is when I heard James Palapura on the radio. James was overhead Tezpur in a Mig 21 acting like an airborne FAC (Forward Air Controller) coordinating search and rescue over Dulanmukh range. I heard arguments, between a Caribou, a Chetak and James. The sensible guys in the Caribou and Chetak were calling off the search and going home due to worsening weather and darkness. James was trying to order them back. I had no business to go anywhere other than directly east, back to Chabua, and get the Army Cdr off my back. Yet, curiosity overwhelmed me.

“James Sir”, I called on the radio. “Who punched out?” “Kempy”, he said promptly, and gave me a quick rundown. It seemed Kempy (Flt Lt Deviah, a course mate) had baled out from a Gnat earlier that morning over Dulanmukh after he got hit by a ricochet and his engine flamed out. None saw him punch out, none noted where the aircraft went down. The place is thick jungles, with crazy wild animals.

Just then my radio quit. That was not unusual. It was unusual if the radio ever worked in a MI4. We were quite used to flying the MI4 without radio, without navigational aids of any kind, without anything known or popular in aeronautics, all except a wing and a prayer.

I went into a tizzy, beset by a moral dilemma. Do I pretend not to have heard about Kempy? Do I leave him there in the jungle and go home? Do I rationalise that I had no business to get involved? Do I make excuses that I had the Army Cdr on board? Do I make an excuse that it was going to be sunset, that the weather was bad, that I was
about 40 miles north and headed in the wrong direction?

‘God, I didn’t even know if Kempy was dead or alive…… I said in monologue.

‘Oh God, my CO will make mice meat out of me’, I said to myself in self defence.

No …in retrospect, I did not bring God in between and I did not consult with him either. I went mind dead for about four minutes while I contemplated the odds. In the fifth minute, I turned around and went back to a clearing near Passighat which I had over flown about ten minutes earlier. I went and landed on a volley ball court next to some tents and without switching off, I ordered the Army Cdr out. He was dumbfounded, initially for loss of words. But when it came, he let fly at me, alternating between request, order, threat of court martial, pleading and jostling. Actually he was a very fine man, a person I held in great awe. So I reasoned with him.

“Course mate down, Sir”, I said in clipped military parlance. “He needs me”, I told him with finality. “You are the Tiger (head of the organisation in military parlance) the army is here, and they will take care of you”, I think I told him. “Kempy is down there, I got to go before the real tigers get to him”.

I think the Army Cdr made a request to take him along. I did not want to take him along lest I endanger his life. I was very young and impetuous. Any way I then headed full throttle for Dulanmukh range. It was almost sun set by the time I reached there. I had to ask someone the general direction in which Kempy went down. I went and landed in front of the RSO’s (Range Safety Officer) hut and a WO (Warrant Officer) ran out. He quickly pointed out the general direction and I was off the ground in a jiffy.

The jungles reek a musty smell as the sun begins to set. I noticed it because I was at tree top height flying with both side doors wide open. There was total green cover, thick foliage. I looked for a fire, broken branches, silvery flash of the Gnat’s fuselage or wings, a parachute, smoke, anything to indicate a crash site. There was nothing. I did not know where to go looking. I did mental calisthenics to try and figure out where Kempy may have crashed. Over the whirring sound of the rotor, I had caught only snatches of what the WO had told me at the range.

He had said something about cross wind. Yes, he had said that Kempy had ejected on the cross wind. That meant close by. James in his zealous enthusiasm had misdirected the search and others had gone looking for Kempy far and wide and had missed him.

“Kempy, where are you ?”, I shrieked over the noise of the wind and the MI4.

Suddenly I heard him. I swear I heard him. It seemed the MI4 knew where to go to find Kempy. I swear I never flew it. It was the hand of God that held the cyclic.

I overflew a hut in a patch of grass, and I thought I saw about 50 people milling about. The MI4 turned around on it’s own and this time I could see clearly that there was some commotion on the ground. I closed the throttle, yanked the speed down and set down the helicopter in a small clearing with very tall trees all around. When I switched off, the helicopter started juddering and after the rotors stopped, I realised that I had hit a tree while landing. About 7 inches of all the tail rotor blades had been cleanly shorn off. I also discovered to my horror that the Russians had made the tail rotor with ply wood. But at that time I was not too worried about the tail rotor. I ran forward to find Kempy.

Kempy was lying on a charpoy about 300 mtrs from where I had landed, where the villagers had brought him out from the jungle. He appeared to be semi conscious, groaning with pain.

He still had his helmet on, though the mask was dangling around his chest. His nose was completely smashed and his face covered with blood. His nostrils were choked partially with dried mucus and blood, still oozing plasma. He was labouring for breath through his mouth, spasms raking his chest. I think he had been like that all day, while the search was on overhead; the villagers were frightened to touch him.

The sun by then had set or was about to set.

I quickly got Kempy’s helmet off, poured water on his face, cleaned his nose and mouth and made him drink some water. He seemed partially awake but he had no situational awareness or what happened to him. It also looked as if he had
suffered a compression fracture of his spine. I knocked out the charpoy legs, loaded Kempy still on the charpoy into the MI4 and we went back to Chabua, unmindful of the missing portion of the tail rotor, the MI4 juddering and shaking all the way. 45 minutes later, when we landed, there was a big crowd on the tarmac, including the Station Commander and my CO, late Jayaraman. The docs took charge of Kempy and I think he was flown to Calcutta, never saw him afterwards, for a long time.

The CO took me by the elbow and marched me to his jeep. Never said a word; he went straight to the bar, where Durga the ever smiling barman poured us both a large Rum with water, the favourite drink in Chabua. There were many others too in the bar. Jayaraman, took a sip and I think he could not control himself any more. 

“I don't know what to do with you”, he said.

“First you broke the 12 O’Clock rule”, he waved the glass in my face. My untouched glass still on the bar counter. True to Rimolian tradition, I always took bullshit standing at attention. In RIMC, it was believed that attention was the only safe position to ward off predation.

“I can understand that you came out of the hills at 2 O’clock, I can forgive you if it went to 3 O’Clock. But I cannot suffer in silence if you decided to clear the hills at sun set”. His voice was quivering with emotion. There was pin drop silence in the bar. All drinks lay untouched on the bar counter. He took another sip.

“You got into bad weather”. He paused. “No, not just bad weather, you had to go and penetrate a line squall and mapped the Subansary river with your wheels to get out”. I began to wonder where he had heard that one. Then I realised that the army may still be searching for their Army Cdr.

“I can understand if you left behind an army captain”, he said very softly. He took another sip of Rum and water.“I can understand if you left behind a Colonel. I can even forgive you if you had left behind the GOC 2 Div” (a Major General). He paused, seemingly at a loss of words. “you idiot, you went and left the Army Cdr on a damn BSF (Border Security Force) picket and he is sitting on a charpoy right now”. Jaya banged his glass on the bar counter, and lit a cigarette. Through a smoke ring, he kept staring at me.

“You went and chopped up your tail rotor, and had the audacity to fly it right back to Chabua”, he said softly. I thought I could make out a note of admiration in his voice.

“Sir”, I said pleasantly. “I shall go and pick up the Army Cdr first thing tomorrow morning”. Jaya was my best friend, my guru, my only mentor, my only benefactor in all my years in uniform.

“You will do nothing of the sort”, he roared like a lion. “I shall pick up the Army Cdr myself”, he said. “You”.....he paused for effect. “You are jolly well going on permanent detachment to Chakabama”. He said with finality. Chakabama, a helipad in the middle of nowhere in Nagaland was the loneliest place those days, detachment in Chakabama was akin to solitary confinement.

“But for now, Barman......” he commanded, looking for Durga. “The drinks will be on the house, put it all on Kartoos, (Hindi for ‘cartridge’- the author’s nick name) he will pay for the drinks tonight”.

He then raised his glass, like a formal dining-in night, “For now, let us drink to Kempy’s nose”. “To Kempy’s nose”, we replied in unison, drowning the glass of large Rum and water in one single bottoms up. That night, we did bottoms up again and again, each time toasting Kempy’s nose. My bar book was closed that night, I had exceeded Rs 75/-, the bar book limit. Considering that Rum cost Rs 3.50 a bottle, and water cost nothing, we, including the visiting Gnat pilots, drank around 22 bottles of Rum that night, all towards Kempy’s nose.

Next morning I was packed off to Chakabama in the dicky of a MI4, I stayed there for three whole months before Jaya relented and brought me back.

Kempy now has a wonderful nose. Makes him very handsome and dignified. Every bit like his illustrious martial predecessors from Coorg. I cannot take the credit for that; it was the Docs at Calcutta who made Kempy’s nose look Coorgi, handsome and accomplished.

“Me? I take the credit only for the incredible act of closing my bar book in a single night, cheering Kempy’s nose” **
Nava Nava Rasa Natana Karī (Part 1)

Here is a reflective and in-depth pictorial account by Asha Awasthi of the Uttara Bharat Yatra in the divine Saanidhya of Puja Swamiji as the Mathadhipati of Shri Chitrapur Math.

Seven destinations across 6,000 kms. in 40 days! Sounded daunting...nevertheless, I brushed aside all the excuses my mind raised and registered for the Uttar Bharat Yatra...

On February 13, well past midnight, I waited with bated breath at Trimandir at Ahmedabad for H.H.Swamiji’s entourage. Not too far was the first halt-Shankaralok- the serene ashram nesting in a green nest just outside of bustling Ahmedabad. Managed by Samvit Sadhanayana, it has a temple dedicated to Shiva and Shakti and a Navagraha garden with the nine vigraha-s consecrated among their respective vanaspati.

All through this momentous pilgrimage, yatri-s were kept busy through participation in programmes organised by local bodies at the various destinations, with our personal upasana done in the intervening slots.

Our erudite Dharmapracharaka – Dr. Chaitanya Gulvadyamam’s kirtana on Sant Namdev was a pleasant surprise to most of us who were unaware of this wonderful aspect of his affable personality. He came dressed for the part and left us spellbound with his skilful, soulful narration. Yet another presentation by him, in his very engaging style was on the Kailash Manasarovar Yatra undertaken by H.H. Swamiji along with 96 yatri-s! Chaitanyamam gave a first-hand perspective of the crises, challenges, progress and finally, success, of the entire journey made in a span of 20 days!

The immensely talented Shilpa Mudurpachi’s very creative Sanskrit Sambhashana sessions left everyone asking for more! The Matru-varga’s Nityapatha and Devi Anushthana and the Purusha varga’s Gayatri Anushthana – happened impromptu throughout this yatra. Over the next 30-plus days, both morning and evening were infused with informal interactions, Swadhyaya, Ashirvachana-s, soulful bhajana-s and more, all in the divine Saanidhya of our beloved Guru. Innumerable local institutions also felicitated H.H.Swamiji on completing 25 years of His Pattabhisheka

The long and short journeys took us through the arid lands of Shri Dungargarh, Rajasthan, to the cool waters of the Aghanashini Ganga serenely flowing at Haridwar and Rishikesh, amidst the pristine mountains and lush greenery of Uttaranchal at Vyasashram, then back again into Rajasthan to the one and only Brahma Temple at Pushkar, from there to the resplendent Samvit Dham at Jodhpur and finally, to the absolutely calm and quiet Sant Sarovar at Mount Abu!

Whether it was the scorching sun, or the sudden cool showers that immediately induced cool temperatures, at every single stop in this awesome yatra, we got introduced not only to our new Saraswat brethren, but also to their different cultures, life-styles, traditions and food habits! Frequent varied exposure to unfamiliar terrains could have proved rather difficult to deal with but for the one strong sutra of Love and Care from our Beloved Guru that bound one and all, motivating, guarding, guiding constantly and eliciting an equally loving response everywhere...

The Shobha Yatra with all its traditional grandeur, the solemn Char-Yama-Mahashivaratri Pujana, the magnificent sand dunes, the thorny bushes, the dressing up in local costumes, dancing and singing together with joyous enthusiasm, the tasty food served with so much loving hospitality and above all, the impromptu interactions with H.H. Swamiji inspiring equally spontaneous questions and answers from young and old at Shri Dungargarh, left an indelible mark on the mind. The simplicity in devotion laced
with the desire to learn, which was the hallmark of the new sadhaka-s, prompted by their pride and sheer joy of finding ‘हमारे सारस्वत गुरुजी’, touched all our hearts; and of course, the Guru responded with boundless love and guidance.

The beautiful Vyasashram belonging to Shri Kashi Math Saunsthan is on the banks of the sacred Ganga with the Vrindavan Samadhi of Pujya Sudheendra Teerth Swamiji, the Purvacharya. Surrounded by a colourful flower garden, it has its own private Ganga Ghat with steps coming up to the temples dedicated to Shri Ganga Mata, the Navagraha-s and an Ashvattha gudi under a huge Ashvattha tree nearby and all this, amidst acres of green crops, vegetables and fruits trees. Two fully grown Rudraksha trees laden with raw rudraksha fruit stand guard to the main temple. The entire scenic, serene complex resounding every now and then with clanging bells and devoted chanting of mantra-s or lyrical bhajana-s is an ideal location for upasana!

The Kashi Math Mathadhipati, Shrimat Samyamindra Teerth Swamiji, brimming with joy, love and respect, was an exemplary host to our Swamiji, taking him around the ashram, the sprawling fields, the vast goshala. It was indeed a blessing to see both Mathadhipati-s jointly performing the abhisheka-s, the puja-s and the arati-s. Witnessing the Ganga pujan in reality, was a spiritual bonus for all. The many informal interactions in Their powerful presence added to the bonhomie between sadhaka-s of both Math-s.

The two- day Vishwa Saraswat Confluence, attended by about 400 delegates across India, was a study in Saraswat History, Heritage, Culture and the way forward with many erudite eminent speakers, including our Shri Nitin Gokarn, Shri Praveen Kadle, Shri Durgesh Chandavarkar and Shri Uday Gurkar and many others, while Smt. Shefali Vaidya ran us through the history of Saraswat temples in and around Goa.

There were many lessons to learn individually and collectively – to be mindful of all regional differences and yet come together joyfully as a single Saraswat force, to tackle challenges small and big together and ultimately to grow through each and every experience because the Source is the One and the Same Gurushakti!

(To be continued....)
ART CORNER

Our community has an abundance of talent. But most of us tend to maintain a low profile and consequently, not many get to know about the hidden talent.

We present one such person, who, unfortunately, is no more, Pushpa Jayant Sthalekar (nee Meena Burde) was a very talented person. She was a good singer, Artist (Painting, Embroidery, Sewing, Crochet and Knitting), Sitar player, an excellent cook and a very encouraging and patient teacher.

However, painting was her first love right from childhood. Without any formal training, she got herself acquainted with different forms of painting like water colours, oils, charcoal, nib, aluminium foil and fabric painting. The teacher within her decided to share this art with others and this led her to start painting classes.

Over a span of six decades she had accumulated a store of paintings, but on account of relocating from Bangalore to Mumbai and finally to Nashik, some of the paintings were damaged and some she gifted to her friends.

Her husband, Jayant Sthalekar has shared four of her cherished paintings below - the black and white ones in charcoal and the coloured ones are oil paintings.
ART CORNER

Trishula Mandala Art by Sudarshan Trikanand (Age 11); Kanhangad, Kerala.

Magical bird by Umika Prasad Hattangadi (Age 10); Pune

Lord Vithal by Anaya Nadkarni (Age 9); Pune

School boy by Amaira Bhamre (Age 9); Amaira is the daughter of Amol and Amruta (Nee Upponi) Bhamre of Borivli West.
Sketch of HH Shrimat Anandashram Swamiji by Kishore M. Balwally, Mumbai, now 84.
Here is a chapter-by-chapter analysis of an immortal text by our erudite contributor Dr. Sudha Tinaiker. The highlighted portions will enable you to realize that the gems of wisdom contained in this ancient treasury are an infallible guideline to living right.

Chapter 17 - SHRADDHĀTRAYAVIBHĀGA YOGA - PART 1

In this chapter Bhagavān Krishna answers Arjuna’s doubt regarding those who are scripturally ignorant, but perform spiritual activities like worship based on the family and community culture (वृद्धव्यवहारः). Where do these people come from and what is their shraddhā?

Shraddhā is a loaded word which is loosely translated as faith. It is much more than that. It is one’s entire attitude and character which shows in all of one’s actions. Bhagavān says that this disposition, or shraddha, depends upon the predominance of guṇa-s in the individual. Based on this, one’s shraddhā can be classified as sātvikī, rājasī or tāmasī shraddhā.

The former contributes to one’s spiritual progress and the latter two only contribute to one’s spiritual stagnation and downfall.

The ones with sātvikī shraddhā worship deities without any expectation of material results. Their worship is as ordained in the shāstra. They never torture themselves in their rendering of worship.

The ones with rājasī shraddha, on the other hand, worship lower deities like yaksha-s and rakshasa-s for the purpose of material benefits, propelled by binding desires and longing; their method of worship is mostly ostentatious and boastful; never as ordained by the shastra.

The ones with tāmasī shraddha worship extremely kshudra devata-s; their worship is damaging to themselves and leads to the destruction of others too. They follow methods totally against what is ordained in the scriptures (विचिन्त्रायोऽनम).

Bhagavān has answered Arjuna’s question, but chooses to discuss a few more aspects of the three types of shraddha with respect to one’s daily living.

Our daily life, as ordained by the scriptures, consists of pancamahāyajna-s, self-disciplinary activities and sharing one’s resources with others and also one’s food habits (आहर, यज्ञ, तप:, दान). This was true of a Vedic way of life then and is relevant now too. Here Bhagavān chooses to describe in detail the three dispositions (सात्विकी, राजसी, तामसी श्रद्धा) with regard to these four aspects of one’s daily life. (v1-7)

Food which strengthens the body and mind and stays long in the body in the form of muscles and bones, is the food preferred by people with satvik disposition. For them, the food needs to be nutritious, succulent and with adequate amount of oil in it. In other terms, we can call this a ‘balanced diet’ in today’s parlance.

People with rājasik disposition prefer very sour, salty, spicy foods which can burn the inner surfaces of the entire digestive track. Such a diet causes them disease and sorrow.

The tāmasik predisposition chooses foods which are stale, dry and not nutritious. They may even settle for rotting, inadequately cooked or half-eaten leftover foods. (v8-10).

Now Bhagavān comes to yajna or worship. Yajna is a way of life where one lives in harmony with the rest of the Universe and does what is needed to keep this balance in the form of pancamahāyajna-s. Yajna may mean worship too.

Those with sātvikī shraddha take up to a yajna way of life out of their free will. They do so as “that which needs to be done” for the benefit of the self and the whole Universe. They do not expect any material benefits for their worship. The worship, in itself, becomes their goal.

Rājasī shraddha propels one towards boastful and attention-seeking worship. Mostly driven by strong desires, such a ‘devotee’ expects only material goals as the karma-phala. Such persons may not harm others by their worship, but will never gain anything substantial with respect to spiritual growth.

Tāmasik worship, on the other hand, is totally against shastra-vidhi, the mantra-s are defective in svara, matra and varṇa. They have no value for feeding
people during such worship and never share anything with others. They may not even give appropriate remuneration (दक्षिणा) to the deserving. The intention here is more to get the strength to harm and disturb others. (v11-13).

Now Bhagavān wants to talk about tapas, or individual discipline. In this regard, he takes up two aspects of tapas: the first one based on the locus of the discipline in the form of bodily discipline, speech discipline and mind discipline. The second classification is based on the whether the tapas is sātvik, rājasik or tāmasik.

Worshipping the ishta-devata and knowing of Veda-s, Guru-s and Jnānī-s is a part of shārīram tapah. It also includes external and internal purity (शौचम्) and straightforwardness (आज्ञवम्). Appropriate attitude towards the persons of opposite gender and also a commitment to this sacred knowledge is an integral part of bodily tapas (ब्रह्मचय्जम्).

Tapas, at the level of the organ of speech (वाक्यम् तपः), involves four aspects: that which does not disturb the listener, that which is truthful, that which pleases the listener and that which is good for the listener. Even if one or two components are missing, it is not considered as vāk-tapas. (V14,15)

(To be continued....)
Lessons in financial freedom for the first timer young Turks

– RAJESH HATTANGADY

It felt like yesterday when I got the opportunity to work at this prestigious company. I happened to be amongst those lucky few to grab this through my campus interview and group discussion.

I could sense the happiness in my friends and neighbours, not to forget my parents whose sacrifices and blessings were more instrumental in me grabbing this job than my own capabilities.

Little did I realize, I was already closing on my first 30 days into the job. Like a DJ, I was surrounded by requests for a party from my college, school friends, not to forget colleagues at work. I had different plans though, I wanted to spend my first month salary on the most deserving people in my life: my parents.

I booked a table for the three of us, at an upmarket restaurant by the sea. Everything was in place till such time that dad changed it to a much more costlier venue. I could feel their confidence of having their child foot the bill comfortably. The day had arrived and what transpired will definitely leave all of us transformed.

Amidst the aromatic food being served, I stood up to offer my gratitude to my parents and handover my entire first month salary to them. After all, they deserved much more than just a dinner. Anyways, my parents who by now had moist eyes, gracefully accepted the cheque. They didn’t talk much and then, I saw my mom nudge dad with her elbow. He then revealed that he had also called our family well-wisher to join us over dinner. What the heck, wasn’t this supposed to be a family affair?

Before I realised, my parents handed over the cheque to him and smiled at each other. Was there something cooking which I was oblivious about?

Taking my salary, he said, “I have seen you since the time you were born and whatever you are today, the education that you received, was because of the sacrifices and financial discipline observed by your parents. They had allotted 30% of their salaries towards SIP (systematic investment plans) in mutual funds. With some money also going into fixed deposits too.”

He added, it was of paramount importance that I achieve financial independence. From here on, I would be entitled to use only 10% of my salary - wouldn’t this mean, only my conveyance was taken care of - what about other expenses? I was feeling frustrated. Out of what was left from the salary, 55% salary should go into SIP (equity mutual funds), 10% into NPS (New Pension Scheme equity funds), 5% into fixed deposits and 5% in taking a term plan life insurance for myself. 15% which would be paid to my parents towards managing monthly expenses.

Sensing the frustration in me, dad said it is important that I save every bit of the salary and not splurge. Out of the 55% SIP in equity he suggested to allocate at least 5% every month towards creating a contingency corpus for a rainy day. He expected me to be in control of life the way they both were, allocating enough money to create wealth over the long term via SIPs, NPS to create corpus towards retirement and a term plan towards a safer tomorrow for my dependents with some allocation towards fixed deposits.

While ignoring his food, he took deep interest in taking me through the nuances of financial planning. Every bit of his words were like an eye opener to me.

Comfort had sunk in by this time and so had the bill. Before I could realise what hit me, there was a beautiful cake at the table and he invited everyone around, to join us in this celebration, on my first salary party.

What a moment it was, to take charge of my life and work towards financial freedom. I almost forgot to mention that the dinner bill was footed by my parents. Now I not only owe them, I owe my life to my lovely parents to have given me such virtues in life.

Rajesh Hattangady, Founder of THiiNK since 2003. He is a financial planner and serves more than 650 families across Insurance & Investments.

He conducts regular sessions on financial planning online and offline. He can be reached on 9821434512 or rajesh@thiink.in
A CSN Movement in Bangalore

- NANDITA KAIKINI

KSA-CSN, an initiative to encourage Bhanap entrepreneurs through mutual support, organized its first ever physical meeting for the Bangalore Chapter and its surrounding areas of the state of Karnataka, on Saturday, April 15, 2023 at the Canara Union Hall in Malleswaram. The administration of Canara Union pulled out all stops to ensure the success of the event. The purpose and goal of CSN is to help grow a business and take it to the next level, find new customers, connect with mentors and channel entrepreneurs in of networking investors too.

Bangalore Bhanaps interacting with from Mumbai, who occasion.

In keeping with the transformation, used to capture there was a bit of entrepreneurs to participate in this got around, there was a rush of registrations and the CSN Bangalore Team is proud to announce that approximately around 90 people turned up! The participation was free and it also allowed for potential or desirous business entrepreneurs and retired or working corporate executives to join the event.

The program began on an auspicious note with the Sabha Prarambha Prarthana by Gowri Trasi, which was followed by the Deepa Prajwalan. The lamp was lit by Kishore Masurkar, Vice-President of KSA, Prakash Jothady, Vice-President of Canara Union and Chaitanya Shiroor, President of Shri Chitrapur Math, Bangalore Local Sabha.

Hemant Mallapur, the first Emcee of the day welcomed the gathering, introduced the Mumbai CSN Team and set the tone for the proceedings with a detailed agenda of the program. The Mumbai CSN Team was represented by Kishore Masurkar, Founding Member of CSN; Rajiv Kallianpur, Previous Joint Secretary and Joint Founder Member of CSN; Gautam Amladi, Joint Secretary of CSN and Hemant Kombrabail, Treasurer of CSN.

Kishore Masurkar welcomed the august gathering and spoke about the importance of CSN in a Bhanap entrepreneur’s life and the power of networking.

Introducing the activities of Canara Union, Prakash Jothady educated the audience about the association’s affiliation towards cultural programs and how Canara Union offers a platform towards building our community.

Chaitanya Shiroor wished the entrepreneurs present all the very best for their future and stressed on the skills of flexibility and adaptability to technology and also taking some time out each day for prayers.

Gautam Amladi started his presentation by taking the CSN Oath. A minute of silence was observed as condolence for Uday Mankikar, who had translated the oath from English to the Konkani language. Amladi spoke in detail about CSN, the reasons for its birth and beginnings, what lies ahead for the networking group and what its members can look forward to. Started in the year 2015, the organization became active around 2018-2019. Structured networking as a group, as against the limitations of individual networking is what CSN offers and it can grow exponentially, he remarked. The richest people in the world build relationships through networks. There are other networking groups he said, but they are expensive, whereas the CSN membership is free, except for some associate costs to hold future meetings and events. Gautam Amladi gave two examples of success stories that benefitted from the CSN Network – Sadanand Savanal and Sandeep Yederi, who spoke briefly about their successful entrepreneurial journey and the benefits of networking.

Rajiv Kallianpur spoke about listing each business in the CSN Yellow Pages and the importance of using the right key words to explain a venture. The power of Search Engine Optimization (SEO) to generate more traffic towards business cannot be undermined, he said.

The second Emcee for the day, Pradosh Hattikudur briefly introduced the dignitaries. There were five guests who were invited - Prakash Padukone, N. Jayavanth Rao, Anuradha M. Gokarn, Shreyas Tonse and Pranav Ullal. A specially curated gift hamper was presented to all the luminaries by Rajiv Kallianpur. Generous contributions towards creating the hampers were

May 2023

Kanara Saraswat
made by Nandini Karanje, Suchita Ullal, Sandhya Nayel, Sanjay Ullal, Mangal Karnad and KSA.

Prakash Padukone is currently involved with the Olympic Gold Quest (OGQ), a Foundation to support talented and promising sportspersons to help them achieve success at the Olympics. He is also the co-chairman of the Padukone-Dravid Centre for Sports Excellence (CSE), a fully integrated, first-of-its-kind sporting hub, providing world-class infrastructure across nine different sports. Prakash Padukone kept the audience engaged, by sharing his life lessons and his inspiring journey towards success. Learning from one’s mistakes and not repeating them, Passion, Discipline, Dedication, Self-Belief, taking calculated risks, Persistence, Patience and Process, are some of the key skills that helped him achieve success in sport and he stressed on the importance of the very same skills to build on for an entrepreneur. Try to reach your potential and be the best that you can be, with whatever you have and do not complain about what you do not have is a very important lesson that Prakash learnt while growing up.

N. Jayavanth Rao has worked in the power engineering industry and retired in the year 2000 as the Resident Director - India of Alstom, after 38 years of working with the firm. Use the best available technology to provide products and services at a cost-effective price is the learning that he shared with the audience.

For 26 years, Anuradha Gokarn successfully steered her company, Triton Valves, to a market leadership position as MD and built a strong foundation of business principles on which the company continues to grow. Know Your Customer (KYC) is a modern-day concept, but the company valued the importance of its relationships with its customers even in those early days of entrepreneurship. Patience, Passion and Perseverance are some very important values and skills that every entrepreneur should learn and adopt, she said.

Shreyas Tonse is a part of the founding team at Zwayam, a recruitment automation software that is used widely by enterprises in India. Try a venture for a minimum of a thousand days before giving up, he said. Another learning that he shared was to have a core team to work with and pursue with them. There is no substitute for Patience, Perseverance and hard work, Shreyas stressed.

Pranav Ullal is the founder of Loafer and Co., a Bangalore based artisanal bakery that uses old school methods of baking bread with locally sourced ancient grains. Pranav spoke about following your burning passion irrespective of your age and the time that you are placed in, in your life, ensure that there is a process in place, take calculated risks and do not hesitate to learn new skills in the domain that you are in or the one that you want to get into. During tough times, it is important to have family and friends around to support you, he said.

The Bangalore entrepreneurs were given a minute each to introduce themselves to the rest of the group and an opportunity to talk about their businesses.

The Sabha Samapti Prarthana was presented by Unnati Chandragiri. The closing remarks by Sadanand Savanal and a vote of thanks by Mangal Karnad rounded off the program.

A delicious lunch was served to the gathering by Ashwin Kodange and his catering team.

The entire organizing team of the Bangalore CSN Group will agree with me when I say that there was a lot of happiness in putting together an event of this stature. There was joy in not only savouring the journey of working together as a team, but also in reaching the destination of a successful program. This is just the beginning for the Bangalore CSN Chapter; in fact, it is the first step towards many bigger events to follow!

Nandita Kaikini is a Freelance Content Writer and also runs a firm called Bells n Balloons, a Wedding and Events Planning Company in Bangalore.

KSA-CSN meet at Mangaluru

The CSN Team met up with around 15 local bhanaps brought together by Ramkishore Yellore. After the Sabha Prarambha Prarthana followed by the CSN Oath, CSN Team elucidated the concept behind this initiative, how it would help Bhanaps in general and business owners in particular. It was explained that CSN was a platform for Bhanap Entrepreneurs to come together, meet up, bond well and help each other grow one’s business.

Sadanand Savanal also emphasized the need for regular and active participation in CSN activities.

Vaishnavi Pandit from Mangaluru told the attendees how participating on CSN has been of help to her in her business.

The meeting concluded with Sabha Samapti Prarthana. … By CSN Team
1. आकाशाक निसणि तायित्यारि ख्रिःियाइ छड़ियेद?
   If you seek to set a ladder to the sky, how far can you expect to climb?

2. आत्मु राक्षु धःिुः.
   The self must receive consideration before charity
   Charity begins at home.

3. आपली फार्टी आपणाक दिस्ना.
   One is unable to see one's own back. (ie. finding one's own faults and defects)

4. आशा चवयारि आवृष्ण छड़ियेते?
   Increase of ambition does not increase the duration of life.

5. उंचारि चवचेलो तणू शेता, मात्रचेलो उदाक यायारी पदता.
   The person who climbs up is sure to come down, just as water poured on the head will come down to the feet.

आन्नम्मागली ‘कणि’ आनि आम्मम्मागली ‘कणि’
शरदा शतानंद शुक्ल

चैरूपणान्तु आन्नम्माने खालूलिलि ‘कणि’ आनि आम्मम्माने सान्निलिलि ‘कणि’
केदनाई विसर्ज आम्मम्मलि आम्मणि.
कल्याच महव्यारि,’कणि’ आस्तालि अती स्वाधिष्ट, आनि कार्णन्तु आस्ताले स्वारस्य,
कशी विसोच महव्यसे झाल्यासे एक विपर्याते.
तिणी जीवनान्तु गुनत्तेच माणिन्तुले बोध आनि तत्त, तिळ्यात देहाचे प्रकृती झाल्यालि ठण्डणीत,
घेव्यु कार्णन्तुले सार आनि सत्त.
आम्मम्मागले कार्णन्तुले सारान्ते, झाल्यासे तिळ्याले जीवनाचे आदर्श,
आम्मम्मागले कार्णचे पोषणाने ती झाल्यालि निरोश आनि सहर्ष.
सान्नणान्तु खालूलिलि ‘कणि’ कडम देहाचेरि चमतकार, आनि कार्णन्तुले नीती, बोध
दिलं मानक चैतन्य आनि कर्ता साक्षात्कार.
ग्यारान्तुते महाल्यानी केदनाई दिव्यां मर्याद आनि मान,
ताम्बले मर्यादशनाने मेलोख्यां आम्मम्म अनेक बुधमान.
देहाचे आरोग्याचे जसर दिव्यमा केननाई प्रमुखता,
झाल्याचे मानचे शान्त, समादानाचे दिव्यमा चड प्रथमता.
कशी आम्माते देह आस्ता एक शुद्ध, पवित्र देवता,
तशीचि, मानके दस्तक बद्ध, सुंद्रत आनि श्रेष्ठ.
शुद्धशर स्च आनि शुभान्त मानचे सन्नमाने कोयि हे जीवन, सुन्दर, सफल आनि सन्नजीवन.
11.1 Read the examples given below. Accordingly fill in the blanks in the other examples.

(दत्तेनकम, रेल्यानाम, छत्रम, दुर्खम, कार्यानाम, पत्रम)

1. किम एतत्? Who is this?
एतत् अपलम् | This is a Baby.

2. किंतू? What is that?
ततू व्यजनम् | That is a Fan.

3. एतत् किम्? What is this?
एतत् ...... | This is a tooth-paste.

4. एतत् किम्? What is that?
एतत् ...... | That is a leaf.

5. किम एतत्? What is this?
एतत् ...... | This is a car.

6. किंतू? What is that?
एतत् ...... | That is a train.

7. एतत् किम्? What is this?
एतत् ...... | This is an umbrella.

8. एतत् किम्? What is that?
एतत् ...... | That is milk.

Answers given on Page 64

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ಮಾಜ್ಜಿ ತಾಈ- ಕೆ. ಕಾಂಜಿಧಿ ಮುಖ್ಯದರ
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A New Shree Krishnashtakam

A Note: The old Shree Krishnashtakam, beginning with ‘Vasudevansutam devam Kamsa-Chaanaormardanam/ Devakee-paramaananam Krishnam Vande Jagadgurum//’, is well known. It is about Krishna in his avatar. Though the end line of each of the eight verses mentions him as ‘Jagadguru’, the verses themselves say nothing of this role. I felt inspired by Lord Krishna to compose a New Shree Krishnashtakam to remove this deficiency. The new Krishnashtakam is also in the same metre as the old one, and has the same end line. The intention is not to replace the old by the new composition, but to complement it.

Translation:

I salute Krishna the World Teacher, the Promoter of the Yoga of Work combined with Knowledge and Devotion, and the Divine Preacher of the Bhagavad Gita.

I salute Krishna the World Teacher, who gives strength to the weak as a brother and inspiration to the strong (to do good things), and is a Guide to all.

I salute Krishna the World Teacher, who is beyond and yet closest, the power within, who bestows the faculty of thinking to us.

I salute Krishna the World Teacher, who filled the world with indescribable beauty, the ultimate artist (inspiring other artists).

I salute Krishna the World Teacher, who is the source of support for all living beings and welfare of all, the one and the only Protector of the World.

I salute Krishna the World Teacher, who bestows us the capability to discriminate between truth and falsehood, and and safeguards the path of justice and fairness.

I salute Krishna the World Teacher, who prompts us on to the path of ethics or Dharma, without which the the day-to-day working of the people of the world is impossible.

I salute Krishna the World Teacher, seeking benevolent wisdom for all, since the narrowmindedness of the people has thrown the world into crisis (of environment and mutual violent conflicts).

M V Nadkarni
mvnadkarni1968@gmail.com
Mangesh Venkatesh Nadkarni is a social scientist but also interested in religion, ethics and Sanskrit. He is 84 years young, and is presently Honorary Visiting Professor at the Institute for Social & Economic Change (ISEC), Bengaluru. At ISEC, he had started a centre for research in ecological economics in 1981 and the Journal of Social and Economic Development as its first Editor in 1998.

He was the Vice Chancellor of Gulbarga University, Gulbarga (now Kalaburgi) in Karnataka (1999-2002) and ICSSR National Fellow (2002-04).

After formal retirement, he took up the study of Hinduism and its scriptures and also of Sanskrit, in addition to continuing his work in social sciences. He has published some 40 books and 150 research papers.

To know about them, you may visit his website (www.mvnadkarni.com). A few of his important recent books (since 2011) are: Ethics for Our Times (2011,2014, OUP), Handbook of Hinduism (2013, Ane Books, downloadable from the website above), The Bhagavad-gita for the Modern Reader (2017,2029), Decentralised Democracy in India (jointly)( 2018, Routledge), Socio-economic Change in India (Ed.) (2020, Routledge), Saamaajika Neeti Kaaya Guchchha - A Bouquet of Verses on Social Ethics (Collection of 5 Shatakams and 2 Dashakams in Sanskrit with translation into English) (2022, Manipal Universal Press).

He has recently translated 255 selected vachanas of 32 selected Shiva-sharanas of 11th and 12th century Karnataka into Sanskrit and English. The publication of this is awaited.

Answers to सतरल संस्कृतम्
Exercise 11.1 - 3. दृष्टपीकरण 4. पत्र 5. कार्यानं 6. पूजानं
7. छत्र 8. दृष्टि
Dheeraj K. Ubhayakar bags the Young Water Professionals Award – 2022-2023

At an event held in Delhi on 16 March 2023, Water Digest, India’s premier water journal (representing the Water industry since 2006) chose Dheeraj for The Water Digest—World Water Award 2022-2023—Young Water Professionals Award.

The Awards event was organized by Advance Water Digest Pvt. Ltd. with the support of UNESCO and other reputed government and Private Partners. The journal focuses on latest technologies in the field of water usage and provides a platform to draw attention to the latest methods of water conservation, and facilitate efficient overall Water management in India.

The award was presented to him by Gajendra Singh Shekhawat, Union Minister, Jal Shakti, and Brahma Kumari’s Sister Shivani.

Dheeraj, son of late Krishnadas and Padmini Ubhayakar, is an M.Tech from IIT Delhi, working as Project Head, L&T, for constructing large scale water treatment/filtration plants for the Delhi Jal Board in the Dwarka area since mid-2021, after having worked on similar projects in Tamil Nadu and Rajasthan earlier.

[contributed by Jaishankar Bondal, Delhi]

Sanjay Koppikar, Co-Founder & Chief Product Officer, EvoluteIQ amongst the Top 10 CPOs

CEO Insights India, an Industry magazine, has ranked Sanjay Koppikar amongst the top 10 Chief Product Officers in the IT Industry – 2023.

A CPO leads a product management team in building great products that deliver sustainable value to the business. From the stage of developing a new product concept to product launch, a CPO balances the needs and goals of both the product and the business, this includes product vision, product innovation, product design, product development, project management and product marketing.

A serial entrepreneur, author, motivational speaker, and a Rotarian with more than 33 years of experience working in different parts of the IT industry, Sanjay Co-Founded and is currently working as the Chief Product Officer of Hyperautomation enablement platform company, named EvoluteIQ. Six of the products developed by him and his team went into Gartner Magic Quadrants in their respective areas. He is a published author with three published books and three more are planned in the next two years. He is also a TEDx speaker.

Swapna Nadkarni features in Multilingual magazine’s Top 30 Women in the Language Industry

Swapna Nadkarni was featured amongst the Top 30 Women in the Language
Industry of Multilingual magazine. She is currently Vice president of localization operations at Deluxe Entertainment Distribution India PVT (part of Deluxe Media).

Having an experience of two decades in the media localization space, she had the opportunity to see the industry change - go from physical to digital, from theatrical releases to day-and-date releases, with OTT changing how content is marketed and consumed. Starting as an assistant director for a television series, she then moved to be a subtitler at Deluxe in 2004. She had the opportunity in 2016 to be part of Sfera, later acquired by Deluxe, to learn how product licensing and SAAS works and how AI/ML can be integrated in subtitling. She led Deluxe’s effort to move all localization services onto Sfera’s cloud-based platform within a year and recently transitioned to lead the India localization operations.

Through the last few years, she moved from innovation and product strategy to service delivery. Recently being nominated for the RISE women’s award in business operations category and now being featured in the special issue of *MultiLingual* is testament to a great journey in her professional career.

**Shiv Aroor’s co-authored book launched**

In a simple but powerful ceremony, the three service chiefs—Air Chief Marshal VR Chaudhari, Admiral R Hari Kumar and General Manoj Pande—came together for the first time to launch the book *India’s Most Fearless 3: New Military Stories of Unimaginable Courage and Sacrifice*, by Shiv Aroor and Rahul Singh, and published by Penguin Books. The three chiefs recounted some of the biggest challenges they had faced in their illustrious military careers spanning more than four decades.

Penguin Random House and the Prabha Khaitan Foundation held the book release function at the Indira Gandhi National Centre for the Arts, New Delhi, on 17 January 2023.

India’s Most Fearless 3 features ten true stories of extraordinary courage and fearlessness, providing glimpses of the heroism Indian soldiers have displayed in unthinkably hostile conditions and under grave provocation. The book begins with a detailed exclusive account of the 2020 Galwan clash between Indian and Chinese soldiers in the Ladakh sector.

**Ramkishore M Mankekar amongst ‘100 Most Important Persons in Indian Corporate Communications’**

Ramkishore M Mankekar was featured amongst the ‘100 Most Important Persons in Indian Corporate Communications’ by Reputation Today, an industry magazine, in March, 2023. The main objective of this list is to offer younger professionals a set of people whose professional journey can be an inspiration. An Arts graduate with PG Diplomas in Journalism, Advertising & Marketing and short-term professional courses at IIM Lucknow and ISB Hyderabad, he has four decades of experience in Corporate Communications at HCI, the UB Group, GMR and GVK with stints in Mumbai, Bangalore, Hyderabad and Delhi. He played a key role in the branding and launch of the new Hyderabad Airport in 2008 and also the launch of Terminal 3 of Delhi Airport in 2010.
Recognition and accolades for SVC Bank


SVC Bank was named among the Best BFSI Brands by The Economic Times on 23rd March, 2023. The recognition was accepted by Ravinder Singh, Managing Director (Interim), along with Navin V. Rao, General Manager – Retail Banking, at the function held in Mumbai. This is the 2nd occasion in the past three years when SVC Bank has been featured amongst the ET BFSI Best Brands.

On 24th March, 2023, the Bank also featured in the prestigious “Economic Times Best Organisation for Women 2023”. SVC Bank was celebrated for its diverse environment offering work-life balance and an empowered career path to its women employees. Ashwini Vinekar, DGM – HRM, Administration, Procurement and Premises and Development, received the honour along with Maya Sakharkar, Chief Risk Officer and other lady colleagues, on behalf of the Bank.

Commenting on the occasion, Durgesh Chandavarkar, Chairman, SVC Bank, said, “This recognition is an endorsement that our efforts are directed on the right path of excellence. Our ability to remain relevant, improve continuously and offer new-age banking – both as a solution and a workplace, has set us apart within the industry. Being a century-plus-old Bank has taught us that values are immortal, and we have taken sustained initiatives to preserve and further entrench them. We are elated that our efforts to build a trusted brand and offer a rich and equal workplace for women have fetched us credible laurels. I want to thank all our employees – across levels and locations for their efforts, our dear customers, shareholders and well-wishers for their unstinted support in making us walk this path. We at SVC Bank are dedicated to delivering better prospects for all our stakeholders.”

 Seen in the centre, is Dr. Tamilisai Soundararajan, Hon’ble Governor of Telangana and Lt. Governor of Puducherry and (from L to R) SVC Bank officials: Jalaja S. Nair – Asst. Manager, HRM; Nivedita S. Purohit – Manager, L & D; Ashwini J. Vinekar – Dy GM, HRM, Admin., Procurement and Premises Development; Maya S. Sakharkar - Chief Risk Officer; Karishma S. Kini – Asst. Manager, L & D.

 Seen from L to R: Ravinder Singh - MD (Interim), SVC Bank; Sunil Mehta - Chief Executive, IBA; Dr. Ruhin Deb – Chief Economist, Govt. of Assam and Navin V. Rao – GM - Retail Banking, SVC Bank.
Report on the activities of Bengaluru Local Sabha for the month of March 2023

On 1st March, the Shishya Sweekar Divas of Shrimat Parijnanashram Swamiji III was observed with Dipanamaskara, Bhasya Pathana and Ashtavadhana Seva. As a part of Sayujyam Seva, Guru Pujan was conducted on 19th March for Bengaluru and UK Sabhas. This was followed by Vimarsha which was conducted for Bengaluru Sabha sadhakas by Ankita Karnad on the shloka - “Nandantu Sadhaka Sarve Vinashyantu vidushakaha...” Bengaluru sadhakas enthusiastically participated in the same and discussed the subtle aspects of a sadhaka, difference between a bhakta and a sadhaka and seva aspect of Shivashakti.

On 23rd March, on the occasion of Yugadi, Panchanga Shravana was hosted by Canara Union which was followed by panaka-panwara.

Regular Programmes:
(a) Girvana Pratishtha and Sambhashana Varga classes are being conducted every week.
(b) Gayathri Japa Anushthaan is performed every Sunday.
(c) Daily morning puja-s and evening puja-s on Monday-s, Thursday-s and Friday-s are performed by gruhastha-s.
(d) Durga Namaskar is being performed every Friday by Ved.Shri Vijay Karnad Bhat mam.

Report by Saikrupa Nalkur

Our Institutions

Saraswat Mahila Samaj Celebrates Yuvati Divas

On 9th March, 2023 Yuvati Divas was celebrated with great fervour as we were eagerly waiting to hear the journey of our beloved “Kanara Saraswat” (KS magazine) over the ages, the topic chosen by Saraswat Mahila Samaj for this event. Three young ladies closely connected in the making of the prestigious magazine were invited to narrate their experiences as special Guest Speakers.

Smita Mavinkurve, Chairperson of Saraswat Mahila Samaj and past Editor for more than 10 years of KS magazine welcomed the three speakers and the audience and gave a brief history of KS magazine from its inception: In 1919, KS started as “Saraswat Quarterly” but it was not published regularly for long periods and hence, was jokingly referred to “Gotarli.” In 1922, it was named as “Kanara Saraswat” and slowly News, articles and write ups started trickling in. In 1929, the magazine became popular and contributions started pouring in from all over i.e., Mumbai, Mangalore, Hubli, Bhatkal, Dharwad and many more places from Karnataka and also places like Karachi, London, Manchester, Burma, Cambridge covering Domestic Tidings, Council Elections, Exams and Examination Results etc.

Initially, only the male members of the community wrote the articles but later in the 2nd decade, many lady writers joined in viz., Kamlabai Dongerkery, Suman Chickermane, Sadhana Kamat, Savitri Babulkar to name only a few. Over the years however, the number of women contributors has substantially increased.

Late Shri Gurunath Gokarn and Late Shri Uday Mankikar for the past many years managed the editorship superbly and gradually ladies took over this important portfolio viz Sujata Haldipur,
Jyoti Moodbidri, Smita Mavinkuve, Devyani Bijoor etc and now recently taken over by Shri Nitin Gurunath Gokarn and presently Shri Ramkishore Mankekar As of now young children have been added on the Jr Editorial Committee viz., Vedant Heblekar, Paartha Ray and Aadya Nagarkatti

Smita then introduced Sujata Masurkar and requested her to speak on her experience. Sujata was born in Bagalkot, moving to Mumbai in 1979 after her marriage to Vinay Masurkar. Having completed her B.Com., she was curious in computers and did a Diploma and then joined Bell Associates, a Desk Top Publishing firm (DTP Firm) and learnt page designing on multiple software.

She started her own DTP firm for typesetting brochures, cards and books. Since 1997 at the request of Gurunath Gokarn, she joined KS Magazine. And the first creation was the Diwali issue of 1997. And till today, she is fully involved in Computer Composing and DTP for all the KS issues. Some of her other contributions are the KSA Centenary issue, All Chitrapur Saraswat Defence Convention etc. and our only “Vantiga Directory” and the divine holy book “300 years of Bliss.”

The next speaker was Roopali Kapnadak Sawant, who did her graduation from SNDT University with 1st class 1st in Fine Arts. Since she was more interested in Advertising, she joined Commercial Arts and did her Foundation Course and thereafter a Diploma in Applied Arts from Nirmala Niketan, Mumbai. She has mastered English and Marathi typesetting of articles and designing of the cover page, colour setting every month, various KSA invitations and flyers for all programmes. Her job ranges from designing to printing of brochures, printing of stationery, hoardings, stage backdrops and possibly all print media. She has her own firm along with her husband, Arvind Sawant (Printeresting) where she has a great clientele of reputed companies like Piramal Healthcare Ltd, MANI Film Festival, and Asian Film Festival to name just a few.

The next speaker, Bhakti Ullal, after two decades in banking took a break and took to teaching CA students as well as ISCE Economics. Thereafter, she also joined the KS Editorial Team.

Bhakti briefed the gathering about how and what all goes into the making of the magazine and how its contents take shape regularly, month after month.

Also playing a crucial role, are the admin staff Shobhana Rao who is referred to as a human computer and Swati Nadkarni and other members involved on the Editorial Committee, Anjali Burde (Cookery Section) and Anandita Balsavar.

Each and every person working on the magazine puts in tremendous efforts, sitting in different locations and yet coordinating superbly with precision, to bring out the KS Magazine on the 1st of every month.

All three Yuvatis were felicitated with token gifts by Hon. Treasurer, Kalindi Kodial and after the vote of thanks by Hon. Secretary Priya Bijur, the snacks followed, sponsored by Vidya Kodial in memory of her parents in law.

Reported by Geeta Suresh Balse
May 2023

Wg. Cdr. Vijayanand Sunderrao Hattangady (veteran),
Son of late Shri Sunderrao and Smt Radhabai Hattangady,
husband of Geeta nee Jyoti Kalyanpur went to his heavenly abode on 24 Mar 2023 at the age of 77 yrs (DOB-02 Oct 1945).
- Vikrant Hattangady (Son) and Bharati Hattangady (Daughter)

CLASSIFIEDS

Births
Baby boy (Tanush) to Akanksha and Nitish Nagarkatty, born on 26th December, 2022 at Thane (ex-Talmakiwadi). Grandson to Late Vrinda & Shrikant Nagarkatty and Kavita & Sunil Pandit.

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Thread Ceremony
April 10 : Chi. Vihaan Ameya Savnal at Mumbai

Marriages
March 18 : Rohit Uday Ubhaykar with Shruti Gajanan Kelaskar at Thane

OBITUARIES
March 24 : Rammohan Nagarkar (81) at Pune
March 24 : Wg. Cdr. Vijayanand Sunderrao Hattangady (Retd) (77) at Nashik
March 25 : Suman Narayan Mallapur (nee Haldipur) (77) of Karwar at Belgaum
March 27 : Shivanand Ishwar Mavinkurve (95) at Kumta
April 3 : Vasant Anandrao Nayampally (83) at Santacruz, Mumbai
April 3 : Prema Vasant Shibad (87) at Chennai
April 7 : Nalini Ramakrishna Katre (90) at Chennai
April 8 : Chandrashekhar Shantaram Mavinkurve (69) at Pune
April 15 : Sanjay Balkrishna Baljekar (68) at Pune

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