

# Kanara Saraswat

A MONTHLY MAGAZINE OF THE KANARA SARASWAT ASSOCIATION

Vol: 28 Issue 1 Mumbai

January 2023

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## LOCUS OF FOCUS

Our very own  
Champion Celebrities



Suma Shirur getting  
**Dronacharya Award** from  
the President of India.



13 yr old Anandi Chandavarkar  
winner of the **Gold medal** in sailing  
in Thailand



# Newsmakers



*Pt. Nityanand Haldipur was honoured with Tansen Award by MP Govt. in Tansen Samaroha.*



*Mohan Hemmadi is honoured by Pt. Hariprasad Chaurasia for his contribution to Music*



*Deepika Padukone at unveiling of World Cup Fifa 2022*



*Amey Gurkar and Dhruv Dhareshwar are TT champions in Talmakiwadi flanked by Sunil Ullal and Sharad Nadkarni (Coach)*



*Indu Shedde, 95, is well known for unique vegetable art made entirely from fresh fruits and vegetables.*



*Pt. Omkar Gulvady is honoured by Cultural Dept, Govt of Maharashtra*



*Shivani Haldipur-Kallianpur is upgraded as A grade artiste on AIR*

*This issue is dedicated to the memory of Shri Sadanand Bhatkal, Ex President of KSA (1922-2022)*



# Kanara Saraswat

A Monthly Magazine of the  
Kanara Saraswat Association  
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## KANARA SARASWAT ASSOCIATION

WELCOMES THE GLORIOUS NEW YEAR 2023

WITH A PLEASANT TREAT FOR OUR VIEWERS' EARS & EYES

AN AUDIO – VIDEO PRESENTATION “YAADON KI BARAAT of Hindi Film Songs,” without going on to **MARS** but listening to **MARS - MUKESH, ASHA, RAFI, SUMAN** by getting together

AT : SHRIMAT ANANDASHRAM HALL, TALMAKIWADI, TARDEO, MUMBAI 400007

ON : SATURDAY, 14<sup>TH</sup> JANUARY, 2023

FROM : 6.30 TO 8.00 PM

SPECIAL COURTESY : OUR AAMCHI SOUND RECORDIST, SATISH RAMACHANDRA KELKAR

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**Sunil Ullal**

Jt. Hon. Secretary (Sports & Cultural Events)

**Vandan Shiroor**

Hon. Secretary

## LAND FOR SALE IN CHITRAPUR, SHIRALI

Plot of land available for sale in Chitrapur, Shirali :

- 1) Area = 2 acres and 29 guntha (= 109 guntha).
- 2) Approx 1.5 km from the Shri Chitrapur Math, on the way to Kembre Farm
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**Plot is suited for multiple uses (individual house, community facility or multi-house development).**

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## *From the President's Team*

The New Year 2023 has just started. In 2020, as we entered the second decade of this century, the Covid Pandemic had hit and paralysed the entire world for the next two years. By the end of 2021, the world had seen a significant decline in the onslaught of the Covid Pandemic. So exactly a year ago, when we began the significantly controlled and tamed Covid-free New Year of 2022, there was a high level of positivity around the world.

However, with the advent of the Russia-Ukraine war which started in February 2022, the whole world has been engulfed in new crises of high inflation, recession, high interest rates, liquidity crisis, high levels of unemployment, economic collapse of a few countries and perhaps a looming onslaught of the new Covid Variant called BF-7. The whole European economy looks to be significantly impacted by an unprecedented slowdown with negative growth symptoms. The US economy is heading towards strong recessionary conditions. The ongoing Cold War between China and the USA and the resultant tension in terms of an uncertain geopolitical situation does not augur well for the entire global economy and well-being of the humanity.

In the midst of this global chaos, India looks to be one of the very few shining stars with strong economic growth, lowering unemployment rates, lower inflation rates and better managed Covid Pandemic situation. As per the estimates of World Bank and in line with predictions of the global economists, India should see significant growth over the next ten years. In fact, by 2027, India which is the fifth largest economy in the world today is expected to be the third largest economy in the world after USA and China, surpassing Germany and Japan in this journey. Three hundred years ago, India accounted for more than 25% of the Global Economy. It came down to just about 1% by the year 1991. Today it is around 9% and is expected to be more than 20% by 2050, with India becoming the second largest economy in the world after China.

By 2050, the new world will be that of New India with more than 75% of the population born in this century with significantly higher per capita income, with more education and higher aspirations. They will have much greater self-confidence in themselves and in their abilities to conquer this world in terms of economic strength, higher education and higher levels of command over new technology. The stigma of a slave nation which was present amongst most Indians till 1947 will be a long-forgotten history.

While we Indians should be happy with these predictions about our country, we should not lose our focus on the simple way of life which our forefathers had been emphasising continuously over so many centuries. We should not forget the importance of hard work, commitment, resilience, determination, discipline, patience, humility and last but not the least, respect for every individual.

Some of us will not be there to see the New India of 2050, but today as we enter this New Year of 2023, we wish all the young Indians of today a great future. It is THEY who will make this happen!!

Wishing all of you great success on this journey!

Regards,  
**Praveen P Kadle**

## SHREE JANARDAN TEMPLE, MANKI

### Vardhanti Pooja on Saturday, 28th January, 2023

For the kind attention of all families from Aghanashini, Chittar, Gokarn, Kaushik, Kowshik, Mankikar, Mankekar, Samrodi, Shirali, Shirlal / Shiroor, Sirur, Talmaki, Wagle and Yennemadi, who trace their roots to Shree Janardan Dev Temple, Manki.

The Vardhanti celebrations of our 328 years old Temple, will be held on Magha Shuddha Saptami (Ratha Saptami) which falls on Saturday, 28th January, 2023.

We urge all devotees from across the country to attend the function in large numbers.

#### The programme schedule is as follows:

Saturday, 28th January, 2023, 10AM onwards : Prarthana followed by Kalabhivridhi, Pavamana Abhisheka, MahaPooja, Aarti, Teerth Vitarana and Prasad Bhojan.

All devotees desirous of participating in the Pavamana Abhisheka, can do so on payment of ₹ 1,000 per person. Those making online payments, may please send a screenshot of the Transaction ID along with your name and mailing address to Whatsapp number +91 9967631946.

The Bombay Trust of Shree Janardan Temple Manki also requests all devotees to kindly send in their annual Vantiga payments and donations for the repairs, maintenance and upkeep of the Temple.

Vantiga and donations may kindly be sent by way of DDs or Crossed cheques favouring '**Shree Janardan Temple, Manki**' addressed to the Hon. Secretary, Mr. Vinay R. Kaushik, C/o, 16/3, Talmakiwadi, Javji Dadaji Marg, Tardeo, Mumbai - 400 007. Mobile No. +91 97024 28826

For those making online transfers, the account number for Vantiga / Donations is:

Account Name: **Shree Janardan Temple, Manki**

CANARA BANK,

Lamington Road Branch, Mumbai - 400 007.

SB Account No: 50252010026394

IFSC Code: CNRB0015013

MICR Code: 400015202

**Dr. Gajanan Mankikar**

**Krishnanand D. Mankikar**

**Ramkishore M. Mankekar**

**Vinay R. Kaushik**

***:- With Best Compliments -:***

***From***

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## *The Editor's Reflections*

The last month of the year of 2022, has been extremely satisfying and heartwarming for our community. It's been raining awards and the talented members of our community are getting recognition for their achievements in their respective firmaments. Naturally, the entire Bhanap community will be elated at these happy and momentous events unfolding.

It all started with the good news about Suma Siddharth Shirur receiving the Dronacharya Award at the hands of the Hon'ble President of India. As days rolled by, we started getting news in regular trickles about someone or the other being felicitated or winning awards. It is a wonderful tribute to these eminent personalities. The very humble Pt. Nityanand Haldipur and Pt. Omkar Gulvady received awards from the respective State Governments of MP and Maharashtra. Octogenarian and respected Mohan Hemmadi had a double honour- he was felicitated by Padma Bhushan Pt. Ajoy Chakraborty and Padma Vibhushan Pt. Hariprasad Chaurasia in recently concluded events in Hyderabad for his unmatched and glorious contribution to the world of music. From the shores of distant Vizag, came the glad tidings that Shivani Haldipur- Kallianpur has been upgraded to A grade artiste by AIR. This is a monumental achievement for the youngster.

Moving away from Music into the field of Academics, the good news is that Prof. Ramchandra Gokarn has been honoured and felicitated with a lifetime achievement award conferred on him by IIT Kharagpur in a glittering ceremony.

And moving to the sports arena, the most heartening news is that of 13-year-old Anandi Nandan Chandavarkar winning the Gold medal in Thailand in an international Sailing event. To win an international Gold at such a tender age amidst stiff competition speaks volumes of the commitment, dedication, and single-minded focus to achieve a dream and goal. It would not be out of place to recognise the encouragement given by her parents, Nandan and Alpana Chandavarkar, to help Anandi achieve the improbable.

The international FIFA World Cup 2022 just concluded at Qatar with Argentina winning a hard fought game with the French. Actually, India does not feature anywhere near the top in this game and the number of Asian countries too are feebly represented. Yet, India stamped its presence during the Finals. And it was a proud moment not only for Indians but particularly our miniscule Bhanap community as Deepika Padukone, who celebrates her birthday on 6<sup>th</sup> January, unveiled the Gold Cup at the glittering venue in Qatar just before the Final game on 18 December ahead of the final between Argentina and France at the Lusail Stadium in Doha. The whole world was watching!

In life's journey we meet several people. But there are some who fit the description of a colossus. Our community has produced several colossi. In the last five decades or so I had the good fortune to meet personalities of eminence whose contribution to society and the community at large is exemplary and some of whom are no more and some very much there. I have had the good fortune to interact with great men such as Nalkur Shripad Rao, D A Bijoor, Dr. Aroon B Samsi, Dr. Mohan Mankekar, Dr. Kishor Nayampalli, Mohan Hemmadi and many more. One name that is a part of this list which I choose to mention separately is that of Sadanand Bhatkal. Sadanand Bhatkal was a frequent visitor to my humble home for several decades and although I was much younger, I distinctly remember the good times talking to him.

December 2022 marks the birth centenary of Sadanand Bhatkal. To commemorate the event, his son Manmohan Bhatkal had invited people who had interacted closely with him during his life time, which was well attended.

We dedicate this issue of January 2023 to the memory of this colossus- Sadanand Bhatkal, former President of KSA – a thinker, writer, publisher, and philanthropist par excellence. His contribution not only to the Kanara Saraswat Association but also to several other organisations is commendable and legendary.

As we start off this New Year 2023, we at the Kanara Saraswat Association wish each one of you success in all your endeavours and pray to Lord Bhavanishankar for your good health. As I sign off, I am tempted to borrow a quote from Elvis Presley.

"Until we meet again, may God bless you, as he has blessed me".

*Nitin Gokarn*

## **KSA-CSN**

(CHITRAPUR SARASWAT NETWORK)

# **जो दिखता है वो बिकता है**

**Rajesh Hattangady**

I am sure everyone have heard this before. It simply means "what gets seen gets sold."

Whether it is a walk in the super market or a drive on a highway or the constant ads on YouTube or an actor endorsing.

It's everywhere and it screams only of one thing जो दिखता है वो बिकता है |

How do you THiiNK it is relevant to us as entrepreneurs & domain experts?

As an entrepreneur/professional, we need to be seen. And when it comes to growing our business, it is way too important to not ignore this aspect

Being an introvert or extrovert simply doesn't matter at all.

Imagine me and my expertise in the field of insurance & investments would want to be seen and occupy your mindspace. How do I go about it?

Won't having my presence on CSN - KSA yellow pages help?

Is there is a method to grow exponentially? Let me take you through a small case study:

Let's assume there are about 250+ CSN members on the CSN - KSA platform.

How many of them do you know of personally and what they do & represent?

Blank?

Imagine there is an entrepreneur/ professional in our CSN - KSA group, who is extremely talented with top notch services and products.

He/she is struggling to market the product and services. In short, business growth is dormant. Do you know, WHY?

The answer is NO PRESENCE (not seen).

The person neither is seen representing himself nor his services ..how on earth could fellow members know that he/she exists and what they do?

Let me come to the critical question of "what if I want to be seen, what should I do next?"

#1: PROVIDE dedicated TIME for CSN - KSA and other networking meetings. Interacting with others will help you establish your credentials. Do not shy away, everyone is comfortable talking about their own profession and you should too. Imagine, what if I ask you a question "What do you do? Can you let me know, how do you help others through your business"? Do you THiiNK the respondent won't ask the similar question back? This will set the conversation rolling.

#2: VOLUNTEERING makes up for a great way of being seen. Writing articles related to either ones profession, or something that will empower others will build up respect for you. This will eventually help you gain traction in your profession. Try to be the first mover in helping others grow their business. Whatever you give, you get. Don't be selfish. Give a smile, you are bound to get one back, isn't it? Similarly in business, once we start exchanging references and leads, similar things follow. However, this is done once the parties involved, establish mutual trust. Lending a helping hand in facilitating business networking meetings is one more such activity that will take you places.

#3: PLAN to have meetings with others. A meeting in an elevator or a networking meeting will help us get quick glimpses of other businesses. However, if I want to increase my business and help the other members grow theirs, I ought to Plan 1 on 1 with fellow CSN - KSA member or arrange for 1 to many meetings. eg: either zoom meetings to share your product n services or arranging seminars.

This will help establish yourself and your profession. One also needs to draw a concrete roadmap in jotting down areas of mutual growth and follow them diligently. Educate fellow members. CSN - KSA members are similar to your sales team, infact they are your brand ambassadors, the torch bearers of your business. Hence it is extremely important to educate fellow members about your services and offerings.

#4: Sharing Informative POSTs on telegram or whatsapp group about solutions and services on important changes which may affect everyone's lives is appreciated way more than a simple forwarded good morning message. Provide posts and information which will add value in everyone's lives. That Information will further establish your authority in your domain.

#5: One of the best thing for a business is when your customer SHARE testimonials. It's a great way to let the world know what others THiiNK of you and your services. Remember, these days we buy, shop and even order food based on reviews and testimonials. Hence testimonials are an extremely strong way of growing our presence and credentials.

#6: Remember doing all of this won't give you immediate results. One has to believe in it, maintain consistency and have patience. Most importantly be seen doing the above with the right intent. It's only then that we and our business will get rewarded.

Well then, how many of you would want to be seen to grow their business?

Because जो दिखेगा वो बिकेगा, और जो बिकेगा तो इनाम भी मिलेगा | (whatever that gets seen gets sold, whatever that's gets sold gets rewarded)

Looking forward to you on the CSN - KSA platform networking.

Happy Networking.

(Rajesh Hattangady is the founder and Chief THiiNKer, a financial consultant for over 19 years and can be contacted on 9821434512 / rajesh@thiink.in)

## **ANNOUNCEMENT**

### **KSA-CSN**

**(CHITRAPUR SARASWAT NETWORK)**

**is pleased to announce a WORKSHOP  
"HOW TO KICK THE SUGAR HABIT"**

**By**

***Coach Sandeep Yederi***

***On SUNDAY 15<sup>th</sup> January 2023 @ 10.30 AM***

***(Virtual Platform)***

***Zoom Meeting id – 822 3348 8663 (password- ksacsn)***

***No pre-registration required***

***If you are diabetic, pre-diabetic or have blood pressure or heart conditions or stubborn belly fat despite everything you have ever tried, then this is FOR YOU***

***(Sandeep is a growth coach working with his clients to create strategies for their success)***

## Letters to the Editor

Dear Editor,

Thank you for featuring the article "Relevance Of "Yoga Vasistha" In The Dusk of Life", by Shri Raghunandan Trikannad. The Author's magnum opus book – "The Wisdom of Vasistha – A Study on Laghu Yoga Vasistha from a seekers point of view" (on which this article is based) was released by the then President of India Dr. Abdul Kalam in 2004. He has authored 8 other scholarly spiritual books, covering his Autobiography, essays on the Upanishads and Stories with their deeper meaning.

His later books are "Sankara – No-Other – A Tribute to Adi Shankaracharya" and Sant Jnaneshwar – Alchemy of Emotions" on discovery of Bhakti through Sant Jananeshwar and contemporary Saints of that period.

Raghunandan firmly believes that the Vedanta or Upanishads are not beyond the reach of common people and are meant for all who are on their spiritual quest. These texts are simple and relevant, to our day-to-day life.

All his books are erudite with extensive references from the Upanishads, The Bhagwat Gita, other Indian Spiritual texts, and a multitude of saints and authors like Ramakrishna Parmahansa, Swami Vivekananda, Parmahansa Yogananda, Sant Tukaram, Carlos Castaneda, Sigmund Freud, Carl Jung, J Krishnamurti, Khalil Gibran, Socrates, Peter Ouspensky, George Gurdjieff ... and the list goes on. They say "It is simple to be difficult, but difficult to be simple." Sri Raghunandan explains complex spiritual concepts through simple articulation.

Shri Raghunandan is a Chemical Engineer and at a young age took up the Ramakrishna Order and held various senior positions in the Order.

It would be great if more of his articles are shared in the Kanara Saraswat for the benefit of the readers.

**Narendra A Bellare**  
**Bagalkot**

The Editorial committee invites articles, poems, Sketches, and feedback in the form of Letters to the Editor. Please email the same to:  
kanara\_saraswat@hotmail.com

Dear Sir,

A tribute on Nayampally Sanjiv Rao by his grandchildren in December issue was an interesting read.

None of us would have known the initiative of "Naina" in laying the submerged pipeline in the sea, as early as the year 1930. This initiative by an *Amchi* in the beginning of 20th century would have remained unnoticed - if this tribute was not published.

Thank you Jayavanth, Saras, Gayatri and Ajith for this tribute.

**Jairam Khambadkone**

Dear Editor:

The editorial team is doing good work and the KS magazine is made more enjoyable with games, Quiz, cookery articles etc.

I feel you should add more quiz but provide answers in the following month as we tend to look at the answers instead of making an attempt to try and solve.

**Geeta Balse, Tardeo**

*(Thank you for your kind words of appreciation. The KS magazine being a monthly will provide answers in the current issue itself, as much as possible, as readers may not be able to connect the solution with the Quiz of the previous month. In a way the magazine gives an opportunity to exercise self-restraint and self-discipline which can be useful if followed - Editor )*

### Examination Results



**Shravani Ullal**  
**80.4% SSC Mumbai Board**



**Tanya Ullal**  
**70% HSC Pune Board**

## **Dronacharya Award Winner – Suma Shirur Portrait of a Champion Celebrity**

**IN CONVERSATION WITH BHAKTI ULLAL**

Suma, let me begin by congratulating you on winning the prestigious Dronacharya award a few days ago from the President of India for your contribution to the sport of shooting. We are all extremely proud of your achievements and thank you for taking the time to give us an insight into your journey from a beginner air rifle shooter to an Olympian, and from an Arjuna to a Dronacharya award winner.

**Q: Suma, let us start with how your journey into shooting began.**

A: I was always a sportswoman at heart and I dabbled in a variety of sports at school. At college, I came across the National Cadet Corps (NCC) unit. Among the various activities that they offered was rifle shooting. That was my introduction to the sport. From the word go, I discovered I was good at it and fortunately my talent was spotted. My senior from the NCC took me to the Maharashtra State Rifle Association, and once I got on the shooting range, I had a feeling that this is where I belong, and there was no looking back.

**Q What was the shooting scene like when you began?**

A. There were not many shooters at the time. We were only 6-8 participants at the State Championships. We were pioneers of the sport in the country, and the sport grew with us.

**Q. What would you say makes a good shooter?**

A: Shooting is a game of concentration. With this fundamental skill in place, you can build other skills around it. The required combination is to be calm in the body, but aggressive in the mind. Therefore, the spectator may get the impression that the athlete looks relaxed even in crucial moments. It is important to stay sharp and focused so that you get the trigger point right. Shooting is largely a mental game, but with the stresses of competition and the need to carry around the equipment during long training sessions, it is also important to stay physically fit.

**Q: Do you feel shooting has become a more accessible sport over the years?**

A: When I began, there were very few shooting

clubs. I remember travelling for 2 hours one-way from Panvel to the shooting range at Worli. I did this every day for 10 years, till I made it to the Olympics. Thankfully, things have changed a lot. Today, a lot of shooting ranges, especially small ones, have sprung up even in schools and colleges. This has made it more accessible to youngsters.

**Q: Technology plays an important part in sports today. How important is its role in shooting?**

A: Yes, shooting is a highly technical sport and with the ever-improving technology, manufacturers keep introducing new gear. Even the jackets and trousers that are worn are constantly evolving. Therefore, it is important for players to stay updated with all the technological advancements.

**Q: Do we get this kind of technological support and equipment in the country?**

A: In my time, most of the equipment was imported, requiring a lot of cumbersome procedures and long waiting time. But with the positive steps taken by the Government, now anyone with a shooting club membership can import air rifles. There is also a wider range of rifles available in the market. Although rifles are not yet manufactured in India, a lot of the other equipment is. This advantage is that the overall costs are lower, making the sport more accessible to the masses.

**Q: How expensive is shooting when compared with popular ones like tennis or football?**

A: Not expensive. A shooting club membership includes the initial equipment required for a beginner shooter. So, you don't immediately need to buy a rifle to begin shooting. As you get better and start competing at a higher level, then you can think of buying your own rifle, and that is when the investment really starts. So, hobby shooting is not very expensive.

**Q: Tell us about your coaching journey and how you started the Lakshya Shooting Club in Navi Mumbai.**

A: We started the club in 2006 at Panvel in Navi Mumbai, and I have been coaching ever since. We now have 8 centres across 3 states. Kids begin as

young as 11 years at feeder clubs, and progress to higher-level clubs.

**Q. *Suma, what do you think you are able to give your students that you could not get when you were being coached?***

A: I think one of the most important things I can offer is my understanding of the individual needs of a shooter. When you go to a doctor, what you need is the right diagnosis and the correct medicine. With my knowledge and experience, I believe that once those needs are recognised I can then help the shooter adapt and refine other skills.

Secondly, I had excellent coaches in Germany, with whom I worked for 11 years, and from them, I developed a deep understanding of the science of the sport. This is an advantage I have that I can share with my students.

Currently, I am the Indian Team Coach for the 10 and 20 m shooting events. With my long career of 25 years as an athlete, I can help shape the lives of other athletes who are at various stages in their careers.

**Q: *How is the joy experienced by you as a coach different from that when you were a player?***

A: Both give me immense joy, but at different levels. As a competitive shooter, the focus is on yourself and what it brings you personally. Coaching goes far beyond the game. As a coach, there is the added responsibility of grooming young people and moulding their lives, which I thoroughly enjoy.

**Q: *What was it like coaching Paralympic gold medalist Avani Lekhara for the Olympics through the difficult time of a global pandemic and lockdowns?***

A: Avani was in Jaipur and I was in Navi Mumbai. After a short initial break in training due to the lockdown, following my suggestion, her family installed a single-lane shooting range at home. She also bought an electronic target, and we began our online training. Coaching online was a novel experience for me, but we adapted quickly. We had 2 cameras, and I could see her from 2 different angles. We had a shooter-trainer system. The system is attached to the gun and it works on a laser, so I could see the path on another laptop. This is how we made effective use of technology.

At the time, I was also a coach on the Olympic team. So, I was the only coach who did both the

Olympics and the Paralympics.

**Q: *This November you received the Dronacharya award for coaching, and in 2003 you received the Arjuna award for your personal performance as a shooter. How does it feel to be honoured with both of these awards?***

A: It feels very good, and I am one of the few Arjuna awardees who has also received the Dronacharya award. When I went for the Arjuna award, my son was only 2 years old. Children are not allowed to attend the ceremony at the Rashtrapati Bhavan. So, my parents and in-laws attended the ceremony and my husband missed out, as he stayed back with our son.

However, for the Dronacharya award, both my boys aged 21 and 17, along with my husband, were able to witness the ceremony. It was a beautiful feeling to have them there.

**Q. *Tell us something about what it feels like to represent the country at the Olympics or at any other international event.***

A: Being at an international event made me realise that I was among the few chosen to represent the country. That realisation brings with it a lot of responsibility and pressure. You are carrying the expectations of the entire nation and you must go there and give it your best. This I believe is what makes sportspeople and Olympians heroes.

One of the most beautiful feelings I experienced was listening to the national anthem being played when you win a gold medal. It is an extremely satisfying moment, and it validates why you do what you do. It is then that you feel that every effort you put in is for that one moment. And when you hear the crowd chanting 'India, India' in the crowd, you are not 'you' anymore, you are 'India.' That is what makes it all worth it.

**Q: *What are your memories from that day you created a world record in the event, having scored the maximum of 400 points in the qualification round at the 2004 Asian Shooting Championships in Kuala Lumpur?***

A: 2004 was the year of the Olympics, and this was my last chance to qualify for them. I went into the Asian Championships under a lot of pressure. It was a do-or-die situation, as I had to win gold to qualify.

The Chinese players at that time were regularly shooting at 399 and 400, and so the only way to

win gold was to aim for a 400. I had never reached that milestone before, but eventually, I hit that score and came out victorious. That was special.

**Q: *What was it like growing up?***

A: I was born in Karnataka, but grew up in Mumbai. I have 2 sisters, and my parents raised us with the freedom and space to follow our dreams and pursue our ambitions. They gave me the freedom to make my choices, and for that, I feel blessed. My mother is the epitome of positivity and optimism, and that has influenced my mindset and attitude. Those early years shaped my personality in a big way.

**Q: *I am sure our readers would love to hear about your association with the 'Amchi' community.***

A: I am a Kannadiga married to an *Amchi*, and the one time I am most happy about this is when we sit down for our Ganesh Chaturthi lunch. I love every dish that is prepared for the festival and thoroughly enjoy the meal.

Just last month, we went to Karla to seek Swamiji's blessings for a new project that we have always wanted to set up.

**Q: *Do let us know about the new project you are working on.***

A: We are setting up a High-Performance Centre in Belapur, Navi Mumbai. This is the first time we have purchased land, and this will be one centre, which is very much our own. All our other centres are in rented locations and serve as feeder centres. This holistic shooting centre will have everything from a shooting range and a gym to a physiotherapy centre and rehabilitation centre, a psychological mind gym, as well as accommodation. The focus will be on athletes who are already into the sport and have Olympic ambitions.

We are presently connecting with different corporates/donors, who will be able to support us financially in this mega venture. It is a dream project and, in the future, we hope to see athletes from this centre performing at international events and bringing home medals.

Suma, it has been an honour and a pleasure talking to you. Talking to an Olympian has always been my dream and I thank you for making it come true. We wish you the very best in your endeavours and hope that you go on to earn many more laurels. May you be blessed with good health and continued success.



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## **Meet Anandi - the new star on the Horizon**

**BY OUR SPECIAL CORRESPONDENT**

Indian Sailor Anandi Chandavarkar has won a Gold at Asia's most prestigious 34th King's Cup Regatta 2022 in the Overall Open Skiff category. Hailing from Bandra Mumbai, the 13-year-old has been sailing in the Open Skiff category for a couple of years and has won several accolades at International events.

Anandi is the latest addition to the list of scintillating stars from our community. She is the daughter of Nandan and Alpana Chandavarkar. She is the granddaughter of Mohan Chandavarkar of FDC. Anandi is a student of Ecole Mondiale World School ( EMWS ), Juhu, Mumbai.

Anandi has been sailing the Open Skiff class for the past three years. Recently, she participated in the French Open Skiff National event and finished 5th in the U-15 category. Anandi also participated in this year's Japanese Open Skiff Nationals 2022. Three participants represented Team India at the Kings Cup in Phuket and Anandi bagged the gold medal. Commenting on winning the 1st position at King's Cup Regatta 2022, Anandi says "Sailing is not just a sport for me; it is my passion. My hard work and effort have helped me win a Gold medal in the prestigious Phuket King's Cup Regatta 2022. I feel proud that I could bring glory to India, and I hope my story will inspire other kids to chase their dreams with passion and dedication and turn it into reality."

She has trained under Coach Dipesh Nerpagare, Umesh Naiksatam and is mentored by Amish Ved.

The King's Cup Regatta which began in 1987 is a one-week event held annually in Phuket, Thailand. This year, the Phuket King's Cup Regatta 2022 had a record number of 182 boats of small Sailing before the start of the big boats competition.

The event started in 1987 to celebrate the late King Bhumibol's birthday on December 5. A yachting enthusiast himself, King Bhumibol also happens to be patron of the King's Cup. The King's Cup Regatta attracts some of the world's best yachtsmen, yachtswoman and their boats to the waters of Kata Beach, off the island's west coast, where these local and visiting sailors vie for the coveted trophy, creating a truly spectacular sight in the process. The King's Cup Regatta is one of Phuket's famous international yachting events.

It is a popular event in Thailand, has a world-class junior program and other strong nations like Singapore, participating in the event attracts many prominent sailors from Asia and around the world.

Anandi got a taste of sailing when she went with her father to Versova beach where there was a sailing camp in 2018 . She started sailing the Optimist class and later that year sailed the Optimist Nationals where she got the Silver medal @ the Nationals in Mumbai. She also had her first exposure to an international regatta in Alexandria, Egypt in 2019, which was a memorable experience, one she remembers fondly as she made a lot of friends and sailed for the first time in the Mediterranean Sea at 10 years. She later moved to the Bic Open Skiff which is an internationally growing fleet of boats that comprises both Performance and Fun. The Open Skiff is a one-design performance boat, it is not as forgiving as an Optimist but very rewarding to sail, and she has sailed the Bic in Thailand, France, & Japan this year. The King's Cup Regatta is on the bucket list of every sailor and this regatta consisted of 9 races in total and therefore a consistent performance was more important than one single race. The feeling was exhilarating and challenging because there was always the pressure of not doing as well in the next race and also the difference between 1st and 2nd place was only a few points. She won 1st place in the Open Skiff category, getting the Gold in U 15 category this year. Her next target is the Open Skiff Worlds which will be held in July 2023 in Rimini, Italy . Until then this teen plans to train regularly and hone her skills. Anandi is working hard towards fulfilling her dream of a podium finish at the Open Skiff World Championships in July 2023.

The Kanara Saraswat Association is extremely proud of Anandi's achievements at such a tender age and we are certain that in the coming years she will make all of us proud and will become a household name.

"Success is where preparation and opportunity meet"-Bobby Unser

## About The Trip

Join an amazing trip to India to re-discover your roots. Jointly organised by CHF (US) and CSS (UK) for our Yuvadhara, the trip will allow you to return to your ancestral villages and learn about local cultures & cuisine. Visit the beautiful beaches of Karnataka and return to nature, biking through the Wildlife sanctuary of Sharavati Valley, immerse yourself in the traditional theatre performances and learn about local industry through cashew factory, and coffee/mango/spice plantation tours. As a joint venture between the UK and US Amchi diaspora communities, meet like-minded people and form new friendships.

## Chitrapur Heritage Foundation US & Chitrapur Saraswat Samaj UK



# CHITRAPUR HERITAGE TOUR 2023

Discover your roots

## Register your interest

Please send an email including name & age of participant(s), email address & WhatsApp number to:  
[ChitrapurTour2023@gmail.com](mailto:ChitrapurTour2023@gmail.com)

## Who can join?

16-35 year olds

- The trip is aimed at the Yuvadhara of our UK & US Amchi diaspora community.
- Parents can also join the trip as chaperones if they wish.
- The tour will take place during school holidays for a duration of 8-10 days.



## Itinerary

A perfect blend of adventure & culture

- Wildlife Sanctuary & Hike
- Spice farms & coffee/ fruit plantations
- Eco-beaches & Mangrove forest
- Historical forts & places of interest
- Yakshagana- a traditional theatre art form
- Women empowerment programmes
- Volunteer at Srivall School
- Meditation sessions
- Spiritual talks with Swarniji
- Visit the different Maths



## Vijaya Sadanand Mundkur,

born **Monday, 1940 September 23** to Murlidhar and Malati Koppikar in **Hubli**,  
joined her husband Sadanand Sanjiv Mundkur in the eternal ether  
**Monday, 2022 November 21**, from **Mumbai**.



**Vijaya** was a supremely social butterfly. For her, family and friends were everything! She was empathetic, kind, loving, generous, fiercely independent, strong willed, and most of all was a selfless human. In ways innumerable, she set a great example to follow: for her sons, her grandkids, and the many, many people who knew her.

She was a Master Gardener tending to her garden of relationships with the simple act of staying in touch through visits, letters, e-mails, texts and phone calls. Her phenomenal memory for recalling anniversaries, birthdays, and other milestone dates with a gift for nimbly traversing various branches of the family tree resulted in a lush, healthy garden imbued with vigor and spanning generations and across continents.

Amma, Anamma

Baby, Baby-akka, Baby-tai

Kaki

Vijay

Vijaya, Vijaya-akka, Vijaya-mami, Vijaya-pachi, Vijaya-tai

We miss you so much and you will be in our hearts forever!

May your soul achieve deserved peace in the eternal ether.

Vijaya leaves behind a multitude of friends and family including

Her **sons** and their families:

**Sanjay** & Vrinda  
*Malavika & Sarang*  
*Rohan & Anna*

**Shantanu** & Pratima  
*Avantika*

Her **brothers** and their families:

**Subhash** & Shaila  
*Smruti & Gopal*  
*Sabina & Sajid*  
*Samir & Vaishali*

**Mahesh** & Aparna  
*Utpal & Sandhya*

**Rajesh** & Jayashree  
*Mira & Mihir*

**There are countless others whose lives she touched, but no space is large enough to accommodate them all.**

**Mrs Anuradha Dinkar Dhareshwar**  
**(Nee Pramila Keshav Naik)**  
**28 May 1940 -- 29 November 2022**



You can never be more than a thought away.  
As long as there is memory You live in our hearts to Stay!!!

An absolutely independant woman, fighting for the best.  
Ensuring no dependency on anybody.

You were very kind hearted and helping nature to the needy.  
Closely associated with various freinds and relatives.

Strived hard for Siblings and Family since childhood days at Uran (New Mumbai)  
Most closely kniitted with Elder sisters and young brothers.

**You will awlays be Loved, Remembered and Missed !!!**

**May your Soul rest in eternal peace!!!**

***Fondly remembered by***  
Dinkar Dhareshwar (Husband),  
Jayesh (Son), Pratima (Daugher-in-law), Nitya (Grand Daughter),  
Relatives and Freinds

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## ARMY DAY

**MAJ. GEN. B N RAO, AVSM, VSM & BAR (RETD)**

The Indian nation celebrates several important national events on specific days each year; like Republic Day on 26 th January and Independence Day on 15 th August. It also observes other significant days such as Teachers' Day on 5th September, the birth anniversary of our second President Late Dr. Sarvapalli Radhakrishnan; and a few others. The Indian Armed Forces celebrate days of military significance. The Indian Navy just celebrated 4th December 2022 as Navy Day because it is on this day in 1971 that the Navy carried out daring attacks right into Karachi harbour on the night of 4 th Dec 1971 (Op Trident) and again on the Night of 8 th Dec 1971 (Op Python) using Russian Osa - 1 missile boats equipped with Styx missiles. The daring raids inflicted crippling losses on the Pakistan navy and destroyed its oil tanks at Karachi. That action contributed significantly to our victory in the west, helped lower Pakistani morale almost to the point of losing the will to fight, and ensure a resounding Indian victory in the Bangladesh war. President Draupadi Murmu, the Commander-in-Chief of the Indian Armed Forces participated in the celebrations at Vishakapatnam (Vizag), the Headquarters of the Eastern Naval Command. She was received by the Naval Chief, Admiral R Hari Kumar, PVSM, AVSM, VSM, ADC. Air Force Day on the other hand is celebrated on 8 th October each year because it was on this day back in 1932, that the Indian Air Force was officially established in erstwhile British India. The first air squadron became operational in 1933 with 6 RAF trained officers 19 Havai Sepoys (air soldiers). 2022 marked 90 years of the Indian Air Force which is today a mighty force to reckon with; being the fourth largest in the world after USA, Russia and China. To mark the occasion, the Indian Air Force organised a massive air show with 83 aircraft participating, at Chandigarh in Western Air Command. The Chief of Air Staff, Air Chief Marshal Vivek Ram Chaudhari, PVSM, AVSM, VM, ADC was present of the occasion to view the air display over Sukhna Lake. Army Day is observed on 15 th January each year **because it is on this day in 1949 that General (later Field Marshal) K M Cariappa became**

**the first Indian to assume the appointment of Commander-in-Chief of the Indian Army.** He took over from General Sir Francis Roy Bucher, the last British C-in-C. General Cariappa was selected over two other contenders for the post: General S. M Srinagesh and General Nathu Singh. Gen. Cariappa retired after a four-year tenure on 14 th January 1953; which day is observed as Veterans' Day by the Indian Army. The day aims to acknowledge and honour the selfless devotion and sacrifice of our veterans in the service of the nation. Till 2022, Army Day was regularly marked by a major military parade in Delhi Cantt. on 15 th January. It was also an investiture ceremony because the Chief of Army Staff pinned gallantry awards and other medals on officers and men for their heroic deeds or professional contribution to the Indian Army.

From this year onwards, however, the Prime Minister has desired that the event be celebrated in other cities so that our citizens at large get to see the pomp and might of the Indian Army. Consequently, Army Day 2023 is being celebrated at Bengaluru as confirmed by a spokesman of the Ministry of Defence. The parade will be reviewed by General Manoj Pande, PVSM, AVSM, VSM, ADC: Chief of the Army Staff. On account of the change in venue, the wreath-laying ceremony by the three Service Chiefs at the National War Memorial in Delhi will henceforward be scheduled to be held a day earlier. The Indian armed forces have been tried and tested in wars, proved their mettle in counter-insurgency operations, undertaken successful special operations, done sterling work during natural calamities, won acclaim on UN missions, and most importantly have successfully protected the country on the land, sea and in the air. So they have justifiable pride in observing Army/Navy/Air Force day. India is proud of its armed forces and we salute our warriors. May they always be victorious.

Jai Hind.

"It's God's duty to forgive the enemies, but it is our duty to convene a meeting between the two."

# My father – the multifaceted Sadanand Bhatkal

MANMOHAN BHATKAL

*(In the following article, son Manmohan Bhatkal talks about the person that was Sadanand Bhatkal- what he was - as a father, businessman, writer, publisher, philanthropist and a good human being)*

My father Sadanand Bhatkal was born on 08 December 1922 in Dharwar. We celebrated his birth centenary in Hotel Marine Plaza, Mumbai, on 2<sup>nd</sup> December 2022; the event was attended by a large number of his well-wishers.

I wish to describe my father whose personality was multifaceted. Besides his achievements in the book industry which are legendary, he was involved in many social activities and tried to give something back to the society in every field. My father played an active role for over two decades in Kanara Saraswat Association and the SVC Coop. Bank - the two organisations that were very close to his heart. He dedicated his life to the people around him. He must have inherited a desire to help people around him from his parents, who helped many people in their time. In the early 1940s, he along with his friends like Manohar Idgunji, Keshav Khambadkone, Narayan Kulkarni, Dr. Ramesh Kulkarni and many others, toured many areas affected by famine, and rendered help to the local population while they were still students.

During the early phase of his life, my father first started with editing a book like "Horizon", and then during the freedom struggle, wrote books titled "The Future of Indian Youth" with a view to spreading his ideas and talk about issues which were agitating the minds of the youth. He also then tried his hand at poetry in his "Nirmal and other Poems".

"Dada annu", as he was fondly called by all his family members, was a born leader and he took an active part in organising the book trade by forming the Federation of Indian Publishers and Booksellers Associations in India during early 1950s with the help of other leaders of the trade.

He was the Founder Secretary of the Federation and later also served as its President for several terms. He brought Indian books to the attention of the world, by displaying them at the Frankfurt Book Fair in 1955, probably the first developing country to do so.



In his own business, 'Dada annu' was responsible for publishing books, many of which set new benchmarks and are considered classics even today, after 6 to 7 decades after they were first published. One of the books in this list is Rasachandrika, a cookbook that practically every 'Amchi' household possess.

His exposure to the events around the world was further enhanced when he was invited by Dr. Henry Kissinger, then a Professor at Harvard University, to attend the Harvard International Seminar in Boston in 1959. There was a follow up Seminar in Tokyo in 1960. In both these Seminars, besides delivering his own talks, he got the opportunity to interact with people from all over the world, who had achieved positions of eminence in their respective fields. Unfortunately these programmes came to an end when Dr. Kissinger became Secretary of State under Nixon administration in the U.S.A.

'Dada annu' edited a magazine called "Indian Publisher and Bookseller" for close to 30 years to disseminate information about new books, new developments in paper and printing industry to librarians, publishers and booksellers and others interested in what may be called the "knowledge industry". He also edited and published a journal "Indian Writing Today" with the help of Mr. Prabhakar Padhye to spread awareness of what was happening to literature in various Indian languages to other regions of India and to the world at large.

In 1960s, he initiated the growth of Popular Book Depot by having units in Pune, Bangalore,

Sangli, Nagpur, and Delhi. Popular Book Depot truly became the Nation's Complete Bookshop and one of the largest at that point of time. He served as a Trustee of the National Book Trust and was also a Member of the National Book Development Council. When diplomatic ties were established between Israel and India, Indian government sought his assistance and sent him to Israel to showcase Indian books in Jerusalem. He was also tasked with a similar mission to Dhaka when India helped in the liberation of Bangladesh. He was invited as a Guest of Honour at the Frankfurt Book Fair, which is a Mecca for the book industry throughout the world. He also served as the Chairman of the panel for books of the Export Promotion Council. Another honour that came his way was being inducted in the Hall of Fame of the Indian Publishing Industry in early 1990s.

Unesco also used his services to conduct courses for the booksellers, publishers, librarians, and also for others like administrators who were concerned with Education Ministry in some of the neighbouring countries. He compiled and published "Asian Book trade Directories" for Unesco. Sigfrid Taubert, who directed the Frankfurt Book Fair for nearly 30 years since its inception, and brought out the book "Bibliopola" detailing the progress of the publishing industry over many centuries, asked my father to contribute an article in that volume.

Though most of his career was about publishing and selling books in the English language, 'Dada annu' in his twilight years past 80 decided to compile and publish an Encyclopaedia of Marathi literature while battling with cancer. He completed this Herculean task with the able assistance of like-minded people. This Encyclopaedia became a landmark in the world of Marathi books.

Talking of his other activities, he was associated with the SVC Bank for nearly 25 years and was on its Board first as a member, then as Vice Chairman and Chairman. He played an active role in helping the SVC Bank overcome the problems that it faced like other smaller banks, during the turbulent times of Harshad Mehta scam. He took a lead in computerising the Bank's operations. And at KSA, he started a number of projects like the 'Kala Vibhag'.

I would like to share my personal relationship with him. As a youngster, I felt that as a businessman he should have concentrated on

financial success so that our organisation could grow at a brisk pace. But instead of concentrating on purely economic issues and making profits, my father thought differently. He believed in Gandhian principles of trusteeship and cooperation which lead him to help people around him. He led a life of integrity and dedication and I now realise that it was wrong of me to judge him only in terms of financial and economic parameters. The love, affection and respect that many people all around the world have for him is the true measure of his success. In fact most of his traits which I thought were his failings were his greatest assets. I say I feel very sad that I did not earlier realise his full measure and true worth as a great human being. I wish I could turn back the clock and apologise to him and tell him that I loved him dearly. He wanted to help humanity till the end... and this he did when both he and my mother donated their bodies post their demise for medical research.

Thus was my father! A great man both in words and deeds to his last day.



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## Sadanand Bhatkal – A Tribute

GURUNATH S. GOKARN

When we are celebrating the Centenary Year of the Kanara Saraswat Association our thoughts naturally go back to remembering those stalwarts who have made valuable contributions towards the progress of this premier institution. Sadanand Bhatkal is pre-eminent among them. He had a prolonged and continued relationship with the Association during which at his suggestions and active participation the Association took major decisions and implemented them. Even in his early twenties he was an active member of the Saraswat Students League, started in 1939 for organizing debates, and visits to social institutions and small-scale industries. It was later merged with the Kanara Saraswat Association as its Students Sub-Committee. He was also one of the principal organizers of the Saraswat Cultural Conference in 1942 which called for rational rethinking on many social problems of the community in those days. Sadanand was elected as the President of the Kanara Saraswat Association in 1971 and was re-elected for the second term in 1972. He was again elected President in 1986 and 1987. During the terms of his Presidentship, he organized various programmes to bring on the platform of the Association personalities in different educational, social and cultural fields. I came in close contact with him when he became President of the Association in 1971. My relationship with him since then has always remained intimate. I was then Secretary for Social gatherings. At that time we used to meet often to plan and execute social and cultural programmes, especially that being Diamond Jubilee year. He used to be creative and enthusiastic in holding these programmes. He proposed formulating an Arts Circle for



giving encouragement to artists of all forms of arts – music, drama, paintings, handicrafts etc. and for holding regular programmes under the auspices of the association. He was of the view that with this step professionalism may develop among our artists. Being himself a connoisseur of music, he established the “Kala Vibhag” devoted

to promoting these arts. **Sadanand himself was a sitar player.** He arranged to hold the first Saraswat Sangeet Sammelan in 1971 and set the tradition and recently Fourteenth Saraswat Sangeet Sammelan was held. As President, he thought of renovating the Anandashram Hall of the Association, as users of the Hall found that their needs had grown considerably. With the helpful advisor and Architect Radhakrishna Talgeri, he initiated the plan of renovation of the Hall providing more space. The Association had started the

project of conducting the Chitrapur Saraswat Census in 1970 which continued in the Diamond Jubilee year when Sadanand became the President. His marathon work in guiding and conducting the Census work and bringing out the Chitrapur Saraswat Census Report and Directory 1971 alone deserves the highest praise and eternal gratitude of the community to him. With his contacts, he could get the help of scholars in Demography to write the report. His contribution towards Marathi and English literature is more distinguished. He had a wide circle of Marathi litterateurs and friends who were always in touch with him. He had innovative ideas for every occasion. During his Presidentship, he made the Diamond Jubilee memorable in more ways than one by implementing his unique ideas. It was his suggestion to present a programme “Saraswat Bhushan” bringing out the progress

made by the community in different fields. This was a harmonious and beautiful blending of pantomime, drama, slide show projections, and musical interludes all rolled into one presentation ably directed by versatile ladies. He did not stop at giving suggestions but he got the script prepared. The Portrait Gallery of the “Founding Fathers” which is adorning the wall of Shrimat Anandashram Hall was also his brainchild.

He visualised a group portrait and assigned the work to the famous artist P.G. Sirur. Most of the founder members were no more and he had to contact their nearest relatives to get their photographs. Sadanand had high respect for S.S. Talmaki. He wanted to keep alive Talmaki’s scholarly pioneering work. In 1991 he brought out a re-modelled second edition of Konkani Proverbs and Idioms, first published by Talmaki in two parts in the thirties, under the banner of Popular Book Depot. The book is now out of print. In 1997 at his initiative the Association launched the project of updating the Chitrapur Saraswat Family Trees, originally compiled by Talmaki about 100 years ago. This work is still being continued. After the sad demise of Bhaskar U Kumble, the then Editor in 1979, Sadanand took over as Editor of KS and looked after the journal till 1987. He often used to contribute articles to the magazine. His knowledge of publishing improved the quality of the magazine. The readability increased. A change in the style in the editorials was noticed. The articles were covered by apt illustrations. He personally took great interest in the artwork such as headings, and pictorial layouts. The contents in the magazine showed technical improvement with related topics devoted to art, science, medicine and literature. While working on the editorial work of the magazine, the late Sadanand M Nadkarni (Sadu) and myself spent many memorable days with Sadanand. Alas! I miss both of them. Sadanand was very fond of research. When he was the editor he went through past issues of Kanara Saraswat and republished some of the important articles, and biographies which had appeared in those volumes. Studious, and industrious by nature, he used to be busy with his research work in spite of failing health. His latest publication “The Karnataka Saga” is an example of his love for research. His health did not keep in tune with his mental alertness and varied

interests. Age had caught up and sapped his strength considerably. To such a great departed soul my humble *pranams*.

### **Rates for Classified and Casual Advertisements in Kanara Saraswat**

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## **Sadanand Ganpatrao Bhatkal - Bookman par excellence**

**Raghunath Gokarn**

In the passing away of Sadanand Ganpatrao Bhatkal on 26 July 2011 in Mumbai, we have parted with a reputed public figure connected with the publishing world in India and many social organizations for over seven decades. After graduating in 1943 from Bombay University, he joined in 1944, Popular Book Depot, the family business established by his father Ganpatrao Bhatkal. He did his post-graduation in sociology and economics in 1945 and LL.B. in 1946. Thus began his lifelong journey in the book industry. He thoroughly enjoyed this journey. His profession became his hobby. He was always enthusiastic and interested in intellectual, cultural and social activities. Because of his innate intelligence, inquisitive nature, eagerness to learn and deep involvement he soon grasped all the aspects of bookselling, publishing and printing. In 1950 he launched a monthly magazine, Indian Publisher and Bookseller. Though treated as an organ of the book trade as a whole it was published at his own cost. This was the first Indian journal devoted entirely to the promotion of books. He and his wife Nirmala exclusively edited this magazine for over 25 years. He established intimate connections with booksellers and publishers from all over India and also with international publishers, many of whom remained his lifelong friends. In a few years, he built up a reputation as the most knowledgeable bookman. In consultation with his father, he expanded their publishing programme in English. Popular Book Depot began publishing textbooks in medicine, mathematics, natural sciences as well as in social sciences and humanities. He cultivated close friendships with many authors, particularly with Prof. G. S. Ghurye, Doyen of Indian Sociology and Prof. D.D. Kosambi, an internationally known historian and mathematician. He took a keen interest in printing and learnt many a lesson from his friend B.G.Dhawle, owner of Karnataka Printing Press. He was instrumental in producing a beautifully printed book, Journey through Toyland, by Kamalabai Dongerkeri which received in the year of its inception the Central Government Award for printing and publishing. Many more awards were to follow. After Independence, the Central Government often used to invite Sadanand

to serve on several Advisory Committees. He was appointed by the Central Government as a Trustee on the first Board of the National Book Trust. His contribution to formulating its policies in the initial years was significant. He was a member of the National Book Development Board and the Indian National Commission for Co-operation with UNESCO. He was the Chairman of the Books Panel of the Export Promotion Council. He was connected with the Bombay Booksellers' Association. He believed in cooperation among publishers and booksellers. He was also connected with the formation of the Federation of Indian Publishers and Booksellers Association of India and was later twice its President. In 1955 he was the first Indian to take part in Frankfurt Book Fair and he was responsible for putting India on the map of the international publishing world. He was selected to participate in the Harvard International Seminar (Economics Section) conducted by Prof. Henry Kissinger in Harvard, U.S.A. in 1959 and was invited to take part in the Harvard International Seminar in Japan in 1960. He was an active participant in the UNESCO seminars held in India and Colombo. Throughout his life, he held a perennial interest in books and he used to keep himself up to date in all matters of bookselling and publishing. He was well-read in varied subjects. He had a good command over both Marathi and English and a felicity for writing. A decade ago he designed, edited jointly with some scholars and published in Marathi a monumental work Concise Encyclopaedia of Marathi Literature in three volumes under the banner of G. R. Bhatkal Foundation which became a success and has gone in two reprints and will soon be reissued by Popular Prakashan. A year ago he wrote his last book, entitled Karnataka Saga: History of Karnataka Printing Press. It was my pleasure to associate with him in editing and helping him in producing this book. I know firsthand how much effort he took in gathering the information and writing this book. He was toying with the idea of writing a memoir of his contacts with leading Indian and foreign authors and publishers. Unfortunately, his continued health problems did not allow him to concentrate on this work.

In memory of his father, he established the G. R. Bhatkal Foundation. Under the auspices of this Foundation, he used to arrange annual lecture series. The last one by Prof. Ramesh Gangolli on 'Music, Mathematics and the Brain' was held in last March in Mumbai. Sadanand was a man bubbling with innovative ideas. It was amazing how he pursued these ideas with vigour and determination. He would not accept defeat. Even in his advanced age with many handicaps, he would not give up. He would try to persuade others to take up these ideas. A few years ago he was thinking of compiling a Standard Marathi-Marathi Dictionary on the lines of the Oxford English Dictionary and had prepared a scheme. He met many scholars in this connection but this idea remained unfulfilled. He had another idea of republishing the 100 best books in Marathi. He had made a selection of these books and presented the scheme to an organisation. Influenced by Mahatma Gandhi, Sadanand was liberal and progressive in his views. He was hospitable and charitable and used to go out of his way to help relatives and friends. Many a time his home was a place for the sick

who were looked after well. Once he was travelling from Pune to Mumbai by car late at night when he found a stranger lying in a ditch after meeting with an accident. Sadanand immediately went to the spot and rescued the injured, took him to a nearby hospital for treatment and remained there till the next morning. Sadanand had his likes and dislikes like all human beings. He liked to debate his views with others. Sometimes his insistence on sticking to his stand would cause displeasure. But he never held a grudge against anyone. He had a large circle of friends from all communities. He liked to invite people to his home for social interaction and discussions on a variety of topics. Inevitably there was tempting cuisine on the table. Sadanand was himself a connoisseur of food. He and Nirmala *vahini* loved to press the guests to have a full fill of the fare. Nirmala *vahini* passed away after a prolonged illness three weeks before Sadanand left this world. They had happy relations and she was always by his side in all his activities. To me and my wife, their departure is a personal loss. Both are in good space.

### 10th Death Anniversary

8<sup>th</sup> January 2023

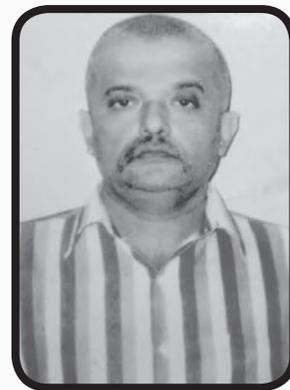


**Mrs. Eakta Nandan Trasikar**

(13<sup>th</sup> Jan 1955 to 8<sup>th</sup> Jan 2013)

### 19<sup>th</sup> Death Anniversary

6<sup>th</sup> February 2023



**Mr. Nandan Soumitra Trasikar**

(27<sup>th</sup> Aug 1951 to 6<sup>th</sup> Feb 2004)

Each day that have passed, has made us realize all the more that you are always with us to support and guide us throughout our life.

**We are missing you Mom and Dad**

***Fondly remembered by***

Son: Nachiket, Daughter in law: Seema, Daughter: Manasi, Son in law: Ajit

Grandson: Shaurya

## DIWALI DHAMAKA organised by KSA - October 21 through 23, 2022

The Diwali spirit was revived this year with whole-hearted participation by the young and old of our Amchi community at the sports, fancy dress and other events organised at Talmakiwadi.

Anant Vithal Nadkarni & Leena Chinchankar gave immense support to KSA in planning & organising various innovative sports events for all age groups with dedicated Tulsi Manjeshwar and Kanika Nadkarni physically conducting these events effectively at the Anandashram Hall & Sirur Square from 21<sup>st</sup> to 23<sup>rd</sup> October, 2022. Over 100 kids & youth actively participated in events which ranged from music concerts, performances, skits, sports and competitions like handwriting, memory, writing skills etc. Most of all everyone enjoyed every moment of it.

**FRIDAY, 21<sup>st</sup> OCTOBER, 2022 :** The Celebrations started with a Fancy Dress competition. More than 15 young charming children participated & provided great joy to everyone present with their courage and creative ideas. Shanta Hoskote & Nivedita Nadkarni were the judges for this tough competition.



This was followed by an entertainment programme by the Guru Prasad Swar Mala (GPSM) group from Vileparle (E) which comprised amchi artists across age groups.

The programme titled, 'Ek Shaam Mastani,' which included dance, drama and top-class music was GPSM's first-ever performance outside their society premises. Every artist gave their best performance and enthralled the packed audience who enjoyed the programme. The highlight of the evening was a harmonium performance by the veteran musician of our community, 96 years young, Gurudatt Heble who is a part of

the GPSM team. He was felicitated by a 100-year young former gymnast, Smt Parvati Sharma, to a thunderous applause and a standing ovation from the inspired audience.

**SATURDAY, 22<sup>nd</sup> OCTOBER, 2022 :** A unique programme "Salute to our Aamchi Defence Heroes" was held at Shrimat Anandashram Hall. It was an open-hearted conversation with the guests for the evening, our Amchi Defence heroes, Lt. Col. Manohar Karpe (Retd) – Indian Army, Commander Anand Hoskote, VSM (Retd)- Indian Navy, Group Captain Jitendra Masurkar, VM – Indian Air Force. Young Squadron Leader Manali Bijoor – Indian Air Force and young Squadron Leader Risheek Dhareshwar could not be present as they were posted on duty. Maj. Gen. B.N. Rao, (Retd), Lt. Sachi Koppikar, Lt. Col. Shantanu Maskeri (All from Indian Army) as well as Cdr Chaitanya Shiroor (Retd) could not make it to the programme that evening but their selected photographs in uniform were shown on the screen for the information & pleasure of the audience by our young pioneer in Digital Marketing, spirited Samiir Halady despite his ill-health. Our sincere thanks Samiir.

The discussion was moderated by Sunil Ullal who began by thanking Maj. Gen (Retd) B.N.Rao, AVSM, VSM & Bar of the Indian Army for sharing ideas and tips with him to make the conversation informative and interesting for all present though he could not personally grace the event. Ullal began with a brief introduction to the Armed Forces and then shared the five myths which deter many un-informed aspirants from considering serving in the armed forces. These myths were knocked down by each of the guests present and the true picture of being in the armed forces was revealed. Lt. Col. Karpe introduced the Army by quoting the Memorial Stone at Kohima which reads:-

*WHEN YOU GO HOME  
TELL THEM OF US AND SAY  
FOR YOUR TOMORROW  
WE GAVE OUR TODAY*

He then gave a background of his time in the army. Having passed out of the two fine institutions, the National Defence Academy (NDA) and the Indian Military Academy (IMA), Lt. Col. Karpe joined his first unit in 1964. His first realisation was that there was no caste system in the Army, all of them were Kshatriyas and his

religion was that of the men he was serving with.

Having missed participating in the 1962 Indo-China war, he was fortunate to be a part of the 1965 and 1971 Indo -Pak wars in Punjab and Kashmir. The atmosphere in both wars was tense and he returned with an understanding that the jawans were ready to lay down their lives for him and he was ready to lay down his life for them. He mentioned that to this day, having left retired from the army over 28 years ago, the jawans still received and treated him like he was still serving and he never feels he is away from them. He emphasised how the army looks after their men, as the man behind the weapon is more important than the weapon itself. Lt. Col. Karpe, gave a detailed insight into life in the Army and provided advice on how aspirants can be a part of the Forces.

Cdr. Hoskote vividly described his experiences on joining the Navy and shared some life-threatening experiences he had faced while in service. Group Captain Masurkar talked about what inspired him to join the Air Force and gave a glimpse into his training days at the NDA and social life in the Armed Forces. He stated a message for any individuals contemplating joining the Armed Forces which reads “a deep-rooted passion of willingness to serve the nation is considered mandatory for any young aspirant, without which all abilities & capabilities fall flat.”

Cdr. Hoskote gave a thrilling account of what it was like to be part of the 1971 war and the Kargil war and the role the Indian Navy played during both these times. He explained how the missile boats of the Indian Navy stealthily approached Karachi in Dec 1971 and bombarded the Karachi Harbour thereby destroying the oil reservoir tanks of Karachi as well as bringing Karachi harbour to a standstill and how it had impacted the enemy. He also shared a life-threatening incident from his career as a young officer serving on an Indian Naval ship. This story was not meant to scare the audience but to give insight into how challenging life in the Armed Forces can be and how essential it is to be able to not just think but also take decisions on the fly.

Sq. Ldr. Manali had sent a video, wherein she thanked the KSA for honouring her. She gave a brief on how she became a part of the Indian Air Force and the role her parents played in her joining the Armed Forces. Her mother, Malati Bijoor spoke about Manali and how it had been her dream since

childhood to join the Armed Forces. She shared some experiences from her childhood and in the Air Force. Parents play a very important role in encouraging and moulding children who wish to join the Armed Forces. Life in the Armed Forces is like any other job only more challenging, more thrilling and much more fulfilling.

The families of the service men and women enjoy a wonderful social life with excellent schools, sports facilities and a variety of other activities. After joining the Forces, you are also given the opportunity to study further and enhance your skills. Lt. Col. Karpe informed all present of the numerous ways in which one can join the Armed Forces. Cdr Hoskote mentioned joining the Indian Navy under the 10+2 scheme. After retiring from the Forces you can do gainful employment amongst civilians and both Lt. Col. Karpe and Cdr Hoskote described what they had been doing post-retirement. It was a very illuminating and exhilarating evening and the audience thoroughly enjoyed it. The session concluded with a vote of thanks by Ashwini Prashant.

The various methods by which one can join the Defence forces as shared by Lt. Col. Karpe;

RIMC (Rashtriya Military College.) Dehra Dun. – is a nursery of Leadership for institutes like the NDA. Young boys and girls are selected from every state strictly on merit through a process of written examination, interview and medical test.

25 cadets are admitted every 6 months. Admission age not less than 11 ½ years on 01 Jan or 13 years on 01 July of the term they join. The examinations and distribution of marks are as follows; English- 125 marks, Maths-200 marks, General knowledge- 75 marks. Those clearing the written have to appear for Viva voce test of 50 marks. Those who clear will join class VIII.

b. Services Preparatory Institute (SPI) Aurangabad and Nasik. Boys and girls in class 10 of Maharashtra state can apply. The applications are opened online in December / January.

NDA & IMA – The NDA can be joined after completing class 12 and the IMA after graduation by appearing in Combined Defence Services Exam.

Officers Training Academy (OTA) - One can join the OTA without appearing for a competitive exam by joining NCC and getting the C certificate. To join the Navy or Airforce one must get a minimum of 60% marks in BSc and a minimum of 50% marks if required for joining the Army. Those who qualify must be medically fit.

In conclusion, in case one wants to join RIMC, SPI or NDA one has an advantage if studying the CBSE course material as the exam is conducted at the all-India level.

The most important requirement though is Determination. And the satisfaction one gets from having served the Nation in the Armed Forces cannot be described in words. So, why not consider it?

**SUNDAY 23<sup>rd</sup> OCTOBER, 2022 :** The Diwali Sunday dawned with the online DIWALI PAHAT where 16 talented artists from Mumbai, Karla, Bengaluru, USA, and two young versatile comperes from Mumbai brightened the morning of the viewers. As the year 2022 is being celebrated as the 75th anniversary of Indian Independence, each artist presented one patriotic song along with their other recital. There were some wonderful performances on the Harmonica, Melodica, Guitar, Piano, Tabla, Whistling and Cajon, which were much appreciated by the viewers. Our technical genius Rajan Kalyanpur successfully handled the

compiling, editing & screening of the 30 songs for over 2 hours and ensured that it went smoothly.

The evening was for the *Amgeli Aamchi* Rock Band “Strummin’ Blues” whose leading Musician Paritosh Divgi not only conceptualised the theme but also managed the song selection, and sequencing and organised the artists for the performance. The artists diligently worked long hours for three weekends to put their act together. The 10 instrumentalists and 7 singers performed for over 3 hours to the thundering applause of an enthusiastic full-house. The singers were given a few breathers by short filler skits and a dance performance. The light and sound effects were provided by an experienced team and the show was streamed Live on Facebook by the technical genius Samiir Halady. The show was a befitting finale a fantastic 3-day Diwali celebration organised by the KSA. The overall Diwali Dhamaka programme was made a success by not just participants in the various events but by the encouraging and supportive crowd who helped make these memorable days for one and all.



**feted by then President  
Dr. SD Sharma**



**Cdr. Anand Hoskote (Retd.)**



**Group Capt. Jitendra Masurkar**



**Lt. Col. Manohar Karpe (Retd)  
(extreme right)**



**Lt. Col. Shantanu Maskeri (Retd.)**



**Cdr.Chaitanya Shiroor (Retd.)**

# Parisevanam

## Bhagavad Gita

Here is a chapter-by-chapter analysis of an immortal text by our erudite contributor Dr. Sudha Tinaiker. The highlighted portions will enable you to realize that the gems of wisdom contained in this ancient treasury are an infallible guideline to living right

### Chapter 14 - Gunatraya Vibhag Yoga

The 14<sup>th</sup> chapter of the *Bhagavad Gītā* is an extension of the 13<sup>th</sup> chapter in which Lord Krishna describes the *kshetrajna* as *guṇātīta* or, the attribute-less consciousness.

As there is no other discussion here, this chapter will be summarized briefly.

*Bhagavān* reminds Arjuna that He is the combination of *Purusha and Prakriti* by which the whole manifest Universe is projected. **The *Apara-Prakrti* being the matter principle, manifests into myriad names and forms; the *Parā-Prakrti* being the consciousness is the very *adhishṭānam* of the entire manifestation.**

The manifest Universe, being the product of the matter principle *Aparā-Prakrti*, is made up of the three attributes (सत्त्व, रजस् and तमस्) which are naturally inherent in it. The *jīva-s* also being the products of the same *triguṇātmikā māyā* also contain the same three *guṇa-s* in various combinations. Thus the three *guṇa-s* bind the *jīva-s* in various ways.

*Satva-guṇa* is the subtle and pure attribute which gives the *jīva* an intellect capable of clear thinking, unobstructed understanding and the capacity to learn. Composure, peace and contentment are the results of a *sattvic* mind. However, it can make a person shun outward disturbances and constantly hanker for quieter surroundings and also create a compulsion to acquire more and more knowledge. Such a person prefers to be withdrawn and quiet by himself.

A *satvagūṇa-* predominant mind is very conducive for spiritual growth and attains higher *lokā-s* after death.

*Rajogūṇa* on the other hand is action- promoting, making a person restless and always engaged in physical and mental activity. Such a mind is always disturbed and scattered in various directions making any serious learning difficult. It tires out the person due to constant

activity. Such a disposition of the mind is most often propelled by strong desires for material objects.

A *Rajogūṇa* -predominant mind stagnates spiritually and attains the same human *loka* again and again and involves itself in repeated *karma-karmaphala* cycles.

*Tamogūṇa*, on the contrary, is of the nature of dullness. Sleep, procrastination, inactivity, confusion and inertia are the features of this mind. Such a disposition does not allow any learning to take place, nor does it propel the person into physical action leading to dereliction of one's duties and responsibilities.

A *Tamogūṇa* - predominant person is likely to have a spiritual downfall and attains lower *loka-s* after death.

**Every *jīva* being a combination of all the three *guṇa-s*, experiences constant fluctuation in their composition at different times of the same day and also in different situations.**

*Bhagavān* explains that only four combinations of the three *guṇa-s* are possible in human *jīva-s*.

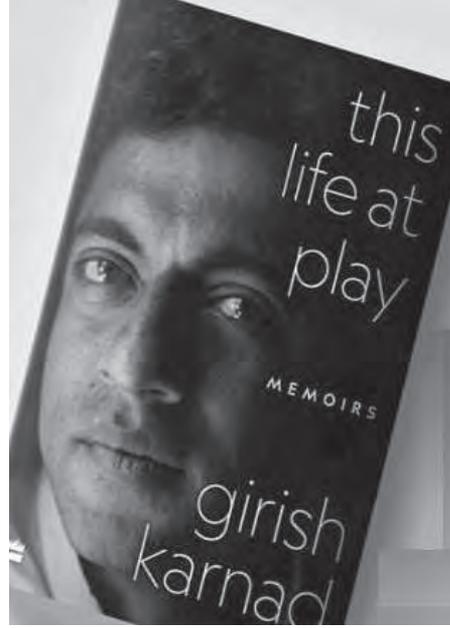
1. *Sattva* followed by *rajas*, followed by *tamas* called a *Guṇa-Brāhmaṇa*.
2. *Rajas* followed by *sattva*, followed by *tamas* called a *Guṇa-Kshatriya*.
3. *Rajas* followed by *tamas*, followed by *sattva* called a *Guṇa-Vaishya*.
4. *Tamas* followed by *rajas*, followed by *sattva* called a *Guṇa-Shūdra*.

This classification is not meant to degrade any *jīva*; but only to point out his or her *guṇa-* predominance, which has been explained in great detail in the 3<sup>rd</sup> chapter.

*Bhagavān* says that it is possible for a human *jīva* to work towards *sattva-guṇa* predominance. This is very necessary for a *mumukshu* to understand the teaching

Sandeep Hattangady

## this life at play – MEMOIRS



An interesting read about the most celebrated actor in films and plays and a successful playwright who eventually worked for the OXFORD UNIVERSITY CLUB and later became the dean of Film and TV Institute in Pune. Tracing Karnad's early life in Sirsi to Dharwad to

Oxford to Mumbai where he made films and plays his career and gained recognition for films like Man Pasand, Swami, Meri Jung, Apne Paraye, in which he acted and later wrote plays like Hayavadana, Nag Mandal, and the iconic Tughlaq though he was a wannabe poet. He also made films like Kaadu, Samskara, which were universally lauded though he had made them in Kannada. He was awarded the Prestigious awards like National Film Awards, Filmfare Awards, the Kalidas Samman, the Sangeet Natak Akademi Award, the Padma Shri, the Padma Bhushan, and the ultimate literary prize, the Jnanpith Award. He also served as the Chairman of Sangeet Natak Akademi and the director of Nehru Centre, London. The book also delves into the personalities of his various friends who contributed to making him a titan of the theatre and film medium. The film has lucid prose and written in a very simple manner along with Srinath Perur who is an author and a translator. Its an absolute must-read for students of poetry, theatre and cinema.

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of the *Veda-s* and attain *Ātmajñānam*. It is this *sattva-guṇa pradhāna* intellect which can have a clear vision (सम्यग्दर्शनम्) and understanding that - "I am the taintless, *akartā-abhoktā Ātmā*."

With the entire manifest Universe being the combination of all the three *guṇa-s*, I the *adhishṭānam Brahma* am free from all the three. I, the Brahman, am the *Guṇātīta Ātmā*; unaffected by any of the three. I am in and through all the three, yet transcend all the three. The one who knows Me as the *Guṇātīta*, is a *sthitaprajna*, a wise person, a *jnānī* with the right vision (अहम् ब्रह्मास्मि). Such a person sees himself/herself as the *Guṇātīta Ātmā*.

Now Bhagavān describes the nature of such a *Guṇātīta Jnānī*.

He/she is unaffected by any of these combinations of the three *guṇa-s*.

He/she neither tries to get away from *rajo-tamo guṇa-s*, nor hankers for *sattva-guṇa*.

He/she is not gripped by the opposite pairs of situations of life.

His/her responses and actions are balanced and appropriate.

Good/bad, happiness/sorrow, success/failure, praise/censure, friendliness/enmity have no effect on this *Guṇātīta jnānī*.

Neither is he/she bound to any action nor its results (स्वर्ारम्भपरित्यागी). All actions are considered as merely those taking place in the *anātmā* body-mind-sense complex propelled by *prārabdha*.

There is absolutely no identification in any action as a *kartā-bhoktā*; even though he/she may be active. A *jnānī* is not a person given to laziness or sloth.

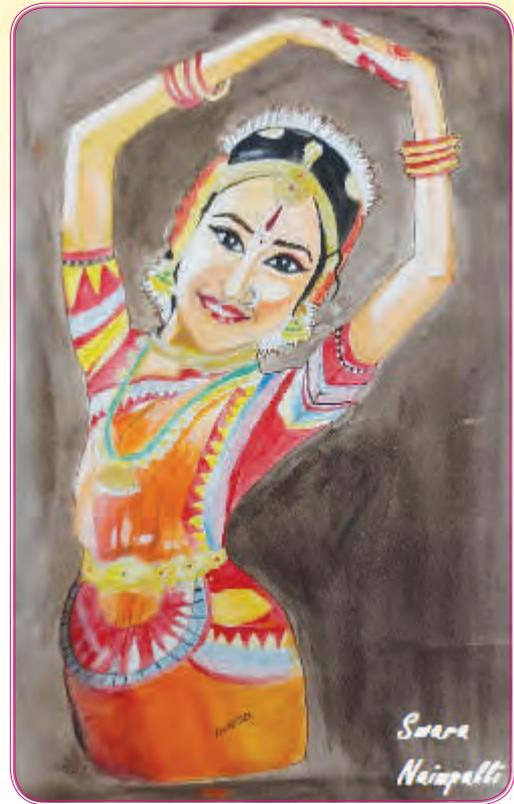
**Bhagavān concludes by saying that absolute commitment to this teaching with un-wavering bhakti and surrender to Me, reaches Me. I am the destination, goal and the central teaching of all the Veda-s.**

**Any person preparing himself/herself by managing the guṇa-s and understanding his/her true nature to be the Guṇātīta-Ātmā attains Me (Jīvanmukti) here and now.**

(Concluded)



**Merry Xmas**  
by Kaeya Kodial 7 years, UK



**Dancer**  
by Swara Naimpalli 13 years, Helsinki.



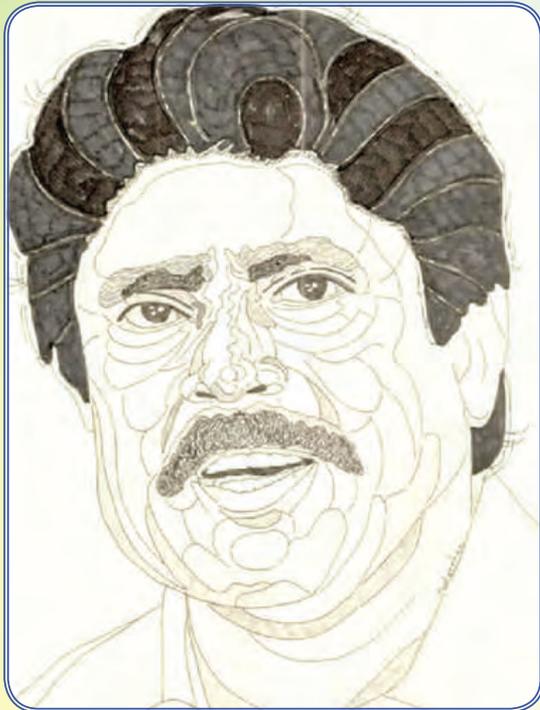
**Meerkats** by Anmay Vora 6 years



**Land day and Night**  
by Umika Hattangadi 10 years, Wakad

We would like to encourage children u/16 to send their paintings, sketches and creative art to us for publication by the 10th of every month.

**Art Corner**



**Kapil Dev .. Happy Birthday 6th January  
by Sudarshan Rao, Udipi**



**Happy Birthday Deepika....  
by Seema Nainpalli, Bangalore**



**Fisherwoman  
by Guru Prasad Kalthod**

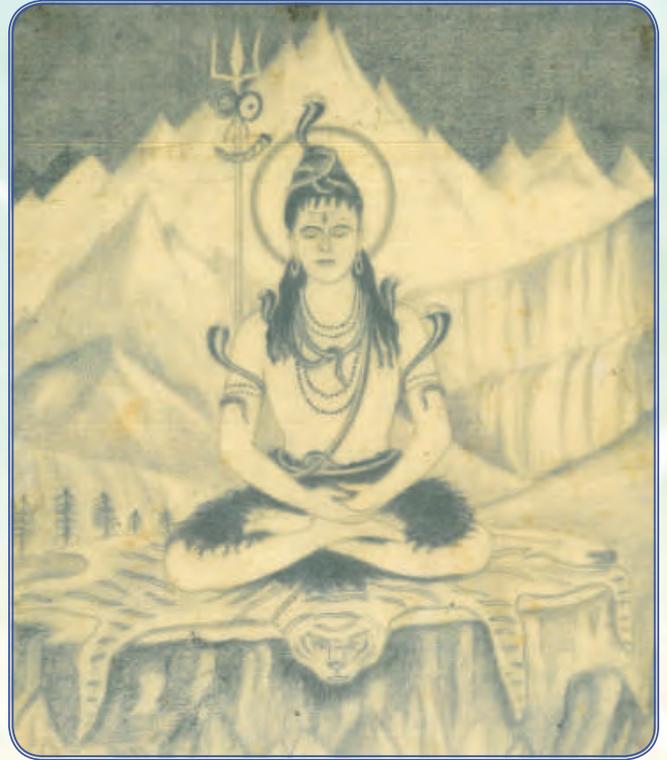


**Flowers  
by Dr. Divya Gangoli, Bangalore**

**Art Corner**



**Shy Woman by Nita R Gokarn, Bandra**



**Lord Shiva by Kishore Balwally**



**Peacock Gond Painting  
by Anagha Gokarn, Andheri**



**Kerala on Saree pallu  
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# Interview with Maj. Gen. Harsh Gangoli (Retd.)

BY ANJALI BURDE

Army Day is celebrated every year in India in recognition of Field Marshal K. M. Cariappa (Lt. General then) taking over as the First Commander in Chief of the Indian Army on January 15, 1949. This year on 15<sup>th</sup> January, 2023 we will be celebrating the 75<sup>th</sup> Army Day. On this glorious occasion we present a conversation with Major General (Retd.) Harsh Gangoli who has served the Indian Army for 38 years and now resides in Pune with his wife Shobha Gangoli.

**AB: Please tell us about your family, your school and college days.**

**HG:** My father Chaitanya Gangoli was in the police force and my mother Chitra was a homemaker. I schooled in Lonavla and completed my university education at Fergusson College, Pune. I hold a BA (Hons.) Degree in Economics from Pune University.

**AB: When and why did you decide to make a career in the Armed Forces, was your family supportive in this decision?**

**HG:** Back then career options were not as many as we see today. I had decided early on in my life that a regular 9-5 job in the corporate sector was not meant for me. In college I and a few of my peers decided that we would join the army. My family was fully supportive about my decision to make a career in the armed forces. Life in the army is very satisfying, adventurous and enriching. I had no regrets in making the army my career choice.

**AB: Did your perception of army life change after you actually joined and started serving.**

**HG:** In the early days as new recruits at the academy we were expected to lift huge trunks and load them in army trucks. Army training is grueling but I was prepared for it. The perks and other facilities come in later. My perception about the army certainly changed for the better. Throughout the training and later on I had a lot to learn.

**AB: Being in the Army entails transfers across the length and breadth of the country, could you tell us of any special memories of your postings.**

**HG:** Travelling all over country meant new challenges but all this helped me evolve into a better person. All through my service I have lived in different parts of the country met different

people across various cross sections of society, I got to know the country better and overall it was an enriching experience.

I have served in areas of insurgency in North East India. My early postings however were in the Himalayan region. During the 1965 war with Pakistan, I was wounded with a bullet injury in my left arm in the battle of Chawinda. It was a night of intense shelling with bullets flying all around. Seeing me injured there were my fellow soldiers who braved through it all to be by my side. I underwent surgery at the Army hospital in Udampur. During the surgery many jawans stood outside, in case there was requirement of blood for their dear Sahib. Such is the bond and camaraderie among the soldiers. Later I was shifted to Army hospital in New Delhi. It was a great honour when the then Prime Minister Hon. Shri Lal Bahadur Shastri paid a visit to the hospital. He met me and some of my colleagues, sat on the bedside and enquired about us. Receiving a pat on the back and the kind words of appreciation from the PM himself is indeed a memory to be cherished for a lifetime.

**AB: How did you meet your life partner, was your family with you in all your postings?**

**HG:** My marriage with Shobha was an arranged marriage. Our families have known each other over three generations. I spent many years in the non-family areas, but we had some good family postings too. But due to my field postings, I had very little time to look after the education of my sons Amit and Ajay. I give all credit to my wife for taking on the responsibility of bringing them up. Both my sons are doctors from the Armed Forces Medical College.

**AB: Could you share in brief your rise in the ranks in the Army?**

**HG:** I was commissioned in the Army on 11 Dec.1962 as a Second Lieutenant. Later I commanded a battalion as Lt. Colonel in J& K from 1979 to 1982, as a Brigadier from 1989-1991 and a division from 1994-1995. I retired from service as Major General. Throughout my tenure, I also kept myself professionally upgraded through various courses offered at Staff College, Wellington, Sr.Command and the National Defence College.

**AB: Post retirement, what are some of the things that keep you busy.**

**HG:** Post retirement, I have worked with ITC Ltd. as a corporate adviser for 6 years and as Director General in Management Institutes for 3 years.

**AB: What would be your message to the youth who aspire to join the Army but are not able to**

**make it?**

**HG:** Yes, not everyone who aspires to join the Army is able to do so, but I believe that you can serve your country through other professions too. If you are good you will do well anywhere provided you give your 100% and keep enjoying doing what you do. Jai Hind

*Children's Corner*

### Silly Miss Milly

Ms. Milly is silly  
Ticktock went the clock, now it's time for school  
But Ms. Milly and Mr. Brown are out of town.  
The students were so sad they had a frown on their faces  
Because Ms. Milly and Mr. Brown were going places.

Samvit Karkal, 7 years  
Houston, Texas, USA

### Brain Teaser (Age)

Five years ago, Arun was three times as old as Amita his sister. Now he is twice as old. How old are they ?

(Answer on page 60)

### Poetry of Hope

Hope is a wishing star  
Near never far  
Hope is dreamy joyfulness  
It is also pure happiness  
Hope is when a bird builds a nest  
Wishing all will be the best  
Hope is when a chick is born  
Dreaming there is a bowl of corn  
Hope is a bed of roses you desire  
At the end of a long hard day when you tire  
Hope is positive  
It's never negative  
Hope is anything  
Hope is everything  
So let us hope that HOPE is never lost  
It can never be high a cost

Soumya Santosh Sirur, 9 years

*Children's Corner*

### FUN TIME & PASTIME

#### MAKE WORDS FROM THE IMAGES BELOW BY SUFFIXING ANOTHER WORD



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Answers in the next issue

## Interview of Ishaan Sanadi

**Ishaan Sanadi, joint winner of Bhagavad Gita recitation competition, talks to by Jr. Editorial Committee Member, Vedant Heblekar**

*(Recently, Bhagavad Gita recitation competition was held in KSA's Shrimat Anandashram Hall. The competition was won jointly by Master Ishaan Sanadi and Paartha Ray both from Saraswat Colony, Santacruz. We congratulate the young masters for their interest and prowess. Vedant who is the Jr. Editorial committee member spoke to Ishaan about his success. We hope this encourages other children to also take part)*

**Vedant Heblekar (VH): Congratulations on winning the competition. Tell me something about your hobbies and interests.**

**Ishaan Sanadi (IS):** I like to draw, play the Tabla, and I have recently started to like chanting the Bhagavad Gita and the Medha Suktam.

**VH: Why did you want to learn how to chant the Bhagavad Gita?**

**IS:** At first, I thought that chanting Bhagavat Gita was very boring, but I soon thought I'll give it a try because my family members were also chanting it. After a month, it seemed very interesting.

**VH: Why do you enjoy chanting?**

**IS:** I enjoy chanting because I like the pronunciations in Sanskrit like 'ch', 'sh', and many more.

**VH: Who has taught you to chant? Who corrects you and takes up your chanting?**

**IS:** My aunt (mother's sister), Mitali taught me the shlokas and my paternal grandmother, Annamma, takes up my chanting practice daily for 10 minutes.

**VH: How many days or months have you been practicing to chant?**

**IS:** I have been practicing for around 5-6 months before the competition, during which we used to meet twice or thrice a week to do collective chanting.

**VH: Is this the first time you have participated in the Bhagavad Gita competition?**

**IS:** This is my fourth time participating in this competition. I started chanting at the age of six years.

**VH: How did it feel winning the competition?**

**Did you think you would win?**

**IS:** I was not sure that I would win, but working hard was more important for me.

**VH: What are the most important lessons you learnt from these shlokas?**

**IS:** I learnt to do my best and leave the rest to God, just like in the shloka "**Karmanye vaa adhikaraste, ma phaleshu kadachana**".

**VH: How does the Shloka chanting help you?**

**IS:** The shloka chanting has helped me to increase my memory and intelligence. It has also tested my confidence of reciting it in front of an audience, without getting scared.

**VH: What are the challenges you faced while preparing for the competition?**

**IS:** I came to know about the competition on 3<sup>rd</sup> October and the competition was on 20<sup>th</sup> November. So, I had very less time to practice and I had to work very hard. I had to practice as many times as possible, each and every day.

**VH: How many shlokas from the Bhagavad Gita do you know?**

**IS:** I know shlokas from the chapters 11, 12 and 13.

**VH: Thank you Ishaan for your time and for sharing your experience. Heartiest congratulations again!**

\*\*\*

## Paartha Ray (10) winner of Bhagavad Gita Competition talks to Adya Nagarkatti (10)

10 year old Paartha Ray studies in class 5, Arya Vidya Mandir School, Bandra West and resides at Saraswat Colony, Santacruz, Mumbai. He is the Primary Head Boy at his school this year. His co-curricular activities include playing the tabla, dramatics, art, cooking, traveling, playing football and reading in his spare time.

He recently participated in the KSA Bhagavad Gita Competition held this year and has won 1st place.

**Adya: Hi Paartha, Congratulations on winning the Bhagavad Gita Competition.**

**Paartha:** Thank you so much Adya.

**Adya: How did you prepare for the competition?**

**Paartha:** I prepared for the competition with the help of my father and my Gita teacher, Mitali Mallapur.



**Ishaan Sanadi & Paartha Ray Jt. Winners**

**Adya: What inspired you to take part in the competition?**

**Paartha:** To win the competition, as well as to improve my शब्द उच्चारण or Sanskrit pronunciation inspired me to take part in the Bhagavad Gita Competition.

**Adya: Which chapter of the Bhagavad Gita did you recite in the competition?**

**Paartha:** I recited the chapter 13, क्षेत्रक्षेत्रज्ञविभागयोगः।

**Adya: How did you feel after securing 1<sup>st</sup> place in the competition? Did you expect it?**

**Paartha:** I felt extra happy this time, more than last time, because me and my best friend Ishaan both got the 1st prize together.

I knew I would perform well.

\*\*\*

## **Smt. Ambabai Heble Bhagavad Gita Recitation Competition & Abhivyakti event**

**SMITA MAVINKURVE**

The Shri Chitrapur Math Grant Road Local Sabha had been holding the Bhagavad Gita Recitation Competition on a small scale within the Sabha since 1986. However, after HH Shrimat Sadyojat Shankarashram Swamiji ascended the Shri Chitrapur Math Peetha, under His guidance the scope of this competition was broadened to include all *sabhas* in Mumbai. The *Abhivyakti* event was also introduced to encourage the *sadhakas* to read, analyse and express their understanding of various selected *shlokas* from the Bhagavad Gita.

Since the last few years many of the teachers from the 'Girvanapratishta' wing not only teach the correct way to recite the Bhagavad Gita but also judge the competitions.

On Sunday, November 20<sup>th</sup> 2022, 2.30 pm onwards, the annual Smt. Ambabai Heble Bhagavad Gita recitation competition and *Abhivyakti* event was held in Talmakiwadi, Grant

Road, Mumbai. 35 participants participated in the Bhagavad Gita competition and 20 participants participated in *Abhivyakti*. In the last couple of years this event could not be held. In spite of that a good number of participants came.

The winners of the competition were as follows –

### **Below 8 years**

1<sup>st</sup> prize – Atharv Bangalorekar

### **8 to 15 years**

1<sup>st</sup> prize – Paartha Ray & Ishaan Sanadi

2<sup>nd</sup> prize – Vihaan Masurkar

### **15 to 35 years**

1<sup>st</sup> prize – Veda Kailaje

### **35 to 55 years**

1<sup>st</sup> prize – Dr. Divya Bijur

2<sup>nd</sup> prize – Siddharth Ray

### **Above 55 years**

1<sup>st</sup> prize – Vidya Aldangadi

2<sup>nd</sup> prize – Smita Mallapur



**Atharv Bangalorekar**



**Vihaan Masurkar**

## **Vedant Heblekar of the Jr. Editorial Committee interviews Col. Bharat Haladi**

*(Since Army day is in this month of Jan, our Jr. Editorial committee member Vedant enjoyed his tete-a-tete with Col. Bharat Haladi, our boy from Talmakiwadi)*

**Vedant Heblekar (VH): Can you please tell me something about yourself?**

**Col. Bharat Haladi (CBH):** I'm Col. Bharat Haladi, son of Raghunandan and Sunanda Haladi. I have mostly studied in Mumbai and Gujarat. I appeared for my entrance exam with the Services Selection Board and got selected for the National Defence Academy (NDA) in 1977, where I completed 3 years of training. I also did a 1-year training at the Indian Military Academy at Dehradun. I was commissioned to the Indian Army as an officer in December 1980. We used to be commissioned in the rank of Second Lieutenant (which has now been removed). I am married to Madhavi, and we have two children, our elder son Mohit and younger daughter, Divya. We also have a 2-year-old granddaughter called Nikita.

**VH: What got you interested in joining the Army, and at what age?**

**CBH:** In 1976, when I was 17-18 years old, I wanted to join the Airforce because I loved aeromodelling. A friend of mine and I used to make small aircraft models and we wanted to become pilots, which got us interested in the Army. In the medical exam, unfortunately, they found a small problem in my hearing at high frequency. The doctors advised that if I got selected, the air pressure differences while flying would affect my hearing. So, it would be better to join the Army instead. This made me decide to join the Army.



**Col Bharat Haladi in  
the year 2004**

**VH: Please can you share some interesting stories of the battlefield?**

**CBH:** During the conflict in Kargil, I was posted in Nagaland at a different border. In 2001, there was a near-war situation when our neighbouring country's terrorists attacked our Parliament. At

that time, I was the Commanding Officer of my regiment and was in the desert area, preparing my men and equipment for war. Eventually, the war did not take place because of international pressure.

**VH: What are the challenges you faced?**

**CBH:** There are plenty of challenges each day in the Army. We have to work in different kinds of terrain and geographies. I have worked in Punjab, the jungles of Nagaland in the North East, the deserts of Rajasthan, and cold places in Russia as well. You get a lot of different opportunities to work with very complicated equipment and that makes every day very challenging.

**VH: How did you overcome these challenges?**

**CBH:** The first thing we learn in the Army is that 'Nothing is impossible'. We are taught in NDA that we are capable of doing anything in the world. When we are told that something is impossible, we may take longer to do it, but it never crosses our mind that we will not be able to do it. That positive attitude is what we need in all walks of life.

**VH: What message do you have for youngsters?**

**CBH:** Believe in yourself and think **BIG**. Nothing comes free in life. Don't think of finding shortcuts. In the long run, it is only your efforts that will always help you. Always wear clothes and behave like the person you want to be, and not the person you think you are right now. Always find a solution. Don't focus on the problem, focus on the solution. A solution-oriented mindset will help you overcome any challenges in life.

**VH: What are your hobbies?**

**CBH:** I play the guitar and have been singing since my school days, as music is a very good hobby. I also do digital art on canvas, where I draw and paint on the computer using a stylus. This is then printed onto the canvas with pigment inks. I then touch it up with acrylic paints. I enjoy playing golf.

I am also interested in social work, which I get the opportunity to do as a Rotarian. I have worked with underprivileged children, and villages requiring support in development, conserving water, solar lighting etc.

**VH: What is the most favourite or exciting part of being in the Army?**

**CBH:** There is always a variety of situations that you face, with no repetition at all. In the Army, you will always be doing something different and will be continuously learning. There are a lot of training programs because learning never ends in the Army. You can gain vast knowledge in different fields. Physical challenges also exist, so you have to be physically fit for any war-like situation. This helps you look after your body and mind well.

**VH: There are a lot of movies made on the Army? How much that they show in the movies, is real?**

**CBH:** Movies are made to keep the audience happy. In real-life situations, there is no music and songs being played in the background or the Indian flag being waved while soldiers go to war. In the real world, everybody goes to war to win and preserve the reputation of their regiment. The 3 pillars of the Army are – Naam (name), Namak (food) that you have with your friends and bond, and Nishaan (symbol), which could be a regimental flag, uniform, colour of the beret, patches on the shoulder or lanyard etc. They represent the organization that you belong to.

**VH: Which regiment were you in?**

**CBH:** I belonged to the Army Air Defence, and was in charge of the anti-aircraft weapon systems. 40 years ago, army defence was a part of the Artillery, but in 1994, we formed what is called as the Army Air Defence (AAD). I continued in that till I retired. I commanded an air-defence missile regiment, where I led 700-800 men.

**VH: Please share some stories from your posting in the North East.**

**CBH:** In Nagaland, there is a lot of jungle and the roads are very narrow. There is a lot of disturbance where people are trying to brainwash locals to create something called a Greater Nagaland, which will not be a part of India. Just like the trouble happening in Jammu Kashmir, there

is more trouble happening in the North East, but not much is written or spoken about it by the media. In Nagaland, most people can't move around safely without escorts. I was responsible for the operational logistics of 4,5 states, covering 96,000 sq.kms. I had to make sure that the Army located in this area gets their food supplies, medicines, ammunition, equipment, transport and other essentials, on a daily basis. With too much rain in the North East, the equipment gets spoilt easily because of the humidity. In the 3,5 years I was there, we had to not only take care of the equipment and maintain it, but also protect ourselves from insects, wildlife and people trying to kill us.

**VH: What work did you do as a part of your regiment?**

**CBH:** In the Army, you get a chance to be an all-rounder. You get training to become good at everything. You are also responsible for the men in your regiment to ensure that they are trained well and professionally qualified to do their job. We have to keep them trained and ready for war, while also making sure our sophisticated equipment was maintained well. My regiment was equipped with 12 such tanks, and each tank carried 2 radars, 4 guns, and 8 missiles which could be fired on the move. A lot of technology and mechanics are involved in its operation and maintenance. I had to also ensure the administration of food, clothing, transport, equipment etc.

**VH: Can men and women be treated equally in the Army?**

**CBH:** It is difficult to treat them equally because women are made up physically differently and may not be able to take the hardships. They are mentally strong. Even though they are willing to take the hardships, their body may not enable them to do so. Women are thus assigned jobs where they can be equally good as men.

**VH: Thank you for your time! Jai Hind!**

\*\*\*

We live by chance,  
We love by choice,  
We kill by profession .....  
Hail Mother India

# Culinary treasures of India- Uttar Pradesh

ANJALI BURDE

The cuisine of Uttar Pradesh includes a wide variety. There are many native dishes as well as those influenced by the neighbouring states of Bihar, Delhi and Haryana.

The immensely popular *chaat* items like *aloo tikki*, *dahi puri*, *papdi chaat* and *dahi vada* trace their origins to UP.

The cuisine of UP can be broadly categorized as Bhojpuri, Avadhi and Mughlai and include a variety of vegetarian as well as non-vegetarian items.

*Kababs*, *biryani* and *kormas* of Lucknow, *bedmi puri* and *dubki wale aloo* of Varanasi, *petha* from Agra, Mathura *pedha* and the *banarsi paan* are well known items of this Indian State.

Since it is winter now, green peas are available in plenty. Sharing recipe of a less known homely dish that is prepared during winter called *nimona*. Since winters in North India are severe various types of laddus are prepared which provide warmth and nutrition. One such *laddu* is the *makhane ka laddu*.

**Matar ka Nimona**- Traditionally it is prepared in mustard oil but any cooking oil may be used.

**Ingredients**- (Serves 4)

Shelled green peas- 2 cups; Medium sized tomatoes-2; Large sized potato-1

½ inch piece of ginger

2-3 green chillies (use as per required spice level)

Oil- 4 tbsp ; ½ tsp turmeric powder

½ tsp jeera powder

1 tsp coriander powder

½ tsp red chilli powder (optional)

½ tsp garam masala; Hing- a pinch; ½ tsp amchur

Salt to taste; Chopped fresh Coriander for garnish

**Method:** Peel and cut potatoes in small cubes. Reserve 2-3 tbsp peas and pulse the rest coarsely in a mixer. Grind tomatoes, green chillies and ginger to a puree. Heat the oil in a pan, add the potato cubes and fry them to a golden colour. Drain and keep aside. To the same oil add a pinch of hing and add the tomato paste and fry on medium heat till oil oozes on the sides. Add the crushed and the whole peas. Fry for 2-3 minutes. Cover with a lid and allow it to cook, sprinkle some water to avoid burning. Check in between. Once the peas

are cooked through add the fried potatoes, salt, chilli powder and *amchur*.

Add a cup of water and allow it to simmer for 5 minutes. The consistency should be thick gravy-like. Finally sprinkle the garam masala and garnish with coriander leaves. Serve hot with chapati, puri or rice.

**Makhane ke laddu**—Makhana or foxnuts are popped lotus seeds. They are offered as prasad with other nuts and dry fruits in the northern parts of India. Makhana are a rich source of micronutrients and anti-oxidants. They promote heart health, control blood sugar levels and have anti-ageing properties. Roasted makhana is a popular snack among weight watchers.

**Ingredients** (Makes about 25 *laddus*)

4 cups makhana; 2 cups slightly coarse wheat flour; ¼ cup almonds; ¼ cup cashews

2 tbsp edible gum (gondh)

1 ¼ cup ghee; 1 ½ cup sugar; ½ tsp elaichi powder; ¼ tsp grated nutmeg; ¼ cup raisins

**Method:** Blanch almonds and remove the skin. Dry them on a clean cloth.

Later lightly roast the cashews and almonds in a hot pan. Powder them coarsely or fine in a mixer (as per your choice). Grind nuts with some sugar to prevent them from releasing oil.

Heat 2 tbsp ghee in a pan, add the makhanas and roast on a low flame for about 10 minutes till crisp. Remove on a plate and cool. Later powder the makhanas in the mixer.

Heat another 2-3 tbsp ghee in the pan, fry the gondh in 3-4 batches till it is nicely puffed. The puffed gondh should easily crush between the fingers, discard the gondh which hasn't puffed. Grind it in a mixer with 2-3 tbsp of sugar.

Powder the remaining sugar and keep ready. Add the remaining ghee in the pan, heat gently and add the wheat flour. On a low flame roast the wheat flour till it acquires a sand like texture and colour and becomes aromatic.

Switch off the flame and add powdered makhana to the roasted flour. Keep mixing gently for some time. When the wheat flour mixture turns warm add the powdered nuts, raisins, crushed gondh, powdered sugar, elaichi & nutmeg powder. Mix everything thoroughly with your palms and shape into medium sized *laddus*.

**“Guru vinaa kona daakhavila vaata?”**

**Thanks to the infinite Grace and Blessings of our Beloved Swamiji and the abundant love of all *sadhaka*-s, *Parisevanam* completes a momentous 10-year-journey!**

**With this issue, we begin an ongoing series called SENIORSPEAK wherein our senior devotees tell us about their long association with Shi Chitrapur Math and our hallowed *Guruparampara*. Here is Revati pachi (Srikal) Srikar Gulvady telling us about her good fortune of being blessed by three of our revered Gurus**

I was quite surprised when Shailaja requested my childhood days, when we would run across fields to Deepak Ugrankar’s grandfather’s house, where Swamiji would halt and camp en route to His visits to Udipi, Mangaluru and Vittla.

I have been very fortunate to have experienced the Grace and Blessings of three Swamijis of our *Guruparampara*.



When we moved to Mumbai in search of jobs, we stayed in Talmakiwadi. I fondly recall witnessing the divine Shishya Sweekar ceremonies there and at Shivaji park. So great was the Divine Presence of Parama Pujya Anandashram Swamiji at Talmakiwadi, that after placing my baby boy Dattanand at His Holy Feet, I just stood as if in a trance, totally dumbstruck. It was only after Swamiji looked up and motioned to me to lift the baby, that I regained my composure.

My childhood days were spent in the small hamlet of Byndoor and in very meagre circumstances. My father Tonse Shiva Rao, a veritable *Satyavaadi* Harischandra and my mother Shantabai, a very *danashoora* lady, were great devotees of the Guru and Math. Growing up in a joint family, my cousins and I would sing *bhajan*-s regularly and my elder sister Varada played the harmonium. Frequent visits were made to the Math and we basked in the Divine Presence of Shrimad Anandashram Swamiji. I recollect with great delight,



**Priceless Moments!**



I joined Shamrao Vithal Cooperative Bank as a clerk and working with sincerity and dedication gradually rose in the rankings to finally retire as Joint General

## ~~~~~Parisevanam~~~~~

Manager.. I was fortunate to receive *Mantra-deeksha* from Shrimat Parijnanashram Swamiji III. I must mention here that, throughout my bank tenure, in many difficult circumstances, I sought the Guru's Counsel and Swamiji would constantly reassure me and send *Teertha Prasad* which never failed to empower me to overcome the problems, resolve them smoothly, by His Infinite Grace.

My late husband Srikar Gulvady, was a great devotee of the Guru and Math and a true *samaj-sevak*. An active member of the Dadar Sabha, all his weekends were spent going from house to house collecting *Vantiga*. Saturday evenings were spent doing *bhajan-seva* at the MMM hall. At all festivals, he was always the lead singer. Having lost his father early, he would be summoned at any time of the day or night, to funerals, to assist in the ceremonies.

As my four children grew up, we were able to inculcate in them the same *samskara-s* and devotion to the Guru and our Math. Dattanand played the tabla while Chaitanya and Shobha learnt *Hari-katha Kirtana* from *kirtankar* Gulvady Naganand. Today, I feel great pride about both Dattanand and Chaitanya serving the Math as Presidents of their respective sabha-s. My elder daughter Shobha, despite suffering from a severe handicap due to multiple sclerosis, performs *Guruseva* as a Prarthana teacher, teaches *Bhagavad Gita*, is involved in Sanskrit learning activities, teaching bhajan-s online. All of us, including my younger daughter Geeta are active members of Dadar Sabha and participate wholeheartedly in all activities.

We were very fortunate to have been present during the *Pattabhisheka* Ceremony

of our present Mathadhipati-Shrimat Sadyojat Shankarashram Swamiji. Subsequently, during the tercentenary year, we also witnessed the *Guru Jyoti Yatra*. It is indeed a great Blessing to the Bhanap *samaja*, that we have such a splendid Guru and Mathadhipati. Fortunate are we to have received His *Anugraha* in abundance and to have been constantly guided on the *Adhyatma marga* with *japa*, *bhajan-s*, Divine *pravachan-s*, *Ninada*, *Anushthan -s* etc.

As age takes over and declining memory, sapping strength and arthritis begin to take their toll, it is the Guru's *Anugraha* alone, which guides and gives strength to persevere under all circumstances. I recall a recent incident when I was alone at home, had poured oil in a pan to heat and then had to rush to the hall to attend to a phone call. Caught up in the phone conversation, I forgot about the pan on the gas. Minutes later, the oil caught fire and the whole pan was ablaze. In utter panic and shock, I called out to the Guru. A Divine Voice directed me to collect sand from the pots in the gallery and pour it on the fire. The fiery flames were extinguished without any damage. Truly, it was the Guru's Grace that saved the day.

It has been more than 25 years since the arrival of our present Guru. Indeed, our *samaja* has undergone a dramatic change with steady progress on the *Adhyatmic marga*. My sincere prayers to Lord Bhavanishankara to bless H.H. Swamiji with good health and a long life.

"Guru-vina kona daakhavila vaata?"

"Sadguru vaanchoni Sapade na Soya,  
Dharaave te paaya, aadhi aadhi"

\*\*\*\*\*

### QUIZ

- (1) IN WHICH YEAR DID HH SWAMI ANANDASHRAM VISIT GANESHPURI TO MEET SWAMI NITHYANANDA?
- (2) WHAT WAS THE APPROXIMATE AGE OF SWAMI PARIJNANASHRAM III WHEN HE FIRST MET SWAMI NITHYANANDA BEFORE BEING ADOPTED AS SHISHYA SWAMI.

(ANSWERS ON PAGE 60)

# Brain Teasers

Answers on page 60

## (A) QUIZ

From the options below, pick the odd one out :

1. (a) New Delhi (b) Navi Mumbai (c) Chennai (d) Kolkata
2. (a) Violet (b) Green (c) White (d) Orange
3. (a) Bitter (b) Rainy (c) Biting (d) Frosty
4. (a) Nylon (b) Polyester (c) Rayon (d) Silk

## (B) SPELLBINDER



make 1 word of 7 letters; 2 words of 6 letters; 5 words of 5 letters; 5 words of 4 letters



(C) Identify this animal

## (D) Sudoku Jan 2023

	7		3		2		4	
5		4				2		3
	6			1			7	
			4		6			
		6		2		4		
			9		1			
	2			7			5	
8		5				9		7
	1		2		5		3	

## (E) What is it ?

Cricketer Laxman Sivaramakrishnan has a long one. Designer Rohit Bal has a short one. Actress Rekha does not use hers. Amit Shah always uses his. The Shankaracharya never uses his. What is it?

## (F) Quiz

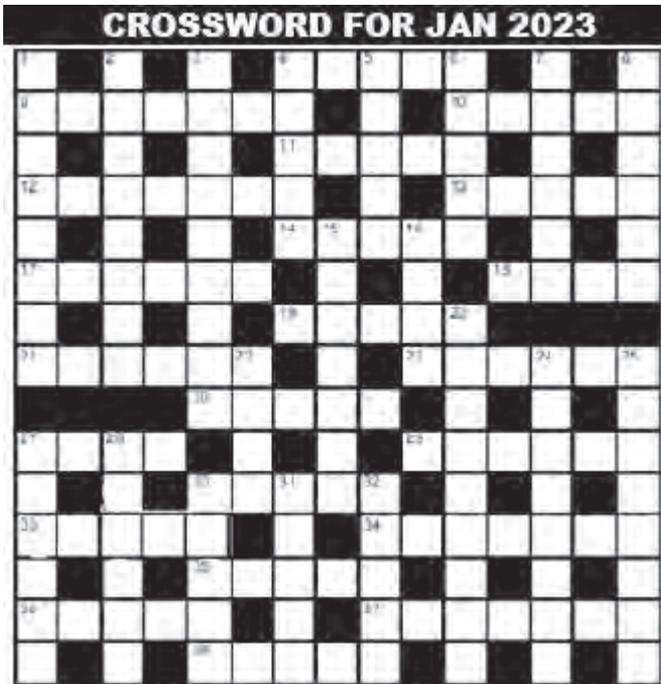
Which world famous celebrity celebrates her birthday on 5th January ?

(G) If a fence consists of 20 posts each spaced two meters apart, what is the total length of the fence?

# Brain Teasers

(H)

Answers on page 60



### CLUES ACROSS

- 4 Blocks in construction
- 9 Used in porridge
- 10 happen later
- 11 Rub off
- 12 Save to retrieve
- 13 ways to travel
- 14 a commoner
- 17 gum acacia
- 18 political orientation
- 19 a day when it pours
- 21 Walrus or boar
- 23 WHO Head Quarters
- 26 US Navy teams
- 27 Bryophytes
- 29 Labour trouble
- 30 Kings constructed for wars
- 33 Thank you
- 34 Popular bath towel
- 35 Horse riding competition
- 36 Hammer it in a wall
- 37 Predictions by godmen
- 38 Sitarist set his instrument

### CLUES DOWN

- 1 Fixed (8)
- 2 Person from Rome (8)
- 3 Depressants (9)
- 4 Siesta (5)
- 5 Reduce (5)
- 6 Visionary Saints (5)
- 7 Promise (6)
- 8 Barren sandy land (6)
- 15 Small paper with info (7)
- 16 hit vigorously (4)
- 20 Day prior to today (9)
- 22 Repeat (4)
- 24 Unmarried suitor (8)
- 25 Purple precious stone (8)
- 27 Instant (6)
- 28 Untidy (6)
- 30 Second to none (5)
- 31 Radio Active Gas (5)
- 32 Stand as in past tense (5)

(I) What's the Good word ?

**SPELLMINISTER**

The first 2 letters indicate Financial Qualifications.  
 The first 3 letters indicate the possibility of doing.  
 The next 3 letters indicate the performing of an act  
 The last three letters indicate having consumed.

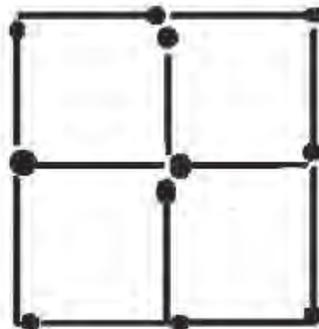
\*\*\*\*\*

**FIND THE NINE LETTER WORD**

(J) FIND THE NEXT NUMBER IN THE SERIES



(L) Move 2 matchsticks to make precisely two squares

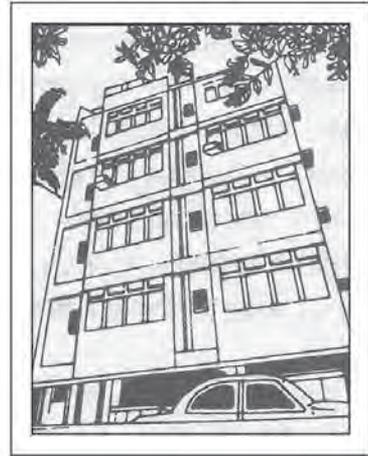


(K)

Find the hidden word or Phrase

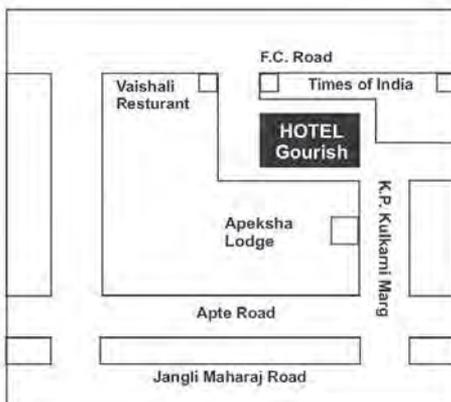
**P A C K**

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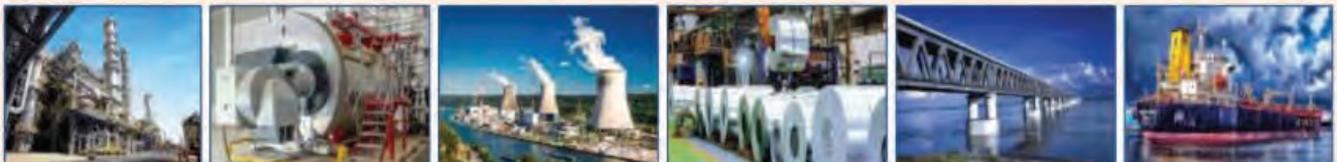
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ULTIMATE 80	E 8018 G
ULTIMATE 90	E 9018 G
ULTIMATE 92	E 9018 M
ULTIMATE 95	E 9018 D1
ULTIMATE 100 D2	E 10018 D2
ULTIMATE 100 H	E 10018 M
ULTIMATE 110 H	E 11018 M
ULTIMATE 120 H	E 12018 M

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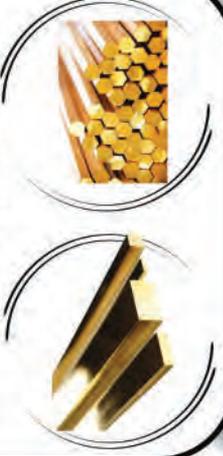
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## “जीवन”

नाशिबांतु कस्लेयि आसल्यारि सुद्धांयि  
जीवन आस्स जगचे खातिर,

कांट्यांथानु फूल फुलता  
काळ्या मॉडांतु वीज झगझगता  
मातिर्येंतु नवें विश्व निर्माण जाता  
हैं सकड आमकां उमेदी दिता.

आयुष्यांतुं ध्येयमार्गारि राब्बुनू  
दैवाक खडतर लढा दितल्यांक  
दैवचि घालता यशाचि माळ,  
खुशीने तांगेल्या गळ्यांतु.

शिल्पकार आस्स तूं तुगेल्या कृतींचो  
भाग्यलेख बरेयि तूं तुगेल्या कार्यांचो  
जगांतु तुक्का प्रतिकार काँण कर्तलो ?  
तुगेलें भाग्य आस्स, तुगेल्या हातांतु .

निराश केदनायि जावनाक्का  
आशा केदनायि सोणू दिवनाक्का  
क्रोध, अहंभाव केदनायि धोर्नाक्का  
देवु आनि दैव साथ कर्तलें केदनायि तुक्का

नाशिबांतु कस्लेयि आसल्यारि सुद्धांयि  
जीवन आस्स जगचें खातिर  
जीवन आस्स जगचें खातिर

-लता कर्नाड राव (उल्लाळ)

## ‘साथ वाद्यांगेली संगीताक’

संगीताक दिताति वादक रंगत,  
वाद्यं कर्ताति तांका संगत ॥

सा रे ग म चो सूर धोर्नु मधुर पेट्टी,  
साथ दिता तबलो, वाज्जोव्नु तिरी किटी ॥

ढम ढम ढम ढम नादु कर्ता ढोल  
ताल धोर्नु दिताति बोल ॥

मंगलपदाक साथ, तुतारी सनईची,  
सांगाताक आसता बांसरी सप्तसूरांची ॥

टाळ चिपळ्यांचो निनादु भजनी कीर्तनी,  
घुंगरू-चाळ कर्ताति छम छम नर्तनी ॥

नृत्यांतु डफली आनि छुन छुन पांयजण,  
नांचतां नांचतां सगळीं धर्ताति रिंगण ॥

स्वरु वाजपाचो, मंगल दिनी, आसता राती भरी,  
संबळाच्या तालारि, गोंधळ जागर रंजी घालता मनाचेरि ॥

वीणा, सतार, तंबो-याचे प्रासादिक स्वर,  
त्याविनाह जायना, शास्त्रीय संगीत मधुर ॥

एकसंध साथ साथ व ट्टु वाज्जोवनु,  
सुरेल रंगु चडता मैफिलिक ॥

वाद्यवृंदांतुली एकतेची सुमधुर धून,  
आयकुव्नु मंत्रमुग्ध जाता तनमन ॥

विद्या दुर्गादास बेंदुर  
(विद्या सीताराम बेंदुर)

# चिरतरुण सदानंद

रामदास भटकळ

सदानंद गणेश भटकळ यांची जन्मशताब्दी ८ डिसेंबर २०२२ त्यानिमित्ताने हा आढावा.

ते दिवस दुसऱ्या महायुद्धाचे त्याचप्रमाणे गांधीजींच्या १९४२च्या भारतछोडो चळवळीचे. सदानंददादा कॉलेजमध्ये असताना निरनिराळ्या चळवळींत भाग घेत होता. विजापूर जिल्ह्यातील दुष्काळग्रस्त भागात जाऊन स्वयंसेवक म्हणून त्यांनी कामही केले.

त्या काळात त्याने बरेच लेखन इंग्रजीतून केले. त्यांतील 'दी फ्युचर ऑफ दी इंडियन युथ' आणि त्यांच्या इंग्रजी कवितांचे पुस्तक 'निर्मल अँड अदर पोएम्स' प्रसिद्ध झाले होते. त्याने सर्वपल्ली राधाकृष्णनसारख्या अनेक राष्ट्रीय पुढाऱ्याशी संपर्क साधून 'होरायझन' नावाचा छोटेखानी ग्रंथ तयार केला. मुख्य म्हणजे गांधीविचारांचे संस्कार घेतच त्याने एमएलएलबी पर्यंत शिक्षण पुरे केले.

मातबर कुटुंब, घरचा वाढता धंदा आणि सुशिक्षित तरुण तेव्हा मुली सांगून येणे साहजिकच होते. सदानंद यांचा आंतरजातीय लग्नाचा आग्रह होता. घरातला पहिला मुलगा म्हणून त्यांच्यावर काही विशेष जबाबदाऱ्या होत्या. आमच्या आईने मुलगी निवडली ती स्वातंत्र्यलढ्यात भाग घेऊन तुरुंगात जाऊन आलेली विमला गुलवाडी. तिचे हितचिंतक काळजी करायचे तुरुंगात जाऊन आलेल्या मुलीशी कोण लग्न करणार. कदाचित त्याच कारणासाठी सदानंदने जातीत लग्न करण्याची तडजोड मान्य केली असेल. त्यानंतर अखेरपर्यंत त्यांचे सहजीवन आदर्शवत झाले.

तो पॉप्युलरमध्येच गुंतत गेला. पॉप्युलरचे व्यापक स्वरूप लक्षात घेऊन त्याने काही महत्त्वाच्या सुधारणा केल्या. त्याने 'नेशनस कंप्लीट बुकशॉप' असे पॉप्युलरच्या लेटरहेडवर छापायला सुरुवात केली. 'तमसो मा ज्योतिर्गमय' असे बोधचिन्ह करून घेतले. वडिलांनी मेडिकल पुस्तकांचे प्रकाशन यशस्वी रीत्या केले होते. सदानंदने त्यात सामाजिक शास्त्रातील पुस्तकांची भर घातली. प्रा. जी.एस.घुर्ये, प्रा.ए.आर.देसाई, प्रा.दामोदर कोसंबी, प्रा.पंढरीनाथ प्रभू यांच्या पुस्तकांमुळे प्रकाशन विभागाला विशेष महत्त्व प्राप्त झाले.

देशापरदेशातील सारेच पुस्तकप्रेमी पॉप्युलर बुक डेपोत येत. हळूहळू गिरगावात बॉम्बे बुक डेपो, मुंबईच्या आयआयटीमध्ये

स्टॉल, पुणे बेंगळूर, नागपूर येथे शाखा असा व्याप वाढू लागला. खरे तर त्याच्याकडे वारशाने आलेल्या सार्वजनिक वृत्तीमुळे तो ग्रंथविक्रेत्यांच्या संस्थांच्या कामात गुंतू लागला. आधी बॉम्बे बुकसेलर्स असोसिएशनच्या वतीने त्याने 'दी बुक ट्रेडर्स बुलेटिन' ह्या व्यावसायिक मासिकाची सुरुवात केली. पुढे अशा देशभरातल्या संस्थांना एकत्रित बांधणाऱ्या 'दी फेडरेशन ऑफ पब्लिशर्स अँड बुकसेलर्स असोसिएशन इन इंडिया' ह्या संस्थेच्या स्थापनेपासून तिच्या दिल्लीतल्या बस्तानापर्यंत त्यांनी खूप कष्ट घेतले. ह्या मासिकाचे नावही 'दी इंडियन पब्लिशर अँड बुकसेलर' असे बदलले. तब्बल पस्तीस वर्षे हे काम त्याने स्वतःच्या हिमतीवर चालू ठेवले. १९५० ते १९८५ ह्या काळातील भारतीय ग्रंथव्यवहाराचा मागोवा ह्या फायलीतूनच घेता येतो असे फिलिप आल्टबाख या अमेरिकन लेखकाने लिहिले आहे.



फेडरेशनचे ऑफिस दिल्लीला गेल्यावर सदानंच्या दिल्ली वाऱ्या वाढू लागल्या. नॅशनल बुक ट्रस्टचे अध्यक्ष डॉ.बी.व्ही.केसकर त्याच्या कामसू वृत्तीने प्रभावित झाल्यामुळे त्याला नॅशनल बुक ट्रस्टचे विश्वस्त नेमले गेले. त्यानंतर अनेक केंद्र सरकारच्या समित्यांवर त्यांनी काम केले. सदानंद पुस्तक प्रकाशन क्षेत्रातील एक अधिकारी पुरुष मानले गेले. बहुतेक सर्व राष्ट्रीय संस्थांनी नाते जोडले ते पॉप्युलरशीच. पॉप्युलर बुक डेपो हे बरीच वर्षे मुंबईतील एक दुकान होते त्याला राष्ट्रीय आणि आंतरराष्ट्रीय दर्जा प्राप्त झाला तो सदानंदच्या दिल्लीतील प्रभावामुळे. आंतरराष्ट्रीय पातळीवर सदानंदच्या कामांपैकी निदान काहींचा उल्लेख केला पाहिजे.

ते १९५२ साली इंग्लंडमध्ये अनेकांना भेटले. त्यांपैकी नॅशनल बुक लीग आणि दी पब्लिशर्स असोसिएशनचे पदाधिकारी यांच्याशी त्यांची भेट महत्त्वाची होती. सदानंद फ्रँकफर्टला आंतरराष्ट्रीय प्रदर्शन पाहण्यासाठी गेले होते. त्या प्रदर्शनाचे महत्त्व लक्षात आल्यावर त्यांनी १९५५साली देशाच्या वतीने पुस्तक प्रदर्शन नेले. फ्रँकफर्ट प्रदर्शनाचे संचालक डॉ. सिग्रेड टॉबर्ट हे त्यांच्या प्रेमातच पडले आणि पुढे एका वर्षी जगभरातून सदानंदची विशेष अतिथी म्हणून निवड झाली. तेव्हापासून अनेक भारतीय प्रकाशक ह्या प्रदर्शनात भाग घेऊ लागले. डॉ.टॉबर्ट यांनी 'दी इंडियन पब्लिशिंग अँड बुकसेलर'चा एक विशेषांक संपादित केला आणि त्यांच्या जगभरातील ग्रंथव्यवहारसंबंधीच्या 'बिलियोपोला' या त्यांच्या पुस्तकातील भारतीय विभाग सदानंदला लिहायला सांगितला. युनेस्कोतही सदानंदला विशेष मान होता. ह्या आंतरराष्ट्रीय संस्थेच्या वतीने सदानंदांनी विशेषतः श्रीलंकेत ग्रंथकर्मीसाठी प्रशिक्षण शिबिरे घेतली.

१९७५साली जूनमध्ये इंदिरा गांधींनी देशात आणीबाणी जाहीर केली. काही दिवस आपण सगळे सुन्न झालो. दुर्गा भागवत यांनी दुसऱ्या स्वातंत्र्यलढ्याला चालना दिली. आणि या कामात १९७७च्या निवडणुकांपर्यंत सदानंद दुर्गाबाईबरोबर होते.

त्यांच्या सर्व कार्याचा नुसता परिचय करून द्यायचा तरी अनेक गोष्टी सांगाव्या लागतील. त्यांचा मुलगा मनमोहन व्यवसायात आल्याने त्यांनी आपले आवडते काम हातात घ्यायचे ठरवले. यापूर्वी त्यांनी प्रभाकर पाध्ये यांच्या सहकार्याने 'इंडियन रायटिंग टुडे' या जरनलचे अठरा अंक प्रसिद्ध केले होते. देशी भाषांतील साहित्याविषयीच्या लेखांसाठी आणि काही साहित्यकृतींच्या भाषांतराची व्यवस्था करण्यासाठी त्या दोघांनी बरेच परिश्रम घेतले. हे अठरा अंक हा एक मौल्यवान खजिना आहे. स्थगित झालेले हे काम त्यांनी परत हातात घ्यावे अशी माझी सूचना होती. परंतु त्यांच्या

मनात वेगळेच काही होते.

ग्रंथव्यवसायात शिरताना मी प्रकाशक आणि सदानंद ग्रंथविक्रेता असे त्याच्याकडून मी बांधून घेतले होते. विशेषतः मराठी प्रकाशनासंबंधी त्यांच्या विशेष काही योजना होत्या. त्यांतील एक त्याने हातात घेतली. तोंवर पॉप्युलर बुक डेपोचे स्थलांतर एका लहान जागेत झाले होते. पॉप्युलर प्रकाशन आपल्या कामात गर्क होते. तेव्हा सदानंदांना स्वतःची स्वतंत्र यंत्रणा निर्माण करावी लागली. त्यांनी अनेक विद्वानांशी चर्चा करून आपला संपादकीय संच तयार केला. हे काम यापूर्वी शासन पुरस्कृत अनेकांनी हातात घेतले होते पण ते अपुरे राहिले होते. सदानंद वयस्क तर होतेच त्यातून त्यांना कर्करोगाने ग्रासले होते. त्यांना कॅथीटर बाळगावा लागत असे, तरी केवळ जिद्द आणि वात्सल्य यांच्या जोरावर आणि निर्मलावहिर्नीच्या साथीने महाराष्ट्रभर फिरून स्वतः मराठी साहित्याचे पैलू समजावून घेत हे 'संक्षिप्त मराठी वाङ्मयकोश' चे प्रचंड काम तीन खंडांत पुरे केले. आज तरी मराठी साहित्यविषयीचा हा एकच संदर्भकोश आहे. सदानंदांनी त्या वयात एक उत्तम संपादकीय संच गोळा करून स्वतःच्या आजारावर मात करत जे महत्त्वाचे काम पूर्ण केले ते लक्षात घेता मराठी साहित्याच्या इतिहासात त्यांचे नाव कृतज्ञतेने आणि मानाने घेतले जाईल.

(आभार लोकसत्ता दैनिक)

## KONKANI LEXICON FUN QUIZ

(What are the equivalent Konkani words)

compiled by Radhika Krishna Kumble, Jamnagar

[find words ending in "ति" in konkani]

Answer on page 55

Plait	Fun
Mud	Earthen Lamp
An Animal	Termite
A Vegetable Preparation	Grand Daughter
Incense Stick	Love
Night	Inherited property
Wick	Saying, Riddle
Dry Upper Skin	Wall
Staple Wheat Food	Knife
A Flower	Condition
Candle	Sickle
Destiny	

# पर्यटनाचो विकास

शरद शिराली, परेल, मुंबई

पयले काळांतु प्रवास कोर्चे, गांव भोंवचे ही संकल्पना नाशिली. हांडड कुटुंब सांभाळच्यांतु बायलांगेले दीस सरताले आणि पुरुष मंडळी अर्थाजनाक तांतां गेल्या गांवांतु शेत कस्ताले नांवे सान्न व्यापार कर्ताले. दुसऱ्या गावांतु धूर वचका जाल्यारी चमकून वचका अथवा छकडागाडी हेंची त्याकाळचे वाहन. मागेरी थोडी सुधारणा जायनाफूडे सायकली दिसु लागल्यो. कशीकशी शिक्षणाक महत्व आयलें, तशी सान्न गांवाभायरई जग आस्स हाजी जाणीव जाल्ली. शिक्षणाक तशाची नौकरीधंद्याक जाव्नु विकसित जात आशिल्या शहरादिककाने जान प्रवास कोरुक लागली, आणि थंई स्थायिक जाल्ली. मात्र गांवांतुले घर पोळोवन घेंवच्याक तशींची घरांतु आशिल्या पूर्वजांगेल्या देवता पुजेक, ग्रामदेवता उत्सवाक, अशिश अनेक नेवनाने गांवादिककाने प्रवास वाड्डीक लागलो. प्रवासागरजेक लाग्गुनु खाजगी बस सर्विस सुरु जाल्यो, हगूर शासनाने बस, ट्रेन ह्या रुपाने वाहतुक सुरु केल्ली आणि कालांतराने तांतु वाढी जात गेल्ली.

आनंददाई अनुभवाखातिक प्रवास म्हळ्यारी पर्यटन ही संकल्पना सुमार ५०/६० वर्षापैले भारतांतु आयली, आशशी म्होण्येद, ताज्जे पयले, कामानिमित्त मात्र लोक प्रवास कर्ताले, नावे साध्य आशिली जान तार्थयात्रेक वताली, त्यामिती त्या काळांतु तीर्थयात्रेक घेवनु वत्ली यात्रा कंपनी, असताली. तीं आजी कई आस्सती. हळूहळू प्रवासासाधनं म्हळ्यारी बस, ट्रेन वाड्डीनाफुडे प्रवासाक प्रोत्साहन म्हणु सरकारी तशीची इतर कंपन्यांनी वर्सांतु किंवा दोनी वर्सांतु एकफंता LTA म्हळ्यारी Leave Travel Assistance दिंवच्याक सुरु केले. त्याची वेळारी भारतांतुल्या प्रत्येक राज्याने तांगेल्या सौंदर्य स्थळांचो प्रचार सुरु केल्लो, तशीची सरकारी पर्यटन महामंडळ सुरु केल्लीं. ह्या पर्यटन महामंडळांनी अगदी मोक्याच्यो जागो घेवनु त्यो विकसित केल्यो. थंयि निवास / भोजनाची व्यवस्था कोर्नु हॉलीडे होम्स निर्माण केल्ली त्या काळांतु हीं हॉलीडे होम्स विंगविंगड उत्पन गटाखातिक निर्माण केलेली आशील्ली. म्हळ्यारी High Income Group / Middle Income Group आणि Lower Income Group हळूहळू घ्या पर्यटनाची खाजगी उद्योजकांनी वाढी केल्ली. आणि आतं हाक्का सार्वजनिक रूप आयल्यां.

भारतांतुल्या प्रत्येक राज्याचो विचार केल्यारी त्या

राज्यांतु पर्यटनादृष्टीने कसलें तरी वैशिष्ट्य दिसून येता. केरळांतु निसर्गसौंदर्य, बॅक वॉटर बोटी प्रवास, टी गार्डन, मसाल्याचे मळे पर्यटकांक अतीव आनंद दिताती. त्यामिती ताक्कायि देवभूमी म्हणताती. तामिळनाडुंत एकसे एक बढकर देवळं आस्सती, महाबलीपुरम, कांची, मदुराई रामेश्वरम् तंजावर, ह्या देवळांची रचना, भव्यता, कोरीवकाम पोळोंच्याक भारतांतुले विदेशांतुले जान सुद्दांयि येताती. खरें म्हळ्यारी फक्त देवदर्शनाक वचनास्तना ह्या देवळांचे सौंदर्य गाड्डामार्फत घेंवचे श्रेयस्कर. राजस्थान मध्यप्रदेशांत मानवनिर्मित राजवाडे, किल्ले तलाव आस्सती. पर्यटकांनी त्या त्या स्थळाचो इतिहास जाणून घेंवका, म्हळ्यारी त्या स्थळाचें वैशिष्ट्य मनांतु उरतले. पर्यटना दृष्टीने आणि एक राज्य म्हळ्यारी गुजरात कच्छ आशिले वाळवंट, अतीसुंदर कोरीव बावड्यो म्हळ्यारी बांयां. संगमरवरी फात्रांतु निर्माण केलेली देवळ, त्याशिवाय भाविकां आकर्षण आशिल्ली द्वारका आणि सोमनाथ, हींसुदाई पर्यटकांक आकर्षित करताति. स्वामिनारायण देवळ आणि Statue of Unity हीं पर्यटनाखातिर केल्लेली नवीन विशेष स्थळं आसती.

हिमालयाच्या पर्वतराजींतु आशिल्ले सगळे प्रदेश सगळ्या लोकांक भूरळ घालताती. बर्फाच्छादित पर्वतशिखरं, थंयिथाव्नु सुरु जालेल्यो न्हंयो, संगम थंचे अलौकिक सौंदर्य हाजो स्वतः अनुभव घेंवका. निसर्गाचो आनंद घेवची आणि एक जागा म्हळ्यारि अभयारण्य. ह्या अभयारण्यांतु विंगविंगड पशु पक्षी तांगेल्या मुक्त वातावरणांतु पोळोवच्याक मेळताती. महाराष्ट्रांतुले ताडोबा, मध्य प्रदेशांतुळे पेंच, उत्तर प्रदेशांतुले Jim Corbet Park हीं थोडी उल्लेखनीय अभयारण्य आस्सती. विंगविंगड पक्षी ठराविक ऋतुंतु भरपूर पोळोवच्याक मेळताती.

पर्यटन कर्तल्या जनांनी म्हळ्यारी पर्यटकांनी नियोजन कोरचे अगदी गरजेचे आस्स पैलें म्हळ्यारी वेळेचे नियोजन. कितले दिवस. आपणागेल्या घराभायर राबचे साध्य आस्स हाज्जो विचार कोर्का. थोडी स्थळं विशेष काळांतुची उपलब्ध असताती, ताज्जो विचार कोर्का. दुसरे नियोजन, पैशाचो कितलो खर्चु आपणाक साध्य आस्स हें पोळोका. हांतु राबचो, जेवणखाण, तिकिट, स्थळ - दर्शन, Guide fee तशीची खरेदी हाज्जो विचार कोर्का, आजिक मस्त ट्रॅव्हल कंपनी पर्यटकांक सहाय कर्ताती. तांचे सांगाती वच्यांतु एक फायदो म्हळ्यारी

तीं तुमगेली सगळी व्यवस्था कर्ताती. प्रवासाक लागून तिकिट काडचे हॉटेल बुकींग, वाहन व्यवस्था स्थलदर्शन हें सगळे एक खर्चांत जाता. समवयस्क गृपांत असल्यारी विंगविंगड लोकांगेलो परिचयु जाता आणि - विचारांची देवाण-घेवाणयि जाता, जाल्यारी हया व्यवस्थेंतु एक ऊणीव म्हळ्यारी पर्यटकांक Choice म्हळ्यारी पर्याय अुरना. त्या सहलींतु कस्ले पोळोंचे, कित्ले वेळ पोळोंचे, केन्ना पोळोंचे हें सगळे दूर मनेजर ठरेयिता.

जाल्यारी आजी तरुण मंडळी स्वतः सगळें नियोजन कोरु शकताती. इंटरनेट वापोर्नु स्थळाची माहिती मेळोंवचि, तिकिट बुकींग कोर्च, हॉटेल व्यवस्था हें सगळे घारा बैसुन कोरचे साध्य जाता. तशीची स्वतः गेले कार घेव्नु कुटुंबासांगाती सहल कोर्च तरुण मंडळी पसंत कर्ताती Google Map आयिले मिती नियोजित जाग्यारी वच्याक कसले वांट जायनाती. आजिक राबची एक नवीन व्यवस्था निर्माण जाल्या Home stay. हया संकल्पनेतु तुमका सान्न गावांतु सुदाई सुखसोईनी परिपूर्ण आशिल्या निवासांतु राबुक मेळता. थंयि तुमका घरगुती जेवणायि मेळता. स्थानिक लोकांक हाज्जो मस्त फायदो जाता. पर्यटकांक नवीन जागो पोळांच्याक मेळताती, स्थानिक लोक मायेने परिसराची माहिती दिताती.

माकशी म्हैऱ्यांतु आममी अलीबाग लाग्गी आशिल्या किहीम हांगा हॉम स्टेचो सुखद अनुभव घेतलो. एक उदाहरण म्होणु महाराष्ट्रांतुल्या सिंधुदुर्ग जिल्ह्यांतुल्या तारकरली हया पर्यटन स्थळाची माहिती कोर्नु ध्येव्या. समद्रकिनाऱ्यालाग्गी आशिले हें गांव म्हळ्यारी हळ्ळी आशिले. थंच्या लोकांगेलो उदरनिर्वाह मासेमारी आणि थंई जातल्या नार्ल विक्रीने जाताले. साधारण २५ वर्सांमाक्षी महाराष्ट्र सरकाराने सिंधुदुर्ग जिल्हो पर्यटन जिल्हो म्हणू जाहीर कोर्नु थंच्या विकासाक सुरवात केल्ली. थंच्या खाडींतु २ हाउसबोटी आयल्यो, किनाऱ्यारी तंबू घालनु पर्यटनाची सुरवात केल्ली. सुरवात अगदी संथ जाल्ली. आजी थंई इंटरनेशनल स्क्बा डायविंग सेंटर आस्स. स्क्बा डायविंग शिक्कुक देश परदेशांथाव्नु लोक येताती. स्नोर्केलींग स्क्बा डायविंग आणी अनेक जलक्रीडा सुरु जाल्लेली मिती पर्यटकांक अनन्य महत्व आयल्यो. पर्यटकांक सेवा दिवंच्याक मस्त हॉटेल, Homes Stay सुरु जाल्यांती आजि हें गांव जगाच्या नकाशाचेरी आयल्या.

पर्यटक क्षेत्राक संलग्न आशिलीं क्षेत्रं म्हळ्यारी ट्रॅवल एजंट, दूर ऑपरेटर, हॉटेल व्यवसाय, गाईडस इत्यादी. हया प्रत्येक क्षेत्रांतु वाढी जाव्नु आस्सु, त्यामीती नौकरी मेळचेई साध्य. हया क्षेत्रांतु करीअर कर्तल्यांनी त्या त्या क्षेत्रांतुले प्रशिक्षण घेवचे अगदी गरजेचे आस्स. भारतांतु प्रत्येक क्षेत्रांतु शिक्षण दितल्यो संस्था

आस्सती. तरुण वर्गाने आपणागेल्या आवडीच्या क्षेत्रांतु शिक्षण घेतल्यारी नौकरी कोर्चेद अथवा स्वतंत्र व्यवसाय कोर्चेद.

वर्तमान काळांतुले जीवन गतीमान जात आस्स. विशेषकोर्नु तरुण पीढी. तांगले शिक्षण, नौकरी अथवा व्यवसाय वाडोंच्यांतु इतके गुंतुन आस्सती घरची अगत्य आशिली काम कोरुक न्हई, तरी कुटुंबांतु चारी उत्र कोरुक तांका जायना. असले वेळारी चारी दीस कुटुंबांवडु घराभायर पोण्णु निसर्गांतु रममाण जावंचे अगदी गरजेचे आस्स. त्या दृष्टीने तांन्नी नियोजन कोर्का. पर्यटन म्हळ्यारी stress बस्टर म्हणताती तें साध्य जाता.

आत कडेरी सांगचे म्हळ्यारी, आममी भारतवासी खरेंची भाग्यवान म्होणका. देवाने आमगेल्या भूमिंतु निसर्ग- संपत्ती, न्हंयो, गुड्डे, समुद्र, सगळ्या ऋतुंत पोळोंच्याक दिल्या. त्यामिती पर्यटकांनी वचुगलेल्या स्थळांचे पावित्र्य दवरका, तशीची त्या जागेचे पर्यावरण अबाधित दवरका. कसल्या नमून्याने हानी जायशी आपणागेले वर्तन कोरु नज्ज, अर्शिश केल्यारी आमगेल्या मुखायेल्या पीढीक पर्यटनाचो आनंद घेवच्याक मेळतले हे खंडित.

## KONKANI LEXICON FUN QUIZ

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फांति	गंमति
माति	पणति
हस्ति	वाळति
भुति	नाति
उदबती	प्रिति
राति	आस्ति
वाति	आदगति
काति	वणति
चपाति	पेसकाति
शेवंति	स्थिति
मेणबती	कोईति
गति	

आमगेले सदस्यांक अनुरोध आस्स कि तुम्ही कोंकणींतु लेख अथवा कविता बोरोनु आमका पेटोवेद - संपादक

# Sadanand Bhatkal – the Luminary I knew

Uday Mankikar

Bhatkal Sadanand mam was a multifaceted person. A writer, poet, book seller, social worker, philanthropist, and much more. He worked tirelessly for reputed institutions like National Book Trust, UNESCO, and the Kanara Saraswat Association (KSA). He also encouraged many people to come up in life. Most importantly for the Marathi language, he successfully edited and prepared “Sankshipta Marathi Wangmayakosh”

Sadanand mam worked for KSA for many years in various capacities, right from being a member of the Managing Committee to the prestigious post of the President. He was also the Editor of KSA’s popular monthly magazine, the “Kanara Saraswat” for some years.

I came in contact with Sadanand mam in the year 1972 when he was the President of KSA and I got the opportunity to work with him. It was an experience by itself. I realised Sadanand mam’s outstanding leadership qualities and also understood the meaning of 3Ds i.e. Devotion, Dedication, and Determination. Sadanand mam was a great connoisseur of Indian Classical Music and always wanted to make a platform available for upcoming talented artistes. Having this in mind, he started “Kala Vibhag” in KSA in 1972 and started organising “Saraswat Sangeet Sammelans.” Till date 19 such Sammelans have taken place. Upcoming artistes who performed in earlier Sangeet Sammelans are now reputed musicians.

It was during his tenure as the President of the KSA that the Saraswat Census was successfully completed in 1971. In 1995 the KSA Nasik Holiday Home added four studio units which was inaugurated by Sadanand mam.

Wherever Sadanand mam worked, he always worked with a creative mind. He himself was a writer, so when he became the Editor of “Kanara Saraswat” magazine, he introduced new columns, one such column was “Kiddies Corner”, through which he encouraged kids under different age groups to write, to draw, and exhibit their talent. Even today the renamed Children’s Corner is popular not only amongst children but also their parents.

Sadanand mam was a very meticulous person. He always led from the front. While handling any project, he used to do his homework perfectly, right from planning, working out the logistics to its execution. I can quote two examples in support

of my statement: The Second revised edition of R. B. Talmaki’s book “Konkani Proverbs and Idioms” and updation of Talmaki mam’s “Family Tree Project”. Sadanand mam not only completed these projects successfully, but also handed them over to the next generation for its regular updation. What a marvellous foresight!

KSA celebrated its Platinum Jubilee in the year 1986. As a part of this celebration, it was decided to perform the drama “Chitrapur Vaibhav”, not only in Mumbai, but outside Mumbai too. Accordingly, in 1987 a tour was organised and the group performed at Hyderabad, Chennai, Bengaluru and Hubballi. This tour was organised by Sadanand mam, almost singlehandedly.

I was transferred to Goa, in November 1988, and was posted in a small village viz., Chinchinim, where I was staying alone. One Saturday afternoon during the month of Jan’ 89, Sadanand mam came to my branch (BOI). His arrival was a surprise for me. When I asked him the purpose of his visit. He said “Uday, we have decided to organise the shows of “Chitrapur Vaibhav” at Mangalore, Karkala, Shirali, Kumta, Belgaum, and Madgao, during April 89 and you are going to coordinate the show at Madgao. He knew that I was new to Goa, so, the same evening, he took me to his friend’s place at Madgao, Keshav Sinai Kunde, an eminent person from Goa. He assured all the cooperation and support. With Kunde bab’s support and also the support got from Prof. Arun Mudbidri, Prof. Kumtakar and Hattangadi Sanjay on 22nd April 89, at Gomantak Vidya Niketan, our artistes very successfully presented “Chitrapur Vaibhav” in the presence of 300-500 knowledgeable audience. This was all due to Sadanand mam’s motivation. This project not only enhanced my self-confidence but also helped me a lot in all my future endeavours. There are many such experiences of which a book can be written.

Sadanand mam always worked at grass root level, even when he was the President of KSA. which was his great quality and the secret of his success in almost all the projects he handled. He had a firm belief that “People are there for the institution and not the other way round,” and if this is kept in mind, then only the institutions can prosper.

I consider myself very fortunate that I got the opportunity to work with such a great luminary and human being. My *pranams* to him on his Birth Centenary.

## “कोंकणी आदगत्यो आनि वाक्प्रचार ”

१. उच्यापतिने किचापति जाता.

Mischief is caused by making purchases on credit, or the credit-purchases are the source of grief.

२. ऊज्जो लासतचि कळका, मनुष्यु मर्तचि कळका.

The quality of fire is known after it burns and the virtue of a man after he dies.

३. उटा म्हणवरेक बैसू नयें, वच म्हणवरेक राबू नयें,

Do not go on sitting till asked to get up and do not stay till asked to go away.

४) उडतल्या सवण्याक मासोलु वाटचो.

Getting Spices ready for a flying bird.

Dressing a bird for the table before it is caught.

५) उज्या भिनातिलो गोबरा भितवे?

If a man is more afraid of fire, will he fear the ashes?

## श्रद्धांजली - गिरीश आनंदनाथ कोपिकर



### प्रिय दादा

दादा, छोट्या आजाराने आपण हादरून जात नाही परंतु तशा कोणत्याही गंभीर आजाराने त्रस्त न होताच तू अचानक आम्हा सर्वांना सोडून गेलोस, हे सत्य पचवायला वेळ जावा लागेल. तोपर्यंत मला तुझ्या आठवणीत रमायला आवडेल.

खार येथील प्रशस्त घरात..... हो घरात..... आपण दोघे क्रिकेट खेळत असू. जेवणाच्या टेबलाभोवती पकडापकडी खेळत असू. मला पक्क आठवत आहेत ते इन्फ्लुएन्जाचे दिवस. आपण दोघे शेजारी - शेजारी झोपून त्या तापाचा सामना करत होतो. तो ताप आपल्या दोघांना आणि वडीलधारांना घाबरवणारा होता. परंतु त्यावरती मात केली ती तुझी सह-नशक्ती पाहून.

मॅट्रिक बोर्डाच्या परीक्षेत तेव्हाच्या मुंबई इलाख्यात (1953 साली) तू पहिला आलास. तुझ्या अभिनंदनाचे भाषण, त्याच शाळेत शिकणाऱ्या मला करण्याची संधी मिळाली. तेव्हा तुला बक्षीस म्हणून मिळालेल्या पुस्तकांची चळत, मोठ्या अभिमानाने मिरवत, पायी चालत मी घरी आणली.

परदेशाच्या वारीतले ते वास्तव्य असो किंवा तुझ्या मुलांनी आणि सहकाऱ्यांनी साजरा केलेला तुझा पंच्याहत्तरीचा सोहळा असो, सगळ्यांनी गाजावाजा न करता पडद्याओडून तू केलेल्या मदतीच्या घटनांना उजाळा दिला, तेव्हा उर भरून आलं.

आपल्या आम्मा आन्नूला, आपली इतर भावंडे असताना देखील त्यांच्या म्हातारपणात विना तक्रार, तू आणि शैला वहिनीने सांभाळले - simply exemplary! तुम्हा दोघांमुळे माझ्या मुलांना खऱ्या अर्थाने “मामाच्या गावाला” सुट्टीत जायला मिळाले.

दादा, यापुढे प्रत्येक वर्षी 13 सप्टेंबरला वर न लिहिलेला आठवणींची मी उजळणी करेन.

ह्या माझ्या आठवणी ऐकताना डोळे भरून आलेला तुझा भाऊ, शशी आणि बहीण शांता

शैला राव (शैला कोपिकर)

## ॥ सरल-संस्कृतम् ॥



7.1 Look at the picture above and tell what are the various actions Geeta performs.

Use words given in the box to fill in the blanks –

- |  |   |
|--|---|
| 1. गीता ..... प्रक्षालयति ।<br>Geeta washes the <b>plate</b> .     | 4. गीता ..... कर्तयति ।<br>Geeta cuts a <b>papaya</b> .         |
| 2. गीता ..... गुम्फति ।<br>Geeta strings a <b>flower garland</b> . | 5. गीता ..... धारयति ।<br>Geeta wears a <b>pearl necklace</b> . |
| 3. गीता ..... कर्षति ।<br>Geeta pulls the <b>suitcase</b> .        | 6. गीता ..... क्रीणाति ।<br>Geeta buys a <b>lipstick</b> .      |

यानपेटिकां  
मुक्तावलीं  
स्थालिकां  
ओष्ठरञ्जनीं  
पुष्पमालां  
मधुकर्कटीं

✦ The pictures shown above are all examples of words in Feminine gender ending in the sound आ and ई. They are used as the 'object of action' in the sentences given above. A simple way to know the object of an action is to ask 'what' or 'whom' on the verb.

e.g. **What** does Geeta **wash** ? Geeta washes the **plate**.

✦ When used as 'object of action' in a sentence, the noun form स्थालिका changes to स्थालिकाम् (written as स्थालिकां), मुक्तावली changes to मुक्तावलीम् (written as मुक्तावलीं), and so on....

### Answers given on Page 59

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Read our quarterly E-magazine Girvanapatrika at –  
[www.chitrapurmath.net/site/activities-girvanaprathistha-patrika](http://www.chitrapurmath.net/site/activities-girvanaprathistha-patrika)



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# "कितले सुरस हें नवीन वरस"

धांवंत, खेळतं, हास्तं, नांच्तं  
येता हें सुरस नवीन वरस,  
मनांतु, तनांतु भोर्या आमगेले  
हर्ष, आनंद आनि उल्हास.

नवीन वर्साचो सुर्वे दिवसु आस्ता,  
दृढ विश्वासाचो आनि सत् संकल्पांचो,  
सहनेने, प्रितीने आनि सहकाराने  
धोर्या हातु एकमेकांचो.

चोलयां आम्मि साधनेचे मार्गारि  
भक्तियुक्त अंतःकरणाने  
खंचेयि विघ्न आदळयारि  
रामनाम, शिवशक्ति उच्चारण कोर्या अति आदराने.

नवीन वर्सांतु कोर्या,  
त्याग मनांतुल्या दुर्भावनेचे  
मनाक धुव्नु फूट कोर्नु,  
भोर्या ध्यान सत्चिंतन सदभावनेचे

हृदय कमलांतु स्थापन कोर्या  
श्रीगुरुंगेलि सुप्रसन्न मूर्ति,  
चोलयां मार्गदर्शन घेव्नु तांगेले  
आयकुनु गुणगान आनि कीर्ति.

श्रद्धा सुमन अर्पण कोर्या  
जगत्पालकाक, भक्ति कृतज्ञतेने  
प्रति एक दिसु जगचें भाग्य  
आमकां मेळता, तागेल्याचि कृपाकटाक्षाने

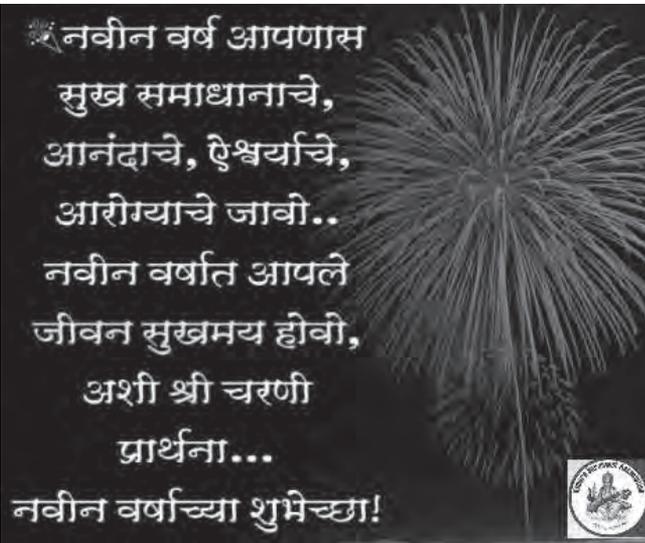
विस्सोर्नाक्का ताक्का केदनाई  
सुख जांवो दुःखाच्या अवस्थेंतु  
कष्ट केदनाई जीवनांतु येना,  
तागेल्या दिव्य सान्निध्यांतु

जीवनाचें प्रति एक वरस आस्ता  
नवीन आनि सुसंधि पूर्ण,  
जगयां आम्मि सकारणाने कोर्नु  
जीवन सार्थक, अर्थपूर्ण.

सन्मतिने सत्कार्यांतु जांव्या  
आम्मि सतत निरत,  
समाजाच्या उन्नति खातिर,  
कोर्या प्रयत्न अविरत.

घराघरांतु लांवया दिवो  
सुख शांति आनि समाधानाचो,  
भोर्या उजवाडु गृह दारांतु  
सत्चिंतन आनि सत्चित, सुखानंदाचो.

-शर्मदा शतानन्द शुक्ल.



## Answers to सरल-संस्कृतम् Exercise 7.1

1. स्थालिकां
2. पुष्पमालां
3. यानपेटिकां
4. मधुकर्कटीं
5. मुक्तावलीं
6. ओष्ठरञ्जनीं

From December issue



(There were no winning entries)

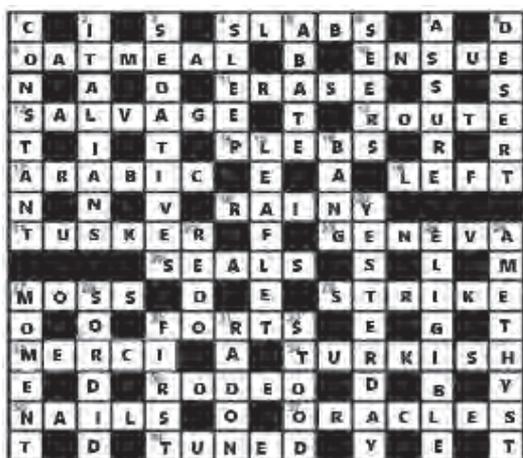
Quiz (A) - 1-b, 2-c, 3-b, 4-b

Quiz (B) Malefic , Facile, Malice, Email, Flame, Claim, Camel , Calif, Calf, File, Fail , Fame.

(C) Identify the Animal

**Cattalo** ( a hybrid between the American buffalo and domestic cattle)

(D) CROSSWORD SOLUTION



(E) : WHAT IS IT ?  
ANS: SURNAME

QUIZ (F): DEEPIKA PADUKONE

QUIZ G: ANS 38

(H)

SUDOKU SOLUTION

9	7	1	3	8	2	5	4	6
5	8	4	6	9	7	2	1	3
3	6	2	5	1	4	8	7	9
2	9	7	4	5	6	3	8	1
1	3	6	7	2	8	4	9	5
4	5	8	9	3	1	7	6	2
6	2	3	8	7	9	1	5	4
8	4	5	1	6	3	9	2	7
7	1	9	2	4	5	6	3	8

(I) What's the Good Word

THE 9 LETTER WORD IS  
**CANDIDATE**

(J)

THE NEXT LOGICAL NUMBER IS

1	4	9	16	25	36	49
---	---	---	----	----	----	----

(K)

Find the hidden word or Phrase

**BACKPACK**

(L)

Matchstick Solution



Brain Teaser ( Age)  
(From page 36)

Arun 20 today  
Amita 10 today

ANSWERS TO QUIZ PAGE 43  
1. 1951 2. EIGHT YEARS OLD

## Here and There

### THANE SABHA:

**H.H. Shrimat Sadyojat Shankarashram Swamiji's Birthday**, as per the *tithi* as well as the Gregorian calendar, was celebrated with love and devotion by Thane Sabha members by offering *Devi Anushthana* and *Guru Pujan* on November 2nd and *Devi Anushthana* on November 13th.

The Sabha observed **Seva Saptah** between November 6th and 13th, during which 3 *sadhaka*-s offered *seva* at Karla. **Sannikarsha** was offered by 7 Thane Sabha *sadhaka*-s on Sunday, Nov 13th.

**Samaradhana of H.H. Shrimat Vamanashram Swamiji** was observed on 17th November. The program started with the *Sabha Prarambha Prarthana*, *Shri Guru Paduka Stotram* and *Shri Parijnanashram Trayodashi*. Chapters pertaining to Parama Pujya Vamanashram Swamiji were read out from the *Shri Chitrapur Guruparampara Charitra*. *Gurupujan* was performed, with tender coconut being offered as part of the *naivedyam*, followed by *bhajan*-s, *Sabha Samapti Prarthana* and *Deepanamaskar*. The program was hosted by Dr. Mohan and Dr. Suvarna Koppikar at their residence in Powai and attended by around 30 *sadhaka*-s.

**Sanskrit Sambhashana Varga** is continuing, with enthusiastic participation from devotees as prior knowledge of Sanskrit is not necessary for this *varga* for learning to speak in Sanskrit.

*Report by Chandrima Kalbag*

## Our Insitutions

### Saraswat Mahila Samaj, Gamdevi, Mumbai

On the 4<sup>th</sup> of November 2022 a gala event of “*Kojagiri*” get-together was held in the newly renovated Samaj Hall.

A very interesting programme of Musical Housie, *Garba* and a delicious array of tangy sweet flavoured *Chaat* – which probably attracted a good crowd of our *Mahilas*.

The programme started with the Welcome by our Jt. Hon. Secretary Nivedita (Nivi) Nadkarni, a vivacious personality, who has recently joined the Managing Committee – who right from planning the programme, the games, the *Garba* for the ladies, and the *Chaat* was organised by her.

The event started with the Housie Game- a bit different lyrical Musical Housie – instead of the

age old Numerical figures- there were Hindi movie songs on the slips. It was fun – Nivi played a song and it was a great time to hear the songs and also play the game. There were songs of the 50's, 60's, 70's, 80's and the latest and so on till a Housie was formed.

Then followed the *Garba* dance and pleasantly many of our young girls took the initiative to start and gradually the slightly senior – young at heart *Mahilas* also joined in and were doing the rounds of the *garba*. And then another round of vibrant Gujarati *Garba* songs with grace and at time with gay abundance to the fast rhythm with the right “*thekas*”.

And as they were dancing the onlookers slowly started making a beeline to the *Chaat* counter. Oh! what a spread- And what aroma – Bhel Puri, Sev Puri, Paani Puri, Dahi-Batata Puri, Dahi Wada, and a soft cool drink. All the rest of the ladies after an enjoyable and non-stop *garba*, joined the *Chaat* counter and had the eats to their heart's content.

The programme concluded with a Vote of Thanks by Usha Savkur and all departed with a sense of contentment and satisfaction when specially the senior *Mahilas* got an opportunity to be like young girl along with the younger lot.

Our Gamdevi Samaj *Mahilas* were extremely happy to do this sort of “*Jagran*” for *Kojagiri*.

Some more Donations received for repairs and painting of Samaj Hall

Ashwini Prashant Pittal	₹ 10000/-
Geeta Yennemadi	₹ 20000/-
Smita Mavinkurve	₹ 10000/-
Samyukta K Kaushik	₹ 10000/-
Vidyalaxmi Kulkarni	₹ 25000/-

In the Dec issue of KS Magazine, the following error is regretted

Donation by Priya and Santosh Bijur ₹ 25000/- (instead of 20000/-)

Sharmila Mitbandar (instead of Sharmila Mittagaonkar)

In the Nov 22 KS Magazine in Foundation Day Report, the following was inadvertently missed out. Our sincere regrets.

Srikala Vinekar – Vice President SMS, did the pleasant task of introducing the Konkani Natika Producer and Director Bipin Nadkarni of ‘Abhijnan Shakuntal’- eminent Cinema and Film Maker and National Award Winner of Marathi Movies ‘Uttarayan’ and ‘Evdhasa Abhaal’ and recently of an excellent poignant Hindi movie *Darban*. Bipin

has also produced and directed Konkani and Marathi dramas, to name a few such as 'Golmal' and 'Mitra'.

**Forthcoming Programme:**

Sankranti Sammelan will be held on 14<sup>th</sup> Jan 2023 at 4 pm in the Samaj Hall Music Recital by Karishma Bijoor.

*Reported by Geeta Suresh Balse*

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**DOMESTIC TIDINGS**

**OBITUARIES**

*We convey our deepest sympathy to the relatives of the following:*

- Oct 13 : Vinodini (Sheela) Manohar Aldangadi (82) at Matunga (King's Circle), Mumbai.
- Sept 23: Pratap Manohar Mudbidri (67) at Bangalore.
- Nov 8 : Geetha Vidyadhar Katre (nee surkund) (83), at Bangalore.
- Nov 19 : Naimpally Pushpalata Rao (90) at Pune.
- Nov 21 : Vijaya Sadanand Mundkur (82) at Prabhadevi Mumbai.
- Nov 29 : Anuradha Dinkar Dhareshwar (nee Pramila Keshav Naik).
- Dec 2 : Suresh Venugopal Basrur (87) at Malad E, Mumbai.
- Dec 6 : Rajool Sudhir Bankeshwar (67) in Mumbai
- Dec 6 : Anil Balkrishna Gersappe (83) at Tardeo, Mumbai.
- Dec 14 : Rohini Mohan Hattangadi (88) at Anandashram CHS, Grant Road, Mumbai.
- Dec 16: Chinmoy Pandurang Gangolli (63) at Denver, Colarado, USA.

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