International Women’s Day Celebrations

Mrs. Anuradha Dhareshwar  Ms. Ila Nitin Gokarn  Mrs. Prameela Kundapur
Dr. Sudha Tinaikar  Mrs. Deepa Tracy  Mrs. Chaya Ubbayakar

Chief Guest:
Smt. Shashikala Divakar Sharma

Pt. Sadanand Naimpally honoured
Pt. Sadanand Naipally being honoured by Ustad Zakir Hussain

Pt. Sadanand Naipally being honoured by Shri Suresh Wadkar

Book launch at the hands of HH Shrimat Sadyojat Shankarashram Swamiji
Also seen in the picture are Shri Praveen Kadle and Pt. Nityanand Haldipur
Donations
Kanara Saraswat Association is grateful to the following donors:

Emergency Medical Relief Fund
Radhakrishna Vasantkumar Rao ₹ 30,000/-
(In m/o father Vombathkere Vasantkumar Rao)
Nirmala Mangesh Heble ₹ 25,000/-
Mangesh L Heble ₹ 25,000/-
Pooja Vinay Dhareshwar ₹ 20,000/-
Scholarship Fund
Pooja Vinay Dhareshwar ₹ 20,000/-
ANNOUNCEMENT

Essay contest

The Editorial Committee invites our members’ children and student members to contribute Articles/ Essays to be published in the Kanara Saraswat. This is to encourage our young minds to develop the art and skill of writing. The best essay or article will carry a cash award of ₹500/-. Those desirous of participating in this contest may send their originally written articles in MS Word* format between 400-425 words to kanara_saraswat@hotmail.com. **The contest is open to those born on or after 1st April 2006.** The winner’s name and photo will be published in the subsequent editions. **This contest is open till 15th June 2022.**
The Topic is “Too much of anything is bad”

* (in Arial or Bookman Old font)

Editorial Committee

FOR INFORMATION OF READERS AND MEMBERS

The Editorial Committee receives several articles, e-mails, Letters, Poems, sketches and other matter for publishing on a regular basis. A few writers seek information whether their article/ poem would be published and ask details as to when it would be published? The Editorial committee may not respond to such requests. However, paid articles or advertisements will certainly be responded to by the Admin team.
Those who wish to contribute articles, poems, letters etc. are welcome to send the same by e-mail. We would encourage you all to write. Articles, Poems should be typed in MS Word format and ideally should be restricted to 1000 words. Matter to be published under ‘Personalia’ should be restricted to 250-300 words.
The Editorial committee reserves the right to edit, condense, or drop any article/ poem without reverting to the Author. If some articles need to be kept on hold, it would be done for a reason which may not be explained. Readers and members are requested to note the same and desist from seeking responses as to when their article or poem would be published. The Editorial committee will use its discretion in such matters.
Further, we request members not to publish articles appearing in KS on social media such as Facebook or Twitter, without consent from the Editor and the author. Members are requested to cooperate in this regard. Thank you in advance.

Editorial Committee
Dear Friends,

It is the beginning of the Hindu New Year. I take this opportunity to wish all of you a great beginning to this New Year. Let this Ugadi bring the best of everything to you all.

The pandemic of Covid-19 had brought in complete havoc exactly two years ago. Since then, we all have gone through three waves of this pandemic which really created upheaval in our lives in terms of loss of our near and dear ones. We had to face unprecedented lockdowns with restrictions on our movement, economic misery, loss of livelihoods, adapting to the new work-from-home routine. For the young and growing children who yearn for freedom and a desire to play in an open environment, it was an experience of being home-bound and learning through the virtual medium. The last two years were perhaps one of the most difficult periods mankind has gone through. The scar of this pandemic will heal gradually.

Just as we were coming out of the Covid pandemic, we are now faced with the war in Europe, forced by Russia on Ukraine which could perhaps turn out to be the beginning of a new world order, perhaps even a more spread-out and longish war than expected earlier. This war has certainly escalated the tensions across the world with significant uncertainties on the global, social, political and economic fronts. This war will bring new combinations of global alliances and partnerships with a newly formed geo-political front.

As we moved into the third decade of this twenty-first century, we are now going to see a completely new paradigm in our lives. At the beginning of this century, it looked like the world is flat and the whole globe is just one village but now it is very clear that the world is still divided between the haves and the have-nots. The economic disparity continues. The Cold War between the nations which seemed to have ended in the 1990’s is now coming out in an open war with a complete uncertainty in terms of when and where it would end, particularly if one looks at the nuclear capabilities which many countries in the world now have.

While the Russia-Ukraine war will see its natural progression on the global optical front, we are going to see the natural consequences in terms of changes in our daily lives. The world is going to be more digitised, physical travel is going to be less important, energy dynamics is going to change completely with significantly more focus on renewables and new energy solutions. The new world order will be more focused on digital technology which will have its impact on daily lives as well as on complex business transactions, education, entertainment, sports, recreation and life in general.

The optimist in me however tells me that in this new world order, a lot of positives will emerge for the entire globe and more particularly for India. India with its demographic advantage of a young population will be a much stronger country over the next thirty years. With the right kind of economic policies and relentless implementation and execution of these policies would make India one of the top three countries in economic strength by 2050. India will see itself as a major centre, more particularly in the field of electronics and as a global research hub for state-of-the-art technology development. The starts-ups in India will make the country a home of future inventions in the new digital world.

In the new world, we should however never forget our values, the teachings of our elders, our traditions, and our culture. These are eternal and will never die. We need to preserve them, protect them, and nurture them for our future generations. The new science with our own old abiding values will see our country reach great heights.

Wishing you once again all the best in this New Year.

With regards,

Praveen P Kadle
In Business

My new client seemed frustrated. He told me, “I and my team are working so hard. But we are not getting the results we want”. I asked him whether he and his team members are preparing their “to do” list for the next day before they wind up for the day on the previous day. He said yes they are.

On further checking I realized that while they were preparing the to do lists, when they came for work next day they usually started working on the urgent and easy tasks on the “to do” list. In fact, they continued to work that way throughout the day. Thus on most of the days, as they worked hard, all their time were going in doing urgent and easy stuff. So they never came to doing the important and not so urgent tasks which will take them towards achieving their goals.

I explained to my client the Pareto’s Principle which states that 80% of the effects are normally caused by about 20% of the causes. In other words 20% of our activities will give us 80% of the results. So the key is to identify which are 20% of our activities which will give 80% result. If we don’t do that we will do activities which are of not much consequence as far as the results we want. In other word we will work on 80% of activities which will give only 20% of the results. Just imagine, even if you do perfectly these 80% of activities - what would be the result? Only 20%. In any exam if we get only 20% marks we would be declared as failed. That is exactly what happens if we start working without identifying the 20% activities which will give 80% result.

The diagram below explains it more vividly:

![20: 80 Principle Diagram]

My client immediately understood the point. After a couple of weeks he informed me that this small shift in identifying the 20% of activities giving 80% of the results has made a big difference. He has already started getting the results which he wanted.

So whether it is your daily, weekly, monthly, quarterly or yearly planning the key is to identify 20% of activities which give 80% of the results. In fact this is applicable in other aspects of business as well. Approximately 20% of your customers will give you 80% of the business and so on.

In Life:

In order to have happy and balanced life we should be working in following 8 areas:
1. Business/Work
2. Health
3. Wealth
4. Relationships
5. Learning
6. Spirituality
7. Giving back to Society
8. Enjoyment.

Most people get scared when they see this list. They feel they are already struggling to manage less than half the things mentioned in the list. They feel to work on all 8 areas will require too much of effort and time.

The simple way out is to apply Pareto’s Principle here. In each of these areas we have to identify the approx. 20% of the activities which we need to do to have a happy and fulfilled life.

Let us take some examples:

For Health we have to do just half an hour of exercise and avoid excesses of any kind in our diet. To this I will add my personal example. About 10 years ago I was required to go to dentist due to some dental problem quite frequently. After that I started brushing my teeth twice – once in the morning which all of us do and additionally at night before going sleep. Since then I had no dental problem at all.

Now a days because of the hectic and sometimes stressful lifestyle our relationships get affected adversely eventhough we value them and want them to be good. Two of my clients have found very good solutions to this issue.

In case of one client his elderly father stays with him. Earlier because of his hectic schedule there would be number of days where he would...
The young boy exchange hardly any words with his father. The only communication would be some sort of complaint from his father about some other family member or vice versa. He thought about it and found a simple solution which requires him to invest only 5 minutes of his time. Every night before his father goes to sleep he presses his feet for 5 minutes. In these 5 minutes he asks his father about how the day was for him. That’s all. This simple act has transformed his relationship with his father and changed the overall atmosphere in his house.

In case of the second client the case was different. For studying engineering his son had to go off to a far off place and stay in the hostel. So the wife was worried. They also found a simple solution. At home every morning the mother used wake up the son. They continued the same practice when the son went to study at the far off place. So every day two phone calls take place. One in the night in which the mother asks the son what time he wants to get up next day and in the morning she gives him the wake up call. This creates two opportunities to converse every day. So good things as well as challenges are discussed immediately in the family. This practice is continuing even though now the son has finished studies and is working. This way there is no adverse effect of generation gap in the family.

Just investing half an hour every day in reading a book or watching a video will help you to learn something new. In the same way every day Japa or a small prayer of gratitude to the Almighty will make you feel good.

Investing half a day every month or giving a donation to a worthy cause will elevate your spirits.

Last but not the least enjoying a movie or dinner with the family or friends once a month will rejuvenate you for rest of the month.

Are these very complicated things to do? No, they are very simple. The only thing needed is a bit of self discipline to do them consciously.

Start doing them to get the results you want in business and in life.

(Action Coach Shri Ashok Samsi an be reached at 9970092819/ashoksamsi@actioncoach.com)
Birth Centenary Remembrance
Anand Gopal Hemmadi

(22.05.1922 to 17.07.2000)

Still Remembered By:
Sheila and Jairam Khambadkone
Swati Puthli & Family
Shilpa Bailur & Family

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Here it comes. The month of May! Most of us living in western belt shudder to think of how to beat the heat and sweat. According to official sources, global warming has raised average temperatures across seasons since 1991. Heat waves over large parts of our country, mainly in the western and central belt are common. We have to look for ways and means to combat these uncomfortable environmental changes. Replenishing forests should be one of them.

This month on 3rd May, we celebrate Akshay Tritiya. It has great significance for all Hindus. It is one of the most auspicious days to start something new or even buy something we covet, such as jewellery, property or a vehicle. The word Akshay means eternal. Lord Ganesh is believed to have started writing the epic Mahabharata as narrated by Ved Vyas on this day. On the three lunar days, Yugadi, Akshay Tritiya and Dasara, one does not need to look for any Muhurta to commence or perform auspicious work. These three days are free from all malefic effects. Akshay Tritiya – is the day of offerings to the manes. This is an important day in Vidarbha belt of Maharashtra. The locals cook sweet dishes. They stew rice in milk, and prepare soup of tamarind pulp fragrant with khus.

Some years ago, I attended a wedding in Akola on Akshay Tritiya. I was served a particular liquid which was so delicious that I made it a point to seek the recipe. It is known as Chinchavane, the soup of tamarind pulp. It’s a speciality in those hot belts. Please try this recipe out as it helps cool our bodies in peak summer. The recipe is shared in the magazine.

The International Migratory Birds Day is on 14th May this year. In this issue we present an article and exquisite pictures to commemorate the day. Our readers will also get to read an unbelievable story of the great mystic saint – Shree Shankar Maharaj whose punyatithi is on 9th May.

I would like to share that many of you have sent encouraging letters and text messages, some personal, some criticisms, about the changes in the Kanara Saraswat. The heartening part is the interest in contests in which we have participation from six year olds to ninety years young! We thank all of you for the feedback and participation. Our endeavour is to keep improving and raising the bar.

A nonagenarian lady called me on the phone. She expressed sadness that her eyesight was letting her down and she is unable to read the magazine so dear and close to her heart. Upon enquiry I learnt that, she lives alone under the care of a maid as her children live abroad. And then one statement of hers hit me like a thunderbolt, “I am waiting for Yamadoot to come. I just keep staring at the ceiling from my death bed”. It made my eyes moist and I felt a lump in my throat.

A close friend of mine lives in California and his brother in Amsterdam. Their mother breathed her last during the Pandemic. Sadly both could not come to India and her last rites had to be done by the maid servant and her relatives. Hard facts of life.

In pursuit of a better life style and a lucrative career, the children may migrate overseas leaving behind their most significant treasure – the parent(s) - back home. The parents have to fend for themselves in the last stages of their life. This is so scary. No amount of career growth or so called success in the corporate world or money can buy our parents the happiness. They, nevertheless, accept reality with fortitude and a smile. Parents’ find happiness in their children’s happiness. May be we could deal with this subject in greater detail, some other time. There are always two sides to a coin and this is not to suggest that the children are wrong in any way as they too have a life of their own. But how do we find a balance is the moot question. While I take your leave don’t you forget to feast on the “Hapus” mango. Have fun as you read your favourite magazine, the Kanara Saraswat.
Dear Sir,

Smt. Nalini Nadkarni’s article in the March 2022 issue made interesting reading. It serves as an eye opener but, inevitably, her ideas could evoke a reaction of “ishishi” in the community.

In the article titled “Kindness Costs Nothing, But Gives Good Results” she recommends that elderly singles should get married for companionship. The ideas expressed by her are practical in today’s world and can be of benefit not only to our aging population but the benefit will go to all – the elderly singles, their children (many of whom have their own struggles of modern life) or the children settled overseas worrying about their parent, but, specifically, to the two protagonists she is advising. The win-win situation for the two elderly individuals will provide them companionship and mutual care and will also give relief to their younger generation. In a world where live-in relationships are fairly common today, her idea is only an extension to older people when younger people are already practicing it.

Till one reads the profile of the author at the end of the article one would think that it was written by a very progressive minded, young(ish) or middle aged Chitrapur Saraswat. As it happens she is ninety five years old and lives alone. One would have thought that her ideas would be antiquated as indicated by her chronological age but surely she should be recognised as forward thinking, caring for the needy and very practical. At eighty five, I fully endorse her recommendations. May Nalini Pachi effortlessly reach her century and keep good health.

Kishore Sunder Rao (Amembal), Bangalore

(The Letter to the Editor by Shri Kishore Sunder Rao wins the best LTE award of Rs250)

Dear Sir:

I am indeed very happy to notice that the Kanara Saraswat magazine is improving and getting fresher and better with every issue month on month. I am a regular reader of the magazine and feel proud to read it. In fact, I eagerly wait for the issue to reach me every month. Even during the lockdown period, the Editorial team managed to publish the e-copies which need to be appreciated. In the past, previous Editors have added different articles and stories and brought glory to the magazine. H.H. Swamiji’s blessings are also there in abundance.

I am more delighted to see this Editorial team adding new features month on month and taking forward the legacy of the past Mg. Editor, the Late Shri Gurunath Gokarn in a splendid manner. I would like to congratulate not only the Editor and his team but also all the members of the MC, The President and Chairman and the team which so meticulously works hard to bring out the issue in time so as to either reach us in e-form or hard copy. Keep up the good job.

Ameya Karnad, Goa

Dear Sir:

I am happy to notice new and fresh features in the Kanara Saraswat. The Quizzes, crosswords and other contests are good incentives for all age groups to participate in the competitions.

If I may say so ‘month by month’ the KS magazine is getting more and more interesting! The KS is a quality family magazine. Well done.

Mrs. Suman S Kodial, Gamdevi

Dear Sir,

I am very happy to inform you that I am a regular reader of your publication subscribed by one of your members Mrs. Savur in Bangalore (although I am not a CSB)

This month the Kanara Saraswat magazine has come out very well with articles related to socio-economic well-being of senior citizens. I was delighted with the articles that you have published and I thought of sharing with my personal friends who have retired like me. May I request you to share the two articles viz. “On playing my Second Innings” by Blessed Soul and “Financial Planning...
for Senior Citizens” by Shri Pramod Karnad, for personal use and sharing with a small circle of friends.

Congratulations to you, dear Editor!

Prof. Manohar Deshmukh, QCFI Bangalore

Dear Sir:
The April 2022, issue of Kanara Saraswat made excellent reading as all the features and interviews and memoirs were great to read. The financial planning for Senior Citizens was an informative and well researched piece by Mr.Pramod Karnad and I am sure the veterans will utilize the investments very well and to their benefit. The tribute to Ms. Lakshmi Nayampally was very befitting to a great talent. Also, the interview with Ms.Vrinda Mundkur made us aware of the great classical singer and it was great to know that she was felicitated by the Dagar Gharana Samman instituted by the famed Dagar Gharana. I would also like to take this opportunity to congratulate the poet par excellence Mr.Ranjit Hoskote for his award and honour at the Jaipur Literature Festival. He can rightly be known as the Indian Keats or Robert Frost. Keep up the good work!

Sandeep Hattangadi, Dahisar West

Dear Sir:
Reference to the Article “Second Innings” by Blessed Soul (April 22 issue). I completely endorse the decision of the two protagonists in real life. Yes I am personally in favour of resettling. I too agree that as long as your immediate family is okay with their decision, no one needs to pass any judgment. If immediate family too has no time for them, then even their opinion should not matter. After all it’s for the couple to live their life on their own terms.

I know of 2 cases where children themselves have told their mother to find a companion if need be. They admit that they are busy with their new family and careers and may not be able to give the mother enough time. So, times have changed and we should all learn to accept the social changes and not attach any stigma. I compliment the Editorial team for publishing a bold article.

I honestly like reading the all the articles they are too good. Congrats to you and your team for the vast improvement.

K. G. Nadkarni, Mangaluru

Dear Editor,
Probably every Bhanap/”aamchi” household looks forward to the issue of the “Kanara Saraswat” magazine each month.

Kudos to the new editorial team that has continued to keep the interest of readers with new content, yet retaining the familiar columns.

While the rest of the content is all good, what I find missing is articles from youngsters which KS should encourage.

Nandan Bellare, Bengaluru

KSA Library Books in PDF

KSA Library has about 664 books and manuscripts written by amchi authors. So far it is observed that there is hardly any interest shown by members to read these from the library. In today’s era of digitalisation, online and electronic books are becoming increasingly popular and easily accessible. KSA has digitised these books by scanning and converting in PDF format.

We are planning to upload this scanned material on our KSA website from 15th June, 2022. Any of the authors not desiring to display their work in digital format may write to us accordingly. We have decided to exclude uploading of popular books available in bookstores or on Kindle or allied platforms.

Vandan Shiroor
Hon. Secretary
9833217925
Pt. Sadanand Naimpalli needs no introduction to any of our readers and members. Sadanand mam weaves magic while playing on his percussion instrument and his popularity with accomplished Musical icons is so high that all of them have urged him to accompany them to enthral audiences.

I had the good fortune of meeting Sadanand mam and his soul mate Aruna pachi over a hot steaming cup of coffee trying to get a measure of his rise to fame and popularity along his musical journey. Recently, Sadanand mam has authored a book on *tabla* that has become the fulcrum of the rhythmic curriculum taught at many universities across the world. He has also created numerous *tabla* compositions that are characterised by creativity and tremendous musical imagination. He has enhanced the performances of several musicians by providing them highly intuitive and responsive accompaniment. He has always held himself to as exacting a standard as a human being as he has as an Artiste. Flautist Pt. Nityanand Haldipur with whom Pt. Sadanand Naimpalli has accompanied on Tabla on several occasions has paid a glowing tribute.

Pt. Nityanand said “My association with him is now more than three decades old, during which time, we have travelled together and played concerts on innumerable occasions. Pt. Naimpalli is undoubtedly one of the finest tabla players of our times. He has enthralled audiences and connoisseurs all over the globe with his accompaniment as well as solo recitals. He plays with ease and tremendous fluency, odd taals that other tabla players are often intimidated by. He is a fount of knowledge in the field of *laya* and his scholarship in matters relating to unusual *taals*, *gharanas* and styles of tabla is unrivalled. The CD in which he has played different *taals* with beat-cycles ranging from 7 beats to 16 beats has drawn critical acclaim from stalwarts no less than Ust. Zakir Husain, Pt. Swapan Choudhury, Taal Yogi Pt. Suresh Talwalkar and Pt. Anindo Chatterjee, to name a few. In him, I have had the benefit of someone I can look upon as a very dear friend as well as an elder brother”.

It gives me great pleasure to present the details of our tete a tete.

**Ed: How and when did you take to playing the tabla? Was the interest self-triggered or was it parental push? Any musicians in the family?**

SN: In my family, there were no musicians. I had no absolutely no connection to Tabla. When I was about 10, while playing cricket in Talmaki Wadi, one of the boys decided to leave the game midway as he wanted to attend his Tabla class and was not ready to miss it at any cost. I was curious when I heard “Tabla class,” so I asked if I could accompany him. He took me to the house of my future Guruji, Pt. Taranath Hattangdi. I saw 5-6 boys of my age banging away on the Tablas. Sitting cross-legged among the boys with a small harmonium placed on his lap was Guruji giving them what I came to know later was “Lehra” accompaniment, reciting compositions and encouraging the boys with “Shabash” and “Bahut ache.” I decided that I would learnTabla from this person only. I expressed my desire to my mother, who was a keen follower of music. Both my parents wholeheartedly supported the idea and the very next day we all went to Guruji’s house with flowers, coconut and sweets. Then began the initiation ceremony. Guruji handed me a Tabla to try so as to find out which hand I was comfortable playing with. Thus started my foray into Tabla playing as a left hander – though I’m a natural right-hander.

**Ed: Tabla is an accompanying instrument to the vocalist or the main instrumentalist. That being so, why did you choose tabla over say a Sitar or Sarod or Flute?**

SN: As a kid, I was fascinated with simple rhythm patterns as heard in film music. Not knowing the language of Tabla, I used to interpret those rhythms with my own gibberish. I was also told by *Amma* that whatever catchy sentence I heard, I would like to put it in rhythm. For me playing the Tabla was instinctive. My Guruji taught me to play Tabla as a solo instrument without any restraint.
and not as an accompaniment. Therefore, I never felt drawn towards other instruments.

**Ed:** Despite being a qualified Engineer, how did you manage to excel in both. How did you create time to travel, perform along with your engineering profession?

**SN:** That I’m an engineer by qualification happened when I was 20 years old. I passed with distinction. But Tabla began when I was 10. Being keenly interested in Tabla I automatically used to think of Tabla all day long. Even in my classroom unmindful of the rattle I created, I used to start playing on my desk for which I was duly punished by the teacher either by giving me raps on my hand or sending me out of class. However, I was good at studies and used to be in the top five without much effort.

After getting some work experience, I thought of setting up my own foundry, making specialized quality non-ferrous castings. I may have lost out on several job opportunities due to my playing the Tabla alongside, but I have no regrets. Tabla was always my first love. So I had to return to it sooner or later.

**Ed:** How many hours of dedicated practice did you do? Any other hobbies or passion?

**SN:** Surprising as it may sound, my practice sessions extended upto 3 hours that too in the presence of Guruji. Besides playing Tabla which now is my profession, the only hobby I had was reading and listening to music.

**Ed:** There are many gharanas – perhaps each distinct. What is the speciality or what distinguishes the gharana you belong to, compared to others?

**SN:** There are 6 gharanas, Delhi gharana, which is supposed to be the parent gharana, Ajrada, Farrukhabad, Lucknow, Benares, and Punjab. I belong to the Farrukhabad tradition of Tabla playing. Of course, whatever I have learned, I have done so without analyzing or delving into the technicalities. But after having played as a professional, I’ve realized that Farrukhabad style of playing and the compositions therein are quite lyrical, giving a lot of scope to the artist to express himself through them.

**Ed:** Please let us know something more about your Guru, Pt Taranathji.

**SN:** I first met my revered Guruji as mentioned earlier. Over the next few years, I developed a special bond with him such that I could go to his house and practice Tabla for 3 hours at a stretch with him playing Lehra. He was like a father figure for all of us, his students, not only in India but also in US where he taught for over 12 years. He even shared meals with his American students just like in a family, something which was very new and refreshing for the Americans. They all respected and loved him and his wife like their own parents. He was very generous and there were many who did not pay him fees, but he never questioned them.

**Ed:** How many students have you trained so far? How do see or judge the potential or spark in them?

**SN:** I guess it could be well over a 100 in the span of the last 25 years. I teach all my students the way I learned from my Guruji. I impress upon them that they have to practice and perfect the lessons I teach them. I don’t move forward unless they have perfected the previous lesson. I’m quite strict that way, but it is the best way to ensure that they will remember these lessons. Most of my students have been diligent and quick learners. Very few don’t continue beyond 2-3 years due to academic or work pressure.

**Ed:** Are your students only Indian or foreigners too? Who are the most prominent students you have trained who have made a name for themselves? Any bhanaps?

**SN:** I’m accessible to anyone who wants to learn Tabla, whether Indian or foreign. Students include Indian and those who are based abroad. Several of my students are concert-level performers and teachers too. Just to name a few among my Bhanap Indian students: Hemant Koppikar, Sushant Ullal, Shantanu Shukla.

**Ed:** A senior Music maestro mentioned that Pure Indian Classical music is losing audiences and Fusion and collaborative music is becoming popular. What are your views?

**SN:** No doubt, fusion and collaborative music is becoming popular, but classical music still has devoted followers. Infact they are increasing by the day. You will now find lot of youngsters evincing keen interest in classical music and taking it up seriously. So I feel that popularity of fusion and collaborative music is just a passing phase.

**Ed:** Tell us some names of renowned musicians – vocal / instrumental- whom you accompanied – both In India and overseas
SN: There are many to enumerate; the list is very long. However, some renowned names are as follows. In the vocal music genre, I have accompanied Ustad Amir Khan, Pt. Jasraj, Pt. Kumar Gandharva, Smt. Laxmi Shankar, Smt. Manik Varma and many more. In wind instruments – Pt. Devendra Murdeshwar, Pt. Raghunath Seth, Pt. Nityanand Haldipur, Pt. Ronu Mujumdar; string instruments (bowing) Smt. N Rajam (violin), Pt. VG Jog (violin), Pt. DK Datar (violin), Pt. Ramnarayan (sarangi), Pt. Kartick Kumar (sitar), Pt. Vishwamohan Bhatt (guitar), Pt. Brij Bhushan Kabra (guitar), I've travelled extensively through the length and breadth of India. I've performed all over USA, Europe, Middle East, and Far East.

Ed: How many years of relentless taleem is required to be put in to reach the top echelons or be considered as having arrived?

SN: It all depends on the caliber of the artist pursuing his dream of reaching the top. Some are naturally endowed with an extra sense of perception and thus are quick to grasp what is taught to them. If this quality is accompanied by relentless riyaaz, then in matter of a few years one can reach the top echelons.

Ed: Is there mathematics involved in tabla?

SN: Yes, there is simple arithmetic involved in the compositions. But most importantly, the Tabla player has to be quick witted and be able to work out calculations on the spot. With my engineering/mathematical background I have been able to compose complicated Taals like Shani Taal (7½ beats), Nand Taal (8½ beats), Arpan Taal (9½ beats), and Adhashut Taal (10½ beats).

Ed: Please tell us about various awards and recognition that has come your way.

As a youngster, winning awards was my favorite pastime. I have won numerous competitions, namely, India Culture League, Sur Singar Sansad, Inter-collegiate Music Competition. My biggest award was the President’s Award for standing first in the All India Radio Competitions held in New Delhi on a national level in 1963. This was followed by first places in the Inter-University Youth Festival with a citation saying “Sadanand Naimpali, the most accomplished Tabla player....” This achievement resulted in my being selected for an extensive tour of Europe and Middle East, when I was barely 17 years old. As a senior professional Tabla player, I have been endowed with titles such as “Layanand,” “Swar Sadhna Ratna,” “Taal Martand” by various musical organizations in India. In 2020, I was awarded the Swami Haridas Award for senior music teachers at the hands of Padmashri Suresh Wadkar and honored by Padmabhushan Ustad Zakir Hussain. I have also been awarded the top grade by Akashvani and Doordarshan in the year 2001.

Ed: Tell us how did you conceive of the idea of writing your book. How is the response. Tell us about the launch by HH Swamiji.

SN: My latest book “Tabla - G’ths, Chakkardars, Parans” with foreword by Pt. Swapan Chaudhry is a milestone in the literature of Tabla. It contains the most prized and distinct compositions of various Gharanas which the Ustads don’t normally teach. This book is available in Hindi and English versions. When this book was completed, I had planned a book release on November 20, 2021, my seventy-fifth birthday. Unfortunately due to my own health issues, the launch was deferred. A function was then held at Karla Math in my absence where my book was released at the sacred hands of HH Swamiji.

Besides, I have written two more books, namely, Theory and Practice of Tabla with a foreword by Ustad Zakir Hussain in the year 2006, and Tabla for Advanced Students with a foreword by the santoor wizard Pt. Shivkumar Sharma in 2009, I've also produced an instructional DVD catering to Tabla students who have spent 4-5 years learning Tabla.

As I left their premises there was a certain amount of happiness to have spent a long time with a person I always respected and admired. Sadanand mam and Aruna pachi, great hosts, came to see me off at the gate.
Our dear Aai,

Smt. Manorama Pandurang Sashital
(daughter of Vishveshwar Nagappayya Koppikar)

Completed 106 years on 2nd April 2022
(Gudi Padwa day)

With lots of love
Dilip | Roopa
Aparna & Navin Suri
Anuj Sashital
Great grand children - Krishna and Kabir

With best wishes from
Sashitals, Koppikars, Suris, Hosangadis, Bijurs, Naimpallis & Nagarkars
Near and dear ones
Chitrapur Heritage Foundation
711 Daylily Court, Langhorne, Pennsylvania, USA
Connecting US Amchis to Chitrapur Math

Founded in 2005, Chitrapur Heritage Foundation (CHF) is a Section 501 (c)(3) not-for-profit charitable organization and donors receive the maximum charitable deduction allowed by law. The mission of CHF is to provide a vital link for amchis in the US to stay actively connected with our Chitrapur Math and our Guruparampara. Currently, CHF Chapters are located in four main regions across the United States of America. Over the past decade, amchis in the US have supported students’ education and promoted sustainable development of the village of Shirali.

The activities of CHF includes:

- Facilitate the collection of annual “Vantiga” payment from every earning Saraswat in the US - “Vantiga” is used to support and maintain the upkeep of our spiritual centers in Bengaluru, Gokarn, Mallapur, Mangaluru, and Shirali
- Support education institutions administered by Math-sponsored trusts: Srivali High School, Kotekar Campus of Saraswat Education Society, and Parijnan Vidyalaya.
- Finance the post-primary education of 100 students at the Srivali High School through the “Sponsor-A-Student” Scheme
- Contribute towards the preservation of the rich cultural heritage of the Chitrapur Saraswat community in the US, by celebrating festivals like Yugadi, Ram Navami, Gokulashtami, Navratri, Diwali, monthly satsang, and Prarthana Varga for children

CHF is a philanthropic organization that provides an avenue for US-based “amchis” to support the operation and maintenance of Shri Chitrapur Math as well as support the post-primary education of students in Chitrapur, Karla, Mangalore, and Shirali, and women empowerment programs administered by Parijnan Foundation.

CHF is set up with many Corporations/Organizations such as Bristol Myers Squib, Johnson & Johnson etc. to receive Matching Gifts. CHF has also registered with Benevity in order to make it easier to participate in workplace giving programs such as those at Apple, Google, and Microsoft.

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Samparka
Blissful Childhood
By Jyothi Bharat Divgi

Memories of Param Pûjya Parijnânâshram Swâmîjî III
Through the eyes of children from the sunny, rocky town of Bellâry and the paradise called Malgi

Param Pûjya Parijnânâshram Swâmîjî III evokes such joyful memories – of love and compassion, of humour and brilliance, of simplicity and humility. A Guru who so enriched our lives and showered us with Love and Grace that continues with Param Pûjya Sadyojât Shankarâshram Swâmîjî – protecting us at every moment and at every step.

Let me take you to Malgi – the place that is made of dreams. Nilekanî Nâgesh and Mâlatî – (Pappâ and Mâlatâmmâ to us four kids) lived in this farm house across which are the Dharmâ forests, bordering a pristine water body – the Dharmâ reservoir, and acres and acres of lush green paddy fields with a bubbly stream flowing by. The Kommge was filled with adorable cows, healthy buffaloes, frisky calves and handsome oxen; while delightful dogs and cats by the dozen – sauntered around. There was an exciting time when peacocks and Hippi, a baby monkey, shared this space.

Malgi, then, can also be described in just one word – Paradise!

And this became an even happier place when

Param Pûjya Parijnânâshram Swâmîjî III arrived! The fields looked more green and the waters of the Dharmâ lake more blue. The cows and the dogs wore a happier expression on their faces, and we children matched theirs!

One evening after Bhikshâ was served and Swâmîjî was sitting in an armchair in the porch, Whoa! electricity played truant. The house was plunged into darkness just as the family was about to start their dinner. In a trice, Pûjya Swâmîjî started their Dodge car and parked it in such a way that the dining room was flooded with light! Such was His empathy and compassion!

Another day, there was chaos galore when a rabid dog from outside the farm, came barking ferociously. Pappâ requested Swâmîjî to come indoors. Swâmîjî sitting in the porch, smiled and said, “Nothing will happen!” We children had scampered inside and cautiously peeped through a slit in the door and lo behold! The dog was lying on Swâmîjî’s lap, eyes closed and relaxed. We were in complete awe!

With sundown, the trees around the farm would be lit with hundreds of fireflies. Pûjya Swâmîjî elucidated scientifically how these creatures emitted those twinkling lights – Swâmîjî was truly beyond encyclopaedias! Swâmîjî also explained how important it is to meticulously clean the dishes before we feed animals and birds – values that made a lasting impact on our young minds.

Let’s now travel to the sunny, rocky town of Bellâry where we grew up.

Timmy was our pet – as mongrel as a doggo can ever get! Earthy brown, happy barks, unending licks and a bundle of pure joy! It was a routine that he would be there when we got off the school bus. This particular day was special and we were excited because Param Pûjya Swâmîjî were expected to be home. And sure enough, we raced home to a wondrous sight! Swâmîjî was seated outside in the compound– with an adorable smile for us.

Excitement knew no bounds as we hurriedly put away our school bags and went to offer our namaskâra-s. Even as we were doing so, I could hear my Âmmâ whispering furiously – “Call Timmy! Get Timmy off!”

Looking up – Timmy, muddy paws and all, had climbed up and was happily licking Swâmîjî! And Swâmîjî, petting Timmy, paid no heed to Âmmâ’s furtive whispers nor to the muddy paw-stains. The ever- smiling face plainly said, “No worries”!

As a child, I was fascinated with stones and pebbles. And so every outing I went to, I came back with my socks in my hands, filled with colourful stones that went into an old tin box (that
had served well as our school bag). Mesmerizing purples and bright orange stones, emerald greens and sunny yellows – amazing collection from rocky Bellâry. When Param Pûjya Parijnânâshram Swâmiji III stayed in our home, I hauled out my treasure to display it to Swâmiji. And what interest and admiration flowed from Swâmiji at every single pebble that I proudly showed! Not for a second, did Swâmiji let me feel that what I was showing was so common place, so trivial.

My eyes fill up even now, when I recollect Swâmiji saying that if Swâmiji ever got a stone from the moon, He would add it to my collection. I was over the moon.

India was playing a cricket match with West Indies when someone from the retinue asked for the score. The one ancient radio we had was not working. My brother ran like a hare to our neighbour’s house across the road, and came back with the score. (For the uninitiated; in those days neighbours were like extended family – always there to share the ups and downs of life and providing the proverbial bowl of sugar to ahem! the cricket score!) Every now and then, my brother sprinted to and fro, updating the score under the watchful gaze of a highly amused Swâmiji. The same evening, a new red coloured transistor was presented to the score-fetcher – a priceless gift we treasured for years!

Param Pûjya Swâmiji visited the Automobile factory in Bellâry, where our Ânnu worked. The interest that Swâmiji had and the solutions to engineering problems that Swâmiji could so effortlessly provide astounded the management there!

In those days when there was neither the Internet nor even basic telephone connectivity, HAM provided excellent communication channels. In Bellâry, Pûjya Swâmiji had a HAM associate – one gentleman called Subrahmanyam, with whom Swâmiji was in touch. Subrahmanyam was all praise for Swâmiji and held Him in the highest esteem.

Swâmiji encouraged us children to learn the Morse code and appear for the HAM exam – which we did and apply for a licence -VU2JOY.

Bellâry had just two other âmchi families apart from us. Chandâwarkar Chandrakânt mâm was the Deputy Commissioner and lived in a British colonial style bungalow with 42 huge rooms and a humongous garden. Naturally, he came forward to invite Swâmiji to stay more comfortably there. Param Pûjya Swâmiji’s love for us children was so evident when Swâmiji opted to stay in our humble dwellings!

From left to right: Our Ânnu – Vasant Kalbâg, Dr. R.H.N. Shenoy, Hampaiâh, Chandâwarkar Chandrakânt mâm with Param Pûjya Swâmiji in a newly built bus at M.G. Automobiles

But, not wanting to disappoint Chandrakânt mâm, Swâmiji did accept the invite later for a short stay at his house after the surgery. Yes - Pûjya Swâmiji had to undergo a surgery in Bellâry – which was done by the renowned Dr. R.H.N Shenoy who was the Dean of the Medical College. Shenoy mâm admitted that the tolerance level of Swâmiji was something he had never ever seen in his long career. We got a glimpse of this - when the very next day of the surgery, Swâmiji was back at His routine and all set to take us out!

Priceless are the memories of going to Hampi and Hospet in the car, with Swâmiji at the steering wheel. The thrill of being photographed on the new Polaroid camera with instant pictures; the beautiful road trip to Srisailam through dense forests. The excitement of climbing up the Bellâry Fort...

Little treasures that remain so fresh in our hearts! Yes, it was always a happy-happy time for us as children to be around Param Pûjya Swâmiji!

Looking back… a truly blessed childhood!

With valuable inputs from my siblings – Kiran, Prakâsh and Deepâ.

Malgi Pictures Credit: Chinmay Nilekani
Among all the cows, I am you know me to be the (Lord Indra’s elephant) among all elephants and may you know me as the Emperor among all humans.”

“Arjuna, among all the Ayudha-s (weapons) may you know me to be the Vajra (Lord Indra’s weapon). Among all the cows, I am Kamadhenu (the wish-fulfilling cow of Svarga Lokā). For the creation of living beings I am Kanadarpa (God of desire). Among all poisonous snakes, I am Vasuki (used as a churning rope during the Samudra manthanam).

“Among other snakes I am Lord Ananta (Bhagavān Vishnu is depicted as lying in yoga-nidra upon Adisesha, also known as Ananta). I am Varuṇa, the Lord of all Jaladevatas. Among the Vedic deities like pîtras, I am Aryama. Among all the controllers, I am Yama (Lord of death, the great equalizer).”

“I am the great devotee Prahlāda among the asura-s. I am the principle of Time, among those scholars who keep a count of units of time. Among all the wild animals I am the lion and among all the birds, I am Vainateya (Garuda, Lord Vishnu’s vāhana).” (V27-30)

“I am the wind among the purifiers, for it dries and purifies. I am Lord Rāma among the Gods wielding weapons (During Lord Rāma’s vanavāsa, many sages and rishi-s presented him with divine ayudha-s to destroy the asura-s disturbing the rishi-s inhabiting the dandakāranya). Among aquatic animals, I am the whale. Among rivers I am Jānhavi (Ganga symbolizing the flow of spiritual knowledge).”

“Arjuna, I am the beginning, middle and end of every creation. Among all the branches of knowledge I am Adhyātma Vidya (Ātmajnānam or Parā Vidya). In all debates I am Vāda (other two types of debates are called Samvāda and Vitandavāda).”

“Among the alphabet, I am the A-kāra (the first sound when one opens the mouth). Among all compound words in the grammar of any language, I am the Dvandva samāsa (a compound with two or more words; this is the only compound in Sanskrit where the individual components do not undergo any change). I am the ceaseless Time principle. I am the distributor of Karmaphala appropriately (Karmaphala Dātā) and I face all directions equally.”

“I appear as death for everything that has to end. I am the womb of the future to come. I am the fame, glory and the power of speech in all female deities. I am the power of memory, I am the power of understanding, I am the power of commitment and I am the capacity to forgive.”

“I am the auspicious Bruhatśāma mantra in the Sāmaveda. I am the Gāyatrī among all the Vedic-chhanda-s (different metres are used in chanting the Veda-s. Gāyatrī is the most important of them). Among the months of the year I am the Margashīrsha (December 16th to 15th January of every year). Among all seasons, know me to be spring.” (v31-35)

“Among the entire Vrshni vama (Lord KrishNa belongs to this family), I am Vāsudeva. In the Pândava clan I am Dhananjaya (another name for Arjuna; winning a lot of wealth whenever he won a war). Among all the Muni-s, I am Vyāsa Muni. Among the seers, I am Ushana (Shukrācharya).”

“I manifest as punishment for all those who keep discipline. I am diplomacy (ethical behaviour) among all the rulers. I am silence in every secret and I am knowledge in the knowledgeable.”

“Also Arjuna, I am the seed (upādāna kāraṇa) of all beings. Nothing exists without My Blessing.”

“Arjuna, there is no end to my glories. I can go on and on forever.” (v36-40)

“Whenever and wherever you see anything extraordinary, glorious, and awe-inspiring, may you know that it is a small part of My glory.”

[This shows us that any quality or glory which any one of us have belongs to Bhagavān. The constant awareness of this fact will help us in dealing with ahankāra and mamakāra in our achievements and talents.]

“Arjuna, I am the very sustainer of the entire universe, the creation is a minuscule appearance within Me, like a bubble in an ocean. I am the infinite consciousness much beyond the manifest Universe; not limited by my own creation” (v41-42)

End of chapter 10
(To be cont’d...)

Parisevanam

Bhagavad Gita

Here is a chapter-by-chapter analysis of an immortal text by our erudite contributor Dr. Sudha Tinaiker. The highlighted portions will enable you to realize that the gems of wisdom contained in this ancient treasury are an infallible guideline to living right

CHAPTER 10 (Part 2)
This was the third consecutive year we couldn’t celebrate our son Siddhanth’s birthday with him by our side because of him being away in Ireland. We have done so virtually each year, though. But then, this is how millions of other parents from my generation have done it. So there is nothing special about it.

The point, however, is that how much Indian parents (and sub-continental parents in general) miss their children who are studying or working abroad, despite the facility of video calling available to all these days. We just cannot wait to speak to our children, needless to say, to meet them in person. The institution of family in India is fortunately still very robust and so the bond between parents and children is very strong compared to other cultures in the world. This has been the strength of our society for centuries and millennia.

Upon introspection, it crossed my mind as to how the parents (or children or close ones, for that matter) of our brave young soldiers on duty far away, might be feeling and coping. They have to live with such intense anxiety and insecurity all the time. This is particularly true of parents (as well as other family members) of the soldiers who are on the volatile fronts at the international border. The fear of losing a dear one at any point of time itself is killing. And then you have parents who have lost their young sons on the war front or in insurgency-affected zones. How do they cope with their irreparable loss! One can’t even begin to imagine. All this in the service of our great nation.

It is not just about young soldiers, but all soldiers. Every soldier who died has left behind a grieving parent/s or wife and children or sibling/s, which probably cannot completely get over the trauma and grief in their lifetime.

Which then brought my thoughts to how our society has been and is treating our soldiers and what is its attitude towards the latter?

Undoubtedly, our society at large has shown ample respect and gratitude towards our armed forces, especially the generations born between the early 1900s to the 1980s. However, the younger generation born in the late 1990s and the millennial (again I do not want to generalise) have a substantial proportion of sceptics and cynics, nursing a very matter-of-factly approach towards the armed forces, certainly bereft of any sense of gratitude or empathy. Most of them have been desensitised or misled due to propaganda by vested interests, where stray instances of misdoings of armed forces are highlighted, sensationalised and blown out of proportion by the use of social media. This is worrisome, but it is to be expected that these things will continue to happen.

It is all very well for these youngsters and many of us civilians to say that the families of soldiers should be prepared to face the ultimate tragedy once they had decided to dedicate their children to the Armed Forces or to say that soldiering is “just another job”. The truth however, is that no parent is prepared for this eventuality. That is not the natural parental instinct. Hence their supreme sacrifice is really supreme in every sense of the word.

Further more, it’s not just another paid job—no way! In other professions, a bad day may mean loss of job or income. In the armed forces, a bad day could even mean loss of life or limb. They are not the same things. Hence I insist that abuse of armed forces or their soldiers must be made a punishable criminal offence. You can’t just abuse the armed forces because of whom you live a secure life and go unpunished.

Which brings me to my last point—It is here that the role of parents or other seniors in the family assumes importance and criticality. It is their duty to sensitise their younger generations towards the armed forces and instil a sense of gratitude. This does not mean that we have to be economical with harsh truths, but things have to be put in proper perspective, with a sense of proportion and fairness. Truth has to be separated from propaganda and exceptions have to be separated from the rule. A nation of cynics, sceptics and ungrateful people is always vulnerable and weak.

Proud of our Armed Forces. We’re obliged to them till our death! Jai Hind

(Sanjay Bankeshwar is a versatile writer from Kandivali Mumbai. He can be reached at bankeshwar.s@gmail.com)
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CUSTOMER SATISFACTION WITH QUALITY + TECHNICAL KNOWLEDGE SHARING
Pushpanjali from Prarthana Varga

Sadhana Kaikini reports on the 25 multi-coloured activities initiated for delighted children by the dedicated team of teachers of Prarthana Varga, as part of their offering for Sayujyam.

Our Mathadhipati H.H. Shrimat Shankarashram Swâmîjî was completing 25 years of Mathâdhipatya and the 75th birthday of our Beloved Guru Swami - Shrimat Parijñânâshram Swâmîjî was happening a few months later. Prârthanâ Varga decided to offer a ‘pushpâñjali’ on this special occasion with 25 activities supervised by 60+ teachers! Talents were tapped and duties were divided so that every teacher was involved and gave his/her contribution to this commemoration. Small teams met and worked at the 25 activities, giving them a shape that our Prârthanâ families would love!

The first among the 25 activities was based on the Guru Tatva, exactly in the order mentioned in the beautiful shloka with we begin our Sabhâ Prarambha Prârthanâ. The first team brought out interesting activities that began with Lord Dakshinâmûrti and concluded with our Beloved Guruparamparâ.

Sanskrit was the next priority and we enjoyed the beautiful process of how it was brought to the children in the form of Pârijâtam - the Shivir-s that reached out to introduce 182 children from across the world to the Devabhâshâ.
Teachers were kept busy with the other activities and each team said ‘Abracadabra’ as they pulled out magical ideas for the Prârthanâ children. Varieties of craft work have been cleverly created, paints have splashed across eagerly waiting paper, festivals have been celebrated with artistic creations by our teachers, who then passed it along to the children! Delicious easy-to-make recipes for naivedya had parents and children working together - an ideal bonding activity!

Stories from our Gurusparampara Charitra were chosen and written in simple but chaste Konkani by one team. Another team monitored the children chosen to narrate them. Shloka-pathana had the children reciting chosen shloka-s with the help of recordings sent by the shloka team! With the obvious Ashirvada of Devi Saraswatî upon our community, music and dance were naturally two of the 25 activities. Melodious bhajana-s were sung by children from different Varga-s and skilfully woven together by technical experts in the field of music. Dances that depicted merriment and yet reflected devotion were choreographed and taught online. One watched amazed at the children who moved with grace to the rhythm of the stotra-s and bhajana-s chosen just for them.

Yoga exercises were introduced to bring in the element of physical discipline and well-being. They have now been inculcated into the regular weekly Prârthanâ Varga. Food for the body is essential.....But what about the mind? Thus, there was a team dedicated to creating a quiz and games to also promote values in children. The expertise with which they have worked is going to benefit our children far into the future.

Lastly, a tech-savvy team dedicated itself to knitting all what had been done for a fitting presentation. Colourful, concise and creative, it was showcased in Kârlâ during the nine-day Rajatotsava celebration and brought a loud round of appreciative applause from H.H.Swâmiji and the enraptured audience in Kârlâ, as well as from those watching the online live relay.

A labour of love, this Pushapâñjali is a humble offering from Prârthanâ Varga at the Lotus Feet of our Revered Guru.
A life remembered – (Late) Shri B. M. Masurkar

HRISHIKESH K. MASURKAR, MUMBAI

My paternal grandfather, Balkrishna Masurkar, was born in Masur, North Kanara, on 12th May 1920. He was the youngest child, out of seven children, of his devoted parents, Dr. Mahableswar and Girijabai Masurkar and was subsequently raised in Kumta to where the family relocated. Known affectionately by the endearing sobriquet of ‘Bakkut’; in my experience, Ajoba is the quintessence of the Complete Man.

Ajoba completed his schooling from Gibb High School, Kumta, and later did his B.A., L.L.B. from Fergusson College and Government Law College, Pune, respectively before securing his first commission with the Textile Commissioner’s Office in Mumbai in 1943. He tied the knot with his childhood sweetheart Sulochana Kowshik, the daughter of the distinguished member of the Bhanap community, Shri Narsing Kowshik, on 20th December 1943, a relationship of almost 58 years till her demise in 2001.

During his career, he held high positions in the Government of India; notably that of Joint Secretary of Law, and subsequently as Joint Secretary of Labour, New Delhi. He was later transferred to Goa on deputation as the Law Secretary of Goa, Daman and Diu in the 1970’s. He was also the Speaker of the Goa Legislative Assembly. He had the full trust and confidence of Shri Dayanand (Bhausaheb) Bandodkar, the first Chief Minister of Goa, who additionally entrusted him with nine key portfolios of the State, and with whom he enjoyed a close friendship.

Subsequent to his retirement in 1978, he continued to serve the Government of India as a Senior Advocate and Legal Advisor to the Ministry of Law till the age of 87. Blessed with a profusion of good health, he remained alert and sharp in spite of his advancing age and, attended court and arbitration proceedings with metronomic regularity.

Known for his industriousness and honesty, he was well received within his professional circle and had many admirers who continued to stay in touch with him after retirement. I proudly reminisce how the government departments, even after he hung up his boots at the age of 87, continued to inundate him with requests to take on more cases, honouring him with a high level of trust. He would laughingly remind them of his age and then refer those cases to other advocates who eagerly sought his ever-ready tutelage along with the referrals. Sanguine by nature, he never shied from undertaking responsibilities and took to applying his vast legal expertise to aiding people in need of legal succour. For him, staying busy was important and he indulgently chuckled when people enquired if he didn’t feel tired of working. He often liked to say, “I feel tired if I am not busy. Work keeps me fresh and alert”.

A man of carefully cultivated habits and invested with the idea of balanced and healthy living, Ajoba exercised practical choices ranging from his measured food intake, regular exercise, subscription to excellent reading material, dedication to commitments, pursuit of career, and personal goals. He imbued a similar custom in his children and grandchildren. He divided his time between work, family, philanthropy, and social commitments with aplomb. A resolute proponent of regular exercise and a familiar sight at Shivaji Park, Dadar, he enjoyed his daily morning walk followed by a brief chit-chat with his friends from the Morning Walkers’ Association, before heading home to get ready for his work. He inculcated early habits of regular exercise, particularly swimming and gym workouts, and sensible nutrition in both his sons and grandchildren. On Sundays, Ajoba loved to take us with him to Shivaji Park for a walk followed by a delicious Udupi breakfast at Anand Bhavan at King’s Circle, Matunga with his high-spirited morning walker friends. It was fascinating to observe this gathering of senior citizens, briefly forgetting the attendant troubles of old age, laughing and making merry while tucking into a hearty repast. Ajoba would diligently collect jokes from newspapers and joke books to recite at the
Sunday breakfast table. His spirit of participation was infectious, and he involved me in compiling some jokes for him. He could easily introduce a sense of bonhomie and enjoyment in any forum, comfortably cutting across age lines, and was eagerly sought out by young and old alike.

Empathetic to those who sought his help, he respected their need for privacy and maintained a scrupulous level of confidentiality in matters under his counsel. As an advocate, often approached by friends or relatives seeking intervention, he was considerably involved in settling differences through gentle mediation and soothing stressed relationships. For him, as would be attested by those who benefitted from his sage advice, it was infinitely important to mend and preserve relationships than have it split asunder by the cold impersonal justice of the courts, leaving one euphoric and the other crushed. His gentle exhortations during counselling, to live happily and accommodatingly, prevented many a relationship from going over the brink and forced combatant parties to meet mid-way and bury the hatchet. He was almost Socratic in the dispensation of his wisdom; in that he was the go-to man for anyone caught in a conflict or doubt. The most humbling quality about him was that, he never took credit for success in dispute resolution and a quiet sense of satisfaction was all that he permitted himself. His actions and words were outlined by a deep sense of compassion, which he solely attributed to his parents’ teachings, and he would emotionally recount the kindness of his parents towards the less fortunate. He helped those who needed it, forgave those who affronted him, and turned a Nelson’s eye to negativity.

Ajoba was famous for his absent-mindedness, and I will recount one such funny incident. One morning, he had kept the milk to boil and had entirely forgotten about it. I was studying in my room unaware of it all. When the sour smell of burnt milk finally got to me, I asked him about it as he walked past my room. He asked me back, “Yes, what is that smell? I think it is coming from another house”. Just then, smoke began to billow from the kitchen and I dashed there and killed the tall flames licking the sides of the now empty and blackened vessel, the milk having burnt away long ago, and switched off the gas. Thick smoke clouds swirled all around me as I opened the windows. Standing behind me, Ajoba declared in an oddly tranquil voice, “Oh, so I had kept the milk to boil! I thought it was the flat below ours”. The gravity of his absent-mindedness sank in. I began to laugh copiously as he joined me. A few days later, I informed him with a serious countenance that he had once again kept the milk to boil. Panicking, he got up from the sofa and I gently pushed him back assuring him that I was only pulling his leg. Once again, we doubled up in rambunctious laughter.

Possessed of an admirable erudition coupled with the natural pedagogical ability with which he was blessed, he could discuss momentous milestones in world history, English literature, spiritual matters, and cricket with the extemporaneity of a prolific story teller. He would regale all his grandkids with stories of his childhood in the village and famous bed-time fables. He took active part in stage plays (at Karnataka Society, Matunga) and administration of the housing societies where he lived. A proficient kirtankaar, many would remember his poignant renditions; an outcome of an assiduous collection and interpretation of religious tomes. His humorous disposition sweetly balanced his bibliophilic side. Age notwithstanding, he was young at heart and I saw in him a proclivity towards impishness as he occasionally reeled out salacious jokes.

Enamoured of Bhagwan Nityanand Baba, the great sage of Ganeshpuri who he met several times and from whom our family received countless blessings in the form of divine experiences, Ajoba’s life was overwhelmingly defined by a sense of piety that made him such a wonderful son, brother, husband, father, grandfather, great-grandfather, philosopher, guide, benefactor, and well-wisher to countless people. He slid into each role as perfectly as a glove snugly fits a hand. He was similarly enamoured of other spiritual Masters, and was an ardent Bhakta of our Math and the Guru Parampara. In the last few years leading to his demise, he countlessly read, “I Am That” by Sri Nisargadatta Maharaj, an anthology of enlightening dialogues with the Master.

Ajoba left this world on 5th October 2015, at the age of 95 after a brief illness which he patiently bore. We are grateful for his love, dedication, advice, support, and his continued guidance to us through the ideals he advocated and practiced.
Shree Shankar Maharaj was a renowned saint and Perfect Master or an Avadhuta or Avalaiya in the tradition of Nath Siddhas. In appearance HE is described as ‘Ashtavakra’ or bent in eight places. He had a short stature, but was “Ajanubahu” (having long hands reaching below his knees). Most noticeable were his large and bright eyes and a child-like expression on his face. In later years he had a beard. He used to talk with lisp. The immense kindness and compassion of Maharaj were consistent with his being a Nath Panthi in the Guru tradition. Shankar Maharaj attained Samadhi in Dhankavdi, Pune in 1948 (Vaishakh Shuddha Ashtami)

The life of Shankar Maharaj has been full of miracles as with many yogis and he performed to help his devotees. Once in Dec 1993 late Shri Arun Koppikar who lived in Borivali suburb of Mumbai took me to meet a certain family named Ashar in Walkeshwar.

We were some 15-20 people who happened to visit Queen’s View building on Walkeshwar Road, Mumbai. We were ushered in to a room where a 93 year old lady by name Smt. Ashar was resting on a rocking easy-chair. She is no more today. It was amongst the most breath taking miracles, I have ever heard in my life time. This is what she told all of us and I quote.

“I was married when I was fifteen. In 1916, we were living in a large joint conservative (Gujarati) family which included several in-laws, uncles, aunts and a large team of servants. My husband frequented Poona for business. In those days communication was through postcards. I received a letter informing me that he was returning to Mumbai along with his Guru. I had never seen or met his Guru before and knew little about Him. Our communication was limited as we were barely married for a year. My husband arrived, bag and baggage in tow with two servants carrying them. I was way behind with my head covered with my sari. My husband called out to me and asked me to pay respects to His Guru. I came forward and did not know who his Guru was among the crowd of men. There were many people and I was looking for a sanyasi in saffron clothing. My imagination of a Guru was that they would be in saffron. Not finding anyone in saffron clothing, I was confused. I did not muster courage to ask so I waited for next instructions. Understanding my plight, a strange looking person came and stood in front of me. He was dressed in khakhi police uniform in shorts and hunter boots, had a beard, large eyes popping out, a whip (chabuk) in his hand. My husband indicated in sign language that He was the Guru mentioned in the letter! I could not believe but husband’s words were my command so I obeyed him without a second thought. The Guru blessed me when I prostrated and after I rose, we all ushered Him inside and everyone took their places. The Guru asked me to prepare Tea for him. After consuming Tea, and few moments, the Guru told my husband that he wanted to have hot water bath. Water was kept for boiling in an old fashioned copper-brass boiler. As He rose, he looked for me and in front of all my in-laws, husband, relatives and servants announced loudly – “You have to bathe me today!”. I was in a complete state of shock! What would people think, what would elders say?! (I was worried it would be a scandalous news item in the Gujarati newspaper, Bombay Samachar–in Gujarati–”kale savaare chaapa ma aaw se, toh pacchi !?!”). I was terribly nervous and sheepishly glanced at my husband. He nodded his head in agreement with his Guru’s words. Seeing my discomfiture, the Guru said “I will go in first and then you follow me”. He went in and I followed with God’s
name on my lips, terribly nervous, shivering. How could a young bride barely 16-17 years bathe a fully grown man, many times my age?! I was in tears. My husband was categorical and I had to obey him. And what I saw when I went inside the bathroom is something **not many would believe**! There was no Guru, no man! Instead there was a small boy waiting to be bathed!! I wept bitterly, prostrated before this power and bathed the child like my own. I wrapped the child after bath in the towel and came out. After few minutes came out the same Guru, the same khaki clad fully grown man in His adult avatar. This was my first unforgettable experience with HH Shankar Maharaj. He has given my family so many great and unbelievable experiences. He would just show up without notice when I would just think of Him while separating the chaff from the rice, and have a cup of Tea and go away.”

**Arun Koppikar** of Borivali told me the following story. His own- how Shankar Maharaj saved him from death and disaster even at a stage when he had not even heard about Shankar Maharaj. His first encounter with Maharaj was in 1987. Arun was an electrical engineer working in a company specialised in selling generators. He was working on a project to supply generators to a high profile customer when one day he found that one of his colleagues misappropriated and leaked his information to the rival bidder. When Arun came to know, he complained to his superiors, who ignored his complaint. Out of disgust Arun resigned from the company as he could not stomach the injustice. In a fit of rage and frustration, he attempted suicide by jumping out of a moving local train; but before even touching the ground some invisible hand got him by the scruff of his neck, abusing him in the choicest of expletives and reminded him that he has no right to take his own life. Koppikar came home shattered and devastated. He did not attempt the act again. With some luck here and there, he was guided to a thin winding lane, houses on both sides. As Koppikar walked through imagining how he would reach the Sadguru, he heard a door open behind and a voice call him out, “**Arun Koppikar tumhich na, aho ithe, maage**”. Behind him was a stranger who was inviting Koppikar inside his house. Wondering, how this stranger knew his name, Arun stepped inside hesitantly. He saw a young boy, maybe 4-5 years old, handicapped, sitting exactly in Sadguru’s **ashtavakra** pose. The boy spoke in chaste Shankar Maharaj manner saying “**Ithe bus re vedya**”, Shankar Maharaj’s voice from this 5 year old child was astonishing. Within no time it was clear that Sadguru had chosen this young boy to be the medium of expression and Koppikar heaved a sigh of relief. In the following conversation, Sadguru left no doubt in Koppikar’s mind that he knew what was the search for, past and even the future. All the questions in his mind were answered. He had tears rolling down his cheeks out of ecstasy. Koppikar was carrying a Benson and Hedges cigarette pack of 10 in his top pocket then. At the end of the conversation Sadguru asked him to open the pack and smoke three cigarettes at a time. Arun did so exactly and finished the pack. And then came the most difficult question with the simplest of answers. Sadguru asked him “Who do you want to choose, my feet or these cigarettes?” From that day Sadguru’s feet were the reason Koppikar lived his life, surrendering all his desires, fears, anxieties and even old habits at His solemn feet. The cigarette that he cherished for more than 22 years left him that day. Arun Koppikar breathed his last in December 2014 at the age of 71.
For as long as I can remember, climbing Mount Kilimanjaro had been on my bucket list! A dream to conquer the roof of Africa, a continent where I had spent much of my childhood. So, when the opportunity arose to do just that and raise money for charity at the same time I jumped at it! Little did I know, this would be the most challenging, exhilarating and rewarding experience I had ever undertaken.

Kilimanjaro is not only the tallest peak in Africa (one of the Seven Summits), but also the world’s tallest free-standing mountain. The summit, named Uhuru Point, is 5,895 meters (19,341 feet) above sea level. The origin of the name Kilimanjaro is not certain. The most popular answer is that the name comes from the Swahili word “Kilima” (mountain) and the Chagga word “Njaro” (whiteness). Another possibility is that Kilimanjaro is the European pronunciation of a KiChagga phrase meaning “we failed to climb it”!

Kilimanjaro is not a technical climb. Indeed, as I found out later, it is a mountain that can be climbed by people of all ages and experiences! The greatest challenge that climbers face is acclimatising to the altitude, something which is almost impossible to prepare for and can only be solved by climbing as slowly as possible. The motto on the mountain is “polè polè” which is the Swahili for “slowly- slowly”. My preparation was therefore just ensuring that I had a base level of fitness through regular cardiovascular exercise and undertaking a few practice hikes in the UK.

Our expedition began in Moshi, a town at the foothills of the mountain in northern Tanzania, near the Kenyan border which is the gateway to the Kilimanjaro National Park. We met up with our local guides who helped us prepare and ensure we had everything we needed for our journey ahead.

The guides and supporting crew are the backbone of any hike up the mountain. For our group of 20 climbers, we had a crew of almost 50 porters, guides, and cooks amongst others with most hailing from nearby villages. To see them race up the mountain with incredibly heavy loads on their backs was impressive and humbling.

We set off on our journey via the Machame Route, a 5 day ascent and 2 day descent of the mountain. The route is popular because of its high success rate and requirement to climb high and sleep low to help acclimatise. The route takes you through five different climate zones: Bushland, Rainforest, Moorland, Alpine Desert and Arctic.

Although the route began fairly gently, it quickly became more challenging as we progressed up the mountain. By day three, many of us were starting to feel the effects of altitude sickness (headaches, nausea, loss of appetite) and even simple movements seemed to feel more and more difficult by the hour, particularly as we climbed to even colder temperatures. However, with constant encouragement from our guides and the camaraderie we developed as a group, it never got the better of us. Days were spent singing and laughing as we distracted ourselves. The evenings were spent chatting together over delicious cooked dinners and planning for the day ahead.

We traversed our way up the mountain through various camps and our route took us via Lower Tower and the Great Baranco Wall before arriving at base camp in Barafu. Summit night itself began at around midnight and was perhaps the most challenging experience I have ever gone through in my life. I was already suffering severely from the altitude, and in addition the lack of sleep and bitter cold made even standing feel impossible!
doubted I would get through the hours of steep climbing ahead of us and make it to the top. But somehow, just focusing on each step at a time, I managed to drag myself up the mountain bit by bit. As day broke, our bodies began to warm and spirits began to lift as we neared the summit. Watching the sun rise above the clouds from our unique vantage point was an unforgettable experience.

Shortly after we reached Stella Point (one of the three summit points), from where the actual summit (Uhuru Peak) seemed touching distance away. Yet, because of our limited speed at that altitude, it was still another hour or so before we arrived. Once we got there, a flood of emotions was released – sheer joy, relief and a real sense of achievement – not just for reaching the top but having conquered the challenges along the way. The view was even more amazing than I could have dreamed of. Unfortunately we couldn’t stay at the summit for long given the dangerously low oxygen and our guides were soon ushering us down the mountain, which felt a breeze in comparison to the previous days! After a final night at a lower camp where we mulled over what we had just achieved and thanked our crew for their incredible efforts and hospitality, we headed back to Moshi and the luxuries of civilisation!

**Review**

*“Fuel for My Journey”, a memoir by Dhananjay Yellurkar (about running Marathons post-cardiac surgery)*

**Krishna Basrur**

In this inspiring memoir, Dhananjay Yellurkar brings to life the adage about mind over body and shares his story of becoming the rare person who has run full marathons across six continents post his heart attack and open-heart surgery. His transformative journey from being a breadwinner in his mid-40s, struggling to deal with the aftermath of a major surgery to becoming a passionate long-distance runner is written in a breezy yet captivating style. From the challenges of training regularly on the streets of Mumbai, running marathons in New York City, Berlin, Paris and Gold Coast, donning the cap of a pacer at Mumbai, running an adventure marathon in the savannahs of South Africa to completing one of the toughest marathons in Antarctica, the reader is immersed in a mesmerizing journey of a former non-athlete that is filled with a spirit of grit, tenacity and hope.

Dhananjay’s story of a strong comeback and rediscovery is underlined by the values that the marathons have taught him – courage, discipline, honour, humility, kindness, faith and patience. His decade-long tryst with long-distance running provides a fascinating glimpse into the immense potential of a human body, which when pushed to its limits can demonstrate amazing results. Above all, it takes you into the mind of a marathoner whose only aim is to become a better version of him.

The book is published by Notion Press and was released on Mahashivratri (01 March 2022) and is available online on Amazon, Flipkart and Kindle.

(Krishna Basrur, aged 96 years, did her M.A. in English Literature from Presidency College, Chennai. She taught English at Queen Mary’s College, Chennai, from 1946 -50, then moved to Mumbai. From 1962 -2000, she did pioneering work in the Consumer Guidance Society of India. The author of the book can be reached on yellurkar@rediffmail.com )
Reproduced below is an article on Bombing Balakot written by Wg Cdr Sudarshan, received by me through the social media. Though I do not know the author personally, the facts, personalities and planning details appear accurate and authentic. It makes for exciting reading.

18 February 2019

Air Chief Marshal Birender Singh Dhanoa.... Tony Dhanoa as he is called by his buddies, was driving to the South Block of Parliament buildings to attend a meeting called by Ajit Doval, the National Security Adviser to the Government of India. Earlier, on the day of the gruesome terror attack, he had already met Air Marshal Hari Kumar, Chief of Western Air Command and had discussed the operational aspects of the likely retaliation and had advised him to be ready for some action at short notice. Yes in retaliation to the gruesome suicidal bomb attack by a JeM suicide bomber in which 40 CRPF soldiers were killed in Pulwama district of Kashmir on 14 February. He anticipated that the political leadership would not let the perpetrators of the attack go unpunished. But the brass tacks of the operations would have to be finalised shortly in this meeting with NSA.

The meeting was attended by only a select few. There were Chiefs of all three services, heads of RAW and IB who came armed with their inputs on terror camps across the border. The matter was discussed in minute details. Intelligence agencies homed in on around 15 camps run by different terror groups in Pakistan for a strike. But they decided to focus on the ones run by the Jeish because of its involvement in the Pulwama attack. Three such main camps were identified: in Bahawalpur in Pakistani Punjab, Sawai Nallah near Muzaffarabad (PoK) and Balakot in the Khyber Pakhtunkhwa province (KPK) in Pakistan.

The choice was soon made, the strike would be on the Syed Ahmed Shaheed training camp in Balakot in Khyber Pakhtunkhwa on the sovereign territory of Pakistan. The hilltop facility by the Kunhar river offered a sprawling campus, where recruits were imparted the advanced Daura-e-Khaas training in weapons, explosives and field tactics, tactics for attacking security convoys, planting and making improvised explosive devices, preparations for suicide bombing, rigging vehicles for suicide attacks and survival tactics in high altitude and under extreme stress. Masood Azhar had been known to visit the place to give inspirational lectures, and he had entrusted the administration of the camp to his brother-in-law Yusuf Azhar, alias Ustad Ghauri, who is suspected to have masterminded the Pulwama attack. “Balakot was used for battle inoculation.” Since it is about 50 kms from LOC deep inside Pakistan it has to be struck by air.

ACM Dhanoa’s eyes lit up when he received the go ahead from the Prime Minister for the attack on the same day. He was a master strategist when planning for such an attack which was effectively executed during the Kargil conflict.

Why Gwalior and Mirages?

While returning from the meeting ACM Dhanoa had already broadly made some tactical preparations in mind. Secrecy is the utmost important aspect of this operation. Just two days ago on the 16 February IAF conducted a massive Fire Power Demonstration (FPD) “Vayu Shakti” in Pokhran desert involving most fighter aeroplanes participating in precision bombing. That would help in picking the experienced pilots. The Aero India show that was happening in Bengaluru would conclude on 24 February and the foreign delegates would depart. On 26 February the Prime Minister would inaugurate the newly built National War Memorial in New Delhi, even that event should go on as planned. So tentatively the attack should happen on 26 February, keeping aside a day for inclement weather. Further he met up with Air Marshal Hari Kumar and they decided normalcy must be maintained in everything including the birthday party of Air Marshal Hari Kumar and his farewell parties since he was retiring on 28 February! Mobiles must not be used and all the operational aspects to be discussed only during these parties maintaining secrecy.
Normal training flying should go on in all air bases giving no room for suspicion to Pakistanis.

The reasons for choosing the Mirages were several. For one, Mirages were equipped with laser-guiding pods and more modern electronic warfare suits that could jam Pakistani air defences. Mirage 2000 fighters were based in Gwalior. The flying activities of an Airforce Station situated in Central India is not monitored by the Pakistani Radars or AWACS. Therefore these aeroplanes would form the strikers who would cross over into Pakistani airspace and drop the bombs over the target. The Israeli SPICE 2000 and Crystal maze precision bombs were selected for the pinpoint attack.

25 February
To assess the operational readiness of all the combat units of IAF there is a dedicated Directorate called Directorate of Air Staff Inspection (DASI). On reaching a particular airbase the war plans for each department gets activated and their efficiency is checked. On 25 February this DASI team landed up in Airforce Station Gwalior for a surprise visit, ostensibly to assess their operational capability. The entire Airforce Station went into an overdrive, while inside the briefing room crew selection and tactical details were discussed about the attack on terror camp. Nobody else knew what was happening in the Aircrew Briefing Room.

Post Pulwama attack, highly strung Pakistan defence forces remained on high alert. The early warning aircraft Saab 2000 constantly kept flying, keeping a careful watch towards India. The aircraft has been usually landing back for refueling and crew change around 3:00 o’clock in the morning and took off again at around 4:00 O’clock in the morning with a new set of crew. This information helped in determining the entry time of Indian strike package into Pakistani airspace.

26 February
At 01:50 when the Mirages took off from Gwalior under the pretext of DASI inspection exercise even the airforce personnel didn’t raise an eyebrow. The aircrafts then headed in northerly direction towards Bareilly local flying area where they met up with mid air refueller aircraft for refueling.

Meantime four Jaguar aircrafts took off from Ambala and started a high speed run towards Bahawalpur in a deception tactic. In response to this Pakistan scrambled two F16 aircrafts that headed towards Bahawalpur to engage the Jaguars. The Jaguars then headed towards Rajasthan which confused the Pakistani Air traffic controllers.

The Mirages were flying along the foothills of Himalayas which helped them evade detection and now climbed up to 30000 feet before entering Pakistan airspace to escape from the possible Surface to Air Missile (SAM) fire and headed in westerly direction. For the first time post 1971 war with Pakistan, sixteen aircrafts crossed over the LOC and entered Pakistani airspace. Four aircrafts remained within Indian airspace keeping guard for any intrusion by Pakistan aircrafts. Further, four Mirages split up and started a high speed run in the South westerly direction to further confuse the Pakistani radars. Now twelve aircrafts once in the clear zone of ground based missiles and guns descended to lower altitude and headed towards the target... Balakot terror camp.

0328 hours
That distraction allowed the accompanying low-flying formation of Mirage 2000s to head in the direction of Balakot. By the time they showed up on Pakistani radars, they were 150 km away from the jets that had been scrambled to stop them. The Mirages then acquired the targets and dropped the SPICE bombs they were carrying.

Five bombs struck the targets, three hitting the large complex housing 150 recruits, one hit the main U-shaped complex that had most of the leadership and the fifth hit building that had the master trainers. One target they could not strike was the abandoned school where Yusuf Azhar resided. That’s because the aircraft chosen to strike it was unable to lock onto the target to release the bomb in the tight window of opportunity.

All the aircraft returned safely to their bases. Air Marshal Hari Kumar called up ACM Dhanoa and called out ‘Bandar’ which indicated that the operation was conducted and concluded successfully. Apart from Doval, Dhanoa informed the army and navy chiefs that the mission had been accomplished. All three armed forces went on high alert as they were prepared for retaliation from Pakistan. Meanwhile, the Prime Minister was informed of the success of the mission. Having ascertained that everyone was safe, Modi proceeded to follow his yoga routine at 4 am.
A very traditional combo meal, shevai – rassu is prepared during festivals like Ganesh Chaturthi or on special occasions. Preparing this recipe is considered to be a tedious affair. The traditional method of preparation is lengthy as it involves soaking rice, then grinding it to a smooth batter which is then cooked into a dough like consistency. These dough balls are then steamed and finally passed through the shevai acchu (a gadget which one hardly owns these days) to make the final product. Making the rassu involves grating coconuts, grinding it fine and extracting the coconut milk.

Hence it remains a rarely prepared dish. The recipe I am sharing is a simplified version as it does not involve the initial prep but at the same time does not compromise on taste, texture or flavour. The ingredients used are easily available; the rice flour, the ready to use tetra-packed coconut milk or even coconut powder which can be turned into the required consistency of coconut milk in a jiffy.

In today’s age of convenience, with the ingredients being easily available you can quickly prepare this traditional recipe with ease. So definitely give it a try.

**Shevai Rassu**

**Ingredients:** (Serves 4)
- 3 cups fine rice flour (available as modak atta)
- 2 cups water  a pinch of salt
- 2 tetra-packs of coconut milk (400 ml)
- ¾ cup grated jaggery
- ¼ tsp elaichi powder

**Method:** Empty the contents of the tetra-packs into a big bowl. Add an equal quantity of water to dilute it. Take out 1 cup from it to be used for shevai dough. Add grated jaggery and elaichi powder to the remaining milk. Stir well and keep aside. The rassu is ready.

In a thick bottomed pan add two cups water and 1 cup of the diluted coconut milk. Add salt and bring it to a boil. Add the rice flour and stir briskly for 2-3 minutes. Switch off the flame and cover the pan and keep for 10 minutes. After 10 minutes apply water to your palms and knead the rice flour dough till it is smooth. You may apply some ghee or coconut oil to your palms while smoothening the dough.

Divide the dough into 4-5 round balls. Place them on a greased plate and steam in a steamer for 15 minutes. Meanwhile take a shev/chakli mould, grease it with oil. Fix a plate with medium sized holes in it.

Take 2 balls of steamed dough (handle carefully as the dough will be hot) and place in the shev mould, hold the mould with a wet napkin as it will be hot. Press out rounds of shevai on a large plate which is lined with a moist muslin cloth. Repeat the process with the remaining dough. Keep the shevai covered with the moist cloth till the time of serving.

Serve warm shevai with the rassu. You can also serve some spicy teppala gojju on the side if you like.

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With the mango season peaking now aamras-puri is another popular combo meal that is prepared and relished. Ambya rasayan is another traditional recipe which is definitely worth trying.

Rasaayan is an almost forgotten mango dessert. Here ripe mango cubes are dunked in sweetened coconut milk.

Nowadays it is advised that fruit and dairy milk should not be combined and eaten. Rasaayan is made using coconut milk and is an option for those on a vegan diet. Since jaggery is used to sweeten the dish it is healthier too.

**Ambya rasaayan (Serves 4)**

- 2-3 ripe haapus mangoes (ensure they are ripe and sweet); 2 -3 tbsp jaggery powder
- 1 cup grated coconut/ half a cup tetra-packed coconut milk may be used for convenience

A generous pinch of cardamom (elaichi) powder

Peel the mangoes and chop into small cubes. Extract pulp from the seeds and skin using a little water. Grind the grated coconut and extract
coconut milk. If using the ready coconut milk dilute with an equal amount of water. In a bowl take the coconut milk and stir in jaggery powder till it dissolves. Add the mango pulp and pieces and mix well. Add cardamom powder. *Rasaayan* is ready to be served. You may chill it for some time if you like.

It can be served as a dessert by itself or with puris or *phulkas* as a combo meal.

**Recipe for a harsh Summer**

“*Chinchavne*” is a summer cooler from the Vidharba region of Maharashtra where summers are known to be extremely harsh. This cooling drink is prepared especially on Akshay Tritiya, which falls on the third day of the month of Vaishaksh when summer is at its peak. (3rd May 2022)

**Chinchavne recipe:**

**Ingredients**

Tamarind (chinch) - 1/2 cup
Jaggery (Gud) - 3/4 cup
Betel leaf (Paan) - 2
Poppy seeds (Khuskhus) - 1/2 tsp
Green cardamom (elaichi) - 4
Fennel (Badishep) - 1/2 tsp
Nutmeg (Jaiphal) powder - a pinch
Clove (Lavang) - 3
Dessicated coconut (khobra) - 2 tsp
Vetiver (Khus roots) - 1 tbsp
Limestone (chuna) - a pinch
Catechu (kaath) - a pinch
Salt - 1/4 tsp  Ghee - 2 tsp
Cumin (jeere) - 1/2

**Method:** Soak tamarind in a cup of warm water for half an hour. Extract pulp from the soaked tamarind and grind to a fine paste with the remaining ingredients. Strain the paste through a strainer. Add 3-4 cups water and mix well. The consistency should be watery like saar.

In a pan, heat 2 tea spoons ghee, add the cumin seeds and allow it to sizzle. Pour the tamarind mixture and boil for few minutes.

Allow the drink to cool before serving. **The drink can be chilled overnight for better taste.**

Other variants and methods are used to prepare this recipe.

*Source: YouTube – Chef Vishnu Manohar*

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**Brain Teaser**

Solve this puzzle - follow rules given

<table>
<thead>
<tr>
<th></th>
<th>6</th>
<th>7</th>
<th>4</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>2</td>
<td>3</td>
<td>7</td>
</tr>
<tr>
<td>3</td>
<td>6</td>
<td>9</td>
<td></td>
</tr>
</tbody>
</table>

1. Put any number from 1 to 9 in every empty cell. 2. Each row and each column must contain nine numbers each number only once and no repetition in row or column.

(Source: RDC)

(Solution to Sudoku on page 59)

---

**Fill in the blanks to form 10 words ending with "rant"**

<table>
<thead>
<tr>
<th>R</th>
<th>A</th>
<th>N</th>
<th>T</th>
</tr>
</thead>
<tbody>
<tr>
<td>R</td>
<td>A</td>
<td>N</td>
<td>T</td>
</tr>
<tr>
<td>R</td>
<td>A</td>
<td>N</td>
<td>T</td>
</tr>
<tr>
<td>R</td>
<td>A</td>
<td>N</td>
<td>T</td>
</tr>
<tr>
<td>R</td>
<td>A</td>
<td>N</td>
<td>T</td>
</tr>
<tr>
<td>R</td>
<td>A</td>
<td>N</td>
<td>T</td>
</tr>
<tr>
<td>R</td>
<td>A</td>
<td>N</td>
<td>T</td>
</tr>
</tbody>
</table>

(Source: RDC)

(Solution to Fill in the Blanks on page 59)

---

**Fun Time Quiz**

1. Tyrant
2. Migrant
3. Hydrant
4. Vibrant
5. Entrant
6. Warrant
7. Aspirant
8. Immigrant
9. Restaurant
10. Expectorant

(Source: RDC)
FUN TIME CROSSWORD- May 2022
(One Winner* takes Rs. 250)

<table>
<thead>
<tr>
<th>Clues Across</th>
<th>Clues Down</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Evidence</td>
<td>2 Terrific</td>
</tr>
<tr>
<td>9 Craving</td>
<td>3 Dodging person</td>
</tr>
<tr>
<td>10 Last seller</td>
<td>4 Suffering from</td>
</tr>
<tr>
<td>11 Visualise</td>
<td>5 Stringed instrument</td>
</tr>
<tr>
<td>12 Potential selection</td>
<td>6 Season for gathering crops</td>
</tr>
<tr>
<td>13 Ambiguous</td>
<td>7 Not common</td>
</tr>
<tr>
<td>14 Turns behind</td>
<td>8 Cuddle</td>
</tr>
<tr>
<td>18 Can get this shock</td>
<td>13 Ticket checker in Cinemahall</td>
</tr>
<tr>
<td>22 Frigate Bird</td>
<td>15 Civil work</td>
</tr>
<tr>
<td>23 Courageous</td>
<td>16 Entrance</td>
</tr>
<tr>
<td>24 Narrow Passage</td>
<td>17 From Sweden</td>
</tr>
<tr>
<td>26 Educational</td>
<td>19 Tell in detail</td>
</tr>
<tr>
<td>27 Hilly State in USA</td>
<td>20 Underwater projectile</td>
</tr>
<tr>
<td>21 This oil is in demand</td>
<td>25 Metallic scraping tool</td>
</tr>
</tbody>
</table>

( * Winner will be announced in the June issue of Kanara Saraswat)

FUN TIME – QUIZ TIME
TEST YOUR CRICKETING FUNDAS

A Cricket match is on in England. The opening batsman starts off with a square cut to the ropes. Gets bowled next ball. This replacement comes and scores twice before he gets injured and retires. The next batsman scores one more than the opener and the remaining batsman score one less than the injured batsman. At this point, there is a heavy downpour and the match is abandoned. What was the score when the game is called off? (Answer on page no 59)

FUN TIME QUIZ – APRIL
WINNERS OF THE APRIL – IDENTIFY THE DIFFERENCE CONTEST

We are happy to announce names of the participants who identified the difference between two images correctly. Congratulations to all the Winners.

- TANVI R SAVKUR (10) MARYLAND USA
- AVANI DARSHAN MANIKERI (10) MUMBAI
- HERAMB AVINASH NAIMPALLI (10) BORIVLI MUMBAI
- SANJAY AMEMBAL, BENGALURU
- VASANTHI SAVNAL, MANGALURU
- ANAND TAGGARSI L, (90) BENGALURU

SMART KID CONTEST

Replace the Question marks with mathematical symbols to be used only once each (+, -, x and /) to obtain the correct answer. Do the calculations in strict order from left to right.

$24 \ ? \ 2 \ ? \ 3 \ ? \ 5 \ ? \ 4 = 40$

This Contest is open to all Kids up to 12 years

(Solution on page 59)
**Children’s Corner**

**DRESS CODE**
Tamayah Sanjeev Koppikar (9 years)

If you don't brush your hair properly they'll think you’re untidy.
If you don’t wear makeup you’ll look like a crone.
But don’t let the violence fool you into silence. Hey just hold my hand and we can make a big difference.
Don’t let the bullies catch you just ignore them don’t be weak!
Get up and be strong and face them!
You don’t have to look like a model you just need a mind as kind as a capybara and as intelligent as a great ape.
You are fine if you look like a crone.
If you have intelligence and kindness that’s all you need to own!
Your dress code doesn’t have to be perfect you can wear whatever you like!
You don’t have to follow what they say just be yourself and shine bright!
You don’t have to act in accordance with them.
Just hold on to being yourself ‘cos you are a perfect gem!

**ANNOUNCEMENT**

**KIDDIES CORNER- PICTURE PAINTING / SKETCHING CONTEST**

The **Guru Purnima Utsav** will be celebrated all over the world on July 13, 2022. We intend to have a special issue in July 2022 to commemorate the occasion.

In order to inculcate high values and encourage our children to appreciate the importance of a Teacher/Guru, we plan to hold a Painting / Sketching / Drawing contest for all members’ children born on or after April 1, 2010.

The topic is **“Guru-Shishya Parampara”**

Children desiring to participate in this contest should send their entries to the e-mail id - **editor@kanarasaraswat.in** - not later than 10th June 2022 with details of Name, date of birth and passport size photo and location. Suitable entries will be curated and published in the July issue and one winner in each category will receive a **cash award of Rs.250/- each.** There will be two categories: (1) Those born between 1 April 2010 to 30 May 2013 and (2) Those born on or after 1 June 2013.

The results will be announced in the same edition. Please encourage our talented kids to participate.

**Editor**

---

**General Knowledge Quiz for Children**

1. Who ruled over Goa before its merger with Indian Union? (French / British/ Dutch/ Portuguese)
2. In which month was legendary singer Smt Suman Kalyanpur born? (January / March/ July/ October)

(For answers refer page 59)

---

**Solution to April 2022 Quiz :**
Identify these Famous Bhanaps:
Anant Nag , Aditya Kalyanpur
Bharat Balvalli, Durgesh Chandavarkar
Suman Kalyanpur, Prakash Padukone
Little Rann of Kutch is one of India’s largest reserves, with a diverse landscape – an impressive mixture of arid and treacherous salt flats, desert grassland, scrubland, lakes and marshes, covering a staggering 4,950 square kilometres.

Continuing my journey on Birding & Wildlife, I had an opportunity to visit LRK aka Lesser Rann of Kutch (also called Little Rann or Chhota Rann) in Gujarat in Nov 2021, a much awaited journey which got delayed beyond a year - thanks to Covid!!

The Lesser Rann of Kutch Wildlife Sanctuary is a desolate area in western Gujarat, a refuge for the endangered Asiatic Wild Ass locally called Ghudkhar and is one of the few places where the Ass survives in the wild. A member of the equine (horse) family, the Wild Ass is a metre or two tall at the shoulder, chestnut brown and white in colour, agile and exceptionally fast.

The park is also home to Chinkara, Blackbuck, Nilgai, Wild Boar, Indian wolf, Jackals, Hyena, Desert Fox, Jungle cat and numerous smaller mammals and reptiles.

Come winter and the Rann starts getting a fairly large number of winged visitors. Migratory birds begin to flock here in order to escape the harsh winters of their native lands. These include Houbara / McQueen’s bustard which migrate from Iran & Iraq. The LRK is also the natural habitat of the great Indian bustard which is now a highly endangered species.

The Demoiselle, Common & Sarus cranes are visitors from Siberia.

Birds of prey (Raptors) found here include Steppe, Imperial, Spotted and Short-toed eagles. Among Falcons are seen the Peregrine, Hobby & Merlin. Among Harriers you will find Pallid, Montagu & Marsh.

Other bird species found here are Flamingos, Pelicans, Storks and Cranes. Among flamingos, Lesser as well as Greater flamingos are seen in incredibly large numbers. You can expect to see large flocks of Larks and other dry-land birds such as Sand Grouse, Courser, Plovers, Chats, Warblers, Babblers and Shrikes.

The best birding happens in the winter months from October to March. The wetlands also attract large numbers of waterfowl viz. Ducks, Egrets, Spoonbills, Sandpipers etc.

During the monsoon when the park is inundated it is closed for the public, the salt pans flood, and at other times of the year a thin, hard surface layer hides a treacherous quicksand. LRK produces the nation’s largest quantity of edible Salt & Bromine used for industrial purpose.

**Nearby places of interest which are a must visit include:**

- Lake Nawa Talao, the village lake of Dasada, the wet lands near Patdi Fort, Viramgam Lake and Surendranagar reservoirs – all of which offer great winter birding opportunities with regular sightings of rose-coloured starling, green pigeon and lesser florican. Slightly further afield is the Nalsarover Bird Sanctuary and famed Sun Temple of Modhera.

Nalsarover Bird Sanctuary lies 44 kilometres from Dasada and Little Rann of Kutch National Park. This 105 square kilometre sanctuary comprises a large lake and its surroundings, and is renowned as one of the finest birding sites in West India. Fifty two villages are on the perimeter of this lake.

Extensive variety of birds are seen in large flocks at the lake during winters. Raptors, predators such as marsh harrier and Osprey eagle frequent the lake. You can also see numerous passerines in the neighbouring bushes, grasslands and fields. Sarus cranes are also frequently sighted.

The 11th century Sun Temple at Modhera is one of the finest shrines in West India. It was constructed by the Solanki Rajput kings, using the donations of devotees who practiced the ancient tradition of sun worship. The magnificent temple has amazing detailed carved arches and pillars that rival the temples of Konark and Khajuraho. The temple is not as large as some others, but is nevertheless extremely beautiful and well worth a visit.

**How to reach:**

Little Rann of Kutch is located around 100 kilometres north of Amdavaad on an ancient trading route. Amdavaad is well connected to the rest of India by Rail/Road and Air.

My visit to this fascinating place was indeed a
fruitful experience having been able to capture the winged visitors through my camera, some of which I have shared here. Everyone should try and visit this wonderful place and experience Nature at its best.

(Nikhil Burde is having an Engineering Degree with MBA from Bombay University. He is keen on sharing this knowledge of Photography to encourage newcomers & budding photographers to learn & grow in the field of Wildlife Photography. Nikhil can be contacted at revahgoa@gmail.com)

Dachshund Dogs - Identify and mark 8 differences

(Answers on page 59)

Spot the Ball Contest- April
Answer : Box no 9

(No winners for Spot the Ball contest)
DID YOU KNOW?

4 in 10 adults in the World, suffer from functional Gastrointestinal disorders. Poor Eating Habits, Work From Home, Sedentary Lifestyle are the main cause for the rise of such ailments.

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909, 9th Floor, Lodha Supremus, Road No. 22, MIDC, Wagle Estate, Thane West, Thane - 400604.
Once upon a time, there was a car. The car went for a drive. When the car was on the road, it saw a rainbow. The rainbow was sparkling. “Whenever anything is sparkling, then it is alive, and it is magical”, so thought the Car.

Seeing the magical Rainbow, the Car went near it to see if it was alive because, that which is sparkling is always alive and magical.

To its surprise, the car found that the Rainbow was not only alive, but magical too. It could transform itself into human forms, animal forms, as also into the Sun, the Moon, and the stars. It could also transform itself into birds and machines.

When it became a crystal, then it shone like the Sun. It automatically went in the sky and it became the “Crystal-eye” of the sky. It remained in crystal form for a while and it again became the Rainbow. The car then went from under the rainbow!

After this, the Car and the Rainbow became friends for ever.
1. आपण सुखी, पसरेच सुखी
   He is happy and his kin are happy. Not thinking beyond himself and his kin, i.e. Selfish.
   Not seeing anything beyond his kith and kin.

2. आपण कठोर, दुसूंच्यांना सांगिले जायिना (साइना)
   He cannot do it himself and will not learn it from others.

3. आपणाक नाका तीनि कास, उवालुक जापि स.
   A man not worth two pence, wants six for show.

4. आपण जांगेवेली दोरी, पीठ दिल्यारी हाय जात्ता.
   A twist of rope on one's own lap gives one experience of pain. A difficulty or responsibility
   is lightly treated till one meets it.

5. आपलेंचे चेहर्या नक्षत्र, पेल्याचं म्हारा पोर.
   His own child is like a star, but that of another is like the child of a Mahar.

**KONKANI LEXICON FUN QUIZ**
(What are the equivalent Konkani words?)

<table>
<thead>
<tr>
<th>English</th>
<th>Konkani</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary School</td>
<td>लेक्चर</td>
</tr>
<tr>
<td>Secondary School</td>
<td>प्रोफेसर</td>
</tr>
<tr>
<td>College</td>
<td>प्रिंसिपल</td>
</tr>
<tr>
<td>University</td>
<td>हॅल</td>
</tr>
<tr>
<td></td>
<td>स्टेज</td>
</tr>
</tbody>
</table>
केनरा सारस्वत असोसिएशन आयोजित
16 वो “चित्रापुर सारस्वत महिला दिन” समारंभ
- उदय मंकिकर

केनरा सारस्वत असोसिएशन (KSA) आयोजित, 16 वो “चित्रापुर सारस्वत महिला दिन” समारंभ शेषणारु, दिनांक 12 मार्च, 2022 हवा दिसू, On-Line पढ़छन िोमन्त जाह्नो।

जेब्द समाजसेविका प्र. कालीदेवाई सुधुमदार, 2007 सालीतु KSA ची अध्यक्षा आसतना, आमगत्या सामाजिकत्व का प्रतिभाकर महिलागें मन्त्रापंत ज्ञानकाज म्हणुं तिन्हे हवा समारंभक सुरुवात केली। 2007 धौथु 2021 लवष, 75 महिला आनि संविन-सुधा हवा संस्थेच्या गौरूव जाह्नो।

माक्का सांगूक अत्यंत आभारात्त दिसता की, 2007 धौथु। हवा समारंभाचे कोक्केणून सक्रीय बोरेवची संधी माक्का मेगली। समानात्त जालेखा / जालेखा महिलागें कार्य इलें प्रेमातापर्य आस्त की, तें बेरेितना एकी सकाळात्मक उर्जा मेक्ला। 2007 धौथु 2018 उत्य, हवा समारंभाचे सूत्र संवालन सुवाय वििे केल्हूं। मात्र, प्रकृति आयास्थायित्वाले आत्म सक्रीयलेखन मात्र करतान।

हवा सोध्याला समारंभाची, सुरुवात प्रा। सुभीला माविनकुर्य पाच्ये ने केलेखा समाप्रारंभ प्रार्थनेने जाह्नी। मागिरी KSAची उपाध्यक्ष किशोर मातापरमामाने घातकाने भाषण कर्नुकुर्य, अक्षीनी प्रारंभ पाच्ये, हवा काययक्षाती राष्ट्रभूती सांगू, पिता मंकेकर पाच्ये सूत्र संवालन-खात्तिर पाचारण केल्हे। पिताधक्षे अगदी गोमटायेरि सूक्ष्रचालन केलेले।

एक्काक, हवा समारंभाची अध्यक्ष, जेब्द समाजसेविका, १९ वर्षीय श्रीमती शाशिकला (पार्वतीपाच्ये) दिवकार शर्मा हिगेले परिचय कोर्नु दिळ्ढो। परिचयाफ्रांते, पार्वतीपाच्ये गें मार्गदर्शकर भाषण जाह्नी। मागिरी, ओएंच्या समारंभाच्यो उत्सवाचीती।

1. श्रीमती अनुराधा धारेशर (संगीत)
2. सुभी ईला नितिन गोकल (मृत्यूकला आनि समाजकार्य)
3. श्रीमती प्रभाणी कुंदापुर (संगीत)
4. डा. सुभा तिबडकर (धमनिच्चे विषयांतरे ज्ञान)
5. श्रीमती दीपा जासो (महिला उद्योजिका)
6. श्रीमती छाया अरुण उभयकर (समाजकार्य /झातिकार्य)

हंगेले परिचय कोर्नु दिळ्ढो- तांके दिवसच्या समाजविन्यासी।

हवा सक्रीयचे दावेजीच्या हत्ती कसक्रीयचे दावेजीच्या हत्ती उल्लसमुहीनी कांते “मनोगत” व्यक्त केले। छाया उभयकर पाच्ये गें परिचय प्रसंसारेंचरी करतले तांके अडचणीमती छायापाच्ये कसक्रीयचे दिसते, तिगेले परिचय आयुक्तच्या जाळे। मात्र, तिगेले मनोगत आयुक्तच्या येते। हवा लेखाच्या आकर्षिक तिगेले मनोगत दिव्याचे।

हवा सक्रीयचे उभयकर, अनीषा नारायणन पाच्ये, सर्व संबंधित गेल्याच्या रूपमें व्यक्त केले। हवा माविनकुर्य सुभीलाच्ये महोद्वेठा सबा समाचून प्रार्थनेने हवा यस्तीची समारंभाची सांगता जाह्नी।
श्रीमती शाशिका दिवाकर शर्मा
(आयच्छा समारंभाची अध्यक्षा)

“पार्वतीपाच्छी ” म्हणून सुपरिचित. पार्वतीपाच्छने आंदूनीच संभराच्या वर्षातून पदार्पण केलेले. १९४५ सालातून तिंचका श्री सत्य साइबांगेल्या दर्षनाच्या भवनात लघु जाड्यांचून आतीची बांबांली भक्त जाडी. तांगेल्या सेवासामर्थ्यातून कार्य सुरू केलेले.

मुंबईला अनेक रुग्णालयांतून रुग्णांक जेवन दिवाळकांचे सुरू केलेले. आया दयोरुक साह्य नातिल्या रुग्णांमुळे, रुग्णालयातून रात्रीच्या रात्रीचे सेवा केला. गरजू तसीची अनाथार्थमांतून जानांकीतिर, वस्तूसारखा दिल्यांची. ह्या प्राप्तीसुद्धा तिंगेल्या शिवकांतातून खंड पणे.

आम्गेल्या चित्रपुर मंडळाची आती विहुलुक्या अंतर्दर्शक देवस्यानाच्या साह्यत्वविकारी माशाल (दीदीपाणी) प्रज्ञित कार्याची. त्या प्रज्ञानांकीतिर जेथे कस्तव कार्यात लागू “हिलग” म्हणून. कार्यात. कस्तराचे केले कठोर ताज्यांना हिलग तयार करतात. त्यांच्या वर्षाच्या ४५ वर्षांपासून, पार्वतीपाच्छने हे कार्य, अविरत सुरू आलेले. हे सर्व ती समाजप्रगती संत्रांक म्हणून करतात.

आम्गेल्या तालमकी वाळातून अनेक धार्मिक कार्यक्रम जातात. गुरूपर्षेचे पाराक गुरुचरित्रांचे पाराकां, सिद्धरुद्ध स्वाम्यांमोल्या चरित्रांचे पाराकां, गोकुलक्षेत्री म्हणून, रामायणाची, दत्ताजंत्री इत्यादी. ह्या सर्वातून पार्वतीपाच्छने भक्ती संक्राय संध्यात आसतात. पैरिच, आम्गेल्या गुरूपर्षेचे पाराकां संपन्न जातात. आम्गेल्या पार्वतीपाच्छने संक्राय संध्यात आशीले. आम्गेल्या नेलचा बैलूतून. वर्षाच्या प्राप्तीसमांतून, तमा होस्तेच तुक्ताच करंती साध्य जाता म्हणून निमित्त फुडेच पार्वतीपाच्छी म्हणाली, “सूर्यन्सकारण म्हणक दुसऱ्या व्यापार नाह. ह्यांचे अनुसरण सूर्यनसकारण घातला.” पार्वतीपाच्छी अनेक एकी जेथे आती श्रेष्ठ समाजसेविका आयच्छा समारंभाची अध्यक्ष म्हणून मेल्या ही आतीचे खातिर अगदी सुविधी खरबरी जातलू आलेली.

श्रीमती अनुराधा धारेश्वर
(संगीत)

अनुराधापाच्छी म्हण्या, संगीत क्षेत्रांतून, एक ज्येष्ठ आती श्रेष्ठ व्यक्तिमत्व. २४ नोव्हेंबर, १९३८ तुं हुब्लीतून तिंगेले जाने जाणून. संगीत विभाग भेनु कालाशकेची पदवीडूर जाणुन.

अनुराधापाच्छ्या सान्नावणधारों संगीतातून अभिभूती आशिशीली. तिंगेली आवसूचं तिंगेली संगीतांतूली प्रथम गुर. तिंगेली अनुराधापाच्छ्या कोणीणी भजन शिकायतीली. तांजुईपांते, शाळेत जीवांनातून तिंगेली गायत्रीच्या अनेक कार्यक्रमांतून भाग घेतली तिंगेल्या गुरुज्ञानालगान थायतून प्रत्यासहन मेल्यांतांना. मागिरी, अनुराधापाच्छ्या, हुब्लीच्या विविध श्री. रामचंद्र दिलीज शंकरी हांबेलगानभातुल सुगम संगीतांच्या प्रसिद्धीक घेतलेले. STC आती म. बी. म्हून कोडून ती Basal Mission Girl’s High School तुं शिकित्सक म्हणून रुपू जाणू.

थोडीं केली शिकित्सक म्हणून कर्य करना कुठे, १९६७ सालातून, ती आकाशावरी धारावर केंद्रांच्या सेवेतून रुपू जाणू. ती थोडीं कठरीतून तिंगेली नाह, आती प्रतिजी संस्थेचे मेल्यूक सुरुवात जाणू. अनुराधापाच्छ्या धारावरून आकाशावरी केंद्रांच्या, गायिका आती नॉबलिक म्हणून कर्य केलेले. तिंगेल्या सेवकांलों, तिंगेली म्हून अनेक पातळी आकाशावरी र मातू नासरित जाणू. अनुराधापाच्छ्या, क्षेत्र, कोनीणी, मराठी भाषेतून पार्वती म्हणतात. एक बंगालीपन सुदायि म्हण्या. अनुराधापाच्छ्या ही हिंदुस्तानी शास्त्रीय गायनांतूली एक नाव पावली, प्रतिशास्त्री गायिका. तिंगेली, तिंगेल्या गायनाचे कार्यक्रम, दिल्ली, हैदराबाद, चंडीगढ, तेहरी आती संपूर्ण कर्मचारी रायंतू दासगेल्या सादर केल्याची. क्षेत्र गीत रामायण आती पुनरेंद्र दासगेल्या केल्याची.
Smt. Anuradha Dhareshwar is one of them.

2-3 विद्याध्यायक विनामूल्य संगीत शिकायता. ती अनेक पुरस्कारांनी आतापर्यंत अर्जणात जातात. तातुल्ल मुख्य विद्याध्याय.

1988-89
Karnataka Nritya Academy Award at Mangalore

1990-91
Dharwad Goud Saraswat Samaj Gourav Prashasti

1995
Kannada Rajyotsava Award

1995
Sugam Sangeet Academy Mysore and Sadhana Music Mandali Puraskar

1996
Konkani Maand Shobhann (Punav) Dashaman Utsav Award at Mangalore

1996-97 Karnataka Konkani Sahitya Academy Award at Udupi

1998
Sant Shishunal Sharif Award which is the Highest award in Karnataka

1998
Karnataka Konkani Sahitya Academy Award at Konkani Kala Utsav

2005
Honoured in the 17th Akhil Bharatiya Konkani Sahitya Sammelan, Kumta

2007
A Documentary film was shot on all leading artistes like late Smt. Gangubai Hangal and Many such artistes of Karnataka.

Smt. Anuradha Dhareshwar is one of them.

(continued on page 51)
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The interaction between sensors and IOT objects that will fuel the technologies over the 6G Horizon. Her papers have been accepted at highly selective International Conferences. एलापाचेक, 2022 तु N2 Women Young Researcher Fellowship Award हो पुरस्कार ईएई Computng Society ने दिल्ला. ती सध्या University of Illinois Urbana Champaign च्या संशोधकांकांनुसार Multi Camera systems, such as autonomous Vehicles, Surveillance System and drone fleets चेरी कार्य करत आह्स.

Ph.D. यो अभ्यास सुरु करतील एकवर, अनुभव मेल्कँवँचेकांतिक, Software System Engineer महोणु Arista Networks आनि Cisco Systems तुं चारी वर्ष कार्य केल्यां. ती Solution Engineer आणि Automation Specialist महोणू कार्यरत आशिली.

ईलापाचेक, 2015 सालांतूं सिंगापूर मेनेजमेंट विद्यापीठात विभिन्न Information Systems विषय चेनु पदवीधर जाल्ली. पदवीधर जाल्ला ऑक्ज़ाडारकिंव, ती अनेक शिक्षकृती आनि पुरस्कारांनी समाविष्ट जाल्ल्या. Ng Kai Wa Scholarship, SAS Scholarship, SAS Global Ambassador 2015 (She is the only undergraduate Worldwide to receive this recognition In 2015) हो परिचय प्राप्त जाल्लेली, 2015 सालांतूंली ती एकमेव पदवी मेल्कँवँचपतिती, विद्यापीठाची विद्यार्थी.

तिगेळ्या हा कार्यान्वयनाच्या, तितबे ५ वर्षांची आस्तना घोऱूं "भरतनाट्यांच्या " रिसर्च प्रशिक्षण घेतल्या. तयांत, "ओडेसी " नृत्य शिक्षण आयस्स. २०१० सालांतूं, वाराणसींतूं जाल्लेल्या "गंगा महोत्सवांतूं ” तितबे तिगेळ्या नुसार चार्क्रम सादर केल्ला. २०२२ तुं River Hongbao Singapore हंगां कार्यक्रम सादर केल्ला. तश्ची Samaran 20१२ आनि Anjaneyam 20१७ हा सिंगापूरांतूल्या Mega productions तुं नृत्य सादर केल्यां. समाजकार्यालयांतून ईलापाचेकें मस्त योगदान आयस्स. Her interest in Community Service, saw
her spearhead the Singapore Management University Chapter of the “Analytics for Social Good Initiative” in conjunction with National University of Singapore and SAS Institute Pte Ltd. Singapore to provide pro-bono analytics services to different Voluntary welfare organisations and charities governed by the National Council of Social Service Singapore.  

Prasoon Prakriti, a Ph.D. in Computer Science, spearheaded the Singapore Management University’s Analytics for Social Good Initiative with National University of Singapore and SAS Institute Pte Ltd. in Singapore. This initiative aimed to provide pro-bono analytics services to different voluntary welfare organizations and charities governed by the National Council of Social Service Singapore.

Succeeebege,  

Prasoon Prakriti, a Ph.D. in Computer Science, spearheaded the Singapore Management University’s Analytics for Social Good Initiative with National University of Singapore and SAS Institute Pte Ltd. in Singapore. This initiative aimed to provide pro-bono analytics services to different voluntary welfare organizations and charities governed by the National Council of Social Service Singapore.
डॉ. सुधा तिनईकर
(थर्मिनियोविश्यांतुले ज्ञान)

सुधापाचावे जणु, 1956 सालांतून, आमागेला उज्जवल रुपरंपरेक समर्पित जाऊ आशित्य ढंडू गुरुभानुं जालो. तिगेला बापूसुं ढंडू सरेंड्रामुं आणि आवसुं तारापाचाची हीं अत्यंत भक्तिपूर्ण आशित्यांत. तणींच, सुधापाचावे, सनागठांतरुं आमगेला धर्मग्रंथांने, पवित्र ग्रंथांचं परिचय कोरुं दिल्लो. तिगेला पणजांगेली भर्गी कुलोचना बाई, ही संत अप्यांगेली एकमेव महिला शिष्या आशित्य.

सुधापाचाचे, 5 वर्षी आत्तरा धोरुं डंकटर जांबव व्होरू ठरविले. आणि तिगेला जिदींते आणि ईश्वरी अनुभवाने ती डंकटर जाली. डंकटर जायनांकुडे, बंगालूरूंच्या अनेक रुग्णालयांतुं "Internal Medicine & Diabetology" विभागात विविध पदांचे 35 वर्ष कार्य केल्यांत. सातन प्राग्यंत्रीती, तिका आमगेला धर्मग्रंथाची आणि पवित्र ग्रंथांची शिकवण मेंकेलेमितीं, 2000 सालाच्या सुरुवातील, तित्रे वेदांत गुरुशोधनके सुरुवात केल्यां. आणि तिका स्वामी दयानंद सरस्वतीगेल्या रुपांतू वेदांत गुरुगेलो लाभु जालो आणि सुधापाचाची, तांका शरण वइदुरेली. 2013 सालांतु, वेदांत गुरुगेला आदेशपाकर, तित्रे आणागेले जानेचा उपयोग, दुसूंनां शिक्षावंत तोग सुरु केलर. तावलीघोण्डूंचे ती वेदांत विषय शिकलेला आणि त्या विषयाचे लेखन करता.

आमागेले एकादश गुरु परम्पूर्ण श्रीमत, सहयोजात शंकराश्रम स्वामीजींची, आठवड़बांतरुं एक दिसु मठाच्या वेबसाइटपासून ऑनलाइन शिकोळेची जवाबदायी दिली, तो सुधापाचाचीगेल्या जीवनांतरुं अत्यंत महत्त्वाचा क्षण. आतं, दिसतीचे ती वैद्यकीय कार्य करता आणि त्याच्या दिसांतु, विविध व्योगात्मक परंपरा वेदांत शिक्यमित.

सत्यसाई संस्थेचे विद्वान विमुख श्री. मधुसूदन सैं हांती सुधापाचाच, तांगेला संस्थेच्या विद्याध्याय भावदीतेचे प्रमुख कोरूं दिव्यचं हातात पासून केलेल्यां. त्या प्रकार, सुधापाचाचे तांचे खातरी अभावस्मृत तयार केल्यां. (६व्या धोरुं २० वी च्या चेडवांबारीत) आतं तो नियमित अभावस्मृत जाल्ता. सुधापाचाचे, त्या संस्थेच्या शिक्षकांक सुभार्य, आमागेला पवित्र प्रथांतरुं आश्याक कर्ती शिकोळेचा हाजेज कौशल्य शिक्यमिल्यां. सुधापाची सत्यसाई परवड़भारी आमागेला उज्जवल गुरुपरंपरेक तृतीय परम्पूर्ण श्रीमत सहयोजात शंकराश्रम विमृग्धसंगीत रणीजातु आंसा.

सुधापाची, आमागेल्या कार्यातिरिक्त आमागेल्या उज्जवल गुरुपरंपरेक तत्त्वी परम्पूर्ण श्रीमत सहयोजात शंकराश्रम स्वामिजीली ऋणीजातु आंसा.

सुधापाची, तुल्याच्या भव्य कार्यातिरिक्त, आमागेले विनंत वंदन ! हे कार्य तुल्याचा हातांतराच्या अविरत तावू ही सदिच्छा !
श्रीमती दीपा त्रासी
(उद्योजिका)

श्रीमती दीपा त्रासी महावरी, नूर्बांगमीची दीपा संस्थी, संस्कारकर्म प्रारंभ, ती मुंबई-तुल्बा फॉर्चुट धिल विभागातून सान्त्रा होडी जादी.

दीपापुधच्छेसे, १९७९ धोरं १९९५ धायिव वस्त्रधोगांतु नौकी दोरुं अनुभु प्राप्त केल्युं पैतिले. नौकीच्या अंतिम सत्तातु, तित्तेज्यल्यट दक्षवाची आशिप्त्या एका मिन्नस्तर कर्मवाहणे, तुका ह्या Government Exports केळ्यांतु इत्यत्रून अनुभु आस्स, तत्र दुः स्वतःगेले स्वतंत्र उद्योग इत्यत्रून सुरु करत म्हणून दीपापुधच्छेसे जीवु खाव्याकास सुरु केल्या. दीपापुधच्छेसे नौकीच्या बेजाूँर आघिले. त्यामाती, तित्रेयच्या पांडण्यांना स्वतंत्र उद्योग इत्यत्रून सुरु करत्यांने? असती विचार केल्या.

ताज्जे फलक्स्कूप, १९९६ सालांतु, दीपापुधच्छेसे, तितेले जीवु खाव्यु मन परिवर्तन केलेख्या, तितेला सहकायावट, भागिदारींतु “मंत्रा एक्स्पोर्ट्स” वी सुरुवात केल्या. मनाविर्द साधन, निर्धी इत्यदि. मात्र, तित्तेज्यल्यट धालून खरेदित करते खरेदित आणि इलेव्साउने सुरुतुने तित्तेज्यल्यट ब्यापार संबंध आशिल व्यापारी, हांगल्या सदिच्छेच्यांती आणि पाठ्यमाती, १९९९ धोरुं दीपापुधच्छेसे उद्योगक एकू सुश्यती प्राप्त जाद्या.

दीपापुधच्छेसे Mantra Exports के पोऱ्ऱू २५ वर्ष पूर्ण जाडी. १.५ कोटी रूपांत्री प्रारंभिक उल्टादाळ आशिप्त्या उद्योगी, रौप्य माहोद्वक वर्षांतु, हीठी अद्वित उल्टादाळ (Turnover) ३०० कोटी रूपांत्री चड जाल्या.

२५ वर्षाच्या कारकीदेल्या, वस्त्रधोगांं उक्त्रुष्ट यश संपादन करतुळे, दीपापुधच्छेसे, तितेल्या कार्यक्षेत्राच्या संबंध नात्तित्या एक्का नवीन केल्यानु आक्रमक पदार्पण केल्यां. २०१६/१७ सालांतून, दीपा पाच्यांना एका कत्यक माध्यमातु प्रवास केळ्या, दोनी चित्रपटाती निर्मिती केल्या. २०१७ तुं प्रदर्शित जाल्यात हंदी चित्रपट “सुलेमानी कीडा” आणि एक मराठी चित्रपट “Miss you Mister” ह्या चित्रपट, २०१९ सालांतु मुंबई, बुधे आणि महाराष्ट्रातुल्बा ठोऱे शहरांतु प्रदर्शित जादी.

वस्त्रधोग केल्या वस्त्रधोग केळ्या चित्रपटाती निर्मिती कोर्शी आशिली. जाल्यारी, कोविड -१९ महामारीमती, तितेल्या ह्या योजनेक, तिन्थे गती दिने.

केवल वस्त्रधोग कोर्शी महामारीमती, दीपापुधच्छेसे, समाजांवेळ दिल्या “सामाजिक बांधकामीचे पालन कोर्शी ठरतंशी”. कोविड महामारीमती काळांतु, दीपापुधच्छेसे, Mantra Foundation ह्या NGO ने शुद्धकारू ठेल्या. ह्या महामारीमती नौकी/ व्यवसाय / उद्योग नात्तित्यांत्सार, भोजनाची व्यवस्था केल्या. सुरुवातीक प्रतिदिन १५-२० लोकांक अन्व दिल्यावर विचार केल्या. जाल्यारी, कुंद्रबियंगला आणि मित्रपरिवार मित्रांना प्रचंड सहकायांमती, महामारीमती दुस्स्वय सत्राच्या आेखियेही हीणी संख्या प्रतिदिन, साधारण १००० भोजनांचे गेले हांदुं बोरिवली धोरुं धारावीणी राबतवाळंगेलो सामवेदू आशिले. दीपापुधच्छेसे हें कार्य, कलेक्टर गेलें कार्यालयांच्या आणि मुंबई महागणपतिक विविध दिघ विभागाच्या कार्यालयांच्या सहकायांकेल्या.

वस्त्रधोग केल्या वस्त्रधोग केल्या चित्रपटाती निर्मिती केल्या, दीपापुधच्छेसे नवीन जाण्यांना प्रोस्ताहित जातून कार्य करत आस्स.

दीपापुधच्छेसे, तुलगेला व्यवसायांतु बुढी जागा, विविध विषयावर चित्रपट प्रिमैण जावौती ही सदिच्छा! वस्त्रधोगांं तुल्बा तुल्बा लक्षणीय कार्यक, आणि महामारीमती काळांतु मुंबई केरेला महान कार्यक आमगेले मानाचा मुजडा!
Shrimati Chayaa Aroon Udhayyakar
(Samaj / Jatiyachaitir Karay)


Chayapachaychii, Shibirchchii KDCC Bankaachchh Tashhii Shishyapuroor chaetana Bankaachchh Sanchak Kandalwgaoit Karya Kellaa.

Tii State Level Child Labour Committee Sii Sadsad Aashilii. 2015-2020 Haa Kalabdhitaar, Tii Chandavar Grampanchayatthi Sadsad Aashilii.


“Behind every Successful man there is a woman”  

“Behind very successful Chhayapachi there is an exemplary Arunmam.”

AareaikaSaaraSwat

Chhayapachi, the exemplary Arunmam.

Chhayapachi, the woman behind every successful man.

May 2022

KANARA SARASWAT

56
रायु आनि तागले मित्र
शुभी कोौँकर, गोरेगाव

दंडकारण्यांतु एकू सिंहु आशिलो आनि तागले नाव मदोकट, महावारी तौलवतं अहंकार महोणू। आनि त्या रायुगाणे अहंकारध शणवत धारतले तागले मित्र समूह महावारी एकू धूत गोंमटी उत्तर उत्तराशिक कोणी, ऐकू चिटळ्या वाघु आनि ऐकू कार्यक. रायुगाले शिकार कोणं खायलु वर्तें महाश फोनू पोट भोज घेले महा आलस मित्रसमूह आनि सर्याणे महुजींत रायुगाले अहंकारक श्रणूत घालतले तागले मदोकटकट, महाल्ला अर्द्र अहंकारु महूणु। आसि स्मूह महावारी आनि तागले महराजु राजादु आनि तागले अनवायक गुणगात, तोंदराला करलें संप्रिसाधक. नित्यावारी तेघू रानीलु भ्रम वर्त आस्तना सिंहु नवीनेन ऐक प्राणिक पोडोल्लु आश्रवणकिं जाता आनि महणता - "हों ऐक नवीन प्राणी सो दिसता. कोपु झु हो?"

लगेच कार्यक महणता - महाराज, हंगाथावु वाघु विकारकने सुमारा पण्याच दुर कर्ण प्रांत आस्त र्यख पडालात रेलवेरांचे. वता रघु आत्यंि आनि उदका शें फेलुक कागाल जांका असिल परिस्थित्य. त्या र्या प्रदेशात हळका उठ महणता. वाद चुकु नु आत्या सो दिसता. मगळे आजून महणताते कि ऊंटाले मास र्युकर आस्त आत्यं तौ हांगा आमका अपरूपच नवीन?

सिंहु तागले राज्रमाया आयाणातु महणता - अनि कार्यक, हो आम्बले राज्यांतु वाद चुकु नु आदिली हेंसिही महावारी साकात देपूचे. आवाजु करतिते ताजे इळ्याक तण खात आस्त. वच, ताकवा सांग महाजान्हाने आपैल्ला महोणू आत्यं घेनु यो. महाजान्हाले नित्र उंटाळासिंग वताती आनि सिंहाले प्राशांत कर्णी संगतात - आम्बले महाजान्हाने तुकारा अतिथ्यं महोणू आम्बले राज्यांतु अभ्यूधारी अन्न वर्ष ठेंवलेले. आम्बले राज्यांतु पाचवे तण, पाचवे, आत्ती र्युकर फलांक बसातले नाना, तश्चीती वा गैनी उठाक आस्त. तूने ऊंटाळ वाले तागी आनि महराजान्हाले मैत्रीची स्थिती कोणी.

शोत स्वाभावाचे ऊंटाळ खुशी जाता. तोये मित्रप्रवारा सांगतात रागचा मेळ्यू बागले महराजान्हाले कार्याचे पराना भांध वसात. आम्बले महाजान्हाने महाराजु अधीनी झोळीत तागी, महाराजागले महणताने महावारी मैत्रीची वाही कोणी.

वाट इंग्रांतु ताही आनि सर्याणे महणता - महावारी आनि महराजान्हाले तुकारा अतिथी महोणू आम्बले राज्यांतु अभ्यूधारी अन्न वर्ष ठेंवलेले. आम्बले राज्यांतु पाचवे तण, पाचवे, आत्ती र्युकर फलांक बसातले नाना, तश्चीती वा गैनी उठाक आस्त. तूने ऊंटाळ वाले तागी आनि महराजागले महणताने महावारी मैत्रीची स्थिती कोणी.
काळी महणता - "महाराज, तुम्हारी मिसू जाव्यु संकट कालावर हवाँ उपयोगक येंन जांच्यावर, तेंवू माकाका माफ करतला वे? महाराज मगले प्राण घेऊन भक्षण कोडून सोडलं जवावळ काळानं हांव सुखावले स्वरूप निर्मोळन करतला।"

कोल्हापूर महणता - "आरे भास्य, तुगले इतले सांबेर देख बाव्यु रास्याव्युले पोटोतांचे एक वाव्यु सुंदर भरले नान्हेज नाही. ताजेजे पैक्षा हांवचं आत्मसम्पर्क करता. ऐक दिस्माच्याळा तार साध्यतां भूकम्यातील पाहले आमी. आती माकका स्वर्गु मेलतला. महाराज, मजेरेरे कृपा करावर तुगले दांवांना भक्षण करतात. हांव िुखावले सवागतक सिघावलं कतेत."

कॉलेक्ट हांवचं - "आरे काळीा, तुगले इतला मांि खाल्ले तुम्हारं थोडे कदविलें प्रश्न धोडले जे जवाब देऊन पाहला. ताजर्े प्रिन्याश आत्मिमप्त पावला. आस् माफ करावर दोळ्या आमी भविता. महाराज, मजेरेरे कृपा करावर तुम्हारं थोडे कदविलें प्रश्न धोडले जे जवाब देऊन पाहला."

सिंहु म हणता - "तुशमले समत्रु मगले िांगावले आश्चिलेसमसत मगले कदवि खुशींतु व्धीत रावला. आस् मगले समत्रांग कदवि खूल करता हांव खंडे तरर धोच हूँ?

नीतिपाठ

तीॉी, जीवन हे मगले महद्ये तरी, आमलूले वाढि जांचांवर आव्यु-शा प्रांसूंच्यांच्यांडो होऊ बोटी आस्ता आती ताजेजे रुण भ्या जनरांवर फेडकु जाव्या. तळशीच समाजाने रुप दिल्लैली व्यवस्थेच्या सुधां उपयोगक आपल्यांना आस्त्रा. त्यामिती आमग्या जीवाळंत खरे मित्र मात्र जांव्यांत, दुष्ट दोंसण मात्र नाकव्यांत महद्यो ठरावट तपशील मामलजालेण कोंचे क्षमता आम्हांवळू आरक्कू आती ताजिज जयावदारी आम्हीची धंकवा. आम्हाले जीवन कांशी रंगरूप धंकवा महद्येच्या आम्हीची ठरावट. तांतु मित्रांला मित्र अडकले येतात, तांगो तांगु जाता महद्यो दिस्त्रयारी तांगली मैत्री सोपणु दिव्यरूप धंकावले योआ. अशिल वेदर्शी भायर पणणाची मित्र संगती वाट व्यस्तांवर गुंतु भविष्य वाट कोडूं पैरस्तिले, जाहीतले जीवनद उद्दरण समाजांवर आस्माती. गाडी वेदर्शीले परत स्वारच वाळयांत आमग्याची करत्य, ताजेजे खातिर तितितक, भायर दोंसण दोंसण चलना. आमाल्या जीवन माकेकी सुकणु आम्हाले आम्हाला धंकवा।

KONKANI LEXICON FUN QUIZ

(Answers)

विद्यापीठ
प्राथमिक
माध्यमिक
विद्यालय
महाविद्यालय

विद्यापीठ
प्राथमिक
विद्यालय
प्राथमिक
त्यागाळे प्राथमिक
बालमिठाणी, गोमते कोडून उत्तरीवाचक चिकित्सो महद्यु जगु जिकुॉ तेंता महद्यो आमीच्यी महद्यो आस्त्रा. भारतवर्षाच्या केंपनांज जव जिकू अलेक्जांडर जाव्यु. होडी सेता घाव्यु, आक्रमण कोडूं, सामाजिक जानकार त्रासु दी महद्यो केंपनांज संगती.
Solutions to Quiz

Dachshund Dogs 8 differences are: (From page 39)

SMART KID CONTEST

Replace the Question marks with mathematical symbols to be used only once each ( +, -, x and /) to obtain the correct answer. Do the calculations in strict order from left to right.

\[ 24 \div 2 + 3 - 5 \times 4 = 40 \]

(Refer page 36)

Solution

Answers to General Knowledge Quiz for children
1. Portuguese 2. January
(For Quiz refer page 37)

TEST YOUR CRICKETING FUNDAS – Solution

Batter 1 – Hits 4 – Scores 4 - gets Out.
Team Total score is 4
Batter 3 – Hits Two fours – Scores 8
Retired Hurt – Team Score 4+8 = 12
Batter 4- Scores 1 run more than Opener- 4+1 , Scores 5 Team Score is 17
Batter 2- Scores 1 less than Injured Batter – 8-1 = Scores 7 Team Score 17+7
Now Game abandoned at Total Score 4+8+5+7 =24 for 1 wicket
(For Quiz Refer Page No 36)

Solution to Sudoku puzzle

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(For Sudoku refer page 35)

RAM NAVAMI CROSSWORD PUZZLE SOLUTION

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A A A S A S
K U S H R A N I K A I K E I
A B T O O D
H I U J T S
C H A I T R A N A V A M I
H N G Y R S
I N D R A N O O N V A Y U
R R D I D U B
A R A N Y A S H A R A N G A
Y A Y J H
U T T A R A R A M A S E T U

There were no correct entries for the Crossword.
Here and There

Bengaluru:
Special programmes:
On March 1st the Shishya Sweekar Divas of Param Pujya Shrimat Parijnanashram Swamiji III was observed with Bhashya Pathana-Bhagavadgita, Upanishad and Brahmastra and Ashtavadhana Seva. Mahashivaratri was observed at the Math with Chara Yaama Pujana performed by gruhastha-s. The sadhaka-s enthusiastically participated in the stotra pathan during the Pujana which was led by Smt Sunanda Sagar pachi and bhajanseva. On 13th March, on the occasion of Vardhanti of Guruswami’s Sannidhi at Karla, yuva-s performed Samuhika Shri Guru Pujana.

Regular Programmes :
(a) Dr. (Smt.) Sudha Tinaikar commenced talks on Vivekachudamani online from this month.
(b) Girvana Pratishtha classes, Sambhashana Varga classes and Prarthana Varga are being conducted online.
(c) Gayathri Japa Anushthaan is performed every Sunday online
(d) Daily morning pujan-s and evening pujan-s on Monday-s and Friday-s were performed by Shri Satyendra Sorab mam and gruhastra-s.
(e) Durga Namaskar was performed every Friday by Ved. Shri Vijay Karnad Bhat mam.
(f) The Shri Shankaracharya Ashtottthara Shatanamavali is being recited by Sadhakas -online, every Sunday at 1000 hrs.. It commenced on 23rd Jan and will conclude on 1st May.

Thane:
Samaradhana of H.H. Shrimat Parijnanashram Swamiji II was observed on 2nd October. This online meeting was attended by around 26 families. A reading of some soul-stirring excerpts from the English version of the Guruparampara Charitra set the mood for the Samuhika Guru Pujana that followed, which was offered by 7 sadhaka-s. The programme ended with the Deepanamaskar and jaijaikar-s.

During the auspicious period of Sharadiya Navaratri, Samuhika Navaratri Sadhana was offered alongwith our partner sabha-s on 7th October as a part of the collective offering by all sabha-s around the world. Six sadhaka-s from Thane Sabha participated in this event.

On the occasion of Lalita Panchami on 10th October, Samuhika Devi Pujan was offered by 6 sadhaka-s. This event was attended by 18 families.

Samaradhana of H.H. Shrimat Shankarashram Swamiji I was observed on 11th October. This online event was attended by around 26 families. A chapter from the Guruparampara Charitra and excerpts from the English version of the Guruparampara Charitra were read. Gurupujan was offered by 6 sadhaka-s. After the Deepanamaskar, the program ended on a high note with spirited jaijaikar-s.

As part of the Sayujyam Samuhika Sadhana Shrinkhala, Samuhika Sadhana Panchakam and Gayatri Anushthana were offered on 17th and 31st October alongwith our partner sabha-s. Around 8 children from Prarthana Varga and 7 Yuvedhara members from Thane sabha participated by leading recitation and offering technical help. Around 6-9 sadhaka-s offered Gurupujan on both the days. Gayatri Anushthan was offered by 7-9 sadhaka-s. An online Vimarsha was organised on 24th October which was attended by 24 sadhaka-s.

Seva Saptaha was observed between 18th and 23rd October. Vishesh Sadhana was offered by 7 sadhaka-s during this period. Online Sannikarsha Seva was offered on 24th October wherein 3 children from Prarthana Varga, 4 Yuvedhara members and 11 senior sadhaka-s led the recitation.

On the occasion of H.H. Shrimat Sadyojat Shankarashram Swamiji’s Janmadivas, 14 sadhaka-s of Thane Sabha came together to offer Guru Pujana on 12th November. This online programme was attended by around 41 families.

To commemorate H.H. Shrimat Sadyojat Shankarashram Swamiji’s Janmadivas, Shree Devi Anushthana was offered by 22 sadhaka-s on 12th November and 18 sadhaka-s on 13th November.

On 14th November, as a part of the Sayujyam Local to Global events offering, 16 sadhaka-s offered Guru Pujana during this event.

Samaradhana of H.H. Shrimad Vamanashram Swamiji was observed on 28th November. This online event was attended by around 26 families. A chapter from the Guruparampara Charitra
and excerpts from the English version of the Guruparampara Charitra were read out. Guru Pujana was offered by 7 sadhaka-s. Vocal and Instrumental Bhajan seva was offered by 4 yuva-s and 2 senior sadhaka-s. The programme ended with the Deepanamaskar followed by Shankha Naad and jaijaikar-s.

Report compiled by Tejashree Bailur

Our Institutions
Saraswat Mahila Samaj, Gamdevi:
Gamdevi Saraswat Mahila Samaj celebrated *Yuvati Divas* virtually on 26th March 2022. Our dear late Smt. Sadhanatai Kamat often expressed that upcoming yuvatis must always be encouraged, since they are the future successful women of the society. So as per her wish, three upcoming and dynamic yuvatis from our community were felicitated by us this year.

Kum. Kanika Nadkarni – a freelance photographer, Kum. Janhavi Mallapur – a fine artist and art educator and Kum. Dhanashri Mallapur – a confectionery chef. They were introduced by our Samaj yuvati Smt. Ashwini Prashant after which each yuvati displayed their art through photographs, demonstrations and quiz based on different kinds of paintings and Amchi food delicacies. This was enjoyed by one and all. This function was sponsored by Smt. Padmini Bhatkal in memory of Smt. Sunanda & Shri Sadanand Bhatkal and Shri Sushant Bhattachar, Smt. Geeta Balse in memory of Shri Suresh Balse and Smt. Vidya Kodial in memory of Smt. Prema and Shri Shankar Kodial. And ended with a vote of thanks by Smt. Smita Mavinkurve.

Report by Smt. Vijayalaxmi S.Kapnadak

CLASSIFIEDS

BIRTH
A baby girl Miraya to Namita (nee Masurkar) and Mihir Manjeshwar. Granddaughter to Pavitra and Madan Manjeshwar and Rita and Kishore Masurkar. Great granddaughter to Prema Mavinkurve. Niece to Mehul, Nikhil and Anjula. Cousin to Aanya and Anaaya.

APARTMENT FOR SALE IN MALLESWARAM, BANGALORE
3 BHK, 1400 sq.ft super built up area with one parking space, excellent location on Margosa Road...contact 9980538110

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A beautiful and beloved apartment in the heart of Malleswaram (13th cross, 8th main) nestled among green treetop views. A spacious living, dining, open kitchen with marble floors, 3 bedrooms with attached baths, recently renovated with all modern amenities and new wiring, including plug and play IT infra, 2 air conditioners (higher electric load approved by KEB), with 2 car parks allotted in the basement. Please contact Reshma Kalyanpur Chadha (9845028190) for more details.

DOMESTIC TIDINGS

BIRTHS
We welcome the following new arrivals:
Jan 10: Son (Tanay) to Ashwini and Ketan Gurudatt Kowshik at Sunnyvale, California, USA
Mar 13: A daughter to Neha and Darshan Naresh Gangolli at Mumbai.
Mar 26: A baby boy (Malhar) to Dr. Aparna Lajmi and Dr. Viraj Torsekar at Mumbai.
Apr 7: A baby girl (Miraya) to Namita (nee Masurkar) and Mihir Manjeshwar at London.

OBITUARIES
We convey our deepest sympathy to the relatives of the following:
Mar 6: Vijaya Jayant Amladi (77) at Bengaluru.
Mar 18: Rajaram Kalbag at Santacruz (East), Mumbai.
Mar 21: Vithal Haldipur (75) at Bengaluru.
Mar 22: Mukta Ganesh Hattangadi (89) at Pune.
Mar 23: Ramanand Bhavanishankar Bellare (80) at Bengaluru.

Rates for Classified and Casual Advertisements in Kanara Saraswat Magazine
For the first 30 words: ₹ 650/- for KSA Members (Minimum ₹ 682/-) and ₹ 700/- for Non-members. For every additional word, thereafter: ₹ 25/- +GST 5% on all ads.

Colour Full page: ₹ 7500/- + 376 = ₹ 7876/-
Black & White Full Page: ₹ 5500/- + 276 = ₹ 5776/-
Colour Half Page: ₹ 4000/- + 200/- = ₹ 4200/-
Black & White Half Page: ₹ 3000/- + 150/- = ₹ 3150/-
Black & White Qtrr Page: ₹ 2000/- + 100/- = ₹ 2100/-

All remittances are to be made by D.D. or cheque, in favour of ‘Kanara Saraswat Association’. For online payment please contact KSA office
Mar 23: Sunil Chandrashekhar Shirali of Borivali at Bengaluru.
Mar 24: Dinkar Venkatrao Baljekar at Mysuru.
Mar 24: Prashant Vijaykumar Hattangadi (55) at Mumbai.
Mar 29: Anil Shivrao Mallapur (81) of Solapur, at Dahisar, Mumbai.
Mar 31: Ramesh S Nadkarni (86) at Anandashram CHS, Mumbai.
Mar 24: Prashant Vijaykumar Hattangadi at Mumbai.
Mar 29: Anil Shivrao Mallapur (81) of Solapur, at Dahisar, Mumbai.
Mar 31: Ramesh S Nadkarni (86) at Anandashram CHS, Mumbai.

Apr 6: Meera Suresh Kilpady (nee Molhally) (of Santacruz) at Lavasa.
Apr 7: Subhash Anant Molhally (of Chennai) (74) at Bengaluru.
Apr 7: Shivdarshan Balse (68) at Bengaluru.
Apr 12: Vinita Kolpe Labadaya (86) at LA, USA
Apr 12: Adwait Ramkrishna Ullal Bhat (62) in USA.
Apr 13: Vasant Mangesh Kalbag (96) of Chitrapur CHS, Bandra, at Mumbai.
Apr 15: Sushila Ullal (81) at Saraswat Colony, Santacruz (W), Mumbai.
Apr 17: Shantaram (Eknath) Narayan Vinekar (93) of Mahim, Mumbai.
Apr 19: Shri Nandan Taranath Kalbag (83) at Pune

**ELECTION NOTICE-2022**

Nominations are invited for 3 vacancies on the Managing Committee for the year 2022-2023 of the Kanara Saraswat Association (KSA) arising due to the following vacancies caused by retirement under Rule 13:


Nomination papers containing the candidate’s name in full and his/her consent to contest the election and subscribed by not less than two members of at least one year’s standing as proposed and seconded should reach the Hon. Secretary at the KSA Office on or before Saturday May 14, 2022 by 7.00 p.m.

**Vandan Shiroor**
Hon. Secretary, KSA

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