

Kanara Saraswat

A MONTHLY MAGAZINE OF THE KANARA SARASWAT ASSOCIATION

Vol: 27 Issue 5 Mumbai

May 2022

Pages 64

Price: Rs. 20/-

International Women's Day Celebrations



Mrs. Anuradha Dhareshwar



Ms. Ila Nitin Gokarn



Mrs. Prameela Kundapur



Dr. Sudha Tinaikar



Mrs. Deepa Tracy



Mrs. Chaya Ubhayakar



Chief Guest :
Smt. Shashikala Divakar
Sharma

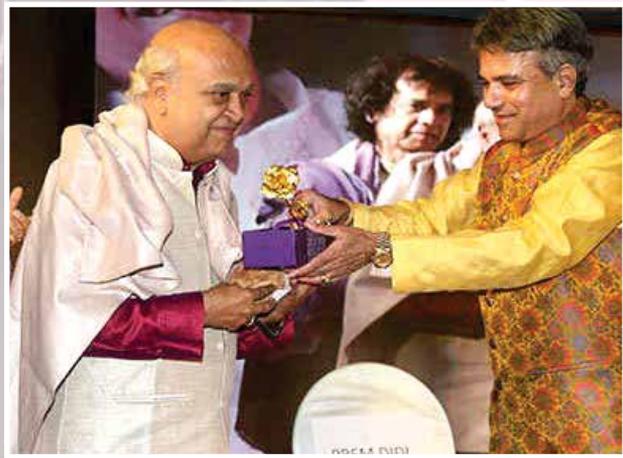


*Pt. Sadanand
Naimpally
honoured*

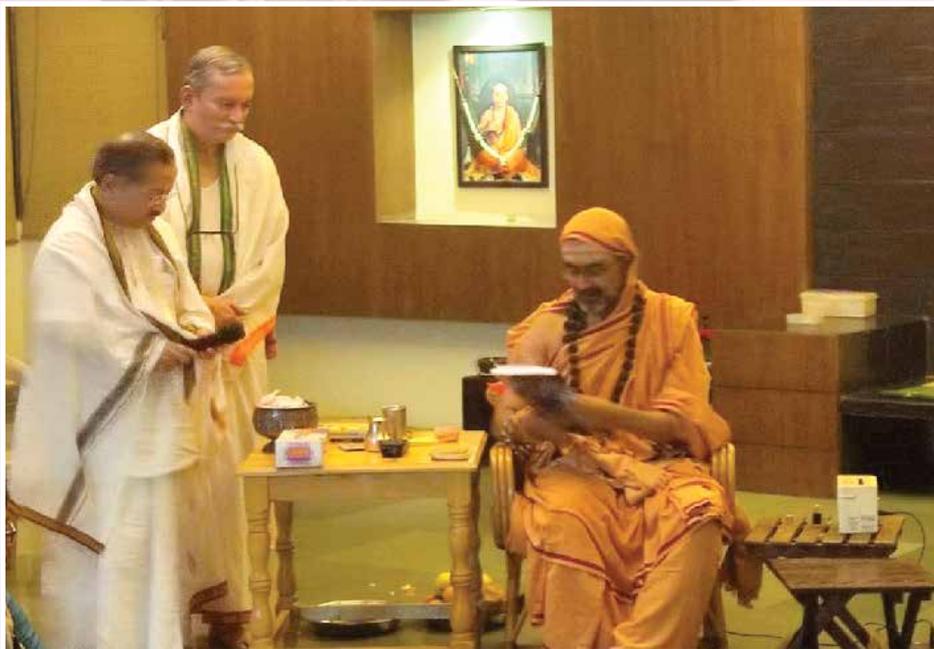
Pt. Sadanand Naimpally being honoured by Ustad Zakir Hussain



Pt. Sadanand Naimpally being honoured by Shri Suresh Wadkar



Book launch at the hands of HH Shrimat Sadyojat Shankarashram Swamiji
Also seen in the picture are Shri Praveen Kadle and Pt. Nityanand Haldipur





Kanara Saraswat

A Monthly Magazine of the
Kanara Saraswat Association
Office: 13/1-2, Association Building,
Talmakiwadi, Near Talmaki Chowk,
J.D. Marg, Mumbai 400007

Website: <http://www.kanarasaraswat.in>

Vol. 27, No 5, May 2022

e-mail: editor@kanarasaraswat.in
kanara_saraswat@hotmail.com
(For Publication in the Magazine)

e-mail: admin@kanarasaraswat.in
(For administrative matters)

President: Praveen P. Kadle
Vice President: Kishore Masurkar
Chairman: Mahesh D Kalyanpur

MEMBERS OF THE EDITORIAL COMMITTEE

Editor: Nitin Gurunath Gokarn
Associate Editor: Uday A. Mankikar
Editorial Committee:
Smita Mavinkurve
Anjali Burde
Bhakti Ullal

Computer Composing:
Sujata V. Masurkar

Cover Page Design:
Roopali Kapnadak Sawant (Printeresting)

KSA Telephone: (022) 2380 2263

To Avail Educational Aid or Medical Aid Contact:

Mrs. Shobhana Rao

022-23802263, 022-23805655

KSA Holiday Home, Nashik:

Tel: 0253-2580575 / 0253-2315881

Our Cover:

Creating Magic with Music -

Pt. Sadanand Naimpalli in conversation with
Nitin G. Gokarn

12

Samparka:

Blissful Childhood ... Jyothi Bharat Divgi

19

Bhagavad Gita-Chap 10 ... Dr. Sudha Tinaikar

28

To Them, We Owe ... Sanjay S Bankeshwar

22

Parisevanam: Pushpanjali from Prarthana Varga

... Sadhana Kaikini

24

Shree Shankar Maharaj - Unbelievable Truths

... Nitin G Gokarn

28

Kili Conquered ... Adavit Madhur Amemba

30

Book Review: "Fuel for My Journey"

... by Krishna Basur

31

Military Musings:

Bombing Balakot ... Major Gen B N Rao (Retd.)

32

Culinary Section : Culinary Treasures of Chitrapur

Saraswats... Anjali Burde

34

Children's Corner: Dress Code ...

Tamayah Sanjeev Koppikar

37

Birds And Wildlife of the Little Rann of Kutch

... Nikhil Burde

38

Children's Corner: Drawings:

A Breezy day ... Aanya Karanje

42

Mermaid ... Umika Prasad

42

The Magical Rainbow ... Anagha Mankekar

42

आदगत्यो आणि वाक्प्रचार...

43

मुखपृष्ठ :

चित्रापुर सारस्वत महिला दिन समारंभु... उदय मंकिकर

44

श्रीमती शशिकला दिवाकर शर्मा... (आयच्या समारंभाची अध्यक्षा)

49

श्रीमती अनुराधा धारेश्वर... (संगीत)

49

सुश्री ईला नितिन गोकर्ण... (नृत्यकला आणि समाजकार्य)

51

श्रीमती प्रमिला कुंदापूर... (संगीत)

52

डॉ. सुधा तिनईकर... (धर्मनिष्ठविषयांतले ज्ञान)

53

श्रीमती दिपा त्रासी... (उद्योजिका)

54

श्रीमती छाया अरुण उभयकर... (समाज/ज्ञातिखातिर कार्य)

55

छाया उभयकरपाच्येगेलें मनोगत

56

रायु आणि तागले मित्र... (सुधिर कोपिकर)

57

Here & There

60

Our Institutions

61

Classifieds

61

Domestic Tidings

Donations

Kanara Saraswat Association is grateful to the
following donors:

Emergency Medical Relief Fund

Radhakrishna Vasantkumar Rao ₹ 30,000/-

(In m/o father Vombathkere Vasantkumar Rao)

Nirmala Mangesh Heble ₹ 25,000/-

Mangesh L Heble ₹ 25,000/-

Pooja Vinay Dhareshwar ₹ 20,000/-

Scholarship Fund

Pooja Vinay Dhareshwar ₹ 20,000/-

IN THIS ISSUE....

From the President's Team	5
The CSN page:	
The Key to getting Results in Business and in Life	
... Ashok Samsi	6
The Editor's Reflections	9
Letters to the Editor	10

ANNOUNCEMENT

Essay contest

The Editorial Committee invites our members' children and student members to contribute Articles/ Essays to be published in the Kanara Saraswat. This is to encourage our young minds to develop the art and skill of writing. The best essay or article will carry a cash award of ₹500/-. Those desirous of participating in this contest may send their originally written articles in MS Word* format between 400-425 words to kanara_saraswat@hotmail.com. **The contest is open to those born on or after 1st April 2006.** The winner's name and photo will be published in the subsequent editions. **This contest is open till 15th June 2022.**

The Topic is "Too much of anything is bad"

* (in Arial or Bookman Old font)

Editorial Committee

FOR INFORMATION OF READERS AND MEMBERS

The Editorial Committee receives several articles, e-mails, Letters, Poems, sketches and other matter for publishing on a regular basis. A few writers seek information whether their article/ poem would be published and ask details as to when it would be published? The Editorial committee may not respond to such requests. However, paid articles or advertisements will certainly be responded to by the Admin team.

Those who wish to contribute articles, poems, letters etc. are welcome to send the same by e-mail. We would encourage you all to write. Articles, Poems should be typed in MS Word format and ideally should be restricted to 1000 words. Matter to be published under 'Personalia' should be restricted to 250-300 words.

The Editorial committee reserves the right to edit, condense, or drop any article/ poem without reverting to the Author. If some articles need to be kept on hold, it would be done for a reason which may not be explained. Readers and members are requested to note the same and desist from seeking responses as to when their article or poem would be published. The Editorial committee will use its discretion in such matters. Further, we request members not to publish articles appearing in KS on social media such as Facebook or Twitter, without consent from the Editor and the author. Members are requested to cooperate in this regard. Thank you in advance.

Editorial Committee



From the President's Team

Dear Friends,

It is the beginning of the Hindu New Year. I take this opportunity to wish all of you a great beginning to this New Year. Let this Ugadi bring the best of everything to you all.

The pandemic of Covid-19 had brought in complete havoc exactly two years ago. Since then, we all have gone through three waves of this pandemic which really created upheaval in our lives in terms of loss of our near and dear ones. We had to face unprecedented lockdowns with restrictions on our movement, economic misery, loss of livelihoods, adapting to the new work-from-home routine. For the young and growing children who yearn for freedom and a desire to play in an open environment, it was an experience of being home-bound and learning through the virtual medium. The last two years were perhaps one of the most difficult periods mankind has gone through. The scar of this pandemic will heal gradually.

Just as we were coming out of the Covid pandemic, we are now faced with the war in Europe, forced by Russia on Ukraine which could perhaps turn out to be the beginning of a new world order, perhaps even a more spread-out and longish war than expected earlier. This war has certainly escalated the tensions across the world with significant uncertainties on the global, social, political and economic fronts. This war will bring new combinations of global alliances and partnerships with a newly formed geo-political front.

As we moved into the third decade of this twenty-first century, we are now going to see a completely new paradigm in our lives. At the beginning of this century, it looked like the world is flat and the whole globe is just one village but now it is very clear that the world is still divided between the haves and the have-nots. The economic disparity continues. The Cold War between the nations which seemed to have ended in the 1990's is now coming out in an open war with a complete uncertainty in terms of when and where it would end, particularly if one looks at the nuclear capabilities which many countries in the world now have.

While the Russia-Ukraine war will see its natural progression on the global optical front, we are going to see the natural consequences in terms of changes in our daily lives. The world is going to be more digitised, physical travel is going to be less important, energy dynamics is going to change completely with significantly more focus on renewables and new energy solutions. The new world order will be more focused on digital technology which will have its impact on daily lives as well as on complex business transactions, education, entertainment, sports, recreation and life in general.

The optimist in me however tells me that in this new world order, a lot of positives will emerge for the entire globe and more particularly for India. India with its demographic advantage of a young population will be a much stronger country over the next thirty years. With the right kind of economic policies and relentless implementation and execution of these policies would make India one of the top three countries in economic strength by 2050. India will see itself as a major centre, more particularly in the field of electronics and as a global research hub for state-of-the-art technology development. The starts-ups in India will make the country a home of future inventions in the new digital world.

In the new world, we should however never forget our values, the teachings of our elders, our traditions, and our culture. These are eternal and will never die. We need to preserve them, protect them, and nurture them for our future generations. The new science with our own old abiding values will see our country reach great heights.

Wishing you once again all the best in this New Year.

With regards,
Praveen P Kadle

The Key to getting Results in Business and in Life

COACH ASHOK SAMSI

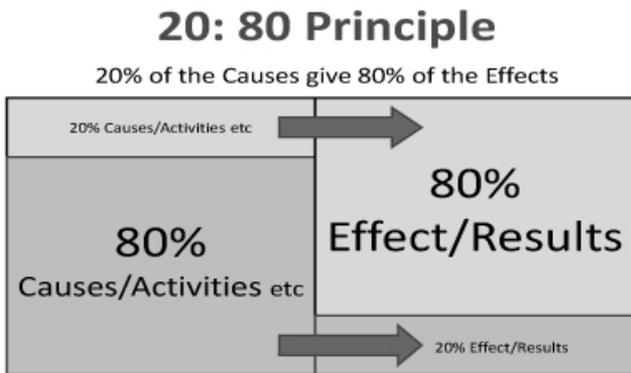
In Business

My new client seemed frustrated. He told me, “I and my team are working so hard. But we are not getting the results we want”. I asked him whether he and his team members are preparing their “to do” list for the next day before they wind up for the day on the previous day. He said yes they are.

On further checking I realized that while they were preparing the to do lists, when they came for work next day they usually started working on the urgent and easy tasks on the “to do” list. In fact, they continued to work that way throughout the day. Thus on most of the days, as they worked hard, all their time were going in doing urgent and easy stuff. So they never came to doing the important and not so urgent tasks which will take them towards achieving their goals.

I explained to my client the Pareto’s Principle which states that 80% of the effects are normally caused by about 20% of the causes. In other words 20% of our activities will give us 80% of the results. So the key is to identify which are 20% of our activities which will give 80% result. If we don’t do that we will do activities which are of not much consequence as far as the results we want. In other word we will work on 80% of activities which will give only 20% of the results. Just imagine, even if you do perfectly these 80% of activities- what would be the result? Only 20%. In any exam if we get only 20% marks we would be declared as failed. That is exactly what happens if we start working without identifying the 20% activities which will give 80% result.

The diagram below explains it more vividly:



My client immediately understood the point. After a couple of weeks he informed me that this small shift in identifying the 20% of activities giving 80% of the results has made a big difference. He has already started getting the results which he wanted.

So whether it is your daily, weekly, monthly, quarterly or yearly planning the key is to identify 20% of activities which give 80% of the results. In fact this is applicable in other aspects of business as well. Approximately 20% of your customers will give you 80% of the business and so on.

In Life:

In order to have happy and balanced life we should be working in following 8 areas:

1. Business/Work
2. Health
3. Wealth
4. Relationships
5. Learning
6. Spirituality
7. Giving back to Society
8. Enjoyment.

Most people get scared when they see this list. They feel they are already struggling to manage less than half the things mentioned in the list. They feel to work on all 8 areas will require too much of effort and time.

The simple way out is to apply Pareto’s Principle here. In each of these areas we have to identify the approx. 20% of the activities which we need to do to have a happy and fulfilled life.

Let us take some examples:

For Health we have to do just half an hour of exercise and avoid excesses of any kind in our diet. To this I will add my personal example. About 10 years ago I was required to go to dentist due to some dental problem quite frequently. After that I started brushing my teeth twice – once in the morning which all of us do and additionally at night before going sleep. Since then I had no dental problem at all.

Now a days because of the hectic and sometimes stressful lifestyle our relationships get affected adversely eventhough we value them and want them to be good. Two of my clients have found very good solutions to this issue.

In case of one client his elderly father stays with him. Earlier because of his hectic schedule there would be number of days where he would

exchange hardly any words with his father. The only communication would be some sort of complaint from his father about some other family member or vice versa. He thought about it and found a simple solution which requires him to invest only 5 minutes of his time. Every night before his father goes to sleep he presses his feet for 5 minutes. In these 5 minutes he asks his father about how the day was for him. That's all. This simple act has transformed his relationship with his father and changed the overall atmosphere in his house.

In case of the second client the case was different. For studying engineering his son had to go off to a far off place and stay in the hostel. So the wife was worried. They also found a simple solution. At home every morning the mother used wake up the son. They continued the same practice when the son went to study at the far off place. So every day two phone calls take place. One in the night in which the mother asks the son what time he wants to get up next day and in the morning she gives him the wake up call. This creates two opportunities to converse every

day. So good things as well as challenges are discussed immediately in the family. This practice is continuing even though now the son has finished studies and is working. This way there is no adverse effect of generation gap in the family.

Just investing half an hour every day in reading a book or watching a video will help you to learn something new. In the same way every day *Japa* or a small prayer of gratitude to the Almighty will make you feel good.

Investing half a day every month or giving a donation to a worthy cause will elevate your spirits.

Last but not the least enjoying a movie or dinner with the family or friends once a month will rejuvenate you for rest of the month.

Are these very complicated things to do? No, they are very simple. The only thing needed is a bit of self discipline to do them consciously.

Start doing them to get the results you want in business and in life.

(Action Coach Shri Ashok Samsi can be reached at 9970092819/ashoksamsi@actioncoach.com)

With Best Compliments from



Leading Manufacturers of

- Tyre valves, cores & accessories
- Tubeless snap-in valves
- Tubeless clamp-in valves
- HVAC products
- TPMS valves
- Tyre valve extensions



Registered Office:
Sunrise Chambers, 22, Ulsoor Road,
Bangalore – 560042
Tel: 080-25588968

Factory:
Mercara Road, Belavadi
Mysore - 570018
Tel: 0821-2402411

Web: www.tritonvalves.com email: info@tritonvalves.com

To Avail Educational Aid or Medical Aid Contact: Mrs. Shobhana Rao 022-3802263, 022-3805655

**Birth Centenary Remembrance
Anand Gopal Hemmadi**



(22.05.1922 to 17.07.2000)

Still Remembered By:

Sheila and Jairam Khambadkone

Swati Puthli & Family

Shilpa Bailur & Family

:- With Best Compliments -:

From

ACME SOAP WORKS

Manufacturers of Industrial & Household Soaps & Detergents

Ram Mandir Road, Next to Ram Mandir,

Goregaon (W), Mumbai - 400 104

Phone + 91 98332 60962.

Email id: acme@acmesoapworks.com

The Editor's Reflections

Here it comes. The month of May! Most of us living in western belt shudder to think of how to beat the heat and sweat. According to official sources, global warming has raised average temperatures across seasons since 1991. Heat waves over large parts of our country, mainly in the western and central belt are common. We have to look for ways and means to combat these uncomfortable environmental changes. Replenishing forests should be one of them.

This month on 3rd May, we celebrate Akshay Tritiya. It has great significance for all Hindus. It is one of the most auspicious days to start something new or even buy something we covet, such as jewellery, property or a vehicle. The word Akshay means eternal. Lord Ganesh is believed to have started writing the epic Mahabharata as narrated by Ved Vyas on this day. On the three lunar days, Yugadi, Akshay Tritiya and Dasara, one does not need to look for any *Muhurta* to commence or perform auspicious work. These three days are free from all malefic effects. Akshay Tritiya – is the day of offerings to the manes. This is an important day in Vidarbha belt of Maharashtra. The locals cook sweet dishes. They stew rice in milk, and prepare soup of tamarind pulp fragrant with khus.

Some years ago, I attended a wedding in Akola on Akshay Tritiya. I was served a particular liquid which was so delicious that I made it a point to seek the recipe. It is known as *Chinchavane*, the soup of tamarind pulp. It's a speciality in those hot belts. Please try this recipe out as it helps cool our bodies in peak summer. The recipe is shared in the magazine.

The International Migratory Birds Day is on 14th May this year. In this issue we present an article and exquisite pictures to commemorate the day. Our readers will also get to read an unbelievable story of the great mystic saint – Shree Shankar Maharaj whose *punyatithi* is on 9th May.

I would like to share that many of you have sent encouraging letters and text messages, some personal, some criticisms, about the changes in the Kanara Saraswat. The heartening part is the interest in contests in which we have participation from six year olds to ninety years young! We thank all of you for the feedback and participation. Our endeavour is to keep improving and raising the bar.

A **nonagenarian lady** called me on the phone. She expressed sadness that her eyesight was letting her down and she is unable to read the magazine so dear and close to her heart. Upon enquiry I learnt that, she lives alone under the care of a maid as her children live abroad. And then one statement of hers hit me like a thunderbolt, "I am waiting for Yamadoot to come. I just keep staring at the ceiling from my death bed". It made my eyes moist and I felt a lump in my throat.

A close friend of mine lives in California and his brother in Amsterdam. Their mother breathed her last during the Pandemic. Sadly both could not come to India and her last rites had to be done by the maid servant and her relatives. Hard facts of life.

In pursuit of a better life style and a lucrative career, the children may migrate overseas leaving behind their most significant treasure – the parent(s) - back home. The parents have to fend for themselves in the last stages of their life. This is so scary. No amount of career growth or so called success in the corporate world or money can buy our parents the happiness. They, nevertheless, accept reality with fortitude and a smile. Parents' find happiness in their children's happiness. May be we could deal with this subject in greater detail, some other time. There are always two sides to a coin and this is not to suggest that the children are wrong in any way as they too have a life of their own. But how do we find a balance is the moot question. While I take your leave don't you forget to feast on the "Hapus" mango. Have fun as you read your favourite magazine, the Kanara Saraswat.

Nitin Gokarn

Letters to the Editor

Dear Sir,

Smt. Nalini Nadkarni's article in the March 2022 issue made interesting reading. It serves as an eye opener but, inevitably, her ideas could evoke a reaction of "ishishi" in the community.

In the article titled "Kindness Costs Nothing, But Gives Good Results" she recommends that elderly singles should get married for companionship. The ideas expressed by her are practical in today's world and can be of benefit not only to our aging population but the benefit will go to all – the elderly singles, their children (many of whom have their own struggles of modern life) or the children settled overseas worrying about their parent, but, specifically, to the two protagonists she is advising. The win-win situation for the two elderly individuals will provide them companionship and mutual care and will also give relief to their younger generation. In a world where live-in relationships are fairly common today, her idea is only an extension to older people when younger people are already practicing it.

Till one reads the profile of the author at the end of the article one would think that it was written by a very progressive minded, young(ish) or middle aged Chitrapur Saraswat. As it happens she is ninety five years old and lives alone. One would have thought that her ideas would be antiquated as indicated by her chronological age but surely she should be recognised as forward thinking, caring for the needy and very practical. At eighty five, I fully endorse her recommendations. May Nalini Pachi effortlessly reach her century and keep good health.

Kishore Sunder Rao (Amemba), Bangalore

(The Letter to the Editor by Shri Kishore Sunder Rao wins the best LTE award of Rs250)

Dear Sir:

After reading the beautiful and inspiring interview with Smt. Vrinda Mundkur, may I request an article on Smt. Aruna Rao Kundaje's writings and poems that can inspire young budding poets and writers?

Congratulations on constantly improving the quality and range of articles in the magazine.

Ramdas Betrabet, Pune

Dear Sir:

I am indeed very happy to notice that the Kanara Saraswat magazine is improving and getting fresher and better with every issue month on month. I am a regular reader of the magazine and feel proud to read it. In fact, I eagerly wait for the issue to reach me every month. Even during the lockdown period, the Editorial team managed to publish the e-copies which need to be appreciated. In the past, previous Editors have added different articles and stories and brought glory to the magazine. H.H. Swamiji's blessings are also there in abundance.

I am more delighted to see this Editorial team adding new features month on month and taking forward the legacy of the past Mg. Editor, the Late Shri Gurunath Gokarn in a splendid manner. I would like to congratulate not only the Editor and his team but also all the members of the MC, The President and Chairman and the team which so meticulously works hard to bring out the issue in time so as to either reach us in e-form or hard copy. Keep up the good job.

Ameya Karnad, Goa

Dear Sir:

I am happy to notice new and fresh features in the Kanara Saraswat. The Quizzes, crosswords and other contests are good incentives for all age-groups to participate in the competitions.

If I may say so 'month by month' the KS magazine is getting more and more interesting! The KS is a quality family magazine. Well done.

Mrs. Suman S Kodial, Gamdevi

Dear Sir,

I am very happy to inform you that I am a regular reader of your publication subscribed by one of your members Mrs. Savur in Bangalore (although I am not a CSB)

This month the Kanara Saraswat magazine has come out very well with articles related to socio-economic well-being of senior citizens. I was delighted with the articles that you have published and I thought of sharing with my personal friends who have retired like me. May I request you to share the two articles viz. "On playing my Second Innings" by Blessed Soul and "Financial Planning

for Senior Citizens” by Shri Pramod Karnad, for personal use and sharing with a small circle of friends.

Congratulations to you, dear Editor!

Prof. Manohar Deshmukh, QCFI Bangalore

Dear Sir:

The April 2022, issue of Kanara Saraswat made excellent reading as all the features and interviews and memoirs were great to read. The financial planning for Senior Citizens was an informative and well researched piece by Mr.Pramod Karnad and I am sure the veterans will utilize the investments very well and to their benefit. The tribute to Ms. Lakshmi Nayampally was very befitting to a great talent. Also, the interview with Ms.Vrinda Mundkur made us aware of the great classical singer and it was great to know that she was felicitated by the Dagar Gharana Samman instituted by the famed Dagar Gharana. I would also like to take this opportunity to congratulate the poet par excellence Mr.Ranjit Hoskote for his award and honour at the Jaipur Literature Festival. He can rightly be known as the Indian Keats or Robert Frost. Keep up the good work!

Sandeep Hattangadi, Dahisar West

Dear Sir:

Reference to the Article “Second Innings” by Blessed Soul (April 22 issue). I completely endorse the decision of the two protagonists in real life.

Yes I am personally in favour of resettling. I too agree that as long as your immediate family is okay with their decision, no one needs to pass any judgment. If immediate family too has no time for them, then even their opinion should not matter. After all it’s for the couple to live their life on their own terms.

I know of 2 cases where children themselves have told their mother to find a companion if need be. They admit that they are busy with their new family and careers and may not be able to give the mother enough time. So, times have changed and we should all learn to accept the social changes and not attach any stigma. I compliment the Editorial team for publishing a bold article.

I honestly like reading the all the articles they are too good. Congrats to you and your team for the vast improvement.

K. G. Nadkarni, Mangaluru

Dear Editor,

Probably every Bhanap/”aamchi” household looks forward to the issue of the “Kanara Saraswat” magazine each month.

Kudos to the new editorial team that has continued to keep the interest of readers with new content, yet retaining the familiar columns.

While the rest of the content is all good, what I find missing is articles from youngsters which KS should encourage.

Nandan Bellare, Bengaluru

KSA Library Books in PDF

KSA Library has about 664 books and manuscripts written by **amchi** authors. So far it is observed that there is hardly any interest shown by members to read these from the library. In today’s era of digitalisation, online and electronic books are becoming increasingly popular and easily accessible. KSA has digitised these books by scanning and converting in PDF format.

We are planning to upload this scanned material on our KSA website from 15th June, 2022. Any of the authors not desiring to display their work in digital format may write to us accordingly. We have decided to **exclude** uploading of popular books available in bookstores or on Kindle or allied platforms.

Vandan Shiroor

Hon. Secretary
9833217925

Creating Magic with Music

Pt. Sadanand Naimpalli in conversation with the Editor, Nitin Gokarn

Pt. Sadanand Naimpalli needs no introduction to any of our readers and members. Sadanand mam weaves magic while playing on his percussion instrument and his popularity with accomplished Musical icons is so high that all of them have urged him to accompany them to enthrall audiences.

I had the good fortune of meeting Sadanand mam and his soul mate Aruna pachi over a hot steaming cup of coffee trying to get a measure of his rise to fame and popularity along his musical journey. Recently, Sadanand mam has authored a book on *tabla* that has become the fulcrum of the rhythmic curriculum taught at many universities across the world. He has also created numerous *tabla* compositions that are characterised by creativity and tremendous musical imagination. He has enhanced the performances of several musicians by providing them highly intuitive and responsive accompaniment. He has always held himself to as exacting a standard as a human being as he has as an Artiste. Flautist Pt. Nityanand Haldipur with whom Pt. Sadanand Naimpalli has accompanied on Tabla on several occasions has paid a glowing tribute.

Pt. Nityanand said “My association with him is now more than three decades old, during which time, we have travelled together and played concerts on innumerable occasions. Pt. Naimpalli is undoubtedly one of the finest tabla players of our times. He has enthralled audiences and connoisseurs all over the globe with his accompaniment as well as solo recitals. He plays with ease and tremendous fluency, odd taals that other tabla players are often intimidated by. He is a fount of knowledge in the field of *laya* and his scholarship in matters relating to unusual *taals*, *gharanas* and styles of tabla is unrivalled. The CD in which he has played different *taals* with beat-cycles ranging from 7 beats to 16 beats has drawn critical acclaim from stalwarts no less than Ust. Zakir Husain, Pt. Swapan Choudhury, Taal Yogi Pt. Suresh Talwalkar and Pt. Anindo Chatterjee, to name a few. In him, I have had the benefit of someone I can look upon as a very dear

friend as well as an elder brother”.

It gives me great pleasure to present the details of our tete a tete.

Ed: How and when did you take to playing the tabla? Was the interest self-triggered or was it parental push? Any musicians in the family?

SN: In my family, there were no musicians. I had no absolutely no connection to Tabla. When I was about 10, while playing cricket in Talmaki Wadi, one of the boys decided to leave the game midway as he wanted to attend his Tabla class and was not ready to miss it at any cost. I was curious when I heard “Tabla class,” so I asked if I could accompany him. He took me to the house of my future Guruji, Pt. Taranath Hattangdi. I saw 5-6 boys of my age banging away on the Tablas. Sitting cross-legged among the boys with a small harmonium placed on his lap was Guruji giving them what I came to know later was “*Lehra*” accompaniment, reciting compositions and encouraging the boys with “*Shabash*” and “*Bahut ache.*” I decided that I would learn Tabla from this person only. I expressed my desire to my mother, who was a keen follower of music. Both my parents wholeheartedly supported the idea and the very next day we all went to Guruji’s house with flowers, coconut and sweets. Then began the initiation ceremony. Guruji handed me a Tabla to try so as to find out which hand I was comfortable playing with. Thus started my foray into Tabla playing as a left hander – though I’m a natural right-hander.

Ed: Tabla is an accompanying instrument to the vocalist or the main instrumentalist. That being so, why did you choose tabla over say a Sitar or Sarod or Flute?

SN: As a kid, I was fascinated with simple rhythm patterns as heard in film music. Not knowing the language of Tabla, I used to interpret those rhythms with my own gibberish. I was also told by *Amma* that whatever catchy sentence I heard, I would like to put it in rhythm. For me playing the Tabla was instinctive. My Guruji taught me to play Tabla as a solo instrument without any restraint

and not as an accompaniment. Therefore, I never felt drawn towards other instruments.

Ed: Despite being a qualified Engineer, how did you manage to excel in both. How did you create time to travel, perform along with your engineering profession?

SN: That I'm an engineer by qualification happened when I was 20 years old. I passed with distinction. But Tabla began when I was 10. Being keenly interested in Tabla I automatically used to think of Tabla all day long. Even in my classroom unmindful of the rattle I created, I used to start playing on my desk for which I was duly punished by the teacher either by giving me raps on my hand or sending me out of class. However, I was good at studies and used to be in the top five without much effort.

After getting some work experience, I thought of setting up my own foundry, making specialized quality non-ferrous castings. I may have lost out on several job opportunities due to my playing the Tabla alongside, but I have no regrets. Tabla was always my first love. So I had to return to it sooner or later.

Ed: How many hours of dedicated practice did you do? Any other hobbies or passion?

SN: Surprising as it may sound, my practice sessions extended upto 3 hours that too in the presence of Guruji. Besides playing Tabla which now is my profession, the only hobby I had was reading and listening to music.

Ed: There are many gharanas – perhaps each distinct. What is the speciality or what distinguishes the gharana you belong to, compared to others ?

SN: There are 6 gharanas, Delhi gharana, which is supposed to be the parent gharana, Ajrada, Farrukhabad, Lucknow, Benares, and Punjab. I belong to the Farrukhabad tradition of Tabla playing. Of course, whatever I have learned, I have done so without analyzing or delving into the technicalities. But after having played as a professional, I've realized that Farrukhabad style of playing and the compositions therein are quite lyrical, giving a lot of scope to the artist to express himself through them.

Ed: Please let us know something more about your Guru, Pt Taranathji.

SN: I first met my revered Guruji as mentioned earlier. Over the next few years, I developed a

special bond with him such that I could go to his house and practice Tabla for 3 hours at a stretch with him playing Lehra. He was like a father figure for all of us, his students, not only in India but also in US where he taught for over 12 years. He even shared meals with his American students just like in a family, something which was very new and refreshing for the Americans. They all respected and loved him and his wife like their own parents. He was very generous and there were many who did not pay him fees, but he never questioned them.

Ed: How many students have you trained so far? How do see or judge the potential or spark in them?

SN: I guess it could be well over a 100 in the span of the last 25 years. I teach all my students the way I learned from my Guruji. I impress upon them that they have to practice and perfect the lessons I teach them. I don't move forward unless they have perfected the previous lesson. I'm quite strict that way, but it is the best way to ensure that they will remember these lessons. Most of my students have been diligent and quick learners. Very few don't continue beyond 2-3 years due to academic or work pressure.

Ed: Are your students only Indian or foreigners too? Who are the most prominent students you have trained who have made a name for themselves? Any bhanaps?

SN: I'm accessible to anyone who wants to learn Tabla, whether Indian or foreign. Students include Indian and those who are based abroad. Several of my students are concert-level performers and teachers too. Just to name a few among my Bhanap Indian students: Hemant Koppikar, Sushant Ullal, Shantanu Shukla.

Ed: A senior Music maestro mentioned that Pure Indian Classical music is losing audiences and Fusion and collaborative music is becoming popular. What are your views?

SN: No doubt, fusion and collaborative music is becoming popular, but classical music still has devoted followers. Infact they are increasing by the day. You will now find lot of youngsters evincing keen interest in classical music and taking it up seriously. So I feel that popularity of fusion and collaborative music is just a passing phase.

Ed: Tell us some names of renowned musicians – vocal / instrumental- whom you accompanied – both In India and overseas

SN: There are many to enumerate; the list is very long. However, some renowned names are as follows. In the vocal music genre, I have accompanied Ustad Amir Khan, Pt. Jasraj, Pt. Kumar Gandharva, Smt. Laxmi Shankar, Smt. Manik Varma and many more. In wind instruments – Pt. Devendra Murdeshwar, Pt. Raghunath Seth, Pt. Nityanand Haldipur, Pt. Ronu Mujumdar; string instruments (bowing) Smt. N Rajam (violin), Pt. VG Jog (violin), Pt. DK Datar (violin), Pt. Ramnarayan (sarangi), Pt. Kartick Kumar (sitar), Pt. Vishwamohan Bhatt (guitar), Pt. Brij Bhushan Kabra (guitar), I've travelled extensively through the length and breadth of India. I've performed all over USA, Europe, Middle East, and Far East.

Ed: How many years of relentless *taleem* is required to be put in to reach the top echelons or be considered as having arrived?

SN: It all depends on the caliber of the artist pursuing his dream of reaching the top. Some are naturally endowed with an extra sense of perception and thus are quick to grasp what is taught to them. If this quality is accompanied by relentless *riyaaz*, then in matter of a few years one can reach the top echelons.

Ed :Is there mathematics involved in tabla? Please throw some light on it.

SN: Yes, there is simple arithmetic involved in the compositions. But most importantly, the Tabla player has to be quick witted and be able to work out calculations on the spot. With my engineering/mathematical background I have been able to compose complicated Taals like Shani Taal (7½ beats), Nand Taal (8½ beats), Arpan Taal (9½ beats), and Adhashut Taal (10½ beats). In addition to this, on the occasion of the golden jubilee of India's independence I composed a Taal of 50 beats called Gaurav Taal. I have performed solo recitals in all these Taals. Moreover, I have released a first-of-its-kind CD called Maha Taal Yaag in 2016 in which I have played solos of ten different Taals from Roopak Taal of 7 beats to Teen Taal of 16 beats.

Ed : Please tell us about various awards and recognition that has come your way.

As a youngster, winning awards was my favorite pastime. I have won numerous competitions, namely, India Culture League, Sur Singar Sansad,

Inter-collegiate Music Competition. My biggest award was the President's Award for standing first in the All India Radio Competitions held in New Delhi on a national level in 1963. This was followed by first places in the Inter-University Youth Festival with a citation saying "Sadanand Naimpali, the most accomplished Tabla player...." This achievement resulted in my being selected for an extensive tour of Europe and Middle East, when I was barely 17 years old. As a senior professional Tabla player, I have been endowed with titles such as "Layanand," "Swar Sadhna Ratna," "Taal Martand" by various musical organizations in India. In 2020, I was awarded the Swami Haridas Award for senior music teachers at the hands of Padmashri Suresh Wadkar and honored by Padmabhushan Ustad Zakir Hussain. I have also been awarded the top grade by Akashvani and Doordarshan in the year 2001.

Ed: Tell us how did you conceive of the idea of writing your book. How is the response. Tell us about the launch by HH Swamiji.

SN: My latest book "**Tabla - G'ths, Chakkardars, Parans**" with foreword by Pt. Swapan Chaudhry is a milestone in the literature of Tabla. It contains the most prized and distinct compositions of various Gharanas which the Ustads don't normally teach. This book is available in Hindi and English versions. When this book was completed, I had planned a book release on November 20, 2021, my seventy-fifth birthday. Unfortunately due to my own health issues, the launch was deferred. A function was then held at Karla Math in my absence where my book was released at the sacred hands of HH Swamiji.

Besides, I have written two more books, namely, Theory and Practice of Tabla with a foreword by Ustad Zakir Hussain in the year 2006, and Tabla for Advanced Students with a foreword by the santoor wizard Pt. Shivkumar Sharma in 2009, I've also produced an instructional DVD catering to Tabla students who have spent 4-5 years learning Tabla.

As I left their premises there was a certain amount of happiness to have spent a long time with a person I always respected and admired. Sadanand mam and Aruna pachi, great hosts, came to see me off at the gate.

Our dear Aai,

Smt. Manorama Pandurang Sashital

(daughter of Vishveshwar Nagappayya Koppikar)

Completed 106 years on 2nd April 2022

(Gudi Padwa day)



• With lots of love •

Dilip | Roopa

Aparna & Navin Suri

Anuj Sashital

Great grand children - Krishna and Kabir

• With best wishes from •

Sashitals, Koppikars, Suris, Hosangadis, Bijurs, Naimpallis & Nagarkars

Near and dear ones

Chitrapur Heritage Foundation

711 Daylily Court, Langhorne, Pennsylvania, USA

Connecting US Amchis to Chitrapur Math

Founded in 2005, Chitrapur Heritage Foundation (CHF) is a Section 501 (c)(3) not-for-profit charitable organization and donors receive the maximum charitable deduction allowed by law. The mission of CHF is to provide a vital link for amchis in the US to stay actively connected with our Chitrapur Math and our Guruparampara. Currently, CHF Chapters are located in four main regions across the United States of America. Over the past decade, amchis in the US have supported students' education and promoted sustainable development of the village of Shirali.

The activities of CHF includes:

- Facilitate the collection of annual "Vantiga" payment from every earning Saraswat in the US - "Vantiga" is used to support and maintain the upkeep of our spiritual centers in Bengaluru, Gokarn, Mallapur, Mangaluru, and Shirali
- Support education institutions administered by Math-sponsored trusts: Srivali High School, Kotekar Campus of Saraswat Education Society, and Parijnan Vidyalaya.
- Finance the post-primary education of 100 students at the Srivali High School through the "Sponsor-A-Student" Scheme
- Contribute towards the preservation of the rich cultural heritage of the Chitrapur Saraswat community in the US, by celebrating festivals like Yugadi, Ram Navami, Gokulashtami, Navratri, Diwali, monthly satsang, and Prarthana Varga for children

CHF is a philanthropic organization that provides an avenue for US-based "amchis" to support the operation and maintenance of Shri Chitrapur Math as well as support the post-primary education of students in Chitrapur, Karla, Mangalore, and Shirali, and women empowerment programs administered by Parijnan Foundation.

CHF is set up with many Corporations/Organizations such as Bristol Myers Squibb, Johnson & Johnson etc. to receive Matching Gifts. CHF has also registered with Benevity in order to make it easier to participate in workplace giving programs such as those at Apple, Google, and Microsoft.

For more information, please contact:

Arun Heble (arheble@yahoo.com) Tel: +1-215-666-3200
or Pramod Mavinkurve (pmkurve@gmail.com). Tel: 908-616-1497.

GOLDEN WEDDING ANNIVERSARY

50 Years!

Girish and Uma Kilpady (Nee Mundkur)



30th May 1972



30th May 2022

50 years is not just a number!

It's a testament to your love and commitment,
To the memories you've shared, the difficulties you've overcome,
And the family you've built together!



Love and Best Wishes...

Kilpadys, Mundkurs, Balsavars, Mograls, Mudbidris, relatives and friends

35 YEARS OF MANUFACTURING INDIA'S FINEST SPECIALTY GREASES AND LUBRICANTS.

Standard Greases & Specialities Pvt Ltd.
was established in 1983

India's largest Grease
manufacturer

Owens a castor oil derivative
company called Royal
Castor Products Ltd.

SGSPL has 5 manufacturing plants
at strategic locations across the country

Supplies to more than 20 MNC's and
thousands of special equipment operators

SGSPL is ISO 9001:2008, ISO 14001:2015,
OHSAS 18001:2007, IATF 16949:2016
and VDA - AdBlue certified



Manufacturers of Automotive and Industrial Products:
Lubes | Greases | Coolants | DEF – Ad Blue

Speciality Products: Food Grades | Mining | Marine | Metal Working
Cement Plant | Turbine Oils and Other Customised Products

Standard Greases and Specialities Pvt. Ltd.

101, Ketan Apt. 233, R.B.Mehta Marg, Ghatkopar(E), Mumbai, 400077, India

For enquiries contact: +91 22 25013641

E-mail : standardgroup@standardgreases.co.in



Samparka

Blissful Childhood

By Jyothi Bharat Divgi

Memories of Param Pūjya Parijnānāshram Swāmījī III

Through the eyes of children from the sunny, rocky town of Bellāry and the paradise called Malgī

Param Pūjya Parijnānāshram Swāmījī III evokes such joyful memories – of love and compassion, of humour and brilliance, of simplicity and humility. A Guru who so enriched our lives and showered us with Love and Grace that continues with Param Pūjya Sadyojāt Shankarāshram Swāmījī – protecting us at every moment and at every step.

Let me take you to Malgī – the place that is made of dreams. Nilekanī Nāgesh and Mālatī – (Pappā and Mālatāmmā to us four kids) lived in this farm house across which are the Dharmā forests, bordering a pristine water body – the Dharmā reservoir, and acres and acres of lush green paddy fields with a bubbly stream flowing by. The *Kommgē* was filled with adorable cows, healthy buffaloes, frisky calves and handsome oxen; while delightful dogs and cats by the dozen – sauntered around. There was an exciting time when peacocks and Hippi, a baby monkey, shared this space.

Malgī, then, can also be described in just one word – Paradise!

And this became an even happier place when



Param Pūjya Parijnānāshram Swāmījī III arrived! The fields looked more green and the waters of the Dharmā lake more blue. The cows and the dogs wore a happier expression on their faces, and we children matched theirs!

One evening after *Bhikshā* was served and Swāmījī was sitting in an armchair in the porch, Whoa! electricity played truant. The house was plunged into darkness just as the family was about to start their dinner. In a trice, Pūjya Swāmījī

started their Dodge car and parked it in such a way that the dining room was flooded with light! **Such was His empathy and compassion!**

Another day, there was chaos galore when a rabid dog from outside the farm, came barking ferociously. Pappā requested Swāmījī to come indoors. Swāmījī sitting in the porch, smiled and said, “Nothing will happen!” We children had scampered inside and cautiously peeped through a slit in the door and lo behold! The dog was lying on Swāmījī’s lap, eyes closed and relaxed. We were in complete awe!

With sundown, the trees around the farm would be lit with hundreds of fireflies. Pūjya Swāmījī elucidated scientifically how these creatures emitted those twinkling lights – Swāmījī was truly beyond encyclopaedias! Swāmījī also explained how important it is to meticulously clean the dishes before we feed animals and birds – values that made a lasting impact on our young minds.

Let’s now travel to the sunny, rocky town of Bellāry where we grew up.

Timmy was our pet – as mongrel as a doggo can ever get! Earthy brown, happy barks, unending licks and a bundle of pure joy! It was a routine that he would be there when we got off the school bus. This particular day was special and we were excited because Param Pūjya Swāmījī were expected to be home. And sure enough, we raced home to a wondrous sight! Swāmījī was seated outside in the compound– with an adorable smile for us.

Excitement knew no bounds as we hurriedly put away our school bags and went to offer our *namaskāra*-s. Even as we were doing so, I could hear my *Āmmā* whispering furiously – “Call Timmy! Get Timmy off!”

Looking up – Timmy, muddy paws and all, had climbed up and was happily licking Swāmījī! And Swāmījī, petting Timmy, paid no heed to *Āmmā*’s furtive whispers nor to the muddy paw-stains. The ever-smiling face plainly said, “No worries”!

As a child, I was fascinated with stones and pebbles. And so every outing I went to, I came back with my socks in my hands, filled with colourful stones that went into an old tin box (that

had served well as our school bag). Mesmerizing purples and bright orange stones, emerald greens and sunny yellows – amazing collection from rocky Bellâry. When Param Pūjya Parijnânâshram Swāmijī III stayed in our home, I hauled out my treasure to display it to Swāmijī. And what interest and admiration flowed from Swāmijī at every single pebble that I proudly showed! Not for a second, did Swāmijī let me feel that what I was showing was so common place, so trivial.

My eyes fill up even now, when I recollect Swāmijī saying that if Swāmijī ever got a stone from the moon, He would add it to my collection. I was over the moon.

India was playing a cricket match with West Indies when someone from the retinue asked for the score. The one ancient radio we had was not working. My brother ran like a hare to our neighbour's house across the road, and came back with the score. (For the uninitiated; in those days neighbours were like extended family – always there to share the ups and downs of life and providing the proverbial bowl of sugar to ahem! the cricket score!) Every now and then, my brother sprinted to and fro, updating the score under the watchful gaze of a highly amused Swāmijī. The same evening, a new red coloured transistor was presented to the score-fetcher – a priceless gift we treasured for years!

Param Pūjya Swāmijī visited the Automobile factory



in Bellâry, where our Ānnu worked. The interest that Swāmijī had and the solutions to engineering problems that Swāmijī could so effortlessly provide astounded the management there!

In those days when there was neither the Internet nor even basic telephone connectivity, HAM provided excellent communication channels. In Bellâry, Pūjya Swāmijī had a HAM associate – one gentleman called Subrahmanyam, with whom Swāmijī was in touch. Subrahmanyam was all praise for Swāmijī and held Him in the highest esteem.

Swāmijī encouraged us children to learn the Morse code and appear for the HAM exam – which we did-

and apply for a licence -VU2JOY.

Bellâry had just two other āmchī families apart from us. Chandâwarkar Chandrakânt mām was the Deputy Commissioner and lived in a British colonial style bungalow with 42 huge rooms and a humongous garden. Naturally, he came forward to invite Swāmijī to stay more comfortably there. Param Pūjya Swāmijī's love for us children was so evident when Swāmijī opted to stay in our humble dwellings!



From left to right: Our Ānnu – Vasant Kalbâg, Dr. R.H.N. Shenoy, Hampaiâh, Chandâwarkar Chandrakânt mām with Param Pūjya Swāmijī in a newly built bus at M.G. Automobiles

But, not wanting to disappoint Chandrakânt mām, Swāmijī did accept the invite later for a short stay at his house after the surgery. Yes - Pūjya Swāmijī had to undergo a surgery in Bellâry – which was done by the renowned Dr. R.H.N Shenoy who was the Dean of the Medical College. Shenoy mām admitted that the tolerance level of Swāmijī was something he had never ever seen in his long career. We got a glimpse of this - when the very next day of the surgery, Swāmijī was back at His routine and all set to take us out!

Priceless are the memories of going to Hampi and Hospet in the car, with Swāmijī at the steering wheel. The thrill of being photographed on the new Polaroid camera with instant pictures; the beautiful road trip to Srīsailam through dense forests. The excitement of climbing up the Bellâry Fort...

Little treasures that remain so fresh in our hearts! Yes, it was always a happy-happy time for us as children to be around Param Pūjya Swāmijī!

Looking back... a truly blessed childhood!

With valuable inputs from my siblings – Kiran, Prakâsh and Deepâ.

Malgī Pictures Credit: Chinmay Nilekani

Parisevanam

Bhagavad Gita

Here is a chapter-by-chapter analysis of an immortal text by our erudite contributor Dr. Sudha Tinaiker. The highlighted portions will enable you to realize that the gems of wisdom contained in this ancient treasury are an infallible guideline to living right

CHAPTER 10 (Part 2)

“I am the divine horse -*Ucchaishravas* (the white horse which came out of the ocean during the churning of the ocean by *deva*-s and *asura*-s for nectar-*amrtam*) among all horses. I am *Airāvata* (Lord *Indra*'s elephant) among all elephants and may you know me as the Emperor among all humans.”

“Arjuna, among all the *Āyudha*-s (weapons) may you know me to be the *Vajra* (Lord *Indra*'s weapon). Among all the cows, I am *Kāmadhenu* (the wish-fulfilling cow of *Svarga Loka*). For the creation of living beings I am *Kandarpa* (God of desire). Among all poisonous snakes, I am *Vāsuki*” (used as a churning rope during the *Samudra mathanam*).

“Among other snakes I am Lord *Ananta* (*Bhagavān Vishnu* is depicted as lying in *yoga-nidra* upon *Ādisesha*, also known as *Ananta*). I am *VaruNa*, the Lord of all *Jaladevata*-s. Among the *Vedic deities* like *pitrs*, I am *Aryama*. Among all the controllers, I am *Yama* (Lord of death, the great equalizer).”

“I am the great devotee *Prahlāda* among the *asura*-s. I am the principle of Time, among those scholars who keep a count of units of time. Among all the wild animals I am the lion and among all the birds, I am *Vainateya* (*Garuda*, Lord *Vishnu*'s *vāhana*).” (V27-30)

“I am the wind among the purifiers, for it dries and purifies. I am Lord *Rāma* among the Gods wielding weapons (During Lord *Rāma*'s *vanavāsa*, many sages and *rishi*-s presented him with divine *ayudha*-s to destroy the *asura*-s disturbing the *rishi*-s inhabiting the *dandakāronya*). Among aquatic animals, I am the whale. Among rivers I am *Jānhavi* (Ganga symbolizing the flow of spiritual knowledge).”

“**Arjuna, I am the beginning, middle and end of every creation.** Among all the branches of knowledge I am *Adhyātma Vidya* (*Ātmajnānam* or *Parā Vidya*). In all debates I am *Vāda* (other two types of debates are called *Samvāda* and *Vitandavāda*).”

“Among the alphabet, I am the *A-kāra* (the first sound when one opens the mouth). Among all compound words in the grammar of any language, I am the *Dvandva samāsa* (a compound with two or more words; this is the only compound in *Sanskrit* language where the individual components do not undergo any change). I am the ceaseless Time principle. I am the distributor of *Karmaphala* appropriately (*Karmaphala Dātā*) and I face all directions equally.”

“I appear as death for everything that has to end. I am the womb of the future to come. I am the fame, glory and the power of speech in all female deities. I am the power of memory, I am the power of understanding, I am the power of commitment and I am the capacity to forgive.”

“I am the auspicious *Bruhatsāma mantra* in the *Sāmaveda*. I am the *Gāyatri* among all the *Vedic-chhanda*-s (different metres are used in chanting the *Veda*-s. *Gayatri* is the most important of them). Among the months of the year I am the *Margashīrsha* (December 16th to 15th January of every year). Among all seasons, know me to be spring.”(v31-35)

Bhagavān has not yet completed the list -

“Among all the gambling games, I am the game of dice. I am intelligence in the intelligent people. I am success in the desire for spiritual pursuit. I am *sattva guna* among the *sāttvika*-s.”

“Among the entire *Vrshni vama* (Lord *KrishNa* belongs to this family), I am *Vāsudeva*. In the *Pāndava* clan I am *Dhananjaya* (another name for Arjuna; winning a lot of wealth whenever he won a war). Among all the *Muni*-s, I am *Vyāsa Muni*. Among the seers, I am *Ushana* (*Shukrācharya*).”

“I manifest as punishment for all those who keep discipline. I am diplomacy (ethical behaviour) among all the rulers. I am silence in every secret and I am knowledge in the knowledgeable.”

“Also Arjuna, I am the seed (*upādāna kāraNa*) of all beings. **Nothing exists without My Blessing.**”

“Arjuna, there is no end to my glories. I can go on and on forever.” (v36-40)

“Whenever and wherever you see anything extraordinary, glorious, and awe-inspiring, may you know that it is a small part of My glory.”

[This shows us that any quality or glory which any one of us have belongs to Bhagavān. The constant awareness of this fact will help us in dealing with ahankāra and mamakāra in our achievements and talents.]

“Arjuna, I am the very sustainer of the entire universe, the creation is a minuscule appearance within Me, like a bubble in an ocean. I am the infinite consciousness much beyond the manifest Universe; not limited by my own creation” (v41-42)

End of chapter 10
(To be cont'd...)

To Them, We Owe

SANJAY S BANKESHWAR

This was the third consecutive year we couldn't celebrate our son Siddhanth's birthday with him by our side because of him being away in Ireland. We have done so virtually each year, though. But then, this is how millions of other parents from my generation have done it. So there is nothing special about it.

The point, however, is that how much Indian parents (and sub-continental parents in general) miss their children who are studying or working abroad, despite the facility of video calling available to all these days. We just cannot wait to speak to our children, needless to say, to meet them in person. The institution of family in India is fortunately still very robust and so the bond between parents and children is very strong compared to other cultures in the world. This has been the strength of our society for centuries and millennia.

Upon introspection, it crossed my mind as to how the parents (or children or close ones, for that matter) of our brave young soldiers on duty far away, might be feeling and coping. They have to live with such intense anxiety and insecurity all the time. This is particularly true of parents (as well as other family members) of the soldiers who are on the volatile fronts at the international border. The fear of losing a dear one at any point of time itself is killing. And then you have parents who have lost their young sons on the war front or in insurgency-affected zones. How do they cope with their irreparable loss! One can't even begin to imagine. All this in the service of our great nation.

It is not just about young soldiers, but all soldiers. Every soldier who died has left behind a grieving parent/s or wife and children or sibling/s, which probably cannot completely get over the trauma and grief in their lifetime.

Which then brought my thoughts to how our society has been and is treating our soldiers and what is its attitude towards the latter?

Undoubtedly, our society at large has shown ample respect and gratitude towards our armed forces, especially the generations born between the early 1900s to the 1980s. However, the younger generation born in the late 1990s and the millennial (again I do not want to generalise)

have a substantial proportion of sceptics and cynics, nursing a very matter-of-factly approach towards the armed forces, certainly bereft of any sense of gratitude or empathy. Most of them have been desensitised or misled due to propaganda by vested interests, where stray instances of misdoings of armed forces are highlighted, sensationalised and blown out of proportion by the use of social media. This is worrisome, but it is to be expected that these things will continue to happen.

It is all very well for these youngsters and many of us civilians to say that the families of soldiers should be prepared to face the ultimate tragedy once they had decided to dedicate their children to the Armed Forces or to say that soldiering is "just another job" . The truth however, is that no parent is prepared for this eventuality. That is not the natural parental instinct. Hence their supreme sacrifice is really supreme in every sense of the word.

Further more, it's not just another paid job-no way! In other professions, a bad day may mean loss of job or income. In the armed forces, a bad day could even mean loss of life or limb. They are not the same things. Hence I insist that abuse of armed forces or their soldiers must be made a punishable criminal offence. You can't just abuse the armed forces because of whom you live a secure life and go unpunished.

Which brings me to my last point - It is here that the role of parents or other seniors in the family assumes importance and criticality. It is their duty to sensitise their younger generations towards the armed forces and instil a sense of gratitude. This does not mean that we have to be economical with harsh truths, but things have to be put in proper perspective, with a sense of proportion and fairness. Truth has to be separated from propaganda and exceptions have to be separated from the rule. A nation of cynics, sceptics and ungrateful people is always vulnerable and weak.

Proud of our Armed Forces. We're obliged to them till our death 🙏 Jai Hind

(Sanjay Bankeshwar is a versatile writer from Kandivali Mumbai. He can be reached at bankeshwar.s@gmail.com)



HONAVAR ELECTRODES PVT LTD

OFFICE: 305-309, 3Rd Floor, Damji Shamji Industrial Complex, 9, L.B.S. Marg,
Kurla West, Mumbai - 400070, Maharashtra.

Tel No : 91 22 49742850/49762853/42156238, Email: marketing@honavarelectrodes.com
WORKS: B3, MIDC Industrial Area, Kulgaon, Badlapur East, Dist.- Thane - 421503, Maharashtra.

ULTIMATE SERIES

ELECTRODES FOR CS & HSLA STEEL

OUR BRAND NAME	AWS CLASS
ULTIMATE 18	E 7018
ULTIMATE 18 NC	E 7018 NACE
ULTIMATE 18 (SPL)	E 7018-1
ULTIMATE 18 (SPL) NC	E 7018-1 NACE
ULTIMATE 80	E 8018 G
ULTIMATE 90	E 9018 G
ULTIMATE 92	E 9018 M
ULTIMATE 95	E 9018 D1
ULTIMATE 100 D2	E 10018 D2
ULTIMATE 100 H	E 10018 M
ULTIMATE 110 H	E 11018 M
ULTIMATE 120 H	E 12018 M

CUSTOMER SATISFACTION WITH QUALITY + TECHNICAL KNOWLEDGE SHARING



Parisevanam

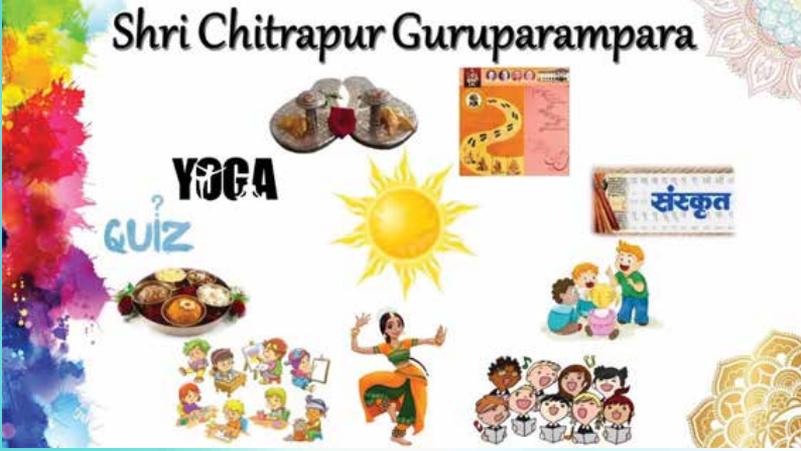
Pushpanjali from Prarthana Varga

Sadhana Kaikini reports on the 25 multi-coloured activities initiated for delighted children by the dedicated team of teachers of Prarthana Varga, as part of their offering for Sayujyam

Our Mathadhipati H.H. Shrimat Shankarashram Swāmijī was completing 25 years of Mathādhipatyā and the 75th birthday of our Beloved Guru Swami -Shrīmat Parijñānāshram Swāmijī was happening a few months later.

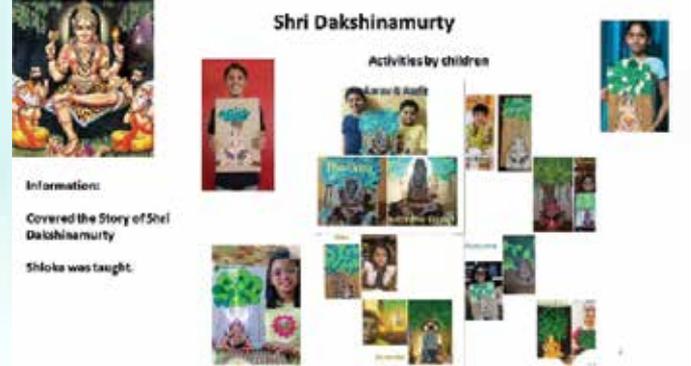
Prārthanā Varga decided to offer a 'pushpāñjali' on this special occasion with 25 activities supervised by 60+ teachers!

Talents were tapped and duties were divided so that every teacher was involved and gave his/her contribution to this commemoration. Small teams met and worked at the 25 activities, giving them a shape that our Prārthanā families would love!



दक्षिणास्य समारम्भा शङ्कराचार्य मध्यमा अस्मदाचार्य पर्यन्ता स्मर्या गुरुपरम्परा।

The first among the 25 activities was based on the Guru Tatva, exactly in the order mentioned in the beautiful shloka with we begin our Sabhā Prārambha Prārthanā. The first team brought out interesting activities that began with Lord Dakshināmūrti and concluded with our Beloved Guruparamparā.



Sanskrit was the next priority and we enjoyed the beautiful process of how it was brought to the children in the form of Pārijātam - the Shivir-s that reached out to introduce 182 children from across the world to the Devabhāshā!

Naga Panchami



Teachers were kept busy with the other activities and each team said 'Abracadabra' as they pulled out magical ideas for the *Prārthanā* children. Varieties of craft work have been cleverly created, paints have splashed across eagerly waiting paper, festivals have been celebrated with artistic creations by our teachers, who then passed it along to the children! Delicious easy-to-make recipes for *naivedya* had parents and children working together - an ideal bonding activity!

Stories from our *Guruparamparā Charitra* were chosen and written in simple but chaste Konkani by one team. Another team monitored the children chosen to narrate them. *Shloka-pathana* had the children reciting chosen *shloka*-s with the help of recordings sent by the *shloka* team!

With the obvious *Ashīrvāda* of Devī Saraswatī upon our community, music and dance were naturally two of the 25 activities. Melodious *bhajana*-s were sung by children from different *Varga*-s

Cake decoration done by children



and skilfully woven together by technical experts in the field of music. Dances that depicted merriment and yet reflected devotion were choreographed and taught online. One watched amazed at the children who moved with grace to the rhythm of the *stotra*-s and *bhajana*-s chosen just for them.

Yoga exercises were introduced to bring in the element of physical discipline and well-being. They have now been inculcated into the regular weekly *Prārthanā*

Varga. Food for the body is essential....But what about the mind? Thus, there was a team dedicated to creating a quiz and games to also promote values in children. The expertise with which they have worked is going to benefit our children far into the future.

Lastly, a tech-savvy team dedicated itself to knitting all what had been done for a fitting presentation. Colourful, concise and creative, it was showcased in Kārlā during the nine-day Rajatotsava celebration and brought a loud round of appreciative applause from H.H.Swāmijī and the enraptured audience in Kārlā, as well as from those watching the online live relay.

A labour of love, this *Pushapāñjalī* is a humble offering from *Prārthanā Varga* at the Lotus Feet of our Revered Guru.



A life remembered – (Late) Shri B. M. Masurkar

HRISHIKESH K. MASURKAR, MUMBAI

My paternal grandfather, Balkrishna Masurkar, was born in Masur, North Kanara, on 12th May 1920. He was the youngest child, out of seven children, of his devoted parents, Dr. Mahableshwar and Girijabai Masurkar and was subsequently raised in Kumta to where the family relocated. Known affectionately by the endearing sobriquet of 'Bakkut'; in my experience, Ajoba is the quintessence of the Complete Man.

Ajoba completed his schooling from Gibb High School, Kumta, and later did his B.A., L.L.B. from Fergusson College and Government Law College, Pune, respectively before securing his first commission with the Textile Commissioner's Office in Mumbai in 1943. He tied the knot with his childhood sweetheart Sulochana Kowshik, the daughter of the distinguished member of the Bhanap community, Shri Narsing Kowshik, on 20th December 1943, a relationship of almost 58 years till her demise in 2001.

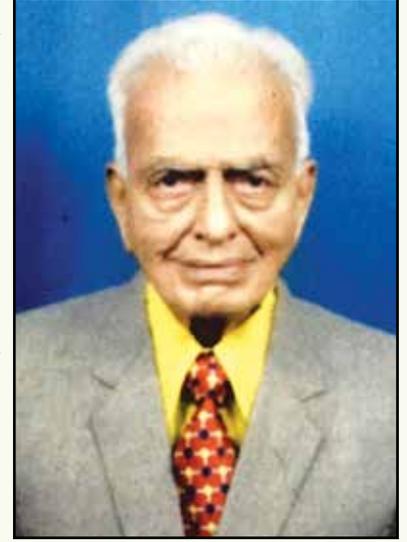
During his career, he held high positions in the Government of India; notably that of Joint Secretary of Law, and subsequently as Joint Secretary of Labour, New Delhi. He was later transferred to Goa on deputation as the Law Secretary of Goa, Daman and Diu in the 1970's.

He was also the Speaker of the Goa Legislative Assembly. He had the full trust and confidence of Shri Dayanand (Bhausahab) Bandodkar, the first Chief Minister of Goa, who additionally entrusted him with nine key portfolios of the State, and with whom he enjoyed a close friendship.

Subsequent to his retirement in 1978, he continued to serve the Government of India as a Senior Advocate and Legal Advisor to the Ministry of Law till the age of 87. Blessed with a profusion of good health, he remained alert and sharp in spite of his advancing age and, attended court and arbitration proceedings with metronomic regularity.

Known for his industriousness and honesty, he was well received within his professional circle and had many admirers who continued to stay in touch with him after retirement. I proudly reminisce how the government departments, even after he hung up his boots at the age of 87, continued to inundate him with requests to take on more cases, honouring him with a high level of trust. He would laughingly remind them of his age and then refer those cases to other advocates who eagerly sought his ever-ready tutelage along with the referrals. Sanguine by nature, he never shied from undertaking responsibilities and took to applying his vast legal expertise to aiding people in need of legal succour. For him, staying busy was important and he indulgently chuckled when people enquired if he didn't feel tired of working. He often liked to say, "I feel tired if I am not busy. Work keeps me fresh and alert".

A man of carefully cultivated habits and invested with the idea of balanced and healthy living, Ajoba exercised practical choices ranging from his measured food intake, regular exercise, subscription to excellent reading material, dedication to commitments, pursuit of career, and personal goals. He imbued a similar custom in his children and grandchildren. He divided his time between work, family, philanthropy, and social commitments with aplomb. A resolute proponent of regular exercise and a familiar sight at Shivaji Park, Dadar, he enjoyed his daily morning walk followed by a brief chit-chat with his friends from the Morning Walkers' Association, before heading home to get ready for his work. He inculcated early habits of regular exercise, particularly swimming and gym workouts, and sensible nutrition in both his sons and grandchildren. On Sundays, Ajoba loved to take us with him to Shivaji Park for a walk followed by a delicious Udupi breakfast at Anand Bhavan at King's Circle, Matunga with his high-spirited morning walker friends. It was fascinating to observe this gathering of senior citizens, briefly forgetting the attendant troubles of old age, laughing and making merry while tucking into a hearty repast. Ajoba would diligently collect jokes from newspapers and joke books to recite at the



12 May 1920 - 5 Oct 2015

Sunday breakfast table. His spirit of participation was infectious, and he involved me in compiling some jokes for him. He could easily introduce a sense of bonhomie and enjoyment in any forum, comfortably cutting across age lines, and was eagerly sought out by young and old alike.

Empathetic to those who sought his help, he respected their need for privacy and maintained a scrupulous level of confidentiality in matters under his counsel. As an advocate, often approached by friends or relatives seeking intervention, he was considerably involved in settling differences through gentle mediation and soothing stressed relationships. For him, as would be attested by those who benefitted from his sage advice, it was infinitely important to mend and preserve relationships than have it split asunder by the cold impersonal justice of the courts, leaving one euphoric and the other crushed. His gentle exhortations during counselling, to live happily and accommodatingly, prevented many a relationship from going over the brink and forced combatant parties to meet mid-way and bury the hatchet. He was almost Socratic in the dispensation of his wisdom; in that he was the go-to man for anyone caught in a conflict or doubt. The most humbling quality about him was that, he never took credit for success in dispute resolution and a quiet sense of satisfaction was all that he permitted himself. His actions and words were outlined by a deep sense of compassion, which he solely attributed to his parents' teachings, and he would emotionally recount the kindness of his parents towards the less fortunate. He helped those who needed it, forgave those who affronted him, and turned a Nelson's eye to negativity.

Ajoba was famous for his absent-mindedness, and I will recount one such funny incident. One morning, he had kept the milk to boil and had entirely forgotten about it. I was studying in my room unaware of it all. When the sour smell of burnt milk finally got to me, I asked him about it as he walked past my room. He asked me back, "Yes, what is that smell? I think it is coming from another house". Just then, smoke began to billow from the kitchen and I dashed there and killed the tall flames licking the sides of the now empty and blackened vessel, the milk having burnt away long ago, and switched off the gas. Thick smoke clouds swirled all around me as I opened the windows. Standing behind me, Ajoba declared in an oddly tranquil voice, "Oh, so I had kept the milk to boil! I thought it was the flat below ours". The gravity of his absent-mindedness sank in. I began to laugh copiously as he joined me. A few days later, I informed him with a serious countenance that he had once again kept the milk to boil. Panicking, he got up from the sofa and I gently pushed him back assuring him that I was only pulling his leg. Once again, we doubled up in rambunctious laughter.

Possessed of an admirable erudition coupled with the natural pedagogical ability with which he was blessed, he could discuss momentous milestones in world history, English literature, spiritual matters, and cricket with the extemporaneity of a prolific story teller. He would regale all his grandkids with stories of his childhood in the village and famous bed-time fables. He took active part in stage plays (at Karnataka Society, Matunga) and administration of the housing societies where he lived. A proficient kirtankaar, many would remember his poignant renditions; an outcome of an assiduous collection and interpretation of religious tomes. His humorous disposition sweetly balanced his bibliophilic side. Age notwithstanding, he was young at heart and I saw in him a proclivity towards impishness as he occasionally reeled out salacious jokes.

Enamoured of Bhagwan Nityanand Baba, the great sage of Ganeshpuri who he met several times and from whom our family received countless blessings in the form of divine experiences, Ajoba's life was overwhelmingly defined by a sense of piety that made him such a wonderful son, brother, husband, father, grandfather, great-grandfather, philosopher, guide, benefactor, and well-wisher to countless people. He slid into each role as perfectly as a glove snugly fits a hand. He was similarly enamoured of other spiritual Masters, and was an ardent Bhakta of our Math and the Guru Parampara. In the last few years leading to his demise, he countlessly read, "I Am That" by Sri Nisargadatta Maharaj, an anthology of enlightening dialogues with the Master.

Ajoba left this world on 5th October 2015, at the age of 95 after a brief illness which he patiently bore. We are grateful for his love, dedication, advice, support, and his continued guidance to us through the ideals he advocated and practiced.

Shree Shankar Maharaj – Unbelievable Truths

NITIN G GOKARN

(Based on interactions with Late Arun Koppikar)

(In view of the Punyatithi of Shankar Maharaj on 9th May 2022, two very mind-boggling experiences are being presented)

Shankar Maharaj was a renowned saint and Perfect Master or an Avadhuta or Avalaiya in the tradition of Nath Siddhas. In appearance HE is described as ‘**Ashtavakra**’ or **bent in eight places**. He had a short stature, but was “**Ajanubahu**” (having long hands reaching below his knees). Most noticeable were his large and bright eyes and a child-like expression on his face. In later years he had a beard. He used to talk with lisp. The immense kindness and compassion of Maharaj were consistent with his being a Nath Panthi in the Guru tradition. Shankar Maharaj attained Samadhi in Dhankavdi, Pune in 1948 (Vaishakh Shuddha Ashtami)

The life of Shankar Maharaj has been full of miracles as with many yogis and he performed to help his devotees. Once in Dec 1993 late **Shri Arun Koppikar who lived in Borivali suburb of Mumbai took me to meet a certain family named Ashar in Walkeshwar.**

We were some 15-20 people who happened to visit Queen’s View building on Walkeshwar Road, Mumbai. We were ushered in to a room where a 93 year old lady by name Smt. Ashar was resting on a rocking easy-chair. She is no more today. **It was amongst the most breath taking miracles, I have ever heard in my life time.** This is what she told all of us and I quote.

“I was married when I was fifteen. In 1916, we were living in a large joint conservative (Gujarati) family which included several in-laws, uncles, aunts and a large team of servants. My husband frequented Poona for business. In those days communication was through postcards. I received a letter informing me that he was returning to Mumbai along with his Guru. I had never seen or met his Guru before and knew little about Him. Our communication was limited as we were barely married for a year. My husband arrived, bag and baggage in tow with two servants carrying them. I was way behind with my head covered with my sari. My husband called out to me and asked me to pay respects to His Guru. I came forward and did not know who his Guru was among

the crowd of men. There were many people and I was looking for a *sanyasi* in saffron clothing. My imagination of a Guru was that they would be in saffron. Not finding anyone in saffron clothing, I was confused. I did not muster courage to ask so I waited for next instructions. Understanding my plight, a strange

looking person came and stood in front of me. He was dressed in khakhi police uniform in shorts and hunter boots, had a beard, large eyes popping out, a whip (*chabuk*) in his hand. My husband indicated in sign language that He was the Guru mentioned in the letter! I could not believe but husband’s words were my command so I obeyed him without a second thought. The Guru blessed me when I prostrated and after I rose, we all ushered Him inside and everyone took their places. The Guru asked me to prepare Tea for him. After consuming Tea, and few moments, the Guru told my husband that he wanted to have hot water bath. Water was kept for boiling in an old fashioned copper-brass boiler. As He rose, he looked for me and in front of all my in-laws, husband, relatives and servants announced loudly – “You have to bathe me today!”. I was in a complete state of shock! What would people think, what would elders say?! (I was worried it would be a scandalous news item in the Gujarati newspaper, Bombay Samachar–in Gujarati–” **kale savaare chaapa ma aaw se, toh pacchi !?**”). I was terribly nervous and sheepishly glanced at my husband. He nodded his head in agreement with his Guru’s words. Seeing my discomfiture, the Guru said “I will go in first and then you follow me”. He went in and I followed with God’s



name on my lips, terribly nervous, shivering. How could a young bride barely 16-17 years bathe a fully grown man, many times my age?! I was in tears. My husband was categorical and I had to obey him. And what I saw when I went inside the bathroom is something **not many would believe!** There was no Guru, no man! Instead there was a small boy waiting to be bathed!! I wept bitterly, prostrated before this power and bathed the child like my own. I wrapped the child after bath in the towel and came out. After few minutes came out the same Guru, the same khakhi clad fully grown man in His adult avatar. This was my first unforgettable experience with HH Shankar Maharaj. He has given my family so many great and unbelievable experiences. He would just show up without notice when I would just think of Him while separating the chaff from the rice, and have a cup of Tea and go away.”

Arun Koppikar of Borivali told me the following story. His own- how Shankar Maharaj saved him from death and disaster even at a stage when he had not even heard about Shankar Maharaj. His first encounter with Maharaj was in 1987. Arun was an electrical engineer working in a company specialised in selling generators. He was working on a project to supply generators to a high profile customer when one day he found that one of his colleagues misappropriated and leaked his information to the rival bidder. When Arun came to know, he complained to his superiors, who ignored his complaint. Out of disgust Arun resigned from the company as he could not stomach the injustice. In a fit of rage and frustration, he attempted suicide by jumping out of a moving local train; but before even touching the ground some invisible hand got him by the scruff of his neck, abusing him in the choicest of expletives and reminded him that he has no right to take his own life. Koppikar came home shattered and devastated. He did not attempt the act again. Once he met an artist who showed him a file of paintings which included a picture of Shankar Maharaj. It immediately caught his attention and he asked whose picture it was. The artist gave Koppikar a photocopy which he framed and kept in his home. Surprisingly, Koppikar started getting messages from the picture asking him to do this and do that. He also noticed that people were now treating him with a lot of respect. Soon, Koppikar managed to get a new job as a Marketing Manager selling standby power supplies for computers. His

life began to be guided and shaped by Shankar Maharaj.

Smoking is easy a habit to acquire but very difficult to give up. Arun had started smoking at an early age. Those were also the days of Dev Anand singing ‘*Main Fikrako Dhuwe mein udaata chalagaya*’ where smoking was in vogue. Arun took to smoking and soon became a chain smoker. Someone informed Koppikar that Shankar Maharaj’s manifestation happens in a small boy, referred to as Sri Krishna Maharaj. But his whereabouts were not exactly known, perhaps, in Bhusaval. Koppikar set out in search, got off at Bhusaval and started asking for Sri Krishna Maharaj.

With some luck here and there, he was guided to a thin winding lane, houses on both sides. As Koppikar walked through imagining how he would reach the Sadguru, he heard a door open behind and a voice call him out, “*Arun Koppikar tumhich na, aho ithe, maage*”. Behind him was a stranger who was inviting Koppikar inside his house. Wondering, how this stranger knew his name, Arun stepped inside hesitantly. He saw a young boy, maybe 4-5 years old, handicapped, sitting exactly in Sadguru’s *ashtavakra* pose. The boy spoke in chaste Shankar Maharaj manner saying “*Ithe bus re vedya*”, Shankar Maharaj’s voice from this 5 year old child was astonishing. Within no time it was clear that Sadguru had chosen this young boy to be the medium of expression and Koppikar heaved a sigh of relief. In the following conversation, Sadguru left no doubt in Koppikar’s mind that he knew what was the search for, past and even the future. All the questions in his mind were answered. He had tears rolling down his cheeks out of ecstasy. Koppikar was carrying a Benson and Hedges cigarette pack of 10 in his top pocket then. At the end of the conversation Sadguru asked him to open the pack and smoke three cigarettes at a time. Arun did so exactly and finished the pack. And then came the most difficult question with the simplest of answers. Sadguru asked him “Who do you want to choose, my feet or these cigarettes?” From that day Sadguru’s feet were the reason Koppikar lived his life, surrendering all his desires, fears, anxieties and even old habits at His solemn feet. The cigarette that he cherished for more than 22 years left him that day. Arun Koppikar breathed his last in December 2014 at the age of 71.

KILI CONQUERED

ADAVIT MADHUR AMEMBAL, LONDON

For as long as I can remember, climbing Mount Kilimanjaro had been on my bucket list! A dream to conquer the roof of Africa, a continent where I had spent much of my childhood. So, when the opportunity arose to do just that and raise money for charity at the same time I jumped at it! Little did I know, this would be the most challenging, exhilarating and rewarding experience I had ever undertaken.

Kilimanjaro is not only the tallest peak in Africa (one of the Seven Summits), but also the world's tallest free-standing mountain. The summit, named Uhuru Point, is 5,895 meters (19,341 feet) above sea level. The origin of the name Kilimanjaro is not

certain. The most popular answer is that the name comes from the Swahili word "Kilima" (mountain) and the Chagga word "Njaro" (whiteness). Another possibility is that Kilimanjaro is the European pronunciation of a KiChagga phrase meaning "we failed to climb it"!

Kilimanjaro is not a technical climb. Indeed, as I found out later, it is a mountain that can be climbed by people of all ages and experiences! The greatest challenge that climbers face is acclimatizing to the altitude, something which is almost impossible to prepare for and can only be solved by climbing as slowly as possible. The motto on the mountain is "polé polé" which is the Swahili for "slowly- slowly". My preparation was therefore just ensuring that I had a base level of fitness through regular cardiovascular exercise and undertaking a few practice hikes in the UK.

Our expedition began in Moshi, a town at the foothills of the mountain in northern Tanzania, near the Kenyan border which is the gateway to the Kilimanjaro National Park. We met up with our local guides who helped us prepare and ensure we had everything we needed for our journey ahead.

The guides and supporting crew are the backbone of any hike up the mountain. For our group of 20 climbers, we had a crew of almost 50 porters, guides, and cooks amongst others with most hailing from nearby villages. To see them race up the mountain with incredibly heavy loads on their backs was impressive and humbling.

We set off on our journey via the Machame Route, a 5 day ascent and 2 day descent of the mountain. The route is popular because of its high success rate and requirement to climb high and sleep low to help acclimatise. The route takes you through five different climate zones: Bushland, Rainforest, Moorland, Alpine Desert and



Arctic.

Although the route began fairly gently, it quickly became more challenging as we progressed up the mountain. By day three, many of us were starting to feel the effects of altitude sickness (headaches, nausea, loss of appetite) and even simple movements seemed to feel more and more difficult by the hour, particularly as we climbed to even colder temperatures. However, with constant encouragement from our guides and the camaraderie we developed as a group, it never got the better of us. Days were spent singing and laughing as we distracted ourselves. The evenings were spent chatting together over delicious cooked dinners and planning for the day ahead.

We traversed our way up the mountain through various camps and our route took us via Lower Tower and the Great Baranco Wall before arriving at base camp in Barafu. Summit night itself began at around midnight and was perhaps the most challenging experience I have ever gone through in my life. I was already suffering severely from the altitude, and in addition the lack of sleep and bitter cold made even standing feel impossible! I

doubted I would get through the hours of steep climbing ahead of us and make it to the top. But somehow, just focusing on each step at a time, I managed to drag myself up the mountain bit by bit. As day broke, our bodies began to warm and spirits began to lift as we neared the summit. Watching the sun rise above the clouds from our unique vantage point was an unforgettable experience.

Shortly after we reached Stella Point (one of the three summit points), from where the actual summit (Uhuru Peak) seemed touching distance away. Yet, because of our limited speed at that altitude, it was still another hour or so before we

arrived. Once we got there, a flood of emotions was released – sheer joy, relief and a real sense of achievement – not just for reaching the top but having conquered the challenges along the way. The view was even more amazing than I could have dreamed of. Unfortunately we couldn't stay at the summit for long given the dangerously low oxygen and our guides were soon ushering us down the mountain, which felt a breeze in comparison to the previous days! After a final night at a lower camp where we mulled over what we had just achieved and thanked our crew for their incredible efforts and hospitality, we headed back to Moshi and the luxuries of civilisation!

Review

**“Fuel for My Journey”, a memoir by Dhananjay Yellurkar
(about running Marathons post-cardiac surgery)**

KRISHNA BASRUR

In this inspiring memoir, Dhananjay Yellurkar brings to life the adage about mind over body and shares his story of becoming the rare person who has run full marathons across six continents post his heart attack and open-heart surgery. His transformative journey from being a breadwinner in his mid-40s, struggling to deal with the aftermath of a major surgery to becoming a passionate long-distance runner is written in a breezy yet captivating style. From the challenges of training regularly on the streets of Mumbai, running marathons in New York City, Berlin, Paris and Gold Coast, donning the cap of a pacer at Mumbai, running an adventure marathon in the savannahs of South Africa to completing one of the toughest marathons in Antarctica, the reader is immersed in a mesmerizing journey of a former non-athlete that is filled with a spirit of grit, tenacity and hope.

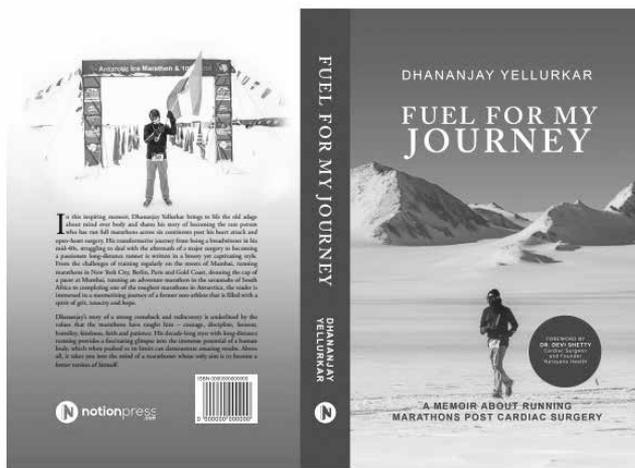
Dhananjay's story of a strong comeback and rediscovery is underlined by the values that

the marathons have taught him – courage, discipline, honour, humility, kindness, faith and patience. His decade-long tryst with long-distance running provides a fascinating glimpse into the immense potential of a human body, which when pushed to its limits can demonstrate amazing results. Above all, it takes you into the mind of a marathoner whose only aim is to become a better version of him.

The book is published by Notion Press and was released on Mahashivratri

(01 March 2022) and is available online on Amazon, Flipkart and Kindle.

(Krishna Basrur, aged 96 years, did her M.A. in English Literature from Presidency College, Chennai. She taught English at Queen Mary's College, Chennai, from 1946 -50, then moved to Mumbai. From 1962 -2000, she did pioneering work in the Consumer Guidance Society of India. The author of the book can be reached on yellurkar@rediffmail.com)



BOMBING BALAKOT

MAJOR GEN B N RAO, AVSM, VSM & BAR (RETD)

Reproduced below is an article on Bombing Balakot written by Wg Cdr Sudarshan, received by me through the social media. Though I do not know the author personally, the facts, personalities and planning details appear accurate and authentic. It makes for exciting reading.

18 February 2019

Air Chief Marshal Birender Singh Dhanoa.... Tony Dhanoa as he is called by his buddies, was driving to the South Block of Parliament buildings to attend a meeting called by Ajit Doval, the National Security Adviser to the Government of India. Earlier, on the day of the gruesome terror attack, he had already met Air Marshal Hari Kumar, Chief of Western Air Command and had discussed the operational aspects of the likely retaliation and had advised him to be ready for some action at short notice. Yes in retaliation to the gruesome suicidal bomb attack by a JeM suicide bomber in which 40 CRPF soldiers were killed in Pulwama district of Kashmir on 14 February. He anticipated that the political leadership would not let the perpetrators of the attack go unpunished. But the brass tacks of the operations would have to be finalised shortly in this meeting with NSA.

The meeting was attended by only a select few. There were Chiefs of all three services, heads of RAW and IB who came armed with their inputs on terror camps across the border. The matter was discussed in minute details. Intelligence agencies homed in on around 15 camps run by different terror groups in Pakistan for a strike. But they decided to focus on the ones run by the Jeish because of its involvement in the Pulwama attack. Three such main camps were identified: in Bahawalpur in Pakistani Punjab, Sawai Nallah near Muzaffarabad (PoK) and Balakot in the Khyber Pakhtunkhwa province (KPK) in Pakistan.

The choice was soon made, the strike would be on the Syed Ahmed Shaheed training camp in Balakot in Khyber Pakhtunkhwa on the sovereign territory of Pakistan. The hilltop facility by the Kunhar river offered a sprawling campus, where recruits were imparted the advanced Daura-e-

Khaas training in weapons, explosives and field tactics, tactics for attacking security convoys, planting and making improvised explosive devices, preparations for suicide bombing, rigging vehicles for suicide attacks and survival tactics in high altitude and under extreme stress. Masood Azhar had been known to visit the place to give inspirational lectures, and he had entrusted the administration of the camp to his brother-in-law Yusuf Azhar, alias Ustad Ghauri, who is suspected to have masterminded the Pulwama attack. "Balakot was used for battle inoculation." Since it is about 50 kms from LOC deep inside Pakistan it has to be struck by air.

ACM Dhanoa's eyes lit up when he received the go ahead from the Prime Minister for the attack on the same day. He was a master strategist when planning for such an attack which was effectively executed during the Kargil conflict.

Why Gwalior and Mirages?

While returning from the meeting ACM Dhanoa had already broadly made some tactical preparations in mind. Secrecy is the utmost important aspect of this operation. Just two days ago on the 16 February IAF conducted a massive Fire Power Demonstration (FPD) "Vayu Shakti" in Pokhran desert involving most fighter aeroplanes participating in precision bombing. That would help in picking the experienced pilots. The Aero India show that was happening in Bengaluru would conclude on 24 February and the foreign delegates would depart. On 26 February the Prime Minister would inaugurate the newly built National War Memorial in New Delhi, even that event should go on as planned. So tentatively the attack should happen on 26 February, keeping aside a day for inclement weather. Further he met up with Air Marshal Hari Kumar and they decided normalcy must be maintained in everything including the birthday party of Air Marshal Hari Kumar and his farewell parties since he was retiring on 28 February! Mobiles must not be used and all the operational aspects to be discussed only during these parties maintaining secrecy.

Normal training flying should go on in all air bases giving no room for suspicion to Pakistanis.

The reasons for choosing the Mirages were several. For one, Mirages were equipped with laser-guiding pods and more modern electronic warfare suits that could jam Pakistani air defences. Mirage 2000 fighters were based in Gwalior. The flying activities of an Airforce Station situated in Central India is not monitored by the Pakistani Radars or AWACS. Therefore these aeroplanes would form the strikers who would cross over into Pakistani airspace and drop the bombs over the target. The Israeli SPICE 2000 and Crystal maze precision bombs were selected for the pinpoint attack.

25 February

To assess the operational readiness of all the combat units of IAF there is a dedicated Directorate called Directorate of Air Staff Inspection (DASI). On reaching a particular airbase the war plans for each department gets activated and their efficiency is checked. On 25 February this DASI team landed up in Airforce Station Gwalior for a surprise visit, ostensibly to assess their operational capability. The entire Airforce Station went into an overdrive, while inside the briefing room crew selection and tactical details were discussed about the attack on terror camp. Nobody else knew what was happening in the Aircrew Briefing Room.

Post Pulwama attack, highly strung Pakistan defence forces remained on high alert. The early warning aircraft Saab 2000 constantly kept flying, keeping a careful watch towards India. The aircraft has been usually landing back for refueling and crew change around 3:00 o'clock in the morning and took off again at around 4:00 O'clock in the morning with a new set of crew. This information helped in determining the entry time of Indian strike package into Pakistani airspace.

26 February

At 01:50 when the Mirages took off from Gwalior under the pretext of DASI inspection exercise even the airforce personnel didn't raise an eyebrow. The aircrafts then headed in northerly direction towards Bareilly local flying area where they met up with mid air refueller aircraft for refueling.

Meantime four Jaguar aircrafts took off from Ambala and started a high speed run towards Bahawalpur in a deception tactic. In response to this Pakistan scrambled two F16 aircrafts

that headed towards Bahawalpur to engage the Jaguars. The Jaguars then headed towards Rajasthan which confused the Pakistani Air traffic controllers.

The Mirages were flying along the foothills of Himalayas which helped them evade detection and now climbed up to 30000 feet before entering Pakistan airspace to escape from the possible Surface to Air Missile (SAM) fire and headed in westerly direction. For the first time post 1971 war with Pakistan, sixteen aircrafts crossed over the LOC and entered Pakistani airspace. Four aircrafts remained within Indian airspace keeping guard for any intrusion by Pakistan aircrafts. Further, four Mirages split up and started a high speed run in the South westerly direction to further confuse the Pakistani radars. Now twelve aircrafts once in the clear zone of ground based missiles and guns descended to lower altitude and headed towards the target... Balakot terror camp.

0328 hours

That distraction allowed the accompanying low-flying formation of Mirage 2000s to head in the direction of Balakot. By the time they showed up on Pakistani radars, they were 150 km away from the jets that had been scrambled to stop them. The Mirages then acquired the targets and dropped the SPICE bombs they were carrying.

Five bombs struck the targets, three hitting the large complex housing 150 recruits, one hit the main U-shaped complex that had most of the leadership and the fifth hit building that had the master trainers. One target they could not strike was the abandoned school where Yusuf Azhar resided. That's because the aircraft chosen to strike it was unable to lock onto the target to release the bomb in the tight window of opportunity.

All the aircraft returned safely to their bases. Air Marshal Hari Kumar called up ACM Dhanoa and called out 'Bandar' which indicated that the operation was conducted and concluded successfully. Apart from Doval, Dhanoa informed the army and navy chiefs that the mission had been accomplished. All three armed forces went on high alert as they were prepared for retaliation from Pakistan. Meanwhile, the Prime Minister was informed of the success of the mission. Having ascertained that everyone was safe, Modi proceeded to follow his yoga routine at 4 am.

Culinary Treasures of Chitrapur Saraswats -Classic combinations -2

ANJALI BURDE

A very traditional combo meal, *shevai-rassu* is prepared during festivals like Ganesh Chaturthi or on special occasions. Preparing this recipe is considered to be a tedious affair. The traditional method of preparation is lengthy as it involves soaking rice, then grinding it to a smooth batter which is then cooked into a dough like consistency. These dough balls are then steamed and finally passed through the *shevai acchu* (a gadget which one hardly owns these days) to make the final product. Making the *rassu* involves grating coconuts, grinding it fine and extracting the coconut milk.

Hence it remains a rarely prepared dish. The recipe I am sharing is a simplified version as it does not involve the initial prep but at the same time does not compromise on taste, texture or flavour. The ingredients used are easily available; the rice flour, the ready to use tetra-packed coconut milk or even coconut powder which can be turned into the required consistency of coconut milk in a jiffy.

In today's age of convenience, with the ingredients being easily available you can quickly prepare this traditional recipe with ease. So definitely give it a try.

Shevai Rassu

Ingredients: (Serves 4)

3 cups fine rice flour (available as modak atta)
2 cups water a pinch of salt
2 tetra-packs of coconut milk (400 ml)
¾ cup grated jaggery
¼ tsp elaichi powder

Method: Empty the contents of the tetra-packs into a big bowl. Add an equal quantity of water to dilute it. Take out 1 cup from it to be used for shevai dough. Add grated jaggery and elaichi powder to the remaining milk. Stir well and keep aside. The *rassu* is ready.

In a thick bottomed pan add two cups water and 1 cup of the diluted coconut milk. Add salt and bring it to a boil. Add the rice flour and stir briskly for 2-3 minutes. Switch off the flame and

cover the pan and keep for 10 minutes. After 10 minutes apply water to your palms and knead the rice flour dough till it is smooth. You may apply some ghee or coconut oil to your palms while smoothening the dough.

Divide the dough into 4-5 round balls. Place them on a greased plate and steam in a steamer for 15 minutes. Meanwhile take a *shev/chakli* mould, grease it with oil. Fix a plate with medium sized holes in it.

Take 2 balls of steamed dough (handle carefully as the dough will be hot) and place in the shev mould, hold the mould with a wet napkin as it will be hot. Press out rounds of shevai on a large plate which is lined with a moist muslin cloth. Repeat the process with the remaining dough. Keep the shevai covered with the moist cloth till the time of serving.

Serve warm shevai with the *rassu*. You can also serve some spicy *teppala gojju* on the side if you like.

With the mango season peaking now aamras-puri is another popular combo meal that is prepared and relished. *Ambya rasayan* is another traditional recipe which is definitely worth trying.

Rasaayan is an almost forgotten mango dessert. Here ripe mango cubes are dunked in sweetened coconut milk.

Nowadays it is advised that fruit and dairy milk should not be combined and eaten. *Rasaayan* is made using coconut milk and is an option for those on a vegan diet. Since jaggery is used to sweeten the dish it is healthier too.

Ambya rasaayan (Serves 4)

2-3 ripe *haapus* mangoes (ensure they are ripe and sweet); 2 -3 tbsp jaggery powder

1 cup grated coconut/ half a cup tetra-packed coconut milk may be used for convenience

A generous pinch of cardamom (*elaichi*) powder
Peel the mangoes and chop into small cubes. Extract pulp from the seeds and skin using a little water. Grind the grated coconut and extract

coconut milk. If using the ready coconut milk dilute with an equal amount of water. In a bowl take the coconut milk and stir in jaggery powder till it dissolves. Add the mango pulp and pieces and mix well. Add cardamom powder. *Rasaayan* is ready to be served. You may chill it for some time if you like.

It can be served as a dessert by itself or with puris or *phulkas* as a combo meal.

Recipe for a harsh Summer

“Chinchavne” is a summer cooler from the Vidharba region of Maharashtra where summers are known to be extremely harsh. This cooling drink is prepared specially on Akshay Tritiya, which falls on the third day of the month of Vaishakh when summer is at its peak. (3rd May 2022)

Chinchavne recipe:

Ingredients

- Tamarind (chinch) - 1/2 cup
- Jaggery (Gud) - 3/4 cup
- Betel leaf (Paan) - 2
- Poppy seeds (Khuskhus) - 1/2 tsp
- Green cardamom (elaichi) - 4
- Fennel (Badishep) - 1/2 tsp
- Nutmeg (Jaiphal) powder - a pinch
- Cloves (Lavang) - 3
- Dessicated coconut (khobra) - 2 tsp
- Vetiver (Khus roots) - 1 tbsp
- Limestone (chuna) - a pinch
- Catechu (kaath) - a pinch
- Salt - 1/4 tsp Ghee - 2 tsp
- Cumin (jeere) - 1/2

Method: Soak tamarind in a cup of warm water for half an hour. Extract pulp from the soaked tamarind and grind to a fine paste with the remaining ingredients. Strain the paste through a strainer. Add 3-4 cups water and mix well. The consistency should watery like *saar*.

In a pan, heat 2 tea spoons ghee, add the cumin seeds and allow it to sizzle. Pour the tamarind mixture and boil for few minutes.

Allow the drink to cool before serving. **The drink can be chilled overnight for better taste.**

Other variants and methods are used to prepare this recipe.

Source : YouTube – Chef Vishnu Manohar

Brain Teaser

Solve this puzzle - follow rules given

	6			7		4			
5		2			3	7		6	
	3			6		9			
			1		8				
2	9						7	4	
			2		4				
		7		8			9		
8		6	5				2		7
	2		7					6	

1. Put any number from 1 to 9 in every empty cell 2. Each row and each column must contain nine numbers each number only once and no repetition in row or column

(Source: RDC)

(Solution to Sudoku on page 59)

Fill in the blanks to form 10 words ending with "rant"

			R	A	N	T					
				R	A	N	T				
				R	A	N	T				
				R	A	N	T				
				R	A	N	T				
					R	A	N	T			
						R	A	N	T		
							R	A	N	T	

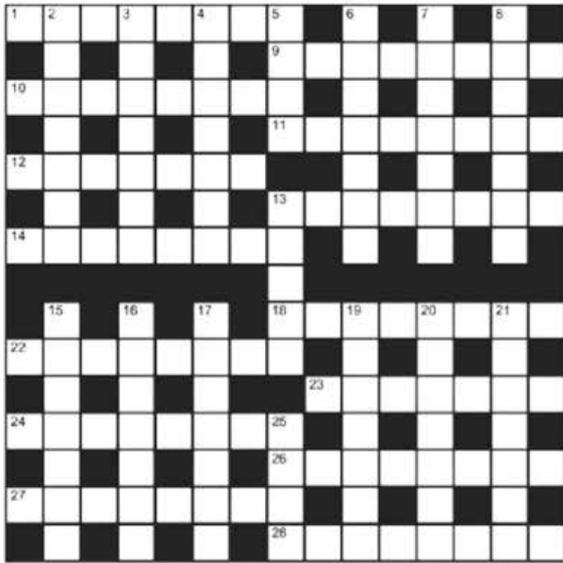
1. Tyrant 2. Migrant 3. Hydrant
4. Vibrant 5. Entrant 6. Warrant
7. Aspirant 8. Immigrant
9. Restaurant 10. Expectant

Solution to Fill in the Blanks

FUN TIME QUIZ

FUN TIME CROSSWORD- May 2022

(One Winner* takes Rs. 250)



Clues Across

- 1 Evidence
- 9 Craving
- 10 Last seller
- 11 Visualise
- 12 Potential selection
- 13 Ambiguous
- 14 Turns behind
- 18 Can get this shock
- 22 Frigate Bird
- 23 Courageous
- 24 Narrow Passage
- 26 Educational
- 27 Hilly State in USA

Clues Down

- 2 Terrific
- 3 Dodging person
- 4 Suffering from
- 5 stringed instrument
- 6 Season for gathering crops
- 7 not common
- 8 cuddle
- 13 ticket checker in Cinema hall
- 15 Civil work
- 16 entrance
- 17 from Sweden
- 19 Tell in detail
- 20 underwater projectile
- 21 This Oil is in demand
- 25 Metallic scraping tool

(* Winner will be announced in the June issue of Kanara Saraswat)

FUN TIME – QUIZ TIME

TEST YOUR CRICKETING FUNDAS

A Cricket match is on in England. The opening batsman starts off with a square cut to the ropes. Gets bowled next ball. This replacement comes and scores twice before he gets injured and retires. The next batsman scores one more than the opener and the remaining batsman score one less than the injured batsman. At this point, there is a heavy downpour and the match is abandoned. What was the score when the game is called off?

(Answer on page no 59)

FUN TIME QUIZ – APRIL

WINNERS OF THE APRIL – IDENTIFY THE DIFFERENCE CONTEST

We are happy to announce names of the participants who identified the difference between two images correctly. Congratulations to all the Winners.

- **TANVI R SAVKUR (10) MARYLAND USA**
- **AVANI DARSHAN MANIKERI (10) MUMBAI**
- **HERAMB AVINASH NAIMPALLI (10) BORIVLI MUMBAI**
- **SANJAY AMEMBAL , BENGALURU**
- **VASANTHI SAVNAL , MANGALURU**
- **ANAND TAGGARSI L, (90) BENGALURU**

SMART KID CONTEST

Replace the Question marks with mathematical symbols to be used only once each (+, -, x and /) to obtain the correct answer . Do the calculations in strict order from left to right.

$$24 ? 2 ? 3 ? 5 ? 4 = 40$$

This Contest is open to all Kids up to 12 years

(Solution on page 59)

DRESS CODE

Tamayah Sanjeev Koppikar (9 years)

If you don't brush your hair properly they'll think you're untidy.

If you don't wear makeup you'll look like a crone.

But don't let the violence fool you into silence
Hey just hold my hand and we can make a big difference.

Don't let the bullies catch you just ignore them
don't be weak!

Get up and be strong and face them!

You don't have to look like a model you just need a mind as kind as a capybara and as intelligent as a great ape.

You are fine if you look like a crone

If you have intelligence and kindness that's all you need to own!

Your dress code doesn't have to be perfect you can wear whatever you like!

You don't have to follow what they say just be yourself and shine bright!

You don't have to act in accordance with them
Just hold on to being yourself 'cos you are a perfect gem!

General Knowledge Quiz for Children

1. Who ruled over Goa before its merger with Indian Union? (French / British/ Dutch/ Portuguese)
2. In which month was legendary singer Smt Suman Kalyanpur born? (January / March/ July/ October)

(For answers refer page 59)



Solution to April 2022 Quiz :
Identify these Famous Bhanaps:
Anant Nag , Aditya Kalyanpur
Bharat Balvalli, Durgesh Chandavarkar
Suman Kalyanpur, Prakash Padukone

ANNOUNCEMENT

KIDDIES CORNER- PICTURE PAINTING / SKETCHING CONTEST

The **Guru Purnima Utsav** will be celebrated all over the world on July 13, 2022. We intend to have a special issue in July 2022 to commemorate the occasion.

In order to inculcate high values and encourage our children to appreciate the importance of a Teacher/Guru, we plan to hold a Painting / Sketching/ Drawing contest for all members' **children born on or after April 1, 2010.**

The topic is **"Guru-Shishya Parampara"**

Children desiring to participate in this contest should send their entries to the e-mail id - **editor@kanarasaraswat.in** -not later than 10th June 2022 with details of Name, date of birth and passport size photo and location. Suitable entries will be curated and published in the July issue and one winner in each category will receive a **cash award of Rs.250/-** each. There will be two categories: (1) Those born between 1 April 2010 to 30 May 2013 and (2) Those born on or after 1 June 2013.

The results will be announced in the same edition. Please encourage our talented kids to participate.

Editor

Birds And Wildlife of the Little Rann of Kutch

NIKHIL BURDE

Little Rann of Kutch is one of India's largest reserves, with a diverse landscape – an impressive mixture of arid and treacherous salt flats, desert grassland, scrubland, lakes and marshes, covering a staggering 4,950 square kilometres.

Continuing my journey on Birding & Wildlife, I had an opportunity to visit LRK aka Lesser Rann of Kutch (also called Little Rann or ChhotaRann) in Gujarat in Nov 2021, a much awaited journey which got delayed beyond a year - thanks to Covid!!

The Lesser Rann of Kutch Wildlife Sanctuary is a desolate area in western Gujarat, a refuge for the endangered Asiatic Wild Ass locally called Ghudkhar and is one of the few places where the Ass survives in the wild. A member of the equine (horse) family, the Wild Ass is a metre or two tall at the shoulder, chestnut brown and white in colour, agile and exceptionally fast.

The park is also home to Chinkara, Blackbuck, Nilgai, Wild Boar, Indian wolf, Jackals, Hyena, Desert Fox, Jungle cat and numerous smaller mammals and reptiles.

Come winter and the Rann starts getting a fairly large number of winged visitors. Migratory birds begin to flock here in order to escape the harsh winters of their native lands. These include Houbara / McQueen's bustard which migrate from Iran & Iraq. The LRK is also the natural habitat of the great Indian bustard which is now a highly endangered species.

The Demoiselle, Common & Sarus cranes are visitors from Siberia.

Birds of prey (Raptors) found here include Steppe, Imperial, Spotted and Short-toed eagles. Among Falcons are seen the Peregrine, Hobby & Merlin. Among Harriers you will find Pallid, Montagu & Marsh.

Other bird species found here are Flamingos, Pelicans, Storks and Cranes. Among flamingos, Lesser as well as Greater flamingos are seen in incredibly large numbers. You can expect to see large flocks of Larks and other dry-land birds such as Sand Grouse, Coursers, Plovers, Chats, Warblers, Babblers and Shrikes.

The best birding happens in the winter months from October to March. The wetlands also attract

large numbers of waterfowl viz. Ducks, Egrets, Spoonbills, Sandpipers etc.

During the monsoon when the park is inundated it is closed for the public, the salt pans flood, and at other times of the year a thin, hard surface layer hides a treacherous quicksand. LRK produces the nation's largest quantity of edible Salt & Bromine used for industrial purpose.

Nearby places of interest which are a must visit include:

Lake Nawa Talao, the village lake of Dasada, the wet lands near Patdi Fort, Viramgam Lake and Surendranagar reservoirs – all of which offer great winter birding opportunities with regular sightings of rose-coloured starling, green pigeon and lesser florican. Slightly further afield is the Nalsarovar Bird Sanctuary and famed Sun Temple of Modhera.

Nalsarovar Bird Sanctuary lies 44 kilometres from Dasada and Little Rann of Kutch National Park. This 105 square kilometre sanctuary comprises a large lake and its surroundings, and is renowned as one of the finest birding sites in West India. Fifty two villages are on the perimeter of this lake.

Extensive variety of birds are seen in large flocks at the lake during winters. Raptors, predators such as marsh harrier and Osprey eagle frequent the lake. You can also see numerous passerines in the neighbouring bushes, grasslands and fields. Sarus cranes are also frequently sighted.

The 11th century Sun Temple at Modhera is one of the finest shrines in West India. It was constructed by the Solanki Rajput kings, using the donations of devotees who practiced the ancient tradition of sun worship. The magnificent temple has amazing detailed carved arches and pillars that rival the temples of Konark and Khajuraho. The temple is not as large as some others, but is nevertheless extremely beautiful and well worth a visit.

How to reach:

Little Rann of Kutch is located around 100 kilometres north of Amdavaad on an ancient trading route. Amdavaad is well connected to the rest of India by Rail/Road and Air.

My visit to this fascinating place was indeed a

Birds And Wildlife of the Little Rann of Kutch (contd from page 38)

fruitful experience having been able to capture the winged visitors through my camera, some of which I have shared here. Everyone should try and visit this wonderful place and experience Nature at its best.

(Nikhil Burde is having an Engineering Degree with MBA from Bombay University. He is keen on sharing this knowledge of Photography to encourage newcomers & budding photographers to learn & grow in the field of Wildlife Photography. Nikhil can be contacted at revahgoa@gmail.com)



Wild Ass at Sunset



Black winged Stilt

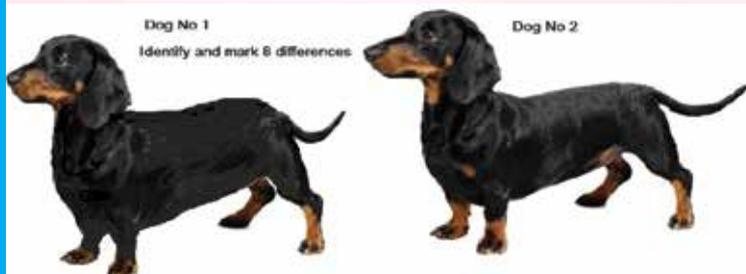


Dalmatian



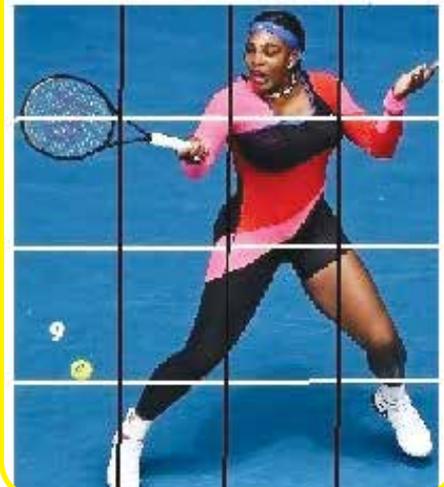
Greater spotted Eagle

Dachshund Dogs - Identify and mark 8 differences



(Answers on page 59)

Spot the Ball Contest- April Answer : Box no 9



(No winners for Spot the Ball contest)

DID YOU KNOW?

4 in 10 adults in the World, suffer from functional Gastrointestinal disorders. Poor Eating Habits, Work From Home, Sedentary Lifestyle are the main cause for the rise of such ailments.

For Instant Relief



An Effective
Homoeopathic Carminative Syrup



Relieves Acidity



Relieves Gas & Bloating



Soothes the Stomach

For Chronic Troubles



Reduces Acidity & Heartburn



Improves Digestion



Relieves Flatulence

Eazy in...Gassy Gone

Offers Long Lasting Relief

CIN No. U24110MH1983PTC029252

Shop online : www.medisynth.com

Medisynth Chemicals Pvt. Ltd.

D-282, MIDC, Turbhe, Navi Mumbai - 400 705 | Consumer Care Cell: 8828222888 | [✉ customercare@medisynth.com](mailto:customercare@medisynth.com) | Follow us on:



For the use only of a Registered Medical Practitioner or a Hospital or a Laboratory



Beyond products and processes
Serving business objectives

www.ess.net.in

24 Years of proven Track Record in Serving Business Objectives

300+

Implementations

250+

Customers

150+

Analysts/Arctects/
Implementers

30+

Products /
Solutions

15+

Countries

10+

Partnerships

Completed Projects for Top Corporates in



BFSI



Telecom



Pharma



Retail



Information
Technology

For Business Inquiries please
contact us on info@ess.net.in

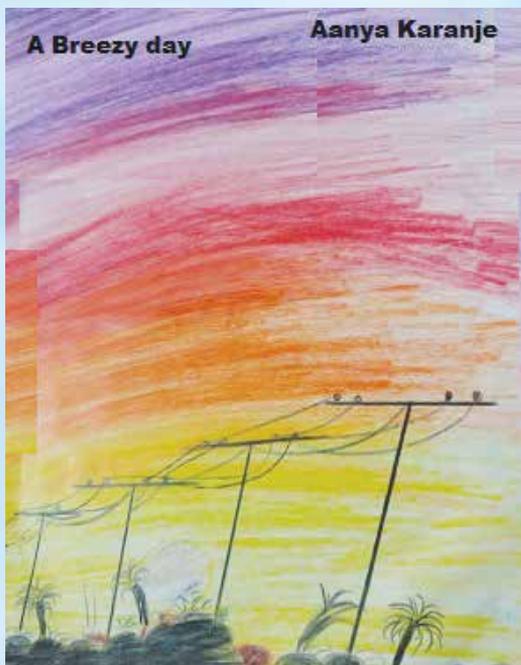
For Exciting Career Opportunities send
your CV on careers@ess.net.in

Enhanced Software Solutions Pvt. Ltd.

909, 9th Floor, Lodha Supremus, Road No. 22, MIDC, Wagle Estate,
Thane West, Thane - 400604.

Children's Corner

A Breezy day



Aanya Karanje, Mysore (9 years)

Mermaid



Umika Prasad, Pune (9 years)

The Magical Rainbow

**Anagha Mankekar, Calgury Canada
(9 years)**

Once upon a time, there was a car. The car went for a drive. When the car was on the road, it saw a rainbow. The rainbow was sparkling. "Whenever anything is sparkling, then it is alive, and it is magical", so thought the Car.

Seeing the magical Rainbow, the Car went near it to see if it was alive because, that which is sparkling is always alive and magical.

To its surprise, the car found that the Rainbow was not only alive, but magical too. It could transform itself into human forms, animal forms, as also into the Sun, the Moon, and the stars. It could also transform itself into birds and machines.

When it became a crystal, then it shone like the Sun. It automatically went in the sky and it became the "Crystal-eye" of the sky. It remained in crystal form for a while and it again became the Rainbow. The car then went from under the rainbow!

After this, the Car and the Rainbow became friends for ever.



“कोंकणी आदगत्यो आनि वाक्प्रचार ”

१. आपण सुखी, पसणें सुखी

He is happy and his kin are happy. Not thinking beyond himself and his kin, i.e. Selfish.
Not seeing anything beyond his kith and kin.

२. आपणा कळना, दुसऱ्याने सांगिले जायिना (साइना)

He cannot do it himself and will not learn it from others.

३. आपणाक नाका तीनि कास, उवाळुक जायि स.

A man not worth two pence, wants six for show.

४. आपणा जांगेवेली दोरी, पीळ दिल्यारि हाय जात्ता.

A twist of rope on ones own lap gives one experience of pain. A difficulty or responsibility is lightly treated till one meets it.

५. आपलें चेडुं नक्षत्र, पेल्यालें म्हारा पोर.

His own child is like a star, but that of another is like the child of a Mahar.

KONKANI LEXICON FUN QUIZ

(What are the equivalent Konkani words?)

Primary

Lecture

Secondary

Professor

School

Principal

College

Hall

University

Stage



दीपिका पडुकोण
(सानी बेबी)

कॅनरा सारस्वत असोसिएशन आयोजित १६ वो “चित्रापुर सारस्वत महिला दिन” समारंभु - उदय मंकिकर

कॅनरा सारस्वत असोसिएशन (KSA) आयोजित, १६ वो “चित्रापुर सारस्वत महिला दिन” समारंभु शेनवारु, दिनांक १२ मार्च, २०२२ ह्या दिसु, On-Line पद्धतीने संपन्न जाल्लो.

जेष्ठ समाजसेविका प्रा. कालिंदीताई मुद्दुमदार, २००७ सालांतु KSA ची अध्यक्षा आसतना, आमगेल्या समाजांतुल्या प्रतिभावंत महिलांगेलो सन्मानु जांवकाज म्होणु तिन्ने ह्या समारंभाक सुरुवात केल्ली. २००७ धोर्नु २०२१ थायि, ७५ महिला आनि संवित-सुधा ह्या संस्थेचो गौरुव जाल्लो.

माक्का सांगूक अत्यंत अभिमानु दिसता की, २००७ धोर्नु, ह्या समारंभाचे कोंकणींतुं स्क्रीट बोरोवची संधी माक्का मेळ्ळी. सन्मानित जाल्लेच्या / जातल्या महिलांगेलें कार्य इत्लें प्रेरणादायी आस्स की, तें बरेयितना एकी सकारात्मक उर्जा मेळता. २००७ धोर्नु २०१८ थायि, ह्या समारंभाचें सूत्र संचालन सुदांयि हांवे केल्लें. मात्र, प्रकृति अस्वास्थ्यामितीं आत्तं स्क्रीटलेखन मात्र कर्तां.

ह्या सोळाव्या समारंभाची, सुरुवात प्रा. सुनीला माविनकुर्वे पाचवे ने केलेल्या सभाप्रारंभ प्रार्थनेने जाल्ली. मागिरी KSAचो उपाध्यक्ष किशोर मासुरकरमाम्माने स्वागतपर भाषण कर्नाफुडे, अश्विनी प्रशांत पाचवेने, ह्या कार्यक्रमाची पार्श्वभूमी सांगून, प्रिता मंकेकर पाचवेक सूत्र संचालना-खात्तिर पाचारण केल्ले. प्रितापाचवेने अगदी गोमटायेरि सूत्रसंचालन केल्लें.

एकळाक, ह्या समारंभाची अध्यक्षा, जेष्ठ समाजसेविका, ९९ वर्षीय श्रीमती शशिकला (पार्वतीपाचवी) दिवाकर शर्मा हिगेलो परिचय कोर्नु दिल्लो. परिचयाउप्रांते, पार्वतीपाचवेगेलें मार्गदर्शनपर भाषण जाल्ले. मागिरी, औंदुंच्या समारंभाच्यो उत्सवमूर्ती.

1. श्रीमती अनुराधा धारेश्वर (संगीत)
2. सुश्री ईला नितिन गोकर्ण (नृत्यकला आनि समाजकार्य)
3. श्रीमती प्रमिला कुंदापूर (संगीत)
4. डॉ. सुधा तिनईकर (धर्मनिष्ठे विषयांतुले ज्ञान)
5. श्रीमती दीपा त्रासी (महिला उद्योजिका)
6. श्रीमती छाया अरुण उभयकर (समाजकार्य / ज्ञातिकार्य)

हांगेलो परिचयु कोर्नु दिल्लो. तांका दिवच्या सन्मानचिन्हाची छबी स्क्रीनारि दाकेयिनाफुडे, ह्या उत्सवमूर्तीनी तांगेलें “मनोगत” व्यक्त केल्ले. छाया उभयकर पाचवेगेल्या परिचय प्रसंगाचेरि कस्लेके तांत्रिक अडचणीमितीं छायापाचवी स्क्रीनाचेरि दिस्सने, तिगेलो परिचयु आयकुंवच्याक जाल्लो. मात्र, तिगेलें मनोगत आयकुंवच्याक येने. ह्या लेखाच्या आखेरिक तिगेलें मनोगत दिल्यां.

ह्या सत्काराउप्रांते, अनिशा नारायणन पाचवेने, सर्व संबंधितां गेल्याप्रति ऋण व्यक्त केल्ले आनि माविनकुर्वे सुनीलापाचवेने म्हळ्ळेल्या सभा समाप्ति प्रार्थनेने ह्या यशस्वी समारंभाची सांगता जाल्ली.

श्रीमती शशिकला दिवाकर शर्मा (आयच्या समारंभाची अध्यक्षा)

“पार्वतीपाच्ची ” म्होणु सुपरिचित. पार्वतीपाच्चेने औंदुंचि शंभराच्या वर्सांतु पदार्पण केल्ले. १९४५ सालांतु तिक्का श्री सत्य साईबाबांगेल्या दर्शनाचो लाभु जाल्लो आनि ती बाबांगेली भक्त जाल्ली. तांगेल्या सेवासमितींतु कार्य सुरु केल्लें.

मुंबईतुल्या अनेक रुग्णालयांतुल्या रुग्णांक जेवण दिंवच्याक सुरु केल्ले. आया दव्वोरुक साध्य नात्तिल्या रुग्णांगेली, रुग्णालयांतु रात्तीचें राब्बुनु सेवा केल्या. गरजू तशीचि अनाथाश्रमांतुल्या जानांखातिर, वस्तरं शिवोनु दिल्यांति. ह्या प्रायेरीसुद्दांयि तिगेल्या शिवणकामांतु खंड पण्णे.

आमगेल्या चित्रापुर मठाच्या आनि विठ्ठलच्या अनंतेश्वर देवस्थानाच्या रथोत्सवावेळारी मशाल (दिवटीगा) प्रज्वलित कर्ताति. त्या प्रज्वलनाखातिर जें वस्तर वापरताति ताक्का “हिलाल” म्हणताति. वस्तराचे ऊरुट कुडके काप्पून ताज्जे हिलाल तयार कर्ताति. गेल्ली ४५ वर्सांघोर्नु, पार्वतीपाच्चेगेलें हें कार्य, अविरत सुरु आस्स. हें सर्व ती समाजाप्रति ऋण म्होणु करता.

आमगेल्या तालमकी वाडींतु अनेक धार्मिक कार्यक्रम जाताति. गुरुपरंपरेचें पारायण, गुरुचरित्राचें पारायण, सिद्धारुढ स्वाम्यांगेल्या चरित्राचें पारायण, गोकुळअष्टमी म्हणत्यो, रामनवमी, दत्तजयंती इत्यादि. ह्या सर्वांतु पार्वतीपाच्चेगेलो सक्रिय सहभागु आसता. पैरिचि, आमगेल्या गुरुपरंपरेचे पारायण संपन्न जाल्लें, तांतुयि पार्वतीपाच्चेगेलो सक्रिय सहभागु आशिलो. अगदी नॅलारि बैसुनु . १९ वर्सांच्या प्रायेरि, तग्गु बोसचें तुक्का कश्शी साध्य जात्ता म्होणु निमगिनीफुडे पार्वतीपाच्ची म्हणाली, “सूर्यनमस्कारा म्हणके दुसरो व्यायामु ना. हांव नियमित सूर्यनमस्कार घालतां.” पार्वतीपाच्चे असली एकी ज्येष्ठ आनि श्रेष्ठ समाजसेविका आयच्या समारंभाक आमकां अध्यक्षा म्होणु मेळ्या ही आमचे खातिर अगदी खुशीची खबरी जालु आस्स.

पार्वतीपाच्चे, तुगेलें मार्गदर्शन आमकां सदैव मेळो ही त्या भवानी शंकर देवागेल्या चरणांतु प्रार्थना !

श्रीमती अनुराधा धारेश्वर (संगीत)

अनुराधापाच्ची म्हळ्यारि, संगीत क्षेत्रांतुलें , एक ज्येष्ठ आनि श्रेष्ठ व्यक्तिमत्व. २४ नोव्हेंबर, १९३८ तुं हुब्बळींतु तिगेलो जन्मु जाल्लो. संगीत विषय घेवु कलाशाखेची पदवीधर जाल्ली.

अनुराधापाच्चेक सानपणधोर्नु संगीतांतु अभिरुची आशिली. तिगेली आवसुचि तिगेली संगीतांतुली प्रथम गुरु. तिन्नेची अनुराधापाच्चेक कोंकणी भजनं शिकेयिलीं. ताज्जेउप्रांते, शालेय जीवनांतु तिन्ने गायनाच्या अनेक कार्यक्रमांतु भाग घेवु तिगेल्या गुरुजनांलाग्गी थालु प्रोत्साहन मेळयिलें. मागिरी, अनुराधापाच्चेने, हुबळीच्या दिवंगत श्री. रामचंद्र दिक्षित जंताली हांचेलाग्गीथालु सुगम संगीताचें प्रशिक्षण घेतलें. STC आनि B, Music पूर्ण कोर्नु ती Basel Mission Girl's High School तुं शिक्षिका म्होणु रुजू जाल्ली.

थोडीं वर्स शिक्षिका म्होणु कार्य करना फुडे, १९६७ सालांतु ती आकाशवाणी धारवाड केंद्राच्या सेवेंतु रुजू जाल्ली. आनि थंयिधोर्नु तिक्का नांव आनि प्रसिध्दी मेळुक सुरुवात जाल्ली. अनुराधापाच्चेने धारवाडच्या आकाशवाणी केंद्राचेरि, गायिका आनि निवेदिका म्होणु कार्य केल्लें. तिगेल्या सेवाकालांतु , तिन्ने म्हळ्ळेलिं अनेक पदं आकाशवाणी रि थालु प्रसारित जाल्लीं. अनुराधापाच्चेने, कन्नड, कोंकणी, मराठी भाषेंतु पदं म्हळ्यांति. एक बंगालीपदं सुद्दांयि म्हळ्यां. अनुराधापाच्ची ही हिंदुस्थानी शास्त्रीय गायनांतुली एक नांव पाविली, प्रतिष्ठीत गायिका. तिन्ने, तिगेल्या गायनाचे कार्यक्रम, दिल्ली, हैद्राबाद, चंदीगढ, कोचीन आनि संपूर्ण कर्नाटक राज्यांतु सादर केल्याति. कन्नड गीत रामायण आनि पुरंदर दासागेल्या

पदांखातिर जावु, अनुराधा पाच्ची सुप्रसिद्ध आस्स, सर्वश्री डी.आर. बेंद्रे, केवेंपु, एन. के. कुलकर्णी, चन्नावेरा कन्वी आणि संत शिशुनाल शरीफ हांचे असल्या सुप्रसिद्ध कवीं गेलीं पद सादर केल्यांति. भावगीतं आणि भक्तिगीतं हें तिगेलें वैशिष्टय जावु आस्स. कवीं गेल्या अर्थपूर्ण कवितांक, अनुराधापाच्चीने, आपणागेल्या मधुर, सुश्राव्य आवाजाने अत्यंत भावपूर्ण रितीने सादर केल्यां.

आकाशवाणीच्या “जाईजुई” ह्या कोंकणी कार्यक्रमांतु पैलें पदं सादर कोर्चो बहुमानु, अनुराधापाच्चेक प्राप्त जाल्ला. हो कार्यक्रमु आत्तं “पंचकदाय ” ह्या नांवाने सादर जात्ता. तिन्ने नाटकांतु सुहायि कामं केल्यांति. १९६३ सालांतु, देशभक्तिपर गीत सादर कोर्चेखातिर, अनुराधापाच्चेगेली निवड जाल्ली आणि तें गीत आशिलें, “ओ यत्रा देशा बांधव रे” सुप्रसिद्ध “ऐ मेरे वतन के लोगों” ह्या दिवंगत भारतरत्न गानकोर्कीळा लता मंगेशकराने अजरामर केलेल्या पदाचो कानडी अनुवादु. १९६३ सालांतु, अनुराधा पाच्चेने हें पद सादर केल्लें. तें अत्यंत लोकप्रिय जाल्ले. इत्लेंकी, आजिकई प्रतिवरस “स्वातंत्र्यदिनाक तें आकाशवाणीरिथानु प्रसारित जात्ता. ह्या पदामितीं संपूर्ण देशांतु तिगेलें कौतुक जाल्ले.

१९९६ आणि २००६, ह्या सालांतु, अनुराधा पाच्चेने दूरदर्शनीचेरि कोंकणी कार्यक्रम सादर केल्ले. तो कार्यक्रम म्हळ्यारि, ज्योत्स्नापाची कामत (पैलेचि बुर्डे) हिन्ने बरेयिलो आणि दिग्दर्शित केलेलो “मांटव मांडलो”. जोत्स्नापाच्चेने, अनुराधापाच्चेक, कोंकणी पदं सादर कोर्चे मस्त अवसर प्राप्त कोर्नु दिल्ले. कोचीनचे श्री. के. अनंत भट, होनावरचे श्री. कृष्ण भट, श्री. गौरीश कायकिणी, बी.व्ही. बाळिगा हांचे असल्या दिग्गजांनी बरेयिलीं पदं, अनुराधा पाच्चेने सादर केल्यांति. मंगळूरच्या विश्व कोंकणी. परिषदेचे सर्वेसर्वा दिवंगत श्री. बस्ती वामन शेणैमाम हांन्नि, “कोंकणी होविस ” कार्यशाळेचें संचालन कोर्चे खातिर, अनुराधा पाच्चेगेली निवड केलेली.

आजि अनुराधा पाच्चेगेली प्राय ८४ वर्स. ती धारवाडांतु स्थायिक जाल्या. संगीत हेंचि तिगेलें जीवन आजिकयि ती

२-३ विद्यार्थ्यांक विनामूल्य संगीत शिकेयिता. ती अनेक पुरस्कारांनी आणि सन्मानांनी अलंकृत जाल्या. तांतुले मुख्य म्हळ्यारि.

१९८८-८९

Karnataka Nritya Academy Award at Mangalore

१९९०-९१

Dharwad Goud Saraswat Samaj Gourav Prashasti

१९९५

Kannada Rajyotsava Award

१९९५

Sugam Sangeet Academy Mysore and Sadhana Music Mandali Puraskar

१९९६

Konkani Maand Shobhann (Punav) Dashaman Utsav Award at Mangalore

१९९६-९७ Karnataka Konkani Sahitya Academy Award at Udupi

१९९८

Sant Shishunal Sharif Award which is the Highest award in Karnataka

१९९८

Karnataka Konkani Sahitya Academy Award at Konkani Kala Utsav

२००५

Honoured in the 17th Akhil Bharatiya Konkani Sahitya Sammelan, Kumta

२००७

A Documentary film was shot on all leading artistes like late Smt. Gangubai Hangal and Many such artistes of Karnataka.

Smt. Anuradha Dhareshwar is one of them.

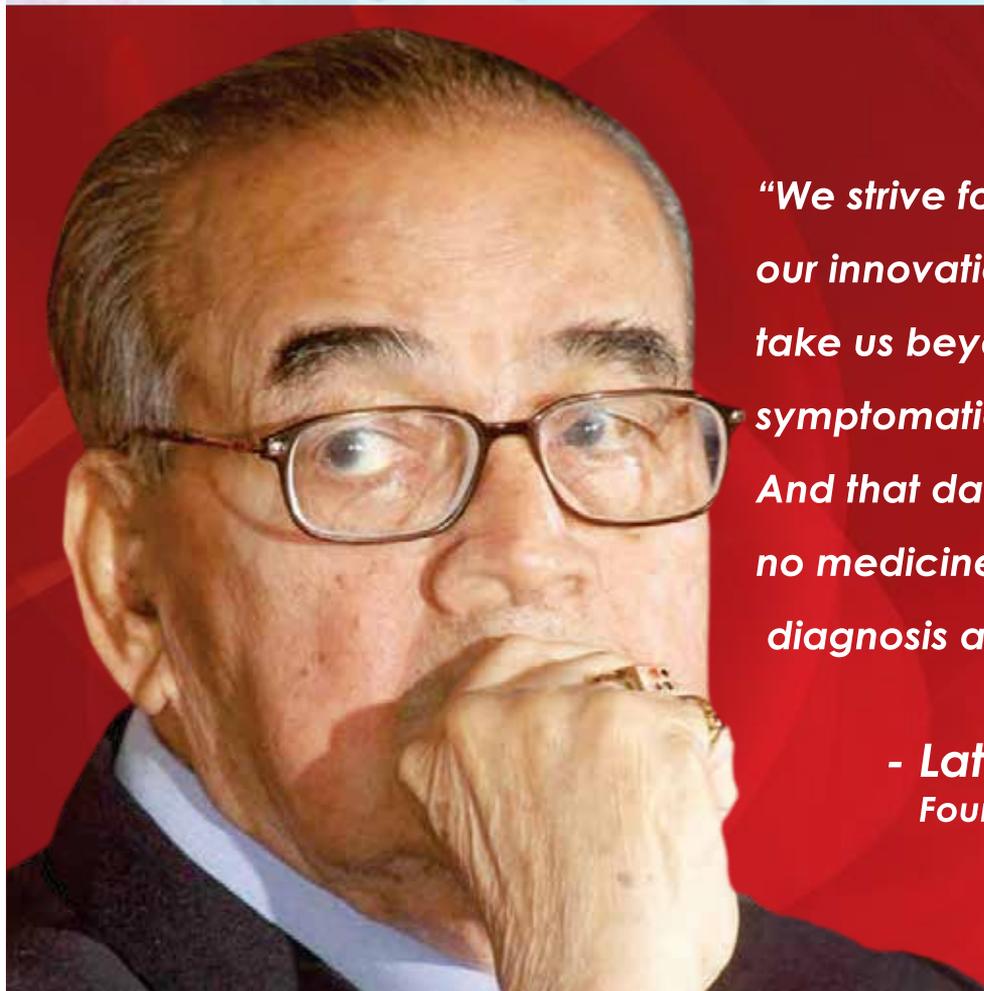
(continued on page 51)



SINCE 1977

WHO GMP CERTIFIED • ISO 9001:2015 & ISO 13485:2012 CERTIFIED

A **Speciality** Pharmaceutical Wellness Company like No other



*“We strive for a day when
our innovations will
take us beyond traditional
symptomatic therapeutics.
And that day, there will be
no medicines; only prophylaxis,
diagnosis and cure”*

**- Late G.V. Masurkar
Founder**

- ▶ Experts in Ophthalmic, ENT & Paediatric Pharmaceutical Wellness
- ▶ Over 130 Commercially Available Finished Products
- ▶ International Formulation R & D Centres

Patient-Centred Innovations since 1977

Scan QR Code:



ENTOD PHARMACEUTICALS LTD.

Head Office: Ashirwad Building, S.V.Road, Opp. Badi Masjid,
Bandra (W), Mumbai-400050.

Tel.: (+91) 22 – 26423608/ 22-226442052 Fax.: (+91) 22-26441056

E-mail: feedback@entodpharma.com • www.entodinternational.com

Part of
Entod
INTERNATIONAL

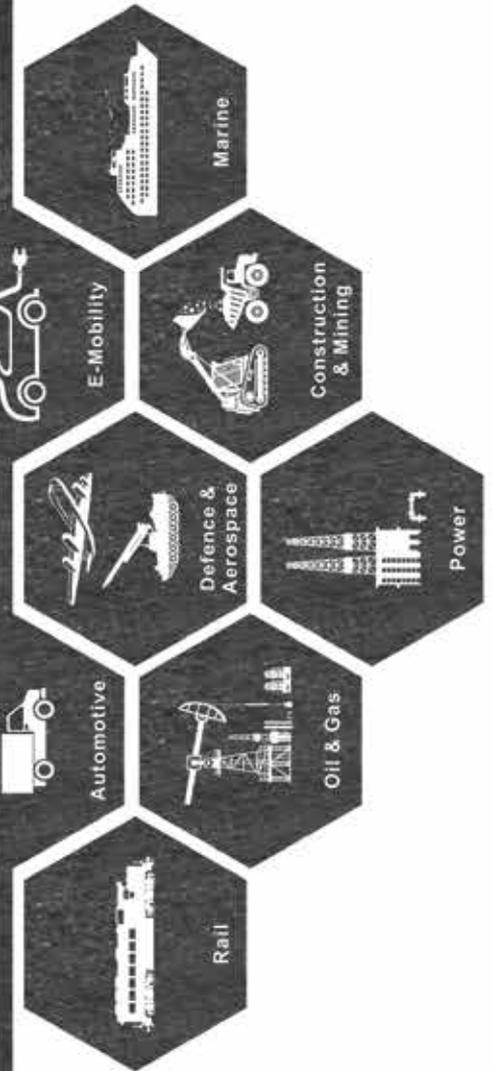
BHARAT FORGE



KALYANI



MAKING INDIA SELF-RELIANT



Bharat Forge provides solution to diversified sectors across the globe. We stand strong with India's vision to become "Atmanirbhar" by nurturing MSMEs and making India Self-Reliant.

#atmanirbharharat



Follow us on:

Pune Cantonment, Mundhwa Pune - 411 036, INDIA
Tel.: +91-20-67042777 | Fax.:+91-20-26822387 | Email: info@bharatforge.com
www.bharatforge.com

THODA SAVING

THODA INVESTING

As we deal with the present, it's important that we be mindful of expenses and also not lose sight of the future. So while we save money to meet immediate and short term expenses, let's also continue to secure our long-term financial freedom.

An investor education initiative.

Investors should deal only with registered Mutual Funds, details of which can be verified on the SEBI website (<https://www.sebi.gov.in>) under 'Intermediaries/Market Infrastructure Institutions'. Please refer to the website of mutual funds for the process of completing one-time KYC (Know Your Customer) including the process for change in address, phone number, bank details etc. Investors may lodge complaints on <https://www.scores.gov.in> against registered intermediaries if they are unsatisfied with their responses. SCORES facilitates you to lodge your complaint online with SEBI and subsequently view its status.

Toll-free: 1800 209 3333 | SMS: 'SBIMF' to 7065611100 | Visit: www.sbimf.com | Follow us:     

**Mutual Fund investments are subject to market risks,
read all scheme related documents carefully.**

WITH BEST COMPLIMENTS

From

BF Investment Ltd

Mundhwa, Pune 411036

(Continued from page 46)

२०१२

Krishna Hangal Sugam Sangeet Rashtriya Puraskar.

२०१९

Kavyagayan (Sugam Sangeet) Prashasti in the Name of late Shri. K.S.

Narasimhaswamy

अनुराधा पाच्चे, तुगेच्या संगीत साधनेक तशीची संगीत क्षेत्रांतुल्या लक्षणीय योगदानाक आमगेले विनम्र अभिवादन!!!

सुश्री ईला नितिन गोकर्ण (नृत्यकला आनि समाजकार्य)

ईलापाच्ची, प्राध्यापक डॉ. अर्चन मिश्रा हांगेच्या मार्गदर्शनांतु, कॉम्प्युटर सायन्स विषयांतु, सिंगापूर मॅनेजमेंट विद्यापीठांतु PH.D कर्त आस्स. ती प्रामुख्याने Mobile, Pervasive , and edge computing ह्या विषयांतु संशोधन, हें कार्य कर्त आस्स. Her body of Work falls under the large Umbrella of understanding of how the design of Cyber –physical computing systems and Processes can impact our daily lives and our interaction with the physical world. माक्षीच्या थोडे वर्सांतु कॉम्प्युटर्स आनि मोबाईल फोन्स हांतु मस्त विकास जात आस्स, तांगेच्या कार्य पद्धतींतु सुधारणा जात आस्सति. भविष्यांतु इत्ल्यो सुधारणा जात्ल्यो की, कॉम्प्युटर्स आनि मोबाईल फोन्सांचे कार्यक्षेत्र विस्तृत आनि असीम जात्ले. इत्लें की, अत्यंत कठीण कामं , अगदी साध्या उपकरणांद्वारे कोर्चे साध्य जात्लें. ईलापाच्चेगेले कार्य हें ह्याची भावी विकासाक अनसरसुनु आस्स. त्या भावी विकासकार्याचो, सुधारणेचो एक नमुनो म्होणयेद . The Interaction between sensors and IOT objects that will fuel the technologies over the 6G Horizon. Her papers have been accepted at highly Selective International

Conferences. ईलापाच्चेक, २०२२ तु N2 Women Young Researcher Fellowship Award हो पुरस्कार IEEE Computing Society ने दिल्ली. ती सध्या University of Illinois Urbana Champaign च्या संशोधकांवटु Multi Camera systems, such as autononomous Vehicles, Surveillance System and drone fleets चेरि कार्य कर्त आस्स.

Ph.D. चो अभ्यास सुरु कोरचे अेकळाक, अनुभव मेळोवचेखातिर, Software System Engineer म्होणु Arista Networks आनि Cisco Systems तुं चारी वर्स कार्य केल्यां. ती Solution Engineer आणि Automation Specialist म्होणू कार्यरत आशिली.

ईलापाच्ची, २०१५ सालांतु सिंगापूर मॅनेजमेंट विद्यापीठांथानु Information Systems विषय घेवु पदवीधर जाल्ली. पदवीधर जांवचे अॅकळाकचि, ती अनेक शिष्यवृत्यो आनि पुरस्कारांनी सन्मानित जाल्या. Ng Kai Wa Scholarship, SAS Scholarship, SAS Global Ambassador २०१५ (She is the only undergraduate Worldwide to receive this recognition In २०१५) हो परिचयु प्राप्त जाल्लेली, २०१५ सालांतुली ती एकमेव पदवी मेळयिनातिली , विद्यापीठाची विद्यार्थिनी.

तिगेच्या ह्या कार्याव्यतिरिक्त, तिन्ने ५ वर्सांची आसतना धोर्नु “भरतनाट्यमाचें ” रितसर प्रशिक्षण घेतल्यां. सध्या ती, “ओडिसी ” नृत्य शिक्त आस्स. २०१० सालांतु , वाराणसींतु जाल्लेल्या “गंगा महोत्सवांतु ” तिन्ने तिगेच्या नृत्याचो कार्यक्रम सादर केल्ला. २०२२ तुं River Hongbao Singapore हांगा कार्यक्रम सादर केल्ला. तशीची Samarpan २०१२ आनि Anjaneyam २०१७ ह्या सिंगापूरांतुल्या Mega productions तुं नृत्य सादर केल्यां.

समाजकार्यांतुयि ईलापाच्चेगेले मस्त योगदान आस्स. Her interest in Community Service, saw

her spearhead the Singapore Management University Chapter of the “Analytics for Social Good Initiative” in conjunction with National University of Singapore and SAS Institute Pte Ltd. Singapore to provide pro-bono analytics services to different Voluntary welfare organisations and charities governed by the National Council of Social Service Singapore. ती गुरगांवच्या Spastic Society तुल्या चेडवांक काणियो सांगचे, नृत्य शिकोंवचे कार्य करता. ईलापाच्चेने Singapore च्या Project Inspireer च्या अंतर्गत, म्हालगडे, प्राय जालेल्यां खातिरयि मस्त कार्य केल्यां.

ईलापाच्चे , तुगेल्या शिक्षण क्षेत्रांतुल्या, ललितकला क्षेत्रांतुल्या आनि समाजकार्य क्षेत्रांतुल्या योगदानाखातिर आमगेलें विनम्र अभिवादन !

तुगेले Ph.D. पूर्ण जालु , Computer विश्व समृद्ध जावो, ओडीसी नृत्यांगना म्होणू नांव जावो, (भरतनाट्यमांतु नांव आस्सचि) तुगेल्या ज्ञानाचो मतिमंद चेडवांक लाभ जावो, तांगेली अभिवृद्धी जावो, ही सदिच्छा !

श्रीमती प्रमिला कुंदापूर (संगीत)

प्रमिला पाच्चेगेलो जन्मु, १९५० सालांतु उडुपी जिल्ह्यांतुल्या खंबदकोण नामक सात्र गावांतुल्या एक्का सुप्रसिध्द कुटुंबांतु जाल्लो. तिगेलो बाप्पुसु दिवंगत श्री. आर. के. संजीव राव आनि आवसु, दिवंगत श्रीमती सुशीलाबाई हीं अत्यंत गुणी गायक अभिनय निपुण कलाकार आनि नामांकित व्यवहारकुशल जानं आशिलीं.

प्रमिलापाच्चेक, गायनाचे औपचारिक प्रशिक्षण नात्तिल तरिकेयि, ती एकी अष्टपैलु गायिका जालु आस्स. विविध भाषेंतु आनि विविध शैलींतु ती गायन कर्ता. प्रमिला पाच्चे

गेलें, १९७२ सालांतु डॉ. कुंदापूर अशोक माम्मावटु लग्न जाल्लें, आनि ती उडुप आयलि. थंयि ती प्रख्यात कोंकणी विद्वान आणि गायक श्री. शांताराम बाळिगा, कर्नाटक राज्य पुरस्कार विजेता श्री. एच. एन. राघवेंद्र राव गर्टिकेरे तशीचि दिवंगत श्री. बी. एस. राव हांगेल्या सहाय्याने, ती अत्यंत परिष्कृत गायिका जाल्ली.

प्रमिलापाच्चेने स्वतः बरेयिल्या आनि इतरांनी बरेयिल्या अनेक गीतांक स्वरबद्ध केल्यां. तिगेल्यो “भक्ति संजीवनी” “स्तोत्र कुसुममाला” आनि “अष्टक माला ” ह्यो तीनी सी. डी प्रकाशित जाल्याति. तिन्ने, पुत्तुर नरसिंह नायक, श्री. उपेन्द्र पै हांचे असल्या सुप्रसिद्ध गायकांवटु पदं म्हळ्यांति, नामांकित संवादिनी वादक श्री. तुलसीदास बोरकर, श्री. सुधीर नायक आनि श्री. विनायक प्रभु. तशीचि तबल वादनपटू पंडित ओंकार गुलवाडी, रंगा पै, दिवंगत दिनेश शेणै हांनि अत्यंत कौतुकाने तिक्का साथ संगत केल्या.

प्रमिलापाच्ची, आकाशवाणी - मंगळूर केंद्रारिथालु अधिकृत कोंकणी आनि कन्नड कलाकार म्होणू सेवानिवृत्त जाल्या. तिगेलीं कोंकणी पदं, आकाशवाणीच्या धारवाड आनि गोवा केंद्रारिथालु प्रासारित जात्तालि. दूरदर्शनाच्या बेंगळूर केंद्राखातिर सुद्दांयि तिन्ने कार्यक्रम सादर केल्याति. सध्या तिन्ने चड दर्शकांलाग्गी पांवचे खातिर, फेसबुक, यूट्यूब ह्या माध्यमांचो अंगिकारु केला. ती, “आमगेलें चॅनल चेन्नई ” “घर-आना” आनि “भावगीते चॅनल” ह्या लोकप्रिय वाहिन्यांखातिर सहयोगु दित्ता.

दिवंगत श्री. सुमीत सवूर, संगीत नृत्य अकादेमीची अध्यक्षा दिवंगत श्रीमती चंद्रभागा देवी उभयकर हांचे असल्या दिग्गज समीक्षकांनी, प्रमिलापाच्चेगेल्या प्रतिभेचें मस्त कौतुक केल्यां. चंद्रभागादेवीने तेमेयि, हिंदुस्थानांतुल्या अनेक प्रतिष्ठीत केंद्रांचेरि - युवानिका बेंगळूरु, iccr दिल्ली, शिव संगीतांजली मुंबई, तशीचि कर्नाटक राज्यांतुल्या, विविध राज्यस्तरीय आनि सांस्कृतिक महोत्सवांतु प्रमिला पाच्चेगेल्या कार्यक्रमांचे आयोजन केल्लें. प्रमिलापांच्येने, अनेक राष्ट्रीय आनि आंतर्राष्ट्रीय कार्यक्रमांतु सहभागी

जानु, रसिकांक आपणागेल्या गायनाचो आनंदु दिल्ली, हिंदुस्थानी संगीताचो प्रचारु आनि प्रसारु केल्ला.

प्रमिलापाच्यी अनेक प्रतिष्ठीत पुरस्कारांनी सन्मानित जाल्या. कर्नाटक कोंकणी साहित्य अकादेमी पुरस्कार, संगीत कलांजली पुरस्कार, एम.एस. सुब्बलक्ष्मी पुरस्कार. हो पुरस्कारु तिक्का देशपांडे साहित्यिक आनि सांस्कृतिक प्रतिष्ठान आनि मंदार कलाविदार वेदिके, बिदर हान्नि दिल्ली. तिगेलो “संगीतांजली” हो कार्यक्रमु खुद्द श्रीमती सुशीलाराणी बाबुराव पटेल ह्या विदुषीने आयोजित केल्लेलो.

प्रमिलापाच्ये, संगीत क्षेत्रांतुल्या अमूल्य योगदानाखातिर तुक्का आमगेलो मानाचा मुजरा आनि तुगेल्या योगदानाने हिंदुस्थानी संगीत समृद्ध जावो ही सदिच्छा !

डॉ. सुधा तिनईकर (धर्मनिष्ठेविषयांतुले ज्ञान)

सुधापाच्येगेलो जन्मु, १९५६ सालांतुं, आमगेल्या उज्ज्वल गुरुपरंपरेक समर्पित जानु आशिल्या पंडित कुटुंबांतु जाल्लो. तिगेलो बाप्पुसु पंडित सत्येंद्रमामु आनि आवसु तारापाच्यी हीं अत्यंत भक्तिपरायण आशिल्लीं. तांनीचि, सुधापाच्येक, सानपणधोर्नु आमगेल्या धर्मग्रंथाचो, पवित्र ग्रंथांचो परिचयु कोर्नु दिल्लो. तिगेल्या पणजागेली भगिनी सुलोचना बाई, ही संत अप्पयांगेली एकमेव महिला शिष्या आशिली.

सुधापाच्येने, ५ वर्सांची आस्तना धोर्नु डॉक्टर जांवचे म्होणू ठरेयिलें. आनि तिगेल्या जिद्दीने आनि ईश्वरी अनुग्रहाने ती डॉक्टर जाल्ली. डॉक्टर जायनाफुडे, बेंगळुरांतुल्या अनेक रुग्णालयांतुं "Internal Medicine & Diabetology" विभागांतु विविध पदांचेरि ३५ वर्स कार्य केल्लें. सान्न प्रायेरिची, तिक्का आमगेल्या धर्मग्रंथाची आनि पवित्र ग्रंथांची

शिकवण मेळ्ळेलेमितीं, २००० सालाच्या सुरुवातीक, तिन्ने वेदांत गुरुशोधनेक सुरुवात केल्ली. आनि तिक्का स्वामी दयानंद सरस्वतीगेल्या रुपांतु वेदांत गुरुंगेलो लाभु जाल्लो आनि सुधापाच्यी, तांका शरण वचुगेली. २०१३ सालांतु, वेदांत गुरुंगेल्या आदेशाप्रकार, तिन्ने आपणागेले ज्ञानाचा उपयोग, दुसऱ्यांक शिकोंवच्यांतुं कोरुक सुरु केल्लो. ताव्वलीधोर्नु ती वेदांत विषयु शिकैता आनि त्या विषयाचेरि लेखन कर्ता.

आमगेले एकादश गुरु परमपूज्य श्रीमत् सद्योजात शंकराश्रम स्वामीजींनी, आठवड्यांथानु एक दिसु मठाच्या वेबसाईटारीथानु Online शिकोंवची जबाबदारी दिल्ली, तो सुधापाच्यीगेल्या जीवनांतुलो अत्यंत महत्वाचो क्षणु. आत्तं, दिसाचें ती वैद्यकीय कार्य करता आनि उर्वरित दिसांतु, विविध वयोगटांतुल्यांक वेदांत शिकेयिता.

सत्यसाई संस्थेचे विद्यमान प्रमुख श्री. मधुसूदन सैम हांन्नी सुधापाच्येक, तांगेल्या संस्थेच्या विद्यार्थ्यांक भगवद्गीतेचो प्ररिचयु कोर्नु दिंवचेखातिर पाचारण केल्लें. त्या प्रकार, सुधापाच्येने तांचे खातिर अभ्यासक्रमु तयारु केल्लो. (६वी धोर्नु १० वी च्या चेर्डवांखातिर) आत्तं तो नियमित अभ्यासक्रमु जाल्ला. सुधापाच्येने, त्या संस्थेच्या शिक्षकांक सुद्दांयि, आमगेल्या पवित्र ग्रंथांतुलो आशयु कश्शी शिकोंवचो हाज्जें कौशल्य शिकेयिल्यां. सुधापाच्यी Satyasai Vedic University तुं Hon. Paravidya Faculty म्होणू कार्य करता.

सुधापाच्यी, आपणागेल्या कार्याखातिर आमगेल्या उज्ज्वल गुरुपरंपरेची तशीची परमपूज्य श्रीमत् सद्योजात शंकराश्रम स्वामिजींगेली ऋणीजानु आस्स.

सुधापाच्यी, तुगेल्या भव्य कार्याखातिर, आमगेलें विनम्र वंदन ! हे कार्य तुगेल्या हातांथानु अविरत जावो ही सदिच्छा !

श्रीमती दीपा त्रासी

(उद्योजिका)

श्रीमती दीपा त्रासी म्हळ्यारि, पूर्वाश्रमींची दीपा संशी, संस्कारक्षम प्रायेरि, ती मुंबईतुल्या फॉरजेट हिल विभागांतु सात्रा होडी जाल्ली.

दीपापाच्चेने, १९७९ धोर्नु १९९५ थायि वस्त्रोद्योगांतु नौकरी कोर्नु अनुभवु प्राप्त कोर्नु घेतिलो. नौकरीच्या अंतिम सत्रांतु, तिज्जेवटु कामारी आशिल्या एक्का निम्नस्तर कर्मचाऱ्याने, तुक्का ह्या Government Exports क्षेत्रांतु इत्लो अनुभवु आस्स, तरि तूं स्वतःगेलो स्वतंत्र उद्योग इत्याक सुरु कर्ना म्होणू दीपापाच्चेगेलो जीवु खांवच्याक सुरु केल्लो. दीपापाच्चेक नौकरीचो बेजारु आयिलो. त्यामितीं, तिन्नेयि आपणागेलो स्वतंत्र उद्योग इत्याक सुरु कोर्नयें ? अशी विचारु केल्लो.

ताज्जे फलस्वरुप, १९९६ सालांतु , दीपापाच्चेने, तिगेलो जीवु खावनु मन परिवर्तन केलेल्या, तिगेल्या सहकाऱ्यावटु, भागीदारींतु “मंत्रा एक्स्पॉर्टस” ची सुरुवात केल्ली. मर्यादित साधनं, निधी इत्यादि. मात्र, तिज्जेलगगी थानु खरेदी कर्तले खरीददार आनि इत्लेवर्सांतु तिज्जेवटु व्यापार संबंध आशिले व्यापारी, हांगेल्या सदिच्छेमितीं आनि पाठिंब्यामितीं, १९९९ धोर्नु दीपापाच्चेगेल्या उद्योगाक एकी सुस्थिती प्राप्त जाल्ली.

दीपापाच्चेगेल्या Mantra Exports क पोरुं २५ वर्स पूर्ण जाल्लीं. १.५ कोटी रुपयांची प्रारंभिक उलाढाल आशिल्या उद्योगाची, रौप्य महोत्सवी वर्सांतु, हीची अर्थिक उलाढाल (Turnover) ३०० कोटी रुपयांपशी चड जाल्या.

२५ वर्सांच्या कारकीर्दींतु, वस्त्रोद्योगांतु उत्कृष्ट यश संपादन कर्नाफुडे, दीपापाच्चेने, तिगेल्या कार्यक्षेत्राक संबंध नात्तिल्या

एक्का नवीन क्षेत्रांतु आक्रमक पदार्पण केल्यां. २०१६/१७ सालांतु, दीपा पाच्चेने एक्का कल्पक माध्यमांतु प्रवेश कोर्नु, दोनी चित्रपटांची निर्मिती केल्ली. २०१७ तुं प्रदर्शित जाल्ले हिंदी चित्रपट “सुलेमानी कीडा” आनि एकु मराठी चित्रपट “Miss you Mister” हॉ चित्रपट, २०१९ सालांतु मुंबई, पुणे आनि महाराष्ट्रांतुल्या थोडे शहरांतुं प्रदर्शित जाल्लो. दीपापाच्चेक आनि एक्का चित्रपटाची निर्मिती कोर्ची आशिली. जाल्यारि, कोविड -१९ महामारीमितीं, तिगेल्या ह्या योजनेक, तिन्ने गती दिने.

केवल वस्त्रोद्योग कोर्नु समाधान मेळनातिलेंमितीं, दीपापाच्चेने, समाजाक वेळ दिव्नु “सामाजीक बांधिलकीचें पालन कोरचें ठरेयिलें. कोविड महामारीच्या काळांतु, दीपापाच्चेगेल्या, Mantra Foundation ह्या NGO ने पुढाकारु घेतलो. ह्या महामारीमितीं नौकरी/ व्यवसायु / उद्योगु नात्तिल्यांखातिर, भोजनाची व्यवस्था केल्ली. सुरुवातीक प्रतिदिसु १५-२० लोकांक अन्न दिंवचो विचारु केल्लो. जाल्यारि, कुटुंबियांगेल्या आनि मित्रपरिवारागेल्या प्रचंड सहकार्यामितीं, महामारीच्या दुसऱ्या सत्राच्या आखेरिक हीची संख्या प्रतिदिसु, साधारण ६००० भोजनांचेरि गेल्ली हांतुं बोरिविली धोर्नु धारावीथायी राबतल्यांगेलो समावेशु आशिलो. दीपापाच्चेने हें कार्य, कलेक्टरा गेलें कार्यालयांच्या आनि मुंबई महानगरपालिकेच्या विविध विभागाच्या कार्यालयांच्या सहकार्याने केल्लें.

तिगेल्या Mantra Exports च्या रौप्यमहोत्सवानंतर, दीपापाच्ची नवीन उर्जेने प्रोत्साहित जाल्लु कार्य कर्त आस्स.

दीपापाच्ची, तुगेल्या व्यवसायांतु वृद्धी जावो, विविध विषयांवैले चित्रपट निर्माण जावोति ही सदिच्छा! वस्त्रोद्योगांतुल्या तु गेल्या लक्षणीय कार्याक, आनि महामारीच्या काळांतु तुवे केलेल्या महान कार्याक आमगेलो मानाचा मुजरा !

श्रीमती छाया अरुण उभयकर

(समाज / ज्ञातिखातिर कार्य)

छायापाच्ची ही पूर्वाश्रमींची गीता देवण्णा कोप्पीकर, १६ ऑक्टोबर, १९४९ ह्या दिसु, देवण्णा कोप्पीकरमामु आनि सुशीलापाच्ची हांगेली धुव म्होणू होन्नावरांतु जन्मु जाल्लो. स्वातंत्र्य चळवळींतु सहभागी जांवचे खातिर, देवण्णामाम्माने B.Sc. चें शिक्षण अर्दारि सोळ्ळें, आनि पुणे थानु होनावरांतु येवनु स्थायिक जाल्लो. श्री. महाबळेश्वर पांडुरंग नाडकर्णी मामावटु, सानिकट्टा, गोकर्ण हांगा मीट्टा सत्याग्रहाचें नेतृत्व केल्लें. कारण, त्यावेळारी, काका कालेलकरांक हुबळींतु अटक जाल्लेली. देवण्णामाम्माक, आनि महाबळेश्वरमाम्माक अटक जाल्लु, तांकां पुणेच्या विसापूर जैलांतु कारावासु जाल्लो. छायापाच्चेगेली आवसु, सुशीलापाच्ची ही गृहिणी (Housewife) अशिली.

छायापाच्चेगेलें शालेय शिक्षण होनावरच्या, सेंट थॉमस विद्यालयांतु जाल्लें. महाविद्यालयीन शिक्षण, होनावरच्याचि MPES Arts & Science महाविद्यालयांतु जाल्लें. छायापाच्ची इंटर आर्टस् परिक्षा, तिगेल्या महाविद्यालयांतु सर्वप्रथम, आनि कर्नाटक विद्यापीठांथानु आठवी येवु उत्तीर्ण जाल्या. ती कलाशाखेची पदवीधर, आनि शिवण कलेंतु प्रमाणपत्र धारक. (Diploma Holder)

१९ एप्रिल, १९६९ ह्या दिसु, छायापाच्चे गेलें, मल्लापूरच्या अरुण उभयकर माम्मावटु लग्न जाल्लें. आनि ती मल्लापूर आयली. अरुणमामु म्हळ्यारि एक हरहुन्नरी व्यक्तिमत्व. तागेल्या प्रोत्साहनामितीं, छायाच्चेने, समाजाखातिर आनि आमगेल्या ज्ञातिखातिर कार्य कोरुक सुरु केल्ले.

छायापाच्ची, मल्लापूरच्या आवडी महिलांमंडळाची अध्यक्ष जाल्लु आस्स, गरीब महिलांक शिवणकलेचें आनि बेत्ताचें काम कोर्चे. प्रशिक्षण दिल्लें. Karnatak State Welfare Board ने, सातवी जायनाफुडे शिक्षण सोळ्ळेल्या महिलांक SSLC जांवची संधी उपलब्ध कोर्नु दिल्लेली. छायापाच्चेने तांचेखातिर संक्षिप्त प्रशिक्षणाचे वर्ग चलेयिले.

श्री रामकृष्ण हेगडे कर्नाटक राज्याचो मुख्यमंत्री आसतना, मंडळ पंचायत निवडणूक जिंकुनु, छायापाच्ची, मंडळ पंचायतीची सदस्य जाल्ली, आनि तिन्ने जनहिताचे प्रकल्प हांतातु घेवु ते यशस्वी रितीने पूर्ण केल्ले. पूल बांधणी, हळियेंतुल्या दुर्गम भागांतु वच्चेखातिर रस्ते बांदेयिले. छायापाच्चेने, शिर्शिच्या KDCC बँकाच्या तशीची सिद्दापूरच्या चेतना बँकेच्या संचालक मंडळाचेरि कार्य केल्यां. ती State Level Child Labour Committee ची सदस्या आशिली. २०१५-२०२० ह्या कालावधीखातिर, ती चंदावर ग्रामपंचायतीची सदस्य आशिली.

छायापाच्ची, १० फेब्रुवारी, २०२१ धोर्नु, चंदावर ग्रामपंचायतीची कार्यध्यक्षा म्होणू कार्यरत आस्स ह्या ग्रामपंचायतीक “गांधी ग्राम पुरस्कार ” तशीची होनावर तालुक्यांतुली “उत्कृष्ट ग्रामपंचायत ” हे पुरस्कार प्राप्त जाल्याति. आनि तांकां, “अमृत ग्रामपंचायत ” ही खास योजना मंजूर जाल्या.

छायापाच्चेने जनतागृहं, विधवा आनि शेकडो वृद्धांक पेन्शन मंजूर केल्यां. विकलांग चेडवांक आनि कर्करोगपिडीत रुग्णांक आर्थिक सहाय मेळोवनु दिल्यां. अनेक देणगीदारांगेल्या सौजन्याने CSR Funds च्या अंतर्गत, छायापाच्चेने, गरीब आनि विकलांग कुटुंबांखातिर, Solar Housing Lights उपलब्ध कोर्नु दिल्याति

मल्लापूरच्या गुरुप्रसाद माध्यमिक विद्यालय आनि उच्च प्राथमिक विद्यालयाखातिर, Seico Solar Lights Pvt. Ltd. हांगेल्या सहाय्याने, बेंगळूरच्या Menda Foundation हांगेल्या सौजन्याने छायापाच्चेने, Solar Digital Education system मंजूर केल्या.

छायापाच्चेगेल्या कुटुंबाविषयांतु सांगचे जाल्यारी, तिक्का तीनी चेडवं – दोनी चल्ले, सूरज आनि श्याम, एकी चल्ली दीपा. सूरज बेंगळूर आस्ता, श्यामु पणजी, गोवांतु आनि धुव दीपा, प्रशांतराव कोंब्रबैल हाजेवटु लग्न जाल्लु मंगळूरांतु स्थायिक जाल्या. छायापाच्चेक पांच भयण्यो आनि एक भावु.

छायापाच्यी, समाजकार्यातुल्या तुगेल्या लक्षणीय योगदानाखातिर तुक्का आमगेले विनम्र अभिवादन. !

“Behind every Successful man there is a woman” अशी म्हणताती.हांगा 'Behind very successful Chhayapachi there is an exemplary Arunmam.” अशी म्हणयेद.

छायापाच्यी, तुक्का अरुणमाम्मागेले मार्गदर्शन आनि प्रोत्साहन अशीची मेळो आनि तुगेल्या हात्ताने समाजाच्या अभिवृद्धीखातिर महान कार्य जावोति, ही सदिच्छा!

छाया उभयकरपाच्येगेले मनोगत.

सगळ्यांक नमस्कारु!

आंतरराष्ट्रीय महिला दिनाच्या आचरणेंतु कॅनरा सारस्वत असोसिएशनाने सोळा वर्सधोरु विविध क्षेत्रांतु साधना केलेल्या महिलांक सोडुनु, तांगेलो सन्मानु कोर्चो हो समारंभु श्लाघनीय जावु आस्स. आजि सन्मानित जाल्लेल्या महिलांगेली साधना पोळोवनु, हांवे आनिकेयि मस्त कार्य कोर्चे आस्स अशी दिसता. ह्या सर्व महिलांक मनःपूर्वक शुभेच्छा आनि पार्वतीपाच्येक मगेलो नमस्कारु!

१९६७ सालांतु, परमपूज्य परिज्ञानाश्रम स्वामीजी (तृतीय) हांगेले, मल्लापूरांतु णव म्हैने वास्तव्य आशिल्ले. त्या वेळारी तांत्रि म्हळें. “हांगा चारि देवळं आस्सति. वडुजाणांनी मल्लापूर सोणु वचुगेल्यारि कशी ? हांगा राबकाज अशी तांगेल्या उत्रांचो आशयु आशिलो. अरुण उभयकर, मागिरी मगेलो बाम्मणु जाल्लो. सानपणांतु, हांगा स्कुलाक वत्ना वांटकाळ्ळेलेमितीं हांगा एक हायस्कूल काडकाज म्होणु इच्छा आस्स, अशी तात्रे, अभिव्यक्त केल्लें. स्वाम्यांनी, ह्याचि जागेरि करि, आमगेलो पूर्ण आशिर्वाद आस्स म्हळे आनि ताक्का सहाय्य जावो म्होणु. तांत्रिचि आर्थिक सहाय्य कोर्नु, आशिर्वाचित केल्लें. त्याचि वर्स आमगेले लग्न जाल्लें, स्कूल सुरु केल्लें आनि आम्मी मल्लापूरांतुचि स्थायिक जाल्ली.

ताज्जेउप्रांते, हांगा हांवे समाजाखातिर कार्य सुरु केल्लें. प्रितापाच्येने मगेलो आनि मगेल्या कार्याचो उत्तम रितीने परिचयु कोर्नु दिल्ला. ताज्जी पुनरावृत्ति करना. मात्र, दोन - तीनी विषयांतु सांगकाज म्होणु दिसता. हांवे विविध विषयांतु प्रशिक्षित केलेल्यो महिला स्वयंपूर्ण जावु तांका

आर्थिक स्थैर्य प्राप्त जाल्यां थोडींजण शिवणकाम बेताचें काम कर्ताति. सुमारजाण सरकारी स्कुलांतु क्राफ्ट शिक्षिका म्होणु कार्यरत आस्सति. ३-४ जाणांनी गावांतु बालवाडी सुरु केल्या ३०-४० जाणांनी, कन्डेन्सड कोर्स पूर्ण कोर्नु, SSLC जावु नौकरी कर्त आस्सति.

एक्का सानप्रायेच्या महिलेगेलो बाम्मणु, फॅक्टरींतु काम कर्तना, सिलिंडर फुटुन गेल्लो. तिक्का, नौकरांगेल्या विमायोजनेंथानु, पेन्शन काडोवु दिल्लें. शिवणयंत्रारि काम कर्तल्यांक, सौरउर्जेरि चोलचिं मोटरं दिवैलिं. गावांतु Street Lights हाडेयिले. हें सर्व कोरुक माक्का आमचिगेल्यांगेले मस्त सहाय्य जाल्ले.

आत्तं दिव्यांग चेडवांखातिर एक working shed कोरेंवची इच्छा आस्स. त्याखातिर आमकां, आमगेल्या जानांलाग्गीथानु आर्थिक सहाय्याचि गरज आस्स. तरी आमकां आर्थिक सहाय कोर्काज म्होणु हांव निवेदन कर्तां.

मगेले आस्सुबाप्पुसु, आज्जे हांत्रि, आमगेलो देशु स्वतंत्र कोर्चे खातिर वांट काळेले, कारावासु सुहांयि भोगिलो, तांत्रि पळेयिलें. स्वतंत्र सुंदर भारताचें सांपन्न साकार कोरुकचि, देवाने माक्का हें कार्य वयसुनु दिल्या, अशी मगेली धारणा आस्स. परमपूज्य परिज्ञानाश्रम स्वामीजी (तृतीय) आनि परमपूज्य सद्योजात शंकराश्रम स्वामीजींगेल्या अनुग्रहामितींची, हीं सर्व कामं माक्का कोरुक जाल्लीं. तांगेली प्रतिनिधी म्होणु, अत्यंत समर्पित जावु, हांव हें कार्य कर्त आस्स. तुमगेल्या सर्वांगेल्या सहाय्याचि अपेक्षा कर्तां आनि हो सन्मानु, मगेल्या म्हालगड्यांक अर्पण कर्तां.

कॅनरा सारस्वत असोसिएशनच्या टीमाक मगेल्यो शुभेच्छा !

रायु आनि तागले मित्र

सुधीर कोपिकर, गोरेगांव

दंडकारण्यांतु ऐकु सिंहु आशिशलो आनि तागलें नांव मदोत्कट, म्हळ्यारि तीव्रतम अहंकारु महोणु। आनि त्या राय्यागले अहंकाराक शेणखत घाल्तले तागले मित्र समूह म्हळ्यारि ऐकु धूर्त गोमटी उत्रं उल्लैतलो कोल्हो, ऐकु चिट्ट्या वाघु आनि ऐकु कायळो. राय्याने शिकारि कोर्नु खाव्नु वर्ललें भक्षण कोर्नु पोट भोर्नु घेतले महा आलशि मित्रसमूह आनि राय्यागले मर्जांतु राब्बुक तागले अनावश्यक गुणगान, तोंडप्रशंसा कर्तले संधिसाधक। नित्यावारि तेगै रान्नांतु भ्रमण कर्त आस्तना सिंहहु नवीन ऐक प्राणीक पोळोव्नु आश्चर्यचकित जाता आनि म्हण्टा - "हो ऐकु नवीन प्राणि सो दिस्ता। कोणुबा हो?"

लगेच कायळो म्हण्टा - महाराज, हांगाथाव्नु वायुव्य दिकाने सुमारु ऐक पन्नास योजन दूर कच्छ प्रांत आस्स थंयि खंयि पळैलेतरि रेंवचिरेंव। वता रखरखाटु आनि उट्टा थेंबु मेळुक कंगाल जांवका अस्लि परिस्थिति। त्या रुक्ष प्रदेशांतु हाक्का ऊँट म्हण्टाति। वाट चुक्कुनु आयला सो दिस्ता। मगलो आज्जो म्हण्टालो कि ऊँटागले मांस रुचकर आस्ता आनि तें हांगा आमका अपरूपचि नैवे?

सिंहु तागल्या राजरोषा आवाजांतु म्हण्टा - अरे कायळ्या, हो आमगले राज्यांतु वाट चुक्कुनु आयिलो अतिथि म्हळ्यारी साक्षात् देवुचि। आवाजु कर्नातिलें ताज्जे इत्ल्याक तण खात आस्स। वच, ताक्का सांग महाराजाने आपैल्यां म्होणु आनि घेव्नु यो।

महाराजागले मित्र ऊँटालागि वताति आनि सिंहागले प्रशंसा कर्तचि सांगताति - आमगलो महाराजाने तुक्का अतिथि म्होणु आमगले राज्यांतु अभयपूर्वक आश्रय दिंवचें ठरैल्यां। आमगले राज्यांतु पाचवें तण, पान्नं, आनि रुचकर फळांक बरगालु ना, तशीचि बारा मैने उट्टाक आस्ता। तूवें हांगाचि वास कोर्का आनि महाराजागलि मैत्रीचो स्वीकार कोर्का।

शांत स्वभावाचे ऊँटाक खुशी जाता। तोवे मित्रपरिवारा सांगाति राय्याक मेळ्नु तागले गौरवपूरक नमस्कार कर्ता। मस्त कालु व्यतीत जाता। सम खांवचा -पिंवचाक मेळ्ळोलेमिति तो सुद्रढ आनि आरोग्यवंतु जाता। ऐकफेटी महाराजागले हें मित्रपरिवार वतना इद्रारि एकि हस्ति येता। तागलेनांव अरिहंत म्होणु। तरि हे मित्र म्हण्टाति - महाराज, तुम्मि ह्या रान्नांतु राज्य कर्तना ह्या अरिहंताने तुम्का मान दीव्नु चलका नैवे? तान्ने

महाराजाक सोंडाळि नेलाक लाव्नु सलाम कोरका नैवे? ऐक दिक्काक चिट्टो, दुस्रे बाजूक कोल्लो आनि वैरि करकर कर्तलो कायळो वट्टुंचाक लागले कि हस्तिक आयलो कोपु। तो सरळ सिंहा दिशेने येंवचें पोळोव्नु मदोत्कटाक लेक्ता - आजि मगले मित्रान्नि सांगिले मिति हो गजराजु माक्का सलाम कर्तलोचि।

जाल्यारि तो शांत मुखारि आयिलो गजराजु तागले सोंडाळींतु सिंहाक गुंडाव्नु दूर उडोव्नु सोडता। कांट्या झुडपांतु पळ्ळे मिति हाड्डं बचाव जाल्लिं जाल्यारि सगळे आंगाक तोपिले कांटे काडत बोस्चेंचि ऐक होड काम जाल्लें। बस्तना, उट्टायतना, चमकतना, धांवतना अशिश कस्लेंड कोरुक गेल्लेतरि दूकि। महाराजाक शिकारि कोरुक जायना म्होणु सगळें मित्रपरिवार उपाशी। अशिश थंड बस्ल्यारी सगळ्यांगले मरण खचित। हांवेंचि कस्लो उपाय कोर्का।

कोल्लो म्हण्टा - महाराज, तो ऊँट आस्स नै, ताक्का तुम्गलि ही अवस्था पोळोव्नु मस्त दुखः जाल्यां। राय्याने माक्का आश्रय दिल्लो, मित्रु म्होणोव्नु इत्लो सन्मानु दिल्लो। राय्याक शक्ति येंवचाक आहारु जांवका, खांवचाक जांवका जाल्ल्यारि शिकारि कोरचि इत्लि तरि शक्ति येंवका अशिश विरोधाभासाचो वर्तुळ जाल्ला। तांतु थाव्नु भाग्र येंवचि वाट सुद्धां दिस्सना। कस्लें कोरु हांव? म्हण्टालो तो ऊँटोबा।

लगेच चिट्ट्या वाघु म्हण्टा - ऊँटोबाने जाव्नु तुम्का कस्लें सांगल्यारि ना म्हणाशिश तान्ने सांगीलें वारि केल्ल्यारि, तुम्मि जाव्नु ताक्का दिल्लैलें अभय उल्लंघन केल्लेवारि जायना। आतं आराम करा। दोगै सिंहागले गुफेंथाव्नु भाग्र येताति।

कोल्लो कायळ्याक सांगता - "आतं रायु आराम कर्त आस्स। जाल्यारि फाड तागलि स्थि कशिश आस्तली म्होणु गोतु ना। आमिमि कस्लोतरि उपायु कोर्नु राय्याक खंयिथाव्नु तरि पोटभोर्नु खांवचाक हाण्णु दिंवका। ना जाल्यारि राय्या खातिरि आत्मसमर्पण कोर्चें तय्यारि तरि कोर्का। आमिमि तागले जीवलग मित्र जाव्नु कस्लो उपयोगु?"

चिट्ट्यावाघु म्हण्टा - "कायळ्या, तूं ऊँटोबाक घेव्नु यो। आमिमि नवीन मित्राक वगळ्ळें म्होणु आमचेरि अपवादु येंवचो नाक्का।"

ठरैलेवारि दुसरे दिवसु सगळे मित्र सिंहागले गुफेंतु मेळताति।

कायळो म्हणता - "महाराज, तुम्गलो मित्रु जाव्नु संकट कालांतु हांव उपयोगाक येनि जाल्यारि, देवु माक्का माफ कर्तलो वे? महाराज मगलें प्राण घेव्नु भक्षण कोर्नु सोडाति। हांव सुखाने स्वर्गाक निर्गमन कर्ता।" कोल्लो म्हणता - "आरे कायळ्या, तुगले इत्ले सान देह खाव्नु राय्यागले पोट्टाचो ऐक बाजु सुद्धां भरशि ना। ताज्जे पेक्षा हांवचि आत्मसमर्पण कर्ता। ऐकु दिस्साचि तरि राय्यागलि भूक शमन पाव्तलि। आनि माक्का स्वर्गु मेळतलो। महाराज, मज्जेरि कृपा कराति" चिट्ट्यावाघु म्हणता - "महाराज, मगले मांस खाल्यारि तुम्गलें थोडे दिवसांचो प्रश्नु सुटतलो। त्या मिति मगलें देहदान केल्यारि, देवु पाव्तलो। माक्का स्वर्गु प्राप्त जातलो।"

सिंह म्हणता - "तुम्मि मित्र मगले सांगाति आशिलेमिति मगले दिवस खुशींतु व्यतीत जाताति। आनि मगले मित्रांगलि खून कोर्नु हांव खंचे नरकांतु वोचुं?"

ऊँटोबा विचारु कर्त आस्ता- "महाराजाने माक्का अभय दिल्यां। त्या मिति हांव जास्ति सुरक्षित आस्स। रायु दिल्लैलें वचन केन्नाइ मोडशना। आनि तोवें म्हणता - महाराज, तुम्मि माक्का आश्रय दिल्लो, मित्रु म्होणु गौरव केल्लो। हांवें तुगले अन्य मित्रांवारि आत्मसमर्पण केल्यारिचि मगलो गौरवु वढतलो आनि माक्का मोक्षुई मेळतलो।"

घाय्यान्नि जर्जर जाल्लैल्ले सिंहाणे हालचाल कोर्चें पैलेंचि चिट्ट्यावाघु आनि कोल्लो ऊँटोबाचेरि उडकि मारु भक्षण सुरु कर्ताति। "तूवेचि तुगलो प्राणु समर्पण केल्ला नैवे? माक्का आतं वचनभंगाचें पाप लाग्गना" दीन नजरेने प्राणत्याग कर्तल्या ऊँटोबागले दोळ्यांतु दोळे घाल्नु म्हणता आनि आप्पणई भोजनांतु सामील जाता"

अशिश आम्गलि तिस्रि काणि समाप्त जाता। तरि काणि वाचुनु कशिश दिस्लें? जीवनांतु अस्ले मित्र कोणाक जाव्का म्होणु दिस्तलें? तुमका कस्ले तर्हेचे मित्र जावकाति? तुम्गले खंचेई मित्राने "आम्मि जीवलग मित्र जाव्यां" म्होणु सांगिलें आस्सवे? व्हयि जाल्यारि कस्ल्याक सांगिलें?

बालमित्रान्नों, गोमटे कोर्नु उल्लोवचाक शिक्किलो मनुष्यु जगु जिंकुनु येता म्होणु आमचीगली म्हण आस्स। भारतवर्षाने केन्नाई जग जिंकूक अलेक्झांडर जाव्नु, होडि सेना घेव्नु, आक्रमण कोर्नु, सामान्य जनांक त्रासु दी म्होणु केन्नाई सांगनि। भारतवर्षाथाव्नु संघटित

सहजीवनाचे मूलमंत्र प्रेम, शांति, करुणा, त्यागु, अहिंसा, आपुलकी आनि सगळे निसर्गांतुल्या प्राणी, पक्षी, जीवांचेरि प्रीति अस्ले अनेक विशेष गुण आचरण कोर्नु ताज्जे प्रचार जाव्नु बौद्ध धर्मु जगभर प्रसारु जाल्लो।

मूलमुद्दो हो कि प्रत्येकाने उल्लोवचाक शिक्का, महळ्यारि व्यक्त जावचाक प्रयत्नपूर्वक अभ्यासु कोर्का। आनि ताज्जि सुरुवात माक्का तुम्गले मनोभाव कळोनु करतलिं म्होणु हांव आशा कर्ता।

नीतिपाठ

जीवु, जीवन हें मगलें म्हळ्ळे तरी, आम्गलि वाढि जाव्चांतु आव्सु-बाप्सुंगलो होडु वांटो आस्ता आनि ताज्जें रुण ह्या जन्मांतु फेड्डुक जायना। तशीचि समाजाने रूप दिल्लैलि व्यवस्थैचि सुद्धां उपयोगाक आयलेलें आस्ता। त्यामिति आम्गले जीवनांतु खरे मित्र मात्र जाव्काति, दुष्ट ढोंगि मित्र नाव्काति म्होणु ठरौनु तशिश अमलबजाव्णि कोर्चि क्षमता आम्चांतु आस्का आनि ताज्जि जवाबदारि आम्मीचि घेंवका। आम्गलें जीवन कशिश रंगरूप घेंवका म्हळ्ळैलें आम्मीचि ठरोंवका। तांतु मित्रांगले मिति अडथळे येताति, तांगलो त्रासु जाता म्होणु दिस्ल्यारि तांगलि मैत्री सोण्णु दिवचेंचि योग्य। अशिश वेळेरि भाय पण्णाशि मित्रां सांगाति वायट व्यसनांतु गुंतुनु भविष्य वायट कोर्नु घेतिले, जायितिल्ले जीवंत उदाहरण समाजांतु आस्सति। गाडि वेळेरि परत रूळारि हाडचें आम्गलेंचि कर्तव्य, ताज्जे खातिरि नियतीक, भाग्याक दोषु दीव्नु चल्ना। आम्गल्या जीवन नौकेचि सुकाणु आम्गले हातांतूचि घेंवका।

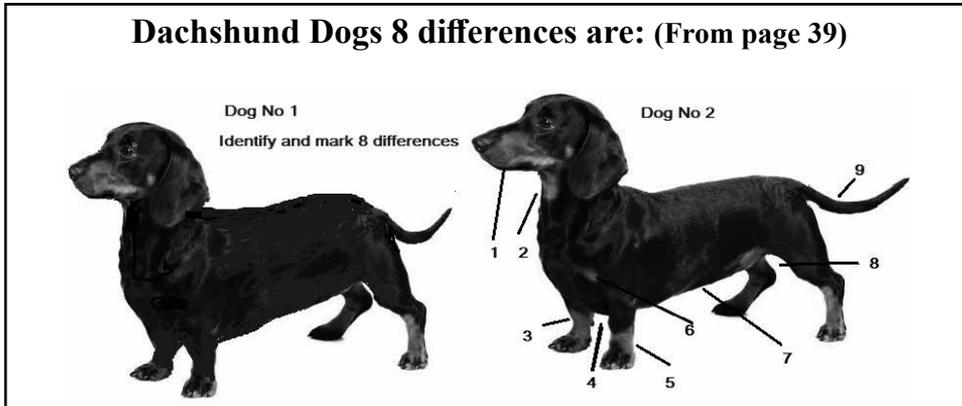
KONKANI LEXICON FUN QUIZ

(Answers)

विद्यापीठ
व्याख्यान
प्राथमिक
प्राध्यापक
प्राचार्य
विद्यालय
सभागृह
महाविद्यालय
वेदिका

Solutions to Quiz

Dachshund Dogs 8 differences are: (From page 39)



Solution to Sudoku puzzle

1	6	9	8	2	7	3	4	5
5	4	2	9	1	3	7	8	6
7	3	8	4	6	5	9	1	2
4	7	5	1	9	8	6	2	3
2	9	1	3	5	6	8	7	4
6	8	3	2	7	4	1	5	9
3	5	7	6	8	2	4	9	1
8	1	6	5	4	9	2	3	7
9	2	4	7	3	1	5	6	8

(For Sudoku refer page 35)

TEST YOUR CRICKETING FUNDAS -

Solution

Batter 1 - Hits 4 - Scores 4 - gets Out.

Team Total score is 4

Batter 3 - Hits Two fours - Scores 8

Retired Hurt - Team Score $4+8 = 12$

Batter 4- Scores 1 run more than

Opener- $4+1$, Scores 5 Team Score is 17

Batter 2- Scores 1 less than Injured

Batter - $8-1 =$ Scores 7 Team Score $17+7$

Now Game abandoned at Total Score
 $4+8+5+7 = 24$ for 1 wicket

(For Quiz Refer Page No 36)

SMART KID CONTEST

Replace the Question marks with mathematical symbols to be used only once each (+ , - , x and /) to obtain the correct answer . Do the calculations in strict order from left to right.

$$24 / 2 + 3 - 5 \times 4 = 40$$

(Refer page 36)

Solution

Answers to General Knowledge Quiz for children

1. Portuguese 2. January

(For Quiz refer page 37)

RAM NAVAMI CROSSWORD PUZZLE SOLUTION

J	A	M	B	A	V	A	N		B	H	A	R	A	T		
A		E		J								A		U		
N	A	L	A	N	I	L	A		S	H	A	M	A	L		
A		A		A				S				A		S		
K	U	S	H		R	A	N	I	K	A	I	K	E	I		
A				B				T				O		D		
			C	H	A	L	I	S	A	M	A	N	T	R	A	
			H		I			U			J			S		
C	H	A	I	T	R	A	N	A	V	A	M	I				
H			N					G		Y		R		S		
I	N	D	R	A				N	O	O	N		V	A	Y	U
R		R		D				I		D		U				B
A	R	A	N	Y	A			S	H	A	R	A	N	G	A	
Y				A					Y		J					H
U	T	T	A	R	A			R	A	M	A	S	E	T	U	

There were no correct entries for the Crossword.

Here and There

Bengaluru:

Special programmes:

On March 1st the Shishya Sweekar Divas of Param Pujya Shrimat Parijnanashram Swamiji III was observed with Bhashya Pathana-Bhagavadgita, Upanishad and Brahmasutra and Ashtavadhana Seva. Mahashivaratri was observed at the Math with Chara Yaama Pujana performed by gruhastha-s. The sadhaka-s enthusiastically participated in the stotra pathan during the Pujana which was led by Smt Sunanda Sagar pachi and bhajanseva. On 13th March, on the occasion of Vardhanti of Guruswami's Sannidhi at Karla, yuva-s performed Samuhika Shri Guru Pujana.

Regular Programmes :

(a) Dr. (Smt.) Sudha Tinaikar commenced talks on Vivekachudamani online from this month.

(b) Girvana Pratishtha classes, Sambhashana Varga classes and Prarthana Varga are being conducted online.

(c) Gayathri Japa Anushthaan is performed every Sunday online

(d) Daily morning puja-n-s and evening puja-n-s on Monday-s, Thursday-s and Friday-s were performed by Shri Satyendra Sorab mam and gruhastha-s.

(e) Durga Namaskar was performed every Friday by Ved. Shri Vijay Karnad Bhat mam.

(f) The Shri Shankaracharya Ashtotthara Shatanamavali is being recited by Sadhakas-online, every Sunday at 1000 hrs.. It commenced on 23rd Jan and will conclude on 1st May.

Report by Saikrupa Nalkur

Thane: Samaradhana of H.H. Shrimat Parijnanashram Swamiji II was observed on 2nd October. This online meeting was attended by around 26 families. A reading of some soul-stirring excerpts from the English version of the Guruparampara Charitra set the mood for the Samuhika Guru Pujana that followed, which was offered by 7 sadhaka-s. The programme ended with the Deepanamaskar and *jaijaikar-s*.

During the auspicious period of Sharadiya Navaratri, Samuhika Navaratri Sadhana was offered alongwith our partner sabha-s on 7th

October as a part of the collective offering by all sabha-s around the world. Six sadhaka-s from Thane Sabha participated in this event.

On the occasion of Lalita Panchami on 10th October, Samuhika Devi Pujan was offered by 6 sadhaka-s. This event was attended by 18 families.

Samaradhana of H.H. Shrimat Shankarashram Swamiji I was observed on 11th October. This online event was attended by around 26 families. A chapter from the Guruparampara Charitra and excerpts from the English version of the Guruparampara Charitra were read. Gurupujan was offered by 6 sadhaka-s. After the Deepanamaskar, the program ended on a high note with spirited *jaijaikar-s*.

As part of the Sayujyam Samuhika Sadhana Shrinkhala, Samuhika Sadhana Panchakam and Gayatri Anushthana were offered on 17th and 31st October alongwith our partner sabha-s. Around 8 children from Prarthana Varga and 7 Yuvadhara members from Thane sabha participated by leading recitation and offering technical help. Around 6-9 sadhaka-s offered Gurupujan on both the days. Gayatri *Anushthan* was offered by 7-9 sadhaka-s. An online *Vimarsha* was organised on 24th October which was attended by 24 sadhaka-s.

Seva Saptaha was observed between 18th and 23rd October. *Vishesh Sadhana* was offered by 7 sadhaka-s during this period. Online *Sannikarsha seva* was offered on 24th October wherein 3 children from Prarthana Varga, 4 Yuvadhara members and 11 senior sadhaka-s led the recitation.

On the occasion of H.H. Shrimat Sadyojat Shankarashram Swamiji's *Janmadivas*, 14 sadhaka-s of Thane Sabha came together to offer Guru Pujana on 12th November. This online programme was attended by around 41 families.

To commemorate H.H. Shrimat Sadyojat Shankarashram Swamiji's *Janmadivas*, Shree Devi Anushthana was offered by 22 sadhaka-s on 12th November and 18 sadhaka-s on 13th November.

On 14th November, as a part of the Sayujyam Local to Global events offering, 16 sadhaka-s offered Guru Pujana during this event.

Samaradhana of H.H. Shrimad Vamanashram Swamiji was observed on 28th November. This online event was attended by around 26 families. A chapter from the Guruparampara Charitra

and excerpts from the English version of the Guruparampara Charitra were read out. Guru Pujana was offered by 7 sadhaka-s. Vocal and Instrumental Bhajan seva was offered by 4 yuva-s and 2 senior sadhaka-s. The programme ended with the Deepanamaskar followed by Shankha Naad and jaijaikar-s.

Report compiled by Tejashree Bailur

Our Insitutions

Saraswat Mahila Samaj, Gamdevi:

Gamdevi Saraswat Mahila Samaj celebrated *Yuvati Diwas* virtually on 26th March 2022. Our dear late Smt. Sadhanatai Kamat often expressed that upcoming *yuvatis* must always be encouraged, since they are the future successful women of the society. So as per her wish, three upcoming and dynamic *yuvatis* from our community were felicitated by us this year.

Kum. Kanika Nadkarni - a freelance photographer, Kum. Janhavi Mallapur - a fine artist and art educator and Kum. Dhanashri Mallapur - a confectionery chef. They were introduced by our Samaj *yuvati* Smt. Ashwini Prashant after which each *yuvati* displayed their art through photographs, demonstrations and quiz based on different kinds of paintings and Amchi food delicacies. This was enjoyed by one and all. This function was sponsored by Smt. Padmini Bhatkal in memory of Smt. Sunanda & Shri Sadanand Bhatkal and Shri Sushant Bhatkal, Smt. Geeta Balse in memory of Shri Suresh Balse and Smt. Vidya Kodial in memory of Smt. Prema and Shri Shankar Kodial. And ended with a vote of thanks by Smt. Smita Mavinkurve.

Report by Smt. Vijayalaxmi S. Kapnadak

Rates for Classified and Casual Advertisements in Kanara Saraswat Magazine

For the first 30 words: ₹ 650/- for KSA Members (Minimum ₹ 682/-) and ₹ 700/- for Non-members. For every additional word, thereafter: ₹ 25/- +GST 5% on all ads.

Colour Full page: ₹ 7500/- + 376 = ₹ 7876/-

Black & White Full Page: ₹ 5500/- + 276 = ₹ 5776/-

Colour Half Page: ₹ 4000/- + 200/- = ₹ 4200/-

Black & White Half Page: ₹ 3000/- + 150/- = ₹ 3150/-

Black & White Qtr Page: ₹ 2000/- + 100/- = ₹ 2100/-

All remittances are to be made by D.D. or cheque, in favour of 'Kanara Saraswat Association'. For online payment please contact KSA office

CLASSIFIEDS

BIRTH

A baby girl Miraya to Namita (nee Masurkar) and Mihir Manjeshwar. Granddaughter to Pavitra and Madan Manjeshwar and Rita and Kishore Masurkar. Great granddaughter to Prema Mavinkurve. Niece to Mehul, Nikhil and Anjula. Cousin to Aanya and Anaaya.

APARTMENT FOR SALE IN MALLESWARAM, BANGALORE

3 BHK, 1400 sq.ft super built up area with one parking space, excellent location on Margosa Road...contact 9980538110

FOR SALE

A beautiful and beloved apartment in the heart of Malleswaram (13th cross, 8th main) nestled among green treetop views. A spacious living, dining, open kitchen with marble floors, 3 bedrooms with attached baths, recently renovated with all modern amenities and new wiring, including plug and play IT infra, 2 air conditioners (higher electric load approved by KEB), with 2 car parks allotted in the basement. Please contact Reshma Kalyanpur Chadha (9845028190) for more details.

DOMESTIC TIDINGS

BIRTHS

We welcome the following new arrivals:

Jan 10: Son (Tanay) to Ashwini and Ketan Gurudatt Kowshik at Sunnyvale, California, USA

Mar 13: A daughter to Neha and Darshan Naresh Gangolli at Mumbai.

Mar 26: A baby boy (Malhar) to Dr. Aparna Lajmi and Dr. Viraj Torsekar at Mumbai.

Apr 7: A baby girl (Miraya) to Namita (nee Masurkar) and Mihir Manjeshwar at London.

OBITUARIES

We convey our deepest sympathy to the relatives of the following:

Mar 6: Vijaya Jayant Amladi (77) at Bengaluru.

Mar 18: Rajaram Kalbag at Santacruz (East), Mumbai.

Mar 21: Vithal Haldipur (75) at Bengaluru.

Mar 22: Mukta Ganesh Hattangadi (89) at Pune.

Mar 23: Ramanand Bhavanishankar Bellare (80) at Bengaluru.

- Mar23: Sunil Chandrashekhar Shirali of Borivali at Bengaluru.
- Mar24 : Dinkar Venkatrao Baljekar at Mysuru.
- Mar24: Prashant Vijaykumar Hattangadi (55) at Mumbai.
- Mar29: Anil Shivrao Mallapur (81) of Solapur, at Dahisar, Mumbai.
- Mar31: Ramesh S Nadkarni (86) at Anandashram CHS, Mumbai.
- Apr 6 : Anand (Ananth) Basrur (98) at Matunga, Mumbai.
- Apr 6 : Meera Suresh Kilpady (nee Molhally) (of Santacruz) at Lavasa.
- Apr 7 : Subhash Anant Molhally (of Chennai) (74) at Bengaluru.
- Apr 7 : Shivdarshan Balse (68) at Bengaluru.
- Apr12 : Vinita Kolpe Labadaya (86) at LA, USA
- Apr12: Adwait Ramkrishna Ullal Bhat (62) in USA.
- Apr13 : Vasant Mangesh Kalbag (96) of Chitrapur CHS, Bandra, at Mumbai.
- Apr15: Sushila Ullal (81) at Saraswat Colony, Santacruz (W), Mumbai.
- Apr17: Shantaram (Eknath) Narayan Vinekar (93) of Mahim, Mumbai.
- Apr 19: Shri Nandan Taranath Kalbag (83) at Pune

ELECTION NOTICE-2022

Nominations are invited for 3 vacancies on the Managing Committee for the year 2022-2023 of the Kanara Saraswat Association (KSA) arising due to the following vacancies caused by retirement under Rule 13:

Sarvashri 1. Rajendra Kalyanpur 2. Rajiv Kallianpur 3. Shivanand Sanadi

Nomination papers containing the candidate's name in full and his/her consent to contest the election and subscribed by not less than two members of at least one year's standing as proposed and seconded should reach the Hon. Secretary at the KSA Office on or before Saturday May 14, 2022 by 7.00 p.m.

Vandan Shiroom

Hon. Secretary, KSA



Vinay V Gangavali
Phone: 2380 0460
Mobile: 9892407934



**WE ACCEPT OUTDOOR CATERING
ORDERS FOR
GET-TOGETHERS, BIRTHDAY PARTIES,
MARRIAGE, THREAD CEREMONY AND
ANY OTHER OCCASIONS.**

3-5/18, 2nd Floor, Talmakiwadi, Tardeo,
Mumbai - 400 007.

A name that spells its class!

WINOVER

CATERERS

**Marriages, Thread Ceremonies,
Engagement & Birthday Parties Etc.**
**WE DELIVER FOOD/ SNACKS
FOR PARTIES AT HOME**
Take away & Tiffins

**Or opt for Ala-carte
Amchi food & Variety cuisines**
Delivery Service available.
All over Mumbai-Thane-Virar

Call or Whatsap for our take away menu

Vinod Kaval / Ashwini / Rupali
9820843392 / 9004841198 / 9892300608

**Shop No 4, Andrea Apartment Off Azad Road
Ville Parle East, Mumbai- 400057**

With Best Compliments
From



Your One Stop Banking Destination

Competitive loan rates to suit all your financial needs

Vehicle Loan

Your dream car is waiting. Wait no more.

Gold Loan

Finance your urgent needs with our instant disbursal *

Loan Against Property

Your property can fulfill your dreams

Home Loan

Simplify your home buying experience

Doctors Loan

Upgrade. Expand. Take your Practice places.



SVC Care No.:
1800 313 2120



Corporate Office:
SVC Tower, Jawaharlala Nehru Road,
Vakola, Santacruz (E), Mumbai - 400 055.



SVCBankIndia



SVC_Bank



svc_bank



www.svcbank.com