

# Kanara Saraswat

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February 2019

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*A Shining Star in the Bhanap Sky*



*Versatile Bollywood Star Actress*

# Amrita Rao

# KANARA SARASWAT ASSOCIATION

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## Kanara Saraswat

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- Dr P S Mavinkurve,  
Hon Secretary, Health Centre

## Kanara Saraswat Association

### Presents a Classical Music Event in Pune

As a part of the Birth Centenary Celebration of Pt. SCR Bhat and Pt. Chidanand Nagarkar, KSA is presenting Gharana Festival, with a Hindustani Classical Music event at Shakuntala Shetty Auditorium, Near Kalmadi High School, Erandawane, Pune, on 26<sup>th</sup> and 27<sup>th</sup> February, 2019.

The programme details are as follows:

**Tuesday 26<sup>th</sup> February, 2019 – 6.30 PM:**

- Padmini Rao - Vocal
- Nityanand Haldipur – Flute
- Venkatesh Kumar - Vocal

**Wednesday 27<sup>th</sup> February, 2019 – 6.30 PM:**

- Satish Vyas - Santoor
- Raja Miyan - Vocal

The Daily Ticket Rates are: Rs.150.00 and Rs.100.00 per day. The Tickets will be available for sale on “BOOK MY SHOW” from 1<sup>st</sup> February 2019 onwards. A few seats will be reserved.

**Jairam Khambadkone**  
Chairman

**Shivshankar Murdeshwar**  
Hon. Secretary

**Sunil Ullal**  
Hon. Secretary for Sports  
& Cultural Activities

## International Women’s Day 2019

The Kanara Saraswat Association will be observing **International Women’s Day** on **Saturday 9<sup>th</sup> March 2019**, when the following women will be honoured for the outstanding work done in their respective field for the community and the Society:

1. Smt. Lalitha Lajmi - Contribution to Art.
2. Smt. Vimla Patil - Journalist, Columnist, Writer, Editor.
3. Ms. Deepika Kundaji - Organic Farming and Development of Forests.
4. Samvit Sudha Team - Women Empowerment in Rural Areas.

**Venue:** Shrimat Anandashram Hall, Association Building, Talmakiwadi, J. D. Marg, Mumbai

**Time:** 5.30 PM.

**Dr. Mrs. Mira Varalakshmi Sudhakar Savkur**, M.Sc, Ph.D.(Microbiology), Retired Head, Vaccine Manufacturing Plant, Haffkine Bio-Pharmaceutical Corporation Ltd, will be the Chief Guest for this function. Shri. Praveen Kadle, President of Kanara Saraswat Association will preside over the function.

All are cordially invited.

Shivshankar D. Murdeshwar  
Hon. Secretary

*From the  
President's Desk....*

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**Dear Friends,**

The General Elections of 2019 are round the corner. Very soon, the election frenzy will start, with leaders of all the parties taking credit for the country's progress or condemning the lack of progress under the incumbent Government.

But let us talk about the leaders taking credit for the country's growth. Do these leaders really contribute to the progress or are they just making noises about it? In reality has the progress happened or even if it has happened, then is it due to the actual work done by people at the grass root level, who are our unsung heroes?

It was in this context, that I remembered the famous elegy written by Mr Thomas Gray in the 18th century which in my view perfectly sums up the hard work done by these real heroes who actually contribute to the growth and success of the country in a selfless manner, but never get recognition.

They are like-

"Full many a gem of purest ray serene

The dark unfathom'd caves of ocean bear:

Full many a flower is born to blush unseen,

And waste it's sweetness on the desert air."

So, lots of beautiful and pure gems are hidden away in dark caves under the ocean. Lots of flowers come to bloom without a human to see and appreciate their beauty. Like the unsung heroes who do awesome work, the sweet scent of these flowers does not get recognised.

So what was the contribution of leaders like Mahatma Gandhi, Pandit Jawaharlal Nehru, Atal Bihari Bajpai? All of them were great leaders and great visionaries who reimagined this country in a newer modern context, ignited the passion and strong desire to make this country 'a Great Nation'. Great visionary leaders gave direction. But beyond that, it was the unsung heroes who, like the hidden gems and the blushing flowers, really toiled for this country, working quietly but with passion towards building a New India, that we see today.

And as Thomas Gray went on to say in his elegy-

"Far from the madding crowd's ignoble strife,

Their sober wishes never learn'd to stray;

Along the cool sequester'd vale of life

They kept the noiseless tenor of their way."

These selfless people, either individually or as a part of a team, kept on working for this country in their own silent way before and after independence. This has contributed in building this country into what it is today –the world's sixth largest economy.

So while we listen to the frenzied appeals from these leaders for our votes, let us not forget the tireless and silent work done by thousands of ordinary Indians who have made us proud of our country. Let us salute them.

Regards,

**Praveen P. Kadle**

## Letters to the Editor

**Dear Editor,** I feel that the article "Kodagu and the Kodavas" by Shri Satyanarayan Pandit in your January 2019 issue is not complete. The only reference to us Bhanaps is Panje Mangeshmaam and that Kodagu is "our next door neighbour"!

There are so many facets of Kodagu and the Kodavas that could have been brought out, which would have made the article far more informative and interesting. For instance:

1. That at weddings the groom has to hack his way through banana saplings on his way to the bride. A contemporary way in which these martial people had to find a bride in days gone by.

2. That the Kodavas have historically been the only

people in India who did not need a "gun license". And that they have an annual festival where they worship their weapons. Perhaps one of the festivals he mentions includes this but it is not specified.

3. That Oranges have by and large totally disappeared from Kodagu. Taken over by coffee, pepper and cardamom crops. Vanilla is also a new crop being developed.

4. That during the States Reorganisation in 1956 "Coorg" first became a C Class States with Cheppudira M. Poonacha as its first CM, who later went on to become Railway Minister and Gov. of MP in the Indira Gandhi regime.

5. That, in an apocryphal story FM Cariappa till his last days insisted on "dressing for dinner" as he was used to, from his days at Sandhurst onwards.

**Ghanashyam Hirebet, Pune**

### **Kanara Saraswat Association Presents**

### **Gharana Festival**

### **A Classical Music Event in Bengaluru**

As a part of the Birth Centenary Celebrations of  
Pt. S C R Bhat and Pt. Chidanand Nagarkar,  
at Chowdiah Memorial Hall, G.D. Park Extension,  
16<sup>th</sup> Cross, 2<sup>nd</sup> Main Road, Malleswaram, Bengaluru ,  
on 23<sup>rd</sup> and 24<sup>th</sup> March 2019.

#### **The programme details are as follows:**

#### **Saturday 23<sup>rd</sup> March 2019- 6.00 p.m.**

- **Devaki Pandit – Vocal**
- **Jayateerth Mevundi – Vocal**

#### **Sunday 24<sup>th</sup> March 2019 – 6.00 p.m.**

- **Sanjeev Chimmalgi – Vocal**
- **Kaushiki Chakraborty – Vocal**

Daily Ticket Rates : Rs. 500.00, Rs. 300.00 & Rs. 200.00 per day.

The tickets will be available for sale on "BOOK MY SHOW" from 1<sup>st</sup> March 2019 onwards.

A few seats will be reserved

**Jairam Khambadkone**  
Chairman

**Shivshankar Murdeshwar**  
Hon. Secretary

**Sunil Ullal**  
Hon. Sec for Sports  
& Cultural Activities

# Amrita Rao

## Versatile Bollywood Star-Actress says 'My dream is to play iconic Madhubala in her bio-pic '

BY CHAITANYA PADUKONE

The occasion was the ceremonial fanfare launch of the music tracks of the bilingual bio-pic 'Thackeray' (based on the life and times of legendary political leader Balasaheb Thackeray) at an opulent banquet hall at a luxurious suburban Mumbai hotel. Amidst thundering applause, the charming, versatile, effervescent Bollywood actress-model Amrita Rao (she plays matriarch 'Meenatai Thackeray') clad in a gorgeous ornate designer gown sashayed onto the stage along with her co-star acclaimed actor Nawazuddin Siddiqui (the screen-avataar of Balasaheb) and of course current Shiv Sena supremo Uddhav Thackeray. "Honestly, I feel I was destined to play revered Meenatai's role. As a young school student I remember I was shocked to hear the news of the passing away of Meena-tai and our school was declared closed as a mark of respect to her. She remained engraved in my memory as the matriarchal pillar behind the Thackeray family. Actually I grew up near Shivaji Park (Mumbai), and have taken many walks around the landmark statue of Meenatai Thackeray. Never knew one day I would bring her alive on the theatre screens. It was an emotional full circle of sorts when I went the other day wearing an austere saree to offer my respects to Meena-tai's memorial bust-statue at Shivaji Park," said Amrita, speaking to me on phone.

Speaking about her riveting role, Amrita shared, "When producer-eminent journalist Sanjay Raut and director Abhijit Panse approached me for the film, they told me that I was their first and last choice because of the dignified public image that I've created with my roles in decent films. I felt proud of that because, I have always chosen to have an esteemed identity of my own and kept away from the rat-race and never stooped to conquer." Endorsing her wise career-moves, her real-life mother Mrs. Kanchan Rao says, "My daughter Amrita has achieved success by hard work and sheer merit and talent. She never compromised on her ethics, principles and terms and always maintained her core grace and decency in whichever assignments she has done. In fact she had to politely decline a top-banner movie offer only because she felt she would 'not' be comfortable shedding her inhibitions doing certain bold, brazen scenes. Even the famous production house respected her decision. It's because of this dignified image that Amrita has merited this Meenatai role," justified Kanchan.

What were the biggest pressures faced by Amrita in portraying 'Meenatai'? "To begin with there were no reference points or very few sources, although she is a real-life revered personality. My prime challenge was to fully ensure that the audiences should connect with me only as Meenatai, ageing gracefully from 28 to 60 years and not as actress Amrita. There was so much I got to learn just observing my co-actor Nawazuddin who would give me perfect cues. For me acting is all about 'reacting', since I have had no formal training in acting," reveals the outspoken Rao who while browsing through a series of photographs also discovered that her facial expressions were uncannily identical to that of Meenatai.

Happily married to the exuberant TV host, live shows compere and FM 'Nasha' RJ Anmol, Amrita shares a warm bonding with her soul-mate-cum-husband. "Moreover, Anmol with his absolute positive attitude and rare values in showing respect for his parents and women in general, and I share a passionate common interest. Both of us are enamoured by the bygone 'golden era', retro film music and of course retro-film iconic legends. Sometimes, I even wish I was born during the 'black-and-white' era. My dream is to play the iconic Madhubala in her bio-pic, whenever it is made," confides Amrita, who went ecstatic when she was asked to perform on this Madhubala-picturised song 'Pyar Kiya Toh Darna Kya' as part of a retro-tribute-medley, at one of the Filmfare Awards event.

"Despite not having a mentor filmy-godfather to back me, I guess I have made sensible independent choices in my acting career," shrugs Amrita who has worked with most of the top-ranking Bollywood directors and A-List stars. The ravishing Rao's Hindi hit-list includes Farah Khan ('Main Hoon Na'—co-stars Shah Rukh Khan, Sushmita Sen), Rajkumar Santoshi (The Legend of Bhagat Singh—opposite Ajay Devgan), Ken Ghosh 'Ishq Vishk' (opposite Shahid Kapoor), Sooraj Barjatya ('Vivah' opposite Shahid Kapoor), Shyam Benegal (Welcome to Sajjanpur), Prakash Jha ('Satyagrah' co-stars Amitabh Bachchan, Manoj Bajpai), Subhash Kapoor (Jolly LL.B opposite Arshad Warsi, and Anil Sharma ('Singh Saab –The Great'—co-star Sunny Deol) besides many more movies. Interestingly, Amrita had earlier played a lead role inspired by legendary singer Lata Mangeshkar in a popular TV show titled 'Meri Awaaz Hi Pehchaan Hai' (2016). "From the current crop of star-actors, I look forward to working with Ayushmaan Khurana and Rajkummar Rao and among directors my wish-list includes the 'Masaan' director Neeraj Ghaywan, my own cousin Amit Masurkar (of 'Newton' fame) and even Nandita Das," shares Amrita who was thrilled when her 'Main Hoon Na' director Farah Khan complimented her on her authentic 'Meenatai' first-look.

"It goes without saying that it's a matter of precious pride for me to belong to the Chitrapur Saraswat-Bhaanap community which always upholds traditional-ethnic values," signs off Amrita whose real-life sibling, well-qualified journalist and winsome celeb-model-actress-singer Preetika Rao (of 'Beintehaa' TV show fame) has also made waves in the turbulent waters of showbiz.

**P.S.: As we go to press, the bilingual mega-movie 'Thackeray' is gearing up to be released on January 25th (two days after Balasaheb's 93rd birth anniversary) in over 1300 pan-India screens and some 400 overseas screens, and they are anticipating a fabulous box-office response.**

*The author of this article-interview Chaitanya Padukone, is a distinguished senior film journalist-author.*

## कॅनरा सारस्वत असोसिएशनाचो शतकोत्तर सप्तम वर्धापन दिन

### [107<sup>th</sup> Foundation Day Celebration of the Kanara Saraswat Association]

(कॅनरा सारस्वत असोसिएशनाचो शतकोत्तर सप्तम वर्धापनदिन [107<sup>th</sup> Foundation Day] समारंभु सॉमरू २६ नोव्हेंबर २०१८ ह्या दिसु, सांजे ५.३० घंट्यारि कॅनरा सारस्वत असोसिएशनाच्या श्रीमत् आनंदाश्रम सभागृहांतु संपन्न जाल्लो. उदय मंकिकराने बरेयिल्या निवेदनाचेरि, सुनील उल्लाळाने सूत्र संचालन केल्लें. त्या समारंभाचो वृत्तान्तु.)

आजि २६ नोव्हेंबर, २०१८. २००८ सालांतु ह्याचि दिसु मुंबईचेरी दहशतवादी हल्ला जाल्लेलो. हांतु अनेकजण गेल्ले. आमगेल्या पोलीस दलांतुले जवान आणि अधिकारी, तांगेलें कर्तव्य बजायसुतना शहीद जाल्ले. २२ सप्टेंबर, २०१८ क KSA ची माजी अध्यक्ष प्रा. साधना कामत, श्रीमती अरुणाराव कुंडाजे (२२/१०/१८) आणि श्रीमती निर्मला चिकरमने (२४/११/१८) हांगेलें निधन जाल्लें. तांगेलें विस्मरण जांवचे असाध्य. दोनी मिनीटं स्तब्ध उब्रोवु आम्मी तांगेलें पुणस्मरण कोर्यां.

आयच्या कार्यक्रमाचो आणि कॅनरा सारस्वत असोसिएशनाचो उपाध्यक्ष किशोर मासुरकरमामु, कार्याध्यक्ष जयराम खंबदकोणमामु आणि मानद सचिव शिवशंकर मुर्डेश्वर मामु हांन्नी वेदिकेचेरी विराजमान जांवकाज ही विनंती!

श्री गुरुभ्यो नमः

नमस्कारु आणि सुस्वागतम्!

वेदिकेचेरि विराजमान जाल्लेले KSA चे पदाधिकारी, सर्व पुरस्कार विजेते, आयचे उत्सवमूर्ती तशीची तुमकां सर्वांक विनम्र अभिवादन कोर्नु, हांव सुनील उल्लाळ आयच्या कार्यक्रमाक प्रारंभु कर्तां. खरे सांगचे जाल्यारी हें निवेदन कोरचो मानू उदय मंकिकर माम्मागेलो. (इति सुनील उल्लाळ).

आत्तं किशोर मासुरकरमाम्माक विनंती की, तांन्ने आमकां सर्वांक संबोधित कोर्काज. (किशोरमाम्माने भाषण केल्लें).

आजि २६ नोव्हेंबर २०१८- कॅनरा सारस्वत असोसिएशन (KSA) ह्या आमगेल्या समाजांतु लोकप्रिय जावु आशिल्या अग्रेसर संस्थेचो शतकोत्तर सप्तम वर्धापन दिन. म्हळ्यारि 107<sup>th</sup> Foundation Day. प्रतिवरस, ह्या दिसु KSA, Kiddies Cornes पुरस्कार, कोंकणी लेखन पुरस्कार, Sports Person of the Year ह्या पुरस्कारांचे वितरण कर्ता, तशीची विविध क्षेत्रांतु लक्षणीय कार्य केलेल्या आमगेल्या मान्यवरांगेलो सत्कारु कर्ता.

औंदु निबंध लेखन स्पर्धाची जाल्ली. ताज्जे पुरस्काराचेंयि आजि वितरण जाल्लें. एकळाक हांव प्रत्येक पुरस्काराची पार्श्वभूमी सांगता. ताज्जेउप्रांते पुरस्कार विजेत्यांगेलीं नांव सांगता. पुरस्कार विजेत्यांनी किशोर मासुरकर माम्मागेल्या हस्ते पुरस्काराचो स्वीकार कोर्काज अशी विनंती.

श्रीमती चंद्रा रमेश नाडकर्णी स्मृति "Kiddies Cornes" पुरस्कार :

सदानंद भटकळमामु "कॅनरा सारस्वत" मासिकाचो संपादक आसतना, चेड्वांक लेखन, कविता, चित्रकला इत्यादितु आवडी निर्माण जांवकाज, म्होणु तांन्ने "कॅनरा सारस्वत" मासिकांतु Kiddies Cornes हें सदर सुरु केल्लें. हें सदर आजि चेड्वांतु अत्यंत प्रिय जावु आस्स. २०११ सालांतु सदानंदमाम्मागेलें निधन जाल्लें. पुणेचो रमेश नाडकर्णीमामु आणि सदानंदमामु हे परममित्र. रमेशमाम्माने, २०१२ सालांतु KSA क चाळीस हजार रुपयांची देणगी दिल्ली आणि ताज्या वाड्डींथावु, म्हळ्यारि (Interest थावु) "Kiddies Corner" ह्या सदरांतु प्रकाशित जालेल्या उत्कृष्ट लेख/निबंध/कविता/चित्रकला इत्यादिक आपणागेल्या बायलेगेल्या, म्हळ्यारि श्रीमती चंद्रा रमेश नाडकर्णी हिगेल्या स्मृतिंतु पुरस्कार दिंवकाती म्होणु आवाहन केल्लें. त्या प्रकार २०१३ धोर्नु हो पुरस्कारु दिंवच्याक सुरुवात जाल्ली. हो पुरस्कारु म्हळ्यारि सदानंदमाम्माकई आदरांजली म्होणयेद. रमेशमामुयि आत्तं आमच्यांतु ना. औंदु ह्या पुरस्काराचें सटवें वरस.

#### RESULTS FOR KIDDIES CORNER - ESSAY/POEM/ARTICLE

##### Group I (Between 8 to 12 years)

Prize	Name	Topic
1 <sup>st</sup>	Aashna Selvaraj	More Animal Poems (Haiku; colour poem)
2 <sup>nd</sup>	Soham Naren Kalbag	Ruthlessness (poem)
3 <sup>rd</sup>	Shreyas Chandavarkar	My trek diary (article)

##### Group II (Between 13 to 16 years)

Prize	Name	Topic
1 <sup>st</sup>	Samvit Mavinkurve	Quest for the right thought (poem)
1 <sup>st</sup>	Anshul Kulkarni	Our stress Management workshop (A report)
2 <sup>nd</sup>	Anandita Balsavar, New Delhi	Root-Musing of a Teenager (Article)
3 <sup>rd</sup>	Priya Hatangadi, Bangalore	My Journey through Self Defence (Article)

## Results for Kiddies Corner - Drawing

### Group I (8 years and below)

Prize	Name	Topic	Issue
1 <sup>st</sup>	Jeetesh Amembal, Bangalore	A Rural Landscape	March
2 <sup>nd</sup>	Addya Sunil Katre, Pune	Happy Wedding Anniversary	March
3 <sup>rd</sup>	Ahan Mavinkurve, Bangalore	In the Jungle	Aug
	Adya Nagarkatti, Bangalore	Happy Butterfly Day	April

### Group II (9 years to 12 years)

1 <sup>st</sup>	Arjun Haldirpur, Bangalore	Village Side
2 <sup>nd</sup>	Vedant Prashant Rao, Mangalore	A Doodle
3 <sup>rd</sup>	Aditi Mohan Ullal, Bangalore	Horse

### Group III (13 years and above)

Prize	Name	Topic	Issue
1 <sup>st</sup>	Prathamesh Amembal, Bangalore	My Pet Dog	May
2 <sup>nd</sup>	Samiksha Kumble, Mumbai	Silent Woods	July
3 <sup>rd</sup>	Devaunsh Sandeep Bhat, Mumbai	Madhubani	

### श्रीमती गंगा एम नाडकर्णी स्मृति “कोंकणी लेखन” पुरस्कार:

१९२४ धोर्नु KSA च्या Saraswat Convocation क सुरुवात जाल्ली. २००० सालांतु गुलबर्गा विद्यापीठाचो कुलगुरू प्राध्यापक एम. व्ही. नाडकर्णी हांगेल्या हस्ते यशस्वी विद्यार्थ्यांगेलें कौतुक जाल्ले. नाडकर्णीमामु हो कोंकणी भाषेचेरि प्रभुत्व आशिलो भाषाप्रेमी. २००२ सालांतु तात्रे KSA क एकवीस हजार रुपयांची देणगी दिल्ली आनि ताज्या वाड्डीथांबु, प्रतिवरस, “कॅनरा सारस्वत” मासिकांतु प्रकाशित जाल्लेल्या उत्कृष्ट कोंकणी साहित्याक, तागेली पत्नी श्रीमती गंगा एम नाडकर्णी हिगेल्या स्मृतिंतु, कोंकणींतु लेखन जांवचे खातिर प्रोत्साहनपर पुरस्कार दिंवकाती अशशीं विनंती केल्ली. त्याप्रकार, २००३ धोर्नु ह्या पुरस्काराचें वितरण जाता. तीनी पुरस्कार दिताती. हाका प्रथम, द्वितीय, तृतीय अशशी क्रमु ना.

आजि, आम्मी नोव्हेंबर, २०१७ धोर्नु ऑक्टोबर, २०१८ ह्या कालावधींतु “कॅनरा सारस्वत” मासिकांतु प्रकाशित जाल्लेल्या तीनी उत्कृष्ट कोंकणी साहित्य कृतींक पुरस्कार दित आस्सति.

ह्या पुरस्काराचे मानकरी आस्सती - श्रीमती स्मिता बळवळ्ळी, श्रीमती ललिता अजित कर्नाड आणि श्रीमती रेखा राव (कावळ). तांन्नी येवुनू किशोर मासुरकरमामगेल्या हस्ते ह्या पुरस्काराचो स्वीकार कोर्काज. आनि आपणागेलें मनोगत व्यक्त कोर्काज म्होणू विनंती.

### कोंकणी लेखन पुरस्कार : २०१८

पुरस्कार विजेती	लेख	अंक
श्रीमती स्मिता बळवळ्ळी	मध्यम प्रायेच्यांगेल्यो समस्या	मे २०१८
श्रीमती ललिता अजित कर्नाड	श्रावण आयलो, येय्याति चूडीपूजा कोर्या.	ऑगस्ट २०१८
श्रीमती रेखा राव	भंगारवाला	ऑगस्ट २०१८

### निबंध लेखन पुरस्कार २०१८ :

आमगेलें “कॅनरा सारस्वत” मासिक अत्यंत वाचकप्रिय जावुन आस्स. वाचक ह्या मासिकाची वाट पळेयिताति, अगदी आनंद घेवुन वाचताति. मासिकाविषयांतु तांगेलो अभिप्राय दिताति मात्र न्हंयि, तरी मासिक परिपूर्ण जांवचे खातिर सूचना सुद्दांयि कर्ताति. आमगेल्या अशिची एका ज्येष्ठ वाचकाने आनि लेखकाने आमकां सूचना केल्ली की, “My Dream of a New India” ह्या विषयाचेरी आम्मी निबंधस्पर्धेचें आयोजन कोर्काज आनि उत्कृष्ट निबंधांखातिर पुरस्कार दिंवकाती. पुरस्काराखातिर तात्रे धा हजार रुपयांची देणगीथायि दिल्ली. तागेले नांव मेजर जनरल बी. एन. राव.

भारताचो नागरिक म्होणु प्रतिष्ठा भारतीयगेल्या मनांतु आपणागेले देशु कशशी आसकाज हाज्जे सॉप्न आसकाजचि. तें आम्मी समजुन घेंवयां अशशी दिसलें आनि आम्मी ह्या अभिनव सूचनेचो स्वीकारू केल्लो. स्पर्धकांगेले, प्रायेप्रकार तीनी वयोगट केल्ले. १८ ते २५, २५ ते ४० आनि ४० वर्सावयलें. वाचकांगेलो बरो प्रतिसादु मेळ्ळो. ह्या निबंधांचे जाणकारांनी परिक्षण कोर्नु तांगेलो निर्णय आमकां कळयिला. आत्तं पुरस्कार विजेत्यांगेलीं एक विनंती की, किशोर मासुरकर माम्मागेल्या हस्ते पुरस्काराचो स्वीकार कोर्नु आमकां उपकृत कोर्काज.

### वयोगट १८ ते २५ वर्स :

ह्या वयोगटांतु एकीची स्पर्धक आशिली. तिगेलो निबंधु खरेंचि पुरस्कारयोग्य आस्स. कुमारी निरजा नारायण राव. प्राय १९ वर्स. तृतीय वर्ष B.B.A. तुं शिकत आस्स. L.L.B. आमगेल्या मासिकाखातिर तिने कविता बरेयिल्याति.

### वयोगट २५ ते ४० वर्स :

ह्या वयोगटांतु ५ स्पर्धक आशिले.

प्रथम पुरस्कार - श्रीमती यशोधरा शिरूर.

शिक्षण BE (IT) आनि इंग्लिश विषय घेवुन M.A. Xerox India Pvt. Ltd. तुं सल्लागार म्होणु कार्यरत आस्स.

द्वितीय पुरस्कार - श्री. रूपक हट्टीकुदूर. तो सध्या South Africa तुल्या Johanesburg हांगा L & T Infotech का वतीने एका हॉड्डू बँकाच्या प्रकल्पाखातिर कार्य करीत आस्स. तो मुंबईतुल्या, सांताक्रुझस्थित सारस्वत कॉलनींतु राबता, इंजिनियरिंगांतु विशेष गुणांसहित पदवीधर जावुन सध्या Commerce & Business Law शिकत आस्स. तो अर्थशास्त्र (Economics) विषय घेवुन च.अ. जाल्ला. फुरसतेवेळारी, ताका वाचनाचो आनि Wildlife Photography चो छंद आस्स. रूपकागेल्यावतीने, तागेली आवसु श्रीमती उषा हट्टीकुदूर ह्या पुरस्काराचो स्वीकारू कर्तली.

तृतीय पुरस्कार - डॉ. सिद्धार्थ तल्लूर. मुंबई IIT तुं सहाय्यक प्राध्यापक. २००८ सालांतु Electrical and Engineering विषय घेवु, मुंबई IIT तुं थावु B. Tech.

२०११ सालांतु, Cornell University तुं थावु Electrical and Computer Engineering विषय घेवु च.ड. २०१३ तुं Cornell University तुं थावु Electrical & Computer Engineering विषयांतु Ph.D.

वयोगट ४० वर्सांवेले - ह्या वयोगटांतु ११ स्पर्धक आशिले.

प्रथम पुरस्कार - श्रीमती सुषमा पिलार M.A. (Sociology), B.Ed. BLIS (Bachelor of Library Infasc) IGNOU. विविध विद्यालयांतु शिक्षिका तशीची ग्रंथपाल (Librarian) म्हणू कार्य केल्या.

द्वितीय पुरस्कार - श्री. संदीप बळवळ्ळी. शिक्षण B.Sc. (Biochemistry) CAIIB, HSBC बँकांतु ३२ वर्सांच्या सेवेउप्रांते २०१४ तुं स्वेच्छानिवृत्त. १९९२ तुं बेंगळुरांतु HSBC बँकाची शाखा सुरू कोरच्यांतु सहभाग. थंयि ५ वर्स कार्य केल्लें. थंयिचि Financial Control Dept सुरू कोर्चे महत्त्वपूर्ण कार्य. १९९७ तुं मुंबई येनाफुडे Call Centre (Personal Banking) सुरू केल्लें.

तृतीय पुरस्कार - श्री. रवीन्द्र तोनसे. सेंट्रल बँक ऑफ इंडियांतु अधिकारी म्हणू कार्य कोर्नु सेवानिवृत्त. धारवाडांतु स्थायिक. आयच्या ह्या समारंभाक उपस्थित राबुक जायाशिना म्हणु तात्रे कळयिल्यां.

सर्व पुरस्कार विजेत्यांगेलें अभिनंदन! सर्व पुरस्कार प्राप्त निबंध आम्मी आमगेल्या “कॅनरा सारस्वत” मासिकांतु प्रकाशित कोरचीं आस्सती. भविष्यांतुयि अशी स्पर्धा आयोजित कोरचो, आमगेलो मनोदय आस्स.

### श्री सुरेश (बाब) व्ही. नाडकर्णी स्मृति Outstanding upcoming sports Person of the Year-2018 Award :

तालमकी वाडी तशीचि कॅनरा सारस्वत असोसिएशनाचे श्रीमत् आनंदाश्रम सभागृह म्हळ्यारि, विविध क्षेत्रांतु नांव पाविल्या चित्रापुर सारस्वतांगेली कर्मभूमीची. सुरेशमामु, आम्मी ताका बाबमामु म्हणताले, हो तांतुले पैकीची एक. प्रसिद्ध भानप क्रिकेटपटू आनि टेबलटेनिसपटू. १६ ऑगस्ट २००० ह्या दिसु तागेलें ऑस्ट्रेलियांतु निधन जाल्लें.

१९५०च्या दशकांतु, आपणागेल्या Left arm गुगली आनि आर्मसांनि तात्रे, तागेल्या संघाक अनेक विजय मेळोवु दिल्ले. Inter Schools, Inter Collegiale, Inter University अशी अनेक स्पर्धांतु, तात्रे तागेल्या संघाक विजयश्री मेळोवु दिल्ली. एका Inter University सामन्यांतु बाबमाम्माने एका डावांतु, प्रतिस्पर्धी संघाच्यो पुरायि धा विकेटस् घेवु प्रस्थापित केलेलो किर्तीमान (Record) आजिकयि अबाधित आस्स.

मागिरी ४३ वर्सांचि प्रायथायि, बाबमामु ACC XI खातिर Times Shield, Kanga League आनि इतर सामने खेळ्ळो. त्यावेळारि ACC XI संघांतु Rusy Mody, Madhav Mantri, Polly Umrigar, Dilip Sardesai, Bapu Nadkarni, Ramakant Desai हांचेवारि दिग्गज क्रिकेटपटू आशिले. टेबलटेनिसांतु, बाबमाम्माने, दोनी फांता, दिलीप संपत ह्या मानांकन प्राप्त (Seeded) खेळाडूक पराभूत केल्लें. तात्रे Siddharth College आनि KSA चेंयि प्रतिनिधित्व केल्लें.

बाबमाम्मागेल्या स्मृतिंतु, तागेली बायल शैलापाची, प्रतिवरस हो पुरस्कारू दिता. १००१ रु. रोख आनि Rolling Shield अशी ह्या पुरस्काराचें स्वरूप आस्स.

औदु ह्या पुरस्काराचो मानकरी आस्स - लॉन टेनिसपटू कुमार आदित्य बलसे (प्राय १६ वर्स).

हांव एकळाक आदित्यागेलो परिचय कोर्नु दितां. मागिरी ताका विनंती की, तात्रे किशोरमाम्मागेल्या हस्ते ह्या पुरस्काराचो स्वीकार कोर्नु आपणागेलें मनोगत व्यक्त कोर्काज.

### कुमार आदित्य विशाल बलसेकर :

२३ ऑक्टोबर, २००२ ह्या दिसु जन्मु. प्राय १६ वर्स. वांद्रे पूर्वस्थित आर्य मंदिर विद्यालयांतु, नववींतु शिकत आस्स. लॉन टेनिसाच्या क्रमवारींतु महाराष्ट्रांतु प्रथम, भारतांतु नवम आनि आशियांतु १०७ वो क्रमु.

- आदित्य सध्या तागेल्या विद्यालयाचो Games Captain जाल्लु आस्स. हो मानु नववींतु शिकतल्या विद्यार्थ्यांक पैलफांता मेळ्ळा.  
- प्राथमिक विद्यालयांतु आसतना तो “Head Boy” आशिलो.  
- MSSA फुटबॉल टीमांतु तात्रे तागेल्या विद्यालयाचें प्रतिनिधित्व केल्यां.

- आदित्य विद्यालयाच्या विविध कार्यक्रमांतु सहभागी जाल्लो. मात्र न्हंयि, तात्रे अनेक पुरस्कार सुद्दांयि मेळयिल्याती- गायन स्पर्धा, संस्कृत श्लोक पठण स्पर्धा, बॅडमिंटन, टेबल टेनिस इत्यादि.

- लॉन टेनिसाच्या क्रमवारींतु, २०१४ तुं आदित्य ५२१व्या स्थानारि आशिलो. आनि दोनी वर्सभित्तरी २०१६तुं नवम स्थानारि.

- आदित्य अनेक पुरस्कारांनी सन्मानित जाल्लो.  
- इंदोरच्या All India Ranking Talent Series चो विजेता.  
- पुणेच्या अंडर- 14 BIPL All India Ranking championship series चो विजेता.

- Asian Tennis Federation आयोजित Asian Ranking Tennis Tournament तुं तृतीय स्थान.

- अंधेरींतु जालेल्या 4/14 All India Ranking Championship चो विजेता.

- पुणेच्या Solaris AITA Super Series Tournament तुं 4/14 संवर्गांतु Runners Up.

- Indore जालेल्या 4/14 All India Ranking Championship series तुं Runners up. 4/16 संवर्गांतुयि Runners Up.

- CP Club, Nagpur हांगा जालेल्या 4/14 All India championship Doubles तुं Runners up. Singles तुं Quarter finalist.

- अंधेरी जालेल्या ४/१४ All India Open Talent Series, Proctennis तुं विजेता.

- MSLTA आयोजित Rebound Mumbai Open Junior Tennis League खातिर जालेल्या खेळाडूगेल्या लिलावांतु one of the costliest players.

- २०१८ साला खातिर MSLTA शिष्यवृत्ती.

- Bishkak, Kyrgystan जांवच्या Main Draw in ITF Tournament खातिर आदित्य पात्र जाल्लो.

- चंदिगढ जालेल्या 4/16 All India Super Series स्पर्धेतु Runners Up.

आदित्य तुगेली अशीची उत्तरोत्तर प्रगति जावो, अनेक किर्तीमान प्रस्थापित जावोती ही आमगेल्या सर्वांगेल्यावतीने शुभेच्छा!

### चित्रापुर सारस्वत मान्यवरांगेलो बहुमान :

२०११ सालांतु KSA ची शताब्दी जाल्ली. शताब्दी समारंभाचो एक भागु म्होणु २००३ सालांतु KSA च्या कार्यकारिणीने एक संकल्प केल्लो की २०११ थायि, शंभरी मान्यवरांगेलोपुणी सत्कारु कोर्चो आनि ताज्जेउप्रांते, प्रतिवरस ह्या बहुमान समारंभांतु सातत्य दव्वोरचें, त्या प्रकार, २०१७ थायि १२४ मान्यवरांक KSA ने सन्मानित केल्यां. आजि आनि चारी मान्यवरांगेलो सन्मानु जातलो.

KSA च्या १०७ वर्सांच्या प्रवासांतु अनेकांनी महत्त्वपूर्ण योगदान दिल्यां. आनि त्यामितींची हो प्रवासु यशस्वी जाल्ला. त्या कार्यकर्त्यांगेलें विस्मरण जांवच्याक नज्ज तशीची युवावर्गाक तांगेल्या कार्याची माहिती जांवकाज म्होणु २०१४ धोर्नु, KSA खातिर कार्य केलेल्या आनि आजि आमच्यांतु नातिल्या कार्यकर्त्यांगेलो मरणोत्तर बहुमान कोरूक सुरुवात केल्ली. त्याप्रकार आजि सदानंद नाडकर्णी (सदुमाम) हांगेलो मरणोत्तर बहुमान जातलो आनि ताज्जेउप्रांते, डॉ. जयेश बेळारे (नॅनो टेक्नॉलॉजिंतु संशोधनाखातिर जीवनगौरव पुरस्काराने सन्मानित जाल्ले खातिर) प्रा. भरत नाडकर्णी (विविध खेळांतु, खेळाडूंक, तशीची खेळांक प्रोत्साहनाखातिर) पंडित योगेश संशी (२०१८ सालाचो, संगीत नाटक अकादमी पुरस्काराचो मानकरी) हांगेलो सन्मानु जातलो.

एकळाक हांव तांगेलो परिचयु कोर्नु दितां. मागिरी तांत्री किशोर माम्मागेल्या शुभहस्ते बहुमानाचो स्वीकार कोर्नु आपणागेलें मनोगत व्यक्त कोर्काज ही विनंती.

### दिवंगत श्री. सदानंद मंगेश नाडकर्णी (मरणोत्तर) :

“सदुमाम” म्होणु सुपरिचित. जन्म ११ जून १९३४. शालेय शिक्षण मुंबईच्या गोखले एज्युकेशन सोसायटीच्या धरमसी गोविंदजी ठाकरसी (धगोठा) विद्यालयांतु जाल्लें. मुंबईच्याचि Wilson महाविद्यालयांथावु B.Sc. आनि Govt. Law College थावु L.L.B. जाल्लो.

वाचन, संगीत, तशीची समाजकार्य (जनसेवा + मठाची सेवा) हे सदुमाम्मागेले छंद आशिल्ले. आनि ह्या छंदांची तांने आखेरिथायि जोपासना केल्ली. कॅनरा सारस्वत असोसिएशनाच्या कार्यकारिणीचेरि अनेक पदांचो कार्यभारु सांभाळलो. तांतुलो महत्त्वपूर्ण पदभारु म्हळ्यारि Joint Hon. Secretary Publication. सुमार चारी दशकं, (चाळीसवर्स) सदुमाम्माने घडअ खातिर कार्य केल्लें. ‘कॅनरा सारस्वत’ मासिकाच्या संपादक मंडळाचो सदस्य म्होणु कार्य करताना ताका जो अनुभव मेळ्ळो ताज्जे केएसएक मस्त लाभु जाल्लो. सदुमामु मुद्रित शोधनांतु (Proof reading) माहिर आशिल्लो.

सदुमाम्माने, भानपांगेल्या अनेक सामाजिक आनि धार्मिक संस्थांखातिर कार्य केल्लें. Saraswat Education & Provident co.op. Society, Co-ordination Committee of Institutions granting Aid/Scholarships. आमगेल्या श्री चित्रापुर मठाच्या स्थायी समितीचो खजिनदार म्होणु कार्य केल्लें. २००१ सालांतु आमगेल्या चित्रापुर सारस्वत समाजाची जनगणना जाल्ली. त्या कार्यांतु सदुमाम्मागेलें मस्त योगदान आशिल्लें.

नाट्यक्षेत्रांतुयि सदुमाम्माक विशेष रूची आशिल्ली. दिवंगत सर्वश्री दादा माविनकुर्वे, कृष्णा करवार, रघुनाथ गोकर्ण हे सर्व रंगकर्मी, सदुमाम्मागेले मित्र आशिल्लेमितीं तांगेल्या नाटकांखातिर प्रमुख प्रॉम्प्टरागेली भूमिका कर्तालो. एक हरहुन्नरी व्यक्तिमत्व, मितभाषी, शांत प्रवृत्ती/ प्रसिद्धीलाग्गीथावु धूर हे तांगेले स्वभावविशेष.

ताका विनोदाची उत्तम जाण आशिल्ली (Had a very good Sense of Humour) केल्लेलें प्रतिएक काय उत्कृष्ट जांवकाज अशशी सदुमाम्मागेली धारणा आशिल्ली. आनि आपणागेलें कर्तव्य बजायसुतना, “कर्मण्येवाधिकारस्ते मा फलेषु कदाचन” ह्या गितेंतुल्या शिकवणेचो केदनायि अवलुंबु केल्लो. हांवपण केदनायि घेने. चाळीस वर्स समाजकार्य केल्लें जाल्यारि, प्रसिद्धीलाग्गीथावु केदनायि धूर राबलो. ३० ऑगस्ट २००१ ह्या दिसु सदुमाम्मागेलें दुःखद निधन जाल्लें. सदुमाम्मागेल्या निस्पृह कार्याक आनि तांगेल्या दुर्मिळ स्वभावाक आमगेली मानवंदना!

सदुमाम्मागेली बायल नीलरत्नापाची ह्या बहुमानाचो स्वीकारु कर्तली आनि ताज्जे उप्रांते, तांगेली धुव प्रशांति भट मनोगत व्यक्त कर्तली.

### डॉ. जयेश आर. बेळारे :

डॉ. जयेश बेळारेमामु म्हळ्यारि एक उच्चविद्याविभूषित, व्यासंगी व्यक्तिमत्व, इंडियन इन्स्टिट्यूट ऑफ टेक्नॉलॉजी, मुंबई ह्या प्रतिष्ठित शैक्षणिक संस्थेंतु, केमिकल इंजिनियरींगाचो “Institute Chair Professor” म्होणु कार्यरत आस्स. Nanostructural materials for healthcare, biomedical devices, आनि Electron Microscopy हांतुलो प्रख्यात तज्ज. 3D Scaffolds, regenerative medicine, hollowfibre membranes, stem-cell expansion, तशीचि nanomedicines across multiple systems of medicine हे जयेशमाम्मागेले संशोधनाचे विषय. हांतुं आधुनिक अर्थात अॅलॉपॅथिक, पारंपरिक म्हळ्यारि आयुर्वेदिक तशीचि वैकल्पिक म्हळ्यारि होमिओपॅथिक वकदांचो अंतर्भाव आस्स. आनि ताज्जेखातिर तो विश्वविख्यात जावु आस्स.

जयेशमामु, National Academy of Science, India, The Indian National Academy of Engineering, The Maharashtra Academy of Sciences तशीचि The Electron Microscopy Society of India ह्या नामांकित संस्थांचो निर्वाचित सभासद (elected fellow) जावु आस्स.

जयेशमाम्मागेल्या शिक्षणाविषयांतु सांगचे जाल्यारि मुंबई IIT थावु Chemical Engineering विषयांतु B.Tech., अमेरिकेच्या University of Minnesoli थावु Chemical Engineering आनि Materials Science विषयांतु Ph.D., अमेरिकेच्या Umass Amherst and M.I.T. थावु Post-Doctoral Work.

जयेशमाम्मागेल्या कार्याविषयांतु सांगचे जाल्यारि, IITB च्या Biosciences आनि Bioengineering विभागाचो प्रथम विभाग प्रमुख (First Head of the Department) अनेक औद्योगिक संस्थांचो, शासकीय पॅनल्स, तशीचि सरकारी संस्थांचो सल्लागार. दोनी कंपन्यांच्या संचालक मंडळाचो सदस्य म्होणु तांने कार्य केल्यां. जयेशमाम्माने विपुल लेखन केल्यां. तो अनेक पेटंट्स तशीचि पुरस्कारांचो मानकरी जावु आस्स. नांवची सांगची जाल्यारि-

1. The Lifetime Achievement Award from Govt. of India, Ministry of Ayush for his Nanotechnology work.

2. The Distinguished Visiting Professorship of the University of Minnesota, USA.
  3. The National Academy-Raliance platinum Jubilee Award for application oriented research and,
  4. The excellence in Teaching Award from the Department of Chemical Engineering, IIT Mumbai.
- जयेशमाम, आमगेल्या विनंतीक मान दिव्नु आजि तूं हांगा आयलो, तुगेलो गौरव कोर्ची आमकां संधी दिल्ली हो आम्मी आमगेलो बहुमान म्होणु लेकताती. तुगेल्या ह्या विशेष लक्षणीय कार्याक आमगेली मानवंदना!

### श्री. भरत नाडकर्णी :

विविध क्रीडाप्रकारांतु नांव पाविल्या नाडकर्णी कुटुंबांतु जन्मु. भरतागेलो बाप्पुसु भरताने सान आसतना धोर्नु, तांगेल्या कुटुंबियांनी विविध खेळांतु दिलेल्या लक्षणीय योगदानाविषयांतु सांगत आसतालो. त्या काळांतु सांताक्रुझ कॉलनींतु आनि तालमकी वाडींतु जांवच्या विविध क्रीडा स्पर्धेंतुलीं बक्षीसं तांगेल्या घाराचि येतालीं. भरतागेलो प्रतिएक बापोलयो एक ना दुसऱ्या खेळांतु पारंगत आशिलो. व्हॉलीबॉल, क्रिकेट ह्या सांघिक खेळांतु तांचेरी विजय संपादन कोरचो भारी कष्ट आशिलें. भरतागेल्या दोनी बाप्पांनी तेमोयि राष्ट्रीय स्तराचेरी प्रतिष्ठा प्राप्त केलेली. मुरलीबाप्पाने weightlifting आनि Body Building तुं, तरी सुरेशबाप्पाने (बाब) टेबलटेनिस आनि क्रिकेटांतु. ह्या सर्वांचो भरताचेरि तीव्र प्रभाव आशिलो आनि तेमितिची ताका आपणेयि क्रीडापटु जांवकाज अशी दिसलें.

ह्या प्रभावामितीं, भरताने तांगेल्या माटुंगाच्या कार्नाटक कॉलनींतु आनि तांगेल्या बालमोहन विद्यामंदिरांतु जांवच्या विविध खेळांतु सहभागी जांवच्याक सुरु केल्लें, अनेक संबंघिक आनि मित्रवागगिलें सतत प्रोत्साहन मेळ्ळें. भरतागेलो होडु भावू श्रीकांत एकु उत्कृष्ट टेबलटेनिसपटू आशिलो. भरत ९/१० वर्सांचो आशिलो ताव्वळी तात्रे Club Sports तुं भागु घेंवच्याक सुरु केल्लें. तांतु टेबलटेनिस, कॅरम आनि चेस्स ह्या खेळांचो अंतर्भावु आशिलो. हाज्जेमितीं भरताने तालमकीवाडींतु, सांताक्रुझ कॉलनींतु जांवच्या स्पर्धांतु भागु घेंवच्याक सुरुवात केल्ली. आनि १३ वर्सांच्या प्रायेरि बक्षीसं मेळोवच्याक सुरुवात जाल्ली.

जाल्यारि, क्रिकेट ह्या खेळाविषयांतु भरतागेल्या मनांतु विशेष स्थान आशिल्लें. भरत चारी वर्सांचो आशिलो ताव्वळी धोर्नु, तागेलो बाप्पुसु आनि तागेलो सुरेशबाप्पा ताका मुंबईतुल्या ब्रेबॉर्न स्टेडियमाचेरि जांवच्या प्रतिएक कसोटी सामन्याक (Test Match) व्हरताले. मुंबईंतु जाल्लेलो एकुयि कसोटी सामना तात्रे चुकेयिने.

भरत, ११ वर्सांचो आसतना, कसोटी क्रिकेटपटू श्री. रामनाथ केणी हात्री, शिवाजी पार्क जांवच्या क्रिकेट कोचिंग कॅम्पाखातिर तागेली निवड केल्ली. आनि भरताक पैलेफांता सिझन बॉल क्रिकेट खेळची संधी मेळ्ळी, तीनी म्हैऱ्यांच्या प्रशिक्षणाउप्रांते, Giles Shield आनि Harris Shield क्रिकेट स्पर्धेंतु बालमोहन विद्यामंदिरावतीने खेळचेखातिर, भरतागेली निवड जाल्ली. अण्णा वैद्य हो भरतागेलो क्रिकेटांतुलो प्रशिक्षक. तात्रे भरतागेली क्रिकेट कारकीर्द घडोवच्यांतु विशेष लक्ष घाल्लें. भरताने १३ वर्सांच्या प्रायेरि पैलें शतक केल्लें आनि टाईम्स ऑफ इंडिया वर्तमानपत्राने हाका प्रसिद्धी दिल्ली. आनि भरताक चड सराव कोर्ची उमेदी मेळ्ळी. १४ वर्स प्रायेरि भरतु तांगेल्या विद्यामंदिराच्या संघाचो

कर्णधार जाल्लो. १९६९ सालांतु Harris Shield आनि Giles Shield स्पर्धेंतु भरताने प्रत्येकी तीनी शतकं केल्लीं. ताज्जेउप्रांते, Matunga Shield तुं दोनी शतकं कोर्नु प्रथम स्थान प्राप्त केल्लें. मागिरी, भरतागेली Cooch Bahar Trophy सामन्यांतु खेळचेखाततिर निवड जाल्ली आनि तात्रे क्रिकेट हेंचि प्रमुख कार्यक्षेत्र कोरचें निश्चित केल्लें. ह्या तांगेल्या निश्चयाक तांगेल्या बापसुने प्रोत्साहन दिल्लें. मात्र तात्रे शिक्काज दुर्लक्ष कोरनये अशी तांगेल्या आवसुगेली इच्छा आशिली, नियमांबाबतींतु ती कडक आशिली त्यामितीं भरताक वेळेच्या नियोजनाचें महत्त्व कळ्ळें, आनि तात्रे शिक्षण तशीची क्रिकेट ह्या दोन्नी क्षेत्रांतु रुची घेतली. भरत, एस.एस.सी. परीक्षा प्रथम श्रेणींतु विशेष गुणांसहित उत्तीर्ण जाल्लो आनि शाळेखातिर Giles Shield स्पर्धेंतु प्रथम स्थान मेळयिल्लें. ह्या तांगेल्या कार्याखातिर, तांगेल्या शाळेने ताका दोनी बॅट दिव्नु सन्मानित केल्लें. तांतुली एक बॅट, तागेलो प्रशिक्षक अण्णा वैद्य हात्रे भरताक दिंवचेखातिर दिल्लेली.

एस.एस.सी. उत्तीर्ण जायनाफुडे, भरताने रुइया महाविद्यालयांतु प्रवेश घेतलो आनि पैले वर्सची, सुनील गावसकरागेल्या कर्णधार पदांतु मुंबई विद्यापीठाखातिर खेळची ताका संधी मेळ्ळी मात्र न्हंयि, गावसकरावटु डावाची सुरुवात कोरचो मानु मेळ्ळो. आनि हें आशिची चालू वरलें. १९७३ तुं बडोदांतु जालेल्या Rohinton Baria, Westzone स्पर्धेंतु भरतु "Man of the Tournament" पुरस्काराने सन्मानित जाल्लो.

Vizzy Trophy स्पर्धेंखातिर, भरतु तीनी वर्स पश्चिम विभागाच्या संघांतु आशिलो. १९७४-७५ तुं मुंबईने, मोहिंदर अमरनाथाच्या नेतृत्वांतु खेळतल्या दिल्ली विद्यापीठाच्या मातब्बर संघाचो पराभव कोर्नु All India Championship मेळयिल्ले. भरताने उपान्त्य फेरींतु मद्रास विद्यापीठाविरुद्ध आनि अंतिम फेरींतु दिल्ली विद्यापीठाविरुद्ध शतक केल्लें. दिलीप वेंगसरकरावटु २०० धावांची सलामी दिल्ली. त्याची वरस, मुंबईच्या २२वर्सां तगुच्या मुंबई संघाचो कर्णधार म्होणू नियुक्ती जाल्ली. तशीची तो मुंबई विद्यापीठाचो कर्णधार जाल्लो. भरतागेल्या महाविद्यालयाक (रुइया) आंतर महाविद्यालयीन क्रिकेट स्पर्धेंतु प्रथम स्थान मेळ्ळें. त्याचिवेळारि, भरताने कांगालीग स्पर्धेंतु "Carrying the Bat throughout the Innings" हो कीर्तिमान (Record) प्रस्थापित केल्लो, होचि कीर्तिमान भरताने, तांगेल्या विद्यापीठाखातिर तशीची तांगेल्या कंपनीखातिर म्हळ्यारि Tata Power खातिरयि प्रस्थापित केलो. हें म्हळ्यारि, कॅरम पटुने, खेळांतु start to Finish केल्लेलेवारिचि १८ वर्सांच्या सात्र प्रायेरि, भरताक मुंबईतुल्या अ Division क्लब संघाचे कर्णधारपद मेळ्ळें. आनि पॉली उम्रीगर, अजित वाडेकर, अशोक मंकड हांचे असल्या दिग्गजांवटु टॉस कोरचें सौभाग्य मेळ्ळें.

भरतागेल्या उत्कृष्ट खेळामितीं ताका एकळाक ACC तुं नौकरी मेळ्ळी आनि मागिरी टाटांतु. A Division Times Shield तुं भरताने पदार्पणांतुचि शतक केल्लें हो एकु कीर्तिमान (Record) जाव्नु आस्स. हो कीर्तिमान, भरताने JK Synthetics ह्या संघाविरुद्ध प्रस्थापित केल्लो. त्यावेळारी, त्या संघांतु सलीम दुराणी, अमरनाथबंधु आणि करसन घावरी हांचे असले दिग्गज क्रिकेटपटु आशिले आनि तांगेलो कर्णधारशिलो नवाब ऑफ पतौडी आनि मुखावैली थोडी वर्स, टाटा पॉवर संघाने, भरतागेल्या कर्णधारपदांतु Times Shield, Mahindra Shied, Arlam Trophy आनि इतर अनेक स्पर्धांतु विजय मेळयिल्लो.

मुंबईतुल्या स्पर्धातुलो, भरतागेलो खेळु पोळोवनु गावसकर, मंकड, सोलकर, वेंगसरकर, संदीप पाटील, घावरी, शिवलकर ईस्माइल हांचे असले महान खेळाडू आशिल्या मुंबई संघातु रणजीट्रॉफी स्पर्धेतुं खेळची ताका संधी मेळ्ळी. भरत दोनी मोसम (Season) मुंबई संघातु आशिलो आनि रणजी स्पर्धेतुली तागेली बॅटींग सरासरी (Average) ४३ आशिली. भरताक एकीचि खंत आस्स, की तात्रे मुंबई खातिर आनि खेळयेशिलें, तागेली पात्रतायि आशिली मात्र संघांतु ११ पशी चड खेळाडू आस्सनाति. रमाकांत देसाई, अजित वाडेकर, विजय मांजरेकर हांचेवारि सदुपदेशक (Mentors) भरताक मेळ्ळे आनि तांनिचि भरतागेल्या क्रिकेट कारकीर्दीक आकार दिल्लो हें आपणागेलें भाग्य अशशी भरत लेकता.

भरताक टेबलटेनिसांतुयि रूचि आशिली. आनि तीन वर्स तो KSA आयोजित टेबलटेनिस स्पर्धेतुं ज्युनियर तशीची सिनियर गटांतु विजेता आशिलो. त्याचि वेळारि तात्रे Jamnalal Bajaj Institute थावु MBA केल्लें आनि तागेल्या कार्यालयीन क्षेत्रांतु, तागेली प्रगती जांवच्याक सुरुवात जाल्ली. भरताक तागेल्या संस्थेने, International Business, Corporate Communications, CSR आनि Business Excellence Division तुं जबाबदारीचें काम कोर्चे खातिर तयार केल्लें, टाटा पॉवर स्पोर्टसाचो प्रमुख म्होणू जबाबदारी दिल्ली आनि टाटा स्पोर्टस क्लबाच्या कार्यकारिणीचेरी घेतलें. भरतु मुंबई ज्युनिअर संघाच्या निवड समितीचो चेअरमन आशिलो. १९९०-२०००त थायि धा वर्स तात्रे निवड समितीचेरी कार्य केल्लें. मुंबई क्रिकेट असोसिएशनाने ही नियुक्ती केलेली. ह्या कालावधींतु भरताने, अमोल मुझुमदार, साईराज बहुतुले, अजित आगरकर, वासिम जाफर, निलेश कुलकर्णी, रोहित शर्मा आनि अजिंक्य रहाणे हांचेवारि प्रतिभावंत खेळाडूंगेली निवड केल्ली. आनि तांगेली क्रिकेट कारकीर्द बहरांतु येत्ना आणि तांका आंतर्राष्ट्रीय दर्जाचे खेळाडू जात्ना पोळोवचो सुखद अनुभव मेळ्ळो. तात्रे West Zone Junior Selection Committee चो चेअरमन म्होणूयि कार्य केल्लें. Tata Power Sports खातिर भरताने दिलेल्या योगदानाखातिर, भरत कार्यरत आशिल्या ढरिंर झेशी ह्या संस्थेने ताका “जीवन गौरव” पुरस्कारने सन्मानित केल्यां.

भरताक, आमगेली गुरुपरंपरा, आनि आमगेलो समाज हांचेलाग्यीथावु प्रेरणा मेळ्ळी, अनेक सदुपदेशक मेळ्ळे, मार्गदर्शक मेळ्ळे, अनेक हितचिंतकांगेली मदत मेळ्ळी आनि आपणागेलें कार्य सुकर जाल्लें हें आपणागेलें भाग्याचि अशशी दिसता. भरताक, तागेलें आवसु-बाप्पुसु, भावू, भयणी, नाडकर्णी कुटुंब, आवसुगेल्या दिक्काचे, बालमित्र ह्या सर्वांगेले सतत प्रोत्साहन मेळ्ळें.

भरताक, तागेली बायल रूपा हिगेलें सतत प्रोत्साहन मेळ्ळें. तिन्ने भरतागेलें Wicketkeeping Gloves थायि सामनयां वेळारी शिवयिले आनि ताका खेळूक मदत केल्ली. तिगेलो सतत आधारु हिची आपणागेली खरी प्रेरणा अशी भरतागेली धारणा आस्स. रूपा ही स्वतः उत्तम टेबलटेनिसपटू. ह्याचि सभागृहांतु भरत आनि रूपाने, टेबलटेनिस मिश्र दुहेरी (Mixed Doubles) सामन्यांतु सुरेश चंदावरकर आनि रेखा शिरूर ह्या अभेद्य जोडीक पराभूत केल्यां. चयनकर्ता (Selector) म्होणू कार्य कर्तना, भरताक, तागेली धुव पल्लवी हिगेलें मस्त सहकार्य मेळ्यां. सिंहावलोकन कर्तना, आपणाक मनांतु आशिलें कोर्चेखातिर देवाने संधी दिल्ली, त्यामितीं, आप्पण कृतार्थ जाल्लें अशशी भरतागेली श्रद्धा आस्स.

भरताक, तागेल्या भावी कार्याखातिर शुभेच्छा आनि केलेल्या लक्षणीय कार्याखातिर आमगेलो सर्वांगेलो मानाचा मुजरा!

### पंडित योगेश संशी :

पंडित योगेश संशी, जगांतुलो एक प्रमुख तबलावादक म्होणू सर्वांक सुपरिचित जावु आस्स. तबला सोलो आनि साथसंगत संपूर्ण कौशल्याने करता. योगेश हो सुप्रसिद्ध शास्त्रीय गायक दिवंगत पंडित दिनकर कैकिणी हांगेलो सुपुत्र. दिनकरमाम्मानेची योगेशाक, चारी वर्सांचो आसतना तबला वादनाची दीक्षा दिल्ली. मागिरी ताका पंडित एच. तारानाथराव हांगेले मार्गदर्शन मेळ्ळें. जाल्यारि, मुखावैलीं तेवीस वर्स योगेशाने, अत्यंत गुणी तबला वादक उस्ताद अल्लारखा हांचेलाग्यीथावु तबला वादनाचे सखोल प्रशिक्षण घेतलें. योगेशागेल्या तबला वादनांतु, एकी शक्ती, संवेदना, परंपरेचे ज्ञान, आवाजाची स्पष्टता आनि सौंदर्याचो अप्रतिम समन्वय दिसता. आजि योगेशागेली अत्यंत मागणी आशिल्या तबला वादकांतु गणना जाता.

योगेशाने, हिंदुस्थानांतुल्या ज्येष्ठ, श्रेष्ठ तशीची नामवंत गायक, वादक आनि नर्तकांवटु साथसंगत केल्या. तांतु पं. शिवकुमार शर्मा, पं. हरिप्रसाद चौरसिया, पं. भीमसेन जोशी, उस्ताद विलायत खान, उस्ताद अमजद अली खान, पं. दिनकर कैकिणी आनि पं. बिरजु महाराज हांगेलो समावेश आस्स. उस्ताद अल्लारखा आनि तागेलो चलो, दिग्गज तबलावादक उस्ताद झाकीर हुसेन हांगेल्या सोलो तबलावादनाच्या कार्यक्रमांतु तांका साथसंगत कोर्चो विशेष अधिकार सुद्दांयि मेळ्ळा. साथसंगत मात्र न्हंयि, योगेशाने, भारतांतु आनि परदेशांतु अनेक अविस्मरणीय सोलो कार्यक्रम सादर केल्याती. उस्ताद झाकीर हुसेनावटु जुगलबंदी सुद्दांयि सादर केल्या. जगांतुल्या अनेक प्रतिष्ठित स्थानांचेरी योगेशाने तबलावादनाचे कार्यक्रम सादर केल्याति : Carnegie Hall, N.Y. Kennedy Centre Washington D. C. Theatre dela Ville, Paris; Opera House Sydney; Barbican Centre, London; Botshoi Theatre Moskow; Esplanade Theatre Singapore इत्यादी.

योगेश पारंपरिक तबलावादन कर्त आस्सचि, जाल्यारि ताका इतर देशांतुल्या संगीतांतुयि विशेष रुची आस्स त्याखातिर तात्रे Toufiq Quereshi, Ranjit Barot, Louis Banks, Shujaat Khan, Korsh Kale, Kayhan Kalhor हांचे वटुयी कार्यक्रम सादर केल्याति.

तबला वादनांतु योगेशागेलें “पंजाब घराने.” ताका आपणागेल्या घराण्याची खासियत प्रेक्षकांक आयकोंवच्यांतु विशेष प्रीती. तबलावादनाचे प्रशिक्षण दिंवच्याक तो कटिबद्ध जावु आस्स. एक शिक्षक म्होणू भारतांतु आनि परदेशांतु ताने प्रात्याक्षिकासह व्याख्यानाच्या अनेक कार्यशाळांचे आयोजन USA, U.K., South Africa आणि Japan तुं केल्यां. तो एक आदरणीय शिक्षक, जगभरांतु तागेलें अनेक विद्यार्थी आस्सति. पाश्चिमात्य देशांतुल्या तबलावादन शिक्षकांखातिर योगेशाने अभ्यासक्रम तयार केल्ला तशीची विद्यार्थ्यांक सुलभ जांवकाज म्होणु CD तयार केल्या.

योगेशु, पुणे विद्यापीठाच्या, तशीची Saaz School of Music, London च्या सल्लागार मंडळाचो सदस्य जावु आस्स. तशीची लंडनच्या Darbar ह्या सुप्रसिद्ध संगीत संस्थेचो मुख्य सल्लागार जावु आस्स. पं. उल्हास कशाळकर, पं. सुरेश तळवलकर, श्रीमती एन. राजम आणि पं. हरिप्रसाद चौरसिया हांचे वारिची, पुणेंतुल्या लोणीस्थित M.I.T.

Group of Institutes च्या Indian Classical Music Gurukul तुं योगेशागेली “गुरू” म्होणु नियुक्ती जाल्या. व्यावसायिक संगीतकार तयार कोर्चे हें ह्या संस्थेचे ध्येय जावु आस्स.

योगेशने, हिंदुस्थानांतुल्या आनि परदेशांतुल्या रेडियोचेरी तशीची हिंदुस्थानांतुल्या दूरदर्शनाचेरी अनेक कार्यक्रम सादर केल्याति. तो All India Radio चो ‘A’ Grade कलाकार जावु आस्स.

उस्ताद शाहीद परवेझ, पं. हरिप्रसाद चौरसिया, पं. भीमसेन जोशी, पं. उल्हास कशाळकर, पं. अजय चक्रवर्ती, पं. शिवकुमार शर्मा हांचे वट्ट योगेशागेल्यो CDs प्रकाशित जाल्याति.

अनेक वर्तमानपत्रांनी योगेशागेल्या तबलावादनाचे कौतुक केल्यां. ताका दाद दिल्या. तागेल्या सहज, परिणामकारक तबलावादनाचे मुख्य कलाकारागेली उमेदी वाड्णु कार्यक्रम उत्तम जाता.

योगेश, संगीतक्षेत्रांतुल्या तुगेल्या लक्षणीय योगदानाक आमगेलो मानाचा मुजरा!

आत्तं राजीव कल्याणपूर माम्माक विनंती की ताचे ऋणनिर्देश (Note of Thanks) कोर्काज.

कॅनरा सारस्वत असोसिएशनच्या शतकोत्तर सप्तम वर्धापन दिनाच्या कार्यक्रमाची हांगा सांगता जाल्ली. सर्वांनी स्नेहभोजन कोर्नुची वचकाज ही वतायेचि विनंती!

शुभरात्रि!

(कार्यक्रमाचे फोटो तशिची किशोरमाम्मागेलें संबोधनपर भाषण, राजीवमाम्मागेलें आभाराचें भाषण आनि मान्यवरांगेलीं मनोगतं आम गेल्या मार्च, २०१९च्या अंकांतु प्रकाशित जाल्लीं.)

The deadline for letters, articles, poems, material for “Here and There”, “Personalia”, and other original contributions is the **12<sup>th</sup> of every month**; the deadline for advertisements, classifieds and other paid insertions, is the **16<sup>th</sup> of every month**. **Matter received after these dates will be considered for the following month.**

“चिमटीभरी खुशी...”

(व्हॉटसअॅपाचेरी आयिल्या हिन्दी कवितेचो अनुवाद मूळ कवीगेलें नांव गोत्तु ना)

मस्त दिसांउप्रांते मुधेंतु आयली... चिमटीभरी खुशी. त्यामितीं निमगिलें “खंयि राबता आर्तातु... चडावत जावु मेळना?”

“हांगाचि आस्सं,” ती म्हणाली.

खुशी, तूं मस्त भाव खात्ता की म्होणु?

चिके शिक, तुगेल्या भावालागीथावु...

केदना केदनायि येत्ता तो, आमकां मेळुक... “बेजारू.”

“तशी हांवयि येत्तां, जाल्यारि, तुमगेलें लक्ष आस्सना.”

“ओ हो? शेजारच्याने नवें कार घेतलें, ताव्वळी खंयि आशिल्ली तूं? आनि लेकतल्याने हॉड घर बांदलें, ताव्वळी खंयि आशिल्ली?

आनि सांगचे आशिलें, तितले भित्तरी ती मधेंतु उलयिली

“हांव आसतां, तुमगेल्या चेईवांगेल्या चोचड्या उत्रांतु,

खंयिपुणी वाट्टेरि मेळतां, एका मित्रागेल्या रूपांतु,

एकेक फांता... एकु बरो सिनेमा पळेयिना फुडे,

नांवे... ना जावु गेल्लेली वस्तु मेळता पळे, तांतु,

तशीची... घरचीं आमगेली काळजी घेताति तांतु,

एकेकफांता... पावसाडीच्या पैल्या पावसांतु

केदना बरें पद आयकताती न्हंयि, तांतु.

खरें सांगचे जाल्यारि, थोडथोडें वांटतां हांव, स्वतःक, सान सान क्षणांतु, ताज्या जाणीवेंतु.

तुगेल्या कनडकाचो नंबरू वाडला की म्होणू?

सान सान वस्तु दिसनाति. हॉड वस्तुंतुचि माका सोदता...!!!

आस्सो... आत्तं कळळें न्हं वे हांव खंयि राबता म्होणु?

त्यामितीं, माका सलिस भित्तरी सोदी... सान सान खबच्यांतु...”

अनुवाद – उदय मंकिकर

## From Our Archives – Selected from KS issue 1912

### The Saraswat Census of 1896

The first organized census of our community, resident in Bombay and its suburbs, was taken in January 1912; but it was not the first census of our people. For, in 1896 a synchronous enumeration of our entire community was attempted, under the auspices of the Chitrapur Club, Bombay, and the patronage of the late Mr. Shamrao Vithal; who first conceived the idea as an integral part of a larger programme, which he planned for the collection and publication of various data regarding religious, social, economic, educational and literary history of our community. His whole scheme was carefully thought out, and propounded in a letter which he addressed in 1894 to the religious Head of our community, His Holiness the Swami, under whose auspices Mr. Shamrao was anxious that the collection and collation of information should be commenced and continued.

# Gharana Festival Delhi Event

## An Image Building Day for KSA

JAIRAM KHAMBADKONE

On 15<sup>th</sup> January 2019, KSA had organized a Classical Music Event in Kamani Auditorium, Delhi as a part of Gharana Festival in memory of Pt. SCR Bhat and Pt. Chidanand Nagarkar to commemorate their Birth Centenary Year. The two artists were Pravin Godkhindi (Flute) and Subhra Guha (Vocal). This Delhi event turned out to be a day of a pleasant surprise for all of us.

I was representing KSA for coordinating all activities in Delhi, along with Shri Sashi Vyas and Smt. Jyoti Vyas of Pancham

Nishad, who have been helping us in managing these events throughout. It was a working day, being Tuesday and the audience was just coming in. The attendance was quite thin. In view of this, between Sashi and me, we decided that he will do the initial introduction of the concept of Gharana Festival at the commencement of the

event and I will talk about KSA and its activities immediately after the interval. After this introduction, the programme started and when everything was settled behind the stage, all of us came to the auditorium and took our seats.

The mood in the auditorium was picking up with a melodious performance by Pravin Godkhindi. When the last Raag was about to start, the Kamani Auditorium Staff came in and asked Sashi and me to come out to inform that Smt. Gurusharan Kaur, wife of former Prime Minister Dr. Manmohan Singh is arriving at Kamani Auditorium within the next 15-20 minutes to attend the concert. It was a real pleasant surprise for us! In the meantime Pravin Godkhindi was just about to complete the last Raag. And after that would be the interval.

Thereafter, their security personnel came inside and started checking the Hall entrance and the passage around the Hall. They came inside the Auditorium and decided the seat where she will be sitting and we had to request some of the audience to shift by a few seats. They also requested that two seats behind her seat to be kept for their security personnel and we had to move about two or three persons from the audience in the second row also by a few seats. We were told later, that one of the Police Dogs had already completed a round of sniffing at the entrance and in the passage.

The security personnel went to the extent of even checking the camera of our official photographer and also informed me that we are not supposed to take any bags with us, when we receive Mrs. Kaur at the main entrance of Kamani Auditorium. I had to leave my bag with Tanya Kadle, who was near me at that time. They were also asking, if there was any video

recording taking place. Since the video shooting was being done from the balcony for the purpose of live web-casting, they did not check the equipment. Whereas, Sashi was required to be at the back stage, I and Smt. Jyoti Vyas went and received Smt. Gurusharan Kaur at the main entrance and brought her to the seat reserved for her.

I was fortunate enough to get this opportunity in receiving her and also to sit next to a former Prime Minister's wife. Such opportunities do not come very often and can be considered

as once in a life time for commoners like us. I felt quite proud as well. I only asked one question to Smt. Gurusharan Kaur whether Dr. Manmohan Singh was interested in Classical Music and we would have been happier, if he also had attended this concert. I was tempted to take a selfie when we all were sitting during the concert in first

row - but resisted it since it would not have been proper to do that and also their security personnel would not have allowed it. She sat for the programme of Subhra Guha till end.

In the process of all these hectic activities I realized that we were not in a position to explain objectives and activities of KSA to the audience, which was supposed to have been done immediately after the interval. I had to excuse myself, that too with the permission of the security persons sitting behind, to go to the back stage.

I had to request Sashi Vyas to inform the artist, that we needed five minutes between the two Raags, which was done. I had to announce that we have an important guest this evening for the concert and she is none other than Smt. Gurusharan Kaur, wife of the former Prime Minister Dr. Manmohan Singh. There was a very big applause from the audience welcoming her. When I mentioned to her from the stage, that Kanara Saraswat Association considers it an honour to have her with us attending the concert, she simply said "it is my pleasure". It just showed the humble nature of a person of that level. I could see her listening intently, when I was explaining the objectives and activities of KSA.

I must say that Kanara Saraswat Association came in the limelight in the capital city of New Delhi, due to a former Prime Minister's wife's visit for this concert.

We can consider this as a **"Moment of Highest Pride for Kanara Saraswat Association"**.

I would treat this event on par with KSA's Centenary Year Celebration in November 2011. Let us hope, that we have more such surprises during Gharana Festival Events in Pune and Bengaluru as well.



(l to r) Shri Jairam Khambadkone,  
Smt. Gurusharan Kaur  
(wife of former Prime Minister Dr. Manmohan Singh),  
Shri Sashi Vyas, Smt. Jyoti Vyas

**Amendments passed in the  
106th Annual General Meeting held on  
Sunday, 16th September 2018 and in the  
Managing Committee Meeting held on 30th September 2018**

Clause no	Existing Rules & Regulations	Amendment
4	The Association shall consists of (a) Patrons (b) Benefactors (c) Honorary Members (d) Life Members (e) Local Members (f) Student Member	No Change
4 (a)	(a) Persons, who have contributed Rs. 7,500/- or more to the Association, shall be styled as patrons.	(a) Persons, who have contributed Rs. 7,500/- or more to the Association, shall be styled as patrons. The spouse of a Patron Member can also become a Life Member by contributing Rs.3000.00 <b>during or after Life time of such Patron member.</b>
4 (a-1)		The third member in the same family, with the same address that of the Patron Member, can become a Life Member by contributing Rs.2000.00 or more <b>during or after life time of such Patron member</b>
4 (b)	Category of 'Benefactor Membership deleted in AGM held on 26 <sup>th</sup> September 2010	No Change
4 (c)	Persons of distinction or those who rendered meritorious service to the community may be enrolled as Honorary Members on the unanimous vote of the Managing Committee, provided such members who are already patrons / benefactors / life members or Ordinary Members shall not be deprived of any rights or privileges available to them in their capacity.	No Change
4 (d)	Persons who have contributed Rs. 5,000/- or more to the Association shall be styled as Life Members. The spouse of such Life Member can also become Life member by contributing Rs.3000/-	Persons who have contributed Rs.5000.00 or more to the Association shall be styled as Life Members. The spouse of a Life Member can also become a Life Member by contributing Rs.3000.00 <b>during or after Life time of such Life member.</b>
4 (d-1)		The third member in the same family, with the same address that of the Life Member, can become a Life Member by contributing Rs.2000.00 or more <b>during or after life time of such Life member</b>
4 (e)	Persons paying an entrance fee of Rs. 50/- and Annual Subscription of Rs. 1,200/- (i.e.Rs. 100/- per month) shall be styled as Ordinary Local Members	Persons paying an entrance fee of Rs. 100 /- and Annual Subscription of Rs. 2400/- (i.e.Rs.200/- per month) shall be styled as Ordinary Local Members
4 (f)	Non-earning students paying an entrance fee of Rs. 50/- and annual subscription of Rs. 480/- (i.e. Rs. 40/- per month) shall be styled as Student Member.	Non-earning students up to age of 25 years paying an entrance fee of Rs.100/- and annual subscription of Rs.1200/- (i.e. Rs.100/- per month) shall be styled as Student Member.
4 (g)	Category of 'Member Resident Outside Indian Territory' Deleted in AGM held on 26 <sup>th</sup> September 2010.	No Change

## Dr. Vasu Hatangadi Indian Doctor Celebrates 50 Years In New Zealand

DEV NADKARNI, NEW ZEALAND

Exactly half a century ago, a successful young Indian doctor, his wife and their three little daughters (all under five years old) made the move of their lives – all the way from New Delhi to Invercargill, to build a new life in this country.

It was a highly unusual move because at that time it was the trend for Indian doctors to seek new pastures in the US and the UK. But for this young doctor, it was the challenge that he was tasked with and his infectiously positive can-do pioneering spirit that brought him to this country.

Last week Dr Vasu Hatangadi, with his wife of 56 years, Maya, his daughters, sons-in-law and grandchildren quietly celebrated the fiftieth anniversary of their arrival in New Zealand on December 16, 1968. The couple shared their beautiful memories with The Indian Weekender.

In the early 1960s, Dr Hatangadi was working with New Delhi's respected All India Institute of Medical Sciences (AIIMS), which, interestingly, New Zealand helped set up with a generous grant in 1956, just a few years after India's independence, under what was known as the Colombo Plan.

It is there that he met with visiting New Zealand medical professionals. A few years later he was offered the opportunity to come to New Zealand as Director of Anaesthesia and Associate Director, Intensive Care at Southland Hospital in Invercargill. Dr Hatangadi took up the challenge – and there was no looking back. He was certainly among the earliest if not the first India-qualified doctor in New Zealand.

"We didn't quite know what to expect when we arrived in Invercargill," says Maya.

"But they were wonderful. We were given a home that was fully stocked with everything we needed – the fridge and pantry were full of food and the people were so friendly and made us feel at home."

Finding Indian food and ingredients was nearly impossible in the Southland of the sixties but Maya quickly innovated and adapted. Meanwhile, Dr Hatangadi earned new qualifications and certifications and successfully set up the first pain management clinic at Invercargill Hospital that got the seal of approval from the Royal College of Surgeons in 1970.

"I was working 70 hours a week – night calls, anaesthesia, intensive care... while also setting up the pain management clinic," he said.

The family moved to Auckland in 1971. Working with Dr Bob Boas, Dr Hatangadi set up a multidisciplinary pain clinic at Auckland Hospital – also the first of its kind. Starting out as Registrar, he quickly became a full time specialist in anaesthetics, and then the Deputy Director of Pain Management. He worked at Auckland Hospital and then with private surgical hospitals until retirement in 2003.

Maya worked with a private insurance firm and later as a tax inspector with Inland Revenue until her retirement.

"Life was very different when we arrived," Dr Hatangadi says. "We were very comfortable on an annual salary of \$6000." Milk was 4c a litre and sugar 10c a pound, Maya reminisces. "We never locked our homes when we went on short errands – and we never locked our cars." A brand new Mini cost just \$1500.

The couple bought their first three-bed home in St Heliers for \$25,000. "That was less than three times my annual salary then," Dr Hatangadi said.

On Christmas Day next week, Dr Hatangadi will turn a sprightly 84. "Jesus Christ beat me by 2000 years," he jokes with that characteristic twinkle in his eye. But he carries the Christmas spirit – the spirit of generosity and helpfulness – in his heart and in his actions along with his wife all the time.

Having been among the earliest Indian professionals to have made NZ their home, the couple have been unflinching in their support to newly arrived migrants, particularly from their own Saraswat community that hails from Goa and coastal Karnataka. The humble, soft-spoken couple has helped dozens of families find their feet in this country in a variety of ways.

"I wanted to retire the way a plane lands – losing height gradually," he says. "It's important that you don't find yourself in a sudden vacuum. I dropped one work day every two years going from five, to four, three, two, one to none."

That helped him pursue his interests – of which there are many, ranging from golfing to music and spending time with his daughters, their partners and five lovely grandchildren.

Since age 60, he has been a keen golfer who tees off three times a week even today – he has three holes-in-one to his credit. In the 1990s he teamed up with likeminded connoisseurs of Indian classical music and formed



Dr Vasu Hatangadi and wife Maya in their home in Auckland



The three hole-in-one awards

'Kalaranjani', which brought many famous Indian performers to New Zealand. He also hosted Prakash Padukone (later world badminton champion and star Deepika Padukone's father) when he visited NZ to play in a tournament.

Currently, he is Vice Chairman of the Mohan Nadkarni Foundation, a charitable trust dedicated to the performing arts in New Zealand and Patron of the Association of Konkani Kiwis of Aotearoa (AKKA).

Family means everything for this adorable couple. All twelve of them travel together internationally every so often and meet every other month over dinner "so that the young cousins stay in contact." Quite a feat, considering the daughters and sons-in-law are all busy professionals – successful psychologist, author and television host Nigel Latta is one son-in-law.

But years after his retirement, the professional world remembers and values him. In November, he was offered the Lifetime Membership of the New Zealand Pain Society for his great contribution to pain management in this country and internationally, where he has lectured extensively.

It is hard to find a couple younger at heart than the happy, helpful Hatangadis. The Indian Weekender congratulates them on their fiftieth milestone in New Zealand and wishes them a long and happy life together ahead – and a Happy Birthday to the good doctor.

(Shri Dev Nadkarni is the founding editor of The Indian Weekender)

Courtesy *The Indian Weekender*, 20<sup>th</sup> December 2018



The Hatangadi Family then



The Hatangadi family today

*:- With Best Compliments -:*

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**SHANTA KOPPIKAR (nee Shaila Harite), on the occasion of your  
75<sup>th</sup> birthday  
on February 26th**

FOR OUR DEAR



**Dear Amma,**

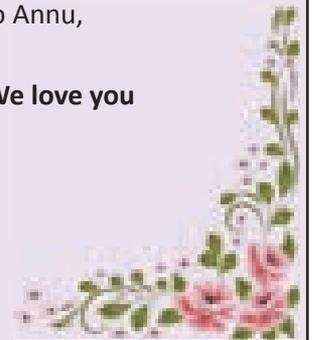
**With gratitude and affection, we say Thank You**

For the tender care only you could have given us early in life,  
For the discipline and values you instilled in us,  
For the perfection and ethics you taught us with example,  
For the sensitivity, patience and forgiveness you inculcated,  
For the high standards you set for handwriting and marks,  
For all the delicacies you made and continue to make for us,  
For adopting our dreams as your own and letting go of yours for us,  
For extending your warmth to include our spouses,  
For showering great love on our children,  
And, for being the one-point source of support and companionship to Annu,  
For the person you are...

**Happy birthday and warmest wishes for a healthy and long life ahead. We love you**

<b>Smruti</b>	<b>Swati</b>	<b>Samir</b>
Gopal	Sajid	Vaishali
Ananya	Sarah	Pratik
	Samiha	Saniya
	Suhail	

Best wishes from Koppikar and Harite families



Butterfly



Aadit Kombrabail - 6 years

Dora



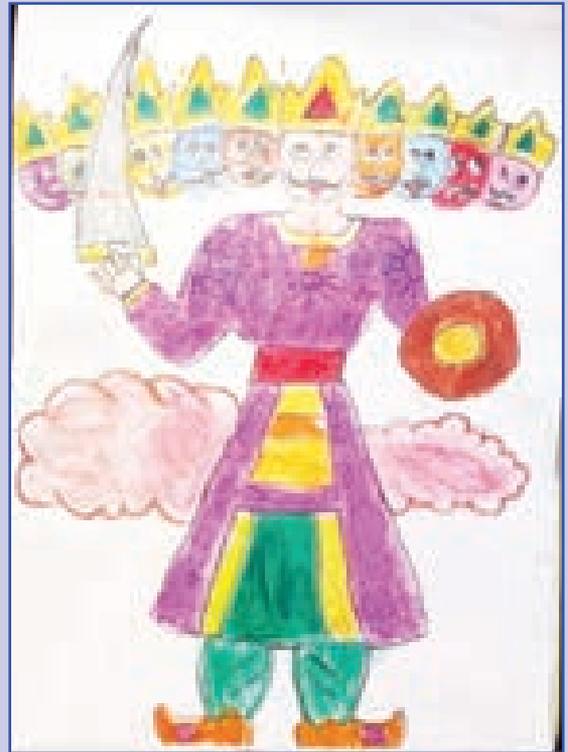
Pratyusha Savkur - 7 years

Rangoli



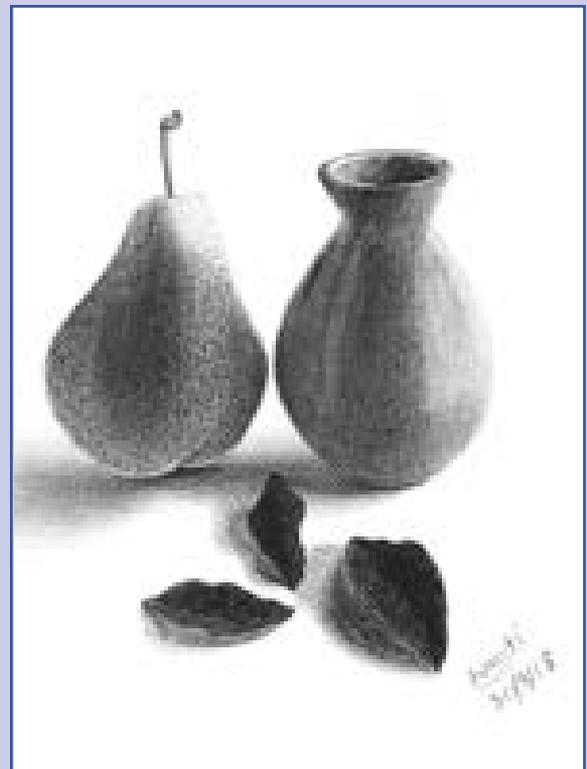
Purva Nagarmath - 10 years

Ravana



Umika Prasad Hattangadi - 6 years

Pencil Sketch



Avanti Anand Nayal - 15 years

**GOLDEN WEDDING - 50 YEARS OF TOGETHERNESS**

**on 24<sup>th</sup> January 2019**

**Shrikant and Urmila Amladi (nee Uma Honnavar)**



24.01.1969



24.01.2019

**We seek the blessings of our Kuladevata Shri Shantadurga, Lord Bhavanishankar,  
Our Guru Parampara and Param Puja Sadyojat Shankarashram Swamiji  
for their continued good health and happiness.**

With Lots of Love and Best Wishes

Ashwin, Vandana & Vidit Amladi Anagha Amladi

Amladis, Honnavars, Kailajes, Mangalores, Bellares, Balwallys, Nandes, Nadkarnis, Padukones, Benegals,  
Kallianpurs, Tonses, Gangollis



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# Chitrapur Heritage Foundation

711 Daylily Court, Langhorne, Pennsylvania, USA

## Connecting US Amchis to Chitrapur Math

Founded in 2005, Chitrapur Heritage Foundation (CHF) is a Section 501 (c)(3) not-for-profit charitable organization. The mission of CHF is to provide a vital link for Amchis in the US to stay actively connected with our Chitrapur Math and our Guruparampara. Currently, CHF Chapters are located in four main regions across the US. Over the past decade, Amchis in the US have supported students' education, temple restoration & cladding, and promoted women's empowerment in the villages of Chitrapur and Shirali.

The activities of CHF include:

- Facilitate the collection of annual "Vantiga" payment from every earning Saraswat in the US - "Vantiga" supports and maintains the upkeep of our spiritual centers in Bengaluru, Gokarn, Mallapur, Mangaluru, and Shirali;
- Promote cultural heritage by supporting temple restoration projects and maintenance of Chitrapur Museum archives;
- Support education of 100 students at the Srivali High School through the "Sponsor-A-Student" Scheme; and
- Preserve the rich cultural heritage of the Chitrapur Saraswat community in the US through Monthly Satsang and Parthana Varga for children, and by celebrating festivals like Yugadi, Ram Navami, Gokulashtami, Ganesh Chaturthi, Navratri, Diwali.

### Photo collage of December 2018 NRI Shibir in Shirali

Shibir Report by Shibirarathi Ashok Kulkarni on the adjacent page



For more information, please contact Arun Heble (arheble@yahoo.com) Tel: +1-215-666-3200  
or Pramod Mavinkurve (pmkurve@gmail.com). Tel: 908-616-1497.

# NRI Shibir: A Divine Means to Strengthen our Bonds with Shri Chitrapur Math

BY ASHOK KULKARNI FROM DAVIS, CALIFORNIA

No vacation could have matched the inspiring and enjoyable experiences of the *shibir* arranged for the twenty-nine *shibirarthis* from US, UK and New Zealand, ranging in age from 6 to 77, who spent a heavenly six days, December 25-30, 2018 in the warm embrace of our '*kulaar*', Shri Chitrapur Math in Shirali. We offer our heartfelt gratitude to Parama Pujya Swamiji for this opportunity to connect with the Math and to the Sanchalaks (Krishnanand Heblekar (Kuttymam), Priti Panemanglor, Archana Kumta, Asha Awasthi, Sabita Harite, Harin and Jyoti Hattangadi, Vivek and Tanuja Nadkarni, Tejashree Bailoor, Shilpa Mudur and Bharat Balsavar) as well as the yuvas from Bengaluru and elsewhere who bonded so well with the young shibirarthis and made them feel at home in the new surroundings.

The *shibir* started off with a brief introductory session in the Dhyamandir, followed by a tour (parikrama) of the outer and inner area of the Math, during which the history and spiritual significance of each site and Samadhi was described to us. In the evening, we participated in the singing of the *Deepa Namaskaar*, the *Shankar Narayan Geet* and other beloved Math bhajans, followed by a delicious dinner made entirely from the produce of Kembre farms.

The next day at the crack of dawn, we were off to Kembre farm to do some physical service (*karaseva*): raking leaves from under the acacia trees for making compost for the Math's farms that produce rice, coconuts, and a whole range of vegetables and spices. Needless to say, all the produce is organic. We made a second visit to Kembre a few days later, during which Nagesh Kalbagmam walked us to the pond and then through the vegetable farm pointing out the *kadgi* (jackfruit) and *divkadgi* (breadfruit) trees, the mango varieties, the pepper vines, the nutmeg tree and a host of vegetables such as radishes, cabbage, and *tambdi bhajji* (red spinach). On the farm, we also visited the new goshala that has over 50 cows. We were shown the various components of their diet that vary in proportion based on the cow's weight, lactation cycle and age. The cows roam freely in an enclosure around the goshala. Gir and Sahiwal cows are being maintained at the *goshalas* at Shirali and Karla, as an effort to support indigenous breeds.

We visited the Chitrapur Museum that houses very rare and historically important sculptures, artefacts, palm leaf records, books and literature collected by Parijnanashram Swamiji of revered memory. The *ratha* (chariot) used during the Rathotsava celebrations each year is also housed in this building.

The following day we walked to the Srivali High School where we had the opportunity of listening to the recitation of a chapter of the Bhagavad Gita by the tenth-grade students. Their impeccable recitation and the palpable devotion in them touched everyone's hearts. The principal, Mrs. Mamta Bhatkal, gave a summary report of the school's stellar achievements

in academics, sports as well as cultural events. We got a tour of the art gallery showcasing the beautiful paintings done by the students under the enthusiastic guidance of their arts teacher, Mr. Sanjay. We also went on a guided tour of the new vocational skilling classroom activities led by Harin Hattangadimam and his wife, Jyotipachhi where students learn. Plans are afoot to add a full-fledged vocational center in the future.

We were shown the significant women's empowerment activities that Shri Chitrapur Math is supporting, such as Parimochan, Samvit Sudha and the hand-made paper factory, all of which are managed and staffed by women from Shirali and surrounding villages.

Parimochan is a rural micro finance self-help scheme for which Shri Chitrapur Math provides seed capital and ongoing interest-free loans. Women in each sangha (consisting of one representative from each of 15-20 families) pool their monthly savings and give each other loans for their needs. We visited one such sangha in a nearby village and were shown the handicrafts made by the women and the *bhatkal mogra* flowers that they grow. These flowers fetch a good price from city dwellers nearby. The women displayed a remarkable degree of self-confidence and dignity and answered the questions posed by us with a level of maturity that really amazed us. Sixty-five such sanghas comprising a federation have now been created. The women manage the federation's bank assets (about INR 1.5 crores, about USD 175K) on their own.

Samvit Sudha is the tailoring and embroidery unit established under the auspices of the Parijnan Foundation ([www.parijnanfoundation.in](http://www.parijnanfoundation.in)), where local women are trained to create an assortment of products that combine beauty and utility. We visited Samvit Sudha's facility located close to the Math, where women convert hand-made paper (made at the hand-made paper factory in Shirali) into colorful bags, diaries, letter pads, envelopes and other beautiful product of very high quality. Samvit Sudha has retail boutiques in Shirali, Mumbai, Bengaluru, Hyderabad, New Delhi, and Pune. Please visit them to experience the range and quality of their products. We also visited the hand-made paper factory located close to Kembre farm where waste cotton is converted to pulp, flattened into sheets, patterned for texture, cut into regular sizes and sent to Samvit Sudha and other organizations. The factory is staffed entirely by women from Shirali and its vicinity.

To top off all these experiences, we had several interactive sessions with Param Pujya Swamiji, during which He answered questions from young and old, and spoke to us about the importance of regular *ninaad* (breathing exercise). We had a wonderful *Vanabhajan* experience with Swamiji in a clearance amongst the green woods on Panchavati Hill. Four outdoor *chullahs* were set up for cooking and many

volunteers helped cut vegetables and cook the meal for all to enjoy. The Director for Forest Protection, Mr. Reddy, was invited by Param Pujya Swamiji to speak to the gathering about the challenges faced in preserving forests, protecting wildlife and protecting people's livelihoods. Everyone found his talk very informative and thought-provoking. Swamiji also enjoyed watching a game of 'dumb charade' played by the yuvas, volunteers and shibirarthis, based on Konkani surnames! There was a presentation by a young girl on her project related to diabetes and a song and *wagha* dance performance by a young boy from Shirali.

On the last day, we held a cultural program in the presence of Parama Pujya Swamiji. The yuvas and young NRIs performed a hilarious skit called "One Punch Man". There was a haiku recitation, an English song medley, a group bhajan and a beautiful tabla performance by 6-year old Vyom Hattiangadi, followed by a vote of thanks to Parama Pujya Swamiji for giving us this wonderful opportunity, and to the sanchalaks for their time and effort and the innumerable volunteers who made our experience so heavenly! On behalf of all shibirarthis, Thank you Swamiji and all the *sanchalaks* for a divine experience.

## Mahashivratri Musings

PUJA GOKARN

Murdeshwar, in Karnataka, is as inseparably associated with the Shiva statue there as Delhi is with the Hanuman statue overlooking the metro. On my way back to Mumbai from Shirali, there comes a point where I can catch a fleeting glimpse of the Murdeshwar Shiva far away, before the bus has left it all behind. That was the moment I had associated with him the most until one night four years ago.

I had gone to Shirali for Rathotsav with my cousins, and one night we drove to Murdeshwar. I found myself face to face with the glorious Shiva at Murdeshwar, that night. The contained fire within him was shining through his idol, and my heart bowed to it while the rest of me stood transfixed. This moment seizes me every Mahashivratri.

Then last year, my parents and I took a trip where we visited all the Samadhi Maths. We stayed in Murdeshwar for two nights. I saw Shiva in the greyish-blue of the sky, in the thick line of trees marking off the humble beach from the mighty mountains, in the sea that switched from calm to stormy and back magically. I felt Shiva's presence in the serenity and quiet power of Murdeshwar as much as I felt it in the chaotic winds and rain, the lightning and thunder, the hissing sea over there. Don't indulge in idol worship, you will hear many people say. This, however, was the first time in life that I felt his presence and power as much in the idol as outside of it. This might be the feeling and the memory that floods my consciousness this year, at Mahashivratri.

During the trip, we also stayed at my hometown, Gokarn, for a short while. I have felt more at home in this town, where ancestors who I never knew have lived and died, than I do in the city where I was born. At Gokarn Bhandikeri Math, I saw the statue of Uma Maheshwar. Parvati was seated on Shiva's lap. Unlike the lightning manner in which reverence had struck my heart in Murdeshwar, here in front of this statue, my heart filled up quietly with simple love and devotion, making my eyes well up.

In a wondrous coincidence, Mahashivratri had come a day before Valentine's Day, last year. So last Mahashivratri, a different moment seized me— the one where I had heard for the first time about Shiva pulling in Shakti to become half of him. Folding my hands before the Uma Maheshwar statue months later, I thought of this again.

In the 33 million Gods of Hinduism, one is Ardhanareeshvara – the perfect symbol of love. The idols I have seen have always been of the moment right before they become one

– of the time when she sits on his lap. I have never seen an idol of Ardhanareeshvara but the image is clear as a mirror reflection in my mind. Her Prakriti (nature) is empowered by his Purusha (being). His Samhara (destruction) is balanced by her Srishti (creation). The cosmic union – this meeting of two energies to become an unstoppable force – is the true meaning of love. Neither the Goddess nor the God are less than each other. They are two different but equal elements completing each other. The beauty is in coming together to become more of who you are, and creating an 'us' that empowers you and brings you peace. That's why we were given God; so that we can understand love better.

### मुद्देश्वर में शिव दर्शन

(Written by Puja Gokarn one morning in Murdeshwar, in July 2018)

आज जा रहे हैं मंदिर लेकिन मैंने कल भी शिव को देखा था।  
संध्या के समय जब समस्त आकाश पर गहरा नील रंग चढ़ा था,  
भोले शंकर के उस नील रंग में भस्म का वर्ण घुला था।

विलीन शिव के ध्यान की शान्ति उमड़ आई थी धुन्ध में,  
साधुओं के जाप का वह खर्ज स्वर पकड़ा था समुद्रने।  
ध्यानकरतेशिव की सीधी रीढ़ समान ऊँचे पर्वत,  
और उनसे उतरती जटाओं—सी घनी पेड़ों की रेखाएँ।  
मंदिर जा रहे हैं आज मगर मैंने कल भी शिव को देखा था।

दिन की अंतिम किरणें जब आकाश के पृष्ठ से मिटा दी गईं,  
तो रुद्र का वह स्याह रंग चढ़ा गगन पर।

घन गरजे नहीं, लेकिन मूरत—से काले हो गए।  
ऋषी—मुनियों के मंत्रों का तीव्र स्वर उतरा समुद्र के तप में।  
गगन के उस अन्धकार की प्रभा ऐसी दिव्य थी,  
जैसे सुर्य भी न हुआ हो कभी।

मुख से हमारे स्तुती तक न निकल सकी,  
इस प्रकार मुग्ध कर दिया  
प्रकृती पर पड़ी शिव के भयंकर रूप की उस छवि ने।  
मंदिर तो जा रहे हैं आज पर मैंने कल भी शिव को देखा था।

चंचल मन को स्थिर कर उसमें भक्ती का बीज जमा दिया,  
कल तो महादेव ने सृष्टी को अपना मंदिर बना लिया।

# IWOTY 2018

BY GOPINATH MAVINKURVE

It has been customary for English Language dictionary publishers to announce their Word of the Year (WOTY) based on usage, online searches and several such indicators for several years now. The Oxford Dictionary has announced "Toxic" as their WOTY 2018. Citing growing concerns for Toxic waste accumulation, air quality getting more toxic by the day besides even "toxic relationships", which poured out as the #MeToo movement spread across the globe in 2018. My personal guess before this announcement was that #MeToo would make it, but then it's a Hashtag and we are yet to have a 'Hashtag of the Year' being crowned annually. If it does get launched, let's hope next year it's #NotAllMen that makes it!

The Merriam Webster Dictionary announced their WOTY 2018 to be "Justice". While they attribute their choice to the growing interest in social justice, racial justice, economic justice and 'criminal justice, I do feel it could also be due to the growing online searches for 'justice' and where they could find it in the first place!

"Nomophobia" is the 'People's WOTY 2018' for Cambridge Dictionary based on the votes from their blog readers and social media followers. Nomophobia is the fear or worry for not carrying your mobile phone or for not being able to use it due to malfunction or lack of connectivity. A relatively new word, but readers of this magazine may have read all about this word, when it was freshly minted some years ago through an article so well written and explained by Yamini Bellare. I guess the fish out of water may be feeling like a human without a cell-phone or connectivity these days?!

While these words would have ruled Indian minds just as much as global citizens had been, would we have some of our own that could have made it to be "IWOTY 2018" ?

Here are the nominees..

1. "Mann Ki Baat" - PM Narendra Modi's address to the Nation over the Radio to reach out to his *Sawwa-Sau Karod Deshwasis* has been a great success without an equivalent comparison anywhere else in the world. This is in sharp contrast to his predecessor, whose lips could not be read on a giant screen - and even if one tried to carefully listen to what he did not say, would yield no clue of what he had to say. The initiative has helped our nation to share its aspirations and learn about developments as soon as they occur without the 'media-twist' on news (read: noise) channels.

2. "GST" - Not just the word - the ushering in of this phenomenal indirect tax made waves in our country. Goods and Services Tax (GST) replaced several earlier indirect taxes like Central Excise Duty, Education Cesses, State VAT, Octroi/Entry Tax, Entertainment Tax and several such taxes that were subsumed into this brand new indirect tax. GST removed blockages at state borders; brought all states to agree to levy the same tax rate for commodities; improved the credit chain flow for indirect taxes incurred at the earlier stage; reduced the number of tax agencies to deal with and such other improvements to ease business operations in our

country. Although there had been avoidable implementation hiccups in filing returns and some glaring omissions (like fuel, alcohol, electricity), the transformation offers a significant ease for conducting business.

3. SWP - Systematic Withdrawal Plans - Last year, Systematic Investment Plans (SIPs) made it to the IWOTY 2017. With the crash of the Equity markets, while some wise investors have continued with their SIPs, some others have developed cold feet and have begun using their SWPs to exit from the equities! None can match the fleet-footed investors who dance to the music the market plays - especially when the DJ is a Global player called Foreign Institutional Investor.

4. Biopic - Gone are the days when writing biographies was a befitting tribute to a life lived king-size - whether you're a sports person, a politician, an actor, whatever. It's got to be a biopic and nothing less. Biopics are here to stay and will rule all of 2019 too, but the trend was made in 2018, so why not Biopic be the pick for IWOTY 2019?

Take your pick for IWOTY 2019! If you have more worthy nominees for IWOTY 2019 to suggest, do write in to me at [g\\_mavinkurve@hotmail.com](mailto:g_mavinkurve@hotmail.com). After all, I am the only one running this annual award ritual for the last decade or so with no big banner sponsor to make this a grand event anytime soon!

## A happy 100<sup>th</sup> birthday to Sumana Bai Karambar



With four generations

Best Wishes From :

Son - Gurudath Karambar, Daughter - Saguna  
Shedde and their extended families

# My Dream Of A New India

RUPAK HATTIKUDUR

(Essay Competition - Group 2 - 2nd prize winner)

India, the land of omnipresent wonderment! Today, a country of more than a billion people, and an equally humungous number of stories and experiences, it remains a land of mystic for a large number of people. The country has had several shapes and sizes through the changing times of the past – from the mighty civilizations to kingdoms and now a fast growing country, the people of the land have seen it all. But, enough about the past; this is an essay about the future of the country and the way I envision this great country to be.

The seminal question here is this – what makes a country good and what are the ways to achieve this? There are multiple schools of thought and this piece of writing is also one of such many concepts.

A country is incontrovertibly made up of its citizens. According to me, they matter the most and this then directly points to the fact that how free are the country's citizens with respect to the choices that they have. It is a good time now to look at some of the developed countries that can be used as a good example for us to emulate. As is the case with almost everything, we should make note that each country is different and has its own share of problems but if we focus on the positives and try to use these policies in our country, I am sure we will grow by leaps and bounds.

A developed country is defined by many parameters. Some of the most common metrics are standard of living, gross domestic product, per capita income, excellent infrastructure, and a high degree of industrialization. India's rank on a global scale in most of these parameters is low but slowly improving every year. But, do we need to aspire to be the number one country in the world? I disagree. The most powerful nation in the world is the United States of America. It is the only superpower in the world. I do not think that we need to be a superpower because of the bloated military spending that we will have to bear and be the one trying to police other countries and bring democracy in their land.

India can look specifically at some countries in Europe for paving its way forward. Take the Netherlands, for example. It has universal healthcare, very good quality of public education and infrastructure, very high human development index (HDI), is one of the happiest countries in the world, has legalized same-sex marriages (in fact, was the first one to do so), and has a very good quality of life. If we compare India to the Netherlands, we lack in almost every aspect.

India's infrastructure is poor, our public education is riddled with problems, universal healthcare is at its nascent stage, our HDI is medium, and homosexuality is finally legal after many years. Apart from these factors, India has its own set of problems. Our population is growing at a fast pace, corruption is quite rampant, and the public sector is deemed to be slow and inefficient since decades. How does one solve all these problems over a moderately decent time period?

I believe that first of all, all citizens need to understand that we have a moral responsibility towards each other. I think

this is very critical to the growth of a nation. Take one of the parameters mentioned before – universal healthcare. It is

a type of insurance provided by the state so that the medical bills of all its citizens will be taken care of by the government.

Similar to how insurance works, the premiums of the healthy individuals are used to take care of the less healthy policy holders. This moral

responsibility is quite absent these days. People frankly are not concerned about each other, on a national scale. The fact that one set of the population has opportunities that the other section does not is a serious red flag and speaks of the inequality that is rampant in the country. That is detrimental to the growth of the country because income inequality keeps rising steadily with this kind of approach.

Social democracy, which is the kind of approach used in Nordic countries has proven to be quite effective. Surveys, time and again, have shown that wealthy Finnish or Danish people do not mind being taxed at higher rates than their other counterparts who aren't as well off. The free market capitalistic model helps these countries harness the benefit of capitalism and then use the taxes for the benefit of the citizens. Thus, areas like education, infrastructure, and healthcare are taken care of by the government. Sure, the taxes will be progressive and high but the citizens realize that it is for their benefit as a whole thus they do not mind paying taxes unlike citizens of various other countries where they find loopholes to avoid paying taxes.

Separation of the church and state is also very important, according to me. I believe religion is a very private affair and should remain so. India is a country where important religions like Hinduism, Sikhism, and Buddhism were born. It also has a very large number of followers of the Islamic and Christian faith as well. But again, when we look at the kind of promises politicians make to a specific group of religious people, other people not belonging to that religion feel neglected and left out and there will inevitably be clashes between two sets of people – which could have been avoided.

Basic common sense also has become extremely uncommon in our country. Littering, not following simple traffic rules, being rude unnecessarily to each other, and not respecting each other are some of the things we, collectively, are good at – not something to be proud of. All of this again



converges to the point above – taking care of each other helps a lot in building a nation. Following a set of rules and laws must be made top priority. Take for example, lane driving, as is done in most developed countries. By following a simple rule of driving in your lane, the occurrence of accidents drastically reduces, and therefore the number of people being involved in fatal accidents drops a lot.

Through economic liberalization in the early 90s, India has opened itself up for a global reach. This is particularly true in the information technology services sector. Companies like Infosys and Tata Consultancy Services have development centers in most parts of the world. While the services sector is doing good, manufacturing sector does not seem to have been caught up with the same vigor. Economists have time and again mentioned that the world does not need two Chinas, and this is true. 'Make In India' is good for the country – India has the potential to be a manufacturing hub of the world given its literate population and skills. But, India also needs to manufacture for itself – not for the world. We are soon going to be the most populated country in the world and manufacturing in the country for its citizens also help a lot for us to be a strong economy while creating jobs for the huge section of people and having a population that helps in the consumption of goods that have been created in the country.

On a global policy scale, it should also be clear that India needs to be a permanent member of the Security Council in the United Nations. Currently, there are five nations who are permanent members, the victors of World War II – the US, China, the UK, Russia, and France. India needs to also be a member of the Security Council because we are now

an important global nation. One in every seven persons on the planet is an Indian and apart from being the dominant country in Southern Asia, we are also becoming one of the most important countries in the world. That said, unless we have a seat as a member of the Security Council, we will not be as influential in the world as we wish to be. These apply to solving global issues like peace in the Middle East, the Korean conflict, and our own India-Pakistan issue of Kashmir – just to name a few issues.

Therefore, it is clear according to me what will make India a truly great nation. They say history repeats itself and we are on a cusp of witnessing this history being glorified once again. Massive development projects on all front are underway – be it technical, educational, infrastructural, and healthcare wise. If the same amount of development takes place for another fifteen to twenty years, along with our population that is one of the youngest in the world, we will be one of the world's strongest economies along with being a developed nation with excellent infrastructure, very good schools and hospitals that are inexpensive, and in all a country where its citizens have a high standard of living.

*Rupak Hattikudur, son of Usha and late Dr. Rajendra Hattikudur is currently working on a project in Johannesburg, South Africa. In Mumbai, he lives in Saraswat Colony , Santacruz. Having completed his engineering degree with a first class with distinction, he is now currently studying commerce and business law, having obtained an M.A. degree in economics. In his free time, he likes reading books and is interested in wildlife photography.*



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## **Timmy And Kipper**

**MAJ GEN B N RAO, AVSM, VSM & BAR (RETD)**

In the January 2019 issue of the Kanara Saraswat, Shri Satyanarayana Pandit mentions the name of two great army Generals hailing from Kodagu; Gen K S Thimayya (Timmy to his friends) and Field Marshal K M Cariappa (referred to as Kipper by his peers). Mention of those names triggered memories that I share with the readers here.

General Kodendra Subayya Thimayya, was Chief of Army Staff from 7<sup>th</sup> May 1957 to 7<sup>th</sup> May 1961. He was a towering military figure comparable with the best in the world.

Soon after taking over as Commander of Karnataka and Goa Sub Area, in January 1990, my Colonel (General Staff) informed me at a morning conference that a contingent of a few soldiers from the Kumaon Regimental Centre at Ranikhet, were expected to arrive in Bangalore for a short stay of two or three days. "And what is the purpose of the visit?" I enquired.

"They are a working party sent to maintain General Thimayya's grave in the Wilson Garden Cemetery. Although he belonged to Coorg, he was buried in Bangalore as per the wishes of his next of kin." "But why get men from Ranikhet when we have enough manpower in Bangalore itself?" I enquired. "Surely we could detail a few recruits from one of the local Regimental Centres to clear the area around the grave and ensure its upkeep?"

"A matter of pride" replied my Colonel GS. "Gen Thimayya belonged to 19 Hyderabad Regiment which was converted into the Kumaon Regiment. Given his immense military stature and the fact that he was Chief of Army Staff for four years, the regiment not only takes great pride in owning him but also insists on maintaining the grave site itself".

I expressed my desire to visit Wilson Garden Cemetery and lay a wreath on the grave of this great soldier and former Chief. My Colonel GS laid on a visit accordingly and I paid my respects to the late General at his grave. But I was quite appalled to see the conditions in the cemetery itself. What I saw was not what I expected. The graves were jostling for space and looking very unkempt. Gen Thimayya's grave was simply one among many in that shabby civilian graveyard. Grass was growing everywhere and the recent rains made it difficult to walk on the muddy pathways. But for the guide, so thoughtfully placed by the Colonel GS, it would have taken us a while to locate it. I felt deeply sorry that that this outstanding General's mortal remains were interred at such a nondescript site in a civilian cemetery. He deserved better.

We immediately sought permission of his nearest surviving relatives to shift the grave into an army location as befitting his rank, position and stature. Having obtained their okay, we sought permission of Army Headquarters to shift his grave to a specially selected piece of ground in ASC Centre (South), in Bangalore Cantonment. Simultaneously we also sought permission of the Ministry of Defence to re-categorise the piece of land where we intended to relocate the grave. Given the chain of command that processes such requests,

obtaining permission was a time consuming process. Consequently, I was posted out on promotion before it came through and it fell upon my successors to complete the task. But it gives me great satisfaction to say that General Thimayya's mortal remains rest today on military land, in secure, serene and picturesque surroundings. The specially chosen location is exclusive, well protected, and maintained in proper military fashion.

The only time I saw General Thimayya was when he came for his farewell visit to the Indian Military Academy at Dehra Dun, in May 1961, just before he retired. A special military parade had been organised in his honour. At that parade, General Thimayya addressed the Gentlemen Cadets (GCs) of the Academy who were formed up in a 'hollow square' before him. He spoke extempore; very authoritatively and inspiringly. He was an eloquent speaker with excellent command over the English language. Indeed, he made such a deep impression on our minds, that many of us final term GCs (who all thought ourselves to be future Generals) adopted him as our role model. Who needed a Rommel or a Patton when we had our very own Thimayya?

I first met General Kodendra Madappa Cariappa in 1966, after his retirement. I was a Captain serving in 51 (Independent) Parachute Brigade, which had just returned to its permanent peace location at Gwalior, after the 1965 Indo-Pak war. The Para Brigade was celebrating its return and General Cariappa who happened to be visiting Gwalior, was invited as Chief Guest.

General Cariappa was reputed to be a stickler for correctness, protocol, proper dressing, military discipline and mess etiquette. We paratroopers were dressed in our customary informal open collar white full sleeve shirt and black trousers with regimental cummerbund for the club evening: but General Cariappa was 'properly' dressed in a formal lounge suit.

After the victory over Pakistan and on account of being back home, we paratroopers were in high spirits. As the evening wore on, the party became even garrulous. We were feeling concerned that he might be annoyed by the officers' behaviour because in the bar, the officers had got to the stage where they were saying 'bottoms up', downing their drink in one gulp, and smashing their glasses at a duck in a picture on the wall. There was a hush when the General walked into the bar but he also downed his drink and let the duck have it. It restored the gaiety of the party and he left soon thereafter.

My second meeting with him was when he was a Field Marshal; old and ailing. Special arrangements had been made for his stay in the Command Hospital (Air Force) at Bangalore. Soon after taking over the Sub Area in Bangalore, I paid him a courtesy call. To my surprise the Field Marshal was fully dressed in blazer and tie, and graciously poured out cups of

tea for me and my staff officer, who was accompanying me.

That visit is sharply etched in my mind because just before we left, the Field Marshal picked up a small pair of scissors from a table and snipped off a lock of hair from my staff officer's head saying "You are the Colonel A; the custodian of discipline. You cannot go around with long hair!" He spared nobody.

This narration will be incomplete without recollecting a story related to the 1965 Indo-Pak war. His son K C Cariappa, an IAF pilot, was shot down over Pakistan and taken POW.

On realising the identity of the wounded flier, Pakistan's Field Marshal Ayub Khan who had served under Cariappa before independence, offered to release his son immediately. Field Marshal Cariappa is reported to have scoffed at the idea. "He is my son no longer. He is the child of this country" the old soldier is reported to have thundered, "a soldier fighting for his motherland like a true patriot. My many thanks for your kind gesture, but I request you to release them all or release none. Give him no special treatment."

Such was the measure of the man.

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## The Promised Land

KAVITA KARNAD SAMUEL

Welcome to Israel, the promised land of the Jews, the religious center of the world for Muslims and Christians; a country with an American body and a Mediterranean soul; a country of nearly eight million citizens, where almost every adult citizen has handled a weapon of some description as part of training in the Israeli Defence Forces; a mere dot on the atlas, surrounded by formidable enemies for neighbours- a David facing the giant Goliath; a land with no oil, no water, no natural resources, only history and religion to justify its existence!

The Old Testament would have us believe that Moses, the adopted prince of Egypt, experienced an epiphany from the God of the Jews, to lead His enslaved people from Egypt to the Promised Land. Guided by God, Moses and his followers roamed the Sinai desert for forty years before they were led to the land today known as Israel -with no GPS, no Google and what's even worse, no asking for directions! And after so much tribulation, these 'chosen people of God' were directed to a land with absolutely nothing to fall back on! One is compelled to wonder if God was angry with his people and wanted them to pay for forty more years after freedom from prolonged slavery, and then extend the sentence for millennia thereafter.

After the WW II, as compensation for the atrocities on the Jewish people during holocaust, Britain offered these people a vast land in Uganda, a country brimming with natural resources. But the Jews chose the land of Israel with Jerusalem as its capital and a country was born in 1948. Zionists (people believing in the cause of a Jewish country) came from East and West Europe to settle in the most adverse conditions of life in order to create a country out of a desert of sand and scrub.

Israel, with an area of 20,000 odd sq km is one-third the size of Maharashtra in Maharashtra. Yet, at a young age of seventy years, Israel is perhaps one of the most developed first world countries in the Middle East. Its people are multi-cultural and poly-linguistic. Russians, Arabs, French, Ethiopians, Indians, Americans, Polish, British, etc. have made Israel their home. Yet, they speak one language named 'Ivrit' (Hebrew) and belong to one religion, i.e. Judaism.

The global Jewish population is but a fraction of other religious groups, but it has given the world the largest number of Nobel Laureates for various disciplines of science, medicine,

psychology and so on. The Israel Philharmonic Orchestra is world renowned, as are the wild exploits of its intelligence agency, the Mossad.

The great pyramids, though financed by the Egyptians, were physically built by the enslaved Jews. That Jews are builders at heart is evident with one look at 'modern' Egyptian cities compared to their Israeli counterparts. The network of roads, transport, and infrastructure is in place everywhere in Israel. The superstructure of an American body superimposed on a deeply Mediterranean soul becomes evident when you spend a few weeks with these people.

Israel has also given the world the concept of 'drip irrigation'. Hundreds of green acres bang in the middle of a dry, sandy desert is a common sight in Israel. Every little plant and every tree has a network of pipes running at the roots, providing it with water and other sustaining minerals. The gardens in the cities are large, green and shady. The Negev desert is responsible for producing every kind of juicy fruit meant for export.

Israeli medical breakthroughs are phenomenal. Injured soldiers are known to have their entire limbs reconstructed through prolonged surgical knowhow, helping them to lead a perfectly normal life.

Desalination, a process of taking sea water, eliminating the salt and using the water for drinking and other purposes has been undertaken in Israel on a large scale. Sewage water is sold to companies who specialize in treatment of the same and provide it for irrigation purposes. Solar energy is harvested for utilitarian purposes all over the country.

All in all, the Jewish people have emerged victorious from every biblical and historical tribulation of slavery, dislocation, persecution, holocaust and have proved their mettle. It appears that adversity is what they need to keep pushing toward excellence. Life in Israel is not easy by any means. The citizens are constantly alert for potential war-like eruptions in their very midst. The prices of commodities are prohibitive, taxes are high; yet it is all for a cause: their country, their soil, Israel. And every citizen is prepared to pay with their life to protect their land. Comfort, as they say, is indeed a precursor to death!

Once again David has proved strong or perhaps resourceful enough to stand against Goliath.

## “Thank you Swamiji!”

**The 22nd Vardhanti of the Pattabhisheka of our Beloved Mathadhipati Parama Pujya Sadyojat Shankarashram Swamiji will be commemorated on the 23rd of this month. In this humble tribute to an awesome Guru, SHAILAJA GANGULY shares some of the timeless moments spent in *Guru-sannidhi* which have been invaluable lessons in the classroom called Life!**

The early morning rays of a gentle sun beamed into a packed hall vibrating with palpable, unspoken anticipation. I too waited, not knowing what to expect. Suddenly, I saw the crowd rise, all eyes on the doorway. From my corner of that vast room I saw a figure in ochre walk towards the dais in compact, measured steps. Climbing up and reaching the low wooden seat with an *aasan*, the figure turned. The *tejas* sparking off an arresting countenance, the piercing gaze that missed out no one, the faint glimmer of a smile - all held a mystical allure that was impossible to define or deny. I felt yanked out of all the frivolous foibles and fancies that had hitherto held me helplessly captive on a ceaseless merry-go-round. I felt I had risen onto a higher plane wherein there seemed to be nothing that would incite need, or greed. I felt I had come home....

The day I was granted the blessing of *mantra-deeksha* was also the day I had my first real conversation with Pujya Swamiji. Later, I realised rather shame-facedly, that it was mostly one-sided. As all the jagged bits and pieces of my hitherto inconsequential 'life spiritual' gushed out like a torrential waterfall, He simply listened... no comment, no judgment. Swamiji, that is where I learnt my first major lesson...to listen.

Watching a twinkle-eyed Swamiji enjoy a children's programme put up during that camp, was an eye-opener about how to pour oneself into the 'here' and 'now', especially in the company of little ones who lap up the present as if there is no tomorrow. As Swamiji with one smiling gesture indicated to a tiny participant that he should accept his Kit-kat with his right and not left hand, I saw how subtly positive change can be induced in an impressionable mind. No frayed temper, no raised voice, no inciting of hot tears of shame and humiliation. Nothing going out of tune and yet ...a valid point driven home softly, one little child definitely changing for the better.

"I'll see that you get it," is what Swamiji said most casually (I thought), when I said I had neither seen nor read the *Durga Saptashati*. Within 24 hours my uncle who had never lent me a single book made my aunt call me up to tell me that he had bought one which he wanted me to read before he did. Yes, the book I received on the following morning was the yellow volume published by the Gorakhpur Press with the Mother on its cover page gazing into my eyes to ask-"Do you now realise the unbound abundance of *Gurushakti*?"

Over the years I have seen and heard of innumerable and inexplicable experiences of grateful devotees. There are several incidents in our sacred *Guruparampara Charitra* as well, wherein the infinite *Gurushakti* has blessed a devotee in a manner that defies all logic and the present boundaries of science. But our Divine Masters have chosen not to dwell upon these wondrous gifts of Grace which the 'unschooled' term as 'miracles'. For they have chosen not to distract the laity from the real goal- to seek and realize the Absolute within. But Swamiji, these incidents have always brought home the power of the *Vani* and the *Sankalpa* of a Realised Soul, an Enlightened Guru...

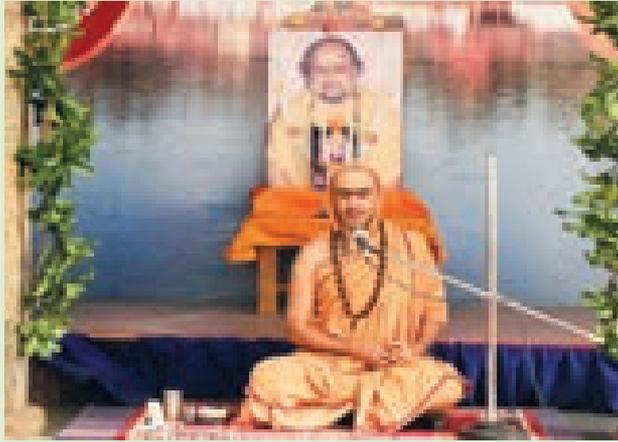
Only the *Durga Kavacham*, the *Argalastotram* and the *Keelakam* were chanted for the first time in the holy precincts of our *kular*- Shirali almost 16 years ago. Today, as the devout daily hum of the *Navratra Nityapaath* further sanctifies the purity at each of Swamiji's camps, I feel repeatedly awestruck at the colossal effort that has gone into introducing every *shlok*, every *stotram*, in de-mystifying the myriad scriptural content through innumerable *Swadhyay* -s, the deep introspection and self-inquiry stirred at every *Vimarsh* or *Paramarsh*. Swamiji, the lesson which has gone home is the need for imbibing discipline, determination and regular application. Only then can this overwhelmed seed of devotion blossom into a strong-rooted and unshakeable conviction called faith.

It is only when we participate with total involvement in a *satsang* that we experience the unlocking of blocked energy, discover the glorious sense of freedom from every fetter, feel the release of boundless happiness during *namasmaran*. By introducing this collective bliss to us- overwrought and self-centred 'megapolitans'; You have made the entire community of *sadhak*-s feel like a single global family, Swamiji. ..and in one *Ashirvachan* when You told us that even a single *stuti*, offered with total, one-pointed devotion can be spiritually empowering, hope raised its head again stifling an ugly voice which was saying "you are not doing enough".

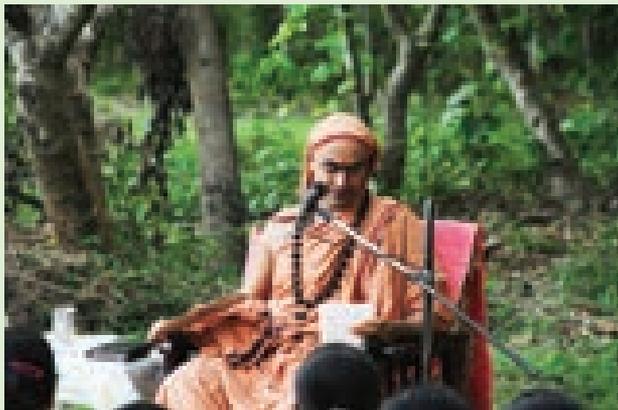
Today, bonding comes easy between complete strangers when volunteering shoulder to shoulder at the serving table, sharing room-space at any Math guesthouse, singing *bhajan*-s sitting side by side, or doing the *garba together* before the resplendent Durga Parameshwari. One incredibly

~~~~~ *Parisevanam* ~~~~~

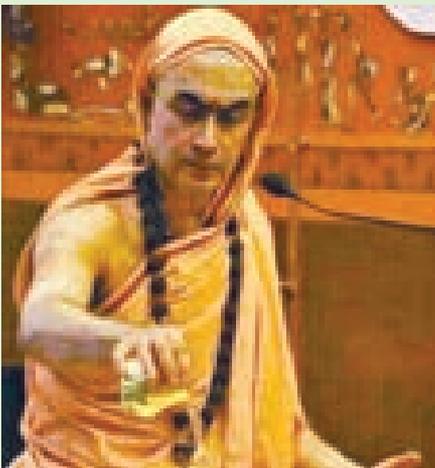
absolute moment of indivisible oneness was experienced by all of us who were present at Karla on that glorious afternoon when Swamiji sang His intensely powerful composition - *Bhavanidharahara*.. and at the end of it, everyone burst out clapping in sheer joy as if on a divine cue. Swamiji, out of the blue, You showed us it was possible to feel that kind of ecstasy which had no material basis and hence, infinite scope to recall and revel in...



When a record number of *Prarthana-children* meticulously perform *Gurupujan*; when *Yuva-s* inscribe "We love you to the moon and back" at the end of a delightful acapella medley created to commemorate their Beloved Guru's 'golden' *Janma Divas*; when the lessons offered by *Girvanapratishtha* motivate students world over to join the open classroom; when all through the year *sadhak-s* happily rush to Karla to offer a *Seva Saptaha*, or to perform *Sannikarsha*; when the 'Maams' begin to participate regularly in *bhajan-seva* and do the *Gayatri Anushthan* in growing numbers at Swamiji's camps; when beaming beneficiaries of Parimochana



project come to Shirali Math with baskets laden with produce; when you read about the over-all excellence of the students at Srivali High School or watch the glow of self-assurance on the face of every woman at Samvit Sudha and as the crest jewel -



when thousands join Pujya Swamiji on the historic *Guru Jyoti Yatra* to consecrate the Holy *paduka-s* and portrait of our tenth Guru-Parama Pujya Parijnanashram III in Shirali, you realize without doubt that the surge of inspiration to

follow this Guru came from genuine remorse for all the injustice our *Karunamurti* Guru Swami was subjected to and also from the love and reverence devotees of all ages feel for a Master who leads from the front and works tirelessly to constantly improve every aspect and facet of our Maths and our *samaj*. Swamiji, how can we not learn the importance of sustained effort when we have a Guru who is hardest on Himself?

In the 12<sup>th</sup> Chapter of the *Bhagwad Gita* Lord Krishna says that one of the qualities which endear a devotee to the Lord is cleanliness, purity, tidiness. If you have noticed the beautification and elegant expansion undertaken at every Math under Swamiji's vigilant eye, the impeccable orderliness, total concentration and *bhakti* with which Pujya Swamiji does *pujan* - as if He is doing it for the very first time

- you realize you are watching both a perfect Guru and an ideal *Shishya*.



Parijnan Foundation has been set up by Swamiji to realize all the visions of His farsighted Guru. The utterly sincere and humble manner in which Swamiji attributes every positive happening to His Guru's Grace is both touching and inspiring.

Swamiji, the gratitude-list will always remain unfinished. But if any seeker is earnestly looking for a *bhukti-mukti Pradaata* who helps one strive for

a body-mind-spirit sync, I can joyfully tell him or her that this search ends at Your Holy Feet.

*Photo credit: Anushravas*

*BIRTH CENTENARY REMEMBRANCE*

**Shri Sanjeevrao Laxmanrao Murdeshwar**

**25.02.1919 to 27.01.1994**



**Fond remembrance on your Centenary Birthday**

You will always remain in our hearts forever dear Pappa

**With love and respect**

from

Son Late Durgadas Murdeshwar  
Daughter in law Deepalakshmi Murdeshwar

Grand son – Dhiraj, Kuntal  
Grand Daughter – Daksha, Nitish

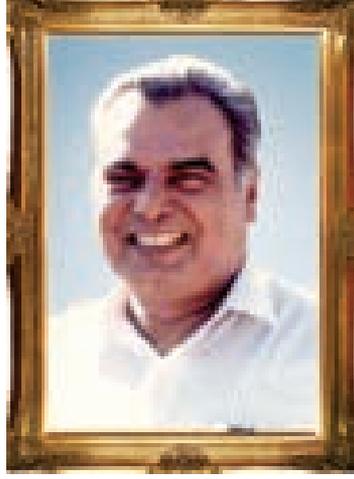
Son – Mohan Murdeshwar  
Daughter in law – Meenal Murdeshwar

Grand Daughter – Meeta, Tushar  
Grand Daughter – Minoti, Anish

Daughter – Suvarna Manjeshwar  
Son in law – Late Uday Manjeshwar  
Grand daughter – Swagata Manjeshwar

And Great Grand Children

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**SHRI BHASKAR NARSINGRAO DIVGI**



**22<sup>nd</sup> September 1931 - 23<sup>rd</sup> November 2018**

तेजः क्षमा धृतिः शौचमद्रोहो नातिमानिता  
भवन्ति संपदं दैवीमभिजातस्य भारत ॥

Spiritual lustre, forgiveness, steadfastness, purity,  
absence of malice, absence of pride - these  
belong to one born of the divine state, O Bharata!

...Bhagavad Gita 16.3

A True Karma Yogi who touched and inspired all  
who met him by his humble grace, generosity and kindness.

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You have left behind an  
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# Increasing popularity of Thai Food in India

CHEF PRATHAMESH KUMTA

My interest in food goes long back in time to the days spent with my grandmother and mother in their kitchens. Their food defined itself with the warmth and mouthwatering aromas wafting out of their kitchen. I loved being surrounded by the warmth and love of their kitchen as they lovingly prepared breakfasts, lunches and dinners for us. I am privileged to have tasted such scrumptious treats.

I was inspired by these two great cooks in my life and thus spent much time in their kitchen helping them. This interest developed into a passion. I wondered why not makes this my profession, since I enjoyed cooking! Cooking is a very creative profession that has no limits; it's an art. Each day one can make new dishes, try out new dishes and each day is a learning process. There is not one dull moment in my life and it gives me great enjoyment as I see smiles on faces, when they taste my food.

From the beginning of my career I have been working in fine dining Oriental and South-East Asian restaurants in India. I have gone through extensive training with some of the finest Oriental and Thai chefs from the industry which have helped me understand the uniqueness of the cuisine - not only by cooking but by improvising, developing and giving the recipes a personal touch.

Thai cuisine is one of the jewels of Eastern Asia, with its fiery flavors sitting in perfect harmony with subtle, fragrant aromas, sweet creamy sauces and fresh crunchy textures all combined in endless delicious ways. This cuisine took its own time to slowly enter India as initially people used to hesitate to try this food as it was more on the pungent side for the Indian palate. In the last few years, the popularity of Thai food and cooking has grown enormously. With improved infrastructure, transport, business relations and cheap airfares, more and more people from India are visiting Thailand for business or leisure purposes. This generation can experience this cuisine at first hand. The taste for Thai food is thus developing day by day in the Indian travelling population. Hence restaurants serving authentic Thai food are being welcomed in Indian cities which add to the increasing popularity of this cuisine in India.

Thai dishes have become commonplace. Classic Thai ingredients such as lemongrass, galangal and kaffir lime leaves which were initially hard to find, expensive and had to be sought out only in specialist Asian stores which imported them are now easily available in supermarkets at reasonable prices thus opening a wealth of possibilities to the home cook.

Another reason for the growing popularity of Thai food is that it is perfectly suited to the busy, quick and modern city lifestyles. Most Thai dishes can be cooked quickly and use healthy cooking methods such as grilling, steaming, quick stir fries and braising.

Fresh vegetables, seafood and low-fat cuts of meat and poultry are used in Thai dishes. There is use of fresh coconut milk in most of the curries and desserts. Not only are the

dishes healthy and quick but they can often be made using the same pan or "wok". The wok is the most useful vessel in Asian-style cooking. It is so versatile that it can be used for boiling, steaming, frying and simmering. It means it can be used to cook whole dishes using single wok which saves time of washing up and storing of lot of vessels in the kitchen.

**Sharing some of the most common and easy Thai recipes**

## Pad Thai

If you are familiar with Thai Food you must have surely heard about Pad Thai, it is the most popular Thai Food all over Thailand, especially to visitors to Thailand who do not like spicy food.

The textures and flavors of a proper Pad Thai derive from the way the dish is cooked; it's a quick dance in an ultra-hot wok. Warning: No large portions can be prepared at a time, just enough for two. Well you can cook more portions but, you have to do it like they cook on the streets of Bangkok -one or two portions at a time.

In a Pad Thai recipe do not season while cooking in the super-heated wok – else, definite failure of the dish!! A little street sense is what you need. Pad Thai vendors in Thailand don't season their Pad Thai one portion at a time. They have a giant vat of sauce pre-made, as they cook a portion they add a ladle full of the pre-seasoned sauce and that's it! You can make sauce and refrigerate it for a long time. It's a common Thai street food consisting of sweet-n-sour noodles, flat rice noodles, with tamarind and palm sugar flavor.

There are four ingredients in the Pad Thai sauce, Tamarind pulp (for the sour flavor), Fish Sauce (for the salty part), Palm Sugar (for a slight sweetness), and Paprika or Thai chili powder (for the spice). Two cups of sauce will make about 6-8 portions of Pad Thai.

Ingredients (Serves 2)

450 gm flat rice noodles

2 pieces garlic

3-4 pieces red garlic

2 eggs

2 tsp fish sauce

2 tsp sugar

3 tsp oil

1 lime (sliced 4 pieces)

2 tsp ground roasted peanuts

½ cup fried sliced tofu

¼ cup lengths chopped chives/spring onion

3 tsp of dried shrimp

6 (whole) fresh peeled prawns

Handful of bean sprouts

## Method

- 1) Boil the noodles until the noodles are soft (8-10 minutes) or 1 min if pre-soaked.
- 2) Place the wok with oil in the medium heat then put the garlic and the sliced onion in the hot oil.

- 3) Stir the prawns and dried shrimp, bean sprouts, green onions, eggs, chopped chives, fried tofu and noodles together.
  - 4) Mix the fish sauce, sugar, limes with the noodles to your taste.
  - 5) Add the finished Pad Thai to a plate, sprinkle roasted crushed peanuts.
- Go ahead and serve delicious Pad Thai to your guests!

## Flashback!!

- Kedar K

A well groomed man,  
I see in the mirror,  
A black strapped watch,  
And a dense black beard.  
Cool does he look,  
But not his life,  
To earn bread and butter,  
He hastily has to strive.

Many a strides back,  
He crawled on limbs,  
To get the door bell sounds,  
Were his little dreams.  
Eat, sleep, cry, laugh,  
Was all he would do,  
Spending his time on his swing,  
Watching the fan move.

Tightly would he hold on,  
To his mom's arms,  
Worrying she would leave him,  
He would not be calm.  
Small dreams he saw,  
Like to be held up in air,  
No money did he need,  
But lots of mommy's care.

Laughing at cartoons,  
He would roll around,  
Tom and Jerry's chase,  
Would have him astound.  
Growing ahead,  
He was entangled in phones,  
That devoured that little child,  
Leaving him dull and lone.

No heed did he pay,  
To the passing time,  
How could that lad know,  
One day it would cost a dime.  
A gift he had,  
Is nowhere with him now,  
A sweet night's sleep,  
He can't get it anyhow.

A vicious circle,  
He's now jumped in,  
Where life's a fantasy,  
Childhood a mere dream.

POEM 5:

## The Rhythm of the Sparrow's Wings

Veena Bantwal

- I) The Sparrow's Wings with a movement quick  
Like the blink of an eye, they flicker a bit,  
And then return to snugly sit.  
To this rhythm the Wings they beat;  
With a flickering tweet, sitting snugly in their retreat!
- II) The Sparrow's Wings now quicken a bit  
From their nest soaring so quick,  
Snugly they can no longer sit,  
Soaring high fluttering rapid.  
And its rhythm the Wings have changed;  
From its blinking beat, to this fluttering tweet.
- III) The Sparrow's Wings now fluttering rapid  
Giving up their snug habit,  
Into the sky just soaring quick,  
Now these Wings fluttering rapid.  
And its rhythm the Wings have changed;  
Flying they are... flying the sky's vast blue range.
- IV) And now the Sparrow's flying Wings  
Flying in the dancing Wind,  
Are playing to this dancing rhythm,  
The Sparrow and its flying Wings.  
Dancing to this rhythm the flying Wings;  
Diving and swerving with the Wind,  
Are riding upon the wavering Wind.



**Gauri Dattatreya Kaikini (67)**

D/o Late Shri Dattatreya Ganpat Kaikini (Balmam) &  
Late Smt. Shantabai Dattatreya Kaikini passed away  
peacefully on 14th January, 2019  
at Bandra Mumbai.

**We pray for sadgati of her departed Soul.**

Vivek D Kaikini/Meera V Kaikini  
Shankar D Kaikini/Mohini S Kaikini  
Shivanand D Kaikini/Indira S Kaikini  
Abhishek/Manleen, Aarti/Amod, Kartik

# Residential Solar Electricity

DEVPUTTA CHANDAVARKAR

Solar Electricity is an excellent solution for Housing Societies & Residences to reduce the Electricity bill by as much as 80-90%. As most people are not well versed with the Technology, there is a fear factor inhibiting the execution of this choice. In our Society, I have successfully executed a 46kW Solar Electricity Project, resulting in a monthly savings of over Rs. 70,000/- in our Electricity bill.

With the new Policies of the Government, the Rooftop Solar Electric System of a Residential Premises can be connected to the Main Grid of the Electricity company thereby reducing the costs associated with Installation & Maintenance of Batteries, which was needed in earlier days. Such a Solar System connected to the Main Electricity Grid is called "Grid-Tied Rooftop Solar System"

**The main components of a Grid-Tied Solar System are shown below:**

Solar Panels need to be installed facing south side to avail maximum sunlight through all the seasons (as India is located in the Northern Hemisphere).

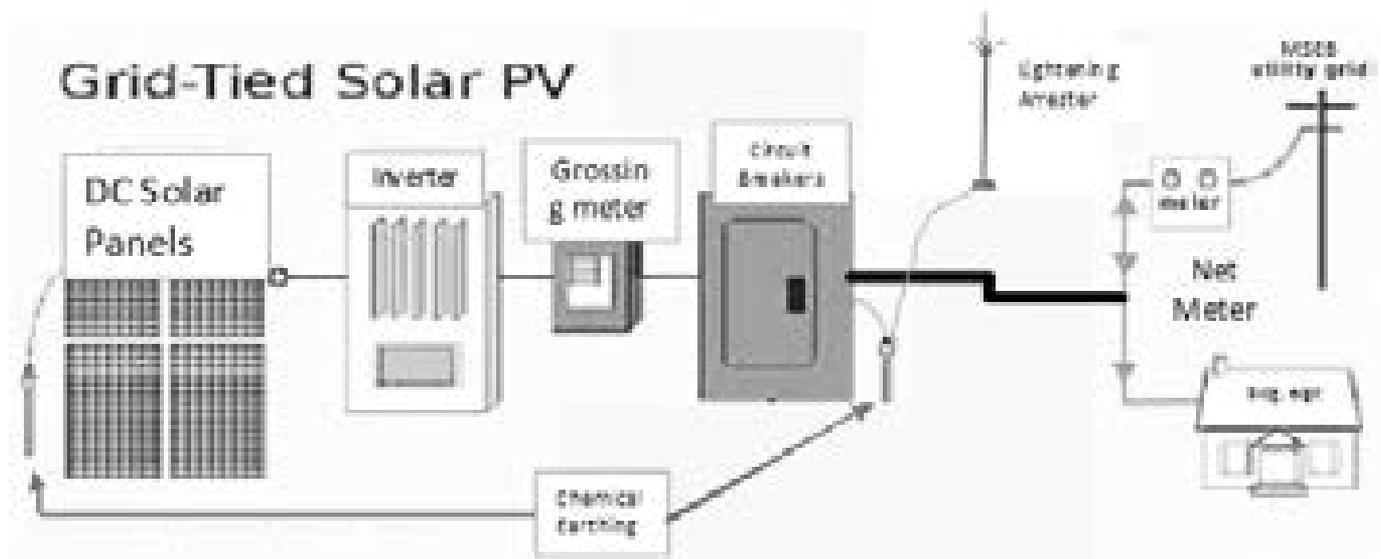
While there are many Manufacturers of Solar Panels, they can be broadly segmented into "Made in India" and "Imported".

Although, it is mandatory to use Indian Panels to avail Government Subsidy, the decision (for Indian or Imported panels) should be based on the Final Cost per kW after considering various cost heads.

Inverters :

While Solar Panels develop Direct-Current (DC) Voltage, as we require Alternating-Current (AC) Voltage in our houses. The Conversion from DC to AC is done in an Inverter.

A Pure sine wave inverter is the best suited Inverter for Grid-Tie applications. There are many international & local



Working of a Grid-tied Solar system in brief:

- Solar panels convert the sun's energy into DC electricity
- The DC electricity is channelized into a solar inverter that converts it to 240V 50Hz AC electricity.
- The 240V AC electricity can be used to power home appliances
- Surplus electricity is fed back into the main grid.

We will now understand different components of the Solar System.

## Solar Panels

Solar Panels operate on the Photo-Voltaic (PV) Principles and hence are called Solar PV Panels. Solar Panels convert Ultra-Violet (UV) radiation in the sunlight into Direct-Current (DC) Voltage and hence can develop electricity in cloudy conditions too, although at a reduced efficiency.

Brands of Inverters.

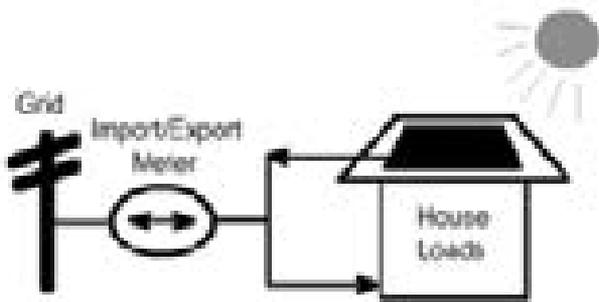
Most of the good quality Inverters and Solar Systems are integrated with Web based Performance Monitoring which allows real-time tracking of System Parameters and quick reporting / diagnosis of system faults, displayed on the Smart phones of assigned users.

## Metering of the Power:

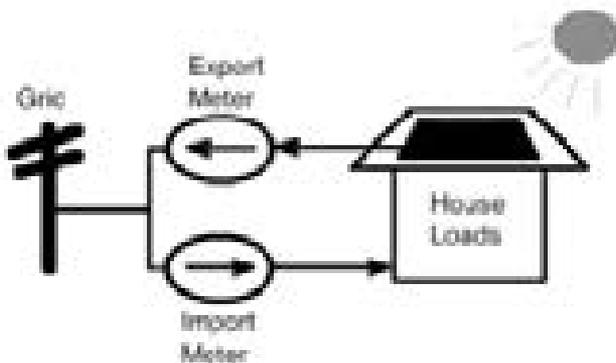
A typical Solar System uses two types of metering of the electrical energy - Net and Gross Metering.

### Net Metering

When the sun shines, solar electricity generated by your solar panels is used by the appliances in your home. This means your home will be importing less electricity from the grid as your home's appliances consume electricity directly from the solar panels.



If you don't have enough solar electricity to power your appliances, the balance required to power up your home is imported from the grid. Thus, the Net Meter provides the difference between the Electricity used from the Grid vs. that generated by your Solar panels.



### Gross Metering

The handy thing about gross metering is that your electricity bill tells you exactly how much electricity your solar system has generated avoiding the ambiguity of the net metering approach.

Gross metering also records the entire amount of electricity that is consumed by your home.

### Circuit breakers, Switch boards & power cables:

As the Solar system comprises of DC Circuit and AC Circuit, it is essential to provide suitable Protection devices for each circuit. It is very important to protect Solar panels with DC circuit breakers due to their high cost. Similarly, AC Circuit breakers are essential to protect the appliances and system components.

For DC Circuit, it is essential to use Copper conductor cables. For the AC Circuit, 4-core armored Alu. conductor cables can be used. The size of these Cables will depend upon the Power transferred and system load.

### Earthing & Lightening Arrester:

When installing a solar Photo-voltaic system (PV), it is extremely important that all the equipment is grounded correctly. Therefore, providing dedicated Earth pits and strong earthing connections is very vital.

As most of the Residential Projects do not have adequate protection from Lightening, it becomes essential to Install adequately large sized Lightening Arrester capable of covering the whole area of the Solar system Panels layout.

Key Steps during execution of a Solar System Project in a Housing Society:

1. Check if the building has sufficient Open space facing South direction viz, Terraces, Rooftop, Floor above Water Tanks & Lift shafts, etc. to suffice for the Solar Panel Installation. Some Key info about panels is as under
  - a. Space required = approx. 100 Sq. ft. per kW
  - b. Standard Panel size = 2 mtrs x 1 mtr.
  - c. Power Production (average) = 120 units/kW/month
  - d. Output capacity = 315-320Wp per Panel
2. All the Electrical appliances in Common use (like Lights, Water Pumps, Water Heaters, Lifts, etc.) of the Society can be operated on this Solar PV Electric system
3. Analyse Project feasibility
  - i. Consider 80%-90% of the Sanctioned Load (or of your Average Monthly usage) as the Capacity of the Solar System
  - ii. Cost of the Solar System will vary between Rs. 55,000/- per kW to Rs. 85,000/- per kW depending upon the size of the system
  - iii. As the Life of the Solar system is between 20 to 25 years, the savings accrued after the break-even will be profits for the Society and can reflect in huge savings in the Maintenance Charges for each member
4. Present the Project Calculations to the Society members, detailing the monthly savings in Electricity bill, its reflection on individual Maintenance Charges, increased benefits with inflation on Electricity Tariffs, total Investment needed and possible sources to raise the Capital.
5. For the Project execution, constitute Project Team comprising of members with diverse expertise i.e. Engineering, Management, Civil, Structural, Legal

*Author, Mr. Devdutta Chandavarkar can be contacted freely at 'chandavar@gmail.com' for any clarification or more detailed information.*

### Prices of our casual advertisements.

#### They are now as under:

|                         |            |
|-------------------------|------------|
| Colour Full page        | Rs. 7500/- |
| Black & White Full Page | Rs. 5500/- |
| Colour Half Page        | Rs. 4000/- |
| Black & White Half Page | Rs. 3000/- |
| Black & White Qtr Page  | Rs. 2000/- |
| Plus 5% GST.            |            |

### Rates for Classified Advertisements in Kanara Saraswat

For the first 30 words: Rs. 650/- for KSA Members and Rs. 700/- for Non-members.  
 For every additional word, thereafter: Rs. 25/- Plus GST 5%  
 All remittances are to be made by D.D. or cheque, in favour of 'Kanara Saraswat Association'.

# The Breadfruit

TANUJA VIVEK NADKARNI, CHITRAPUR

The breadfruit (Neer phanas or Div Kadgi) seemed to take forever to peel and cut. I had planned on making a delicious stir-fry and I was already running late. As usual when I am in a hurry, I start heating the pan and dunking in the pieces as they get chopped up. I just put in the last batch of pieces, when the gas fluttered and gasped and went out! The gas cylinder was nearing its Finish Time and it chose just this minute to wind up!

Well, no worries, we have a spare cylinder. I started moving out the stuff from the front of the cylinder to be able to pull it out. A spare bottle of liquid soap, a bottle of coconut water collected for the Panchagavya that I was planning on making later this week and a plastic bag filled with waste plastic bags. Oh I hate this non-biodegradable thrash – everything from wheat-flour to sugar and all essentials come wrapped/sealed in plastic and there is no way I can avoid this. I collect it in a plastic bag for disposal later. As I pulled out the bag, I noticed what looked like a brown roll of paper just behind the cylinder. Thinking it was the roll of postal paper in which I had received some mail, I bent down to pick it up – but wait – did it just flinch a wee bit? I put on my spectacles – and yes indeed – it had flinched at my outstretched hand ... and was now staring back at me with beady eyes.

What..... was .....it..... ????

I needed more light and got my torch and shone it into the shadowy part under the kitchen platform – I could now see the small head and a muscular swathe of brown circling behind the cylinder. I called out to Vivek and we both debated on the next course of action. It looked sluggish. The first step was to see it properly. We pulled out the gas cylinder carefully to see this humongous guy all curled up in a perfect camouflage!

Could it really be a python? I quickly clicked a pic and sent it to our vet Dr. Gourish Padukone who is an expert on snakes. “Yes, it does look like a python. If you can – then grab it by its tail and lift it high up so that it does not get the leverage to wrap itself around your arm” he advised. “And be careful – it can whip itself around your arm or leg in an instant” he warned.



What a perfect Camouflage!

Now the position being in that little niche under the cooking platform, it would be difficult to pull it out and up swiftly and we could not assess how long it was. We got a big sack and a large pipe. We closed one end of the pipe by stuffing some cloth into it. The other end, we pointed towards the snake. Most often,

the snake seeking refuge into what is most comfortable for it, slides into the pipe and then the rest is easy. All we need to do is block the other end too, cart the pipe and its occupant a safe distance away and release it. But this guy was too woozy after what seemed like a heavy meal – we could see the tell-tale bulge around his middle. He kept turning away from the pipe and trying to seek an escape path into the granite of the kitchen platform. And every minute's delay was making the half cooked breadfruit turn into a soggy mess.

Finally Vivek put a sack over his hands and grabbed its tail. This jolted Mr. Python enough and he slithered right into the awaiting pipe. The length of the pipe seemed a wee bit shorter than its occupant and we had to tap his tail a couple of times for him to retract it completely into the pipe. Now what next ? Our vet had offered to release it the next day into the deep forest which he was to traverse through for a visit. It is not advisable to release such large snakes near human inhabitation. So I quickly emptied out the box in which I store my quilting materials and the sluggish giant was unceremoniously tipped into it. We closed the lid before he could right himself and rise up. The box has a latch, but when compared to the sheer muscle power of the inhabitant, it looked really flimsy and could just snap open. So we placed some weights on it, kept it in one of the spare rooms, and closed the door and windows.



How puny the weights look!

As you can well imagine, dinner was delayed, the breadfruit didn't turn out to be the perfectly crisp edged stir fry that it usually does, but we were too excited to mind. It is not every day that your dinner gets delayed and ruined by a guest of these proportions!!!

The next day, our vet called us on his way and we handed the basket over to him. On taking a closer look, he clarified that it was a Sand Boa.

We were expecting human guests at home for lunch, else we would not have missed the opportunity of a ride into the deep forest to bid adieu to this very rare visitor.

*In a lighter vein*

G. G. Nadkarni, Santacruz wonders - “We have domesticated almost all species that are friendly with us including wild animals too. How come mosquitos are not joining the club?”



# Our Annual Bhagwad Geeta Competition Behind the Scenes

BIPIN NADKARNI

Come November or sometime thereabout, and a ritual takes place in a manner of profound calm, at the Balak Vrinda Education Society High School, Talmakiwadi.

The annual Bhagwad Gita Recitation Competition (BGC) is held on a Sunday around this time of the month for participants across all our sabhas, under the aegis of the Shri Chitrapur Math. The Grant Road Sabha, which has been organising it for many years now, has given the mantle to the Grant Road Yuvadhara (the youth-wing of the Grant Road sabha), to take it forward, under its watchful eye.

In the last few years, a new feature viz. "Bhagwad Gita Abhivyakti" has been added to the event. This is not a competition, but those interested, can express their personal interpretation of one of the *shlokas* chosen by the authorities. Their views are recorded on video, edited and later screened for all on the Gita Jayanti day, in the presence of Param Pujya Swamiji.

I mentioned a "calm" earlier, because inspite of all the social media available, it is just one advertisement in the Kanara Saraswat magazine which sets the ball rolling for the event. The teachers and students find each other, the chanting sessions begin, new participants join in, some are self-taught (thanks to Google) and eventually there are about 130-150 participants, across sabhas, taking part in this competition.

It is quite intriguing how the names of the participants, the judges and the teachers are streamlined with such a calm precision. A day before the competition, a complete list of participants, group-wise, age-wise, sabha-wise and teacher-wise, is handed to the Yuvadhara!

The participants are normally divided into five age groups, ranging from 'below 8 years' and upwards! It is interesting to note here that there is no upward age-limit!

The BGC begins around 2 pm on the chosen Sunday. But the yuvas gather early in the morning that day in the empty school to begin their work. First, the banners are put up at the venue following which, outside the School Hall, a row of benches are set up for group-wise registration.

The entire school is at their disposal and they have to quickly allot the ten rooms to the participants, i.e., two rooms for each group - one for those waiting for their turn and the other for those who are called inside for recitation. Once the placards are put outside the classrooms, the main hall is set up with chairs and benches to create a make-shift lobby for all the participants.

The judges' room is then set up on the ground floor. Two yuvas sit there diligently ticking the final checklist. Some of the items in the checklist are - judges' kits, certificates, stationery items, food coupons, snacks, water, wheelchair assistance, names of volunteers who are assigned tasks... the list seems endless at this point.

It is 1:30 pm already! After having an early lunch and a bit heavy-eyed, the second batch of BGC volunteers descend upon the school - around twenty of them, a mix of sabha

volunteers and yuvas!! And without much ado, ten volunteers take their place at the registration counters (two per recitation group), two more sit at the "Abhivyakti" counter, two settle down at the food counter; two head towards the judges' room and one sits at the newly formed Certificate counter!

The rest are packed off to the "Abhivyakti" rooms, at the nearby "Udyog" and the adjacent "Vyayaamshala", where the cameras have been set up to record the incessant flow of philosophy for the next three hours!!

The snacks and chai/coffee for the participants have arrived, everything seems set ... and everyone waits!!

2 pm is when you hear the cackle of the first participant, all of four years, entering the school, holding his mother's hand. And then the others follow - small, young, middle aged, not-so-old, old and the eternal!! And, for the next thirty minutes, the façade of "profound calmness" cracks up and crumbles in front of your eyes. The tiny tots scream around in full glory in the school hall, running and playing with whatever they can lay their hands upon....biscuit wrappers, tissue papers, chalk pieces ... just about anything!!

Meanwhile, the seniors hustle around the registration counters to confirm their names. Almost all the elders have made a "personal request" to the volunteers for an early recitation, as they all have to go out that evening!!

A young lady of 49 years has been wrongly put in the category of "above 50 years"!! Her face says it all and the wise volunteer, without a word, deftly brings her back to the young group of "between 30 & 50 years"!!

A few studious girls from Prarthana Varga enthusiastically practise their recitation in a corner with their eyes shut.

No one notices that the judges have arrived and that they are already seated in their allotted rooms, having a cup of tea and being briefed by the Sabha President.

Akin to a huge family gathering, all the participants chat group-wise in the school hall, seated in their allotted areas, except for the travelling kids. From a measly three kids in the beginning, their numbers have swelled up to twenty, and their voices are two notches higher!! The Yuva volunteer who had tried to handle them so far with much love and care has finally changed her method insidiously..."Group 1 chardvanno! Hanga thanda baisaati ... keep quiet ... SILENCE!!"

Thankfully the judges' room opens and they all come out and there is a pin-drop silence!

The *Sabha Prarambha Prarthana* is sung and the *deepaprajwalan* is performed. Normally the eldest and the youngest member are invited to do this honour. A brief welcome speech by the Sabha President ensues.

From then onwards it is a serene calm again. The participants and the judges are led to their respective rooms. The screaming kids now magically sit quietly in their waiting room, on the second floor. The entire school begins to reverberate softly with the 12<sup>th</sup> chapter from the Bhagwad Gita.

I too had participated sometime back in the BGC. It was

the 11<sup>th</sup> chapter then. As I would memorize the shlokas, the words would seep in slowly and it would feel like I was conversing with someone. It was as if the Gita was a living entity, speaking with you.

“मयैवैते निहताः पूर्वमेव निमित्तमात्रं भव सव्यसाचिन्” - Words that live with you forever, to cushion you in your moments of joy and sorrow.

The Judges hand over the certificates to the participants after their recitation. In turn, the participants show their certificates proudly to Param Pujya Swamiji on Gita Jayanti day and receive blessings, a small gift and a Kit Kat from Him.

It is 6:30 pm and the competition is gradually getting over. The kids are busy binging on the wada-paos and waiting for

the results. The older group is still at it and a few are waiting for their turn. By 7:15 pm the Judges announce the results. Amidst cheers and clapping, the winners take their bows and are all set to leave.

After the event, the banners are taken down and the chairs are removed. And again, the school lies as empty as it did in the morning before the yuvas came in and began their work. But, come November and all will meet again. Hopefully, more of everyone - participants, teachers, volunteers and judges, all with a renewed vigour and enthusiasm, woven beautifully with the magic of the Bhagwad Gita.

**Youngest participant : Rishit Naik (Recitation)**

**Eldest participant : Muktabai Chandawarkar (Abhivyakti)**

### Abhivyakti Judges



**Dr. Chaitanya Gulvady**



**Sangeeta Pawar**



**Tejashree Savkur**

### Recitation Winners and Judges



**Group 1 Below 8 yrs**

**Judges : Padmini Balsekar & Sona Chandawarkar**

**Winners : 1<sup>st</sup>Prize : Parth Ray; 2<sup>nd</sup>Prize : Ishaan Sanadi  
3<sup>rd</sup>Prize : Vrishaank Kumta**



**Group 2 – Between 8-15 years**

**Judges : Surekha Mavinkurve and Varada Saukoor**

**Winners: 1<sup>st</sup> Prize : Saumya Sashital;  
2<sup>nd</sup> Prize : Niyati Shanbag; 3<sup>rd</sup> Prize : Akshata Benegal**



**Group 3 - Between 15-35 years**

**Judges : Sujata Haldipur &  
Srikala Kaushik**

**Winners: 1<sup>st</sup> prize : AmoghSthalekar;  
2<sup>nd</sup> prize : Ketaki Mavinkurve (not in pic);  
3<sup>rd</sup> prize : Aditi Padbidri  
4<sup>th</sup> prize : Anvita Mudbidri**



**Group 4 - Between 36-54**

**Judges : Sheila Kalwar;  
Vaishali Koppikar**

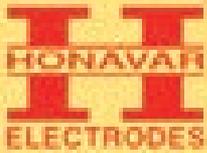
**1<sup>st</sup> prize : Sangeeta Kalyanpur,  
2<sup>nd</sup> prize : Amit Nadkarni,  
3<sup>rd</sup> prize : Gaurita Sashittal**



**Group 5 - Above 55 years**

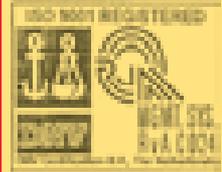
**Judges: Gauri Yennemadi &  
Durga Kumta**

**Winners: 1<sup>st</sup> prize: Sujata Masurkar;  
2<sup>nd</sup> prize: Kanchan Mannige;  
3<sup>rd</sup> prize: Rekha Sanadi (not in pic)**



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An Outstanding electrode, approved by Indomag Steel Technology, for special application for steel plant. ULTIMATE-18MET displays remarkable weld metal properties:

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- Resistance to ageing.
- CVN impact values upto 150 joules at minus 50°C.
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 DIN 1736 EL-NiCr15FeMn

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### CRYOMATE - 5

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 DIN 1736:ELNiCr20Mo9Nb

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 DIN 8556 E 20.25.5L CuR26

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**Mr. Prabhakar Dattatraya Hattangdi**, age 67

Passed away peacefully on Sunday, Dec 23, 2018 at Kokilaben Dhirubhai Ambani Hospital.

He was born on September 2, 1951 to

Late Mr. Dattatraya Ramrao Hattangdi and Late Mrs. Varada Hattangdi.

He lived his life to the fullest and selflessly helped those in need.

An inspiration to many, he always said

“Life is long enough to enjoy but very short to cry over it.”

He is survived by his wife Mrs. Jyoti Prabhakar Hattangdi  
and three children Nikhil, Niraj, Yashmita and daughter in law Priya.

Deeply mourned by Hattangdis, Arurs and Shiralis.

**BIRTH CENTENARY REMEMBRANCE**



**Ganesh Sunder Gokarn**

Birth Date: 24<sup>th</sup> February 1919

Heartfelt gratitude and love... Happy 100<sup>th</sup> Birthday in Heaven Pappa!! We miss you .....

Children : Ahilya & Prakash Baidurkar; Amita & Chaitanya Bhatkal  
Kavita & Chaitanya Murdeshwar

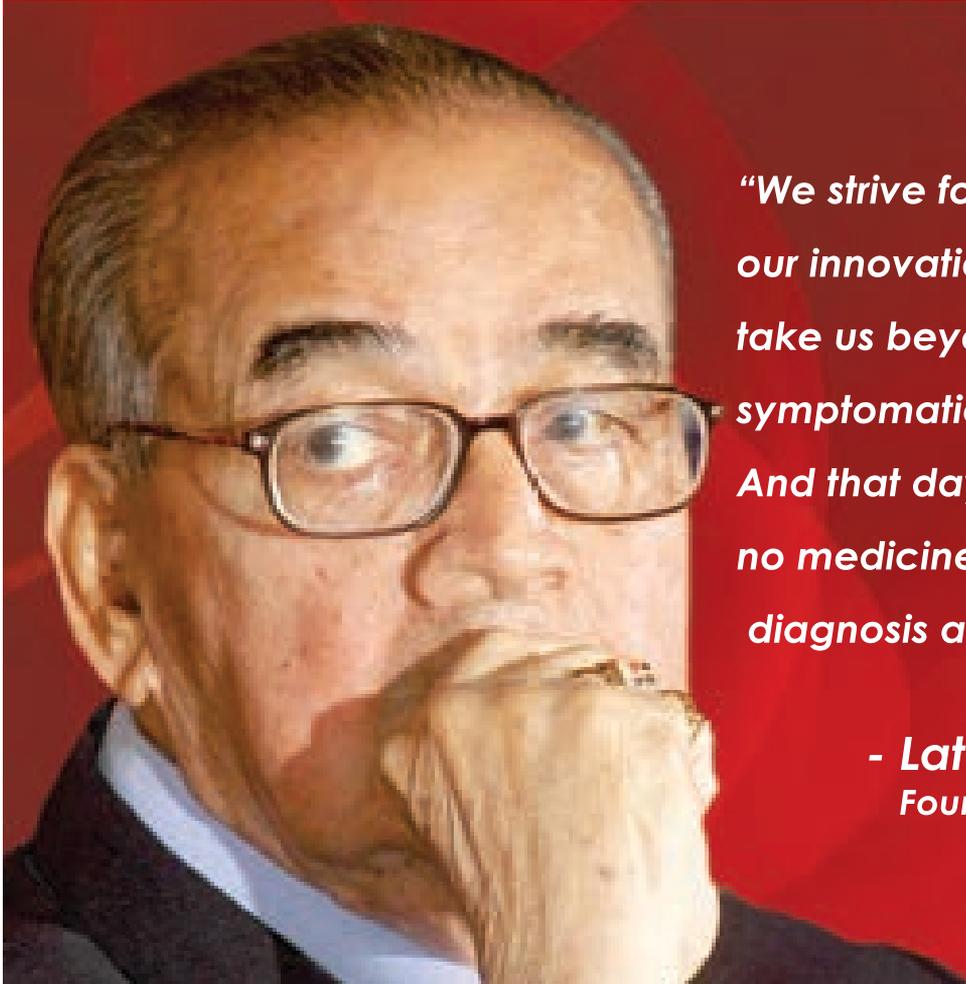
Grand Children: Archana & GautamGangoli; Gauri Bhatkal  
Nimish Murdeshwar; Nishant Gangoli



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*“We strive for a day when  
our innovations will  
take us beyond traditional  
symptomatic therapeutics.  
And that day, there will be  
no medicines; only prophylaxis,  
diagnosis and cure”*

**- Late G.V. Masurkar  
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## MEMORY OF

### Late Rekha & Dr. Ratnakar Nagarcenkar



**Rekha Nagarcenkar**

**18.12.1940-16.11.2018**

**Dr Ratnakar Nagarcenkar**

**26.10.1931-10.12.2018**

Dear Rekha & Bhayya, we miss you a lot,  
The love & affection from you that we got.  
Cheerful & jolly you both were for sure,  
Hearts full of joy, caring & pure.  
The nostalgic moments that we had with you,  
Cannot be erased with time that is true.  
Death is inevitable, it is HIS will,  
From that day onwards, the time will stand still.  
Cherishing the moments with you both will last,  
Alas! however, they will be things of the past.  
Golden memories etched in our lives will fade never,  
You both will remain embedded in our hearts forever.

**Fondly remembered by:**

**Uday, Utkarsh, Prachi & Urvaksh Baljekar.  
Sushant, Padmini & Ameya Bhatkal.**

## Vatsala Raghuvir Dhareshwar (nee Cherkal)

God could not be everywhere so He created Mothers



13.06.1932 to 03.12.2018

Vatsala Dhareshwar (86 years) passed away suddenly on 03rd Dec 2018.

We all pray for the sadgati of the departed soul.

All friends & relatives will miss her prompt and regular wake up phone call, wishes and blessings on each of their Birthdays and Anniversaries.

Will be forever remembered by husband Raghuvir,  
Children Ravi-Neha, Anand-Anjali-Ananya-Arya and Sandeep-Deepa-Arti  
and also by her Sisters, Nieces, Nephews  
and extended family and friends.

# How I wish I were a monkey!

SANJAY GOKARN

Normally 'monkey' is among the metaphors used by the short tempered parents when they are very angry with their kids. So why should I wish so? In the first place if I wish to be like our forefathers (as Charles Darwin referred to these creatures); what is wrong? If this is not convincing enough, just imagine advantages of inheriting at least the skill of jumping from these forefathers. I waste almost 10-20 minutes waiting at the traffic signals to cross the roads every day, perhaps I would leap from the top of one signal post to the other and save this time. I would also save some 5-10 minutes waiting for the elevators to take me to the desired floor (perhaps I could have scaled up the window grills to reach my third floor flat unaided. If all my fellow humans also had this skill, we would do away with the elevators, escalators, stairs, thus adding at least 10% extra space that these amenities occupy to our apartments. Perhaps our pedestrian bridges at the railway stations and skywalks may be redundant, saving money to the governments and of course many other benefits. Why did our forefathers fail to transfer this useful skill down the generations to us? Read on.

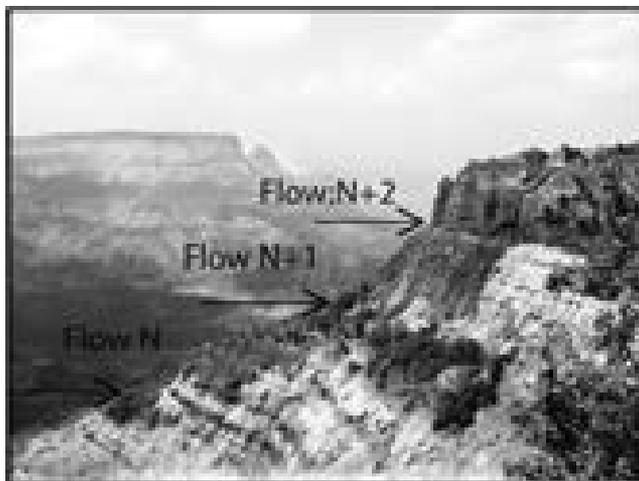
It was 65.5 million years back, when the dinosaurs ruled the earth. Two events changed everything. By the way, this time line is known as the Cretaceous Tertiary boundary (KTB), a major timeline that marks the end of the dinosaurs and birth of the mammals. I had mentioned about carbon dating earlier (KS, Oct, 2018, p.23-24). The events listed here were dated using what is known as the Potassium Argon ( $K^{40}-Ar^{40}$ ) dating. Here the K decomposes in to Ar with a half life of 1.28 billion years (If we start with 1 gram of K, half gram will be converted to Ar in 1.28 billion years). Ar being a gas it escapes. However the closed pores in the rocks formed after 65.5 Ma keep the Ar trapped inside them. The scientists collect this minute quantity of the gas and date the event by measuring the K/Ar ratio.

First catastrophe: An asteroid measuring 10-20 km in dimensions shot through the atmosphere of our earth to the

north east of Mexico. Although the evidences of this impact are destroyed by the subsequent erosional processes, the geological evidences do support the event and its timing. This asteroid brought the chemical element Iridium with it. But for this asteroid we would not even know about the existence of Iridium, which is useful in high temperature applications. The only place on the earth where this element is the topography which existed at the KTB.



The table land in Panchgani near Mahabaleshwar is a classic example, with almost 100 acres of flat area amid very



highly rugged mountainous topography. Compare them with the hills in other parts of India such as the Himalaya, Vindhyans, Aravallis etc., (or most parts of the world). They are conical in shape with very narrow tops.

Next we clearly see a horizontal stratification when we view the Maharashtra hills from side, as if the rock layers were laid on over other, just like a multi-layered cake (vide Fig.2). This is again a characteristics not observed in the hills in other regions. How did this happen? Perhaps those who make the multi-layered cakes will explain you better. First of all the bottom most layer is spread on the base, followed by the subsequent layers. Right? Well that is exactly how these hills were formed. There were episodes of volcanic flows. The first flow erupted, being a watery liquid, it spread all over, cooled followed by a hiatus of about ten to twenty thousand years. The erosion created some soil. Then the second episode of volcanism then the third, and so on. So far 36 flows of volcanic episodes are

## Second catastrophe:

Occurred right under our feet here on the west coast of Maharashtra, Gujarat and also along the Narmada river. Large scale volcanic activity caused a fluid magma, flooded just like flood water all over Maharashtra except in some regions to the east near Nagpur (vide Fig.1). Plenty of evidence exists of this event exists on the NH4 or the expressway from Mumbai to Kolhapur or even to Panvel. First, you notice that all the hills in Maharashtra are flat topped.

documented from a deep (scientific) well in Bhusaval. You can notice the grass grown on these boundaries (wherever soil was formed) between these flows in some regions of the Deccan volcanic province, as this region is known in the earth science parlance.

Another interesting aspect is, the horizontal continuity of the flows between the adjacent hills across the gorges and valleys. Well then, that is enough to keep you occupied during your next trip to these places. We don't know as to which of the two events marked the exit of the dinosaurs from this world. Perhaps both may have had their own contributions.

Now back to our monkey business. The events destroyed forests over most parts in the world. The thick clouds of dust, smoke and other gases blocked the sun light from reaching the earth's surface causing a global winter. Plant and animal life was largely destroyed. After several thousand years, as the dust settled and normalcy restored, the forests were all destroyed and an entirely different forestry, which we call grasslands became the rule of the day. The monkeys and other animals which migrated to such region had to adjust to the grasslands. The monkeys did not have any trees or for that matter any structures (except perhaps some hills and gorges) where they could make use of the jumping skills. At the same time in order to negotiate deep in to the grasslands without getting their faces bruised, they were forced to use their forelimbs. To make the matters worse (or better?), they did not have their staple diet, the fruits and hence they had to make best of the situation; survive with grass! Of course, the grasslands also comprise the sugarcane, the wheat, rice, etc. which would be the staple diet for us the humans (in the making at that time). Well, as Darwin said, "the fittest survive" The monkeys practised wading for the corns of different 'grasses', be the wheat, the rice, etc., and in that process forgot to jump, instead they learnt newfound art of walking on two legs. The other two legs transformed in to 'hands'.

As for the cattle and other herbivores, they were happy eating the grass wherever available and hence did not find the need to negotiate deep inside the grasslands. And the how about the carnivores? They were happilywaited at the water bodies for their 'meals'. Thus all the others lived happily. The 'walking monkeys discovered that they could grow rice, wheat etc, by sowing the seeds. Hence no need to go in search of food anymore and had sufficient free time. First, they invented different tools to cut the corns of wheat and rice, and the subsequent innovations led to the menu cards we see in the restaurants. And then came the spate of innovations, wheel, the science, the performing as well as non performing arts, scripts, etc., all because we had two hands free! The rest is the history. Thus we chose(perhaps had no option) to lose our jumping skill. So I keep waiting (sadly) for the signals to turn green; my wish never to be fulfilled at least for few million years! Bye.

Figure Captions:

Fig. 1. Map of Indian peninsula showing the regions covered with the Deccan volcanics (enclosed by the red coloured line).

Fig.2.Lava flows corresponding to different volcanic episodes, spread over each other. (Older flow is at the

bottom). In all such 36 flows have been reported from observations in a scientific well drilled near Bhusaval, Maharashtra. (Search for "Deccan traps images" for more images.). The horizontal arrows are the delimiters of the different flows.

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## *Young Viewpoint*

### **Yes Theory**

ADVAIT SANJAY TRASY (18 YEARS), ANDHERI

The philosophy of 'Yes Theory' is not to say 'yes' to everything. Living by the Yes Theory is all about saying 'yes' at times when it breaks your routine, to refresh you with new ideas and to be vulnerable when it scares you.

The crux in life is about SEEKING DISCOMFORT. The idea is to challenge yourself and get out of your comfort zone. It is only then that you can realize your true potential. It's an opportunity to grow yourself rather than being bound or imprisoned by your own beliefs and limitations.

Life is uncertain but it is this uncertainty which brings adventure into life. It could lead to many pleasant surprises such as meeting strangers who provide affection and support which turns the adventure into a memorable experience. It teaches that "There are no strangers; only friends you haven't yet met". Through the adventure, the goodness in people can be seen and experienced first-hand.

You should travel extensively around the world which in fact will turn out to be more of a journey within yourself. It leads to an expansion of your mind by seeking the truth about yourself and life's purpose which are hidden in the deep recesses. It provides an opportunity to learn about varied cultures and traditions. You can thereby unleash your creativity and generate self-confidence.

Don't nourish your fears more than you nourish your hopes. Life has barriers but if you overcome it, there is bound to be a breakthrough at some point. Life provides an opportunity to live multiple times through varied experiences which enlarges your persona and self-confidence.

I am grateful to my College and Mumbai University for giving me the opportunity to challenge myself and emerge out of my comfort zone by attending the NSS Camp in December 2018. As an introvert, it was neither an easy nor a comfortable decision but I said 'yes' and it led to one of the most amazing experiences of my life till date. You never know where a 'yes' can take you. I learnt a lot at the camp and made many friends. More importantly, I came to know about new dimensions of myself which were inspiring and enriching.

## Atmabodh

The fifth instalment of the de-mystification of a compact and insightful spiritual text by our erudite contributor Dr. SUDHA TINAIKER

Having talked about the three bodies and the five *kosha*-s as *anâtma* (not the real I), Shankarâchârya goes on to talk about how to understand the difference between the *âtma* and *anâtma*. This inquiry into the nature of both mentioned above is called "*âtma-anâtmaiviveka*" (आत्म अनात्म विवेकः).

Let us see what our scriptures say about this inquiry. When one says "I", this includes five aspects; the gross body, the subtle body, the causal body (स्थूलसूक्ष्मकारण शरीराणि), the individuality or ego (अहंकारः) and the witnessing consciousness/awareness (साक्षिचैतन्य आत्मा). All five are so closely associated that there is always confusion about who the real "I" is among the five. *Vedanta* explains that the first four are mere attributes (उपाधि) and not the real "I". An *upâdhi* is a product of matter, it appears at a period in time and undergoes changes and ultimately disappears. It is also an object of perception (पञ्चभौतिक, अनित्य, सविकारी, दृश्य). Anything which has the above characteristics is only of empirical existence and not the real truth. Therefore, these four aspects of "myself" are called *anâtma* and all of *anâtma* is empirical (मिथ्या).

However, the witnessing consciousness (साक्षिचैतन्य आत्मा) is of the nature of pure consciousness, it is present in all periods of time, does not undergo any change and is not an object of perception but the very subject itself (चैतन्य स्वरूप, नित्य, निर्विकारी, दृग् स्वरूपः) and it is the only thing which exists independently and supports the entire *anâtma*; hence, it is called the Absolute truth (सत्यम्). *Satyam* is the very support (अधिष्ठानम्) and the entire *anâtma* is the supported अध्यस्थम्. This, in a nutshell, is the आत्म अनात्म विवेकः.

Now *Atmabodh* talks about the same with an example-  
वपुस्तुषादिभिः क्रोशैर्युक्तं युक्त्यवघाततः

आत्मानमन्तरं शुद्धं विविच्यात्तण्डुलं यथा ॥१६॥

Just as the rice grain is covered with layers of husk, साक्षिचैतन्य आत्मा the "I" is as though surrounded by layers of *anâtma*. To extract the rice grain, one has to carefully pound the paddy and denude the grain of all its layers of husk. Similarly, a very careful and logical inquiry as guided by the *Shruti* (*Vedanta*) has to be done for discriminating *anâtma* from *âtma*. Another beautiful example of *munjâ* grass is given in the *Upanishad*-s. A type of grass called *munjâ* has a very sweet central stem; but is surrounded by spiky and thorny layers of grass. The outer layers have to be very carefully removed to get to the central sweet core of the *munjâ* without damaging it.

It has already been explained in verse 9 that this "I" साक्षिचैतन्य आत्मा is all-pervading existence/consciousness (सर्वगत सत्-चित् आत्मा). If so, why is it that it is not seen objectively everywhere? Such a doubt is answered in the next verse-

सदा सर्वगतोऽप्यात्मा न सर्वत्रावभासते

बुद्धावेवावभासेतस्वच्छेषु प्रतिविम्बवत् ॥१७॥

Consciousness (*âtma*) is all-pervading and the very support of everything possible thing in the Universe; then why is it not obvious and visible? *Vedanta* says that *âtma*, being the very consciousness in the perceiver, is not an object of perception. It cannot be objectified by any sense organ or mind as we objectify any other object in the world. However, it is easily decipherable and can be understood by a sharp, pure and focused intellect.

We can see that sunlight is all-pervading, but cannot be reflected by all the objects. However, a pure reflecting surface like a mirror, if it is clean and bright, can reflect the light. A dirty mirror will only reflect a very murky reflection. Similarly, the witnessing consciousness is available for understanding in a prepared and focused intellect as a bright reflection. *Buddhi* or the intellect of a *jiva* is explained as the उपलब्धि स्थानम् (place of availability) to understand the presence of the witnessing consciousness. This instrument - the intellect, has to be without any dirt (शुद्ध अन्तःकरणम्). In *Kathopanishad* Lord Yama, the teacher says that "this consciousness is not available for perception, it can be understood only by a sharp and focused intellect (दृश्यते तु अग्रया बुद्ध्या सूक्ष्मया सूक्ष्मदर्शिभिः)"

In the next verse, *Atmabodh* says that, though this witnessing consciousness is so closely available within the body, it is not at all involved in the functioning of the *anâtma*.

देहेन्द्रियमनोबुद्धिप्रकृतिभ्यो विलक्षणम्

तद्दृत्तिसाक्षिणं विद्यादात्मानं राजवत्सदा ॥१८॥

The witnessing consciousness is other than the body-mind-sense complex. However, it is the very witness of all the functions of the body-mind-sense complex. All the actions and functions at the level of the body-mind-sense complex are happening only because they are highlighted and given existence in the mere presence of the साक्षिचैतन्य आत्मा. Here an example is given of a king. The king does not need to do anything, or involve himself in any activity. His mere presence and watchful gaze is enough to make the entire kingdom do what everyone is supposed to do.

(To be continued)

## St. Columba School and the Amchi Connection

ASHA NAGESH RAO (NEE ASHA KOLHATKAR)

My husband, Maj Gen B.N.Rao (Retd) calls me an 'Honorary Amchi': not because of the fact that I am originally a Kolhatkar hailing from Baramati and now married to a Konkani speaking Chitrapur Saraswat Brahmin but rather by virtue of my having been the Principal of St. Columba's School (1996-2003) at Gamdevi in Mumbai. Hundreds of girls of the Chitrapur Saraswat community residing in Talmakiwadi, Anandashram and Saraswat Colony passed through the hallowed portals of that esteemed institution for over a century. To name a very few that immediately come to mind, Vijaya Mehta (Stage and films), Vimala Gersappe (Editor of Femina), Dr. S Shirodkar (famous Gynaecologist), Mrs Rajadyaksha (wife of Justice Rajadyaksha and mother of Shobha De), Suman Hemmadi Kalyanpur (Singer), Kanak Rele (Dancer), Chitra Murdeshwar (Palekar), Suhasini Mulgaokar (Mumbai Doordarshan) and well known philosopher and speaker Jaya Row.

Though not amchis, Supriya Pawar Sule and Pankaja Munde (both politicians) were also in the school in my time. Chitra Pandit from California and Shradha Sashital from Princeton NJ are also ex Columbians. As is Sandhya Golikeri, a musician settled in Europe. There are so many ex-St. Columba students who have left their mark in varied professions over the years, all over the world, that it is impossible for me to name them all in this small article. The vast majority of them have been able homemakers.

But one of the most satisfying experiences that I have had is the number of ladies who come up to me in the most unexpected places and introduce themselves to me as ex-students of St. Columba or remember that I was their class teacher or teaching them Geography or History in the years 1968 to 1974 when Miss Zachariah was the principal. Such unlikely places as Punya Dham Ashram (a senior citizen's facility), at weddings, army parties or at some other events and even during my visit to far off Europe and USA. I feel greatly touched by the happy memories and fond accolades for the old school conveyed by so many people meeting me for the very first time.

But my real motivation for penning this little piece at this juncture is the December 2018 special issue of Kanara Saraswat which mentions that our revered Sadhana Kamat was also an alumnus of St. Columba and further that she

was not only a most outstanding student but also a Head Prefect when she was studying there. It brought back a host of memories of my own years of association with that school.

Drawing and painting classes were held on the beautiful lawns. Probably many an artist was born here!

St Columba School in Gamdevi was established in 1832 by Mrs Margaret Wilson, wife of Dr. John Wilson, missionary and Scottish educationist who was the founder of Wilson College and Bombay University. It was one of the first Marathi and English medium schools started especially for girls from upper

class Indian communities. The school not only educated the girls who attended St. Columba but also helped them to blossom their all round personality; as the school took pride in saying, qualities of hand, heart and head. The guiding hands of the first Scottish Principals, Miss Thomson and Miss Johnson, and Ms Zachariah (First Indian Principal), Mrs Pereira, Ms Puneekar instilled in these girls, a full sense of discipline, faith in God, pride in their culture and value based living.

As Asha Kolhatkar, I was Assistant Teacher in St. Columba from 1968 to 1972. However due to family commitments I needed to shift to Bandra and taught in

St Joseph's Convent in the intervening period till I returned to St. Columba as Principal in 1997.

A glimpse of the old solid stone building that houses classrooms and the halls where assemblies and programmes are held.

Now that I have retired, the names of teachers who served when I was a teacher and helped shape the character of our girls keeps going through my mind. Miss Pavri, Miss Bhagat, Miss Padale, Miss Aquilla, Mrs Sindhu (Uzgare) Pereira, Ms. Karnik, Mrs. Kulkarni, Miss Kolhare, Miss Ramdas,

Mrs Lakdawala (Tambawala), Miss Divekar, Miss Naidu, Mrs Rukmini Kutty Menon, Mrs. Kshama Kaliianpurkar and Mrs. Gulgule. And some Columbians reading this piece would also recall the popular and jovial Miss Tellis.

'Seek the Noon Tide' was the school motto and St. Columba prepared these girls to set out in the world with confidence to meet the challenges of life.

Here is an old picture from the archives – I am sure many of our readers will enjoy seeing and guessing who the teachers are!



# Obesity and Rajayoga

DR. D.V. KAUNDINYA, MD

Obesity, today, has become a global epidemic. Most worrying is that childhood obesity has increased by a phenomenal 40 percent. One may try to drive it away, but weight once gained never leaves you till the last breath. More than 14 types of various diets till now have lost this battle of bulge.

Our experience at Sir J J Hospital, Mumbai has revealed that the "Maharashtrian Thali" is the best balanced diet. Eat only till one third of stomach space gets filled. One third is for water and remaining one third is for air. Eat small frequent meals. Best is two Thalies interspersed with five almonds, three walnuts and few black raisins or fruit of the season and chopped cucumber and carrots.

No sooner you get up, drink about a litre or more of water - lukewarm is better. Drink water one hour before meals or one hour later, but never during the meals. A-2 milk, Indian cow's milk and ghee from it are most beneficial. Indian cows are endowed with an "Energy hump". This is not present in other cows. Milk yield is only 5 litres in the morning and 5 litres in the evening. The Jersey cow gives 25 litres in morning and 25 litres in the evening. So the poor farmer has no choice but to sell his Indian cows.

Sleep back log is most dangerous. One requires 6-8 hours of deep sleep. Late TV shows and habit of eating while watching TV does maximum damage. The body has a centre in the brain for indicating satiety. TV puts this centre to sleep. Mechanical eating goes on with no control. Smell, taste and sight of the food all contribute to proper digestion. All of these ancient *yama* and *niyama* are considered as old fashioned. Gastric troubles, Haajmola and obesity receive an open invitation. Food should preferably be taken before 8 pm. Later it becomes *tamasik*. The fashion of Pizza-Burger-Cola is most dangerous. Their consumption is not only increasing incidence of obesity but also of cancer. But unfortunately we all love it mindlessly. Red Bull and other such drinks are supercharged with over dose of caffeine and sugar.

Proper *ahar* (diet) must be associated with proper exercise. Minimum 45 minutes of brisk walk daily for 5 days a week is essential. *Asanas* (exercises) meant for giving strength to abdominal muscles facilitate slimming. *Kapalbhati pranayama* burns out fat.

Most important is to make *Dhyana* and *Dharana* an essential part of our daily routine for restoring internal balance through encephalin released during mindfulness. These ancient healing techniques are known as "Mindfulness meditation" and they help to achieve tremendous control over one's mind. An empowered mind can do anything if a mind decides to achieve it. This is the dictum of Mind Body Medicine - the latest branch of modern medicine. BK-Rajayoga gives an inner silence (*Antar-mauna*) within seconds and the powerful subconscious or spiritualist mind achieves the rest. Certain neuro-hormones released during this phase restore the internal balance of sugar, fat and minerals. Result is a

slim, supple body with *ojas* and *tejas*. *Ojas* is an *Atmik* or soul level attraction and *Tejas* is the glow on face without Dove or cosmetics. Lastly, remember the human being is a BHSO-Body Mind Soul Organism. So aim for Energy, Enthusiasm and happiness Index [EEEE] and not for the Body Mass Index. Balance in thoughts is necessary. The balance and power in thoughts [*Sankalpa Shakti*] comes from regular practice of *Rajayoga*.

The proof of the pudding lies in tasting it. Go taste it.

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## The Maid & The Master

(A story in Verse)

Early each morning **She** slips into the mansion,  
As **He** slips into clothes of the latest fashion.  
**She** knows she faces work ample,  
**He** gets ready to go to the temple.  
**She** works from the top floor to the ground,  
**He** loves to hear his car's purring sound.  
**She** worries all the time of her sick son,  
**He** wants to meet friends later for some fun.  
**She** dusts, cleans, washes and cooks,  
**He** picks up several prayer books.  
Then to mop the floor-tiles **she** starts,  
**He** starts to pray with all his heart.  
**She** removes grime layer by layer,  
**He** collects "merits" prayer by prayer.  
**She** needs to get her son medicine,  
**He** prays to wash away all his sins.  
**She** knows a doctor will be expensive.  
Let down by friends, **He** feels pensive.  
**She** ends up praying for help in desperation,  
**He** looks for someone to give a donation.  
Choked with emotion **She** tries to leave fast.  
That's when **He** reaches back home at last.  
**He** stops her and does his day's good deed,  
Shiny "diamonds" fall from **Her** eyes without heed.  
**God's** work is seen here in mysterious ways,  
In the end, everything does fall into place!"

**A Poem by Premla Suresh Kabadkar (Nee Badakere)**  
(Inspired by the cleaning women in our building complex in Chennai, who slog among expensive cars owned by people of obvious affluence. The compassion I felt for the maids was so strong that, this piece flowed from my mind in double quick time. Note: The terms "Maid" and "Master" are not used here in any derogatory sense.)

# Criminal Law and its Administration

ARUN R UPPONI

Our country's criminal justice system is gravely defective for not bringing proper amendments time to time. The recommendations of the commissions chaired by retired Judges of the superior courts have not been implemented. Secondly, the under trials do not get proper court trials and languish in jails leading to over crowding. Over and above there are also issues of indiscipline, inflow of drugs, insufficient food and clothes for the jail inmates.

The Supreme Court heeding PIL petitions directed the Government to set up a committee to look into such matters as bad situation in the Jails, gagging the rights of the under trials, and languishing in jails for years without getting court trials.

Now, let's see how the criminal law makes it possible for the offenders to protect their rights. Criminal Law provides the ultimate means to the society for the protection of individuals and institutions. Hence, this law has to be strong enough both in content and in implementation, without being harsh or arbitrary. Thus it is necessary to examine the features of the administration of criminal law through Police and Courts.

The Penal Law, in force in India, is to be found in various statutes, enacted by Central and State legislatures. The general existence of criminal law operated throughout the country is laid down in the Indian Penal Code (IPC). The Penal Code being the general code of criminal law in the country covers a vast variety of offences and protects the people from injuries, relating to rape, kidnapping, cheating and defamation. The IPC is applicable throughout the Indian territory, except the state of Jammu and Kashmir, *says Prof. Sarathi*.

**Law of Evidence:** The purpose of the Law of evidence, is to provide, rules for the relevant evidence in courts to help the Judges in drawing rational inference from the evidentiary material produced before them. Without such rules of evidence, the trial will go on indefinitely in court proceedings. Thus the best available evidence must be given to the courts.

**Confession :** A confession is made by an accused, to a police officer, by which he (accused) admits an offence committed by him. The confession should not be made by an accused in the police custody without the presence of a magistrate because the third degree method used against the persons suspected of committing crime in the police custody may compel the accused to admit to the crime.

**Rights and Protection of the accused :** The procedure to apply the criminal law is laid down in the criminal procedure code (Cr. P.C). The existing law defines criminal acts and provides punishment for offenders. Also the Procedural Law prescribes the procedures for arrests, searches and seizures carried out by the Police. Hence, the criminal law and its process are strong enough to protect the accused, during the trial and after the trial.

**Right to Bail, Counsel and Speedy Trial :** A person is held guilty, only after the approval of a competent criminal court. Since the trial in the court takes a long time he should be released **on bail** till his guilt is established. Under the Cr. P. C. the offenders of lesser gravity are bailable while the crimes of serious nature e.g. those punishable under death and life imprisonment are non bailable.

As per the Cr. P.C. a person facing trial must have a **Counsel** to defend him and he must be informed, given reasons, for his detention in custody. The court provides him a lawyer, if he is unable to engage a lawyer.

In India, there is no distinct right to speedy trial as such in the constitution. In USA the right to speedy trial is guaranteed. Hence, in India the under trials, are languishing in jails, for years, without getting trials in the courts. Thus an amendment is badly required to solve this problem, to give justice to the under trials. *Says Prof. Kelkar*

**Administration of Criminal Law – Criminal Courts in India** Without the presence of criminal courts the crimes investigated and arrests made by the police have no meaning as police are mere investigating agencies. The trials of the arrested persons are done by criminal courts, created under Cr. P.C. The courts are classified as follows:

**Session Court:** These are established by the state governments in the districts and cities. Judges are appointed, by High Courts to maintain independence of Judiciary. Sessions and additional sessions Judges can pass death sentence and any other sentence authorized by Law. But the death penalty passed by them, is subject to confirmation by the High Court. Assistant Session Judges cannot pass death penalty or imprisonment exceeding ten years.

**Judicial Magistrates First Class (JMFC) :-** In the districts they are known as JMFC. While in cities they are known as Metropolitan Magistrates. These Judicial officers, can award imprisonment not exceeding three years, while the Chief JMFC and Chief Metropolitan Magistrates, can pass a judgement awarding an imprisonment of a maximum period of seven years.

**Appeals :-** When the appeals of the lower courts go to the HC in the cases of acquittals or conviction, the HC reverses or upholds, such decisions which can further be taken to the SC for getting its final say. The SC, in the **Ram Singh Vs State of U.P.** ruled that High Courts have full powers to review the evidence upon which, the trial courts' order were founded- while, in the **Uttam Singh Vs State of M.P. case**, the SC held that the High Court, should not disturb the trial courts verdicts, if reasonable conclusions reached.

## एक सत्य घटना

### शरद कोप्पीकर

तीन चार वर्षापूर्वी घडलेली ही एक सत्य घटना आहे. सर्वांनाच माहित आहे, की मुंबई गोवा महामार्ग अरुंद आहे. त्यावर गाड्यांची सारखी ये जा चालू असते, ती पण अतिवेगाने. त्यामुळे ह्या महामार्गावर नेहमीच दुर्घटना घडतात आणि आपण ते नेहमीच पेपरमध्ये वाचतो.

माझा एक मित्र विमा कंपनीमध्ये अधिकारी पदावर होता. माझ्या घरी कधी कधी वेळ काढून भेटायला यायचा. एकदा आला तेव्हा तो म्हणाला, की त्याची धाकटी मुलगी उच्च शिक्षणासाठी न्यूझीलंडला काही दिवसांपूर्वी गेली म्हणून. मोठ्या मुलीचे लग्न झाले होते. तो कधी आमच्या घरी मोटरसायकलने किंवा गाडी घेऊन यायचा. एके दिवशी ही जुनी गाडी विकून नवी गाडी घेतल्याचे त्याने मला सांगितले.

ती नवी गाडी घेऊन गोव्याला भावाच्या घरी जाणार असे तो म्हणाला. तो भावाकडे नवी गाडी दाखवायला घेऊन जातो म्हणून खुश होता. त्याच्या भावाने पण त्यांच्या स्वागताची जय्यत तयारी केली होती. गाडीमध्ये तो स्वतः चालवायला बसला. बाजूला त्याची पत्नी, मागे भावाची पत्नी, मेहुणी आणि साडू बसले. रात्रीपर्यंत गोव्याला पोचायचे म्हणून ते पहाटेच मुंबईहून निघाले. दुपारी जेवणानंतर त्याची पत्नी म्हणाली की मी, बहीण आणि जाऊबरोबर मागच्या सीटवर बोलत बसते म्हणून मागे गेली. त्याचा साडू पुढे बसला.

रस्ता अरुंद आणि गाडी नवीन. त्यामुळे माझा मित्र काळजीपूर्वक चालवित होता. संध्याकाळी पाच साडेपाचच्या सुमारास अचानक एक भरगच्च भरलेला ट्रक, दुसऱ्या ट्रकला ओव्हरटेक करून भर वेगाने समोरून आला आणि गाडी बाजूला घ्यायलाही वेळ न मिळाल्यामुळे ह्यांच्या गाडीला जोरदार धडक मारली. पुढे काय झाले हे त्याला कळलेच नाही. ह्या अपघाताबद्दल पेपरमध्ये बातमी छापून आली की गोरेगांवच्या एका कुटुंबाला मुंबई गोवा महामार्गावर अपघात होऊन दोन स्त्रिया जागच्या जागी ठार झाल्या आणि तीन लोकांना जबरदस्त मार लागला आहे. त्यांना नजीक असलेल्या कणकवलीच्या इस्पितळात भरती केले आहे म्हणून. नंतर त्याच्या एका सहकाऱ्याकडून कळले की ह्याच्याच गाडीला अपघात झाला होता. त्याची पत्नी आणि भावाची पत्नी जागच्या जागी ठार झाल्या.

ह्या अपघाताची बातमी कळल्यावर त्याची मुलगी न्यूझीलंडहून एक छोटी हॅण्डबॅग घेऊन लगेच कणकवलीला आली. येताना कपडे पण घेऊ शकली नाही. त्याच्या मेहुणीला आणि साडूला काही दिवसांनी घरी पाठवले. माझ्या मित्राच्या हातापायांना आणि छातीला खूप मार लागल्यामुळे दोन महिने कणकवलीहून हलवता आले नाही. दोन महिन्यांनी भाऊ त्याला घेऊन गोव्याच्या हॉस्पिटलमध्ये गेला. तिथे त्याच्या ओळखीचा सर्जन होता. तिथे आणखी एक महिना उपचार घेऊन मुंबईला आला.

तो कामावर रुजू झाला हे त्याच्या एका सहकाऱ्याकडून कळले म्हणून मी त्याला भेटून त्याची चौकशी करावी आणि सांत्वनही करावे म्हणून त्याच्या ऑफिसमध्ये गेलो. जेवणाची वेळ असल्याने त्याच्या टेबलाजवळ वाट पाहत बसलो. तेवढ्यात तो लंगडत लंगडत आला. मला पाहिल्यावर तो खुश झाला. मी त्याची चौकशी केली. त्याने कुठे

कुठे मार लागला हे दाखवले. तो म्हणाला, की मी गाडी चालवत होतो आणि कसे वाचलो हेच कळत नाही. माझी बायको आणि वहिनी जागच्या जागी ठार झाल्या. मी दोन महिने कणकवलीच्या हॉस्पिटलमध्ये होतो. पण मला कुणीच सांगितले नाही. माझ्या पत्नीबद्दल विचारले तर म्हणाले, की दुसऱ्या हॉस्पिटलमध्ये ठेवले आहे म्हणून. गोव्याला गेल्यावर मला सांगितले गेले. त्याला खूप त्रास आणि दुःख सहन करावे लागले.

त्याच्या गाडीतल्या कागदपत्रांवरून आणि त्याच्या साडूकडून माहिती घेऊन पोलिसांनी त्याच्या ऑफिसमध्ये कळवले म्हणे. त्याचे दोन तीन सहकारी लगेच कणकवलीला जाऊन भेटून आले. तो मला म्हणाला की माझ्या बाजूच्या टेबलवर एक बाई बसली आहे ना तिला पहा. ती माझी सख्खी मेहुणी आहे. हिला मीच माझ्या ऑफिसमध्ये नोकरीला लावली. माझ्या सहकाऱ्यांनी तिला ही बातमी सांगितली आणि कणकवलीला जाणार का म्हणून विचारले म्हणे. तेव्हा ती म्हणाली की, मी पण ही बातमी ऐकली. पण पैशांची चणचण असल्यामुळे कणकवलीला जाऊ शकत नाही. तिची एक बहीण जागच्या जागी ठार झाली. दुसरी बहीण आणि दोन भावोजी खूप जखमी झाले आहेत ह्याचे तिला काहीच सोयरसुतक नव्हते आणि कृतघ्नतेचा कळस झाला. तिचे टेबल त्याच्या शेजारी ठेवले तेव्हा तिने मॅनेजरकडे जाऊन तक्रारपण केली म्हणे तिथून तिचे टेबल हलवायला. पण मॅनेजरने तिचे काही ऐकले नाही.

तो म्हणाला की, त्याची मुलगी परत न्यूझीलंडला जात नाही म्हणाली कारण त्याची देखभाल करायला कुणी नाही म्हणून. त्याने तिचे न ऐकता परत पाठवले. दुःखी झाला पण हिंमत हरला नाही. त्याला स्वयंपाक करता येत नाही. घरी एका बाईला स्वयंपाक करून जायला सांगितले आहे. ती जेव्हा येत नाही तेव्हा तो बाहेर जाऊन जेवून येतो म्हणे.

आता तो एका वर्षामागे निवृत्त झाला. आता तो बाईकवरूनच फिरतो. त्याच्या नवीन गाडीचा अपघातात चेंदामेंदा झाला म्हणे. आता त्याच्या धाकट्या मुलीचे पण लग्न झाले.

गेले काही दिवस प्रोस्टेटॅग्लॅन्डच्या ऑपरेशनच्या पूर्व चाचणीसाठी म्हणजे सिटीस्कॅन बोनस्कॅन सोनोग्राफी वगैरेसाठी कोकिळाबेन अंबानी आणि क्रिटिकर स्पेशालिटी हॉस्पिटलमध्ये मला जावे लागत होते. ऑपरेशन २३ मे २०१७ ला करायचे ठरले होते हे त्याला माझ्या मुलाकडून कळले. त्याच वेळी त्याच्या मोठ्या मुलीचे मोठे ऑपरेशन हिंदूजा हॉस्पिटलमध्ये झाले होते. तिची शुश्रूषा करत असतानाही लगेच हॉस्पिटलमधून मला भेटायला आमच्या घरी ऑपरेशनच्या दोन दिवस आधी अचानक आला. मला आणि माझ्या पत्नीला म्हणाला की, ऑपरेशनचे टेन्शन घेऊ नका, माझ्याकडे पहा मी कशी सगळ्यावर मात केली. काही मदत लागली तर सांगा असे म्हणून आम्हाला धीर दिला. मला खूप बरे वाटले तो येऊन गेल्यावर.

असा हा माझा सच्चा दोस्त.

## किमयागार

कसे अखंड काम तुझे घेतलीस न विश्रांति।  
 कसा मूकच राहुनि करिसी कार्यपरिपूर्ति।  
 कधि बोलला नाहीस मी हे केले, ते केले।  
 कधि स्तुति वचनांनी तव मन हुरळुनि न गेले ।  
 कशी केलीस रचना पंचमहाभूतांची।  
 कशी व्यवस्था तुझी दिवस अन् रात्रीची ।  
 कसा मांडलास तू इतुका भव्य पसारा।  
 कसा शिस्तशीर रे व्यवहार तुझा सारा।  
 किति विलोभनीय ही जगनिर्मिति तुझी रे! ।  
 किति निसर्ग वैभव अलौकिक ते सारे।  
 किति अद्भुत मानव सृजनही तू केले।  
 किति अद्वितीय गुणांचे वर त्यांना तू दिधले।  
 कसे सर्व करूनही तू कुणाला न दिसला रे।  
 कसे सर्वानाच वाटते तू केवळ माझा रे ।  
 तव दिव्यत्वाचा साक्षात्कार मज झाला रे ।  
 असा थोर किमयागार तुजसम तू रे ।

- अनुराधा कर्पे

## चक्रपाणीची अगाध करणी

हे मनमोहना चक्रपाणी  
 कशी रे तुझी अगाध करणी ॥  
 तूच दिली मानवा वाणी  
 उपयोगावी सत्संगाकारणी  
 गाऊनी किर्तने भजने गाणी  
 होऊनी जावे देवावाणी ॥१॥  
 परी मानवाची कैसी ती करणी  
 वाया गेली राजकारणी  
 शिव्या शाप तंटा भांडणी  
 आणले रे डोळ्यात पाणी ॥२॥  
 करून त्याने वाणीचा अपमान  
 सिद्ध केले आपणास नादान  
 परी क्षमा करूनी हे करुणानिधान  
 निरंतर राहू द्या हो वरदान ॥३॥  
 कधी तुझी येता आठवण  
 रंगून तो करील नामस्मरण  
 सुटेल त्याचे जन्ममरण  
 देवची होऊन जाईल आपण ॥४॥  
 कर्ता करविता तूच म्हणविशी  
 का नाही देत सन्मती त्यासी  
 आपण होऊनी येईल पायासी  
 त्राता मग तू यर्थाथ होसी ॥५॥

- सुनंदा दुर्गादास नाडकर्णी

## सर्वाखातीर ध्येयं

|                 |                |
|-----------------|----------------|
| परमात्मान्तु    | संपूर्ण निष्ठा |
| आत्मान्तु       | दृढता          |
| विचारान्तु      | परिपूर्णता     |
| मनान्तु         | संतुष्टता      |
| बुद्धिन्तु      | दिव्यता        |
| संस्कारान्तु    | श्रेष्ठता      |
| दृष्टीन्तु      | पवित्रता       |
| वाणीन्तु        | मधुरता         |
| कर्मान्तु       | प्रवीणता       |
| सेवेन्तु        | नम्रता         |
| व्यवहारान्तु    | सरलता          |
| स्नेहान्तु      | शुद्धता        |
| आहारान्तु       | सात्त्विकता    |
| जीवनान्तु       | सत्यता         |
| व्यक्तित्वान्तु | महानता         |
| निद्रेन्तु      | निश्चिन्तता    |

हे ईश्वरीय वरदान तुमगेलो जन्मसिद्ध अधिकार आस्स.

- सुधाकर रगडे

## सर्वेश्वरी आई

सर्वेश्वरी आई मला तू विचारू नको  
 नको नको मला आई काहीच नको ।  
 पैसा नको कि सोने नको । माणिक नको कि रत्ने नको ।  
 गाडी नको कि बंगला नको । आभूषणे नको कि अलंकार नको ।  
 मान नको कि सन्मान नको । प्रसिद्धी नको कि पुरस्कार नको ।  
 पुनर्जन्म नको कि स्वर्गही नको । नको नको मला आई काहीच नको ।  
 पण तरीही मी मागावे असे तुला वाटते ।  
 तर मीही तुला माझे मागणे सांगते ।  
 आई दे मला तुझी मती दे । कि पूर्णतः मी तुला समजू शकू ।  
 दे दे मला अशी भक्ती दे । कि मी तुझ्या भक्तीत रंगू शकू ।  
 दे दे मला अशी विरक्ती दे । कि संपूर्ण जगाला मी विसरू शकू ।  
 दे दे मला अशी शक्ती दे । कि शब्दात मी तुला वर्णू शकू ।  
 दे दे मला अशी वाणी दे । कि तुझे गीत मी अखंड गाऊ शकू ।  
 दे दे मला असे मन दे । कि तुझ्या आठवणीत मी अश्रू गाळू शकू ।  
 दे दे मला असे सद्गुण दे । कि तुझ्या मांडीवर बैसू शकू ।  
 दे दे मला असे वात्सल्य दे । कि तुझ्या कुशीत मी झोपू शकू ।  
 दे दे मला असे वचन दे । कि तू आणि मी सदैव एकत्र राहू शकू ॥

- सुनंदा दुर्गादास नाडकर्णी

## कृत्वा नवदृढ संकल्पम्

सुमन नागरकट्टी

पुण्यनगऱ्याः सारस्वत- सभायाः कार्यक्रमे एकदा अहं चित्रा पालेकर-निर्मितं वृत्त चलचित्रं दृष्टवती। तत् उद्बोधकं चलचित्रं दृष्ट्वा केचन दिनपूर्व पठिता कविता कृत्वा नवदृढसंकल्पं स्मृतवती। रावबहादुर तालमक्की महोदयस्य जीवनयात्रादर्शनं दर्शितासीत्। तद् दृष्ट्वा केचन दिनपूर्व पठिता कविता 'कृत्वा नवदृढसंकल्पं' स्मृतवती। अनुभूतवती एतस्याः कवितायाः एकैकशः शब्दः महोदयेन मूर्तिमान् जीवितासीत्।

तालमक्की महोदयः एकस्य मध्यमवर्गीय - परिवारस्य सदस्यः युवावस्थायां विद्यार्जनार्थं होन्नावरग्रामतः मुम्बईनगरीम् आगतवान्।

तत्र तस्य आर्थिक - निवास- योजना च अनुकूला नासीत्। तथापि सः न्यायनिपुणः lawyer अभवत् न्यायालये कार्यं प्राप्तवान् च।

किन्तु तत्कालीन-अनानुकूला गृहव्यवस्था तं व्यकलयत्। नैके ग्रामीण सारस्वत- युवाः - परिवाराः च मुम्बईम् आगत्य स्थायिकाः भवन्तः आसन्। तेषांकृते समीचीना अल्पमूल्य- गृहनिर्माण- संस्था स्थापनस्य नवदृढसंकल्पं कृतवान् सः।

आंग्ल सर्वकारस्य अनुमतिपत्रं-भूमिप्रापणं च कष्टप्रदम् आसीत्। परन्तु कृतसंकल्पान् सततं स्मृत्वा प्रगतिपथात् न विचलितवान्। ज्ञातिबान्धवेषु स्वस्थनवसंदेशं विताय नवसंघटनम् आरब्धवान्। अन्ततोगत्वा महत्प्रयासेन सः भारतवर्षस्य प्रथमा सहकारी - गृहनिर्माण संस्था स्थापितवान्। सा अस्ति गांवदेवी-मुंबई स्थिता 'सारस्वत कोऑपरेटिव्ह हौसिंग सोसायटी'। यस्याः निवासिनः २०१४तमे

वर्षे अस्माकं गुरुवर्याणाम् उपस्थित्यां शताब्दिउत्सवम् आचरितवन्त।

एतादृशः तालमक्कीमहोदयः सहकारी गृहनिर्माण- संस्थायाः न केवलं शिल्पी अपितु नवइतिहासरचयिता अभवत्। तत्कालीन एकः आंग्ल-अधिकारी तां संस्थां दृष्ट्वा तं प्रशंसितवान्। एतस्य महत्कार्यस्य कृते सर्वकारात् सः 'रावबहादुर' मानपदं प्राप्तवान्!!

अत्र महोदयस्य कार्यं न स्थगितम्। अपितु नैके कार्येषु सः निरन्तर- गतिशीलः अभवत्। धनाभिलाषां त्यक्त्वा , कार्यालयीन-कार्य- भारम् उढित्वा सः गृहनिर्माणार्थं उपयुक्त न्यायालयीन - सर्वकारिण च नियमानाम् अभ्यासं कृतवान्। पुस्तकानि लिखितवान्। यतः अन्यजनाः मार्गदर्शनं प्राप्नुयुः। महिला उद्योगः, SVC वित्तकोषनिर्मितिः आदि कार्येषु अपि योगदानम् आसीत्।

परन्तु तस्य प्रमुखं कार्यं गृहसंस्थानिर्माणम् एवम्। गांवदेवीसंस्थायाः अनन्तरं तालमक्कीवाडी, सांताक्रूज, विलेपार्ले आदि सारस्वत संस्थायाः निर्माणम् अभवत्।

सारस्वत जनानाम् एकत्रीकरणम् अतीव लाभदायकम् ननु। अत्र भेदभावनिरसनं सरलम्। दुःखवितमानां समाश्वासनप्रापणं शक्यम्। अस्माकं परम्परायाः संरक्षणमपि शक्यम्।

यस्य फलस्वरूपात् वसुधैव कुटुम्बकम् इव सारस्वतैक कुटुम्बकम् भवन् अस्ति इति वयं पश्यामः अनुभवामः।

तालमक्की महोदयं कृतज्ञतापूर्वकं स्मर्तव्यम्।

## एक चिरस्मरणीय दिवस

विजयालक्ष्मी कापनाडक

वसुधा आणि वरुण दोघं वेगवेगळ्या कंपनीत मोठ्या हुद्यावर काम करतात. त्यांच्या सुखवस्तू घरात त्यांचा दोन वर्षांचा एक लहान मुलगा वरद आहे. घरात भांडी आणि सफाईसाठी एक बाई, तसेच स्वयंपाक आणि वरदला सांभाळण्यासाठी एक बाई अर्चना आणि वसुधेचा कारचालक मोहन आहे. वरुण त्याची कार स्वतः चालवतो. वरदची दादी त्यांच्याच कॉलनीत वेगळ्या इमारतीत राहते. रोज सकाळी नऊ वाजता वसुधा वरदला शाळेत सोडून ऑफिसला जाते. त्याची दादी त्याला शाळेतून तिच्या घरी घेऊन जाते. तिथं अर्चना वरदचा सांभाळ करते. संध्याकाळी त्याला गार्डनमध्ये खेळवून दादीच्या घरी सोडते व वसुधेच्या घरी स्वयंपाक करून नंतर घरी जाते.

एका सोमवारी मोहन आजारी झाल्याने कामावर आला नाही. साहजिकच ऐन वेळेवर कळल्यावर वसुधेला टॅक्सी किंवा उबेरचा आधार. तिने उबेर बुक केली. पण ती वेळेवर आली नाही. त्यामुळे ऑफिसला उशीर होण्याची शक्यता होती. वरुणपण त्याच वेळेवर निघतो. पण दोघांचे ऑफिस विरुद्ध दिशेला आहेत. वरदची शाळा वरुणच्या ऑफिसच्या रस्त्यावर आहे. वसुधेने लेकाला शाळेत सोडण्याची वरुणला विनंती केली. घाईघाईत वरुणने वरदला उचललं व बॅग घेऊन निघून गेला.

वसुधा तयार होऊन निघणार तेवढ्यात तिला वरदची बॅग व डबा टेबलवर दिसला. वरुणला सवय नसल्यामुळे तो वरदची बॅग विसरला हे लक्षात आले. तिने अर्चनाला पैसे आणि घराची चावी देऊन रिक्षाने शाळेत पाठवले व ती ऑफिसला गेली. टॅक्सीत बसल्यावर वसुधाने अर्चनाला फोन करून घराची चावी दादीकडे ठेवण्याची ताकीद दिली.

अर्चनेने वरदची बॅग शाळेत देऊन घरी येऊन कामे आटोपली पण वेंधळेपणाने चावी घेतली नाही. संध्याकाळी रोजच्या सवयीनुसार दादीजवळच्या चावीने दार उघडून ती चावी नेहमीप्रमाणे टेबलवर ठेवली अन् संध्याकाळसाठी स्वयंपाक करून घरी जाताना दार ओढून (लॅच) घर बंद केले व घरी गेली.

रात्री साडेआठच्या सुमारास वसुधा दादीच्या घरी आली. वसुधा सासूबाईबरोबर थोडावेळ दिवसभराच्या घडामोडीवर गप्पा मारून वरदला घरी घेऊन जाताना तिने आपल्या घराची चावी मागितली. दादींना चावीची काहीच माहिती नव्हती. हे कळल्यावर तिने अर्चनाला फोन केला, तर तिला कळले की घराच्या दोन्ही चाव्या घरातच राहिल्या. आता आली का पंचाईत? तरी नशीब चांगलं होतं दादीच्या घरी वरदच्या जेवणाची काळजी नव्हती. आता वरुणच्या जवळच्या चावीचा आधार होता. थोड्यावेळात तो आल्यावर एकत्र जाऊ असा विचार वसुधेने केला.

पण आपण एक विचार करतो अन् होते भलतेच. वरुणला लंडनवरून एक फोन येणार होता म्हणून तो फोनची वाट बघत ऑफिसमध्ये थांबला. रात्री अकरा वाजता तो दादीच्या घरी पोहोचला. वरद दादीच्या घरी झोपला होता. वसुधेचा जीव भांड्यात पडला.

घरी जाऊन वरुणने दार उघडले. तर गॅसचा वास त्यांच्या नाकात शिरला. किचनमध्ये गॅस शेगडीचे बटन ऑन होते. आणि पाईपगॅसची चावीपण उघडीच होती. नशीब शेगडीला जाळ नव्हता. अन् नशीब बलवत्तर की देवाजवळचा दिवापण नव्हता. नाहीतर "हरी बोलो."

"असा होता चिरस्मरणीय दिवस"

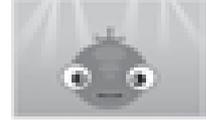


## हिमुलि काणी भाग - ४

### जपेन गांवांचि लोक कथा

गायत्री मदन दत्त

दुस्रिं आख्लिं। पक्षांनिं आमकां खब्वरि पावख्लि। 'कॉणाक चड भावंडं आस्सति?' - हें विषयेर, खास सखां बित्तरि झग्डे वे? भोवरांनिं आनि मास्ल्यांनिं निमिलें।



वग्वगि, हिमुने म्हळ्ळें, ना बा, तशिश कायिं ना, आनि तांकां दाक्कोंचाक, तात्रे तागेल दोन्नी हातं दांतुनाले गळ्या सुतु प्रीतीने घाल्लें। तुम्मिं वचाति मागिरि दांतुनाला म्हणालां, आमिं मित्रं। आमिं झग्डु नये। माक् क्षम करि। थॉडॉ वेळु, दांतुन, बड्डी चाब्डानु, गॉगांतीचि बस्लां।

हिमुने हास्तचि म्हळ्ळें, आय्क, दांतुन - अशिश कोर्या। फायि, फाल्फाल्यारि, हांव मगल भावंडांक मेज्ता। तूं आनि तुगल भावंडं, हांगा ओकिरि, वोडु ज़ाय्याति। हांव तुम्कांयिं मेज्ता। पोळोयां तुम्मिं किल्लिं म्होणु। हॉ, खुशालेने आमिं येत्ताति। तूं आमकां मेजुन् पळे, दांतुन म्हणालां।



दुस्र दीसु, सूर्योदय ज़ाल्लें। हिमुने तागेल भावंडांक मेज्लें, आनि तटेरि येव्न राक्कुन राब्लां। थॉडे क्षणाने, घे, आख्लिं ओकिरि, एक राशि शीसरियां। आमकां मेजुक सूर करि, हिमु, तीं म्हणालिं।

कशिश मेजुं?... हां, अशिश कराति। तुम्मिं ओकि थाव्नु, समुद्रान्तुं, सालाने रांग कराति। हांव तुम्गेल एक-एकल्यांगेल फाटीरि उड्डुनु, तुम्कां मेज्ता। शीसरियांनिं हिमुने सांगिल म्हणके केल्लें। हिमुने एक उड्डि मार्लिं। हेलो, दांतुनागेल पय्ले भावंडा। आनेक उड्डि मार्लिं। हेलो, दांतुनागेल दुस्र भावंडा। तीनि, चारि, पांच... धा, इक्रा... हिमुने, उड्ड-उड्डतचि, दूर, दूर वचालेलें दिस्ता। वीस, तीस, पन्नास... आत्तं, ओकिरि थाव्न हिमु दिसनाचि... शम्बर, देड्शें हिमु चिक्के पुणि दणुनि। हेलो, दांतुनागेल दोन्शिं आनि एक भावंडा। हिमुने दीर्घ स्वास ताळ्ळां आनि एक कड्डेचि दिगी उड्डि मार्लिं। हेलो जपेन।



घूव्नु म्हणालां, तुम्मिं दांतुनाक सांगाति, माक्का ताज्ज पशि एक चड, दोन्शिं आनि दोनि भावंडं आस्सति म्होणु। शीसर्यांनुं, तुम्गेल होडु उपकारु। तुम्मिं सेतु कोर्नुं, माक्का जपेन पावय्लें। आनि धाव्लां तां, जपेन पोळोंचाक।



### बालगीत- चांदोमामा

निळे, निळे, आभाळ अन् हिरवे हिरवे पान  
चांदोमामा तू मात्र गोरा गोरा पान  
तू ढगाआडून बघतांना दिसतोस छान, छान  
तुला बघून चिऊ, काऊ जाती घरी  
तुला बघून खुदूखुदू हसतो आम्ही  
चमचमत्या चांदण्या तुझ्याभोवती फेर धरीती,  
चांदोमामा आहे तुझी मजा किती?  
छोटे मोठे होणे तुला जमते कसे?  
एखाद दिवशी लपून, छपून बसतोस कुठे?  
तुला भेटण्यास आम्ही उद्या पुन्हा येतो,  
आता तुझ्या गोष्टी, ऐकता ऐकता झोपी जातो.

- लक्ष्मी मुडभटकळ

## खब्बरी फळांगेली

हाप्पूस आम्बो हॉ फळांचो रायू  
तांबडो हळदूवो ताज्जो गोमटो रंगू  
परमळ तागलो गांवभर जाता  
मे महिन्यांतू तो भरपूर मेळता !!  
पाईनअॅपलाक आम्मी अवनासू म्हणताती  
भायर थावनु तो कांटेरी नि खरखरी !  
मात्र परमळी आनि रसाळ भीतरी  
गोडशी आम्बशी रुची तागली !!  
केळें जाल्यारी बाजारांतू केन्नाई मेळता  
गरीब श्रीमंतांक प्रीती जावनु आसता  
साली काळ्ळीकी खावंचाक जाता  
सुलभ सेवन करूक जाता !!  
काश्मीरांथावनु यात्ता आमकां सफरचंद  
थोडी गोडसाणी, त्यामिती कोणयी खावेद  
संत्री नि मोसंबी दोन खासा भैहिन्योशो  
गोडू रसू ताज्जो पेशंटांक मुख्य आहारू !  
डाळींब आस्सं एक वेगळे फळ  
तांबडे माणिकाने भरलेले आंग  
मस्त हांतु आयर्न आनि व्हिटॅमिन्स  
दित्तात्ती आमका चांग आरोग्य !  
द्राक्षाचो घोंचलो पळोनु तोंडाक उदाक यात्ता  
पाचवी, काळी, जांभळी, सीडलेस सकडांक आवडता  
कोरका आम्मी फळांचे केन्नाई सेवन  
प्राप्त करूक सदैव चांग आरोग्यधन !!

-लता कर्नाड राव (उल्लाळ), चेन्नई.

## राक्षसू

एक आशिलो राक्षसू  
तो राबतालो जंगलांतू  
नाव तागले धटिंगणू  
खात्तालो तो पशुंक मारनू !  
करनाशिले तो कसलेंयी काम  
खावंचे, पिवनचे, निदोनचे तागलो दिनक्रम  
थोर थोर जालो तो व्यायाम नातिलें  
खावनु खावनु पॉट तागले होड जालेले!  
एक दिवसु धटिंगणाक जाल्ली भूक भयंकर  
खाल्ली तान्ने बकबक तीनचार जनावर  
मागिरी सुरु जाल्ली जोरू पोटदुकी  
कसलें कोरचे म्हणु ताक्काची कळनी.  
जोर जालेली दुकी राबोंचाक  
धटिंगण लागलो नेलारी लोळूक  
अय्यो अय्यो म्हणु जोराने लोळतना  
फटकन फुटले तागले हॉळे पॉट !  
मागिरी धटिंगण जाल्लो कायमचो थंड  
म्होणुची कोरका सकडानी नित्यइ व्यायाम  
तेलकट विचकट खावनयी भो चड  
नाजाल्यारी तुमगलेंयी पॉट करतले बंड!

-लता कर्नाड राव (उल्लाळ), चेन्नई.

## Donations received

Kanara Saraswat Association is grateful to the following donors:

### Scholarship Fund

Lata Gopal Rao (Andar) 1,00,000.00  
in m/o father late Ganesh Ramrao Hosangadi

### Emergency Medical Relief Fund

Lata Gopal Rao (Andar) 1,00,000.00  
in m/o mother late Leela Ganesh Hosangadi  
Nirmala Nagesh Murdeshwar 5,000.00  
in m/o Nagesh Murdeshwar

## KSA is delighted to announce

The **5th** Sr Citizen's Get-Together  
On Sunday 07th April, 2019  
at Shrimad Anandashram Hall, Talmakiwadi  
from 10 am onwards in presence of  
5 talented 90+ years young "Pacchis & Maams"  
COME ONE, COME ALL & LET'S HAVE FUN FOR ALL.  
*Sunil Ullal, Hon. Secretary for  
Sports and Cultural Activities*

## Personalia

**Anushree Gulvady** was awarded a PhD with Honors in November'2018, by the SUNY Upstate Medical University, Syracuse, New York, USA for her dissertation on "Investigation of the role of the Focal Adhesion Protein Hic-5 in regulating Cancer Cell Morphology, Migration and Invadosome Organisation". Her research in Breast Cancer metastasis was guided by her Advisor Dr. Chris Turner, PhD.



Anushree is the elder daughter of Purnima (Smeeta) & Dr Chaitanya Srikar Gulvady. She did her schooling from Canossa Convent, Mahim & went on to do her graduation (BSc) & Post graduation (MSc) in Microbiology from the SIES College, Mumbai University. She gained experience in cancer research during her internship at the Tata Memorial Centre's ACTREC (Advanced Centre for Training, Research & Education in Cancer), Kharghar, where she worked on the mechanisms of neoplastic progression.

She will now be joining the prestigious Dana Farber Cancer Institute, Harvard Medical School, Boston, Massachusetts, USA for a Post Doctorate Fellowship on the "Molecular Analysis of Human Breast Cancer" under the guidance of Dr Kornelia Polyak, MD, PhD.

**Srushti Vinay Kuchinad** - Srushti Vinay Kuchinad,



a 15 year old, daughter of Vinay and Sakshi Kuchinad gave a mesmerizing performance in the 5th International Roller Relay Skating Championship, Dubai on 7th December 2018 where she won two medals - 1 Silver and 1 Bronze in Individual (Road Race & Skathlawn Race respectively).

Similarly last year in the 4th International Roller Relay Skating Championship at Singapore Srushti won 3 medals - 1 Gold in 500 Meters Road Race and 2 Bronze medals in 400 metres Relay Race and 5 Km. Marathon respectively. Srushti received her 1st Dan Black Belt and a certificate on 28th December 2016. Right from the tender age of 5, Srushti has been participating in competitions at district, state, national & international levels in Skating and Taekwondo matches and from the age of 10 Srushti has been winning in Roller Relay Skating Competitions.

## Here and There

**Bengaluru: HH visit:** The laity was blessed with the visit of Parama Pujya Shrimat Sadyojat Shankarashram Swamiji from 26th November to 4th December. On 30<sup>th</sup> November, Parama Pujya Swamiji performed Devi Pujan. HH conducted Swadhyaay on the bhajan "Tanmay ho ja mere man" on 30<sup>th</sup> November and 1<sup>st</sup> December. The laity was blessed with Ashirvachana by Parama Pujya Swamiji at the Dharma Sabha on 2<sup>nd</sup> December. On 4<sup>th</sup> December, sadhaka-s offered Niropa geet in Kannada, written and composed by Ved. Shri Badukulli Radhakrishna Bhatmam, at the Lotus feet of Parama Pujya Swamiji.

**Varga activities:** 'Kalatmaka Abhivyakti' depicting drawings and craft on different topics in Prarthana Varga syllabus by the Prarthana kids was held on 2<sup>nd</sup> December which was followed by Ananda Mela, an evening of food, fun, music and games organised by Bengaluru Yuvadhara. Yuvati-s performed Devi Anushtaan on 23<sup>rd</sup> December. 6 Yuva-s participated and helped in the NRI Shibir held at Shirali from 25<sup>th</sup> to 30<sup>th</sup> December.

**Special programmes:** On 1<sup>st</sup> December, Samaradhana of Parama Pujya Shrimat Vamanashrama Swamiji was observed with Bhashya Pathan and Ashtavadhana Seva. Bhagavadgita Recitation competitions were conducted on 8th December to commemorate the occasion of Shri Gita Jayanti which witnessed enthusiastic participation across all age groups. There were series of talks by Dharmapracharak Shri Rajgopal Bhatmam on 17<sup>th</sup> and 18<sup>th</sup> December on 'Ishwara Gururatmeti'. Shri Gita Jayanti was observed on 19<sup>th</sup> December. Samoohik Bhagavadgita Pathan and Gita Pujan was performed in the morning. At the evening programme, prizes were distributed to the winners and participants of the recitation competitions by the Chief Guest Dharmapracharak Shri Rajgopal Bhatmam. After Bhagavadgita Bhashya Pathan, Shri Rajgopal Bhatmam spoke on 'Bhagavad Geeteche Pancha Praana'. On 29<sup>th</sup> December Samaradhana of Parama Pujya Krishnashram Swamiji was observed with Bhashya Pathan and Ashtavadhana Seva. On 30<sup>th</sup> December, the Samaradhana of Parama Pujya Keshavashram Swamiji was observed with Bhashya Pathan and Ashtavadhana Seva.

**Regular programmes:** Pujan was performed by Gruhastha-s at Bengaluru Math, in garbha-gudi every day and in Anandashram Sabhagriha every Monday, Thursday and Friday. Sadhaka-s performed Samoohika Gayatri Japa Anushtaan every Sunday. The series of talks by Smt. Dr. Sudha Tinaikar on Kathopanishad continued on every Tuesday. A short 5 minute Ninada practice was a part of all regular activities.

*Reported by Saikrupa Nalkur*

**Chennai :** In December we observed Punyathithis of HH Shrimat Vamanshram Swamiji on 1<sup>st</sup> Dec., HH Shrimat Krishnashram Swamiji on 29<sup>th</sup> Dec and HH Shrimat Keshavashram Swamiji on 30<sup>th</sup> Dec. with Guru Pujan and bhajans. Apart from the monthly Sadhana Panchakam we also celebrated the annual Datta Jayanti function with religious fervour. On 22<sup>nd</sup> Dec the function started with

Saarvajani Prarthana, Nitya Niyam, cradling ceremony and Janma Katha. On 23<sup>rd</sup> morning, was Nagar Bhajan, followed by breakfast. SMS sang bhajans. This was followed by Mangalarti and Prasad Bhojan.

*Reported by Kavita Savoor*

**Mumbai – Goregaon:** Ashadhi Ekadashi was celebrated on 23<sup>rd</sup> July 2018, with presentation of Vithal Abhangs/ Bhajans by Sadhakas of Parijnananand Bhajan Mandal, Goregaon. Highlight of the programme was rendition of a favourite bhajan “Tujhi Seva karina Manobhaave” by our youngest sadhaka @ 94, Madhumam Chandawarkar. On the occasion of Guru Purnima on 27<sup>th</sup> July 2018, Gurupujan was performed by Mahila Varga Sadhakas, followed by Arti and Prasad Vitaran at the residence of Shri Shrinivas Ullal. Rug Upakarna was organised at the residence of Gautam Amladi, for Panchamkaars on occasion of Nag Panchami on 15<sup>th</sup> August and for others on 25<sup>th</sup> August 2018. Punyatithi of H.H. Shrimat Parijnanashram Swamiji – III on 30<sup>th</sup> August 2018, was observed at the residence of Shri Shrinivas Ullal, with Guru Pujan by members of Mahila Varga & Arti followed by Prasad Vitaran.

Punyatithi of H.H. Shrimat Anandashram Swamiji was observed on 12<sup>th</sup> September 2018 at the residence of Shri Chandrashekhar Kallianpur, with Guru Pujan, Stotras & Bhajans by various Sadhakas, Deep Namaskar, Arti followed by Prasad Bhojan. Two important paras of the Article in Chitrapur Sunbeam (marked in bold by the Editor) “Unforgettable Reminiscences, What I have learnt from Swami Anandashram” By Late Shri Benegal Sanjiva Rao were read out for the benefit of Sadhakas.

Punyatithi H.H. Shrimat Parijnanashram Swamiji - II on 5<sup>th</sup> October 2018, was observed at the residence of Shri Shrinivas Ullal, with Bhajans sung by Sadhakas of Parijnananand Bhajan Mandal and Arti followed by Prasad Vitaran. Punyatithi of H.H. Shrimat Shankarashram Swamiji – I on 14<sup>th</sup> October 2018, was observed at the residence of Shri Shrinivas Ullal, with Samuhik Pathan of Navratri. Nityapath, Devi Anushthan and Arti followed by Prasad Vitaran.

During Chaturmas 2018, 92 Sadhakas participated in Additional Sadhana comprising of Japa, Anushthan & Pathan etc

During Navaratri from 10<sup>th</sup> to 18<sup>th</sup> October, Samuhik Recitation of Navratri Nityapath and Devi Anushthan was held at various devotees residences.

Goregaon Sabha lost its doyen Madhukar Chandawarkar, age 94, on 13<sup>th</sup> October 2018. A litterateur, dramatist, poet, sculptor, music composer, our multi faceted Madhu maam was a “PRERANA STROT” for our Parijnananand Bhajan Mandal and also for children. He taught them Bhajans and trained them for Bhagwad Geeta recitation competitions with fabulous success. He will always be remembered and missed forever. On Sunday 4<sup>th</sup> November 2018, Goregaon Sabha paid rich tributes to their departed doyen and “Prerana Srot”, in a prayer meet organised at Masurashram, Goregaon East. Few bhajans penned by Madhu mam were sung by members of Parijnananand Bhajan Mandal. Various tributes were paid by

a few renowned personalities of our Samaj, and his students young and old alike, in person and in absentia – where the sentiments expressed were read out.

Janma Dinotsava of H. H. Shrimat Sadyojat Shankarashram Swamiji was celebrated with performance of Sadhana Panchakam and singing of bhajans by devotees, followed by cake cutting by children at the residence of Shri Shrinivas Ullal on Saturday 17<sup>th</sup> November 2018. Punyatithi of H. H. Shrimath Vamanashram Swamiji was observed on 1st December, with the performance of Sadhana Panchakam and Guru Pujan, followed by Arti and Teerth Prasad.

3 participants from Goregaon Sabha won prizes in the Annual Bhagwad Geeta recitation competition at Talmakiwadi on 2<sup>nd</sup> December. Soumya Sashittal (8 to 15 years) won the FIRST prize, while Vrishank Kumta (Below 8 years) and Gowrita Sashittal (35 to 55 years) both won Third (3<sup>rd</sup>) prize.

Punyatithi of H. H. Shrimath Krishnashram Swamiji was observed on 29<sup>th</sup> December, with the performance of Guru Pujan, followed by Arti and Teerth Prasad. Punyatithi of H. H. Shrimath Keshavashram Swamiji was observed on 29<sup>th</sup> December, with the performance of Devi Anushthan, followed by Arti.

*Reported by Gautam Amladi*

**Mumbai - Santacruz:** Venue : Shrimat Anandashram Hall, Saraswat Colony, Santacruz – We observed the Jod Punyatithi of HH Shrimat Krishnashram Swamiji and HH Shrimat Keshavashram Swamiji on 29<sup>th</sup> December, 2018 (Saturday). Bhajans and stotras were sung by Swara Sadhana Group which was followed by Deepanamaskar, Mangalarati & Prasad. Many were present to take blessings of our Guru & our Holy Guruparampara.

Later that same evening, our Sabha also felicitated all those who had participated in the Bhagwad Gita Competition (Recitation and Abhivyakti) held at Talmakiwadi on 2<sup>nd</sup> Dec 2018 along with the winners and their tutor Smt Mitali Puthli Mallapur.

*Reported by Kavita Karnad*

**Mumbai – Thane:** Samaradhana of H. H. Shrimat Vamanashram Swamiji was observed on 1<sup>st</sup> December at the residence of Shri. Rajendra Mavinkurve in Thane. Twenty-eight sadhaka-s participated in this event. Yuvati Smt. Shreya Mavinkurve performed Guru Pujan, during which tender coconut water was offered to Pujya Swamiji as abhisheka and the same was distributed as teerth. Smt. Vaishali Koppikar narrated Pujya Swamiji's charitra from the Shri Chitrapur Guruparamara Charitra. All the participants offered Bhajan Seva. Four Yuva-s participated in this event.

The Bhagavad Geeta recitation and Abhivyakti competitions held at Talmaki Wadi on 2<sup>nd</sup> December saw enthusiastic participation from all age groups across Thane Sabha. Smt. Anuradha Kulkarni, Smt. Meenakshi Baljekar and Dr. Smita Koppikar participated in Abhivyakti. The Bhagavad Geeta recitation competition saw participation from Smt. Sujata Chandawarkar, Smt. Meenakshi Baljekar, Dr. Smita Koppikar, as well as Yuva-s Nikhil Chandawarkar, Vijayalakshmi Chandawarkar and Ameet Nadkarni. While

Ameet Nadkarni bagged the 2<sup>nd</sup> Prize in Bhagavad Geeta recitation, Smt. Meenakshi Baljekar received a special mention and token of appreciation.

H. H. Shrimat Shivanand Saraswati Swamiji, Mathadipati of Shri Saunstan Gaudapadacharya Kavale Math, camped at Shri Balaji Mandir in Vashi between 23<sup>rd</sup> and 26<sup>th</sup> December. Members of Thane Sabha led by Smt. Mekhala Nadkarni offered volunteering seva during this period. Shri. Pravin Kalawar and Shri. Srikar Baljekar performed Paduka Pujan and received Swamiji's blessings on behalf of the entire samaj.

Samaradhana of H. H. Shrimat Krishnashram Swamiji was observed on 29<sup>th</sup> December at the residence of Smt. Jyoti Nadkarni in Dombivili. Twenty sadhaka-s gathered to perform Guru Poojan, Stotra Pathan and Bhajan Seva. They were blessed with the rare opportunity of performing Guru Poojan of the sacred Paduka-s of H. H. Shrimat Pandurangashram Swamiji, which were brought from the residence of Shri. Jayant Hattangadi of Dombivili.

Samaradhana of H. H. Shrimat Keshavashram Swamiji was observed on 30<sup>th</sup> December at the residence of Shri. Gajanan Ulman in CBD-Belapur. Fifteen sadhaka-s gathered to perform Stotra Pathan and sing Bhajans. Two Yuva-s attended and participated in this event.

*Reported by Namrata Heranjal*

**Mumbai - Vile Parle – Vakola :** Our Sabha observed Samaradhana of H. H. Shrimat Parijnanashram Swamiji II on 5<sup>th</sup> of October, 2018, H. H. Shrimat Shankarashram I on 14<sup>th</sup> of October, 2018, H. H. Shrimat Vamanashram Swamiji on 1<sup>st</sup> of December, 2018, H. H. Shrimat Krishnashram Swamiji on 29<sup>th</sup> of December, 2018 and H. H. Shrimat Keshavashram Swamiji on 30<sup>th</sup> of December, 2018 by reading out excerpts from Bodhamrut book and Guruparamapara Book. Each Samaradhana concluded with Group Bhajans, Deepa Namaskar, Ashtak, Mangal Arati & Prasad Vitaran.

During the auspicious period of Chaturmas, 19 Sadhakas from our Sabha performed Vishesh Sadhana comprising of Shri Chitrapur Guru Parampara Charitra Pathana, Vishesh Japa, Bhagavad Geeta Pathana, Shiva Manas Pooja Stotra Pathan and Devi Anushthaan. A few devotees from our Sabha, with great devotion, performed Guru Poojan on Guru Pournima Day at Karla Math.

On 25<sup>th</sup> August, 2018, Rg Upakarma Homa was performed at Shri Madhukar Kallianpur's residence. The ceremony was ably conducted by Ved. Hattangady Bhavanishankar Bhatmam.

Gram Bhojan organized at Karla Math after Navaratri, on 22<sup>nd</sup> of October, 2018, had 9 volunteers from our Sabha helping in serving Prasad Bhojan to large number of local residents of Karla and also participated in chanting mantras whole heartedly while serving Prasad Bhojan.

We observed Seva Saptah, from 7<sup>th</sup>-14<sup>th</sup> of October, 2018 which coincided with Navratri Utsava at Karla. The Sabha Members participating in Seva Saptah could contribute to Navratri activity besides regular chores of Seva Saptah. On the day of Sannikarsha a few Sadhakas performed Devi Poojan and recited Sadhana Panchakam at Devi Sannidhi. A few devotees performed Gayatri Anushthaan at Samadhi Sannidhi. Besides, melodious Bhajan Seva was offered under the leadership of Smt. Mangala Nadkarny at Devi Sannidhi in the august presence of our Param Pujya Swamiji.

On 2<sup>nd</sup> December 2018, six Sadhikas participated in Abhivyakti and Bhagwad Gita reciting competition at Talmakiwadi. Fifteen Sadhakas participated in Gita Pathan on 19<sup>th</sup> of December 2018, at Talmakiwadi. Further, melodious Bhajans Seva was offered by our Sabha along with Virar Sabha at the Lotus Feet of our Parama Poojya Swamiji under the leadership of Smt. Mangala Nadkarny. Girvaan Pratishtha students from our Sabha viz. Smt. Shyamala Bhat, Smt. Suvarna Waghmode, Smt. Geeta Amladi and Smt. Padmini Balsekar participated with great zeal in a Sanskrit Skit organized at Talmakiwadi on 20<sup>th</sup> December, 2018.

Other than the above events, a few devotees from our Sabha participate in Stotravali sessions every Tuesday, at a location in our Sabha and also gather to perform Devi Anushthaan on the third Friday of every month.

*Reported by Radhika Chittar*

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## Our Institutions

**Saraswat Mahila Samaj, Chennai :** SMS organized an 'All Ladies only' evening on 21<sup>st</sup> Dec. It began with a talk by Indira Kumta on her experiences with the Keto Diet. This was followed by Christmas games like 'passing the santa cap', drawing an Xmas tree by placing the paper on top of the head & guessing the number of decorations on the Christmas tree. This was followed by yummy eats including a plum cake.

*Reported Kavita Savoor*

**Saraswat Mahila Samaj, Gamdevi :** On 8<sup>th</sup> December, 2018 the Samaj celebrated a Children's Day by conducting a drawing competition for children below 12 yrs. The topics given were "Swachha Bharat Abhiyan", "Pollution Free Mumbai" and "Save Trees". Children could select any one topic and draw and paint as they wished. About 25 children participated. They were judged by Smt. Vidya Hemmadi and Smt. Neelam Doshi. Prizes were given to the winners and participation gifts were given to all the participants.

A convocation was also held and prizes were given to the most successful girl students in 10<sup>th</sup> and 12<sup>th</sup> standard board exams. Prizes were also given to the girl studying in fine arts and ladies for performance in the industrial section. These were given at the hands of our President Sharayu Kowshik. This was followed by snacks in memory of Late Sadhana Kamat.

### Forthcoming Programmes :

Wed. Feb. 6<sup>th</sup> 2019 at 3.30 p.m. at Samaj Hall - Mothers' Day – Interactive session with founder members of AWMH Maharashtra (Association for the Welfare of Persons with a Mental Handicap). Refreshments sponsored by Smt. Shaila Hemmady in memory of Smt. Srimati S. Hemmady and Smt. Sumitra G. Mankikar

Wed. Feb. 20<sup>th</sup> 2019 11.30 a.m. at Shrimad Anandsahram Hall, Talmakiwadi - Puraskar Samarambh -Lekhan Puraskar to Smt. Smita Balwally, Sangeet Puraskar to Kum Sanika Kodial followed by Contributory Lunch.

Please register by 15/2/2019. Contribution Rs. 220/- per person. Spot registration Rs. 250/- per person.

Contact Ms. Shubhangi 9702018744 – between 3.30 pm to 5.30 pm

*Reported by Vijayalaxmi Suresh Kapnadak*

**SSCA Vasai –Virar:** The managing committee of Senior Saraswat Citizens Association Vasai - Virar, organised an annual picnic for the members at Nirdhar Pratishtan and Amul Dairy on 12<sup>th</sup> January 2019. About 28 members joined this event which started at 09.45 from Damodar nagar, Saraswati baug. Our first visit was to Nirdhar Pratishtaan which was blessed by PP Swami Parijanashram. One of its Trustees is Lt Col Manohar Karpe. It houses about 35 mentally challenged inmates of different ages with no caste bar. After spending about two hours there with Lt Col Karpe explaining various aspects, rules and conditions the members were served tea there. The SSCA gifted some sweets for the inmates, and some members purchased handicrafts made by the inmates. Lunch was arranged at a nearby temple.

Around 14.30, we went to Amul Dairy. We were briefed about its history with a video presentation and a complimentary icecream of rare quality and taste. We were told that it is the third biggest unit in the world which processes 50 thousand ltrs per hour. Thanks to senior HR Official of Amul, Shri Dhiraj Chauhan for arranging this nice event in a very cordial atmosphere.

Thanks to our committee officials, sri., Raghunandan Hemmady, Shivanand Hemmady, Kishore Nadkarny, and Lt Col Manohar Karpe for arranging a useful informative picnic for the members.

*Reported by Chaitanya Nadkarni*

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Contact nos: 09449664476/ 9008203282/09901844822

### ACKNOWLEDGEMENTS

**Neena** and Shrikant Dayanand Basrur of Vile-Parle (East), Mumbai, along with Dhanashri and Dhananjay Shridhar Murdeshwar of Nashik, gratefully thank all their relatives, friends and well wishers for their gracious presence, love, blessings and gifts showered on the occasion of the Marriage and Reception of their children Gautam and Niyati on 22<sup>nd</sup> December 2018 at Mumbai.

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## DOMESTIC TIDINGS

### BIRTHS

*We welcome the following new arrivals:*

Sept 16 : A daughter (Netra) & son (Naman) to Sharmila (nee Nileshwar) and Tushar Ramanand Rao (Vaknalli) at Chinchpokli, Mumbai.

### MARRIAGES

*We congratulate the young couples*

2018

Dec 22 : Gautam Shrikant Basrur of Vile-Parle (East), Mumbai with Niyati Dhananjay Murdeshwar of Nashik at Mumbai.

Dec 27 : Aditi Ananda Nagarkatti with Prashant Shyam Upponi (of Talmakiwadi) at Bangalore.

Dec 27 : Dr. Raksha Deepak Sagar with Dr. Abhishek Vivek Nandavar at Bangalore.

Dec 28 : Aishwarya Gurudatt Shirali with Sanmesh Mahesh Kalyanpur (of Talmakiwadi) at Pune.

Dec 30 : Mrudula Gajanan Mankikar with Siddhanth Hemant Murdeshwar (of Solapur) at Pune.

Dec 30 : Jenie Hitesh Mehta with Omkar Rajendra Marballi (of Mumbai) at Surat.

Dec 30 : Madhura Nijanand Haldipur with Peterasp Farokh Mistry at Mumbai.

## OBITUARIES

*We convey our deepest sympathy to the relatives of the following:*

Oct 10 : Shailaja (Baby) Mangesh Gokarn (76) at Mulund (East) Mumbai.

Nov 17 : Kiran Dutt R. Udyavar at Mangalore.

Nov 26 : Sumitra (Suniti) Sudhir Nadkarni (72) at Mulund (E), Mumbai.

Dec 3 : Vatsala Dhareshwar, (86) at Borivali, Mumbai.

Dec 13 : Meera Sadanand Murdeshwar (85) at Mumbai.

Dec 14 : Anjali (Baby) Ashok Nadkarni (78) at Mulund (East), Mumbai.

Dec 22 : Kishore D Kulkarni at Talmakiwadi, Mumbai.

Dec 23 : Prabhakar Dattatraya Hattangdi (67) of Borivali, at Mumbai.

Dec 24 : Meera Manohar Hattangadi (86) of Chennai at Bangalore.

Dec 24 : Vivek Narayan Koppikar (84) at Aundh, Pune.

Dec 25 : Umesh Bijur (88) at Chennai.

Dec 25 : Prema Kishore Kulkarni of Talmakiwadi at Mumbai.

Dec 25 : Gita (Vasanti) Pandurang Aldangady (of Borivali., Mumbai) (84) at Mathikere Bangalore.

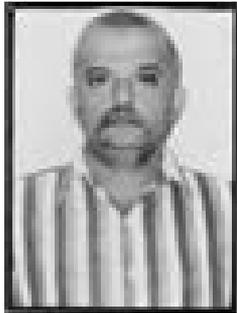
2019

Jan 1 : Shakuntala Raghuvir Kallianpur Bhat (90) at Goregaon West, Mumbai.

Jan 13 : Radha Mohan Vinekar (nee Kusum Sundar Katre) (76) at Koregaon Park, Pune.

Jan 14 : Gauri Dattatraya (Balmam) Kaikini (67) at Bandra, Mumbai.

### 15th Death Anniversary 6<sup>th</sup> February 2019



**Mr Nandan Soumitra Trasikar**  
(27<sup>th</sup> August 1951 to 6<sup>th</sup> February 2004)

Each day of the Fifteen years that have passed, has made us realize all the more that you are always with us to support and guide us throughout our life.

**Fondly remembered by**

Son: Nachiket

Daughter: Manasi, Son - in - law: Ajit

Grandson: Shaurya

### 1<sup>st</sup> Death Anniversary Remembrance



**Savita (Vijju) Arun Nadkarni**  
(29<sup>th</sup> September 1951 – 1<sup>st</sup> February 2018)

**Greatly missed and fondly remembered by -**

Prasad, Namita, Ameet, Aseema,

Shalaka, Advik & Aakriti

Nadkarnis, Savkurs, Kokradys, Balwallys

Relatives and Friends

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From*





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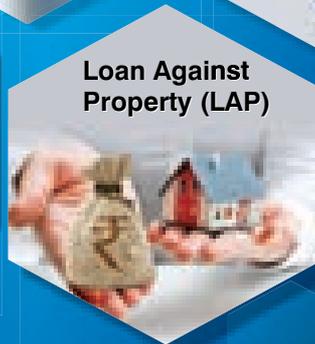
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