Vice President Kishore Masurkar honoring Chief Guest Dr. Urmila Thatte

Dr. Urmila Thatte addressing the audience

Soumya Koppikar giving a vote of thanks on behalf of all the students

Felicitating Dr. Suman Mundkur

Kishore Masurkar and Dr. Urmila Thatte with the successful students

We wish all our readers a very happy, healthy and prosperous New Year!
Report on Birth Centenary Celebrations of Shankar Rao Rakhe fondly called Bhai (page 25)

Photo Credits - Saraswat Club, Santacruz
KANARA SARASWAT ASSOCIATION (KSA) is in the process of revamping its website and making it more interactive. For this purpose, KSA is looking for freelance programmers in PHP & MySQL, to develop various modules for the website. Interested persons may email us at kanarasaraswatassociation@gmail.com to enable us contact you and discuss further in the matter.
Dear Friends,

At the outset, I take this opportunity to wish all of you a Happy and Prosperous New Year. I hope that the year 2019 brings great success to all of you in your endeavours.

25th December 2018 marked the day of the 150th birth anniversary of one of our Founders, Late Shri Rao Bahadur Talmaki. He was a great visionary and started premier institutions in banking and affordable housing through the Co-operative movement in India. Rao Bahadur Talmaki was in the true sense, the Father of the Co-operative movement in India. The Kanara Saraswat Association (KSA) along with all other major institutions which were founded by Shri Rao Bahadur Talmaki will celebrate the next 12 months with various programmes in his memory.

I just finished reading the autobiography of the famous tennis player Andre Agassi, ‘Open’. In this book, he has compared the game of tennis with life. He writes, “Tennis uses the language of life. Advantage, service, fault, break, love, etc. The basic elements of tennis are those of everyday existence, because every match is a life in miniature. Even the structure of tennis, the way pieces fit inside one another mimic the structure of our days. Points become games, become sets, become tournaments, and it’s all so tightly connected that any point can become the turning point. It reminds me of the way seconds become minutes, become hours, and any hour can be our finest or darkest.”

How true it is! Life is like a game.

Look at the game of cricket. Don’t you get ‘bowled over’ by someone’s simplicity or beauty? Don’t you ask someone not to make or raise some ‘silly point’? Or don’t you ask someone not to throw a ‘googly’ when you are suddenly taken by surprise? And don’t you tell someone that you were hit for a ‘six’ when you get thrown completely off-guard?

Life is not like a brief T-20 match nor a One-Day Game. Life is like a long Test Match. To succeed, you need patience, perseverance, strength of character and all other virtues that you would need in a long game to face upheavals as well as enjoy good times in life. Like in the game of cricket, to succeed in life, sometimes you need to get on your ‘back foot’ and sometimes, you need to play on the ‘forward’. When to go on ‘defence’ and when to ‘attack’ is the art of judgment that will pay you rich dividends in the game of cricket as well as in your life.

All of us must score our ‘Goals’ in life as we do in a game of hockey or football. We all hate to be losers. We all want to be winners in our lives. Therefore, as Andre Agassi says, like in every game, including in our lives, it is important as to how we play the right move at every second, every minute, every hour and finally every day. It is important to play the right move and live our life in the right manner to win this ‘Game of Life’.

As we enter this New Year of 2019, let us aim at playing the right move every second of our life to make this New Year a Great Year for all of us.

Wishing you once again all the best for 2019!

With regards,

Praveen P. Kadle

January 2019

KANARA SARASWAT
KANARA SARASWAT ASSOCIATION (KSA)

Refer Announcement in December 2018 issue of KANARA SARASWAT about our Facebook Page & YouTube Channel

Facebook authorities, for reasons not known, have disabled our facebook page created at that time (https://www.facebook.com/Kanara-Saraswat-Association-255488695128876). Please bear with us.

However, a fresh FACEBOOK PAGE has been created which can be accessed at https://www.facebook.com/kanarasaraswatassociation

It is our endeavour to be in touch with all members and our community across the globe not only through our magazine but also through the internet & social media network

FACEBOOK PAGE: https://www.facebook.com/kanarasaraswatassociation

OR

simply search for “KANARA SARASWAT ASSOCIATION” from your facebook account

ALL KSA ANNOUNCEMENTS WILL BE FOUND HERE. LOGIN AND KEEP YOURSELF UPDATED

&

YOUTUBE CHANNEL: https://www.youtube.com/channel/UCmYx7Yvsd0TwlpkWVEbSAQ

OR

simply search for “KANARA SARASWAT ASSOCIATION” on youtube.com

A FEW PAST PROGRAMS ARE ALREADY UP AND OTHERS WILL BE UPLOADED GRADUALLY. RECENTLY CONCLUDED PROGRAMS UPLOADED & FUTURE PROGRAMS WILL BE UPLOADED WITHIN THREE WEEKS OF THE PROGRAM

Rajan Kalyanpur
(Jt Hon Secretary for IT & Website)

Shivshankar Murdeshwar
(Hon Secretary)

Jairam Khambadkone
(Chairman)

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Our Cover

KSA’s Annual Convocation – ‘At Home’

The Annual Convocation programme called lovingly as ‘At Home’ was held in the Shrimad Anandashram Hall on Saturday 20th October 2018 at 5 p.m. Dr. Urmila Jamalabad-Thatte, renowned Pharmacologist was the Chief Guest. KSA’s Vice President Shri Kishore Masurkar was the host for the day.

Smt. Ashwini Prashant welcomed everybody and invited Shri Kishore Masurkar, Vice President KSA, Shri Shivshankar Murdeshwar, Secretary KSA, Dr. Urmila Thatte and Shri Jairam Khambadkone, Chairman KSA to take their seats on the dais.

Shri Kishore Masurkar welcomed Dr. Thatte, all the successful students and their parents and family members and other people gathered in the hall. He said “KSA has been congratulating successful students and rewarding them for over 90 years (First Convocation was held in 1924) now. So in our mind’s eye we can imagine our own grandparents and great grandparents gathered here on a similar occasion in the past! Many eminent personalities have come here in the past to congratulate and advise young students. H.H. Shrimad Anandashram Swamiji of hallowed memory had also presided over such a function in 1957!

I was wondering why this function is called ‘At Home’. And then I realised that this is a function to appreciate our own children in our own institution the KSA! आमो आमालय वेंद्रयांगलं कोतुक्कु आमालयांची परतं करतात| We, Chitrapur Sarawats, have always given a lot of emphasis to education. Even when we look for a marriage partner for our children the first question we ask is ‘कले लिखला नाही ते लिखला’ All the students here have achieved one part of success and that is academic success. But this will lead to other successes for you to lead a successful life.

Dr. Urmila Thatte is one of the foremost pharmacologists of our country, who has achieved excellence in her area of expertise. I am very happy that she could come here today to address us. Thank you”.

Smt. Ashwini Prashant then introduced Dr. Urmila Thatte.

Smt Thatte was born as Urmila Jamalabad to Shri Jamalabad Vasant Rao and Smt. Meera Jamalabad (nee Andar) who used to be a professor of Maths in Wilson College. She studied at St. Columba in Mumbai, then St Mary’s in Pune and finally Queen Mary’s School in Mumbai. Her college education was done in Ruia College. Later she studied Medicine in Seth GS Medical College and obtained MD in Pharmacology, PhD in Pharmacology and DNB in Clinical Pharmacology. She is also a Fellow of the National Medical Science Academy New Delhi.

- She is a Member of the Subject Expert Committee (Govt. of India) for review of new drug applications and the Expert Committee set up by the Ministry of Health and Family Welfare for deciding compensation for Research Related Injury. She also serves on Scientific Advisory committee as a Clinical Pharmacology expert of the ICMR. She is a Member Secretary, Forum for Ethical Review Committee in India (FERCI), Chair of the Signal Review Panel, Pharmaco vigilance Programme of India, member of the WHO Expert Advisory Panel on Drug Evaluation and Asia-Pacific Consortium, International Society of Pharmacoeconomics and Outcomes Research.
- She serves on the National Ethics Committee of NACO and chairs the Ethics Committee of the IIT-B. She also serves on the Institutional Ethics Committee of KEM Hospital as well as on the Independent Ethics Committee, Mumbai.
- Having won several prizes at the undergraduate level, her team’s research work has been recognised by the prizes they have won in scientific conferences. She has been awarded the prestigious Dr. KN Udupa Award for Excellence in research in Ayurveda by IASTAM. She was conferred the “Excellence in Drug Research Award” (Traditional Medicine) by the Central Drug Research Institute, the prestigious Dr. B.N. Ghosh Oration of the Indian Pharmacological Society on the topic “Herbal Drug Development – Opportunities and Challenges” and the Dr. Faroque Abdullah Oration of SMS Medical College, Jaipur on “Ethical Issues in Clinical Research”. She has over 200 Publications in National and International Journals including 8 books and 19 chapters in various books on clinical pharmacology to her credit. She was the Clinical Pharmacology Section Editor for Clinical Pharmacology for the API (Association of Physicians of India) Textbook of Medicine published in 2008. She is in the core team authoring the revision of the ICMR ethical guidelines for biomedical research.
- She likes to play the Sitar in her leisure time. She is married to Dr Mukund Thatte, Plastic Surgeon in Bombay Hospital since 36 years. She has two sons, both married. The elder son is a computer engineer with his own consultancy and lives in Goa. The younger son is a pediatrician and is now studying pediatric cardiology in Harvard.

Ashwini then invited Dr. Thatte to give away the merit prizes to the successful students.

After this was completed Dr. Thatte addressed the gathering – she said, “There’s just something magical about a graduation speech because you have a captive (possibly non-attentive) group of accomplished students who are about to embark on the next chapter of their lives! I want to start off by thanking the organisers for inviting me here today – it’s a homecoming of sorts for me you know! I feel really like I’m back in my parental fold! Feels great – thanks again.

I am at once taken back to the time when my younger son, Nikhil, had to give a speech in his school for standing first at the 10th std SSC exam in his school. He was also in what was called a merit list – I’m not sure such a list exists now – but to come to the point – I told him repeatedly I would like it if he wrote the speech in advance and rehearsed it with me and that I would help him write it! But no – he was now done with school and totally “old enough” to “manage”. And what he spoke that day touched a corner in my heart – and I’m going to start with that today. He said that everyone
needs some stress in life - this is called eustress to function optimally. This should not become too much - that it become distress at any time. Or become too little so that you are not motivated to give your best. He linked it to the sun and water. Like the plants need just the right amount of sun and water to grow well - they cannot grow if the sun or water is too little or they will burn away with too much sun or drown in too much water! Just like this you need the right amount of “stress” – that is called eustress. And I thought that was such a clever thing he said and so right - I am of course biologically biased about most things my boys say or do - but keeping that bias aside I feel that is one of the most important mantras for your life forward from now on. Eustress remember – never distress!

While preparing for this speech I thought back to my life and my stresses... How did I cope? I think the most important way I learnt to deal with what life threw at me was to put my best foot forward and do my best. Give my best whatever the outcome- some outcomes were good, we won, some were bad – we lost and some ok types. Whatever it was I just went along happily to the next googly that life threw at me.

It’s a tough life at times and one of the most important thing in this is your family. My family – my husband, mom in law, children and my own mom were the pillars on whom my career rests. Without their love and support none of it would be possible. And I can’t emphasise it less – when my son had chicken pox for example, my mom and mom in law were there to look after the cranky lad - as I had to go and be an examiner – there was no way I could get out of that one at a final exam it is impossible to find another examiner at such a late notice! Oh well the cranky boy was also kind enough to let me go to work that day!

Steve Jobs had said in his Stanford Commencement Address -he dropped out of college after 6 months and accidentally attended a calligraphy class which he said helped him to design the typography for the Mac which, he said, tongue in cheek, Windows copied. So according to him all PCs would not have had the lovely typography they have now if he had not dropped out of college and just casually dropped into the calligraphy class. But what’s important is what he said after that “You can’t connect the dots looking forward, you can only connect them looking backward”. You have to trust that the dots will connect sometime somewhere. This belief in the future is what took him forward to follow the path his heart dictated and look where it took him!

Another millennial who has changed the world Mark Zuckerberg – talked about “purpose” in his Harvard Commencement address last year. He said everyone should have some purpose and gave the example of the janitor who JFK met when he visited NASA – JFK asked the man what he was doing and the janitor said, “Mr. President, I am putting a man on the moon!” He had a purpose and even his cleaning up job contributed to that activity and he “owned” it. You all need to do that. I feel so often that that’s what missing in many children nowadays - a lack of belonging, a lack of purpose. There is nothing lowly in the janitor’s job. Everyone has to do all the jobs there are in the world and they all are important - maybe as important as Neil Armstrong’s was in walking on the moon - if the janitor had not kept the environment clean, how would the engineers have worked? Or the astronauts trained?

You need to own the project. I believe even when I was a lowly resident in my department I tried to “own” the project so much so that I lived it during the day when I was at work. I feel that ownership helped me to give my best and achieve whatever I have achieved. One last thing I would like to share before I end. In my field, pharmacology, we do research – it is our research that helps make medicines - safe and effective and available for use by you all – but the sense of gratification is slow to come by. Unlike when a clinician will treat a patient and gets an immediate sense of gratification or when a programmer writes code and the computer does his bidding – we need time and can feel good only after years of hard work! This has taught me patience and there are many many failures along the way. Alexander Fleming discovered penicillin in the most serendipitous way possible. It makes a romantic story. But today drug development is a slow process and needs patience. And that is another quality you should aim at.

Well – I think I will end with the words of Senator Elizabeth Warren , ‘Knowing who you are will help you when it’s time to fight. Fight for the job you want, fight for the people who mean the most to you and fight for the kind of world you want to live in. It will help when people say that’s impossible or you can’t do that. Look, if you take the unexpected opportunities when they come up, if you know yourself, and if you fight for what you believe in, I can promise that you will live a life that is rich with meaning.’

Congratulations to all of you students who have done so well in your examinations. But remember that for most of you this is the first step. Continue to do your best and do not get disheartened if at any time things don’t work out the way you wish them to. Success will come in the long run because you are you and you have the capapcity. All my very best wishes to all of you.

Thank you.”

Ashwini then invited Soumya Koppikar to propose the vote of thanks on behalf of the students. Soumya expressed her happiness that an erudite person like Dr. Urmila Thatte had addressed them and given valuable messages. She also appreciated senior people like Dr. Suman Mundkur and Shri Vinay Yadery who were among the students and who had shown that age was no barrier to learning. She thanked Shri Masurkar and KSA for inviting the students and organizing this programme.

Dr. Prakash Mavinkurve congratulated the KSA for holding the convocation unfailingly for the past so many years. He invited the parents and the students to come next year too to encourage the students.

Shri Jairam Khambadkone, Chairman KSA, then proposed the vote of thanks on behalf of the KSA. He said that he would like to call his vote of thanks as ‘an expression of gratitude’. He congratulated the students and said that their success is phenomenal as some of them have even scored 100%! But
he said that the parents are also to be congratulated equally as they go through much more stress than the children. He thanked Shri Masurkar for sparing his valuable time to come and be here with the students and parents. He thanked Dr. Urmila Thatte and her family members for coming and gracing the occasion.
The programme concluded with refreshments being served to everyone.

Letters to the Editor

Dear Editor, We three sisters and our families would like to thank everyone on the KSA Committee for your heartfelt gesture of dedicating the Dec. 2018 issue to our mother Prof. Sadhana Kamat. We are also grateful to you and to the Saraswat Mahila Samaj for the Condolence Meet organised in her honour on 30th Sept. 2018. We are truly comforted and touched by all that our relatives and friends had to say about Amma.

Shubha, Vibha, Anuja

Dear Editor, Thanks a lot for publishing so elaborately on Sadhana pacchi who I’ve barely known for 2-3 years. I failed to attend her Prayer Meet as I was out of town. Members of the community, her close associates, friends and family have spoken so fondly about her, I wish I’d known her at least half of what the others did. I feel honored to have met her and worked with her.

She had organised a Theatre Workshop with Choiti Ghosh in March 2016. After which she lovingly made us yuvatis a legitimate part of the Mahila Samaj. She also asked few of us to put together a Ghoomar dance performance at the closing of Saraswat Mahila Samaj’s 100th year. And last but certainly not the least, she encouraged a few of us to stage a play on Women Empowerment in March 2017.

I will always be indebted to her for involving people like me and many others who have a keen interest in Performing Arts. After all, what else does an artist need? Thank you, Sadhana pacchi. You will always be in my prayers.

Divya Vinekar, Matunga (W)

Dear Editor, When you mentioned that late Dr. Venkat Manjunath Kaikini was a gynecologist, it was not incorrect. He was a gynec-surgeon - a super-specialty in those days. I know this because he was very closely related to me - my Aai’s elder sisters’ husband. He had a maternity hospital at Charni Road. Both I and my sister were born in his hospital under his care.

Vivek Hattangadi, Ahmedabad

Errata : The resolution for appointing the Statutory Auditors was seconded by Mahesh Kalawar. We had printed the name of Mahesh Kalyanpur by mistake. We regret the error.

On page 28 in the Minutes we had mentioned “One member suggested that specialists in different area such as Orthopedics etc. should be asked to attend the Health Centre”. It was Shri Vinayak M. Yadery who had made this suggestion. The Minutes stand corrected to this effect.
Late Smt Aruna Rao (Kundaje) - A Tribute

UDAY MANKIKAR

January 2019

Smt Aruna Rao (Kundaje) nee Chandragiri, a veteran writer is no more. She left for her heavenly abode on 22nd October 2018, at the age of 94.

I came in contact with Arunpachhi in the year 1986, during Konkani Sahitya Samiti's 25th Konkani Drama Festival held at Karnataka Sangh Auditorium at Matunga, Mumbai. Her well known 3-Act musical play "Akash Mantav", produced by late Shri Murlidhar Hattangady, directed by Smt Radhika Trasi and set to music by Pandit Durgesh Chandavarkar was staged during this festival. It was a superb play in all respects. Shri Sylvester Lobo, a drama critic appreciated the play through "Evening News of India" - a well known newspaper as follows:

"A little foresight and vision can work wonders and children can easily steal the limelight, which they did at the 25th Konkani Drama Festival held at Karnataka Sangh, Matunga. The people made known the efforts of a poet who otherwise would have remained in limbo. The children also got an opportunity to give expression to their talent and abilities. If cultural values are to be cherished and preserved, children's participation in cultural events and cultivating these values in them is of utmost importance."

Prof. Sadhana Kamat, who reviewed the book has said, "Aruna's wealth of Konkani vocabulary shows her mastery over her mother tongue. The lines have a lilting rhythm, inviting musical notes. The book is a must for the Konkani lovers – young and old". I would like to reproduce below, her one poem, to supplement Sadhanapachhi's appreciation –

आकाश मान्तव मुखाक
झाड मार उखाक
पाबेळ गण पान्ताक पान
मान पाबेळ उखाक
आकाश मान्तव मुखाक
रंगचि रंग फूलाक
गुलाब तवेळ कलेम नीठें
पगमध पालेम भाववाक
आकाश मान्तव मुखाक
धार मो धो पाबेळा
तवे मंदी भरली बोवि
गुपेळक एक औट विववाक
आकाश मान्तव मुखाक
मोराल माराल नाटक
उखाक पाबेळ जांजी वाकक
धाकक केळे माराल
आकाश मान्तव मुखाक

I was so impressed with Arunapachhi's command on the Konkani language that I met her after the drama and touched her feet.

I was in regular touch with Arunapachhi thereafter, and could read her dramas/ poems / articles, both in Konkani and Marathi. She was a prolific writer, who encouraged and motivated me to write in Konkani.

In the early years of her career as an author, she wrote plays, essays, several articles, short stories in Marathi. The plays were staged and the literature got published in various well known Marathi newspapers and magazines. Her short story "Kichak" has appeared in the documented book "The Best Short Stories in Marathi" as "Sarvotkrushta Marathi Katha". Thereafter, she concentrated on Konkani literature.

Arunapachhi started writing in Konkani with the earnest desire to popularize and propagate the mother tongue of the Saraswats, and wrote numerous delightful poems for children as well as thought provoking ones for adults. Some of them she recited during the World Konkani Convention at Mangalore. Her highly acclaimed plays "Akash Mantav" for children and "Ammi Amchigalyo" for ladies were staged during the Silver Jubilee and Platinum Jubilee years of the Konkani Sahitya Samiti and Saraswat Mahila Samaj, Gamdevi, respectively. She used to regularly present her poems on Raga-based talks in Konkani programmes on All India Radio (AIR), for several years.

Arunapachhi took ideas from nature, pure science, sports, social sciences and every other aspect of human endeavour to enrich her poems. She also specially created folk literature in Konkani, deriving inspiration from Powada, Bharud, Gondhal, Garba, Mangalagour, Lagna geet, Ovi, Balgeet, and many others. She also created various genres in Konkani literature, deriving inspiration, from English poetry metres, Irish limericks, Japanese Haiku and so on. Bhanap ladies groups from various Bhanap colonies in Mumbai presented her Konkani folk songs on Lord Krishna's theme "Gaulanya" during the year 1996.

She was the recipient of several prestigious awards for her Marathi and Konkani literature. A few of them are listed here -

1) Saraswat Mahila Samaj, Gamdevi's Umabai Arur Lekhan Puraskar in March 2000
2) Kanara Saraswat Association's Ganga M Nadkarni Smriti Konkani Lekhan Puraskar, on 26th November 2004
3) Kanara Saraswat Association felicitated her again in 2004 itself for her valuable contribution to Konkani language.
4) "Sahitya Akademi Award" from the Government of India, the highest honour in the field of literature.
5) महावस कुटूम कविता पुरस्कार (कविता रंग २००४)
6) कन्नड़ नामिक अकादेमी पुरस्कार – २०१३ (“नामिक आनंद” कविता पुरस्कार)

I had the good fortune of introducing Arunapachhi on a couple of occasions – when she was honoured by KSA in 2004 for her contribution to Konkani literature and when her 75th birthday was celebrated by Saraswat Mahila Samaj, Gamdevi, and she was honoured by Veteran Rangkarmi Late Jaidev Hattangadi.

I also got the opportunity to write about her award winning book “सावधानकर” (a collection of thought provoking Konkani poems) in our KS magazine.

I would be failing in my duty, if, I do not share with you her poem “कोंकणी भाष आमूलली” from her book “सावधानकर”, which shows her love and respect for our mother tongue Konkani and also the richness of the language.

Arunapachhi’s contribution to Hindustani classical music, she initiated and guided her daughter, Vrinda Mundkur in classical music and composed several bandishes for Vrinda to present them on stage. She has composed “Devi Stuti” bandishes on nine different Devis in nine ragas, the theme which has been conceptualized and recorded commercially and released as an album by SVC Bank Ltd in the year 2006. She also initiated the concept of thematic presentation of ragas and composed various bandishes to suit these presentations, "Stree Shakti", "Krishna", "Saas Nanand Mori", "Pratiksha" etc. "Anthem" for our Shri Chitrapur Math’s Tercentenary and Kanara Saraswat’s Centenary celebrations are also written by her. Arunapachhi was on the panel of judges of the music organization “Sur Singhar Samsad”, Mumbai. Her training in painting under the celebrated painter M. R. Achrekar as well as her own keen interest and study of other forms of art such as classical dance and drama had given her an acute insight into the beauties of all these performing arts which she successfully incorporated into her very own creations of poetry and dramas.

This multifaceted personality has left the world leaving behind her son, daughter, daughter-in-law, grand-daughters and a large number of her admirers and friends. It is a great loss not only to the family, but also for the literary world. In her death we have lost a great Konkani language lover, writer, musician, dramatist, painter and above all a nice, polite, humble and down to earth human being!

ERRATA : On page 35 of KS Nov 2018 issue in the Examination Results the name Namrata Taggarse appeared by mistake. Please read it as Shephali Taggarse PUC- II (XII) Commerce 96.67%

On page 22 of our Dec 2018 issue in the Tribute to Sadhana Kamat by Prof. Kalindi Muzumdar the 1st line of the 2nd para should read as ‘जो आवश्यक गर्वना तोणी आविर्भाव देखाणाचा’

We regret the errors ……. Editorial Committee
Late Suresh Rao (Andar) - A Tribute

UDAY MANKIKAR

Shri Suresh Rao (Andar), a dedicated, talented, veteran amateur theatre personality exited from this world on 12th October 2018, at the age of 83.

Sureshmam (as we used to call him) was born on 23rd October 1935 in Mumbai, did his schooling from Robert Money High School, B.Sc. from Wilson College, L.T.C from V J T I and initially joined Modern Mills. Subsequently, he joined Jupiter Mills and after completing 35 years of service he retired from there as Dyeing Finishing Master, at the age of 60. He had also completed Civil Defence Course in the year 1973, John Ambulance Course in 1960 and International Correspondence Course from London. Sureshmam was an excellent Table-Tennis player. He represented Wilson College in Table-Tennis Tournaments. He was also the Hon. Secretary of The Kanara Saraswat Association's Students' Committee in the year 1957, and had won several prizes in various sports and cultural activities of KSA.

Sureshmam married Shyamalpachhi (nee Tarebagil) in the year 1959. Coincidentally, he started representing his Modern Mill in Inter Mills Drama Competition from the same year and won many prestigious awards. Sureshmam continued his passion till 1998.

I came in contact with Sureshmam in the year 1969 when we acted together for the first time in the play titled "पंचा तुझा रंग क्रण" staged during KSA's Annual Diwali programmes and subsequently acted together in many plays viz. “मेजर चंद्रकांत” "बलिदान " "सल्यानी " "अंडर मेंडेलस" "भाग्य कुरा माणू मी" "फिंगर पाक" "हटक वकर ना”. I learnt a lot from him during performing in these plays. He had many good qualities such as punctuality, sincerity, dedication and non-interference in others’ domain to name a few. He used to listen to the drama plot first, then understand his role in the drama, have discussions with the director and then perform. He always used to take the co-artistes along with him. I would like to share my experience here- In the year 1969, I was acting with the seniors for the first time in "पंचा तुझा रंग क्रण" and I used to become very tense in a serious scene. Sureshmam encouraged me, motivated me and guided me too for that scene, almost in every rehearsal to remove my tension.

Another quality of his was to get into the role. In the drama "Major Chandrakant" he was playing the blind Major and I was playing his orderly’s role. In one of the scenes he punishes me by beating me on my back with a stick. He as usual got so much involved in the role that I was really beaten on my back. As a result in subsequent shows I wore a padded bandi (jacket)! Major Chandrakant was one of his most memorable roles, so much so, that people started calling him “Major”.

Sureshmam was a versatile actor. He played almost all types of roles with equal ease. His pleasing personality was an added advantage for him. He was honoured by Talmakiwadi Cooperative Housing Society during its Diamond Jubilee Year in 2000 for his contribution in dramatics.

When His Holiness Parijnanashram Swamiji revived the "Rathotsava", the very first year Mumbai group performed two dramas during Rathotsav at Shirali- "विष्णुर मेंव" and "आलवतन " and Sureshmam had the good fortune to act in both these dramas and receive blessings from Swamiji.

In Sureshmam’s death, we not only lost a good versatile actor but a humble person too.

The Kanara Saraswat Editorial Committee had organised an Essay Competition and invited essays from readers on the topic “My Dream of a New India”. The age groups were 18 to 25, 25 to 40 and 40 and above. We received one essay in the 1st group, 5 in the second and 11 in the third. The winners of these prizes are

**Group 1**
- 1st - Neeraja Narayan Rao, Mumbai - was awarded a participation prize, being the only participant in this group.

**Group 2**
- 1st - Yashodhara Sirur, Mumbai
- 2nd - Rupak Hattikudur, Mumbai
- 3rd - Siddharth Tallur, Mumbai

**Group 3**
- 1st - Sushma Philar, Bangalore
- 2nd - Sandeep Balwalli, Mumbai
- 3rd - Ravindra Tonse - Dharwar

We propose to print the prize winning essays in our forthcoming issues.
It was a dark day on 24th November 2018 when early morning we heard the shocking news of the sudden and tragic death of our beloved Nirmala Chikramane in a car accident near Bangalore. She was travelling from Mangalore to Bangalore with 3 of her relatives. She succumbed to her injuries in a few hours. And as I brood in grief, I reminisce my long close association with her of almost 15 years in Managing Committee of the Balak Vrinda Education Society.

An epitome of grace, gentleness, compassion and kindness to one and all. she was a very versatile person, hard working, knowledgeable and a wizard with figures. After retiring from MSEB (Mumbai), as Jt. Secretary she plunged into social work. She held the prestigious portfolio of Hon. Treasurer in the BVES School for the last many years – nearly 25 years and handled very efficiently all the Accounts of the English and Marathi Schools. This was no mean task as the school has about 1500 students, 80 teachers, staff and substaff. She guided the clerical staff in the preparation of the intricate wage / salary bill for staff as per Pay Commission Notification and Agreements. She also prepared salary scales, etc for the English School as the English section is a not aided by the govt. and handled other financial matters as well.

What was remarkable about her was in spite of her age (she was nearing 79), she had the rules & regulations of the School and its Bye Laws at the tip of her fingers. Her timely judgement has helped the school on many occasions. She was like an encyclopedia, yet unassuming, publicity shy, soft spoken and simple. She would rather be in the audience than on the stage.

Her achievements to name a few -
* She had a lion’s share in starting the Junior College of Commerce in B.V.E.S., a giant leap indeed for the school, which has benefitted the students greatly.
* She was instrumental along with some others in the Managing Committee in getting Minority Status (Konkani) for the school which gave the school certain privileges.
* She has solved many difficult issues viz., when BMC imposed exorbitant property tax on the School Hall as it was rented out for weddings etc. It was with her initiative that she could convince the BMC Authorities the genuineness of the case that the hall was being used as a Pre-Primary School and only on Sunday / Public Holiday was given to donors to earn revenue which could be utilized for the development of our school and students many of whom hail from economically challenged background. The amount stood slashed from Rs 80 lakhs to Re 1 lakh. What an achievement ! Kudos to you Nirmala!

* It was with her efforts that BVES got the permission for receiving donations from abroad. With her convincing power and deliberations with authorities in New Delhi she managed to get these released so that we could then utilize these for the development of our School and students as desired by Donor.

On the personal side she had such a caring nature that she went out of her way to help teachers, staff and students in need. On the day of the Condolence Meeting in the school the staff were all heartbroken and some expressed their feeling emotionally referring to her as “Mai – Tai – Aai” etc.

One of the staff also expressed with gratitude how Nirmala had offered monetary help in a big way when her little daughter was to be operated for bone marrow transplant and also helped and guided her in obtaining grants from different charitable institutions.

She was “Sthitapradnya” and a real Karmayogi.

In addition to her numerous responsibilities in the school, she was also the Chairperson of the Talmakiwadi CHS Ltd. A number of persons paid glowing tributes to her at the condolence meeting held by the Talmakiwadi Society. Member after member spoke of her qualities – motherly- as the Managing committee members described her, in addition to the qualities described above. She was one of the longest working Members on their Committee and was a pillar of strength, handling vexing issues, dealing with the Municipal Corporation, Registrar of Coop Societies with confidence and firmness. She never ever lost her temper and settled all disputes to the satisfaction of both sides. This was no easy task but she handled all issues with a smile. As one of the Managing Committee member said, the void she left will never be filled.

She was in the forefront along with our beloved (late) Meerapachhi Mavinkurve in organizing religious parayan of Shri Chitrapur Guru Parampara Charitra, Das Bodh and Shri Siddharudh Charitra.

She was a great homemaker and an excellent cook and affectionate to all her family members. She was the central
figure around whom the family gathered for any occasions. She would invite lady teachers to stay overnight at her place during heavy rains or disruption of trains. I, too, have experienced her hospitality when after late Diwali programmes or Datta Jayanti Puja she would coax me to stay overnight at her place. It was her genuine concern for us.

Nirmala had also initiated the purchase and development of barren land at Dahivali - Karla very close to our Math. Earlier an agricultural piece of land it was with her effort and hard work that it was granted permission for residential purpose, now there stand rows of lovely bungalows occupied by many bhanap families in the -Guru Shakti Society"- only because of her vision. - Well done Nirmala!

Probably God felt the need to have such an exceptionally accomplished and affectionate person in his kingdom now to help some others.

Nirmala - I am sure he will tend to your with loving care as you have done to others and give you a long deserved rest, sadgati, eternal peace. You will always be like a "Dhruv Tara" watching over us – BVES, TCHS and your loved ones to guide us.

I conclude with tears in as I remember the Marathi bhaktigeet

"Jaao AavaDtao savaa-Mnaa taocaI AavaDo dovalaa".  

"DISHA" An Indian Classical Music Charity Event for Cancer Patients on 19.01.2019 6.30 PM to 10.00 PM.

Entry Time 6.15 PM

at Bharatiya Vidya Bhavan Auditorium Chowpatty

to be performed by Shri Amaan Ali Bangash on Sarod, Shri Rakesh Chaurasia on Flute and Shri. Aditya Kalyanpur on Tabla.


Please contact 9579589184
Happy Diamond (60th) Marriage Anniversary
Gurunath & Sukanya Kaikini (nee Sudha Kowshik)

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Suresh Rao
Vrinda Rao

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vrindarao16@gmail.com
Passed away peacefully at Shirali.
We pray for “Sadgati” of his departed soul.
Dearly missed and fondly remembered by loved ones.

Anila, Ananya, Atul Savur
Aarya, Tejal, Sushanth, Surekh, Dinesh Katre
Gauri, Anjali Burma
Geeta, Sudhir Savur and family
Deepali Savur
Anaya, Nehal, Amit, Ashok Savur
Aryan, Ashita, Rakesh Dabral
Aditya, Dianne, Amol, Alok, Asha Kunder
Abhimanyu, Kiran Bankar
Mane, Sundeep R
Supriya, Pradip Kudyadi
Rajani Vakhali
Relatives and Friends
100th Birth Anniversary

In Ever Loving Memory of

Dattatreya N. Nilawar
Birth Date: 21st January 1919

HAPPY 100th BIRTHDAY IN HEAVEN PAPUJI!

We miss and love you so much.

Fondest wishes from all of us.

Children:
Suresh & Nirmala Nilawar
Rita & Kishore Masurkar


Great-grandchildren: Gia, Veer, Aanya, Anaaya & Dylan.

Nilawars & Masurkars

You will forever be in our hearts dearest Papuji!
We pray to our Kuldevata and Revered Guruparampara to grant eternal bliss

Dr. Kodial Prakash Rao
(18th January 1946 – 14th December 2018)

(Trees give shade to others, themselves standing in the Sun and also give away their fruits to others. Similarly good people go through all hardships for the welfare of others.)

Deeply mourned by:
Dr.(Mrs) Chitra Prakash Rao
Vijeta & Pramath Kodial Rao

Supriya & Prashanth Kodial Rao
Vaania & Pranay Prachi & Baby

January 2019
As a conscientious mother of an eight-month old, I recently had an awakening! I realised that my generation is going to be extremely hard-pressed to provide a wholesome childhood to their offspring. It struck me that we are living in a world where our children will never know what it is to climb a tree, for the simple reason that there is no sprawling tree in our cemented housing society. They will never know what it is to wish upon a shooting star, or to be awed by a glorious rainbow, because the skies are too smog-choked to see these natural wonders. They will never know what it is to go 'fishing' in little streams of water because the only water-bodies still intact are too dirty to play in. We have sentenced our little ones to a world where the crow and the city pigeon will be the only birds they'll have seen; a world with very few flowers, no fireflies, and only the occasional bee and butterfly. This dreary world is not something I want for my child. With this realization, came a newfound zeal to bring about change.

This, then, is my dream for a new India – To transform our country into the magical land it once was – A land full of fields and forests of green, azure blue seas and majestic rivers bursting with rich marine life, colourful birds, healthy animals and a happy populace.

The biggest threat to my dream of a clean and green India is ignorance. Many of us are not aware of the harm we are causing the environment. With our myopic dreams and goals, we just do not see the far-reaching consequences of our innocuous day-to-day activities. From the cars we drive, to the chocolate we have for dessert, everything leaves an indelible carbon footprint. Do we know how harmful plastic is for the ecosystem? We routinely order takeaway in plastic containers. Our babies are clothed in disposable plastic diapers, which take five hundred-odd years to disintegrate. We use sanitary napkins, which are not just harmful to the environment but also harmful to our own health. We indiscriminately use fossil fuels and electricity. We use tons of plastic equipment – buckets, tiffin-boxes, cutlery, chairs, tables, and more, even when there are eco-friendly options available.

Our state government recently came up with a wonderful initiative to rid us of single-use plastics. How many of us whole-heartedly supported the plastic ban? Are we the ones who ask the vegetable-wala to slip us a plastic bag on the sly? Are we the ones who are too lazy to carry our own cloth bag? And why stop at that? Why don’t we reduce our use of packaging by carrying cloth bags/steel containers for all our needs? The government also should take a bigger leap and impose regulations on all packaged items – mineral water bottles, packets of chips, biscuits, snacks, shampoo bottles, beauty products and more. All non-biodegradable material should compulsorily be recycled, and the company responsible for manufacturing the product should be made accountable for the recycling. All the Parles, Nestles, Britannias and Unilevers of India must be taken to task! As consumers, we must refuse to buy products with plastic packaging. We must support local and small-scale sellers who sell fair-trade and clean products. The next time we get ourselves a cold coffee, we must refuse the straw. If served in a plastic glass, refuse and carry your own mug. Next, flex prints and hoardings must be banned. Flex prints are not biodegradable, and invariably end up being dumped or burnt releasing toxic fumes. The government has taken the first step, it is true, however, they must not stop at that.

The ubiquity of plastic is largely due to its convenience. Although the invention of plastic has come as a boon in areas like medicine, where disposable/single use equipment is required for reasons of hygiene, it is being misused in most other walks of life. The irony is that an entire industry is involved in mining for oil, refining it and turning the by-products into cheap plastic cutlery, just to cater to the laziness of a person who does not want to wash his/her own spoon. This disposable culture has to stop. Our indolence coupled with our apathy is costing the environment dearly.

The success of the plastic ban depends heavily on education and awareness. While some of us applauded the ban, the government also faced a major backlash from others. The idea is to educate the population so that they are aware of the environmental cost of their actions. These days a lot of movies and daily soaps are spreading the word. This is indeed commendable, but more must follow suit! The government should look at various mediums to spread the message. Schools and colleges must be targeted. The initiative taken by Bhutan is laudable in this respect. Schools in Bhutan emphasize on the importance of nature. Many schools...
have vegetable and flower gardens that the children tend themselves. Students are also required to clean their own classrooms using recycled brooms and sustainable cleaning equipment. The principles of environmental conservation are integrated in the school curriculum and are thus a part of the Bhutanese child’s psyche. And sometimes, children set an example for their parents to learn from too! This is a system India would do well to emulate.

The onus of educating the masses does not only lie with the government. We must do our part too. As educated citizens, we must lead by example. Beginning with our families and friends, we must try to show the world a better and cleaner way of living.

Ignorance often goes hand-in-hand with its more dangerous cousin – disbelief! Ignorance can be remedied by focussed education, but what do you do when the person is unwilling to learn! Today we hear our politicians making ridiculous fanciful statements that have nothing to do with science. A number of people including our country’s most illustrious politicians do not believe in climate change or global warming. Under the current government, India has seen some of the worst environmental policies in recent times. Environmental regulations are routinely flouted for the sake of development. Clearing of mangroves, wetlands and forestland has become rampant. The recent floods in Kerala have been a direct result of the government’s disregard towards the environment. Early in 2011, the Western Ghats Ecology Expert Panel, which consisted of a board of renowned ecology experts, had warned that the burgeoning development taking place in and around the Western ghats has rendered the area unstable. The committee had emphasized the need for conservation of the fragile ecosystem by limiting high-risk activities like quarrying, mining, and construction near the Western ghat belt. The warning was not heeded. The frequent flooding in Mumbai is also, in part, attributable to the reclamation of the seabed and wetlands. In spite of sound scientific evidence, and a series of eco-related disasters to spur them, one would think our politicians would learn to take science seriously.

At a local level, people are just as opposed to scientific facts. Thousands of Ganpati idols are immersed in the sea during the Ganpati festival. Most of these idols are made of non-biodegradable Plaster-of-Paris and are painted with toxic lead-based paints. Plaster-of-paris drastically reduces the amount of oxygen in the water and when coupled with toxic paints, the combination is deadly. A small percentage of devotees use eco-friendly clay-based idols, but even these come at a significant environmental cost. According to a study conducted by the Mumbai-based Maharashtra Nature Park Society, more than two lakh idols are immersed in various water bodies in Mumbai every year. At such a large scale, even clay idols cause substantial damage to the marine ecosystem by clouding the water and blocking sunlight. This year, thousands of fish and turtles washed ashore after the Ganpati Visarjan. And yet, people will continue to immerse their Ganpati idols in the sea, for the sake of devotion, tradition and culture. What use is this culture of ours if it is causing such wanton destruction?

Often, when these arguments are put forward to the public, they are not believed. People scoff at scientific facts and believe rather in religion and tradition. As Barack Obama, the ex-President of the USA puts it, “You have to believe in fact. Without facts, there’s no basis for cooperation. If I say this is a podium and you say this is an elephant, it’s going to be hard for us to cooperate.”

Belief in facts is a product of quality education. A scientific temper is what is lacking in India’s education system. Children must be encouraged to ask questions. Curiosity must be encouraged instead of being smothered. Children should be instructed to respect rules that have a clear rationalization associated with them. Mindless superstition should be discouraged, even if harmless. The scientific method of inquiry must be taught in schools and colleges. This will, in my humble opinion, give rise to a more open and accepting society where it will be easy to have conversations around conservation.

The recent rise in tourism has also become a major contributor towards pollution. It has become fashionable to travel. Also the increasing disposable income most people earn has brought an unprecedented interest in traveling. The state of Goa was once a clean haven. Today it is teeming with tourists with no love for nature. Leh-Ladakh rose to popularity after the movie ‘3 Idiots’ and is in a dire state today. Hotels and restaurants have mushroomed to cater to the tourist demand and the hill station is facing a major water scarcity problem. The number of hikers visiting the Himalayas has also increased and so has the amount of trash strewn across the mountain ranges. We need to support and promote eco-friendly tourism practices. The least we can do is carry our own water bottles, eat local food, travel local and try our best to assimilate into the local way of living. After all, that is what travelling is all about.

Lastly, as the country that gave the world the concept of Ahimsa, how about we implement its essence into our lives? Ahimsa, or non-violence should apply not just to our fellow human beings, but also to animals. Today, our forestlands are dwindling. Trees are being felled to make way for roads, industries, housing and even for use as timber. Animals and birds are left with increasingly small spaces to thrive in. A number of species are already extinct and so many more are being pushed over the brink. We are in the midst of the Anthropocene extinction caused mainly by human activity. The fact that we are the only species to have caused a mass extinction, should drive us to shame. In the last month, at the Gir Wildlife Sanctuary, close to twenty-five lions were found dead. The cause of their death is indeed a virus. However, wildlife experts have opined that there are other reasons as well. The number of lions in the Gir forest territory far exceeds the recommended number. There are too many lions in too small an area of the forest. In such conditions, the spread of an infectious disease is rapid. The lions’ ill-health is further exacerbated by constant territorial battles and lack of food.
The tigress Avni is another example of man’s inadequacies being foisted upon a dumb beast. The tigress is touted to be a man-eater. However all the killings have taken place in an area of the forest restricted to humans. Illegal encroachment and cattle-grazing activities are sending humans deeper into the forest. Is it any wonder then, that there has been an increase in tiger attacks? Is it the tiger’s fault for having attacked a human who very nearly wandered into her den?

We must understand that animals have an equal right to share space with us. Perhaps we cannot actively prevent deforestation or destruction of an animal’s natural habitat, but we can surely refrain from buying products that are responsible for the same. We can provide shelter to the stray animals we see around us. If every building adopted a stray cat or dog, so many homeless animals would get off the roads.

How many of us kill or drive away the lonely lizard from our houses? I am pretty sure we all do. In a small way, we disturb the micro-ecosystem of our house. Without the lizard to keep their population in check, other creepy crawlies multiply. We then get a bottle of insect repellent and put an end to the menace. The insects are dead, the lizard is gone and we now have a plethora of unwholesome chemicals lingering in the air we breathe. Nobody wins! Instead, don’t kill the lizard. Let’s live and let live. Let’s build our own houses, while making space for some of God’s less fortunate creatures.

As an old saying goes, “We do not inherit the earth from our ancestors; we borrow it from our children.” If so, as stewards of the earth, it is our job to conserve and protect the natural world and leave it in better shape. Let us be true stewards. We owe it to our children.

6th Death Anniversary
8th January 2019

Mrs. Eakta Nandan Trasikar
(13th January 1955 to 8th January 2013)

Each day of the five years that have passed, has made us realize all the more that you are always with us to support and guide us throughout our life.

We are missing you Mom

Fondly remembered by:
Son: Nachiket
Daughter: Manasi, Son-in-law: Ajit
Grandson: Shaurya

Pramila Kumtakar (nee Kaikini)
Wife of: Late Prabhakar M Kumtakar
Expired on: 26.11.2018 (At the age of 79 years)

Deeply Mourned by:
Harishankar - Shanti Kumtakar (Son & daughter-in-law)
Aarti - Gaurish Padukone (Daughter & Son-in-law)
Shweta - Gopalkrishna Hattiangadi (Daughter & Son-in-law)
Nivedita - Chinmay Nilekani (Grand daughter & Son-in-law)
Shrijan & Dakshata (grand son & grand daughter)
& Others

OBITUARY
Military Musings

Nishan - The Colours

MAJ GEN B N RAO, AVSM, VSM & BAR (RETD)

National Defence Academy (NDA), Khadakvasla, is located near Pune and is the primary training institute for a majority of the officers in the Indian Armed Forces. The primary aim of the NDA is to inculcate the correct value system in its alumni. To achieve this, the Armed Forces ensure that the very best instructors and most illustrious personnel are posted to the academy.

As an acknowledgement of the sterling service that the NDA has rendered to the nation, the academy has been conferred the Presidential Colours or as we in the military call it, the Nishan. The Nishan is a customized flag and is a symbol of valour and heroic deeds of the alumni. Like in all units of the military, it is a source of intense pride and inspiration for the unit. When the colours are trooped, i.e. when the Nishan is brought on the parade ground, it is conferred a National Salute and all those present in uniform salute the colours. If one is not in uniform, he/she is expected to stand.

One of the most important appointments in the Academy is that of the Chief Drill Instructor or Subedar Major, Drill. He is a person below officer rank but has full authority and responsibility for the discipline and drill of all the officer cadets of the academy.

Subedar Major Darbara Singh of the Sikh Regiment once occupied this appointment. The man was tall, with an erect military bearing and always perfectly turned out. He was a physically very impressive personality.

The high point of training in the academy is the end of term passing out parade. This is the time when spirits are high amongst the cadets and makes controlling these 1500 young men a tough task. Rehearsals commence about 15 days ahead of the actual day.

The cadets initially gather for the parade inside the Quarter Master Fort (QM Fort). On one particular day, the cadets gathered inside the QM Fort were in a garbulous mood, there was no stopping the noise or the general confusion. One after another various drill instructors tried to bring about silence and order but to no avail. The noise did not die down even when the colours were brought into the fort and this was a serious matter indeed. This insult to the Nishan did not go down well with SM Darbara Singh. With his measured steps, he approached the podium and got on to it and with a voice heavy with anger and gruff with emotion he asked the cadets to lend him their ears. A hush fell over the assembly.

He said “Cadets, I am 52 years old and have served in the Indian Army for 36 years. I have seen the 1962 operations, the 1965 and 1971 wars as a combatant. The Nishan that you have not acknowledged today stands for me and countless others who have taken up the profession of arms and given their youth and lives for the honour of being given an opportunity to salute the Nishan, as the symbol of supreme sacrifice made by our martyrs. I will tell you a story that might indicate to you the feelings that we soldiers have for the Nishan”

The SM drew a deep breath and continued in a sombre tone "in this very academy we have a "Hut of Remembrance" where the names of all former alumni who have fallen in action are inscribed on the walls. I have been in this academy for three years but been able to enter the hut only once. Because written on the wall is a name “Lt Palta of the 9th Battalion of the Sikh Regiment. During the 1962 China war, my “paltan” was posted in the Tawang Sector. I was deployed right on the border and my Section Commander was the same Lt Palta whose name is inscribed in the "Hut of Remembrance". On the night of 16th October 1962, the Chinese attacked our post and we were told to fight back to the last man and the last round. Lt Palta was personally leading the fight back. It was a harrowing time. We were out-numbered, out-gunned and desperately short of ammunition. Yet we soldiered on because Lt Palta did not know any other way.

Sometime during the night, Lt Palta was hit in the face by a mortar bomb. The explosion severed his head from his body and the lifeless body was thrown upon me. The enemy overran our post as soon as the officer was killed and I, 17 years old with 11 months of service fighting a bloody skirmish with the enemy and out of ammunition was lying under the body of my dead Section Commander. The blood from Lt Palta’s body soaked my beard and chest and the enemy thinking that I was dead, did not even bother to take me as a POW. Through the night I lay there in the battered remains of our post, freezing in the Himalayan cold with all my comrades dead and the dead body of that heroic officer shielding me. It took me three days to wash off the blood from my face but in my mind, the blood of Lt Palta is still there, warm and caking slowly. I will carry this image to my funeral pyre".

The SM’s voice became gruffer with verbalised emotion, “when I entered the Hut for the first time, I saw Lt Palta’s name and picture on the wall, in an instant I was transported back in time to 1962, and again felt his cold stiff body on top of mine and his blood congealing on my face. Till date, I haven’t been able to enter the Hut again.

"Cadets, it’s for officers like these that the Academy has been given the Nishan. It has been won by the blood of ex-NDA officers and it stands for all that is good and pure in these ‘Kaliyugi’ times. I will not allow you to insult the Nishan and Lt Palta as long as I have breath.”

So saying, the SM stepped off the dais and strode out of the QM Fort. The fragile, pin-drop silence inside the fort was shattered only by the word of command ordering the commencement of the parade.

The Nishan is nothing but a flag for those who see it as such but for Subedar Major Darbara Singh of the 9th Battalion,
the Sikh Regiment of the Indian Army, and countless others
like him, it stood for Lt Palta, and a cold winter night when
a young Lieutenant died trying to lead his men into battle
and to supreme honour. It stood for a quintessential Indian
Army officer who even when dead continued to shield a
young frightened soldier who was out of ammunition and
out of his wits. A breed of officers who gave these grizzled
old men the self esteem and sense of izzat, of belonging to
a family, of mattering, of esprit-de-corps, and in the very
end, a way of life.

Kodagu and the Kodavas
SATYANARAYAN PANDIT, ANDHERI, MUMBAI

Coastal Karnataka represents the region where our
ancestors lived and some of us were born and brought up.
Our next door neighbour, the tiny Kodagu District (popularly
known as Coorg ) is well known for its courageous people,
internationally acclaimed
speciality coffee and lush green
landscape. The inhabitants of
Kodagu, known as Kodavas,
are highly admired warriors and
are extremely proud of their
heritage, culture and tradition.
Kodavas have carved a niche for
themselves in the National stream,
specifically in the Indian Armed
Forces. India is proud to have
two distinguished sons of Kodagu,
Field Marshal K.M.Cariappa and
Gen. K.S.Thimayyaa (seen in
the pic above) the helm of one of the largest Armies in the
World, the Indian Army. In addition, Kodaguhas also produced
many noted personalities in the field of sports, literature and
journalism.

The Land: Nestled in the majestic Western Ghats at
an altitude of more than 1000 m, Kodagu is blessed with
a salubrious weather. It offers a most
picturesque and panoramic view, with
its rugged hills, dense tropical forests,
lush coffee plantations, swaying rice
fields, meandering rivers and cascading
waterfalls. The river Cauvery, also known as "Dakshina Ganga",
originates at a high point called Talakaveri and is considered
highly sacred. Kodagu was
an independent state under the British
rule and this status continued even after
Independence. It was only in 1956, during
the States Reorganization, that Kodagu became a district and
merged with New Mysore State, which was subsequently
renamed Karnataka. Madikeri is the District Headquarters,
138 km away from the coastal city of Mangaluru and 265 km
from the State capital, Bengaluru.

Brief History: Kodagu was ruled by Haleri Rajas from
1600 to 1834, when the British took over. The Rajas were part
of the Ikkeri Nayaka lineage, belonged to Lingayat Sect and
spoke Kannada. The folklore goes that one of their princes
came down to Haleri near Madikeri, conquered Kodagu and
established his dynasty. The Raja's seat and Madikeri Fort
were established by the Haleri Kings.

The People: Kodavas are indigenous, land owning
community of hunters and warriors, with strong ties to the
land and well known for their martial tradition. As a distinct
ethnic group, they are handsome, well- built, industrious
and fearless. They are Hindus by faith, speak the 'Kodava'
language and maintain their marriage traditions, customs,
rituals and culture.

Kodava festivals: Kodavas are fun-loving people and are
fond of music and dance. They celebrate 3 major festivals-
Puttari ( also known as Huttari ), Kail Polud and Kaveri
Sankramana. Puttari is the harvest festival and observed
with all the mirth and joy and participation by the entire
Community. Puttari falls in the month of November/December.
One of the legends of our community, a celebrated poet
of Kannada folklore and poems for the children and a leading
literary luminary of his time, Shri Panje Mangesh Rao (1874-
1937), lived in Mangaluru but spent some years in Madikeri.
In one of his evergreen compositions, "Huttari Haadu", he
pays tribute to Kodagu and the Kodavas and vividly describes
Puttari celebrations. Those who have studied in Kannada
medium and are familiar with Mangeshmam's contribution to
Kannada literature, would fondly remember his pen- name
'Kavi Shishya'. Other major festivals - Kail Polud is observed in September and Kaveri Sankramana in October. The
latter festival is in celebration of the birth of River Cauvery - revered as Mother - whose waters nourish Kodagu and pars
of South India.

Weddings: Kodava weddings are
conducted by the elders of both the bride
and the bridegroom's families and not
by priests. The bridegroom is dressed in
ceremonial warrior outfit and the bride in
traditional saree, which they wear in a different style than
others in the region. The marriages are celebrated with great
joy, singing of folklore and dancing to the drumbeats, followed
by sumptuous feasts, which include Kodava non-vegetarian
dishes and liquor.

Economy: Kodagu's economy is based on agriculture
and plantation crops. Rice is the staple food of the region,
locally cultivated and meets the entire requirement. While
meat and poultry products are locally sourced, fish and other
marine items are obtained from Mangaluru. Agriculture and
plantation crops provide employment to a large section of
the population.
Coffee is the main plantation crop and Kodagu region is the largest producer of coffee in India in both the varieties - Arabica and Robusta. Indian coffee is unique and stands out as 'speciality coffee' in the Global market. Unlike other countries, Indian coffee is shade-grown and is much in demand internationally. Along with coffee, other plantation crops such as, oranges, cardamom, pepper, arecanut and bananas are also grown. This inter-planting has vastly improved the economic status of small and marginal planters. Kodagu oranges have a large market in South India.

**Culture:** Kodavas enjoy a distinct culture which is different from that of the neighbouring districts. Their dress, language, social structure, ancestral homes and religious practices are unique and set them apart. Their language - Kodava Thakk, is an independent Dravidian language but written in Kannada script. Kodavas practice Ancestral worship and Nature - the Sun, Fire and Water. Because of their martial traditions, Kodavas are classified as Kshatriyas.

**Brief sketches of the most admired Kodava Sons:**

**Field Marshal K.M. Cariappa (1899-1993):**
A soldier of exceptional leadership qualities, he saw action in Iraq, Syria and Iran in 1941-42 and then in Burma 1943-44, during World War II. He was the first Commander-in-Chief of the Indian Army during the Indo-Pak war of 1947. He was the recipient of many awards and accolades during his distinguished career. He retired from the Army in 1953 and was conferred the highest rank of Field Marshal in 1983.

**Gen. K.S. Thimayya (1906-1965):**
Yet another distinguished son of Kodagu, Gen. Thimayya served the Indian Army and the Nation for 35 years. In 1957, he became Chief of the Army Staff and retired in 1961. He was appointed Commander of the UN Peace Keeping Force in Cyprus in 1964 and died there in 1965, while on active duty.

**Tourism and Sight Seeing:** Generally known as Switzerland of India, tourism has tremendous potential in Kodagu. As a tourist destination, this beautiful land is gaining popularity. Although infrastructure in terms of budget hotel rooms, restaurants and transportation needs to be improved and augmented, a good number of resorts as well as comfortable ‘Home-stay’ facilities are available. While in Kodagu, a visit to a coffee estate is a ‘must’.

There are a number of sight-seeing spots in and around Madikeri. Raja’s seat and the surrounding beautiful garden, Raja’s tomb, Madikeri Fort, Abbey waterfalls and Omkareshwar Temple are in the close vicinity. Brahmagiri Hills, Bhagamandala and Talakaveri, Dubare Elephant Camp, Kaveri Nisargadhama and Namdroling Monastery Golden Temple (Tibetan Settlement) at Bylakuppe on the Mysuru Road, are worth visiting. The world famous Belur and Halebid Temples built by the Hoysala Dynasty can be easily reached from Madikeri—so also, Nagarahole and Bandipur Tiger Reserve and National Parks.

**P.S.:** In Aug. this year, part of Kodagu District, including Madikeri, was devastated by nature’s fury in the form of unprecedented rains and crippled by the ravaging floods and huge hill-slides. Many families were uprooted having lost their dwellings and have undergone immeasurable suffering. The region is limping back but will take a great deal of time to attain normalcy. The battered but brave Kodavas have faced this calamity with utmost restraint and fierce fortitude and are looking forward to sunshine days in the time to come.

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**An Instant Vacation**

Gurudutt Mundkur

If one can’t get away on a vacation, turn one’s home into an instant vacation place. I write from experience, as I am not as mobile as some twelve months earlier. [Now, now… please do not interpret that as I am immobile].

Throughout our lives, most of us are led to believe that relaxation is best pursued outside of the home. As a result, we spend months anticipating weeklong vacations, seldom fully appreciating the leisure time we are blessed with on a more regular basis. It is possible, however, to re-experience the same utterly relaxed state one slips into while on holiday within one’s home walls. The feelings of serenity one enjoys during a vacation are a product of one’s outlook rather than one’s locale. One gives oneself permission to enjoy oneself and unwind while on vacation. Granting oneself the same privilege while at home allows one to experience complete relaxation, even when surrounded by routine.

Our homes can be distracting places as most survival tasks are addressed there. Reviving the tranquility one felt on holiday is as easy as creating an atmosphere that helps one relax. First, one needs to divest oneself of the notion that messes must be cleaned up immediately and reaffirm that relaxation is as vital as physical nourishment. Then, set the mood. Music that reminds one of a beloved vacation destination can put one in a vacation mind-set. The exotic flavour of a tropical beverage or the spiciness a favourite ethnic dish can transport one to a more restful mental space. Finally, one puts aside one’s projects and commit oneself to doing only what one considers truly pleasurable. One’s responsibilities will wait as one puts up one’s feet and revels in peacefulness that comes from within.

If one finds it difficult to ignore the temptation to simply fall back into one’s usual schedule, one should consider that relaxation shall occupy a prominent place on one’s “to-do” list. One deserves to take “one’s time” and to care for oneself, even during life’s busy periods. While one may not always be able to get away from it all, one can still nurture oneself and get one’s peace of mind.
Late Shri Shankarrao Rakshe (1918-2000) was fondly called Bhai by the residents of Saraswat Colony, Santacruz. He used to reside in the Colony and teach the children and youth of the colony various arts of physical fitness like Lezim, Malkhamb, dumbbells, parallel bars and various forms of exercise/games in the vyayamshala during major part of his lifetime. As a token of respect and gratitude to Bhai for his dedication and mastery on his subject and the love that he showered on his students and residents of the Saraswat Colony, the Saraswat Club celebrated his birth centenary with grand pomp and splendour on the Saraswat Colony Grounds on 17th November, 2018. A huge gathering of people from both the Saraswat Colony and outside attended this momentous occasion.

The program began with greetings by the host couple Atul and Dipti Sanadi and the lighting of the traditional lamp by the respected dignitaries of the function. Our Param Puja Sadyojat Shankarashram Swamiji has always witnessed the lezim done by the Saraswat Colony children during His various camps in the Colony and has always encouraged their talent. On this auspicious day, Swamiji sent an apt message, which was read out at the start of the program. Prayers and the vyayamshala Aarti were recited out loud by Shri Vasant Batrabet, Shri Gurudas Gulvady & Shri Anand Nayampalli, three of the early students of Bhai. These were the same prayers, which used to be recited at the Vyayamshala each day over the years. The Chief Guest of the function - Shri Madhukar Talwalkar (Director – Talwalkar Better Value Fitness Ltd) was honoured with flowers, shawl and shreephal by Dr. Narendra Hattikudur – President of The Saraswat Club.

The Guest of Honour, Shri Uday Deshpande (Head of Shree Samarth Vyayam Mandir, Shivaji Park, Mumbai) was felicitated by Shri Talwalkar. Dr Kishor Nayampalli – Convenor of the Bhai Centenary Committee spoke in detail about Bhai, his nature and his disciplined approach with which he touched the lives of all. Shri Madhukar Talwalkar and Shri Uday Deshpande also made inspiring speeches and paid their tributes to Bhai.

This was followed by a professional and artistic display of Malkhamb by students of Shree Samarth Vyayam Mandir. Some of the displays were truly outstanding and audience was amazed to see how the traditional art of Malkhamb was kept alive and flourishing by Shree SamarthVyayam Mandir ably led by Shri Uday Deshpande. Shri Deshpande provided an interesting running commentary during the performance explaining the nuances of the Sport. Energetic boys and girls kept the audience in awe with their performance.

The children of Sane Guruji Vyayam Mandir, Santacruz West then presented a wonderful performance of gymnastics and pyramids. This was followed by a demonstration on The Art of Self Defence – by Ms. Aarti Pawar and her team. These performances were followed by a detailed AV Presentation by Jairam Khambadhkone and Dr. Sharad Nayampalli, who were Bhai’s early students. Shri Khambadhkone took us through the AV with a straight-from-the-heart account of Bhai and the Vyayamshala, its evolution over the years and how it was an integral part of all young residents of the Colony during that era.

The highlight of the event was the Lezim demonstration by three generations of Bhai’s students of Swastik Samarth Vyayam Mandir (Saraswat Colony). First the seniors presented an admirable display of Lezim which was followed by a performance by the juniors. The most commendable point which merits mentioning is the proud fact that out of the 18 senior performers there were 3 performers above the age of 80!! The energy and the enthusiasm amongst the Lezim performers was a treat to watch during the show. The outstanding skill level of the Lezim performers was enjoyed by the entire audience so much that it culminated into a standing ovation for all the performers (young and old alike).

This was followed by a truly fantastic and majestic performance of Kalaripayattu (Kerala Art and dance form) by Shri Arprit Singh. This was a fire and lights traditional dance show accompanied by foot tapping Kerala music (playing in the background). Arprit’s performance resulted in a well-deserved standing ovation given by the audience.

Shri Ramesh Bijoor gave the Vote of Thanks to all involved for providing their support. Dr Kishor Nayampalli was given a standing ovation for conceptualising, planning and coordinating the entire program. Following the directions of Dr Nayampalli, events were organised with meticulous planning taking into account both the quality and timeliness. His energy and enthusiasm at his current age is truly commendable.

The entire program was designed under his leadership and assisted/actioned by Bhai Centenary Celebration Sub-committee members along with Committee members of the Saraswat Club. The contributions of Shri Ramesh Bijoor and Shri Deepak Hemmady – who put their heart and soul into the program and its success - need special mention here.

The audience as well as the dignitaries were given snack boxes which included Bhai’s favourite snack – Vada Pav and kaju khadi, a special sweet which Bhai was very fond of. The cherry on the cake was the “Soyi Prasad” (finely grated coconut mixed with sugar) which brought fond memories. Bhai used to distribute this very Prasad every Saturday to all the students of the Vyayamshala.

The prime sponsor of the function was Shri Kishore Saleatore (in memory of Shri Ramdas Kini). SVC Co-operative Bank Ltd, Shri Durgesh and Smt. Nandini Chandavarkar, Shri Mohan A Chandavarkar, Shri Kishore Masurkar, Smt. Geeta and Shri Jayant Gangolli (in memory of Shri Satish, Shri Nandakumar and Shri Sunil Kalle) were the co-sponsors of the event. The event was also financially supported by present and past residents of the Saraswat Colony as well as ex-students of Bhai’s Vyayamshala. The Saraswat Club would like to take this opportunity to thank all who participated in making the program a grand success.
The entire event was indeed a fitting tribute to our dear Bhai – who dedicated his life to physical fitness. Finally, it was a day to say ‘Namaste Bhai’ - a greeting to Bhai by one and all during his lifetime and an event to remember our beloved Bhai - to say - we love you and miss you.

POEM 4:
The Sparrow’s Wings in the Wind.

I) The Sparrow’s Wings sitting snugly –
In its nest upon the Tree;
From its nest upon the Tree-
The Sparrow’s Wings watch eagerly;
The branches swaying with the Wind –
The branches swaying merrily.

II) Flutter, flutter; flutter –
The Sparrow’s Wings now flutter;
And the Wind has lured –
The Sparrow’s Wings that flutter;
To leave its nest and soar!

III) The Sparrow’s Wings they know –
When they have to flutter;
The Sparrow’s Wings they know –
When they have to swerve;
Flying gaily the Sparrow’s Wings-
With some delightful verve!

IV) The Sparrow’s Wings fluttering -
Loop-the-loop they are flying;
Soar they can the Sparrow’s Wings-
And dive at will in the wavering Wind
So adept they are in the wavering Wind-
So adept they are these Sparrow’s Wings.

Veena Bantwal

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January 2019
Deep inside computers (continued)  
SANJAY GOKARN

Last month, we discussed some prerequisites for understanding the core of the computers. Despite my best efforts to simplify (especially the logic gates), some readers may have had difficulties appreciating that discussion. My apologies. I should also apologise to them in advance because the state of affairs may not be too different in this article. The flip side (from my viewpoint) is, those who appreciated that article will have no difficulty at all in reading this one.

We discussed some logic gates last month. All logic gates find manifestation in electronics and are easily available in the electronics market. Just to provide an example, a simple implementation of NOT Gate is shown in Fig.1. All of us have heard "transistor" at least in the context of the radios of the sixties. It represents the phrase "transfer of resistance (electric)". A simple circuit with this device is shown in Fig.1. Transistor has three pins; emitter (E), base(B) and collector(C). The electric resistance between pins C and E is controlled by voltage across B and E. If voltage(B,E) is zero, the resistance (C,E) is larger than resistance R (vide figure) and hence voltage (C,E) is 5V. However when voltage (B,E) is 5V, the resistance (C,E) is lower than R and the voltage is zero. This is exactly how a NOT gate acts (Fig.1. KS, Dec, 18; P48). Implementation of the other gates is out of scope of this article and hence we shall skip that part.

As mentioned last month, computers use the binary system of numbers. An example of adding in binary and decimal systems is shown in Fig.2. Both cases are similar, except that when the addition(1+1) is performed, the sum in binary is zero and a carry is generated, which can be added to the higher order digit to get the number '10', which is same as decimal '2' (vide the Fig.2, KS, Dec, 18; P48). Implementation of the other gates is out of scope of this article and hence we shall skip that part.

Now how do we use electronics for subtraction? Come to think of it, subtraction is simply addition of a negative number. Thus the problem reduces to just finding negative of the number to be subtracted. To do this we will go back to the days when we learnt something without realising its usefulness; complement of a number. We shall use the decimal system as we did in our schools and then go to binary. What is the 9's complement of a single digit number? The answer is 9 minus the digit. For example, 9’s complement of 2is 7 (i.e, 9-2.). Once you get the complement of the number, add 1 to get the 10’s complement; just increase the 9s complement by 1. Thus 10s complement of 1 is 1+1=9, 2 is 8 and so on. We shall now perform a simple one digit subtraction in two different ways below:

1. Conventional method: 5 - 3 = 2 right?
2. Second method: 5 - 3 = 5 + (10's complement of 3)
   = 5 + (1 + 9's complement of 3)
   = 5 + (1 + 9 - 3)
   = 5 + 7
   = 12 which is = 2 (if you ignore 1, the digit in the higher place)

Same as in case 1, somewhat confusing but if you just remember to ignore the left most one digit, you can subtract by adding. Before proceeding further, we shall perform this operation on a four digit number in decimal system.

2. Second method: 7358 -2579 = 7358 + (10's complement of 2579)
   = 7358 + (1 + 9's complement of 2579)
   = 7358 + (1 + 7420)
   = 14779 = 4779
   (ignore the preceding 1)

You will see that the addition of the 10’s complement is useful in subtracting one number from the other. The second method can be very easily implemented in electronic computing. Only change is that in binary system, the two's complement is used.

How to get 1's complement? Very easy. Change all the ones in the number to be subtracted to zero and all zeros to ones. How? Just send all digits through a set of NOT gates and you have it! As simple as that. Then if you add 1 to the resultant number, you get 2's complement. Now add this and ignore the leftmost bit to get the answer. We shall carry out the first example in binary system of numbers and see what we get.

2’s complement method:
5-3 (decimal) is  = 0101 - 0011 in binary system
   = 0101 + (2’s complement of 0011)
   = (0101 = (1 + 1’s complement of 0011)
   = (0101 + (1 + 1100)
\[(0101 + 1101)\]
\[(0101)\]

Ignore the leftmost 1 and we get 0010. If you refer to the table KS, Dec, 18, you will see that 0010 corresponds to decimal 2. That is the answer! The 2's complement method is used for subtraction, storing in the memory and all other activities related to negative numbers.

Multiplication is essentially, repeated addition thus \(2 \times 10 = 2 + 2 + \cdots \) ten times. Or \(7 \times 8\) is adding 7 to itself (8-1) times. Similarly division is reduced to repeated subtraction. (Psst. How does computer multiply 1.5 by 3.14159? Does it add 1.5, 3.14159 times?) The exact processes of multiplication and division are somewhat complex algorithms for a discussion here and hence skipped.

So far we discussed about the building up of the Arithmetic Logic unit (ALU), some times known as RALU, R corresponds to Register, the small but very fast memory units where the input and output values of the numbers are stored during the manipulation.

Another component of the computer is the control unit, which controls all the activities of the computer by channeling the flow of information under the control of a "microprogram", which is resident on the chip. This is controlled by the operating system (e.g., Windows) under the instructions of the users' programs. Depending upon the operation under consideration, the control unit opens and closes different gates. Thus for adding A and B, the registers containing these values are "gated" (connected) to the ADDER part of the ALU and the result is gated to a designated register. For subtracting \((A-B)\), first B is gated to the "Inverter" (NOT gate) and then (NOT) B is gated to the ADDER.

I realise that I have skipped off several interesting aspects. Hence I sign off reluctantly. Wishing you all Merry Xmas and a very Happy new year. Bye.
Atmabodh

The fourth instalment of the de-mystification of a compact and insightful spiritual text by our erudite contributor Dr. SUDHA TINAIKER

In verse 9, Âchârya Shankara explained that the one indivisible consciousness manifests itself in varied names and forms as the jagat; giving an example of one substance-gold manifesting itself in the form of various ornaments. Now the same is described taking the example of space. Space (âtmâ) though indivisible, appears as enclosed space when seen with reference to an enclosure. The space within a pot is called pot-space (râthâkârâ); and that within the four walls of a building is called the building-space (pratâkârâ). Once the pot, or the four walls cease to exist, the enclosed space also no longer exists as separate from the indivisible space in its entirety.

Similarly, one indivisible, whole âtmâ when available in the body-mind-sense complexes of various jîva-s is called the jîva, which is the body-mind-sense complex. Lord Krishna refers to this enclosed âtmâ as the lord of the body-mind-sense complex in Bhagavad Gîta (ch13 v 2). However, with the dissolution of the body-mind-sense complex, the âtmâ remains one indivisible consciousness, pristine in itself.

From now onwards, Âtmabodh talks about the reasons for the bondage that a jîva feels and the means of freedom from this bondage. From another angle can be seen the three bodies with their attributes as the three upâdhi-s, which three upâdhi-s cause bondage to the âtmâ. The gross body (prâna), five organs of perception (prakruti, the ‘beginningless’ seed of the Universe, original ignorance, of inexplicable nature, mâyâ etc.) is also known by different names such as prakruti, the ‘beginningless’ seed of the gross and subtle bodies, the cause of the entire manifest Universe, original ignorance, of inexplicable nature, mâyâ etc.

The above mentioned three bodies with their attributes are superimposed on the pure, clear âtmâ out of ignorance and the jîva goes through repeated birth and death cycles with all their binding experiences.

The same three bodies from another angle can be divided into five sheaths (kosa-s). The five sheaths of the jîva have also been explained in detail in Tattvabodh commentary.

Atmabodh calls this superimposition as bondage (upâdhi-s).

The gross body (prâna-s, five organs of perception) is a product of the ‘grossified’ five elements (kosa-s). It is born as a result of the accrued karma-phala-s of the individual jîva. It is the locus (antarâdhyam) of all types of experiences that a jîva goes through.

The subtle body (sûrya) is a composite of five physiological prâna-s, five organs of perception (prakruti), five organs of action (karma), and the mind and intellect (antarâdhyam). The subtle body is a product of five non-‘grossified’ elements. It is the instrument through which the jîva goes through all its experiences (antarâdhyam).

The causal body (agra-s) is known by different names such as prakruti, the ‘beginningless’ seed of the gross and subtle bodies, the cause of the entire manifest Universe, original ignorance, of inexplicable nature, mâyâ etc.
The transference of a quality of one thing on to another is called *adhyāsa* (अध्यास). Vedanta says that the superimposition (अवयव) of the *ātmaupādhi* on to the blemishless *ātmā* (“I”) is the real cause of all the bondage that every *jīva* goes through. The only way out of this bondage is through “*ātma-anātmaviveka*” (अत्म-अत्माविवेक) which is the subject matter of the next few verses.

(To be continued.....)

**'EYE CONTACT’- An Important Part Of Your Personality**

Mayur Kalbag

Many years ago I attended a seminar on “Developing Effective Communication Skills”. I clearly remember a specific presentation that was made by the corporate trainer on a specific sub-topic within the subject of Effective Communication Skills. The name of the sub-topic was “Eye Contact”. That day, as the trainer presented the sub-topic, I found it unusual and a bit disinteresting. However with the passage of time, I began to understand and fathom its role as a very interesting and useful tool for my overall personality development. Through this column I wish to share and also highlight the meaning and the positive relevance of “Eye Contact” in our life and especially in the way we can create a strong impact while interacting with people.

**The Job Interview and the role of Eye contact**

Abhinesh had applied for the position of a Supervisor in a large multi-national organization. He had passed the written test and the only formality to be completed was the “Personal Interview”. Abhinesh walked into the room and saw three people from the interview panel seated across the table. He was asked to sit on the chair and some coffee was ordered for him as well. The interview began with the most typical question asked by one of the interviewers, “So, Mr. Abhinesh, why don’t you tell us about yourself and also highlight the reasons for your desire to join our organization?” Abhinesh was well prepared to receive the questions and had even practiced answering them at home. Hence, upon hearing this specific question he was very excited to answer it. However as he began to speak, he was unable to look at the three interviewers’ faces and answer. Abhinesh kept looking at everything else in the room except the people who mattered the most during the interview. His reluctance to look directly towards the three interviewers was what led them to assume that he was unsure and diffident about his answers. There was no “Eye Contact”.

Hence, all through the interview, he seemed highly nervous and least interested to offer a confident eye contact to the three interviewers. It was only after the interview that one of them called Abhinesh back into the room. He asked, “What is your issue? We asked you some simple and straight questions about you and your previous experience and all the time, as you were answering those questions you never even once looked at us. Do you realize the negative impression that it has created?” Abhinesh did not know what to answer. He apologized to the person and left the room hurriedly. The next day he was surprised to receive a call from the same organization. The lady from the Human Resources department told him that the decision with regards to his interview was yet to be taken. However, she requested him to meet her at her office. Abhinesh was slightly depressed about not doing well in the interview; yet he reluctantly went to meet the lady. The meeting proved extremely positive for Abhinesh. The lady explained to him in great detail about how important eye contact is while speaking to one or many people. “Dear Abhinesh, the feedback that I received from the interviewers was that you are very intelligent, well qualified, experienced and perfectly fit for the job. However, they also said that you lacked self-confidence. They felt that you have a nervous and fearful attitude. “But how did they spot this attitude of mine?” Abhinesh asked. To this, the lady answered, “Well, the answer mainly lies in two words, ‘EYE CONTACT’. It seems you were extremely hesitant and reluctant to look directly at your interviewers. Eye contact is that part of your personality which helps you to communicate your knowledge as well as your experience in the most confident and convincing manner. On the contrary if you avoid direct eye contact with the people you are interacting with, their perception about you becomes completely opposite. You may have answered all the questions but because you were not looking at them, the feeling you created was that you were stressed and shy apart from being nervous and diffident.” “So are you saying that I have failed the interview?” Abhinesh asked her with a disappointed expression. “No, you have been given another chance. Two of the interviewers want to offer you another chance and that is because you deserve it. Tomorrow at noon you will have an interview where you will face the same interviewers and this time I am sure you will look at them and express your attitude of self confidence in the most effective manner. Never forget dear Abhinesh, your eyes can communicate a lot and sometimes even more than just the words.” Saying this she wished him the best and walked away for another meeting.

Abhinesh left the office. The lady had quite literally opened his ‘eyes’! The next day he walked into the room and looked directly at each of the interviewers as he shook their hands to greet them. From then on Abhinesh maintained eye contact while answering the battery of questions confidently. Eventually he won over the interviewers with his positive attitude and secured the job.

My main intent of writing this column on “eye contact” is to urge all of you to understand that just having a confident attitude is not enough. What is more important is the manner in which we communicate or show our confidence and it is here that “eye contact” plays a significant role. Whether it is an interview or an interaction with your senior management or while making a business or sales presentation, your eye contact towards your respective audience will always help you in projecting the ‘best attitude’ in you!
**Personalia**

**Shri Khambadkone Bhalchandra Rao** was awarded the Annual Award for Best Translation by the Konkani Bhasha Mandal at a glittering ceremony held in Goa on the 30th of September 2018. Shri Khambadkone Bhalchandra Rao translated stories of Leo Tolstoy to Konkani.

**Dipti Arur Khutwal**, daughter of Manjula (nee Nadkarni) and Mahesh Arur, wife of Uday D Khutwal has bagged the runner up prize for Maharashtra state in Empress Universe International Beauty Pageant 2018. The Grand Finale of this pageant was held in Goa on 9th Dec. The award was given by Actress and Former Miss India Mahima Chaudhry. There were 18000 contestants worldwide for city level out of which only 700 contestants were selected for state level. She won the state level too.

**Ramdas Nadkarni**  
(1926-2018)

Passed away peacefully in Mumbai on 12th December 2018. He was a noble and caring soul with lots of compassion and humbleness. He will be greatly missed and fondly remembered by family and friends.

January 2019  
KANARA SARASWAT
Kiddies’ Corner

Peacock dancing

Umika Prasad Hattangadi (6 years)

‘An Apple Tree’

Neeharika A. Baljekar (6 years)

Fantasy

Prateeksha Ullal (10 years)

Scenery

Ishaan Madaye (12 years)
Chitrapur Heritage Foundation
711 Daylily Court, Langhorne, Pennsylvania, USA
Connecting US Amchis to Chitrapur Math

Founded in 2005, Chitrapur Heritage Foundation (CHF) is a Section 501 (c)(3) not-for-profit charitable organization. The mission of CHF is to provide a vital link for Amchis in the US to stay actively connected with our Chitrapur Math and our Guruparampara. Currently, CHF Chapters are located in four main regions across the US. Over the past decade, Amchis in the US have supported students’ education, temple restoration & cladding, and promoted women’s empowerment in the villages of Chitrapur and Shirali.

The activities of CHF include:
• Facilitate the collection of annual “Vantiga” payment from every earning Saraswat in the US - “Vantiga” supports and maintains the upkeep of our spiritual centers in Bengaluru, Gokarn, Mallapur, Mangaluru, and Shirali;
• Promote cultural heritage by supporting temple restoration projects and maintenance of Chitrapur Museum archives;
• Support education of 100 students at the Srivali High School through the “Sponsor-A-Student” Scheme; and
• Preserve the rich cultural heritage of the Chitrapur Saraswat community in the US through Monthly Satsang and Prarthana Varga for children, and by celebrating festivals like Yugadi, Ram Navami, Gokulashtami, Ganesh Chaturthi, Navratri, Diwali.

Monthly Bhajan Satsang in Bay Area.
Bharat and Kalpana Kundaje coordinate and conduct monthly Bhajan Satsangh in the Bay Area. The Bhajan Satsanghs are rotated among a number of families each month. About 30 to 35 individuals attend each session and participate actively.

After pujan, aarti, and bhajans, the attendees partake prasad offered for naivedya.

Prarthana Varga in the Bay Area
After a brief hiatus, Prarthana Varga for children in the San Francisco Bay Area was re-launched in November 2018 by Kodikal Preetipacchi. In addition to participating in the regular Prarthana Varga curriculum, the children also celebrated PP Swamiji’s birthday. The monthly Prarthana Varga will be held at the Sanatana Dharma Kendra temple in San Jose.

For more information, please contact Arun Heble (arheble@yahoo.com) Tel: +1-215-666-3200 or Pramod Mavinkurve (pmkurve@gmail.com). Tel: 908-616-1497.
Knowledge is our Strength it Keeps Increasing Steadily By Sharing with Welding Industry

**ULTIMATE – 18M ET**

SEAF 5.5 AWS E 7018-G  
IS: 814-1991 EB 5629H3JX  
DIN EN499: E 425 B 42 II 5

An Outstanding electrode, approved by Indomag Steel Technology, for special application for steel plant. ULTIMATE-18MFT displays remarkable weld metal properties:  
Resistance to repeated thermal cycles.  
Resistance to ageing.  
CVN impact values upto 150 joules at minus 50°C.  
Used successfully for LD CONVERTER VESSELS.

**ULTIMATE – 18NC**

SEAF 5.1 AWS E 7018  
IS: 814-1991 EB 5426H3JX

FOR SOUR SERVICE

Meeting the test requirements of:  
NACE standard TM-0284 for HIC Test.  
Used successfully in welded fabrication out of HIC resistant steel plates.

**CRYOMATE – 3**

AWS A 5.11 ENiCrFe3  
DIN 1736 EL-NiCr15FeMn

Nickel base alloy electrode gives outstanding performance in welding Inconel-600, Nimonic 75, Monel 400. Has high degree of resistance to hot cracking. Service temperature range 900°C to -250°C

**CRYOMATE – 5**

AWS A 5.11 ENiCrMo3  
DIN 1736:ELNiCr20Mo9Nb

A basic coated non-synthetic electrode for welding of NiCrMo alloys and super austenitic stainless steels. Excellent electrode for 9% NiSteel (Q&T) for LNG services.

**SILVERSHINE – 4462**

AWS A 5.4 E 2209-16

Special electrode for welding "Duplex Stainless Steels" and "Duplex Steels to Mild Steel". Controlled Ferrite level with high resistance to pitting and stress corrosion. Also high yield strength of more than 500 N/MM²

**SILVERSHINE – ZFU(PH)**

AWS A 5.4 E 385-16  
DIN 8556 E 20.25.5L CuR26

Fully austenitic, extra low carbon, resistant to corrosion in sulphuric, phosphoric and several organic acids. Suitable for welding tanks and process vessels, cast pumps and valves, in fertilizers plant.

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January 2019  
KANARA SARASWAT
Our revered Guru-Parama Pujya Sadyojat Shankarashram Swamiji has been very keen that all members of the Chitrapur Saraswat samaj should learn to converse in Sanskrit. This detailed report by SUJATA HALDIPUR, on behalf of Girvanapratishtha - the Department of Sanskrit Studies, Shri Chitrapur Math, will tell you in how many ways the growing band of devoted teachers is trying to acquaint us with the incomparable sweetness and the innumerable gems in the vast treasury of our Devabhasha

The love for and erudition in the Devabhasha - Sanskrit is ingrained in our Chitrapur Saraswat samaj since centuries. Our Math’s prayers - Bhavani Shankar Suprabhatam, Shankar Narayan Geetam, Deepa Namaskar composed by our ancestors are a few examples which endorse this fact. A deep desire to share this treasure with all those who wish to be enthralled by it, has given birth to Girvanapratishtha a department of Sanskrit Studies founded by our Beloved Guru Parama Pujya Sadyojat Shankarashram Swamiji.

In the year 2001, as per Pujya Swamiji’s Adesh that people should learn and converse in Sanskrit (this was an unfulfilled wish of our Parama Guru- Pujya Parijnanashram Swamiji III), carefully compiled web lessons were uploaded on the internet. The lessons are very easy to follow and have an avid following both in India and abroad.

Around 2003, regular classes began. A proper syllabus was formulated. Girvanapratishtha has well-designed courses which gradually enable a student not only to decipher the meaning of the shloka-s, stotra-s recited by him/her, but also instill the confidence to converse in Sanskrit. The Sanskrit lessons have been divided into four courses. Till date, approximately 2,500 students have successfully completed the courses (Upasana, Aradhana, Sadhana and Dharana).

Girvanapratishtha is trying to promote Sanskrit - a holy Gurukarya- in the following manner. Here is a succinct summary of the variety of activities conducted over 2017 and 2018 to inspire love for this Divine language –

1. Regular classes are conducted in many places within India and abroad.
   - Mumbai - Dadar, Bandra, Khar, Vileparle, Andheri, Goregaon, Borivali, Mulund and Thane
   - Pune
   - Bengaluru - Shri Chitrapur Math at Malleswaram, Vijayanagar, Jayanagar, Indranagar and Whitefield.
   - Chennai
   - Shirali
   - Australia

   Examinations were held twice annually (June and November 2017 and 2018) for students who had completed the Aradhana/Sadhana/ Dharana courses.

2. Sambhashana Varga is going on regularly at Bengaluru, Shirali and Mumbai. Many people are taking keen interest and attending these classes.

   In Karla, Suman Nagarkatti pachi conducts sambhashana classes twice a week for Seva Saptaha volunteers.

   In Bengaluru, regular sambhashana classes for the laity are conducted every Thursday by Rashmi Chandragiri pachi. About 30 students attend the sambhashana class every week. At the end of each class a Ninaada session is conducted.

   Every Tuesday sambhashana classes are conducted by Sadhana Kaikini pachi at Jayanagar.

   Every Wednesday- Sunetra Nagarkatte pachi conducts sambhashana classes for her students at her residence at Vijayanagar. About 6 students attend this sambhashana varga. A Ninaada session is conducted by Sunetrapachi after the class.

   Snaatakottar Varga for post - Dharanastudents -(meaning, students who have completed Dharana but want to continue with Sanskrit sambhashana) - is conducted by Udaya Mavinkurve pachi. About 7-10 students attend the class every Thursday.

   In Pune- Vaishali Koppikar pachi and in Shirali- Aruna Bankeshwar pachi have been conducting sambhashana classes regularly.

3. Swadhyaya varga-s - In some sabha-s students are doing swadhyaya of shloka-s, stotra-s or any other material related to Vedanta. In Mumbai’s Grant Road sabha, Suneele Mavinkurve pachi conducted classes on the Bhagwad
Geeta and Tatwabodha. In the Andheri sahba, Sheetala Chandavarkar pachi conducted a swadhyaya class on Valmiki Ramayan.

Sangita Pawar pachi conducts swadhyaya classes in Karla every week.

4. Staravardhana - Stara vardhana classes for teachers are conducted on Wednesdays at Khar, Mumbai and in Bengaluru - twice a month on Fridays. On alternate Fridays, the teachers in Bengaluru share best teaching practices amongst themselves to discover different teaching methodologies for various topics.

5. Sambhashana shivirs were held in Bengaluru. Often, a shivir is conducted during Swamiji’s visit to a sahba.

6. So far, almost 60-65 teachers have taught in various Sanskrit classes. Many times, as the students complete the curriculum, they join the teachers’ group. Sometimes, Pujya Swamiji encourages the students to teach so that their own concepts become clear.

7. Girvanavaikhari - An online interactive class for students abroad (USA) has been started by Shilpa Mudur pachi with great success.

8. Sanskrit sessions comprising games, music and fun were conducted by Shilpa Mudur pachi during the Kara Seva shiviram, wherein there was enthusiastic participation by youths under the global umbrella called Yuvadhara!

9. During Chaturmas regular Sambhashana varga was conducted by the teachers who were present at the venue.

10. An audio recording of the Sanskrit book ‘Prerana’ in the voice of our beloved late Seetam Basrur pachi was uploaded on our website - as a befitting tribute to her seva. All this joyful learning and sharing is offered at the Lotus Feet of our Beloved Guru who is constantly encouraging us.
“Ramakya Konkani Gitaramyavan” – Sutradhar Sangita Karvaka

January 2019
KANARA SARASWAT 37
वृक्षवाड़ी आम्हां सोयरी...
रेखा राव

अलीकडे कुटुबली सन, उसने हे जात, धर्म, देश यापूर्वत मान्यताह राहिंदे नमुना जानकारी पाठवायर साजे के जातमा। याचे कारण तत्काल आणि वैज्ञानिक प्रभावी। शिक्षण, प्रसार यथाधिक, प्रमाण यामुळे माणसांनी वृत्ती आणि यद्यपि समदुर जारी आहे। आम्हाच्या गणतंत्रस्थळ, स्वाभाविकस्थळ तो जगाच्या पाठून कुठे हे जाणून वाचावा मुळे शक्ती। सार्वजनिक तेथे साहित्याचार्य तेपील सन, उसदस, स्वातंत्र्यदिन तो उसाचावणे साजे करतो। त्यामुळे दिवरांवी, नागाला, हे हे सर्वसंघ जागरणे करताना दिसत म्हणतात। त्यांमध्ये जागरण पर्ययक्रम दिन, महिला दिन, योग दिन, ज्ञेस नागरिक दिन, वेलेनदाईने हे साजे होताना दिसताता। अलीकडे मातृत्व व निन्दिनसह धातूत साजे होताना दिसताता।

यांदोऱा निदिन आमाल आमाल केब्रोबट अमेरिकेतील कंकिनोविच वेगे साजळ केला। आमालिस्समाची आवाळ पाहून लिने "भिन्न वनस्पत मूल्यांक" व पारमेके भेट देन्याचे साधनेते, हे पारमेके व्ययान काही महान साधने होतात। स्मर्या अिधिकरण अंदर रसा भागी अप्सरांनी तांत्रिक काळही रंगो चित्रण, पुराणाचू धारावते, तंत्राचू दाई आयुष्याचे सर्वसिद्ध प्राप्त करत. तयांमध्ये नागरिक अंतरिक नागरिक, नागरिक आणि तयांनी तांत्रिक काळही रंगो चित्रण, पुराणाचू धारावते, तंत्राचू दाई आयुष्याचे सर्वसिद्ध प्राप्त करत. तयांमध्ये नागरिक अंतरिक नागरिक, नागरिक आणि तयांनी तांत्रिक काळही रंगो चित्रण, पुराणाचू धारावते, तंत्राचू दाई आयुष्याचे सर्वसिद्ध प्राप्त करत. तयांमध्ये नागरिक अंतरिक नागरिक, नागरिक आणि तयांनी तांत्रिक काळही रंगो चित्रण, पुराणाचू धारावते, तंत्राचू दाई आयुष्याचे सर्वसिद्ध प्राप्त करत. तयांमध्ये नागरिक अंतरिक नागरिक, नागरिक आणि तयांनी तांत्रिक काळही रंगो चित्रण, पुराणाचू धारावते, तंत्राचू दाई आयुष्याचे सर्वसिद्ध प्राप्त करत. तयांमध्ये नागरिक अंतरिक नागरिक, नागरिक आणि तयांनी तांत्रिक काळही रंगो चित्रण, पुराणाचू धारावते, तंत्राचू दाई आयुष्याचे सर्वसिद्ध प्राप्त करत.
January 2019  KANARA SARASWAT  39
एक भव्यकर प्रसंग : काठ आला होता पण...

श्रेणी वेद (पारम्परिक)

आमचा एस.एन.डी.टी. कालेजचा (पुणे) व हॉस्टेलच्या पहिल्या दिवस महत्त्वाने मनाता गटपटाते १९६० साल उजाते. आपण आम्ही बी.ए.व्या वारीचे पोहोचलो, निस्सन्त किवळही एक वर्ष पूर्व पडले आपण १९६१ सालाच्या दिवस महिन्याने सुरु झाला. परिश्रमाचे गंभीर वारे वाच लगाले, बोडवायर बेजळपटळ झाल्याने झोपावलंब्याने अवकाश होतो. कालेजचा दीर्घार्थी व हॉस्टेलचा माणे आजूनज्युना भरपूर मोक्कडी जगाव, क्रूटिलिका वृक्ष होते. मागच्या बाजूला तर तेकडी असल्यास बोर्न खेळावला करायला आवडले गेली. भरपूर होते. बनवाच मुली इतरांची जात फक्त नकॅ महून अभ्यासला तिथे जाणून भरत असत. निमित्त वर्ग भरत नवहे. फक कोणाला काही शेवट/प्रश्न असलेल्यास तर कालेजवर दोन विषयांमध्ये प्रभावस खाली असत. ल्याच्या भेटेला शंका परंतु ठेवून तेच असे.

आमच्या बुधवारीच्या जगा ठरलेल्याने होत. सकाळी आंधोती, चहाणी आपूर्न आहे-नं वाजपूर्व असली माझी खोलीबाहेर पुढे आपल्यांनी सुंदर, खडक अनूपाचा वाचकोच बसलो की ते थेवा एक वाजता जेवणाच्या वेदेस मेंमध्ये जपयोग. जेवण झाल्यावर त्यांनी तालाब असतल्याने खोलीवर बाचक बसलो. आपण माझ्यांनी एक वेळ खडकाच्या वेळात बसली की, आपण ह्यालीवर जाणून धोके आपण म्याम्यांचे झेलले जाणून माझांनी आपल्यांनी तेकडीला मिळवले. तोपचे एक आठ भजले असत. जेवण ह्याली हूनवर आक्षेप एक खडकाचा वेदेस मेंमध्ये जपयोग. जेवण ह्याली हूनवर आक्षेप एक खडकाचा वेदेस मेंमध्ये जपयोग.

ल्याच्या वेदेसात आमच्या आंधोतीच्या झोपावलंब्याने आपल्यांनी स्वप्नाचे महान विषय बांधून बसली. आमच्या आंधोतीच्या झोपावलंब्याने आपल्यांनी स्वप्नाचे महान विषय बांधून बसली. आमच्या आंधोतीच्या झोपावलंब्याने आपल्यांनी स्वप्नाचे महान विषय बांधून बसली. आमच्या आंधोतीच्या झोपावलंब्याने आपल्यांनी स्वप्नाचे महान विषय बांधून बसली. आमच्या आंधोतीच्या झोपावलंब्याने आपल्यांनी स्वप्नाचे महान विषय बांधून बसली. आमच्या आंधोतीच्या झोपावलंब्याने आपल्यांनी स्वप्नाचे महान विषय बांधून बसली. आमच्या आंधोतीच्या झोपावलंब्याने आपल्यांनी स्वप्नाचे महान विषय बांधून बसली. आमच्या आंधोतीच्या झोपावलंब्याने आपल्यांनी स्वप्नाचे महान विषय बांधून बसली. आमच्या आंधोतीच्या झोपावलंब्याने आपल्यांनी स्वप्नाचे महान विषय बांधून बसली. आमच्या आंधोतीच्या झोपावलंब्याने आपल्यांनी स्वप्नाचे महान विषय बांधून बसली. आमच्या आंधोतीच्या झोपावलंब्याने आपल्यांनी स्वप्नाचे महान विषय बांधून बसली. आमच्या आंधोतीच्या झोपावलंब्याने आपल्यांनी स्वप्नाचे महान विषय बांधून बसली.

हा प्रमाणाने मात्र सगळ्याच्या मुरलीना वाचतील दाळत बाळी. मुनदबाईनीही सर्वांनी काळे आणि एकमता देऊन दराच मायने झाला देऊन. जी दुर कुटे विषयात खडकाच आणि मुरली जावचे नाही. त्यांतर दोन दिवस ती मी व बिंदु “नाबिका” झाले होते. काय योगायोग होता होता? आमच्या अभ्यासात देखे न लागणे, काहीतरी घडावर असे वाचणे व व्यक्त खडकी एखादी रहाणे व त्यावेळेचतुर्ग ल्या वाचाला मिळून बाहेर धडकीची कुंडूडी की शरदूळी होते. हे सर्व आकाशाच्या बाहेर होते !

आंधी ही त्यांचे आकाश आकाश तर अंधी बाहेर येतात. त्या निर्वाचन सुदवाने मोठा अन्तर देख्यात शरदूळी होता नाहीत त्यामुळे कैराच्या एकीकरणाचा ती सापले रेखिला अभ्यासे मग माय अभ्यासात आणि ती सापले जेतीच असते आणि मम काळ रामण्याने धडकते असते ह्याची कथन करते की!

त्याचा काळ आला होता पण... वेळा आली नसती हेच खेर!
कॉकणी सीरम - थांडो माण्यांवा

नलिनी नाडकरणी

प्रथम भाषेत, आदर्शाला आस्तती; आमोलया भाषेपुत्री आस्तती. माहा हिस्ता की, आमी दुर्योगालं जुगुनत, आदात्या बापाल्याची, आमाली उंच वड मनोजंक जाताची, मुझे; त्या खातत, हवि माहा गोतू आशिल्या थांडो माण्यां आदात्या होणा बायल्या. त्या प्रायंबाकूं उद्दंनु आस्तती. तुम्का ताज्जा उपयोग जाल्ल्या, अशी अपेक्षा करता.
1) सम्प्रदाय में बनाना, तुूं थिगाते पांडवं हंगिंग शिक्षा; ती ‘सूचना संकेत कौन जाता बाजारांक वात आस्ताता. पिते याचा मेंढार्च आस्तती.
2) त्या कौशिक मनुष्याला बालेक व्यवसाय नाका. तुूं तुसंस्कर ‘सूचना तांत्रिक बंध हवण थांडो जाल्ली?’
3) ताका किताबेली बुद्धि मुंग साक्षीतस्ती, तो तस्ती चलता; ‘सूचना बाल बांकॅ का बांकॅबिच’
4) ती शांतिक सर्ग बनते हांगण आस्त, मुझे पाठेकः ठोरो बचाना; ‘सूचने संते गेड़ेल्स्टी’ मेंटा आवडन्ये की भाषु सतता.
5) त्या दोंगाळेल्या काटळ लव मैजज़ की बा; ‘कंदन पंडेघाल तरी, दोळीभाटी, ‘सूचना नी माज्जर शी’ झंडात पडताती.
6) आग्ध, तूळ लास पद; सम्भारी; ‘माज्जर बांडवेखळ्या दीवां सा’ तें गडागडात पडह.
7) धार्दानेरी, तेली मांडी कारण नासता कॉप्यटी; जात्यावरी तितका तस्ती कोळळां मुंग सागताल कोणते? ‘माज्जर गडव्यालु घटें काण बांदाताल?’
8) तूं तुलित्या भाषेजक मदत कोळळ वृट आशिली बर्ज? ताब्बड़ी परत इवान आताती? ‘वाढुप्रे माज्जर आड आवलेच वे?
9) आरतूत; आमोलया रांडरपीणीनौ, ऐकूळ रंदना सागतां चोरक चुडळे कंडळा; ती लंबा का की मारा कलश मुंगु; ‘माज्जरां दाङच चिम कोंठू दूळ पिंडिली संगति.’
10) त्या दोंगापेरी कोणांमंरी विशाळ्य द्वारकक जानात; तें दोळीभेट ‘उदात्त माज्जर साक्षी’ आस्तती.
11) बाबा कंदन! तूं आमरखे कान्या, समीक्षाकु तुलां विजेने सांगवाला सागतात? ताका बिजेलेकाचे कसलाचे अनुभव उत्तम रा मर; माहा दिसता; तर मंडळा हातापुं माणिक’ दिना, मुझु.
12) आग्ध; हवि, मोलया मदतरक; आमोलया चांडेलुत्या पूरवाच कर्यप्रकार आपल्यां; ‘जार्लेची, नवीनई एक्वायर आतातः कि, पाठेकः हवू फळ्याला बचाना; ‘मंडळा कालेबालां सो!’
13) दीर्दे की मिलिंड, द्वारा दोंगांगी हंगिंग हंगिंग स्थित पारण विषयां वेल्हाळा; दीर्दे की भो बरा खेळाडू आशिलमाती तो विकल्प; जात्यावरी मिलिंडार्जेल्या श्वेत्त वाचारण आस्त; तस्ती कोंठू तोहरला ‘हे सांगता मुंगा गायदेखाल धावंचक जासा रे?’
14) तिगूळया उतारा विषयातून द्वारकक जायता; ती आजी अर्थी उद्देशी फायदे तागिये; दोन तांडवाच माणुंड जे.
15) तर सुब्बा पाप, ‘माणुंड शी गोड्या;’ ताका बुद्धिमत्ता तत्त्वाङी अर्थ.
16) तर वें; ताकां सो मेंळ्ळे; दोन फाता माहा पांडक पाच्च; 
न दोम्ये भी ‘वाणिज्ञा वेलु सो’ घरोत्तून पंवर्च.
17) कंठानाथ जाणना जावि धारी मुग, आदात्याची आस्त महाण, ‘बांजुतापुंजु नि चुंकू मांडक्या झाडे मुणु!’
18) चिके हरूपच चमक गाण; ‘वापू फांडी लामिखारी’ धावणाका.

भायडा लक्ष्मी बारम्बा

शा फन्ड आतीचा माणी अनुवाद
भायडीची लक्ष्मी यें माहे माझे आई सोभायची लक्ष्मी यें माई
पारी पंजन करती किताबांका
पाल तूडी पाने बाबुकुं माणक करतो जोराने एक=ककरी जोराने जुनाच राजाची कुमारी उंडी
बंक्टरमाणाची राणी तू आणी माणिकमाणी अद्वितीय वेतू तमात झर्ने पुनर्वारी दिनकर कोटी तेने मध्यमी

प्रत्येक घरी सदा वाश करती
निवारी झुंणूली निवारी मिळतावी
सावित्री लोकांव्या मनी रहस्य
विषाज्या आधिकरणी

तुरंत साहकर घूर्णे हे मिरसुनी
शुकारवारी ही पृजा करतरा
स्नियने मातेची सेवा
पुत्र विट्ठुला अनाव करता

- श्रीमती ममता नगरक
पोशिता

सी. प्रिया प्र. बुधकुंजी

ठाठ-टिप्पणियाँचा संतीत भावंताचा अर्थवीर्य रूपांतर 
गुणान तत्तता-तत्ता बुझवत्ता होण्यातून सहज अतुल्य ओळे सुरु 
जिल्ला. भिक्षुसानं नुभेनु आपत्ता उपसागर कौतिम पदतीती 
बुझवत्ता एकाद जगसागरासारा साकारत भवनंतर दस्त क्रियात्मके 
ते श्रीत संतुष्ट मनाने आपत्ताचा घरी पोहचाले.

सत्यभामा घरी पोहोचाचा आपत्ता वस्त्रयंकारमार्ग प्रवेश 
करत-करता अरण्यांचा माहितीया- "चला, आजहार 
कौतिम-प्रवासाने श्रीत करते संतुष्ट जाळे हे कसे सांगू तूनपायला."
तेंतुहात आपत्तांसह मिश्रस्वरूप महणले- "ब्यों तर मा आपत्ता दिवस माहितीयां 
सुबळ त्या त्या परेकाशी माहिती निम्नातिंत वाहुं तेवढ़े 
असाधी."

साठी उल्लु गेली तौरी सत्यभामा बनामाहृत-परमार्थ 
अथवा आपत्तामुकत बाह्य या संसारस्थ रत्न-रत्न 
आपत्तात्ति-रासायन-लोभमाहें हा सर्वांना जननंदसात कस शालक 
आणी हे सयं फुक आपत्तात्ति आपत्ता तूनु आपत्तांसह 
बदलबादे त्या शक होते हे कोटीही उगडणाऱ्यां नाही. सतत 
रत्न-रत्ना 
माहित्या माहणाऱ्यांचा काय सायक होऊ शकते? हाचा विचार नको 
काराकला?

बेळे देवत होती, परंतु सत्यभामांस स्वयंप्रकाररत 
सिरणाचा मेंवा चुमात. तसेच आपत्तांसह आपत्ता थांबी 
महसायसम त्यातयात्ति त्यातयात्ति आपत्तात्ति-रासायन-लोभमाहें 
हा सर्वांना जननंदसात कस शालक आणी हे सयं फुक 
आपत्तात्ति आपत्ता तूनु आपत्तांसह 
बदलबादे त्या शक होते हे कोटीही उगडणाऱ्यां नाही. सतत 
रत्न-रत्ना 
माहित्या माहणाऱ्यांचा काय सायक होऊ शकते? हाचा विचार नको 
काराकला?

उसिंस का होईस आता ट्यान उमाले होते की संसाररता 
गाडा चालतहाना ट्यान आपत्तामुकती जोड दाखी. जेथेरूक आपत्ता 
आपत्ता कठोराची कम्बंधस्ट्रीमुख नू जाता अधायामचा 
जोडींने संसार सुरुतणापणे पर पाडू शकतो तसेच आपत्ता शेवटचा 
काय आपत्ताकडच कसलाची प्रकाराचा त्युन्नंदा उमा राहू शकत 
नाही.

हसुवर त्या शेवटणे उद्धि उम्मा राहिला. आपत्ता पदार्थी 
गाडा आपत्ता खांडवरून उढट लाल्यां स्वयंप्रकाररात्रि प्रवेश 
केला. सतत त्याना आपत्ता एकच चुकीची वारंबर प्रदानण होत 
होता आणी ती चूक महणज स्वतंत्र माहिती असम्मूती मधुमोहने प्रत 
आपत्ता पदार्थी आपत्तासह बून्हचा शेवटचा क्षणी अतगू दाखा 
आपत्ता देदू शकली नाही व ते हे जग सोडून निम्न गेले याचा.

January 2019

KANARA SARASWAT

42
**Here and There**

**Bengaluru : Special Programmes:** On 7th November on the occasion of Deepavali, Lakshmi Pujaan was held. On 17th November on the occasion of Janma Diwas of our Parama Pujya Sadyojat Shankarashram Swamiji as per **tithi**, Bhashya Pathan and Samoohik Guru Pujaan was offered. On November 18th, the idol installation day of Parama Pujya Shrimad Anandashram Swamiji was observed with Ashtavardhana Seva. On 19th November Jagrani Ekdashi was observed with Akhanda Bhajan and Shiva Pujan. Tulsi Vivaha was celebrated on 20th November. Samoohika Durga Namaskar was performed on 23rd November which witnessed enthusiastic participation from the laity. Parama Pujya Swamiji blessed us with a visit from 26th November to 4th December. 27th November being the First Anniversary of the Mahasamadhi of Pujya Ishwaranand Giriji Maharaj, Parama Pujya Swamiji spoke with sadhaka-s after Deepanamaskara. Samskrta Seva. On 19th November Jagrani Ekadashi was observed with Ashtavardhana Seva, Mahapooja and Panivar. The above programmes were conducted jointly by Vaivatdar of Math and Shree Gokulashtami Celebrations Committee.

**Mangaluru:** Janma Divas of Parama Poojya Sadyojat Shankarashram Swamiji was celebrated at Shri Vamanashram Samadhi Math on Tuesday, 13th November 2018. On this occasion, Gayathri Japanshastan was performed by male Sadhakas in the morning from 7.30 to 8.30 a.m. This was followed by Samuhika Prartha at Shree Vamanashram Sannidhi, Shree Umamaheshwar Sannidhi and other deities by Purushot Guruprasad Bhat Upponi on behalf of Vaivatdar and Laity. Later Shiyalabhisheka seva was also held at Vamanashram Sannidhi. On Saturday, 17th November (birthday as per Hindu calendar), Guru Poojan was conducted at Shri Samadhi Math by devotees which was followed by Prasada Vitaran.

“Guru Samaradhana” on the occasion of Punyatithi of Shri Vamanashram Swamiji was observed on Saturday, 1st December 2018. Programme began at 8 AM with Samuhika Prartha at Vamanashram Sannidhi followed by Ekdasha Rudra and Shiyalabhishekhas. Nearly 250 Shiyalabhishekhas were offered to Vamanashram Sannidhi on this occasion. At noon, Maha Pooja was followed by Santarpana. At night, Palki Utsav of both Umamaheshwar and Bhavanishankar deities was held at Samadhi Math precincts. Utsav was followed by Ashtavardhana Seva, Mahapoja and Panivar. The above programmes were conducted jointly by Vaivatdar of Math and Shree Gokulashtami Celebrations Committee.

**Programmes by various Varga-s:** On 1st Nov, about 6 Yuvas along with the waste management team, prepared 81 kgs of compost for sale as Shrama Seva.

**Regular Programmes:** Pujaan was performed by Gruhastha-s every Monday, Thursday and Friday. Sadhaka-s performed Samoohika GayatrijapaAnushthaan every Sunday. The series of talks by Smt. Dr. Sudha Tinkarar on Kathopanishad continued on every Tuesday. A short 5 minute Ninada practice was a part of all regular activities. Ashtanga Fitness sessions were conducted by Yuvadhara on Fridays and Saturdays.

**Chennai :** On the Janmadinotsava of PP Shrimat Sadyojata Shankarashram Swamiji we had Guru Pujaan followed by Bhajans. Sadhana Panchakam was conducted. On 19th Nov. Jagarani Ekdashi was observed with Bhajans.

**Goa :** The year 2018 was marked by active participation of Goa Yuvaadnya, individually as well as in groups, in Parama Pujya Swamiji’s camps at Shirali and Karla, be it Utsava-s, Trekking or Sammelanam. They also performed Japa Anushthan during the entire Chaturmasa. The Guru Pujaana held in Sabha’s monthly Satsanga-s & Devi Pujaana held in Navaratri Satsanga were also performed by Yuvas.

The highlight of the year for the Sabha was the visit of Parama Pujya Swamiji from November 8 to 14 at the invitation of the three Kuladevata temples. Abhisheka was performed by Swamiji at Shree Shantadurga Temple & Shree Mahalaxmi Temple. Maharudra was performed in the Divine Presence of Swamiji at Shree Mangeshi Temple, followed by Maha-Aarati by Swamiji. Palaki Utsava was held at Shree Shantadurga Temple & Shree Mangeshe Temple. Here too, the Yuvas participated actively in unloading / loading of luggage of Retinue & devotees as well as in helping with arrangements at all three venues, besides singing bhajana-s & Stotra-s.

**Akkanda Bhajan and Shiva Pujan. Tulsi Vivaha was celebrated on 20th November. Samoohika Durga Namaskar was performed on 23rd November which witnessed enthusiastic participation from the laity. Parama Pujya Swamiji blessed us with a visit from 26th November to 4th December. 27th November being the First Anniversary of the Mahasamadhi of Pujya Ishwaranand Giriji Maharaj, Parama Pujya Swamiji spoke with sadhaka-s after Deepanamaskara. Samskrta Seva. On 19th November Jagrani Ekdashi was observed with Ashtavardhana Seva, Mahapooja and Panivar. The above programmes were conducted jointly by Vaivatdar of Math and Shree Gokulashtami Celebrations Committee.**

Reported by Sainjivey Gokarn

**Mumbai - Santacruz :** At Shrimat Anandashram Hall Saraswat Colony, Santacruz Punyatithi of HH Shrimat Vamanashram Swamiji was observed on 1st December, 2018 (Saturday) from 6pm onwards. Bhajans & Stotras followed by Deepa Namaskar, Mangal Arati were sung by devotees and prasad was served thereafter. Devotees had gathered in large numbers to perform a Samuhik Shri Devi Anushthaana on 17th November, 2018, (at 9am) to celebrate Parama Puja Shrimat Sadyojat Shankarashrama Swamiji’s Janamdivas (tithi wise).

**Mumbai - Thane Sabha:** Seva Saptaha was offered by Thane Sabha between 4th and 11th November. Seven
sadhdaks had the privilege of participating in this. Sannikarsh was offered on 11th November by nearly 20 sadhdaks. H. H. Shrimat Sadyojat Shankarashram Swamiji’s Janmadiwas was celebrated by Thane Sabha at multiple venues: - On 13th November, 13 members gathered at the residence of Shri. Dhananjay Nadkarni in Chembur, to perform Guru Poojan., on 17th November, which was Swamiji’s Janmadivas as per tithi, 25 sadhdaks gathered at the residence of Shri. Uday Kaikini in Chembur to perform Guru Poojan, Stotra Pathan and Devi Anushtthana. Members of Thane Yuvaadhara and Prarthana Varga also participated in this event. On 17th November, members of the Samaj offered Devi Anushthaan from their respective homes for Swamiji’s good health and long life. Twenty-eight sadhdaks from Thane Sabha participated in this event.

Reported by Namrata Heranjal

New Delhi - Sunday the 14th October 2018 - Samuhik Navachandika Homa was held at Kavale Math jointly by the GSB and Chitrapur Math New Delhi local sabha on Sunday the 14th October 2018. Yajamans from our Sabha, Ullal Pradeep maam and Shobhana pacchi took sankalpa on behalf of our sabha participants. As families arrived for the auspicious Homa, the venue sported a festive look, even as some participants read the Navaratri Nityapath. After Purnahuti, our sabha’s savashinis enthusiastically performed Kumukumarchana. For the Kanya pujan, we had our sabha’s first timer, 2 year old Toshani Nath gracing the occasion. A sumptuous Prasad bhojan concluded the day’s fulfilling event.

Saturday the 10th November 2018 - Deepavali Get-Together - The evening brought in vibrancy, as our Yuvas literally took over conducting our Sabha’s Deepavali event.

Our Yuvas and youngsters had been busy previous week practicing for the cultural event. The programme commenced with President Ullal Pradeep maam and our ever helpful Bondal Jaishankar maam welcoming first timers to our Sabha. A brief introduction by new members, and the evening’s programme unfolded itself.

Our charming emcee Yuvati Pallavi Kadle Rao once again invited all in the audience and gave a brief about our past Deepavali functions. First in the programme’s sequence was the Ghoomar performed by Yuvati Ishani Rajpal. This was followed by a skit in English, on incidents from young Krishna’s life, replete with elaborate handcrafted props made by the Bondals, and performed by the young siblings Kedar and Samarth Sood, who regaled the audience with their cuteness, frankness and innocence. Herenjal Saiprasad maam then entertained us with medleys on his flute. Our prarthana varga girls Navya and Niyara Rege along with their friends Tashika and Sakshi, performed a contemporary dance to some peppy tunes, while Aahana Kilpady and Yashodhara Prasad sang a duet on “Jhoom jhoom ke aayaa saawan....” Hoskote Prashant maam then took over with his rendering of a few medleys, followed by Kaikini Uma pacchi enthusiastically singing old Geeta Dutt songs.

The Yuvas then staged ‘Modern Day Ramayana’ (on the lines of a parody, pertaining to the 21st century’s young generation), conceptualized, written and directed by Namrata Kilpady, with actors Ananya Majumder, Suparna Kerwar Nath and Tamal Nath, Vishal and Pratima Rege, Raghuram Rao, (Vidyा Kilpady pacchi was the last minute stand-in) and Namrata Kilpady, with narration by Vishnu Priya and assisted by Natansh Kilpady in coordinating the screen content. Our prarthana varga members were the vaanar sena. It ended with all actors joining in a celebratory dance. Herenjal Saiprasad maam played his flute again to some melodies. The fun filled cultural evening wound up with a beautiful Sant Tukaram’s Abhang sung by Sveta Hattangadi Kilpady pacchi, composed by her classical music guru Smt Manik Bhide.

Our young prarthana varga members were felicitated and presented with tokens of encouragement. The concluding festive dinner showcased a slice of Bengali cuisine, specifically from the Sunderbans.

Saturday the 17th November 2018 - Janma Divas of PP Shrimat Sadyojat Shankarashram Swamiji - Our Sabha had a superb Janma Diwas celebration of our dear Swamiji at the residence of Gundil Shekhar maam and Vidyा pacchi, in Ghaziabad, with an energetic Sadhana Panchakam. Starting with sabha opening prayers, Shri Gurupaduka stotram, Shri Parijnan Trayaodasī, we proceeded with Sadhana Panchakam. The event turned out to be quite magical, as the chants progressed. The altar was beautifully decorated with an exquisite backdrop of a peacock in the jungle, entirely handcrafted by Shekhar maam and Vidyा pacchi. After a fulfilling Sadhana Panchakam, and Guru bhaajana stotram, Kallianpur Shivani pacchi rendered a soulful bhaajan “…Guru charanam...” The programme culminated with a delicious Prasad bhojan offering.

Reported by Vidya Kumtakar Kumar

Our Institutions

Balak Vrinda Education Society

It is with deep sorrow that we inform about the sad and sudden tragic death of our dear Smt. Nirmala Chikramane on 24th November 2018 in an accident near Bangalore. Tributes to her are printed elsewhere in this issue. She was a great source of strength to the School in her capacity as Hon. Treasurer. We pray to God to give her soul sadgati and strength to her family to bear this irreparable loss.

Reported by Geeta Suresh Balse

Saraswat Mahila Samaj, Chennai

Mahila Samaj in Chennai celebrated it’s 70th year in Nov. The Platinum Jubilee celebrations on Nov 17th, 2018 included recapturing all the programs held by the Mahila Samaj in the 70 years. This was put together by way of a photographic presentation. It took everyone down memory lane, with people from the audience recognising members in the pictures & telling little anecdotes about them. 3 very senior members who were actively involved with the Mahila Samaj from the early years – Chitra Karnad, Uma Hattikudur & Meera Savoor – were honoured & felicitated. A medley of popular quawwali songs were enacted by a few members – all dressed in typical colourful quawwali outfits. This cheerful presentation was followed by a typical Sindi dinner. Members had bought donor passes for the program, part of the collection was donated to charity - dinner was sponsored for the children of the CMS Children’s Home. Members had
also donated clothes, books, toys & other essentials for the orphans in the Home. All in all, the Platinum J ubilee of the Saraswat Mahila Samaj in Chennai was a huge success & a very memorable one indeed.

**Reported by Kavita Savoor**

**Saraswat Mahila Samaj, Gamdevi**

On the evening of 13th Nov 2018, the Saraswat Mahila Samaj of Gamdevi, organised a programme titled “Ramkatha – Konkani Geet Ramayan” at Smt. Indirabai Kalyanpur Hall, Talmakiwadi. The Guest of Honour was our well-known Dharmaprabhacharak Shri V. Rajagopal Bhat.

‘Ramkatha’ - The translation of Geet Ramayan in Konkani was penned by late Sadhana Kamat, beautifully composed by Ashalata Gokarn, a Grade-I Radio Artist and rendered melodiously by her daughter Samhita Gokarn Mundkur. Geeta Yenemady on harmonium and Arun Hattangadi on tabla accompanied them beautifully. The programme was compered by Kalindi Kodial in chaste Hindi. The artists were introduced by Smita Mavinkurve. The musical program was followed by Shri Rajgopal Bhatmam’s short thought provoking speech highlighting Valmiki Ramayan and its importance.

The program concluded with a vote of thanks by Usha Surkund and followed by snacks sponsored by Ashalata Gokarn and Mahila Samaj. A detailed report of this is given on page 37.

**Reported by Vijayalaxmi Kapnadak**

On the 21st November 2018 and interesting programme of cookery demonstration was organized at the Samaj Hall through Gits Food Products Company. As most of us are aware Gits have been famous for its instant food products especially their Gulabjamun, Vadas etc. On request they readily agreed to give a live demonstration of some of their products and to serve us their prepared items for taste.

The hall was packed to capacity and the Gits representatives had come and set up their tables/food product packets etc. Smt Geeta Balse welcomed them. Smt Kiran Pednekar, their Marketing Coordinator and team leader spoke on length about their snacks as well as ready in minutes – instant meal products. After that was the live demonstration of jalebis and moong dal vada. They invited members of the audience to join in trying out the frying of the jalebis. The best ones got prizes of their food packets.

They then served some of their ready to eat products such as Pav Bhaji, Gulab Jamun and dhokla. The dishes were very tasty, everyone enjoyed them. Smt. Pednekar also conducted on the spot games and gave away these instant food packets as prizes to the winners.

Smt Smita Mavinkurve proposed the Vote of Thanks.
The whole programme went off very well. The representatives of Gits managed the entire show right from setting up the counters, to serving the items and even cleaning up at the end! The committee members were treated like guests for once!

At the end there was a sale of their products at a substantial discount.

**Reported by Geeta Suresh Balse**

**Forthcoming Programmes:**

**Wed. Jan. 9th 2019:** ‘Ladies’ Day Out’ at Kalyani Village Resort, Virar. Cost per head Rs 950/-

* Includes transport, breakfast, lunch, tea & snacks and activities

**Wed. Jan. 16th 2019:** at 3.30 p.m. in the Samaj Hall – ‘Sankranti Sammelan’ “Bhaktisang” music program by Shubhaswaranjali Mandal, Thane

Refreshments sponsored by Neeta Yadery, Haldi-kumkum and Til laddoos by Samaj

**CLASSIFIEDS**

**MARRIAGE**

Alliance invited for Bhanap Boy, M.A., aged 27 years, working in a good pvt firm at Mumbai, preferably from CSB Girls (working). May contact on telephone: 9882684134/9665005134.

**Alliance** invited for Chitrapur Saraswat girl, aged 30 years, 5’-9”, B.Sc. (Zoology) / Hotel Management, good looking, doing catering business in Mumbai, sound and cultured family background. Interested boy expected with job in MNC/Govt./Bank, preferably based in Mumbai/Pune, may Contact - Mobile No. 9869437009 / 9869271461 or email - arunbijoor@gmail.com

**ENGAGEMENT**

Kalbag- Hemmad: SURAJ, son of Ghanashyam and Sheetal Kalbag of Vileparle East, Mumbai, engaged to ANANDITA, daughter of Vivek and Archana Hemmady of Wakad, Pune, on 24th November, 2018 in Mumbai.

**BIRTH**


**FLAT FOR SALE**

Flat for Sale: Luxurious 2BHK residential flat in Nashik, 975 Sq.feet built up, with allotted parking, road facing, 20 Sq. feet gallery and at prime location. For details contact 8408947780, 0253 – 2508318

**OBITUARY ANNOUNCEMENT**

Smt. Smita Kilpady, 60, passed away peacefully at Pune on 18.12.2018 following an illness patiently borne. We thank all those who were at our side to aid us to bear this loss and request them to treat this as individual acknowledgement.

**DOMESTIC TIDINGS**

**BIRTHS**

- A daughter, Riya to Neha and Rounak Shyam Mudbhatkal at Bangalore.
- A son (Ojas) born to Soumya (nee Ullal) and Abhishek Kantak at Mumbai.
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MARRIAGE
We congratulate the young couple
Dec 13 : Mitali Dilip Puthli with Chaitanya Suresh Mallapur at Mumbai.
Dec 15 : Shruti Sidharth Kulkarni with Nakul Arun Lajami at Mumbai.

OBITUARIES
We convey our deepest sympathy to the relatives of the following:
Sept 14 : Ravindranath Rao Kadle (63) in Mangalore.
Nov 4 : Shakuntala Ratnakar Sajip (92) at Vakola-Santacruz, Mumbai.
Nov 13 : Nalini Sudhakar Trasi (90) at Dadar, Mumbai.
Nov 25 : Nirmala Gaurish Chikramane (79) of Talmakiwadi at Bangalore.
Nov 26 : Arun Bhaskar Savur (73) at Shirali.
Nov 26 : Pramila Kumtekar (82) at Bilai.
Dec 06 : Suniti Muralidhar Manjeshwar (90) at Santacruz (West), Mumbai.
Dec 12 : Ramdas Nadkarni (92) at Santacruz east Mumbai.
Dec 12 : Pradeep Netter (55) at Andheri, Mumbai.
Dec 14 : Dr. Kodial Prakash Rao (73) in Mangalore.
Dec 18 : Dr. Ashok Ray Kulkarni (83) in Raghavwadi, Mumbai.
Dec 18 : Smita Kilpady (60) at Pune.
Dec 20 : Suniti Murdeshwar (79) at Andheri Mumbai.
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