KSA PRESENTS

‘आपले आवडते पु.ल.’

Smt. Geeta Yennemadi & Smt. Sadhana Kamat - conceptualised the programme

‘स्वतंत्रते भगवती’

An Exceptional Programme At The Gateway Of India by Dr. Bharat Balwally

A Special Display Of Arms And Weaponry Titled ‘Know Your Army’ By The Indian Military On The Occasion

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A Communication to All KSA Members

The Managing Committee of the Kanara Saraswat Association is extremely sorry that the announcement of the Music Recital of Pandit Mukul Shivputra on the occasion of the Inaugural programme of the Centenary Celebration of Pandit S.C.R. Bhat and Pandit Chidanand Nagarkar held on 10th March, 2018 at Bharatiya Vidya Bhavan could not be published in our Kanara Saraswat Magazine issues of February and March 2018 due to unavoidable reasons.

We sincerely apologise for this omission on our part.

Kanara Saraswat Association intends to celebrate this Centenary event over the next 12-15 months through a series of programmes in various cities. We will keep all members/readers apprised of these programmes well in advance through timely insertions in the KS Magazines.

Jairam Khambadkone, Chairman – Kanara Saraswat Association
Kanara Saraswat Association
Kala Vibhag, presents
18th Saraswat Sangeet Sammelan 2018.

The Sangeet Sammelan will be held on
14th April & 15th April 2018 in total 4 Sessions:
Morning 9.30 a.m. to 1 p.m. and Evening 5.00 p.m. to 9.00 p.m.

This 18th Sangeet Sammelan is dedicated to the memory of late
Shri Prakash Burde, musicologist and well known music critic.

Pandit Murli Manohar Shukla, has kindly consented to be our Chief Guest on this
occasion and he will inaugurate the programme along with other music maestros.

Venue: Shrimat Anandashram Hall, Association Building, Talmakiwadi, Javji Dadaji Marg, Mumbai – 400007.

Saturday 14th April 2018 (Morning Session)
9.30 a.m. Inauguration by Pandit Murli Manohar Shukla, Chief Guest.
9.45 a.m. Soumya Ullal Kantak (Vocal)
11.00 a.m. Dhanashree Nageshkar Wagh (Tabla Solo)
11.45 a.m. Priya Purushothaman (Vocal)

Evening Session
5.00 p.m. Nishant Panicker (Vocal)
6.15 p.m. Shivani Haldipur-Kallianpur (Vocal)
7.30 p.m. Vinayak Chittar (Sitar)

Sunday 15th April 2018 (Morning Session)
9.30 a.m. Nivedita Hattangadi (Vocal)
10.45 a.m. Milind Chittal (Vocal)
12.15 p.m. Ashok Bellare (Santoor)

Evening Session
5.00 p.m. Sveta Hattangady-Kilpady (Vocal)
6.15 p.m. Tabla Jugalbandi by Kiran Patil and Pushkar Bhuse (disciples of Pt. Sadanand Naimpalli)
7.00 p.m. Geeta Gulvady (Vocal)
8.15 p.m. Vote of thanks and summing up.

Pt. Omkar Gulvady, Pt. Sadanand Naimpalli and Pt. Nityanand Haldipur have been our guiding force.
We are grateful to Gokarn Gurunath Mam, one of the senior most members of KSA who, with his expertise in having
organized many Sangeet Sammelans in the past few decades, has kindly guided us in the organization of this Sammelan also.

Tabla Accompanists: Shantanu Shukla, Jayesh Rege and Rakshanand Panchal
Harmonium Accompanists: Vinod Padge and Dnyaneshwar Sonawane
Tanpura Accompanists: Jayant Naidu and Team.
Compere: Uday Mankikar and Ashwini Prashant

Donation Passes: Rs 200/- (Season Pass) and Rs 100/- per day
Please contact: KSA Office (23802263/23805655) and Dilip Sashital (9920132925)
Dear Friends,

Recently, in 'The Economist' magazine of U.K., I came across a statement made in December 1981 by the late Pakistan dictator, General Zia-ul-Haq who was quoted as saying "Pakistan is like Israel, an ideological state. Take out Judaism from Israel and it will collapse like a house of cards. Take Islam out of Pakistan and make it a secular state; it would collapse."

When I read this statement, I was wondering whether Israel is only known for its Judaism and nothing else? And then I recently read Late Shimon Peres’s autobiography 'No Room For Small Dreams'. It talks about the making of Israel. He completed the autobiography just few days before he died in September 2016 which was then released in 2017.

In 1934, eleven-year-old Shimon Peres emigrated to the land of Israel from his native Poland, leaving behind an extended family who would later be murdered in the Holocaust. But Shimon, a young boy fighting against all odds became one of the towering figures of the twentieth century; and went on to serve as Foreign Minister, Prime Minister and the President of the new country. In 1994, Shimon Peres was awarded the Nobel Peace Prize for his extraordinary efforts to forge peace between Israel and Palestine.

When I finished reading this book, I realised that Israel is not just an ideological state, based on Judaism, but is much more than that. People of Israel have demonstrated extraordinary courage and imagination in making this country great. In fact, the ideology of this country is

- never accept NO for an answer,
- succeed or starve,
- have faith, perseverance, resilience and an ability to learn
- accept change and grow,
- use hope to plant foundations deep into hard ground,
- stand sturdy and fearless on shaky scaffoldings and reach up, as high as only dreams can, to discover a previously obscure rung on a heretofore unrevealed ladder, and then foresee the next (rung),
- count the number of dreams that you have as compared to your achievements. If you have more dreams than the achievements, you still have a long way to go.

In fact, Shimon Peres says that the philosophy of Israel is "Peace is a purpose – a goal worthy of the chase, while war is a function – born out of reluctant necessity. No rational person will prefer the latter."

In turn, what have Israelis achieved – a miracle! Through constant hard work, optimism and breakthrough innovations like drip irrigation, rooftop solar hot water system, sophisticated defence equipments, numerous nano-technology applications and revolutionary research in new technologies, Israel today is one of the great countries of the world.

Was this tremendous success which Israel achieved, merely because of its religious ideology, as the late President of Pakistan said in 1981 in his comparison between the two countries?

Partly yes. But as Shimon Peres said in his autobiography that it was the Hope – that Israel, the Promised Land will become a land of promise; Hope – that Israel will uphold social justice as a moral country and will continue to be a great country that the world would like to emulate. In a nutshell, these are the words which really determine the ideology of Israel.

These statements left me thinking that we Indians have a lot to learn, as we approach our 75th anniversary of Independence in the next four years.

Regards,

Praveen P Kadle
Letters to the Editor

Dear Editor, It is such a pleasant feeling to receive the beautiful KS of March. The cover portraying awards for our own Prakash Padukone and other stalwarts like Group Captain Jitendra Masurkar and Kishore Masurkar made my chest swell with happiness and pride. Further, Praveen Kadle’s words of wisdom, highlighting the importance of ‘curiosity gap’ which our small yet morally and intellectually rich community has always been addressing, provided an interesting and rare perspective. The timely publication and receipt of KS will benefit the readers to participate at the various live events published in KS. I suggest that KSA may consider sending SMS, email or FB/ WhatsApp messages and also webcasting of important events such as Saraswat Sangeet Sammelan soon.

Thanks and regards,

Sanjay Subbarao Trasy, Mumbai

Sub: Program organised by KSA on 25th Feb 2018.

Dear Editor, We congratulate you & the KSA office bearers who organised "Aaplao AavaDto pula" on 25th Feb 2018. We appreciate very much the efforts put in by the organisers of the above show in general & in particular, the efforts put in by Smt. Sadhana Kamat, Geeta Yennemadi, Uday Manikkar & Anand Nadkarni. All the events were excellent & were conducted in a disciplined manner. The selection of the items & songs in the program was also very good which kept the audience engrossed till the end. Thank you for organising such a fine unforgettable event.

Vrinda & Vinod Talgeri, Mumbai

Dear Editor, The real life episode by Major General B.N. Rao (Retired) is exemplary. This is how a doctor committed to his job should act. While rules are made for people, people are not made for rules. This quote of Dr. Homi Bhabha stands in good stead.

Dr. Maruthy Gulvadi, Navi Mumbai

Dear Editor, Namaste. Very happy to read the excellent message in President’s Desk in the February 2018 issue of the Kanara Saraswat magazine. I felt Shri Praveen Kadle’s deep spiritual approach in life and wish him all the best in his journey to reach the highest divine potential in his heart.

Bhasker Rao K.

Dear Editor, The article on Nirmala Arun was an eye opener. I did not know that they lived in Virar. She was a very good singer and I recall that I was a fan of her. That her son Govinda is a Hindi film actor was not known to me. His image has gone up in my esteem because of her. Thank you.

M.R. Bijoor - Pune

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Felicitation Programme in May 2018

Kanara Saraswat Association is pleased to announce that AMIT MASURKAR – Winner, CICAE Award at Berlin International Film Festival, Jury Prize at Hong Kong IFF, Official Selection at Tribeca Film Festival, AFI Fest, Palm Springs FF; Winner- Best Screenplay at Asia Pacific Screen Awards, Brisbane; Winner, Best Screenplay at Asian Film Awards, Hong Kong; Winner- Best Film (Critics), Best Story at Filmfare Awards; India’s Official Selection to the Oscars, 2017 for his Hindi Film “Newton”, will be felicitated and honoured either on Saturday 19th May 2018 or on Saturday 26th May 2018 at 5.00 PM in Shrimat Anandashram Hall, Association Building, Talmakiwadi, Mumbai 400007.

The firm date will be communicated to our dear members latest by end of April 2018, on KSA Website and also published in May 2018 issue of Kanara Saraswat Magazine.

Members are requested to block the above two dates and watch for further announcement as mentioned above.

Shivshankar Murdeshwar

Sunil Ulil (Hon. Secretary – KSA)

(Hon. Secretary – Socials and Sports)
Happy Golden Wedding Anniversary!
Shri. Arun and Smt. Geeta Ubhayakar
(from Mallapur)

50 YEARS
of togetherness

APRIL 19
1968 - 2018

It takes two exceptional people to make a loving pair,
Its been 50 wonderful years that you have so lovingly shared,
May you always be warmed by each others smile and care.

May Gold turn to Diamond!

With lots of Love and Best Wishes from,
Children & Spouse: Suraj & Meenal, Deepali & Prashant, Shyam & Dhanashri
Grand Children: Vedant, Shreya, Priya & Vanshikaa
All Relatives and Friends.
आपले आवडते पु. ल.

The Singers

Sanika Kodial
Anusha Nagarkar (Dance)
Arya Dhareshwar
Archana Mangalore
Shailesh Mavinkurve
Sandeep Bankeshwar
Ameya and Chaitra Nirody

“मंधव कल्लोठ” – a Musical Play on 18th February 2018
The actors

Deepa Savkur introduced the play ‘हुज़े आहे तुज्याची’

Dr. Uday Andar and Smita Mavinkurve

Neena Mavinkurve

Chaitanya Mallapur and Bipin Naidkarni

Uday Mankikar as Acharya

Chandrama Bijur as Kadvekar mami from ‘एका रंगिणी स्काराठ’
Actors, Readers and Narrators

Anand Nadkarni - narrated ‘अंदु बरबा’

Poornima Balsekar - read out excerpts from ‘अपूरवाइ’

Uday Mankikar - narrated excerpts from ‘गाव गाही’

Harish Chandavar, Vrinda Talgeri, Geeta Nadkarni and Vinod Talgeri - Abhivachan of ‘मुद्रा मी श्राणार’

Harish Chandavar in an emotional moment

The Accompanying artists

Suhas Chitale, Kedar Bhagwat and Himanshu Ginde

Janhavi Balwally

April 2018
आणि पुढील कार्यक्रमाची सूची देऊन सबूत काव्याचा हाती सुमारे केली.

पुढील कार्यक्रम होता, या, लं.च्या अर्जितामुळे, विधिविधानले "तुझे आहे तुम्हारां" नांदकातील चप प्रसंशाचे सादरीकरण. प्रत्येक प्रसंशाची पाठमुळे दी देऊन सबूत यांनी आपणांच्या प्रबंधनात नायातीलमुळी जोरासार आय्यंत परिशोधकांकर्त्यांचा सादर केला. यस्तील भूमिका हा. उदय अंडरा, विध्वंस नांदकां, सितारे माहितकडून आणि उदय मिश्रकडून या होशी रंगभूमीविवरण जवळ अनुभवी रंगभूमीविवरण, नीती माहितकडून या चैतन्य महापुरुष या युगाच्या तत्तेंत अनुभवी व्यक्तीही संदर्भात केला. प्रत्येक कार्यक्रम आणि माहितीची अंगावरी जास्तीत आणि नांदकातील आय्यंत परिशोधकांकर्त्यां यांनी दिशिला. यातूनेपर्यंत व्यक्तीही आशा, आधार आणि नांदकांच्या आवश्यकतेनुसार प्रेमक्षणांत बोधी चर्चा. स्वतंत्र आणि गणीतीच्या मिश्रती असलेल्या ह्या प्रश्नांत वातावरणात आणि माहितीकडून या होशी अनुभव आणि माननी इच्छेकाळे करावा, तसेच व्यक्तीही कार्यक्रमाची सुरुवात केली.

आदेश नांदकांच्या हे रंगभूमीचा पाठ वाचवून अनुभव अनुभव असलेल्या ह्या रंगभूमीच्या एक व्यक्ती कार्यक्रमांना आणि प्रश्नांत आय्यंत परिशोधकांकर्त्यांना आय्यंत परिशोधकांकर्त्यांचा. अगदी, ह्या आय्यंत परिशोधकांकर्त्यांचा आय्यंत परिशोधकांकर्त्यांचा आय्यंत परिशोधकांकर्त्यांचा आय्यंत परिशोधकांकर्त्यांचा आय्यंत परिशोधकांकर्त्यांचा. आय्यंत परिशोधकांकर्त्यांचा आय्यंत परिशोधकांकर्त्यांचा आय्यंत परिशोधकांकर्त्यांचा आय्यंत परिशोधकांकर्त्यांचा. आय्यंत परिशोधकांकर्त्यांचा. कार्यक्रमाच्या विशेष अनुभव आणि माहिती कार्यक्रमाच्या वेष्टिंग अनुभव आणि माहिती कार्यक्रमाच्या प्रकरणांना उपलब्ध अनुभव आणि माहिती कार्यक्रमाच्या प्रकरणांना उपलब्ध अनुभव आणि माहिती कार्यक्रमाच्या प्रकरणांना उपलब्ध अनुभव आणि माहिती कार्यक्रमाच्या प्रकरणांना उपलब्ध अनुभव आणि माहिती कार्यक्रमाच्या प्रकरणांना उपलब्ध अनुभव आणि माहिती कार्यक्रमाच्या प्रकरणांना उपलब्ध अनुभव आणि माहिती कार्यक्रमाच्या प्रकरणांना उपलब्ध अनुभव आणि माहिती कार्यक्रमाच्या प्रकरणांना उपलब्ध अनुभव आणि माहिती कार्यक्रमाच्या प्रकरणांना उपलब्ध अनुभव आणि माहिती कार्यक्रमाच्या प्रकरणांना उपलब्ध अनुभव आणि माहिती कार्यक्रमाच्या प्रकरणांना उपलब्ध अनुभव आणि माहिती कार्यक्रमाच्या प्रकरणांना उपलब्ध अनुभव आणि माहिती कार्यक्रमाच्या प्रकरणांना उपलब्ध अनुभव आणि माहिती कार्यक्रमाच्या प्रकरणांना उपलब्ध अनुभव आणि माहिती कार्यक्रमाच्या प्रकरणांना उपलब्ध अनुभव आणि माहिती कार्यक्रमाच्या प्रकरणांना उपलब्ध अनुभव आणि माहिती कार्यक्रमाच्या प्रकरणांना उपलब्ध अनुभव आणि माहिती कार्यक्रमाच्या प्रकरणांना उपलब्ध अनुभव आणि माहिती कार्यक्रमाच्या प्रकरणांना उपलब्ध अनुभव आणि माहिती कार्यक्रमाच्या प्रकरणांना उपलब्ध अनुभव आणि माहिती कार्यक्रमाच्या प्रकरणांना उपलब्ध अनुभव आणि माहिती कार्यक्रमाच्या प्रकरणांना उपलब्ध अनुभव आणि माहिती कार्यक्रमाच्या प्रकरणांना उपलब्ध अनुभव आणियात.}

KANARA SARASWAT
April 2018

12
Our Cover

“Swatantrate Bhagawati”
An Outstanding Historic Event

Swaradheesh Dr. Bharat Balwally is an ardent admirer of Swatantryaveer Vinayak Damodar Savarkar. He had the good fortune to read Swatantryaveer’s autobiography and his literary work as well. He was so impressed with Savarkar’s work that he decided to make an album, based on the poems/songs penned by him. Bharat also realized that it was not an easy task but that if he could complete it successfully he would derive great satisfaction and success.

Veer Savarkar’s love and respect for the nation and his great sacrifice for getting freedom for the Nation at the cost of his family, had made a deep impression in Bharat’s heart. This boosted his energy and propelled him ahead to prepare the album. Well known singers, like Pandit Suresh Wadkar, Dr. Anuradha Paudwal, Sadhana Sargam, Vaishali Samant, Swapnil Bandodkar, Jaspinder Narula and Swaradheesh himself have sung for this album. The songs are set to tune by Bharat, the music arranger is Late Shri Anil Mohile. It is said that good work always gets recognized. This album was not an exception to that. The said album, “Swatantrate Bhagawati” was released at the hands of none other than Prime Minister Shri Narendra Modi.

Swaratnyaveer Savarkar was a man of principles, having tremendous respect and love for our Army, Navy and Air force. Unfortunately, he was a much misunderstood person. So to bring his principles to light and to clear the misunderstandings if any, from the minds of people, Bharat organized the programme, “Swatantrate Bhagawati” at the Gateway of India, Mumbai, on Saturday 24th February 2018 at 5.30 p.m. Our Defence authorities had also organized an informative exhibition, “Know Your Army” on this occasion.

The main objective of arranging this programme was to make the younger generation and the seniors understand the concept of Nation and the great sacrifice made by the freedom fighters.

2018, being Shri Savarkar’s 52nd “Atmasamarpan” year, this programme was a fitting tribute to this great freedom fighter. It was specially supported by Govt. of Maharashtra Cultural Secretariat and sponsored by SwarNinad Foundation, Swatantryaveer Savarkar Rashtriya Smarak and Veer Senani Foundation.

The original singers, who have sung for the “Swatantrate Bhagawati” album, sang the songs with commentary by the one and only susanvadini Mangala Khadilkar. Shri Devendra Fadnavis, Chief Minister of Maharashtra along with other dignitaries from the State Govt. and the Defence were present on this occasion. The Defence personnel, who sacrificed their lives for the Nation during last two years were remembered, homage was paid to them. “Veer Nari”, “Veer Mata”, “Veer Patri” “Veer Pita” were honoured. The “Divyang” jawans (i.e. those who have been rendered handicapped during service) were also honoured.

Hats off to Swaradheesh Dr. Bharat Balwally and his team for conceptualizing and organizing this outstanding Historic Event !!!!

My thoughts as we near Women’s Day
Vanita Kumta

The ‘Woman of Today’ is more than ever before at the forefront in every sphere. Let us all stand up to give a Royal Salute to us all.

- A woman is an ocean of love. She is also a towering mount of strength. She gains strength from her seemingly weak moments.
- Truly, 'The hand that rocks the cradle, rules the world'.
- Let each of us first of all love and respect ourselves and see the love spread, as we see others love and respect us.
- In order to take care of others, we need to grow from strength to strength. ‘Health’ and ‘Fitness’ is the best tool to achieve this aim.
- An educated girl child can light several lamps to banish ignorance. Let us each begin this within our own homes, work places and society. May we learn to respect one another regardless of gender, caste, creed, colour or religion. This will strengthen an all inclusive society. Let us respect work and labour in any form and not segregate it into categories based on gender, but unify it on the pedestals of strength and skill.
- Let us march onwards to greater heights of glory, with no expectations of consideration based on being the weaker sex. We are strong, let us keep up the pace and build on it.

“Sanshay Kallol” - a Musical Play
on 18th February 2018

On 18th February 2018 KSA had organized a performance of the Musical play ‘Sanshay Kallol’ by veteran professionals Prashant Damle, Rahul Deshpande and others. The play is a comedy and shows the havoc that can be wrought if husband and wife suspect each other for infidelity. Of course all’s well that end well and the play ends on a happy note with all doubts being resolved.

The program had been arranged to raise funds for the various activities of the KSA and was a grand success. We are grateful to our audience who responded in a very positive way and also to our sponsors - SVC Co-op Bank Ltd., Rithwik Foundation, Entod Pharmaceuticals Ltd., Standard Greases & Specialities Pvt. Ltd., Saraswat Co-op Bank Ltd., Acme Soap Works, SAP Printers, NKGSB Co-op Bank Ltd., SOM Civil Engineers and Aroon Travels.
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Web: www.standardgreases.co.in
Smt. Chitra Durgadas Shirali, is Dharwad’s darling daughter and a well known personality in the social, religious and musical circles.

After decades of creative writing of bhajans, dramas, roopaks, poems and articles, Chitrapachhi’s talent is finally recognized and rewarded. She was awarded ‘Lekhan Praskar’ by the Saraswat mahila Samaj, Gamdevi in 2012 and on 12th February 2018, the Karnataka Konkani Sahitya Academy, Mangalore, awarded Chitrapachhi the KONKANI SAHITYA GAURAV AWARD.

Born to Shri Ganpatrao and Smt Sushila Nadkarni at Saraswat Colony, Santacruz, Mumbai, young Chitra showed keen inclination and talent for dramas, literature, sports and poetry. Throughout her school life, she has won innumerable medals, certificates and awards for acting, essay writing, poetry recitation, debates etc.

At the age of 18 years, Chitrapachhi was married off to Shri Durgadas Shirali and like an ideal wife, this Bombay bred girl followed her husband into remote villages like Sirsi, Belgaum, Gokak, Nargund, Gadag etc., due to his transferable job with the State Bank of India. Chitrapachhi had to keep latent her talents, passions and interests to become a dutiful wife and a home-maker.

In 1998, her husband was posted at the SBI Dharwad branch. Being a crucible of culture Chitrapachhi was again encouraged to indulge in her life-long interests. Balancing family, children and her family interests, Chitrapachhi started a small scale industry at home, employing four women to make sanitary pads named “Sanfree”. She was indeed our very own ‘Pad-woman’!

With encouragement from Smt Jyotsna Kamat and Chitrapachhi’s husband she also started writing plays, poems, roopaks, bhajans and articles in the Kanara Saraswat magazine. Her plays were broadcast on Akashwani Dharwad with the help of Prabha Sirur. Among her plays like “Phanna Sheeth”, “Vissar Amgele Samsarantu” & “Sant Namdev Sangeet Roopak”, her play “Porni Tori” received the first prize in the drama competition held in Canara Union, Bangalore. Her 42 bhajans translated from Marathi to Konkani from 11 chapters of our “Shri Guru Parampara” is a three hour long programme performed in Sunnyvale (USA), Bombay, Bangalore, Chennai, Hubli, Mangalore and Dharwad.

She went on to establish the “Dharwad Saraswat Mitra Mandal” and is still its President. Chitrapachhi has the rare distinction of attending the first “Vishwa Konkani Sammelan” held in 1998 at San Fransisco, USA.

Today, Chitrapachhi lives a life of quiet dignity in Dharwad and encourages young talent to sing. The Konkani Sahitya Gaurav Award is a fitting salute to this essence of Devi Saraswati.

Smt. Chitra Shirali is a regular contributor to the KS Magazine. She has been awarded ‘Lekhan Praskar’ by the Saraswat mahila Samaj, Gamdevi in 2012. We congratulate Chitra Shirali and look forward to more articles from her in the years to come... (From the Editor)
On 26th February, 2018 the phone rang with an ominous ring in the morning. Even before I answered it, I knew with an uncanny certainty that it was the bearer of bad news. My eldest uncle, Mr. Raghunath Gokarn was no more. As condolences poured in from all quarters, it really brought home to me the enormity of the work he had done for not only his family but also the community.

Born on 3rd July 1929, Raghunath Gokarn was brought up in Talmaki Wadi in the mid 20th century. He completed his M.A. with English Literature from Bombay University. India had just got its independence and the atmosphere was charged with ideas of nation building, social work and working in the co-operative sector. Young Raghunath Gokarn was highly influenced by the work of Rao Bahadur Talmaki and flung himself into working in the co-operative sector and especially for the Kanara Saraswat Association. He gave his valuable contribution to this organization and it, in turn, contributed to his growth.

He joined the KSA as a member of the Managing Committee in 1961 and continued working in that capacity till 1963. He was part of the editorial committee of the Kanara Saraswat Magazine along with late Shri Krishna Kurwar, late Shri Kumble Babudi and late Shri Sadanand Bhaktal.

One of the most important projects launched by the KSA is the updating of the ‘Chitrapur Saraswat Family Trees’. Raghunath Gokarn worked on this project along with Sadanand Bhaktal and later with Sudhir Moodbidri. In fact, even in his last days, despite his sickness he continued to work on this project which was very close to his heart. He believed very firmly that it was necessary that the work started by Rao Bahadur S S. Talmaki should not get lost in the pages of history. Despite his herculean contribution to this project, when he was honoured for the same on 26th November, 2016 he made sure to underplay it by dedicating this award to Rao Bahadur S S. Talmaki and to the volunteers who worked on this project, which is not at all surprising given his characteristic humility.

His work at Popular Prakashan put him in the perfect position to edit books published by the KSA. One such book was the autobiography of Mr. D. A. Bijur which he proof read and edited. Rao Bahadur S S. Talmaki published ‘Proverbs in Konkani language’ in two parts in 1932 and in 1936. Mr. Raghunath Gokarn worked for eight years on the third edition of this book, compiling the two volumes and editing the same.

Before joining Popular Prakashan in 1971, Mr. Raghunath Gokarn worked in the Brihan Mumbai Municipal Corporation. At that time, the publication wing of Popular Book Depot was a small unit. Most staff members had to do multiple jobs and there was no organizational structure. However, once he joined, he started taking charge of the production aspect of the publication house. By 1969, the unit started to take shape. Mr. Raghunath Gokarn was appointed the Production Manager with a small staff, mainly looking after books in English language.

As the unit grew, with separate managers for sales, sales promotion, accounts and Marathi editing, it was a natural progression for him to supervise all their activities. Soon he was promoted as the General Manager of Popular Prakashan and eventually became the Director of the company. From 1986, he represented the organization at many book fairs, including the Frankfurt International Book Fair in Germany. He continued to work at Popular Prakashan well into his 70s, taking many new employees under his wing and training them.

He truly was one of the pillars of the community and will be missed.

Raghunath Gokarn was brought up in a large joint family as was the custom in those days. Losing his father at a tender age he supported the family in many ways. A loving niece expresses her feelings in the attached letter -

Dear Mhantu,

I never wrote a letter to you when you were alive. I did not need to. You and I had a language of our own. I did not need to tell you that I loved you and you did not need to tell me that you loved me.

I do not remember a time in my life when you were not there. You were like a patriarch. So it feels like the entire family has become an orphan. After the untimely death of your own father you stepped into his shoes and they were not easy shoes to fill, with a huge family of younger siblings to look after. But you did it with enviable ease, at least apparent ease.

But then this apparent ease has been a staple quality of yours. In the face of any difficulty that you faced individually or as the head of the family your calm never wavered. Just as your smile, your steel resolve never weakened. And it is the latter that allowed you to battle the cancer that was systematically ravaging your body for sixteen long years. In those years we never saw the pain that you must have experienced.

I remember when you came back from the US two years ago and were admitted to the hospital. As I would come to
the hospital every night to be with you I wondered what you were thinking, because your face was calm as ever. Defying the doctor’s diagnosis you survived for two years after that. No, survive would be the wrong word to use. You lived. You continued to work on the Family Tree project. As your feeble body recovered strength, you even started going out occasionally, defying everyone’s expectations. You actively organized get-togethers at your house so that you could spend time with your siblings, asking for everything from missal pav to panipuri to be made and of course our favourite aamchi delicacies khotte and madgane. It’s a consolation, albeit a small one that you lived the last days of your life as you wanted to.

Leaving a steady job in the Municipality with a large family to support and joining Popular Prakashan, must not have an easy decision. Specially since the reasons were ethical. Or maybe it was easier because it was an ethical decision, for your ethics were the backbone of your existence. You always led by example.

There’s one thing that I must say without which this letter will be incomplete. You were one of the people who introduced me to books. Even today I have the first among the many books you gave me when I was in the fourth grade – a hard bound volume of fairy tales. The green cloth cover on it has frayed and the pages have become yellow but it has the place of pride in my book shelf. Someday I hope to be able to give it to my children while telling them about my legendary Mhantu.

Shruti Gokarn

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Military Musings

**Professorial Ranking**

**MAJ GEN B N RAO, AVSM, VSM & BAR (RETD)**

Civilians amidst the military would always rank below service personnel and nowhere is it better brought out than in the memoirs of Lord Todd 'A Time to Remember: the Autobiography of a Chemist'.

In 1941, it appears, Lord Todd was engaged in chemical defence work and had occasion to travel to Porton Down to watch a demonstration. Lord Todd had taken a long time getting there from Manchester by train, because of the vicissitudes of wartime travel. Long before his arrival, he had run out of cigarettes, and he was desperate, for he was a heavy smoker and cigarettes were not easy to come by in wartime England. But then after a morning of demonstration on the Salisbury Plain, he was taken to the Officers’ Mess for lunch.

In Lord Todd’s own words –

"After a wash I proceeded to the bar where - believe it or not there was a white coated barman who was not only serving drinks but also cigarettes. I hastened forward and rather timidly said 'can I have some cigarettes?'

‘What’s your rank?’ was the slightly unexpected reply.

‘I’m afraid I haven’t got one’, I answered.

‘Nonsense – everyone who comes here has a rank’.

‘I’m sorry but I just don’t have one’.

‘Now that puts me in a spot’, said the barman, ‘for orders about cigarettes in this camp are clear – twenty for officers, ten for other ranks. Tell me what exactly are you?’

Now I really wanted those cigarettes so I drew myself up and said, ‘I am Professor of Chemistry at Manchester University.’

The barman contemplated me for about 30 seconds and then said ‘I’ll give you five.’

Since that day I have had few illusions about the importance of Professors!"


My own experience was somewhat contrary. After completing my service with the army, I was selected to be the Shivaji Chair Professor in the Department of Defence and Strategic Studies at Pune University. I once happened to be invited as the Chief Guest to a civilian function at Garware College in Pune. The compere approached me a few minutes before the function demanding a few biographical highlights.

Of course being proud of my background as an army General, I briefly outlined a few major military milestones. Surprisingly that didn’t cut much ice with him. ‘And what are you doing currently?’ He enquired politely. I dismissively stated that I was Shivaji Chair Professor in Pune University. He immediately knelt down and touched my feet in respect.

After that, whenever I was in the university, I was a professor first and General next.

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**Thinking about ‘Teru’**

**PUJA GOKARN**

‘Teru’ means chariot in Kannada. That language now feels to me like an old lover, estranged and yet familiar and comfortable. Back in Karnataka and all the villages there that I call mine, ‘Teru’ is the word used to describe the whole festival. People gather for it like relatives at weddings. Days are filled with song, dance, ritual and an overwhelming sense of belonging. This builds up to the day when God finally sits in His chariot to visit His people. And His people line up to pull His chariot. The same people might growl at you for accidentally stepping on their toes in a crowded train compartment in Mumbai. But here, the elbows in their ribs and the reckless stamping on their feet do nothing to dampen the devotion and joy in their collective chants.

In those days, I find a love for God, for fellow chariot pullers, who I have never met before in life, and for myself, that kind of love that one can truly find only at home. I think about it very often – about the people competing to volunteer and sing bhajans, the youth putting up performances, the priests busily moving about from one shrine to the next conducting all the rituals, the aunts and uncles asking about what you do and when you plan to get married and settle down. I think about the night when we all walk up to the temple in the forest to pray together. I think about when we all watch the beautiful dance of young men painted as tigers, amusing and yet commanding some of the fear and awe that a real tiger would. I think about how God watches all of this from His corner, as I do from mine. I think about whether he finds all the boisterousness as comforting as I do. I think about that moment when all of us are pulling the chariot, all of us are shouting out His name in pride and happiness, and each of us feels alone with Him in that one fleeting moment.

What I find myself missing the most, however, is that silence at night just after the last of the chariot festivities have died out. That silence in which most people retire, while a tired few gather under big, old trees for those fun conversations that can only happen late at night. That silence that is just waiting to be filled by the ghost stories old grannies tell you, all of which have really happened, mind you. Sitting under those huge, old trees, listening to those grannies and wondering whether spirits might be around me at that time proudly listening to their stories being told, I feel safer than I do sometimes at my desk trying to quieten the chaos of my mind and heart.
Birth Centenary Tribute to Benegal Indukant Rao  
(1918-1983) 

Shri Benegal Indukant Rao’s unique personality was reflected in his first name ‘Indukant’ meaning ‘like the moon’. He was born at Karkala, on 21st January, 1918 to Dr. Vithal Rao and Smt. Tara. He was the oldest of five children and the only brother to his four sisters, Anusuya Kodange, Ahalya Ullal, Radha Karnad and Prema Mankikar who fondly called him ‘Anna’.

He graduated from St. Aloysius College, Mangalore and joined the Government of India soon after graduation. He served as a Civil Administrative Officer in the Armed Forces (Ministry of Defence). He lived in New Delhi for most of his career until he retired in 1976. He would visit the Swami Malai Temple on most Mondays, walking from his office in R.K. Puram.

He had a great sense of humour and was a very witty conversationalist. There was an element of natural spontaneity in his wit. He was a popular figure in the Bhanap and Konkani Circles of New Delhi. He had a great interest in the practice of homoeopathic medicine. He was self-taught and was often surrounded by a pile of Boericke’s Materia Medica and other books by scholarly practitioners.

He was also a passionate photographer. He had a large collection of albums of photographs clicked by him on various occasions with his much loved Roliflex box camera. He was fond of devotional music. He also acted in a few Konkani dramas which were staged by the Konkani Association, New Delhi. He also worked for the New Delhi Sabha of Chitrapur Saraswats.

He passed away in June 1983, at age 65, of lung cancer.

This noble soul from the Benegal clan is fondly remembered with love and respect, by his wife Smt. Maya Benegal, now 92, daughters Nayantara, Maitreyi, Suman and Hema and their respective husbands: Arun Mudbidri, Shivanand Sanadi, Sunil Savur and Ashok Hattangady; his sisters and their families the Kodanges, Ullals, Karnads and Mankikars; and the Sthalekars.
Tips on Cooking Fried Rice

Chef Prathamesh Kumta

One of the most common questions I get as a Chef is about making good fried rice. This usually puzzles me because "fried rice" in Asian food is hardly a difficult dish to cook. In fact, it's the very opposite of it. Fried rice is not one single dish. It is more of a way of combining leftover rice with leftover anything else and turning it into a one-dish meal.

This "leftover" philosophy of fried rice also means that there are an infinite range of ingredients and flavours that can be combined to create new and interesting versions of fried rice. From the simple egg fried rice to the Indonesian Nasi Goreng (which translates to "fried rice", incidentally) to the Thai Basil-flavoured Rice, you can make any number of tasty dishes that will fill your belly.

So rather than list actual ingredients and give you a recipe, I'll explain a few basic things you need to get right to make sure your fried rice comes out great. (But don't worry, a recipe too shall follow.)

**Rice:** This is obvious, of course. You need to start with boiled or steamed white rice. But you can't make fried rice with freshly cooked rice. The best rice to use is leftover rice that's been lying in the fridge for at least a day. This will turn the grains firm and get rid of the excess moisture. They will also be much easier to separate. If you cook with freshly-made rice, all you will get is "fried mush" instead of fried rice. If you can't wait for a day then at least let the rice cool for a few hours in an airy spot.

**A hot wok:** One of the reasons that restaurant-made fried rice has that smoky flavour is the high temperatures and the seasoned carbon steel woks that we use. Once you get stirring the rice around, keeping a low temperature won't help much. The soy sauce (if you're using any) will make the rice wet instead of caramelising and the rice too will not get heated all the way through. Moreover a layer of oil on a hot surface will dance around merrily and form a non-stick coating. If the wok is not hot enough, your rice grains will start sticking everywhere inside the wok.

**Leftovers:** It doesn't need precise measurements and careful cooking. It tastes great with all kinds of leftover meats and veggies. Some grilled chicken from yesterday? A few scraps of ham or bacon from breakfast? Or perhaps, some leftover peas and carrots in your fridge? All of them will work fine. The only criterion is that they should not be too "wet". For instance, you probably shouldn't combine that vegetable stir-fry with your rice or your Thai green curry chicken because then you will get a wet mush again. Combine leftovers and rice with some spirited seasonings like ginger, garlic, spring onions and salt and that's it! Your fried rice is only about 5 minutes away.

When I was writing this article, I wondered which of my fried rice recipes to share with you. There were just so many. So I decided to share a Thai fried rice recipe that has lots of flavour and works wonderfully as a single-dish meal too.

**Thai Basil fried rice (Khao Pad Kaprao)**

And here's how to make it:

**What you need**
- Cold, cooked long grain rice – 2 cups
- Garlic – minced – 1-2 tbsp (I like to use more)
- Fresh red chillies – finely chopped – 1-3 tsp
- Sliced Onions - 1/2 cup
- Fish sauce or light soy sauce – 2 tbsp (adjust according to saltiness of sauce)
- White sugar – 2 pinches
- White pepper – 1 tsp (use 1/2 tsp black pepper if you don't have this)
- Fresh shrimp, shelled and deveined – 50 gm (optional)
- Oyster Sauce – 1 tsp
- Asian Greens – Like Pokchoy or Chinese Cabbage – 1/4 cup diced
- Refined oil – 2 tbsp
- Holy basil (or sweet basil) leaves – torn by hand – 1 handful

(Feel free to add more veggies or different meats to this dish as you see fit. It’s very flexible.)

**How to make it**

Get all the ingredients ready. It shouldn't take too long. Not more than 10 minutes.

Heat a wok till the surface is almost smoking. Then add the oil and spread it around till it coats the surface evenly.

Temporarily move the wok off the heat and then add the garlic and chillies, then stir for about 10 seconds. This is to prevent the garlic and chilli from burning. Then add the onion, and shrimp, move the wok back to the high heat, add two pinches each of salt, pepper and oyster sauce, toss around for another 30 seconds. The shrimp should be a little undercooked because it will continue to cook after the rice has been added.

Now add the rice to the pan, crumbling any big sticky blocks with your hands to ensure they're all separate.

Toss the rice and the veggies well and keep stirring for another minute or two so that the rice grains are properly coated with the oil. Then add the sugar, white pepper, and fish or light soy sauce. Stir the mixture around again for another minute. Then taste the rice to check saltiness. If it's less, add some more fish sauce.

OK, we're down to the final stage of the cooking, my friend. This is when you throw in the basil leaves into the rice and something magical happens. All of a sudden, the aroma of the basil comes floating out of the wok, turning simple ingredients into a delicious dish. Stir the rice and basil mixture in the wok for another minute, then take it off the heat and serve. That's all there is to it.
When is the Article 356 utilized?

As said by three distinguished constitutional Law authors, namely Prof. Mukherjee, Minattur, and Mithal, the “Article 356” must be used, without damaging the Federal structure. In addition to this, it should also be utilized, sparingly, in extreme cases, as a last source, when all available efforts fail to prevent the breakdown of the constitutional machinery of the State Government. It can also be noted that if there is formation of a hung assembly, because of not getting required majority, by any one of the political party, then, Article 356 (related to President’s Rule) is applied.

But, on several occasions, some of the governments, showing disrespect to this article undermined the democratic institutions for their benefit by bringing Central Rule in opposition ruled State Governments unconstitutionally.

In fact, while imposing Presidents’ Rule, the Article 356 does not make Governor’s Report mandatory and thus, without the availability of such a report, a State Government can be dismissed. But Justice Sarkaria Commission observed that in many cases, the Governor’s Report was sought by the centre, which was contrary to the constitutional norms, for imposing President’s Rule.

After releasing Justice Sarkaria Commission (appointed by the Centre to study relations between the Centre and the States) Report, the Governments never bothered to even look at a single clause of the recommendations. The commission also put forward to expand the scope for the Judicial Review. But, despite the restrictions on Judicial Review, they courageously gave their rulings holding that the Central Rule was malafide and there was no ground to show proper reasons, in dissolving the state assemblies, says Justice Sarkaria in his report.

But now, a big question arises, in the minds of the people, whether the dissolved assemblies can be revived after the superior courts declared that the imposition of the President’s Rule was illegal. But, it is not possible to bring back the dissolved assemblies to their original State. Fresh elections are the only remedy in such cases. The commission also suggested to keep the assemblies under suspended animation till both the houses of Parliament approve the Central Rule, by 2/3rd majority.

Lastly, the commission has also advised in its report, to set up a Joint Parliamentary committee, to review the step taken by the Centre, while dissolving the assemblies because Article 356 is like a mighty medicine to restore the health of the nation. But, Government kept such wise suggestions, on the back burner.

The founding fathers of our constitution, while drafting the constitution, vested powers, with council of ministers, through the President, to step forward and to exercise his powers as a head of the State to operate Article 356 whenever the State Government is unable to safe guard the constitution leading to bring danger to the lives of the people.

The President, must carefully think while suspending elected Government of the State, under Article 356 (a distinctive article of the constitution), which should not be misused and should be applied when State forces are found ineffective. Mere riots cannot be considered, for the proclamation of President’s Rule as they can be quelled by the police. Earlier, the Congress Government toppled the opposition ruled State Governments unconstitutionally without having any proper ground. Such proclamations were quashed by the SC, says Justice Sarkaria in his recommendations.

Striking Court Rulings (Ref: Air Manual)

In the Karnataka, Bihar and Nagaland cases, while pronouncing the Judgements, the visibly upset SC Judges held that the President’s Rule imposed on these States was unconstitutional and could cause prejudice. Keeping continuity in its judgment, the court further said that the Governors of these three States should have given opportunity to the Chief Ministers of Bihar, Karnataka and Nagaland to stake their claim by way of floor testing in their respective assemblies.

Astonishingly for first time in the Indian Judicial history, the Supreme Court, while reinstating the recently sacked Arunachal Pradesh and Uttarakhand State Governments ruled that the Centre brought Presidents’ Rule on those States unconstitutionally by destabilizing the State Governments thus violating democratic norms.

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Much as we regret, the spiraling costs of printing have forced us to increase the prices of our casual advertisements with effect from May 2016 Issue. They are now as under:

Editorial Committee
Several men may have already put their foot on the moon by now. India is also planning to put her footprint on the moon within few years and perhaps some Indians also will step out there. What is it like to live on the moon - Do you have any idea? “May be we will know after we go there.” If that is your answer, perhaps you will never know (unless you are one of the select few lucky young cadets working for the Indian Air Force). As for the rest, we have to use our creative and imaginative skills to visualise life on the moon.

By the time this article reaches you, our young friends would have finished their exams and may be headed for vacation which invariably means long waits for the rescheduled flights or long travel times in the closed air conditioned trains or buses. While doing this, why not enjoy a unique unheard of vacation to the moon which costs you only imagination and a bit of creative thinking? As I said earlier, for majority of you (and me) this is the only way to accomplish this journey. After the first man landed on the moon in 1969, the question that made a prominent appearance in the newspapers those days was “how much do you weigh on the moon” and the simple answer was “one sixth of your weight on the earth”. Those days with no internet or computer or even a simple BW Television, most of us had witnessed the event only through the newspaper photographs.

Several other questions arise. First, what does the earth look like from the moon? What is its colour and whether it appears as big as the moon (viewed from the earth) or bigger? The answer to the first question is straight forward. With 70% surface covered with water, blue has to be the prominent colour with interspersed white stripes of the cloud cover (Just peep down from your window seats when flying over a sea or an ocean).

How about the size? We have heard in the news media of “super moons” which are supposed to be big moons. Does the moon change its size? No. The moon revolves around the earth along an elliptic orbit. During this transit the moon’s distance from the earth varies and hence it appears to change its size. The question now is how to measure the apparent size. To get an idea of this look at the two trees shown in Fig.1, one big and the other small. To the eye on the left side their size is apparent from the angle (Theta and phi) subtended by them at the eye (dotted lines). In the Fig.1a, the trees are located such that they subtend the same angle theta at the eye and hence both appear to have same height where as in Fig. 1b, the big tree subtends an angle phi (greater than theta) and thus appears bigger and in the Fig 1c, the smaller tree is closer and thus appears to be bigger. We shall apply this idea to the earth and moon (vide Fig.2). The angles (theta and phi in this case) are known as the angular diameter of the moon seen from earth and the earth seen from the moon respectively. Theta varies between 29.3 and 34.1 arc minutes in this figure. (Note: 60 arc minutes equal one degree on the protractors in the geometry box). For sun seen from earth as well as moon, the angular diameter is 32 arc minutes even though it is about 400 times bigger. However the earth’s diameter is 3.7 times that of the moon and hence seen from the moon’s surface it will have an angular diameter of 2 degrees. (Thus PHI = 3.7 times THETA in fig.2.). The sun which is almost equidistant from earth as well as the moon will have similar apparent size and hence the earth will appear four times bigger than the sun (vide Fig.2). Note that angles THETA and PHI are highly exaggerated in Fig.2 for convenience sake. (If the actual values are used, the earth and moon will be a shade bigger than a mustard seed or the figure will be huge.)

How about the sky? The most interesting aspect of living on moon is the spectacular view of sun, stars and all other planets because there is no atmosphere, no clouds, no fog, no pollution etc. etc. In effect, the moon has no sky. What is sky after all? It is just the air cover around and above us, which scatters the

Illustration of the actual height and the apparent height of the trees to demonstrate the difference between actual height and height apparent to the eyes.

Apparent size of the earth as seen from the moon and that of the moon as seen from the earth. The sun is almost at the same distance from the moon, as it is from the earth and hence appears to be of the same size from the surfaces of both earth and moon. The angles THETA and PHI are 32 and 120 arc minutes but are highly exaggerated for the sake of convenience.
sunlight and appears like a solid ‘sky blue’ coloured umbrella with the clouds floating, the fog, etc. Since there is no air covering the moon, there is absolutely no sky. It is all pitch dark there. Even the bright sunny days on moon are a replica of the full moon nights on the earth with clearest possible weather conditions. You can do stargazing right when the sun is on the zenith (except in the very close vicinity of the sun) or perhaps the earth! Again the sun does not change the colour or its intensity.

The most important aspect of the life on the moon will be the need to carry our own air for breathing. I leave it to you to find out the nature of the cultural and sports activities there. For example how will the singers sing? Can they be heard by the audience? What will it be like to play a day and night cricket match? How effective will be the swing and spin bowlers be? How easy or difficult will it be for the batsmen to hit a six? Can you fly a kite? How high and long will the jumps be? etc. Think of the several other possibilities. I hope as you enjoy your vacation, you will also be able to imagine your life on the Moon and perhaps Mars.

We shall discuss the possible techniques of estimating / measuring the angular diameters of the planets in a future article. Bye then.

### A Missed Step in the USA

**LATA KARNAD RAO (ULLAL), CHENNAI**

My husband and I had been to California, to our son-Chetan’s home, at Fremont for two months in the summer of 2017. Every day I used to go for a walk in the evening from 6.30 to 7.45 pm. I became friendly with two Indian ladies, Medha and Vijayalaxmi, who too used to walk with me. Most times the three of us would go together and sometimes, when they were not available, I used to go alone. On July 18th 2017, while walking alone, I met with a freak accident. I had a sudden fall due to the uneven slabs on the pavement. The impact was so much that my nose and upper lip had cuts and I started bleeding profusely. My sunglasses, hair band, purse and glasses were scattered on the footpath. Somehow I managed to get up immediately and collect all my things but the bleeding from the upper lip didn’t stop. My hands and mouth were stained with blood, with a few drops on my purse and big patches on the pavement. I wanted some water to clean up my wounds and mouth but all the houses around were closed and no tap or any other source of water was visible nearby. I was desperately looking for help and water on both sides of the deserted pavement and the road; but no one could be seen. I was standing on the footpath waiting for somebody to come and help. (I thought, if I walk on the road with blood stains on my mouth and sometimes, I would have been looking like a “zombie” character from the American TV serial - “Fear the Walking Dead.”!)

All the roads and side lanes were empty. My lip was still bleeding. And thank God, I saw one Chinese lady from a distance, coming on a skater towards me. I waited a little and when she came close to me, I asked her for water. But she didn’t understand because of the language barrier. I had to use sign language to show that I had fallen down and got hurt. Seeing my condition, she asked me to wait there. Hurriedly she crossed the road and went on some inner road. I waited for some time, the bleeding had not stopped yet and losing my patience, I, too crossed the road, started searching of that lady. Finally, like a God-sent person, she came running from her flat upstairs, with a huge bundle of tissue paper and bandaid like strips. She gave me big strips of tissue paper to wipe the blood. I asked her for water to wash my wounds, mouth and hands but she didn’t understand English. Luckily, her husband and son (around 11 years) were coming home. She spoke to them in Chinese and I asked them again for water. Her son understood and ran home and brought a bottle full of water. I washed my mouth, sticky hands, drank some water and returned the bottle. But the kind lady signalled me to keep it with me. She gave some more tissues to wipe and took my blood stained tissues from my hands. In sign language she told me to take care and said “Bye”.

Within 15 to 20 minutes I reached home but by that time my lip was swollen badly. I was not able to speak or open my mouth fully for the next two to three days and I had to use a straw to drink only liquids. My son and daughter-in-law called their doctor friend. He was out of station but gave instructions on the phone on how to treat the wound. Accordingly, I applied ice cubes that stopped the bleeding. I also took pain killers. The swelling was severe and to reduce it, hot water fomentation was done every hour. Within a week’s time the swelling had gone down and my lip returned to almost its normal size. By God’s grace, I started going out again after four days with my friends and on the sixth day, all that was left were bruises on the nose and upper lip. But that thankfully didn’t stop me from going on a three-day tour to Oregon, as planned earlier.

Compare this absolute voluntary help from total strangers, who could not even converse with me in a foreign country, to passersby at accident spots, in our country, who take pictures and videos of the victims and sometimes leave them to die without offering any help or even call for an ambulance. Sadly, humanity perhaps, has disappeared from this part of the world.
Our Gurudakshinnaa to Upadhyaya Sir
Nalini Nadkarni, Kandivali, Mumbai

The late Dr. Radhakrishnan-Ex-President of India, was a great philosopher, scholar, and teacher. He felt that the best minds in the country should be teachers. His birthday, 5th September, is celebrated as Teacher’s day.

Teacher’s day reminds me of my own teachers in school way back in the 1940’s, especially Upadhyaya Sir-our Maths teacher. Ours was a co-ed school—the girls were too few to justify starting a separate school for them. Three boys-Balwalli, Pai and Mulky were always the three top rankers. The rest of us were of average calibre.

When we were promoted to Std IV, Upadhyaya Sir was to be our maths teacher. Having heard that he was very strict, we were rather nervous about meeting him.

The dreaded period arrived at last. Asking us to be seated, he began, “I am your maths teacher. So far, you have learnt only arithmetic. From now on, you will learn two more branches of maths-algebra and geometry. Tell me, how many of you love arithmetic?” He seemed quite surprised when not a single student stood up.

“No one likes arithmetic? I am sure most of you will go in for higher studies like engineering, accountancy, medicine and so on. They say maths is the queen of all sciences, and arithmetic is the queen of them all! All inventors needed to make many mathematical calculations, before they invented the steam engine, electricity, telegraph etc. Haven’t you heard of Aryabhatta—the famous mathematician of ancient India? He was the one who taught the world, the importance of ‘zero’. He neither had teachers nor reference books, as we have now. Yet, his discovery benefitted the entire world!

Kumta, one of the bolder boys, stood up and said, “But sir, arithmetic is very difficult.” Sir had an answer for that. “If Helen Keller, who was deaf, and dumb and blind, could master maths, it should be no problem to a normal person! It is said that a famous personality had to study under a street lamp! Another one had to swim across a river to attend school, because there was no school in his village. He did it in the rains and in winter! Aren’t we all better off than them? ….. In the beginning studies are bound to be difficult; but perseverance will give you confidence.”

“I am sure you have heard of King Bruce. He felt dejected after facing defeat in battle several times. Once, when he was brooding over this, he watched a spider weaving a web repeatedly, no matter how many times it got undone.

Watching the spider’s perseverance, King Bruce got inspired to go into battle again, and eventually, he succeeded! So it is, with maths. Constant practice will eventually reward you with success!”

“Remember, maths is a scoring subject. A cent percent is said that Upadhyaya Sir was delighted with the steam engine, electricity, telegraph etc. Haven’t you heard of Dr Rakhmabai-Dr Rakhmabai are known for helping out women patients who refused to be treated by male doctors. ….. All these women had to overcome several hurdles before achieving their goals. How did they cope with and overcome their hurdles? They persevered! …..” He concluded, because the bell rang even as he spoke.

He added one more sentence before he left our classroom. “Remember, the harder you work in the beginning, the easier it will seem, as you progress.”

Sir’s speech impressed and inspired us so much, that most of us began to work hard at maths, and improved considerably, by the time we reached Std VII – the matriculation class.

When the Matric results were declared, I was very happy that I had passed, securing a first class, and that I had scored 68% marks in maths, the latter being a rare feat for me! Balwalli, Pai and Mulky had all come in the merit list, securing a distinction in Maths.

It was easy to see that Upadhyaya Sir was delighted with our Guru Dakshina!

(Note: this article is mere fiction).

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CHF YUGADI - New Jersey's Popular Children's Annual Event

By Gayathri Bantval

Each year through the harsh winter weather, a typical Saturday schedule for young Amchi families in New Jersey-Pennsylvania typically includes the weekly "Yugadi practice". A much awaited annual tradition involving rigorous planning, skillful scheduling, artistic choreography, numerous rehearsals, fancy costumes and sets, fun playdates and sleepovers, game nights, and potluck dinners, and of course the main event! This popular annual children's event is organized in April since 1999 to mark the festival of Yugadi. It is now a popular, flagship event supported by Chitrapur Heritage Foundation.

The annual Yugadi event was started by Smt Shanta Bijur with the sole purpose of instilling in the Amchi kids a sense of belonging and community. She realized that the widely popular monthly Satsang started by Ashok and Vanita Balwalli provided a wonderful opportunity for adults to get together just as they did growing up in India, bringing back the nostalgia of our Swamiji, Chitrapur Math and Math heritage. To provide the younger generation a similar forum, to get them interested in our heritage and culture, and create everlasting friendships, a children-oriented program to celebrate YUGADI was started in 1999, with the blessings of Puja Swamiji. Swamiji had sent a message to make it fun rather than too religious. Heeding Swamiji's advice, Yugadi's aim is to make this a fun, yet enriching experience for kids. Performances range from skits, folk and classical dances, and instrumental ensembles to introduce and showcase Indian culture. Over time our Yugadi family has ranged from 35 to 100 participants!

CHF Yugadi as it is often referred to, is run like a well-oiled machine by a dedicated Yugadi Committee - Hemant Bailoor, Saraswati Naimpally, Moshumi Balwalli, Arya Nadkarni and Charu Trikannad. The Yugadi yatra begins with committee planning in December, rehearsals in full swing by late January, and the train chugs along full steam till April – a blur of weekend activities. On the day of the event, the atmosphere seems like a large Amchi family get together! The Committee has meticulously orchestrated this production, delegating every aspect of the event to a willing team of volunteers, to ensure that the children's performances go off without any glitches. This is our children's moment to shine, a culmination of months of preparation, and the end of a wonderful, fun yatra! While the kids performances vary, Yugadi always starts with Prarthana arambha prayers, and ends with a 'Palki' utsav led by Ashok and Vanita Balwalli, followed by Deepa Namaskar, and Prarthana samapti prayers. The evening ends with a scrumptious dinner. Yugadi is hosted by kids in high school, many of whom have performed on this stage since they were toddlers. The 12th graders heading off to college give 'Senior speeches' reflecting on their favorite Yugadi memories, and looking ahead to the exciting adventures of college. Over the years, some of these young adults come back, this time as volunteers. As the evening winds down and volunteers help clean-up, the children invariably play and relax, lingering on, not wanting to leave. Kids (and occasionally parents) suffer Yugadi withdrawal symptoms, disheartened at the thought of a 'free' weekend without Yugadi practice, and playdates with their friends!

Shanta pacchi's message to Amchi youth is "that they should get familiar with our Indian culture, the teachings of our Rishis, and carry the torch for future generations". She believes that the Yugadi experience makes them bold, confident and assertive - critical skills necessary for success in life. She has many fond memories of Yugadi seeing kids having fun, coming up with new ideas, writing/acting in skits and choreographing dances. While she reminisces about some of the early challenges with Yugadi, she is grateful for the enthusiasm of the parents, the tireless efforts of the Yugadi Committee, our supportive Amchi community, and especially blessings of our Puja Swamiji and our Math, for having sustained this event for almost 20 years.

This year's Yugadi event is on April 21st at South Brunswick, NJ for details email chf.yugadi@gmail.com

For more information, please contact Arun Heble (arheble@yahoo.com) Tel: +1-215-666-3200 or Pramod Mavinkurve (pmkurve@gmail.com). Tel: 908-616-1497.
Chitrapur Heritage Foundation
711 Daylily Court, Langhorne, Pennsylvania, USA
Connecting US Amchis to Chitrapur Math

Shanta Bijur (FR 4th from left)

Pics credit: Sandeep Dhareshwar & Moshumi Balwalli
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  Mobile No – 09623788879
- Email ID:admin@kanarasar SWAT.in, ravikalap rakash@gmail.com
- KSA Website: www.kanarasar SWAT.in
5th Death Anniversary
Fond Remembrance

Gurudas Vithal Masurkar
(11th July 1922 - 2nd March 2013)

You will always live in our hearts...

Wife: Mira

Children:
Nandini-Shivaram
Vinay-Sujata
Kishore-Rita

Neeta Sheila-Prashant
Amit Anirudh
Nikhil-Anjula Namita

Ojas Vihaan Vera

Great grandchildren:
Aany Aanya Anaaya

All his near and dear relatives and friends
Staff of Entod Pharmaceuticals Ltd.

April 2018
KANARA SARASWAT
The original idols from the Gurunatheshwar Dev Temple

The deities at the temple today

125 handmade diyaṣ in celebration of 125 years of the temple

Gopalkrishna at Shri Gurunatheshwar Devasthan

HH Swamiji performing puja

Swamiji doing the Punarpratisha at the Gurunatheshwar Dev Temple
The Panchavinshatyaadhikam Shatam Vardhapan Mahotsav of Shree Gopalkrishna Gurunatheshwar Temple (125th Vardhapan Mahotsav)  
3rd to 5th March 2018 – Shirali.

युद्धेवमुदेवयंकस्मचाणूर्मदनम्
देवकीप्रमानन्दकृष्णवन्दे जगद्गुरुम्

Shreeya Haridas

Around 1655, Sant Raghavdas, the disciple of Sant Ramavallabhdas came to Shirali from Mallapur, propagating Krishna bhakti. He along with his disciple Sant Naraharidas, built a temple devoted to Lord Gopalkrishna, and celebrated Shri Krishna Janmotsava, with grand festivities and fervor. The vaastu of the temple was plush with flora and fauna, and its strategic location just across the highway, (fondly known as the Pent) in Shirali, would attract devotees, and saints from all over. Two musician brothers from the King’s court at Nagar – Udakada Venkateshaiya and Sarangada Santhaiya, migrated there after the fall of the Nagar Sansthan. Udakada Venkateshaiya offered to stay and devote his life playing music in devotion of the Lord. He came to be known as Haridas, and the temple was called the Haridas Math, that continued the legacy of celebrating the festival of Gokulashtami on a grand scale. On an unfortunate evening, a wild fire broke out, bringing down the entire temple and its peripheries, leaving the family and devotees distraught.

H.H. Pandurangashram Swamiji, the then Mathadhipati, with His vaatsalya bhaav, swiftly took charge of the situation, invited the Haridas family closer into the village, offering them a place to reside - right in front of the Chitrapur Math (the same residence where H.H Anandashram Swamiji grew up in His poorvashram days), and rebuild the Gurunatheshwar Devasthan all over again. His Holiness, not only funded the temple building activity, but also personally got a new Krishna Murti made by highly skilled marble sculptors. On Phalgun Krishna Tritiya in the year 1893, Swamiji himself did the Pranpratishtha of the temple with His lotus hands.

Since then, the GopalKrishna Devasthan at Shirali is visited by thousands of devotees, who are amazed by the charm of the Lord Krishna’s idol in this miraculous temple. Every year, the Gokulashtami utsav is celebrated with grand festivities for over 15 days.

The temple underwent some structural modifications and restoration recently; giving it a modern look, yet keeping its old world charm alive. The family requested H.H. Sadyojat Shankarashram Swamiji to do the Punarprathista at the temple, and H.H. graciously agreed, inspire of busy schedules.

125 years later, on the same shubhamuhuratam of Phalgun Krishna Tritiya (the same day of Pranpratishtha in 1893), Swamiji arrived early at the temple to a Purnakumbha Swagat, and installed the deities inside the garbhagudi with elaborate rituals, and did the first mangal aarti. A divine sight for everybody present. Swamiji’s Aashirvachan on the Bhagwad Gita emphasized upon the upadesh of Krishna to Arjun, and the latter’s acceptance of the upadesh from a Sakha and Guru. The bhajan – ‘Maza de Tavapadiaas’, written by Swami Parijnanashram, brought the sabha to a blissful culmination.

The 3 day utsav, from 3rd to 5th of March, also saw the Kalabhivriddhi Homa, the Rakshoghna Homa, the Laghu Vishnu Yaag, and recitation of the Bhagwad Gita. By evenings, the temple surroundings came alive with the recitals of the Nityanem and keertans in the honor of Lord Krishna.

To commemorate the 125th anniversary of the temple, the women of the family handmade 125 diyas, that were lit by every member present at the occasion. A wondrous way to offer our Pranaams to the glory of Lord Krishna, for having blessed us, beyond infinity.

Photographs by Amol Kallianpur and family archives
Young Viewpoint

Depression

Arjun Hemmady

It is said that only people who have experienced depression can explain the devastating effects it has on the human mind and body. What causes depression? The answer to this question is complex and has many layers. If you want something and don’t get it, you can get disappointed. However, disappointment is not depression. Depression is a feeling of emptiness and despair that engulfs every moment of a person’s life during the period when the person suffers from it and the rich and famous are not immune either. Deepika Padukone recently came out in an interview and admitted that she had suffered from depression and had taken medication to deal with it.

For some reason, there is a stigma surrounding the disease of depression. And yes, depression is a disease. But it is not always easy to spot a person suffering from depression. While a person may seem to be jolly and cheerful, not many can spot the sense of despair and helplessness that he or she hides. For understanding the disease of depression and removing the stigma surrounding it, we must look at the brain like we look at any other organ in our body.

The most common thing that people who have not faced depression say is that why can’t people suffering from it just snap out of it. According to the non-sufferers, it is the fault of the depressed person that he is depressed. However, that is not completely true. For that we must understand what happens when a person suffers from depression. When a person suffers from depression his mind spins out of control. He is not able to control his thoughts and many times, the same debilitating thought keeps on circulating in his mind. The chemical serotonin helps a person regulate his moods. As per my understanding, when there is a flow of serotonin in the system, his or her mood gets elevated and he or she feels good. When this chemical is not secreted, it can lead to a feeling of despondency, an emotion which is most commonly felt during depression. The amount of secretion of this chemical is not up to the mark in a person suffering from depression. There are methods to increase the flow of serotonin - with exercise being one of them. Such methods lead to long term benefits. So, the theory that the person is responsible for suffering from depression is not correct.

There is generally a lack of understanding and sensitivity about depression. It is common to call people suffering from depression as mentally weak. This is as absurd as calling a person who suffers from fever physically weak. Just as it is not in the person’s control as to when he gets fever, a person cannot control when he gets inflicted with depression. Just as the most physically fit person can occasionally get fever, similarly a mentally strong person can occasionally suffer from depression. It is commonly agreed that Winston Churchill and Abraham Lincoln were one of the tallest leaders of their countries, and both of them suffered from debilitating bouts of depression in various phases of their lives. Winston Churchill called depression as his “Black Dog”. Can we call these two great men as mentally weak because they suffered from depression? I personally would not, even though I am not the biggest fan of Winston Churchill.

So what must one do when one gets depressed? The best thing that one can do is not to take any rash and impulsive decisions which will have an impact on your life in the long term. It will help if you do something which comes easily to you. That thing may be anything productive like writing, singing or maybe even watching a comedy movie or television series. While this will not help you “beat” this dreadful disease, it will certainly help you cope with it better. Though there still will be times when such things will not work. At such times, it can be beneficial to tell yourself that such a downturn is a temporary phase in your life. Just like the seasons are not permanent, such phases are also not permanent, even though it may seem so.

One thing that people must keep in mind is that you must not aim to “defeat” depression. Our mind is a cunning little beast. Whenever we find a way to “defeat” it, it will come with other ways to bog us down. What one must aspire to do is to “manage” the disease. The best way to do this is to understand oneself and accept that one has weaknesses and shortcomings. Self-proclaimed motivational “gurus” will tell you to push yourself to your limits and there are others who will tell you that you have no limits. However, even though both of these statements are true in their own way, they must be taken with a big pinch of salt. I believe that to push oneself beyond one’s limits, one must first accept that one has limits. Once you truly accept these limitations, you will stop fighting with yourself, and when you stop fighting with yourself, you can not only perform much better, but you can also push yourself beyond your self-imposed limits. And then when you cross your limits, you will realise that you did so with such ease that it will surprise not only others, but even you!

To conclude, it is beneficial if a person has a contemplative bent of mind. This will help you to understand not only yourself, but also the world around you. It will also help you to have reasonable expectations from yourself. When you have reasonable expectations from yourself, you will be content no matter what you achieve. And that I believe is what is important.
Tattvabodha

Here is the eighteenth instalment of Dr. SudhaTinaikar’s absorbing de-mystification of a small, but very comprehensive, spiritual text

The process of creation of the Universe is being explained by the Tattvabodha teacher. It was said that as the first step, from Mâyâ, the material cause of the entire Universe with the backing of existence, consciousness Brahman गण्या जाना वाक, the five subtle elements - space, air, fire, water and earth पञ्च वैकांवति appeared. We also saw that each of these subtle elements have the attributes from sound to smell in an ascending order. Space is the most subtle element with only one attribute of sound and earth is the most gross with all the five attributes of sound, touch, form, taste and sound.

These five elements being the products of mâyâ, all of them have the three basic gunas of satva, rajas and tamas. From these five elements in different permutations and combinations, the entire Universe manifested.

So how did the sattva aspect of the five elements evolve? Each of the elements individually formed one organ of perception and the combination of all the sattva components of all the five elements together evolved into the inner instrument of mind.

The five elements are also called the five tattvas पञ्च तत्त्व or tanmâtra-s tanâsrah.

All the five organs of perception अनात्त्वानियमां came out of the sattva aspect of each tanmâtra as follows. Space with its sattva aspect contributed to the evolution of the organ of hearing, air to the sense organ of touch, fire to the organ of sight, water to the organ of taste and earth to the organ of smell. Our scriptures say that each individual sense organ अनात्त्वानियमां is represented by a corresponding cosmic sense organ महाभित्तिहृदियमां represented by a specific presiding deity अविद्यांवति. Let us put it in the form of a table which makes it easier to remember this entire process.

<table>
<thead>
<tr>
<th>Organ</th>
<th>Sound</th>
<th>Ear</th>
<th>Touch</th>
<th>Skin</th>
<th>Eyes</th>
<th>Tongue</th>
<th>Nose</th>
</tr>
</thead>
<tbody>
<tr>
<td>Space</td>
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</table>

It is explained that in every sentient being the organs of perception are represented by the same Devatā. At the time of death of a jîva all the sense organs merge into their respective cosmic deities.

Next, the Tattvabodha teacher explains what happens to the combined sattva aspects of all the five tanmâtra-s.

As it is obvious, each and every sense organ reports to the inner instrument of mind-intellect. Therefore the combined sattva aspects of all the five subtle elements together form the mind (अनात्त्वानियमां).

The sense organs are called outer instruments वैकांवति as they face the world outside and report what they perceive to the अनात्त्वानियमां as the mind cannot interact with the objects of the world directly. All the information given by the sense organs is processed by the mind-intellect inner instrument in a coordinated manner. The information is then passed on to the organs of action for an appropriate action. This is the normal interaction of every living being with the objects of the world.

The antahkarana is not a physical organ. It is a continuous flow of thoughts or vrittis (वृत्तिः). There are four types of vrittis or thoughts which the antahkarana brings about depending upon the context.

When there is a doubt and vacillating, the vritti is that of the mind. That means the mind can only doubt but cannot come to any definite conclusion (sankalpa- vikalpavritti). The intellect or the buddhi is a vritti which is decisive, conclusive and firm (nischayātmika).

When the antahkarana is predominantly doing something with a strong individuality, it is called the ahankâra or the doer- ego. When the antahkarana is involved with recalling / memory, this process happens by a thought of chitta.

One must know that these are not four anatomical regions of the antahkarana, but when one particular type of these four thoughts occurs, it is called by these four names. Thus manah, buddhi, ahankâra and chitta are four functional aspects of the one and the same antahkarana.

As for the other sense organs of perceptions, there are different deities for these four aspects of the antahkarana.

Let us see this concept in a tabular form as before.

<table>
<thead>
<tr>
<th>Name</th>
<th>Deity</th>
<th>Devata</th>
</tr>
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<tbody>
<tr>
<td>Manah</td>
<td>Sankalpa-vikalpavritti</td>
<td>Chandra Devata</td>
</tr>
<tr>
<td>Buddha</td>
<td>Nischayavritti</td>
<td>Brahma/Brihaspatih Devata</td>
</tr>
<tr>
<td>Ahankâra</td>
<td>Ahankartavritti</td>
<td>RudraDevata</td>
</tr>
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April 2018 KANARA SARASWAT 33
Tattvabodha

Here is the sixteenth instalment of Dr. SudhaTinaikar’s absorbing de-mystification of a small, but very comprehensive, spiritual text

The teacher of Tattvabodha has so far explained the Ṣiva in its entirety. Ṣiva is a composite of the three bodies (also expressed in the form of five koshas) and three states of the mind which was called anātma. It is the consciousness which makes the entire anātma function as a sentient unit, but itself remaining as pure witnessing consciousness. He also described the ātma (the real Self) as of the nature of sat, chit and ānanda. Ātma is the true nature of the Ṣiva.

Now the teacher goes on to describe the universe also called the jagat. It is also called as creation because the universe appears to be created at a given point in time, exists for a few million years and finally undergoes dissolution. We must remember here that the jagat is the field of action of every Ṣiva. If the jagat is a creation, then it must have a cause. That cause of this entire universe or creation is Ishvara (the creator). The Ṣiva and the jagat have a relationship of microcosm and macrocosm; in technical language the Ṣiva is the vyashti (व्यास्थि) and the universe is samashti (समस्थि). The individual Ṣiva cannot exist without the universe.

Now after the discussing the Ṣiva, we shall explain the twenty four factors in the creation of universe.

It is accepted widely by the scriptures that 24 factors or tattvas have gone into the making of this manifest universe. This is one model of understanding. Some times the number of these factors may change in different works. These 24 factors are the material cause and there must be an intelligent principle which uses the materials in the creation of the final product. The material cause is called technically the upādānakāranam (उपादान कारणं). The intelligent principle or the creator is called technically the nimittakāranam (निमित्त कारणं).

It is explained by the scriptures that Brahman along with its power mâyā is the combined nimitta-upādana kāranam for this entire jagat.

The twenty four principles or materials are five elements, five sense organs of perception, five sense organs of action, the five prānās and the four aspects of mind (manah, buddhi, ahankāra and chitta).

How these 24 tattvas emerge and how they contribute to the final product, the universe is explained further.

What is this mâyā?

When something appears to be, yet on enquiry it is not really there. This is the concept of mâyā. The traditional examples are the rope snake and our own dream experience. The snake appears on the rope, but in reality it is not; the dream appears so real while dreaming, but it is really not. The scriptures say that the whole universe is exactly like this, seems to appear in Brahman, but when inquired into, there is no universe at all except the name and forms. This is the handiwork of mâyā. Vedanta explains mâyā as “that which is not, yet appears to be”.

Mâyā projects a whole believable and experienced universe by its power of projection called Vikshepa Shakti (विक्षेप शक्ति) by veiling the true nature of Brahman. The veiling power of mâyā is called the Āvarana Shakti (आवरण शक्ति).

When the reality of rope gets covered, it is the Āvarana शक्ति and when a false snake is projected which was never ever there, it is the विक्षेप शक्ति of mâyā at the individual level.

Mâyā has so separate existence from Brahman and hence called the power of Brahman, mâyā depends entirely on Brahman for its existence. Mâyā is the actual material cause; matter in its most subtle form. Being matter it has three qualities satva, rajas and tamas (सत्त्व रजस् तमस्). The
Down Memory Lane

Remembering Parama Poojya Parijnanashram Swamiji

Satish Bilgi

I have been fortunate enough to spend four years of my childhood in Chitrapur from 1961 to 1965. This laid a very strong spiritual foundation for me and my family. During this period I studied in the local schools, but the memories of the time spent in the Math environment have been far more impactful and long-lasting.

A few days after our arrival in Chitrapur, when we had gone to the Math, we saw Parama Pujya Parijnanashram Swamiji from close quarters for the first time. This was the time when Parijnanashram Swamiji was addressed as Shishya Swamiji. We had earlier seen Shishya Swamiji from a distance in 1959 at Mumbai during the Shishya Sweekar function.

The age difference between Shishya Swamiji and me was just a few years. There was a childish curiosity in me to meet and talk to Shishya Swamiji, but I had neither the courage nor any idea on what to talk about. After a few days, Shishya Swamiji spotted me in the Math premises and enquired as to what I was studying and also about my hobbies. As with any enthusiastic child, I mentioned about my reading habits and went on to pose a puzzle in Kannada to Swamiji. During that time Swamiji was learning Kannada, as he had studied in an English-medium school in Mumbai. When I gave the correct answer, he complimented me and in turn posed a similar puzzle in English. I could not solve this and Swamiji gave the answer. This was the beginning of our relationship, although I must admit, I still felt shy to meet him. It was always Swamiji who took the initiative to call me.

Sadly, after we left Chitrapur, we lost touch with both the Math and Swamiji. I had joined the Computer Section of TIFR (Tata Institute of Fundamental Research) Mumbai, in 1971. One day in 1973, our Chief Librarian, with whom I had built a good rapport, called me and requested my presence on a particular day and time to show our computer to a VIP visitor. When I asked him who the VIP was, he mentioned our Swamiji! I could not believe my ears. Here I was destined to meet Swamiji after a gap of about 8 years and that too in my own office. I promised to do everything possible but made the Librarian promise he would not reveal my name till I met Swamiji.

On the appointed day and time, Swamiji came to TIFR. I received Swamiji and His retinue at the lift. Swamiji did not recognize me, as I had changed a lot since my childhood days. As we all walked towards the Computer Centre, I mentioned to Swamiji about our earlier interaction at Chitrapur Math and Swamiji recollected the details. I showed Swamiji how computers work and described what they can do. I was stumped when Swamiji asked me a lot more questions than I was prepared for. He was asking technical questions and also about the far-reaching impact computers would have in the future. I admitted my ignorance on topics I could not answer. He was extremely empathetic about this and was happy with the overall experience. He mentioned this to all present. I was ecstatic to say the least. I had really underestimated the importance of this event at that time.

After this visit, every time Swamiji was visiting Mumbai, I used to spend a few minutes in His Presence. Invariably, He would bring up the TIFR visit topic, make me feel good about this and inquire about my progress in the IT field – since I had left TIFR in 1974. He would bless me and ask me to meet Him again. He used to introduce me to whoever was with Him (some of the well-known names from our community), as the person who was from TIFR and I used to feel overwhelmed by His sheer generosity. He would repeat this on every visit to Mumbai.

On one such visit, I was wondering if I should seek Swamiji’s help in getting a job for my brother. Being shy and feeling awkward about this, I somehow mustered the courage and brought up this subject with Swamiji. He told me to contact Nalkur Sripad Mam and not to worry. In a few days, my brother had a job. Such was His concern for us.

This concern was evident on many occasions. I used to find it convenient to visit Swamiji on week-ends, as week-days were generally devoted to office work. When my aunt went to Swamiji for Darshan and mentioned my name for some reason, Swamiji sent word through her to me. I rushed as early as possible and He made me feel very special.

Today, when I look back, I feel His blessings have had a major impact on me and my family. Every day, when I pray, I recollect His words and feel that His blessings are always with us.
पुस्तक परिचय

रेखा राव यांचे वाचनीय प्रवासवर्णन – “माझा प्रवास, माझे अनुभव”

साधना कामत

चंद्रकासाल झळळणाराय हिमाधूकर धर्मस, यांचे वर्णां मुलकुटुंच वाच्यासारखी! लास भेंगम येथून जुगाडवाची खुप एकले होते. परतु येथाकडून आकर्षित करणारायणाची वाच्यावृत्ती “धोमस्वर” उभी केलेली हदिल्या याविष्टी वाचणे मोठे मनोरंजक आहे. कुठे नूतन, परस, वेतनस, ही शहरे हुश्रुष्य उभी केली आहेत. तर कुठे मुगावळ, ज्वलामुखी यांचे प्रवासकथा देखवते, कुठे सरकास, मिदवारी सफर असे आहेत. निरोख वेळाने आहेत.

अाँच सर्वत्र गमातील गोष्ट म्हणजे इथे झटपट लागत येतात. पनाच, बिंदुसर, वेडिंग हिल्ट काही नाही. एक वर्षात हजारे लोक हातात, पण लेखिका म्हणजे, “बातली किंतु दौडीकाळ टिकटात त्या जाणा!” पूर्ण “प्राइड फाइनलिस्ट’ ही कांटकारी वाचनाची इंग्लिशमध्ये वेडिंग म्हणून नवाचे एक टिकट, जिथे पतला जागा झटपट लागत लागणाऱ्या सोप होती, त्यावर वाचले होते. चिच्छाय, मस्त, बॅकेक इलेक्ट्र, अभ्यास, लाहकात. वैन ब्रुटोरामर, हूकाम्य, उपहारात. वाचून वाचले. फाइनलिस्ट एक एकदमासं नमुदत पडता पडता वाचली हा अनुभव भवसावाच.

भारतातील प्रवासाचे कन्याकुमारी बेंगलूरु तीन सुमाया सांग, अमृतातील बाई करिमातील नैनकंकांची सालगी, हिमाचल प्रदेशातील बनामाचे मन रुप जाते. पण या स्वभावाचे वर्णन पुढे आहेत. आत्म परिस्थिती खुप बदलली असेल, असे लेखक ह्यांने.

मुलगी अमेरिकेत स्वभाविक झळळत झालेली रेखारातील विचार बाळंतोपणासाठी गेला होय. याविष्टी वर्णां भारत व अमेरिका वेळीचे फक्त आणि अनेक अनुभवांना आजारकडून एकले आहे. तती होती वाचताना पुढे: प्रवासाचे आंतर विरोध आणि मजा येते. सेंडी या वाढवत अनुभवात निसर्ग रूप, हिवाच्यात राही.
Here is the little-known story of Udupi Ramachandra Rao, a visionary space scientist, ex-ISRO chief and the architect of India’s first satellite Aryabhata, a man who worked tirelessly for decades to develop a strong space programme for India.

Nearly forty two years ago, on April 19, 1975, a group of 50 Indian scientists and technicians from ISRO gathered at the Soviet satellite launch complex in Kapustin Yar (near the Russian city of Volgograd) to watch an Intercosmos rocket blast off into space. This significant ISRO presence at the Soviet facility had a very special reason — the rocket was India’s first ever indigenous satellite.

Named after the famous 5th century astronomer, Aryabhata was a 360 kg small wonder made in the modest ‘tin sheds’ of Peenya (in Bengaluru) whose launch kick-started an incredible space journey that has seen India send a satellite to Mars! Yet few Indians know about the legendary space scientist behind this landmark satellite.

Born on March 10, 1932 to Lakshminarayana Acharya and Krishnaveni Amma in Adamaru (near Udupi) in Karnataka, Rao spent his childhood in the village. After completing his schooling, he earned his BSc from Madras University in 1952. Two years later, he completed his MSc in Physics from the Banaras Hindu University in 1954.

In 1960, Rao completed his PhD from the Gujarat University under the guidance of a man who would go on to be widely regarded as the father of India’s space programme — Dr. Vikram Sarabhai. Following this, he started working as a Faculty Member at the Massachusetts Institute of Technology (MIT) and later became an Assistant Professor at the University of Texas.

In 1966, Rao returned to India and took up the post of a professor at Ahmedabad’s Physical Research Laboratory. It was here that the talented cosmic ray scientist became the first person to establish the continuous nature of the solar wind and its effect on geomagnetism using Mariner 2 observations.

By this time, Sarabhai (Rao’s doctoral guide and later boss at ISRO) had already started laying the milestones in India’s space odyssey. Under his tutelage, on 21 November 1963, India’s first rocket launch had taken place in the sleepy Kerala village of Thumba, announcing the birth of the modern space age in the country.

Vikram Sarabhai (fourth from right) and ISRO scientists discussing the launch of India’s first rocket at Thumba.
spacecraft did not last its design life of six months in space, it did put India's plan to build its own satellites solidly on track. Since then, the country's space capability has come a long way, moving into highly sophisticated spacecrafts, and even build in satellites for international customers.

Interestingly, the old Rs. 2 bank note used in the Indian of the 1970s carried an image of Aryabhata on one side!

In the years that followed Aryabhata's historic launch, Rao went on to become the first director of what is now called ISRO Satellite Centre (ISAC). He was responsible for 18 early satellites including the landmark Bhaskara (I and II), APPLE, INSAT and the Indian Remote Sensing (IRS) satellites. In 1984, Dr. Rao succeeded Satish Dhawan as ISRO Chairman and Secretary, Department of Space. Under his commendable leadership, India successfully launched the ASLV rocket and built the fully operational PSLV launch vehicle, which is capable of launching 2.0 tonne class of satellites into the polar orbit.

The ISRO website also credits him with accelerating the development of the geostationary launch vehicle GSLV and the development of cryogenic technology in 1991. As the chairman of Advisory Committee on Space Sciences (ADCONS), he made crucial contributions to the Chandrayaan-1 lunar mission of 2008; the Mars Orbiter Mission of 2013; and the upcoming Chandrayaan-2 set for 2018.

All of these were and are programmes that have cemented India's place among the global superpowers of space technology. In fact, at ISRO, there has not been a single planetary mission that has not been touched by this visionary!

Even more important was the impact these projects had on bettering the lives of ordinary Indians. For instance, the IRS satellites are bringing about a revolution in India, from assessing crop yield and predicting pestilence to determining extent of snow-melt in the Himalayan range and helping fishermen locate the best areas to fish in the sea. INSAT, on the other hand, has helped provide telecommunication links to the remotest corners of India.

Rao himself was particularly proud of project that had led to satellite-enabled streaming of family planning and health programs (among other series) to government-provided satellite TVs.

In 1985, he told Sky & Telescope magazine, “There are very remote areas in Orissa where people went to magicians instead of doctors. But we found that after seeing the programs, they were going to the doctors as well as the magicians. We made a step forward.”

Unsurprisingly, the always accessible and articulate Rao soon became a key figure in ISRO's rise to international recognition.

Former Indian President Pranab Mukherjee presenting Padma Vibhushan Award to Prof. Udupi Ramachandra Rao. He is the first and only Indian to be inducted into the prestigious Satellite Hall of Fame, Washington in 2013 by the Society of Satellite Professionals International. Honoured by numerous national and international awards, the legendary scientist was also decorated by the Padma Bhushan in 1976 and the Padma Vibhushan in January 2017.

The legendary scientist passed way on July 24, 2017, at the age of 85, finally bringing down the curtain on the starry era of India's pioneering space troika of Vikram Sarabhai, Satish Dhawan and Udupi Ramachandran Rao. A workaholic till the very end, he had remained active in his office at Antariksh Bhavan until about two weeks before his demise.

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KRISHNANAND MANKIKARMAM’S in-depth article on how Gurushakti blessed Mangesh Chickermanemam and all the sadhaka-s who volunteered to create an exhaustive Document Management System for Shri Chitrapur Math. The successful completion of this mammoth task in record time has now made it possible to access any document within

JUST ONE MINUTE!

It was during the Standing Committee Meeting at the Chaturmas at Karla that Mangesh Chickermanemam was asked by Pujya Swamiji if he would undertake the long-pending task of the Math’s Document-management. Mangeshmam readily agreed and with his wife Sumangala proceeded to Shirali to have a first-hand knowledge of the quantum of work involved. When he saw the jam-packed cupboards, plus documents in gunny bags and boxes he did wonder for a moment if he had bitten off more than he could chew. But then he did what any Chitrapur Saraswat would do when faced with a dilemma. He prayed at the Samadhi-s for the strength and ability to honour his promise to Pujya Swamiji, and set to work.

This write-up is based on the presentation made by Mangesh Chickermanemam at Karla on March 1st this year:

There were around 4,000 files and the main issue was—which documents the files contained and how to locate a particular document. Moreover, there were registers containing vital information amongst piles of irrelevant pages, plus bundles of loose papers as well! All papers had to be studied and categorised in three groups: a) Needed to be preserved, b) Had to be checked further for the need and utility and c) Not needed as per the Documents Retention Policy of the Math.

This is how the gigantic task began—

- The papers were checked, sorted and indexed for
  - LOCATION – cupboard no.; shelf no.; file no.; record no.
  - KEY WORDS - for a quick search
  - TYPE OF RECORD – like Land, Accounts, Seva, Project, HR, Management and so on.
  - STATUS OF RECORD - whether original or copy
  - ORIGINATOR OF THE RECORD – Math, Government, External
  - DATE OF RECORD - Attachments (PHOTO, CD etc.) and the number of sheets

Once these details are logged into the computer, you get a clear idea about the “Process Owners” and help in quick retrieval. We shall soon see how...

This was a colossal assignment, without doubt. Initially, the number of volunteers was also small. Moreover, some were not familiar with Kannada, or were ‘computer-challenged’, or worse still – allergic to dust!

But our Beloved Guru’s Grace ensured that soon, the number of volunteers swelled to 90. Together, they put in a total of 594 days (which comes to around 2 years on a five-day week basis).

Kannada too ceased to be a challenge. Protective equipment took care of the dust problem. Faith was indeed making the ‘mountains’ move and limitations vanish like mist in sunlight.

The work was undertaken by the devoted volunteers as seva. It was not done to help the General Manager or the Vahivatdar of our Math. It was done by each volunteer in a sincere attempt to move ahead in his/her spiritual quest. It was also done to ease the workload of the regular Math employees and make their task easier.

Eight locations - Shirali, Gokarna, Mallapur, Bengaluru, Vittala, Mangaluru, Karla and Virar (Shree Parijnanashrama School for the handicapped) were covered. All these locations were completed well within the targeted time. Mangaluru has five units – Samadhi Math, Uma Maheshwar temples at Mangalore and Mulki, Saraswat Seva Samiti and Saraswat Education Society which runs a number of academic institutions.

While checking the old records, the teams found rare documents no one knew anything about. Some of these are:

- The land record of 1849!
- Minutes of the Standing Committee Meeting of 1917—over 100 years ago! (These minutes were carefully translated in English.)
- Stamp albums presented to Guru Swami
- Scheme of 1942 for Math Management given by the

Faith conquers all!
Karwar District Court
- Manaputra given to Parama Pujya Anandashram Swamiji at Mangaluru
Team DMS also did some more significant tasks like-
- Photographing and cataloguing family deities
- Translating old Kannada Viniyoga records into English
- Checking the condition of old books on Tadapatra and manuscripts received or sent by our Revered Gurus
- Establishing coordination meetings at Shirali for team - building (to ensure continuity is maintained of the work on hand)
- Set up an E-Waste Room at Shirali Math (Ours is perhaps the first and only Math to put such a concept in practice)

Undoubtedly, this mammoth assignment got done mainly because of the abundant Grace of Gurushakti and the dedicated teamwork by all the volunteers who worked diligently and in a spirit of joyful camaraderie. The support of the local staff too was exemplary.

Today, all eight locations listed earlier have all the records, duly indexed, filed, stored meticulously and logged into the computer for easy retrieval. Retrieval is the basic function of a good Document Management System and the target set by the team was any document **within one minute.**

Here is an example to show how this flawless system works -
The Gokarna team needed 4 records of Bhandikeri Math Survey No. 679
- a. Govt certificate of conversion of Agricultural land into Non-Agricultural land
- b. Govt certified map of the land
- c. Land ownership record called RTC
- d. Land transfer and division record called Mutation

The message came at 7.30 pm, when no one was in office, and the receiver of the message did not know Kannada, or anything about land records. A normal response would have been – “Sorry, I don’t know Kannada and I am not familiar with land records. I will inform the concerned persons tomorrow. You may get the papers in a week’s time.”

But now, thanks to DMS the keywords ‘Gokarna’ and ‘679’ immediately displayed four files with their location (cupboard no., shelf no., file no.) and the required documents were taken to Gokarna on the very next morning! Isn’t that both amazing and applauseworthy?

As Parama Pujya Swamiji stated in the Ashirvachan on March 1st, 2018 at Karla, after the presentation on the DMS System - the gigantic task was such that it was impossible for the Math staff alone to attempt it, given the responsibilities they already handle. Thus, the specially formed teams helped a lot. Many such opportunities for seva, which gives a deep sense of fulfillment, exist if you have the desire to offer your energy and skills in the service of Math. Let your initiative and enthusiasm be blessed by the all-pervasive Gurukripa.

Since many years, many sadhaka-s have been offering devoted seva like running Sanskrit classes, Prarthana Varga, Yuvadhara, to name a few. DMS is yet another invaluable link in the long chain of Guru Nishtha.

May our Guruparampara forever prod us to look for opportunities to devotedly offer our skills, energy and expertise in seva.
Swami Darsa Pampa...

Shrinath Mudgal

 dakshinam,

and

Kanara Saraswat

Amrta saraswat, 41


dakshinam,

Kanara Saraswat

Amrta saraswat, 41


dakshinam,

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Kanara Saraswat

Amrta saraswat, 41


dakshinam,
एपिल फूल
शोभा वैष (मासूकर)

अम्बां मिलन असताणी एपिली एक तरीका आली की काफी चोटीशाला कारणेनुसार एकमात्र एक्सिमैंटर स्वारस्य से सामान्य डक्टर (का) का। "अम्बां मिलन असताणी एपिली एक तरीका आली की काफी चोटीशाला कारणेनुसार एकमात्र एक्सिमैंटर स्वारस्य से सामान्य डक्टर (का) का। "अम्बां मिलन असताणी एपिली एक तरीका आली की काफी चोटीशाला कारणेनुसार एकमात्र एक्सिमैंटर स्वारस्य से सामान्य डक्टर (का) का। "अम्बां मिलन असताणी एपिली एक तरीका आली की काफी चोटीशाला कारणेनुसार एकमात्र एक्सिमैंटर स्वारस्य से सामान्य डक्टर (का) का। "अम्बां मिलन असताणी एपिली एक तरीका आली की काफी चोटीशाला कारणेनुसार एकमात्र एक्सिमैंटर स्वारस्य से सामान्य डक्टर (का) का। "अम्बां मिलन असताणी एपिली एक तरीका आली की काफी चोटीशाला कारणेनुसार एकमात्र एक्सिमैंटर स्वारस्य से सामान्य डक्टर (का) का। "अम्बां मिलन असताणी एपिली एक तरीका आली की काफी चोटीशाला कारणेनुसार एकमात्र एक्सिमैंटर स्वारस्य से सामान्य डक्टर (का) का। "अम्बां मिलन असताणी एपिली एक तरीका आली की काफी चोटीशाला कारणेनुसार एकमात्र एक्सिमैंटर स्वारस्य से सामान्य डक्टर (का) का। "अम्बां मिलन असताणी एपिली एक तरीका आली की काफी चोटीशाला कारणेनुसार एकमात्र एक्सिमैंटर स्वारस्य से सामान्य डक्टर (का) का। "अम्बां मिलन असताणी एपिली एक तरीका आली की काफी चोटीशाला कारणेनुसार एकमात्र एक्सिमैंटर स्वारस्य से सामान्य डक्टर (का) का। "अम्बां मिलन असताणी एपिली एक तरीका आली की काफी चोटीशाला कारणेनुसार एकमात्र एक्सिमैंटर स्वारस्य से सामान्य डक्टर (का) का। "अम्बां मिलन असताणी एपिली एक तरीका आली की काफी चोटीशाला कारणेनुसार एकमात्र एक्सिमैंटर स्वारस्य से सामान्य डक्टर (का) का। "अम्बां मिलन असताणी एपिली एक तरीका आली की काफी चोटीशाला कारणेनुसार एकमात्र एक्सिमैंटर स्वारस्य से सामान्य डक्टर (का) का। "अम्बां मिलन असताणी एपिली एक तरीका आली की काफी चोटीशाला कारणेनुसार एकमात्र एक्सिमैंटर स्वारस्य से सामान्य डक्टर (का) का। "अम्बां मिलन असताणी एपिली एक तरीका आली की काफी चोटीशाला कारणेनुसार एकमात्र एक्सिमैंटर स्वारस्य से सामान्य डक्टर (का) का। "अम्बां मिलन असताणी एपिली एक तरीका आली की काफी चोटीशाला कारणेनुसार एकमात्र एक्सिमैंटर स्वारस्य से सामान्य डक्टर (का) का। "अम्बां मिलन असताणी एपिली एक तरीका आली की काफी चोटीशाला कारणेनुसार एकमात्र एक्सिमैंटर स्वारस्य से सामान्य डक्टर (का) का। "अम्बां मिलन असताणी एपिली एक तरीका आली की काफी चोटीशाला कारणेनुसार एकमात्र एक्सिमैंटर स्वारस्य से सामान्य डक्टर (का) का।
पर्यटनातीच महिलांचा सहभाग

विज्ञापनातील सुरेश कापनाडक

पर्यटन हा संस्कृत शवाद्धी फोड परे-अतन अथवा अपल्ला समावेशलेल्या जगाती भ्रमण करणे. भ्रमणमुळे इतर भागातील भीमोत्तर मौंदे, तिरुपती भागातील भागां, पोर्टिगेल, बस्टीनी, विजयदत्त, केला, शिकायत मिळतात. तपासून आपल्यात जाणा समुद्र होते. दैनिन धार्मिकसम्बन्ध जीवनात हे भ्रमण बेज्जन्य आणाऱ्यला होते. शाळेला आणि कॉलेज जीवनातील सहज प्रवृत्ती आणेल आजीवन लक्षात राहतात. काहीही हा आणेल दैनिकच्या तथा काहीही नैसर्गिक रथ शरीरीतीत मिळतो. ही शहरतले आपल्याचे ज्ञानसाठी मिळवत. त्यासाठी तपासून आपल्यात जाणा होणार आहे. कार, सेव आणि किमान चालू आता तपासून आपल्यात होणार आहे. ट्रूल्ड आणि टूटूल्ड चालूचा कोणता काढून पर्यटनात तपासून आपल्यात कम करू शकते. वीणा पार्श्वदृष्टी मलके आपल्या संदर्भातील पर्यटनातील प्रोफारलेल्याचा काम करत. आना (सर्वमान) युवाधिदंडी आईहिंदीनी सहन केलेल्या काहीही जगात आहे. आपण आपल्याचे अंतर्गत युगात आपल्याचे विधानसभेत, एकत्रीक आणेला आई किंवा सादृ इतर येथे मंदीजळीत जोगायाच्या ही युवावाढी मदत करते. येथे मंदीजळीत सहलीसाठी जोगायाच्या प्रयत्न करते. सहलीसाठी सर्व समादर आपल्याशही वय, हुडा, काळजी बुडून गणित प्रणाली. जोक निवासात. तपासून त्याच्या सुसूचना चालू मिळवत.

चेस्टवाडू
चिमा शिराची, धारवाड

भेंगला तंत्र नरगुणधाक जाणाऱ्ये बस घेतली. देवन वैच्छ या भाद्राः बाजाला देंकू, काठी मॉकएले नाच नरगुण अशा तातुमक्खाचा गाय प्रियात होते. नाकतीच आमच्या बदली सातील असल्याने दरवाजे आपलेबाबी पोहोचावायला आली. आमच्या बस सकाळी ८.२० वा. पोहोचलेला अशा अंतरास होता. ५.०० व्याघ्ने ऐतिहासिक धार्मिक बाबाची सोय नकडली, फक्त एकांद, बाबाकडतर दूसरे विकल्प फक्त घेतली. एन पो भरंची जोनी होती की भोज घेत नकडली आही रसावा. भरंची वृत्ती फक्त बाबाची नकडत नकडली, फक्त बाबाची काहीही काहीही म्हणून बदली मोठो. एकांद बाबाच्या बाबाच्यासाठी वय सुपरंग नकडला आहे. दृष्टयुक्तीला नमिततुं मंदे विविध घेतली किंवा बंगलूरु फिक्या इतर शहरांना जाऊन रात्री घरी पोहोचावा घेते. आमची पेंची धिन्य सहसी आणि हुंकार आहे. काऱ रेत आणि किमान चालू आता तपासून आपल्यात होणार आहे. टूटूल्ड आणि टूटूल्ड चालूचा कोणता काढून पर्यटनात तपासून आपल्यात कम करू शकते. वीणा पार्श्वदृष्टी मलके आपल्या संदर्भातील पर्यटनातील प्रोफारलेल्या काम करत.

आना (सर्वमान) युवाधिदंडी आईहिंदीनी सहन केलेल्या काहीही जगात आहे. आपण आपल्याचे अंतर्गत युगात आपल्याचे विधानसभेत, एकत्रीक आणेला आई किंवा सादृ इतर येथे मंदीजळीत जोगायाच्या ही युवावाढी मदत करते. येथे मंदीजळीत सहलीसाठी जोगायाच्या प्रयत्न करते. सहलीसाठी सर्व समादर आपल्याशही वय, हुडा, काळजी बुडून गणित प्रणाली. जोक निवासात. तपासून त्याच्या सुसूचना चालू मिळवत.

चर्चाकाळात प्रथम किंवा काँबार्गम पुषपपेक्षा सिद्धांताची संख्या जासोस होते. पुषपे पुनर्जनवेत सिद्धांत जासोस होटे, काळजी बुडून गणित प्रणाली तपासून आपल्यात होणार आहे. बिचारांच्या देवाच्या कारणामुळे नवीन पहेलीस्थिरतील महिली मिळवून पुढूल सहलीसाठी बेच देतात. आधिक व नामिक बाबाच्या म्हणून तपासून आमदेश घेत.

मोहो. जगातील जागरूकता दृष्ट्या कंपनी तेजीस दिले तर पर्यटनस्थली हायरीम्बाची, बाहेर जागरूकता बायरोंची सोय होते आणि लुटत देतो. पर्यटनातंत्र आजीवनं, नातवितरित आणेला बसू पाहू घरातील सर्व मंदीजळीत आपल्याशही होतो. तपासून पर्यटनकाळी मोडची किंवा दिस आपल्याशही जातात. तपासून सर्व आपल्या माझ्या स्त्री आहे की त्याची पेशीदृत किमान दुन्दा तपास शके.
बेलगाड़ीचा गाड़ीवान किशोरला घेऊन खेळवीत होता. खुच्चार्कर्म भासपरा, गाड़ी पे७ आल्यावर देखू वाटला. अशाही परिस्थितीत कवी वर्ष ऊबलली. हा देखू देखू मात्र रोज चार वाजल्याची बेलगाड़ी पे७न जातो आणि त्या झाडाच्या बस्सी बाट पाहत बसतो. गाड़ीवानचा भाऊ झाला होता. पण तो यूंढात मारला गेला होता. हा दुःख घटनेप्रति त्याच्या डोंबळाच्या आपल्याला, परियोजना पालिकेत. आपण देखु अपल्याला बाहेर मणे अण्या वेळेल. हा आपल्याला त्या वर्षाच्या महूळ गरावून वेळायला भोजपणाऱ्या, आईडिया जगावल्या जाणार बस्सा. आईडिया जगावल्या जाणार बस्सा. आईडिया जगावल्या जाणार बस्सा. आईडिया जगावल्या जाणार बस्सा.
Something remarkable about Amchigale that strikes one is the meticulousness with which almost each and every item in our kitchen is named.

For instance, the universally-named ladle is differently named in Amchigale depending on its shape, depth, and perhaps its end-usage. You use a flat ladle or a sheeta dai to serve yourself rice and a rounder davlo to help yourself to curries or buttermilk. You use a deeper doodha davlo to dole out milk. To serve upkari or sukhe, you use the smaller dai or a saan steela cheep. But for seasoning your daali tois, ghashis or bendhis, you use the lokhanda cheep. And the stern kayalatho can be used to turn and remove kurkuri pollo from the tava. Remarkable isn’t it, having an appropriate name for an appropriate ladle?

Similarly, vessels are named by their shapes (or should I say their figures?) or depending on their end-usage purposes. You prepare rice in a sheeta aidaan or sheeta kavleega, which is shaped differently from a more rotund bogulein (steel bowl) that you use to make curd in.

You made your taak or buttermilk in the kaatche taka bharini. And, of course, when you mash the tendli for talasani, or rough-grind the roasted groundnuts for sabu usli, you use the lakda margi (wooden, rounder-bottomed bowl). To kaalayta (prepare) the chapatti peet, you used the steel bessinn (or flatter-bottomed) steel bowl, which allows for a smoother, circular movement of the dough. A smaller, flatter-bottomed bowl (or saan bessinn) you use to make your kaatla (salads) while a goondun serves to store leftover curries in the fridge.

To make your idlis (and before the advent of Anjali and other branded kitchen appliances), you used the tamba khotyatti with tamba waatis, which got replaced by their shinier steel counterparts subsequently. Now, of course, all these have been rendered obsolete by shiny, steel combo (dhokla/idli/appam) contraptions.

You use the paavo to drink water with, the wati for buttermilk, and the gindal (rounder-bottomed steel glass) for measuring your rice and udad dal to soak for idlis. Gee! You use the paav (a differently-shaped glass of different metal types) to measure your rice before cooking it. Haha!

My, my what quaint names we have for almost each and every item used in our amchi kitchens, including the plates you eat in. Earlier times, we used the taatt (a large steel plate with a cascading edge) to eat our food in, accompanied by the smaller waatli in which the curries were served. But the taatts are fast becoming outdated and our waatin are now mostly the more practical (to store) steel buffet plates either plain or with smaller sections etched out on them for the curries and upkaris and even the lonche with a larger section for the rice.

And how did I become such an erudite narrator of names of amchi kitchen vessels and their humbler counterparts? In my childhood, it was taboo to use a davlo or chamcho to serve rice or a dai to serve the curry.

Thanks to my mother (Geeta Puthli-ne Nattam Gulvady) and Grand aunt (Sitakka Bailangadi), who were great sticklers for the usage of only appropriate paraphernalia for the appropriate Amchi dishes and preparations in our kitchen. Hence, my appreciation of the fact that Amchi vessels make the quaintest of noises. I’m sure many seniors out there can come up with even more quaintly-named Amchi vessels!

The author can be contacted at vidsanin@yahoo.co.uk

*Amchi Vessels Make the Quaintest Noises*

**Vidya Gunavanthe**
Certain things are beautiful, especially when pure, even when not visible to the naked eye. One such thing is the wind, particularly when it moves through, embracing you with its cold jaws, and yet soothing you from the heat of the sun which may affect you, but not affect the wind. It is very soothing then, both for the mind and the body. Such was the environment when I visited Bavaria, in Southern Germany, this year, during the month of May: free from pollutants, cool and soothing.

Cool and calm air, bright and beautiful flowers, green grass, large trees, crystal clear lakes, everything was present in Bavaria. Every sight I had seen, is transfixed in my mind. I was mesmerized. Beautiful gardens, picturesque landscape, enchanting castles, houses with beautiful paintings painted on them, beauty everywhere!

My experience during one of our morning walks around Schliersee was so blissful that no words can justify it. It looked as if a wide medley of objects were floating in the sea. All were of the same colour, but for one, which stood out glowing its radiant energy throughout the vast, green grass. Soon was heard the war cry of the clouds and millions of joyful tears dropping downwards along a narrow path were visible to the naked eye. This was followed by the sun’s royal entry, shooting its peaceful arrows of prosperity and hope, thus putting an end to this war. A vast orchestra was heard. Its participants - a nearby stream at the fastest of its speed, singing a never ending song of melodious notes, and occasionally the repetitive bells rung by the cows, which despite sounding the same every time, always gave a pleasing effect. An omnipresent orchestra, a colorful world, and ever lasting peace - what more could I have on my wish list!

Of the various castles I visited, Neuschwanstein Castle was the most magnificent one! It stood still in a powerful posture at a grand location, giving a perfect blend of nature and architecture. I was just mesmerized. The castle stood firm as if trying to block the water from the river behind, but all it got was failure, or so could I imagine. With a water body flowing behind, and many small waterfalls around it, the magnificent castle gave an impression of a heroic castle. Overall, the view of the castle from Marienbrucke (Mary’s Bridge) is a scene which I can never forget!

The Bavarian region has proved that nature and architecture can live together in harmony. Bavaria is and will always be one of the most beautiful places in the world!
Kiddies’ Corner

Happy Butterfly Day

Adya Nagarkatte - 6 years

Peace be with You

Aditi Mohan Ullal - 12 years

Madhubani Painting

Devaunsh Sandeep Bhat - 14 years

“Life is a dream walking; Death is going home”

Our beloved

Mr Umesh Dattatreya Kumta (Honnemedi)

left for his heavenly abode on 25th February 2018 after a patiently borne long illness

(08.09.1937 to 25.02.2018)

Deeply mourned by:

Kumtas, Bijurs, Honnemedis, Kalbags,
Basrurs, Nalkurs,
all relatives and friends
हमने आवास ऋण की ब्याज दरें और कम की हैं
ताकि आप ले सकें बड़ा घर

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न्यूनतम ब्याज दर
का लाभ उठाएं

यूनियन होम

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चुकौती अवधि 30 वर्ष
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सेवायात्मक प्रविधा

April 2018 KANARA SARASWAT 48
Our Beloved “Aai”
Mrs Sunanda Maruti Nadkarni
Passed away peacefully on 2nd December 2017

(05/04/1934 to 02/12/2017)

Deeply mourned by
Children: Rajendra, Ajay, Narendra & Priyanka (Anjali).
Son-in-Law: Jayant.
Grand Children: Manasi, Ishani, Manali, Shibani, Mangesh, Advait & Saigunaranjan, Ashik, Shivagajan, Swaroop
Great grandchild: Alesha
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**Bengaluru:** On 5th February, the 21st Ordination day of Parama Pujya Shrimat Sadyojat Shankarashrama Swamiji was observed with Deepanamaskar, BhshyaPathan, Shiva Pujan, AshtavadhanaSeva, Aarti and Prasad Vitaran. On 13th February 2018, on the occasion of Mahashivaratri, Chaar-Yama Shivapujan was performed by the gruhaustha-s. The Sadhaka-s participated enthusiastically in the same throughout the night by reciting stotra-s, while some of them also performed pujan.

Pujan was performed by Gruhaustha-s every Monday, Thursday and Friday. Samoohika Gayatri Japa Anushthaan was conducted on 2nd, 4th and 5th Sundays. The series of talks by Smt. Dr. Sudha Timalkar continued. A short 5 minutes Ninaada practice session was a part of all regular activities conducted at Bengaluru Math.

**Reported by Saikrupa Nalkur**

**Chennai:** Monthly Sadhana Panchakam was conducted as per schedule. For Pattabhishek Vardanti of PP Sadyojat Shankarashrama Swamiji on 5th Feb. we performed Guru Pujan followed by Bhajans. We performed Shiva pujan, followed by Rudrabhishek and Bhajans for Shri Maha Shivaratri on 13th Feb.

**Reported by Kavita Savoor**

**Mumbai - Dadar:** Through the months of January and February, our sadhakas participated in Swadhyaya sessions, covering myriad aspects based on Pujya Swamiji’s Ashirvachan clips. Chapter 11 of the Bhagawad Gita was also contemplated over. Samuhik Devi Anushthanam was conducted on 5th January and 2nd February.

A rare and highly informative programme titled “Guru Smruti,” reminiscent of the coruscating splendour of HH Shrimat Shankarashrama Swamiji II, and Guru Math Mallapur, was conducted by Smt. Kanchan Honnavar and Smt. Suman Gulvady on 19th January. It was a dialogue between both of them, and our sadhakas took a trip down memory lane as Smt. Kanchan Honnavar recalled her childhood experiences of Guru Math Mallapur, and also, memories of the many camps of HH Shrimath Anandashrama Swamiji, HH Shrimath Paramajnana Shrama Swamiji and HH Shrimath Sadyojat Shankarashrama Swamiji.

Along with regular Prarthana classes, Smt. Shobha Puthli conducted sessions on Sanskrit Manache Shloka, Hanuman Chalisa and Bhagawad Gita for the children. She also conducted regular Bhajan sessions, and our sadhakas took the opportunity to express their bhakti through music. Some of our sadhakas got together for some lively conversations at the “Sanskrit Katta.”

On the occasion of Mahashivaratri, our sadhakas arrived at Karla on 13th evening, to be a part of the Mahashivratri Chaar Yama Puja, led by Dr. Chaitanya Gulvady.

The annual Yuvathon at Karla was held on the 18th of February. Under the able guidance of Shri Krishnanand Heblekar, the yuvas trekked across the ridge overlooking Valvan and Shiruta lakes. Four of our yuvas – Aditya Chandavarkar, Ankita Chandavarkar, Sanika Balwally and Nirav Shthalekar participated in the event.

**Mumbai - Goregaon:** Samaradhana of H.H. Shrimat Pandurangashram Swamiji was observed on 27th May with Bjahans being sung by the Sadhakas.

At the Annual General Meeting of the Sabha held on 4th June at Masurashram, the following office bearers were elected for the year 2017-18: Shri Raisesh S. Nagarkatti President; Shri Gautam D. Amladi- Vice President; Shri Arvind S. Balwally- Hon. Secretary; Smt. Varada Soukoor - Jt. Hon. Secretary; Shri Jnanesh V. Someshwar- Hon. Treasurer.

The sadhakas trekked across the ridge overlooking Valvan and Shiruta lakes. Four of our yuvas – Aditya Chandavarkar, Ankita Chandavarkar, Sanika Balwally and Nirav Shthalekar participated in the event.

**Mumbai - Grant road:** On February 13th Mahashivaratri was celebrated in the Talmakiwadi maidan. Shivpoojan was done at 10.30 p.m. by Neha Hoskote-Dholakia. This was followed by pathan of Shivastotras and singing of bhajans. The programme ended at 12.30 pm after samudayik japa of Mahamrutyunjay Mantra and Om Namah Shivaya.

Devi Anushthan was done at Talmakiwadi and Saraswat Co-op Society at Gamdevi on 27th February i.e. the occasion of HH Sadyojat Shankarashrama Swamiji’s Pattabhisheka. Both occasions had good attendance of devotees.

**Mysore:** The annual Ugadi & Panchang Vachan function of the Mysore Local Sabha was held at the residence of Sri Balsavar Jayaram on Sunday 18th March, 2018. It was well attended by the local bhanaps.

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The function was brightened by melodic bhajans sung by Master Aarav Kombrabail, Miss Vibha Mugwe, Smt(s) Uma Mugwe, Padmavathi Nirody, Divya Ullal Kombrabail, Mallika Mugwe, Nalini Balsavar and Sri Ashok Shiroor. Sri Vinay Karnad accompanied on the tabla.

Smt. Radhika Karnad did the Panchang Vachan.

The function concluded with Deepa Namaskar, Mangal Aarati and prasad.

**Reported by Balasarav Bharat**

**Our Institutions**

**Saraswat Mahila Samaj, Chennai**

The Samaj conducted a program on Feb 24, 2018 for all members. Bharati Shroff, a fellow member who travels extensively with a group of ladies, spoke for an hour about her trip to South Africa. It was very interesting as she showed us a lot of pictures & videos that she had taken on her trip. She gave us an overall feel of the culture & traditions that are followed there.

Shantha Molahally gave us a demonstration of Muga Idly & raw mango chutney. The quick snack was made in a jiffy. Including the soaking (30 mins) & grinding time, the delicious idlis were ready in 40 mins. The program ended with a light meal of the muga idli with chutney, a sweet & a savoury. All in all, a very nice, informative & relaxed evening.

**Reported by Preetham Chandavarkar**

**Saraswat Mahila Samaj, Gamdevi**

Sankranti Sammelan was celebrated by Saraswat Mahila Samaj, Gamdevi on 20th January 2018 in their hall. Smita Mavincurve welcomed the members and introduced a young budding artist in Vocal Music - Dhruv Dhareshwar. He was accompanied by his mother Tanuja and father Arun Dhareshwar. They presented melodious bhajans of Kabir and Rahim (Dohe) and bhajans of Shankar Mahadevan and Anup Jalota which were appreciated by the audience. Neeta Yadery, gave the vote of thanks. The function concluded with snacks sponsored by Neeta Yadery and Haldi-Kumkum and laddoos by the Samaj.

**Reported by Vijayalaxmi Kapnadak**

On 19th February 2018 Annual Lekhan and Sangeet Puraskar Samarambh was held in Balak Vrinda Education Society Hall (School Hall), Off Talmakiwadi, Mumbai.

The recipients were Lekhan Puraskar – Smt. Shailaja Vaidya (nee Masurkar) of Pune and Sangeet Puraskar - 2 young girls viz, Smt. Ruhi Kumta (nee Kuddyadi) and Kum. Arya Dhareshwar.

President Sharayu Kowshik welcomed the awardees and the audience. She thanked the two magnificent patrons the late Shri Sadanand and Smt. Nirmala Bhaktal for their thoughtful idea of instituting the Lekhan Puraskar to encourage Bhanap ladies who write in Marathi or Konkani. The second award Sangeet Puraskar was instituted by Shri Vivek and Smt. Geeta Yennemadi and their family and friends.

Shailaja Vaidya was introduced by Geeta Balse. Shailaja spent her childhood and college days in Harigaon in Aurangabad district. A regular writer for KSA, she has written poems and articles which have been published in various magazines as well as in Marathi newspapers- Loksaatta and Sakaal. Her articles have also won prizes. She is an all-rounder having participated in Table Tennis, Badminton and other activities during her college days and won many prizes. Shailaja read a poem composed by her.

The Sangeet Puraskar – Ruhi Kumta was introduced by Padmini Bhaktal and felicitated by President Sharayu Kowshik with the Sangeet Award. Ruhi Kumta was under the tutelage of Shri Jyoti Prasad Barve for nearly 10 years, thereafter joined Vyas Sangeet Vidya Mandir, Vile Parle where she was trained in Hindustani Classical Music and by Shri Kiran Vyas. She has won many awards in Music competitions and College festivals, A lawyer by profession, she is also trained in the Healing Arts and wishes to pursue the same to make holistic healing and therapy available to all strata of society. She sang a beautiful melodious song and also a bairavi at the end of the programme.

The next awardee was young and talented Arya Dhareshwar. She was introduced by Smita Mavincurve. Arya was initiated in Hindustani Classical Music at the tender age of 4, first by Shri Milind Borvankar and later by Shri Vishwanath Borvankar. Later on she was also guided by Smt. Deepa Rao and Smt. Geeta Yennemadi. Currently she is under the tutelage of Smt. Yashashwi Sirpotdar, disciple of Smt Padma Talwalkar of Jaipur Gujar. She opened the programme with a melodious prayer. After the introduction she rendered a beautiful semi classical song which was appreciated by all. She was felicitated with Sangeet Puraskar by President Sharayu Kowshik.

Vote of Thanks was proposed by Vice President Vidyalaxmi Kulkarni. The programme concluded with a tasty contributory lunch with Maharashtrian style dishes.

**Mother's Day** was celebrated on 28th February to a packed audience in the Samaj Hall.

Dr Leena Gangolli gave a talk on Age related problems specially with reference to Alzheimer's and Parkinson's disease.

Born and brought up in Canada, Leena shifted to Mumbai where she completed her MBBS. During her posting in rural India, she became aware of the lack of healthcare and violations of human rights. She has acquired a Master's Degree in Public Health at the Tata Institute of Social Science, followed by a Master's in Public Health from the Harvard School, Boston, USA. She also pursued a Master's Degree in Human Rights Law in which she bagged the First Rank in the University of Mumbai, Dept of Human Rights.

She works for community based organizations, NGOs in the field of health and human rights, particularly for women, children and the elderly. She has also authored a book review of ‘Health Care in India’. In 2010 she represented India to speak on her work at the "Women's Forum" in Deauville, France. She was one of 15 International speakers.

Currently she serves as a Member on the Ethics Committee of Tata Memorial Hospital and KEM Hospital, as a consultant for several NGOs and works for several NGOs notably Silver Innings that works with patients and families affected by
Dementia and Alzheimer’s. Recently she has been appointed by the Ministry of Health and Family Welfare, Govt. of India as Member of the National Task Force for Palliative Care. In addition to these credentials this brilliant young lady is a classical singer having completed the Sangeet Visharad from Bhatkhande Institute, Lucknow in Hindustani Classical Vocal Music and has given performances with great success in various prestigious places.

Dr. Leena’s talk which she presented with crisp explanation and Power Point presentation was very informative and kept all mesmerized. She interspersed it with interesting games related to different ailments and induced us to observe for ourselves our capability in managing our reflexes. She gave information on “Warning signs of Alzheimer’s Diseases and Parkinson’s” with number of illustrations and simultaneously some light group activities. She suggested some life style changes for healthy living and also exercises for a Brain workout with many examples.

The audience was enthralled and her suggestions will certainly go a long way in detecting and helping us in spotting such diseases at an early stage.

Nirmala Kalambi proposed the vote of thanks and expressed her appreciation of this highly qualified and accomplished Doctor who works for the care benefits for women, children and the elderly.

This was followed by snacks sponsored by Vidya Kodial in memory of her parents in law Smt. Premlata and Shri Kodial Shankar Rao.

_Reported by Geeta Suresh Balse_

_Forthcoming Programmes_

Sat. Apr. 7th 2018 at 3.30 p.m. at Samaj Hall - Vasantik Sammelan- Light music by Kum. Saanika Kodial. Fruits in memory of Smt. Sonibai Shibad, Refreshments by Kodial family.

Sat. Apr. 21st 2018 at 4:30 p.m. at the Samaj Hall - Advocate Narendra Kamat Memorial Lecture - Talk by Renowned Theatre Personality and Vocal Artiste - Shri Ramdas Kamat on “माझे नाटकसाधकांना अनुभव” . Refreshments sponsored by Prof. Sadhana Kamat in memory of Smt. Indira Kamat.

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_BIRTHS_

Feb 17, 2018 A baby girl to Kundapur Deepak and Malvika and to proud grandparents Kundapur Subhash and Vidya and Narvekar Kiran and Meenal (Ankola), at Bangalore.

_CONTACT_

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_DOMESTIC TIDINGS_

_BIRTHS_

We welcome the following new arrivals:

Feb 12: A son (Kanishk) to Lavkika (nee Shinde) and Rushabh Gajanan Tallur at Mumbai.

Feb 12: Twins: A son (Arjun), a daughter (Anika) to Sushmita and Kedar Ajit Rao at Pune.

Feb 17: A daughter (Nidhi) to Malvika (nee Narvekar) and Deepak Subhash Kundapur at Bangalore.

_MARRIAGES_

We congratulate the young couples

Feb 21: Akshata Vivek Ubbayakar with Shwetank Shekhar Girdhar at Mumbai.

Mar 5: Radhika Dinesh Tonsey with Ashutosh Arun Baidoor at Mumbai.

_OBITUARIES_

We convey our deepest sympathy to the relatives of the following:

Jan 23: Khambadkone Murudhars Rao at Bangalore.

Jan 25: Krishna Dattatreya Kumble (82) of Baroda at Jamnagar.

Feb 4: Suseela Madhukar Gulvady (87) at Bangalore.

Feb 4: Gurunandan Kalianpur at Bangalore.

Feb 20: Kalpana (Chandri) V Trasy (80) of Chennai at Tirunelveli.

Feb 20: Vijaya Gurunandan Bhat (nee Durgabai Hemmadi) (94) at Pune.


Feb 22: Dr Basur Gurudatt Rao (88) at Pune.

Feb 25: Umesh Dattatreya Kumta (Honnedemi) (81) at Mumbai.

Feb 26: Dattavatrya Bhat Vitthal Kaikini (84) at Virar West.

Feb 28: Dinkar Vithal Katre (86) at Bangalore.

Mar 4: Sudhakar Rao Savkoo at Mumbai.

Mar 6: Gurudutt S. Sanadi (94) at Santacruz, Mumbai.

Mar 8: Gulvadi Ananth Narain S (98) at Chennai.


Mar 10: Muktabai Bellare (83) at Badlapur Thane dist. Mumbai.

Mar 13: Prakash Narayan Bijur (64) (of Matunga) at Mumbai.

Mar 19: Shankar Narisingarao Mundkur (97) in Kolkata.

Mar 20: Shalini S. Kalyanpur (nee Kabad) (82) (of Andheri) at Mumbai.

Mar 21: Shanta Bhalachandra Talgeri (88) at Malleshwaram Bengaluru.

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