

Kanara Saraswat

A MONTHLY MAGAZINE OF KANARA SARASWAT ASSOCIATION

Vol. 20 Issue 11 Mumbai

November 2015

Pages 84 Price ₹ 20/-

**WE WISH ALL OUR READERS
HAPPY DEEPAVALI**



**When you are in safe hands,
there are no second thoughts.**

Tata Capital Wealth Management.



Corporate Fixed Deposits | Mutual Funds |
Portfolio Management Services | Real Estate Referral Services |
Private Equity Funds & Structured Products | Insurance

SMS WEALTH to 561 61 561

Conditions apply.

TATA CAPITAL

Wealth Products Distribution

We only do what's right for you

॥ श्रीभवानीशङ्करो विजयते ॥
श्री चित्रापुरमठ संस्थानम्
शिराली (उत्तरकन्नडम्)



स्वस्ति। श्रीमत्परमहंस परिव्राजकाचार्यवर्य पदवाक्यप्रमाण पारावार पारीण यमादि अष्टाङ्गयोगानुष्ठाननिष्ठ तपश्चक्रवर्ति रमणीयचरण सर्वसर्वसहासशरण समुद्रोदित सच्चिद्व्य महाजन भक्तचिद्वरण श्रीचरण श्री गौडपादाचार्यप्रवर्तित श्रीमज्जदुरु आद्यशङ्करभगवत्पाद सत्सम्प्रदाय परम्परा प्राप्त सकलनिगमागमसारहृदय वैदिक मार्गप्रवर्तक भक्तियोग वैभवसिंहासनाधीश्वर श्री गोकर्णक्षेत्रादि प्रतिष्ठापित श्रीमत् राजाधिराज श्रीगुरु सारस्वतमण्डलाचार्य चित्रापुराधीश्वर शरावतीतीरवास श्रीमत्प्रथमपरिज्ञानाश्रम गुरु सत्सम्प्रदाय विलसित श्रीभवानीशङ्कर श्रीराजराजेश्वरी दुत्तात्रेय दक्षिणामूर्तिपादपद्माराधक श्रीविद्यावरिव्याससमासक्तचित्त श्रीमत् तृतीयपरिज्ञानाश्रमस्वामी गुरुकरमलानुग्रहसञ्जात अविच्छिन्नपरम्पराप्राप्त तुरीयाश्रमोचित अनुष्ठाननिष्ठ श्रीमठीय साम्प्रदायिक देवताराधनपरायण

श्रीगुरु सद्योजातशङ्कराश्रमस्वामिभिः
विदित नारायण स्मरणपूर्वक शुभाशीर्वादाः

श्रीः
॥ श्रीगुरुभ्यो नमः ॥

प्रकाशमानां प्रथमे प्रयोगे
प्रतिप्रयोगेष्वमृताणामानाम् ।
अन्तःपदव्यां अनुसञ्चरन्तीं
आनन्दरूपां अगलां प्रपद्ये ॥

I propitiate the Shakti who resides in me through Tapas, through Japa and through Sharanāgati. She ascends from the moolādhāra, dispelling at every stage, sloth, indifference and ignorance. From the sahasrār, this Resplendent One cascades down in the form of Amrita of Shiva Shakti Sāmarasya.

What the Yogi perceives as the ascending Kundalini, the sadhaka relates to as the increasing Grace in his life.

While the Yogi, the Yogāroodha dares to dissolve his entire perception and the perceived universe into its very origin and be established in his Atman the One, the All pervasive, the eternal Satchidananda Svarūpa, the sadhaka - the Āmurukshu. on the other hand, has to be constantly guided and corrected to handle this awakening, which is going to change, drastically, his entire perception of the world and of himself. And the sadhaka, because of the love and shradhā that he has for the guru, learns to work in harmony with the Shakti stirring in him as she catinates him from sloth. He learns to let go of his self-obsession as she begins to demand his attention. From his busy and hectic schedule he learns to snatch brief moments to be with himself and mentally offer to the Mother the jobs he has just concluded, the situations he has faced. These short but intense sessions, post analysis, introspection and course corrections, gradually deepen into sandhis of utter silence where the Anumodan and the cascading Grace of the Mother become tangible.

May Deepavali - the festival of lights, joy and exuberance, bring joy and success to your lives. May Lord Bhavanishankar shower His blessings on you.

With love and blessings,

Camp Shirali

शरद-नवरात्रम् (2015)



Simply Saraswat™

The Other South Indian Restaurant

Tucked away in the leafy bylanes of Borivali, Simply Saraswat is an earnest effort by an industrious homemaker to serve authentic Aamchi cuisine to Mumbai foodies and to Aamchis craving for that simple taste of home. Our Offerings include:

- **Saraswat Thali**
- **Variety of Saraswat dosas and snacks**
- **Innovative fusion varieties**

*We also provide **LUNCH TIFFIN** service on **Monthly subscription**
We also deliver bulk orders for poojas, birthdays etc across Mumbai.*



Join us @ 
Review us on 

Shop # 4, Vrajdeep Apartment,
Chandavarkar Road, Next to 5 Spice,
Borivali (W), Mumbai - 92.

Timing:
8.30am to 9.30pm

Tel.: 2898 1138 M: 70456 62938

Diwali Messages ...



On this auspicious occasion of Deepawali, which signifies the victory of light over darkness, I wish all of you great success and happiness in your lives!

Praveen P Kadle, President, Kanara Saraswat Association

Diwali brings in an air of freedom, festivity, friendliness, unity and most importantly charity. The vibrations produced by the greetings of love bring about a change of heart in every human being.

In this year let's illuminate our inner self and enjoy the real Diwali. May we all attain full inner illumination! May the supreme light of lights enlighten our understanding! May we all attain eternal spiritual wealth of the Self! May we all prosper gloriously on the material as well as spiritual planes! HAPPY DIWALI!



Geeta Yennemadi, Vice President , Kanara Saraswat Association



*"May the Lights of Diwali
Lead you from darkness to light
And illuminate your life with
Endless Joy, Prosperity, Good Health and Wealth forever
I wish you all a Happy Diwali and a Prosperous New Year"*

Geeta Bijoor, President, Saraswat Mahila Samaj, Gamdevi

"This Deepavali, let us light up a smile on every face and dispel sorrow from every heart, I wish you all a Happy Diwali & a Prosperous New Year"

Sharayu Kowshik, Vice President, Saraswat Mahila Samaj, Gamdevi



The Annual General Meeting of the Kanara Saraswat Association was held on Sunday 27th September 2015 as we could not postpone it beyond 30th as per statutory requirements. Due to paucity of time we are unable to print the minutes in this issue. Readers may please note that we will be printing the minutes in the next i.e. December 2015 issue. We apologise for the delay.





**KANARA SARASWAT ASSOCIATION
PRESENTS
ANNUAL DIWALI PROGRAMMES**

Venue: Shrimat Anandashram Hall, Talmakiwadi
Tuesday 10th November 2015

8.30 p.m. onwards : Story Telling Competition
(children below 8 yrs, between 8-12 yrs and 12-16 yrs)

Music competition (below 16 yrs and above 16 yrs)

Wednesday 11th November 2015

10.30 a.m. onwards: Sports for Children

7.30 p.m. to 9.30 p.m.: Variety Entertainment
by Wadi Youths

Thursday 12th November 2015

8.00 p.m. onwards : " Fancy Dress Competition
Entry Fees for Above Competition : Free

SPORTS

Table Tennis (Women & Men) – Singles or Doubles: Juniors up to 16 Years & Seniors Above 16 Years

Carrom:- (Women & Men separately) – Singles or Doubles: Juniors up to 16 Years & Seniors Above 16 Years .

Entry Fees For Table Tennis :- Rs 25/- per competition & For Carrom:- Rs 15/- per Competition.

Saturday 14th November 2015

5:30 pm onwards

FILM SCREENINGS

Teen Behenein (Duration: 2 hours, Director: KUNDAN SHAH, Chief Associate Director:

Shekhar Hattangadi)

Press Comments:

- **Teen Behenein** captures that grim day when three sisters committed suicide in Kanpur to ease the burden of dowry on their parents. The storyline has been bolstered by a stark cinematic treatment. — **INDIAN EXPRESS.**
- This feature film signifies the importance of holding a mirror to contemporary events. — **INDIA ABROAD.**
- A cutting-edge critique of the existing value systems in Indian society that

result in the total debasement of women.
— **THE HINDU.**

SANTHARA (Winner of 2 Awards at Bangalore and Kolkata Film Festivals in 2015, Duration: 25 mins, Writer-Dir-Editor: **Shekhar Hattangadi**) [2 movie stills (SANTHARA-DocuStillOne and SANTHARA-DocuStillTwo) as done for Teen Behenein above]

Press Comments:

- This documentary film on the ancient Jain practice of Santhara, or death by starvation, puts the fundamental conflict between religious rights versus the law at the forefront of debate. Is it suicide or soul-cleansing, hoary tradition or ritual murder? Should a modern, secular state intervene? — **SUNDAY DNA.**
- The film SANTHARA does not take any sides in this debate and that is one of the good things about it. — **TIMES OF INDIA.**

The Film Screenings Will Be Followed By An Interview And Audience-Interaction With Film-Maker Shekhar Hattangadi.

PI Contact KSA Office or Mr Dilip Sashital on mobile no 9920132925



Teen Behenein



Santhara





Kanara Saraswat

A Monthly Magazine of the
Kanara Saraswat Association

Office: 13/1-2, Association Building,
Talmakiwadi, Near Talmaki Chowk,
J.D. Marg, Mumbai 400007

Website: <http://www.kanarasaraswat.in>

Vol. 20, No 11, November 2015

e-mail: editor@kanarasaraswat.in
kanara_saraswat@hotmail.com
(For Publication in the Magazine)

e-mail: admin@kanarasaraswat.in
(For administrative matters)

President: **Praveen P. Kadle**
Vice President: **Geeta V. Yennemadi**
Chairman: **Rajaram D. Pandit**

MEMBERS OF THE EDITORIAL COMMITTEE

Managing Editor: **Gurunath Gokarn**

Editor: **Smita Mavinkurve**

Associate Editor: **Uday A. Mankikar**

Editorial Committee:

Usha K. Surkund

Computer Composing:

VISION DTP – **Sujata V. Masurkar**

KSA Telephone: (022) 2380 2263

TELEFAX: (022) 23805655

KSA Holiday Home, Nashik:

Tel: 0253-2580575 / 0253-2315881

Cover Credit - **Janhavi Mallapur**

IN THIS ISSUE....

From the President's Desk	9
Our Outgoing President - Shri Suresh Shripad Hemmady	11
About Us...	12
Letters to the Editor	15
A Steady Journey To Fulfilment ... <i>Late Acharya K. G. Ginde</i>	17
Savitri Babulkar interviews Bharat Savur, <i>Author of 'The Long Road to Nowhere': From Is to Bliss'</i>	18
Music and Medicine ... <i>Kunda Kagal</i>	19
Rice Cultivation (Part 6) - Post Harvest Processing ... <i>Tanuja Nadkarni</i>	21

What Happens In Heaven ... <i>Anita Burde (Kalyanpur)</i>	22
Shri Gurunatheshwar – Gopalkrishna Temple of Shirali (Haridas Math) ... <i>Ramchandra Haridas</i>	26
Of Quotes and Unquotes ... <i>Prof. Sudhakar Molahally</i>	29
India Shining – Amchi Youths, Be a Part of it! ... <i>Gokul Manjeshwar</i>	31
Karunashtake—An Epilogue ... <i>Krishnanand Mankikar</i>	33
Diwali from the Eyes of a Foreigner ... <i>Nalini Nadkarni</i>	34
<i>Parisevanam: It's Time To Go Global!</i> ... <i>Dinesh Tonse</i>	38
The Head Cook ... <i>Kumud Nayel</i>	40
Couch Potatoes ... <i>Mangalore Gopalkrishna Bhat</i>	41
Easy Thai Recipes ... <i>Chef Prathamesh Kumta</i>	42
Proverbial Lore of the Konkani Language ... <i>Retold by Raghunath Gokarn</i>	44
Dynamic Appearances of Soli Sorabjee in the Supreme Court (SC) ... <i>Arun R. Upponi</i>	45
Arjuna's Pride ... <i>From the collection of Vasant P Hattiangadi</i>	46
"I ...We" "Haanv Aammi" - (Part 13) An intense and lyrical narrative on Advaita by Parama Pujya Parijnanashram Swamiji III English translation and explanatory notes ... <i>by Dr Sudha Tinaikar</i>	50
Personalia	52
The Three Magic Words ... <i>Dr. Sunanda Karnad</i>	53
Ishta Devata ... <i>Saguna R Udiaver</i>	53
Addavan-tage or Take In India (Not "Make In India") ... <i>Dinesh Tallur</i>	54
1857 – An Authentic Version of India's Revolt ... <i>Sadanand B Kumta</i>	55
Our Fling with the Singapore Sling!! ... <i>Aseem Hattangadi</i>	57
मुंबई नगरी - मगल्या अनुभवांतुली ... <i>अरुणा राव (कुंडाजे)</i>	63
बुदवतू न्हावी ... <i>मुरलीधर बेट्टाबेट</i>	
एक दीस, मुंबई लोकल ट्रेनारि ... <i>सरस राव आनि गायत्री मदन दत्त</i>	64
चंदन ... <i>चित्रा शिराली</i>	65
सवयीचा गुलाम ... <i>सौ. श्यामला अशोक कुळकर्णी</i>	66
सांजजीवनी ... <i>मीरा वरलक्ष्मी सौकर</i>	66
कोंकणी सौरभ ... <i>मोहन माविन्कुर्वे</i>	67
संसारु ... <i>चैतन्य नाडकर्णी</i>	67
मॉनिंग वॉक ... <i>प्रमोद कर्नाड</i>	68
'अन्नपूर्णा' ... <i>सौ. सुशीला प्रभाकर कार्नाड</i>	69
गीतारहस्याची वाटचाल ... <i>विदुला आरु</i>	70
'तुलसी-परब' ... <i>चैतन्य उभयकर</i>	71
Bhaktisudha (Part 1) ... <i>Sanskrit Shlokas by Tulsidas from Ramcharitmanas ... Krishnanand Mankikar</i>	72
Here & There	73
Our Institutions	75
Classifieds and Domestic Tidings	78
Personalia (Contd)/Examination Results	80

Our Cover Artist Young Janhavi Mallapur is a painter and a cartoonist at heart. While studying for her graduation she also studied Commercial Art at Rachana Sansad, Mumbai. Her cartoons have appeared in KSA's Centenary Diary. She has also done some paintings for the Parijna Series and the 'Utsav' books of Shri Chitrapur Math. She bagged the second prize in the Painting Exhibition organized by KSA in Jan 2013 in the Amateurs Section. Currently she is working as a set designer in an Ad Agency.

KANARA SARASWAT ASSOCIATION
104th FOUNDATION DAY CELEBRATIONS

The Kanara Saraswat Association will be celebrating its 104th Foundation Day on Thursday, 26th November 2015 at 6.00 pm in Shrimat Anandashram Hall, Talmakiwadi, Javji Dadaji Marg, Mumbai – 400007.

On this occasion, this year too, the Association will felicitate eminent Chitrapur Saraswats in recognition of their contribution to the society and the nation, in different fields of work.

Details of the programme

- 1) Awards for Konkani Articles in Memory of Smt Ganga M Nadkarni.
- 2) Chandra Ramesh Nadkarni Memorial Prizes for Kiddies' Corner.
- 3) Outstanding upcoming Sports personality Award in memory of Shri Suresh (Bab) V. Nadkarni - Navmi Sharma (Squash)

This will be followed by felicitating following eminent personalities:-

- 1) Late Shri Nagesh D Kalbag – Selfless service to KSA (Posthumous)
- 2) Late Shri Dinesh D Kalyanpur- Selfless service to KSA (Posthumous)
- 3) Shri Shekhar Hattangadi – Journalist and Filmmaker
- 4) Shri Vinayanand Kallianpur – Principal, Swami Parijnanashram Educational and Vocational Centre for the Handicapped, Virar
- 5) Prof. Ramchandra P Gokarn – World renowned Authority on Naval Architecture and Propeller design

All are cordially invited.

Shivshankar D Murdeshwar
Hon. Secretary

Dilip P Sashital
Jt. Hon Sec, Art & Culture

Shri Chitrapur Math – Mumbai (Grant Road) Local Sabha

Smt Ambabai Heble Bhagavad-Geeta Competition -2015

The Smt. Ambabai Heble Bhagavad Geeta Competition will be held on Sunday the
December 13th 2015 at 2.30 p.m. at the Smt. Indirabai Kallianpurkar Hall,
Balak Vrinda Education Society, off Talmaki Wadi.

Shlokas for memorisation and recitation **for all Groups (I, II, III, IV and V)**
Bhagvadgeeta 11th Chapter –Vishwaroopadarshanyoga - shloka 1 to 27.

Shlokas for the Abhivyakti competition are

- | | |
|--|---|
| १ . सर्वकर्माण्यपि सदा कुर्वाणो मद्भयपाश्रयः
मत्प्रसादादवाप्नोति शाश्वतं पदमव्ययम् १८/५६ | ३ . नष्टो मोहः स्मृतिर्लब्धा त्वत्प्रसादान्मयाच्युत
स्थितोऽस्मि गतसन्देहः करिष्ये वचनं तव १८/७३ |
| २ . तेषां सततयुक्तानां भजतां प्रीतिपूर्वकम्
ददामि बुद्धियोगं तं येन मामुपयान्ति ते १०/१० | ४ . वीतरागभयक्रोधा मन्मया मामुपाश्रिताः
वहवो ज्ञानतपसा पूता मद्भावमागताः ४/१० |

५ . बुद्धियुक्तो जहातीह उभे सुकृतदुष्कृते |
तस्माद्योगाय युज्यस्व योगः कर्मसु कौशलम् ||२/५०



From the President's Desk....

Dear Friends,

At the outset, I thank you all for electing me as President of this great Institution for the next two years. This is my first communication to you and I take this opportunity to inform you of my agenda during my term as a President.

Any institution, whether engaged in business or in achievement of social objectives, needs to continuously self-introspect on its relevance to its stake holders and to examine the very basic purpose of its existence.

The time has come to do a similar introspection at KSA, which is now a 105 year old institution.

Keeping in mind the objectives with which the great founders of this Institution formed it, we need to re- establish KSA as a Premier Institution for Chitrapur Saraswats in their pursuit of interests in areas of social, cultural, sports and charitable fields.

Going forward, it will be my sincere effort to work towards achieving these objectives in the next two years.

If we have to reach these goals, we will first need to put KSA on a strong financial foundation. My first priority therefore, will be to strengthen the financial position of KSA on a war footing.

My other objective will be to give a significant push to our activities in the areas of music, art, literature, sports, medical relief, education and other charitable activities in general which will enrich our community, our value system and life in general.

While doing all of this, I will continuously seek support, advice and guidance from my seniors, past Presidents, past office bearers of KSA and members of our community in general. I intend to be transparent to all of you in terms of the specific plan of action that we as new Office Bearers intend to take. I will therefore be engaging myself in constant communication with all of you through this column and through other channels.

Let us all work together towards making KSA a strong torch bearer of our community's social and cultural interests and build a strong KSA Brand.

Wish you all the best and may all your endeavours be fruitful!

Yours sincerely,

Praveen P Kadle.



With Best Compliments

from



PRECOMP TOOLS PVT. LTD.

and

PRECOMP GEARS PVT. LTD.

Office & Factory:

Plot No. 108 D. Ranje,
Taluka Bhor, Dist. PUNE - 412 205.

MAHARASHTRA, INDIA

Tel. No. (02113) 305600

Fax No. (02113) 305610

E-mail: marketing@precomptools.com

Web-site: www.precomptools.com



Our Outgoing President - Shri Suresh Shripad Hemmady

Shri Suresh Shripad Hemmady was elected to the high office of KSA during its Centenary Year, on 26th September 2010. That year was a land mark year for KSA as the newly refurbished AC Halls were inaugurated on 15th May, the Inaugural Ceremony of the Centenary was held on 26th November, and KSA launched its Centenary Fund with the dual objective of helping students with refundable interest free Educational Grants and rendering financial aid to community members suffering from major illnesses. Mr. Hemmady, as Chairman of the Fund Raising Committee, successfully raised more than a Crore of Rupees by appealing to philanthropists in our Community, thus making the Centenary Fund a Flagship Fund of the KSA.

At the Inaugural Centenary Ceremony held at Ravindra Natya Mandir in the presence of Dr Subir Gokarn, Dy. Governor of Reserve Bank of India, Mr. Hemmady donned the attire of Late Rao Bahadur S.S.Talmaki, Founder President of KSA, taking the audience back a 100 years ! The Closing Ceremony on 26th November 2011, held at Nehru Center, Worli was a momentous occasion as it was held in the August presence of H.H. Shrimat Sadyojat Shankarashram Swamiji. Mr. Hemmady held a number of dry runs and both the programs were executed exactly as per plan. It was to Mr. Hemmady's credit that he single handedly raised funds for these events through Donors, and the KSA did not have to bear any expenses. All the Centenary events & documentary have been recorded in Audio Video form and has a wealth of information and knowledge about KSA, for posterity.

Mr. Hemmady's dynamism, optimism and concern for the community were reflected in his popular monthly feature "From the President's Desk" in the KS magazine. He dwelt on many general topics particularly related to behavioural aspects and issues affecting the community. He infused positivity in every article. Often asked, he said that he made a number of revisions before he was satisfied with the final draft.

The Anand Chhaya project, a Senior Citizen's Retreat, initiated by the KSA is very close to his heart. He has worked relentlessly by visiting a number of places in Karjat, Maval, Lonavala, Pune etc to locate a suitable plot. However on legal advice and due to technical issues, it was decided that KSA hand over this project to an Association of people interested in being part of the project. Mr. Hemmady will continue to be a part of, and guide this project.

The KSA Nashik Holiday Home Redevelopment Project was initiated by KSA under Mr. Hemmady's leadership due to under utilisation of the Holiday Home by the community, and an added benefit of improving the finances of KSA, strained due to expenses incurred on Renovation of the KSA Hall, and lower-than-expected bookings of the Hall. A number of meetings were held with the NHH Redevelopment Committee and a suitable Architect appointed. However the pace slowed down while selecting a suitable Developer and the Project was delayed. In the 103rd AGM held on 27th Sept. 2015 it was decided to review the project. Both the Projects i.e Anand Chhaya Senior Citizen's Retreat & the Nashik Redevelopment Project were approved in AGM/SGM held earlier.

The Kanara Saraswat Association Managing Committee is happy that they will continue to have Mr. Hemmady's expertise and guidance as Ex-Officio Committee member, and prays for his good health.

Raja D Pandit, Chairman, and the Members of the Managing Committee of KSA.



About Us...

OUR NEW PRESIDENT

We welcome our new President, the dynamic financial wizard **Shri Praveen Kadle**. He brings with him his skills in running a corporate like Tata Capital and the ingenuity and financial know-how with which he has worked in companies like Garware-Wall Ropes Limited, Tata-IBM Limited and Tata Motors Limited.

He has been featured on the cover of our September 2015 issue for winning a prestigious international award as 'Indian Business Leader' for the year 2015.

Son of late Purushottam (Vasant) Venkatrao Kadle and Geeta P. Kadle, Praveen Kadle is the founding Managing Director & CEO of Tata Capital Limited, a subsidiary of Tata Sons Limited, a company which is a formidable player in the field of financial services in India.

An Honors graduate of Commerce & Accountancy from University of Mumbai, Praveen is a qualified Chartered Accountant, Cost & Works Accountant and Company Secretary.

Praveen has played a major role in the turnaround and growth of Tata Motors during his tenure at Tata Motors. He was also instrumental in the turnaround and financial restructuring of the erstwhile Tata Finance Limited. While in Tata Motors, he played a key role in setting up and guiding operations of Tata Technologies and TELCON (a Tata Motors – Hitachi JV) which have become market leaders in the engineering design space and in the construction equipment business in India.

In the year 2001, he was promoted to the Board of Tata Motors Limited as Executive Director – Finance and Corporate Affairs. Praveen Kadle is also a Board member on various Tata and non-Tata companies. He is an advisor to many industrial and economic bodies, both domestic and international. These include a position on the Advisory Board of Japan's Institute for Indian Economic Studies (IIES).

Praveen has received a number of awards in recognition of his outstanding contribution to Tata Motors Limited. He is a regular Speaker on management topics and has addressed students at Wharton, IIM Bangalore, IIM Ahmedabad,

National University of Singapore (NUS), Institute of Management, Goa, NMIS, Jamnalal Bajaj Institute of Management.

He is keenly interested in sports and music. He is an avid reader and loves to watch plays and stage performances of various artists.

Praveen currently holds the position of Vice-President of the Standing Committee of Shri Chitrapur Math. He is actively involved in the management and administration of various Public Charitable Trusts promoted under the aegis of Shri Chitrapur Math.

We wish Shri Praveen Kadle all the best and look forward to his guidance and leadership.

Lt. Col. Manohar Karpe (Retd.) proposed Shri Praveen Kadle for Presidentship. Shri Durgesh Chandavarkar seconded it.

OUR VICE PRESIDENT

We welcome **Smt. Geeta Yennemadi** who is continuing as our Vice President. She is a talented vocalist, deeply involved in singing, composing music and training new talent. She has been working very actively as our Vice President since 2010.

Shri Praveen Kadle requested Smt. Yennemadi to continue as Vice President.

Prof. Smt. Sadhana Kamat, seconded the proposal. She said, "I am extremely happy to propose Smt Geeta Yennemadi as Vice-President of KSA for the next term.

Due to her valuable contribution to Light Music, she is a well known figure in our community in Mumbai, Pune, Bangalore and other places through the various programmes she has organized with Saraswati Vrindagaan. She has composed music for many many songs, given private and public solo performances at various concerts, on TV and All India Radio. Her expertise and dedication to music as well as her organizing ability will be beneficial to KSA in the future as in the past.

She is an ideal housewife, well versed in culinary arts, stitching and embroidery, friendly and affectionate by nature, she has a large circle of friends



who have added to her personality. I am sure she will be an asset to KSA as she has been to the Saraswat Mahila Samaj”.

Smt. Yennemadi graciously accepted the post and

said that she would like to work for the KSA and that she would make special efforts to organise music and other cultural programs for the KSA as she has done in the past.

Managing Committee of Kanara Saraswat Association for FY 2015-2016

President- Mr Praveen P. Kadle
Vice – President- Mrs Geeta V. Yennemadi
Chairman – Mr Rajaram D Pandit
Hon. Secretary- Mr Shivshankar D Murdeshwar
Hon. Treasurer – Mr Yatin S Mavinkurve
Jt. Hon. Treasurer- Mr Dilip Sashital
Jt. Secretary, Building- Mr Anand R Nadkarni
Jt. Secretary, Nashik Holiday Home and Bhandardara- Mr. Kishore A Surkund
Jt. Secretary, Magazine and Marriage Bureau- Mrs Usha K Surkund
Jt. Secretary, Health Centre- Dr Prakash S. Mavinkurve

Jt. Secretary, Socials and Sports – Mr Sunil G. Ullal
Jt. Secretary, Kala Vibhag – Mr Gurnath S Gokarn
Jt. Secretary, Public Relations- Mr Shailesh V Bijoor
Jt Secretary, Website & Social Media – Mr Amol R.Pandit

Editorial Committee:

Managing Editor - Mr. Gurnath Gokarn
Editor -Mrs. Smita Mavinkurve
Associate Editor - Mr. Uday Mankikar
Member - Mrs. Usha K. Surkund
Computer Composing – Mrs. Sujata V. Masurkar

KANARA SARASWAT ASSOCIATION

VISIT KSA NASHIK HOLIDAY HOME - HOME AWAY FROM HOME

- Serene Atmosphere in Prime location of Nashik
- Easily accessible by regular mode of transport
- Clean and inexpensive accommodation including AC Units with Garden for relaxation.
- Morning refreshments, Lunch and Dinner provided at reasonable cost.
- Excellent for Family Get-together
- Good Sight Seeing sites like Panchvati, Pandavleni, Someshwar, Bhandardara, Nandor Bird Sanctuary, Various Forts & Dams, Coin Research Center,
- Can make daily up down trip from various Industrial locations.
- Surrounded by Holy Shrines - Trimbakeshwar (28 Kms), Shirdi (92 Kms), Shani Shinganapur (165 Kms), Pandavleni (8 Kms), Naroshankar Temple (2 Kms), Kapaleshwar Temple (2 Kms), Ramkund (2 Kms), Kalaram Mandir (2 Kms) , Tapovan (3 Kms), Mukti Dham (8 Kms), Someshwar (6 Kms), Gurugangeshwar Ved Mandir (2 Kms)

For Booking Please Contact:

- **KSA Office, Talmakiwadi - Tel – 022-23802263/23805655**
- **Nashik Office- Manager Mrs Ravikala Prakash Koppikar,**
- **Tel No 0253-2580575/25315881, Mobile No – 09623788879**
- **Email ID:admin@kanarasarawat.in, ravikalaprakash@gmail.com**
- **KSA Website: www.kanarasarawat.in**



MEDRAD®
Performance. For life.™

KIRAN* **FUJIFILM**

- Medrad Pressure Injectors for CT, MRI, Cath Labs and their Consumables.
- Fuji Computed Radiography Systems, Laser and Thermal Printers, All Types of X-ray and Imaging Films.
- Kiran Cassettes, Intensifying Screens, Protective Apparel and Ultrasound Jelly.
- Barium Products from Eskay Fine Chemicals.
- Ionic and Non-Ionic Contrast Media from Cadila Healthcare
- Chemicals for Manual and Automatic Processing of X-ray Films
- Dark Room Equipment, X ray Accessories and Lead Protective Equipment.
- ECG Jelly and Rolls



ANITA MEDICAL SYSTEMS PVT. LTD.

Head Office : #3A/4, Commercial Block,
Ram Apartments, 4th Cross Road, Pandurangwadi,
Goregaon East, Mumbai – 400 063.

Tel : +91-22-28741625, 28768649, 28747542, 28712882 Fax : +91-22-28747434

North Zone Sales Office : 101, D. R. Chambers,
1st Floor, 12/56, Desh Bandhu Gupta Road,
Karol Bagh, New Delhi – 110005.

Tel : +91-11-23521694, 41545570 Fax: +91-22-41545571

E-mail: anitamedicalsystems@gmail.com

Web-site: www.anitamedicalsystems.com



Letters to the Editor

Dear Editor, Net banking, credit cards, debit cards, ATMs and on line payment options have made life simpler but increased the risk of frauds. Cyber criminals are getting smarter by the day and from emails of lotteries have moved on to phone calls to convince credit and debit card holders and net banking users to part with confidential data like one time pass words, PINs etc. and then commit frauds. The favourite targets are unsuspecting senior citizens who are not very net savvy and are easily convinced when told that confidential data has to be shared due to a security issue or the need to verify credentials to keep the account active.

So what should you do? Be alert. Be suspicious of all unknown calls. Do not trust phone numbers even if the number displayed is of your bank as this reportedly can be changed with software. Never share your personal information or financial information with anyone. If you receive a call, ring back the bank or service provider independently (not on the number provided by the caller) to examine if the issue is genuine. And if despite all these precautions, you get conned, report the matter immediately to the police and take steps to block your card/ account etc.

Gokul Manjeshwar, Santacruz, Mumbai.

Dear Editor, I would like to thank Pradeep for having written such a wonderful and emotional article on his late brother Shashi. I had known Shashi for over forty years and he was like a guru to me in the field of I.T and management applications. I used to consult him on the relevance and quality of the numerous presentations I had made at several national and international seminars .

He used to narrate several case studies many of them from his personal experiences. One such case stands out in my memory. It is related to the sale of an IBM 1401 computer to Khatau Mills in Mumbai. At that time Shashi worked for IBM and was in charge of textile accounts in Mumbai. The account at Khatau mills was nearing closure and IBM was asked to make one final offer towards the end of December 1970. There was to be a final negotiation between the two companies and Shashi and his boss reached Khatau Mills for the meeting. Khatau Mills was represented by industrialist Chandrakant Khatau and Karnad Ratnakarmam (now settled in Bengaluru) amongst others. It seems the meeting was fairly stormy and Shashi felt the carpet slipping from under his feet. That is when in his own words God's wisdom dawned upon him and prompted

him to make a statement which not only clinched the deal but was remarkable in its impact in terms of sheer profundity. It seems the inspired statement read as follows "Mr Khatau, IBM is a big name in computers; Khatau is a big name in textiles. When two big corporations get together and collaborate, only success can follow". It seems the entire audience was spell struck and Chandrakant Khatau replied "Mr Ullal, you have sold the idea to us . We shall sign across the dotted line". IBM and Khatau Mills went on to collaborate on packaged solutions for the textile industry such as payroll, production control etc .And thus began Shashi's success as a head of textile vertical. He was able to sell several more computers to textile mills such as Morarji mills, Empire Dyeing etc. Based on his phenomenal success in the textile industry in Mumbai he was promoted and shifted to Delhi on promotion as all India textile industry head.

Several such anecdotes crowned Shashi's professional career and I thought it relevant to complement his brother's tribute to him by disclosing this anecdote.

J A Kagal



Vinay V Gangavali
Phone: 2380 0460
Mobile: 9892407934



Guruprasad
CATERERS

**WE ACCEPT OUTDOOR CATERING
ORDERS FOR
GET-TOGETHERS, BIRTHDAY PARTIES,
MARRIAGE, THREAD CEREMONY AND
ANY OTHER OCCASIONS.**

**3-5/18, 2nd Floor, Talmakiwadi, Tardeo,
Mumbai - 400 007.**



With best compliments from:



STANDARD GREASES & SPECIALITIES PVT. LTD.

**an ISO 9001 : 2000 Company
Manufacturers of Lubricating Oils, Greases
& Specialities**

ROYAL CASTOR PRODUCTS LTD

**an ISO 9001 : 2000 Company
Manufacturers /Exporters of Hydrogenated Castor Oil,
12 Hydroxy Stearic Acid**

Regd./Adm. Office:

101, Ketan Apartments,
233, R.B. Mehta Marg, Patel Chowk, Ghatkopar (E),
Mumbai - 400 077.

Tel: 25013641-46 Fax: 25010384

Email: standardgroup@standardgreases.co.in

Web: www.standardgreases.co.in

A Steady Journey To Fulfilment

LATE ACHARYA K.G. GINDE

This feature was specially written by Acharya K.G. Ginde on the occasion of the 71st birth anniversary of Acharya S.C.R. Bhat when he was felicitated on a grand scale. This piece appeared in Times of India art page (which was once quite popular with readers of Art Music) on Tuesday March 21 1989.

For young Nanda Bhat, known today as Sangeetacharya Pandit S.C.R. Bhat there was a fork in the road at the end of school. His uncle favoured the road that would lead him to priesthood. Fortunately for the young boy, elder brother wished him to take the other road and learn music.

Pandit Krishnarao Honnavar, who learnt music from Ustad Kale Khan of the *Patiala Gharana*, happened to be staying in Shirali, Bhat's home town. Having discovered young Nanda Bhat's talent and interest in music, he offered to teach him. The decision was made and Bhat took his first step towards becoming what he is today – a highly respected Guru and Musician.

The training with Krishnarao started with earnestness and edification from both sides. Almost 3 to 4 hours were spent every day, giving vigorous practice in various forms of *alankars (paltas)*. As a result within the course of four years of such training, young Nanda Bhat acquired thorough *swara gyana*.

Shortly afterwards, Nanda Bhat moved to Bombay with his Guru. When Pandit Krishnaraoji had established himself as a painstaking music teacher among the music lovers of Bombay he had taught Dr. S. N. Ratanjankar for over three years.

It is well known that, in due course, Dr. Ratanjankar became a renowned and outstanding musician. Because of his advancing age, Krishnaraoji desired to place Nanda Bhat under the tutelage of another master of high proficiency. Would Dr. Ratanjankar accept him as a pupil? He agreed to do so after the young man had appeared for a test and interview. On Ratanjankar's advice Bhat proceeded to Lucknow for his further training. Watched and guided by Dr. Ratanjankar and often putting in 8 to 10 hours of *riyyaz* every day over and above attending classes, Nanda Bhat finally passed the Visharad Examination in 1938 in First Class, securing Bhatkhande Gold Medal. He then joined the postgraduate class.

Since he was granted freeship in the college, Dr. Ratanjankar appointed him to teach one First year

vocal class through his undergraduate days. After 1938 he was appointed as a regular member of the staff. Some students including Bhat were sent to Calcutta to take part in the All India Music Competition as the representatives of the college. Stalwart musicians like Ustad Faiyyaz Khan, Ustad Hafiz Ali Khan, and Pandit Dilipchandra Vedi were among the judges. Bhat bagged the first prize in the competition. Ustad Faiyyaz Khan was so impressed by his performance that, as a token of encouragement, he asked Bhat to accompany during his recital in the same conference. Nanda Bhat met many musicians both young and old during this period—Kumar Gandharva, D.V. Paluskar, Pandit Ravi Shankar, Ustad Ali Akbar Khan to name a few from the younger generation and Ustad Allauddin Khan, Ustad Hamied Hussain Khan, Ustad Nissar Hussain Khan, Pandit Vinayakbua Patwardhan, Pt. Vadilal Shivram and many others of senior group of musicians. He also accompanied them when they performed in Lucknow. During one of his visits to Lucknow, Pandit D. V. Paluskar heard Bhat sing Shudha Kalyan in a private *mehefil* and openly confessed that this was the first time he had really understood the structure of the *raag* so clearly.

Meanwhile, Dr. Ratanjankar and Pandit Vadilal Shivram were keen on establishing an institution of music in Bombay, the birth place of their Guru Pandit Bhatkhande. Dr. K. M. Munshi offered this help through Bharatiya Vidya Bhavan. This Sangeet Shikshapeeth was opened in July 1946 and Ratanjankarji suggested that Pandit Chidanand Nagarkar and Pandit S.C.R. Bhat to accept the posts of Principal and Senior Vocal Teacher respectively. Pandit Bhat joined the institution right from its inception and served it for over 17 years till 1963. During this period he trained many students, some of whom are regular A.I.R artistes today. Later he moved to Shree Vallabh Sangeetalaya where he continues to teach even today.

Pandit Bhat is a fine person as he is a musician and teacher. It is therefore but natural his friends, pupils and admirers decided to honour him on his 71st birthday with a handsome purse. They wish him many more years of such fruitful service in the field of music.

*Contributed by PG Burde
Courtesy Times of India.*



Savitri Babulkar interviews Bharat Savur, Author of 'The Long Road to Nowhere: From Is to Bliss'

Bharat Savur needs no introduction. In 'A Way with Words' he set out to capture the intellect with a play on words. With his new book, he shares with the reader the intricacies of the mystical journey inwards. Bharat is a man of few words. All the words pigeon-holed in his head are withheld only to tumble on to the printed page... Since he is better equipped to talk about the book, it is but fair to step aside and let him do the speaking...

SB: I don't wish to waste time on a preamble, Bharat, for most readers know you and your work. 'A Way with Words' has made waves, I hear. Could you tell us the success story?

BS: Considering 'A Way with Words' and Deepika's 'Bhagavad-Gita' were our way of expressing our tribute and thanks to our parents, Narsing and Ahilya Savur, we launched it in December 2012. The month their marriage would have been 71 years if they had lived on. For the same reason, we kept our audience and readership primarily as the Chitrapur Saraswat community. On behalf of my sister, Deepika and wife, Shalu, I would like to thank our community in general and the *Kanara Saraswat* in particular for their valuable support and patronage. The feedback we got from both was very positive.

My book also got me to participate as a panelist at Bombay Gymkhana's first 'mini literary festival' that year. In the panel were the well-known Bachi Karkaria, cartoonist Manjul of the DNA newspaper, Devdutt Patnaik, besides myself. Quite an honour that! Especially for this vulture culture to be present and partly preside over some of the city's culture vultures!

SB : You identify yourself with God...How come the agnostic has turned into an Advait Philosopher?

BS: Both logical sense and a feeling of belonging and blending with the physical world led me to the conclusion, God (I prefer to call it Love) is within me also. How could the universe be in such perfection without a guiding light to lead it? But this is said in hindsight. For a better understanding of each one of us (including me, of course) being God, you would have to read my book.

In my case, I am 'totally a self-made' one as I

have neither schooled myself on the scriptures, nor formally worshipped a person or object. Any way, most times I wear my heart on my sleeve. In 'The Long Road to Nowhere' I have also worn and shown my soul.

SB: In a précis, you first summarize the passage and then think of a 'suitable' title. You have done the reverse. How did you manage to frame the contents to suit the title?

BS: The title came years ahead. The book followed some years later. To be truthful, I didn't write it. A greater power took over my pen and paper. I was merely the medium to this master. So naturally, the contents fell automatically into place — without my conscious effort.

SB: The book has a beautiful Preface by Shalan. Could you explain SHABD to the uninitiated?

BS: I thank Shalu for her spontaneous preface. And Deepika for her beautiful illustrations. SHABD is an abbreviation of Shalu, Bharat and Deepika. We came together for the purpose mentioned earlier (to honour our parents). And the banner will continue, we hope, to further creativity. At the moment, SHABD is working on 'Hathiwawa', a children's story written by Shalu in verse form. Deepika is working on the illustrations and animation. It could emerge as a blockbuster! 'Hathiwawa' is a book worthy of Rudyard Kipling. Some years ago, a well-known American film banner was interested in making it as an animated film, but the sheer cost of animation and the 'recession' pulled the curtains on it. We at SHABD hope to at least bring it out as an audio visual book and as an e-book. There are other works in the pipe-line including on the Gita, but these are still early days to speak about them.

SB: You recommend that we practice stillness; observe silence...it is not easy for the common man?

BS: I agree. I myself am an 'effort in progress'. I began this practice about 10 years ago inspired by Eckhart Tolle's 'The Power of Now'. And am still at it! I'd put it this way. Everybody is 'still and observes silence' while asleep. Hence, it isn't unnatural at all for anybody. Now, imagine yourself in deep sleep while still being awake. You'd be breathing deeply, your mind would be empty. That is the stage I'm talking



about. And that, apparently, just happened to me!

I'll quote from my book: *'So how does one define stillness? It is calmness, not dullness. Awareness, not laziness. An alertness as opposed to listlessness, an altitude as opposed to attitude. A spring at rest. A kinetic energy in neutral gear that can absorb or act in any stress demanded by a given situation.'* Any which way, gear yourself for that!

Meditation could be your answer. Fortunately, my entire life has become a meditation on the move!

SB: Is it sheer coincidence that your wisdom is compressed in 108 pages, the number of beads in a *japmala*? Or is it?

BS: Pure coincidence. We've all heard of the 'printer's devil'. Perhaps this could be God's grace in print.

SB: It was good of you, Bharat, to take us along 'The Road to Nowhere'. ...and to imply that every individual, no matter how untrained, is equipped to go on a journey that will start with existence and ultimately lead to Bliss. Thank you .

And a brief post script. Knowing how much you admire the works of the late Rameshmam Balsekar - wasn't it a great joy having Zen Publications bringing out your new book?... Your smile says it all..... God bless you!



Music and Medicine

KUNDA KAGAL



When you think of Medicine, a picture of the numerous shapes, sizes and colours of tablets and pills splashes in front of your eyes and the clinic or the hospital where you went to see a doctor for your ailment. Then the aroma of all antiseptic liquids or sprays or whatever that pervades as you walk in the hospital premises, the ICUs with the IV tubes dangling on patients' beds, the sight of wheelchairs and stretchers in the corridors and lifts etc. And finally the figure of the Doctor—with his stern, man-of-the-world persona and attitude—who is sitting in his rooms, waiting to bombard the tense, jittery, poor you with a barrage of medicines and tests.

As against that when you think of Music, it is just the opposite. An array of various artistic musical instruments with grace and beauty of their own, emerges before your eyes. A dignified musician with a soft, pleasant personality playing on his Sitar and his music floating in the air towards you, soothing your jangled nerves, making you suddenly feel "All is well" with the world. So, how can ever the two be mentioned together, you may ask.

But it was indeed a pleasant surprise for us when it actually happened (twice) when my husband and I were invited for a music programme organised by the doctors, for the doctors, and the participants being all doctors. The Music & Medicine group of Bombay Hospital doctors where our daughter Dr. Krishna Chandavarkar is quite active in singing as well as compering. They have been having this yearly

function for the last 11 years, its popularity increasing with every passing year. It has become a tradition now and they all look forward to it with the eagerness of a child waiting for his birthday and the birthday gifts. The enthusiasm with which they rehearse every week before the event is remarkable.

This year it was held on August 22nd in the West End Hotel's posh Terrace Hall. There was a proper orchestra for accompaniment. In fact when the program started, this orchestra band was asked to play a few numbers first. They played a medley of songs, old and new, which were awesome to say the least. Just proved how much accompaniment means to a singer to bring out his best. The doctors, young as well as seniors, were an enthusiastic lot when they gave their performances. Two young Oncologists sang the beautiful patriotic duet song from the film 'Border', "Sandese Aate Hai" so well and with such intense feeling that it was almost like the original track. The same doctors who hold the scalpels for surgeries on cancer patients! We just couldn't get over it. Then there was a Paediatrician who played the flute with a medley of 7 classical based songs with absolute perfection just enthralled the audience. Thereafter there were solos and duets and a variety of peppy as well as soulful songs with never a dull moment for us. The otherwise dormant talent of these Doctors was coming to the fore with unmatched zest and sincerity.

A Heart specialist whom we know as a Cardiologist discussing heart conditions, prescribing medicines and



looking at our ECGs and ECHO cardiograms etc etc, was at the mike singing songs with such HEART-felt warmth and ease, that it was a little difficult for us to digest the irony of the situation. He also has another facet to his personality which made him a good comperere of the programme, making the atmosphere livelier by his jokes told with an absolutely poker face. I still remember, in the MIG Club, Khar, where we had attended the earlier programme a couple of years ago, he had asked the audience the question "What is the difference between the identical meaning words Complete and Finished?" When nobody came out with a really satisfactory answer, he himself explained, "When you marry the right person after your heart, you are complete. When you marry the wrong person you didn't want to, you are finished. And — when your right person catches you with the wrong person, you are completely finished." The moral of the story, the heart specialist said, was "Always follow your heart, don't ever stray here and there".

A Nephrologist (kidney specialist) narrated one incident. He once told a young student patient, "Young man, sorry to say, your kidney has failed".

Promptly the lad asked, "By how many marks sir?"

There were also very interesting Quizes asked to the audience (all pertaining to Music of course), by a young resourceful lady, head of MRI Dept., to make it lively and entertaining. Like, "Which is the only Hollywood movie which has a Hindi song in it?" Only one person could guess it, "Gandhi". The song is "Raghupati Raghav Rajaram". "Which are the 5 Hindi film songs in which birds hold a prominent place"? The answers were many, like the love song "Kabuter jaa jaa jaa" etc etc. And there were prizes for the right answers. She also sang a few songs in her lovely, powerful voice.

All in all, it was an evening full of fun and laughter. There were delicious veg and non-veg starters, cold drinks and hot dri nks, quite a spread of good food, and dancing at the end of it all. The Doctors truly let their hair down, as they say. Okay, next day they will again have to be at their desk for consultations, diagnosis, or at the Operation table with the cutting up and suturing routine. But today they could forget everything and just let go!!!

PFS

PANDIT FINANCIAL SERVICES

DIRECT SELLING ASSOCIATE (DSA) OF REPUTED NBFCs & PRIVATE SECTOR BANKS

OFFERS FOLLOWING ADVISORY SERVICES :-

- ❖ Mortgage based Loans (Residential & Commercial)
- ❖ Home Equity Loans
- ❖ Home Loans to Non Resident Indians (NRIs) & Person of Indian Origin (PIO) .
- ❖ Repatriation of Sale Proceeds of Immovable Property in India by NRI/PIO up to USD 1 Million per Person per Financial Year i.e. April to March under FEMA
- ❖ Permanent Account Number Card (PAN Card) for Indian Citizen, NRI/PIO & Foreign Citizen issued by Income Tax Department of India.. PAN Card is an Excellent Form of Acceptable Identity throughout India. It is not a Scheme of Indian Government to keep an eye on NRIs/PIOs.
- ❖ Long Term Capital Gain Tax and Exemption under Section 54 , 54EC & 54F of Indian Income Tax Act 1961 arising from Sale of Residential Property/Other Immovable Property by an Individual/HUF.
- ❖ Term Loan & Working Capital Finance.
- ❖ Equity Financing.
- ❖ Loan/Overdraft against Shares.
- ❖ E Stamping

Contact : Rajaram (Raja) D. Pandit

Address:- 3-5/22, Talmakiwadi CHS Ltd, Tardeo Road, Mumbai 400007.

Landline: 022-23811583, Mobile: 9821049688 Email : rajadpandit@gmail.com

Rice Cultivation - 6

Post Harvest Processing

TANUJA NADKARNI

What goes into the conversion of the freshly harvested rice grains (paddy) into the fragrant rice that we consume daily, without probably a thought about this process? We learnt a great deal in our search for a method to dehusk our rice perfectly :

1. The rice can either be just de-husked and polished OR “Boiled” and polished to create the boiled rice (Ukade Tandool as we know it)

2. Once the rice is processed, unless you put some boric powder or some chemicals, it lasts only for a couple of months without getting weevils or the small black mites in them. On the other hand, the paddy can last a whole year without any problems.

3. Polishing the rice removes the nutrients from the bran layer, but ensures that the rice lasts longer.

4. The local mills – (there are at least 5 of them within a 3 km radius!!!!) will accept your paddy, but will mill it with the all the other rice that is waiting to be milled on that day. Each mill has capacities in the range of 20 to 25 quintals. So if you want a miniscule quantity like 50 to 75 kgs milled, you have to watch your lovingly grown organic paddy being poured into the giant chutes along with all the other inorganically grown rice.....(sob). Besides, when such a huge quantity is being mass produced, you cannot have a wee bit of it unpolished.....tch, tch tch.....

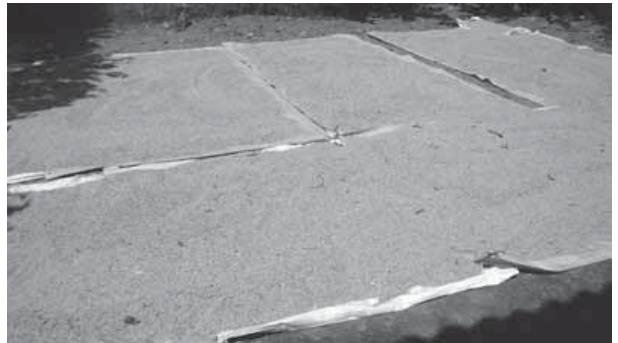
So we were stuck in a strange situation. We even contemplated buying our own dehusking machine, but that wasn't so easy either. And after a lot of asking around, we finally located a Rice mill whose owner agreed to dehusk our rice without polishing it. So 75 kgs of our paddy was loaded into the car and taken to the mill. The mill owner was a very friendly guy who assured us that our rice would be done separately. And indeed, only our paddy was poured into a huge pit and he switched on the giant machinery. At the other end, the dehusked rice started falling into a channel with a sieve at the base. The fragmented grains were separated and the whole grains were all collected into another bag. The weight of this bag came to approximately 55 kgs. The 20 odd kgs of husk and fragmented rice was packed separately and we could use it for our bovine family. As we walked out of the mill, the friendly owner warned us that this brown unpolished rice has a very short shelf life. We assured him that we were aware of it and came back home with our precious booty.

And what can I say about the taste of our own home grown, organic brown rice? That the flavour as

Wikipedia puts it is indeed mild, nutty with a chewy texture? And it tastes heavenly with just salt and a generous dollop of ghee in it? Or that the very humble rice-gruel or conjee as some may call it, made with



a sprinkling of freshly grated coconut accompanied by some pickles and papad can hold its own against a gourmet meal? And the dosas made with this rice have a crunch and flavour that sets them apart.



So in a way life does turn a full circle. Our older generations consumed hand-pounded rice and got the best of nutrition. Commercialization, the craving to have better looking rice with longer shelf-life gave rise to the fine polished rice that the world consumes, and all the dietary deficiencies that arose from this consumption is leading us back to brown, unpolished rice that is become a much sought-after item in the super-stores today.

As for us, our paddy area which had been lying barren in the recent years, after having produced rice year after year in the bygone era, is now back to producing this precious grain again.



What Happens In Heaven

ANITA BURDE (KALYANPUR), BORIVALI

I dreamt that I went to Heaven and an angel was showing me around. We walked side-by-side inside a large workroom filled with angels. My angel guide stopped in front of the first section and said, "This is the Receiving Section. Here, all petitions to God said in prayer are received".

I looked around in this area, and it was terribly busy with so many angels sorting out petitions written on voluminous paper sheets and scraps from people all over the world.

Then we moved on down a long corridor until we reached the second section.

The angel then said to me, "This is the Packaging and Delivery Section. Here, the graces and blessings the people asked for are processed and delivered to the living persons who asked for them." I noticed again how busy it was there. There were many angels working hard at that station, since so many blessings had been requested and were being packaged for delivery to Earth.

Finally at the farthest end of the long corridor we stopped at the door of a very small station. To my great surprise, only one angel was seated there, idly doing nothing. "This is the Acknowledgement Section," my angel friend quietly admitted to me. He seemed embarrassed. "How is it that there is no work going on here?" I asked.

"So sad," the angel sighed. "After people receive the blessings that they asked for, very few send back acknowledgements".

"How does one acknowledge God's blessings? " I asked.

"Simple," the angel answered "Just say, "Thank you, Lord."

"What blessings should they acknowledge? " I asked.

"If you have food in the refrigerator, clothes on your back, a roof overhead and a place to sleep you are richer than 75% of this world. If you have money in the bank, in your wallet, and spare change in a dish, you are among the top 8% of the world's wealthy".

"And if you get this on your own computer, you are part of the 1% in the world who has that opportunity."

"If you woke up this morning with more health than illness you are more blessed than the many who will not even survive this day."

"If you have never experienced the fear in battle, the loneliness of imprisonment, the agony of torture, or the pangs of starvation ... You are ahead of 700 million people in the world."

"If you can worship without the fear of harassment, arrest, torture or death you are envied by, and more blessed than, three billion people in the world."

"If you can hold your head up and smile, you are not the norm, you're unique to all those in doubt and despair....."

"Ok, what now? How can I start? " I asked.

If you can read this message, you just received a double blessing in that someone was thinking of you as very special and you are more blessed than over two billion people in the world who cannot read at all.

ATTN: Acknowledgement Dept .

"Thank you God, for giving me the ability to share this message and for giving me so many wonderful people with whom to share it."

I thank God for everything, especially all my family and friends!!



GET OUT OF THE CAR!

(This is supposedly a true account recorded in the Police Log of Sarasota, Florida)

An elderly Florida lady did her shopping and, upon returning to her car, found four males in the act of leaving with her vehicle. She dropped her shopping bags and drew her handgun, proceeding to scream at the top of her lungs, "I have a gun, and I know how to use it! Get out of the car!"

The four men didn't wait for a second threat. They got out and ran like mad. The lady somewhat shaken, then proceeded to load her shopping bags into the back of her car and got into the driver's seat. She was so shaken that she could not get the key into the ignition. She tried and tried, and then she realized why. It was for the same reason she had wondered why there was a football, a Frisbee and two 12-packs of beer in the front seat.

A few minutes later, she found her own car parked four or five spaces farther down. She loaded her bags into the car and drove to the police station to report her mistake.

The sergeant to whom she told the story couldn't stop laughing. He pointed to the other end of the counter, where four pale men were reporting a car jacking by a mad, elderly woman described as white, less than five feet tall, glasses, curly white hair, and carrying a large handgun. - No charges were filed.

Moral of the story?

If you're going to have a senior moment..... make it memorable!



Happy 95th Birthday

to our dearest 'Mummiji'



Lila D. Nilawar
21st Nov 2015

May your special day be filled with sunshine, smiles, laughter and love...
just what you have effortlessly given us for the past 95 years!!!
Wishing you many more years of good health and overwhelming happiness.

Fondest wishes from all of us.

Your Children:

Suresh & Nirmala Nilawar
Rita & Kishore Masurkar

Your grand Children: Poulomi, Namita, Shoma-Chirag, Rahul-Bron, Nikhil-Anjula.

Your great-grandchildren: Gia, Veer, Aanya, Anaaya.

Mankikars, Kodikals & Mudurs

We love you and are truly blessed to have you in our life.





HONAVAR ELECTRODES PRIVATE LIMITED

Regd. & Head Office : 305-309,3rd Floor, Damji Shamji Industrial Complex,
9, L.B.S.Marg, Kurla (West), Mumbai – 400 070. INDIA

Tel. No. : 2502 0317 / 2502 1238 / 6500 8821

Fax : 91 - 22 - 2510 0048

E-Mail : hel@vsnl.com * Website : www.honavarelectrodes.net



***Knowledge is our Strength
it Keeps Increasing Steadily
By Sharing with Welding Industry***

ULTIMATE – 18M ET

SFA 5.5 AWS E 7018-G
IS:814-1991 EB 5629H3JX
DIN EN499 : E 42 5 B 42 H 5

An Outstanding electrode, approved by Indomag Steel Technology, for special application for steel plant. ULTIMATE-18MET displays remarkable weld metal properties:

Resistance to repeated thermal cycles.

Resistance to ageing.

CVN impact values upto 150 joules at minus 50°C.

Used successfully for LD CONVERTER VESSELS.

ULTIMATE – 18NC

SFA 5.1 AWS E 7018
IS:814-1991 EB 5426H3JX

FOR SOUR SERVICE

Meeting the test requirements of:

NACE standard TM-0284 for H.I.C. Test.

NACE standard TM-01-77 for S.S.C.C. Test.

Used successfully in welded fabrication out of HIC resistant steel plates.

CRYOMATE – 3

AWS A 5.11 ENiCrFe3
DIN 1736 EL-NiCr15FeMn

Nickel base alloy electrode gives outstanding performance in welding Inconel-600, Nimonic 75, Monel 400. Has high degree of resistance to hot cracking. Service temperature range 900°C to -250°C

CRYOMATE - 5

AWS A 5.11 ENiCrMo3
DIN 1736:ELNiCr20Mo9Nb

A basic coated non-synthetic electrode for welding of NiCrMo alloys and super austenitic stainless steels. Excellent electrode for 9% NiSteel (Q&T) for LNG services.

SILVERSHINE - 4462

AWS A 5.4 E 2209-16

Special electrode for welding "Duplex Stainless Steels" and "Duplex Steels to Mild Steel". Controlled Ferrite level with high resistance to pitting and stress corrosion. Also high yield strength of more than 500 N/MM²

SILVERSHINE – ZFU(PH)

AWS A 5.4 E 385-16
DIN 8556 E 20.25.5L CuR26

Fully austenitic, extra low carbon, resistant to corrosion in sulphuric, phosphoric and several organic acids. Suitable for welding tanks and process vessels, cast pumps and valves, in fertilizers plant.

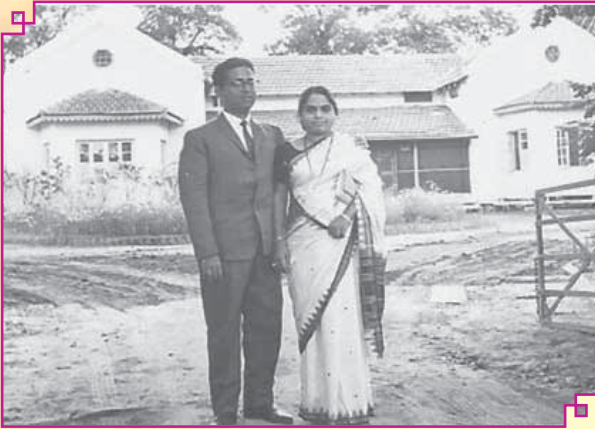
CO₂ Wire
(ER - 70S-6)

**OUR MARKETING
ACTIVITIES**

**TIG Filler / Flux
Cored Wires**

50th GOLDEN WEDDING ANNIVERSARY
on 7th November 2015

Smt.Rekha. R. Nagarcenkar (nee Baljekar)
and
Shri Ratnakar Nagarcenkar



**Five decades of conjugal bliss, a bond that has grown stronger,
A long journey of nuptial paradise that will continue to stay longer.**

Fifty years you have been together,
In sunny as well as stormy weather.
Two beautiful people joining as one,
Working together to make living fun.
For most good things to last,
You must share a wonderful past.

Hearty congratulations & best wishes from:

Baljekars, Bhatkals, Eastwoods, Kallianpurs, Mittals, Nadkarnis,
Nagarkattis, Raos, Sashittals, Vidwans

Shri Gurunatheshwar -Gopalkrishna Temple of Shirali (Haridas Math)

RAMCHANDRA HARIDAS, BANGALORE

About two centuries ago there lived a devoted couple Dasappa and Lingamma. They had two sons, Venkateshayya and Santayya. These brothers were musicians under the Nayak Rulers of Nagar and also played at Shri Mukambika Temple, Kollur. Venkateshayya was an accomplished player of Udaka (Chandra Vadya) while his younger brother Santayya was an expert in playing of Saranga. In course of time they came to be known as Udakada Venkateshayya and Sarangada Santayya. After the fall of the Keladi kingdom at the hands of Hyder ali in 1763, the brothers moved from Nagar to the Kanaras. Venkateshayya's descendants settled in Shirali and those of Santayya in Kesarkodi.

During that period there existed in the precincts of Shirali an institution known as the Gosavi Math. It was established by two saints, Sant Raghavdas and Sant Narharidas, both disciples of Sant Ramavallabhadas who first introduced the Krishna Jayanti Vrata. It was ordained by Sant Raghavadas that the Vrata should be observed regularly at the Math and Venkateshayya humbly offered his musical talents in the services of the Lord. His descendants kept up the tradition of music and one of them who was in services of the math unfolded a new talent, namely that of performing keertans and was distinguished by the name of "Haridas". In course of time they acquired the family name of Haridas. After the Gosavis passed away, the management of the Gosavi Math came in the hands of members of the Haridas family and in course of time the math itself came to be known as "Haridas Math".

The Samadhis of Sant Raghavdas and Sant Narharidas are situated in these premises known as "Haridas Katte" in Shirali market on the way to Mahamaya Ganapati Temple.

Years later an accidental fire completely destroyed this math. When the Haridas family contemplated rebuilding it, H.H.Shrimath Pandurangashram Swamiji suggested building the new one near Shri Chitrapur Math and offered a plot of land for the purpose. The work of construction was soon taken in hand. When the temple building was completed, a marble idol of Lord Gopalkrishna which was specially

got prepared by Shri Swamiji at Mangalore was installed with due ceremony. The pratishtha ceremony took place in Nandan Samavatsara, shaka year 1814 (1893 A.D.) in the august presence of H.H. Shrimat Pandurangashram Swamiji. The new temple is known as Shri Gopalkrishna Temple. The original idols of bronze which were in the old temple were also consecrated in the new premises. (The name of the deity in the Government Records is known as "Shri Gurunatheshwar Dev". This is a registered public trust, the registration number being A-410/Karwar).



During the month of Shraavan there is daily Panchamrita Rudrabhishek. There is Devakarya on Panchami day as well as in the month of Magha. Shri Ganesh Chaturthi is observed in Bhadrpad. In the month of Ashvija there is Ghatasthapana and Saptashati Parayana. From Vijaya Dashami to Kartika Shukla 12 (Dwadashi) there is Bhajan in the morning and Kakda Arati.

Shri Krishna Jayanti Vrata for which the original Gosavi Math was established is the main festival observed here. The festival extending over two weeks commences on Shravana Shukla 10 (Dashami) and concludes on Bahula 10 (Dashami). From Shukla Dashami to Poornima, there is Dholara Utsava and from Bahula Pratipada to Dashami, Gondhal and Paradi Bhajans. After the Bhajanakrama everyday from Bahula Pratipada, which generally conclude late in the night (about 11 or 12 midnight), there is Paradya Arati. On the first day, i.e. Bahula Pratipada, one divitige (panzo) is lighted and the number is increased by one every day, i.e. two divtiges on dwitiya, three on tritiya and so on. On the ninth day, nine divtigesare lighted. On that day, which is



Mangala day, Grama Santarpana is held, which is arranged at Shri Chitrapur Math. On Dashami day there is Avabhrita (Dahi-Kallo). During this week from Shravan Bahula Pratipada to Navami after the morning pooja, Teertha is taken daily and offered at the Samadhis of Sant Raghavdas and Sant Naraharidas which are situated in the old temple premises in the town. The Punyatithi of Sant Raghavdas is observed on Magha Bahula Dwadashi and for Naivedya on this occasion specially Kodabali, brinjal chutney (bajji) and soup (saar) of Kotambari leaves are offered.

One surprising thing which is of great sentimental value is that the place where the Garbh-graha of the old temple (which was destroyed by fire) was situated, two trees have sprung up, one of Ashvatha and the other a 'rumdi' (AaaaOdumbar) trees, indicating Vishnu and Guru Sthana. Haridas Ramchandra Bhatji, who was a pious soul, used to go to this place every Wednesday (being the birthday of Lord Krishna i.e., the day on which he was born) and do the parayan of Guru Charitra.

His Holiness Shrimat Anandashram Swamiji belonged to the Haridas Family. When His Holiness attained Mahasamadhi at Bangalore on 16th Sept. 1966, when the mortal remains were brought to Shirali, they were first taken to this place and later to the family house and offered pooja, flowers and arati before they were taken to Shri Chitrapur Math for internment. Some years ago this temple was renovated and the roof copper plated, the cost of which was borne by H.H. Shrimat Anandashram Swamiji.

The temple is presently managed by a Trust consisting members of Haridas & nee Haridas family members.

Besides this there are three other Maths-one established by Sant Ramavallabhadhas himself at Mallapur known as Avadi Math, and the other two by his disciples Krishnadas, known as Jognani Math at Hemmady and Gosavi Math at Hattiangdi, by Gangadhardas, Umavallabhadhas & Gopaldas where this great festival namely Shri Krishna Jayanti Vrata is observed regularly every year according to the Sampradaya laid down by Sant Ramavallabhadhas.

Fond Remembrance



Shantaram V. Mankekar

Date of birth 09.06.1909

Died on 06.11.1986



Vimalabai S. Mankekar

Date of birth 10.04.1914

Died On 01.09.2003

Fondly remembered by:

Dr. Mohan S. Mankekar & Mrs Anuradha M. Mankekar - Children and Grandchildren
 Shri Vijay S. Mankekar & Mrs Poornima V. Mankekar – their children and Grandchildren
 Late Indu and Late Bhaskar Tirkannad – their children and Grandchildren
 Mrs Premlata V.Baindur and Late Vasant Baindur – their children and Grandchildren



Mohan Savkoor



Born 07-05-1930 Died 07-11-2009

Missed by:
Shrikala & Chetan Savkoor
Namita, Stephen, Collin, Drake Hartland
Swapna Savkoor & Jiten Trasy



Of Quotes and Unquotes

PROF. SUDHAKAR MOLAHALLY

Gunder Kandla rang me up. “Will be there in ten minutes.”

Gunder arrived in time. We were classmates and benchmates from the ‘aa-e-ee-oo-ooo’ days. After 10th, we bifurcated and he took up maths. I can tell you that maths is not my forte and ever since it became a subject for study, it failed to percolate my meninges. Gunder was good in maths. He joined an Engineering college and set up his own Crepidula Incorporated in Mangalore. I took up biology and did my undergraduate and PG in Stanley in Chennai. I joined the high-tech Dicerros Hospital in Mangalore as a Cardiologist.

“I am in a hurry.” Gunder said.

“Shoot then”.

“I want a couple of quotations”.

“Elementary. my dear Gunder”.

“I am not Dr Watson. I know what you were going to suggest, Search the Internet. I have searched but did not get suitable ones. Hence this appeal to you.”

“Why me of all persons?”

“You were the cream in the college and we were all precipitates.”

“You are entirely mistaken. Cream is the supernatant floatsam and jetsam. It is the scum. Precipitate is more dense-intellectually superior.

“Arre Bhai. Forget it. Give me the lowdown. I will be the Chief Guest at a function.” Saying Gunder thrust and invitation into my hands. I was shocked to see Gunder Kandla’s name misspelt. Kandla had become Kudla.

“What, I didn’t observe. In fact press-proofs were given to me. I must have overlooked. Anyway, Kudla is Mangalore in Tulu.”

I read the card. Gunder ‘Kudla’ was to be the Chief Guest. Egnus Furtado would light the lamp and Shubhra Shenoy would distribute the prizes. The invitation was from ‘Self Help Groups’ various Cooperative Societies and the State Government.

“What is the topic, Gunder?”

“It is based on Modi’s Swatchata Abhiyan” I am supposed to speak on “Toilets”: Their structure, mobility, utility, fabrication and the response of self help groups in the rural sector.”

“Wow! It looks like the title of dissertation pick up a couple of sentences from Modi’s speech. And a couple from Gandhiji’s. They appear on the TV almost everyday.”

We settled for a couple of quotations and agreed that Gunder would quote and unquote them, extempore, two after ten minutes Gunder noted this down in his 5-page ‘preparation.’

“Thank you, yaar. You were of great help,” so saying Gunder left. I hoped and wished that everything will be in place and Gunder would impress the audience by his vocabulary and delivery.

After a week, Gunder rang me up again, saying he would be at my place in five minutes ‘flat’.

“How was it? The programme, I mean.”

“It was short of a disaster and less said about it, the better, what with my speech in English and the audience not exposed to anything but Tulu. I botched up the quotations- forgetting Modi’s name and ascribing it to Lalith Modu and Gandhiji’s quote to Rahul Gandhi. I forgot the wordings and finished in ten minutes ‘flat’. Forgetfulness is a curse.”

“Aarre! You could have kept your ‘preparation’ in front of you. Even Jawaharlal Nehru used to do that.”

“Aarre yaar! Forget it. Despite the fiasco, the audience repeatedly cheered. Some appeared to be confused. The secretary gave me an honorarium in a cover. Well, how could I take it? I refunded it to him saying that it would be my contribution to the self help group. The secretary was pleased and immediately announced this . He added that the money would be spent to get a better speakers ‘next’ time.”

“Did he really say that?”

“In no uncertain terms. I will not preside over any function hereafter. As my first assignment has been an epitome of failure.

“Elementary, my dear Gundu, Prathama Chumbane danta bhagnam. Do not despair, my boy, try, try and again said Robert who?”

Gundu did not answer and left with a low profile. I could see that he was really depressed. I did not hear from Gundu in the next couple of months.

It was my turn, now, to be the Chief Guest at a



function organized by the Society of Cardiologist. The speaker was well known practicing doctor who had earned a name for himself as an orator par excellence. He had retired as the Medical Director of one of the hospitals in Mangalore. He was known to quote and unquote articles from several journals with ease and precision. He also quoted from religious texts –Bhagwadgeetha, Quran and Bible without batting an eyelid. That I would be on the dais with him was a great honour for me. The audience consisted of Mangalore's elite of several doctors, administrators, academicians and not to mention journalists- most of them ready with writing pads and pens.

My speech was brief, uneventful and without quotes and unquotes, leaving the whole exercise to my learned VIP .

There was a 90 decibal applause when the VIP stood up. He spoke effortlessly with jokes galore. The speech was marked by quotations from different medical journals, ascribed to authors of repute. He even gave the date of submission of an article and the date of revision, the number and volume of the journal. I was a mute spectator of this scholarship. At the end of the function, I shook hands with him saying "Great, Straight from the heart." He gave me an affectionate hug.

Near the gate, I saw Pabbie. It was a union after 15 years. Prabhakar Rao Kalmady was my classmate and room mate at Victoria Hostel, Chennai. When I had a stint at B.Sc. in Presidency College,. Pabbie was always the first in the class and I ended up by playing second fiddle to him. Once I heard Professor Chettiar asking Pabbie how he managed to quote eminent scientists and their periods effortlessly. Pabbie told him that he made extensive notes of books borrowed from the libraries of British Council , USIS and Madras University. I was unaware of Pabbies ability to quote. I understood why he stood first in the class. I had never seen Pabbie's answerscripts, and wanted to see them badly.

One day, when Pabbie went to Tambaram for an intercollegiate lecture, I rummerged through his reading material and found what I wanted. I saw the quotations ascribed to great scientists and their periods in parenthesis. I was shell shocked. How could this fellow do it, which I could not? Then, I was in for a bigger shock. I found some familiar names among

others – Errol Flynn, Gere Kelley, Lara Turner- all stars of the MGM magnum opus "Three Musketeers". There were also names of Aldous Huxley, Gerome K Gerome, Graham Green and Anita Desai. Professor Chettiar never knew that these were the names of film stars and novelists! A delighted Chettiar always gave 85/100 % to Pabbie

Pabbie gave me a slap on my back.

"Come down to Earth, my dear! What are you thinking?"

"I am reminded of your quoting and unquoting scientists in our B. Sc. And the adoration Professor Chettiar had for you"

"Oh! That !"

"You were cheating the Professor, Were you not?"

"Wait. Don't pass a judgement. I have noted down the details of journals given by our learned friend today. I also have two Sanskrit Scholars from Varanasi,who can help in identifying the authenticity of some quotations." They came with me from Mumbai".

Two days later, when I picked up the phone, it was Pabbie at the other end.!

"Hi ! How goes life? You thought I was the only Cheat in the world. Look what the other day's speaker did. He fooled everyone with his quotes and unquotes. I have checked the journals, their volumes and numbers and failed to find articles cited in the speech. And, as for Sanskrit quotations, they all were messed up, saw my Varanasi friends.

"Pabbie, are you superstantiating what you did ?"

"Guru, Recall what Raymond Dubois did, Did he not fool the scientific community by burying a chemically treated skull, and then 'Eureka'. Discovering and assigning it some geological era, claiming it to be the ancestor of the present day humans? All is fair in love and war. Let us discuss this further when I return from Mumbai . I am at the airport now. All the best."

Errata

A slight correction in the article titled "Praveen Kadle awarded the 'Horasis 2015 Indian Business Leader of the year'" which appeared in KSA September 2015 - on Page 13, paragraph 4,1st line 'late Purushottam (Vasant) Ramachandra Kadle' should read as 'late Purushottam (Vasant) Venkatao Kadle'.



India Shining - Amchi Youths, Be a Part of it!

GOKUL MANJESHWAR

I just happened to go through the website of Bharat Heavy Electricals Limited (BHEL). It has established its references in over 76 countries for almost its entire range of products and services covering thermal, hydro and gas based turnkey projects, substation and rehabilitation projects and a wide range of products such as transformers, compressors, valves, oil field equipment and so on. The company has successfully handled projects in a range of geographies such as the Middle East, Africa, South East Asia, China and South Asia – and also supplies equipment to turnkey projects handled by other contractors. Given that most such projects are of extremely high value, involve high technology, customers attach a premium to quality and reliability of both equipment and execution capabilities and award contracts through global tendering, the track record shows the reputation it has built across the world.

Is BHEL the only Indian company whose highly skilled employees, technological prowess and cost competitiveness has enabled it to compete successfully across the world. Not at all. There are several other Indian companies and multinational companies operating in India who are leveraging Indian talent – engineers, scientists, management graduates, Chartered Accountants and others – to provide quality and cost competitive products and services to customers in India and across the world and to conduct research & development in India to support their local & global needs. Sample this:

1. L&T has considerable international presence – some of its projects are the metro driverless train project in Riyadh, the Abu Dhabi airport project and the gas project of petro chemical giant Saudi Aramco in Saudi Arabia.

2. Canadian transportation giant Bombardier is going to supply trains manufactured in India to the rail authorities in Queensland, Australia.

3. M&M (Mahindra Group) has bagged orders to supply aero space components to the Airbus Group. The group has tied up with Airbus Helicopters to manufacture helicopters in India to meet India's defence needs. It sells its vehicles and tractors in a

number of countries in the Asia Pacific region, Africa, South and Latin America and the U.S.A.

4. Maruti Suzuki India Limited exports cars to over 100 countries.

5. Hyundai Motors India Limited exports over a quarter million cars every year to over 100 countries.

6. Gammon India handles overseas construction projects – some of its projects are the Sharjah airport terminal building, Dubai desalination plant, Sohar jetty in Oman and over 22 bridges in Nepal.

7. Reliance Industries exports to various countries such as Indonesia, Vietnam, Australia and China.

8. Hindustan Unilever exports to several countries in Europe, Asia, Middle East, Africa, Australia and North America.

9. Tata Global Beverages, the second largest tea company in the world, derives a significant proportion of its revenues from exports and has a significant brand presence in over 40 countries.

10. Titan, the world's fifth largest watch manufacturer in the world, exports to over 32 countries.

11. Welspun India is Asia's largest and the 2nd largest terry towel producer in the world. It exports over 94% of its towels to over 34 countries.

12. The Information Technology sector's export earnings are well known and IT has enabled Business Process Outsourcing (BPO) and Knowledge Process Outsourcing (KPO) units based in India to thrive in a variety of areas – carrying out equity research for Wall Street firms, call centres, conducting tutorials for US based students by India based teachers and US hospitals off shoring radiology work to India, to name a few.

13. The Government of India has issued several defence manufacturing permits to private sector entities in various areas like upgradation of battle tanks and naval requirements.

14. India, thanks to the availability of highly qualified engineers and scientists and their knowledge of English (vis a vis China) is becoming the favourite of several multinationals to set up their R&D centres.



There are over 1000 R&D centres of multinational companies located in India and some of them are really large.

15. India is among the top three medical tourism destinations in Asia. This is due to the low cost of treatment, quality healthcare infrastructure and availability of highly skilled doctors. A bulk of the patients come to India for advanced treatment in areas like cardiology, orthopaedics, nephrology, oncology, neurosurgery, plastic surgery and dental care as also alternate medicine like ayurveda. India is estimated to have earned approximately Rs 12500 crores in 2015 from medical tourism and this is growing at around 30% per year.

16. There is tremendous excitement around start ups and new business models. Almost 40% of IIT and IIM graduates are either joining start ups or starting one themselves. India ranks fifth in the world in terms of start ups with nearly 3100 start ups currently in operation. India, with its high quality entrepreneurs coupled with the Internet growth story, has become an attractive investment market.

17. The funding and support eco system for start ups is in place. Funds are flowing in like never before and the country is buzzing with funding options – venture capitalists, angel investors, incubators, banks, microfinance institutions, NBFCs etc. If you have got a good business idea, raising funds is no problem. The MUDRA bank being set up by the Government will give an additional fillip to lending to small and medium enterprises.

18. The Digital India programme aims to provide broadband highways, universal access to mobile connectivity, public internet access, e governance and promote electronics manufacturing to minimise imports.

19. Most of India's population today has access to the formal banking system thanks to around 11.5 crore bank accounts opened under the Pradhan Mantri Jan Dhan Yojana, the biggest financial inclusion initiative in the world. This will ensure people do not have to borrow from moneylenders, do not invest their savings in dubious unregulated schemes, are able to purchase financial products like insurance / mutual funds and receive direct credit of social welfare benefits (like LPG subsidy) which will plug system leakages.

20. India Post with over 155000 post offices is the largest postal network in the world. It is awaiting approval from the Reserve Bank of India to launch Post Bank of India, a move towards upgrading itself into a full- fledged bank. This should make access to the formal banking system even more convenient for the population residing in India's 638000 villages.

The International Monetary Fund has stated that the Indian economy is a bright spot in the global landscape and is now one of the fastest growing emerging market economies with a growth rate that is set to accelerate further. Rating agency Fitch has forecast that India's GDP will grow at 8.3% in 2016-17 and there is more to come as many reforms planned by the Government become a reality. The reputed magazine "Economist" has said that within a generation, India will become the planet's most populous nation and it could be one of the world's three largest economies. The Planning Commission of India has estimated that India will need 500 million skilled workers by 2022.

Why have I enumerated the above. I am neither an investment banker nor somebody show casing India as an investment destination. I have written this for the benefit of Amchi youth – those in their high teens, 20s and 30s – who have a working career of 30 to 40 years ahead of them.

One may well ask what has GDP growth, becoming one of the largest economies and such macro projections got to do with Amchi youth. Pay scales in India in general and particularly for qualified professionals – engineers, scientists, management graduates, chartered accountants, lawyers etc - have risen sharply in the last few years and thanks to availability of loans on easy payment terms and tax breaks, owning assets like a house, car, an expensive TV set, a high end camera or going on an annual overseas holiday is possible at a young age. Whether you are a doctor, engineer, Chartered Accountant or lawyer , thanks to Indian companies increasingly getting globalised or MNCs setting up their manufacturing or R&D facilities in India, opportunities to work on cutting edge technologies are in plenty. Infrastructure improvements are gathering pace. Roads are being added with a target of 30kms / day and many of them are being upgraded



to multilane highways which will make high speed travel possible. Privatisation of airports is improving existing airports, new airports will be added - there are plans to add 200 over the next two decades - and additional airports are on the drawing board at busy places like Mumbai. High speed rail travel – for example the Gatiman Express will cover the 200 kms distance between Delhi and Agra in 105 minutes - will improve rail connectivity.

Therefore , a choice has to be made considering all the pros and cons as to what is better for a career spanning the next 30 to 40 years – to work overseas and face the probable risk of a shrinking job market as work moves to cheaper destinations like India, China and South East Asia / face the risk of job loss due to localisation initiatives of Governments (as is happening in the Middle East countries where the Governments want to provide employment to their own citizens) or stay back in India and benefit

from the India story - prosper in an expanding job market or be an entrepreneur and God willing , own a business that becomes a Unicorn – the term used in investment parlance to describe a start up with a billion dollar valuation. If I were to be at the start of my career and had to make a choice, I would most certainly decide to stay in India much as I did forty years ago and have no regrets about my decision.

Donations Received

Kanara Saraswat Association is grateful to the following donor:

DISTRESS RELIEF FUND

Nachiket Nandan Trasikar Rs. 1500/-
(in memory of late grandmother
Smt. Krishnabai Soumitra Trasikar on her
5th Death Anniversary)

Karunashtake—An Epilogue and Two Corrections

Krishnanand Mankikar

I thank the readers who expressed their opinions in person, on the series we concluded last month.

The main aim was to give a glimpse of the famous set of shlokas by Swami Ramadas.

Though these shlokas are addressed to Lord Rama, they are essentially for the Bhakta as well as the Sadhakas. They depict the intense pain of the Bhakta on this path to salvation, which is not easy, (and hence we need Gurukrupa) On the path to salvation, the most difficult companions to get rid of are Ahamkara (ego) and Attachment, and Swami Ramadas has, in his powerful but simple erudition made the point more than amply clear.

I hope more interest is generated among the readers to read in full the set of shlokas, and imbibe their inner meaning.

While concluding, I would record the feedback received from my great well wisher Chaitanya Mam Ubhaykar, Goa, who pointed out, the following which need to be noted:

- 1. Shloka-1**, 1st line, last 2 words: Anutaape Taapalo, means-shattered by the 3 types of sufferings, Adibhoutik, Adhyatmic, & Adhydaivic (Taapatraya).
2nd line, last 2 words: Nirasi Mohamaayaa, means-expel (Nirasana) infatuation or illlusion.
3rd line, 1st word : Achapal- Actually, Chapala means fickle, and achapala is opposite. But here a is added to suit the metre. This could have been-Chapala ki mana maajhe....
- 2. Shloka-3**, First 3 words : Vishaya Janita Sookhe, means from the (transitory) pleasures born of the sense- objects.
- 3. Shloka 15**, the word “Bhumidhara” (Bhoomidhara) means one who is supporting the earth, i.e. Aadi shesha, who also cannot describe the LORD, with his 1100 hoods (mouths) and in the process his tongues were slit, as sung by Shri Ramavallabhadas. (I had taken the more literal meaning of bhumidhara viz mountain-Bhudhara - those who balance the Earth, in our ancient literature, but this explanation by Chaitanya Mam is more apt)



Diwali from the Eyes of a Foreigner

NALINI NADKARNI, KANDIVLI (EAST)

As per schedule, Meg and Annette – my U.S. based cousin Rashmi's two American friends- arrived from the U.S. in time to spend Diwali with me. Due to their jet lag, and also my Diwali preparations, I postponed their sight seeing, until Diwali was over.

I knew that both the girls were keen to know about Diwali; so I told them in detail, the significance, of all the five days' celebration of Diwali- that it starts with Dhana Trayodashi, in honour of the celestial doctor Dhanvantari. The second day is Narak Chaturdashi (Demon Narakasura Vadh) the third day Amavasya, when goddess Laxmi is worshipped for prosperity; The fourth day is Bali Pratipada, and the fifth and the last day is Yama Dwitiya or Bhau-beej, Both the girls were quite impressed with my narrative.

Our housing colony has an annual Diwali entertainment programme by our colony artists, of film songs and dances. This time, for the benefit of the foreigners, I had requested the programme organizers, in advance, to have at least a part of the programme on the Diwali theme; fortunately, they agreed.

So here we were- all three of us- at the venue of the programme. As per usual practice, the programme began with Ganesh Vandana. Befitting the Diwali, the first item was Deepak dance. All the lights on the stage were switched off. Eight girls- each one holding a lighted 'panatee' in each hand, - entered the stage. They danced expertly, moving the lighted panatees (which looked like glow worms) from side to side, forwards and backwards, up and down, thus making various formations of circles, stars and triangles. It was a beautiful sight. There was a loud applause when the curtains went down.

The second item Dhana Trayodashi – showed everyone in hustle and bustle, some girls were singing “दिवाली दिवाली आली . हासत नाचत खेळत आली, while drawing rangolees, some were tying 'torans' of mango leaves and marigold, whereas the others were tying up paper 'kandeels'- a typical Diwali scene!

Next, on a semi darkened stage, a tall and hefty “Narakasura” was doing a sort of war dance. On seeing 'Lord Krishna and Satyabhama' entering, he tried to attack them, but they killed him instead!

The following scene was amaavaasyaa. A darkened stage was slowly lit up. Three girls, holding lighted

'panatees', entered from each wing, and started singing 'दिवा पाहुनी लक्ष्मी येते करू तिची प्रार्थना' when the song ended, a large, pink lotus bud (placed on the rear side of the stage), slowly opened, and a pretty little 'Goddess Laxmi' stepped out, and started walking gracefully forwards. The girls now started singing, “भाग्याची लक्ष्मी ये आई”. They then bowed before her. Laxmi blessed them. The applause lasted long after the curtains went down.

The scene after that, showed 'Emperor Bali' sitting on a throne. On seeing a midget 'Vaman' entering 'Bali' rose, and bowed before 'Vaman' respectfully; but was unable to comply with Vaman's requirements; so Vaman placed his foot on Bali's head and pushed him aside.

Then, (being a part of the same day), was a scene of the Gujarati's New Year. Gujarati men and women' all dressed in festive clothes- were on their way to temple, greeting one another.

The scene after that, showed three boys, each one seated on the ground on a wooden plank (maanaayi), Three girls entered singing, “आज भाऊवीज आली चला घालू रांगोळी”. Each one went up to her respective 'brother' applied 'teelak' on his forehead, waved 'aarati' and offered him sweets. He gave her present.

The items on the Diwali theme was then ended. The remaining items were a variety entertainment, after which , the programme ended, with everyone singing the National Anthem.

Both Meg and Annette went up on the stage, introduced themselves, and thanked both – the organizers, and the artists- for a thoroughly informative and entertaining programme.

When they returned home they spoke very highly about the programme. Meg, who was a news reporter, said she would write a full column about Diwali, in her newspaper. Annette – a History teacher,- said she was impatient to tell her students about the Diwali festival, and the programme. Both wanted a set of pictures of the programme.

I was very glad that our colony Diwali programme would help spread Indian Culture abroad!!

(Note; This article is merely fiction)



Heartiest Congratulations ! Your Wedding Aniversaries Have Turned Into Gold !

Smt Bharati Bhalchandra Karpe & Cmde Bhalchandra Shrinivas Karpe (Retd.)



11 Nov 1965



11 Nov 2015

We pray to Our Kuladevata Shri Shantadurga Devi, our Guruparampara, and our Guru Sadyojat Shankarashram Swamiji to Bless both of you with good health, happiness and many many more years of togetherness.

Daughter: Rohini
Son- in- law: Gurdeep
Grandchildren: Sonali Yuvraj

Son: Rajesh
Daughter-in-law: Swpna
Sidhant Sania

&

**Karpes, Hattangadis, Rathours, Savkoors, Bellares, Kalambis
Relatives & Friends**

CONGRATULATIONS ON COMPLETING 75 GLORIOUS YEARS



SHRIKAR PADMANABH TALGERI

5th NOVEMBER, 1940

**WE WISH HIM GOOD HEALTH AND HAPPINESS
WITH LOTS OF LOVE & BEST WISHES**

from,

**Amitvikram, Vidya, Amit, Shivani, Ananya,
Talgeris, Murdeshwars, Bellares, Rajes, friends, relatives and well-wishers**



A CLEAN WAY TO MAKE BETTER PROFITS

BY APPLYING OUR PERFORMANCE PROVEN EQUIPMENTS

PIONEERS IN :

CHIP HANDLING & COOLANT MANAGEMENT SYSTEMS.
CHIP / SWARF / SCRAP HANDLING CONVEYORS
CHIP / SWARF PROCESSING SYSTEMS
COOLANT FILTRATION SYSTEMS

● Vision ● Technology ● Commitment ● Quality ● Customer Satisfaction

FOR FURTHER INFORMATION PLEASE CONTACT :



**miven mayfran**
CONVEYORS PVT. LTD.

miven A Mayfran International Unit

Sirur's Compound, Karwar Road HUBLI - 580 024. (INDIA)

Phone: +91-836-2212201 - 6, Fax: +91-836-2303265

E-Mail: vrsirur@touchtelindia.net, Web site: mivenmayfran.com



GOLDEN WEDDING ANNIVERSARY

Shri Hattiangadi Premanand Bhat and Smt. Suman P. Bhat (nee Padukone)



14th November 1965



14th November 2015

He is also completing 75 years on 17th November 2015.

We pray to Shantadurga, Lord Bhavanishankar, Our Guru Parampara, Parampuja Shankarashram Swamiji to bless them with Good Health and Happiness.

Hattiangadis, Nadkarnis, Ullals, Chandavarkars, Sirurs, Hemmadys and Karkals, Padukones, Gulvadys and Shiralis.

Ruby Wedding Anniversary

We pray and seek blessing from our Kuldevta Shri MangeshMahalaxmi, Lord Bhavanishankar and Parampuja Sadyojat Shankarashram Swamiji.



20/11/1975



20/11/2015

**Vinay Dinkar Kulkarni with Aruna Vinay Kulkarni (Nee Nagarkatti)
Happy 40th Wedding Anniversary to my Dear Pappa & Amma,**

There is no word to describe what you both mean to me..There is nothing that I can repay for what you have done for me over all these years. There is no one that could replace you both....Mom and Dad I feel truly blessed to have amazing parents in my Life.."THANK YOU" for everything.We pray to Lord that this Ruby Anniversary turns into Gold and Gold to Diamond Wedding Anniversary.

With lots of Love & Regards From,

Mrs. Suvarna Ravikiran Naimpally (Daughter), Mr. Ravikiran Dinkar Rao Naimpally (Son-in-law)
Smt. Vrinda Balvally (Sister) & Family, Smt.Sanjeevani Herwathe (Sister) & Family
Kulkarni & Family, Naimpally & Family



~~~~~ Parisevanam ~~~~~

When our visionary Parama Guru Pujya Parijnanashram Swamiji III pointed out the very spot where an educational institute would come up to a group of children, young Arun did not comprehend that this Blessing would ensure that his dream of building a high school in Mallapur would one day turn into glorious reality! While our present Mathadhipati Pujya Sadyojat Shankarashram Swamiji is carrying forward the Love and Support extended by his Guru, the school had some more happy surprises coming its way during Swamiji's Chaturmas Vrata this year. Narrated by Arun Ubhaykarmam and compiled by Dinesh Tonsemam, here is an update

IT'S TIME TO GO GLOBAL!

Historically known as Mallinathpur in deference to its *Gramadevata* - Lord Mallinatha – the verdant village of Mallapur is blessed with Mother Nature's abundance! Around a century ago, this village had a population of over 500 with over 50 houses. Now, due to migration to the cities, the population has been reduced to just 313, of which only 25 are *Bhanap*-s.

Before independence, this village was supposed to be a most cultured and advanced place as there were facilities such as *Gram-Chavadi*, an Anglo-vernacular school, a Sanskrit *Pathshala* and a sub-post office from where the postman used to deliver the mail to the surrounding villages. For some reason the *Gram-Chavadi* was shifted to a nearby village called Chandavar, the two schools closed down due to scarcity of funds and only a branch of the post office continues till date.

Mallapur is also known for the Guru Math where we have the sacred *Samadhi* of Parama Pujya Shankarashram Swamiji II – the 4th *Mathadhipati* of Shri Chitrapur Math. He was a great scholar, Yogi and revered as an *Avatar* of Lord Dattatreya.

Mallapur today consists of just 73 families

and a total population of 313! But it has a high literacy rate of 92.23% as compared to 75.36% in the State of Karnataka. With the Blessings and *Prasad* of a donation given by our Parama Guru – Pujya Parijnanashram Swamiji III, the Guruprasad High School (GHS) was officially opened on June 1, 1968. Initially it operated from a rented building of Shree Gopalkrishna Temple with just 40 students. Currently, the school has a strength of 220 students who come from surrounding villages namely Chandavar, Konalli, Kujalli, Urkeri, Santeguli, Alwally and Kekkar, which are at a distance of 3 - 5 kms. Most of their parents are farmers / farm laborers who could not afford to send their children to urban schools

In 2002, Karnataka Govt. took a decision that the salaries of teaching and non teaching staff appointed in lieu of vacancies caused by retirement in private high schools would not be paid under Grant- In-Aid. This is when Pujya Sadyojat Shankarashram Swamiji -our compassionate and far-sighted Mathadhipati- assured the management that henceforth

Srivalli Trust would take care of all



Pujya Swamiji has a look at the new furniture donated by SBI Life under the "Shiksha Se Safalta" programme



Prototype of the cheque for Rs. 10.04 Lacs being presented to PP Swamiji on behalf of SBI Life by Shri. Anand Pejaware, Executive Director – Marketing.

Inset: View of the gathering at the function

~~~~~ Parisevanam ~~~~~

that was needed to enable Guruprasad High School flourish as a worthy seat of higher education. To this end scholarships are being given to the S.S.L.C students and on their part the students have responded by bringing laurels in the form of 100% success in the SSLC examination for the last three years! Many ex-students have achieved outstanding success in both academics and sports. In deference to Pujya Swamiji's *Aadesh* no donation is taken from the students

On July 31, 2015 – *Guru Poornima*- our Beloved Guru- Parama Pujya Sadyojat Shankarashram Swamiji started his *Chaturmas Vrata* at the revered Guru Math at Mallapur. On the 1st of August the entire ground and premises of Guruprasad High School wore a festive look to welcome Pujya Swamij in whose Presence a CSR (Corporate Social Responsibility) event had been organized. Shri Anand Pejaware, Executive Director - Marketing of SBI Life Insurance Company Ltd., and his team of company officials who were responsible for this CSR activity were present at this function.

Swamiji and the guests were given a traditional welcome and later Pujya Swamiji accompanied by Pejaware inaugurated the new, well- equipped computer laboratory set up by SBI Life with 10 computers and one server. Swamiji also went around the classrooms and saw all the new furniture and facilities provided for the students and staff. After this Pujya Swamiji and the Guests of Honour were led to a very well decorated stage. The specially erected pandal was fully packed with over 350 people consisting of devotees, school staff, students and local villagers.

The function was inaugurated with the lighting of the lamp by Swamiji and the other guests. After the welcome song, Shri Narayan Mallapur, the President of GES expressed gratitude to Pujya Swamiji and welcomed all. He said he was grateful to Swamiji for having accepted their invitation. Shri Arun Nadkarni, Vice President of the Society in his introductory speech explained the background of the school from its inception to the present day. Shri Anand Pejaware, Executive Director – Marketing of SBI Life, handed over the cheque of Rs.10.04 Lacs (this was over and above the donation

of 10 computers and 1 server) to Shri Narayan Mallapur, the President of GES amidst thunderous applause. Pejaware was honoured by Pujya Swamiji with a shawl and memento.

Shri. Anand Pejaware explained how he has been inspired by Late Dr. Abdul Kalam, former President of India, whom he met and interacted with closely twice in Mumbai. Dr. Kalam's concept of **PURA (Providing Urban facilities in Rural Areas)** motivated Shri. Pejaware to initiate the project "**Shiksha se Safalata**" (**Progress through Education**) in memory of Dr. Kalam. He also mentioned that SBI Life had adopted many such schools and villages under their CSR programme. He reiterated that he felt privileged that he could offer this *seva* at the lotus feet of Swamiji and assured that SBI Life, would extend all support to the school in the future also. Shri. Pejaware and his family also instituted 2 scholarships in the name of his beloved father- the late. Shri. Kamalakar B. Pejaware for a boy and a girl who would top the Std Xth exams every year and this year's scholarships were given to the two toppers in the Divine Presence of Pujya Swamiji.

Shri. Vinod Yennemadi, President of the Standing Committee of our Math, who along with Shri. Dinesh Tonse was instrumental in getting this sanction from SBI Life explained how the same came through, thanked SBI Life for their contribution and also looked forward to their continued support. He also thanked Pejaware for the "in-principle- approval" accorded by SBI Life Insurance Company Ltd., to construct 100 toilets with a total outlay of 10 lakhs in 3 villages in and around Shirali (under Project Parimochana of the Parijnan Foundation) as part of the **Swachha Bharat Abhiyan..**

In His *Ashirvachan* Pujya Swamiji expressed His happiness and assured that this institution which has been blessed by His Guru Parijnanashram Swamiji would develop into one of the best schools of the district.

The vote of thanks to all concerned was given by an overwhelmed Arun Ubhaykarmam the Founder Headmaster of Guruprasad High School.

The Head Cook

KUMUD NAYEL



It was some years ago. when I was in my teens that my Mom showed me how to sit on an *adli*. An Adli is a cutter with a wooden seat. It has a sharp blade to cut vegetables and an attachment with a coconut scraper. "First, you must learn to chop vegetables the correct size," said my Mom as I struggled to adjust the blade with my fingers. "It's only after that, that you learn how to cook those vegetables." She concluded her first lesson briefly.

I struggled thereafter to chop the vegetables endlessly. The correct size as she said for each preparation. For the curries large cubes, the side dishes had them chopped a bit smaller and the smallest was for the dry vegetable dishes called upkaris, talasanis and koshambaris. As I sat uncomfortably on the Adli, it was like being executed.

"You must also learn how to grind the masala on the grinding stone" said my Mother, as she proceeded with her Kitchen lessons. So I learnt how to grind the curry masalas and the dough for the idli and dosa, which we called *Polas*. Those long years ago we never had the electric machines in the kitchen. They came many, many years later and made it so easy for the housewives.

All those years while I learnt to chop and grind, I saw my Mom turn out the tasty curries on the fire stroking them, turning them over and mixing them, sizzling them to serve them for our meals. It seemed a fantastic feat that I longed to perform. But it seemed like I never got my turn to stand near the stove to stir, or sizzle the curries. I was left with the Adli and the Ragdo.

Always the Mate, the Helper, the Second Assistant.

When I got married, I entered my Mother-in-law's Household. The very first morning, my Mom-in-law showed me where the Adli and the Grinding Stone was kept. The rest is history. I was left chopping and grinding while I envied my Mom-in-law as she sizzled the Talasanis and Upkaris.

It's years and years later now while I still chop vegetables and grate the coconut. I also arrange the Pressure Cookers to keep the Dal and Rice ready.

It's for the visiting Cook who comes in to cook our meals. As she enters, she asks me sweetly, "Amma, is the dal ready so I can cook the sambhar? I have to leave early today".

She is the Head Cook. I still hold the Adli and nod meekly. I am the Third Assistant.

My Daughter-in-Law holds the Second Assistant's place as she operates the machines.

The Adli remains my Best Friend in the Mateship!

Rates for Advertisements

Quarter page (1 issue):	Rs. 1500/-
Half page (1 issue):	Rs. 2500/-
Full page (1 issue):	Rs. 4500/-
Coloured quarter page (1 issue)	Rs. 2000/-
Coloured half page (1 issue):	Rs. 3500/-
Coloured full page (1 issue):	Rs. 6500/-

The rates are inclusive of a photograph.

Since 1978


Anand

CATERERS

Mr. K.A. Pombathmajal

Having Food is incomplete without having ANAND for it.

MR. HEMANT
81080 18812



MRS. SHANTA
(Nee. Nileshwar)
98700 70772

C/o. Shri Vamanashram Hall, Haridas Nagar,
Shimpoli Road, Borivali (W), Mumbai - 400 092.
E-mail : anandcaterers1978@gmail.com

Tel.: 022-28982600



Couch Potatoes

MANGALORE GOPALKRISHNA BHAT, GOREGAON WEST

When I first heard the word 'couch potato', I thought it was a kind of potato. On searching cookery books, I could find references to potato, sweet potato and Chinese potato (*kook*) but not couch potato. It was only after some further research that I came to know that it stands for an inactive person, especially somebody who spends a lot of time watching television. A recent report says that a person watching TV for five hours a day runs the risk of his life span being reduced by five years. It seems people would rather risk a shorter life than missing their favourite TV programmes!

When I got my first TV set in 1972, it was a novelty and it was the first TV in my neighbourhood. My neighbours nodded appreciatively as the antenna was being fixed on the terrace. It was a Telerad black and white set, working on valves. There were only two channels of Doordarshan in those days. My dealer used to bring his customers every now and then for showing them how it worked and for my commendation. My daughter was then about one year old. One day, I found about fifty persons, known and unknown and strangers who had never talked to us a word before, all crowded in our tiny living room to watch some film! Needless to say it completely upset our daily schedule. A curious neighbour, seeing the tall antenna, enquired if I could get telecast from Dubai.

Soon the TV fever caught on and every one tried to own a TV set. I think it was the year of Olympics (or was it Commonwealth Games?) when people who had relatives abroad, started getting shipments of colour sets. These piled up in Customs warehouses and they had to grease their palms to get them cleared. Over the years, things eased considerably and TV became a necessity than a luxury, that hutment dwellers also started having their own sets.

I remember a programme called *Chhaya Geet*, a programme of film songs, which had high viewership (the term TRP was unknown in those days). I used to visit my family doctor when this programme was

on, as I could meet him without waiting for long. The original TV programme *Ramayan* had become so popular that devout viewers used to have their bath and sit before their TVs to watch it. It was virtual curfew with deserted streets. Even anti-insurgency operations in the North East used to be suspended during the telecast of this epic, as both sides observed truce and the operations resumed once the telecast was over!

Things are no different now and, in fact, the number of couch potatoes is steadily growing. If you want to call on your friends or relatives, one must ensure that it is not during the telecast of their favourite programmes. If your visit coincides with those programmes, you may be forced to watch compulsorily *Pavitra Rishta* or some such programme, without a murmur, till its end. Communication between family members is much less. It is not uncommon to have two or more TVs in different rooms, so that family members can watch the programmes of their interest separately. Poor John Baird or whosoever invented television must be turning in his grave, he must not have imagined that his invention would lead to social disharmony and family discord.

Recently my wife said, 'Our dining table has become too old. Why not replace it with a new one.'

I replied, 'Why do we need a dining table? We can sit on the sofa and eat whilst watching TV.'

Zen Teachings...

Always remember you're unique. Just like everyone else.

Never test the depth of the water with both feet.

If you think nobody cares whether you're alive or dead, try missing a couple of mortgage payments.

Before you criticize someone, you should walk a mile in their shoes. That way, when you criticize them, you're a mile away and you have their shoes.

If at first you don't succeed, skydiving is not for you.



Easy Thai Recipes

BY CHEF PRATHAMESH KUMTA



Thai Green Papaya Salad Recipe

Ingredients:

- 1 clove garlic
- 1 - 2 red Thai bird's eye chilies (or 3-4 normal chilies)
- 2 teaspoons dried shrimp
- Thai palm sugar, to taste (or jaggery)
- 1/4 cup roasted peanuts
- 1 small green papaya shredded
- 6 cherry tomatoes (I used grape tomatoes)
- 1/3 cup long green beans, cut into 1-inch lengths
- Fresh lime juice to taste
- Fish sauce, to taste

Method:

1. Pound the garlic and bird's eye chilies until they form a smooth paste.
2. Add the dried shrimp and pound until the pieces are broken up, but not completely pulverized.
3. Add the palm sugar (cut into small pieces), maybe 2-3 teaspoons at first. More more to taste later.
4. Add the peanuts and lightly pound until they are broken into tiny pieces, but not to the point where they form a thick paste.
5. Add the green beans and crush them with the mortar until they're splitting and lightly bruised.
6. Add the papaya and tomatoes and pound on them to bruise them. You need to crush the tomatoes gently so they release their juices and give their flavor and color.
7. Add a couple of teaspoons of fish sauce and a couple of teaspoons of lime juice to the mix.
8. Take a spoon one hand a large spoon to help flip things over in and scrape down the sides of the mortar while your other hand pounds away with the pestle.
9. Keep pounding and flipping for a few seconds, add more fish sauce, lime juice, or palm sugar as needed.

Dish out and serve immediately.

Braised Bean Curd (Firm Tofu) with Mushrooms

Ingredients:

- 1 block bean curd
- 5 shitake mushrooms (soaked in warm water for 20-30 minutes) or

- 1 stalk scallion (chopped)
- 1 tablespoon sweet dark soy sauce (Kecap Manis)
- 1/2 tablespoon oyster sauce
- 1 teaspoon soy sauce
- 1/8 teaspoon sugar
- 1/4 cup water
- 2 tablespoons water + 1 teaspoon corn starch (cornflour)
- 1 tablespoon oil
- 2 cloves garlic & 2 chillies (both finely hopped)
- A dash of white pepper powder

Method:

1. Cut the bean curd into pieces and pat dry with paper towels. Heat up your wok or deep fryer and add oil. Deep fry the bean curd until light to golden brown, dish out and drain with paper towels. Set aside.
2. Heat up the mud claypot (or pan) and add 1 tablespoon of oil. Stir-fry the chopped garlic until aromatic and toss in the garlic and chillies, do a quick stir before adding the mushrooms and the fried bean curd.
3. Add all seasonings and water and cover the claypot with its cover. Lower the heat to low and let it braise for 15 minutes.
4. Before serving, add in the corn starch mixture to thicken the sauce. Toss in the chopped scallion and serve immediately.

Sugar Cane Shrimp

Ingredients:

- 250 gms pound raw prawn (smaller shrimp would do)
- 3 cloves garlic
- 1/8 teaspoon salt
- 1/2 tablespoon sugar



3 dashes fish sauce
1 egg white, beaten until frothy
2 dashes white pepper powder
2 teaspoons cooking oil
Sugar cane (skin peeled and quartered into 5-inch length)

Method:

1. Rinse and de vein the shrimp and pat dry the shrimp thoroughly with paper towels.
2. Put the shrimp, garlic, white pepper, and cooking oil into a food processor and blend well to form a smooth paste. Transfer the prawn paste into a bowl. Some green chilies can be added if desired.
3. Beat the egg white with an electronic hand beater until frothy. Combine the shrimp paste with beaten egg white and blend well. Chill in the refrigerator for 30 minutes and then divide the shrimp paste into four equal portions.
4. Oil both hands and wrap the shrimp paste around the sugar cane. Shape them nicely and leave 1.5 inch of the sugar cane exposed. Heat up a wok of oil and deep fry until golden brown. Serve immediately.

**Lamb(Mutton) Ribs and Lotus Root Soup
Recipe**

Ingredients:

250 gms lamb chops/ribs
1 lotus root
2 dried red dates
2 teaspoon light soy sauce
½ teaspoon dark soy sauce
2 cloves garlic crushed
½ teaspoon white pepper powder
1 piece star anise
1/8 teaspoon sugar
Salt to taste

Method:

1. Cut the lamb ribs into short lengths and set aside.
2. Peel off the skin of lotus root and cut into slices.
3. Soak the dried red dates in warm water for 5 minutes.
4. Bring the pot of water to boil and add in all the ingredients.
5. Cover the pot and simmer for 1 hour or until well cooked. Add light and dark soy at the end to season accordingly.

With Best Compliments from:



TRITON VALVES LIMITED

TS 16949 CERTIFIED COMPANY

**Leading Manufacturers & Exporters of
Automobile Tyre Tube Valves, Valve Cores and Accessories**

Registered Office:

Sunrise Chambers, 22, Ulsoor Road,
Bangalore - 560 042

Telephone: 25588965/66/68

Fax: (91) 080 2558 6483

E mail : info@tritonvalves.com

Factory :

Mercara Road, Belavadi,
Mysore-570 018.

Telephone: 2402411/75/76

Fax: (91) 0821-2402729

E mail: works@tritonvalves.com



Proverbial Lore of the Konkani Language

STORY TWO : MARNI'S ONE MEAL

ORIGINALLY WRITTEN BY LATE S.S. TALMAKI, RETOLD BY RAGHUNATH GOKARN

In the narration of the first story I had an occasion to go into a very naughty principle of political economy. This time I propose to take a dip into the mysteries of the Shastras. It might appear to the readers that it would be too long a jump to make from the sphere of the realistic science of political economy into the mystic depths of the Shastras. But proverbial wisdom knows no limits of time or space and culls the best flowers from all fields, ancient or modern, mystic or realistic.

The text of my present story is मर्निगले एकवथ or Marni's one meal. Ekpath is the vernacular corruption of एकभुक्त or one meal. Marni became a widow while she was yet young. Amongst high class Hindus, to which she belonged, only one meal is enjoined for a widow. Marni lived in those good old, no time limited days of orthodoxy, when women had not begun to assert their rights, nor raised an open revolt against the tenets of the Shastras. But even in those days, what could not be contravened could yet be circumvented. And Marni's case is an instance to the point.

Marni thought that the prescription of one meal per day was not a right task for her to perform. She sought to go deep into the Shastric aspect of the whole question, to find out whether it could not be reconciled to special individual needs. Though she had not much education, she was endowed with a lot of native wit and a good share of common sense. The family priest, the keeper of the seal of Shastric conscience, was summoned to a private conference. But he could suggest no way out of the difficulty. Nor point out any alternative. But Marni did not lose courage. She asked the priest to unfold the details of the one meal prescription. By skilful cross-examination, led by Marni herself, it was elicited from him that though there was no escape from the injunction, no time limit was prescribed for a meal. But if once a person rises from his meal, even though it be for a minute she cannot sit again except for a second meal.

Marni now found a way out of the difficulty. She sat for her meal at noon and would not rise from

it even after finishing the midday meal, until the evening meal was also served. She would maintain that the noon service was the first course of her meal and the evening service was only the second course of the same meal.

The priest found that Marni had outwitted him by dodging the Shastras but he was unable to find any text in them to overrule her. When, however, he began to argue with her he was easily silenced by her unanswerable logic. Men were not made for the Shastras, she asserted, but Shastras were made for the guidance of men. Restrictive tenets in the Shastras must be construed in a restrictive sense and that would be the only way of the preservation of the Shastras or they would be replaced by new Shastras. The priest returned abashed.

Marni's Ekpath thenceforth entered the realm of the proverbs and is quoted today as an instance how skilful persons can evade Shastric injunctions without raising an open revolt and yet be considered within the letter of the law.

Now that women have successfully asserted their rights and established their equality with men, I feel sure had Marni lived today she would have made a successful cross-examining counsel. Even if it be doubted whether she would have aspired to such honours, and would assuredly have been able to point out scores of instances of how the present-day people dodge the Shastras and yet would be counted amongst the most orthodox. At any rate Marni would not have been a solitary instance of a dodger.

Rates for Classified Advertisements in Kanara Saraswat w.e.f. Feb 2014

For the first 30 words: Rs. 650/- for KSA Members and Rs. 700/- for Non-members.

For every additional word, thereafter: Rs. 25/-

Postal charges for Kanara Saraswat:

Rs. 1000/- p.a. for overseas Members. Overseas Members are requested to make payments in Rupees only owing to exchange difficulties.

All remittances are to be made by D.D. or cheque, in favour of 'Kanara Saraswat Association'.

Dynamic Appearances of Soli Sorabjee in the Supreme Court (SC) in some Historic Constitutional cases

ARUN R. UPPONI

Our Country crowns “Ace Legal Pandit” Soli Sorabjee for his support for independence of the Judiciary. Now, let us see, how this far-famed Jurist, has built up a huge reputation in his field by his uncanny skill & Juristic intellect. He has brought about unique developments in our democracy by winning tough and high profile cases in the SC. All of the knotty cases won by him carry a magnificent legal value and weight. Some of them are illustrated here.

Article 356, relating to President’s rule:-

Karnataka and Bihar Assembly Dissolution cases of 1994 & 2006.

Both of these nation-wide famed cases, won by Sorabjee brought a classic victory to our democracy. On the basis of Sorabjee’s arguments two separate SC benches had, by a majority of 5:4 & 3:2 respectively, rejected outright the Government Law Officers’ contentions and quashed the President’s Rule, imposed on these two States, unconstitutionally. The angry SC, in its further part of ruling said that the Governors of Karnataka and Bihar States, wholly failed in their duties, in giving an opportunity to the largest alliance Party Leaders, Bommali of Karnataka and Nitish Kumar of Bihar, to stake their claim, to form the Government. Besides, the SC, in the Bihar case, had also rapped the centre, for accepting a flawed report of Governor Buta Singh, without properly examining the same. He (Governor) had subverted the democracy, by recommending the Assembly dissolution, the judges remarked.

Article 164 (4):-

In the case of Chief Minister Jayalita’s controversial case, after fully accepting AMICUS-CURIAE, Soli Sorabjee’s commendable arguments, a five member constitution bench of the SC, had entirely put aside the feeble contentions of his opposing lawyer, K. K. Venugopal and had ruled that Article 164 (4) of the Constitution, prohibited a person from becoming CM, if he or she was sentenced to imprisonment for a criminal offence, for not less than two years. Further, the bench also made it clear that a Governor could

decline to give an oath to a person for the CM’s post, if he or she had been disqualified by the Election Commission, to become a member of the House.

TMA Pai Foundation vs State of Karnataka :-_Relating to Minority Educational Institutions, (MEIs).

In this case, the SC had sought Soli Sorabjee’s able assistance. The Landmark judgement, by a 6:5 majority had ruled that linguistic & religious Institutions had an unfettered right to establish educational institutions of their choice, but the right to administer them was not absolute, as the State and the universities could apply regulatory measures, for maintaining educational standards & excellence, even if they were unaided. The Judgement further said that fees charged by the unaided MEIs could not be regulated, but they (MEIs) could not take capitation fees. For the aided MEIs, the court said that 50% Minority group could be admitted.

Article 124 :- Judges’ Appointment case of 1999.

Due to the controversy that broke out during the appointment of the then SC Judge Punchi, for the Chief Justiceship, the SC had to come forward to rescue our democratic institution, Judiciary.

A nine member constitution bench of the SC, had soundly ruled that the Chief Justice of India (CJI), was required to consult four of his senior most brother Judges and that even if two Judges gave their adverse opinion, the CJI should not send the report of recommendation of appointing SC Judges, to the Central Government. Now, regarding HC Judges appointment, the CJI must consult only two other senior most colleagues. Sorabjee played a great role in this case, to guide the SC, till the last day of hearing the case.

Kesavanand Bharati vs State of Kerala case of 1973.

This complicated case was heard by a constitution bench of 13 Judges of the SC, for 69 days and this was the longest hearing in the history of SC. The majority ruling 7:6 had held that “Article 368” (concerned



with amending our Constitution), did not empower Parliament to alter the basis structure or frame work of the Constitution. Further, over-ruling the Golaknath case verdict of 1967, the SC said that the Fundamental Rights, including the Property Rights could be amended.

The World Court Judgement

The internationally watched “aircraft shooting case”, against Pakistan, filed in 1999, before the International Court of Justice, at the Hague, (comprising 15 Judges and chaired by President,

Justice Gilbert Guillaume of France), had upheld Chief counsel and Attorney-General of India, Soli Sorabjee’s arguments, proving that the World Court had no jurisdiction to entertain Pakistan’s complaint.

It may be recalled that Pakistan sought heavy compensation from India, for shooting down Pakistan’s Naval Craft in the Kutch region. After the Judgement, Pakistan was very much upset and their Attorney-General, who had appeared in that case, was reproved, for losing the case.

Arjuna’s Pride

FROM THE COLLECTION OF VASANT P HATTIANGADI, MUMBAI

Pride once entered the heart of Arjuna, the beloved friend of Sri Krishna. Arjuna thought that none equaled him in love and devotion to his Lord and friend. The Omniscient Lord, reading the heart of his friend, took him one day for a walk. They had not proceeded far when Arjuna saw a Brahmana who was eating dry grass, while a sword dangled at his side. Arjuna at once knew him to be a pious follower of Vishnu whose highest religious duty was not to injure any being. As even grass has life, he would not eat it green but maintained himself by eating it when lifeless and dry. Yet he carried a sword with him.

Arjuna, wondering at this incongruity, turned towards the Lord and said “How is this? Here is a man who has renounced the idea of injuring any living being, down to the meanest blade of grass. Yet he carries with him the symbol of death and hatred”. The Lord said “You better ask the man himself”.

Arjuna then went up to the Brahmana and said. “Holy Sir, you injure no human being; you live on dry grass. Why then do you carry this sword?” The Brahmana replied “It is to punish four persons if I chance to meet them”. “Who are they?” asked Arjuna in surprise.

“The first is the wretch Narada”. “Why” asked Arjuna.”What has he done?” “He is so impertinent” said the Brahmana. “Only think of it. He is perpetually awakening the Lord with his songs. He has no consideration whatsoever for his comfort. Day and night, in and out of season, he disturbs the peace of the Lord by his prayers and praises”.

“And who is the second person?” said Arjuna. The Brahmana replied, “the imprudent Draupadi”. “What is her fault” asked Arjuna. “Why” said the Brahmana “Look at her inconsiderateness. She called my beloved Lord when he was going to dine. He had to give up his dinner and go to the Kamyavana to save the Pandavas from the curse of Durvasa. And her presumption went so far that She caused my beloved to eat the impure remnants of her own food”.

“Who is the third” asked Arjuna. “It is the heartless Pralhada” the Brahmana replied. “He was so cruel that he did not hesitate for a moment to ask my Lord to enter the boiling cauldron of oil and be trodden under the heavy feet of elephants. And reveal himself in the hard adamantine pillar”.

“And now tell me who is the fourth” said Arjuna. “The fourth is the wretch Arjuna”. “Why, what fault has he committed” exclaimed the questioner, in surprise. “Oh,” said the Brahmana “Only look at his audacity. He made my Beloved Lord act as his charioteer in the great war of Kurukshetra”.

Arjuna was amazed at the depth of the Brahmana’s devotion and his pride was put to shame.

▪ Letters, articles and poems are welcome. Letters should be brief, and articles should be about 800-1000 words. They will be edited for clarity and space.

▪ The deadline for letters, articles, poems, material for “Here and There”, “Personalia”, and other original contributions is the 12th of every month; the deadline for advertisements, classifieds and other paid insertions, is the 16th of every month. Matter received after these dates will be considered for the following month.





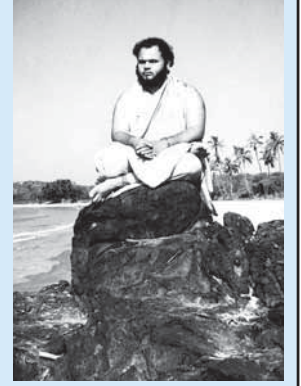
“I ----- WE” “Haanv - Aammi”

By Parama Pujya Swami Parijnanashram III

(Part 13)

Here is the thirteenth excerpt of the on-going serialization of our Parama Guru - Parijnanashram Swamiji's insightful, multi-layered spiritual narrative.

We present Guru Swami's original, hand-written manuscript in Konkani along with Dr. Sudha Tinaikar's in-depth commentary



- 31 -

For July 77

31

“ हानव - आम्मी ”

:- श्रीहर्ष :-

मीवना विषयांतु अनुभव जन्य ज्ञान प्राक्का ज्ञा जाक्रेन तरि आयकूनं - दोब्यांनि पोलेवु - विचार कोर्नु, हे काकु म्हव्यारि जीवनांतुव्या राजमार्गावेलि पायनिसराडि वाट म्हदेवें - इत्याक निबा - मगल्या मनांतु घाट्टे बशिलें. एरुफंता ह्या पायनिसराडींतु पायु निस्सर्की-रे-निस्सर्की कि थई हातु घोरु उब्वर्तले साहायक कोर्वां येनाति हेभें मगल्या मनांतु घाट्टे बशिलें.

महाकगड्यांनि ह्या काळारि सांगातु-साहायकु मुळु अहस्याप्रमान्चो निधि आचारांतु हाट्टेको आस्स व्हे. जाल्यारि * अंधेनेव नीयमाना यथांधाः * म्हदेव वाटि ह्या पायनिसराडि जाग्यारि (काळारि) लग्न जाक्रेल्ल्या-मग्न जाक्रेल्ल्या शेन्नी जिव्जांनि निस्सोर्नु कर्मकुर्यांतु पोडचें. कोनान्नीतीई - चुक्रेव्याक साधन आस्स ने? पडतनां इतलें समाधान कि हानव कुळीं पळ्यां... मगलीं चि वुक्तप्राळी मज्यांगतिचि पडतः आस्स मुणु! अस्ल्या परस्पर भावनेने त्या कुर्यांतु पोडचें हानव केन्नाकडे मात्रनांशिके होचि मगल्या दृष्टिने बंधु शिको...बंधन शिके.

अक्रेल्ल्या मोहा रवावेर प्रयत्न म्हव्यारि... ताका गुरुंगलीचि कृपा जांवका. उपनयना नंतर प्राप्त जाक्रेल्ल्या कर्मकांडाचे यजमानल कर्तव्य चुक्रेवु वेलु शरीर आस्स सरि * परिस्थितीप्राप्त कर्मांचे आचरण कोर्चुई तांतुयावु - तज्जव्यफळांतायानु निर्निप्र रावुक एरुड चि साधन म्हव्यारि सन्यासु शिको. आळी तो वेंवका जाल्यारि

सव्यास धर्मांतु परिपूर्ण मग्न जाळेल्या, अंतिम-अरबंड सुखान्तु रत जाळेल्या, अनुभवि ज्ञानि गुरुंगलेचि आश्रितु घेंकाशिद्धे.

बंधन खंचि म्हडेनें मजसल्या पात्ररक साधारण कर्तुं कतारि, मित्त विषयक ज्ञान मगल्या मनाने जाणु घेंका जाल्यारि, सिद्धहस्त गुरुंगले कृपाघत्र जास्तनां हांचे मुखारि तारि काशे बच्चे ?

अनेक पर्वत, अनेक पथ, गांव खरव्यं मंदिरं हांचे भाशे वाळेलिं. समयाच्या भाषितान्तु पठणास्तनां, देहधर्मांतु कष्ट दीनास्तनां, ठडरं भरणपाचि काळारि कर्तास्तनां धेयाचो विचार, सात्र कर्तः चि हांचं, स्वतःपवित्र आनि दुसःकाई पवित्र कर्तुं कृतसल्या मंगलानदीच्या किनाःयांरि-तय्येरि केलां येवु पांकीं म्हडेनें माझाचि कवनि.

- 32 -

32

आपणागल्या झुडुझुडु मधूर शब्दांनीं ती ' काग्नि यो नादाः यो ' म्हुणु माझाचि आपयत आसस म्हडेली आसु माझा जाळी. हांचे तडकु कर्नि.. हरगंगेः म्हणतचि तिगल्या पात्रांतु देह सोणुं दिळें- मस्त दिवसांनि पळेल्या प्रितीच्या आबसुगल्या हाडीरि येडीने दोळी हात इद्रारि कीर्तु बचूंगलेल्या जावि !

मनसोक त्या मातेगल्या आंगारि खेळु भायंसंध्या वेदु पोळीळु अर्घ्यप्रदान केरुं ज्येष्ठनि यथाशक्ती गायाचि जपाचि अनुसंधान लावु त्या मातेगल्याचि तीयारि वाडिकलेवारि हांब अवर्णनीय समाधानांतु आशिल्ले. चमकूनु चमकूनु जाळेली देहाचो दणु, विचार कीर्तु कीर्तु जाळेली मना दणु त्या वेवारि खंडीं माय जाळेली म्हडेनें माझा काई कळजिशिद्धे.

इशिर, प्रब, दिशिल्ले पदार्थ, चोत्तिले अनुभव, आशिल्ले संस्कार, तज्जन्म विचार हे कसलेई नास्तना त्या वेवारि हांब केवल समाधानाच्या केवल एक अवर्णनीय सुखाच्या प्रियतींतु तेकूतः आसस की म्हडेलि परिशिल्ले थंडीं त्यावेवारि आसस जाळेली.

आणि ह्याचि समयारि अंतराकाशांथांनु एकु गंभीर जाव्यारि मवाटु स्वक माझा प्रानारि हाडयतकतस्के जाळी..

“ ह्याचि शैशवीशारि गावु ईशान्य दिकाने चामक ... तुंचे सोदच्या गुरुंक तुं थंडीं एकु पर्वतमध्य गुहेंतु प्राप्त केरुं घोडि. तुजके ईप्सित साधव जातके..... ”

आणि ह्या वाक्यांनीं हांचे पैने मेळडिल्ले समाधान द्विगुणित कीर्तु चोत्तिले.

आबसुगले सूचनात्मक आशिनारि गंगामतेगल्या पदकमलांतु पुजित जावु माझा वाट

दार्कईतकृतसले जाळिले. जंगामातेजले सहचर्च आणि पवित्र आदिनांदे भजन्या मनांतुल्या निर्धारक सत्वयुक्त कर्तकतस्वे जाळले.

मानुद्धांगणे हे उपकार भजन्या जीवनांतु अमौनिक उपहार जाळु पदरांतु पाडिले. आणि हांवे तांगेकी अंतस्मूर्त शक्तियुक्त वंदना कोर्नु ईशान्य दिकाने पावुलं दबोकक मूककेळेकी. हांवे मूक केळेकी म्होणचे वेतां एके अंतःशक्तिचे प्राक्का-भजन्या पावलांक त्या दिकाने साणताले, म्हयताले... लकईतपले.

देवाने प्रती-पराचरांतु श्रीनु उरलेक तसे- अणोरणीयान् महतोमहीमानात्ताशुहायां निहितोऽस्य अंतो. - ह्या वचनानुसार अस्मत्प्र जनतारक त्या परमात्माजले वासस्थान गुहा चि हे ह्यानेवारि माक्का धूट जाळिले.

गुहेंतु आदिशब्दा देवाक साक्षात्कार कोर्नु घेका जाळ्यारि त्रय्या गुहेंतु आदिशब्दा युक्तोऽपि

अथवा क्वचन. मूक-देनु उपाजनात्मक, जलवि निचारा, कार्त्तक माक्का, जलान अंतर्कालिने संशोल्या अर्थाच्या युक्ताने वासस्थानाई गुहा चि हे कोळु किति जुषी जावलाक?

ह्या काळपणेचि म्होणयेद, गुहेकांक, येकींलि इच्छा म्हासांतु जावरीनु येतालि. हिभजन्यांनि विस्ववारी जनि केले, त्या उरुंम परकताक दुधि जावलाडी खंशीनुह्मके, इहारी सुहावाकार जाळु शाळिली परंतु भजनदिकाने निपाः मनु परईकि म्है- मूलिक दिवलाणे.

त्या परकताचि आस्थु येलिने जनेक दुपदहृद, सुतन निमोण जाळिलक - खोचारांतु पराचरक केलेला इतर दुईक त्या परकताचि म्होणे, परकताचि आशिान्य जनेक विपदपुत्रांकेले तपःप्राप्तये, पुकळ्यानांतु पुकळ्यांक सांगतः जावलाकि आशि हे मवीज जावकुनु सप्रवाचने, आशि ह्या जावराचि उक्ता जाळिले सार्थक्य जाळु ह्या आनंदाचे इतर इमई माने हाईतः चि जाते मः. हांवे एक जावु त्या सृष्टि लौदर्यक पवित्रतां प्राक्का जाळी.

ईश्वरजन्मा भजननारी कळु देळु आशल्या जंगामाते हांवे ह्या जराचिउत इय विजवारी मानु अन्य प्रसाशाचि प्रथम, आशि परंत अथोश्यानाचि विवपन जवराचि ह्या शंभने आशवाणने इकरम प्रकर केडेके.

विजव्याचि तरेचि वाळु जलने हांवे अमौनिक प्रकराचने धर्मपूरी भरलेल्या ह्या गुहेनाचो पांवच्य भिनाचि आशवाचि जाळु उक्तां.

हाय्यानीं मरुति नोकक, आयनामिक्कतको एकु अनुभवु, अय अनुभवाने रोमंय...
 जणे जिकलाये न्याय्यक जंयका ते हांग जालये... जे काहीं मेल्लेयु विन्ना ते हांग जिकतये...
 असाका सुसद स्पंद्यायानु, सुदिक तनेग प्रज्जक जंतकरयंयायानु ज्ञानःपटलाये प्रदेयित
 अंत्ययक लुगिाये. ज्ञानि जती तदंग मरुते मल अंतदंयंनु संयोजु पावतये...
 एकु कय्यको... एकु जनु... एकु अंतोयु... एकु अनुभवु... ह्य जययेंतु, गुण्यययंयक, केल्ले
 पिट्टेयनु विनः हे पुकि तनई दिव्ययक, ज्ञानि...
 ज्ञानि ह्याचि जेकाये जिकरि यानु, जिकरि यानु ज्ञान्यो जनु विव्ययतेने जनु
 मज्जक संयोजीये पटी.
 " गंध्या जंयनु, ज्ञानु जयनु योगु ह्या सुदेविकाने जट नोदुनु ज्ञान्यो नू कोदुनु..."
 को जिकरि यो... ३३
 ज्ञानादिक, ज्ञान्यो, नोदुनु अंभीर ज्ञान्यो, नोदुनु सुदेविकाने यानु ज्ञान्यो ज्ञान्यो... !

“I ----- WE”
 “Haanv - Aammi”

By Parama Pujya Swami Parijnanashram III

(Original in Konkani)

ENGLISH TRANSLATION AND EXPLANATORY NOTES BY DR SUDHA TINAIKAR

I had no personal experience of that very critical period in one’s life called youth. However, I had seen, heard and ruminated over various aspects of this period of life. This time of one’s life is the most slippery part that one traverses. If one slips... oh... it is like slipping all the way into an abyss. No friendly hand comes to the rescue to help one get out of this abyss. I was aware of this by observing the world around me.

The elders in the society thought that at such a slippery time in one’s life, a companion would prevent the other from slipping and thus the concept of *gruhastâshrama* (life of a house holder) evolved. But, as said colloquially and also in the *Upanishad-s* – of “the blind leading the blind” - this arrangement seemed very strange and comical to me. Two unsteady, unstable people, getting married, pulling each other into the abyss of *karma*; how would it benefit either of them? Maybe, there is a strange satisfactory reassurance in that - “I am not the only one who is slipping – there is someone else also who is

falling into the abyss with me”. I never approved of this mutual dragging of two human beings into an ever-perpetuating wheel of *samsara*.

Notes:

The life of a householder according to the Vedâ-s is that of never-ending karmâ-s. A vaidika has to follow forty- one samskâra-s throughout his life. His daily routine starts with karmâ s. Nitya- karmâ-s, naimittika karmâ-s, Parihâra karmâ-s... endless is the grind! If these are not done, the Vedâ-s warn the gruhasta of Pratyavâya Pâpa (akaarane pratyavâya), demerit earned out of omission. Shankarâcharya very vehemently and strongly supports the sanyâsâshrama only for this reason - that any amount of karma that has to be followed by a gruhasta does not ultimately release him from the cycle of life and death, but binds him more intimately into it. But gruhasthâshrama gives a chance to a person to fulfill his artha-kamâ-s in a dhârmic way. It is the life where certain biological and emotional energies are channelized properly in accordance



with dharma. Gruhasthâshrama also provides an excellent opportunity to purify one's mind by following karma yoga. Lord Krishna vouches for a life of householder as it gives the person an opportunity to contribute to the world as a karmayogi.

If not the life of a *gruhasta*, there is only the path of knowledge - dedicating oneself exclusively to the knowledge of the Self, to the exclusion of everything else. For this one needs the grace of a Guru. For me, after the *Upanayanam*, I had earned the rights and duties of doing various *karmâ-s* till death. The only way I could escape from this life-long performance of *karmâ-s* and their consequent results was taking up *sanyâs*. For this, I had to take refuge under a *sanyâsi* Guru, who was fully immersed in Self- absorption.

Notes:

Mundaka Upanishad talks about a seeker who has realized the futility of the never-ending karma and who has developed extreme dispassion towards it, should go to a Guru for the knowledge of the Self with 'Samit' in his hands. The Guru should be a shrotrîya-Brahma nishtha (Mundaka Upanishad 1-2-12).

Though I knew what bondage was to a large extent, the knowledge of the Self, which frees one from the cycle of birth and death, had to be gained from a competent Guru who is established in this Truth. Without taking refuge with such a Guru, it was not possible to proceed further on this path. I had walked a long way - leaving behind villages, forests and hills. Without giving a thought to the time spent, the exhaustion that the body experienced, even hunger and thirst - I walked ahead thinking only of my ultimate goal. I did not know when I had reached the sacred banks of the river Ganga. Her musical waves seemed to invite me to dip myself into her cool waters. I just jumped in saying, "Hara Gange". I felt the same happiness that a child feels when it jumps into its mother's lap.

I spent some time playing in those cool waters, waited for the sunset, offered *arghya* to Sun. I chanted the *Gayatri Mantra* as a routine, sitting on her banks. At that time, the state of my mind was one of extreme calmness, almost thoughtless. All my physical tiredness and mental exhaustion

had vanished. None of my past impressions, experiences gathered by my mind and sense organs were present there. My heart was full of that very ethereal fulfillment.

At that time of solitude and contemplation, I heard a soft yet serious voice from within myself. "Walk towards the north-east - on this very bank - and you will find the Guru you have been looking for. You will find Him in one of the mountain caves. Your desire is about to be fulfilled." With this inner voice, I found my calmness had deepened. My mother's blessings and now Mother Ganga's blessings were both guiding me. My long-cherished desire was about to be fulfilled.

Both these mothers had contributed a great deal in my spiritual search. I mentally prostrated to them both and started walking towards the mountains. There was some unseen power which seemed to be almost pushing me in that direction.

The Lord is present in every living and non-living being - the *Upanishads* say - and that the Lord is the smallest of the small and largest of the large (*anoraniyaan mahato mahîyan atma guhâyâm nihitah asya jantoh*), but available for perception in the cave of every *jîva's* heart; how strange that I was looking for that Lord, in the form of my Guru, in a mountain- cave!

If one has to realize that Lord in one's heart, one has to first surrender to the Guru who is also sitting in that 'cave'. For me, the Lord and the Guru were identical. What a coincidence that I was to find my Guru also in a cave! I felt exuberant at the thought of meeting that Guru whom I had been searching for over so many years!

Layers of snow were covering the mountain which was standing tall and 'staring' at me - inviting me. There were so many old trees along with young ones; it felt as if the older trees were telling the younger ones the sacred stories of the ascetics who lived on this mountain. I felt a great satisfaction being expressed by all those trees and plants for just being there in that sacred place. Nature was at her most beautiful best. Ganga Ma was looking like a scrawny stream at the peak and as she came down -she spread herself to her vast self. I reached that cave and stood wonderstruck and speechless looking at that golden aura



surrounding the cave. This was an experience I would never be able to put into words. It was the experience of a lifetime! There were mixed feelings in me. I felt a kind of anxiety, an excitement and a unique sense of fulfillment. I was just waiting to fall at the feet of My Guru.

At that very moment, I heard a compassionate voice coming from deep within the cave... "Waiting for this *sandhya* time, searching for this cave - you have reached here; who are you? Come in... come"...

These words were almost prophetic. The voice was deep and kind - echoing from the cave, it almost sent me into a trance. I almost lost the awareness of my body. I found myself walking

into the cave and just dropping at the feet of that resplendent person! The ecstatic state of my mind was inexplicable. Looking at me in that state with his compassionate eyes He said, "Who are you, dear child?"

Notes:

According to the biography of Ādi Shankara, in the Mādhaveeya Shankara Digvijaya, Shankara meets Guru Govinda Bhagawad Pāda on the banks of the river Narmada. As mentioned earlier, in this work, Swamiji weaves the story of Shankarā to interpret His own experiences and feelings - about Ganga Ma and the natural beauty of the mountains- when writing this text at Haridwar, on the banks of the river Gangā.

(To be continued..)

Personalia

Shreyas Beltangdy, who is a freelance media professional, works as a film editor in films and advertising. He recently returned from Toronto, Canada after attending Toronto International Film Festival, 2015 where the feature film, 'Angry Indian Goddesses' edited by him won 1st Runner up for Grolsch People's Choice Award. The film received standing ovation from all the film critics and audiences alike, and will release in India in a couple of months.

Shreyas, a very passionate film watcher, did brilliantly in his school academic career with distinctions throughout. He completed his BMM degree course from SIES College, Sion. He was elected in the students' council for the year 2002-03. He worked as Student editor of his college magazine 'Dakshinayanam' (2003-2004), and was instrumental in creating the entire look and content editing of the issue. After graduation, Shreyas did a diploma in Xavier Institute of Communications, studying film and TV production. Here, his team won 1st prize for a documentary on "Mallakhamb" (a traditional Indian pole gymnastic sport.)

Professionally, Shreyas went ahead editing commercials, documentaries, corporate films, short films and finally feature films starting in 2011. In fact, he also acted in a mobile phone ad. His projects included a number of popular shows like The

Dewarists and Sound Trippin' and ads for reputed companies like Sony, Amul, Domino's, Maruti, Tata Indicom.

His upcoming feature film project is titled "Kaash", presented by film actor Irrfan Khan and acclaimed filmmaker Mira Nair. This film is world premiering at Tokyo International Film Festival in October, 2015.

Ask Shreyas his work mantra, and he says, "Passion, Patience and Persistence makes one perfect." He gives all credit of his success to his family - his parents Preeti and Sumant Beltangdy and of course his wife, Kirthika Prasad.



The Three Magic Words

DR. SUNANDA KARNAD, PUNE

The British Colonialists who ruled over us for over two hundred years, did a lot of damage to our country. For their own benefit, they not only exploited our resources, but generated poverty in the once most affluent nation of ours. They also provided railways, good roads, courts of law and English education, though for their own advantage. They indirectly initiated many social changes in the traditional joint family system, in husband-wife relationships, child-rearing practices, etc. But above all, they introduced “Three Magic Words”- please, sorry and thank you, for which we should feel grateful, for they drive away bitterness and make our relationships harmonious.

Mr Mohan Mankikar was a strict disciplinarian, very dominating, has many awards for his selfless army services but never used any of the three magic words. It was below his dignity to say, ‘please’; he only gave orders. He never said ‘sorry’, for he believed he never did wrong, and he would never ‘thank’ anyone for any favour, which he regarded as his ‘privilege’. Hence, he was most dreaded, hated, ‘superior’ for all his sub-ordinates. Even his own children had no respect for him. On the contrary, his wife, Sharada was kind, humane, generous and used the ‘three words’ even in her interaction with servants. She was loved, admired and most respected.

Very often we take our own “dear and near ones” for granted and using the magic words may sound ‘formal’. But if a child imbibes them from thoughtful parents, he/she finds it easier to make friends, can have cordial relations with others in the family, workplace and in varied situations. Little Rachel breaks an expensive glass jar and her mother shouts at her. She instantly says “Sorry ma, I will be more careful”, and the mother’s anger subsides. An elderly person gets into a crowded bus and requests a youngster saying ‘please’ and she is obliged with a seat. Shankar never fails to say ‘thank you’ when his wife serves him hot food, cares for the trouble she takes. They are married for fifty years!

The examples of the benefits of the three “Magic” words could be endless. But the fact remains, that they

are miraculous in making social relationships ‘sweet’ and ‘loving’, in controlling anger and aggressiveness, and in making social interaction in day-to-day life a happy experience. We don’t lose anything in using them, rather we gain a lot.

Ishta Devata

SAGUNA R UDLAVER, VIRGINIA, USA

The well known keertankar of yesteryears, Late Sri. Kalyanpur Sanjeeva Rao was my maternal uncle by marriage. In his Harikathas, he always used to narrate a lot of “Upa-kathas’ with subtle humor to emphasize certain morals.

Once, he narrated a popular story of three men of different religious faiths who embarked on a boat journey in turbulent waters. One was a Muslim, one a Christian and one a Hindu. As the water got choppy, the boat was about to capsize. The Muslim and Christian called out to Allah and Jesus respectively for help and they were saved. The Hindu called out to Vinayaka to save him. By the time Vinayaka got on to his Vahana, the mouse, he heard the Hindu call out to Shankara to save him. So Vinayaka retreated knowing Shankara would go. But by the time Shankara could even tell his consort Parvati that he was going to save the Hindu, he heard him call out to Vishnu! So he went back in thinking Vishnu would go. Vishnu was in his Anantha Shayana position. Lakshmi heard the call and asked Vishnu to go help the Hindu who was crying desperately. By the time Vishnu could get there, the boat capsized and the Hindu drowned!

With this story, Sanjeev mam conveyed the underlying point that however many temples we may go to and however many avatars of God we worship on various festivals, we must have absolute FAITH and total SURRENDER to our ISHTA DEVATA. We can then confidently say He will come to our rescue when we are in unpropitious circumstances.



Addavan-tage or Take In India (Not “Make In India”)

DINESH TALLUR, HYDERABAD

This has reference to the write-up from dear Kalpana Tallur Rao “De-Addavaning Your Home” (Page no. 28, April 2015). Thanks to you for publishing it as it is so much of contemporary relevance and connected to our day-to-day lives. My Kalpana Akku has effectively communicated the message of how de-cluttering our homes (and in turn our lives) is so much essential. Though, she hasn’t left anything to add to the topic, I muster the audacity to supplement the context with a few lines.

Both pleasure and pragmatism are associated with giving (away). It not only gives us an immense pleasure but also takes the burden of having to maintain the things that we don’t use/need. Do we keep a car that we don’t need or use and spend money for its maintenance? Don’t we grab the nearest gadget to log into OLX/Quikr.? We may not want to sell less priced/cheap household items online but we can find ways to (en) lighten ourselves as Kalpana Akku suggested.

It is also a one of the effective ways to recycle and extend the use of an object although by another individual/family who needed the object. This means that, that much is less produced in factories/plants which implies less consumption of resources (water, power, wood, raw material, etc...) and in turn a great service towards conserving environment.

It also has a philosophical connotation and a spiritual perspective. As we grow older and accelerate our spiritual pursuits, we are supposed to move from saguna to nirguna, aakar to niraakara, from form to formless, shape to shapeless. This initiative would help us to move from life’s objects to objectives of life.

We would, ideally like to share/give these objects to maids, drivers, watchmen, security staff or other support staff at office or home. However, there could be some things that we would like to share with like-minded or an Amchi who would possibly appreciate the value of it. (Like books, lamps, table décor, some

kitchen/house-hold gadgets that only Amchis use/are familiar.. the list can go on and on..), Can we create a space or a link to our favorite kanarasaraswat.in website and ask our community people to provide details of the objects that they want to discard / give away ?. With permission from your good selves and the concerned administrators, Yours truly can develop sustainable and workable plan as a voluntary service. We can term the link or the space as “Addavan-tage” (homonym for “Advantage” intended..)

On the lines of ‘Make in India’, this is a “Take in India” initiative. As a community, we are known for original thinking and thought leadership; let us make this initiative successful within and propagate the virtues of it to the rest of the society.

The author has provided a good idea. Readers are welcome to respondEditor

A Name that spells its class

WINOVER
CATERERS

Marriages, Thread Ceremonies,
Engagements & Birthday Parties, etc.

DJ / Music System / Games / Entertainment

**WE DELIVER FOOD / SNACKS
FOR PARTIES AT HOME**

WINOVER - PARTY HALL A/C - NON A/C
AVAILABLE AT VILE PARLE (EAST),
NEAR STATION, CAPACITY 100 PAX.

Contact :

Vinod Kaval

4, Andrea Apartment, Off. Azad Road,
Vile Parle (East), Mumbai - 400 057.

Mobile: 98208 43392 ✦ Ph: (022) 2618 2689



1857 - An Authentic Version of India's Revolt

SADANAND B KUMTA

Students who studied Indian history know 1857 as a year of the Sepoys' Mutiny. The revolt was brutally crushed by the British Armed Forces who were in the employment of the East India Company. The last Moghul king was Bahadur Shah Zafar in Delhi and Lord Canning was the Governor-general based in Calcutta – then the capital of British India.

This is an attempt to reveal the true face of this rebellion based on the research of William Dalrymple, the well-known Scottish historian who had access to some 20,000 documents (written either in Urdu or Persian) from the National Archives. His book titled *The Last Moghul* is a story of the rebellion written from the Indian perspective.

It would be interesting to know about some other versions of this bloodiest upheaval in India's history. This was not a coherent mutiny or national patriotic war of independence but in reality a chain of very different uprisings or acts of resistance.

Scholars are still arguing whether 1857 was a mutiny or an urban revolution or a war of independence. Perhaps it was all these. The revolts in Muzaffarnagar, Kanpur, Doab, Lucknow, Bundelkhand and finally in Delhi were all distinct uprisings. The Sepoys who came to Delhi attempted to restore the Moghul to power and expel the kafirs of British power.

The mutiny papers reveal that the siege of Delhi had become a contest between Sepoys and the British fighting it out, while lives of the people of Delhi, caught in the middle, were wrecked by the violence of the battles.

To nationalist historians 1857 as a great patriotic struggle against the imperialists. V.D. Savarkar's book "The Indian War of Independence 1857" is one such publication of 1909. The March outbreak was a crucial event of the mutiny with Mangal Pandey as its hero. There is a recent Bollywood film on this event. This event is separate from the main mutiny.

The beginning

On the 11th of May, 1857 in the morning, 300 mutinous Sepoys and cavalry men from Meerut rode into Delhi. They had massacred every Christian man,

woman and child they could find on the way. They declared Zafar as their leader. Zafar was no friend of the British as they had deprived him of his patrimony and subjected him to almost a daily humiliation. But he was not a rebel either.

The great Moghul capital of Delhi turned overnight into a battle ground. The British forces were perched on the Ridge in Delhi and it was a fight to death between the rebels and the Raj. There were unimaginable casualties on both sides and driven to limits of physical and mental endurance. Finally on 14 September, 1857 the British with their army of Sikhs and Pathans assaulted and took the city, sacking and looting the Moghul capital. Orders went out to shoot every soul in Delhi. In one mohalla alone, 1400 innocent citizens of Delhi were cut down. It was literally murder.

Zafar was defeated and this old man in his eighties was caught and displayed like a beast in a cage. He was tried in 1858 in a so-called court of young officers and was finally banished to Rangoon. He was put in a cart to suffer a life as prisoner in that distant place.

Causes of Mutiny – what led to this mutiny?

The British had become very powerful after defeating the French and all other Indian rivals. This slowly gave way to hatred and racism.

The second reason was the ascendancy of Christianity – which treated Indians as heathen and incestuous pagans, who were fit to be converted. The ugly face of colonialists was evident with British as the new white Moghuls replacing in power the old Moghuls. British officers were nursing plans not only to abolish Moghul Court but also to impose Christianity in India. The reaction to this came when most of the 1,13,900 sepoys of the Bengal army turned against the British authorities.

The third reason was Dalhousie's policy of annexation of kingdom called the Doctrine of Lapse. Already many smaller kingdoms had been quietly annexed by the company. Satara, Jhansi and Nagpur were outstanding examples of annexation.

The fourth reason was: at many other centres of uprising the mutineers had revolted against the



requirement of the soldiers' biting the cartridges which carried pig or cow fat as grease.

The finale

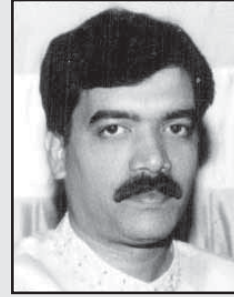
After the mutiny was over, East India Company was wound up. The control and administration of the whole country was taken over by the British Crown with Calcutta as the capital of India till 1911 when it was shifted to Delhi.

Delhi was the centre of the mutiny. Most of the mutinous troops had poured into Delhi from all parts of north India. The British had to conquer Delhi; otherwise they would have lost their Indian empire entirely. Lucknow, Jhansi and Kanpur were other major centres of revolt. The revolt was both political and mainly religious. Sepoys who met Zafar on 11 May 1857 had told him that they had joined hands to protect their religion and faith. Zafar moaned: "Delhi was once a paradise – now only ruins remain"

Mirza Ghalib the great poet who survived the mutiny, became a witness to the devastation of his beloved Delhi.

Reference: "The Last Moghul" by William Dalrymple

SAD DEMISE SANJAY S. BAINDUR



(05.10.1972 - 26.09.2015)

You departed to Heavenly abode but rested in our Hearts forever and ever.

Deeply mourned by:

Baidur Shivananda Rao (Father),
Sunita (Mother),
Sujnan (Brother), Shailee (Sister-in-law),
Sandhya (Brother's daughter),
Sagarika (Wife), Dharmesh (Brother-in-law),
Sheetal (Sister) & Relatives.

:- With Best Compliments :-

From

ACME SOAP WORKS

Manufacturers of Industrial & Household Soaps & Detergents

Ram Mandir Road, Next to Ram Mandir,

Goregaon (W), Mumbai - 400 104

Telephone No.: 91 22 26762959 / 26762970 / 26794394,

Fax: 26762994

Email: acmesoap@vsnl.net Website: www.acmesoapworks.com



Our Fling with the Singapore Sling!!

ASEEM HATTANGADI, MUMBAI

Well well....this trip truly gives meaning to the saying 'Life comes full circle.' Why and how you ask? Sure my friends, I will tell you. So take a seat and enjoy the ride as they say. Being from the tourism industry, I was educating and giving my wife (at that time strictly a friend in 2007) some travel tips on her first trip to Singapore.....the usual where to go, what to eat, what to shop, what to see, etc. etc. Of course I was rewarded for my efforts in the shape of a nice first copy Swiss watch (very original at first glance mind you), however the thing that struck most in her mind was the mysterious and dark Singapore Sling (don't worry....it's just a cocktail drink), maybe it was the name, the colour, the taste, who knows?

Singapore then slung my way the second time in 2011, when I had the good fortune to accompany a group from a corporate firm, owing to the fact that there was a shortage of tour directors and I was drafted in at the last minute (luck or fate!). Since this was MY first time in Singapore, I decided to make the most of it. Of course I got to see the sights and sounds and go 'ooooh' and 'aaaah' as is the regular behaviour when one visits a destination on their pilot trip. Apart from being with the group and making sure I was on my best behaviour with them as well as befriending them, I also visited the Underwater World in Sentosa, petted a snake but couldn't take a photograph with it as it was sluggish and sleepy, got taken for a ride (literally) on the 4D Ride. As the evening broke, we saw the Merlion lit up and making eyes at us and finally the Song Of The Seas which is a show combining sound, light, laser and water,,,truly a beautiful spectacle!! The Universal Studios Sentosa was the next treat on the cards where I got taken for a RIDE (again literally) and got clicked with all the locals and cartoon characters. The highlight of the trip was the visit to a local chocolate factory that also doubled up as a wholesale outlet. Everyone gets welcomed there with a small cup of molten dark chocolate, and the best part is that you can go back for more and more, enough to make you a choc-oholic!!

Since both of us had been to Singapore separately, my wife and I excitedly exchanged notes respectively on the common things we had seen and experienced,

as well as bragging rights on what she saw / I didn't see and vice versa. Maybe fate felt bad for us and wanted to make sure that each of us experienced what the other hadn't, and swung Singapore in our favour once again, albeit this time in the form of our honeymoon destination.

Since we didn't have time as our friend, we decided to make sure we saw Singapore on our terms and enjoy ourselves to the hilt. If this was any indication of things to come, our journey on board Singapore Airlines as we took off slung in our favour with what else....the Singapore Sling!! Glasses clinked....the first sips were taken....and the customary puppy dog stare culminated as we pushed back and took in the experience, satisfied that it had started on a good note. As we touched down in Changi airport, the wave called nostalgia hit us as if we had been homeward bound....this may I add continued till we reached our hotel (the Concorde@Orchard) as we took in the familiar sights and sounds. Check in formalities done we dumped our bags at the concierge since it was not yet the official check in time and set out on our Singapore soiree....

Since it was lunch time and we were famished we made our way to the Kenny Roger's Roasters (there are quite a few in Singapore, the one we went to was on Orchard Road in the Orchard Gateway Mall) known for its famous slow roasted chicken accompanied with any 3 sides.....why they are called sides beats me, because they were as good as a meal in itself. Comfortably satiated, we made our way back to our hotel....where our luggage had been already transported to our room and after collecting our keys and marvelling at the sheer size and facilities of the suite, we just 'dropped dead' on our bed and snoozed our way to glory!!

Feeling happily human after our beauty sleep, we refreshed ourselves and took in a tour of the city on foot. Since Singapore was gearing up for the oncoming Christmas and New Year celebrations, the streets and alleys were unabashedly decorated and done up with bright lights, festoons, etc. Since we had already seen Singapore for what it was worth and since this was our honeymoon, we just decided to walk around the city.



Once we were through with that, we went to a food court right below our hotel and feasted on some of the local fare available there...authentic Thai green curry complete with Jasmine rice and yummy baby aubergines, and Tom Yum noodle soup complete with almost every edible creature under the sea!! You can't not end your meal in Singapore with a refreshing Ice Kachang...which to put it mildly is a jazzed up version of our simple Mumbai gola. Of course there's crushed or shavings of ice accompanied by a fruit preserve of your choice, along with condensed milk for the extra sweetness, bits of jelly, preserved fruit and red bean paste all thrown in!

The next day we were up bright and early, had breakfast and decided to hit the streets....we wanted to go to Bugis Junction famous for its street side shopping and malls where you can just while away your time. We took the underground metro as we hadn't experienced it before, and landed up exactly where we wanted to.....crossed the street and lo and behold! There we were! If you are used to haggling and roadside shopping, well this is a true paradise!! You have open stalls, closed shops, street food outlets (to rejuvenate yourself), repeat....and all this is

located one level below the streets, so it reminds you of some underground shopping culture....we just browsed through and ended up on the other end of the street which is an open market of fresh produce.... sunny oranges, roaring dragon fruits, blushing apples and the list goes on and on....we just had to take some back home, so we bought a bit of everything and headed back. We also got some assorted berries for the Christmas cake that the wife was planning on baking back home. This time we took a pit stop for lunch. We browsed the many food outlets below the metro station and finally zeroed in on some mouth watering Laksa complete with the authentic coconut milk broth and the aromas of lemongrass, shrimp paste and galangal!!

The next day was the day we had to bid farewell to one of our favourite cities....like they say, all good things must come to an end. You cannot leave without picking up some dark, white or bitter chocolates from the Cocoa Tree outlet, that is peppered all over the airport. This literally was the sweet ending to our honeymoon, as we looked forward to our journey back home!!



Lily Caterers

Lily Caterers

Bringing to the table a unique blend
of Tradition & Innovation!

Contact

<p>Meera Shirish Wagle 9820256313</p>	<p>Anand Rao 9833627501</p>
--	--

D-5, Karnatak Bldgs., Mogul Lane, Mahim, Mumbai - 16

On the Panel:

Anandashram Hall, Talmakiwadi, Tardeo
Raja Shivaji Vidyalaya, Hindu Colony, Dadar

Visit us at
www.lily-caterers.com

A TRIBUTE TO BELOVED HUSBAND BY DEEPA MANKEKAR



Birth: 23rd June 1968

Death: 8th June 2015

Nineteen years ago, I met a remarkable young man who was intelligent, knowledgeable, confident, eloquent and charming. He was the only son of Dr. Mohan & Anuradha Mankekar after two sisters & blessed under the feet of Maa Shantadurga, named as Durgaprasad. He became the love of my life and one of the best gifts God gave me. It was Lord Bhavani Shankar & Parijnanashram Swamiji's blessings that brought us together and He preserved our union till the end.

Prasad was a great Personality who never lost his hopes till his last breath & his last words were, "I am the strongest person among all the people present over here". Though he was suffering from lots of pain & breathlessness he mesmerised me with his cool gait and air of supreme confidence. Nobody knew what was written in his destiny. He was affected by cancer. But even then I believed that some miracle may happen and he will be alright because he was very special to me and would attain great heights.

Prasad was a Doctor by profession. He would work day and night. He was a great devotee of Shirdi Saibaba. Every Ramnavami he used to go for padyatra and give medical aid to padyatris & participate himself. Being a music lover he produced Audio CD on Saibaba.

Prasad was a good, loving husband and companion to me. He was a wonderful father to our daughters, Shraddha and Bhakti. In his unselfish way, he encouraged and supported me in all the activities which I wanted to pursue in my life. He was such a great presence in our lives and my heart aches for my loss and for my children, who have lost a fantastic and devoted father.

Monday, June 8th 2015 was the day Prasad lost his last breath. But now this day marks the beginning of a painful and aching void that we still cannot come to terms with. How can Prasad be gone? How can he be forever silent?

We put the love of my life to rest today. His spirit, his soul, his amazing ability to give is still with us. It lives in the spirit & resilience of our children, love that is visible in the eyes of our family and friends who are supporting and giving me strength to face future with boldness and a heart full of love & care.

So now I lift my eyes to the hills and pray to the Lord, the Maker of heaven and earth. He will not let my foot slip, He who watches over me will neither slumber nor sleep. The Lord is my shade at my right hand; the sun will not smite me by day, nor the moon by night. The Lord will keep my daughters and me away from harm, the Lord will watch over our lives and our coming and going, both now and forevermore.

Prasad, I will miss your voice. I will miss that well of wisdom and knowledge that the children and I continually drew on. I will miss our family trips and jokes and stories you told as we went, in a manner that only you could. We will miss the special family times. It will never be the same without you. I will carry with me forever precious and many lovely memories of our journey together.

Thank you for all you did to make the world a better place for us. We love you and miss you terribly. My only consolation now is that you are with God. Till we meet again.....



In loving Memory of

Ujwala Baljekar (nee Kaikini)

On her 25th Death Anniversary - 27.11.1990



We miss you forever in our thoughts, "Ujwal & Amma"

-Fondly remembered by her husband Uday Baljekar, daughter Unnati Mittal (nee Baljekar)/Arvind, son Utkarsh Baljekar/Prachi & grandchildren Meghna Mittal/Urvaksh Baljekar

Obituary



Sunilkumar Deorao Basrur

Passed away on 25th September 2015,
Age 79, at Pune

Deeply mourned by

Wife Suman,
Sandeep-Nita,
Prakash-Vijaya
Subhash-Aruna
Ajay-Archana
Ameeta & Grand children
Our prayers are with him.
May his soul rest in peace



Balkrishna M. Masurkar

(Bakut)

DOB: - 12th May 1920

Passed away peacefully on 5th October 2015

You will remain in our hearts forever.

Kashinath & Geeta, Vijay & Sumangala
Ranjeet & Reshma, Hrishikesh & Radhika
Arjun & Reya, Amrita

Tara, Trisha and Vihaan (Great grandchildren)



AMMOMA WE MISS YOU

One of the earliest memories I have of Ammoma, are of my waiting in the balcony, waiting for her to return from work because she had promised me an ice cream that evening (Ajja had retired from active service by then and was babysitting me at home). When she did come home looking tired, I excitedly asked her for the promised ice cream. It turned out she had forgotten but rather than putting it off to the next day, she put on her shoes again, went right out and got me the promised ice cream.

This in a way showcases her essence-she was someone who kept her promises no matter what.

Like many of her generation, she did not come from a very privileged background and had to work hard throughout her life. This she did with a lot of grace and an amazing ability to get along and gel well with anyone, be it a well heeled parent of one her wards in the Bandra AVM school or with the children of our domestic help in Nasik whom she helped educate from school up to professional undergraduate college as also our domestic help's daughter in Mumbai.

After her retirement, she stayed very intellectually active- solving multiple crosswords puzzles a day, tutoring children, knitting sweaters for all her grandchildren and other relatives'/acquaintances' children.

Two other extraordinary achievements stand out-

The first is of her completing her PhD at the age of 67. She was not one to let things go half finished and successfully completed and defended her PhD then, even at that age.

The other is of her flying to West Africa to help deliver and raise her first great-grandchild at the age of 75! There, she connected well with people from all walks of life, different cultures and indeed people speaking a different language (French) altogether.

Ajja's steady support at all times as well was a great base for her to reach new heights professionally.

Besides being the principal of the Bandra Arya Vidya Mandir School, at which she excelled, she was also the founder member of the Maharashtra Dyslexia Association which helped normal/high IQ children with dyslexia (a learning disability) to achieve greater success than would otherwise have been possible in the "normal" schooling system.

A part of her lives on in all her ex-students, by way of her teachings to them. The outpouring of emotions and memories from her ex-students when they heard of her passing away is beyond measure.

She was larger than life when she was with us, after her passing she seems only to have gained in stature in our minds and memories.



Vinita Radhakrishna Pandit
9th October 1935 - 28th September 2015

To my friend, Mohan



Mohan Kalyanpur

March 28th, 1933 - September 12th, 2015

You were always ready to help anyone who needed it, no matter what it took. So many have reached their goals in life because of you. I miss your company.

May his soul rest in peace.

Raja Pandit

Talmakiwadi, Mumbai

A mother's hug lasts long after she lets go...

- Unknown



SHALINI SHIRALI

1934 – 2015

**You never get over the death of your mother,
but you learn to live with it...**

Unknown

In grief:

Shiralis, Kurwars, Relatives & Friends.



Sheela Hattangadi (74)

(nee Vijaya Kulkarni)

passed away peacefully on
August 23rd 2015 after a courageous battle for
more than a year.

We are grateful to all those who joined us in
praying for the sadgati of the soul.

She will constantly be in the memories of the
countless people who were touched by her love,
compassion & empathy.

Satish Hattangadi
Suraj & Ashritha Hattangadi
Sadhana & Ajit Kaikini
Shoma, Harsh & Ashwini
Aanya & Anika

मुंबई नगरी- मगल्या अनुभवांतुली

अरुणा राव (कुंडाजे)

“मुंबई” ही एक प्रसन्न-उबदार आटपाट नगरी आशिल्ली. साठसत्तर वर्स फूडे. तिने आपणाली प्रगती कोरुन घेतां घेता चार दिकाक थावनु लोक जीवन कोरुक थंई आयले. तिने उदार जावनु सर्वांक आश्रय दिलो. तांगेल्या सुखाखातिर तिने अपार कष्ट सहन केले. आपणाली जमीन मैलन् मैल खणूक दिली, पाईपसं घालूक दिली. समुद्राच्यें मिडशें उदाक गिळलें, नॅल तयार जांवच्याक. हून हून डांबर आंगारी घालौनु घेतलें, मार्ग कोरुक. गरीब, श्रीमंत सर्वांगेली ती तारणहार जाली.

ही मुंबई आतंच्ये विराट रूप धारण कोरुच्ये फूडे कितली सौम्य आशिल्ली हाजें स्मरण वारंवार जाता. मगल्या सानपणांतु हांवे अनुभवलेली मुंबई-ब्रिटीश काळांतुली “बॉम्बे!” त्या दिसांतु मार्गारी जान आसतालीं, जाल्यारी गर्दी ना, गडबडी ना. सगळो निश्चित कारभार. एखादे बाईलमनिशेक वाटेरी गुरताची मेळ्यारी, त्यो मदेंत राबून कितलोय वेळ उलैताल्यो. आजबाजूक येतले वतले जाग्रतेने बगलेथावनु वताले. कारण त्या वतल्यांकय कसले अंवर आसनाशिले! तशी तो आराम जमाना. त्या काळच्ये मुंबईच्यें घड्याळ हळू चलताले कि काण जाण ?

तो काळु आतं कितलोय पैसो वोटलो तरी मॉल्लाक मेळचो ना! आमी स्कूलाक थावनु घारा वतना दुकानांतुले चणेवाला आमकां आपौनु मुष्टिभोरुन चणे दितालो. त्याचि जाग्यारी आतं विंडो शॉपिंग म्होणु ग्लासांतु सजयिल्यो मूक भावल्यो दिसताती. मुंबईच्यें त्या वेळच्यें ठळक उदाहरण म्हळ्यारी मार्गाविले पोलिस. निळो युनिफॉर्म, मात्याक उरूट हळदुवें हॅट निळी बाटली पिवळा बूच म्हणताली. आसपास खंई ब्रिटीश सार्जेंट हुकूम सोडत वतना दिसतालो. तागेली कडक नजर आनि किर्रिंरिंरिं व्हिस्ल थोडें भय्य निर्माण करतालें. एखाद दिवस हमर रस्त्यारी गॉरो गव्हर्नर, तागेली मड्डम आनि माकशी सोल्जर-सोल्जर चारी धंवे घोड्यांच्या उदारी कोच्यांतु चौपाटी रस्त्यारथावनु गव्हर्नमेंट हाऊस (आतंच्ये राजभवन) वतना दिसताले. तें भरमेच्यें दृष्य जान दोंळे भोरुन पळयतालीं.

त्या दिसांतु मुंबईचो साधा-सरळ स्वभाव आशिलो. एकंदर चलन-वलन, मार्गाविलीं वाहनं, दुकानांतुले व्यवहार, अगदी स्कूलांतुलें अॅडमिशन सुदांय ससार! मगल्या आवसुने माका स वर्स लागलीं की एक दीसु मगलो हात धोरुन एका हायस्कूलांतु

व्हेली आनि नांव घालौनु बसयली. बस, हांव अॅडमिट जाल्लीं! हें आयकून मगल्या नातियांक आश्रयाची धक्को बसलो. आमकां दोन पैशांची भेळाची पुडी घेंवची आसल्यारी ते पैशे आवसुलागी मागच्ये, तिने ते बापसुलागी घेवनु आमकां दिवच्ये. स्कूलाक वतना ताडदेव ‘सी’ रूट बसारी चोढच्यें, मनपसंत खिटकेल्या बोसच्यें. कंडक्टर प्रेमळ. चढतना आमगेलें बॅग धरतालो.

गांवातुलो कोणुय पाहुणो मुंबई देखूक येता म्हळ्यारी आमकां खुशीची! कारण ताका शहर दाकौंच्याक व्हरतना आमकांय व्हिक्टोरियारी बैसूक मेळतालें. घोड्याने टाकटुक धांवतना कशी मजा येताली! उघडें-उदारी आकाश लागी आयिलशें दिसतालें.

आनी मागिरी वोच्यें इराण्यागेल्या हॉटेलांतु! अप्रूब फीस्ट मेळच्ये ठिकाण. वेटर प्लेटं हाणु दवरतालो टेबलारी, खारी बिस्कटं आनी बनमस्का. शिवाय सोडा बाटल्यो! बाटले तोंडार आशिली ग्लासा गुळी उंगुष्ट्या बोटाने दाटची की बाटलेंथावनु फस्फस् फेणु उस्सळतालो. घारा परत येतना ट्रॅमारी चोढच्यें. ताजो खर्रर्र आवाज आनी हॉर्न म्होणु ठाणू ठाणू शब्दु कात्राक रम्य लागतालो. त्या दिसांतु मुंबईतु ‘नॉईज् पोल्यूशन’ हों शब्दु मात्र नाशिलो! त्या वेळाचीं लोकल ट्रेनस् जानांक प्लॅटफॉर्मारी वोतून घालनाशिलीं. आराम देंवताली खिटकेलागी बैसून, परेल भागांतुले गिरण्यांच्ये येत्तर खांबे काळो धुव्वर सोडत माकशी धांवतना पोळोंवच्यें.

खेळ-खुशालेची ही आमगेली प्रायी सरली आनि स्वातंत्र्य चळवळ सुरू जाली! सर्वकडे प्रभातफेरीची पदं, पिकेटिंगाची गडबडी. बायलो सुदांय पदर खोवनु जैलांतु वताल्यो. दारले लाठी मार खाताले. भारत माता की जय! इन्किलाब झिंदाबाद घोषणा घुमताल्यो. नऊ ऑगस्टाक क्रांती मैदानारी “क्विट इंडिया”! गांधीगिरी न्हई, प्रत्यक्ष गांधील्यो येरझारा, मैदान आनि जैल हांच्ये मदें चलतनाचि.....

... स्वातंत्र्य दिवस उदेलो! रेडिओरी न्यूस आयकूच्ये. मेलवेल् डिमेलो हागेले इंग्लीश न्यूस तरी एक चलत् चित्र देखिले म्हणके, “तिरंगा प्यारा” आकाशांत सरस् उंच गेलो हें वर्णन रेडियोरी आयकलें, न्हई पळयलें. तशीची प्रॅमोफोन! देविका राणीगलें “मै बनकी चिडिया”, ज्युतिका रे भजनं, तुकाराम ज्ञानेश्वर सिनेमा, अभंग-शमशाद बेगम, गीता दत्त, सुरैय्या हांगेलीं सिनेमा पदं-बाल गंधर्वालें ‘सत्य वदे’, नारायण राव व्यासालें “राधे कृष्ण बोल मुखसे” हीं सगळीं रेकॉर्ड्सं मुंबईच्या हव्यांतु घुंवतालीं. सैगलाले आवाजाची जादू तरी

सगळेकडे! आमगेल्या इदूर राबतलो एक पारशी रसिक भर धोनपारा तागेले “सोजा राजकुमारी सोजा” जोराने म्हणतालो!

स्वातंत्र्य मेळ्ळें आनि पार्टीशन जालें! सिंधी, पंजाबी निर्वासित सर्वस्व सोणु धावनु आयले. मुंबईने तांका प्रेमाने प्रवेश दिलो. त्या बायलांगेलो सलवार खमीस हॉ सुलभ ड्रेस पोळोवनु मुंबईतु पदरा बदलाक ओढण्यो दिसूक लागल्यो. त्या लोकांनी धैर्य, मेहनत कोरनु स्थिर बिझनेस बसयिलें पोळोवनु गिरगांव-दादरचे दुकानवाले, कंपन्यो, बँकसं, ‘मार्केट मंत्र’ शिकले. एका वरसांतु धा वरसांची प्रगती जांवच्याक सुरु झाली. प्रगती ग्राफ उंच उंच गेलें.

मात्र ‘त्या’ दिसांतुली, मगल्या मनांतुलीं सान्नं सुखी-समाधानी घरं ना जालीं, गर्विष्ठ इमारत्यो येत्तर राबल्यो. मार्ग रुंद जाले, झाडं ना जालीं. गुपची - पारव्यांगेली किल्बिल् उणे जाली, बस-मोटरा हॉर्न वाढलीं.

आनि.... ही मुंबई नगरी हॉड शहर जालें..... जगप्रसिद्ध!!

(मुंबई-मिरर १९३४-१९४७ काळांतुलें)

(आकाशवाणी मुंबईच्या सौजन्याने)

बुदवंतू न्हावी

एकू आशशीलो बुदवंतू क्यास कात्तरतलो.

मन लावून सगळ्यांगले क्यास कापतालो

सगळे जण ताळ्ळागीची वत्तालो

गोमटे क्यास कापले म्होणू खूश जात्ताले

त्या गांवचो मंत्री ताळ्ळागीची वत्तालो

गोमटे क्यास कापले म्होणू ताका होड बक्षीस दितालो

जाल्यारी त्या न्हाव्याक आशशीलो एकू वाईट गुणू

क्यास कापता-कापता निमगीतालो नाका जाल्ले प्रशू.

एकू दिसू मंत्र्यांगले क्यास कापताना न्हावी म्हणालो.

“मंत्रीजी कितलो होडू आस्स तुमगेलो बंगलो.”

मंत्री कॉप्पाने चुपचाप क्यास कापी म्हणालो

मंत्री कॉपलो की न्हावी वग्गी-वग्गी क्यास कापतालो

मंत्री थंड जाल्लो की तो हगुर क्यास कापतालो

परत न्हावी हासत-हासत म्हणालो-

मंत्रीजी कितली कारं आस्सती तुमगेल्या नांवारी

मंत्री म्हणालो ‘मात्ते ताप्पोनाका, कुट्टी घालता मात्यारी’

मंत्री कॉपलो की तो पटपट क्यास कापतालो

मंत्री थंड जाल्लो की हगुर क्यास कापतालो

मंत्री म्हणालो ‘तू क्यास बरे कापता म्होणू तुळ्ळागी येत्ता

नुसतेंपुणी नाका जाल्लेले प्रशू निमगून मात्ते इत्याक हून करता’

न्हावी म्हणालो ‘मंत्रीजी क्यास तुमगेले आस्सती गोलगोल मुदयाळे

तुम्मी कॉपले की ते निट उन्नताती.

त्यामीती क्यास काप्पूक ससार जात्ता.

म्हणूची नाकाजाल्लेले प्रशू निमगुन तुमकां कोपू हाडयतां.’

- मुरलीधर बेट्राबेट, अंधेरी

एक दीसु, मुंबई लोकल ट्रेनारि

आम्पोल भारत मातागेलिं सगळें चेड्वं दिस्ताति, मुंबई लोकल ट्रेनारि.

श्याम-श्वेत-मध्यम रंगांचिं नर- फुल्ल्यांचें गुल्दस्ता दिस्ता, मुंबई लोकल ट्रेनारि.

पाट्यांचे तब्ल्या महेतुं भज्ना- बॉलिवुड पदं-अल्लाह के नाम, मुंबई लोकल ट्रेनारि.

एक दीसु, आम्मि बॅन्ड्रा थाव्नु, चर्चगेट लोकल धलें, बोयसुक जागां मेळ्ळां.

डब्वेंतु भर्पूर गिज्जु थॉडे वळाने, सीटि जाल्ली ट्रेनाने होडु स्वास काळ्ळां.

आनि भाग्र सल्लें आम्मिं. तीनि मनुष्यानिं तांगेल न्यूज्पेपरांचिं पान्नं उगडलीं

“सॉल्य एड्जस्ट माडि” कोर्का पळ्ळें. पान्नानिं, अशि-तशि, मित्रताने जगडलें.

दाल्यानिं वाचूक सूरू केल्लें, एकल्याल पत्रिका उर्दू, दुस्त्र्यालें तमिळ, तिस्त्र्याल मराठी.

लुंगी-मुंडु-धोति, गांध-कुंकुमाचें, सिंधुराचें तीळें, स्कल कॅप-गांधी कॅप- कित्ळी

ट्रेन आमकां एक दुस्त्र्यांगेल लाग्गि हाडुक, समची लकेंता आमोल खांदे-हात, पाय-फाटि.

एक देशु: भासं किल्लिं, संस्कारं नम्-नमुन्दारु, लिपियां अनेक.

मात्र एक आवसुगेल रगत धांवता आमोल सुषुप्नेन्तुं, प्रत्येक.

चिक्कू बगुन वाचतल्लिं मनुष्यांगेल मात्तिं, ट्रेन जोरू नान्चेता. टक्कर जाल्लें वें, म्होण येत्ता माका.

अशि मात्ते धाड्वाय्यारि, कायिं चिंता ना दुसे अर्थाचें मात्ते धाड्वाण घेंचें, ते जाल्यारि नाका.

- सरस राव आनि गायत्री मदन दत्त

चंदन

चित्रा शिराली, धारवाड

श्रावणातल्या पावसाच्या सरिनी वनराईचा परिसर हिरवागार दिसत होता. पहाटेच्या धूसर सूर्यप्रकाशात पानांवर साचलेले दवबिंदू हिऱ्यासारखे चकाकत होते. झाडाझुडुपातल्या छोट्या रंगीबेरंगी पाखरांची किलबिल, चिमण्यांची चिवचिव ऐकण्यात एक वेगळीच गंमत असते. प्रत्यक्ष पाहण्याकरिता सावकाश खिडकी उघडली. मनाला भुरळ पडावी असेच दृश्य होते. बागेतल्या खाचखळग्यात पावसाचे पाणी साचलेलं. त्या पाण्यात चिमण्या डुबकी मारून आंगोळ करित होत्या. काही पाखरे झाडांवर बसून आपले पंख फडफडवीत पाण्याचे शितोडे उडविण्यात दंग. नितसं उजाडलही नव्हतं, पण निसर्गनियमानुसार ब्रह्ममुहूर्तावर कशी काय ही पाखरे जागी होतात, परमेश्वर जाणे. ह्या पक्ष्यांना गजर लावून उठावं लागत नसेल. जाग आली की, चिवचिवाटात संवाद होत असावेत. उजाडलं की एकमेकांच्या संगतीत, थवेच्या थवे चान्याच्या शोधात अंतराळात उड्डाण करतात. सूर्यास्ताअगोदर आपापल्या घट्ट्यात परततात. घट्ट्यातली पिळ्ळं पंख फुटून उडायला लागली की पाखरं मोकळी. ना चिंता, ना व्यथा. कोणत्याही प्रकारचा ताण नाही, डोंगर दऱ्याखोऱ्यातली वनराई ह्या पाखरांमुळेच वाढत असावी. फळांच्या, फुलांच्या बिया चोचीतून इथेतिथे टाकतात. कधी त्यांच्या विष्ठेतूनही बिया जमिनीवर पडतात. ओल्या जमिनीत बिया रुजतात, अंकुरतात. रोपं वाढतात त्याचे डेरेदार वृक्ष होतात. बहरतात. फळं फुलं येतात. वनराई वाढते. काही वर्षांमागे घराची छप्परं कौलारू असायची. त्यामुळे छप्पराच्या आडोशाला कानाकोपऱ्यात चिमण्या, वाळलेल्या चान्याच्या काड्या, तृणांकुरांनी, मऊपिसानी लहानशी घरटी बांधत असायची. यांत्रिक युगातील सिमेंट आणि रेतीच्या उंच उंच इमारतींमुळे चिमण्या पाखरांना सुरक्षित, सोयीस्कर जागाच नसावी. झाडाझुडुपात, बुंध्यात, खोडांच्या ढोलीत हल्ली पाखरं घरटी बांधतात. बाग लहानशी असली तरी जाईजुई, फुलांचे मांडव, पडवीत एक खोपटं असल्याने अनेक पाखरं त्याच्या आडोशाला बसतात. भल्यामोठ्या चंदनाच्या झाडावर लहान लहान पाखरांची घरटी होती. अधून मधून एक भारद्वाज पक्ष्यांची जोडी चंदनाच्या कोवळ्या बिया खायला येऊन बसायची. हे चंदनाचे झाड आपोआप बागेत उगवलं होतं. फुलांच्या, झाडांच्या ताटव्यात हे झाड म्हणण्यापेक्षा ते रोप टवटवीत, मस्त वाढत

होतं. फुलांच्या झाडात असल्याने वाऱ्यापावसाच्या हेलकाव्यात हे रोप मस्तपैकी वाढत गेलं. काही झाडांवर फुलं फुलू लागली. ह्या झाडावर पण सुंदर फुलं येतील अशी आशा वाटू लागली. फक्त खोड वाढत होतं. आणि अचानक लहान नाजूक फुलं उमलू लागली. पांढऱ्या कोमल फुलांचा सडा पडू लागला. पाहता पाहता सुकलेल्या फुलांचा खूपच कचरा होऊ लागला म्हणून माळ्याला कचरा काढण्यास बोलावलं. त्या माळ्याने सांगितलं हे चंदनाचे झाड आहे. कशाला वाढवता? जंगलखात्याच्या मालकीचे आहे, अशा बागेत वाढवणं गुन्हा आहे. 'चंदन' नाव ऐकून आनंद झाला होता. आपोआप उगवलेलं झाड त्यात गुन्हा कसला, म्हणून गप्प राहिले. हे चंदनाचे झाड पक्ष्यांच्या आसऱ्याची जागा होती. त्या बिया पक्ष्यांचा आहार होता. काही दिवस रोज झाडाची साल काढायची आणि सुगंध येतो का म्हणून वास घेऊ लागले. ह्या झाडाचा एक प्रकारे लळाच लागला होता. 'वृक्षवल्ली आम्हां सोयरे वनचरी पक्षिणी सुस्वरे आळविते' तुकाराम महाराजांचा अभंग आठवला. चंदनाचे रोप सोयऱ्यासारखे उगवले आणि पाखरं सुरांत चिवचिव करित झाडावर आपल्या घट्ट्यात असतात ह्याचे नेहमी अप्रूप वाटे. संत तुकाराम महाराज निसर्गदेवतेच्या आराधनेने श्रीविदूरायाचे कौतुक करित असावेत. सुंदर, अमूल्य शब्दांच्या अभंगरूपी गोफाचा साज चढवीत. अशा ह्या चंदन वृक्षाला "जंगल खात्याच्या लोकांच्या स्वाधीन करणं हा विचारच पटत नव्हता". "चंदनाचे परिमळ आम्हां काय त्याचे?" हा अभंग किती सार्थ होता. चंदन वृक्षाला सुगंधाची कल्पनाच नसावी. पण ती काळरात्र उगवली होती. बॅटरी 'घरगसाने' माझा आवडता चंदन वृक्ष कापून नेला होता. पहाटे उठून पाहते तर फक्त वृक्षाचे 'बूड' तेवढं राहिलं होतं. झाडाची फांदी शेजारच्या बंगल्याच्या शिडीत अडकल्याने ती कापता आली नव्हती पण फांदीवर बांधलेलं एक घरटं लोंबकळत होतं. किती केविलवाणं दृश्य होतं. झाडाच्या बुंध्याजवळ थोडा फार बारीक चुरा पडला होता. ओंजळ भरून तो चुरा घेतला. ताज्या चंदनाचा सुगंध आगळाच होता. झाड चोरीला गेल्याची बातमी जंगलखात्यास कळली होती. झाड चोरीला गेल्याचे दुःख आणि ह्या लोकांचा ताप निराळा. चंदनाचे बियाण रुजलं, उगवलं, अंकुरल आणि मनसोक्त वाढलं. ना वृक्षाला सुख, ना मला सुख. बिचाऱ्या पाखरांचा आसरा गेला होता. चंदन चोरणारा तस्कर मात्र त्याचा सौदा करित असावा.

सवयीचा गुलाम

सौ. श्यामला अशोक कुळकर्णी, गांवदेवी

माणूस हा सवयीचा गुलाम असतो हेच खरे! माणसाला लागणाऱ्या सवयी ह्या चांगल्या वा वाईट दोन्ही प्रकारच्या असू शकतात. फक्त चांगल्या सवयी लागण्यास वेळ लागतो तर वाईट सवयी पटकन लागतात. तसेच चांगल्या सवयी जाऊन वाईट सवयी लागण्यास काहीच प्रयास करावा लागत नाही. पण वाईट सवयी जाऊन चांगल्या सवयी अंगवळणी पडण्यास फारच प्रयास करावे लागतात.

दारू-सिगारेट्स, ड्रग्स यांसारखी हानिकारक व्यसने सुरुवातीला वाईट सवयीनेच जडतात. सर्वप्रथम कुणी मित्राच्या आग्रहाला बळी पडून तर कुणी जीवनातील दुःख विसरण्यासाठी तर कुणी आनंद साजरा करण्यासाठी अशा एक ना अनेक कारणांचे निमित्त काढून म्हणजेच “पिनेवालेको पिनेका बहाना चाहिए!” या उक्तीप्रमाणे दारू पिण्याची सवय लावून घेतो. नंतर त्या सवयीचे रूपांतर व्यसनात कधी झाले हे त्याचेच त्याला कळत नाही. त्या व्यसनापायी माणूस आपल्या जीवनात विनाश ओढवून घेतो. आधी माणूस व्यसनांच्या आधीन होऊन तो व्यसन सोडण्यास तयार नसतो. परंतु जर त्याला सत्संगाद्वारे व संतांच्या बोधवचनाद्वारे यदाकदाचित व्यसन सोडण्याची सद्बुद्धी झालीच तर शेवटी ते व्यसनच त्या माणसाला सोडायला तयार होत नाही. म्हणजेच तो माणूस ते व्यसन सोडण्यासाठी जे जे प्रयत्न करतो ते सर्व निष्फळ ठरतात. कारण माणसाला एकदा का कोणत्याही वाईट व्यसनांची सवय जडते त्यावेळी त्याचे दुष्परिणाम त्या माणसाच्या रोमारोमांत व रक्ताच्या कणकणांत इतके भिन्नतात की व्यसन सोडण्याचा प्रयत्न केला की त्यामुळे ते त्याच्या शरीरावर व मेंदूवर दुष्परिणाम करतात. त्यामुळे तो माणूस इतका बेचैन व अशांत होतो की शेवटी त्या व्यसनाला शरण जाऊन त्याला ते पुन्हा सुरू करण्याखेरीज दुसरा पर्यायच नसतो. एकूण एकदा जडलेली वाईट सवय ही माणसाला व्यसनाधीन करून पराधीन बनवते हेच खरे!

ह्यासाठीच माणसाने कुठलीही सवय लावण्यापूर्वी त्याच्या भावी आयुष्यात घडणाऱ्या परिणामांचा संपूर्ण विचार करूनच त्या सवयी आत्मसात कराव्या. कारण कुठलीही सवय एकदा का लागली की माणूस सहजगत्या त्या सवयीचा गुलाम बनल्याने कोणतीही सवय चांगली वा वाईट हा मनात विचार करण्याची क्षमता त्याच्यात नसल्याने ती क्रीया नकळतच त्या इंद्रियाद्वारा त्याच्याकडून घडून जाते. ती सवय जर चांगली असेल तर

आपल्या जीवनात ती लाभदायक ठरते पण जर ती सवय वाईट असेल तर आपल्याला त्या सवयीचे हानिकारक परिणाम भोगावे लागतात.

त्यासाठी मनाला जर नित्यनेमाने गुरुनामाची सवय जडवली तर त्या मनाला नामामृताची गोडी लागेल. ह्या सवयीमुळे माणसाचे जीवन नाममय होऊन मनाचे परिवर्तन होऊन मनाचे रूपांतर नामात होईल. बाकी सर्व व्यसनांमुळे माणसाचे जीवन उध्वस्त होईल, पण नामाच्या व्यसनाने माणसाचे जीवन उध्वस्त तर होणारच नाही उलट उध्वस्त असलेले जीवन देखील उज्ज्वल बनेल ह्यात शंकाच नाही!

सांजजीवनी

आभाळी केशर पेरित रविराज परतला
मंद वाऱ्याची झुळुक घेत सागर शांत झाला
धावत्या जीवनाचा नकळत वेग ओसरला
बहुरंगी दुनियेचा रंगराग फिका पडला
'मी-माझ'च्या विश्र्वात सत्राटा पसरला
जणू माया जगताभासाचा होता पडदा उठला!

तूच प्रभो अससी सदैव माझा सांगाती
जन्मजन्मांचा मम प्रिय प्राण सखा सोबती
माय बाप बंधू भगिनी सारे तूच होसी
विश्र्वातच जीवांकरवी तू वटवून घेसी!
केलीस पूर्ण तू अनेक मम मनोकामना
वैराग्य प्राप्त मनाने जाळिल्या सुप्त वासना!!

देहा कष्ट सोसवेना मन मायानगरी रमेना
एकच ध्यास माते मन उतावीळ तव दर्शना
ठेवून गेलीस तू बाळा गुरूकुलीं शिकाया
येशील कधी सिद्ध बालका स्वगृही न्हाया
'मी'ची देहात्मबुद्धी माऊली आता न उरली
आत्मबुद्धी जागवून परमात्मापायी समर्पिली!

आता जीवनी न प्रवासी ना प्रवास राहिला
तूच तू केवळ 'ब्रह्म साक्षी'या देही ठेला
योग्य वेळी तव कृपा कटाक्षे प्रेमवर्षाव व्हावा
वाळूवरला हा तुझा माझा डाव पुसून जावा
पुन्हा न कधी ही विरहाची वेळ यावी
अनंतात ही चैतन्य प्रतिभा विलीन व्हावी!!

- मीरा वरलक्ष्मी सौंकर

कोंकणी सौरभ

मोहन माविन्कुर्वे

केनरा सारस्वताच्या जानेवरी अन्कान्तु श्रीमती नाडकर्णी सुनंदा पाच्येने उत्तर आनि दक्षिण कन्नड भाषेचे शब्द दिल्ल्याती. हेचि विषयांतू आणि थोडे शब्द मेळ्ळोंव्या म्हणू माक्का दिसलें. त्याची क्रमान्तु

दक्षिण कन्नड (टेन्की)	उत्तर कन्नड (बडगी)
चिंता ना	काळजी ना
अड्डी ना	हरकत ना
सरी	तार
तंती बळैल्या	तार पेटैल्या
सलीस/सुलभ	ससार
सरूत	सरळ
तिळसुड	कळयी
वर्गु जाल्लो	बदली जाल्लो
बद्दची	खरेंची
फ़ाल्स	फ़ट्टी
चंद	गोमटे
दुडू	पैशे
चुंगडी	चिल्लर
वापस	परत
दुर्बळो	गरीबू
चांग	बरेंची
सम्भळ	पगारू
दरू	पागारू
कुडले	तक्षण
वग्गि	बेग्गी
झरपीं	बाजार
झब्बो	सद्रो
पत्तल	काप्पड
चीकळी	वेणी
रुमालू	मुन्डासू
केरसुणी	सारणी
जारूबड्डी	घसरगुंडी
तौशे/हनमिडी	काकडी

तौरांज	साखर्लींबू
बचंग	केमुंडो
सोन्नारिंग	संत्र
रुलामू	रवो
उप्पिट	उपमा
फाल्ल्या	फायी
सकळिचो	सांगताचो
उबगणी	बेजारू
पिंपळी	शिड्डी
खंडित	खात्री
कंडाबेड्डी	भो मस्त
बंगु	रंगू
आण्यो	मोळे
प्रयासू	प्रयत्नु
गुडू	गुपित
सांडशी	चिम्टो
कुलेरू	चेमचो
गुडूसुळ	टाचणी
केल्शी	कापणीचो
आचारी	सुतारू
चाम्भारू	मोची
तोंदरे/उपद्र	त्रासु

संसारू

चेरडु जन्माक आयल्या म्हणु खुशि घरांतु
होड कोरनु बुदवंत कोरचो विचार मनांतु.....
उमति पडता, उदारि पडता, कौतुक कित्ले कोरचे
दिम्कुल्याने वत्ता, धोरनु राब्ता, पुंडपण कित्ले काडचे.....
स्कुलाक घाल्या, अभ्यासु करना, गौजि कित्ले घाल्चे
मित्रावोटु भोंवता, घरांतु बैसना, कळना कस्ले कोरचें.....
शिकुनु जाल्ले, नोकरि लागल्या, सोयरिक पळैताति
बरें स्थळ जुळनु मेळनु आयल्या, लग्न लाव्नु दिताति

संसारू सगळयांगेलो अशीचि आस्ता, सारू होचि आस्ता
सुख दुख जास्ति कम्मि, नशीबाचो खेळु आस्ता

चैतन्य नाडकर्णी



मॉर्निंग वॉक

प्रमोद कर्नाड

पहाटे उठून फिरावयास जाणे ही एक चांगली सवय आहे. आरोग्याच्या दृष्टीने तर सकाळी लवकर उठून किमान ४/५ किलोमीटर चालणे हे उत्तमच, पण त्याशिवाय मन प्रसन्न राहायलाही त्यामुळे मदत होते. पहाटेच्या वातावरणात ओझोन मिळतो, वाहनांची ये-जा सुरू व्हावयाची असल्याने हवा प्रदूषणमुक्त असते. सकाळी-सकाळी माणसाचे मनही तजेल्दार व तणावमुक्त असते. पहाटे फिरता फिरता अनेकजण आपल्या त्या दिवसाच्या कामांचे आराखडे बांधून नियोजन करित असतात. पहाटे लवकर उठून व्यायाम, प्राणायाम, कपालभाति करणे अधिक सोयीस्कर असतं.

आम्ही नेरूळ व बेलापूरच्या मध्ये असलेल्या पारसिक हिल ह्या टेकडीवर पहाटे उठून फिरायला जातो. तेथे फिरायला येणाऱ्यांची संख्या आता इतकी वाढली आहे की, काही ज्येष्ठ नागरिकांच्या पुढाकाराने तेथे मॉर्निंग वॉकर्स क्लब स्थापन झाला आहे आणि मी त्याचा चक्र अध्यक्ष झालो आहे. त्या टेकडीवर झाडे लावणे, झाडे जगविणे, सुशोभिकरण करणे असे अनेक उपक्रमही राबविले जात आहेत. मॉर्निंग वॉकर्स क्लब स्थापन केल्यामुळे आता फिरायला येणाऱ्या-जाणाऱ्यांच्या ओळखीही झाल्या आहेत.

एक साठीतले गृहस्थ नव्यानेच तिकडे फिरायला यायला लागले. काही दिवसांनी त्यांची पत्नीही त्यांच्याबरोबर फिरायला येत असल्याचे दिसू लागले. माझी व ह्या ज्येष्ठ दांपत्याची फिरायला जायची वेळ नेमकी एकच होऊ लागली... त्यामुळे त्यांची दररोज गाठ पडू लागली. मात्र हे दांपत्य अन्य कोणाशी बोलत नसल्याचेही माझ्या लक्षात आले. आपल्याच तंद्रीत चालणाऱ्या ह्या ज्येष्ठ दांपत्यापैकी त्या आजी मात्र चालता चालता मोठ-मोठ्याने बोलायच्या. त्यांचे बोलणे इतके मोठे असे की, आजूबाजूच्या अनेकांना ते स्पष्ट ऐकू जायचे! शिवाय त्या आजींचे सारे बोलणे अगदी खाजगी, व्यक्तिगत स्वरूपाचे असल्यामुळे सार्वजनिक ठिकाणी फिरताना त्यांनी ते हळू बोलावे, किमान दुसऱ्याला ऐकू जाणार नाही ह्याची दक्षता घ्यावी, असे वाटायचे. पण ह्यांना सांगणार कोण?

बरं, ह्या आजींचे सकाळी सकाळी संभाषण काय? तर ह्या आपल्या पतिराजांकडे मोठ्या आवाजात बोलत तक्रारी नोंदवायच्या.

“आपल्या राजूला हिने गुंडाळून ठेवला आहे. अरे ही नोकरी करते म्हणजे काय आभाळाला हात टेकले काय? घरातली कामं बिलकुल करायला नको? हा मूर्ख राजू हिचा बिछाना आवरतो. ही महाराणी जागेवर बसून फर्मान काढते. अरे आम्हीपण नोकरी केली... पण घर असं वाऱ्यावर नाही सोडलं.

पहाटे उठून सगळा स्वयंपाक करून मग मी ऑफिसला जायचे. एक दिवस राजूला डबा घायला चुकले नाही. ही बया बघा. नोकरी करते म्हणजे महाराणीच झाली! मी आहे घरात राबायला म्हणून चाललंय हिचं!”

ह्या सगळ्या तक्रारी अर्थातच सुनेबद्दल आहेत, हे कोणीही ताडू शकले असते. बिचारे ते आजोबा आपल्या पत्नीच्या तक्रारी ऐकताना. “असू दे ग... ठीक आहे गं... चालायचंच, राहू दे गं!” असे म्हणून त्यांना आवरायचा निष्फळ प्रयत्न करित. मात्र ह्या आजी आपल्या पतिराजांचे बिलकुल न ऐकता सुनेच्या तक्रारींची जंत्री पहाटे पहाटे सादर करायच्या. आमच्या कानावर हे संभाषण पडू लागलं आणि हळूहळू आम्हाला त्याचा कंटाळा येऊ लागला. कोणीतरी आर्जीना किमान हळू आवाजात, दुसऱ्याला ऐकायला जाणार नाही असं बोला म्हणायची वेळ येऊन ठेपली होती!

...पण आमच्या सुदैवाने काही दिवसातच ते आजोबा एकटेच येत असल्याचे दिसू लागले. आम्ही मनात म्हटलं, चला बरं झालं! आज सकाळी सकाळी सुनेबद्दलच्या तक्रारी कानावर पडणार नाहीत...

हे आजोबा कोणाशीही बोलत नसत. कुणाकडे बघत नसत. त्यांचा चेहराही उदास उदास वाटायचा. वास्तविक सकाळी सकाळी माणसाचा चेहरा कसा फ्रेश हवा. मला त्यांचा अबोलपणा, उदासी पाहून कसंतरी व्हायचं...

एक दिवस ते कड्यावर आपल्याच विचारात बसलेले पाहून मी त्यांना बोलतं करण्यासाठी म्हटलं, “काका, गुडमॉर्निंग”

“गुडमॉर्निंग” तेही म्हणाले. मला बरं वाटलं. मी लगेच त्यांना विचारलं,

“हल्ली एकटे येताय काका?... काकू दिसत नाहीत.” माझ्या वाक्यावर ते पटकन काही बोलले नाहीत. त्यांच्या चेहऱ्यावर करुण भाव दिसले. ते बोलत नाहीत हे पाहून मीच सांभाळून घेत म्हटलं,

“नाही, सहज विचारलं हं काका... बरंय” असं म्हणत मी तेथून काढता पाय घेणार, इतक्यातच ते आजोबा म्हणाले,

“ही गेलीय पुण्याला तिच्या बहिणीबरोबर. काय आहे की तिची मानसोपचारतज्ज्ञाची ट्रिटमेंट चाललीय. आमचा एकुलता एक मुलगा राजू कार ॲक्सिडेंटमध्ये ४ वर्षांपूर्वी गेला... त्याचा हिला खूप शॉक बसलाय. आमच्या राजूचं लग्न ठरलं होतं. आपल्या होणाऱ्या वधूला घेऊन तो आपल्या नव्या गाडीतून फिरायला निघाला होता. एका ट्रकने उडवलं... ते दोघेही गेले... हिला मात्र अजून ते पटतच नाहीये. तिला वाटतं राजूचं लग्न झालंय. सूनबाई घरात आहे. ती नोकरी करतेय वगैरे... सध्या पुण्यात मॅटल ट्रिटमेंट घेतेय.”

त्या आजोबांनी एका दमात हे सांगितले आणि दीर्घ सुस्कारा टाकला.

माझ्या काळजात मात्र चर्च झालं...

‘अन्नपूर्णा’

सौ. सुशीला प्रभाकर कानाड, सांताक्रुझ

आमगेली इंदिरापाची म्हळ्यारी साक्षात् अन्नपूर्णा देवी गळांची अवतार. खंच्याइ वॅळारी तिगलं घारा वचुगल्यारी ती त्या त्या वेळचं खाण जॅवण दिल्ले शिवाय पेटयना. आयिल्यानीं, “आत्तं नाक्का वेळ जातलॉ. तू बैस नइ आमचेलानी उलयतची” म्हळ्यारी ती म्हणता, “अरे देवा! तांतू कसलॉ वेळ जांवचॉ? सगळं तयार आस्स तुमी वासरेंतुची येयाति. थंई बैसाती. तुम चलागी उलयतची तुमका हुनहुन कोरनू दित्तां” ती स्वतः सुगरण आस्सची त्याशिवाय कॉणई आपणाक रांदई कसली कोरची म्हणून सुचना म्हळ्यारी ती तत्परतेनं तांका सुच्चोंच्याक मदतइ करता.

तिगलं घर तळमजल्यारी आस्स. भायर जगली आस्स. दोन चार मॅट्टु चोडचे भीतरी थंई बैसून तिळ्हागी मनसोक्त गप्पा मारू जाताती. इंदिरापाची सांजेचें तिगल्या जगलेवयल्या झॉपाळ्यारी बैसून कसलं पुणी वाचतची एकेई कल्लंइ वेंचतची बशीली दिसता. थंइथावनु यॅतल्या वतल्यांक “कशशी आस्स तूं?” म्हणू विचारपूस करता. ती सदा हसतमुख आशीलीमितीं सगळ्यांलागी तिगलं मैत्रीचं नातें आस्स! नवीन लग्न जावनु आयिल्या चलयांक तिगलं घर म्हळ्यारी आपणागलं कुळारचीशें दिसता. घरांत कॉणइ म्हालगडी नात्तीलीमिती रांदप करतना तांका रांदइ कसली कोरची तें सुचना. त्यावेळारी त्यां तिळ्हागी येवनु विचारताती. “पाचे वांयगण हाळ्ळेलं आस्स ताज्जं कसलं कोरयेद?” चटकन् पाचेगलं उत्तर तयार “सान्न वांयगणं की हॉड भरताचें वांयगण? हॉड वांयगण असल्यारी ताज्जं लाँणचें भो बरं जाता. प्रथम वांयगण सपूर चिरनु घेवचें, ताका मीठ लावनू पिळनू काडचें माग्गीरी तॅल्लांतू मेथ्थी, सासम आणि हिंगु फण्ण घालनू माग्गीरी तांतू चिरनु पिळनू काळ्ळेलं वांयगणा चुरू भाज्जूनू घेंवचॉ. माग्गीरी, तांतू मिरसांगे पिट्टी घालूनू भाजूनू घेंवची आणि कड्डेरी चिंचे कोळ घालनू चिराचिरातून घेवचें. तुळ्हागी एखाद्या लाँणच्या मसाल्याची पिट्टी आसल्यारी, ती वयरथाबुनू घालची. परमळी लाँणचें तयार जाता”.

ती सांगता, ‘कडगे दिवसांतुं मस्तफांतां बरी कडगी मॅळ्यारी चडती हाणू दवरचॉ माक्का अभ्यासू. आत्ताचें भाजीवालं गॉमॅट कोरनु ताज्जी साल्लं काण्णू कुडकंइ कोरनू दित्ताती त्यामिती

मस्त ससार जाता. ती शिंदिली कडगी स्वच्छ धुवनु शिजचे पुरतें उदाक घालनू कुकरांतुं दवोरनु शिज्जोंवंची आणि थंड जायनाफुडें प्लास्टिकाच्या डब्यांतुं घालनू फ्रिजरांतू दवरून सोडची. माग्गीरी आमकां जायतावळी ती वापरु जाता. ३/४ पदार्थ पूणी सहज जातातीं.’ तें म्हळ्यारी कोच्चोलू, सुकें, घशशी, लाँणचें! हें जाल्लें आमगेले पदार्थ. आनेक एक पदार्थ कोरु जाता तो मराठी लोकांगलॉ. शिज्जयिली कडगी चिक्कें धाड्ठावनू घेंवची. थॉडॉ कांदॉ शिंदूनू भाज्जून घेवचॉ, भो तांबडॉ न्हई, तांतू धाड्ठावनू घेत्तीली कडगी घालची. माग्गीरी सोई, चिंच, भाज्जिली तांबडी मिरसांग, हरयें जिरें, कोतंबरी हें सगळें वाडूनू घालचें. हून करतना तांतू गॉडमीठ घालनु खतखताचें माग्गीरी करबेवु आणि सासमाचें फण्ण घालचें. जाय जाल्ल्यारी कडगेसांगाती पाचवॉ वाटाणेंइ शिजोवनू घालयेद. कडगे लाँणच्याक, भाज्जिली मिरसांग (तांबडी), भाज्जिली मेथ्थी, सासम आणि हिंगु, चिंच हे वाडूनू घालका. उदाक मात्र हाळतारी घालका कारण लाँणच्या मासोलू चिक्कें दाटसॉ बरॉ लागता. हें थंडची खावचें हं! हून कोरचे ना.”

अशशी आणि कित्तलकी पदार्थ तिगल्या जिबेरी घॉळत आसताती. खंच्याइ रांदयकायेचें नाव काडचेभीतरी ताज्जे एक चारपांच पदार्थपुणी ती सरसरी सांगता.

दोनपारां चा पितना खांवचें तळ्ळेलं खाण कोरुकइ ती पटाईत आस्स. एक सॉपें चाकल्याचं माप ती सांगता, ‘चार माप जाँळा पिट्टी, एक माप मैदा घेवनु दोनी पिट्ट्यॉ गळूनू घेंवच्यॉ. अर्दमाप खंचई रिफायन्ड तॅल थंडची घालनू तांतू सम कालवचें. तांतू रुचेपुरतें मीठ आणि चमचोभरी तीळु घालनु साध्या उदकानं कालोवनू घेंवचें. तें अशी जांवका की चाकल्यॉ पिळताना भो घट्टी जांवच्या नज्ज. एकइ भो मऊ जाल्यारी चाकल्यॉ. कुरकुरी जायनाती. माग्गीरी तुम्मी वापरच्या रिफाइन्ड तेलांतू तोळणू घेंवच्यॉ.’

सैत्य खांकीकइ घरगुती उपाय तिक्का गोत्तसती. सैत्याक, कांदॉ, गॉड कोतंबरी घालनु उदकांतू शिजोवनू कसाय कोरनु हुनहुन पिंवचॉ. ताळा दुकल्यारी गॉड आणि हळदी पिट्टी मच्छून ताज्जी साधारण सान्न बॉराइतली गुळी कोरनु गॉळांवची. गळ्या भायरथाबुनू लांवच्याक गॉड आणि पान्नाक लावनू खांवचॉ चुन्नॉ घेवनु तो मच्छून लांवचॉ. ताज्जेरी मस्त गुण मॅळता.

अशशी ही आमगेली सगळ्यांक मदतीक आणि उपयोगाक पडतली ‘इंदिरापाची’.

गीतारहस्याची वाटचाल

विदुला आरू

आम्ही सिनियर सिटिझन क्लबमध्ये पुस्तकांची अदलाबदल करतो. त्यामुळे वेगवेगळ्या विषयांची पुस्तके वाचायला मिळतात. त्यातूनच माझ्या एका मैत्रिणीने बाळ गंगाधर टिळकांनी लिहिलेले 'गीतारहस्य' पुस्तक दिले. पुस्तक पाहून मला खूप आनंद झाला. असा ग्रंथ मला वाचायला मिळेल असे स्वप्नातसुद्धा वाटले नव्हते. हा ग्रंथ अनेकांनी वाचलाही असेल. अनेकांनी त्याचा अभ्यासही केला असेल, परंतु हे पुस्तक वाचल्यानंतर मला जे काही वाटले ते इतरांनाही सांगावे म्हणून मी हे लिहित आहे. गीतारहस्य टिळकांनी मंडालेच्या तुरुंगात लिहिला ही गोष्ट सर्वांनाच माहित आहे. हा ग्रंथ पूर्ण होण्याआधी किती अडचणी आल्या आणि टिळकांनी सर्व अडचणींवर मात करून हा पुरा कसा केला त्याची कहाणी.

१८७२ साली, टिळकांचे वडील शेवटच्या दुखण्याने आजारी होते. त्यावेळी टिळकांचे वय फक्त १६ वर्षांचे होते. तेव्हा भगवतगीतेवरील "भाषा निवृत्ति" नावाची टीका त्यांस वाचून दाखविण्याचे काम टिळकांकडे आले. त्या वयात गीतेचा भावार्थ पूर्णपणे लक्षात येणे शक्य नव्हते. परंतु गीतेबद्दलची उत्पन्न झालेली आवड कायम राहिली. त्यांनी संस्कृत व इंग्रजीचा अधिक अभ्यास केला. गीतेवरील संस्कृत भाष्ये व टीका तसेच अनेक पंडितांनी केलेली विवेचनेही त्यांनी वेळोवेळी वाचली. ब्रह्मज्ञानाने किंवा भक्तीने मोक्ष कसा मिळवावा याचे विवेचन कशाला ही शंका त्यांच्या मनात बळावत गेली. गीतेवरील कोणत्याही टीकेत त्याचे योग्य उत्तर त्यांना मिळाले नाही. म्हणून सर्व टीका व भाष्ये बाजूला ठेऊन त्यांनी गीतेची अनेक पारायणे केली. तेव्हा त्यांच्या लक्षात आले की, गीता ही निवृत्तिपर नसून कर्मयोगपर आहे. महाभारत, वेदान्तसूत्रे, उपनिषदे व वेदान्तशास्त्रावरील संस्कृत व इंग्रजी ग्रंथ ह्यांचे अध्ययन केल्यावर त्यांचे हे मत दृढ झाले. त्यांचे मत लोकात प्रसिद्ध केल्यास विषयाचा अधिक उहापोह होईल ह्या दृष्टीने त्यांनी चार पाच ठिकाणी व्याख्याने दिली. त्यापैकी एक व्याख्यान नागपूर येथे १९०२ मध्ये झाले. व्याख्यानाशिवाय अनेकवेळा ह्या विषयावर मित्रांबरोबर वादविवाद केला. त्यांच्या मित्रांपैकीच कै. श्रीपतीबुवा भिंगारकर हे एक होते. त्यांच्या सहवासानं भागवत संप्रदायातील काही प्राकृत ग्रंथ टिळकांच्या

पाहण्यात आले. गीतारहस्यात वर्णिलेल्या काही गोष्टी त्या दोघा मित्रांच्या वादविवादात निश्चित झाल्या होत्या. परंतु त्या लिहून काढण्याचे ठरूनही बरीच वर्षे गेली. ग्रंथ पूर्ण होताना श्रीपतीबुवा हयात नव्हते ही मोठ्या दुःखाची गोष्ट.

अनेक टीकाकारांच्या मतांचा संग्रह करून त्यातील अपुरेपणा सकारण दाखविण्याचे आणि गीताधर्माची इतर धर्माशी किंवा तत्त्वज्ञानाशी तुलना करण्याचे काम बऱ्याच प्रयासाचे होते. ते काम थोड्या अवधीमध्ये उरकण्यासारखे नव्हते. त्यामुळे ग्रंथ लिहिण्याचे काम दिरंगाईवर पडत चालले. पुढे १९०८ साली शिक्षा होऊन ब्रह्मदेशात मंडाले तुरुंगात त्यांची रवानगी झाली नि हा ग्रंथ लिहिण्याचा संभव खुंटल्यासारखा झाला. पुढे ग्रंथास आवश्यक अशी पुस्तके व इतर साधने पुण्याहून नेण्याची परवानगी सरकारच्या मेहेरबानीने मिळाली. ग्रंथाचा खर्चा मंडालेच्या तुरुंगात त्यांनी लिहून काढला. पुढे वेळोवेळी सुचत गेल्याप्रमाणे त्यात सुधारणा केली. तुरुंगात सर्व पुस्तके जवळ नसल्यामुळे लिहिण्यात झालेला अपुरेपणा त्यांनी सुटकेनंतर पुरा केला.

गीतारहस्य २ नोव्हेंबर १९१० रोजी प्रारंभ करून ३० मार्च १९११ रोजी लिहून हातावेगळे केले. ९०० पानांचा हा ग्रंथ पाच महिन्यात पूर्ण झाला. मंडालेचा तुरुंग सोडण्यापूर्वी सर्व सामानासहीत गीतारहस्याच्या हस्तलिखित वह्या तुरुंगातील अधिकाऱ्याच्या स्वाधीन केल्या होत्या. बरेच दिवस त्या वह्या सरकारकडून परत मिळाल्या नाहीत. लोकमान्य म्हणाले, "भिण्याचे कारण नाही. वह्या त्यांच्या ताब्यात असल्या तरी ग्रंथ माझ्या डोक्यात आहे. फुरसतीच्या वेळी सिंहगडावर बसून ग्रंथ पुन्हा जशाचा तसा लिहून काढीन." ही त्यांची आत्मविश्वासाची तेजस्वी भाषा. उतार वयातील म्हणजे अगदी साठीच्या घरात आलेल्या टिळकांचा विश्वास. शिवाय हा ग्रंथ किरकोळ नसून गहन तत्त्वज्ञान विषयाचा, भरभक्कम ९०० पानांचा. सुदैवाने पुढे सरकारकडून त्या वह्या मिळाल्या व त्यांच्या हयातीत ग्रंथाच्या तीन आवृत्या काढल्या. म्हणजे जवळ जवळ वीस हजार प्रति काढल्या. टिळकांनी गीतारहस्याच्या रूपाने जनतेला दिलेली ही ज्ञानाची देणगी आहे.

गीतारहस्य मंडालेत लिहून झाला असला तरी तो शिसपेन्सिलीने लिहिला होता व बऱ्याच ठिकाणी खोडाखोड केलेली होती. त्यामुळे तो छापण्यासाठी व्यवस्थित लिहून काढणे जरूर होते. ह्या कामात टिळकांच्या मित्रांची त्यांना

मदत झाली. कृष्णाजी प्रभाकर खाडिलकर व वेदशास्त्रसंपन्न
दक्षित काशिनाथशास्त्री लेले यांनी ग्रंथाची लेखी प्रत वाचून
बऱ्याच उपयुक्त व मार्मिक सूचना केल्या. ग्रंथ छापण्यास तयार
झाला पण लढाईमुळे कागदाची उणीव भासणार होती. परंतु
मुंबईचे स्वदेशी गिरणीचे मालक मेसर्स डी. पदमजी आणि सन्स
यांनी वेळेवर मदत केली व स्वदेशी कागद छापण्यास मिळाला.
नंतर छापताना तो अदमासाबाहेर वाढल्यामुळे पुन्हा कागदाची
उणीव भासली. ती उणीव पुण्याच्या रे पेपर मिलच्या मालकांनी
भरून काढली. प्रुफे तपासायला त्यांना त्यांच्या मित्रांची मदत
मिळाली. ह्या सर्वांची मदत मिळाल्यामुळे ग्रंथ छापून आला.

गीता पुष्कळांच्या नित्यपाठातली आहे. तिचे शास्त्रीयदृष्ट्या
अध्ययन केलेले व करणारे अनेक लोक आहेत. टिळकांनी
त्यांच्या गीतारहस्यात गीतेची तुलना इतर धार्मिक ग्रंथांबरोबर
केली आहे. गीता व महाभारत, गीता व उपनिषदे, गीता व
ब्रह्मसूत्रे, गीता व बौद्ध ग्रंथ, गीता व बायबल अशी तुलना
त्यांनी केली आहे.

गीतारहस्याच्या निमित्ताने त्यांनी आत्मचरित्रच लिहिले
आहे. खऱ्या कर्मयोग्याचे जीवन ते जगले. अगाध विद्वत्ता,
अखंड श्रम, अमर्याद स्वार्थत्याग व आजन्म देशसेवा यामुळे
लोकांच्या मनात त्यांनी चिरंतन स्थान मिळवले.

वरील माहिती टिळकांच्या गीतारहस्यातील, त्यांनी स्वतः
लिहिलेल्या प्रस्तावनेतून घेतलेली आहे.

A NOTE OF THANKS

Chaturmas 2015 concluded on 28th
September in Mallapur.

My heartfelt pranaams at the Lotus Feet
of HH Shrimad Sadyojat Shankarashram
Swamiji for appointing me as the Convenor
and giving me this opportunity to be of service.

With the Blessings of H.H. Swamiji the
event was very successful. I owe this success
to my entire team who gave me all support
and the devotees who came to Mallapur.
There are many who could not attend
personally but yet helped in many ways. My
grateful thanks to them.

I also take this opportunity to thank the KSA
who has always extended a hand of support.

- Mohan Hemmadi

“तुलसी-परब”

पुराणांलि सांगता, तुम्का एक कथा ।
तुलसि महाराणी, आशिशलि पतिव्रता ।
इष्टदेव तिगलो, श्रीविष्णु जगत्पिता ।
पतिव्रता तेजामिति, बाम्मुणु सुरक्षिता ॥१॥
दैत्य तिगलो बाम्मुणु, युद्धाक वत्ता ।
साक्षात् श्रीसदाशिव मुखारि येत्ता ।
वैष्णवी शक्ति तागले, सुतू उर्ता ।
सदाशिवाक धर्मसंकट, प्राप्त जाता ॥२॥
जगत्कल्याणाक विष्णु, लीला कर्ता ।
बाम्णा वेसु कोर्नु, तुलसि घारा सर्ता ।
बाम्मुणुचि आयलो म्होणु, आदर कर्ता ।
गळेंतु मात्र तिगली, तुलसि-माळा नस्ता ॥३॥
हो बाम्मुणु न्है, कळणु तिक्का येत्ता ।
विष्णुक 'सालिग्राम जा' शाप ती दिता ।
बाम्मुणु तिगलो युद्धांतु, मोक्ष पाव्ता ।
सगळे देव येव्नु तिक्का, सज्जुति घाल्ता ॥४॥
तुलसि श्रीविष्णुक, उशशाप दिता ।
प्रति कार्तिक द्वादशीक, सालिग्राम जाता ।
प्रसन्न जगदीशु, होरेतु जाव्नु येत्ता ।
थाटारि तुलसि-विष्णु, विवाह घड्ता ॥५॥
तुलसि-झाड पवित्र, तिगलेंचि प्रतीक ।
कब्बु-चिंच-आवाळे, दवर्ताति मुळाक ।
फुल्लं-फळानि सज्जैताति, तुलसि कट्टेक ।
सौभाग्याचे वस्तु अर्पिताति, सुवासिनीक ॥६॥
तुलसि घारा रांदपांतु, व्यस्त लोक ।
षड्स घेव्नु येत्ताति, प्रकृतीचे घटक ।
कब्बु-चींच-आवाळे, बेव-लवण-तीक ।
पक्कान्न सिद्ध जाता, श्रीविष्णु भोगाक ॥७॥
पूजा उपचारांतु, भोजन कर्ताति अर्पण ।
ताळाळि तुलसि-उद्दाक, नैवेद्याचेरि प्रोक्षण ।
तेन्मिति शांत जाताति, देहांले पंचप्राण ।
भावपूर्ण क्रियेने जाता, संतुष्ट देवु आप्पण ॥८॥
आस्स तुलसि झाड, दैवीगुण संपन्न ।
निरंतर आवश्यक, प्राणवायु कर्ता उत्पन्न ।
रात्रि निहुनु उटाय्लकी देह जडासन्न ।
तुलसि सुतू भोंळकी, जाता सुप्रसन्न ॥९॥
आयुर्वेदांतु तुलसि, औषधी वनस्पति ।
नेमाने पात्र खाल्यारि, सुधार्ता प्रकृति ।
घरा बागलांतु दिस्ता, हिंदु संस्कृति
सर्व लोकांचेरि, कृपा कर्ता जगत्पति ॥१०॥

- चैतन्य उभयकर

Bhaktisudha (Part 1)

Sanskrit Shlokas by Tulsidas from Ramcharitmanas – An offering by Geervana Pratishtaa.

Shloka 3

वन्दे बोधमयं नित्यं गुरुं शंकर रूपिणम्।
यमाश्रितो हि वक्रोऽपि चन्द्रः सर्वत्र वन्द्यते ॥१॥

अन्वयः

अहमनित्यंशंकर रूपिणम् बोधमयं गुरुं वन्दे ।
यम् आश्रितो चन्द्रः वक्रोऽपि (सन्) सर्वत्र वन्द्यते॥

Meaning:

I constantly worship to the Guru, in the form of Lord Shankara,, who is all wisdom, and resting on whose head, the crescent moon, though crooked (in shape,) is universally adored.

Comment

In this stanza, Tulsidas sees Guru in the form of Shankara. Again we are reminded of ईश्वरो गुरुरात्मेति that was referred to in the previous shloka also. In our दीप नमस्कार we begin by saying ॐ नमो ज्ञानदीपाय शिवाय ब्रह्मतेजसे। क विष्णु हर रूपाय नमः श्री गुरु मूर्तये। Shiva, thus is Jnaana, (bodha) and he is the aadi guru. In this stanza, we can also state नित्यं as the adjective of शंकर रूपिणम् बोधमयं गुरुं translating the line to “I worship the eternal Guru...” This signifies the primordial existence and the permanence of Shiva, the first Gurumurti for us.

In the second line, there is a pun on the word वक्र. The crescent moon is curved वक्र When a person is not straightforward, he is also termed as वक्र, crooked. One would avoid a person of devious nature, but, says Tulsidas, the world bows down to the moon even though she is “crooked” just due to the fact that the she is held on His head! In the company of the good and auspicious, even the bad becomes adorable—is transformed!

Shloka 4

सीतारामगुणग्रामपुण्यारण्यविहारिणौ ।
वन्दे विशुद्धविज्ञानौ कवीश्वर कपीश्वरौ ॥१-४॥

अन्वयः

अहं विशुद्ध-विज्ञानौ कवीश्वर कपीश्वरौ वन्दे (यौ)।
सीताराम-गुणग्राम-पुण्यारण्य-विहारिणौ (स्तः) ॥

Meaning:

I bow down to the greatest among the poets कवीश्वर (कवि + ईश्वर) Valmiki, and the greatest

among the Vanaras (कवि + ईश्वर) Hanuman, who are the repositories of the pure and supreme knowledge, and who (effortlessly) move around in the city ग्राम of the virtues of Seeta and Rama and the woods of their पुण्य virtuousness, auspiciousness.

Comment

Here, Tulsidas is paying his respects to Valmiki, whose Ramayana he is now going to paraphrase in vrajabhaashaa, by calling him the Lord of the poets, and Tulsidas also pays respects to Hanuman. It is said that Rama manifests Himself when one remembers and prays to Hanuman, so close is their association. Please note the delightful use of the words कवि and कपि and the alliteration resulting therein.

Tulsidas calls them persons endowed with the pure Knowledge—the knowledge of the Para Brahman. He further states that they sport in the गुणग्राम - city populated by the good deeds – virtues - of Rama and Seeta and the पुण्यारण्य here there is an oblique reference to the Ashokavana wherein Seeta was confined by Ravana. Thus, we can say that गुणग्राम - connects with Valmiki while पुण्यारण्य with Hanuman!

In one sentence, the soul of Ramakatha is distilled by Tulasidas. It is the story of The Gunas of Rama and Seeta and of the Punya of Seeta. Particularly noteworthy is the use of the word विहारिणौ. One does विहार in a city to see interesting sites and to relax. Same is the case of Valmiki who visits the Rama Charitra to describe to us the interesting anecdotes of the life of Rama. When we remember the visit of Hanuman to the Ashoka Vana, we see how he jumped from tree to tree and thoroughly enjoyed himself there. This is the power the great poets wield over words. One word, one short sentence, brings out the essence of what they want to convey.

Corrections, comments and feedback on
chitrapur.girvanapratishtha@gmail.com or
kdmankikar@gmail.com

Here and There

Ahmedabad : On October 4, 2015, the Ahmedabad Sabha gathered at the Lions Club Hall to commemorate the festival of Ganesh Chaturthi through stotras and bhajans. The celebratory spirit flowed into the activities of poetry recitation and quizzes. The festive meet came to an end with the part always garnering anticipation—an authentic amchi dinner.

The meet began with the customary commencement shlokas, chanted in unison by the attendees. This was followed by the rendering of the Ganesh Atharvasheersh. The Shri Ganesh Ashtottara Shatanaamavali was chanted by everyone, along with offering the flowers 108 times in the paleru. The enthusiasm of the Sabha members gushed into the recital of numerous bhajans in reverence to Lord Ganesh, led by budding Yuvas Prathaa Khandekar and Advait Kaikini. The Deepanamaskar, Ganesh puja and Sabha Samapti Prarthana concluded the devotional segment of the meet.

The next segment of the meet contained convivial activities ranging from poetry recitation to informative quizzes. The poetry recitation was done by Vinita Divgi, one of the Yuvas of Ahmedabad Sabha, in a collection of two poems by well known poets and one of her own. One of the quizzes was conducted by Durgadas Bailur, an insightful compilation of questions on the Guruparampara. The second quiz was about Indian mythology, conducted by Preeti Bhatt, inciting the competitive spirit in the teams. The scrumptious dinner made a befitting end to this lively meet.

On the whole, the zealous atmosphere during the Sabha meet could be discerned throughout the event. This spiritual and energetic spirit engulfed the attendees resulting in a jovial affair.

Reported by Vinita Divgi

Bengaluru : From 30th August 2015 till the 4th September 2015 we had Gokulashtami Mhantyo in the Math. On the 5th of September Shri Krishna Janmashtami was celebrated with bhajans, Pooja and Aarti and Prasad Vitaran where small children came dressed as Radha and Krishna. On 6th September Gopal kollo was celebrated with Mhantyo, Aarti, Dahi handi and other fun activities for children, ending with Prasad Vitaran.

On all weekends of the month the Yuvas of

Bengaluru helped in the Projection of Ashirvachans by Parama Poojya Swamiji (MLR Math 2013) on Saturday mornings and Projection of Swadhyaya by Parama Poojya Swamiji (MLR- Math 2013- Bhagvad Gita Ch 12) on Sunday Morning. Bhajan Sevas for Chaturmas in the month of September 2015 : Kum Shreya Moodbidri, Kum Jutika Nadkarni, Smt Geeta Padbidri, Smt Sujata Iyer. Anandashram Satsang group offered a program on Teachings of Swami Ramdas of Kanhangad, Chitrapur Bhajan Mandali Presented a Sangitika on Sant Sahajanand, Smt Shalini Madiman, Kum Aishwarya Gangolli . Chaturmas seva program by Prarthana varg and Girvana Pratishta. All through the month Very interesting and informative Talk by Dr Sudha Tinaikar on the topic “Values And Disciplines For A Sadhaka” , were conducted From 10th September to 16th September 2015 Special Gita Pathan was organised and was offered at the lotus feet of P.P. Shrimat Anandashram Swamiji on the auspicious occasion of Punya Tithi of P.P.Shrimat Anandashram Swamiji on 16th September 2015. On the 15th September we had Swami Anandashram Ashtottara and Bilvaarchana aarti and Prasad Vitaran. On 16th September 2015 Punya Tithi of P.P.Shrimat Anandashram Swamiji was celebrated with the Samoohika Gayatri Japanushthan by Purush Varg , In the evening Deepanamaskar followed by Gita Pathan , Gita Bhashya Parayan by Dr. Sudha Tinaikar and Asha Awasthi followed by Bhajans, Ashtavadhan Seva, Deepalankar and Mouna . Ganesh Chaturthi was celebrated on 17th September 2015 with Ganapathi poojan and Prasad Vitaran. On 28th September 2015 for Chaturmas Vrata Samapti Shiva pujan and Ashtavadhan seva and Prasad Vitaran was organised. As directed by P.P. Swamiji all through the Chaturmas Pranayam session was conducted on every Saturday and Sunday, by Smt Manjula Jamalabad and assisted by Smt.Asha Awasthi and Smt. Uma Trasi.

Reported by Akshita Kallianpur

Chennai: Punyathiti of HH Shrimat Parijnanashram III on 1st Sep and of HH Shrimat Anandashram on 16th was observed with Pooja and bhajans. Sadhana Panchakam too was conducted as per schedule. The Ashtami celebrations were spread over two days – 5th evening commenced with Prarthana, Nithya Niyam and Aarti. The next day



programmes started at 7 am with Nithya Niyam, Janma Katha, Cradling ceremony, breakfast, followed by Nagar bhajan (inside the association premises). There was a break in between, when the Extra ordinary General Body Meeting was held. This was followed by Bhajans, Mangal aarti and Prasad Bhojan.

The Mahila Samaj's annual Anand Mela – chauti sale was on the evening of 13th Sep. which was inaugurated by Vidya Padbidri. Everyone queued in at the Mangalore counter where chakli, nevri, pathrado paan, kota paan, vaina dori to name a few were being sold. The next attraction being the yummy eats being dished out by the committee members – which included various types of cookies, puffs, cucumber-sandan, chocolate fudge, tang and the popular bhel by Kausalya Kalambi. Other stalls included Samvit Sudha products, paintings by Shilpa Acharya and gothadis by Dr. Purnima Rao.

Reported by Kavita Savor

Mallapur - Chaturmas-2015- Chaturmas Vritam of H.H.Sadyojat Shankarashram Swamiji which was held at Shri Guru Math here from 30th July to 28th September, 2015 gave an opportunity for the devotees to offer various kinds of sevas during two months. The Chaturmas Committee under the Convenorship of Shri Mohan Hemmady tried their best to provide good facilities to the devotees and made this event a grand success. In his Ashirvachan H.H.Swamiji also expressed his satisfaction and happiness about the smooth conduct of the Chaturmas celebrations. Among the various cultural programmes held during this two months period such as Bhajan sevas by Bengaluru, Goregaon, Shirali, Pune, Dadar, Santacruz, Grantroad Mandalies, Yakshgana by Kartik Shukla, Bharat Natyam by Omkar Bhat and Nidhi Chikramane, Keertans by Chaitanya Ubhayakar and Ashwini Bhat, Tabla solo by Yogesh Samsi and Lehra by Dhruv Ghosh were the main high lights. Ved. Rajgopal Bhatmam's pravachan on "Bhavanishankaar Ashtashati Stotram" was the climax. On the whole everyone returned with "Paramanand" from the "Karunamayi Guru Sannidhi".

Ashtami celebrations in Avadi Math were also held as usual with great devotion .On Ashtami night during cradling ceremony H.H.Swamiji visited the temple and attended the ceremony and blessed all.

Among the cultural programmes were Keertan by Chaitanya Ubhayakar, "Krishna Leela" a Sangeetika by Kanchan Honavar, Pravachan by Krishnanand Mankikar and one act play "Gopal Dada" written and directed by Arun Ubhayakar and enacted by young children on Dwadashi night . H.H.Swamiji was kind enough to witness the same and bless the children. The programme came to an end with Mangal Kala, Palki Utsav, Okkuli and Ede Puja at Mahaganapati Temple.

Reported by Arun Ubhayakar

Mumbai – Bandra Khar: Activities at Shree Anandashram Math in September: 1)Shri Krishna Janmashtami on Saturday 3rd sept(bhajan by Santa Cruz Bhajan mandal)followed by cradling ceremony and performances by Prarthana Varga children. Special Chocolate Handi was organised for children.

2)On 16th September , Punyatithi of Swami Anandashram was observed, Guru puja was followed by bhajans by Bandrakhar sabha members.

3) On 27th September Anant Japa Malika was conducted at Chitrapur Society,Bandra, hall from 10 am to 1.30pm An event well attended by sadhakas.

Reported by Shantala Trasikar

New Delhi : On account of Adhika Aashad Maasa, Samuhik Devi Anushtan was held on Saturday the 11th July '15, at the new residence of Arati and Anand Prasad in Delhi's NCR Gurgaon. The sabha programme started with opening prayers followed by Shri Parijnana Trayodashi, reading of Navaratri Nityapath and an enthralling Devi Anushthaan led by Anjali and Deepak Gokarn and their son Ashutosh (Yuvadhara). Bhajans were sung by all sadhaks. Prarthana group children Sanhamitra and Yashodhara Prasad and Aarya and Rishaan Kilpady, enthusiastically sang "Chhoti chhoti gayya" taught by Smt Sveta Hattangadi Kilpady. Bondal Jaishankar maam spoke on the latest addition of e-books available on the website chitrapurebooks.com and computer-demonstrated as well. Sabha concluding prayers were followed by a delicious spread of Prasad Bhojan. Despite incessant rains, 22 sabha members attended the function.

The Guru Poornima function was held on Friday the 31st July 2015 at Shri Kavle Math. Despite being a working day, members gathered 6 pm onwards to set up their stations for the Gurupujanam. 9 members



including two Yuvatis Jayati Nayel and Saikrupa Nalkur participated in the pujanam. Rest of the members participated in chanting of the Pujana shlokas. The Chaturmas sankalpa of performing 5 extra malas of ishta japa was agreed by all present. The Sabha concluded with Guru bhajans sung by Yuvati Saikrupa Nalkur and Ullal Shobhana pacchi, followed by Mangal arati by all. 13 families participated in the function. A special mention must be made of 95 year old Savoor Raghunandan maam who enthusiastically participated in the function.

Reported by Vidya Kumtakar Kumar

Pune : The Pune Local Sabhâ arranged the following programs between April & September 2015. The Sabha has been doing Guru Pujan every Sunday and on the Samârâdhanâ of the hallowed Gurus of our Guru Paramparâ as well as Devi Pujan on every Poornimâ with 'Trishati-archanâ'. In addition, from the commencement of 'Châturmâsya Vrata' up to 'Seemollanghana' of Parama Pujya Swâmiji, Pujans were done every day in the Pune Math during the sixty-day-period by a devoted group of sâdhakâs of the local sabhâ. Shri Chitrâpur Guru Paramparâ Charitra Pathana was held in Kothrud at the residence of Smt. Sulabha Koppikar and was well attended by devotees. This year, during Châturmâs, a lecture by Shri Krishnanand Mankikar was arranged in August 2015 in the Sâket Hall and was well attended by the laity.

The Prârthanâ-Varga enthusiastically participated in the following events as conducted:

* 05.07.2015:- A well enjoyed session of Stick-puppet workshop at the Pune Math

* 06.09.2015:- Dahi-handi for children of Prârthanâ-Varga at Sâket Hall, followed by 'garbâ' for the children as well as all the young-at-heart-enthusiasts.

* 28.09.2015:- Guru pujan by children of Prârthanâ-Varga at the Pune Math on the occasion of Seemollanghana, ably conducted by Smt. Lalita Amladi & Smt. Deepa Sirur.

A training session for doing Shri Devi Anushtân was conducted by Dr. Gajanan Mankikar in September 2015 in the Pimpri Chinchwad area, to familiarize devotees with the process involved. The session was well attended by the sâdhakâs of that region.

Sanskrit-lovers have been growing in Pune. In addition to the activities going on from quite some time in Kothrud, Aradhana class is being conducted in Karve Nagar by Smt. Bharati Karpe and Smt. Suman Nagarkatti. Another class is being conducted in Aundh by Shri. Sharad Upponi. A group of 10-15 people meet for Sanskrit-Sambhâshana every week in Kothrud, which also meets again once-a-month for a separate session of 'Sthara Vardhanam' conducted by Smt. Vaishali Koppikar of the Girvâna Pratishthâ.

There was good participation by members of the sabhâ in the two Sannikarsha-s during the above-said period.

Reported by Shri Anand Nayampally

Our Institutions

Balak Vrinda Education Society: "Teacher's Day" was celebrated with great fanfare on 5th September 2015 in the School Hall. The programme started with Deep Prajwalan by the Chief Guest Mrs.. Shakuntala Kilpady and our managing committee members prayers to Devi Saraswati . This was followed by a melodious bhaktigeet by Smt Pallavi Nadkarni, our Hon. Teacher from Satya Sai Seva Samiti.

Mrs. Kilpady was welcomed and honoured by our Chairman, Mr. Anand Nadkarni and introduced by Mr Dilip Sashital.

Mrs.. Shakuntala Kilpady is Ex-Principal of reputed schools in Mumbai – Arya Vidya Mandir, Bandra, Rizvi High School, Bandra and Sumati Vidya Kendra, and Shree Mumbadevi Vidya Mandir. She has conducted workshops for Navodaya School, a project initiated by Late Shri Rajiv Gandhi and was a key resource person for BMC under the new education policy. She was also responsible to facilitate schools across Maharashtra under the Rashtriya Madhyamik Shiksha Abhiyan. She has presented papers at International conferences in London, Australia and Spain and has led a cultural delegation to Glasgow. A highly learned person, she also worked actively for the Drug Awareness Campaign, which has received lot of recognition and has even been televised.

Mrs. Kilpady gave a very interesting talk and suggested many new techniques of teaching and conducted some role play games in which teachers participated. This was followed by a question-answer session.



Heads of the 5 schools under B.V.E.S were felicitated. They represented all their respective school teachers. Similarly, some honorary teachers, 12 of them, from different institutions viz., NCPA, Satya Sai Seva Samiti, Chinmaya Mission and Bal Prabodhini, who give moral values to the children and hold classes in personality development were also felicitated for their selfless work. They were introduced by Jt. Hon. Secretary Dr Suneela Mavinkurve (5 school heads) and the Convener of our Education Committee, Mrs Usha Kagal (12 Hon. Teachers) and felicitated by Mrs. Kilpady.

Mr. Shivshankar Murdeshwar, Hon. Secretary, proposed vote of thanks, followed by the National Anthem. Mrs Geeta Balse, Hon. Secretary, Public Relations, and Publicity organized the event and compered the show. This was followed by refreshments.

The AGM of the Balak Vrinda Education Society was held on 25th September 2015 in the School Hall at 4 p.m. The following persons were elected:

Mr. Anand Nadkarni – Chairman, Dr. Suneela Mavinkurve – Vice- Chairperson, Mr. Shivshankar Murdeshwar- Hon. Secretary, Mr Kishore Surkund – Jt. Hon. Secretary,

Mrs. Nirmala Chikarmane – Hon. Treasurer, Mr. Dilip Sashital - Jt. Hon. Treasurer,

Mrs Geeta Balse – Hon. Secretary, Public Relations & Publicity, Mrs. Usha Kagal – Member,

Mr. Deepak Mistry - Member, Mrs. Vijayalaxmi Kapnadak- Member, Mr. Sunil Ullal – Coopted member .

With great sorrow we inform that Dr Suresh Mathure, our Vice Chairman for the past two yeras expired after brief illness. It is a big loss to our School as he was dedicated, sincere and knowledgeable about educational policies. We pray to Almighty , May his soul rest in eternal peace

Reported by Geeta Suresh Balse

Saraswat Mahila Samaj, Gamdevi: 98th Foundation Day Celebration was held on 26th September 2015 in the Shrimat Anandashram Hall, Talmakiwadi. Mrs. Manorama Sashital who celebrated her 100th birthday was invited as Chief Guest. Hon. Secretary Mrs. Padmini Bhatkal welcomed the audience. Then followed the first item “Indradhanush” - a mesmerizing musical programme

lead by the main singer and co-ordinator Mrs Geeta Yennemadi. Popular songs from almost all regions of India in different languages were the highlights of this programme. Young Ms Divya Bijur was the star attraction who sang a vibrant Gujrati Garba song. The soft muted Assamese song, Telugu Tamil songs by Geeta Yennemadi and Sindhi and Punjabi songs by Kalindi Kodial and other ladies in chorus were also a hit. All the songs sung by the ladies of Saraswati Vrindagaan lent a different melodious flavour culminating in a “samuhagaana” in Sanskrit praying for peace in India. The whole programme was compered by Kalindi Kodial in chaste Hindi translating and analyzing each song. The way in which she brought out the in- depth meaning of the songs was commendable. They were ably supported by Mr Hemant Hemmady on the harmonium and Mr Arun Hattangadi on the Tabla.

This was followed by the President Mrs Kanchan Sujir’s address and thereafter Hon. Treasurer Mrs Vidyalaxmi Kulkarni read out the Treasurer’s Report. A small gup-shup conducted by Mrs Sharayu Kowshik with Manoramapachhi, who inspite of her advanced age was quite alert, kept the audience engrossed. This was followed by the cake-cutting ceremony with the audience singing happy birthday.

Subsequently, Anuj Sashital, Manoramapachhi’s grandson, who is an excellent pianist gave a splendid performance by playing quite a few western classical compositions. Anuj is a gifted player and can compose very well too. The programme was thoroughly enjoyed by all. Mrs Geeta Balse introduced Anuj and Mrs Geeta Bijoor proposed the Vote of Thanks, Mrs Smita Mavinkurve compered the show. This was followed by a tasty dinner sponsored by Mr Dilip Sashital, Manoramapachhi’s son.

The AGM of the Saraswat Mahila Samaj was held on 29th September 2015 in the Samaj Hall. Mrs Kanchan Sujir retired after a successful tenure of 2 years as a President. The following members have been elected on the committee for the year 2015-2017.

President : Mrs Geeta Bijoor, Vice- President: Mrs Sharayu Kowshik, Chairperson: Mrs Vidyalaxmi Kulkarni, Hon. Secretary: Mrs Padmini Bhatkal, Jt. Hon. Sec: Mrs Smita Mavinkurve, Hon. Treasurer: Mrs Srikala Vinekar, Jt. Hon. Treasurer: Mrs Usha

Surkund, In-Charge-Publicity: Mrs Geeta Balse and Mrs Vijayalaxmi Kapnadak, In-Charge- Library: Mrs Shyamala Talgeri & Mrs Nirmala Kalambi, In-Charge- Ind. Section: Mrs Neeta Yaderi Member: Mrs Deepa Mangalore

The present Ex- Officio members are: Mrs. Padmini K Rao (Kodial), Mrs Suman Kodial and Mrs Kanchan Sujir.

Mrs Nirmala Nadkarni retired as Ex-Officio with effect from 1.10.2015.

Forthcoming Programmes : Wednesday 18th November at 3.30 p.m. in Samaj Hall – Cooking Competition – Sweet n savoury items using Sweet Potato. Ladies should bring ready items for presentation by 3.00 p.m. Any number of items per contestant are allowed.

Reported by Geeta Suresh Balse

Saraswat Samaj UK - Charity Concert For The Srivali Trust, Shirali: Saraswat Samaj UK held an evening of Sugam Sangeet on 13th June 2015 at the residence of Mr. & Mrs. Ram Hosangady of Cheam in Surrey. This Charity Concert was dedicated to PP Shrimat Parijnanashram Swamiji on the occasion of HH's Birthday on June 15th 2015.

At 4 p.m. Chandrakant Bailoor , President, welcomed the artistes and guests and followed with a short introduction of the artistes. Subsequently the musical soiree kicked off with a scintillating mixture of mellifluous songs ... abhangs (bhajans), natyasangeet, semi classical songs in Marathi, Kannada and Hindi by both professional artistes, Mrs. Deepa Hattangady- Karnad and Mrs. Prajna Mallapur-Mavinkurve. It was certainly music to our ears! Melodiously sung some all time favourites presented by Deepa and some compositions by Prajna regaled the audience. The lounge resonated, song after song, with rhythm and harmonic notes throughout. Very entertaining evening had by all!

The music continued well past the wrap-up time of 7pm with farmaishes by the audience finally concluding 45 minutes later with a tumultuous applause! Chandru Bailoor gave the vote of thanks followed by presentations to all the talented artistes.

Deepa Hattangady-Karnad well known among Amchis, hails from Bangalore. Initiated into classical music by her parents at 12 years of age, Deepa is now

a maestro in her own right. Trained by noted maestros like Prof. Shanti Swaroop Sharma; Smt Veena Sahasrabuddhe (Pune) and our very own Smt Lalith Rao of Bangalore to name a few. Recipient of many awards, scholarships in Music Deepa has given many performances in India and the UK. Besides teaching music, Deepa is also pursuing a professional career in Accounting in the UK.

Prajna Mallapur-Mavinkurve started her musical journey at the very tender age of 5 years. Been on the panel of All India Radio (Dharwad) in the "Yuva Vani" segment, has won many awards. Initially trained by Vidushi Vinatha Haldipur she continued under the guidance of Pt. Vasant Karnad of Dharwad. Congratulations to Prajna on her very first SSUK performance !

Both Deepa and Prajna were ably supported by their young accompanists Mr. Shivam Mistry on the tabla; Mr. Kapil Dev Parasher on the harmonium and on the taal (small cymbals) by our very own Committee member Mrs. Shanta Ginimav.

SSUK Committee is very grateful to Deepa Karnad for her initial offer of this charity performance.

We are almost close to raising £1000 and much more if possible. We expect more generous donations to follow in support of the Srivali Trust, Shirali (inaugurated in April 2004) for the educational, sponsorships and career betterment of the local children.

SSUK Committee greatly appreciates and heartily thanks Deepa, Prajna, Kapil Dev, Shivam for their musical contributions; to Ram and Kunda Hosangady for kindly hosting the event; to the audience present; the generous donors who were unable to attend and last but not least, the committee members for all their tireless efforts throughout.

*Reported by Gita Talgeri
(Pics on page 79)*

Zen Teachings....

If you tell the truth, you don't have to remember anything.

Some days you are the dog, some days you are the tree.

Never, under any circumstances, take a sleeping pill and a laxative on the same night.



CLASSIFIEDS

ALLIANCE

Alliance invited for CSB Boy, Post Graduate in Architecture Urban Planning from renowned University from USA, 30 years, 5'8", working in renowned Architectural MNC in London, from Post Graduate/ Graduate CSB Girls preferably in Architecture or any field, employed and preferring to settle in London/Abroad. Reply with Biodata, Horoscope and latest Photo to The Advertiser, Box No. CL 5522. The Kanara Saraswat Association, 13/1-2, Association Building, Talmakiwadi, J.D. Marg, Mumbai-400007

BIRTH

A son, Chinmay to Aloka (Maskeri) and Sumeet Puthli on 29th September in Mumbai. Grandson to Sheela and Vivek Maskeri & Nirmala and Arjun Puthli.

WEDDING CANCELLATION

The wedding of Ranjit Gulvady with Shruti Shankar has been called off by their mutual consent.

FLAT FOR SALE

A 500 sqft 1 BHK on the 4th floor of Talmakiwadi Coop Housing Society available for sale. Please get in touch on 9322854508 to visit the east-facing, well-ventilated apartment with garden view and experience pleasant natural brightness throughout. The flat has a loft and an additional area that can be easily converted into a beautiful penthouse.

ACKNOWLEDGEMENT

Tallur - Trivedi: Shivani, daughter of Mrs. Shantala (nee Sujata Sirur) and Mr. Gurunath Rao Tallur married Vivek, son of Mrs. Kiran and Mr. Arvind Trivedi on 30th May 2015 at Mumbai. The couple thank all relatives and friends for their blessings and wishes.

PHOTOGRAPHY

Naganand M. Shirali: 32+ years experienced Function Photographer available (Video and Still Photography) coverage of Social / Corporate Functions at Competitive Rates. Tel no:- 022-28992235 and mobile no:-8097047644 / 9220490362

PUROHIT

Ved. Gautam Nagesh Haldipur, now settled in (Kandivli, West) Mumbai. For all Dharmik Vidhis, Contact: 9619484231

DOMESTIC TIDINGS

BIRTHS

We welcome the following new arrivals:

Sept 29 : A son, Chinmay to Aloka (Maskeri) and Sumeet Puthli in Mumbai.

THREAD CEREMONY

We bless the following batu:

Aug 23 : Pranay Pramath Kodial Rao at Shri Samadhi Math, Mangalore.

MARRIAGE

We congratulate the young couple

May 30 : Shivani Gurunath Rao Tallur with Vivek Arvind Trivedi at Mumbai.

OBITUARIES

We convey our deepest sympathy to the relatives of the following:

Jul 24 : Dr Uday Hirendra Koppikar at Pune.

Aug 23 : Sheela Hattangadi (nee Vijaya Kulkarni) (74) at Bangalore.

Aug 27 : Vatsala Halady (82) at Bangalore.

Aug 29 : Baindur Chandrashekhara Bhat (91) at Bangalore.

Sept 10: Madhukar Dhareshwar (83) at Bangalore.

Sept 18: Krishnakumar Rangrao Mallapur (76) at Bangalore.

Sept 19: Vijaya Mohan Kodkani (90) at Kolhapur.

Sept 25: Sunilkumar Deorao Basrur (79) at Pune.

Sept 26: Sanjay Shivananda Baindur (43) at Bangalore.

Sept 27: Deepak Shivram Savur (56) at Virar (East).

Sept 28: Dr Vinita Radhakrishna Pandit (nee Mukkadap) (79) at Nashik.

Oct 1: Shalini Mohan Shirali (nee Kurwar) (81) at Dahisar, Mumbai.

Oct 4: Arvind R. Masurkar (85) at Sanikatta, Gokarn.

Oct 5: Balkrishna M. Masurkar (Bakut) (95) at Mumbai.

Oct 5: Shobha Gurudas Golikeri at Borivali, Mumbai.

Oct 14: Mukta Vasant Betrabet at Mumbai.

Complaint letter to the Railways in 1909!!!!

Respected Sirs,

I am arrive by passenger train Ahmedpur station and my belly is too much swelling with jackfruit. I am therefore went to privy. Just I doing the nuisance the guard making whistle blow for train to go off and I am running with lotaah in one hand and dhoti in the next when I am fall over and expose all my shocking to man and female women on platform. I am got leaved at Ahmedpur station. This too much bad, if passenger go to make dung that dam guard not wait train five minutes for him. I am therefore pray your honour to make big fine on that guard for public sake. Otherwise I making big report to papers.

Your faithful servant,

Okhil Chandra Sen

Okhil babu wrote this letter to the Sahibgunj divisional railway office in 1909.

Any guesses why this letter is of historic value?

It led to the introduction of TOILETS in trains in India!!!!

(Contributed by Sadhna Kaikini)

Happy 80th Birthday
Suresh Raghuvver Balwalli
Date of birth: 25th November, 1935



Diligent, hardworking, honest, loving, simple, virtuous Air Force veteran
We pray and seek blessings from Kuladevatas, Guruparampara and
PP Sadyojat Shankarashram Swamiji for your good health, happiness and strength
With best wishes from:
Balwalli Milind and Sonali
Naimpalli Seema and Anand
Nadkarni Shalini (Hemi)
Balwalli Gurudutt and Radhika and Dr. Anita A. Naimpalli

Our Institutions (Report on page 76)



Sharayu Kowshik having a 'gup-shup' with
Manoramapacchi Sashital

Saraswat Mahila Samaj,
Gamdevi



Anuj Sashital, playing piano



Deepta Hattangady- Karnad

Saraswat Samaj
UK



Prajna Mallapur-Mavinkurve



Personalia (cont'd from 52)

Chित्रलेखा पांडित, Head Mistress, Abhinav Little Angels School, Borivali (E) is the proud recipient of this year's prestigious Mayor's Award at the



august hands of Smt. Sneha Ambekar, the First Citizen and Mayor of Mumbai. The award was in recognition for her contribution in the field of Education. She is a strict administrator. Under her able guidance the primary section students are bringing glory to the school with consistently

100% results in scholarship exam and on an average 2-3 students getting in to the merit list earning scholarship. She is also conducting special classes for slow learners, conducting free medical camps for students with the help of local Doctors, Rotarians and Lions, paying fees for the poor students and is always the frontrunner in raising resources for the school. Her students excelled in varied fields such as sports, elocution competitions, singing, essay, drawing competitions etc. She was also bestowed with Best Teacher Award by the School Management in the past.

शिवनी एस. वाग्ले daughter of Meera (Sushma) and Shirish Wagle, Grand-daughter of Shri Shashidhar and Shalini Wagle and Smt.

Radha and Krishnanand S. Hattangadi got First position in her Post Graduation in "ECCEAD" (Early Child Education) at the S.N.D.T. College, Juhu. After getting 1st Rank in her first semester Exam, she has completed her BSc in Nutrition in 2013



through Nirmala Niketan College of Home Science (Churchgate) with flying colours. She won the best Student of the Year Award in 2014 for Food

Production at Dr. Bhanuben Nanavati Career College (Vile Parle). Right now she is working as a Teacher for Jr and Sr K.G. at Aspec Nutan Academy School, Marve Road, Malad, Mumbai.



अश्वर्या बालेकर scored overall 91% in her ICSE results 2015 with 100% in Technical Drawing. She studied at Queen Mary School and was the House Captain. Aishwarya has represented her school & won many

awards in various inter school competitions like elocution, debates, art & dance amongst others. She is also a Black Belt 2nd Dan in Taekwondo.

Aishwarya's Art work was selected by India Art Foundation and show cased at Nehru Centre in 2014.

Examination Results



अनिरुध प्रनाव कोडाल
10th standard C.B.S.E.



रितीका हेमन्त पांडित
: 80.25% - B.A. in Economics



तन्वी बिजूर :
97.20% (ICSE)
(This was printed as
SSCE 97.20%
in Oct. Issue)



कावल्या नादकर्णी
Passed C.A. with first
class



Marching
towards the
100th year



NKGSB Bank

NKGSB Co-op. Bank Ltd.

Where your convenience is always in our mind...



Contact Us: +91 22 2860 2000 | customercare@nkg-sb-bank.com | www.nkg-sb-bank.com

Regd. Office: Laxmi Sadan, 361, V. P. Road, Girgaum, Mumbai - 400004, India



HURRY!
HOME LOAN AT

LOW EMI OF JUST
₹878* per lac

LOW INTEREST RATE
@10%* p.a.



*Conditions Apply

Higher quantum of loan with no maximum limit • Specialized branches for fast approval

यूनियन बैंक ऑफ इंडिया  **Union Bank of India**
अच्छे लोग, अच्छा बैंक *Good people to bank with*

भारतीय बैंकिंग कोड एवं मानक बोर्ड के सदस्य Member of Banking Codes & Standards Board of India

Helpline Nos.: **1800 22 2244** (Toll free no.) | **080 2530 0175** (Chargeable)
080 2530 2510 (For NRIs) | www.unionbankofindia.co.in



Download
"PointART" app
from pointart.mobi



Open App &
Capture the
above ad



Know more
about our
Home Loan



#1 PEST CONTROL COMPANY



PEST FREE LIVING, STRESS FREE LIVING.

Our home is a pest free home.
IS YOURS TOO?

☎ (022) 2686 5656

For the widest range of pest control solutions,
call our pest management experts.

eggfirst.com

PEST CONTROL (INDIA) PVT. LTD.

www.pestcontrolindia.com

SMS: PEST to 54242



KSA/08/2014

SMART way to realise your dreams!



SVC Good Homz

- E.M.I – ₹972/- * (per lakh),
- Duration – 20 years

*Conditions Apply

SVC Vehicle Loan

- E.M.I – ₹2162/-* (per lakh),
- Duration – 5 years



SVC BANK

The Shamrao Vithal
Co-operative Bank Ltd.
(Multi-State Scheduled Bank)

smart bank for smart people

Connect with us on:  [Facebook.com/SVCBankIndia](https://www.facebook.com/SVCBankIndia)  [Twitter.com/SVC_Bank](https://twitter.com/SVC_Bank)  www.svcbank.com | SMS <SMARTSVC> to 98206 20454 now!

Corporate Office : SVC Tower, Nehru Road, Vakola, Santacruz (E), Mumbai - 400 055
Call : 6699 9999 / 7199 1000