Smt. Jyoti Kalle with older students of her school.

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Kanara Saraswat

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Shri Chitrapur Math - Mumbai
(Grant Road) Local Sabha
Smt Ambabai Heble Bhagavad-Geeta
Competition - 2013
Shlokas for memorisation and recitation for all Groups (I, II, III, IV and V) for “Geeta Recitation Competition” to be held in Nov-Dec 2013 are as follows:
Bhagavadgeeta 9th Chapter - Raajavidyaraajguhuyayogya
Shloka 23 to 34, and 10th Chapter - Vibootiyoga
shloka 1 to 11. Other details regarding venue, dates etc. will follow in due course of time.
With the blessings and guidance from His Holiness, a new competition in understanding the Bhagavadgeeta, in addition to the generally held Recitation competition, is being considered. Details will follow.

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75 Glorious years of Cooperative Living
The Talmakiwadi Coop Housing Society is celebrating 75 years in 2013. The foundation stone for the first buildings of the Society was laid on 15th April 1938 and these were occupied on 01 January 1939. The celebrations commenced with Satyanarayan Mahapooja on 15 April 2013. Various programmes as mentioned below have been tentatively planned. We invite all past & present wadi-ites to participate in these events:
- May 26th – Entertainment program by children and adults.
- September 22nd – Picnic
- October 2nd – Symposium on co-operative movement
- November 2nd – Diwali program – Play
- December 25th 29th – Fun Fair, followed by contributory dinner

A Souvenir will be published on the occasion of the Platinum Jubilee. Talmakiwadi has a special place in the hearts of all Bhanaps. We invite articles and anecdotes on memorable events for publishing in the souvenir. We also request you to share copies of photographs of memorable events that are in your possession for inclusion in the souvenir.

Deepa Andar
Hon Secretary, Talmakiwadi Coop. Housing Society,
8/4 Talmakiwadi, J D Marg, Mumbai 400007
Tel: 23801576, email: talmakiwadi@hotmail.com
Kanara Saraswat Association

**Election Notice**

Nominations are invited for 4 vacancies on the Managing Committee of the Kanara Saraswat Association for the year 2013-2014 arising due to the following:

Vacancies caused by retirement under Rule 13
1. Shri Gokarn Gurunath Shivrao
2. Shri Pandit Rajaram Dattatraya
3. Shri Surkund Kishore Annaji

Vacancy caused by Casual fill-up of vacancy under Rule 16
Smt. Surkund Usha Kishore

Nomination paper containing the candidate’s name in full, his/her consent to contest the election, subscribed by not less than two members (of at least one year’s standing) as proposed and seconded should reach the Hon. Secretary at the KSA Office on or before June 15, 2013 by 7.00 p.m.

*By order of the Managing Committee*

*Shivshankar D. Murdeshwar*
Hon. Secretary

---

ANANDASHRAM

**KHAR MATH, PLOT NO.497,16TH ROAD, KHAR (W), MUMBAI-400052**

With a view to attract more devotees to participate in the activities of Anandashram, Khar Math on a regular basis, the Board of Trustees of Anandashram Trust announce the following programmes effective May, 2013.

- Discourse by Dharmapracharak, Shri Rajgopal Bhat on every Sunday, at 9.30 am from 5th May, 2013
- Evening poojans, after Deepanamaskar at 7pm, on every Monday(Shivpoojan), Thursday(Gurupoojan) and Friday (Devipoojan).
- Classes to teach beading of Rudrakshamala
- Vimarsha by experienced Sadhakas
- Musical event once in a month on the evening of the third Saturday of the month.

Do send your e-mail id to our Manager, Shri Satish Hattangadi at hatsatish@gmail.com for putting you on our mailing list.

*Vinod G. Yennemadi, Managing Trustee*
As you know, we all are born with five senses viz., sense of vision, sense of hearing, sense of smell, sense of taste and sense of feel. Then there is a very commonly used phrase of ‘sixth sense’. How many of us really have it is a matter of debate. However, if a person does possess it then he is indeed extra-ordinary.

Apart from the above 5+1 senses, I would like to talk about a seventh sense which I feel very few people have… and that is the ‘sense of humour’. I am not talking about one’s ability to appreciate humour but I am talking about one’s ability to perceive or express humour or take a joke in your stride. This is a very rare commodity and it is generally believed that one is born with it.

In every group of close friends or families consisting of brothers, sisters, cousins, uncles, aunts, nephews, nieces, in-laws etc., etc., etc., you will find there are only a few who have a sense of humour. I would say that in a number out of ten, it would be just one or two. These are the persons who normally make others laugh with their inborn humour and wit during any get-together, social events or family reunions. Not only do they see the funny side in any situation and express it as such but are also the ones who can crack a joke on their own self and present their goof-ups for others to laugh at. My understanding of sense of humour is that one should be able to laugh at oneself too. To do this, I feel, one should have the ability to appreciate humour, never lose one’s cool, do not hold a grudge against the person who has cracked a joke at one’s expense and above all one should really be a very mature person. I think it is an individual’s maturity that will make the person stand out.

Having a sense of humor is one of the greatest assets a person can have. Not only does it induce spontaneous laughter and mirth, it also helps to lower your stress levels, interact more easily with others, and even diffuse difficult situations. I personally feel that you don’t have to be funny to have a sense of humor, you simply should have the ability to see the lighter side of things.

I read somewhere that…Imagination was given to man to compensate him for what he is not; a sense of humour to console him for what he is. I believe that a well developed sense of humour is the balancing factor which strengthens your steps as you walk on the tightrope of life. If you could develop one characteristic that could get you through life, you should choose a sense of humour.

To sum-up, my perception of sense of humour is that, it is one’s ability to appreciate and express humour, be spontaneously witty and above all possess the maturity to cut or take a joke against oneself and then genuinely laugh the loudest!!!!!!!!

_Suresh S. Hemmady_
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Letters to the Editor

Dear Editor, We were all simply delighted to read the Special Issue released on the occasion of Chitrapur Saraswat Women’s Day of March 10, 2013. The features have been painstakingly prepared, well edited and what is more the front page is well designed and thus eye catching.

Be that as it may, I was surprised that Kamala Devi’s name was totally missing in the issue. She was the only Saraswat who was in the fore front of the freedom struggle and was considered as one of the top ranking activists of her time. Her contribution to the Handicrafts and Cottage Industry is phenomenal. One of the earliest widow to have got remarried, I feel that her name should have been in the front page along with her photograph. Besides, she was a singer, actor and socially far ahead of her times. She was considered as one of the saraswat beauties of the yester years!

Prakash Burde, Mumbai

Thank you Prakash. Kamladevi was undoubtedly a distinguished person in our community. We were contemplating to include an article on her in the women’s special issue. In fact the “KS” has published an article on her some years ago, but while compiling this issue we could not lay our hands on that article due to time constraint. However we will republish that article in one of our forthcoming issues.

Managing Editor

Dear Editor, I enjoyed reading KS issues of the recent months. In Jan, 2013 issue, the article on the occasion of 75th anniversary of Anandashram Co-op. Housing Society in an issue so aptly captioned “Anand Amrut” and incidentally penned by my senior old friend Mr. Anand Kowshik, driving me back down the memory lane to the decade odd I spent in Bombay from 1968-1980 when I spent much of my time in Anandashram taking part in sports & games there as also Talmakiwadi. I owe it to the guidance and encouragement of Late Mr. N N Rao (more popularly known as “Kerekatte Nanna”, who at that time resided at Anandashram), which enabled my entry into the panel of National Badminton Umpires. I may please be permitted to pay my tribute to the above named, and also many more there, whose names are not mentioned for constraints of space. Also of interest to me are the articles under “Science & Technology”, particularly those penned by Dr. Hattikudur Manohar, formerly Professor of Inorganic & Physical Chemistry, at Indian Institute of Science, Bangalore, whom, I had the pleasure of knowing after my migrating to Bangalore in 1980. It would be my sincere request to you to get him contribute articles more frequently to KS, for me and certainly many more like me, to enjoy reading and which would also enhance the educative and informative contents of articles in KS.

Shyam Hosangadi, Hubli

Dear Editor, Ref: Prostate Problems, March 2013. In the nice informative article, Dr. Mavinkurve mentions “Pelvic exercises also help”. It has been found that “ardha Matsyendraasana” अर्ध मल्येंद्रासन is useful. It takes only a few minutes and regular performance reduces visits to the washroom. A herbal medicine “Saw Palmetto” is also useful. Of course, a consultation with one’s physician is essential before trying the above.

Somashekar Naipally, Canada

Dear Editor, Thank you for the recent excellent issue of Kanara Saraswat (April 2013), with its focus on women in our community. I feel honored and very proud to have so many brave and enlightened women in our history. I forwarded the issue to my friends and family. I asked them to share the articles with their daughters. But I also asked them to share the articles with their sons. I believe our young men too need to know about and be proud of their women ancestors, some of whom were lucky enough to have the support of their fathers/husbands/fathers-in-law. Not all communities can say the same of their women... or men.

We should be proud of our Konkani heritage. Sometimes we may be disheartened by some of the “old” attitudes in our community, but this issue of Kanara Sawaswat reminds us of how progressive our community has been and (I HOPE) will continue to be.

Thank you again for publishing this excellent issue.

Anu Hosangadi, Jamison, PA, USA
Applications are invited in the prescribed forms from economically backward and deserving Chitrapur Saraswats for the following aid:

**A. EDUCATIONAL AID:** From students studying in schools, colleges or pursuing other courses. The last date for the receipt of application is 31st August, for school and college students and 30th September for students of Engineering and Medical and other professional courses.

**B. DISTRESS RELIEF AID:** From the aged, invalid, infirm, uncared for and other needy persons. The last date for receipt of application is 31st August.

**C. MEDICAL RELIEF AID:** From those who have incurred expenditure on treatment of major illness, hospitalization, surgery and need financial assistance. Last date for receipt of application is 31st August.

Application forms for the above can be obtained from:

1. The Manager, Shri Chitrapur Math, Shirali – 581354, Dist Uttar Kannada- for applications other than Scholarships from Shirali, Murdeshwar, Kaikini, Bailur and Bhatkal
2. The Secretary, Shri Shivgopalkrishna Mandir, Chamrajpet, J.C. Road, Sagar 577401 Dist. Shimoga- for all applications from Sagar, Sorab, Shimoga, Bhadravati, Tavanandi, Talguppa, Siddapur, Hosanagar, Tarikere, Harihar, Shiralkoppa and Tirthalli.
3. The Managing Trustee, Shri Shivkrishna Mandir, Opp. Tehsildar’s Office, Lamington Road, Hubli – 580020 – for all applications form Hubli, Dharwad, Gadag, Belgaum and Davangere
4. The Hon. Secretary, Canara Union, 8th Main, 15th Cross, Malleswaram, Bangalore – 560 003. – for all applications from Bangalore
5. The Secretary, Saraswat Poor Student's Fund. c/o Ganapati High School, G.H.S. Road, Mangalore – 575 003. For all applications applying for Scholarships from Dakshin Kannada, Uttar Kannada and Kasargod District.
6. The Secretary, Saraswat Sewa Samiti, Saraswat, Someshwar, Kotekar -574 152. District Dakshin Kannada- for all applications for Distress & Medical Relief from Dakshin Kannada, Udipi and Kasargod districts
7. The Secretary, Saraswat Association, Dr. Dinkar Memorial Hall, Ormes Road, Kilpauk, Chennai – 600 010 – for all applications from Chennai.
8. The Hon. Secretary, Chitrapur Saraswat Education & Relief Society, F-1(a), Saraswat Colony, Santacruz (West), Mumbai – 400 054 and the Hon. Secretary Kanara Saraswat Association, 13/1-2, Talmakiwadi, J.D. Marg, Tardeo, Mumbai – 400 007. – for all applicants from areas other than those stated above.

Properly filled application forms for Educational Aid should be accompanied with the photograph (duly attested) of the mark sheet, proof of admission and salary certificates and cancelled cheque.

All completed application forms should be handed over/posted to the same authorities from where the forms have been collected.

Hon. Secretary
Naresh Gangolli
022-26142551
Mobile No – 9819654949

Hon. Secretary
Gurudas Gulvady
022-26600485
Mobile – 09833997646
Smt. Jyoti Kalle has been working with children from slums in Bandra – Khar area since 1997. She is a CoFounder Trustee at the NGO Navjyot Foundation in Mumbai. Shrutti Gokarn, our assistant editor interviewed Smt. Kalle -

Tell us how your journey in the field of social work began.

In the year 1997, three of us Veena Maitra, Mr. G.L Singh and myself started a small term project for the children of construction workers, who were working on a building which was coming up on Carter Road. These children had a long way to go before they could be given formal education. We started by teaching them the value of hygiene. We made sure that they had a bath everyday and kept themselves clean. It was almost a year before we could enroll them into a municipal school, because some of them did not even have a birth certificate.

Through these first students of ours other children living in slums got to know about us. That’s how the organization grew. We named it Navjyot Foundation Charitable Trust.

What were the initial difficulties that you faced?

We had to get the students ready for formal education. They would use foul language. We started by correcting the language that they used. We taught them to respect elders. It required a lot of patience to discipline them. Moreover their parents were illiterate. We had to win over their confidence, but eventually they saw that their children were happy to come to us, that they learnt and benefited.

Your organization has grown immensely since its inception. So how many students are you teaching right now?

Currently there are 120 to 130 students ranging between the ages of 4 to 20. They come from slums located at Santacruz and Khar Danda.

Where and when do you teach them?

We work on the promenade at Carter Road. An advantage of working on the promenade is that many people come there for a walk and on seeing the work that we are doing, some of them volunteer.

We also have college students volunteering with us. We work all seven days of the week from 7.00 a.m to 9.00 p.m. All these students go to school. They come to us in the morning and then proceed to school. Before going to school we give them breakfast. 50 to 60 students come every day on an average.

What do you teach the children?

We concentrate on teaching them English and Math, although we do teach them Science and Social Sciences too. We also have workshops for them on art and craft. We had invited an NGO to sensitize them about the important issue of child abuse. We also take them out for picnics and outings such as for movies, the circus etc. We had taken our students to the D.Y. Patil school where they spent a day with students of that school who then visited our organization.

We celebrate festivals like Christmas and Diwali and give them gifts on these occasions. We also conduct a rangoli competition in Diwali.

How do you finance all the activities of the foundation?

We accept donations in cash and kind from people. Since we are a registered charitable trust donors get an income tax exemption too. People also donate stationery, school bags, water bottles, books, raincoats, umbrellas etc. for the children. The trust pays a part of the fees of the students.

What are your future plans for the trust?

We have inducted two new trustees, Mrs. Meera Mamnani and Mr. Gurmeet Singh Gandhi. We are planning to get a website for the foundation. We also wish to start a Montessori school at Khar Danda. We have already interviewed a person who is going to work there.

In the future we also want to enable our students to undertake vocational training and guide them so that they can find a good means of livelihood.

We appreciate the good work that Smt. Jyoti Kalle and her team is doing and wish them all the best for their future plans.

Appeal For Donations And Vantiga

The Shree Janardan Temple, Manki, Bombay Committee Trust, invites donations, principally from devotees belonging to families from Aghanashini, Chittar, Gokarn, Kaushik, Kowshik, Mankikar, Mankekar, Samrodi, Shirali, Shirlal/Shiroor, Sirur, Talmaki, Wagle, Yennemadi and other devotees to facilitate the formation of a corpus of Rs. 50 lakhs that will be utilised for the building of new structures within the temple complex, and for the betterment of existing facilities for all visiting devotees.

The Trust also requests all devotees to kindly send in their Annual Vantiga payments at the earliest.

All payments are to be made by crossed A/c payee cheques or Demand Drafts favouring “Shree Janardan Temple, Manki” payable at Mumbai, and should be sent to:

Mr. Vinay R. Kaushik, Hon. Secretary,
15/30, Laxmi Nivas, Lt. Dilip Gupte Road,
Shivaji Park, Mumbai - 400 028.
Tel: 022 - 24451172.

Shri Keshavnarayan Temple Seva Samiti
Shirali -581354
Prathama punarpratishta Vardhanti

The Punarpratishta of Keshavnarayan Temple, Shirali was performed last year on Jyesta Sh.10 (31.05.2012) at the Divine Hands of Param Pujya Shrimat Sadyojat Shankarashram Swamiji.

The First Vardhanti this year which falls on 19-06-2013 will be celebrated at the temple with the following programme.

9-00 A.M. Pavamana Sukhta Abhishek And Sannidhya Havan, Mahapuja Mangalarti Prasad Vitarana
4-00 P.m Samoohika Satyanarayan Pooja, Bhajans & Vasant Puja

We invite all devotee to be present on this auspicious occasion and receive the divine Grace

V.A. Shirali
President.

M.R. Haridas
Trustee

N.B. Devotee may offer Satyanarayan Kalasha on their behalf by donating Rs 101=00

(Contact Nos:- 08385-258331, Mob: 9845927888)
Our April 2013 issue carried the proceedings of this day when we honoured 4 ladies, Late Smt. Sitabai Padbidri, Late Smt. Kalyanibai Samsi, Dr. Smt. Jayashree Panjikar and Smt. Lalan Sanade. We have published Shri Uday Mankikar's introduction of all the ladies. However we could not publish their thoughts as they shared with the audience on that day. We present these in the following pages -

Vice President Smt. Geeta Yennemadi's welcome address

10th March 2013
Chitrapur Saraswat Women's Day
behalf of Late Smt. Sitabai Padbidri

behalf of Late Smt. Sitabai Padbidri
Now, a few words about her. A noble lady, though short in stature, but tall in her ideals and actions. She gave us sage advice, but never spoke much about her achievements. But the Institutions she helped start and nurture speak aloud for it.

She and her husband, Ramarao Padbidri left a legacy to follow for her son, Shri Raghunandan and daughter-in-law, Smt. Sulochana-tai, and her daughter Dr. Smt. Mukta (Malati) Karnik, to continue the good work and as a leading guide for our generation.

Thank you KSA, Thank you, one and all. Happy Women’s Day.

Smt. Anu Gokarn shared her memories of her mother Smt. Kalyanibai Samsi

Among the many things that we respect about her, her personality was marked by her quiet, unassuming ways. She was deeply devoted to her family and her beliefs. Her life was a testament to the strength of character that she instilled in her children.

Smt. Anu Gokarn shared her memories of her mother Smt. Kalyanibai Samsi.

However, there are some factual errors in the various dates mentioned in the article honoring the achievements of Smt Kalyanibai Samsi. We give the corrected dates - Birth date - April 6th 1906 (not 1922), Married in 1922 and the date of her passing is 29th September 1974 (not 26th Sept).

In our April 2013 issue there are some factual errors in the various dates mentioned in the article honoring the achievements of Smt Kalyanibai Samsi. We give the corrected dates - Birth date - April 6th 1906 (not 1922), Married in 1922 and the date of her passing is 29th September 1974 (not 26th Sept). We regret the errors. ............... Editor
Good Evening.

The Kanara Saraswat Association has been doing philanthropic work for over 100 years. And it is indeed great privilege for me to get this honour of being felicitated by this great organization. I accept it with great joy and humility.

Our Saraswat Samaj as such is well known for hard work and dedication and added to that we have 100 percent literacy. This means not only our men are educated but also our women are literate. And when the woman of the house is educated, her thinking changes, her vision broadens, she is empowered and the full family gets uplifted and there is a quantum progress.

In 1987, I was studying for my Ph.D., in Germany and as my topic was on Gemstones, actually Rubies and Emeralds of Indian Origin I had to interact with many Indians, Patels, Jains, Mehtas, Kotharis who were gemstone dealers in a remote town called Idar Oberstein. I was often invited for dinner by their families. The ladies would be in the kitchen, there would be these standard questions from these ladies. Why was I studying so much? What use was it? Would it help in life? There was a vast difference in how they thought and how my family thought. They would never have understood the need for knowledge.

Therefore, for the achievements in my life I must thank a number of people, first and foremost Dilip, my husband who encouraged me to do so many things, above all for helping to look after our two sons when I got scholarships to do Ph D in Germany. I must acknowledge that he is indeed a gem of a person. For thirty years, he was daily dropping and picking me up from the Pune railway station as I travelled to Mumbai for my work. Looking back I really don’t know how I would have done it without his help. It is credit to him that I never missed my train even once!!

As a child I always wanted to be a Medical Doctor. There was a glamour to that profession… it was a noble profession, added to that my Aunt was a doctor, my cousin sister was a doctor. I had studied hard or what I thought then as hard for my Inter-science exams but my percentage was barely 80% which was not sufficient to get admission. I was thoroughly disappointed! I remember I was so dejected that when my aunt wrote me a letter,

...
saying that my grandfather always said "whatever happens in life happens for the best". I was actually angry with her …! Today when I look back, I think yes …. Whatever happens is for the best.

So, that is how I landed in the Geology department to do B.Sc. in Geology and decided to do my best in that. And I did stand first in the University for Geology! But there were no jobs for ladies with Geology, except maybe teaching. After my graduation I got a first job as a tour manager for taking school kids to different parts of India. My first assignment was to take school kids from Egmore near Madras to Jammu Kashmir. I remember that evening I was very excited that I would be going to Kashmir, but my mother said, "nothing doing …. A young girl barely 20 years , marriageable age travelling like this …. No way" and that is where my father made a great decision. I shall always remember and thank him for that… he said don't deprive our daughter just because she is girl… give her all the encouragement to have confidence in herself to face life. For two years I went from Kashmir to Kanyakumari, from Chittorgarh to Puri literally crisscrossing India taking school kids with me. I think this was the turning point in my life. This encouragement to have this confidence in myself was further consolidated by my husband so I could go to different corners of the globe, actually to the remote interiors of China, Tanzania, Russia, Australia, Vietnam, Cambodia to name a few. If your near and dear ones have the confidence in you, it gives a boost to your energy and empowers you to reach different heights. I was always told to aim high, aim for the moon then only one can hit the mountain top they said…… I have still to reach that top….!

You know this Mumbai evening newspaper, Afternoon once had a beautiful Thought for the day…. Give God a chance and he will make something beautiful of your life. I think it is very true in my case. I was wondering what should I do with the knowledge of geology , my eldest brother Dr. Pramod Talgeri came to my help. He suggested that we look up the books on gemstones in the British Council Library and see what qualifications the authors of these books were having. We found out there was a correspondence course in a science called Gemmology in London. I am talking about the year 1975…. When there were no internet, no mobiles, no convenient telephones… those days trunk calls had to be booked. As my luck would have it my other elder brother Vinod Talgeri was in London exactly at that time for a holiday and we booked a call to his hotel, got him on the line. Fortunately he had the money to pay the fees for the course and I started doing gemmology! I just enjoyed it…. And my life was made …. ! Later I did many advanced courses… kept my self so busy upgrading my knowledge and in another two years it will be 40 years since I began!

Saraswats and gemstones have an inseparable bond! I am sure all of you will agree that for years an amchi lady was recognized by her Vajra kanna kuttaka or diamond tops, Kashi tali with corals, kempa kankana, pachha vajra nanka bottu, motyachi peerduki kankana…… We should be really proud that we Saraswats krew the value of real diamonds, rubies, emaralds, as consolidated portable wealth much before the other communities.

Today we are having in Pune, Pangem Testing Laboratory. People bring diamonds, gemstones, studded jewellery for verifying and certification. The testing laboratory is open to public as well as to traders and gem industry. We also get many diamonds tested from other laboratories for second opinion. This is important today as many a times, the report details in the certificate and those of the diamonds do not match!! Even if the gemstones are set in the jewellery, we can test the stones. This is the need of the hour as there are synthetic and treated gemstones and diamonds in the market and we amchis are middleclass folks investing their well earned savings in gems…. It is better to get an authenticity certificate for them.

We have an educational institution by the name of PANGEMTECH-Panjikar Gem Research and Tech Institute.

My father, Prof. Ganesh Talgeri, told me once to make it a habit of buying good technical books every year and whenever possible. So over the last 35 years I have been constantly collecting and buying technical books. So when I started my institute I had a ready library for my research work! Similarly wherever I went for conferences, seminars, mine visits, I could bring back good specimen of
gemstones material, properly catalogued which I could get cut and faceted for my students to study.

I also give consultancy and design diamond and gemstone jewellery. My forte is in redesigning old traditional jewellery into modern wearable items. Like heavy kanna Kuttakas into something more practical and trendy. I enjoy this as I can help people to save their gold and other traditional ornaments from complete destruction. Like making smaller Jodh pod, Mohanmal, Kashitali etc. which can be worn with dresses or western clothes. Here I would like to make announcement I am planning to write a book on traditional amchigelli jewellery and in case someone has any unusual piece I would like to take photograph of the same with due credit to them.

To celebrate the International Women’s Day, the initiative taken by Prof. Kalindi Muzumdar, the ex-president of KSA to felicitate and honour the Chitrapur Saraswat women for their dedicated work in their respective fields, is itself to be appreciated. Today KSA has honoured two stalwarts like Late Smt Kalyanibai Samsi and Late Smt Sitabai Padbidri. Any amchigelli would tell you how important the Rasachandrika is. We really have to sing in their praise for giving us the exact recipe for the Batyata Song! What is amazing is that as early as 1938 Ambabai Samsi (Kalyanibai Samsi’s mother-in-law) had worked on the Rasachandrika and had catalogued all the recipes, the home remedies and medicines, what to do on what festival. And it is indeed creditable that Smt Sitabai Padbidri and Kalyanibai Samsi worked on it and published it. I don’t know whether any other community has such a ready-reckoner, a hand book to work on. Today, when our sons and daughters are getting married into different communities, a Rasachandrika is like a bible to fall back on. So making lasnay tambli or alsandya koddel is also possible for a new comer whether she is amchigelli or not!

It is said that behind every successful man there is a woman. I would like to add that behind every successful woman there are members of the family, friends, relatives, colleagues and sometimes good neighbours. I am sure Smt Lalan Sanade who is also being honoured today will agree with me. I am here today because of my sons Chirag and Aatish were very cooperative, my parents-in-law were helpful and my husband shared my enthusiasm in all my ventures. I humbly thank them all.

On behalf of all the recipients I would like to thank the Kanara Saraswat Association for honouring us. It is with great profound sense of gratitude that I accept this great honour.

Smt. Lalan Sanade then shared her thoughts-

A very Good Evening to all of you.

Our Chief Guest Smt Kalindi Muzumdar, Smt Geeta Yennemadi - Vice President KSA, Smt. Suman Kodial, President Mahila Samaj, and all distinguished dignitaries on the dias, Ladies and Gentlemen and my Dear friends - It is my great privilege and honor to be here today at Kanara Saraswat Association celebrating the 6th International Chitrapur Saraswat Women’s Day and I thank Kanara Saraswat Association for honouring me on this special occasion. I would also like to congratulate KSA and its entire team for their total dedication and contribution in recognizing distinguished Bhanaps in the fields of Sports, Medicine, Arts and Culture. I make it a point to eagerly wait for the KS magazine every month and look forward to read the President’s message which has always been a source of inspiration to me besides the other interesting articles appearing in it.

(Smt. Sanade showed a small power point presentation of various photos as she spoke). Working as a Women entrepreneur, I always had this strong desire that I must do something about giving something back to the society at large and this wish of mine was fulfilled with the blessings from our Poojya Swamiji, during the centenary year of Canara Union in 1999. My journey began as President of BPCWA in the year 2005. Bangalore Powder Coaters Association was formed with the support of just a handful of enthusiastic members to address all the common problems faced by Powder Coaters on one common platform. We have with us now more than 110 members. I am happy to say that our Association has carved out a prominent place for itself in the map of Industry Associations in the country and is well recognized by the State Govt. of Karnataka and Central Govt. Although the Powder Coating Industry existed for several years, there was no proper classification in the schedule. Therefore when VAT was introduced, all powder coaters had
to charge VAT @ 10% instead of 4% which was being charged earlier. I, along with my team, made a representation to the Commissioner of Sales Tax and succeeded in getting a proper classification for "powder coating" in the Sixth Schedule @ 4%. Similarly we also resolved the Service Tax issue.

Bringing out a Roster for BPCWA in the year 2006-07 & 2009-10 - Mr Dhillon The Director of MSME Bangalore, was instrumental in recommending BPCWA a a grant of Rs 1.75 lacs for strengthening the Association’s Data Base.

KASSIA Karnataka Small Scale Industries Association has come long way indeed from a humble beginning of 12 members in the year 1949 (64 years) to a vibrant Association of 5500 members and 90 Affiliated Associations in the State. Its impact is spectacular from policy framework to infrastructure development from incubating entrepreneurs to most successful role models from Micro and Mini to Macro and Mega, from rural to urban from domestic to Global Markets. I am proud to be associated with KASSIA as Council Member and Chairperson of Women Entrepreneurs Development Committee for the past 3 years. Of the various programmes I have conducted so far, the one close to my heart was the Succession awareness programme for spouses of entrepreneurs to help them understand the core aspects of running an industrial unit.

Nowadays most of the entrepreneurs of SSI’s send their children abroad for further studies, after which they might not be interested in taking over the father's running business and in case of a calamity, God forbid, the spouse would be in the dark as she would have absolutely no idea about the husband's business whatsoever and can be taken for a complete ride. As to who the creditors/debtors are, what are the assets of the company etc. Moreover while closing a Company there are several issues like PF, ESI knowledge to be aware of, and I am very happy that I had the privilege to educate the spouses in this regard.

Before I conclude, My message to all Women is to be Independent & self reliant.

Thank you all once again.
‘It is not getting to the top of Everest that matters in life. It is how and why you get there’
…Lord Hunt, who led the first expedition to Mount Everest

I was in Chennai on Monday, Mar 11, 2013 when I heard from my mother over the phone that Hosangady Murlibappa had passed away. An overwhelming sadness overcame me as memories of Murlibappa kept flooding my mind as did the tears in my eyes. I remember typing out an SMS to my cousins Jaya, Kishore, Gourish and Naresh to help me overcome the surge of emotion as I sat at Chennai airport. I had seen Murlibappa in the hospital barely two days ago on Saturday evening, Mar 9, and despite his declining health, he had seemed remarkably alert with great presence of mind that completely belied what he was undergoing. “Arre, kena aaylaw toon? Kalyanpache ka honour korche programmaka aayla vain toon?” is what he asked me, referring to the KSA Programme to honour my grandmother Samsi Kalyanibai. He was having tea and biscuits and while he did look weak, his conversation hardly gave any hint of what was to come. It didn’t occur to me that that was probably one of the last conversations he would have. On Monday, March 11, 2013 his journey of a life lived to the full over 86 years reached its end.

Murlibappa was always a great role model figure for many of us. He lived a full life of great poise, character, balance, and tremendous dignity and discipline. He took life’s ups and downs with equipoise from which we can all draw inspiration in how to live our own lives.

Some of the happiest memories of my life are associated with holidays spent at my moushi Shakupachi and Murlibappa’s beautiful homes. For my brother Hiren and me, in our young formative years, every holiday with our cousins at Murlibappa and Shakupachi’s home was also a mind-expanding and widening educative experience about the possibilities in a wider world beyond the confines and limitations of our little Pune of the time in the 1970’s.

Murlibappa was born on November 11, 1926, to Hosangady Saraswati-pachi and Ramarao-maam, the youngest of seven siblings. As a doctor in the Grand Indian Peninsular Railway, GIPR (the antecedent of today’s Central Railway), of the British colonial era, his father Ramarao Hosangady was posted in various towns all over western and central India. Murlibappa grew up mainly in British colonial Bombay of the 1930’s and early 40’s where he finished his schooling at St Xavier’s Dhobi Talao. After inter-science from St Xavier’s he went on to the College of Engineering in Poona from where he graduated in Electrical and Mechanical Engineering with honours in 1948. He then joined the American oil company Esso, today known as Exxon Mobil, but back then as Standard Vacuum or more popularly as StanVac, as a breakaway of John D.Rockefeller’s Standard Oil. His long and distinguished career there included postings in Ahmedabad, Nagpur, Madras, Bombay, Kuala Lumpur in Malaysia, and New Delhi. He had reached the position of AGM which was the highest position an Indian had achieved. In 1952, he married my aunt Shakuntala Samsi; they made a handsome and dashing couple that could have been the envy of the romantic Bollywood of the
early 1950's. Last year, in 2012, it was a happy occasion for the extended family reunion for their 60th Diamond Wedding Anniversary.

In 1974 when Indira Gandhi's government chose to nationalize the Indian subsidiaries of the multinational oil companies and Esso became Hindustan Petroleum, Murlibappa went against the grain of prevailing conventional wisdom of the time and left the prospect of continuing to work in a PSU. He took assignments as Chief Executive at Sriram Mills and Amar Dye Chemicals before moving on to pharma major May & Baker where he was the Managing Director. When May & Baker was acquired globally by the Anglo-French conglomerate Rhone Poulenc, he became country head and eventually Chief Representative for India. During that time he also served on the Indian Boards of French Banks Societe Generale and BNP Paribas.

In 1987, after 35 years of a very successful professional career in industry, Murlibappa retired, but not at all from continuing an active life of social work, farming at Panvel, consulting many companies and company boards. He was actively associated with the Board of Directors of Shamrao Vithal Cooperative Bank and the Kanara Saraswat Association in Mumbai as its President.

With his vast and deep global experience, garnered from working with the pre-eminent American and European multinationals of the time, his astute understanding of human affairs, incisive business acumen, and sagacious wisdom he guided many company boards and social organizations, and particularly, the Board of Directors of Triton Valves Ltd. in Bangalore that was being run by my aunt Gokarn Anupachi. He joined the Board of Triton in 1991 and was undoubtedly the most active independent director in guiding Anupachi and the Board of Triton Valves to its great success of market and product leadership in the Indian Tyre Industry. Over the last 2 decades Triton Valves dismantled the market leadership of its foremost American multinational competitor and remains the first choice of Indian and multinational tyre companies in India and Asia. With his characteristic playful humour he had nicknamed all his younger sisters-in-law, and so Anupachi, like a much younger sister, was always 'Yamune'. Anupachi remembers Murlibappa's irreplaceable contribution to Triton thus:

"Murlibhayya was of tremendous support to me after he joined the board of Triton Valves Ltd. in 1991 and assumed the Chairmanship of the Board in 2010. We benefited greatly from his rich and varied corporate experience in addition to his moral support. He stood by us through thick and thin. Whenever he was approached with a problem, he used to come up with several possible solutions and helped to solve it to everybody's satisfaction. Characteristically, he always flew economy class and refused accommodation in expensive hotels. At a more advanced age also, all our entreaties to fly business class fell on deaf ears except for the last couple of years of his tenure. His contribution to the company's management and progress was substantial and we dearly miss his guidance and wise counsel. The Board of Triton Valves joins me in sending their condolences to the Hosangady family.

Murlibhayya was a great connoisseur of Hindustani Classical Music. He never missed music concerts and surprised everyone by sitting through the Swarit concert held on 13th January, 2013, to hear Ashwini Bhide and Ulhas Kashalkar, a concert lasting 4 hours.

His contribution to the community he lived in is well known. He took active part in the Dignity Foundation through which he went to endless trouble to keep the street he lived on free of garbage by chasing constantly the concerned municipal authorities”.

In the exemplary conduct of his professional and his later public and social life, he set forth an example of disciplined excellence in one's career built on rock-solid ethical foundations. His life was an instruction in the highest standard of karma yoga, of how Paramartha can be lived in the noble pursuit of Purushartha. His passing away was particularly emotional for me as he was the last of my 4 uncles who gave us boundless inspiration to
last many lifetimes. It is the grace and blessing of my grandparents Samsi Kalyanibai and Chedbappa, Ammama and Cheppa to us, that in one lifetime we had the good fortune of the blessings of our uncles: Mukerjee Tomnoyibappa, a world-class scientist and technologist; Hosangady Murlibappa, world-class business executive and statesman-like leader; Kaikini Dinkarbappa, one of India’s greatest performing classical vocalist and scholarly musicologist; and Gokarn Marutibappa, perhaps one of independent India’s most innovative and determined technological and manufacturing entrepreneurs of the late 20th century.

Murlibappa will be remembered in many ways, but for us, in the closer circle of the family, his memory will not be complete without remembering his handsome and charming personality, his luminous smile, and his trenchant wit and humour, with, of course, his lovable Pyara Singh jokes.

Despite his multinational career in ESSO and the corporate life he had, I was amazed at how much he was grounded in our tradition and culture. Nothing was a better example of this than his love of Ganapatibappa and his amazing grasp and subtle and nuanced understanding of Indian Classical music.

A more recent memory is from the early 90’s. In 1994, I was struggling to negotiate what seemed like an unreasonable and asymmetric joint venture with BorgWarner Corporation of the USA. The Americans had landed up with all their legal might and hired the best solicitors of Bombay who brought their formidable legal erudition to bear on me. Feeling totally outmanoeuvred and intimidated, I went to Murlibappa for advice and guidance. He immediately called up and set up an appointment with his solicitor-friend Dara Mehta of Little & Co who had served on the Board of Rhone Poulenc, India, with him. He accompanied me to Dara Mehta’s chambers in Fort and made sure Dara would take on the assignment. It was a breakthrough because Dara Mehta and his two extremely clever associates, Nirmala Bhide-Gill and Sharad Abhyankar, drafted a landmark Formation Agreement and helped me negotiate the JV. I am happy to say that it has endured the test of time for almost 20 years in an age of extremely short-lived partnerships based on tactical and strategic expediency.

At a time when Indian society and the younger generation are struggling to really understand what value-based ethical conduct is, Murlibappa stands out as a timeless inspiration to me again and again. As the great Ishavasya Upanishad urges us:

“Vayuh anilam amrutam
Atha idam bhasmantam shariram
Om krato smara krutam smara
Krato smara krutam smara”

‘The breath has been returned to immortal air
This body reduced to ashes
But O mind, remember what has been done
Remember what has been done
And so, may God bless all of us to cherish dear Murlibappa’s memory and draw the inspiration to live our own lives to the standards he espoused and held dear to his heart.

Smt Shubha Ganesh Kalle
(nee Umi Nadkarni)

22.08.1925 - 25.02.2013

Passed away peacefully at her residence in Hyderabad on 25th Feb 2013
(Magh Pournima)

Deeply mourned by:
Sri. Sanjay & Asha Kalle
Sri Durgesh Bailoor
Smt Chitra & Srinath Murdeshwar
Smt Vrinda & Sudhir Hoskote
Smt Hemalata Kalle & family
Molahallis & Chandavarkars
Grand & great grand children
Friends & Relatives
Wishing Annu and Amma/Amama/Anima a Happy Golden Anniversary
27-04-1976 to 27-04-2013
We are loving and caring parents/grandparents like both of you

Vandana  Anjana   Mahesh
Rajan    Prashant    Pallvi
Omkar   Nihar & Raunak  Siona and Tvisha

Family, Friends and Well Wishers
GOLDEN WEDDING ANNIVERSARY

congratulations!

Smt Geetha Amembal (nee Karnad) and Shri Rammohan K. Amembal completed 50 glorious years of married life on 12th May 2013.

We pray to Kuladevata Sri Mangesh Mahalakshmi, Lord Bhavanishankar, our Holy Guruparampara and H.H. Shrimath Sadyojat Shankarashram Swamiji to bless them with Long life, Peace and Happiness.

May Gold turn to Platinum and beyond

You both have been a guiding force in our lives and thank you for holding us together throughout our lives. You both are very special who have touched so many lives by your thoughtful and noble deeds.

With Best Wishes and Love from:

Sanjay                Ashwini                Sujatha
Aditi (daughter in law) Arunkumar Konaje (Son in law) Sudhir Nayak (Son in law)
Prathamesh and        Nakul (Grand son)          Siddharth (Grand son)
Jeetesh (Grand sons)  

Konajes, Nayaks, Koppikars, Palekars, Vajandars, Panandikars, Aroors, Gokarns
Relatives and Well Wishers
SHRI RADHA KRISHNA TEMPLE
MALLESWARAM, BENGALURU – 560003

(75 years)

PLATINUM JUBILEE CELEBRATIONS AND PRATISHTHA OF DEVI DURGA

The trustees of Kallianpur Vishweshwar Bhat Trust and Kallianpur family are pleased to inform that the Pratishtha of Devi Durga and celebration of Platinum Jubilee of Shri Radha Krishna will be held on 29th May and 31st May 2013 respectively.

Parama Pujya Shrimat Sadyojat Shankarashram Swamiji has kindly consented to grace this occasion.

We cordially invite you to attend and participate in the celebrations with family and friends and partake of the grace and blessings of Shri Radha Krishna, Devi Durga and Pujya Swamiji.

PROGRAMME

29.05.2013 Wednesday
0830 hrs – Arrival of Parama Pujya Swamiji
0905 hrs – Pratishtha of Devi Durga by Parama Pujya Swamiji
1100 hrs – Kanakabhishek and Paduka Pujan by trustees, followed by Teerth Vitaran, Shri Bhiksha and Prasad Bhojan

31.05.2013 Friday
1100 hrs – Arrival of Parama Pujya Swamiji
1130 hrs – Mahamangalarati by Parama Pujya Swamiji
1200 hrs – Dharma Sabha followed by Teerth Vitaran, Shri Bhiksha and Prasad Bhojan
1900 hrs – Palki Utsav

Donations and contributions for the Platinum Jubilee celebrations may kindly be remitted to the Manager of the Temple by M.O / Cheque / D.D., drawn in favour of ‘Kallianpur Vishweshwar Bhat Trust’.

Managing Trustee,
Kallianpur Vishweshwar Bhat Trust
Email: kvbt1938@gmail.com
Tele: (080) 23447449
Great Grandmother - Tara Surkund
Grand mother - Suvarna Kaikini (nee Surkund)
Mother - Mithila Patel
Great Grandson - Vivaan

60th Diamond Wedding Anniversary

Tara (Usha) & Ganesh (Bab) Surkund
30th March 2013

May Lord Bhavanishankar, Goddess Shanta Durga, and our revered Guru His Holiness Shri Sadyojat Shankarashram Swamiji bless you with good health, happiness and peace

With lots of love
Sorkunds, Kaikinis, Patels, Tavanandis, Raos, Naikurs, Chatterjees, Medakkers, Mavinkurves, Mudurs, Yederys relatives and friends
Just weight!
Ameeta Shiroor, New-Delhi

Some people are born with it, some people are gifted with it (courtesy heredity) and yet others strive hard to achieve it ………… well guess no further, it is indeed that word beginning with a capital “W”.

No, no, no, …just do not pat on your back if you have guessed it as “wealth”. For no more is wealth “wealth,” but health is!!! And so dear readers, it’s time for the old Capital (pun intended)’W’ to take a bow and give way to the new one – Weight!!

You have got to believe me and if you don’t – please check your newspapers. Every front page, middle page and the last page, in addition to talking about cattle class, fruitful republics etc., carries umpteen ads of guaranteed weight loss or gain; or just take a walk into your friendly neighbourhood and every other person will comment upon how much weight one has gained or lost!!!

Now there are four categories of people – the first category are those who want to lose weight, the second are those lucky ones who want to gain weight, the third are those who always maintain “ideal” weight and the fourth.. well, we’ll come to it later. Yours truly falls in the first category, but just as I had said in the beginning, some have to strive hard for it – and so began my tryst with my “Battle of the Bulge”.

Beware, I told myself, tread the mill (oops… the path) carefully, plan and strategise (after all it is a battle!!!) and take one step at a time. And so…. I took the first step… I shopped!!! Now don’t look aghast! I shopped for a “comfortable” pair of shoes (never mind that the prices were so steep that I was almost tempted to wear them around my neck!!) and a “trendy” set of clothes (the saleswoman’s sincere bit of advice saying “Madam aap acche kapde pehenege toh exercise karne mein jyada mazaa ayega”!!!). Then came the next step…. I hit the gym of course!! I really loved the variety of gadgets – absolutely fascinating!! But before commencing with the weight loss programme, I had to understand them all. I spent an hour understanding them and acquiring all the knowledge. In fact the instructor was so pleased with my curiosity, he politely told me “Aap kal se aajaieyega, aaj mere aur clients intezar kar rahe hain”!!

Wow, I told myself! What a conscientious trainer I had found for myself!! and did exactly as he had told me – I returned back home for a fresh start “Tommorow”!!! Not to mention that this called for celebration and I gorged on French fries and medium pizza from Domino’s (buy one, get one free offer was too tempting to resist) because my programme was to start from “Tommorow”!!!

The “tomorrow” did come!! and well I was after all never a bad student, so I puffed and panted, pulled and pushed till my bones and muscles squealed in delight (or so I thought!!) But as I lay down in bed that night, I could hear them literally pleading to me to spare them this ordeal. “Nothing doing” I roared, like a proud battle commander – the battle had begun!!! But after several days of these never ending ordeals and the pleas of my bones and muscles, I felt pity for them and the benevolence in me gave in to their pleas!!

However, I was not the kind to give up so easily and I started shopping once again!!! This time it was for books. These were in plenty!!! – One said “Feed your soul, not your body!”, another which said “simple exercises for weight loss” [believe me the simplest exercise it said was to shake your head from left to right whenever you saw food in front of you!!!], and yet another which said “Eat well and eat right”. Of course I chose the last one for after eating right is left to the eater – right? And eating well, is of course eating well!!! And there I went again ….you clever ones… for shopping of course! This time it was for the right kind of food. I came back with sugar free fibre cookies, fat free butter, Diet coke, Diet namkeens and so on!!! My obsession with “figures” notwithstanding, I carefully compared their calorific values over and over again, where earlier I would compare prices!!

But in all this I had overlooked one major factor – God had taken “sweet” revenge on me by making my daughter a “Nutritionist”!! She told me sugarless fibre cookies had more fat than normal cookies to bind
them, fatless butter never existed and diet namkeens were after all namkeens!! She promptly showed them all - the window! She said losing weight was as simple as burning more calories than you consume and .... that's it!!! She made it sound so simple that it almost made me feel stupid.

Now, coming to the main point – the raging Battle !! I am not a coward to desert the battlefield. Like a “shrewd commander, ”my strategy remained the same but I changed the tactics. I decided to confuse the (bulging) enemy. It was time for “Operation Wardrobe,”- and so it was shopping again !! I changed my wardrobe completely- long and loose kurtas, vertical stripes, pastel shades, so on and so forth!! I also started standing in front of the mirror and tucking my tummy in till my breath ran out!! ( remember the fourth category I referred to earlier-“The Camouflagers!”) The results have been immediate and dramatic!!! My friends have already started complimenting me on my “sudden” weight loss. How long this strategy will last? Have patience my dear readers, just weight …oops, wait !!

<<<<<

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Lalita Kodikal, USA

In academic days my Uncle asked me once, “Have you read this book? It is very good.” I replied, “No, I have no time for good books”. Raising his eyebrows he looked up thro’ his glasses and blurted, “What?” “Sorry Uncle! I have absolutely no time for good books! I read only the BEST!”

Yes, amidst science practicals and striving for excellence in exams, I could snatch time only for Best Books. I devoured eagerly Wodehouses’ Jeeves and Mulliners Omnibuses, Marie Corelli and A.J.Cronin’s novels, short stories by O. Henry and Maupassant.

Same thing with music. In 1950s Pt. Ravi Shankar and Ustaad Ali Akbar Khan were at the peak of their excellence. We were fortunate to have a sub-editor of Bombay Chronicle as our neighbor who regularly gave us free passes for music concerts and we had the proud privilege to sit in the 1st row for the famous yearly Swami Haridas Sangeet Sammelan in C.J.Hall for most of the concerts in Mumbai. If the hall was crowded, the press was asked to sit on the dias. What a proud privilege for me to share the stage with Pt Ravi Shankar and stalwarts at the young age of 16-17. Unfortunately this famous Sammelan was held in December and it broke my heart to decide whether to study for my Prelims and forthcoming exams and miss the music sessions. Finally I threw my books and rushed to C.J.Hall to listen to the stalwarts.

Yes! Here too I had the best! Which concert can surpass the ecstasy of the rarest of the rare Jugalbandis between Pt Ravi Shankar and Ustaad Ali Akbar Khan with Ustaad Alla Rakha onTabla were very common in 1950’s. For shehenai we enjoyed Ustaad Bismillah Khan, for flute Pannalal Ghosh, violin by V.G.Jog and sarangi by Pt Ramnarain. No one could match the vocal chords of Ustaad Aamir Khan (unfortunately the name evokes only Amir Khan of Lagaan now-a-days) and Bade Gulam Ali Khan (not the present Gulam Ali) for Thumris. His Thumris were simply Divine. I still recall the continuous thunderous ovation at the end of each of his concerts till he sang the famous Hari OM Tat Sat. The music was Heavenly! Can I ever forget Gangubai Hangal’s rendition of Marwa or the soul stirring notes of Begam Akhtar’s “Koyaliya Mata kara Pukaar…….” resonating our hearts and minds.

Later on both Pt Ravi Shankar and Ali Akbar Khan shifted abroad and their Jugalbandis became rare. On the personal front marriage, responsibilities, transfers outside Bombay alienated me from classical music. And I concentrated on Bhajans. With a gift of an Akai tape-recorder in late 1960’s started the taping of Bhajans played on AIR at 6am -6.40 am. Oh! What pleasure it was to record on the big spool Lakshmi Shankar’s “Maati Kahe Kumbharko…..”, Manik Varma’s “Amrutachi Godi Tujhya Bhajanaata..” Lanka’s soul stirring Bhajans with Hridayanath’s music, Aamir Khan’s “Dayaa karo… He Giridhar Gopal.”

Music is Divine! It is the simplest link direct to God. It is Universal—not bounded by geographical borders or religion. It doesn’t need an orchestra. It is the simple calling of the name of God.

When I was 6-7 years old I remember an old beggar coming every week on the streets in our lanes, singing Bhajans with an Ektari and Chipli in his hand. He wore a soiled banyan and dhoti just to cover his frail body. As he entered our lane we heard from far the strumming of his Ektari and his croaking voice singing bhajans with all devotion. We loved one particular Bhajan by Kabir which he sang.” Kab
tum smaroge Hari naam ………” The Bhajan was so beautiful that every time he came in front of our house, mother would send me down on the street, to pay him 1 anna and ask him to recite the same song. It became a routine that every week when he came in front of our house he would recite the same Bhajan. I have heard innumerable bhajans by famous singers but this particular bhajan sung in a shaky voice by the old beggar will always remain my favourite.

Yes! One more soul stirring incident. Our son-in-law was transferred to Dubai in 1992. Our 2 year old granddaughter Aarti was so much attached to us that she pleaded with her parents to let her go to Bombay to be with us. She yearned so much that finally after 6 months my daughter sent Aarti alone to Bombay with a friend. Aarti—then 2 and 1/2 year old baby adjusted well with us. She recited most of the Bhajans which we played on tapes. Her favourite was Kishori Amonkar’s “Bolava Vitthal” She would sing it with such fervour ending it with continuous chanting of “Vitthal, Vitthal ‘ with closed eyes and clapping to the beats.

But Aarti asked for one song continuously ‘He Ram He Ram’ which we couldn’t place. We played many songs of Lord Rama but no—it wasn’t her song. Finally one day I found a tape in her bag. It was by Jagjit Singh and casually we played it. Oh My God! After 1 or 2 bhajans the famous”He Ram He Ram” unfolded. Baby Aarti recognized her song, stood transfixed and her eyes lit with happiness. She giggled and started dancing with 1 foot forward and 1 foot backward clapping at the beats and singing the song. It showed the ultimate Happiness in her baby smile. Will we ever forget this incident?

Yes! Music is the direct connection with God. Total surrender to God. What more proof can we have in our daily life than the singing of Surdas’s Bhajan “Nain heenako raha dikha Prabhu…paga paga thokar khau main…..”which my dear husband sang, in a heartrending voice, ages back, in our God’s sanctum during a personal crisis! Tears streamed from his eyes as he sat with folded hands pleading in vain with The Almighty, for help to save the life of our loved one!

<<<>>>

Om Sri Ram Jai Ram Jai Jai Ram
In Fond Remembrance on Birth Centenary of
Late Ramabai Chandrashekhar Trikannad
(nee Padukone—daughter of Purvashram —Beloved Swami Ramdas (Papa) of Anandashram, Ramnagar)

(Birth )13.05.1913 - 19.10.1951 (Death)
Son- Premanand- Sheela
Son-in-law- Gangadhar S. Bellare
Daughters-in-law: Nalini, Anandi
Prashant- Partizad Trikannad; Deepak—Jalpa Trikannad; Great Grandchildren: Ishaan & Omkar, Shriya, Abhishek, Amrita & Advait, Nyrica & Thyn, Arjun & Asha
Figures have an odd way of setting off a chain of thought. When I was doing a statutory report some time back the figure 12,500 struck me as being more than half the size of our Chitrapur Saraswat community. 12,500 is the number of patients for whom we have rendered completely free care in Karunashraya, the caring centre for end-stage cancer patients, in Bangalore. It also reminded me that since our unit of care is the entire family (and not just the patient in her/his last days), we have cared for about 50,000 persons – i.e. more than twice the size of our Community! What is more fulfilling is the fact that out of these 12,500 patients more than 7,500 have passed away in our care – almost completely pain-free, peacefully and with dignity.

Although Karunashraya's activities until now are restricted to terminal cancer patients we recently had occasion to consider helping another class of needy patients who are presently neglected. These are patients with neurological problems – i.e. patients with stroke, Parkinson's, brain tumour, spinal cord injury etc. Although neurologists and neuro surgeons render excellent acute care to such patients it is unfortunate that there are practically no facilities for the rehabilitation of such patients after their acute care is completed in the hospital. Our Trustees thought that we had enough accumulated skills from cancer care and it would be appropriate to expand into this neglected area. Just as we were pioneers in terminal cancer care it would be good to add neurological rehabilitation to our charitable activities.

But, what is this rehabilitation? The brain is the seat of control for all bodily functions, intellect and emotion. Damage to the brain in the form of a tumour, stroke, brain infection, traumatic injury, Parkinson's etc. can affect the functions that the brain controls. Consequently, the patient could suffer from problems such as impairment in physical functioning, attention deficit and memory loss. Also common are speech and language problems and changes in mood and personality like irritability and apathy.

If undiagnosed and untreated, these problems severely impair the affected individual's daily functioning and performance of basic activities such as self-hygiene, dressing, eating, communicating etc. The long-term effects are social isolation, depression and increasing of family stress.

It is necessary to provide multi-specialty rehabilitation services by professionally trained rehab-physicians (Physical Medicine & Rehabilitation specialists) together with psychologists, physiotherapists, neurologists, speech and occupational therapists to help in the assessment and rehabilitation of patients with these problems. Neuro rehabilitation is a team effort of all the above disciplines and not just of any one or two of them.

The new centre will provide a tailor-made rehabilitation programme for each patient taking into account the physical as well as the psychological needs. The philosophy will be to provide a comprehensive individualised programme which addresses the needs and desires of the patients and their families. The emphasis of the centre is to make patients proficient and independent in activities of daily living. Since this sort of care can last for much longer periods than terminal cancer care it will be run on a not-for-profit basis so that the profits are used to provide free care for the poor and the needy.

Activities of the Neuro-Rehabilitation Centre

A. Neuropsychological Assessment and Rehabilitation

Neuropsychological rehabilitation is a specialised set of techniques rendered soon after acute care is given in a hospital but before the patient goes back to the family. It is designed to reintegrate brain-injured patients into better functional states. The programme will incorporate attention re-training, memory re-training and teaching of a series of specialised techniques to improve planning and organisation in everyday life. This training is given.
to the individual and family and also provides group therapy. It has as its essential component a cognitive rehabilitation programme.

B. Physiotherapy/ Occupational Therapy/ Speech Therapy

Under the guidance of senior rehab consultants a physical rehabilitation plan is prepared for each patient. The patient will be provided with physiotherapy as well as occupational therapy aiming at making the patient independent in routine tasks and also to regain the lost interest and ability in areas of work and leisure. The goal is to involve the patient in a wide range of organised and regular activities to attain manageable, supportive and independent lifestyle.

C. The Neuro-Rehabilitation Day Care Centre

The programme will provide day care facilities for patients suffering from dementia or brain injury. In addition to neuropsychological rehabilitation, physiotherapy and occupational therapy the patients will be engaged in structured programmes like prayer, yoga, article writing, newspaper reading and would end with a review of the days activities. Outdoor visits, games, picnics and multimedia screening would also be organised for patients to help them re-develop their social and functional skills.

D. Home Care

For those patients who need to be cared for at their own homes the multi disciplinary teams will visit them at home and provide this care. This is a sorely needed service and we can foresee that it will be very popular.

On the one hand life expectancy has increased and many of these neurological conditions manifest themselves in later life. On the other hand, younger people tend to have accidents which damage their spinal cords and disable them for the rest of their lives. In both cases it is not only the patient but at least one other family member who needs to be fully occupied in the care of the patient. Thus two lives suddenly become unproductive. The mental trauma for both, and for the rest of the family, is unimaginable and even if we can help the patient to become self-sufficient it will serve a much needed cause which unfortunately is completely lacking today.
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Conceptualized and initiated by Parama Pujya Sadyojat Shankarasram Swamiji to instil the spirit of seva in the Chitrapur Saraswat youth, the Kara Seva Shibir has truly come a long way. The location has always been Shirali as it is here that the connection with the Math and the Guru Parampara can be most effectively established. In the presence of the Samadhis of our Gurus and with our present Guru monitoring and guiding at every step, can there be a more conducive atmosphere or location?

It was in the summer of 2005 that the concept became reality with our effort spearheaded by the President of the Standing Committee, Vinod Yennemadi mam. In the initial years of the millennium, except for a few of our youth from Mumbai, not many were frequent visitors to Shirali even otherwise. The shibirarthis, therefore, largely constituted yuvas from cities like Mumbai, Bangalore and Pune, with very few from smaller towns. This was understandable because the organizing sanchalak group was located in these cities and word of mouth being the most effective way of announcement, it was easier to spread the message locally.

Summer time was chosen as youngsters from colleges could participate during their holidays. However, unpredictable exam schedules caused many to drop out. For older yuvas, work and academic pressure also took their toll, and many could not attend. The directive from Parama Pujya Swamiji to include boys and girls who have just appeared for their SSC exam changed this and a lot of youngsters in the 15 and 16 year age- group came forth to join the shibir.

The welcome change over the years in the eagerness to enrol in the shibir is gratifying. Thanks to successive shibirs and the recounting of their fulfilling and fun-experiences by former shibirarthis, today the participation is widespread, with parents from sabhas of many smaller towns and rural locations encouraging their youth to be part of this annual event. The yuvas are also very enthusiastic about joining the shibir. Summer holidays and a destination far away from home make us forget a lot of discomforts when we are young. Heat, dust and sweat become secondary and experiencing new activities takes pride of place. Loss of sleep, so important when one is at home, is brushed aside and making use of every minute of the day in the presence of new- found friends becomes the main aim in life - the change is magical!

Activities at the shibir comprise introduction to the spiritual aspect as well as those that demand physical effort. Seva-bhava is the main theme of the shibir and this is always kept in mind whether one is working in the fields at Kembre or in the Math, performing santarpana- seva or serving during mealtimes, or singing bhajans during pujas.

Having experimented with various types of activities, a broad pattern has been standardized over the years, keeping in mind the unforgiving weather of Shirali in summer.

When the sun is just rising and low on the horizon, there is the daily kara-seva on the farm, a favorite with the shibirarthis. Spreading manure in the fields, cleaning the bottom of the lake of its mulch, raking of leaves and tending to the cashew plantation could never been more pleasurable! Sweating it out also has its just rewards at the end in the form of fresh jackfruit and mango!

Indoor activities have their share of spiritually-oriented sessions, whether it is an introduction to our revered Guru Parampara, Vimarsha, Swadhyaya or guided Anushtana. Participation in the daily rituals of the Math is an important part of the shibir enabling each one to strengthen the connection with our premier spiritual nucleus – Shri Chitrapur Math. Those desiring mantra-deeksha from Pujya Swamiji are also initiated by His Holiness.

To make yuvas understand that our Math also plays a large part in the academic and socio-economic development of the region, participants...
are introduced to the various projects initiated by the Math, in the vital areas of rural betterment, education and woman empowerment. Visits to the Srivali High School, Parimochana project sites and Samvit Sudha enable them to see and interact with the people who are part of this movement and the happy beneficiaries as well. Learning while having fun is emphasized, and all the tasks definitely become easier when there are friends all around. Indoor sessions are made largely interactive and interesting with a quiz or game introduced whenever possible. Outdoor visits to the beach or the Panchavati hilltop with Pujya Swamiji are looked forward to and every moment spent with the Guru cherished. A surprise visit by Swamiji to the Kara Seva site is like icing on the cake!

This multi-faceted exposure has gone a long way in instilling a feeling of pride and belonging in the Chitrapur Saraswat youth. The results are seen today, whether it is in the form of active volunteering by our youth at all events in different sabhas during the year, or as former shibirarthi metamorphose into young sanchalak and trainers in their chosen fields. Enforcement of discipline has always been an important aspect of the shibir and at times, a bit of protest, some rebellion does happen. For the sanchalak group handling the situation, it becomes imperative, at such moments to be firm and diplomatic at the same time, especially as the subject audience comprises young adults and also because the sunshine of good humour floods right back pretty fast!

The early years of this Kara Seva Shibir were a developing stage for both the shibirarthis and sanchalaks, with each group sizing up and trying hard to understanding the other. For urban youth, being confined to the Math premises for a full week, except when taken on guided tours, may have earlier seemed a daunting prospect. To add to this there was the unwritten code of conduct with its set of dos and don’ts – like the rule of lights-out-by 10 pm and a wake-up call at 5am, which makes sure that you are neither wide awake, nor sleepy, when you are not supposed to be. Over many shibirs, however, as the feeling of “you” and “us” has melted into “we together”, the occasional belligerence has been largely replaced by mutual respect. Being in Shirali deepens the connection with our rich heritage and our Guru Parampara and the many activities ensure that each one’s talent is brought forth. A lot of inhibitions are shed and perceptions about each other are changed under the great leveler- our beloved Math.

Today, youngsters are forever trying to seize an opportunity to be in the presence of their Guru and they eagerly volunteer to do any task at hand. Visiting Shirali, therefore, is no longer seen as an event just for the older generation – because Shirali has become a “happening” place, to borrow a term from the ‘Yuva- dictionary’.

A surprise visit by Pujya Swamiji to the Shibir site is always very, very welcome !!

( Photo credit: Kishan Kallianpur)

**A “MUST WATCH”!!!**

Do see the brilliant short film on the Kara Seva Shibir of 2012 (can be accessed from the webcasting/video clips section of www.chitrapurmath.net). In just 20-plus minutes it captures the spirit and purpose of this annual shibir with a sensitively compiled run-through of action clips and ‘speaking stills’. What is also praiseworthy is that this sleek video has been created by a talented team of yuvas- Darshan Kulkarni, Maithily Padukone and Madhura Haldipur (filming and script) assisted by Arjun Rao with music by Nishad Mishra and the finance co-ordinated by Navin Bijur. Take a bow, young friends, you really ‘rock’!
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For kindness, compassion, being generously giving,
And turning the cheek, being always forgiving,

For all that life gave you, and took away, more,
For taking each tumble, without keeping score,

For teaching us all, of what life’s truly worth,
Staying cheerful, content, meek, inheriting the earth...

Love you, forever.

Children, grandchildren, extended family and dear friends.

Manjula Halady - One with the Almighty,
15th March 2013.
Our Beloved AJJU……
(19 June 1922 to 26 January 2013)

Sri Balachandra Talgeri, fondly called and remembered as AJJU by all of us, left for heavenly abode on 26 January 2013 at Bangalore. Some fond memories about him - Ajju was born on 19th June 1922 in a tiny village Baindur, where he did his schooling. He started his career in RTO office in British regime before taking up an appointment in Telegraph office. After serving in various capacities, Ajju retired as Superintendent Telegraph Traffic in 1980, Hubli being his last posting.

Ajju entered into wed lock with Aayee in the year 1950. Aayee was an able and excellent companion to Ajju. Her unobstrusive yet effective skills as a home-maker were in the forefront as she took complete care of the home front while she supported him to bring up a family of 6, inculcating in us good values and leading us to follow in their footsteps. We never realized the pains or efforts they put in to provide good education, a strong foundation of noble value systems in life, enabling all of us to settle down smoothly in our respective lives. The sixty-three years of their companionship stands out as a beacon light or a trail of glory, for all of us to emulate and follow. We proudly say that we celebrated 62nd wedding anniversary of Ajju and Aayee on 11 November 2012.

When I speak about Ajju, his three major attributes, part of his personality, comes to our mind. The first one is his sense of ownership and readiness to shoulder responsibilities. IT IS SAID THAT WHEN THE GOING GETS TOUGH, THE TOUGH GET GOING. He would never shy away from taking ownership or any responsibilities. Being the eldest sibling, he had to shoulder the responsibilities of his two sisters and two brothers – their education marriage etc. God always tests those who accept challenges. Ajju was blessed with 5 daughters and one son. With children came additional responsibilities of bringing up 6 kids. Ajju accepted all these challenges and responsibilities with aplomb and smile.

The 2nd great quality of Ajju is his concern for others. Ajju was concerned about everyone in his family. But the definition of his ‘Family’ was very broad. It meant Everyone around him, his family, relatives, guests. He was so concerned about the guests that many times it would embarrass them. But he did not care for any comments because he had true and sincere concern about others.

The 3rd quality which we admired and a lesson to all of us to imbibe within us was his fair and fearless nature to say what is right and what is wrong. If he noticed wrong or injustice done to anyone, he would not think twice to raise his voice and put his foot down. This nature earned him respect from everyone around him.

I would be failing in my duty if I did not mention the astrological brilliance of Ajju. This has helped scores of people friends, relatives, unknown people etc. Ajju would always ask us not to follow astrology blindly but to take it as a guiding factor and use our free will and judgment to make a decision.

Friends, the year 2012 was a difficult period for Ajju, health wise. He had to undergo a surgery, followed by lot of pain and suffering. It was very difficult for him and also to all of us in the family to see Ajju in pain. After leading a disciplined and healthy life of 90 years, he breathed his last on 26th January 2013 at 11.25 pm.

We would like to thank all our relatives and friends who came from various places like Mumbai, Pune, Hubli, Belgam, Gadag, Davanagere, Ahmedabad to be with us and support us in our difficult times. Ajju is with us no more. But he lives in our hearts and memories and guides us along the ups and downs of life with wisdom and cheer. May his Soul Rest In Peace………..

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Photos of Yugadi program at Andheri Sabha (Report on page 64)

Cast of Sanskrit Skit

Sangeet Sandhya by Shailesh Mavinkurve & Group
Saraswati Vandana by Children of Prarthana group

We’ve lost
a Great
Grandmother,
a Grandmother,
a Mother,
a Sister,
a Relative,
a Friend,
a Humanitarian,
a Teacher,
a Pillar.
And yet with
a heavy heart
it’s comforting
to know
our loss is
HIS gain.

Fondly remembered by
Shirurs, Nayampallis,
Ullals, Padbidris,
Relatives and Friends.

GIRIJA VIJAYANAND SHIRUR
(17th MAY 1926 – 4th APRIL 2013)
13/5, Talmakiwadi, Tardeo Road, Mumbai – 400007
When a man turns sixty it is not just another birthday that is to be celebrated with the usual greetings, gifts, cards, flowers, cake and candles. While it may include all that, it also calls for no less than a sacred Vedic celebration called ShashtyabdiPoorti.

ShashtyabdiPoorti is a Sanskrit name for a special ceremony on a person’s sixtieth birthday.

'Sasti’ being 60, ‘Abdam’ the year, with Poorti signifying the completion of 60 years in a man’s lifetime. It is also a happy event that reinforces the existing bond between the man and his wife and is expressed in the unusual custom of a remarriage of the couple watched fondly by a retinue of children grandchildren, relations and friends.

It has a special place in the Hindu tradition since the Hindu calendar follows a 60-year cycle. On this day, all the celestial bodies are said to align in exactly the same way they were during the birth of the individual concerned. The entire family gathers to give and seek blessings to the subject for continued good health and prosperity. The subject and his spouse reaffirm their wedding vows and there is a re-enactment of their wedding ceremony.

At sixty, man has crossed only 50% of his life because the actual span of his life is 120 years according to the Vedas. A sixtieth year, which is just half the span of time originally given to man is considered a critical period. According to the science of Hindu numerology, 6 happens to be an uneasy number and therefore 60 is a time when the ruling planet of a person may have an adverse effect on a man’s life; He performs a religious Shanti, a measure undertaken to ensure good health, peace and longevity.

The 60th birthday is celebrated in an elaborate manner by performing the ‘Ugrarath Shanti’ to ward off bad planetary influences, effects of evil spirits on one’s life and so on. At the age of 60, metabolic activities become a little less, resulting in unhealthy physical and mental conditions which cause weakening of the body and mind.

Good health is the pre-requisite quality for performing any duties, especially those related to Dharma. Till the age of 60 years a normal human being is busy with various activities connected with accumulating material wealth for obvious reasons. After 60, the change in life should result into the same person pursuing spiritual goals.

‘UGRARATHA SHANTI’

Human life is the greatest of all lives because God Almighty has bestowed virtues like reasoning “Viveka”, kindness ‘Daya’, knowledge ‘Jnana’ and so on.

Religious duties or ‘Samskara’ can be divided into 3 parts, viz. Nitya (daily), Naimitik (at a particular time) and Kamya (occasional).

Ugraratha Shanti is a Naimitik Samskara.

Ugraratha Shanti is also known as ‘Markendeya Shanti’ and ‘Shashtabdi’. This Shanti is performed after the completion of 59 years of age and before the commencement of 61 years of age. After thorough scrutinising (a) date of birth (b) Janmanakshatra (c) Chandra-tarabala, an auspicious day is fixed for performing this Shanti. On this appointed day, after the ‘Mangal Snana’ the pooja is performed with a humble heart and reverence to:

- ‘Markendeya Rishi’ with a prayer to bestow, a healthy and long life. After the pooja and havan of ‘Markandeya’
- the ‘Navagraha’ pooja and havan commences with a prayer to ward off the bad effects of the planets.
- After this ‘Ashvathama’ and other ‘Chiranjeevas’, ‘Maha Vishnu’, ‘Kumudadi Shodash devatas are invoked with pooja and havan and their blessings are sought.
- To invoke the blessings and krupa-prasad of ‘Mrityunjaya’ – ‘Mrityunjaya’ havan is performed.
- Rudrabhishek as well as Kumkumarchan is also performed.
- Thereafter ‘haldi-kumkum’ and ‘Satakar’ of Suhasinis (married ladies) is performed.
- Similarly ‘dakshina daan’, ‘Santarpana’ is performed to ‘Brahmins’ to seek their blessings.

It is our good fortune that we are able to carry out these rituals as prescribed in the ‘Shastras’ for our well being. We should be eternally grateful to God Almighty for granting us this human life.
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With the very title, Deepa Kodikal places all readers in the same bracket as seekers of repute, regardless of the distance covered in their spiritual quest. The author clearly implies that Enlightenment is not the exclusive goal of a privileged few. Any mortal can seek it, attain it. The time taken depends on each individual's effort and focus while working towards the goal.

Having herself achieved Self Realization when she undertook “A Journey within the Self”, Deepa Kodikal is ideally equipped to point out the signposts along your chosen pathway in pursuit of your ‘Birthright’. The book opens a window to the ‘exciting and momentous experience’ of coming ‘face to face with God’. Who can resist the temptation to set out in quest of such a glorious goal?

To the untutored layman, the concept of ‘duality’ is more acceptable, more comprehensible: the seeker (self) is an entity moving along the spiritual path towards the Absolute (Self), a seemingly ‘separate’ entity whom he perceives as the goal. But Realization dawns even as he merges with the Divine to discover that the seeker and the Sought were one and the same; had always been. It is this moment of Truth, of Revelation, that we call Enlightenment, ‘Self-realization, Moksha, Mukti, Kaivalya, Nirvana’. This, indeed, is liberation, freedom from ignorance.

The author uses an effective simile to explain the oneness of the individual and the Infinite – the mind is like a pot which ‘superficially separates’ the all-pervasive air inside and outside it. When the porous, impermanent pot is broken, we sense the continuity of air. Similarly, ‘when the impure mind dissolves’ – like the ‘pot’ – it leads to the ‘state of merger of the individual and the Infinite Consciousness’. Self-realization, thus, is nothing but ‘Atma-sakshatkaar’ or discovering one’s ‘true identity’ – ‘coming face to face with… the Atman’

The ‘Mahavakyas’ of the Upanishads but highlight these principles – take for instance ‘Aham Brahmasmi’: it states without a trace of ambiguity, “I am Brahman.” What greater authority do we need?

The Lord is Sat-Chit-Ananda – Existence, Awareness, Knowledge, Bliss. ‘Sat, Existence is the dynamo of life, throbbing, thundering, pulsating … flowing from the Lord….Chit, Awareness,……dormant in minerals, stirring in plants, active in animals and dazzlingly self-aware in humans…..Ananda is Bliss, Love, Ecstasy, all-pervasive and eternal…..Shakti, ‘the Divine Cosmic Power,…..is responsible for the life flowing in the Universe. All movement, all activity… are due to Her.’ Indeed, it is Shakti, the Lord’s own power that ‘styles this matter-material .. into primal elements that group and re-group, forming complex visible matter’.

One thing the lay reader will immediately relate to, without any initiation into the field is the author’s concept of God. Each one of us feels what the author has expressed in chaste, impeccable English – that ‘in attempting to describe the Lord,…all superlatives seem so dry, so limp, so lifeless, so impotent’. For ‘language itself is inherently inadequate for this purpose’. Revelation alone can fathom this mystery.

Another fascinating aspect of life that has always baffled the human mind is the Law of Karma. It is best explained in the author’s lucid words: as that which ‘arranges for whom we are to meet in a particular birth to work out the Karma’ that involves him or her……..

The taste of sugar, the fragrance of flowers, the feel of silk, the sound of music, the beauty of a sunset…. Are all these, seemingly so real to our senses, unreal, illusory, like the rest of the world - only ‘mithya’? What is the difference between dreams and visions; between mind and pure consciousness? How does meditation purify the mind?

Answers to such profound questions will unfold before your mind’s eye in easy-to-comprehend language in this enthralling book with its hundred and eight chapters - excluding the ‘Last Word’. A hundred and eight – the number of beads in a japmala, that simple tool that supports you in your inward journey.

Anyone seriously tempted to step into the world of Spirituality, would do well to have this book on his/her shelf. It would be a perfect guide to his Entrance Exam into that Realm.

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The coastal belt of Karnataka, comprising 3 districts, is the land of our forefathers. It is here they established themselves, after migration from Goa and proved their mettle with Nagar Kingdom and later during the British regime. The lush, green and fertile land and ever-protecting Divinity enshrined in various temples have been the driving force in their lives and achievements.

To those of our Community members, born and brought up outside Kanara Districts the land of our ancestors has been beckoning and recent instances of “Naga Dosha” etc., have compelled them to visit their “Moola Sthana” and remain in touch with their “roots”!! These visits have also enabled them to offer prayers at our most venerated Shrines- Shree Chitrapur Math, Guru Samadhi Maths and Shrimath Anantheshwar Temple, Vittal.

Our forefathers, it would appear, led a quiet and peaceful life in their villages. They were devout and worshipped their Family Deities. Besides, a number of our households also believed in “Daiva (Bhoota) Aradhane “. Some of them even had a “Daiva Sthana” or a “Daiva Pratima” in their property or in the neighbourhood. This article is an attempt to highlight salient features of “Daiva Aradhane” and dispel any misgivings/ apprehension or fright concerning “Daivas” and also to bring into focus, the rich and vibrant culture, heritage and tradition concerning this form of worship, for the benefit of our younger generation.

“Daiva Aradhane” is very much prevalent in and spread across Dakshina Kannada, Udupi and part of Kasaragod( Kerala) Districts. The Tulu speaking areas of the region, popularly known as “ Tulu Nadu “(from Mangalore upto Kallianpur River) is the domain of “Daiva Aradhane “. Along with traditional worship of various Deities at Temples, the locals also offer Prayers at “Daiva Sthanas”, which are part of their day-to –day lives and endeavours.

According to research scholars and texts there are more than 400 Daiva forms, throughout the region and are being worshipped with great devotion and faith.

WHAT ARE “DAIVAS”?

“Daiva” is a spirit with super-natural and Divine powers. It is a ‘protective and guiding’ force for the locality and for those who believe in this form of worship. Daiva worship is unique, special and significant and has come through generations. The Daiva-s thana-s can be seen throughout the Tulu Nadu region. In villages, generally, each and every ‘Gutthu'(traditional, time honoured families of village Chieftains or affluent families) houses a Daiva- sthana, which is a separate ‘ Gudi’ with Mangalore tiled or thatched roof and a Daiva idol installed therein. In some cases, there could be a small wooden table similar to the one used for separating harvested paddy, with a Daiva mask or swords or other armaments or ornaments. There are instances where Daiva idols are installed inside homes. One may also come across Daiva presence in the form of a pillar or stone, located in paddy fields, forests or hill-tops.

DAIVA ARADHANE

‘Daiva Aradhane’ takes place, generally, once a year and these rituals, in the traditional form are known as ‘Kola’. For certain Daivas, the traditional rituals are governed by ‘Shastras’ and this form of worship is known as ‘Nema’ or “Nemotsava’. There are some other ways of worship- such as ‘Agelu,’
‘Tambila,’ ‘Maime,’ ‘Sirijatre,’ ‘Vottekola’ etc. In case of ‘Ullalthi Daiva’, the annual ritual is known as ‘Kajambu Jatre’. For Daiva known as ‘Lekkesiri, the ritual includes ‘Kenda Seve’ (the Daiva impersonator, in this instance, treads over red-hot, burning charcoal!!).

Kola or Nema celebration is a big occasion for the house-hold, Gutthu, village or the Temple. It is a whole night programme and in some cases, may also involve ‘Utsava’. Devotees assemble in large numbers, particularly if it is a village or a Temple event and partake in the Divine proceedings.

**VARIOUS FORMS OF DAIVAS**

While familiarising ourselves with the culture and tradition of Tulu Nadu, with particular reference to Daiva Aradhane, it is important and interesting to identify different forms of Daiva-s.

1) Daivas in animal form – ‘Huli Daiva’ or ‘Pili Chamundi’ (in the form of a tiger), Nandi-Kona (Ox and He-buffalo), Haiguli, Panjurli (Wild Boar) etc. come under this category.

2) Human forms transformed into Daivas after their super-natural and heroic deeds during their life-time – Koti-Chennaya (twins, also known as Brahma Baidarkala), Kalkuda-Kallurti, Kod-Dabbu, Babbarya, Koraga-Taniya etc constitute this category.

3) Gana-s(entourage or retinue) of Lord Shiva and Devi Parvati and linked to ‘Purana-s’(ancient scriptures)- these are considered part of Divinity and worshipped in “Vedic” tradition. Kodamanthaya, Kaktheshwari, Kaleeshwari, Jumadi (or Dhoomavati), Annapa Swamy, Vishnumooorthi, Guliga etc. are categorized here.

In our own Community Temples, Daivas play a prominent role as ‘Kshetra Rakshakas’ in at least 2 Temples. Guliga is the Kshetra Rakshaka at Shrimath Anantheshwar Temple, Vittal. The annual ‘Kola’ is offered to Him immediately after ‘Shasti Maharathotsava’. Raktheshwari, Bobbarya and Nandi-kona are the Guardian Spirits at ‘Adi Sthala’, Vokkettur. Raktheshwari is also worshipped at ‘Kumara Vana’ near the Temple.

At Shree Umamaheshwar Temple, Kailaje, near Karkala, 7 Daivas are enshrined in a ‘Gudi’ in the Temple precincts. ‘Kola’ is offered to them on 2 days-the Temple ‘Vardhani Day’ and the next day.

4) In several, prominent non-Chitrapur Saraswat Temples of D.K Dist., dedicated to Lord Shiva and Devi Parvati, one comes across Daiva presence.

5) Bramha- Rakshasa Shrines are also seen at some places in Tulu Nadu region. These are yet another form of Daivas. There is a Bramha- Rakshasa Sthana in the premises of Shrimath Anantheshwar temple, Vittal.

6) In Uttar Kannada Dist., one comes across Shrines dedicated to- Chowndy, Jetka or Masti. These are also Spirits with ‘Daivika Swaroopa. However, unlike daivas of Tulu Nadu, there is no tradition of offering annual Kola or Nema to these Spirits.


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Subray Anant Ubhayakar
(Mallapur: 31.10.1921 – 10.04.2013)

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Usha & Krishnanand Nadkarni
Chaitanya & Shruddha Ubhayakar
Kanchan & Late Mohan Honavar
Ravi & Rashmi Ubhayakar

Grandchildren:
Maya & Anand, Suraj & Meenai, Shashank & Shamli, Chandrika & Pritam,
Deepa & Prashant, Chakori & Subodh, Mayur & Shruti, Shyam & Dhanashri,
Sonali & Varun, Chinmay & Pooja, Roopak, Rajat.

Great Grandchildren:
Chaitra, Soham, Vedant, Shreya, Divya, Bhavesh,
Shibani, Rishi, Samvit, Priya, Vanshikaa,
&
All the Relatives and Well-wishers.
HAPPY 90TH BIRTHDAY

Vijaya Gurunandan Bhat
(nee Durgabai Hemmadi)
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Personalia

Shri Prakash G. Burde is a well-known connoisseur and critic of Classical Music. He was awarded the “Sadhana Shikhara Prashasti” on 17th Feb, 2013 on the occasion of the “8th Sahitya - Sanskruti Samavesha’. The programme was held at Karnataka Sangha Mumbai on two days (16th and 17th Feb, 2013).

Shri Shivshankar N. Surkund received yet another award from Public Relations Council of India (PRCI) with “Hall of Fame” under their “CHANAKYA” Award on 22-03-2013 in their Annual Awards Function held at Hyderabad on 22nd February 2013. The award was given by Shri Uttam Kumar Reddy, Minister for Housing, Andhra Pradesh along with a certificate, in recognition of Shri Surkund’s contribution to PR profession, as Faculty and through the Books written by him, particularly in Banking Industry.

Since Shri Surkund was conducting a 3 days programme at Delhi for PROs of Punjab National Bank, and could not physically attend the function, Shri Ramkishor Mankekar, who is also a recipient of this award, accepted Surkund’s award on his behalf.

Shri Uday B. Shirur has an unusual hobby and passion – whistling! He rendered his 1st ‘whistling’ performance on national TV DD-Sahyadri- Music, Masti Gappa ani Gani on 9/2/2013. In the allotted time of 11 mins he performed 4 songs and also answered the questions raised by the host. Ms. Varsha Usgaonkar such as—

- practicing with karaoke tracks of about 2000 songs (Hindi & Marathi), recording and sharing this with colleagues who give feedback about the nuances of particular songs for improvement,
- doing Sudarshan Kriya (a rhythmic breathing exercise/yogabhyas/pranayam), Anulom, Vilom & Kapal Bharti on empty stomach early in the morning.

He says his goal is to promote whistling as a serious art form and not ‘tapori giri’ (eve teasing). The IWA aims to stage a ‘Whistling’ Idol on the lines of Indian Idol.

Shri Arun S. Ubhayakar has been nominated a member of the Konkani Advisory Board of the Kendra Sahitya Academy, New
Scientists in the past were not used to perform experiments to verify their theories. Everything, it was thought, could be resolved by thinking. That was the period of Aristotle. It was Galileo who introduced the culture of doing experiments. Dropping cannon balls of various sizes from the leaning tower of Pisa is well known to prove that all of them fall at the same rate. Below is an interesting fictitious dialog between the two stalwarts.

Aristotle: A heavier body falls faster than a lighter one according to me.
Galileo: So, actually you believe so?
Aristotle: Of course, that is the obvious conclusion.
Galileo: If that is so, I infer from your theory that heavier body falls more slowly.

Aristotle: How is that?
Galileo: For if I join the two bodies with a string, the lighter will slow down the heavier, while the heavier will speed up the lighter. They will therefore will fall at a rate intermediate between the two bodies falling alone. But since I tied them together, the two bodies have been turned into a single mass which is heavier than either. So surely it should fall faster than either body. We are therefore faced with a paradox. It appears to me that the only way to resolve this paradox is to conclude that all the bodies must fall at the same rate.
Aristotle: Your paradox is indeed intriguing.
Galileo: How about we do an experiment with two balls to test it?
Aristotle: Eh?
(Taken from J.N.Israelachvili Intermolecular and surface forces. Academic Press Third edition 2009)
Nom-Tom Tradition Revisited
A CONCERT REVIEW BY PRAKASH BURDE

Hindustani Music Concert - Artist: Susheela Mehta (Ullal) at Shrimat Anandashram Hall, Talmakiwadi on Sunday March 17, 2013, 5.30 P.M.

Inner Courtyard is a prestigious organization of Mumbai. Periodically, it holds very interesting and absorbing events in the spacious Chavan Auditorium near Mantralaya.

That inner Courtyard had featured Susheela Mehta Ullal as the dancer of merit in Bharatnatyam style and that the very next day she came to perform a vocal recital in Hindustani music in the KSA, was the proof of Susheela's versatility in both!

Agra Gharana to which she belongs, is known for its most traditional bandishes having less number of words, poetically selected, constructed in the spoken dialect of the bygone era, and if sung totally involved, sustain poetic appeal. Trained by the best teachers available like Pandit Ramarao Naik in Bangalore, the then Khalifa of Agra Gharana Ustad Khadim Hussain Khan in Bombay, and now Pandita Lalith Rao senior disciple of the Ustad again now in Bangalore, Susheela began with the Sadarang bandish ‘Balabala Javoon’ in Puriya Dhanashree followed by ‘Payaliya Jhankar’. As the readers are aware, both these bandishes are very popular and the vocalists from all Gharanas sing these and thus listeners are quite familiar with the diction, the way they are sung, embellishing with every available nuance gracefully. Susheela too did full justice to these Sadarang compositions in the 45 minutes she invested in the elaboration of this theme. However, it must be mentioned that there is an invisible link between the last word in the first bandish in asthai, “Bala Re” with the last words in antara, ‘maanata nahin bure’. Be it Balare, banare or Bure, there is an unseen poetic rhyming in the whole bandish culminating the thought process of Sadarang who says that people of your village are bad (Bure) and hence will be dispatched to Des (far away)! However, this feeling somehow did not come out expressively, though. It must be mentioned that her drut bandish ‘Payaliya Jhankar’ was flawless.

Susheela’s next item in Rageshree was truly a master piece. I have rarely heard even from the now living Ustads of the Gharana, such type of Nom tom alap as heard from her that day, in the last two decades! She won over the hearts of the listeners by her exceptional presentation and the slow building up of the tempo with each thoughtful investment of swaras and exhibited her prowess. Her presentation reminded me of Shrimatibai Narvekar of the bygone era. Extraordinary surfeit of sargams delivered with clarity and finesse were impeccable. Considering the brevity of the concerts which have been reduced by the organizers and by some artistes too, to two hours from the usual three hours with a coffee break, her unusually long alap lasting 25 minutes without much repetition, was truly admirable.

In these days when tigers, lions and other varieties of fauna are considered as endangered species in jest one can say that Gharandaz singers too belong to the endangered species! One could add that full throated nom tom alap too falls into this endangered category! Even the so called Khalifas of the Gharanas finish their ‘job’ in just 10 minutes! It was admirable that Susheela excelled and presented one of the most memorable mehefils heard in a long time.

Omkar Gulwadi, one of the most sought after accompanists, always enjoys the challenges thrown to him and he rose to the occasion whenever such occasions were demanded by the singer and also rhythmically added glitter to the concert. Hemant Hemmady too, was impeccable in Puriya dhanashree but was not in a position to reach the heights that the main singer had achieved in the following Rageshree nom tom alap.

Earlier, heartfelt condolences were offered to Murlimam Hosangadi, one of the finest connoisseurs of the fine arts like music and dance His presence in the last Sangeet Sammelan organized by KSA despite his ill health was fondly remembered. Deepa Savkur did a splendid compering in flawless Konkani.
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My dear Papa, Adieu………………
I never heard him say- I love you
But in his care and deeds, he showed it all
Be it with ice creams when I was little
Or the ointment and cotton after any fall
Chocolates and dolls very often
Or treats and gifts, big and small

There was this silent goodness to him
He advised less, his actions spoke more
No resentments, no bitterness,
His life had forgiveness at the core
He made friends with life itself
So pains and discomforts he patiently bore

Our heavenly father, I have this to say
Please bless my dear father
He was my most beloved mentor and teacher
Try as I might, I can't think of any other
Both my parents are with you now
Keep them safe as only you know how

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REMEMBRANCE

Eknath Kati
30TH MAY 2012
We thought of you with love, today
But that is nothing new,
We thought about you yesterday
And days before that too
We think of you in silence, now all we have is memories
And your picture in a frame.
Although you are away, we always have you deep in our hearts.
From - Katis, Talgeris, Pandits & Mundkurs

Shridhar Bhavanishanker Bellare
(Age : 84 yrs.)
Husband of Late Smt. Radhika Bellare
left for his Heavenly Abode on
7th April 2013 at Pune.
Deeply mourned by his Daughter
Suvarna, Sons Subhash and Vinay ,
all their family members, relatives and friends.
May God grant his Soul Eternal Peace.
Life in the 21st century for many people has become a life of convenience. With the progress made in the field of science and technology a lot of things are being done literally at the push of a button with minimum physical efforts. While this has no doubt increased efficiency in many cases, on the flip side the fast paced life has also changed our lifestyle and has resulted in many illnesses, root causes of which can be traced to the imbalanced lifestyle that many of us especially in urban areas today lead.

While the average life span has increased, for a vast majority of people the quality of life in terms of general well being has not seen much improvement. It is rare to see a person who has no minor/major physical/emotional ailment. Rising costs of medical care have in many cases made diagnosis and treatment unaffordable to the common man.

In such a scenario alternative healing methods are increasingly playing an important role and gaining acceptance along with the conventional medical science in healing patients.

Pranic healing is one such alternative healing technique. This article aims to introduce the reader to the basics of Pranic Healing.

A little about the founder of modern Pranic Healing - Pranic Healing as we know it was given to the world by Grand Master Choa Kok Sui. Grand Master Choa spent most of his life in Philippines. A Chemical engineer by education and a very successful business man and philanthropist, Grand Master Choa did extensive research and experimentation for over 20 years before arriving at the specific techniques and healing protocols that are used today in Pranic Healing. He also wrote many books which are very easy to understand thereby ensuring that his teachings are not lost.

So what is Pranic Healing all about?

“Pranic Healing” is a powerful yet simple healing technique. The word “Pranic” in Pranic Healing is derived from the Sanskrit word “Prana” which means “Life Force”. This is the energy that is vital for the health of our physical body.

A normal human being can only see the physical body with his naked eyes. However there are more bodies beyond the physical body. One of these bodies is the energy body also called bio plasmic body or the human “Aura”. The function of the energy body is to absorb the life energy or Prana from various sources like the Sun, air and earth and distribute it to the physical body. This is done through the “energy Centre’s” or “Chakras” at different points on the energy body.

In lay man terms the function of the chakras can be described as follows.

- Absorb clean and pure energy from the environment (sun, air and earth/ground)
- Circulate this energy in the entire energy body
- Remove the used up and dirty energy from the body.

These chakras play a very important role in maintaining our physical and mental health. Due to any reason if these chakras cannot carry out their functions properly, energy absorption, circulation and release of used up energy is impacted. This leads to excess energy in some parts (congestion) and less energy in other parts (depletion). If the conditions of congestion or depletion are allowed to remain in the energy body for a prolonged time, then the energy body, and after some time the physical body are afflicted with diseases. Pranic Healing restores the energy balance and circulation in the energy body and consequently the physical body.

There are essentially three main elements of treatment in Pranic Healing.

Scanning: This is the technique of using our hands to sense the areas in our energy body and the chakras, which have a congestion or depletion of energy.

Cleansing: This is the technique of removing the used up and dirty energy from the energy body.
Energizing: This is the technique of energizing the chakras with clean energy.

The basic Pranic healing technique can be easily applied to treat many common illnesses like fever, cold, cough, constipation and ear and throat ache etc among others. The advance techniques make use of different colors of energies for cleansing and energizing, to enhance the effectiveness of healing and heal more complex diseases. Pranic healing also has a branch of Psychotherapy which helps in healing psychological illnesses and various addictions (alcoholism, smoking etc)

One of the biggest advantages of Pranic Healing is that it is a “No Touch” therapy. In fact the patient need not be even physically present near the healer. Healing can be done distantly with the patient and healer sitting at their home anywhere in the world!! Distances are not barriers in the energy world. This is a big boon as it makes healing possible for people living in areas where health care facilities are not easily accessible.

In today’s challenging, fast paced life, pranic healing definitely has a lot to offer to its practitioners. It is very simple to learn and easy to practice. Anyone can learn these amazing techniques in a few days and master them with practice.

Points to keep in mind

Just like the patient needs to take the full course of medicines to avoid recurrence of the disease, in pranic healing also, the patient needs to continue with the healing sessions even after the initial symptoms of the illness have gone. This is important to ensure that the illness has been cured completely. The healing sessions should be stopped only after due consultation with the pranic healer.

Another important thing to be kept in mind is that Pranic Healing is not a replacement for traditional medical sciences; rather it complements them and helps the patients recover at a faster rate. In case of very serious illnesses or if symptoms persist, medical intervention is necessary.

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*Down Memory Lane*

**A Spooky Birthday Remembrance**

*by Smt Nalini S Nadkarni, Mumbai*

We had recently moved into my husband’s office quarters. My daughter Nina's sixth birthday was fast approaching, and we had decided to invite all the neighbours, so that we could get to know them.

For the party, besides the eats, we ordered ice cream cups. The party went off very well. Later, as I was about to throw the empty cups in the garbage can, Nina begged me to keep them, saying she wanted to do something with them. I agreed, and collected them all in a bucket, intending to rinse them out the next morning.

Soon, I went to bed, but somehow, I could not get any sleep, and kept turning from side to side. After a while, in the semi darkness, I seemed to see – at the floor level – some small white objects in a row, moving from one side of the room to the other. I could not imagine how this could be possible. It was true that the building was old, and the maid servant had gossiped that she had heard that our house was haunted. But I had not paid any heed to her talk. So what was happening now? Any way I was too tired to get up and switch on the light; so I closed my eyes, trying to sleep.

Sometime later, I heard a soft sound. This time, I felt that I should find out the cause. So I got up, and switched on the light. Lo! What a sight it was! Five or six rats were scurrying past in a row, each one carrying an empty ice cream cup between its teeth, evidently enjoying the remains, while taking the cups to their hide out.

So much for the haunted house!
... तुम बिन जाएँ कहाँ?

निर्यातन्द हनुमानपुर
जेवण ज्ञात्यावर तो वस्तू माह्य हातात ठेवत महणाल्या, ‘हे मी शिळ्ळूसाठी आपल्यांना होतं। पण पृथ्वी माझ नूतनाच आहेस, हे तुला ठेवा, ते काढ आहेत हे मी बाध्यतांतर तर ती कुठल्यात लावण्याची हिरे जवळतरी वजनाची माळ होती।

मला खुप गद्घर्घन आलं। शिष्य महण्याचे शुभेंदु शंकर. मां आफि पंच. वरिष्ठकर यांचा मुलगण. तो परदेशात्य स्थानिक ज्ञाता होता. सुरुवातीला इथे मौकेकडे सतार शिकत होता. मात्र नंतर ती विश्वसंधारोर अमेरिकला गेला. पुढे १९९२ मध्ये त्यांचे तिथिक निधन झालं.

...पण माझं आफि मांचं नंतर बहरात गेलं. मला काय आहवतं, ते थ्यायात ठेवून मांं ते आफि गेलं. अग्रें ती मोक्षात मला खाल बाळत रहिलं. बघता बघता या सान्याला तबतपंचवीं वर्ष होलं गेलं. एकवा वर्तत मी मौकेकडून संगीत शिकलो असेनं किंवा नसेनं. पण एक गोप मात्र नकंश शिकलो. ती महणे माग्यसकी!

पुढच्या महणात मांं ८६ वर्षाच्या होतील. बुढी तललख आहे, पण शरीर वकर्तलं. वंधासहें, मांचे पती कामानिमित्तने बाहर जातात. तेच्या मॉला संभावनाच्या जबाबदारी माझी असते. जबाबदारी कसली, ते माझं कर्त्याच्या आहे असांत ते पार पाण्यात मला असेही आवंद मिळतो. एक्षणा माँचं मला त्यांनी सर्व झालकी की, कुठल्यांही गोस्वासाठी म्हणून केंद्रित धाव ठेवे. पण मांं चेंटे हें महणत, अंतरे समां मला काय संगतोंस-विवाचतोस? मी नसेनं तेच्या काय करतले?

तेच्या जीव खरोखर ठारावुडळ होतो अनु मनात येंत... तुम बनं जाऊं कहऱे?

कठसुत्री बाहुली

देवधार्मांधुमुख नाचे ही कठसुत्री बाहुली नाच तिचा पाहता पाहता मुले ही करी रंगली।

कहाणी पुळुन छान कलाकार हा बोटे फिल्मी राहणाऱ्यांचा िशो किल्ल्यांने ती चित्रकल्याच्या बाळनांना हसवी.

निर्देशन मने ही व्यावसायी गुंताली ता कथेत प्रत्यक्षाचा तल्लेलेही नसता व्यावसायी ठाकूं जतेले हात.

पृथ्वीवरील आफ्नी मानव आहोत बाहुल्या कठसुत्री करतं करविता तोची एक सर्वसाधारी सुधारी.

- सी. कुंदा होसंगडी, यू.के.

निबेदना

दूर थानु आफ्नो हांव राखा बाललाटु
सोणु दोठे माफका पठे निमिर मान तुं।

हात रिते जात्यारी इतै मुळ हे हल्लऱे
कसले दीवूं कसले कोवऱं सगऱं टुपऱे।

अत पान दिलो पूऱी दिलो कसले हांव
तुले थेनु तुक्का दिलं पंक्चे मगले नाव।

मल्यें ईवाँ भौं फुल्ल फुललेचतो
सच निगम कोवऱं फऱझ जाणार रिकलेचतो।

तूँ प्रकाशु त्रिभुवनाक चिन्च आती?
खिंची पातली पूजा मगले ही मे शरणगति।

परिपूर्ण सुधिकर्ता स्वीकार ही अंती
तुलन मात्र चरणर्भ अन्त्य शरण नासित।

- कुणाशार्मा, हांसावर
संस्कृत साहित्य सागरांत्वानु एक थेंबु
आनंद कहले
रामकुमार मेहरा और राजीव गोयना के साथ हमेशा बांधते हैं।
Stanza 3:

There somehow having stood before the object of his wonderment, the servant of Kubera (Rajarajeshwara) whose sorrow was welling up within him, he contemplated upon the Cloud for a long while. Even those who are in the happy state of being united with their beloved who casts her arms around his neck, have different feelings (welling within them) when they see the clouds in monsoon, then what to talk of those who are separated from their loved ones, (and face a cloud)?

Translation

He goes on to say, the yaksha stood for long in front of the cloud.

Next comes the first (in this work of his) of Kalidasa's famous pithy statement detailing the Human nature, which we will have occasion to study many a time during the course of this examination of Kalidasa's poetry. He says, when one sees a (rain bearing) cloud, one who is very close to one's beloved, that one too is afflicted by emotions then what to talk of the one who is away from one's beloved!

Kalidasa now proceeds to describe the state of mind of, our Hero who (presumably) has suddenly come upon the Cloud during his wanderings. He says, having stood there "somehow" please note the word somehow कथमपि. The difficulty is due to various factors, emaciation, expectation, great wonderment at the sudden appearance of the cloud, and his feelings associated with his wife's separation from him all these are combined in one word कथमपि. The word at once shows the helplessness bred out of being forlorn (it is calculated by commentators that eight months have passed of his exile!) in previous stanza we have seen that he is emaciated and hence weak, so again in one word, Kalidas captures the mood and the essence of the situation!

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Next comes the word कौतुकाधानेत: the cause कौतुकस्य आधानम and कौतुकाधानस्य हेतु: the object of the wonderment or appreciation of Yaksha, viz. the Cloud. The yaksha, having with great difficulty, stood before the cloud, and see the next word अन्तव्राण्य: i.e. whose tears are welling within himself He being a servant of the राजराजेश्वर cannot be seen to be crying, he cannot show his emotions outwardly, and please note the discerning reader will immediately note the connection of the yaksh with the cloud, who too is अन्तव्राण्य: has water within him! Thus there is a connection very subtly established by kalidasa between the Cloud and our hero the yaksha. Note again the choice of words and the imagery in which Kalidasa excels.
My First Time at Mc Donald’s

SHIV BAILUR (10 YEARS)

Disney Land, it’s every five year old’s dream.

In fact, my dad had to drag me out of the magnificent place. He was in for it, I had a horrible temper, sometimes I wasn’t afraid to use it….

“Me hungry!” I said in a very angry five-year-old voice. “We can go to Mc Donald’s,” Dad said, “and I told you to speak properly!” “Well, I don’t want to!” I answered back. “Where’s Mc Donald’s?” “It’s a Restaurant,” Dad said quite sweetly, “I know that, where is it?” “You need to talk softer,” Dad his voice still as sweet. Un-oh, stand back everyone, I’m gonna blow.

“It’s about five minutes away from here,” he said quickly saving the day, I groaned, I knew that Dad was making that up.

I was right it was about half an hour. When we got there I was dead tired from the walk.

“Dad are we there yet?” I panted. “Yes,” he answered. HOW ON EARTH DOES DAD HAVE ANY ENERGY LEFT?! I thought, IS HE A SUPERHERO! My thoughts were interrupted by an enormous restaurant.

The restaurant was quite big to me because I was not that tall.

Sitting on a bench was a clown wearing a yellow suit, He had red hair, and a white face and a big “M” on the corner of his T-shirt. He was so scary that I almost made a run for my life, but Dad stopped me.

“What’s wrong?” “The clown!” I shuddered. My Dad looked up, he started to laugh. I wondered why he was laughing. “Er-what’s so funny?” I said nervously. “He’s the Mascot!” Dad managed to say. I wanted to ask what a mascot was but I just shrugged and walked in. Dad followed me. “Where are the waiters?” I asked. “They don’t have waiters here,” he said with a mysterious smirk on his face. “How will we get food?” “I’ll get it,” he said “you find a table.” When he left it gave me a chance to think some more. I found a nice two seat table near the window.

“Good choice”, he said. “Thanks” I replied. “Here’s the food.” He said proudly. To me, that was stunning. “How did you get it so quickly?” “This is a fast food restaurant,” Dad said. I laughed, “Good joke,” I said with a grin. “No, seriously, this is a fast food restaurant,” he said, and he looked very serious. “What?” I said “that’s a real thing!” You see whenever I take in a new piece of information, I make a huge deal about it and ask loads of questions.

The food was deliciously spectacular, “Yummy,” I said slowly licking my lips. “Glad you liked it,” Dad said, like he made it. “Can I have more of these potato things?” “They are called French fries.” He said smiling “and sure you can have some more, but no more after this.” I gave out a small “Aw” but Dad knew it was okay.

After I ate my French fries, I realized Mc Donald’s wasn’t so bad after all, as long as they changed their mascot.

Our Neighbour

BY SAMIR HATANGADI, 10 YEARS; AUCKLAND, NEW ZEALAND

We all forget things sometimes, for example, forgetting to give back an overdue library book.
The disease Alzheimer’s also known as Dementia is a disease that permanently affects the brain – and not remembering everyday things, such as not knowing who members of your family are…or not knowing how to tie a shoe lace.

Our next door neighbour Pam has Alzheimer’s. When we first met her, she was as sharp as a tack. She remembered our birthdays, and even special events at school.
She also had a lovely personality –She was kind, caring, and always willing to help. The same goes for her husband, Warren. He mows our lawns, brings our bins up, and gets our mail for us.

When Pam had Alzheimer’s, we started taking her out to a café or the markets. If Warren was at work, we would invite her to our house. When Warren wasn’t home, sometimes she would knock on our door about eight times in fifteen minutes – to say “I can’t find my Mum or Dad”. But we always had to confess to her that they had passed away. She also used to complain that her car had been stolen. But Warren had just taken it to work.

Pam’s Dementia made her do unsafe things, like walking to places she didn’t know. Once even the police were involved because she went missing, and no one could find her.

We felt really good when we helped Pam – and we were doing Warren a big favour for everything he does for us. Pam is now in a special home for people with Alzheimer’s and similar diseases.

Maybe one day they will make a medicine to cure Alzheimer’s.
Just the other day, I told my mother I wanted to go and chill with my friends over some coffee. We were to meet at Bandra. My mom just could not fathom why I wanted to go all the way to Bandra, just for a cup of coffee! I’m quite sure a lot of parents share the same bewilderment as my mother, and the children share my exasperation. So here I am, trying to break down for you, why sharing a cup of coffee is so important!

It was only in 1665 that the first coffee house “The Grande Cafe” was set up in London. Believe it or not, before that, coffee and tea was not drunk in Europe. Instead, they were on a steady diet of alcohol. Everybody sipped beer in the morning, wine for lunch, and gin or whiskey in the evening! In fact, alcohol was actually a safer drink than water, considering hygiene levels of the time.

Now as all of us know nothing good comes from being drunk all day! And so, in 1665, when imports of coffee and tea began to enter Europe, suddenly people switched from being on a constant diet of depressants to stimulants. And thus began, the Age of Enlightenment. Some of the world’s greatest political, literary and artistic work comes from this era. And each of them has something to do with a coffee house.

I studied this in college. But recently, rethinking this entire phenomenon. I questioned whether the alcohol and caffeine were the only two factors responsible for the creativity that blossomed in that period. Because if that were the case, brilliant ideas should be shooting out of us over breakfast every morning! Or we should be spurting out literary works when we come back home for a cup of tea! But that is rarely the case. So what exactly is it that made coffee houses such a furnace of creativity?

Kevin Dunbar, a psychologist who studied the process of scientific thinking placed cameras all over in several science research companies. He monitored all the conversations that occurred- at the microscopes, around the water coolers, canteen gossip, everything. And he found something very interesting. Most ideas owed their genesis not to lab environments, or structured meetings where only one person spoke at a time, but to chaotic, random conversations that progressed in conference rooms and eating areas. These ideas were furthermore developed when people shared their own failures, successes and reasoning behind these. And when I looked at pictures of the coffee houses in the 17th and 18th century, they looked nothing like our coffee houses today. They looked more like pubs, with stand-alone stools, on which people sat, and met with other people from different walks of life. Astronomers met literary artists, who met physicists, who met artists, who met doctors... and so on. It became exceedingly a place where ideas met through people, to make a life of its own. Many of those people are dead, but their ideas remain. So suddenly, there is a paradigm shift. Creativity is not born in isolation. The Eureka moment, or Newton moment, or the ‘Dimaag ki Batti’, may be just a myth. More often, we pick up bits and pieces from several ideas and string them together. And when we have that beautiful necklace in front of us, we say Eureka! But that idea actually does not belong to you! It belongs to everybody that contributed to the idea. Try to retrace the most creative ideas that you have ever got. Most of the time, it will go back to several conversations that you had over weeks, months, maybe even years. And some of them may have even sprouted over cups of coffee.

And so, I had a new hypothesis. Chaos gives rise to creativity! And to test my theory, I caught hold of my lab rats, my own guinea pigs: my students! First, I asked them to write a story individually. The prompt was this: “you and your friends go somewhere. In the middle of it you get stuck and don’t know how you will get home. And eventually you are home, and you are thankful to God”. Most stories were mundane to say the least.

But when I gave the same topic to them in a group, their stories amazed me. I broke up my class into 7 groups of 4 each. I’d like to share the highlights...
of one of them. This bunch of friends decided to go for a picnic to the sky. So they sit in a hot-air balloon. As they ascend, one of them realises that he needed to use the bathroom urgently. Having nowhere else to go, he decided to relieve himself over the sun. And lo-behold! The sun goes cold and there is chaos everywhere! The story of how they get back and restore order could put a Sci-fi writer to shame! And this was only one of the masterpieces created that day! So I realised, that the connection of ideas, rather than protection of ideas actually takes us forward.

We live in an era where degrees have lost their meaning. UNESCO has predicted that in the next 30 years, more degrees are going to be handed out in the world than EVER BEFORE in the history of education. Combine this with the fact that manual labour is being lost to robots and machines. And with our ever-growing population, the idea that good marks and degrees guarantee a job is becoming archaic. We are thus entering an era in which the importance of creativity is superseding literacy. And how do we become more creative? Well, we obviously need to chill more.

Let me give you one more example, which puts more light on my theory. In October, 1957, when sputnik- Russia’s satellite had just been launched, in the applied physics lab associated with the John Hopkins University, two scientists were seated at the cafeteria table with their colleagues. The buzz of the sputnik was still hovering around, and one of them said “hey, let’s try to listen to the satellite”. So they started trying to tune in, and before they know it, on their coffee table, they got strange beeps and dashes from outer space! They were obviously mighty excited. Another suggested “with these dashes and beeps and some more math, we can probably figure out the where the satellite is! And then also use that to figure out the speed of this satellite!” So they all brought out their notepads, and calculators, and whatever other equipment they had back then, and began to calculate. Within a few days, they had figured out where the satellite would be at any given point in time, using these random sounds.

Now this revelation went viral! A few days later their boss put forth a new puzzle. From a known spot on earth, they had figured out an unknown spot in space. He asked them if they can reverse this process i.e. can they find an unknown spot on earth using a known spot in space. This was also right in the middle of the cold war. America wanted to know where the Russian submarines were, in the event of another war. So putting their heads together they found that this is possible too. So up went some American satellites. It was called the Global Positioning System. Using this, they could construct an aerial view of the world.

In 2000, these satellites opened for public use. It is what we call GPS so casually today. We use it to get to restaurants, theatres, and to some extent watch Ashirvachans of HH online! So effectively, we owe one of the world’s biggest innovative revolutions over a bunch of people chilling over coffee.

Because it is only when groups of people meet, interact, discuss, and chat and so on can real innovation come forth. When we share, neurological sparks literally fly! And who knows, maybe your next cup of coffee while chilling with your friend might give rise to the next biggest revolution!

Ma, I hope I have answered your question about why I needed to go to Bandra for that cup of coffee!

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**Our Institutions**

**Balak Vrinda Education Society**

It was a very rewarding period for our English High School students in December 2012 when the C-D Ward level Interschool Competitions were conducted by the Education Department. The students participated in Essay Writing and Elocution Competition in which our students Chandani Kandekar and Namrata Mishra of Std. X secured 3rd place respectively. Our Junior Science Project on “Pedal Watt Electricity” was highly appreciated by all.

The annual interclass group dance competition was held wherein lovely dance performances were presented and the prize winners were given the opportunity to perform at the annual prize distribution function held subsequently in the following month.

A talk, by a cyber cop Mr. T. S. Dighe, on “Cyber
“Crimes” was arranged for the students of Std. 8th to Std. 10th. Our school has had the proud privilege to be the first school in the jurisdiction of the Tardeo Police Station to arrange such a talk.

The English Primary School organized a wonderful Geography Project for class III & IV on different subjects viz. Means of Transport, Maps & elements of Map. Maharashtra’s Agriculture, main cities and tourist places, Natural Environment, Trade, Transport & Communication. The projects displayed by students were amazing. The 1st and 2nd prize for ‘Maharashtra Agriculture’ and Maharashtra’s major cities and tourist places were secured by students of IV – B and 3rd prize on Communication, Trade and Transport by std IV – A. It was heartening to see students of the Primary School put up such interesting and difficult projects with great enthusiasm. In a sports event organised for Cubs & Bulbuls in which students from various schools participated students of our English Primary School secured totally 11 prizes in different athletic events!

Students of Pre primary had Colouring & Handwriting competitions. Tiny tots of the Pre – primary school also had a fancy dress competition which had all of them dressed up in various costumes. The judges had a tough times selecting the winner. Students of the Nursery, Jr. & Sr. KG were taken on a picnic to a nearby park which they enjoyed.

Our teachers have taken utmost interest in encouraging the students in all fields as well as their all round development to make them competitive enough to face students from other schools. They have made us proud!

Reported by Geeta Balse

Saraswat Mahila Samaj, Gamdevi

February 22nd 2013 being the punyatithi of Kasturba Gandhi was observed as Matru Diwas. 4 ladies were felicitated on this occasion. Mrs. Vinaya Halady who has been teaching small children coming from economically handicapped families for over 30 years, Mrs. Sunila Mallapur who is a beautician specializing in bridal make-up and always helps children with dress and make-up for skits and any programs etc., Mrs. Maya Gangavali ever-smiling and ready to cater during all programs and Mrs. Madhavi Kadle a commercial artist and textile designer who balances this work along with supplying packed lunches. They were introduced by Smita Mavinkurve, Vijayalakshmi Kapnadak, Padmini Bhakkal and Geeta Balse resp.

All the ladies shared their experiences with the audience. Mrs. Suman Kodial welcomed the audience while Gita Bijur proposed the vote of thanks. Refreshments were sponsored by Smt. Shaila Hemmady in memory of Smt. Shrimati S. Hemmady and Smt. Sumitra G. Mankikar.

This year the International Women’s Day was celebrated as “Yuvati Divas” on March 9th. Several Young ladies demonstrated their talents in areas of dance, music – vocal as well as instrumental and oratory. Madhavi Nadkarni demonstrated a small piece of Bharatnatyam along with some yogasanas inviting audience participation. Esha Hoskote presented a popular film song. Gayatri Kamat sang a couple of songs and also played a small piece in the guitar. Ketaki Mavinkurve gave a talk about how real innovation comes forth when groups of people meet, interact, discuss, and chat. Yashasma Savkur and Dhanashree Mallapur gave a Kathak performance.

The programme was given the finishing touch with 5 young ladies presenting the evolution of Women’s clothing through the ages - Anushree Amladi, Shravya Shirur, Riddhima Savkur, Dhanashree Mallapur and Tulsi Manjeshwar. Smita Mavinkurve welcomed the guests and the participants, Deepa Savkur ably compered the programme and Padmini Bhakkal presented the vote of thanks. Snacks were sponsored by Smt. Vidya Kodial in memory of Smt. Premlata and Shri Shankar Rao Kodial.

On March 25th, 2013 Mrs. Shobha Marballi conducted a Cooking Demonstration. She explained how Chinese Cuisine has adapted to the taste of the local palate of different countries and provinces. She ably demonstrated preparation of Gobi Manchurian, Vegetable Dumplings (Momos) and Fried Rice. All observers were served these along with a sweet dish she had brought. Mrs. Suman Kodial introduced Mrs. Shobha Marballi and welcomed all the guests. Mrs. Nirmala Kalambi gave a Vote of Thanks at the end of the programme.

Reported by Mrs. Srikala S. Vinekar and Mrs. Smita Mavinkurve
Bangalore - 10TH March 2013: Mahashivratri was celebrated at the Math with the 4-Yaam Shiva Pujan from 9.30 pm to 5.30 am the next morning, led by Shri Tonse Raghuvireermam. About five members of the laity performed Shiva Pujan individually while a few members of Yuvadhara, for the first time, led the chanting for all four Yamas. About 100 members of the laity joined in the chanting and witnessed the Puja.

7th April 2013: A Laity meeting was held at 6 pm wherein information was shared about Math activities based on the proceedings of the 3rd, 4th and 5th Standing Committee Meetings.

Chennai: Punyatithi of HH Shrimat Shankarashram Swamiji II was observed on 12th Feb. with bhajans. Sadhana Panchakam was performed with usual fervour during the course of the month.

Mumbai - Andheri: ‘YUGADI’ was celebrated by Andheri Local Sabha members on 11th April, 2013 at Bima Nagar community Hall in Andheri (East).

Mumbai _ Dadar: Punyatithi of H.H. Vamanashram Swamiji was observed at the MMM hall with Bhajans. A Seva Saptaha meeting of all those sadhakas who had done seva at Karla was held on the same day wherein each sadhaka shared his/her experience and their responses were noted so that the same could be shared with the laity to encourage them to do more seva. Punyatithis of P.P. Krishnashram Swamiji and P.P. Keshavashram Swamiji on 5th and 6th Jan’13 were observed on Sat 5th Jan 2013 at A5 Karnatak Bldgs with bhajans, aarti and prasad. Punyatithi of P.P. Shankarashram Swamiji was observed with bhajans. Participants of the Bhagwad Geeta Competition held at Grantrooad in Nov’12 2012 and their teacher Smt. Shobha Puthli were felicitated. Mrs. Indu Bellare was felicitatated too for her valued contribution towards Sanskrit Vyakaran of the holy Bhagavadgita’s 700 shlokas in the form of 2 volumes. Around 20 Yuvas from Dadar Sabha assembled for a workshop on Photography on 3rd March 2013 at MMM hall which was conducted by Mr. Prashant Patankar an established photographer. The workshop included a beautiful slideshow which showcased an array of Mr. Patankar’s photography which consisted of Wedding photography, Modeling portfolios, corporate events photography and Nature photography.

10th Mar’13 Mahashivratri was observed at Karla Math. Nearly 25 sadhakas made it to Karla via Bus and 12 of them performed the 4 yamas puja led by Dr. Chaitanya Gulvady. 31st Mar’13 Sannikarsh of Dadar Sabha was observed by 25 sadhakas and 5 of them performed Guru Pujan. 12 Yuvas from Dadar Sabha performed Shram Seva at Karla for 2 days on 30th & 31st Mar’13.

Reported by Shobha Puthli
Mumbai – Goregaon: Samaradhanas of Shrimat Krishnashram Swamiji and Shrimat Keshavashram Swamiji on 5th and 6th January, 2013 respectively were observed at the residence of Shri Murlidhar A. Kallianpur with bhajans. Sannikarsha was conducted on 13th January with a record 86 Sadhakas in attendance for the same.

Discourses by Dharmapracharak Shri V. Rajgopal Bhat on Mahamrutyunjay Mantra, ‘Tamasoma Jyotirgamaya’, ‘Mrutyor maa amrutam Gamaya’ and ‘Significance of Mahashivratri’ were held on various days through January, February and March. All the sessions were well-attended and highly appreciated.

A Vimarsha session by Smt. Archana Savnal Pacchi conducted on 27th January had a very encouraging attendance with everyone present actively participating.

Ordination Day of Shrimat Sadyojat Shankarashram Swamiji on 2nd March was celebrated with Guru Pujan being performed by Yuvas and Prarthana kids. Later, bhajans were sung by all Sadhakas.

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Mumbai – GrantRoad: Annual lecture series by Dharmapracharak Shri Rajgopal Bhat was held at the Anandashram Hall from 8th to 10th March. This year he spoke on “Bhakti tatva in Shivanandalahari” The topic was very apt as the series concluded on Maha Shivaratri. The lecture on 10th covered a great deal of this important festival. Mahashivratri was celebrated at the Talmakiwadi Garden with Shivapujan and singing of Bhajans and Shlokas in praise of Lord Shiva which went on into the late night. Yugadi was celebrated on 11th April with Panchang Vaachan followed by Bhajan recital by Shri Durgesh Chandavarkar his shishyas. Smt. Deepa Savkur ably compered the proceedings. Math Calendars were displayed and distributed.

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New Delhi: Delhi Sabha celebrated the Ordination day of P. P Swamiji in the evening at the residence of Shri Sameer Savkur in Gurgaon on 2nd march. In addition to the usual prayers members performed Shri Gurupujana. Al get-together was arranged earlier that afternoon to celebrate the Golden Wedding Anniversary of Smt Vasanti & Shri Sunder Savkur, parents of Sameer Savkur. A short wedding ceremony was performed by Ved Harish Bhat followed by Satyanarayana Pooja performed by the couple. Members of the Delhi Sabha made a visit to the Indian Air Force Museum at Palam on Sunday, 31st March. It was a unique experience giving an insight into aviation in India, depicting a complete picture of Military aviation in India, starting from the First World War, right up to the days of the Kargil Operations through pictures and models. Actual fighter aircraft used during the World Wars, Indo-Pak & Sino-Indian wars, a captured Pak tank were some interesting specimens. The Indoor Gallery comprised of the pictorial history of the Indian Air Force, showcases of memorabilia, uniforms, personal weapons etc of different periods were exhibited. An adjoining hangar displayed the actual aircraft of different periods, right from the British Raj era to the late 20th century. In addition, it also had equipment like Ordnance, Anti Aircraft Guns, Vehicles and other assorted items. Some aircraft too large to be accommodated in the hangar were displayed on the apron outside. The Outdoor Gallery also displayed War trophies, Radar Equipment and Captured Enemy Vehicles. Members spent over two hours in this museum. The visit was organised by Wg Cdr Yatin Nadkarni. The programme continued with a potluck lunch at Mahavir Vanasthali Park nearby. Sagar Kurade conducted a very informative quiz on Airforce for the members post lunch. 11 families, 31 members participated in this event.

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KANARA SARASWAT

PEARL ANNIVERSARY

Congratulations & Best Wishes to Dear Jayant Betrabet - Rao & Sheela Betrabet- Rao (nee Mirjankar-Bhat) on this Pearl Anniversary on 16th March 2013.

GOLDEN ANNIVERSARY

Your Golden Anniversary is the Celebration of Love, Trust, Partnership, Tolerance & Tenacity. Congratulations & Best Wishes to Dear Devidas Mirjankar-Bhat & Radhika Mirjankar-Bhat (nee Khambadkone) on 12th April 2013.

ACKNOWLEDGEMENT

Pranav & Vaishanavi join their parents Anil & Jyotsna Pandit, Mangalore and Vijay & Suhasini Karnad, Kolhapur, in thanking their relatives and friends for their blessings, good wishes and gifts at their wedding on 6th Jan 2013 at Kolhapur.

OBITUARY

HARIKISHEN LALL (84 years), husband of Tara Lall (nee Kodikal) at Mumbai on 26th March 2013.

FLAT FOR RENT

1 BHK, 600 sq.ft., 2nd floor, facing main road, at Virar East, 3 minutes walkable distance from Railway station, close to Talwalkar Gym. Contact: Sunil Gokarn – (m) 8308846646

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795 sq.ft. carpet area flat with 2 BHK with balconies for all rooms on 3rd floor, in central Vidyanagar area, at Hubli. Convenient in all respect, nearby to Bus Stand, Station, Hospitals, Market and schools. Those interested can contact – Cell No – 9480418765. No brokers / agents please.

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DOMESTIC TIDINGS

BIRTHS

We welcome the following new arrivals:
Jan 01: A son (Ojas) to Deepali and Shekhar Arun Honavar at Mumbai
Feb 07: A baby boy to Priya and Avinash Satish Naimpally at Mumbai
Mar 28: A daughter (Shivotri) to Aarthi Thakur (nee Gulgadi) and Deepak H. Thakur in Mumbai.
Apr 04: A baby boy to Shreya (Nee Kalawar) and Uddhav S. Balse at Pune

Marriage:

We congratulate the following couples:
Jan 06: Vaishnavi Vijay Karnad with Pranav Anil Pandit at Kolhapur
Apr 06: Sumita Shireesh Gulwadi with Mike Quinn at Sydney.

OBITUARIES

We convey our deepest sympathy to the relatives of the following:
Jan 19: Neela Umesh Gangolli (60) at Bangalore
Jan 24: Baljekar Vasant V. (80) at Dadar, Mumbai
Jan 26: Talgeri Balachandra M (91) at Bangalore
Feb 05: Vijaya Gurudutt Basrur (nee Sirur) (82) at Pune
Feb 14: Sheela Kisan Talgeri (nee Ugrankar) (73) at Mumbai
Mar 05: Shalini Satyanarayan Turme (85) at Mumbai
Mar 05: Nileshwar Gopalkrishna (of Kasargod) (54) at Mangalore
Mar 07: Panemangalore Kishore A. (63) at Mangalore
Mar 14: Manjeshwar Mohan Rao at Bangalore
Mar 15: Manjula Gourang Halady at Mumbai
Mar 19: Capt. Hoskote Anil Sumitra (72) at Mira Road
Mar 19: Kallianpur Krishnabhat (78) at Santacruz, Mumbai
Mar 21: Gollerkeri Kishore J (74) at Mangalore
Mar 22: Meera Prabhakar Kundapur (88) at Bangalore
Mar 24: Gokarn Ramesh V (of Aram Nagar, Versova) at Mumbai
Mar 25 : Gokarn Shantaram (Mohan) Dattatrey (87) at Bijapur.
Mar 26: Lall Harikishen (84) at Mumbai
Apr 04: Girija V. Shirur (87) at Mumbai
Apr 07: Shantha Bai Molahalli (94) at Bangalore
Apr 07: Bellare Shridhar Bhavanishankar (84) at Pune
Apr 10: Ubhayakar Subray Anant (92) at Mallapur
Apr 18: Jyoti Suresh Chandragiri at Andheri, Mumbai
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