The Shamrao Vithal Co-operative Bank Ltd.

SVC INTERNATIONAL VISA DEBIT CARD

Welcome to the World of
Convenience

WIDELY ACCEPTED ACROSS THE WORLD FOR
- Dining Out
- Shopping
- Travel & Entertainment

Call 022-6699999 | www.svcbank.com

The Shamrao Vithal Co-operative Bank Ltd.

Vol. 93, No. 11, December 2012

Kanara Saraswat
A MONTHLY MAGAZINE OF KANARA SARASWAT ASSOCIATION

The Savar siblings - Dr. Deeptika Pandya and Bharat Savar
offering Eternal verses and evocative words

The Bhagvad Gita - A Beginner’s Guide
- authored by Dr. Deeptika Pandya

A Way with Words
- written by Bharat Savar

Published on 1st of every month
Posted at Patrika Channel Sorting office, Mumbai 400001
Posting Date : 1 & 2 of every month

Rs. 20-

Edited, Printed and Published by Smita Mavinkurva for the Kanara Saraswat Association at Association
Bldg., 13/1-2, Talmakiwadi, near Talmaki Chowk, J.D. Marg, Mumbai - 400007.
Printed at Magna Graphics (India) Ltd. Website : www.magnagraphicsindia.com
We put YOU first.

Financial Services from Tata Capital.

There is nothing more satisfying than being able to see your dreams come true. And our wide range of products help you do just that. Welcome to Tata Capital, where we choose to put your interest above ours and fulfill your needs first. So for all your financial needs, from loans, financial planning to mutual funds, equities, corporate fixed deposits and bonds all you have to do is contact us. To see what we do best - the right thing for you.

Consumer Finance | Home Loans | Loan Against Property | Investment Advisory | Wealth Management | Commercial Finance | Infrastructure Finance | Equity Broking | Private Equity | Investment Banking | Travel & Forex | Cards*

**SMS TC to 561 61 561**
**Call 1800 209 6060**

*Tata Capital, Loan Against Property, Commercial Finance, Infrastructure Finance are originated and serviced by Tata Capital Financial Services Limited (TCSIL). All loans are at the sole discretion.

Home loans are originated and serviced by Tata Capital Housing Finance Limited. All home loans are at the sole discretion.

Equity Broking, Investment Banking and brought to you by Tata Securities Limited, RegOffice: One Ballard, 19-21 Ballard Estate, Bengaluru 560065. Member of NSE, BSE and PSE. RegNo. INH000003918, INX000012301.

Private Equity Fund is to be registered with SEBI as Domestic Venture Capital Undertaking.

Travel & Forex - Services are provided by Tata Travel & Services Limited.

Tata Credit Cards under legal licence issued, established and operated by Aavishkaar Bank, to be marketed and distributed by TT Holdings and Services Limited.

Tata Credit Cards issued under legal licence issued, established and operated by SB Cards and Payments Services Pvt. Ltd. to be marketed and distributed by TCSIL.

Terms and Conditions apply.
The Board of Directors of The Shamrao Vithal Co-op. Bank Ltd., respectfully accepted the decision of Shri Nalkur Sripad Rao to resign from the Board of Directors with effect from September 20, 2012 being the day of his 93rd Birthday.

44 uninterrupted years is a long time to be associated with an organization rendering selfless service, direction and guidance for the organization's betterment and success.

Each and every SVCian salutes Shri Nalkur Sripad Rao and acknowledges with deep gratitude and reverence his contribution in the exponential growth and success of the Bank.

May the Lord bless him with good health and a long, happy, peaceful retired life.

The Shamrao Vithal Co-op. Bank Ltd.
INVITATION

Shree Datta Jayanti Utsava commenced in the year 1986 with the prerana and blessings from our most revered Guru His Holiness Shrimat Parijnanashram Swamiji III. The aim of Swami Parijnanashram to start this Utsav was to encourage youth to develop devotion towards God and develop a feeling of belonging with a commitment to connect to the Math and Holy Guru Parampara and keep tradition alive. Since then Shree Datta Jayanti Utsav has been celebrated every year.

We have immense pleasure in informing you that Parama Pujya Shrimat Sadyojat Shankarashram Swamiji has graciously consented to visit Talmakiwadi from 22 to 29 December 2012 to grace the Annual Datta Jayanti celebrations. We invite you to participate in the Celebration, with your physical presence and utilize the opportunity to perform Guruseva and receive blessings of Lord Bhavanishankar, Lord Dattatreya and our Holy Guruparampara by booking regular/ special sevas.

Register for Special Sevas:

<table>
<thead>
<tr>
<th>Seva</th>
<th>Cost (Rs)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mahaposhak</td>
<td>20,000</td>
</tr>
<tr>
<td>Poshak</td>
<td>15,000</td>
</tr>
<tr>
<td>Yajaman</td>
<td>10,000</td>
</tr>
<tr>
<td>Anna Daan</td>
<td>5,000</td>
</tr>
<tr>
<td>Flower Seva</td>
<td>3,000</td>
</tr>
</tbody>
</table>

Cheques payable in Mumbai may be drawn in favour of Shri Chitrapur Math – Mumbai Grant Road Local Sabha – Datta Jayanti Utsav

Yours sincerely
Praveen Kadle
Convenor

<table>
<thead>
<tr>
<th>DATE</th>
<th>DAY</th>
<th>PROGRAMME HIGHLIGHTS</th>
<th>TIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>22 Dec</td>
<td>Saturday</td>
<td>Arrival of Pujya Swamiji to Talmakiwadi</td>
<td>6.30 pm</td>
</tr>
<tr>
<td>23 Dec</td>
<td>Sunday</td>
<td>Geeta Jayanti Day - Geeta Havan Bhagwad Geeta Recitation Prize Distribution and Sanskrit Pramanapatra Vitaran Poojan by Parama Pujya Swamiji</td>
<td>9.00 am</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>5.00 pm</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>7.00 pm</td>
</tr>
<tr>
<td>24 Dec</td>
<td>Monday</td>
<td>Swadhyaya by Parama Pujya Swamiji Poojan by Parama Pujya Swamiji</td>
<td>7.00 am</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>7.00 pm</td>
</tr>
<tr>
<td>25 Dec</td>
<td>Tuesday</td>
<td>Swadhyaya by Parama Pujya Swamiji All Mumbai Sabha Prarthana Varga Cultural Programme</td>
<td>7.00 am</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>6.00 pm</td>
</tr>
<tr>
<td>26 Dec</td>
<td>Wednesday</td>
<td>Satya Narayan Pooja - at Shrimat Anandashram Hall</td>
<td>4.00 pm</td>
</tr>
<tr>
<td>27 Dec</td>
<td>Thursday</td>
<td>Datta Jayanti Day - Shree Dattayag Havan, Satya Datta Vrata, Avdumber Abhishek by ladies at Avdumber Katta Palki Utsav</td>
<td>8.00 am onwards 7.00 pm</td>
</tr>
<tr>
<td>28 Dec</td>
<td>Friday</td>
<td>Dharma Sabha</td>
<td>6.00 pm</td>
</tr>
</tbody>
</table>

Detailed programme will be available on Math website. Programme subject to change.

(Sponsored)
For many of us, life is to be taken seriously with complete focus on achievements, be it wealth, position, power, fame or recognition. Most of us are running in a rat race at impossible speed and the funniest part is neither does the race end nor is there an option of applying the brakes. Coz to stop is to perish…..or so we think. When then, do we relax and enjoy our life at our own pace? Even relaxation, in today’s fast paced world, has lost its real meaning. For most of us relaxation means zoning out in front of the TV at the end of a stressful day.

Many of us do not realize that relaxation response is not lying on the couch or sleeping but a mentally active process that leaves the body relaxed, calm, and focused. The right relaxation technique is the one that resonates with you, fits your lifestyle, and is able to focus your mind and interrupt your everyday thoughts in order to elicit the relaxation response.

If you crave solitude, solo relaxation techniques such as meditation, listening to your favourite music, reading your favourite book, doing gardening or simply going out on a long drive or long walk will give you the space to quiet your mind and recharge your batteries. If you crave social interaction, a cup of coffee or a glass of chilled beer with your friends, discussing childhood memories with your parents, playing with your children or grandchildren, or simply getting involved in literary discussions with like minded people will give you the stimulation and support you’re looking for.

If a man insisted always on being serious, and never allowed himself a bit of fun and relaxation, he would go mad or become unstable without knowing it. A cheerful frame of mind, reinforced by relaxation….is the medicine that puts all ghosts of fear on the run.

After all, the time to relax is when you don’t have time for it. Take rest; it is said that a field that has rested gives a bountiful crop. What’s the use of worrying? It never is worthwhile. Nothing is permanent in life…not even worries.

To quote a thought, I recently read, ‘Besides the noble art of getting things done, there is a nobler art of leaving things undone. The wisdom of life consists in the elimination of non-essentials’.

So, grab every opportunity you get to sit back, chill and relax and have fun. And in case you don’t get the opportunity, create one! Make time and give yourself space to enjoy a light moment! In short….chillax!!!!!
With best compliments from:

STANDARD GREASES & SPECIALITIES PVT. LTD.

an ISO 9001 : 2000 Company
Manufacturers of Lubricating Oils, Greases & Specialities

ROYAL CASTOR PRODUCTS LTD

an ISO 9001 : 2000 Company
Manufacturers /Exporters of Hydrogenated Castor Oil, 12 Hydroxy Stearic Acid

Regd./Adm. Office:

101, Ketan Apartments,
233, R.B. Mehta Marg, Patel Chowk, Ghatkopar (E),
Mumbai - 400 077.
Tel: 25013641-46 Fax: 25010384
Email: standardgroup@standardgreases.co.in
Web: www.standardgreases.co.in
Great grandmother Mrs Revati Gulvady holding baby Ishaan, on her left grandmother Mrs Shobha Puthli and on her right mother Mrs Dipti Sanadi.

(Sponsored)

(L-R): Sameer Upponi with baby Neev, Sumathi Hosangadi (Great Grandmother), Anuja Upponi with baby Nia and Satish Upponi (Grand Father)

(Sponsored)
GOLDEN WEDDING ANNIVERSARY

UMESH AND PREMILA (NEE BAINDUR OF MANGALORE) KOUNDINYA BROUGHT TOGETHER BY UNSEEN HEAVENLY HANDS 50 YEARS AGO, NOW SEEK THE GRACE OF THEIR ANCIENT SPIRITUAL MASTER SRI ADBANGNATHJI MAHARAJ ON THE OCCASION OF THEIR GOLDEN WEDDING ANNIVERSARY

December 10th 1962

December 10th 2012

WITH BEST WISHES AND A PRAYER THAT GOLD MAY TURN TO PLATINUM FROM:

SRIKRISHNA, MALAVIKA, SRIDARSHAN, DIPALI
AMIT AND PRIYA KOUNDINYA AND SHRUTI KOUNDINYA

WITH BLESSINGS OF KULADEVATA (SRI MANGESH & SRI MAHALAKSHMI) AND OF CHITRAPUR GURUPARAMPARA AND BEST WISHES OF KOUNDINYA, BAINDUR, TRIKANNAD & PANDIT FAMILIES AND ALL FRIENDS AND RELATIVES

(Sponsored)

Vol. 93, No.12, December 2012

KANARA SARASWAT
Congratulations to
Manohar Sunder Dhareshwar & Kantimathi Manohar Dhareshwar
(Nee Vimala Laxman Kulkarni Alias Rai Akka)
on
Your Golden Wedding Anniversary
1962 24th December 2012

May GOD bless your golden years together and honor your love for each other and for HIM. May you continue to feel HIS loving divine presence with you every day. EVERY MOMENT.

MAY GOLD TURN TO DIAMOND, PLATINUM AND BEYOND

Congratulations to
MANOHAR SUNDER DHARESHWAR
on completing the rare
'Sahasra-Poorna-Chandra-Darshan' - 81+ Years on 15.12.2012
We Pray to Lord Bhavanishankar, our Kuladevata Mangesh-Mahalakshmi,
Our Holy Guru Parampara and Our Lord Bhagawan Sri Sathya Sai Baba
To Bless and Grant You Both
Many more years of Health, Happiness, Contentment and Togetherness.

From
Children: Arun & Tanuja, Sumathi, Aparna & Hemant Pandit
Grand Children: Dhruv, Ritika, Sanat

With Best Wishes From
Dhareshwars, Kulkarnis, Karnads, Pandits, Divgits, Kasargods, Mudbidris,
Vanmalis, Bailoors, Hattangadis, Gangollis, Hosangdys,
Numerous Friends, Relatives and Well-Wishers
GOLDEN WEDDING ANNIVERSARY

Smt. Shaila (nee Mukta Koppikar) and Shri. Mangesh Narekuli
Completes 50 years of married life on 15/12/2012

Hearty congratulations from:
Sons and Daughter-in-laws:
Harish and Anantika, Late Harshad, Prashant and Pallavi

Grand children:
Alisha, Devisha, Ashwath, Vayona
Narekulis, Divgis, Hebles, Sthalekars, Nadkarnis, Nagarkattes
Koppikars, Gangollis
Kalavars, Hattangadis
Relatives and Friends.

Residence: +91 22 27704921

(Sponsored)
EXHIBITION OF PAINTINGS – 2013

In 2011, KSA announced that an exhibition of paintings would be held and had invited artists to participate. There was a good response, but due to circumstances beyond our control the exhibition had to be postponed. The KSA is now proposing to hold the exhibition on 26th and 27th Jan 2013, both these days being public holidays.

There will be 2 categories of Artists 1) professional and 2) non-professional. The category will be decided by the sub-committee based on the details mentioned in the Entry Form.

Artistes who would like to participate are requested to provide the data in the format printed on the adjacent page.

- The medium of Paintings may be of 1) Oil paintings, 2) Water colours 3) Acrylic Paintings 4) Charcoal drawing, in any category viz, portrait, landscape etc. The price should be mentioned (if for sale)
- The size should not be more than 4 ft X 4 ft.
- A maximum 4 exhibits per Artiste will be displayed.
- The non-professional artists will be further classified under the age groups 1) Upto 8 years  2) 8yrs to 16 yrs  3) 16 yrs to 25 yrs  4) above 25 yrs.

KSA would like to encourage the artists and prizes will be awarded to non-professionals.

The paintings of Professional artists will be exhibited in Shrimat Anandashram Hall and in Shrimat Parijnanashram Sahbagriha, exhibits of non professionals will be exhibited in Smt. Indirabai Kallianpurkar Hall of Balak Vrinda Education Society. All the Halls are Air Conditioned.

The artists are requested to make their own arrangements to bring and take back their exhibits.

Artists are requested to intimate their willingness to participate before 31st of December 2012.

Gurunath Gokarn
Hon. Secretary, Kala Vibhag
Application Form for Participation in Painting Exhibition (Kala Vibhag)

1. Full Name of the Artist: _________________________________________________________
2. Address: ________________________________
   _________________________________________________________
3. Contact Details: Tel. No. (Residence) ________________________________
   Mobile No. _________________________________________________________
   Email Address _________________________________________________________
4. Date of Birth: ________________________________
5. Major Exhibitions in India/Abroad held by me or any organization.

<table>
<thead>
<tr>
<th>Sr.No.</th>
<th>Name of the Art Gallery</th>
<th>Solo/ Group</th>
<th>City/ State</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

6. The details of the paintings to be exhibited in KSA's Painting Exhibition:

<table>
<thead>
<tr>
<th>Sr.No.</th>
<th>Title of the painting</th>
<th>Medium</th>
<th>Size in Inches</th>
<th>Price Rs (if for Sale)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Please read rules and regulations printed on the adjacent page.
Letters to the Editor

Dear Editor, I have just received the Kanara Saraswat Magazine. I was really thrilled and excited after reading it. I thank K.S.A. profusely for inviting me for this felicitation ceremony during the Maanvandana of Sangeet Sammelan which took place on 18th August 2012. It was a great feast for me and I enjoyed it.

It was a great success because of hardworking, selfless and sincere workers and organisers like Shri Gurunath Gokarn, Shri Prakash Burde and of course Smt Geeta Yennemadi.

It was a great pleasure to sit in that Hall for hours and hours listening to all the great artists of today.

I am immensely encouraged by you all and so shall pursue music till the end of my life. I thank my parents and my Gurus like Panchakshari Buwa, Hirabai Badodekar who encouraged me throughout to pursue Hindustani Classical Music. I mean to continue it till the end of my life.

Seeta Madhukar Heble (Mulky), Pune

Dear Editor, It was such a relief to read the ‘letter to the Editor’ from Shri Rajaram Ugrankar.

When my friend from Pune mentioned the error in my article, ‘For Readers to Digest’, I discovered with horror that I had written ‘A J Cronin’ instead of ‘Sir Arthur Conon Doyle’. I meant to write a letter immediately. But it was too late in the month to catch the November issue.

Owning up a mistake (and rectifying it) is vital for a teacher or a writer. Any statement written on a blackboard or printed in a journal is accepted as fact by students/readers. The misinformation, can thus spread and multiply. Do forgive me for not rechecking the article in my haste to mail it. Thank you!

Savitri Babulkar, Mumbai

Good opportunity to remember your dear ones

Please sponsor a page in the Kanara Saraswat by paying only Rs. 500/-. The occasion may be birth, or marriage or remembering the departed ones. It will be inscribed in your name as a foot note. Please send your cheque in favour of Kanara Saraswat Association with the matter. Please restrict to one line only.

CATERING IN PUNE
PROFESSIONAL SERVICES

OUTDOOR AND INSTITUTIONAL CATERING SERVICES

Veg And Non-veg Food
For All Occasions
Authentic Amchi, Maharashtrian, Chinese, Continental, Dum Biryani, Barbeque

And All Fast Food Items

Contact: Yatin Ubhayakar: 9850811642
Sangeeta Ubhayakar: 9850993532
Radhika Ubhayakar: 020-25422421
020-25465650

Email: ubhayakar_yatin@yahoo.com
Address: Flat No.5 Siddhi Bldg Bhaktiyog Society, Paud Road, Pune 411038

RUBY WEDDING ANNIVERSARY – 26th November 2012

Hearty Congratulations
SHRI. BABURAO R. TRIKANNAD and SMT. KANTI BABURAO TRIKANNAD (nee BALNAD)

We pray to the Almighty and our Guruparampara to bless you with a long, healthy and peaceful life.
May the Ruby turn to Gold.

With love from : Shyam Prasad and Sandhya Trikannad (nee Kumtakar), Neeraj and Nidhi Amembal (nee Trikannad), Poornanand and Pavnithra Trikannad (nee Savnal) and Grandchildren – Shreya Trikannad, Nithya Amembal, Shreemay Trikannad and Relatives and Friends.

(Sponsored)
## “ANUGRAHOTSAVA”

**Visit of P. P. Sadyojat Shankarashram Swamiji to Goregaon Sabha from 7th December to 12th December 2012 - Programme Schedule**

**Guruseva Society, Pandurangwadi Road no. 6, Goregaon (East), Mumbai**

<table>
<thead>
<tr>
<th>7th Evening From 5.30 pm onwards</th>
<th>8th Saturday 6.00am</th>
<th>9th Sunday 6.30 to 7.15 am</th>
<th>10th Vana Bhojan</th>
<th>11th Vana Bhojan</th>
<th>12th 8.00am onwards</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arrival of H. H. / Swagat Samarambha</td>
<td>Conducted Yoga Section</td>
<td>Gayatri Anushthan</td>
<td>Prasad Bhojan</td>
<td>Prasad Bhojan</td>
<td>Prasad Bhojan</td>
</tr>
<tr>
<td>Receiving H.H. at start of 6th Road, Poorna Kumbha Swagat accompanied by Lezhim by Yuvas and others.</td>
<td></td>
<td>Break Fast</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pada Prakshalana</td>
<td></td>
<td>Swadhyay by H. H.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Dharma Sabha</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Swagat Geet</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Shri Paduka Poojan by PLS</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Samudaayik Dhool Bhet</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Welcome Speech PLS</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Upadesh By H. H.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Deep Namaskar</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dindi, a 8 minute presentation by Children</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A half hour shadowgraphy play on Revered Adi Shankaracharacharya</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Prasad Bhojan</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Bhavanishankar Suprabhatam

- **6.00am**
  - Conducted Yoga Section

### Vana Bhojan

- **6.30 am**
  - Vana Bhojan

**Vana Bhojan**

- **9.00 to 11.30**
  - Havan with Lalita Sahasra Namavali

**Bhavanishankar Suprabhatam**

- **11 to 12 pm**
  - Discourse by Dharmapracharak Shri V. Rajgopal Bhat

### Prasada Bhojan

- **5.30 to 6.30 pm**
  - Dance Drama “Dashavatara” by Yuvas

**Upadesha**

- **6.00 to 7.00 pm**
  - Prarthana Varga / Yuvas

**Sadhana Panchakam**

- **11 to 12 pm**
  - Discourse by Dharmapracharak Shri V. Rajgopal Bhat

**Prasad Bhojan**

- **7.45 to 8.00 pm**
  - Prasad Bhojan

**Upadesha**

- **6.00 to 7.00 pm**
  - Prarthana Varga

**Sadhana Panchakam**

- **7.00pm**
  - Pravachan by H. H.

### Samarambha

- **9.00pm**
  - Prasad Bhojan

### Prasad Bhojan

- **9.45 to 10.00 am**
  - Guru Pujan by Prarthana Varga / Yuvas

**Upadesha**

- **6.00 to 7.00 pm**
  - Prarthana Varga

**Sadhana Panchakam**

- **7.00pm**
  - Pravachan by H. H.

**Sadhana Panchakam**

- **7.45 pm**
  - Prasad Bhojan

### Vikut Shabha

- **8.15 to 9.15 am**
  - Swadhyay by H. H.

**Upadesha**

- **5.30 to 6.30 pm**
  - Dance Drama “Dashavatara” by Yuvas

**Sadhana Panchakam**

- **6.00 to 7.00 pm**
  - Prarthana Varga

**Prasad Bhojan**

- **7.00pm**
  - Pravachan by H. H.

### Prasad Bhojan

- **7.45 to 8.00 pm**
  - Prasad Bhojan

### Pada Prakshalana

- **8.15 to 9.15 am**
  - Swadhyay by H. H.

**Upadesha**

- **5.30 to 6.30 pm**
  - Dance Drama “Dashavatara” by Yuvas

**Sadhana Panchakam**

- **6.00 to 7.00 pm**
  - Prarthana Varga

**Prasad Bhojan**

- **7.00pm**
  - Pravachan by H. H.

### Prasad Bhojan

- **7.45 to 8.00 pm**
  - Prasad Bhojan

### Prasad Bhojan

- **9.00pm**
  - Prasad Bhojan

### Prasad Bhojan

- **9.45 pm**
  - Prasad Bhojan
The Bhagwad Gita made easy - CDRom and Book has been written and produced by Dr. Deepika Savur-Pandya. In this interview with Gopinath Mavinkurve, Dr. Savur-Pandya explains what motivated her to write and produce such a book & CDRom and the people who have influenced and helped her in this mission.

The Bhagwad Gita is undoubtedly the most revered of the ancient Sanskrit scriptures in the Hindu religion. It has been accorded this supreme position because it contains timeless wisdom as told and elaborately explained by God to Man - Lord Krishna to Arjuna. Mahatma Gandhi referred to it as his “spiritual dictionary”. The central part of the epic Mahabharata, the Gita serves as the guide in dealing with the battles within our minds. We often turn to the gist of the messages in the Gita, when our daily struggles require us to choose between several alternate courses of action. Without this handy aid, we would opt for inaction instead! The sacred texts have withstood the test of time when generation after generation turn to the pearls of wisdom contained in it that have been referred to by scholars all over the world.

Across the globe, spiritual thinkers and modern day philosophers continue to believe that the ultimate truths about life have been explained in the Bhagwad Gita like no other work till date. It is believed that the battle really is about the effort of man over his own 100 vices (Kauravas) for the 5 virtues (Pandavas) to emerge winners in life. One learns that the “Arjuna syndrome” affects us all as we find ourselves sulking when confronted with enemies – within us or amongst us - that we need to fight and conquer! Needless to say, we all need to absorb the timeless wisdom to cope with the challenges in life!

But the advent of the electronic media and the internet tend to sway the tech-savvy generations in different directions. There is the possibility of an increasing disconnect between the youngsters and the teachings of the Gita! In order to prevent this drift, Dr. Deepika Pandya (nee Savur), a medical practitioner and an avid Gita-enthusiast took up a project to produce an interactive CDRom “Easy Chanting and Easy Reading”, with a book on “Easy Chanting” to read and reflect upon. This is to help the future generations to recite the shlokas, and simultaneously understand their meaning in a simplified manner!

Dr Deepika Savur Pandya is the daughter of Savur Narsinghmaam and Ahilyapacchi, both true yogis who introduced her to the Gita whilst very young. In 1965, Ahilyapacchi suffered from a stroke and Narsinghmaam faced a severe financial setback. At such times, the essence of all these learnings held in good stead, as the family sported smiling faces as Deepika completed her medical education and set up a successful medical practice in Santacruz Mumbai. Dr. Deepika believes in righteousness and reaching out to the under-privileged sections of society.

In this project undertaken by Dr. Deepika Savur Pandya, several team members from various fields put in great amount of efforts. In order to understand the effort that went into the project, Gopinath Mavinkurve posed her some questions. The responses are as below:

Q 1: From the “Afterword” one learns that you were initiated into the Bhagwad Gita by your father when you were only 17. Please provide some details about how passionate your father was about Bhagwad Gita. What kind of writings did your father leave behind that motivated you to take up this project?

My father was a many lettered man, but a man of few words. In my childhood, he was very regular about performance of pujas and rituals. Later, he took up reading, studying, chanting from, and writing his notes on various scriptures, mostly the Upanishads and the Gita. At 17, I was actually struggling with German, while my friends who knew Sanskrit were sailing through! Knowing Sanskrit would have certainly helped me, but later in life, it was my German that helped me learn Sanskrit – there was so much similarity between the two!

As I grew up, I read and made my own notes on the
Gita, from various available translations and authorities. In 2006, my brother, Bharat Savur, came across Daddy’s fountain-pen notes, of the 70’s which were almost crumbling, for having lain on the loft for such a long time. Knowing my interest in the subject, he brought this hidden treasure to my notice - it took me 2 years to organise these pages. They form a major part of our current text.

Q 2: Your command over the English language is apparent. What level of proficiency did you possess in Sanskrit language? Did you seek to improve your understanding of Sanskrit through this exercise and if so, how successful have you been?

I was keen to learn Sanskrit, and began a self-study. I read from various available books, provided by family and friends. Several attempts, going over 20 years, taught me one thing: Sanskrit was an endlessly deep ocean. Grappling with its intricacies, I was barely able to keep myself afloat. Even a 2 years’ course at the Arya Samaj (with exams et al) took me just a few steps ahead - or so it seemed. It was then that I decided to attend Gita Chanting classes. These helped tremendously - I realised the importance of simultaneous listening, reading, reciting and writing (which my grandfather had put me through in childhood). This was the key which opened up the doors ahead.

Soon, I decided to take up a methodical study of the Gita, aiming at simplifying it for myself to understand it better. Shalan Savur (nee Trikannad), my sister-in-law, showed keen interest and we decided to do it together. This was in 2009.

Q3: You have accredited several persons who have participated in this project due to their knowledge of Sanskrit and the Vedas. Could you please elaborate on the nature of support the Vedanta experts from Chinmaya Mission, and others provided while working on the Beginner’s Guide?

Before embarking upon the project, I sought blessings from our Swamiji Sadyojat Shankarashram in Talmakiwadi, on December 4, 2009.

In January 2010, I carried a demo to Bangalore, to seek the blessings of Swami Brahmananda-ji, of the Chinmaya Mission, whose rendition we have used. His response was very encouraging. He was the first to give me His instant approval and support for this project. He also gave a practical demonstration and explanation of how best to simplify and display the Text to help Easy Chanting.

Swami Swatmananda-ji is considered one of the most dynamic Teachers of Chinmaya Mission today. He gave excellent suggestions for enhancement of the presentation, insisting upon the inclusion of Basic information for the Beginner. Dr. Manu Kothari (Prof of Anatomy – Seth G S Medical College), a versatile speaker and well-known published author has written the Introduction in the Book.

Dr. Narain Bhatia, who heads the Chinmaya Mission, is a Teacher of Vedanta. He suggested people who would proofread the Sanskrit. He set me several tests on my knowledge of Vedanta, my skills of translation, and ability to remove ambiguity, by identifying the most difficult verses to work upon. When he saw my method of working, and was convinced about my ability to give him the required outputs, he agreed to guide me.

I was simultaneously recommended to work with Smt Pratibba Jobanputra, an expert on Vedanta. She has extensive experience in literary fields and proofreading of the Chinmaya mission texts, and was instrumental in allowing us to beautify the text in all ways possible. She went through the text, to ensure that there were no errors of commission or omission. The entire process of finalisation of text went on for over a year (through 2011).

Interacting with Brahmacharini Vibhooti Chaitanya was a uniquely beautiful experience. The Overviews emerged thanks to her ideas and helpful contributions, to give the beginner a good start for every chapter.

Shrimati Pushpa Adhyaru (shishya of Swami Brahmananda-ji) was my link to the Chinmaya mission and all the Swami-jis I needed to interact with. She was very enthusiastic from the start, and instantly introduced me to and connected me with the right people at the right time.

At times my fading knowledge of English grammar,
of simplifying words, found me looking for synonyms, coining of new words would prompt me to believe that, perhaps I could do with some more help! Shalan and Bharat Savur – my sister-in-law and brother – who have been into journalism for several decades, were useful in editing and simplifying the text, as their skills in the written language, synonyms, punctuation and grammar – which I lacked.

Sheela Nair has an in-depth knowledge of Sanskrit, being well-versed in the study of various scriptures. She is an educationist and teacher of Carnatic music. She helped me temper down the heavy words which faced me, when I was reading all the available literature and translations, as also find suitable alternatives.

Poonam Sethi is the Vedanta expert who taught me chanting of the Gita and the Durga Saptashati, her enthusiasm pushed me to take the plunge.

Navaz Hilloowala, who has extensive experience training children and adults in spoken English, urged me to simplify in as many ways possible. She helped me in giving titles to the groups of verses in every chapter, and suggested we have an overview for each chapter.

Dr Mitra Mukherjee Parikh, head of the Dept of English in the SNDT University, is a linguist. She worked on beautifying the Overviews, which I consider one of the most difficult parts of the project. We were particular that we adhered to British English in our choice of words, spellings and syntax. We wanted to avoid archaic words, yet the language had to sound ancient (hence note the use of Thou etc.) and have an appeal for the newcomer.

I am blessed that I had the support from my husband Dr. Pankaj Pandya and the entire Pandya family and also the ‘help from above’ all along. At times, during my struggle with the text, suddenly a word I was seeking for days, would just look out at me, from a newspaper headline or a hoarding. I was happy meeting and working with all these people, picking up what I thought was best. They left me to make the final choice. Sometimes, working late in the night, I trained myself to invoke their faculties and think the way they would have. And Bingo! I would get the right word.

**Q 4:** What aspects had to be kept in mind to make the Bhagwad Gita “easy for beginners” as you aimed it to be indeed ‘simpler’ to aid the younger modern generation?

We kept in mind barriers such as simplifying Sanskrit compound-letters, breaking of words into their constituent parts for ease, picked out the best font for visual clarity. We re-worked on the entire Roman font (despite several others being ‘available’) to make it easy to read. Wherever possible, we did away with the upper case to provide better readability. We worked on punctuation to simplify, without losing the essence of meaning. We removed all the ambiguity we came across (in earlier texts clod=lump of earth, innumerate=countless). We worked on adding colour coding to the speakers, and gave a comparative study in the CDRom (between the Translation in verse and the Meaning Simplified in prose) with the same idea in mind.

**Q 5:** The project includes an interactive CDRom containing the recitation of all the 700 verses of the Bhagwad Gita supported by the text in Sanskrit and English for the modern user. Could provide some details of the creation of the CDRom?

700 verses are present in all the available texts. There is a verse added at the beginning of Chapter13, by a Sanskrit scholar, several centuries ago, to maintain continuity of the Text. This verse no. 701 is now incorporated into several of today’s accepted Texts. Swami Brahmanandaji very graciously allowed us to record his recitation of this additional verse live. I felt really that I was truly the privileged one, because I had never dreamt this would be possible.

**Q 6:** You also had to deal with modern Tech and IT related advancements whilst producing the CDRom, did you have experts in every field or did you have to grapple it all by yourself?

Sukhvinder Singh Vasan from Jalandhar was my computer expert, who did almost 80% of the computer work with me. He taught me whatever skills of programming and designing I would need, from insertion/editing of the text in the Book, to animation in the CDRom. None of this was easy. Chapter 1 took us 2 months to put into the book. In the remaining
6 months the other 17 chapters were done. I learned as we went along.

**Q 7: Could you share with us your experiences whilst dealing with Sanskrit, Vedanta and other theological experts that you interacted with in the course of working on this project? How long has you all been working on it?**

I am not sure how many hours all have put in, but most of them have just been there whenever I needed them. The entire work on the Text and the CD Rom took about 2 years, and the page layout took about 9 months. It was done piece by piece, eg. Working on the Overviews took about 10 complete days, when Vibhooti-ji from the US, was here in India.

Some chapters had to be re-done and re-worked upon several times eg. We had to re-do the text of Ch 13 five times until it was approved by all. It took a great deal to convince the Sanskrit experts that all we were trying to simplify was the ‘appearance’ of the text, and not demean its rules or prove a point. It was only to help the purpose of the chanting.

**Q 8: What are the benefits of Vedic Chanting, why do you think there is so much interest being evinced in this ancient language in times when translated text in English does express the essence of the Bhagwad Gita better to present generation?**

If you attend Vedic chanting at the Ramakrishna Mission on weekends (Swami Devarupanandaji’s) you will get your answer. Most times, we the students have difficulty with the words, trying hard to follow Swamiji’s fluent footsteps. Then there comes a stanza which we are familiar with. All at once, there is a sudden ambience created when everyone chants in unison. An unexplained wave seems to move across the entire hall, the echoes are in unison. No amount of reading can replace the effect of reading-recitation combined, which is satisfying and soothing.

**Q 9: Do you think that the translations of the Sanskrit verses in other Indian languages would also benefit the spread of the message across India? Do you plan to venture into it?**

Of course, it would. Ours is a vast and diverse population. And translations of other scriptures similarly would help. Unfortunately somebody else would have to continue this relay race. We also have suggestions that making a presentation with animated characters would reach out to the younger generation. The possibilities are endless.

**Q 10: Is the CD Rom with the Easy Chanting book freely available and how does one get them?**

The book and the interactive CDROM are widely available at various locations as listed in the advertisement inserted by ‘SHABD Publishing’ in this issue of the Kanara Saraswat magazine.

---

**Errata**

This is with reference to my article: ‘Alan Turing—Centenary Year 2012’ in the November issue of Kanara Saraswat. In para 3 of the article, sentence 4 should read ‘The idea was that a computer can be said to think if a human interrogator could not distinguish it, through conversation, from a human being’. The error is regretted. -Hattikudur Manohar
India, with her unity in diversity, is always a mystery. As is its namesake, Bharat Savur. He is a man of few words. And though he speaks little, his words speak a lot. As those who have read him will attest. It is best to allow his life to unravel in his own words. As his book suggests, he certainly has "A Way with Words".

SB - I am aware of your illustrious lineage, Bharat - the Benegal brothers, Dr. S.R.Savur and others. Has that influenced your work in any way?

Bharat - I don’t know if I have blue blood. But I certainly know I have royal-blue ink running in my veins! Anyway, one man’s nostalgia can be another man’s history.

SB - I have known you a long time: "from toddler to toddy days," to quote you! But I’ve always wondered about your ‘Bobby’ avatar.

Bharat - I was a Kennedy fan early in my youth. After J.F.K. was assassinated, I went on to become an R.F.K. (Bobby Kennedy) one. Then, when he too was shot dead, I wrote a poem, ‘The World Is Not Yet Ready.’ That was my first published work—as Bobby Savur. Thereafter, I took it up as a pen name. But, when the RK banner overtook the RFK one; when Raj Kapoor launched Bobby and Dimple, I went back to Bharat.

SB – I thought you were set to become another Frank Sinatra. What happened to your guitar?

Bharat - I am not Sinatra. Bobby thought he was (laughs). But I packed off that avatar a long time ago to Las Vegas. We only re-unite when we have our sing-alongs in Las Versova. Ditto for the guitar (laughs).

SB- You started off with the A.I. R. before you moved on to the Sports Round-up on TV?

Bharat- I was a rookie journalist working with ‘Friends International’, when I went to interview Mr.Dalal, Assistant Station Director, A.I.R., Bombay about ‘Yuv Vani’ for my youth magazine. I bagged my interview and simultaneously my first radio assignment for A.I.R. Earlier, I had doubled my income by working with the ‘Voice of America’ along with the youth magazine. Coincidentally, both VOA and AIR took me on without an audition. People at both places said they ‘loved my voice.’ Unfortunately, both VOA and ‘Friends International’ shut shop in Bombay, too soon for my future to take concrete shape! Sometime later, I auditioned as a sports commentator for the newly-set up Bombay Doordarshan. I got through and voila! I was on TV too.

SB- I notice that you have a series of ‘firsts’. It would be nice if you could share them with our readers.

Bharat- I guess I’ve almost as many firsts as your calendar! Shalu and I are the world’s first cricket-fiction (cri-fi) comic-book writers, with our Sunny the Supersleuth series featuring and fictionalizing Sunil Gavaskar (1983-84). I’m the first Indian to have a cricket-educational TV series—‘That’s Cricket’, anchored by Ravi Shastri on Doordarshan’s National Network (1986). My TV team and I were the first to initiate Ravi Shastri to television. I was a small cog in the wheel that brought Smita Patil and Shyam Benegal together in their debut film- Manthan. And the only one to introduce Amitabh Bachchan to his double in print (1989). And, perhaps, the only person to have extensive experience in all forms of mass media communication: radio, TV, print journalism and both sides of the advertising and public-relations desk. I hope you don’t mind. As Walt Whitman put it: “If you’ve done it, it ain’t braggin’. To which I add: modesty is a manner, a civic costume—an image. Humility is my identity, my soul.

SB- You have acknowledged the role played by Ahilyakka and Narsingnm, your teachers and your mentors and publishers.

Bharat – Yes. I once again thank my parents, my
With Best Compliments

from

PRECOMP TOOLS PVT. LTD.

and

PRECOMP GEARS PVT. LTD.

Office & Factory:
Plot No. 108 D. Ranje,
Taluka Bhor, Dist. PUNE - 412 205.
MAHARASHTRA, INDIA
Tel. No. (02113) 305600
Fax No. (02113) 305610
E-mail: marketing@precomptools.com
Web-site: www.precomptools.com
teachers, my mentors, etc. for sharing and shaping my life and my works. My attitude of gratitude would take up too much of your space. It could fill a book. Actually, it already has!

SB – Your book sounds like a Who’s Who; you have interviewed most known greats: the Dalai Lama, Amitabh Bachchan, Sunny Gavaskar, Sachin Tendulkar, among others. How did it feel?

Bharat – Journalism is about being in the right place at the right time. I sure was. And fortunate enough to cross paths with them at that particular point in time. They are all as diverse, as they are distinguished. But one thing I observed about all of them is their natural humility, their in-born humanity and sense of humour. They have all walked with kings and kept the common touch. That is the biggest example for me to emulate. Anyway, they are stars. And I, a planet. I shine in reflected glory!

SB- ‘One can learn more from a single failure than ten successes’ you said in connection with Vijay Merchant’s letter. Please elaborate.

Bharat – They say, success has a hundred parents. Failure is an orphan. No one wants one. But owning up to that failure is in itself the first seed of success. If you realize your mistake, you are more likely to correct it. The humility I’ve mentioned above and my failures help me stay on the right path.

SB- ‘A man of few words’ by your own admission, how did you manage to woo and win Shalan?

Bharat – By George (Fernandes) and ‘Strangers in the night’! (winks and laughs). My life is an open book. And now my book is my open life. You’ll find it there!

SB – You and Shalan do everything together – what do your present-day activities involve?

Bharat – We write two columns together, both for the Deccan Herald and Prajavani. Both are based in Karnataka. In addition, she writes features and stories for a wide range of publications. And I write a fortnightly fitness column for the Hindu Business Line (part of the Hindu Group). We also conduct health and fitness classes at home based on our book Fitness for Life (Jaico).

SB- ‘A Way with Words’ – an apt title. Your ‘little’ sister, Dr. Deepika Pandya, “looks up to the book as a guiding light”. Isn’t that precisely what you meant it to be?

Bharat – I’d put it the other way around. Seriously, it was the Light that guided me. Please believe me, my best words and songs are not written or voiced by me. I empty myself into a nothing. I’m only a medium for some much higher expression –vaster experience.

The author thanks Kanara Saraswat’s long-serving Managing Editor, Shri Gurunath Gokarn and his publishers. The author may not have been a good community man but he is a proud Saraswat (he reveres Goddess Saraswati when most worship Laxmi; two sides of the same coin perhaps.) Still, he thanks his gods that they flipped the divine coin for him. And Saraswati came up ‘heads first’! Most of all, he thanks you, dear reader, for staying the course in his Way with Words. He hopes he has made the world ‘a lighter place’ for you.

IN THE LOVING MEMORY OF
SMT SUMITRA S. KAGAL

Left for her heavenly abode on 19TH JUNE 2012

Remembered everyday every moment by:
Vidya - Daughter
Jairaj – Grandson
Nimish – Grandson
Sheetal – Granddaughter
Kagals, Balwallies, Tijoriwalas, Betrabets, Koppikars, Deshpandes, Trasis

(Sponsored)
Medrad Pressure Injectors for CT, MRI, Cath Labs and their Consumables.

Fuji Computed Radiography Systems, Laser and Thermal Printers, All Types of X-ray and Imaging Films.

Kiran Cassettes, Intensifying Screens, Protective Apparel and Ultrasound Jelly.

Barium Products from Eskay Fine Chemicals.

Ionic and Non-Ionic Contrast Media from Cadila Healthcare

Chemicals for Manual and Automatic Processing of X-ray Films

Dark Room Equipment, X-ray Accessories and Lead Protective Equipment.

ECG Jelly and Rolls

ANITA MEDICAL SYSTEMS PVT. LTD.

Head Office: #3A/4, Commercial Block,
Ram Apartments, 4th Cross Road, Pandurangwadi,
Goregaon East, Mumbai – 400 063.
Tel: +91-22-28741625, 28768649, 28747542, 28712882 Fax: +91-22-28747434

North Zone Sales Office: 101, D. R. Chambers,
1st Floor, 12/56, Desh Bandhu Gupta Road,
Karol Bagh, New Delhi – 110005.
Tel: +91-11-23521694, 41545570 Fax: +91-22-41545571

E-mail: anitamedicalsystems@gmail.com
Web-site: www.anitamedicalsystems.com
Book Review: “A Way with Words” by Bharat Savur

Reviewed by: Gopinath Mavinkurve

For someone who has charted a successful career in all forms of mainstream media – print, radio and television and is all padded up for the silver innings of life, reminiscences of those opportunities to meet interesting people in all walks of life flashing through, would certainly be invigorative and rejuvenating. So it would have been, I imagine, for Bharat Savur, when wife Shalan and his younger sister Dr. Deepika Savur Pandya toiled with the various cuttings of printed pages from the old newspapers and magazines, to select some amazing works published over the past 5 decades or so. With some apt notes penned by Bharat for each of the selected pieces, the book gets its fair share of juicy tidbits for readers to savour as he cruises through the different parts of “A Way With Words”.

The published works are interspersed with the author’s snippets about incidents associated with each of them, that very few have the pleasure of knowing. It is like having those “In the making of…..” juicy bits and pieces, a common feature while screening every new movie today. ‘A Way With Words’ by Bharat Savur, co-author of ‘Fitness for Life’ is not just a compilation of his past published pieces – it is a celebration of the life and times of the scribe who was just at ease with his cricket commentaries as he was with interviewing Bollywood Superstar Amitabh Bachchan or super-achiever Sachin Tendulkar when he was a promising cricketing phenomenon on the horizon that the world sat up and took notice of. Features about cricketing careers of Gavaskar, Dravid and Tendulkar as they fared bring back memories of the struggles and challenges Indian cricket faced in those days. Also featured is a piece about Muhammed Ali and how he changes the game that heavyweight boxing was, forever. Trust the author to stick to his wicket – as he ventures out of his crease to cover a piece on the ‘towering corruption’ at the TV Centre!

It is not only about just cricket, as the reader is treated to the classic piece “Amitabh Bacchan – The A to Z of being B”, the writer’s foray into Stardust land and a piece on AB’s look-alike Vijay Kumar Saxena, who banked upon this writer to introduce him to the Real one – and have the meeting covered in the press to boot! All these wonderful experiences have been complemented by ‘Author’s notes’ which give great insights into how these features were produced and some interesting anecdotes about how his residential Society’s manager mistook Vijaykumar for Amitabh and the consequential favour Amitabh did once again for our journo, Bharat!

The book offers more varieties as the author covers subjects such as “Mumbopoly” a game of monopoly as adapted to the city of Mumbai and its inventors;
a feature on the KEM hospital; a heart-tugging piece of the plight of children of slum-dwellers and how some social workers are tirelessly serving them for their betterment. You can never guess the journey will take you next, but you know you would be served with another amazing piece of experience - like the couple’s foray into fitness awareness and coaching, travelogues of their journey to Kanyakumari and about houseboat stays in Kerala, as in Kashmir, until the path leads to Dharamsala, the abode of the Dalai Lama of Tibet!

Then there are some revelations like his contributions to ‘Debonair’, which were hidden from an adolescent sister on the insistence of his mother. His stint as deputy editor of the magazine and his earlier contributions revealed themselves much after his younger sibling had become a qualified doctor. There is also this amusing episode of Bharat introducing the first ‘Cri-fi” (Cricket Fiction, folks) with the production of “Sunny the Super-Sleuth”, a comic book series featuring Sunil Gavaskar as the hero amongst other known names in cricket featuring in it! Besides such interesting revelations, one can expect a liberal dose of humour and wit as the author narrates his experiences through his career path and inspires the reader to go and live one’s life, experience divinity and creativity and to make peace with oneself, in his last word. Worth a read for all those, who relish shared experiences – especially produced from the heart. The book is widely available at several locations – a list of which could be found in the advertisement inserted by Shabd Publishing in this issue of Kanara Saraswat magazine.

**DONATIONS**

Kanara Saraswat Association is grateful to the following donors:

**MEDICAL AID**

- Saraswat Mahila Samaj, Santacruz Rs.10,000/-

**CENTENARY FUND**

- Shri Murli R. Hosangady Rs.10,000/- (In memory of parents Dr. H. Ramarao and Smt. Saraswatibai and parents-in-law Dr. R.S. Samsi and Smt. Kalyanibai Samsi)

---

**Soumitra Mangesh Bhatkal**

(29th August 1932 to 21st September 2012)

You personified God’s grace, love and affection. Although we miss you very much, we gain strength to carry on and live with the wonderful treasure of your sweet memories.

From: Family Members and Relatives

We were blessed to receive unwavering love and generous care from a Divine soul lovingly called by one and all as “Soumitra Dada”, who passionately followed the Brahma Sutra to ultimate “Atithi Devo bhava”

From: Associates and Mitra Parivar

---

(Sponsored)
Our family was requested to build a “Teru” for the Konkani Sammelan 2012 held recently in NJ. It would have been a challenge to build the Teru in Mumbai, but not in USA since all the materials and equipments are readily available. In Mumbai one has to depend on a carpenter and the space to build and assemble the Teru.

Being a Civil/Structural engineer myself it was not a big challenge, moreover my son in law Shashank was very handy who provided all necessary help. This was a project of the entire family from the beginning to the end.

Any project such as this, needs to begin with a model drawn to scale. Observing the picture of Chitrapur Teru, a picture of Teru was drawn to the scale of 1”=1’.0”. Based on this scaled model, the parts of the Teru were conceived and a rough estimate was made regarding the materials needed and the approximate cost. The ‘Teru’ was then built and assembled from 4 distinct parts-the base, the body, the mandap and the dome with kalash.

The base: The wheels were 21” diameter, cut out from 1/2” thick particle board. A 2” thick disc was cut out from foam board and was sandwiched between 2- particle board discs-bolted together to make one wheel. A circular hole was cut in the middle to pass 2” diameter PVC pipe to serve as axle. 2 such axles with 4 wheels were then connected to 2x3 timber studs using ‘U’ bolts. A plywood plank was then attached as a platform. This assembly became the base of the ‘Teru’.

The body: The Chitrapur ‘Teru’ is very beautiful. To build a replica of such a Teru would be impossible. Few ideas were then floated. Finally, it came to our mind what Pujya Parijnanashram Swamiji-lll had explained about the significance of the ‘Rath’. He has said that ‘Teru’ represents ‘Maa Kundalini’ - the 4 wheels at the base represent the ‘Muladhara chakra’ and finally the top most dome with innumerable white and red flags represents the ‘Sahasrar Chakra’. Thus the body of the ‘Teru’ was conceived as lotuses having 4, 6, 10, 12, 16 petals. Although the base with 4 wheels already represents ‘Muladhara chakra’, an additional 4 petal lotus was made. Each lotus of various sizes/petals were drawn on the plywood and cut to shape. 2 - such plywood planks were then joined using bolts and foam board pieces were sandwiched between the plywood planks to make 5.5” thick lotus/chakra. Such 5 lotuses/chakras with petals of 4 (Muladhara), 6 (Swadhishthana), 10 (Manipura), 12 (Anahata), 16 (Vishudha) were built and connected to each other to complete the body of the ‘Teru’. To hide the foam pieces, each ‘chakra’ was covered using strips of foam cloth. This cloth/skin was then spray painted. Thus the body was ready.

The Mandap: 8 sided ‘Mandap’ was constructed using plywood to house the 2 powers-representing the ‘Ajna chakra’. 4 sides of the ‘Mandap’ were cut to make the doorway. The same 4 cut pieces were joined together and placed inside at the center of ‘Mandap’ to serve as ‘Sanctum Sanctorum’. Initially the pictures of Bhavanishankar and Durgaparameshwari were to be installed at ‘Sanctum Santorum’. But then pictures of Balaji and Venkataramana were
also installed. This ‘Mandap’ had top and bottom closure plywood planks for ease of assembly. On the remaining 4 sides of the ‘Mandap’, pictures of 4 Mathadipati of Saraswat samaj were installed. The ‘mandap’ also was then spray painted and decorated.

**The Dome:** The structure of the dome was conceived as 2 halves of the globe. Each half of the dome was initially a cylinder made from welded wire mesh, 5’ diameter and 3’ high. The horizontal wires were cut and the vertical wires were bent and then joined to form one half of the dome. These two hemispheres were then joined to each other to complete the dome. To keep the dome in shape and for the ease of lifting and for attaching the dome to the ‘Mandap’, 4 vertical and 2 horizontal steel rods were used which criss-crossed the dome. At the top of the dome a ‘kalash’ was built from welded wire mesh using the same technique. Few ideas were floated to cover the dome. However, finally, the strips of red and white paper was glued to the dome and on the top of these strips ‘V’ shaped paper was glued to look like the flags. The entire family Vanita, Shruti, Shashank including Nandada and Hemavahini helped in cutting and gluing the red and white strips and ‘V’ shaped flag to the dome.

**The final decoration:** The garlands came from Mumbai. Thanks to Usha who bought them and arranged to send them in time to decorate the ‘Teru’. The serpent power was depicted by attaching 16 pictures of Cobra to the ‘Mandap’. In addition to guard the ‘Teru’, the pictures of Maruti, Veerabhadra, Garuda and Naga were attached to the 4 sides of the base. Finally a 75’ long nylon rope was attached to the base to pull the ‘Teru’ both ways.

Thus the ‘Teru’ (rath) was born. A display board was made to explain the significance of ‘Rathotsava’. Nandada reviewed and corrected the writing about the ‘Rathotsava’. Here is that ‘Teru’ built and displayed at Convention Hall, which was pulled ‘to and fro’ during the presentation of ‘amgale parab’.

:: With Best Compliments ::

From

ACME SOAP WORKS
Manufacturers of Industrial & Household Soaps & Detergents

Ram Mandir Road, Next to Ram Mandir,
Goregaon (W),Mumbai - 400 104
Telephone No.: 91 22 26762959 / 26762970 / 26794394,
Fax: 26762994
Email: acmesoap@vsnl.net Website: www.acmesoapworks.com
Heartiest Congratulations

Kumudini Raghunath Gokarn

On completion of 80 glorious years
on 28th October 2012

We pray that the Lord blesses you with many more years of good health and happiness!

From:
Husband: Raghunath
Children: Vinaya-Gaurang, Ravi-Meenal and Yatin- Jyotsna
Grand-children: Ruhan, Anaya, Avni and Kabir
Relatives and friends

---

Monal and Bhavanishankar Baindur

40th Wedding Anniversary,
8th Dec 1972 - 8th Dec 2012

Love is making time for one another,
With heart and hands entwined together.
Year after year, time flew by since you took your vow,
40 years of memories of then and now.
Milestones and family times,
Simple daily pleasures blended with three kids’ smiles.
Some cheerful times along the way,
Some success and joys marked special days.
Love is the special bond you both share
May God & H. H. Swamiji’s blessings always be there!

HAPPY 40th Wedding Anniversary
to
Mummy & Papa!
from Meghana, Manasi-Ameet, Madhura-Akshay

---

HAPPY 40th Wedding Anniversary

(Sponsored)
RUBY WEDDING
GEETA & MOHAN RAO (NALKUR)

3RD DECEMBER 1972

3RD DECEMBER 2012

Forty Years Of Fortified Fervour & Fulfilment
May The Almighty Shower His Divine Blessings
And May The Guru’s Grace Enrich Their Lives
& Guide Their Steps As Always.
May Ruby Turn To Gold

Best Wishes From Ritika, John, Aidan, Emily and Rishab,
Nalkurs, Shirurs, Raos, All Well-wishers and Friends
Blessings:
His Holiness Swami Tejomayananda
His Holiness Swami Brahmananda

Guidance:
Vedanta Experts, Chinmaya Mission

The Bhagavad-Gita
– The Song of the Lord
A Beginner's Guide
– EASY CHANTING

Text and Creative Co-ordinator:
Dr. Deepika (Savur) Pandya

Proudly presents
Exclusive editions: A duo of literary works
A dedicated offering to parents
– the late Ahilya and Narsing Savur –
A collector’s delight
Pledged to inspire and enthuse
Promoted to venerate language and literature
Designed aesthetically to appease your literary appetite
Aimed to spread infinite love, light and joy

“The Bhagavad-Gita: A Beginner’s Guide, Easy Chanting and Easy Reading is unique and a first of its kind
Chant the 701 verses led by Swami Brahmananda-ji, and follow the line-to-line synchronous translation
Digitisation and animation to enhance your reception, retention, reference and recall
Hardbound Easy Chanting book to endure + complimentary interactive CD Rom disk to enchant

Yours for Rs 400 only

A combo offer (A Way With Words + The Bhagavad-Gita with complimentary CDRom) will save you Rs.100
Avail of the invitation price

Bharat Savur is a veteran journalist and mass-media maverick.
His book is a delectable treat, flavoured by his ancestry, peppered by encounters, imprints and impressions
of lasting movers and shakers: Dalai Lama, the Big B, the Little Master – to name a few
Seasoned by contemporary causes and crusades of the common people
In full colour with readable fonts, especially for lovers of language of all ages

Yours for Rs 500 only

Copies available at:
Kanara Saraswat Association: 13/1-Association Building, Talmakiwadi, J D Marg, Mumbai -400007.
Tel: 91-22-23802263; Email: editor@kanarasaraswat.in
Canara Union Office: 42, Canara Union Road (8th Main), Malleswaram, Bengaluru-560003. Tel: 91-80-23342625;
Email: canaraunion@gmail.com, canaraunion_bgl@bsnl.in
Repro India Limited: Marathe Udyog Bhavan, 2nd floor, Appasaheb Marathe Marg, Prabhadevi, Mumbai-400025.
Tel: 91-22-24313256, 24313527
Granth: H M House, 30 A/2, Juhu Tara Road, Santacruz W, Mumbai-400049. Tel: 91-22-26609327, 26609337;
Email: info.juhu@granth.com
Shree Book Centre: 8 Kakad Industrial Estate, S Keer Marg, Off L J Road, Matunga W, Mumbai-400016. Tel: 91-22-2437-7516, 24374559; Email: shreebk@vsnl.com
Strand Book Stall: ‘Dhannur’, Sir P M Road, Fort, Mumbai-400001. Tel: 91-22-22661994, 22661719
S 113-4, Manipal Centre, Dickenson Rd, Bengaluru-560042. Tel: 91-80-25580000, 3057761/2/3
Email: shop@strandbookstall.com
V L Nayak Newspaper Agents and Booksellers: Station Rd, Khar W, Mumbai-400052. Tel: 91-22-26484082, 64515450;
Email: nayaksons@yahoo.co.in
Jyoti Kati: A-18, Karnataka Buildings, Mogul Lane, Mahim, Mumbai-400016. Tel: 91-22-24308031, 91-9699488567;
Email: svkati@yahoo.com
Pramod Pandit: A/3 Saraswat Coop Bldg, Kashibai Navrangi Marg, Gamdevi, Grant Road, Mumbai-400007.
Tel: 9967701463, 91-22-23850562; Email: pramod1948@yahoo.com
Anasuya Pandit: 201, Suryadarshan Apartments, 43, 8th Main Road, 14th Cross, Malleswaram, Bengaluru-560003. Tel: 91-80-23347164, 91-8197571598; Email: pramod1948@yahoo.com
Shobha Mundkur: ‘Induprabha’-Flat B, Ground floor, 13 Anand Niketan CHS, Karve Nagar, Pune-411052.
Tel: 91-9503059659  Email: mundkurshobha@gmail.com
CONGRATULATIONS

to the Golden Couple

Padukone Jayanti (nee Gulvady) & Ramchandra

As both of you look back with happiness and pride
Upon the fifty cherished years, that you’ve spent side by side,
May every memory that you share, of dreams you’ve seen come true,
Help make this Golden Anniversary, on 7th Dec 2012,
A happy one for you!

from your loved ones..
It is well known that nearly ninety percent of the workforce in India is in the unorganized sector. This force has no social security, no provident fund, and no pension to bank upon in old age. What is given by government as old age pension in a few states is a measly amount.

The domestic helpers in this unorganised sector are normally employed by the so called middle class. This help is largely part time and in a few cases whole time. Women mainly constitute the workforce. The work relates to cleaning vessels, sweeping and mopping up of the floors, dusting the household articles including furniture. The domestic help also comes in the form of cooks or helpers in the kitchen.

Salaries paid to domestic helpers are decided according to locally prevalent rates, with or without the facility of serving them tea, breakfast or lunch.

After the nineties of the 20th century extending into 21st century, the middle class in the country has been benefitted substantially, through increased employment and improved pay scales, in both private sector and in government and public sectors. Middle class women are also sharing a significant chunk of employment. The middle class enjoys a fair amount of security through provisions of provident fund, pension/gratuity, medical insurance etc.

There is no systematic study available as to whether there is any trickledown effect, where by the benefits in some form of security are passed on to domestic helpers. Government schemes like MGN-REGA have hardly met the needs of the deprived, due to poor management at grass root level and reported widespread corruption.

Here are a few stray thoughts to share with my readers regarding ways by which some kind of security can be provided to the domestic helpers, within the capacity of the earning members of the middle class.

1. Concept of pension: This can be thought of when the helper has been working in the house for a period of 15 to 20 years. Such helpers turn out to be part of the family. The pension amount can be decided as percentage of the last salary drawn on a quarterly/ yearly basis.

2. Loans or medical help: Medical expenses are unforeseen but a part of any ones life. Loans for medical expenses can be given according to need. Marriage of children, visit to their home town/village call for extra money which the owner can advance.

3. Provident fund for children’s education: It would be prudent to open a joint account in the names of the lady of the house and the domestic helper (maid). Regular monthly contribution can be provided enabling a child to complete at least the secondary education, so that a female or male child is enabled to get admitted to a vocational course or inducted to Industrial Training Institute. Skill formation is the main aim. This will enable the child to ultimately join the workforce in the organized sector. This provident fund can help the child to advance to higher educational level of achievement on its own merit.

4. Adoption of a child’s education: Middle class family can think of bearing the entire expenses of a child’s education up to SSC pass level. Instead of waiting for any government help, it is better that individual families step in to secure a better future.

5. Insurance: One can think of life insurance of the maid/domestic help wherein, premium due can be paid by the employer entirely.

6. Provision in the will: It is prudent for every old person to write his/her own will. Some provision in the will for the faithful servant should always be considered as a gesture of goodwill.

Conclusion: Largely one should consider it as ones good fortune that one is able to help a family towards bettering its future and treat such help as discharging one’s duty towards society than as a favour.

The above are only a few suggestions to improve the lot of the under privileged. Giving is far more satisfying than receiving. Needless to say, that any help rendered should be within the capacity of the employer. In other words, every family has to decide how much generosity it can afford.

<<<<>>>
(23rd March 1923 – 22nd September 2012)

Departed peacefully to her heavenly abode on

22nd September 2012

at Kothrud, Pune

Deeply mourned by:

Sagina and Suresh – Rao (Kombrabail)
Sangeeta, Vinay, Prateek and Mohit – Kalle
Suchita and Amit – Nadgar
Relatives and Friends

Fondly Remembered

Shantaram Venkatrao Mankekar
09/04/1909 - 06/11/1986

Vimalabai Shantaram Mankekar
10/04/1914 - 01/09/2003

by

Dr. Mohan S. Mankekar, Mrs Anuradha M. Mankekar, Children and Grandchildren
Late Vasant M. Baindur and Mrs Premlata V. Baindur, Children and Grandchildren
Late Bhaskar Tirkannad and Mrs Umabai B. Tirkannad, Children and Grandchildren
Shri Vijay S. Mankekar and Mrs Poornima V. Mankekar, Children and Grandchildren

(Sponsored)
Big To Small
Kumud Nayel, Bangalore

It was just one knob, one switch and one band. It kept us entertained with all the news in the world. It kept us up to date with the cricket scores. It also brought us plays, music and discussions on the women’s programmes. There were orchestras by the famous D’amel who gave us a new composition every week. The programmes were recognised by the signature tunes. And we lived happily in those two rooms with one radio.

By the time I got married and my family started growing, the one knob gadget too had grown up. The new contraption had become mobile. It started moving with us everywhere - to picnics, on our railway journeys, from room to room. Even kept under the pillow!!! It had a strange name too! The transistor! It worked on battery.

My boys were growing up with the transistor when another cousin dropped into our household. He was one bit little more sophisticated. He had stainless steel buttons on him, and speakers like ears. He too could be carried around with us on picnics, journeys, parties. This contraption not only played the radio, we also got to hear music we wished. Feed him in, and he’d sing. That was our first tape recorder. My son brought it to my room.

“Mummy, don’t get nervous, just press this button, like this,” he showed me and Bhimsen Joshi started singing Raag Bhatiyar.

Years and years later my grandchild held my hand and said, “Mummy, don’t get nervous. Hold this, come on, hold this, now press the key like this,” and Bhimsen Joshi started singing the same beautiful Bhatiyar. This time it was on a 4” by 3” tiny contraption called the I Ball.

“Now press this key here, yes good,” said my other grandchild, “hold it, and don’t get nervous”. My fingers trembled, “Yes, now press this key, like this,” and I saw my face on the screen of the gadget while Bhimsen went from the opening alaaps to the Bandish of the Bhatiyar.

“This Mummy is the camera,” my grandchild was telling me while I sat there stunned.

Perhaps my grandchildren will have to spend hours and hours to teach me how to get into the I Ball before some other contraption takes its place. While Bhimsen with Raag Bhatiyar continues to sing for me eternally.

Courtesy: Canara Union Newsletter, October 2012 Issue.

At a New Year’s Eve party [quite frisky],
As a Sikh waved his sword [very risky!],
In a voice that was heard:
“No will booze!” swore the Surd...
And he toasted the resolve with whisky.

There was a Sardar by name Tibb,
Who drooled all the time on his bib;
The tantrums he threw
Amused quite a few...
But made all his grandchildren crib.

There was an old MP called Clyde,
Who claimed, “I have nothing to hide!”
For all done and said,
When tapped on the head
You could hear ringing echoes inside.

There was an old physicist, Bishen,
Who bragged he was one with a mission;
He drank heavy water,
Poured some for his daughter...
And went with a bang in the fission.

There was an old Parsee named Pesi,
Who wore English shirts [very lacy!];
He would say to his wife:
“Eat with fork and a knife...”
But as for his drinks — they were ‘desi’.

- Gautam Nadkarni
**Guru and Teacher**

**By Pallavi Manjeshwar**

A teacher takes responsibility of your growth, A Guru makes you responsible for your growth  
A teacher gives you things you do not have and require, A Guru takes away things you have and do not require  
A teacher answers your questions, A Guru questions your answers  
A teacher helps you get out of the maze, A Guru destroys the maze  
A teacher requires obedience and discipline from the pupil, A Guru requires trust and humility from the pupil  
A teacher is a guide on the path, A Guru is a pointer to the way  
A teacher sends you on the road to success, A Guru sends you on the road to freedom  
A teacher explains the world and its nature to you, A Guru explains yourself and your nature to you  
A teacher makes you understand how to move about in the world, A Guru shows you where you stand in relation to the world  
A teacher gives you knowledge and boosts your ego, A Guru takes away your knowledge and punctures your ego  
A teacher instructs you, A Guru constructs you  
A teacher sharpens your mind, A Guru opens your mind  
A teacher shows you the way to prosperity, A Guru shows the way to serenity  
A teacher reaches your mind, A Guru touches your soul  
A teacher gives you knowledge, A Guru makes you wise  
A teacher gives you maturity, A Guru returns you to innocence  
A teacher instructs you on how to solve problems, A Guru shows you how to resolve issues  
A teacher is a systematic thinker, A Guru is a lateral thinker  
A teacher will punish you with a stick, A Guru will punish you with compassion  
A teacher is to a pupil what a father is to a son, A Guru is to a pupil what a mother is to her child  
One can always find a teacher, But a Guru has to find and accept you  
A teacher leads you by the hand, A Guru leads you by example  
When a teacher finishes with you, you graduate, When a Guru finishes with you, you celebrate
My earliest memories of the affable old man date back to the time when I couldn’t even spell Santa Claus. I was a little brat who tried to stop his running nose with his shirt-sleeves. That was the time when my mother used to put me to sleep by frightening me with the images of a fat old man with white flowing beard who would carry me away from her and the family to the land of demons if I didn’t sleep. And it worked. And how!

I began to associate this frightful character with this smiling (?) red-clothed (red for danger?) man who would appear on the occasional greeting cards my father received around the time of December. I was naively convinced that the big sack on his back was full of naughty children who wouldn’t sleep easily.

So, it was a pleasant surprise when the grand old man with the bag sack appeared in flesh and blood at a children’s party my father’s ‘gora saab’ (white boss) had given on that December evening. My first reaction, I remember, had been to scream and run away when he put his sack down. And just when I was about to faint with fear, to my surprise, instead of stuffing poor little me into the sack, he fished out a big prize for me. I squealed with joy.

We were staying in Talmaki Wadi then where I had some of the best moments of my life, what with the different celebrations, from “munjis” (thread ceremonies) and weddings to the cultural programmes we were part of, year after year. I had my first brush with theatre and creative writing in the Wadi itself. I clearly remember the first time I stepped onto the stage for a Mono Acting event and made a fool of myself when I looked at the vast audience seated in front and forgot all my lines while my friend, in a desperate effort to “revive” me, had to literally scream the lines. I remember how I returned to perform the next year, with more determination. I remember the various short skits and Fancy Dress events when Pandhari Juker, the famous make-up wizard, magically transformed me into different characters and I used to walk back from his home at Gamdevi back to Wadi, with no one even recognizing me. I remember the times during Diwali when my younger sister Parvati sang in the orchestra and entertained the enthralled audience. I remember joining her to sing some duets. Talmaki Wadi made me what I am today. It was Wadi that gave me the inner strength to fight all the battles of life I faced later in life, long after I stopped being a “Waadi Chaarko”. But that’s another story.

On reaching home, I quarreled with my mother for telling me untrue things about the friendly old man with the red dress and the flowing white beard. And, for once, she had no answer to my questions. Maybe it had something to do with her belief that Santa Claus (I had found out his name by now!) belonged to Christianity, a faith she neither understood nor followed.

It was while I was a resident of Talmaki Wadi, my earliest residence in Mumbai that I first became what can be called a ‘commercial’ Santa Claus. There was an ad in Times of India

I have come a long way since those days. I know now how Santa Claus must have felt when I used to run away from him, even when he beckoned me so lovingly. Some children used to do that to me. Yes, I know what it feels like to be Santa Claus.

My only niece’s birthday happened to be on Christmas Day. Ever since I left the shores of India in search of greener pastures (!) to Dubai, I started celebrating her birthday in the company of a few children who were my friends. When one of the younger children asked me if Santa Uncle was attending the birthday party, I said to myself, “Why not?” An old Christian lady stitched the red costume for me, complete with the cap and the sack. A lively mask with flowing white beard, bought from one of the super-markets, completed the picture and Santa Claus was born.

“He is here… He is here!”, came the squeals of delight from the surprised children. Joy, disbelief loomed large on their innocent faces. They came from everywhere. They were of all ages, all faiths.
What bound them together was that they all wanted to see Santa Claus, touch him, feel him, be a part of the joy he brought, and, yes, grab the gifts he carried for them. It was to share this joy that I jumped at the offer when one of leading departmental stores, the Mohebi Centre in Dubai, offered me an assignment to move about as Santa Claus for some days.

My ready costume came in handy at this time. I only asked the Centre to supply me with big black gum-shoes. I remembered that on an earlier occasion, a child had asked me why Santa didn’t have his gum-shoes on. I was completely foxed for a moment before I answered that he didn’t need them in Dubai sands. The different questions asked by children kept me alert throughout my brief stint.

“Why are you so thin, Santa?,” a little girl asked. “Why is your beard so white?” asked another. “You are not real, are you?,” doubted one curious boy.

Yet another wanted to take off my mask. What I was like behind the mask, no one knew. It was like seeing the world from so near… and yet, so far.

“When did you come from Panchgani?” I asked a boy who, I knew, was studying in a boarding school there.

“How do you know I study there?”, he asked in bewilderment.

“Santa knows everything.”

“You know my daddy, too?”

“Yes, when he was a little toddler.”

And he just stared at my flowing white beard and nodded.

They came singly and they came in large numbers. Some came just to see and feel Santa, to shake hands with him, to get photographed with him. Some came again and again for the gifts. Many parents dragged their children, hiding the presents they had already got and asked for more. Some invited Santa to come to their homes.

“Santa, will you come to my house?,” one boy asked, pulling my cloak gently.

‘Of course, I will, darling.”

“Will you come for Eid to my house?”

“Yes, I will.”

“Then will you come to my house for Diwali, too?”

These questions symbolized their belief in Santa. Santa Claus was no more a Christian symbol for them. He knew no barriers of time and place and religion. He was just a harbinger of peace, goodwill and joy — be it Eid, Diwali or Christmas. For a child knows no religion, other than that of humanity. In the adult world, full of strife, tension, terrorism and war, each child comes with the message from God that He is not yet disappointed with man. And Santa Claus comes with but an extension of that all-important message.

---

**Life is not a joke**

Life is not a race,
You cannot win at a slow pace.
Problems last in everybody’s life,
That does not mean you end it with a knife.
Ending your life at the point of a snout*,
Is just an easy way out?
Come on everybody wake up today,
Try to understand what I say.
It depends on you,
What is life in your view?
Life is not a vegetable that you can buy,
Think about your parents, relatives & friends who will cry.
Learn to face all your bad times,
Stop committing those ruthless crimes!
Wake up, everybody, wake up,
Don’t give away your lives for a silly break up.
God has given you a wonderful chance,
So forget your worries & just dance!

*snout = refers to an end of a pistol*  
By Neeraja Narayan Rao

34  Vol. 93, No.12, December 2012  KANARA SARASWAT
It was a time when Public Sector banks were on the lookout for talented youngsters in sports, seeking to enhance their self image by backing potential winners. Promising youngsters in the fields of badminton, chess, table tennis etc. overnight became hot properties, which the banks sought to book before anyone spotted them.

Before this tidal wave of sports recruitment hit banks, such patronage was restricted to mainly cricket, hockey and football. At one juncture 75% of India’s best cricket players were from State Bank of India. (I am sure Ajit Wadekar of SBI or Suresh Saraiya, the well known cricket commentator from Central Bank will vouch for that).

During this period, in the late ‘70s Union Bank made a prize catch Prakash Padukone, the then youngest National Badminton Champion. After Nandu Natekar’s exit from the international badminton scene, India had cut a sorry figure in this field for far too long. With the emergence of Padukone, an upcoming star, on this bleak firmament, the whole country was agog with a fond hope – that he would bring laurels to India trouncing Lim Su King, the Indonesian who was reigning supreme as the world champion for many years.

The heats of the Commonwealth Badminton Championships at London were on and Padukone had reached the finals – a feat achieved for the first time by an Indian player. The badminton enthusiasts in India awaited the outcome of the finals with bated breath. They had no choice. Those days there were neither ‘live’ coverage of such events in India (as TV was in its infancy) nor was badminton considered as a “Man’s Game”!

At around 3.30 p.m. on that fateful day, I got an intercom message from my boss the late Mr. Charloo to see him ‘double march’ (as he put it). When I entered his cabin, I was surprised to find him encircled by half a dozen badminton enthusiasts, all of them highly excited. That apparently meant just one thing - that Prakash had won the finals, beating the King (Lim Su King). It was great moment not only for bank but also for the country –an Indian becoming World Badminton Champion for the first time.

Prakash was coming home that night and I was told to release an advertisement in a leading daily the next morning, that too on the front page in ‘SOLUS’ position! “Look, Surkund, if the advertisement does not appear in tomorrow’s paper on the front page, you need not come to the office from tomorrow” was the cryptic command from my boss!

While securing a ‘Solus’ position at such a short notice was challenging enough, making an eye-catching visual to match the occasion proved to be a Herculean task. For one thing, I did not have a photograph of the trophy that Prakash had won; nor did I possess any latest photograph of our hero in action. Since he was to land in Mumbai in the wee hours of next day, catching the deadline with a champion snap was just out of question (Radiophoto was in its infancy).

By the time I finished brooding over the possibilities, it was almost 4 p.m. To add to my woes, enquiries at ‘Indian Express’ revealed that ‘Solus’ position was not available for the next one week. What was worse, the deadline for accepting the material for any advertisement with artwork was 6 p.m. That put me in a real fix, but, thankfully, I recalled what the great banker Mr T.A. Pai has said once. “Convert your handicaps into advantages. It is the only way you can meet challenges confidently”. How true he turned out to be!

Armed with a few file photos of Prakash, I rushed to our ad agency. I briefed the agency folk on how to create a simple layout, with lots of white space, minimum copy and a big photo of Prakash – all to be ready by 5.30 p.m. Then I rushed to ‘Express’ to meet my friend Hegde, the advertisement Manager to find out who had booked the next day’s ‘Solus’ position. Fortunately for me, the advertiser turned out to be a badminton fan, who was obliging enough to shift his ad to some other day. With half battle won, I breathed...
a sigh of relief.

After assuring Hegde that I would return with the artwork before 6 p.m. I rushed back to the agency. By then 3 thumbnails using stock photos, an imaginary trophy and with minimum copy, were ready. I got the copy cleared over the phone by my boss, telling him that I would not be able to show him the final artwork due to paucity of time. Mr. Charloo had no option but to give his assent, albeit reluctantly.

By then Hegde had called up twice enquiring about the artwork. The second time he instructed me to hand it over to the Manager, Printing Department, before 5.30 p.m. as he had to go out on an important assignment (for a drink, I knew!) Meanwhile, at the agency the whole team was on the job on a war footing running around for urgent typesetting bromide printing of logos, illustrating an imaginary trophy, retouching Prakash’s photo, so on. All the same, it was almost 5.30 p.m. by the time the final artwork was ready. (Unfortunately, ‘Macintosh’ was unheard of then). And, by the time I reached the Express and meekly handed over the artwork to the Manager, it was 5.45 p.m.

“Sorry”, he told me firmly, “You are late. We cannot accept this now. The production people have already left.” My humble pleadings proved to be of no avail. Desperate, I contacted SKM (Sampemane Krishnamurthy) the News Editor who suggested that I approach Mr Vivek Khaitan, a Director of the Indian Express Group of Newspapers, who alone had the authority to dictate terms to the Production Department. But enquiries revealed that Mr. Khaitan has already left the office, though he may be available at his residence at Colaba).

By then it was 6.15 p.m. Undaunted and hoping against hope, I rushed to Mr. Khaitan and explained to him the background of my dilemma, stressing the importance of our ad in proclaiming a ‘Nation’s Pride’. Unwilling to take any chance, I even took recourse to the last resort – flattery. I pointed out to Mr Khaitan that the ad was restricted to only ‘Express’ and was not being released to its rival ‘Times of India’. May be that did it, or may be that was my lucky day. Whatever be the clincher, Mr Khaitan assured me it would be a pleasure to carry the ad. Then he picked up the phone and roared at the Manager (Printing) If that ad was not carried on the front page the next morning, he would be answerable to not only Goenka, but also the Nation!

I rushed back to ‘Express’, where the Manager (Printing) having been forced to eat the humble pie, accepted the artwork without even looking at me. So incensed was he that when I politely informed him that I was leaving, he shouted ,” You can’t go unless you approve the proof”. To my utter disgust, I was told the final proof would be ready only around 11.00 p.m. And, by the time I reached home, it was well past midnight.

Despite the ordeal, I was up early the next morning. I rushed to the paper vendor at 5.00 a.m. to see the proof of the pudding I had baked. Unfortunately, I was told the ‘Express’ does not reach there that early. As I was still only half awake and dozing on my feet, I made a humble request to the paperwala: ‘Would you mind waking me up when the ‘Express’ arrives?” His reaction was quite amusing: “Which exam have you appeared for?”

At last around 6.15 a.m. the vendor woke me up and I had a darshan of what I rated as a professional feat. Having completed an uphill task, I also started daydreaming as to how Mr Charloo would reward me—with a raise! But, when I met him in the office later in the day, Mr Charloo’s reaction was : Yes, I have seen it. You did your job. What else do you do throughout the year?”

Yet, to be fair to him, after he received a spate of phone calls from friends, bankers and some badminton fans, he did invite me to his sanctum sanctorum and offered me a cup of “nalla suda coffee”, my favorite even today.

| Rates for Classified Advertisements in Kanara Saraswat Magazine |
|-----------------|-----------------|
| Quarter page (1 issue): | Rs. 1500/-|
| Half page (1 issue): | Rs. 2500/-|
| Full page (1 issue): | Rs. 4500/-|
| Half page colour (1 issue): | Rs. 3500/-|
| Full page colour (1 issue): | Rs. 6500/-|
| The rates are inclusive of a photograph. |
These days work pressure in all the fields is high which makes everyone wait for the weekend to relax and enjoy. The first thing that comes to mind when it’s a weekend apart from shopping and sleeping is family get-togethers and house parties. Everyone likes to attend a house party but the person hosting the party gets stuck planning for the party. What to make, how much quantity, time consumed etc are some of the common concerns of any person hosting a party. This article will help you think the way professional Chefs think about hosting a party at home.

A house party usually starts with appetizers and drinks followed by dinner that is the main course. In the Indian context, dinner is taken as a signal that the party has ended, and if one person decides he’s hungry and wants some dinner, the rest of the guests soon join the queue, and your party may end prematurely, leaving you wondering what just happened.

The level of interest is the maximum when the guests enter your house and keeps decreasing as the level of food and drinks in their bodies increase. So more focus should be on the starters and the main course should be kept simple.

If you calculate from Chef’s point of view, a normal adult would have around 350 gms. of food which includes meat vegetables and grains all together. So say you have 15 people at home the total quantity of food would be 15 x 350 that comes approximately 5kg of food. You can divide this in whichever way you want to. You might choose to buy, say, 3kg of meat (remember to adjust for bone weight; about 35-40% of meat can be bone) and 1kg of various vegetables, but this number is reliable enough. Males tend to eat a wee bit more, so if it’s a party full of guys, get 10% more food.

As for starter portion size is concerned five-six pieces per person per hour is a reasonable estimate. Cocktail parties without dinner need more snacks. In my experience, most parties go for 3 hours on an average. So using the same 15 people in our previous example, we get 15x3x5 = 225 pieces. Now, those seem like a lot, but remember that I’m literally talking about bite-size snack portions, not giant kebabs that you might get from a restaurant. So you don’t need to go broke making food. It’s best to divide this into many dishes. I recommend having at least five-six types of snacks for variety, so that leaves you with 45 portions of five snacks. Count the vegetarians in the group, and add another 25% to your calculation. The vegetarians won’t eat meat, but the carnivores in the group have no problem munching on the vegetarian food, too.

If you’re doing dinner as well, apply the same calculation as above, but reduce the time to 2 hours instead. So for 15 guests, you’d get 15x5x2 = 150 pieces of snacks. That’s almost half the food in snacks. Remember the overall quantity calculation for the party? Just apply half of it now for main course, and you’re set.

A common concern for a person hosting a party is that there should be no shortage in main course and he/she lands up cooking a large amount of main course. When you have a lot of guests, don’t go for too much variety in the main course. Instead, make larger quantities of fewer dishes (this rule also works well when large group of friends go to restaurants). It’s a practical matter, really. The more dishes you have, the more work you have to do to make them. Second, you risk a popular dish getting over quickly, and other guests not getting any. Third, it leads to more wastage as it’s harder to get quantities exactly right for smaller portions. And lastly, more dishes on one plate make a mess of flavors on the plate. The truth is a normal person can eat only the above calculated quantity of food and by the time the guests head for main course, however well prepared it may be they just end up tasting a small amount of it and you get a large amount of leftovers.

So wish you all happy and easy hosting!
600 months
2,690 weeks
18,262 days
4,35,295 hours
2,62,97,742 minutes
157,78,64,539 seconds
= 50 years of togetherness
Sharmila - Uma - Sudeep
Anwar - Ambareesh - Rashmi
Yajushi - Parikshit - Aashish - Parinshtha
Wishing Mohan and Jyoti Happy Golden Anniversary, (Mohan and Anuradha Hemmadi.) 18-12-1962 To 18-12-2012 from Hemmadis, Nagarkattis, Kilpadys, Kalambis, Bijurs, Mavinkurves, Padukones, Khambadkones and Numerous Friends and Relations from all over.

Front row: Vishal Nalkur (father), Vibhavari Nalkur (mother).
Back row: Ganesh Nalkur (grandfather), Vasanthi Rohidas Nalkur (great grandmother), Baby Vihaan Nalkur, Nandini Nalkur (grandmother)

(Sponsored)
Drive home Happiness

with Union Bank Car Loans

• Longest repayment tenure of 7 years at 10.95% pa
• Lowest EMI / Lac ₹1709
• Processing Fees Waived *

*Offer valid from Independence Day to Republic Day
Toll Free: 1800 222244 | www.unionbankofindia.co.in
Science and Technology

The Story of Positron -The Power of Negative Sign

Manohar Chittar, Mulund

If a mathematics teacher asks in the class “what is the square root of 4?” . The whole class would say 2 as the answer. But if Nobel prize winner Dirac is present in the class he would say -2 is also a solution. His not forgetting to take the negative sign while taking a square root in an equation led him to the prediction of the of the elementary particle POSITRON and which was verified experimentally and Dirac won the Nobel prize at the age of 31. Dirac was very precise in day to day matters also. During a lecture, professor Dirac made a mistake in an equation he was writing on the blackboard. A courageous student raised his finger and said timidly : “Professor Dirac, I do not understand equation 2.”. Dirac continued writing without any reaction. The student supposed Dirac has not heard him and raised his finger again, and said, louder this time: “Professor Dirac, I do not understand equation 2.” No reaction. Somebody on the first row decided to intervene and said: “Professor Dirac, that man is asking a question.” “Oh,” Dirac “replied, I thought he was making a statement.”

To explain how the – sign led to the discovery of positron we need some simple equations. According to Newton the energy of a particle moving momentum \( p \) is given by

\[
E = \frac{p^2}{2 \ m} \quad \text{.........1}
\]

Where \( m \) is the mass of the particle. We shall have in mind electron as the particle. While Einstein’s famous equation

\[
E = m \ c^2 \quad \text{......... 2}
\]

Says that equation 1 is incorrect and this particularly becomes apparent for fast moving particles with velocity \( c \) close to that of light. The correct relation between energy and momentum \( p \), according to Einstein, is

\[
E^2 = p^2c^2 + m_0^2c^4
\]

Where \( m_0 \) is the mass of the electron at rest. Einstein’s Relativity theory says that when a particle moves it acquires kinetic energy and this energy has mass. So the mass increases to \( m \). Now comes the important the point of taking the square root. Every one considered only the positive square root but not Dirac – he considered both the signs . The difficulty arisen because of negative energy was the following. For a particle with momentum \( p \) two energies are possible one positive and the other negative. Physics says that nature always chooses lower energy – in this case – ve energy. Figure below shows that for every momentum there are 2 energies possible resulting in the positive branch (upper curve) and the negative branch (lower curve) . Since nature prefers lowest energy the particle should be in negative energy BUT we observe only positive energy in practice!. Dirac pointed out that situation is not serious according to old classical mechanics. He argued that the negative root can be ignored only according to old classical mechanics because universe was created in the positive branch and it remained there as it could not jump to – ve energy branch which is separated by a gap of \( 2m_0c^2 \). Transition (jump) from one energy to another energy is not possible in classical mechanics when they are separated by is a gap. BUT quantum mechanics, which was growing very fast that time, introduced the new of concept of transition by Niels Bohr meaning an electron in an atom can jump from one orbit (with a particular energy) to another without any orbit continuously linking the two orbits even if there is a gap. So according to quantum mechanics all the electrons should fall in to negative energy states which are available in plenty – infinite in number. Dirac put forward a bold hypothesis that all the – ve energy states are already filled with electrons !!. The help for this concept came from a principle introduced by Wolfgang Pauli that in each state of an electron there can be only one electron. So the – ve energy states are completely filled with electrons. What we call vacuum is full of electrons.
with negative energy. Since we are born in this sea we do not notice them – just like a fish in water. We notice only the changes in this sea just like a fish notices an air bubble or a foreign body. Now comes the important point. Some how if we an take out an electron from negative energy state and put it into a positive energy state. Then we notice two things different from the ‘Vacuum’ - one hole in the –ve energy state and an electron in positive energy state. The hole would appear as a particle with a + ve charge - the Positron. The the electron, after some time would fall back in to the hole and the difference energy is emitted as light just as in an atom. Since the positive energy branch is separated from – ve branch by a gap of 2 m₀c² the energy emitted would be large and in the gamma ray spectrum of the electromagnetic rays. So Dirac with only pen and paper, combined with his brilliance, predicted the existence of positron – a particle with electron mass but with a positive charge and its combination with electron giving gamma rays. This prediction was confirmed by Anderson in his experiments with cosmic rays. Anderson also won Nobel Prize. Since these arguments hold for any particle which obeys Pauli’s principle, Dirac inis nobel lecture predicted that there should be particles of mass equal to that of proton but with –ve charge. This too has been observed and the particle is called Antiproton. The antiproton was experimentally confirmed in 1955 by University of California, Berkelephysicists Emilio Segrè and Owen Chamberlain, for which they were awarded the 1959 Nobel Prize in Physics.

One could run the imagination wild by imagining a positron running around antiproton as in the hydrogen atom but with proton replaced by antiproton and electron replaced by positron this is simplest example of what is known as Antimatter. One could have whole range of elements from the periodic table and the compounds too of this antimatter BUT these would be short lived in this world of matter. Antimatter would annihilate with matter !!. On 26 April 2011, a group of scientists announced that they had trapped 309 antihydrogen atoms, some for as long as 1,000 seconds (about 17 minutes). This time was longer than neutral antimatter had ever been trapped before.

It is also possible to imagine a positron and electron revolving around each other. The system is unstable: the two particles annihilate each other to produce two gamma ray photons after an average lifetime of 125 picoseconds or three gamma ray photons after 142 nanoseconds in vacuum, depending on the relative spin states of the positron and electron. It was experimentally discovered by Martin Deutsch at MIT in 1951, and became known as positronium.

DAY 4 - Prague:
Prague is a lovely old city and the roads may lead you to believe that it is a totally unplanned city. However, it is beautifully maintained though the roads are winding and narrow even in the main city. The architecture of all buildings is influenced by old culture. Buses, commercial vehicles and tourist coaches are not allowed to enter the main city. Only cars and smaller vehicles are permitted entry. In view of this, all tourist coaches are required to be parked at some distance, from where we take a walking tour of the city. However, the tourist coaches can go up to the Prague Castle, which is on top of a small hillock where the tourists can be dropped before the coaches retrace their way to the designated parking areas outside the main city. We too took a walking tour of Prague.

Prague Castle (also called the Prague Palace):
The Prague Castle area is like a mini township. The Office of the President of the Czech Republic is located there. There are guards posted at the entry point of the Castle. There is a Change of Guards at fixed intervals, which reminds you of the Buckingham Palace in London, though the beauty of Buckingham Palace is totally different.

St. Vitus' Cathedral – This is the main Cathedral of the Prague Castle - it is located just behind the Castle. This beautiful Cathedral is a few centuries old and has intricate glass murals in the interior.

Vitava River – The Vitava River divides Old Prague from the New. We crossed the Vitava River on a bridge called Charles Bridge from where one can enjoy the scenic beauty of the entire city. There is a total of 24 such bridges across the River Vitava.

Old Town Square & Astronomical Clock –
This is a place where all tourists normally gather for relaxation. Tables and chairs are laid on the roads outside the restaurants and people sit there sipping Czech Beer and munching on snacks. This kind of atmosphere is a common sight in many places across Europe. Prague is famous for its Astronomical Clock and tourists throng at the Old Town Square to see it.

The Astronomical Clock at the Old Town Square
After sight seeing at Prague on foot, we had lunch at one of the Indian Restaurants and walked back to our coach, covering a distance of over 1 km. It was around 4.00 pm by then. Having walked all morning, we, Senior Citizens, were exhausted and our aching feet were badly in need of rest. It was a great relief when the Tour Manager announced that the coach would take us back to the Hotel where we could rest till 6.30 pm – the time fixed for going back to the restaurant for dinner. That meant some more walking, later - between coach and restaurant both ways. The very thought of walking was exhausting. So, six of us opted out, even though it meant spending a little more from the pocket to buy dinner at the Hotel where we were put up. Our extremely considerate Tour Manager offered to bring back packed lunch for us. That was a double blessing –

It not only spared our weary feet, but also saved our precious Euros.

DAY 5 - Budapest:
The next morning after breakfast, we started for Budapest. It was expected to be a long drive as we had to pass through Slovakia, which was a part of erstwhile Czechoslovakia, before the division. Traveling by road in Europe is delightful since the countries being small in size: we get an opportunity to pass through several countries during our drive. However, there was a difference as we passed through Slovakia. Right from Berlin through Dresden to Prague we had driven along smooth roads with thick forests on either side. But the forests were missing in Slovakia. Even on the Freeways the drive was fairly bumpy. The Tour
Manager explained that the condition of roads would remain thus for a stretch of 180 kms through Slovakia. Slovakia being less prosperous than most European countries, their budget apparently does not cover the cost of relaying of Freeways.

Around 12.30 pm we reached a place called Bratislava – the capital of Slovakia. We were told that we would proceed to a Boatel for Lunch – a restaurant in a moored boat floating on the waters of the River Danube. On reaching the spot, we found several Boatels on the waters - of these, we went into Boatel Marina.

It was a pleasant surprise to find excellent Indian food in a remote place like Bratislava. My appreciation of Indian entrepreneurs in catering went up by another notch. The amazing thing was that their fare also included a Jain Menu, a fact that delighted the 4 Jain members in our group. All of us were highly impressed by the beautiful interiors of the boatel in Bratislava.

At about 4.30 PM we reached Budapest – the capital of Hungary. Budapest is a Twin City – Buda and Pest, on either side of River Danube. This is a well planned city with wide roads and remarkable town planning. Budapest is said to be the biggest city among East European countries - even bigger than Vienna.

After relaxing in the hotel for about 45 minutes, we left for an evening Cruise on the River Danube. This boat was exclusively booked for our group of 31 persons. It was very comfortable boat with an Upper Deck open to the sky. Champagne and soft drinks were served to welcome us aboard. The Cruise lasted an hour and gave us a glimpse of the imposing structures on both sides of the river. The pleasant weather and the cool breeze added to the joys of the cruise. After the Cruise we had dinner at a restaurant called Bombay Masala near the River Danube before we returned to the hotel for the much needed rest overnight.

**DAY 6 - Budapest:**

The next morning, after breakfast we left for sightseeing in the city. Our first halt was at Castle District on a hillock, where we saw the Royal Palace, the Museum and the Mathias Church. Though we had seen the Royal Palace during the Cruise we got a closer glimpse of this place, but we could not enter the palace for lack of time. The Castle District was on the Buda side of Budapest and the Parliament Building, Heroes’ Square, the hotel where we were staying etc were on the Pest side.

In fact we have a beautiful view of the city on both sides of River. A close up of the Parliament House with the other structures affords a breathtaking view from the Castle District.

After having lunch, we left for a place about 60 kms from the city in the countryside of Hungary. This place is famous the display of Hungarian horsemanship. Here, young boys and a mere girl of 15 or 16, showed their amazing skill in handling horses with a certain amount of acrobatics.

Before we went for the actual show, we were offered the locally brewed brandy which went very well in such cold climate at 5.00 pm, especially in an open space.

After this visit, we returned to the restaurant for dinner and then to the hotel for rest, since a long journey lay ahead of us the following day - from Budapest to Salzburg.

*(To be continued in Part III)*
“That which liberates is knowledge” is the motto of the Shrivalli High School, Shirali & the Birla Institute of Technology, Ranchi and is part of a Shloka 1.19.41 from the Vishnu Purana.

Verse:
\[
\text{tat-karma yan-na bhandaya} \\
\text{saa vidhyaa yaa vimuktaye”;} \\
\text{aayaa saayaa param karma} \\
\text{vidyaa-anyaa shilpa naipu Nam}
\]

Meaning:
Those acts alone which help one to avoid bondage are the rightful/righteous acts and that learning alone which leads one to release is real knowledge or vidya. All other acts end up only in fatigue and all other learning is a mere exhibition of skill in arts.

In present times, education has become a rat race amidst tough competition. Young children burn midnight oil, are burdened by peer and parental pressure and often leading to fatigue and stress, sometimes even inflicting physical and mental damage. Education has ceased to be a search of knowledge, which rightfully should be a joyful experience. The real meaning of education is lost on the children and the parents.

Material education is of course essential since it provides us a means of sustenance, independence and a sense of self worth. However it may also make us full of pride and conceit, if we are not educated with spiritual values. Gratitude and humility are hallmarks of the truly great achievers.

It is in this context that this verse from the Vishnu Purana becomes very vital to understand. Of the many types of Vidya, it is the Adhyatma Vidya or the Spiritual Knowledge, the knowledge of Enlightenment which liberates us. Opportunities presented in a social system and its work environment force sensitive people (and those driven by samskara-s previously earned) to ask questions about the meaning of life and true happiness. The Sadguru’s Anugraha is very essential and instrumental in helping the ardent Shishya, achieve this knowledge. Knowledge of our real nature which is Sat-chit- Ananda will only give us the real joy/ bliss. Therefore it is essential for us to learn this Adhyatma Vidya, to begin an inward journey and experience the real Joy or Ananda. Sadhana is the search for this knowledge and the Mantra Japa is a very good tool to achieve this.

Learn Samskrit Speak Samskrit

Sadhana is the search for this knowledge and the Mantra Japa is a very good tool to achieve this.

Vinay V Gangavali
Phone: 2380 0460
Mobile: 9892407934

WE ACCEPT OUTDOOR CATERING ORDERS FOR
GET-TOGETHERS, BIRTHDAY PARTIES,
MARRIAGE, THREAD CEREMONY AND
ANY OTHER OCCASIONS.

3-5/18, 2nd Floor, Talmakiwadi, Tardeo, Mumbai - 400 007.
श्रीमती मुक्ताबाई अमलाडी
धन्य हो श्राब्धी जायदिसु
१९.१०.२०१२

आई, आजि नवरात्रीनूतली ललिता-पंचमी, आणि ह्वा पवित्र दिवसु तुगेलो जायदिसु आसतात. ह्वा वरस तुगेल्या जायदिसाचे विशेष महत्त्व महापर्यायी आणि तुऱे संभारावा वरसांतू पदरणां केलंते. आणि हाँव मात्र नेहातु तुगेले सर्व प्रियजन मस्त खुश आसतात. तुका आमोघेह सण्डण्डगेल्या लेकाकोणाने जायदिसाच्या मनं:पूर्वक शुभेच्छा. सुमन, शशिधर, गिरीश, तारा, माया, लीला, जय, सचिन, मुंचिता, युवान आणि ओजस्वी.

ह्वा शंभर वरसांतू तुऱे मस्त ल्याग केलंत. तुगेले लान जावानु फुडे अनेक कारणां मिती तुका मस्त काट सहन कोकां पाले. कर्मयोगी जावानू तुऱे सर्व गोमेट्टकोंू चल्लों जेलंते. स्वतं:गेली आर्थिक परिस्थिती बरी नाटील तरी म्हालंडी म्होणी तुऱे सांत्रो भावंदंक राबंधु वेदु सौंप्रेक, लान टोरोंचा सहाय कोरुं सांभाळतु घेतलं. कुऱंबांवू नौकां समस्या आसात्यारी तांका मौलिक सल्लों दिवनु क्र्यायाब्यानु पार केलं, म्गेले मोगाचे चल्ले गिरीश आणि सचिनाक हांवे ओप्सक वला तुवंची प्रीतिते सा नाहाड केलं. तुगेले हे उपकार, तुगेली कर्त्यविनिध, केतउनाई विसौबंधक साय ना.

म्गेल्या प्रत्येक कठीण प्रसंगांतू तुम्मेगेल्या माक्ली एक भवक्त्र आद्यानु आणि शतकी जावानु राबल. तेमती माक्का सगडे बिखट प्रसंगांक तोडे दंपाचे धार्य आयले. तू म्गेली माता, पिता, गुरु, बंधू आणि सखा जावानु आस्स. आई, तुका मस्त धन्यवाद!

आजीकाई तुगेली सर्व इंद्रयु तुका मोग्र साय सिद्ध आसती. तुगेली समग्र शतकी तीणश कर्णस. देवगेली क्रुणा म्हणुका. जायगाची संभारावा वरसांतू पदरणां कोरंच थोडे दिस पैले तुजेशी एक होड संकट आयले, आणि ओपेशन कोरंच पलंडूं आणि तू धार्य ताण चालायली. तुलं नोबिराचे कोरुक जेलंते तीतले नमो. धरातले, मनाची शांती, निरंतर स्थिरामती म्गेला हे वर्त्य जातले हानु काहें संयव ना. तुगेले ह्वा सर्व गुणामती तुगेली धूक म्होणू चेंजाक हांव स्वतं: क्षेत्रबांधक समजता. धन्य तुआ आई!

तुगेले मुखवेले आयुष्य सर्व दर्शनी सुख-शांतीमय जिंक हिंजी ललिता पृथ्वसुंदरी लागणी प्राथणां. सुमन शशिधर गुलनाडी, शिराली, आणि अमलाडी कुडावै.
मंतरलेले तीन तास
उदय मंकिकर, मुंबई

१ नोवेंबर, हा सुप्रिय स्मारक, गोंडकार, संगीतकार, गुरु, शब्दप्राधान गायकोंचे जनक, शब्दप्राधान श्री. यस्बंत देव यांचा जन्मदिन. हा ‘देवंनी ल्याच्या अनेक शिष्यांचा संगीतात जात देऊन संगीत कśष्टकम्हठे ‘यस्बंत’ केलेले आहे. श्रीमती सुमन कल्याणेच्या आणि श्रीमती गोळा विवेके येथे माध्यम डा हा ल्याच्या ‘यस्बंत मान्यवर’ शिष्या होतात.

श्री प्रवीण कडले, श्री यस्बंत देव यांना समाजित करताना

संगीतकालीन आपल्या हा गुरुद्वारा प्रत्य प्रेम, आदर आणि कृतज्ञता व्यक्त कणपाळासह, ल्याच्या ८७व्या वाढदिवसाचे वेळातून, दिनांक १ नोवेंबर, २०२२ रोजी श्रीमती गोळासांनी संगीतकालीन स्नेहात जनसंदर्भमध्ये ‘यस्बंत देवंचा संगीतकालीन प्रवास’ ह्या कार्यक्रमाचे आयोजन केलेले होते.

देमास्तरानी आपल्या अनेक अजराम गोळंचा नजराश्चर असक्षरकी श्रील्यांचा बहाल केलेला आहे. त्यामध्ये निवडक गोळंचे चयन करणे महाकाळीन. तंतु तीन तासांच्या अध्याय (राजी ८ ते २२) अस्तिक्यांमध्ये त्याच्या गीत सागरस्तू १७ गीते निवडलेले होती. अर्थात्प्रसून ल्याच्या प्रवास प्रत्येक गीत आनंद गोळंचे प्रदर्शनकाळ, रंगमंत्र, एवढी वर्ष झाली. तत्तत्त्वाने त्याचे गीतांचे माध्यम विराजत, हव्हेवहे बाटणारे. गायक-गायिकाची प्रतिस्पर्धा आणि प्रतिस्पर्धाका सर्वोत्तम चैतज, गोळंचे पुरस्कार, श्रीलेख मानिकर्वेच, श्रीमती अपर्णा नगरकर्ती-उत्तम आणि श्रीमती सुवर्णगी भैसास, प्रेंजीकारी एक स्वतंत्र शैली आणि खासियत आहे.

कार्यक्रमाची सुरूवात देमास्तरानी स्वरबंध केलेल्या आणि श्रीमती गोळी येथे माध्यमाक्रिय ध्वनीलक्षण विद्यासाठी स्वरबंध शक्तीप्रद गतीतिकार फार्माच्या, श्रीमती सुवर्णगी गायिका प्रधानी खेडा जेल्यावर आणि श्रीमती सुवर्णगी शास्त्री नवी संगीतकालीन तयारी ह्यांची जाणीवी स्वर शक्तीप्रद गतीतिकार असलेली आहे.

बाहिरीपुढे म्हणजेच गायनास एक सुंदरप्रगती होती. उष्ण, तय, ताल ह्याच्या मिळाल होते आणि रिस्कन्स अवर्तनीय आनंद प्रदान होते.

SANGIT SHRAMAAN SANDHAN MAHAABHISHKAR ANKAR ANUSHAAGAN SANGIT SAGRAMANTI BAGEEM BHALOOG SANGEETAKRAMAASHAADH BHALOOG

SHRIMATI SIVARUNCHI SHADISIY SANGITABHUSHAN TAYARI HANCHI JANISHVU RVISKAANAWARNA VARGUVIVEK VIJEYVARUH.

KANARA SARASWAT
Vol. 93, No.12, December 2012
47
शाची अनुमूल्यी श्री। आपना व्यवहार आणि ल्यांच्या वाणिज्याने दिली। आपना व्यवहार है संगीत संयोजनातील अग्रणायण नव। ल्यांची संवाददिनी अहसासः गायक आणि रसिक श्रीसांख्यी संबंध साध्येत्र। ती तुम्ही तात्त्विक पावती होती की स्वामः गायकांनी आणणांना दाद दिली। इतर वाताने ही आणणांना उत्साह साधे दिव्यभूती होतातील अलांक त्यांच्याशी जल्ला।

उद्धरण कार्यक्रमाचे उद्धरण सूची संचलन/निवेदन हा रसिकासाठी “हुंकारका योग” त्यामुळे संपूर्ण कार्यक्रमात “चार विकल” लगातात। हा योग आणणांना त्रिशी श्रीसांख्यी साधनाची कामत योगीं। साधनाच्या सुत्र संचलन/निवेदन हा स्वतंत्र लेखनाचा विषय आहे। प्रसाद व्यक्तिमत्व, रसात आवाज, विषयाचा सख्तीत अथवा, व्यास, क्रंद, मैथिली प्रथु, वाचन, लेखन, श्रोत तिथिकाची समर्थ उपमिकांची आणि उद्धारणांची गुणकां ही ल्यांची खासित, बैठकाच्या, महत्त्वाचा ल्यांचे सूत्र संचलन/निवेदन/निपुण नेन्हीमाचे अथवासूर असते। ल्याची प्रतिध्वनी हा सांगतिक प्रवासातील आलोकी अभावाचा सांगतिक प्रवास अत्यंत सुरुसम, अधिनीय, विरसामत्यी झाला। गायक-लिरिक्सी अंदूह त्यांनी ख़ालील-प्रमाणे करून दिली।

लोकार्थ टीकाकारांनी एकत्री प्रथम सार्वजनिक गणेशास्त्र सूचू केला। ल्या गिरावट लेखी ज्ञाती माझा चालक पुढील गोष्टित मूळ-धर राहत होते। त्यामुळे त्यांच्यावर त्याच्यासा संस्कार झालेले होते।

सारस्वत है नेहमीच नास्काँचे प्रश्न शिण्य आणि मंगळ हे सारस्वतांचे मृदु स्थान जीवनी श्री। उपेन्द्र धर।

आंबोंमारे कसट आवाजाचे श्री। श्रीलेखमानकुंवर (मानकुंवरे धरण आणि बदते)।

उद्धरण गाणाचा नैसर्गिक गोष्ट टावलेली आपण (साधनातील पूर्व-प्रारंभीय उत्साह)।

संगीतकारणी निगडजत असलेले, गिरावटलील सैल्स, हे आडनाव असलेले सूचनागाठी।

देवसात रांगांचे मिसशील स्वभावाची ओळख करून देताना त्यांनी सांगतित, लाकू बाहर वेधामालंब डूबू झालकत आहू हूळेतो, विवाहकारांनी गव्हाराला सुर ओळखापूर्व पोचून, इतर गायकांनी तोंड उपदेशात असे मासरांनी आपण शिक्षणांचा सांगतित होते। उपमा गंगातील असरस्यामुळे काम लक्षत राहणारांवरीं। साधनातील देवसात रांगांचे “सुगम संगीतकार स्टेटो” म्हणून, कारण स्टेटो नेहमी आंदोलनाची चर्चा करती असे आणि मासर सुगम संगीतकार आर्द्द आपणाऱ्या देखावले तेवढावले।

माझासाठा शामिल विविध को. ओव्ह. बैठले चेचूळांनी श्री। उद्धरण गोष्ट आणि. श्री. प्रश्न देतले गोष्टित हरे श्री। या बारे देख यांचा संकलन करून आपण तर श्री। या बारे देखावले, गोष्टितच्या मैत्रीण, तत्त्व, मार्गदर्शक आणि गुरुस्थानी असलेल्या साधनातील गोष्टित केलेला आणि आपण आपल्या दोन विकल्पात्मक कवितातील सादर केलेला।

श्रीमती गोष्टि विवेक येंद्रमारी यांनी, त्यांच्या दिलेल्या आधिक शहरी-विकास विवेक को. आवे, श्री। प्रश्न केले श्री। अर्थविवेक नाशकरी, श्री, विवेक येंद्रमारी, श्रीमती रूपिण आणि श्री। विवेक लोकोंचा आपण भार भिंत होते तत्समे श्रीमती साधनातील कामाचे, सर्व गायक-गायिका, आणि व्यवहार आणि रोजगार साधनातील आपण सर्व विकास भारतीयांच्या विषयात दार्शनिक कामाची आपणा मूल्यमय प्रेक्षक धारक धारके बहुते।

श्री। शैलेन्द्र मानकुंवर यांनी गोष्टितेच्या “कोटी कोटी रुपे तुझी” या गीताची हा कार्यक्रमाची संगती झाली, त नसराज असा वाटणारा सांगतिक प्रवास संपत्त आणि मंत्रमुखे प्रेक्षक घराकडे बाहेर!
Positive thinking

Kanara Sara

Vol. 93, No.12, December 2012

KANARA SARASWAT
There are protests in Greece and Spain regarding the country’s “sovereign debt” crisis. But what exactly is a “sovereign debt” crisis and why are the people in Greece and Spain protesting? The stock markets in India and across the world either rise or fall alarmingly depending on the data coming out of Europe. All the analysts say that the recession may end this year or the next etc. etc. and the question everybody is asking is when will the world economy get back to “normal”?

To put it in lay man’s words, a “sovereign debt” crisis is a crisis where the government of a country fails to repay the bonds or debentures or securities issued by them. For example, the Indian government comes out with Bonds which will be redeemed or repaid after 5 years. The problem that has taken place in Europe and Greece especially is that the government of Greece is not able to repay the Bonds after the stipulated number of years. They had initially issued the Bonds sometime in the early 2000’s with the intention of using the proceeds in developmental activity and had hoped that the receipts from tourism etc would be enough to repay the amount of the Bonds to the people and institutions who had invested in them.

But what happened was that with the recession starting in 2008 Tourism plunged and with Tourism being a significant source of income for Greece, the Greek economy’s receipts also dried up significantly. So when the time came to repay the Bonds, the Greek economy was not able to do so and hence increased the period of the Bonds by a further say 3 or 4 years. With the de facto “default” the interest rate which the Bonds had increased because there is a concept in Economics that higher the risk, higher is the returns expected. So when Greece defaulted once, the investors naturally expected to be reimbursed suitably for the risk they were taking by investing in Greek Bonds. With the increase in Interest Rates, many institutions especially European Banks started investing in those Bonds with a hope of earning a higher rate of interest and the “default” was also not looked upon seriously because the “default” was looked upon as nothing other than a mere blip and Greece were expected to repay the Bonds subsequently. And also, at the time, there was a crisis with the American economy and not with the European economies, so developments in Greece with regard to the “default” were not scrutinized in detail.

But as we know, in 2011, the real size of the problem came to the fore. Greece has a debt of 170 billion dollars and they are looking at the European Union for providing them with the money to repay the Bonds. This has also brought about several new problems. First of all, the European Union (EU) was created as a counter to the United States and for the first few years, everything was “hunky dory”. And because a crisis of such a size was not foreseen before, the EU is grappling with the situation.

Secondly, it has to be mentioned that France and Germany are the two real strong economies in the Europe and they call most of the shots in the EU. Therefore, a major chunk of the burden of the 170 billion dollars has to be borne by the French and German economies. And how will the French and Germans make up for the money given to the Greeks to repay their debt? By increasing the rate of taxes in France and Germany, thereby causing resentment among their populace who feel why they should suffer because some other foreign country (in this case Greece) has been careless in their spending. Thus, Nicolas Sarkozy and Angela Merkel are in an unenviable position for sure. If they agree to help the Greeks, they will have to increase the taxes for their citizens which will decrease their chances of victory in the next elections in their countries and if they refuse to help Greece, France and Germany will lose the faith of the member countries of the European Union.

Thirdly, even if the EU agrees to help Greece, they have set out a set of “austerity measures” designed to
cut spending incurred by the Greek economy. The “austerity measures” includes cancelling Bonus payments linked to performance and to postpone the Guaranteed Bonus which is paid periodically. It also includes increasing the retirement age which will reduce payments of Provident Funds and other retirement related payments. Spending on Social Security like Insurance etc will also be reduced. In short, the measures mentioned in this paragraph have caused the many protests across Greece. The Greek people are also asking the same question, “why should we suffer when our Government could not control their spending earlier?” Needless to say, the Greek Prime Minister has his hands full. If he refuses to bring in the austerity measures suggested by the EU, it may keep his people happy, but the long term damage will be even more worrisome.

The problem with the European Sovereign Debt Crisis doesn't end with Greece, in fact it is just the beginning. Greece has a GDP of 312 Billion Dollars. The debt crisis has also reared it's ugly head in Spain which has a GDP of 1.41 Trillion, Portugal with a GDP of 247 Billion and Italy 2.55 Trillion. The main worrying point is the situation in Italy and Spain which have economies several times bigger than Greece.

In my opinion, the last thing that is desired is for everything to “come back to normal” because there is an urgent need for a massive turnaround in the economy and also most importantly the mindset of the European countries. They have to realize that they are no longer the powerhouse they once were. The balance of power is shifting to Asia very quickly and if the Europeans want to compete, they will have to innovate and improvise much like Asian economies. The menace of “plastic” i.e. credit cards also has to be tackled. The European Sovereign Debt Crisis is just a much bigger manifestation of the syndrome of “spending more money than you have in your pocket.” So, “are we out of the woods yet?” It’s tough to say. I hope I can say yes. But if the same thing which happened in Greece happens in Italy and Spain, I think I have to say, “somebody’s gonna get a hurt really bad!”

Power of Silence

Talking, talking all the time does not make any sense, Sometimes we need to know the power of silence. Without uttering anything, silence tells everything. Without hurting anyone, silence hides everything. Silence has the power to control violence. Silence has the power to control nonsense. Silence prevents many quarrels. Silence protects the morals. Silence spreads calmness, Silence creates awareness. Silence helps you to introspect Silence helps you to correct. Silence protects you from arguing Silence prevents you from repenting Silence helps you to concentrate, Silence helps you to meditate. Know the power of silence It is really very immense!

— Pooja V. Dhareshwar (nee Aparna M. Heble)
Markets of Mangalore

Mangalore Gopalkrishna Bhat

A market in Konkani is markita or pant_a. The latter term is derived from the Kannada word pete (pronounced payte). There is also another word saam_t_a, which means a fair or a periodical street market. That word is also probably from Kannada sante. Going to market for me was markita voche_n or pentaa voche_n. I still use those terms and say voche_n and not vache_n, which is used by some Amchis. To each his own.

Mangalore, in my younger days, had three markets in the town. The flower market, selling only flowers, was in Car Street or Ratha Beedi. One could find kaanTiful of shevante, mogre and other varieties of flowers in that market, known to us as phullaa pant_a. Our daily requirement was met by flowers grown in our hittal, however, for special occasions, one had to go to the flower market. The other two markets were the vegetable market and fish market (jhalke markita), which were on the Market Road, close to Hampankatta. The fish market was out of bounds for us. The fertile soil of Mangalore and its surroundings yielded varieties of vegetables, particularly magge and guL and these were freely available in the market. Catholic ladies, called Baayi, used to sell their home grown vegetables going from house to house.

The retail trade was, and still is, in the hands of GSBs. The wholesale market was in the Bunder area, where business was conducted in bhandsaal. The retail shops were concentrated on the Market Road. Our grocer was one Mangalpadi Subraya Shanbhogue and we had a kaek or a credit account with him. The shop was known to us as kaekaa aangadi. Once when I mentioned this to my friend Nadkarni, he thought it was a cake shop! Annually on Dhanlakshmi pooja day, the shopkeeper would invite us for aangDi pooja. We children would look forward to it as invitees would be served with a goli lemonade, that was then a speciality of the town. The bottle was closed with a marble and had to be opened with a special opener. Grocers’ shops were known as jinsaa angdi.

I remember reading an article by one Kamath a Mumbaikar, where he mentioned about his trip to Mangalore in summer vacation. His grandmother asked him to accompany her to jinsaa angdi. He was overjoyed that he would be able to buy jeans but was totally disappointed on reaching the shop.

Few Amchis were shop owners, the well known one being Yellore Rama Rao, who had established an optical shop in Hampankatta. It has completed over a hundred years and is now run by the third generation. Then there were Alekal Tailors and H.Ram Rao & Sons, snuff merchants. Schoolboys would slyly sneak near the snuff shop for a free sample. Ram Rao’s son Sunder Rao was an accomplished harmonium player and his other son H. Taranath, a resident of Bombay, was a renowned tabla player. I know of some other small shopkeepers, one of whom was Bolangadi Mainath maam, who was known as Angdi Mainatu. That was long long ago. But there were Amchi business men like Matpadi (Pandit) Brothers, who had tile factories. Karwar Vithal Rao was a pioneer in city bus service and had his Mangalore Automobiles.

The main shopping area was Hampankatta, which a teacher of mine said was derived from Appannana Katte, probably some Appanna was the first one to start his business in the area centuries ago. Saree and textile shops like Chandarana Brothers, Jayantilal and RB. Vasant were owned by Gujarati traders settled in the town but there were other well known stores like Sujirkars. One Shivanna Shet used to have a small sweets shop, where he personally prepared and sold sweets. Later his son expanded it into a chain of stores called Komal Sweets. The jewellers were mostly sonnars and called themselves Sheth. The Felix Pai Bazar near our school was a nondescript structure and housed Kamath & Co and other shops. Some Catholics had names like Felix Pai, Lobo Prabhu etc., indicating their GSB origin. Right behind the bazar
Dr. Shefali Abhishek Nerurkar (nee Shefali Suresh Trasi) daughter of well-known skin specialist Dr. Shrilata Suresh Trasi and granddaughter of skin specialist Late Dr. Manohar Trasi has passed her M.D (skin) with a score of 72.9% from Bharati Vidyapeeth, Pune. By scoring 76% in her theory she has broken the records of her university till date.

Born and brought up in a doctors’ family from both maternal and paternal side she naturally took up medicine as her career. Taking inspiration from her mother she opted for Masters Degree (M.D) in Skin to keep up the Trasi clan of skin specialist going. Currently she is assisting her mother at her three clinics in Mumbai. After her exams she has trained in laser treatments, fellowships in Botox, Fillers and Threadlifts. She is happily married to Dr Abhishek Nerurkar, M.S(Orthopaedics) currently working in...
Sion (L.T) hospital as Senior Registrar.

Shivshankar N. Surkund was honoured by the Association of Business Communicators in India, during their 52nd Annual Awards Function held at Hotel Taj, Mumbai on 19th October 2012 at the hands of Shri Manohar Parrikar, CM, Goa, as a “Fellow of Brains Trust’. This award has been instituted by ABCI (Association of Business Communicators of India) in recognition of Surkund’s contribution for over 4 decades in the field of PR Communication. It deserves special mention that even after retirement, he continues to be a Faculty on PR at Mass Communication Colleges and has also written two books on actual experience in PR Profession.

Rahul Manjeshwar is joining Bank of America as an Assistant Vice President. He will be based in Mumbai. A Chartered Accountant with several years of banking experience, he is the elder son of Suvarna and Gokul Manjeshwar.

Rahul Manjeshwar

Rahul Manjeshwar is joining Bank of America as an Assistant Vice President. He will be based in Mumbai. A Chartered Accountant with several years of banking experience, he is the elder son of Suvarna and Gokul Manjeshwar.
TRITON VALVES LIMITED
TS 16949 CERTIFIED COMPANY
Leading Manufacturers & Exporters of
Automobile Tyre Tube Valves, Valve Cores and Accessories

Registered Office:
Sunrise Chambers, 22, Ulsoor Road,
Bangalore - 560 042
Telephone: 25588965/66/68
Fax: (91) 080 2558 6483
E mail: info@tritonvalves.com

Factory:
Mercara Road, Belavadi,
Mysore-570 018.
Telephone: 2402411/75/76
Fax: (91) 0821-2402729
E mail: works@tritonvalves.com

(Sponsored)

IN MEMORIUM
“POOCH”
(9-4-1997 To 13-12-2006)
IF TEARS COULD BUILD A
STAIRWAY, WE WOULD WALK
RIGHT UPTO HEAVEN AND
BRING YOU HOME AGAIN
FROM KODIALS

With Best Compliments from:
ULTIMATE – 18M ET
SFA 5.5 AWS E 7018-G
IS:814-1991 EB 5629H3JX
DIN EN499 : E 42 5 □ B 42 H 5

An Outstanding electrode, approved by Indomag Steel Technology, for special application for steel plant. ULTIMATE-18MET displays remarkable weld metal properties:
Resistance to repeated thermal cycles.
Resistance to ageing.
CVN impact values up to 150 joules at minus 50°C.
Used successfully for LD CONVERTER VESSELS.

CRYOMATE – 3
AWS A 5.11 ENiCrFe3
DIN 1736 EL-NiCr15FeMn

Nickel base alloy electrode gives outstanding performance in welding Inconel-600, Nimonic 75, Monel 400. Has high degree of resistance to hot cracking. Service temperature range 900°C to -250°C

ULTIMATE – 18NC
SFA 5.1 AWS E 7018
IS:814-1991 EB 5426H3JX

FOR SOUR SERVICE
Meeting the test requirements of:
NACE standard TM-0284 for H.I.C. Test.

Used successfully in welded fabrication out of HIC resistant steel plates.

CRYOMATE - 5
AWS A 5.11 ENiCrMo3
DIN 1736:ELNiCr20Mo9Nb

A basic coated non-synthetic electrode for welding of NiCrMo alloys and super austenitic stainless steels. Excellent electrode for 9% NiSteel (Q&T) for LNG services.

SILVERSHINE – 4462
AWS A 5.4 E 2209-16

Special electrode for welding "Duplex Stainless Steels" and "Duplex Steels to Mild Steel". Controlled Ferrite level with high resistance to pitting and stress corrosion. Also high yield strength of more that 500 N/MM²

SILVERSHINE – ZFU(PH)
AWS A 5.4 E 385-16
DIN 8556 E 20.25.5L CuR26

Fully austenitic, extra low carbon, resistant to corrosion in sulphuric, phosphoric and several organic acids. Suitable for welding tanks and process vessels, cast pumps and valves, in fertilizers plant.

CO₂ Wire
(ER - 70S-6)

OUR MARKETING ACTIVITIES

TIG Filler / Flux Cored Wires
A CLEAN WAY TO MAKE BETTER PROFITS

By Applying Our Performance Proven Equipments

Pioneers In:
Chip Handling & Coolant Management Systems,
Chip / Swarf / Scrap Handling Conveyors,
Chip / Swarf Processing Systems,
Coolant Filtration Systems

● Vision ● Technology ● Commitment ● Quality ● Customer Satisfaction

For Further Information Please Contact:

miven mayfran CONVEYORS PVT. LTD.

A Mayfran International Unit
Sirur’s Compound, Karwar Road HUBLI - 580 024. (INDIA)
Phone: +91-836-2212201 - 6, Fax: +91-836-2303265
E-Mail: vrsirur@touchtelindia.net, Web site: mivenmayfran.com
IN LOVING MEMORY OF

RAMMOHAN UMESH SAVKOOR

May 7, 1930 – November 7, 2009

It has been three years since you were taken from us but your loving memories will always be with us

Shrikala, Swapna, Chetan Savkoor
Namita, Stephen, Collin and Drake Hartland
Relatives and Friends

Fond Rememberance on 1st Death Anniversary

Those who mean the most to us
Are never really gone.

For in our thoughts and in our hearts
Their memory still lives on

So may you find that passing time
Can somehow help to heal

Your sweet memories will ease the loss
And sorrow that we feel

Kadle Narendranath Rau

Remembered by:
Geetha Kadle – Wife
Ravindranath Kadle – Brother; Usha R Kadle – Sister-in-law
Chethanand Kadle – Son; Anuradha Kadle – Daughter-in-law
Kishor Patil – Son-in-law; Dhyanaja – Daughter

Also joining us are: Kadlekars, Kundapurkars, Philarkars, Gangollikars, Nagarmats, Bolangadykars, Patilkars
Hattangadikars, Gulvadykars, Kombrabails

(Sponsored)
A Global Research-Based Ophthalmic Pharmaceutical Company

» Over 35 years of Pharmaceutical Expertise

» International Formulation R&D Centres

» Technology-Driven Ophthalmics

» US FDA and MHRA Accredited Manufacturing

» Exports to over 25 countries

Part of

Entod INTERNATIONAL

Quality….Redefined

www.entodpharma.com
Here and There

Bangalore: On Thursday, 11th October Punyatithi of HH Shrimat Parijnanashram Swamiji II was observed with Ashtavadhan seva at the Math. Navaratri Utsav was celebrated from October 16th to 23rd with daily Navaratri Nityapaath, Devi Anushthan, Bhajan and Devi Pujan. On Saturday 20th Oct Samaradhana of H.H. Shrimat Shankarashram Swamiji I was observed with Ashtavadhan seva. The same night Yuvadhara organized Garba & Dandiya and enthusiastically danced under the able guidance of Smt Bhavani Nayel pachi. Monday 22nd Oct: Durgashtami was celebrated with Samoohika Kumkumarchana along with chanting of Lalita Trishati. Tuesday 23rd Oct - In celebration of Navami, Kumarika Pujan was offered to sixteen beautifully dressed up kumarikas! On Monday 29th Oct Laxmi Pujan was performed at the Math to celebrate Kojagiri Purnima with delicious kheer as Prasada.

Reported by Asha Awasthi

Mumbai – Dadar: Punyatithi of H.H. Anandashram Swamiji was observed on 18.9.12 with a Palki Utsav around the precincts of Karnatak colony followed by bhajans, Shankarnarayan Geet and aarti. On 22.10.12 Sandhana Shrunkhala was observed by our Sabha followed by bhajans by about 12 sadhakas at Karla. Sannikarsh was observed on 28.10.12 by 18 sadhakas. Punyatithi of H.H. Parijnanashram II Swamiji & H.H. Shankarashram Swamiji I was observed with bhajans at A5 Karnatak Colony.

Navratri Nityapath Pathan and Devi Anushthana were held at the residence of various Sadhakas during Ashwin Navratri from 16th to 24th October. Around 34 Sadhakas visited Karla on the 18th of October to perform Sadhana Panchakam.

Navratri Nityapath Pathan was rendered during the observance of Samaradhana of H.H. Shrimat Shankarashram Swamiji I on the 20th of October.

Reported by Pranav R Nagarkatti

New Delhi: On 1st Sept all the Konkani Associations in Delhi (GSB Samaj, Goenkaranco Ekvot, Chitrapur SaraswatSamaj and Delhi Konkani Association) got together along with Karnataka Sangha to stage a drama “Firangi Fattas”, at the Karnataka Sangha Auditorium. The Drama group was invited from Goa and lots of MP’s from Goa and other renowned guests attended this function. We managed to gather a good audience of around 200 people.

Being the auspicious AdhikMasam, a Samuhik SatyanarayanaPooja led by Ved Harish Bhat was performed on 2nd Sept at ShriKavle Math, 12 couples from the Delhi Sabha performed this pooja. Later the ladies performed Kumkumarchana and Devi Anushthana.

Punyatithi of P.P. Anandashram Swamiji was celebrated on 18th Sept at the residence of Shri C. S. Shiroor in Gurgaon with a melodious bhajan session followed by Krishnapar Ashtak sang by AmeetaShiroor. Radhika Nirody read out 2 paras from Anandabodhamruta. Jaishankar Bondal read out some excerpts from the Centenary commemorative issue of Sunbeam published in 2002 to the mark the birth centenary of P.P. Anandashram Swami.

On the occasion of Ganesh Chaturthi, 16 families, met at the residence of Shri Deepak Gunvante in Gurgaon on 20th Sept, participated in the bhajan session led by ShobhanaRao and AmeetaShiroor. 9 families from our Sabha participated in the Sarvajanik Ganesha Mahotsava celebrated at GSB Samaj, New Rajinder Nagar on 23rd Sept. C.S. Shiroor and Ameeta Shiroor performed the Ganahoma on behalf of our Sabha. Thereafter members performed individual sevas and poojas.

Reported by Mamta Savkoor
SWIFT HOISTS & CRANES

From concept to commissioning: Beginning with a complete understanding of your requirements, our project engineering team designs, manufactures, installs and commissions a complete crane system, most appropriate for your purpose.

From 125 kg to 50 Tonne: To offer you the optimum systems, an appropriate crane is selected from our wide product range with options of speed, span, height, etc. Furthermore, optional advanced features such as variable frequency drive, soft start and radio remote control are also available.

Versatile experience: Our experience of over 3 decades and hundreds of installations ensure a precise solution for a variety of applications in industries such as automobile, steel plants, chemicals, fertilizers, textile, paper, power generation, railways and dockyards.

Performance & safety built-in: Cranes and hoists of the highest standard are completely assembled & tested with full load / over load as per IS standards in our well-equipped plant. This assures you the highest safety and trouble-free operation years together.

With these credentials and ISO 9001 accreditation, today SWIFT Hoists and Cranes are an integral part of the most modern and productive plants in India and abroad.

Hoists: 0.125 to 20 Tonne
> Electric chain  > Electric wire rope  > Flame-proof

Cranes: 0.5 to 50 Tonne
> Overhead  > Underslung  > Jib  > Gantry

Talk to us and we will match your expectations with astonishing speed and precision. And the next time, you can expect even more!

Consolidated Hoists Pvt. Ltd.
29/30, Gultekdi Industrial Estate, Pune 411 037 INDIA Tel.: +91 -20-24271428
Fax: +91 -20-24273172 e-mail: chpl@vnvl.com www.ConsolidatedHoists.com
Our Institutions

Saraswat Mahila Samaj, Chennai: October was a month of celebrations at Chennai - being the 80th year of both the Association as also the Mahila Samaj. We had our monthly Sadhana Panchakam. Punyatithi of HH Srimad Parijnanashram II and HH Srimad Shankarashram Swamiji was observed on 11th & 20th Oct. The Mahila Samaj celebrated their ‘Samaj Day’ on 14th October with a right mix of skit, songs and dances aptly compered by Dr. Purnima Rao and Viju Karnad. The events started with prayers by mahilas; President’s speech by Archana Kapnadak followed by a children’s skit Rumpelstikkin, a skit OMG (Oh my God) – concept by Anand Bellare; ‘Where have the amchi audience gone’ a poem by Viju Karnad; Bharatanatyam recital by Rajeswari Niranjanji; a skit ‘Pot Luck’ written by Preetam Chandavarkar; a fusion dance; followed by ‘Men will be men’ skit by Shilpa Acharya and finally concluded with a tableau choreographed by Deepali Khambatkone “khayalon mein khayalon mein”

We had our annual ‘haldi kumkum’ on 19th Oct. This was followed by Durga Namaskar performed by Ved Prakash Bhat and a few couples. The Mahilas sang a bhajan on Durgha Devi. The day concluded with ‘garba’ by ladies of all ages.

Saraswati Puja was performed on 22nd Oct. Sanskrit learning by laity was begun on the auspicious Vijaya Dashami day with over half-a-dozen ‘chhatrah’. Classes are being conducted by Archana Kapnadak and Padmini Vombatkere.

Saraswat Mahila Samaj, Gamdevi: Navaratri Utsav was celebrated on 18th October with Sugam Sangeet by Kum. Arya and her sister Kum. Ananya Dhareshwar. Both sang variety of melodious songs and Bhajans with their own commentary in Konkani which kept the audience spell bound. Accompanying them was their mother Mrs.Anjali Dhareshwar on the harmonium and Mr. Arun Hattiangadi on the tabla. Mrs. Geeta Bijoor welcomed the guests with a brief introduction and Mrs. Vijayalaxmi Kapnadak proposed the vote of thanks. Refreshments were sponsored by Mrs. Suman Kodial.

A get together was arranged on Kojagiri Pournima, October 31st. It was an evening of fun and frolic. Mrs. Geeta Balse was the anchor for the gathering. Energetic and resourceful despite her recent knee surgery Geeta Balse had planned lots of games for the ladies. Mrs.Geeta Yennemadi started the festivity with a Konkani song in praise of Goddess Laxmi and Mrs.Shobha Marballi danced to the song.

A Garba dance was started by four young dancers Ms. Riddhima and Yashasma Savkur, Ms. Dhanashree Mallapur and Ms. Anushree Amladi. This encouraged all the ladies including senior citizens to participate in the Dance. Games like “Dumb Charades” and “Whats the Good Word” in Konkani and Antakshari and Bridal Hair Dressing with straws by four young participants Ms. Riddhima & Yashasma Savkur, Ms. Dhanashree Mallapur & Ms. Anushree Amladi were played with Committee Members acting as the hair dressers.

Fish ponds written on Committee Members by Mrs. Nalini Sanzgiri was read out by Mrs. Shyamala Talgeri. Humorous Konkani Powada by Mrs. Geeta Balse made everybody sing and clap together.

Dr.(Mrs.) Meera Savkur read out one poem from her recently published book in Marathi which was inaugurated at the hands of His Holiness Sadyojat Shankarshram Swamiji at Karla Math.

Vote of thanks was given by Mrs. Geeta Balse. The evening ended with refreshments.

Forthcoming Programme : November 21st, 2012 at 3:30 p.m. in Samaj Hall Cookery competition with bread (sweet/salty) preparation as the main ingredient. Multiple entries from participants are welcome. Kindly bring your items to the Samaj Hall by 3:00 p.m. along with a neat hand written receipt.

Reported by Srikala Vinekar
Alliance invited for Chitrapur Saraswat Brahmin graduate girl, 26 years. Fair, slim good looking height 5’-5” employed in bank. Preferably from financially sound boys between 27 years – 29 years in the U.S. or Australia or Mumbai. Cell: 9757311190 Contact: nov23aug11@gmail.com

Alliance invited for a chartered accountant, M.Com, US-CPA 23 year old, 5’ 10”, fair good looking Bhanap girl belonging to a well-to-do, decent, educated, nuclear family from well settled, independent, decent and handsome boys from IIT, IIM, CA-CPA of age 27/28, 6’ and above. Please apply with personal and family details (biodata), latest colour photograph and horoscope (or in lieu thereof please provide date, time and place of birth) to e-mail – aamchigirl@gmail.com

OBITUARIES
With profound grief and sorrow we wish to inform the sad demise of Mrs. Radha Ranganath Padukone (nee Hemlata (Baby) Shripad Trikannad) in Mumbai on 27/09/2012. She was 85.

DOMESTIC TO DI NG S
BIRTHS
We welcome the following new arrivals:
Sept 22 : A son, Rohan to Rashmi (nee Kagal) and Chetan Kamat at Fremont, California, USA.

MARRIAGE
We congratulate the following couple:
Oct 24 : Swapna Vasant Nadkarni with Sanil Rdyati at Bangalore.

OBITUARIES
We convey our deepest sympathy to the relatives of the following:
Aug 16 : Gokarn Dattanand Murlidhar (52) at Manipal, Udupi.
Aug 22 : Mullerpattan Bharat Saumitra (61) at Grant Road, Mumbai.
Sept 10 : Sumana Bhat Manjeshwar at Kankanady, Mangalore.
Sept 19 : Lalita Koppikar (67) at Mumbai.
Sept 28 : Shanti Rammohan Shiroor (94) at Pune.
Oct 1 : Malati Ratnakar Betrabet (85) at Andheri (East) Mumbai.
Oct 3 : Tara Desai (Divgi) (97) at Pune.
Oct 27 : Krishna Salukere (72) at Vile Parle, Mumbai.
Oct 28 : Indu Yeshwant Bellare (nee Maskeri) (76) at Vile Parle, Mumbai.
Nov 8 : Chitra Vittal Kundaji (86) at Pune.
Nov 10 : Sheela Rao Karnad (Sathiavathy) (86) at Bangalore.
Nov 14 : Karkal Yeshwant B. (76) at Bangalore.

Smt. Shanti Shiroor
Age 94 years
Beloved wife of late
Shri Ram Mohan Shiroor
Passed away peacefully on 28th September, 2012 at Pune.
Deeply mourned by:
Children, Grandchildren,
Great grandchildren,
Family and Friends

A Name that spells its class
WINOVER CATERERS
Marriages, Thread Ceremonies, Engagements & Birthday Parties, etc.
DJ / Music System / Games / Entertainment
WE DELIVER FOOD / SNACKS FOR PARTIES AT HOME
WINOVER - PARTY HALL A/C - NON A/C AVAILABLE AT VILE PARLE (EAST), NEAR STATION, CAPACITY 100 PAX.
Contact : Vinod Kaval
4, Andrea Apartment, Off. Azad Road, Vile Parle (East), Mumbai - 400 057.
Mobile: 98208 43392 Ph: (022) 2618 2689
CATCH-A-ROACH™

The Easy-to-Use Cockroach trap

First time in India

- **Poison-free**
  No insecticides when using this method to catch.

- **Non-Toxic**
  No toxins or poisons

- **TRULY Eco-Friendly**
  Disposable

- **Easy To Install**
  Simply place the lure in the middle of the trap, fold both sides together and voila! You are ready!

- **Specialized Food-Based Lure**
  UNIQUE to PCI, this attractant has been specially designed to be irresistible to cockroaches.

- **Mass-Trapping**
  Heavy cockroach infestation? NO PROBLEM!
  This trap can hold more than 100 roaches!

Easy as 1-2-3, And You’re Cockroach Free!

Available at all leading retail outlets and medical stores

100% Safe

PEST CONTROL (INDIA) PVT LTD
Over 180 Offices Nationwide
Helpline: Mumbai (022) 2686 5656, 4086 5656

Email: solutions@pcil.in • www.pestcontrolindia.com • SMS: ‘pci’ <your city> TO 57333

Facebook: www.facebook.com/PCI.PestControlIndiaPvtLtd
Twitter: PCI.PestControl