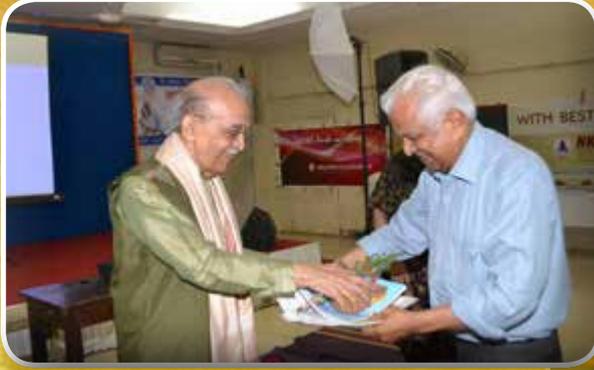




Kanara Saraswat

A MONTHLY MAGAZINE OF KANARA SARASWAT ASSOCIATION



Chief Guest Shri Yashwant Deo being honoured by Shri Suresh Hemmady, President, KSA

Senior Vocalist Smt. Jayawanti Hirebet was felicitated by Shri Yashwant Deo



Senior Singer Smt. Sita Moolky-Heble was felicitated by Shri Yashwant Deo



Smt. Geeta Yennemadi, Vice-President, KSA honoring young classical singer Sameera Koppikar-Sharma.



Shri Ajay Ginde and Shri Prakash Burde presented MaanVandana III - a documentary on Saraswat Singers and Instrumentalists





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IN THIS ISSUE....

From the President's Desk	3
Letters to the Editor	5
Our Cover	
The Making of Manavandana III ... <i>Prakash Burde</i>	7
Minutes of the 100 th AGM of The KSA	13
'Catch'es win 'Match'es ... <i>Uday S. Nagarkatti</i>	19
For Readers to Digest ... <i>Savitri Babulkar</i>	21
The Art of Paying a Compliment ... <i>Gunnu Talgery</i>	23
Sri Sita Rameshwar Temple, Karwar ... <i>Chaitanya Nadkarni</i>	24
The Young Viewpoint: Leadership ... <i>Arjun Hemmady</i>	27
Down Memory Lane: Unforgettable Experiences of My Childhood ... <i>Shrikala Kowshik</i>	28
Our successful Students	34
Suburban Music Circle, Santacruz, Celebrates its Platium Jubilee ... <i>Smt. L.V. Nayampally</i>	38
Save Water, Save Your Children ... <i>Asha Gangoli</i>	41
When I Write (Poem) ... <i>Rashmee Karnad-Jani</i>	42
बाई कधी रिटायर होते? ... <i>डॉ. सुनंदा कर्नाड</i>	43
जग हे कसलें / जीवनज्योत तू फुल्लय! ... <i>सुधीर कोडकणी</i>	43
चवती रगडॉ ... <i>सुधीर बळवळी</i>	44
रसास्वाद-२ ... <i>कृष्णानंद मंकीकर</i>	46
संस्कृत साहित्य रस सागरान्तुलो एक थेंबु ... <i>आनन्द कड्ले</i>	48
KS Health Awareness Series – 10: Fat Chances!!! ... <i>Dr. Hemangini Hoskote</i>	51
Kiddies Corner: Unity is Strength (Poem) ... <i>Devaunsh Bhat</i>	55
My thoughts on Rain (Poem) ... <i>Neeraja Rao</i>	55
Yuvadhara Goes Green! Tree Plantation Drive at Virar ... <i>Reported by Vidhita Hattangadi</i>	57
Tips & Tricks for Salads ... <i>Prathamesh Kumta</i>	59
Personalia	61
Here & There	62
Our Institutions	63
Classifieds and Domestic Tidings	64

15th Saraswat Sangeet Sammelan : DVDs of Programmes

We have been receiving requests for providing DVDs of the programmes held during 15th Saraswat Sangeet Sammelan last month. We have now made arrangements for supplying DVDs at Rs 150/- for the programme of each artist on a no profit-no loss basis.

Those interested may contact the KSA office to place their order.

Buyers may please specify the names of the artistes of their choice along with the payment in cash or draft in the name of Kanara Saraswat Association at Rs 150/- for each artist.

The DVDs may be collected from our office. Please note that these DVDs are not available in the open market.

Gurunath S. Gokarn

Hon. Secretary, Kala Vibhag

CENSUS – 2011 : The last date for receipt of Census forms has been extended to 31st October 2012. If you have not yet sent your data please do so as fast as possible.

- Census Working Committee

The Annual Convocation will be held on 7th October 2012 at Shrimat Anandashram Hall at 5.00 p.m. For more details refer to our September 2012 issue.

Kanara Saraswat Association
With Joint Auspices Of
Saraswat Cultural Forum, Pune

Will be honouring Smt. Suman Kalyanpur, noted singer

For her contribution to Marathi and Hindi music

On Tuesday, 27th November 2012 from 7 p.m. to 10.30 p.m.

(Next day being Public Holiday)

at Tilak Smarak Mandir, Tilak Road, Lokmanya Nagar, Sadashiv Peth, Pune – 411030

Smt. Suman Kalyanpur will be interviewed by the reputed compere Smt Mangala Khadilkar (nee Mudbidri) followed by a programme of her famous Marathi Bhavgeet and Hindi songs.

Donation Passes will be available with Saraswat Cultural Forum, Pune

Contact:

Shri Sharad Upponi	09921030199	Shri Vivek Bijur	09225631083
Smt Jyothi Divgi	09373319669	Smt Leenata Rao	09552534545
Smt Priti Panemanglor	09822021630	Smt Kalpana Chandawarkar	09823188734
Shri Dilip P Sashital	09820014862		

Kanara Saraswat Association 022-23802263 / 022-23805655

Transport may be arranged from Mumbai on Reasonable Charges if a minimum 50 seats are booked. Those interested may give their names at KSA Office.

KANARA SARASWAT ASSOCIATION

Presents

***** NAKSHATRA -2012 *****

ANNUAL DIWALI PROGRAMMES

Sunday 11th November 2012

5.00 p.m. : Healthy Baby Contest (For children below 3 years)

8.30 p.m. onwards : Story Telling Competition (for children below 8 years, between 8-12 and 12-16 years)

Music competition (for children below 16 years)

Venue for both programmes will be Shrimat Anandashram Hall, Talmakiwadi

Venue for all the programmes listed below will be Talmakiwadi Grounds

Monday 12th November 2012

7.30 p.m. to 9.30 p.m.: An Evening with Matunga Mitra Mandal

Tuesday 13th November 2012

8.00 p.m. onwards : "Ga Mere Man Ga" (Film Music Competition for Amateurs)

(Please give your entries along with song details to set the music to KSA office before 5th November 2012)

Wednesday 14th November 2012

8.00 p.m. onwards : Variety Entertainment by Wadi youths

Thursday 15th November 2012

8.00 p.m. onwards : Fancy Dress Competition

Dilip P Sashital
Hon. Secretary, Socials



From The President's Desk.....

The other day, I visited the office of a friend of mine who is a very successful businessman and is running his empire with great equanimity. While talking to him, I saw a framed quotation adorning one of the walls of his cabin:

Beware of EGO,

It is a Sword with Two Edges,

The Outer Edge cuts Your Popularity...

While the inner Edge Cuts Your Purity!

I said to myself, so this is the reason why this genial friend of mine is such a big favorite, not only with his employees but also all his acquaintances. Despite the tremendous power and wealth that he wields, he has his feet planted firmly on the ground and head out of the skies.

Ego... just a three letter word, which has an infinite capacity to cause immeasurable damage.

Broken hearts, shattered lives, ruined careers... That's what is left in wake of an unrestrained, unchecked ego.

Ego is a Latin word meaning "I". It is the part of you that defines itself as a personality, leading to incorrect beliefs and delusion. It basically refers to centering everything around yourself. Power, success, wealth, abilities and even talent is responsible to make a person nurse super ego.

People forget that situations are dynamic. The position, power, wealth and success of today may not be there tomorrow. It has rightly been said, "Don't let your ego get too close to your position, so that if your position gets shot down, your ego doesn't go with it". Change, as we all know, is the only constant. Why then, do people still indulge in fostering their egos which turn them into megalomaniacs? No wonder it is said that one may understand the cosmos, but never the ego; the self is more distant than any star.

I am a firm advocate of the fact that everyone should have a healthy self respect. But when that self-respect achieves gargantuan proportions, Ego is born. The ultimate aim of the ego is not to see something, but to be something. Anytime there is a struggle between doing what is actually right and doing what seems right, you can bet that your ego is interfering with your decision. The ego's unparalleled existence is transcended when you indulge in the "I". Ego is your worst enemy. It hurts you beyond imagination and destroys you completely. It makes you aggressive, irate, envious and competitive. It is the ego that continuously compares and makes you feel wretched.

So, let go of your Ego... May God give you the guidance to know when to hold on and when to let go and the grace to make the right decision with dignity.

Wishing you an ego-free life !!!!!

Suresh S. Hemmady



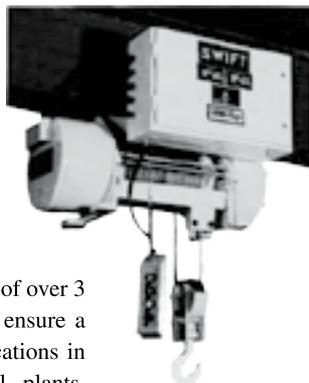
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Letters to the Editor

Dear Editor, This refers to the letter written by Shri. Guru Amembal in 'Letters to Editor' column in the your August 2012 issue on the articles 'The Nation First' published in your February'12 and March'12 issues. I wish to thank him for the same.

The intention and idea of writing these articles in the Kanara Saraswat magazine was to reach out first and seek the reaction of our community which though small in numbers is also part and parcel of the political system in the world's largest democracy, India. I appreciate the comments from Shri Guru Amembal and am encouraged. Actually, he correctly read my mind. I do wish to go further and am looking for ways to connect with the larger audience at the national level.

My email ID is sumantbt@gmail.com and Phone Res.-28957716. I welcome more communication from your readers.

- *Sumant Beltangdy, Borivali*

Dear Editor, I read with interest the article 'Manoos – Marathi or otherwise' by Kalindi Muzumdar in the July 2012 issue of the KSA magazine. She mentions a visit to the Osho ashram in Pune where a small foreign child told her she did not look Indian as she did not look 'dirty'! We sometimes condemn non-Indians for being racist but our own actions through history have shown how much discrimination we practice.

When we use terms like 'sudhranchi' (as mentioned in the article) we don't think we are being racist or discriminatory, but that is how it would seem to anyone outside of Hinduism. If we truly wish to create a world where people are judged on their character, and their work, then this artificial, manmade caste system has to go. One can be proud of one's heritage, but only if that heritage has done something to be proud of. In any case, like one's nationality or religion, it is an accident of birth for which one cannot take credit.

Skin and hair and eye colour have a genetic basis, but the caste system does not. If we recognize this, and realize that being classified as a 'Dalit' did not stop Dr. Ambedkar from achieving heights that most so-called 'brahmins' cannot, we will start to see how absurd is the system that places humans (which are

really one species) in arbitrary boxes based on what their ancestors did to earn a living. In fact, if we go back far enough, we were all nomadic hunters from Africa until the practice of agriculture caused more modern societies to form, so truly one 'caste'!

The article gives much food for thought and I applaud her conclusion that 'discrimination... and denial of human rights ultimately lead to self destruction'. I hope the younger generation which is so wired and connected will lead the way forward to a fair and equitable society.

- *Purnima Laud, Stavanger, Norway*

Dear Editor, Heartiest congratulations to you, Shri Gurunath Gokarn and your team of selfless workers who had been toiling for the past 3,4 months to present a wonderful feast for the Sangeet Premees. The Sannelan featured well-known as well as up and coming artistes, vocalists as also instrumentalists from Mumbai and outside. It speaks volumes for the efforts put in by you all. From 18th to 20th Aug. 2012, having two sessions with six artistes a day, concert was superb with the artistes performing their best. The 'Manavandana' a very enlightening programme with aa difference could have one full session to do the justice to the topic for the benefit of ardent listeners. Enough weightage was given to various instruments like Flute, Violin, Sarangi, Sitar and Tabla. Addition of Guitar – Carnatic Classical - lent a distinct charm just Western Piano did last year. Sparkling performances by new faces like nuradha Kuber and Mihika Bolangady were vying with the known veterans like Tulika Ghosh and Prarima Tilak. The Saangata of the Sannelan by the stalwarts like Pandit Sadanand Naimpally by making Tabla Solo highly "Ranjak and Bodhak" and Pandit Nityanand with his melodious Bansuri recital – was a fitting tribute to Goddess Saraswati.

Along with regular sound system, the full coverage of the Sannelan, by Video and Photography, an additional feature this year for the archives of KSA, needs a special mention.

- *Smt. L. V. Nayampally*

Dear Editor, My hearty congratulations to KSA for organizing this delightful Sangeet Sannelan of Hindustani Classical Music – vocal and instrumental. Every event was full of delight and was appreciated by all music lovers.

The Credit goes to Gurunath Gokarn and Prakash Burde for working assiduously with devotion for Classical music. It seems the concept itself of the Sangeet Sammelan is dear to their heart.

While going through the Souvenir of 15th Sangeet Sammelan brought out and circulated, an interesting narration was noticed. KSA has invited so far artistes from areas outside Mumbai particularly from Bangalore to perform in Mumbai, viz., Smt Lalith J Rao, Gourang Kodical, Late Lalitha Ubhayakar, Susheela Mehta etc. The latest addition being Mallika Mudbidri-Kilpady and Mihika Bolangady.

Similarly Bangalore music institutions could extend this hospitality to artistes based in Mumbai.

- *Shrikar Talgeri, Vileparle*

Dear Editor, Three Cheers , Prakash Burde and Gurunath Gokarn for the well planned Sangeet Sammelan under the banner of Kanara Saraswat Association. Prakash Burde deserves compliments for presenting Maan Vandana III – an audio-visual on Saraswats in Sugam Sangeet when Smt Jayavanthi Hirebet and Smt Sita Mulky-Heble , veterans of yesteryears were featured. We are grateful to KSA for presenting this rare and admirable item.

However this particular type of programme deserves more time and should be exclusive so that enough justice can be done to these veteran artistes.

- *Supriya Pandit, Borivali (East)*

Dear Editor, With reference to the article appearing in Aug 2012 issue of the KS in Marathi under caption “**Jaaniv**” by Dr Divya R. Bijur, dedicating it specially to her mother - was mindblowing to read.

Divya, Kudos and Hats off to you for your grit, determination and proactive approach in life. We were very glad to read in your article that you have such wonderful parents like- Dr Sujal and Dr Ravindra who have groomed and given you the “Jaaniv” of what life and struggle is. Surely that has led to your success in life.

Wishing you all the very best in life and more laurels in your personal life. Our salutations to your parents once again .

- *Mahesh Kalawar, Goregaon*

We reproduce below excerpts from some of the letters addressed to Gurunath Gokarn by the artistes who participated in the Sangeet Sammelan.

Dear Gurunathmam,

Participating in the recently concluded Sangeet Sammelan was not only an enthralling experience but an honour to be invited by Kanara Saraswat Association to do so. My association with this premier Cultural Institution of Chitrapur Saraswats dates back to over fifty years when, as a boy yet to break into his teens, I used to be called up to accompany any musician who performed – be it Vocal / Instrumental Concert, Bhajan or Keertan. I have participated in all the Sangeet Sammelans organized by KSA to date. It has indeed been a long and thoroughly enjoyable stint so far and I hope this will continue as long as I can perform and make the listeners happy.

Warm regards

- *Sadanand Naimpalli*

Dear Gurunathmam,

I wish to thank you and the Kanara Saraswat Association for giving me an opportunity to perform at the Sangeet Sammelan 2012 and also affirm that I have no objection if the organization wishes to share the recording with connoisseurs of music. Thanks

Regards

- *Nihar Kabinittal*

Respected Gurunathmam,

Thank you for your heartfelt compliments. The credit of the success of the sammelan goes to YOU and your team for the sincere hard work put in by you all.

Regards

- *Omkar Gulvady*

Respected Gurunathmam,

It was indeed a great pleasure to perform before the Bhanap audience, who are connoisseurs of music. I enjoyed it very much. I thank you for giving me an opportunity to perform in the KSA Sangeet Sammelan. You are my greatest strength Gurunath mam.

Regards,

- *Nityanand Haldipur*

The Making of Manavandana III and the Aftermath of 15th Saraswat Sangeet Sammelan

18th to 20th August, 2012

PRAKASH BURDE, MUMBAI



Sugam Sangeet to be presented in the 15th Saraswat Sangeet Sammelan.

In fact the seed was sown during Manavandana I and II itself. Ajay Ginde and I had worked together with Vikrant Ajaonkar (who now plays Subhadra in Marathi Saubhadra) during our centenary year for sourcing for our material. We had come across clips of Uday Shankar's 'Kalpana' sent by Dr. Suresh Chandvankar which was our own Vishnudas Shirali's composition. Vishnudas Shirali had used many Indian instruments such as tabla tarang and esraj, which now after 64 years have become extinct! Chandvankar had posed a question, "the duet 'Sadiyonke behoshi mein' is sung by Devilal Samar. Please identify the female voice". During those days, we were very busy collecting the voices of our forgotten singers like Saguna Kalyanpur, Vatsala Nadkarni and many more...

Having presented many AVs on unique themes such as Gangubai Hangal's 'Marathi Bhavageete' and Mansur's 'Marathi and Kannada Natyageete', to Vocal Music from Ashtapadis to the present day khayals, we had confidently worked on Manavandana I which traced the history of vocal music from our Guru Math Parampara to the present day and Manavandana II which focused on instrumental music.

Almost after two weeks of the Saraswat Sangeet Sammelan, when I sit back to write, my mind goes back to that day when we thought of Manavandana III as an audio-visual programme on

My daughter Aparna, (who had helped me in preparing the presentation for Manavandana) and I happened to go to Pune to visit Jayavanti Hirebet as I wanted to collect a copy of the documentary made by Karnataka Government on her. Without any prior information I had to give an interview to the makers of that documentary and I was curious to see how I had fared. After we saw the film, we went down to have a meal in the cafeteria. It was my daughter who started to sing 'Sadiyonke Behoshi mein' and much to the delight of the few diners there, Jayavanti joined her and continued the song and truly it was a thrilling experience as we realized that the voice we were searching belonged to Jayavanti Hirebet and none else! We returned back happily having achieved something great and I continued my search for other Amchi voices. I went to Bangalore and had an occasion to meet Prabhashankar mam, the elder brother of Jayavantipachi in Malleshwaram. Prabhashankar mam and his wife make an interesting couple and they narrated many anecdotes and stories of his childhood days spent in Puttoor, South Kanara.

Ajay and I had originally thought of featuring all Saraswats like G.S.Bs, Shenvis and others. As everybody is aware, Konkani-speaking public are mad about music and our list was too big! Right from Pu La Deshpande to Shridhar Parsekar to Vasant Prabhu and Bhaskar Chandavarkar! We then decided to edit and limit ourselves to only Bhanaps! However, still we needed a theme, a structure, a strong thread to weave all artistes.

I had to fall back on categories of music like primitive music, folk music, religious music with different cults like Krishna, Shiva and even Sufi, and then Hindustani and Karnataka classical music,

western music, and confluence music leading to popular music. Thus we could plot the changing canvas of sugam sangeet right from angai geet (lullabies) to ovis sung in marriages to Asha Puthli and Uday Benegal!

Our journey was full of clippings borrowed from here, there, and everywhere, even till the last minute as we could get a recording of Krishna Udyavar Parulekar, a child prodigy only 12 hours before the event! We still have some regrets – as we could not do justice to many! There were possibilities of mistaken identities. There were three Ratnamalas, and two Vijaya Desais. We had collected four 78 r.p.m. records of Vijaya Desai recorded in 1948 and all were from a play KHALAVADHU and not KULAVADHU which was more popular. I had my doubts. So I telephoned Vijaya Desai to confirm and much to our disappointment, she turned out to be a totally different Vijaya Desai! Thanks to her daughter in law and son Col. Naik, we got two clippings of her 1982 concert! A little known fact is that Vijaya Desai Naik is the younger sister of M. W. Desai, one of the very few exceptional Municipal Commissioners of Bombay, a patron of music and a pioneer in starting the Music Academy in Dadar (his Musical organ was given to this Academy). Also, meeting Seeta Mulky Heble was truly an humbling experience. I was thrilled to know that she was the daughter of Dr. Mulky of Gadag and was trained by Panchakshari Gawai who started Vireshwar Punyashram a Gurukul in Gadag. My mother too was his disciple for few months before I was born! The secret of her open voice and singing in Akaar with complete control over sur and what is more her mastery over taans stunned me when I just asked her to demonstrate after we had her special 'ginger tea'! We all enjoyed that music again in the Sammelan with of course Vijaya Desai Naik's impeccable hindi song perhaps from the Hindi Gopal Krishna of Prabhat Pictures. The music of Jayavanti Hirebet, Seeta Mulky, Vijaya Desai Naik and Sushilarani Patel provided the golden gilt to the whole Sammelan. What is more, the robust impromptu singing of Seetapachi and Vijaya Desai Naik without the help of Tanpura with perfect sur was truly astounding! As if this was not enough,

there was Durgesh Chandavarkar, with his Sanskrit composition records which were a treat!

This year's theme was Sugam Sangeet. Thus, Geeta Yennemedi, the Vice President had made special efforts to get Pandit Yashwant Deo as Chief Guest. He spoke lucidly on his music and the influence of Anil Biswas on him. This Sammelan was also dedicated to the memory of Pannababu, whose centenary had just concluded. It is to the credit of Ajay Ginde, who tried his best to get a clip from the film Basant, for which Pannababu had composed the music and the singer was Parul Ghosh, his wife and sister of Anil Biswas! The significance of this was not lost on the viewers.

Unfortunately, the senior most active singer Sushila Rani Patel could not make it due to circumstances beyond her control but the song she sang in Sarparada Bilawal was the last swan song of Manavandana III!

Manavandana I and II were about the contribution made by our amchi Artistes in vocal and instrumental music. It focused on our Guru Parampara and the importance of music in our Math rituals to the contributions made by the Acharya S.C.R. Bhat, Pt. Dinkar Kaikini and Pt. K.G. Ginde - the trinity and from Vishnudas Shirali to Bhaskar Chandavarkar. Who can forget Nagarkarkar Chidmam?

In Manavandana III we tried to project the various categories of music in Sugam Sangeet and tried to put across the view that Sugam Sangeet is as dynamic and vibrant as any other category of music. The common belief that Sugam Sangeet is a later development – post 1920s was proved to be a myth as such type of music existed along with art music for more than two thousand years, perhaps known by different name. For example, it was shown how Purandardasa's "Bhagyada Laxmi Baramma" could be a classical piece, Sugam Sangeet kriti or even considered to be film music or popular music!

A glimpse of western music was also included in Sugam Sangeet and we peeped in for a while in futuristic universal music!

An overview of the Sammelan and individual events will appear in the next issue.

15th Saraswat Sangeet Sammelan - 1st Day - 18th August 2012



Smt. Vijaya Desai-Naik being felicitated by Shri Yashwant Deo



Veteran singer Shri Durgesh Chandavarkar was also felicitated on this occasion



Shri Nihar Kabinithal playing the flute accompanied on the Tanpura by Shri Jayant Naidu and on the Tabla by Shri Shantanu Shukla



Shri Milind Raikar gave a masterly performance on the violin accompanied by Shri Jayesh Rege on the Tabla and Shri Jayant Naidu on the Tanpura

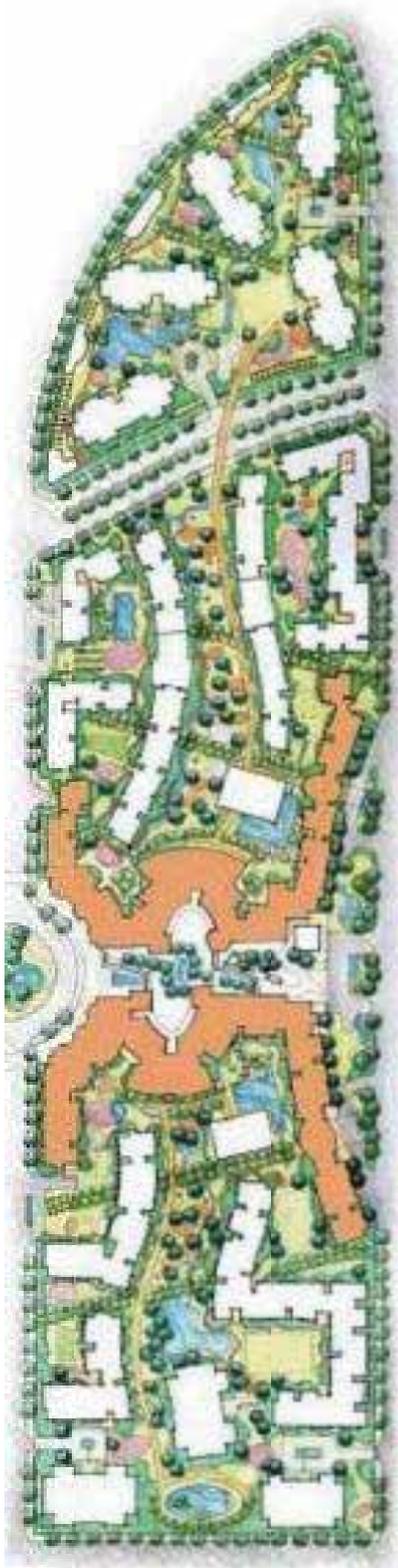


Tullika Ghosh held the audience spellbound with a beautifully rendered Marwa



Shri Dhruva Ghosh on the Sarangi was accompanied by Shri Yogesh Samsi on the Tabla

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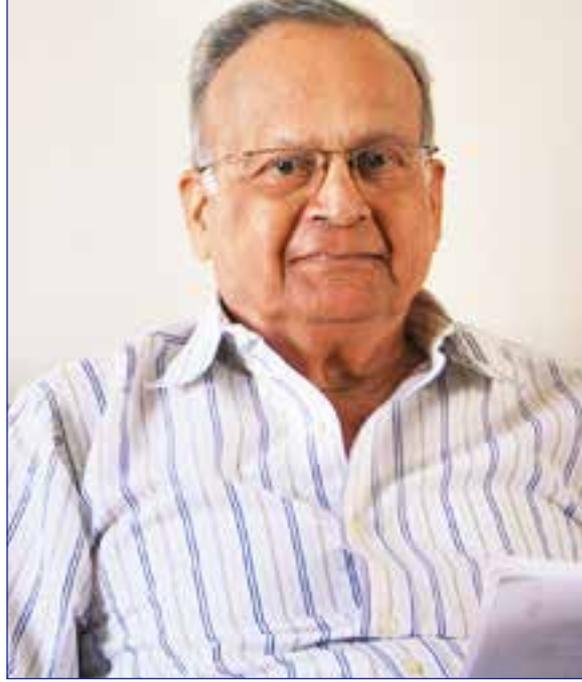
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on
completion of 80 fruitful years
on
12th Sept. 2012



We pray to Lord Bhavanishankar and our Holy Guruparampara

**To grant you
Many More Years of
Health, Happiness and Contentment**

From:

Wife : Malati (Malu)

Children :

Nitish-Suchitra,

Smita-Prakash (Mavinkurve)

Grand Children :

Naishad, Sanjna

Kedar, Ketaki

Relatives & friends



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Minutes of the 100th Annual General Meeting of The Kanara Saraswat Association

held on 12th August 2012 at 10.00 a.m. in Shrimat Anandashram Hall, Talmakiwadi

Members Present 39.

At the outset Shri Suresh S. Hemmady, President welcomed the members and mentioned that it was a wonderful Centenary for the Kanara Saraswat Association, a great milestone of 100 years of existence. He requested members desirous of speaking at the AGM to be brief and as precise as possible so as to ensure that the proceedings of the meetings go smoothly.

He requested the members to observe a silence of two minutes in memory of Late Shri Sadanand G. Bhatkal, Smt. Nirmala S. Bhatkal, both Ex- Presidents of KSA and Shri Avinash G. Trasi, Ex-Chairman of KSA. Shri Hemmady also proclaimed that 'every cloud has a silver lining'. In the sense that Shri Dattatraya K Balse, resident of Wadi and now staying at Anandashram CHS Ltd, Proctor Road has completed 100 years and that too as an esteemed member of KSA.

Thereafter Shri Suresh Hemmady asked Shri Shivshankar Murdeshwar, Hon. Secretary to offer prayers to the Divine Gurushakti for smooth conduct and blessings for proper conduct of AGM.

Subsequently with the permission of the General Body, President Shri Suresh Hemmady took the Notice of AGM as read and approved.

Shri Raja Pandit informed that Minutes of 99th Annual General Meeting have been published in the Dec 2011 issue of KS. He invited comments from Members. As no members came forward the minutes were taken as read and confirmed unanimously.

The next item on the Agenda being adoption of Committee's Report and Audited Statement of Accounts for the year ended 31st March 2012 was put before the members for their approval.

Shri Jairam Khambadkone had sent a letter seeking clarification for a jump in 210% in establishment expenses from Rs. 24798/- to Rs. 52,235 and 350 % increase in Conveyance expenses from Rs. 6962/- to Rs. 25,472/-. Shri Raja Pandit, Chairman, explained that during the Centenary Year, many programmes were arranged including a programme at Pune. Hence the increase in conveyance expenses. Telephone bills have also escalated owing to contacting many households for Census work and as well as for Centenary programmes. A point further was made as regards a Tempo KSA had hired to transport Beds to Nashik Holiday Home approximate cost Rs. 6900/- and Auditors' visit to Nashik Holiday Home after a gap of 5 years by an A.C. car at approx cost Rs. 8000/-.

Shri Shivshankar N. Surkund said he was happy to be associated with KSA and its AGM. He lauded especially the yeomen work carried out by Shri Suresh Hemmady and his team for Fund Raising Campaign for Centenary Year. Arrangement of transport for the various programmes was excellent and Konkani Drama Festival was a huge success.

He suggested that Painting Exhibition of Amchi Artists should be arranged by KSA. This was long overdue. Shri Surkund had a valued suggestion to augment Membership and raising of funds especially from working youngsters, family members of deceased etc. Shri Surkund referred to the KSA Holiday Home and suggested that KSA should conduct Press meets and have important dailies covering KSA Holiday Home and its various activities. He lauded the assistance rendered by the SVC Bank and hoped that other companies / establishments would also visit Nashik Holiday Home. He lauded the quality of print of the KS Magazine, Health Awareness projects, family Trees, wonderful work of Marriage bureau etc. He also suggested that KSA should publish all schemes. Shri Surkund further mentioned that in regards to Marriage Bureau, Membership Fee could be raised to Rs. 500/- and once the marriage / matrimony was fixed Rs. 400/- could be refunded to such members. Special attention was drawn to Audit Clause "G" – observations of Audit Report and the various outstanding.

Shri Ratnakar Gokarn paid compliments to the President and Vice- President and referred to Annual Report, Balance Sheet and Profit and Loss Accounts. A mention was made to the Financial Status of our Association, the symptoms of what lies in store for the future. He singled out “Holiday Home” at Nashik which was in bad shape and needed immediate attention. Marketing efforts were required to increase the occupancy of the Holiday Home. The role of outside agencies required monitoring. He also thanked the SVC Bank for the yeomen support to the KSA Holiday Home. Moreover Shri Gokarn referred to the KSA Magazine incurring expenditure of ranging in 20 lacs where 50 % of the members were Life Members enrolled with either Rs. 500/- or Rs. 750/-. Each magazine cost worked out to Rs. 42/- (Rs. 1.70 for postage). Shri Gokarn also drew attention to the Advertisement support which was required in this matter. Moreover he said that Magazine Fund, Health Centre requires support. Shri Gokarn was aggrieved to find the thin attendance of the General Body and hoped that the members would participate in greater numbers for the various activities of KSA. Being a premier institution of 100 years of existence was tough. The Managing Committee has to work out specifications to generate better response from people for AGM. Shri Gokarn also enquired about the role of TCHS and KSA in event of common members in both committees. Shri Rajaram D. Pandit Chairman intervened and said that both committees / members were taking care to see and ensure that there were no conflicts of interests. Shri Gokarn also drew special attention to the plot at Shirali and KSA activities there under.

At this point Shri Suresh Hemmady told Shri Gokarn to adhere to Agenda item for proper conduct of meeting.

Shri Raja Pandit, Chairman whilst answering queries of Shri Shivshankar Surkund informed that hall rent is not outstanding. The figure portrays Hall Rent received in advance for booking done in the next financial year. Shri Pandit mentioned that under head “G” Audit Report Centenary Fund – Invested in Fixed Deposits. Shri Raja Pandit informed that KSA will announce all schemes in the forthcoming issues of KS. Regarding query of Shri Ratnakar Gokarn he informed that KSA has made commitment to the Life and Patron Members that the magazines will be distributed free of cost at the time of their Membership and we cannot take back this commitment.

The following Resolution was passed:

Resolved that the Annual Report and Audited Balance Sheet and Income Expenditure Statement for the year 2011-12 is passed unanimously. Proposed by Shri Ratnakar N. Gokarn and Seconded by Shri Anand R. Nadkarni.

Regarding Missing Agenda of Election of President and Vice- President in the Notice Shri Raja Pandit informed that regular Agenda of Election of President / Vice- President is omitted in current year as last year we had made amendments that President and Vice President will be elected for a term of two years. Hence Shri Suresh Hemmady and Smt. Geeta Yennemadi have been elected for the years 2011-2012 and 2012-2013.

The next item on the Agenda was election of Committee Members. Shri Raja Pandit requested Shri Ravindra S. Nadkarni, Returning Officer to hand over the Election Results for the 3 posts and accordingly Shri Anand Nadkarni, Shri Amol Pandit and Ms. Gauri P Shirur were declared elected for the year 2012-2013.

The next item on the Agenda was appointment of Honorary Internal Auditor for the year 2012-2013. The following Resolution was passed.:-

“Resolved that Shri Hattangady Premanand Bhat be and is hereby appointed as Honorary Internal Auditor for the F.Y. 2012-2013.” Members lauded the work of Internal Auditor.

Proposed by Shri Anand Nadkarni, Seconded by Shri Dilip Sashital.

Next item on the Agenda was the Appointment of Statutory Auditors. The following Resolution was passed:

“Resolved that M/s. Saraf Gurkar & Associates be and hereby appointed as Statutory Auditors for the year 2012-2013 and their remuneration be fixed at Rs. 5000/- p.a.”

Proposed by Shri Shivshankar D. Murdeshwar and Seconded by Shri Anand Nadkarni, passed unanimously.

The next item – Disposal of items under any other business.

a) Shri Raja Pandit read out letter of Jairam Khambadkone who had enquired the attendance norms for the Managing Committee members as per KSA rules. He also found that some Managing Committee members have attended just 5 and 6 meetings out of 13 and that is not even 40% of total meetings.

Shri Raja Pandit explained that as per Rules and Regulation of KSA, a member can remain absent for two consecutive meetings. However if the member remains absent for the 3rd consecutive time without giving reason for his absence in writing, then he / she has to vacate his / her place in the Managing Committee. Shri Raja Pandit explained that all members of Managing Committee followed this rule. He further explained that Members who are not attending Managing Committee Meetings regularly are all young persons who are building their career. As present day employers are demanding these members find it difficult to attend more meetings. However these young members come forward to help for organizing any function.

The next point of Shri Khambadkone was regarding Holiday Home. He enquired whether we are recovering the charges for A.C. Rooms with a fixed sum per room night. If the answer to this question is No, then why not recover at least Rs. 50.00 per room night from people who hire these rooms. Since electricity charges in Nashik Holiday Home is approx Rs. 64000/- per annum (Page 7) the cost of AC Bills will be recovered.

Shri Raja Pandit explained that we have installed A.C. in 2 Old units out of 3 units and we have increased the Rate for A.C. Room by Rs. 200/- per day, from Rs. 600/- to Rs. 800 per day and Non A.C. Rooms from Rs. 350/- to Rs. 600/- per day Further he informed that Room Rent of Holiday Home of new units have been increased from Rs. 350/-to Rs. 450/-.

The next point of Shri Khambadkone was KSA Census. He said KSA has been doing this excellent work of having Census of all Bhanaps all over the world for the past 2 years. He was told that the work has been completed to the extent of 60% of Total Bhanaps. Out of this figure of 60% completed work, he wanted to know, what is the education levels of all Bhanaps – e.g. Matriculation, Graduation, Post Graduation, Engineering, Medical MBAs etc. If this sort of statistics is not retrieved from the Data collected so far, the Census Report will not having any meaning except that we will know only our population.

Shri Dilip Sashital informed that we have published Interim Report consisting data of 2495 Households. However Economic, Education and other Social trends have not been divulged in Interim Report. We have now gathered Census Forms from 5200 Households and targeted 6000 forms by end of Sept 2012. Shri Dilip Sashital told Members that once the deadline of collecting forms is over, our Demographer will start working on publishing the Final Report which will have all data as desired by Shri Khambadkone A large chunk of the work has been done in this behalf. Shri Raja Pandit was hopeful that by December 2012 Census details would be updated thoroughly.

b) The next item under Any other business related to Parijnanashraya at Shirali. Shri Raja Pandit apprised General Body about sequence of events as under:-

The Deed of Lease of N.A. Land was entered on 22.2.1974 in respect of 20 Guntas land out of 3 Acres of N.A. Land in S. No. 747 A, Shirali II by Shri Chitrapur Krishi – Gramodyog Sahakari Mandal Ltd., (For brevity sake, Chitrapur Krishi – Gramodyog) Lessee of The Chitrapur Math and The Kanara Saraswat Association, sub-lessee for construction of Parijnanashraya to house the aged and the aspirants who are devotees of The Chitrapur Math on the Terms and Conditions issued by The Asst. Commissioner, Kumta to The Chitrapur Kashi – Gramodyog vide their Order No. LNA-SR 1743 dated 19/6/1972. The sub-lease Term would run coextensive with the Terms of Lease of 99 years effective from 31.10.1972 entered into by Lessor Chitrapur Math and Lessee Chitrapur Kashi – Gramodyog. The Kanara Saraswat Association shall pay Ground Rent of Rs. 20/- per year directly to Shri Chitrapur Math and also liable to pay any Land Assessment, Panchayat Taxes or any other rates and cess.

The K.S.A used to pay Rs.510/- p.a. which was increased to Rs.710/- p.a. towards maintenance and payment of Taxes to The Chitrapur Math till the year 2001-02. However, there was no payment made afterwards. The Ground Floor, four Buildings "Parijnanashraya" was constructed at the cost of Rs.57,739.51 as per our Balance Sheet. We are not charging any depreciation to Building nor do we have any administrative control over it.

In view of above, Shri Raja Pandit requested General Body to authorize Managing Committee to hold discussion with Lessor Chitrapur Krishi- Gramodyog and owner of land Shri Chitrapur Math for taking appropriate decision for either cancellation of Lease Agreement or continuation thereof.

Shri Raja Pandit requested Members to support Resolution for authorizing Managing Committee to take proper decision. The following Resolution was passed unanimously.

"Resolved that the General Body authorize Managing Committee of Kanara Saraswat Association to take appropriate decision either in cancelling Sub-Lease Agreement or Continuation thereof with lessor or Chitrapur Krishi Gramodyog."

Proposed by Shri Raja Pandit and Seconded by Shri Ratnakar N. Gokarn

c) * **Sale of Plot of Land at Bhandardara Hill**

The next item under Agenda of Sale of Plot at Bhandardara Hill land admeasuring 27000 sq.ft . Shri Raja Pandit explained that the plot was taken in 1967 for construction of Holiday Home. Though MTDC Resort is nearby, there is no development of infrastructure in our area right from the date of purchase of land. Shri Raja Pandit therefore requested Members to pass the Resolution for giving Authority to Managing Committee for selling land at maximum available price.

Shri Sunil Mangalore enquired whether plot can be purchased by any community Members and whether any preference will be given to Bhanaps.

Shri Raja Pandit replied that best price / Maximum price is main criteria.

The following Resolution was passed.:

"Resolved that Managing Committee of KSA is authorized to sell plot no 41 survey no 169 Village Murshet, at maximum available price."

d) Dr. Suneela Mavinkurve requested Chairman to place her letter for changing present Membership Policy on Life Membership of KSA. She said present system of offering Life Membership till death needs serious consideration on following grounds:-

1. Having paid the same membership fees, different people receive the magazine for different periods of time depending upon their life span

2. The KS magazine continues to go to the person's address even after his / her expiry if the KSA is not informed about the same.

She also said that she is a member of several national and international organizations where policy of Life Membership is limited to 10-15 years. She therefore requested Members to discuss her point seriously.

Shri Suresh Hemmady President intervened and said that the word "Life Membership" makes it amply clear that it is for Life and it cannot be broken into two periods.

Shri Rajaram D Pandit stated that, we have made commitment to members that Life/Patron Membership is till death. We cannot change this commitment though the idea to generate funds by limiting span of Life Membership to 10 to 15 years definitely a good motive.

Dr. Prakash Mavinkurve referred to the various criteria of Membership. In this regard Shri Raja Pandit said that this is very important topic and difficult to discuss at such short notice.

Shri Dilip Sashital quoted that the Canara Union, Bangalore takes yearly contribution from Life Members. Shri Khambadkone said that according to him Canara Union is a Club and has different rules.

e) Shri Sanjay Puthli enquired about parking charges levied by TCHS. He also referred to the quiet stance of KSA on “parking issue” and hoped it would be expedited. Parking space is a crucial issue and due care needs to be taken in this regard. He also said that Society is taking Temporary (daily) Parking Charges from car owners when they park their car in D.N. Sirur Square which belongs to KSA. This should be stopped.

Shri Raja Pandit replied that Sirur Square cannot be given for parking as it is meant for Hirers of Hall and is used for cultural activities and sports. TCHS is illegally recovering charges for cars parked in Sirur Square and nobody including Tenants have the right to park their car in Sirur Square. Shri Raja Pandit also pointed letter of the Society where they mention that KSA can take appropriate steps to prevent parking of cars by Members of Society. However Raja Pandit reiterated that we must solve parking problem by taking opinion of all KSA tenants and then take up the matter with the TCHS.

Shri Suresh Hemmady President intervened to say the issue of Parking is an important issue and should be discussed after doing proper homework.

Shri Raja Pandit informed that a suitable letter will be sent to TCHS on this issue. Shri Sanjay Puthli remarked that irrespective of any considerations interests of members needs to be protected . KSA has to take proper steps in this regard after caring for the cause of tenant members of KSA.

f) Shri Pandit informed General Body gist of discussion in recently held AGM of the Talmakiwadi CHS on Redevelopment of Wadi. Shri Raja Pandit said he has circulated note on it which is reproduced here :-

QUOTE:-

(Brief Note Prepared By Shri Rajaram D.Pandit, Chairman of KSA and also a Member & Internal Auditor of TCHS for Members & Tenants of KSA)

Redevelopment Of Talmakiwadi Co-operative Housing Society (TCHS)

Points for discussion for Redevelopment of Kanara Saraswat Association(KSA)

“As you are aware that Kanara Saraswat Association (KSA), is owner of Plot Number 11 & 13(Adjacent Plots) at Survey number 1A/312, Tardeo Division, with total area of 794.60 Sq/Meters (i.e. 8544.08 Sq/Ft) in Talmakiwadi CHS (TCHS) at Tardeo Road, presently known as Javji Dadaji Marg, Mumbai 400007. The KSA Building has two Halls at Ground & Mezzanine floors and 3 Storey with 6 Tenants stands on Plot Number 13 and 7.80 Sq/Meters of Plot 11 totaling 439.25 Sq/Meters (4723.12 Sq/ft) and Plot Number 11 with remaining area of 355.35 Sq/Meters (i.e.3820.96 Sq/ft) is open plot named after D.N.Sirur Square.

The TCHS owns 7174.80 Sq/Meters (77148.38 Sq/ft) of Land with 245 Tenant Members & 37 Other Premises 13 Buildings & Other Structures.

In the Annual General Body Meeting of TCHS held on 5th August 2012 at KSA Hall, Chairman of the Society informed steps taken by them for Redevelopment of their Property. He informed that they have appointed Project Management Consultant (PMC) for carrying out preliminary studies about Redevelopment. The Society has taken in-principle decision of developing the area on their own by appointing a good and reputed Contractor. They also want to maintain the Cultural Identity of our Community. The Society had invited Shri Prasad Mullerpattan to address Members during AGM. He is a Senior Architect working with famous Architect Hafeez Contractor. Shri Mullerpattan was of the view that Society should go for Redevelopment. The State Government will be amending the Rules about FSI and the TCHS is eligible for 3:1 FSI. He says it will take 1 to 2 years to pass amendments. The main points emerged from his speech are as under:

- There will be Two Towers (One for Existing Members/Tenants & another for Sale Components).
- There will be excellent Land Landscape with Gardens, Swimming Pool, Gymnasium, Hall and other facility on front side.
- Everyone will get additional area for accommodation.
- There will not be any outgoings for existing Members/Tenants during their lifetime as Corpus fund will take care of these charges.

- The KSA will have to shift to Front Side.
- There may some possibility of Balak Vrinda School also joining Redevelopment.

Shri Rajaram Pandit informed TCHS Members that KSA has taken positive decision in their last AGM. He also informed that our prime objective is to protect interest of our Tenants, KSA & to build good Corpus and any other additional advantages.

Now the question before KSA & Tenants is how we should go about. The KSA is fortunate in having Free Hold Land and few Tenants. At present we have not given deep & serious thought to it. We have to ponder on following points :-

1. The KSA is a Trust registered under Society Act of 1934-35 and also under Bombay Public Trust Act 1950.
2. The present FSI available to KSA not known.
3. Being a pre 1940 Construction and existence of Tenants in Building, we come under Repair Cess. In that case we will be entitled for 3:1 FSI.
4. What is a Sale Component Area , whether new entrants will be Tenants or Owners and approximate Market Rate in both cases.
5. We have to examine whether we are in position to offer additional area to Tenants as per law .
6. The legal Relationship of Tenants with KSA as per law after Redevelopment.
7. If legal Relationship requires change i.e. Conversion of Tenants to Ownership, then what is the Compensation to KSA.
8. What are the legible demands of Tenants of KSA.
9. Whether KSA is ready to move to Front side.
10. Whether KSA Tenants opts for TCHS Membership if offered by them.
11. Whether we have to appoint experience Architect, Legal Person or PMC.”

UNQUOTE

There may be more important points to consider. This letter is being circulated in Annual General Meeting of KSA for information of members/Tenants of KSA and not for taking any major decision. The KSA will call Special General Body Meeting if any decision is to be taken. The KSA will definitely look for better deal for Tenants. We also have to Maximize our Financial gain to serve our Community in better way and without forgetting ideals of Late S. S. Talmaki who is Founder of KSA as well as Talmakiwadi.

Lt. Col Manohar Karpe (Ex-Vice President) draw attention to KSA as owner of plot of land and the ambiguity of attending TCHS meeting –common interest. He expressed his anxiety of shifting existing plots to front sides in new redevelopment setup.

Shri Suresh Hemmady, President highlighted the importance of conveyance deed and unity of KSA and its tenants. Shri Suresh Hemmady mentioned that KSA would do its homework and work towards the goal

Shri Kishore Basrur enquired whether an architect had been appointed.

Shri Raja Pandit said that Society is taking advice from Architect Shri Prasad Mullerpatan

Shri Vinayak M Yadery complemented the President, Vice – President and Team KSA for fund collection and the efforts taken on the 100 years celebration and how a wonderful teamwork had been highlighted. Three cheers and March ahead. A special word for KS Magazine, Health Centre and Present Members of Managing Committee.

Shri Prabhakar Labhaday expressed thanks for the financial help received from KSA.

On behalf of all Shri Dilip Sashital offered a hearty vote of thanks and appreciated the valued comments of members after which the meeting concluded.

<<<<>>>>

'Catch'es win 'Match'es

UDAY S. NAGARKATTI, BANGALORE

'Catches win matches'..so they say in cricket. That it applies to 'matchmaking' (mela-melyo) became evident only the other day during my recent visit to Shirali. Having started the profession of a matchmaker post my retirement a few years back, I had run out of ideas to make this matchmaker job any more prospective. My last hope was the NRI camp to try and see if any crash encounter would break an account for this year, which otherwise had remained at a steady zero, and it did!.

It all happened when I was sitting at Vamanmam's canteen outside our Math at Shirali eating 'kanagaa bajia' on a hot summer afternoon. A young boy well built, smart, tanned red, and age of about 27-30 entered and sat on the table next to me. What a perfect match for any Saraswat girl, I thought, and prayed silently that he be a bachelor! Initial pleasantries like 'hello' and an exchange of a smile happened almost as he stepped in, but that happens between all those who visit Math or when you sit on the 'bakda' of Vamanmam's canteen isn't it?

Gathering sensitive information on marriage is a real challenge, that too from the horse's mouth, as it were. My earlier encounters with eligible boys had been on emails or phones, and extracting information there had not been so easy. My mind raced in all directions planning a strategy on how to break the ice as I never wanted to lose this golden opportunity which had come uninvited.

Just then I heard this 'guy' asking Vamanmam if he could get '*donne mirsanga baje*', in chaste Konkani, adding "*makka hun-hun ani bhag-bhagi baje javka*". Looking at his accent and colour it did not take much time for me to realize that he was an amchi NRI, but what was baffling was his chaste Konkani, and that too use of 'jodu' words like '*hun-hun and bhag-bhagi*'.

Without thinking any further I blurted out, 'looks like you know a lot of Konkani *jodu words*', and that was a beginning of a long discussion on Konkani language, its richness, proverbs, limericks et all. He

attributed it to his grandmother who was in Shirali, and whom he had been visiting since childhood. Needless to say during this time I not only found his antecedents, but that he was willing to marry an amchi girl who would be a Konkani protagonist, like him. Good for me or was it for him, that I could fish out 'jatakas' of two girls from my 'katli' and give him. By evening it was all over. I mean the matching of the horoscopes! Next day by the same time I got the good news that my 'catch' had won his 'match'! These are encounters of the rarest kind which go to prove that marriages are made in heaven, and we are only the agents!.

When I left Shirali my score board showed a 'one' and 'not out', meaning this alliance was a successful one. Otherwise, the dynamics of my score board is very high! It travels faster in the negative direction than in positive. We matchmakers have our own woes. If someone thinks that it is a job of merely identifying prospects and passing around horoscopes then they are wrong. That is why when my good friend Vivek asked me if he could take up matchmaking, post his retirement, I said, "of course yes but make sure you take these tips which are based on my experience", and I am quoting them below:

❖ You need to have a hawk's eye in spotting probable candidates and extract information on them. Be conversant with Saraswat families. There is hardly an alliance that goes smoothly from beginning to end. Never can you say that it is 'fixed,' for the chances of breaking are equally high.

❖ Be familiar with the terminology. Terms like DINKS (double income no kids), WWHH (wife working husband home), OBOSE (Occasionally boozes and smokes exceptionally) or *amchi* terms like *ghar javai*, *suraiya khotto*, *banna aino*- during specifications stage.

❖ Murphy's Law applies here also. People with oddest specifications will match, while those with book like specifications will not match. So try and

look for odd combinations!! Computer matches based on specifications may not last long!

❖ No deal is 'done' till the marriage ritual is complete, reception has taken place and marriage has lasted for at least one day! You are not counted by the number of successes but by the failures.

❖ Silence is Golden! Suddenly the talks which were so hot tend to cool down and there is period of lull. Do not panic. It is a good indication. Do not be on the chase. Let things happen by themselves.

❖ Blame it on 'jataka': Jataka becomes a convenient instrument for rejection. The other reasons could be 'Boy wanting to do MBA, going abroad, boy's sister in US, waiting for promotion and so on..' All these tips can come in handy, but individuals have their traits and one can be innovative. While we late starters have our pangs, I salute all those elderly people who have been in to this matchmaking job for years, and working silently for a good cause. May their tribe increase!!

<<<>>>

**In the loving memory of
Smt. Shalini Mohandas Kalbag**



(20th August 1937 - 1st August 2012)

Even if it was the most difficult thing to do, she always did what she knew to be the best. She was grateful for all ordeals; as they were the shortest way to reach the Divine. Her humble prayer was: "O my sweet Lord, Teach us to be thy instruments of love."

Deeply mourned by:
Borthers and sister
Relatives and friends.

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For Readers to Digest

SAVITRI BABULKAR, MUMBAI

The idea of spending an evening browsing in a bookstore is tempting. The pleasure doubles when your purse permits you to pick a book without having to furtively turn it to check the price. To come to the point, I was happily armed with four hefty book-coupons I had acquired after a milestone birthday. I marched, smiling, into the popular bookstore in the neighbouring suburb.. Not finding the title I was looking for in the shelf marked 'Classics', I approached the smartly turned out young man at the counter.

"Excuse me...er - could you tell me where I can find an unabridged copy of *David Copperfield* ?" His raised eyebrow showed surprise that I had failed to locate the book in a store of those dimensions.

"Sure, Ma'm," he smiled politely, "What's the name of the author please?" Now it was *my* turn to be surprised....But whom does one blame? How can an old Classic hope to compete with a TV show or a video game?.... Anyway, a single click revealed the branch it would be available in.. I thanked him and brought home the other titles that I sought.

When I called up a young journalist friend, we discussed books-of-all-time.

He had read Harper Lee's *To Kill A Mockingbird*, he said, but not seen the Gregory Peck movie. So I promised to send him a list of some of the wonderful older books which had been adapted for the screen. He promptly said I should send the list to the KS so that all eager young Amchi readers/ movie buffs would know what titles to look for. Though I have not read much, I have come across unforgettable books. Those that I've bought, I guard with my life. And before I forget, here's the list:

<u>Book</u>	<u>Author</u>	<u>Stars in the movie adaptation.</u>
Gone with the Wind	Margaret Mitchell	Clark Gable, Vivien Leigh
Pride and Prejudice	Jane Austen	Laurence Olivier, Greer Garson (the earliest version)
Goodbye, Mr Chips	James Hilton	Robert Donat, Greer Garson
Random Harvest	James Hilton	Ronald Colman, Greer Garson
Valley of Decision	Marcia Davenport	Gregory Peck, Greer Garson
Rebecca	Daphne du Maurier	Sir Laurence Olivier, Joan Fontaine
Sound of Music	Maria von Trapp	Julie Andrews Christopher Plummer
Little Women	Louisa May Alcott	June Allyson, Peter Lawford Janet Leigh Liz Taylor Meg O'brien
David Copperfield	Charles Dickens	(there are several
Oliver Twist	Charles Dickens	movie versions of
Great Expectations	Charles Dickens	Dickens' classics)
Tale of Two cities	Charles Dickens	
My Fair Lady	GB Shaw's 'Pygmalion'	Audrey Hepburn, Rex Harrison
Desiree	Annamarie Selinko	Marlon Brando, Jean Simmons
Tom Sawyer	Mark Twain	(there are several movie versions
Huckleberry Finn	Mark Twain	of Mark Twain's classics)
Three Musketeers	Alexandre Dumas	Van Heflin, Lana Turner Gene Kelly, June Allyson
Tess of the d' Urbervilles	Thomas Hardy	(there are several movie versions
Mayor of Casterbridge	Thomas Hardy	of Hardy's novels)

How Green was my Valley
The Robe
Magnificent
Sherlock Holmes
Ten Commandments

Richard Lewellyn
Lloyd C Douglas
Obsession Lloyd
A J Cronin
Biblical

Walter Pidgeon, Maureen O'Hara
Richard Burton. Jean Simmons
C Douglas Rock Hudson, Jane Wyman
(a series of movie mysteries)
Charlton Heston, Yul Brynner

and Jerome K Jerome's *Three Men in A Boat*. Two chapters from the latter, *Packing* and *Uncle Podger Hangs a Picture* included in Prose text books have made students rock the classroom with laughter. One day I picked up *Brione*, a Louis L'Amour book my son had borrowed from the Rajesh Library. Thereafter, I became a sworn fan of L'Amour. Among books that have left a lasting impression are Jeffrey Archer's *Kane and Abel* Irving Wallace's *The Man* and Alan Paton's *Cry The Beloved Country*. Try reading Richard Armour books. They will keep you in splits!

Last, but not the least, who can beat the sages of old, Homer, Valmiki and Ved Vyas?

(PS – I hope that others too will share the names of their favorite authors/books with Amchi readers through the KS :)

GEETA YENNEMADI PRESENTS

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The Art of Paying a Compliment

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I was closing the lift door when I saw this gentleman approaching and I held it open for him. Giving me a friendly smile, he recognized me as a *Jaathwala* and introduced himself. “**My name is Talgery**” I reciprocated.. “**You gave talk at the Math, last week, didn’t you?**” he asked. “**No, That was my brother**” I replied. “**Ah, You must be the writer**” he nodded knowingly. Just then the lift stopped and he stepped out and disappeared.

Now, I am no great shakes as a writer. Everyone knows that. But someone calling me a “**Writer**” because what he read had made an impression strong enough for him to remember my name. Imagine what that simple remark did to my morale – **Straight up to the seventh cloud, non-stop**. Many who read my contributions to the Canara Union Newsletter or the Kanara Saraswat, including a few total strangers in places like the United States, Australia and of all places, Suva in Fiji, make it a point to tell me to keep writing,. This encourages me to churn out the stuff for the consumption of my small fan club.

The Saree is undoubtedly one of the most elegant forms of attire. It is not the colour, pattern or border but the way a lady drapes it and carries herself that makes the difference. I happened to meet this enchanting vision at a party in Hyderabad. The young lady is my daughter Deepas’ friend. Elegance and grace was personified in this magnificent example of Indian womanhood. She was wearing a simple, printed cotton. What made her stand out was the way she wore it and carried herself. Without a second thought I walked across and complimented her and her lucky husband. During our visit to the US, I used to go for the morning drive when Sulatha, Gautam’s wife took the children to school. Sachin’s teacher, a very smart young thing, blessed with a face that brightened even the cloudiest winter morning, was always there to receive the children and their parents before the bell. One day I told her that she is one of the most elegantly dressed persons I have met. You should have seen the glow of happiness on her face

as she went about telling her colleagues about my compliment.

Very often I get an opportunity to listen to good speakers. The speaker’s personality, knowledge, language and delivery are features that impress the audience. Why not go across and tell him at the end of the programme? The same goes for music. If you really enjoyed the concert, your appreciation does wonders to the artiste. Even in our daily life, telling the wife that something she cooked was really delicious, is something we rarely remember to do.

Compliments can be silent – paid without a single spoken word – and spontaneous. We were entertaining a business associate at a swanky place in New Delhi where I ordered a Bloody Mary. I took a tentative sip and found that it had been assembled to perfection, (something very few can do) and my eyebrows went up unconsciously. When I looked up, I saw this steward standing at a distance, doing an *Aadaab* (raising his cupped palm to his face) in acknowledgement. Many years ago, I had an excellent meal at a restaurant called The Pandal in Ernakulam. Before calling for the tab, I made it a point to have the chef (a young intern) paged and complimented him – something like the Mainland China ad on TV. I could see the man literally floating back to the kitchen with his feet hardly touching the floor!!!.

There are two things. about paying and receiving compliments. Never hesitate or postpone offering it. Most important is its sincerity. Second is how to accept a compliment. A simple Thank you is most gracious. Nearly 40 years ago, in December 1973 to be exact, the Principal of Administrative Staff College in Hyderabad came up to me and said in his clipped accent

“**I think you spoke rather well**”. I had delivered the keynote address at a national convention earlier that morning. The compliment coming from such an eminent person left me totally nonplussed and I did not know how to react. When I recovered, I responded with a **Thank you sir**, for want of

something better to say. Children perform better with a timely word of praise. Even the God almighty can be pleased, (according to our *puranas*) when the prayer (read praise) is true and sincere.

Have you noticed the difference, a plain "Thank you" can make when a courier delivers a document or before a taxi or auto drives off after dropping you? That "Thank you" is a compliment you pay for services rendered. It is an inexpensive and harmless gesture that makes a fellow being happy and an incentive to make him do better.

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Sri Sita Rameshwar Temple, Karwar

CHAITANYA NADKARNI, GOREGAON

Karwar, is in the North Karnataka close to Goa, a natural Port since the British era and prior to that. Once, it was inhabited by large number of Amchi, Saraswat Families and even today Chitrapur Sarswats are known as Karwaris. It had attracted the attention of the then rulers for its accessibility with natural harbour. In those days the transportation of goods and people was time consuming and tedious too. There were no good roads, no bridges over the rivers, and the distance that we cover now a days by road used to take days weeks and perhaps months too! The only fastest conveyance then, was the sea route, and hence Karwar became an important port. Karwar, then was in Bombay Presidency under British rule. Agriculture and fishing were and are the two main occupations of this place.

Karwar then had educational and judicial facilities which covered Bhatkal and beyond (NK) in those days of 18th century, probably the reason why most Saraswat Brahmins made their homes in Karwar, in those days! Sri Sita Rameshwar Temple was built somewhere during this period. Vedmurthy Sri Manjunath Bhat was the purohit of this temple during mid-eighteenth century. He was very learned and respected in the society being generous and a great helping hand for all the needy students of academics or of vaidik studies.

Though the numbers of Amchi Families have dwindled now, except a few like Mallapur, and Balvallis the Glorious Sri Sita Rameshwar temple , a witness of this era stands strong even today. The Temple Trust is manned by Amchis even today but the temple doors are open to all the locals who visit the temple with great reverence and love. As the name suggests the temple has vigrahas of Godess Sita, Lord Rama and Lord Shiva. Facing this temple on the other side of the road is a temple of Sri Hanuman with folded hands in saluting posture, facing Sri SitaRam. The people here believe that here exists a vibrant Power of God!

The festivals of Ram navami and Hanuman jayanti

are celebrated with the participation of the locals. The daily Viniyogas are performed by Ved. Purandar Bhat. Late evening many devotees attend the Ashtavidhana pooja. The Trust is now under the Chairmanship of Shri Narayan Mallapur. Karwar is once again getting importance, after, the Indian Navy has established its base for its strategic importance.



<<<>>>

OBITUARY



12th June 1919 to 27th August 2012

Wife of Late Dr. Shankar Rao Savur

Missed and Fondly Remembered By:

Children, Grandchildren, Great-Grandchildren

Savur and Padbidri Families,

Relatives and Friends

50th Death Anniversary
23rd August 2012



Nagesh Atmaram Shirali (Baddukuli)

Each Day of the last 50 years since you left us on 23rd August 1962, we have experienced that you are with us always to support and guide.

You are also remembered by every member of Bhanap Community as a saviour of 'Guruparampara' with your Anjanvidya at the tender age of 10 years which has made our family immortal in the annals of history with the mention in 'Shri Chitrapur Guruparampara Charitra' (Adhyaya 49, page no 426-429).

The 'Punyasanchay' of your good deeds and devotion to 'Shri Shantadurga' has helped us achieve our goals in our life.

Fondly remembered by

SONS – Atmaram Shirali (Prakash), Dr Ghanashyam Shirali

DAUGHTERS – Mangala Mavinkurve, Kavita Adur (Mino)

DAUGHTER-IN-LAW – Radhika Shirali

SONS- IN- LAW – Shantamurthi (Prakash) Mavinkurve, Pradip Adur

GRANDDAUGHTERS – Yamini Nagar (nee Shirali), Rutuja Shirali, Kusumita Shirali,
Mrudulata Shirali, Namita Adur,

GRANDSONS – Yatin Mavinkurve, Vinit Adur

GRANDSON-IN-LAW - Ashish Nagar

GRANDDAUGHTER-IN-LAW. – Yuvika (Pooja) Mavinkurve

Leadership

ARJUN HEMMADY, MUMBAI

Human beings generally like being in a position of power and will usually grab every opportunity to do so. Back in the days when I was in Junior College, I was fascinated by these big words like “Management”, “Process” and “Leadership”. I read quite a few books on them and to be honest, they just confused me further and further.

In the years when I was doing my Articleship I was working in a CA's office where I was the junior most and generally the most inept member of the team. But after completing my Articleship, I took up a job. There I was placed in the unfamiliar situation where there were people on the team less qualified and experienced than me. That was the first time when I was the person they looked to for answers. Later on, I was given positions of greater responsibility. I won't say that I was the leader, but there were other people on the team who were “junior” to me. And one fine day, I and a colleague of mine were entrusted to handle an assignment. It is in times like these that we realise how absent minded we were earlier. I believe that we did many things during working without actually thinking why or how we were doing them, because there always a “senior” with us who would guide us and complete that piece of work if we couldn't.

It took a day or two for me and my colleague to settle into the role, but we had done that assignment before, so we broadly knew what was required of us. I had to explain how to complete reports and worksheets to my colleagues and later check if they were correct or not, solve their queries and also interact with the client. To say the least, the liabilities of being a “leader” did seem greater than the benefits in the first few moments.

It was then that I developed my own philosophy of “leadership”. I believe that our past plays a big influence on the way we behave in the present and because the struggles and misunderstandings I had with my colleagues in my Articleship days were

fresh in my mind, I understood the mindset of my colleagues. I realised that the “leader” needn't be the most knowledgeable or talented person on the team. Instead, he must be someone who understands people and their mindset, be open to ideas from them and be able to think on his feet.

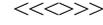
But most importantly, I believe a “leader” must be someone who **commands** the respect of his team members and not **demand** respect. A “leader” must trust his colleagues because that's the only way he can get work done from them in the long run. Fear is not a way to instill faithfulness. Fear is a negative emotion and affects our mental capacity. If you are afraid of your team leader, your performance will not be as good as it will be if you respect him. Genuine respect is a beautiful emotion and really lasts long. And to make others respect you, it is extremely important for you to respect them especially if they are your “juniors” because after all, all of us have started being a “junior” to some “senior”.

There are different kinds of leaders. Some dominate while some are laid back. A true “leader” does not feel the necessity to remind his colleagues that he is “in charge”. He is someone who inspires confidence and not fear in his team members. He is someone who is firm without being loud and friendly without being lax. He is that person with whom you can discuss your doubts and stresses without the fear of being ridiculed or put down, but at the same time someone in front of whom you don't want to put an incomplete report. A true leader is someone who calms your nerves and not someone who is the cause of your high blood pressure.

To sum up, I would like to explain the word “educate” which is derived from the Latin word “educare” which means to “lead out”. In it's true meaning, to “educate” means to bring out something from within oneself. One truly learns something when one teaches it to someone else. And when can you do that? Only when it comes from within. I believe

that “leadership” is something that must come from within us. It is a philosophy which gradually shows itself from inside us. It best learnt from experience and having an open mind and respect for others. Some

things are learnt the best “on the job” and not by reading hundreds of pages of literature on the subject. “Leadership”, I believe is one of them.



Down Memory Lane

Unforgettable Experiences of My Childhood

SMT. SHRIKALA KOWSHIK, ANDHERI (WEST)

I was born in the Bailur family in Sirsi town, a town famous for the ancient Goddess Marikamba Temple.

My father Late Shri Shridhar Rao Sheshgiri Rao Bailur was a great humanitarian. His great dedication and fondness towards Society was commendable. He was greatly influenced by the Satyagraha movement at an early age. At the young age of 25 he left his ancestral business and joined Mahatma Gandhi’s Non-Cooperation Movement. As a member of Indian National Congress he always wore khadi kurta, dhoti and topi. During Satyagraha movement he was jailed in Karwar on 7th August 1930 and was later transferred to Belgaum Jail. After Independence he joined the Sarvodaya movement started by Acharya Vinoba Bhave. I too was a member of the Sarvodaya movement and gave my squirrel’s contribution in it, holding my father’s finger. At the time of “Bhudana Yajna” movement Acharya Vinoba Bhave and his followers visited our house to take rest and food. This was a most memorable day for me. Their food was meager - only 4 parts of a Jawari Bhakri and leafy vegetable bhaji without garlic and onion and chilly.

Every year on January 26th and August 15th my father would hoist the Indian Tricolour early in the morning. We would sing the National Anthem first at our house and then in school. After Independence Chacha Nehru and Indira Gandhi visited our town to show respect to freedom fighters. At that time my father felicitated Nehru with a garland and as a tiny girl I was fortunate to give a bouquet to Smt Indira Gandhi. At that time she was a very young and slim girl with short hair. I still remember vividly that moment and place. It was on the Shri Marikamba Temple stage and my father gave a

memorable speech.

My father was well versed in many languages. He stood first in matriculation examination in entire Karwar district. My kind and humble mother Prema (nee Leela Nadkarni) was married at an early age. With encouragement from my father she finished her studies after marriage. They both passed Hindi Kovid exam which was held in Karwar district with flying colours and were honoured with shawls.

It was my father’s passion to serve Society. Education to the poor was one of the areas in which he worked. My father initiated education courses by correspondence. Needy women, who could not complete their studies could complete their studies and get jobs to support their families. He was a founder and director of the progressive high school which was behind the Marikamba Temple premises. He also started a Granthalaya in the temple when he was a manager at that temple.

He was a writer, philosopher and a guide and great speaker too. He was also a guide to all who ever came to him seeking help. He was a social reformer who stopped the age old tradition of animal sacrifices at the temple.

During his lifetime he wrote many articles in Nandini, Navchetana, and Sai Sudha, a monthly magazine under a pen name “Vineet”. Whenever Kannada writers were in Sirsi they spent some time with my father to share their thoughts.

He was always soft spoken. No one saw him getting angry or speaking in a high tone. He loved everyone equally. These qualities earned him respect from all. Lovingly he was called “Bailur Master” as he always went out of his way to impart knowledge to everyone.



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SAD DEMISE AT PUNE



Shalini Idgunji (nee Kalbag)
(20th November 1936 - 28th July 2012)

Most lively and jovial personality in the family
Motto: Don't worry, Be Happy. Make others happy.

Deeply mourned by Husband: Suresh Idgunji
Daughter: Supriya, Son-in-law: Pawan, Grandchildren: Varun, Tanmaya

Fondly remembered by:
Idgunjis, Bhatnagars, Divgis, Kalbags, Haldipurs, Pandits, Gavankars, Patils
Relatives and Friends



SHRI. BALCHAND JAYRAM SUJIR

left for his heavenly abode after a prolonged illness

on MONDAY 13th AUGUST, 2012. Age : 62 Years.

MAY HIS SOUL REST IN ETERNAL PEACE. !

Deeply mourned by :

Usha (Wife)
Ruchira Sequeira nee Sujir (Daughter),
Melwyn Sequeira (Son-in-Law)
Myiesha Sequeira (Grand Daughter)
Omkar (Son)

॥ स्मरणाशिष ॥

(24th Birthday Remembrance)

यशोदा अरुण बळवळिळ

(१९-०९-१९८८ - १८-०२-२०१२)

सदा सुहास्यवदने
मृदु मधुर मित भाषिणी ।
सद्योजात कृपास्नाते
परिज्ञानाश्रम वरप्रसदिनी ॥

देवी दुर्गापरमेश्वरी
पूजारत दिव्य सायुज्य पदगमने ।
भवानी शंकरी भुवनेश्वरी
श्रीचरणाश्रिते परिपूर्णे परम पावने ॥

पूजा कैकर्य साधना निरत
तूं पावलि मोक्ष स्थानाक ।
भक्तालें भाग्य भगवतीलें न्याय
निगूढ एना कोणाले गमनाक ॥

‘यशू पोरा, आजि तुगलो जन्म दिवसु-तुगल्या अनुपस्थितींतु ।
आम्माले आशीर्वाद हस्तांक पावनात्तिले तिल्ले सुदूर
तुगलें प्रस्थान जाल्यां - महादेविगल्या मूल स्थानाक,
सद्गतीक, मोक्षाक । तुगल्या दिव्य स्मृतींतु हे आम्माले
हृदय भार - भावविभोर, श्री गुरुपरंपरा, कुलदेवता,
महागणपति नमन पूर्वक प्रेम सुमनाशिष, शीतल स्मरणाशिष ।

- आम्मा, पप्पा



Fondly remembered by :

Brothers – Suraj and Sumeet

Uncles, Aunts, Cousins, Grand Mother

Friends and Relatives



Pitradevo Bhava – A Loving Tribute to our FATHER

The vedic mantra given besides the photograph of our dearest father on the adjoining page invokes divine blessing for a long span of life a century – lived in a spirit of Yajna. We are truly thrilled that this blessing will come true in the case of our father on 11th October 2012. On that day he will join the select band of Bhanap centenarians.

Born at Mangalore on 11-10-1912, the auspicious Navratra Ghatasthapna day, our father was the second child of Haribhakti Paraayana Shri Shivananda Bhatji and Smt. Ramabai. The family was steeped in spiritual tradition. Our great-grandfather Ved. Parameshwar Bhatji lived at Gulvady, rendering devoted service in our temple there. Later, he moved over to Mangalore and was a practicing Purohit. Our grandfather, revered Shivanand Bhatji was well-versed in Sanskrit and Vedic lore and was a very popular kirtankar. His mantle as a Kirtankar was inherited by our dear father.

A student of the well known Ganapathi High School in Mangalore, our father, a matriculate of good old days, began his worldly career with a stint in business. With his like-minded friends he set up printing press in Mangalore. Later, due to financial crunch, the business had to fold up. He is one of the founder of YCSA, Mangalore. This organization, committed to social service, is still active in Mangalore.

A man of very few wants, our father found the fulfillment of his life in devoted service at Sri Rama Mandir, Mangalore. This temple founded by our grandfather here remained as the fountainhead of his inspiration, Till a few years ago, he was personally offering Pooja to Sri Rama, his Ishthdev, daily with meticulous care and devotion. He picked up the basic of Kirtan, a glorious art, from our grandfather and enriched it with music, having learnt it from late Ramadas Beilengedi of Bangalore. Kirtan is a beautiful blend of music, philosophy and story-telling. To hone his skill as a Kirtankar, our father delved deeply into Kannada Haridas Sahitya. He also studied the Marathi Santa Saahitya, the devotional compositions of Sant Tukaram, Sant Jnanadev etc. he has abiding fascination for Samartha Ramadas particularly because of his devotion to Sri Rama. He still knows by heart many abhangas and composition of purandara dassa, Kanaka dassa etc.

His spiritual bent of mind and his talent as a Kirtankar caught the eye of P. P. Swami Parijnanashram. At His request, our father performed several Kirtans in the august presence of Swami P. P. Anandashram and received His blessings. In the 1970s, our father also served Shri Chitrapur Math as Dharmapracharak, moving from place to place, wherever invited, and spreading the gospel of God through kirtans.

*As the golden day- 11th October – draws near, we fondly remember our dearest **Amma**, Sharadabai, who left for her heavenly abode a few years ago. How we wish she, too, was in our midst to share in our collective joy and jubilation!*

We have scheduled a small family get-together with close friends and well-wishers at Samadhi Math Mangalore on 3rd October 2012 and our P. P. Swamiji has kindly consented to grace the occasion and bless dear father.

*We are grateful to God and our glorious Guruparampara for blessing our father with a long lease of life and continued good health. We are also blessed to have this rare privilege of rendering **Pitra-Seva** for so long. May dear father continue to play the game of life even beyond a century!*

Wishing you, dearest father, many many happy and healthy returns of the day.

With deep respect and love

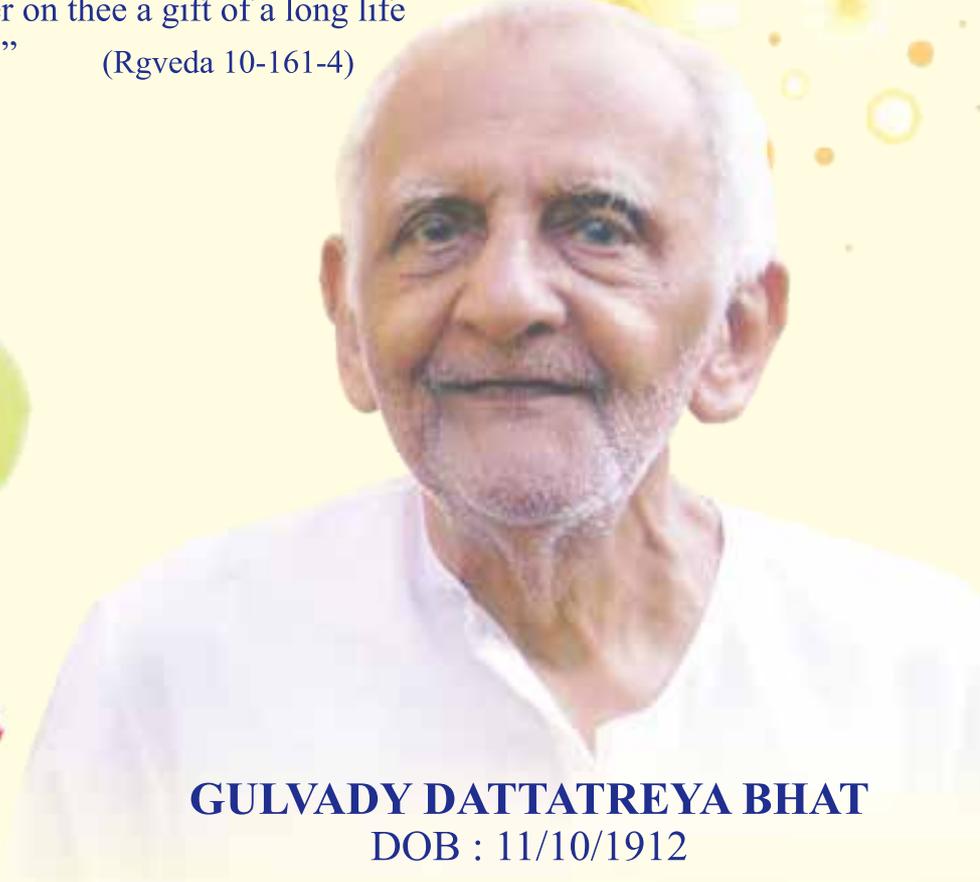
*Children
Grand Children
Great Grand Children*



श्री राम! जय राम! जय जय राम!!
॥ श्री गुरुभ्यो नमः॥

शतं जीव शरदो वर्धमानः शत हेमन्तान् शतमुवसन्तान् ।
शतमिन्द्राग्निः सविता बृहस्पतिः शतायुषा हबिशेमं पुनर्दुः ॥

“May thou prosper for a hundred autumns, a hundred winters and a hundred springs. May Indra, Agni, Savita, Brahaspati confer on thee a gift of a long life spanning hundred years.” (Rgveda 10-161-4)



GULVADY DATTATREYA BHAT
DOB : 11/10/1912

- Ramdas Gulvady, Sujata Gulvady, Ratna Kodikal, Gyanesh Kodikal, Baby Gourita, Bhavana Deshpande, Prasad Deshpande, Baby Sia
- Omkar Gulvady, Sangeeta Gulvady, Abhang Gulvady, Swati Gulvady, Bhageshri Karkal Pratik Karkal
- Mangaldas Gulvady, Shobha Gulvady, Amrita Gulvady
- Geetha Moodbidri, Ashok Moodbidri, Dr. Akshatha Garg, Dr. Anurag Garg, Master Anirudh Master Amulya, Anantanand Moodbidri, Avani Moodbidri, Baby Ashlesha
- Deepalaxmi Mangalore, Sunil Mangalore
- Savithri Gunavanthe, Gurudatta Gunavanthe, Aditya Gunavanthe, Ashwini Gunavanthe

Relatives & Friends

Our Successful Students

10th Standard



Abhinav Shirur
(SSCE) - 94.55%



Ahana Rao (Gulwadi)
(CBSE) - 93.1%



Amruta Burde
(ICSE) - 92.57%



Ananya Dhareshwar
90.36%



Chinmay Karnad
(CBSE) - 94.4%
CGPA grade 10



Gauri Sanade
(ICSE) - 94%



Kaivalya Nadkarni
(SSCE) 94.73%



Karthik Rao (Manel)
(SSLC) - 97.44%



Neeti Yellurkar
(ICSE) - 93.2%



Nidhi Honawar
(SSCE) - 63.64%



Pratik Mangalore
(ICSE) - 95.14%



Praveen Nadkarni
(SSLC) - 96.96%



Rucha Baidur
(SSCE) - 87.45%



Sachi Koppikar
(SSCE) - 94.18%



Sakshi Kalyanpur
(SSLC) - 94.08%



Shriya Rao
(SSCE) - 93.27%



Sonya Yedery
(CBSE) - CGPA - 9.0



Srujan Shukla
(SSLC) - 92.96%



Tanvi Anand
(ICSE), - 90%



Vrushali Hatangadi
(SSCE) - 94.36%



Yash Trikannad
90.36%

Our Successful Students (Contd.)

12th Standard



Abhinav Hoskote
82.33%



Amruta Basrur
(Science)- 77.83%



Anushree Basrur
(Science) - 93.83%



Dhwani Padukone
(CBSE) 94%



Pavan Kapnadak
(CBSE) - 96%



Ritika Pandit
(Arts) - 86.67%



Sachi Mavinkurve
(Science) - 90.67%



Sanket Hoskote
- 91%



Shwetha Taggarsari
(Commerce) - 87%



Soumil Heble
CBSE - 91.2%



Tanvi Gangavali
(Arts) - 81.67%



Amogh Aidoor
(Commerce) - 85.71%



Archana Balwalli
- Masters in Financial
Management - 88%

Graduates and Post-graduates



Neha Pai
(Commerce) - 87.28%



Sarvesh Hattangdi
(Commerce) - 80.57%



Saumya Bailur
(Commerce) - 90.43%



Shweta Nadkarni
(Commerce) - 80%



Sumati Mavinkurve
(Commerce) - 79%

Our Successful Students (Contd.)

Graduates and Post-graduates



Arti Chandavarkar
(Engineering) - 71.1%



Mili Taggarsri
(Engineering - Telecom-
communication) 100%



Sumeet Balwalli
(Engineering) - 78.13%



Dipali Taggarsri
(Medicine) - 75%



Dr. Shefali Abhishek Nerurkar - M.D. 1st Rank -573/800



Pracheeti Nadkarni
C.A - Grand Total -
407



Namrata Dutt (Udiaver)
Bachelor of
Physiotherapy - (79%)



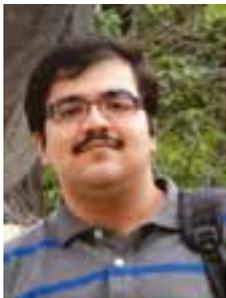
Rujuta Murdeshwar
B.Pharma - 72.9%



Akshay Manjeshwar
Masters in Management in
Information Science - 3.9/4



Dr. Niyati Balse -
BDS - 1st Class



Gurucharan Karnad, son of Shri. Vijay Karnad and Smt. Veena Karnad, Bangalore has been awarded the Erasmus Mundus Master of Nanoscience and Nanotechnology

Consortium Scholarship to pursue MS in Nanoelectronics at KU Leuven, Belgium and Chalmers University of Technology, Sweden within the framework of the Erasmus Mundus programme.

Further, in recognition of his academic excellence, he has been awarded a Travel Grant by the Tatachem Golden Jubilee Foundation to support his MS.

He had earlier completed his B.Tech from Amrita Vishwa Vidyapeetham in 2010, securing Distinction and had since been working on Research and Development of MEMS devices at the Indian Institute of Science (IISc), Bangalore.

Yuvadhara Goes Green!



Dr. and Mrs. Mankekar
actively participating



Yuvadhara-Vruksharopana Toli (Report on page 57)

We congratulate Our Successful Students!!

10th Standard

- Abhinav Ajaykumar Shirur**, Kolhapur (SSCE) - 94.55%
Ahana Anoop Rao (Gulwadi), Ahmedabad (CBSE) - 93.1%
Amruta Sunil Burde, Mumbai, (ICSE) - 92.57%
Ananya Anand Dhreshwar, Mumbai - 90.36% 99/100 in Sanskrit, Topper in School (Dr. Radhakrishnan Vidyalaya, Borivli)
Chinmay Sumant Karnad, Nagpur (CBSE) - 94.4% CGPA 10
Gauri Shashank Sanade, Bangalore (ICSE) - 94%
Jyotirmayi Sudhir Rao, Mumbai - 78.60%
Kaivalya Ravindra Nadkarni, Mumbai (SSCE) 94.73%
Karthik Rao (Manel), Dongerkery, Mangalore (SSLC) - 97.44%
Neeti Dhananjay Yellurkar, Mumbai (ICSE) - 93.2%
Nidhi Anand Honawar (SSCE) - 63.64%
Pratik Prasad Mangalore, Mumbai (ICSE) - 95.14%
Praveen Jaibharath Nadkarni (SSLC) - 96.96%
Rucha Deepak Baindur, Mumbai (SSCE) - 87.45%
Sachi Ranjit Koppikar, Nasik (SSCE) - 94.18%
Sakshi Govardhan Kalyanpur, Bangalore (SSLC) - 94.08%
Shriya Bharat Rao, Mumbai (SSCE) - 93.27%
Sonya Ravindra Yedery, Mumbai (CBSE) - Cumulative grade point average - 9.0
Srujan Jayadev Shukla, Hubli (SSLC) - 92.96%
Tanvi M. Anand, Mumbai (ICSE), - 90%
Vrushali Saikrishna Hatangadi, Mumbai (SSCE) - 94.36%
Yash Shrikant Trikannad, Mumbai - 90.36%

Higher Secondary Examination (12th Standard)

- Abhinav Gurucharan Hoskote**, Mumbai (Science) - 82.33%
Amruta Gurudutt Basrur, Mumbai (Science) - 77.83%
Anushree Anil Basrur, Kumta (Science) - 93.83%
Dhwani Pradeep Padukone, Chennai (Science) - 94%
Divya Gurucharan Tonse, Vashi, Pune Univ. - 87% (Commerce)
Pavan Kapnadak, CBSE (Science) - 96%
Ritika Hemant Pandit, Pune (Arts) - 86.67%
Sachi Anil Mavinkurve, Mumbai (Science) - 90.67%
Sanket Hoskote - 91% (Commerce)
Shubhankar Ravishankar Jothady, Shimoga - 67.5%
Shwetha Gowtham Taggarsari (Commerce, PUC II) - 87%
Soumil Krishnanand Heble, Vapi Valsad, Gujarat (Commerce) CBSE - 91.2%
Tanvi Vinay Gangavali, Mumbai (Arts) - 81.67%

Graduates/Post Graduates Bachelor of Commerce

- Amogh Pradeep Aidoor**, Mumbai - 85.71%
Neha Vishnudas Pai, Mumbai - 87.28%
Sarvesh Suresh Hattangdi, Mumbai - 80.57%
Saumya Sharad Bailur, Mumbai - 90.43%
Shweta Vinay Nadkarni, Mumbai - 80%
Sumati Nandakumar Mavinkurve, Kumta - 79%

Chartered Accountant

- Pracheeti Ravindra Nadkarni**, Mumbai - Grand Total - 407

Bachelor of Mass Media

- Neeraj Harish Chandaver**, Mumbai - 70.08%

Bachelor of Engineering

- Arti Chandavarkar**, Mumbai - 71.1%
Mili Anand Taggarsari, Bangalore (Telecommunication) 100%
Sumeet Balwalli, VTU Belgaum - 78.13%
Masters in Management in Information Science
Akshay Subhash Manjeshwar, Texas - Score 3.9/4

MBBS / M.D.

- Dipali Anand Taggarsari**, Bangalore - 75% Awarded with Gold Medal for Surgery.
Dr. Niyati Satish Balse, Mumbai - BDS - 1st Class
Dr. Shefali Abhishek Nerurkar (nee Shefali Suresh Trasi) M.D. Dermatology - Venereology , Hepatology - 1st Rank - 573/800 Board : Bharati Vidyapeeth, Pune

Bachelor of Physiotherapy

- Namrata Vivek Dutt (Udiaver)**- stood first consecutively for four years at TMV,Pune, 79% in the final year.

Bachelor of Pharmacy

- Rujuta Gautam Murdeshwar** - 72.9%

Masters of Financial Management

- Archana G. Balwalli**, Bangalore - 88%
Currently working at Analyst at ANZ Bank (Australia and New Zealand Banking Group)

Suburban Music Circle, Santacruz, Celebrates its Platinum Jubilee

SMT. L.V. NAYAMPALLY, HON. SECRETARY, SUBURBAN MUSIC CIRCLE

The Suburban Music Circle is one of the oldest Music Circles in India. It was founded on 20th October 1936, by ardent music lovers and stalwarts of Bhanap Community. It recently celebrated its Platinum Jubilee.

On 22 February 1937, the Circle was formally inaugurated at the hands of Mr. Brijmohanlal, (then J.P., Chief Judge, Small Causes Court, Bombay), with a divine music performance by Gaankokila, Late Vidushi Hirabai Barodekar. After that, there was no looking back. Important milestones like the Silver, Golden and Diamond Jubilees were celebrated by enthusiastic music lovers. The Circle, thereafter, reached one more significant milestone of its successful journey in 2012: The Platinum Jubilee.

The year ending February 2012 witnessed 18 programs including two brilliant concerts by stalwarts of the Hindustani classical music – this was way beyond the usual 8 or 10 concerts presented each year. In keeping with their policy, they accommodated renowned artistes in Hindustani Classical music – both vocal and instrumental; such artistes as were acknowledged by the cognoscenti.

The celebration of the Platinum Jubilee Year sparked off with its first program on the 10th April 2011: a vocal concert by the modest and dignified Vidushi Padma Talwalkar.

On 15th May, petite Smt. Manjusha Patil, packed with a powerful voice, proved beyond doubt that amazing results can be achieved when talent is combined with riyaz.

On 5th June '11, the Circle featured Dr. Jyoti Kale, disciple of Vidushi Manik Bhide.

On the 3rd July '11 the Circle organized a flute recital by Pandit V. G. Karnad, He is one of the oldest disciples of the late Flute maestro Pandit Pannalal Ghosh whose Birth Centenary was being celebrated last year.

On 17th July '11, Smt. Maya Dharmadhikari and her group of 4 vocalists presented a very delightful

concert with a difference, explaining the nuances and depicting the varieties of Raag "Nat".

On 18th September '11, Smt. Vrinda Mundkur, an established vocalist from Agra Gharana, regaled the listeners with elegant compositions in rare Raags like Purva and Chhayana, Jhinjoti and Sohoni culminating in Bhajan in Bharavi replete with devotion. On 9th October '11, Smt. Manjiri Asanare-Kelkar presented Sampurna Purva, really an "Apurva" – a rare composition followed by presentations in Tilak Kamod and Bageshree, leaving the listeners spell-bound.

A special programme "Baal Sageet Sabha" was organized on Sunday the 13th November, '11, featuring budding artistes in age group of 10 to 16 yrs. - Dipthi & Trupthi Shenoy (12) - Tabla-duet, Pushkar Bhuse (12) - Tabla solo, Mandar (15) - Harmonium solo and Chintamani (12) – Tabla accompaniment (Warankar Brothers), Adwait Kashikar (10)- flute solo, Noopura Kulkarni (11)- Vocal, Gandhar Deshpande (16) –vocal. All the artistes rendered excellent performances proving their mettle as future professionals. The introduction of Baal Sangeet Sabha was appreciated by all the members as it provided an opportunity to budding artistes to showcase their talents on a recognized platform.

On 27th November Ram Krishna Math was charged with the soothing and pious notes of the Rudra Veena of Ustad Bahauddin Dagar (belonging to the 20th generation of Dagar Family). The recital commencing with Komal Rishabh Asavari, rising steadily to culminate in Shudh Sarang, held the audience enthralled all the while.

On 11th December, Shri Raghunandan Panshikar, a noted disciple of Gaanataswini Padmabhushan Smt. Mogubai Kurdikar and her daughter Padmabhushan Kishoriji Amonkar, rendered a memorable concert in Raag Puriya Dhanashri and Bhoop concluding with the soul-stirring Bhajan 'Padmanabha Narayana'

The Circle celebrated the Birth Centenary of the

legendary Flautist Late Pandit Pannalal Ghosh and also paid a fitting tribute to Late Pandit Devendra Murdeshwar, by presenting his well-known disciple, Lyon Leifer. The latter's pleasant rendition in Raags Marva, Jhinjoti, Bageshri, Kedar and light pieces in Bhatiyali and Piloo, created a soothing atmosphere in the auditorium.

On 8th Jan. '12, the A.S. Rao Birth Centenary Program which SMC celebrates as Youth Festival, witnessed young artistes (in early twenties).

On 12th Feb. '12, Smt. Tulika Ghosh, the talented daughter of Padma Bhushan Pt. Nikhil Ghosh, performed with great skill combining the aesthetic aspects of various Gharanas like Agra, Atrauli and Benaras in Raag Bhairav, Bilaskhani Todi and Alaihya Bilawal. Her Raag – Mala kept every listener glued to the seat.

The Circle also organized two listening sessions with Audio-visual presentations on the 'Living legend': The Pravaad Purush - Pt. Bhimsen Joshi, by Dr. Suresh Chandvankar, on 14th August '11 and 'Gharanas Demystified'- a survey of some important Gharanas in Shastriya Sangeet, by the well-known Bhanap music critic and musicologist Shri Prakash Burde.

On 4th March '12 Paul Grant, a hard-core researcher and a life-long learner who had had 35 years of training under Gurus in India, specifically in Kashmir and Iran rendered a Santoor recital, with full involvement, pouring his life and soul into his rendering of Jaunpuri and Charukeshi. He created the right mood in the pious surroundings of Ramakrishna Math.

At the culmination of the Platinum Jubilee year, two concerts were organized on 18th and 25th March: a vocal recital by Pt. Madhup Mudgal and a Sarod recital by Pt. Basant Kabra. Pandit Madhup, an ardent disciple of Kumargandharva and The Principal of Gandharva Mahavidyalay, Delhi, charmed the audience with rare Raags like Shree and Shree-Kalyan and a pleasant Hori Geet. The concluding Platinum Jubilee performance by Pt. Basant Kabra was a treat with presentations in Raags Bhimpalas,

Purya Dhanashree, Desh and Jila Kafi.

The President of the SMC, Shri N. S. Rao, released a Souvenir to mark the Platinum Jubilee year. Shri N. S. Rao who has been a guiding spirit and a perennial source of inspiration to all, was the right choice for releasing the souvenir.

All concerts had one common attraction - our towering ever-smiling Chairman, Shri G K Nagarkatti. He is known for his crisp introduction of artistes and the extempore concluding remarks.

DONATIONS RECEIVED

Kanara Saraswat Association is grateful to the following donors:

CENTENARY FUND (HEALTHCARE FUND)

Deepa Kodikal Rs. 10000.00

(In memory of parents Late Bhavanishankar Laxman Bailur and Late Chitra B. Bailur)

Raja Kodikal Rs. 10000.00

(In memory of parents Late Venugopal Laxman Kodikal and Late Vimal V Kodikal)



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CONTACT

JAYANT NAYAMPALLI

10/27, Saraswat Colony, Talmiki Road,
Santacruz (W), Mumbai 400 054.

☎ 2660 8439 Mob: 98208 43717
email : jnayampalli@hotmail.com

Shatayu Sri Gopalkrishna Ramarao Shirale of Shakti Nagar, Mangalore

It is, indeed, a divinely blessed event that a Chitrapur Saraswat Brahmin Charity-Star, Sri Gopal-mam, (whom I lovingly call as Gopal-Anna), will be completing One Hundred Years of philanthropic life on 22nd October 2012. Born in Chitrapur, Shirali on 22nd October 1912 to pious parents, he completed education in 1930 with merit. He married Vatsala (nee Amlady) in 1937. At the age of 19, he was employed in the Lloyds Bank, Mumbai which later became ANZ Grindlays Bank and now Standard Chartered Bank. By dint of sincere, hard and excellent work for over 41 years, he gained rich expertise in banking services, developed Bank Deposits business and introduced systems for prompt recoveries of loans granted to big industries and Business Houses. He was deputed and given the responsibilities of opening Branches in Chittagong and Dhaka in Bangladesh and developed business there. For his business acumen, he earned several special incentives, from time to time. He was fast promoted to the cadres of Assistant Inspector, Inspector, and finally retired in 1972 in Madras (Chennai) Branch.



Gopalanna's 25 years in Chennai was historic. He is a devotee of Sanyasis and if any Sanyasi were to visit the city, he would organise Satsungs in his huge bungalow in Chennai. A large number of members of our community and even from other communities actively participated there. Parama Poojya Shri Anandashrama Swamiji and Parama Poojya Shri Parijnanashrama Swamiji visited Gopalanna's House. During Parama Poojya Parijnanashram Swamiji's Mathadhipatya, even the Mahasabha of our Shri Chitrapur Math was organized in Chennai under the leadership of Gopalmam. During his active service in the Bank, he worked in his spare time as a volunteer for the Chennai Saraswat Association and later on, became its Secretary and thereafter President for several years. He was the President of the Local Sabha of Chennai till 1972.

After retirement in 1972, he settled down to serve the Rama Shakti Mission, Shakti Nagar, Mangalore, as per the invitation extended by Shri Rama Devi. His wife Vatsalapacchi supported him in all the religious, social and philanthropic activities, till her sad demise in 1994 in the Rama Shakti Mission. In 1972, the Kanara Saraswat Association, Mumbai honored Gopalanna as an Honorary Member. He donated Rs.1,00,001 to the KSA's Centenary Fund in 2010-2011 and was the first person to donate to Shri Chitrapur Math in 1998, Rs.50,000 for the Annapurna Seva Scheme, in memory of his wife. None who approached Gopalanna for financial assistance has returned empty-handed.

In 1999 he was honored by the four Swamijeas, during the Vishwa Saraswat Sammelan, for rendering yeomen service to the Society at large, with a Shawl, memento and a garland at the Amritha-Hastas of Parama Poojya Shri Sadyojat Shankarashrama Swamiji in Mangalore. During the Sammelan, Gopalanna accommodate 10/12 delegates in the Shakti Mission.

It is said that in the Kali Yuga, the life-term of human beings is 120 years. So we all fervently pray to Lord Bhavanishankara, our Parama Poojya Guru Parampara to bless our Gopalmam/anna a long, peaceful, happy and philanthropic life to render charity and provide social services more vigorously to the society at large.

By Sri Kundaje Rajaram Rao of Kothrud, Pune-411038, and inputs from Sri. Ramkishore Yellor, Mangalore and Shri Satish Bijoor, Mumbai

Save Water, Save Your Children

ASHA GANGOLI, PUNE

The signs are every where. The earth, and more importantly, India, is fast losing its reservoirs of water, thanks to an ever growing population and the destruction of precious forest and living farmland in order to accommodate “development.” After every drought, when it rains we like to think that droughts are a passing phenomenon. Rain will always follow and we needn't really worry.

Fact is we do need to worry. Because if we don't worry we will never do anything about it. Because what we do today will make or break our children's future.

It is not true that our water reservoirs will always be replenished completely. With changing climate patterns, a population bursting at the seams, indiscriminate development and the disproportionate depletion of water, and an increasingly brazen water mafia, the hope of setting the balance right has never been more remote.

However, on our part we can help by conserving water as much as possible. And to do that we will have to change our life style, and to use less water than we are used to.

Here are some suggestions which I do try to put into practice, and I am sure all of us can, with just a little bit of effort. And with practice it will become a habit.

* * *

Try not to store more water than you can use. If any “stale water” is left over, do not throw it. Use it for flushing, swabbing, rinsing dishes, watering plants, etc.

After using the toilet for the ‘small job’, just use a mugful of water to flush. If the cistern has a reversible lever, press it for just two seconds and push it up again. Learn to tolerate a bit of a stink (if at all,) rather than waste water.

Turn the water off while brushing your teeth or scrubbing yourself, your hands or your dishes or clothes.

Try not to turn on the tap fully while washing. When I wash dishes water runs in a thin stream. It

neither hinders nor slows down the washing once you get used to it.

Dishes that are not too dirty can be rinsed out with minimal water and reused. I change my water glass after twenty four hours, unless there is particular reason to change it earlier. Entrée bowls look very pretty on the table, but think of how much water and detergent they use up in the wash. Unless the occasion is formal, it might not be a bad idea to plonk the pathila or kadai onto the table.

Try to have quick baths, using as little water as possible.

If clothes are hand-washed, the last wash water can be used for swabbing and rinsing. I know someone who collects used water from her washing machine to re-use for other jobs. We might need to do that very soon.

Collect wash water from vegetables/cereal, or from rinsing relatively cleaner dishes etc and use similarly where possible. Always keep a small bucket or tub at hand for the purpose.

If you happen to own an RO water filter, make sure you collect the so called dirty water which the manufacturers callously lead into your drain. It is not as dirty as they make out, and can certainly be used to flush or wash the toilet and the wash basin, and even dirty dishes. If you can help it, use an ordinary water ionizing filter, rather than an RO.

Re-use clothes at least twice over. If necessary, turn the kameez /shirt inside out and wash the under arms out in a little water in the basin and dry it out on a hanger. Do the same with any dirt that might have caught on the edge of the sari or salwar.

Use linen for as long as possible. We use ours for well over a month or two. Put a small piece of cloth or towel on the pillow, and under your feet, so that can be washed out a little more frequently rather than the whole sheet.

During lean periods, swabbing the house can be done alternate days, unless particularly necessary. Sweeping is usually good enough, except for the kitchen. Unless you have small children or pets.

Make sure taps are in good order and do not leak.

If you have a garden, water it carefully. Try and get a drip irrigation system in place. Do not water the lawn during peak summers. If you own a swimming pool, try not to change the water. Depend on the filter. When the water goes low, siphon it off and use it for your garden. The idea of private swimming pools in a country like ours, where people don't get drinking water, is anyway criminal.

If you see water going waste anywhere, try to stop it or report it to the people concerned. If you notice a tanker spilling water, call the number given behind the tanker and report it.

When we wash, not only are we using up water, we are also pouring detergents into the drains and sending toxins into our water bodies, which are the ultimate receptacles for all sewage. And it is this same water that comes back to us, filtered and treated, but never completely free of toxins. The more we wash, the more detergent and soap we use. The more detergent we use the more we poison ourselves.

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Educate your children, relatives, friends, neighbours and your helps, to be careful. Especially the first and the last. Teach them the importance of saving water. And the dangers of pollution. This has to be a continuous process, a way of life. And don't stop at your family. Pass the message on. Spread the word around. Do not ever give up.

Remember, we can live without gold and silver and fancy clothes and accessories. We cannot live without water. More than ourselves, we owe it to our children and to future generations to save water. Save water to save your child's future.

When I Write

It is usually a tribute to a feeling
that I am currently in
or one that just passed
leaving me on the shore of
a more peaceful place

Sometimes you may find
yourself in it
and sometimes
you may wonder
who caused the pain
Sometimes I write from
the lens of another
whose situation is
very inspiring
or thought-provoking
As when I wrote about
being released from
Arthur Road Jail
(never been there, magar yun-hi)
either way let it be
as I am letting you
live your life
by your rules
what else is there
but to observe and walk by
especially when
you chose that option long ago.
Stay safe
know that you too
are special
who caused the pain
or you who were the best friend
why wonder, if it was you
did I even once say your name?

Rashmee Karnad-Jani

बाई कधी रिटायर होते?

डॉ. सुनंदा कर्नाड, धारवाड

'आई रिटायर होते' हे नाटक काही वर्षांपूर्वी पाहिलं होतं. त्यात सुप्रसिद्ध अभिनेत्री, भक्ती बर्वे हिनं आईची भूमिका फार सुंदर रितीनं वठवली होती. हे आजही आठवतं. घरांतील सर्वांच्या गरजा न चुकता, न दमता सातत्याने पूर्ण करणारी आई जेव्हा 'रिटायर' व्हायचं म्हणते तेव्हा घरात किती 'कमोशन' होतं ते पाहिल्यावर वाटलं, स्त्रीचा जन्म काय 'काम, काम आणि काम' करण्यासाठीच होतो का, तिला विश्रांती नको? संसारिक गरजांचं ओझं तिने सतत वहायचं? शरीर, मन थकलं तरी तिने काम करितच राहायचं? आपणही 'रिटायर' व्हावं असं तिला वाटलं तर कुठं चुकलं? तिला जणू तो हक्कच नाही.

याउलट, पुरुषप्रधान हिंदू समाजात, पुरुषाचा जन्म अधिकार गाजवण्यासाठी, 'पत्नी' म्हणून घरात आणलेल्या स्त्रीला, आपल्या सर्व गरजा पूर्ण करण्यासाठीच असतो. कित्येक घरात पैशासाठी तिला मारहाण करून, जाळपोळ करून जगण्याचा हक्कही मिळत नाही. घराण्याला वारस न देऊ शकलेली स्त्री 'वांझ' म्हणून हिणवली जाते. केवळ मुलींना जन्म देणारी स्त्री अव्हेरली जाते. अशा स्त्रीला स्वतःचं असं अस्तित्व नसतंच, मग 'रिटायर' होण्याचं स्वप्न तरी कसं पाहणार?

शारीरिक आणि मानसिक ताप सहन करित, आपल्या मुलांना वाढवणं, त्यांच्यावर योग्य संस्कार करणं, त्यांना शिक्षण देऊन स्वतःच्या पायावर उभं राहण्यासाठी सक्षम करणं, हे सारं करते स्त्री आईच्या मायेनं! मुलाचं किंवा मुलीचं लग्न होऊन ती जीवनांत स्थिरावली म्हणजे उसासा टाकून ती म्हणते, 'सुटले बाई, माझ्या जबाबदारीतून मोकळी झाले.' आता तरी निवांतपणे स्वतःसाठी जगेन.' पण कसलं काय? नातवंड जन्माला आलं की तिचं काम पुन्हा सुरू! सून किंवा मुलगी 'सर्व्हिस' करते, बाळाला पाळणाघरांत कशाला, आई आहे ना घरांत बाळाचं सर्व काम करायला! ह्या अपेक्षा पूर्ण करायला आई पुन्हा पदर खोचून उभी राहते.

साठी-सत्तरी ओलांडतांना नातवंडं मोठी झालेली असतात. वाढत्या वयाची दुखणी सुरू होतात. आता तरी विश्रांती हवी-शी वाटते. पण घरात 'हे' असल्यास, त्यातून ते आजारी, अधू, मनस्वी असल्यास पुन्हां एकदा, आपलं वय विसरून बाईला 'तरुण' व्हावं लागतं. त्यांची सेवा, औषधपाणी, जेवणखाणं सारं काही करावं लागतं. 'म्हातारपण म्हणजे दुसरं बालपण' म्हणत, काही वर्षांनी मोठा असलेल्या आपल्या नवऱ्याच्या तालावर तिला

नाचावं लागतं. सांगणार कुणाला? एकूण 'रिटायर होणं' नशिबी नसतंच तिच्या. स्त्रीजन्मा ही तुझी कहाणी!

जग हे कसलें

जग हे कसलें - तांका पळौंक दी,
ज्ञान-विज्ञान- तांका मेळौंक दी!

गांवा-गल्ल्यांथावन-भोंवच्याक दी,
बरें कसलें-वायट् कसलें-चोंवच्याक दी!

बरें कसलें - ताज्जेबद्दल ज्ञान दी,
वायटाक सोड्चे कशी- ताज्जे भान दी!

मोगरो कसो हों पळे पर्मळता,
लोकांक तों निवळ सुख दीता!

"कारटाचे फळ कडसाण दीता,
मनीश कारटाक चिरडुता!"

"सूर्यदेव आमका उज्वाड दीता,
सान-हॉड ताक्का वंदन करता!"

पळौन-आयकून आमी शिकचे आस्ता,
पुण्याय कोर्नू - आमी जिरवचे आस्ता!

- सुधीर कोडकणी, मुंबई

जीवनज्योत तूं फुल्लय!

धवं धवं पत्तल निस्सुन,
इंद्रधनु मोरार बैसुन,
शारदे यो गो मोग करुक,
तुगेल्या चेर्डाक स्फूर्त दिवूक!

नित्य नेमान यों तूं आनी,
कानांत मगेल्या उल्लय,
मोगगान भरल्या नजरेन
पळौन आम्मा-जीवनज्योत तूं फुल्लय!

दीस वतात - विसरचो ना हांव,
साखरे उत्रांतुली ती गोडी,
कृपा अजुनी सरने तुगेली,
मोग्गाइतलींच ती होडी!

- सुधीर कोडकणी, मुंबई

आज इथे हे अमृतमीलन

कवी जनांचा मनोज्ञ संगम, भाव मनी दाटले
दरीं रसिकांच्या गर्दीने, मन हे हेलावले
काव्यवाचने करू या मिळुनी, सरस्वती-पूजन
श्रवणे जागवू भावबंध ही काव्य-वैखरी-सृजन

वसे शारदा कवि-जिव्हाग्री, राज्य कल्पनांचे
शब्दांची मग शिडी रचुनिया रिझवू रसिकांते
प्रतिभेच्या मृदू पदकमलांना स्पर्श करू आगळा
रसिक जनांच्या मनांत फुलवू जाई-जुईचा मळा

शृंगाराची लज्जत न्यारी करुणेची ती करुण कहाणी
वीरश्री तर खड्ग उभारी हास्य-रौद्र ही अपूर्व जोडी
भक्ती दाटे मनी विचारे आत्म्याचे करी उत्थान
उपदेशांचा करू या आठव होईल आत्मज्ञान

आठ रसांची सांगड घालू रस राहू द्या दूर भयानक
प्रतिभेच्या लखलखत्या स्पर्शे आनंदा ये पूर अचानक
केवळ पेय नव्हे हे नवरस पृथ्वीवरचे अमृतप्राशन
जमले कवी आणि रसिक जन आज इथे हे अमृतमीलन

- नारायण शां. शिराली, मुंबई

दुर्गा भागवत : एक गमतीची आठवण

ऑगस्ट २०१२ या अंकात दुर्गा भागवत यांचा सदानंद भटकळ यांच्यावरील लेख वाचून एक गंमत आठवली. सदानंद यांचा सत्कार करण्याचे ठरले तेव्हा त्या आयोजकांपैकी मी एक होते. वक्ते म्हणून सात आठ मंडळीना आमंत्रण गेले होते. त्यांपैकी दुर्गाबाई प्रमुख होत्या. बहुतेक जवळच्या हितचिंतकांनी आम्हाला खासगीत सांगितले की, “दुर्गाबाई बोलतात छान, पण त्यांना कधी कधी वेळेचे भान राहत नाही. अनेक भाषणे व्हायची असतील तर जरा सांभाळून घ्या.” आता दुर्गाबाई थोर विदुषी, वयाने, मानाने, ज्येष्ठ व श्रेष्ठ. तेव्हा त्यांना सांगावे कसे असा पेच होता. सर्वांनीच त्यांना आडून आडून वेळेविषयी सूचना दिल्या. तरी त्या बोलायला उभ्या राहिल्या तेव्हा मनात धाकधूक होतीच. त्यांनी सुरुवात केली, “श्री. सदानंद भटकळ यांच्याविषयी मला जे सांगायचे होते ते सर्व काही मी आज वृत्तपत्रात प्रसिद्ध झालेल्या माझ्या लेखात सांगितलेच आहे. तेव्हा आता मी अधिक न बोलता त्यांना वाढदिवसाच्या शुभेच्छा देते आणि माझे भाषण संपवते.” असे म्हणून त्या चक्क खालीच बसल्या. आम्ही सर्व थक्क झालो. तोंडून शब्दच फुटेना. थाडेसे काहीतरी बोला असे म्हणायचे धाडसही होईना. नंतरही इतरांची भाषणे झाली, भोजन समारंभ होता तोही व्यवस्थित पार पडला आणि सर्व समारंभ वेळेवर संपला.

पण शेवटी गप्पा करताना आमच्यापैकीच कुणीतरी म्हणाले, “दुर्गाबाईंनी मात्र आपली खाशी जिरवली की नाही?”

- साधना कामत, आनंदाश्रम, मुंबई

चवती रगडो

सुधीर बळवळळी, मुम्बई

धा बिडारांचो गांवुं बप्पनकेरी, माँवाळ वत पळळें अश्वत्था कट्टयारी

पंचायतिकेक बायलो जमल्यो, दाँड्डबायी तांगेली पुढारी

दाँड्डबायी : हरि शिवा नारायणा गोविंदा, निवांत बैसुक मॅळळें एक फंता

फाल्लें जावच्याक सुरु केल्यारी, जावनुऽ जायना काम

जन्मु आमगेलो बायलांगेलो, मेळचो कशशी आराम?

मॅळळेले घडी विश्राम कोरयां, बैसुनु थोडे फरडें मारयां

याँगो बाय्ये, गवरमाय्ये; कुट्टक्का, रमक्का, कोच्चीमाय्ये

अंवर नाती, वगवग्गी यैय्याती

गवरमायी : मिणकु, आममणी तुम्मीयी बैसुनु, पंचायतिकेची थोडी मजा चैय्याती

कोच्चीमायी : नित्यांतुलींची उत्रं वापस उल्लौवयां, कामाचो दणु परिहार कोरयां

दाँड्डबायी : आतं वेळ काण्णातिलें सांगाती पळवयां, आजी रांदपातु तुमगेरी, कस्कस्लें केल्यां?

कुट्टक्का : आमगेरी वासरेंतु काम आस्ता, कुट्टु माँडसरी!

कालवणीं, रांदयो, पोळी, उपकरी;

पत्रोडो, गोज्जु, फोडयो चरचरी

तांतुयी आजि आयिल्लें पावणें,
चडतेऽची कॅल्लें खॉटटें आनी मडगणें
मिणकु : वाण्णु वाण्णु यॅत्ताती, वांट हात्ताक
जॅवतल्यांक ना फुरसती, हात्ताताँडाक
बायी : विजृम्बण आमगेरी तान फळाराचें, एक आनी दोनी नयी, खाण नमनमन्याचें!
शेवंयी रस्सु, मुळक आनी चॅटटें आंबोडें; कायहोळगी, पुर्नपाँळें, नाँपरपुरत्याक सुकरुंडें
उपगणेक तेंगोड्ल, मुरकु, चाकली,
फेणोरी, नेवरी; ताज्जें उंचारी कोडबोळी!
रमक्का : पेज्जे जॅवण आमका जायीऽची जायी, ताँडा लांवच्याक पेज्जे रांदयी
लाँणच्या आंबली सांगाताक आसका, पेज्जेरी तुप्पा धार समऽ पोडका
दाँडबायी : कवळयां गाँ आत्त पंचायतिक, नयीजाल्यारी रात्ती जॅवणाचें जात्तीद वांट
गवरमांयी : घरांतु आमगेलें चवती रगडॉ, रांदपांतूऽची सरता दीसु सगळॉं!
फाल्लें जावच्याक सुरु केल्यारी, जावनुऽ जायना काम
जन्मु आमगेलॉं बायलांगेलॉं, मेळचॉं कश्शी आराम?

कट्टयावैलीं उत्रं, दुर्बळ सितेगेलें आयलीं कान्नांरी बामणाक तिन्नं आयकयिलीं, एक दोनी उत्र काँप्पाऽरी

सिता : समृद्धि आनी विपुलतेनें, गांवतुल्लें बायलांक वांट
अभाव आनी दुर्बळपणानें, कष्ट माक्का अतोनात
अश्शी विषमता दवोरनु, देवु बसला कशी निवांत?
आस्सुनु हांव गृहिणी सुगुण, चेव्डींक मॅळना पॉटभरी अन्न
आमगेलें घारा कॅदना की साध्यऽ जायना, जोण्णु हाडुक सम्यक धन;
ताव्वळी चवती परब जाल्यारीयी इत्तें, वासरेंतु रगडयाचें कस्लें प्रयोजन?
बाम्मुणु : अश्शी उत्रं इत्या उल्लयिता? माक्का दोष इत्या दिता?
दीस राती कष्ट हांवयी करतां, न्यायारी सत्यारी व्यवहार करतां
उत्पन्न मात्र उणेंची वरता, मगेलेंइ मनांतु तीची चिंता
सिता : कष्टांक आमगेलें नाऽची वें अंत?
बाम्मुणु : की पूर्वसंचिताचें हें फलित?
दाँगयी : उपाय हाज्जेरी ना वें खचित?

तीनसांजवळारी घरांतु पळळॉं काळोकु, मनांतु भोरनु वरलॉं बॅजारु
तितल्यांतु देवाकुडांतु जाल्लॉं उजवाडु, घरभोरनु पावलॉं होडीआम्मागेलॉं स्वरु

संसाराल्ल्या अपयशांतु, अधैर्य इत्या तुं दुःखानें
मॅळतल्लें सकाम उपासनेंतु, स्थैर्य निरंतर मातृकृपेनें

वरदात्री श्री अन्नपूर्णा, पूर्ण करतली मनोकामना
वरमहालक्ष्मी अनुग्रहानें, क्षेम सुमंगल प्राप्त निर्धनां
यथाशक्तिनें करी अर्पण, लम्बोदर श्री गजवदना
संसारु जात्तलॉं परिपूर्ण, अभाव आनी दुःखविना

शाश्वत सुख जरी मनोकामना, धरी मनांतुं एक धारणा
परमार्थाविन अन्य मार्ग ना, गुरुचरणांविना अन्य स्थान ना.

(‘मार्गबन्धु आदि शंकर’ नाटाकांतुल्लॉं अंशु)

रसास्वाद-३

कृष्णानंद मंकीकर, मुंबई

In the previous edition, a subhashita shloka was written in which the poet advises the bird chataka not to beg for showers from any cloud.

Hope, this shloka has been studied by our readers.

Those needing further clarification on this, may kindly contact girvanapratishta at chitrapur.girvanapratishta@gmail.com, where our volunteers will be happy to assist with replies.

Let us return to Kalidasa, in this edition.

Shakuntalam is undoubtedly one of the greatest of poetic creations of Kalidasa.

We saw in our first article, the first shloka of Raghuvamsha, is also our first shloka of Shree Bhavanishankara Suprabhatam. It is a happy coincidence that the first stanza of Shaakuntalam, is in praise of अष्टमूति which, has been touched upon and elaborately explained so often by our Swamiji in His Pravachan. We will dwell on this in a later edition, but now for our subject at hand:

Shakuntalam:

kaavyeshu naatakam ramyam

tatra shaakuntalam matam I

tatraapi cha chathurthonkah

tatra slokachatustayam I

काव्येषु नाटकं रम्यं तत्र शाकुन्तलं मतम्।

तत्रापि च चतुर्थोऽङ्कः तत्र श्लोक चतुष्टयम्॥

In literature, drama has a special place, among the various creations of drama, Shaakuntalam occupies a place of pride, in this drama, the fourth act (in which Shakuntala leaves for Dushyanta's palace,) and in this act too there are four stanzas which merit special mention, says the above stanza, translated loosely.

These four stanzas are: (Some scholars have different selection, though)

4-6: यास्यत्यद्य शकुन्तलेति yaasyat adya shakuntala iti...

4-9: पातुं न प्रथमं व्यवस्यति paatum na prathamam

4-17: अस्मान्साधु विचिन्त्य asmaan saadhu vicintya

4-18: शुश्रूषस्व गुरून्कुरु shuSruuSasva guruun

These are as follows:

काश्यपः-

यास्यत्यद्य शकुन्तलेति हृदयं संस्पृष्टमुत्कण्ठया

कण्ठः स्तम्भित बाष्प वृत्ति कलुषश्चिन्ताजडं दर्शनम्।

वैक्लव्यं मम तावदीदृशमिदं स्नेहादरण्यौकसः

पीड्यन्ते गृहिणः कथं नु तनयाविश्लेषदुःखैर्नवैः॥६॥

Oh! "Today, she (Shakuntala) is to depart" is the thought which has become the cause of anxiety in my heart. My throat is choking, eyes are full of tears, my face bears all the signs of worry! My mental faculties have become incapacitated thus, due to the excessive love towards Shakuntala. If I who am a hermit supposed to be away from attachments, is afflicted thus, what to talk of the common householders who are afflicted by the pain of separation of their (beloved) daughter, for the first time!

See how beautifully and in a few words, has Kalidasa recreated the complete sadness at the moment of departure of the daughter, and depicted the exact state of mind of the father. Surely, every father (and a mother) must have experienced this feeling at the time of the daughter departing for her husband's house, for the first time!

काश्यपः

पातुं न प्रथमं व्यवस्यति जलं युष्मास्वपीतेषु या

नादत्ते प्रियमण्डनापि भवतां स्नेहेन या पल्लवम्।

आद्ये वः कुसुम प्रसूतिसमये यस्या भवत्युत्सवः।

सेयं याति शकुन्तला पतिगृहं सर्वैरनुज्ञायताम्॥९॥

In this stanza, Kanva Muni (Kashyapa) is telling the creepers:-

"Oh creepers!, See, this Shakuntala, who would not drink water before watering you all first thing in the morning, nor ever did she use your leaves for decorating herself (which is dear to girls) though she was fond of decorating herself, out of her love for you, (for fear of hurting you), when the time of the

seasons came for your first flowering of the season, it was verily a celebration for her, such a one (your dear friend) is departing for her husband's abode, please grant her the permission!"

Here again Kalidasa captures the natural instinct of the parent, who associates all animate and inanimate objects with which the daughter has ever had an association, and at the same time the simple character of Shakuntala is brought out in bold relief – Shakuntala who loves Nature, Shakuntala for whom the creepers are verily the dear members of her family and in whose happy moments she sees a celebration! The request by Kanva to the creepers to grant Shakuntala the permission to leave for her husband's home is verily the epitome of the oneness of our ancient munis with Nature – they used to talk to them and be with them as one would be with a family member.

काश्यपः

अस्मान्साधु विचिन्त्य संयमधनानुचैः कुलं चात्मनः
त्वय्यस्याः कथमप्यबान्धवकृतां स्नेहप्रवृत्तिं च ताम्।
सामान्य प्रतिपत्तिपूर्वकमियं दारेषु ह्यस्या त्वया
भाग्यायत्तमतः परं न खलु तद्वाच्यं वधू बन्धुभिः॥१७॥

This stanza is by Kanva muni, addressed to Sharangdhara who was to accompany Shakuntala to the court of the King, and Sharangdhara had asked as to what message Kanva has for the King Dushyanta.

Having given a thought to our own (good) character, we who have self-restraint as our only wealth, and at the same time giving due thought to your own exalted lineage, you Oh King, ought to show that kind of love towards her (Shakuntala) as comes spontaneously (the love due to relationships is distinguished here by Kalidasa and he is trying to emphasize pure love (अबान्धवकृतां स्नेहप्रवृत्तिम् note बान्धवकृतां स्नेहप्रवृत्तिम् would denote love as would exist because of relationship, between a brother and sister and so on अकृत्रिमः स्नेहः could be another way of looking at this.) she should be seen by you in the same way as you look upon your other wives i.e. you should give her the same honour as is given to the earlier (senior) wives, and more than this whatever befalls her is her destiny, and what more can be said by the relations from the girl's side?

Please note there is a hint of the future problem that is going to befall Shakuntala, which calls for restraint, Kalidasa talks of the king giving due honour to Shakuntala, and so on, and leaving the balance to the fate and the destiny! Also, please note the last phrase, what more can be said by the relations from the girl's side?

"Considering us hermits as virtuous, indeed, but rich only in devotion, and considering also thy own exalted birth, retain thy love for this girl, which arose in thy bosom without any interference of her kindred; and look on her among thy wives with the same kindness which they experience: more than that cannot be demanded; since particular affection must depend on the will of heaven" is another translation of this stanza.

काश्यपः

शुश्रूषस्व गुरुंकुरु प्रियसखी वृत्तिं सपत्नीजने
भर्तृर्विप्रकृतापि रोषणतया मा स्म प्रतीपं गमः।
भूयिष्ठं भव दक्षिणा परिजने भाग्येष्वनुत्सेकिनी
यान्त्येवं गृहिणीपदं युवतयो वामाः कुलस्याधयः॥१८॥

And this piece of advice to Shakuntala the departing bride is eternal will hold true even today.

Kanva says,

Oh Shakuntala, take care of the (health of) the elders in your household, behave as a best friend towards the other wives of your husband—do not sow the seeds of discord in the household. In the event of your husband chiding you on some account, do not retort back to him and hold your cool!, Be kind to your servants, and do not let the good fortunes go to your head! Those brides who keep this in mind become the true Housewives, (and those who do not heed this advice) are the sure cause of the downfall of their families. Verily they are the bane to their family!

Notice how succinctly has Kalidasa mentioned the prime duties of Shakuntala as a good housewife, in the context of her entering a household where there already are her rivals to grab the attention of the King.

Those needing further clarification on this, may kindly contact girvanapratishtha at

chitrapur.girvanapratishtha@gmail.com, where our volunteers will be happy to assist with replies.

तात्रे हे एकक वाक्याने केल्ली “प्रतिपर्व रसोदयः”। पर्व आनि रस ह्या शब्दांक अनेक अर्थ आशशीलमिति राया गेल्या प्रश्नांक कालिदासागेली जवाब शंभर टक्के सम बसता। रायालाथावुनु बहुमानु मेळता ह्यण्णापडे भाषाज्ञान आशशीलो नात्तीलो प्रतिएकळो कवि म्होणोनु घेवचाक प्रयत्न कर्तालो! कवित्व ना जाल्लेल तरी कवित्वाचे आडम्बर दाक्केतालो! जाल्यारि योग्य पण्डितां मुखारि तागेली पितळी भायर पडताली। अस्त्या एक ढोंगी कवि गेलें धोतर कश्शी पीताम्बर जाल्लें वाच्चा! वाद्यघोषा सांगाति पाल केरी बैसूनु आयिलो एकळो तथाकथित कविगेल्या पालकीक कालिदासानेयी पालकी होंवतल्यागेल्या वेसारि पालकीक खान्दो दिल्लेलो! वज्जें व्हांवचो अभ्यासु नात्तीलो कालिदासु क्षण क्षण खान्दो बदलेंवचें पोळोवुनु कवि विचारता:

“भूरिभारिभराक्रान्तो बाधति स्कन्ध 5 षते

सेवकारुपा कालिदासा गेली जवाब :

तथा बाधते स्कन्धो यथानबाधति बाधते।।

भारीवज्जामिति खान्दो दुक्त वे?

“ना! ना! तूवे उच्चार केल्लेलो “बाधति” म्हळेले शब्दु माक्का कितली दूकी दित् की तित्ली दुकि तुगेलें वज्जें दीना!”

हांगा कविने केल्लेली चूकि ह्यळ्यारि “बाधते” ह्यळळले

आत्मनेपदा उच्चारु तान्ने “बाधति” ह्युणु परस्मैपद शें कोर्नु चुकि केल्लेली!

थोडेशे भाषाज्ञान आशशील कोणेयी शब्दां जोडण कोर्नु काव्य ह्युणु ह्योणयेद। जाल्यारि त्या रचनेन्तु पाण्डित्य जावो गोमटायी जावो आकर्षण जावो ऊर्ना-सुककी खांकिशी! काव्य ह्युणु ह्योणोनु घेवका जाल्यारि शब्द चमत्कार, अर्थचमत्कार, अद्भूत कल्पना, जीवन्त वर्णना आसल्यारि मात्र पाठकां गेले मन आकर्षित कोरुक साध्य जात्ता आनि ते काव्या व्याप्तितु येत्ता। रचनाचि पाठकांक वाचोनु घेवुनु वत्ता। त्या खात्तिर चि एकळो कवि सांगता।।

वाणीममैव सरसा यदि रंजयित्री

न प्रार्थये रसविदां अवधानदानम्।

सायन्तनीषु मकरन्दवतीषु भृंगाः

किं मल्लीकासु परमन्त्रणमारभन्ते।।

“मगेल्या शब्दान्तु गोडसाणि, गोमटायी आसल्यारि मगेले शब्द चिके आयकया, वाच्चा ह्युणु हांव रसिकांक दम्मय्या घालना! फूल वच्चुनु भोंवर्यालाग्गी दम्मय्या घालना कि मगेले परिमळ आनि गोडसाणि चि रुचि चिके घे ह्युणु”।

फाल्या फुलचा फुल्लांतु कितली गोडसाणि आनि गोमटायी आस्स ह्युणु फूल फुलची निरीक्षा कोर्या।।

Geervanaprathishtha – Dhwaya (Articles on Sanskrit Logos)

आ नो भद्राः क्रतवो यन्तु विश्वतो

Dr. Chaitanya Gulvady, Mumbai

“आ नो भद्राः क्रतवो यन्तु विश्वतो.. “meaning "Let noble thoughts come to us from every side", a quote from the Rig Veda I-89-1 is the motto of the Bharatiya Vidya Bhavan, a premier cultural organisation based in Mumbai and all over India.

The full verse says:

आ नो भद्राः क्रतवो यन्तु विश्वतोऽदब्धासो अपरीतास उद्भिदः ।

देवा नो यथा सदमदि-वृधे असन्नप्रायुवो रक्षितारो दिवेदिवे।।

ā no bhadraḥ kratavo yantu viśvato.
adabdhāso aparitāsa udbhidaḥ |
devā no yathā sadamid vṛdhe asannaprāyuvō
rakṣitāro dive-dive ||

Meaning:

May noble thoughts come to us from every side,

never deceived, unhindered and victorious, that the gods ever may be with us for our gain, our guardians day by day unceasing in their care.

This verse in essence symbolises the Indian cultural ethos and expresses our intense desire to progress, spiritually and materially and our receptivity to accept and absorb knowledge from all quarters. Noble thoughts inculcate moral values in an individual, lead to a better self and ultimately to the welfare of society. This is a crying need in present times, which are plagued by selfish motives, material aggrandisement, violent acts, destruction of lives and property. It is time to revert back to our ancient scriptures, absorb and revive the noble principles and values, preached by them.

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FAT CHANCES!!!

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In continuation with the earlier article on the various types of fats and oils, let us explore fats and oils a bit more and understand their role in health and wellness. Let me begin with the role of blood lipids / fats.

Blood lipids

Fats and oils ingested through the diet undergo metabolic changes in the body. Metabolism is the process through which the human body breaks down fats and other food nutrients into simpler substances which can be then utilized by the cells. All dietary fats are metabolized and available in its simplest form. These broken-down versions are then carried into cells bound to proteins, known as lipoproteins. These lipoproteins contain cholesterol, triglycerides (a type of fat), proteins and phospholipids (another type of fat) in different proportions. The binding of the fat particle to the lipoprotein enables fat to be transported to cells. Some of the lipoproteins important in human health are:

Chylomicrons: consist mainly of dietary fats as triglycerides.

Low Density Lipoprotein (LDL): these carry two-thirds of the cholesterol

Very Low Density Lipoprotein (VLDL): the remaining triglycerides not carried in chylomicrons are carried in VLDL

High Density Lipoprotein (HDL): the remaining cholesterol not carried by LDL, is carried by HDL. Often referred to as “good” cholesterol. Cholesterol is in fact, neither good nor bad; it’s the carrier which determines this.

HDL carries cholesterol away from the arteries to the liver where it is further broken down. Hence, HDL is often referred to as a savior / good cholesterol carrier since it prevents blood vessels (arteries) from becoming clogged with cholesterol deposits. Maintaining good lipoprotein levels is an important preventive measure against cardiovascular disease.

Interrelation between dietary fats and blood lipids

Numerous research studies conducted over the past 50 years have examined and documented that dietary fats can greatly influence blood lipid levels and therefore, future risk to cardiovascular diseases. Research studies have consistently shown that saturated

and hydrogenated fats increase the Total Cholesterol and LDL-Cholesterol levels and increase the risk of atherosclerosis. Saturated fats have also shown to increase blood pressure and cause irregular cardiac beats. It ‘s important to remember that like all other dietary recommendations, recommendations for preventing and treating cardiac disorders including altered lipid profile, will depend on factors such as age, sex, clinical profile, medical history, anthropometric (weight status) and biochemical profile. At the cost of sounding like a broken record... One size does not fit all!

Myths on Fats/Oils

1. We can completely eliminate fats/oils from our diet, particularly for those on weight-loss diets and those with heart problems.

This would be incorrect! The two fatty acids, Alpha Linolenic Acid (ALA) and Linoleic acids which are present in Polyunsaturated fats (PUFA’s) are termed as essential fatty acids. Our body cannot make these fatty acids and they have to be provided through the diet. Complete omission of fats/oils can lead to fatty acid deficiencies. Further, absorption of some vitamins, particularly, the Fat-Soluble Vitamins viz., Vitamins A, D, E and K is dependent on availability of fats. In the absence of fats, even adequate amounts of these vitamins are rendered useless as the body is incapable of absorbing them. Of course, we cannot overlook that even a small amount of fat makes the food more palatable and tasty! For those who need to lose weight or have an abnormal lipid profile, a judicious selection of food and adhering to the recommended dietary intake is important.

Some recommendations are:

- For adults, a minimum of 15-20 % of his total energy intake should come from total fats. In a typical Indian, cereal-based diet, about 20 g is obtained as invisible fat. Therefore, a daily intake of about 20g (about 4 teaspoons of oil/fat) is needed. If diets provide > 30% energy from fats, it increases the risk of cardiovascular disease. Therefore, this is the upper limit of fat intake.

- In people with risk factors of cardiovascular disease such as abdominal adiposity, hypertension, etc., restricting oil intake to a lower limit of 15-20 g/day is most beneficial.

- Given the increased levels of obesity and sedentary lifestyles in children, current recommendations for children also suggest restricting the intake of fats.

2. Cholesterol containing foods are the only culprits in heart disease

This is incorrect. Cholesterol in foods is not the only culprit in elevating blood cholesterol levels. Other dietary fat components which could be responsible are saturated fats (all fats from animal sources), hydrogenated fats (dalda, vanaspati) and an over-dependence on PUFA such as Sunflower/Safflower oils. All these dietary factors together can have a cumulative effect.

3. As vegetable oils are cholesterol-free, they can be consumed ad libitum (in unlimited amounts)

This is incorrect. Nutrition research has examined the effect of type of oil and amount of oil consumption on blood lipid levels. A high intake of vegetable oils such as Sunflower Oil can decrease the levels of HDL-Cholesterol and cause damage to the lining of the arteries. These in turn can initiate cardiovascular events.

4. Sunflower/Safflower oils are the only heart-friendly oils

As mentioned earlier, high intakes of saturated fats and dietary cholesterol increase risk of abnormal lipid profile and cardiac arrhythmias. Monounsaturated fatty acids (MUFA's) and polyunsaturated fatty acids (PUFA's) have preventive effects. A correct balance and blend of the two PUFA-containing oils is important in preventing blood clotting and other physiological benefits. In view of the above, it is important to have a right balance of the different fatty acids in the diet and avoid excess of any one particular fatty acid. This translates to avoiding excessive and sole intake of oils such as Sunflower/Safflower oil. The desirable polyunsaturated to saturated fatty acid ratio is 0.8 to 1.0. and polyunsaturated fatty acids of both types should be included. In practical terms, this indicates choosing 2 different types of cooking oils such as sunflower/safflower/cottonseed/corn (linoleic acid) and Soyabean/mustard (alpha-linolenic acid).

The use of these two different oils does not

necessarily require blending the oils. It can mean using one oil for cooking the vegetable/curry and the other for dal/chapattis.

Our intake of coconut /coconut oil must be accounted for when considering the total oil intake. Coconut/coconut oil is predominantly rich in saturated fatty acids. Hence, when calculating the day's total oil intake, one must consider the coconut/coconut oil intake and add it the other saturated fats in the diet such as ghee/milk/curds/cheese/non-veg., etc. The quality of fatty acids in our diet can be further improved by ensuring an adequate intake of foods which are rich in alpha linolenic acid such as udad dal, chawli, rajmah, soya, wheat, bajra, green leafy vegetables and fish. Fish consumption have beneficial role in maintenance of optimal cardiac health. For fish-lovers, eating 100-200 g fish twice a week can be beneficial. Avoid frying it though!

Nuts are a good source of MUFA and are considered heart-friendly. They can be used as a part of a healthy diet as long as they are used in moderate amounts and their intake is accounted for in the daily dietary intake.

Tips to reduce oil intake:

- Limit your oil intake to recommended levels as suggested by a Dietitian / Nutritionist
- Avoid fried foods. Use alternative methods of cooking such as steaming, boiling, broiling, etc
- Read the labels of ready-to-eat foods and snacks as they provide information on the total fat, PUFA, MUFA and saturated fat content of the product
- Cut down on animal sources of fat in the diet. This will help to curtail the saturated fat intake as well as dietary cholesterol. Before cooking, remove all fat from meat and skin from chicken
- Opt for lean portions of meat and skimmed or low-fat versions of milk and milk products (curds, paneer, etc)
- Avoid re-using oil which has been used for frying, etc. To avoid wastage, use only as much as required
- Using non-stick cookware helps to cut down on oil usage
- Restrict the use of coconut. In preparations such as kodels, bendis, etc, coconut can be avoided and the legumes (val/vatana, etc) can be ground with the masala.

Fond Remembrance

Dora

May 2003 – 02/08/2012

*You came in to our life
like an angel one day
spreading joy and
happiness....*

*And one August
Morning suddenly left
us to spread joy and
happiness somewhere
else....*

*But we know that you
will come back to us
and bring back joy
and happiness like
always...*

*Bye Dora --- From
Pappa, Amma ,
Devashri , Binnu ,
Ammamma,, Dada
Mallapurs,
Mandalji and
every one who
liked and loved you
in wadi and
everywhere else*



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Amruta Arvind Sawant

(Age 9 years)

(daughter of Arvind and Roopali Sawant nee Kapnadak)

Unity is Strength

A farmer had four oxen,
One from Spain,
2nd from America,
3rd from Asia,
4th from South Africa,
"Unity Was Their Strength."

A Lion wanted to eat them,
Eat them? How?
Oh, so sad,
The oxen fell into a fight,
Alas! The Lion had an opportunity to bite!

So friends,
Always be united,
Beacause,
"Unity Is Strength"

Devaunsh Sandeep Bhat,
Age: 8 years

The story by Arhaan Haridas titled 'Yuan Lee and the Magic Ring' published in our August 2012 issue was erroneously mentioned as an award winning story. We regret the error Editor

My thoughts on Rain

Lightning shimmers across the sky,
It's time for babies to cry,
Thunder arrives with a stir,
Telling us monsoon's here.
Monsoon time is the best,
Where you can sit at rest.
Behold the wonderful nature,
Looking at many God made creatures.
Iridescent rainbows to see,
Which makes you feel free.
My window looks upon a view,
Now showing a varied hue.
Rain, rain my dear rain,
I called you so many times but you put

me in vain,
Now the time has come,
Where I can run,
In between the puddles,
This reminds me of Mr. Muddles!
The dusky sky eases the soul,
Worms get out of their little holes.
The peacock dances royally,
While I look on cheerfully.
Such is the atmosphere during
monsoon,
Next time beloved rains come soon!!

Neeraja Narayan. Rao,
Age: 14 years, Grant Road

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Tree Plantation Drive at Virar

REPORTED BY VIDHITA HATTANGADI

PHOTO CREDITS: KAUSTUBH NADKARNI, MOHIT KARKAL, KIRAN GOKARN

(Photos on Page 36)

On 5th August 2012 on the occasion of the Punyatithi of H H Shrimath Parijnanashram Swamiji III, 36 yuvas from Virar, Borivali, Goregoan, Vile Parle and Dadar came together at the Swami Parijnanashram Educational and Vocational Centre for the Handicapped at Virar for a Tree Plantation Drive hosted and organised by Virar Yuvadhara.

A school bus picked us up from Virar station and brought to the school at Bolinj. We were warmly greeted by Kallianpur Vinay Maam, Principal of the school, Coordinators Bijur Sujal Pachi and Kallianpur Vandita Pachi at the entrance. At 3.30 p.m. we started the event with Deep Prajwalan followed by Sabha Prarambha prayers and recitation of Shri Parijnanashram Trayodashi. We offered our prayers to Puja Swamiji for the successful completion of this activity. The programme for the day as announced. Vinaymaam briefed us about the school and its unique features and requested yuvas to help the students through their skills.

A slide show on the tree plantation that had taken place in Shirali on 5th July 2012 was presented. Parama Puja Swamiji had blessed the event by planting the first sapling and 300 students of the Srivali High School had participated in the tree plantation at Panchvati. Sharayu Pachi emphasized that the event in Shirali was the inspiration to plan out the day's programme. Youngsters were advised to not only plant the saplings and contribute to a greener environment but also to watch them grow and flourish into beautiful trees. She asked us to put our heart and soul into each sapling that we planted and to take care of it by making regular visits to the school. A round of tea and biscuits and we all proceeded to the plantation venue.

All along the compound wall of the school, at certain intervals, pits were already dug to plant the saplings. There were 99 saplings of various types: Ashoka, Bamboo, Hibiscus (red, yellow, white and pink varieties), Mogra, Anant, Bel, Exora (Patakali), Tagar, Aaboli, Madanban and other decorative plants. The varieties were specially selected with an objective to beautify the grounds and to provide the flowers

needed for the craft sessions for students. To begin with, each yuva was given an Ashoka tree sapling. All of us enthusiastically planted the saplings with the help of the gardeners. Chickermane Mangesh maam, President of Virar sabha, recited a mantra that is chanted specially during 'Ropanam' — and all of us repeated after him as we planted. Everybody then watered the plants and made a promise to come back after a few months to check the growth and nourish our pet plants. Similarly, we also planted other flowering plants like the hibiscus, mogara, anant, etc. The plants were lined in a way to complete a Parikrama. Amidst the grey sky, clean air and Jayjaykara-s of Guru Parampara and Hara Hara Mahadev, we enjoyed the task thoroughly. The enthusiasm and joy was infectious.

The next event was the screening of the documentary film on Kar-seva. Before the screening, the participants who had attended the Kar-seva at Shirali talked about their different experiences and how they enjoyed the entire event. The documentary was then screened. The film is made beautifully and covers all the aspects and aims of Kar-seva. It motivated and inspired many yuva-s who had not attended any kar-seva shibir to attend it next year and those who had already attended it were further inspired to attend it again and again!

We offered this unique seva to our revered Guru Parampara by singing the bhajan 'Guru Mahima' in unison. It was indeed Divine Grace that the date coincided with the Punyatithi of our Parama Guru!

Pranav Nagarkatti extended a vote of thanks on behalf of the yuva-s to Kallianpur Vinaymaam, Vandita Pachi, Bijur Sujal Pachi, all the sabha members, and Virar Yuvadhara for having invited us to contribute to this noble cause. Vandita Pachi also expressed her deep sense of joy and thanked the yuva-s for having participated in the event in such large numbers. This was followed by the Sabha Samapti prayers. The programme ended with delicious refreshments.

We are grateful to the sadhakas who sponsored the entire event.

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Tips & Tricks for Salads

PRATHAMESH KUMTA

This article is a continuation of the article I gave in the last month.

Salads can be made in whichever way you wish to. There lies a lot of room for creativity as far as salads are concerned. Let me give you the basic knowledge of some dressings commonly used which can be modified to make a dressing of your own.

Vinaigrette is the most basic dressing which is used as a dressing. It is an emulsion that is a forceful mixing of oil and vinegar to form a thick pasty dressing. To be precise it consists of 3 parts of oil to 1 part of vinegar whisked into an emulsion. Vinaigrette is formed by mixing two ingredients—oil and vinegar—that don't normally mix together. So we force them together by extreme agitation in plain English, strong whisking or shaking. This brings them together as an “emulsion” even though it doesn't last forever. The two will eventually separate if kept for too long. Various oils such as canola, olive, sunflower, grape seed, rice bran etc can be used to give variations. So here are some ideas for different flavor profiles to create interesting salad dressings:

French: Use extra virgin olive oil and red/white wine vinegar. Also add some garlic with herbs such as chervil, rosemary or tarragon.

Thai: Whisk some warmed peanut butter into the dressing along with some chilli garlic paste and 1tsp sugar. Or the vinaigrette can be finished by adding some sweet chili sauce and coriander root paste

Indian: Use mustard oil or coconut oil. Add seasonings such as coriander seeds, chilli powder and lime juice with herbs such as coriander or mint.

American honey vinaigrette: Add 1tbsp of honey into the mixture and whisk. Honey vinaigrette actually stays together longer because honey is a great emulsifying agent.

Italian: Use extra virgin olive oil and/or balsamic vinegar. Add seasonings such as oregano, minced basil and garlic.

Chinese: Replace one-quarter of the oil with



sesame oil. Add some garlic and chilli flakes. Replace vinegar with rice wine vinegar.

And now here's a list of ingredients to help you make some salads of your own:

Base greens: Lettuce (iceberg, romaine, chicory, radicchio), spinach, fenugreek, cabbage, pak choy, arugula

Fruits (soft): Orange, grape, melon, grapefruit, fig, mango, papaya, guava, berries

Fruits (crisp): Pear, apple, pineapple, coconut and pomegranate

Vegetables (raw): Broccoli, carrot, sprouts, cucumber, tomato, onion, radish, celery, fennel, zucchini.

Vegetables (cooked): Cauliflower, eggplant, beans, potato, beetroot, peas, mushrooms, asparagus and corn

Meats: Grilled chicken, bacon, ham, shrimp, pan-fried fish, squid, roasted beef, roasted duck, numerous cold cuts

Dried, cured, and pickled foods: Olives, capers, sun-dried tomatoes, jalapeños, gherkins

Cheeses: Goat cheese, mozzarella, cheddar, scamorza, brie, feta, bocconcini, parmesan, gouda, haloumi, gorgonzola, and many more

This list is by no means exhaustive, but by mixing ingredients from each column, you can create several interesting salads that go beyond just throwing some cucumbers and tomatoes together. Just be careful when you combine two strongly flavored ingredients, or two salty ingredients, or two acidic ingredients.

A good salad should have a contrast in terms of both flavors and textures. Combine crisp with soft, spicy with mild, crunchy with leafy, sweet with tart, and so on. Don't have too many assertive flavors that fight each other. For instance, don't have two different kinds of strong cheese in the same salad.

So go ahead! Happy experimenting and eating!!

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PERSONALIA

Shri Shivshankar Surkund was honoured by Shri M.V. Tanksale , Chairman and MD of Central Bank, Mumbai with shawl and flowers in appreciation of the Training programme conducted on Public Relations for the PRO's of Central Bank of India, Mumbai.



PERSONALIA - RESULTS

Abhinav Gurucharan Hoskote stood 72nd in the State Merit list out of 2.15 lac students who appeared for the examination. He has secured admission to Seth Gordhandas Sunderdas Medical College (GSMC, Mumbai) affiliated to King Edward Memorial (KEM) Hospital, Mumbai for the M.B.B.S. course. Abhinav had earlier passed the HSC examination of the Maharashtra State Board with an average of 90% in Physics, Chemistry and Biology and an overall percentage of 82.33%.

Akshay Subhash Manjeshwar completed his Masters in Management in Information Science (MIS) from TEXAS and MAY University (TAMU) in College Station Texas –USA. His score is 3.9 out of 4.

He has been selected by Microsoft Corporation from his college campus. He is undergoing training at Microsoft in Dallas (USA). He is interested sports and music too. He had represented his college. Fr. Conceicao Rodrigues College of Engineering, Bandstand, Bandra (West), Mumbai in Inter-Collegiate Competition in Football.

Dr. Niyati Balse, daughter of Alka (nee Gulvadi) and Satish Balse of Mumbai has successfully graduated and cleared her B.D.S. from Y.M.T. Dental College, Kharghar in 2012 securing a 1st class. Niyati has always excelled in her academics as well as extra curricular activities winning innumerable prizes right from her pre-primary days. Her first interschool prize for solo singing was a 1st prize when she was in 3rd std. In her Dental college days she won prizes for singing in inter college competitions held at different dental and medical colleges every year.

Niyati participated in a singing reality show for children 'Kya Masti Kya Dhoom' on 'Star Plus' when in VIth std. She is a trained 'Bhatat Natyam' dancer and has passed the 'KOVIDA' examination from 'Nalanda Dance Research Centre'. She was selected and participated in 'International Dance Festival' held in Malaysia, when in VIIth std. With an inborn leadership quality she was always actively involved in organizing several programs in school and college. In the Dental College all five years she was in the 'Students Council' and arranged and participated in several free dental treatment/check up camps for 'Old age homes' and 'Orphanages'. During her Internship she was the Joint Gen Secretary of the College, she was on the 'Editorial Board' for publications of the college, and she was in the 'Committee for ladies 'grievances' Because of her multiple talents she is called as 'Jackpot of talents', 'Talent personified' and 'Kokilkanthi' by her professors and friends.

Rucha Deepak Baindur passed SSC examination in March 2012 with 87.45%. She passed three singing exams of Akhil Bhartiya Gandharva Vidyalaya (1st and 2nd with distinction and 3rd with 1st class).

Rujuta Gautam Murdeshwar passed B.Pharm with 72.9% (First class with distinction) Stood 3rd in class. Passed B.Pharm with First class with distinction (aggregate of four yrs). Currently working in SYNTEL LTD.

Sachi Anil Mavinkurve passed her HSC (Science Stream) scoring 90.67%. She now plans to pursue further studies in Architecture. She has scored the first rank in the merit list in Mumbai University area for admissions managed by the Maharashtra Association of Schools for Architecture (MASA). She stood second in Maharashtra.

Tanvi M. Anand, daughter of Dr. Deepa V. Udiaver, grand daughter of Vasant Udiaver passed ICSE (Delhi Board) exam 2012 securing 90%. She is an all rounder, also was selected in school football team. she has won prizes in Rangoli, Elocution and Sports competition. She also writes poems.

Vrushali Saikrishna Hatangadi has passed SSC examination of Maharashtra Board in March 2012 with 94.36% and stood 4th in her J.B. Vacha School, Dadar. Vrushali has represented her school and Maharashtra State for Basket-ball and Hand ball for Nationals four times at various age groups for girls. She was awarded

Bournvita Cadbury Trophy, best player of the year 2008, under 12. She won Gold Medal at Chittorgadh under 14, Girl Open Tournament. She won Bronze Medal Maharashtra, National under 16 in 2011. She has also represented India for an International Sports of Handball at Sweden in 2011 under 16.

Shri Chitrapur Math - Mumbai (Grant Road) Local Sabha

The Annual Smt Ambabai Heble Bhagvadgeeta Recitation Competition -2012 will be held on Sunday the 25th November, 2012 at 3 pm at Talmaki Wadi.

Shlokas for memorisation and recitation for all Groups (I, II, III, IV and V) are

Bhagavadgeeta - 9th Adhyaya - (shlokas 1 to 22) .

For more details contact: Mahesh Kalyanpur: 9322515884 or Maithili Padukone 9819912102 or Suneela Mavinkurve: 9869925373 or Sudhir Balwally: 9820817732

HERE & THERE

Bangalore : Lilting Bhajan sevas were offered with devotion by the Pandurangasham Satsang Group, Sheela Nagarkatti, Sangeeta Bhatkal, Chitrapur Bhajan Mandali, Meera Balsaver, Anandashram Bhajan Mandali, Rama Devi Bhajan Mandali and Smita Baljekar accompanied on the Harmonium by Nihar Amembal, Sangeeta Bhatkal and Badukkuli Radhakrishna Bhat. Tabla accompaniment was by Prithvish Kumble, Nadkarni Shivram and Konje Nagesh.

During this period several talks were also held: Asha Awasthi recounted experiences from her recent Kailash Mansarovar Yatra. Sudha Philar shared experiences from her trip to Mayavati and the great Himalayan region with her talk entitled "God Proposes and Sudha Philar surrenders". Dr Sudha Tinaikar talked brilliantly about the four human Purusharthas and their role in a sadhaka's life with amazing clarity. Dr Gajanan Mankikarmam from Pune delivered an educative and inspiring talk on the meaning and importance of Sankalpa. Talgeri Nageshmam touched every heart in the audience with his experiences of Guru Mauli. Dharmapracharak Shri Rajgopal Bhatmam delivered an informative and scintillating four day lecture series on Chatushloki Geeta to a day-by-day increasing audience.

Gokulashtami Mhantyo started in earnest on 2nd August ending with Shri Krishna Janmashtami celebrations on 9th and Gopal Kallo on 10th August

with almost 35 adorable tiny tots dressed up as Krishna/Radha.

Reported by Asha Awasthi

Chennai: Punyatithi of HH Parijnashram III was conducted on 5th Aug. This was followed by Saraswat Convocation & Scholarship distribution. 40 successful students were honoured. The Chief Guest was Shri. K Padmaraju, Dean of Jaya Engineering College Group. In his speech, he gave lot of practical advice drawn on his experience. This was followed by dinner.

Sri Krishna Janmashthami nitya niyam bhajans and cradling ceremony was performed with usual gusto from 10th August which concluded with nagar bhajanon 12th August. Chennai Local Sabha AGM & Saraswat Association 80th Annual General Meeting were held thereafter with election of new office bearers and managing committee members. The office bearers of the Association are President Shri Padbidri Krishnanand Rao, Vice President Shri Gulvadi Pradeep M Rao, Secretary Shri Gulvadi Prasad, Treasurer Shri Shivshankar Savoor. The day concluded with Prasad Bhojan.

We had flag hoisting by the President Shri Padbidri Krishnanand Rao on 15th Aug.

23rd – 26th August was the much awaited bi-annual event of Dharmapracharak Shri V Rajagopal Bhat. This time he explained the 'Sapthashloki saphthashati' for the first 3 days and elaborated on Radha-Krishna tatva on the last day.

The Mahila Samaj of Chennai offered bhajan Seva at Shirali Math on 31st Aug. The rest of us at Chennai had the privilege of having the darshan of Jagadguru of Sringeri Mathon the same day.

Reported by Kavita Savoor

Hyderabad : To observe the Punyatithi of H. H. Parijnanashram Swamiji III, satsang was held on 5th August 2012 at the residence of Shri. Uday Kumta. Apart from the bhajans on Lord Krishna and various stotras and Ashtaks, several bhajans, composed by Shri Vijay Bhat ("Sudhatanay") were sung.

Reported by Vinati Udiyavar

Mumbai – Andheri: Punyatithi of H.H. Shrimat Parijnanashram Swamiji III was observed on 5th Aug 2012 by members with a discourse by Dharmapracharak Shri V. Rajagopalmaam. He explained in a lucid and enlightening manner, the relevant excerpts from 'Deepa Namaskara', 'Bhavanishankar Suprabhata',

'Shankarnarayan Geeta' and 'Mangala Pada', relating to Puja Swamiji.

Reported by: Satyamarayan Pandit

Mumbai – Goregaon: Around 100 people joined in a Monsoon Picnic to Mamacha Gaon, Boisar organized by the Saraswat Association, Goregaon on the 29th of July. It was thoroughly enjoyed with a trek and many fun filled games being a part of the same. The picnic was superbly organised and meticulously planned by Anand Balse, Satish Nadkarni and Raghunandan Koppikar.

Shri Krishna Janmashtami was celebrated on the 9th of August at the residence of Shri Madhav and Smt. Rekha Paranjape.

Mumbai – Santacruz: Rug Upkarma Homa was performed by Ved Shri Ulman Anandbhat maam. on Thursday, 2nd August, 2012 in the Shrimat Anandashram Hall, Saraswat Colony, Santacruz. Punyatithi of HH Shrimat Parijnanashram Swamiji III was observed with bhajan seva by the Parijnan Bhajan Madal.

Reported by Kavita Karnad

Mumbai – Thane : On 18th and 30th June gurupoojan was performed at Mulund centre while on 30th June Shivpoojan was performed at Dombivali centre on account of Ashadhi Ekadashi. On 5th August—gurupoojan was performed at Thane centre on account of punyatithi of of H.H. Parijnanashram III.

Reported by Vaishali Koppikar

Pune : On the 16th of June Deepa Murdeshwar and Chetana Kadle showcased the awe inspiring life of **Adi Shankaracharya** in an absolutely unique Shadowgraphy play in the Shri Chitrapur Math Pune. Over 40 children enjoyed every moment of the play and later the workshop that followed this. In a short time, the groups put up wonderful skits based on the puppets that were made by them! The youngest present that day, Harite Krishnamam – at 91 years - gave away mementos to the presenters Deepa, Chetana and Divya. On the 29th of July Dr. Mankikar Gajananmangave a beautiful discourse on **Shivanand Lahari** transforming the shlokas into a beautiful Guru Pujan – in his inimitable style! **Krishna Janmashtami** was celebrated with devotion in Shri Chitrapur Math, Pune.

Reported by Jyothi Divgi

New Delhi : Members of Delhi Sabha met at the residence of Shri Mahesh Kaikini in Gurgaon to

celebrate the Punyatithi of P.P. Parijnanashram Swamiji on Sunday, 5th Aug, 2012.

The entire evening was presided over by the Yuvadhara group. After a session of Gurubhajans by the yuvas we all chanted the Lalita Sahastranama and Atharvashersha, being Ganapati Sankashti Chaturthi. Smt Uma Kaikini read out some beautiful verses from “Swarna Sudha” and “Antarang”. After concluding with prayers as usual – but this time led by the yuvas and prarthana children.

Reported by Mamta Savkur

OUR INSTITUTIONS

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The Office Bearers for the year 2012-2013 are as follows;

Shri Jairam Khambadkone - Chairman ;

Shri Kishore Bijur - Vice Chariman;

Shri Gurudas Gulvady - Hon Secretary; Shri Naresh Gangolli - Hon Treasurer;

Shri Sunil Kaikini - Jt. Hon Secretary

Shri Ashok Hemmadi - Jt. Hon Treasurer

Shri Aroon Padbidri - Jt. Hon Treasurer

Shri Satish Kalle - Committee Member

Gurudas Gulvady

Saraswat Mahila Samaj, Gamdevi, Mumbai:

3rd August 2012: Gokulashtami was celebrated with a Satsang in which all members participated. The ever popular 'Mhantyo's' composed by Sant Ramavallabhadas were sung with gusto and joy. Prasad was sponsored by Smt. Smita Mavinkurve.

The AGM of the Samaj - Sep 22nd 2012 Saturday at 3.30 p.m. at the Samaj Hall.

Forthcoming Programmes :

Oct 22nd Thursday 3.30 p.m.: Navratri Utsav will be celebrated with Sugam Sangeet by Kum. Aarya & Kum. Ananya Dhareshwar. Prasad to be sponsored by Smt. Suman Kodial.

Oct 31st Wednesday at 3.30 p.m. : Kojagiri get-together. Contribution Rs. 70/- per person. Please register before 23rd Oct 2012

Reported by Smita Mavinkurve

Intimation of change of address must be addressed to the Hon. Secretary and not President. Please mention either your previous address or membership no. to help us to update our database.

CLASSIFIEDS

BIRTH

Arrival of Twins (Kshama and Ambika) on 3rd March 2012, at Dallas, USA to Shruti and Sanjeev Nagarkar. Granddaughters to Shamala and Rammohan Nagarkar of Pune and Vijaya and Dhananjay Nadkarni of Mumbai.

CHANGE OF ADDRESS

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DOMESTIC TIDINGS

BIRTH

We welcome the following new arrivals:

Mar 03 : Twins (Kshama and Ambika) to Shruti (nee Nadkarni) and Sanjeev Nagarkar at Dallas, USA.

Sept 6 : A son (Alwyn) to Kamini (nee Tavanandi) and Emmanuel Mtayisi at Kingston, U.K.

MARRIAGE

We convey our congratulations to the following couples:

Jul 15 : Suchikka Suresh Rao (Mudbidri) with Col. Ashok Shripad Naik at Pune.

Aug 15 : Raksha Guruprasad Naimpally with Akshay Chaitanya Basrur at Bangalore.

OBITUARIES

We convey our deepest sympathy to the relatives of the following:

Apr 18 : Leela Maruti Hattangadi (87) at Samsi.

Jul 9 : Ramkrishna Nagarkatte (57) at Bangalore.

Jul 11 : Naimpally Bhaskar Rao (84) at Bangalore.

Jul 18 : Kulkarni Uday (60) at Ahemdabad.

- Aug 1 : Shalini Mohandas Kalbag (75) at Hubli.
Aug 08 : Chikramane Girish Sadanand (55) at Virar West.
Aug 13 : Sujir Balchand Jairam (62) at Goregaon West, Mumbai.
Aug 17 : Gayatri (Geeta) Uday Nileshwar (nee Nayampally) (61) at Mumbai.
Aug 20 : Madyar Sadanand A. (83) at Matunga, Mumbai.
Aug 29 : Nagarkatti Balkrishna Rao (N.B. Rao) (88) at Bangalore.
Aug 31 : Heble Sachit Ramdas (53) at Talmakiwadi, Grant Road, Mumbai.
Sept 8 : Dr. Talgeri Venugopal R. (92) at Andheri, Mumbai.
Sept 8 : Shaila Gangadhar Talageri (nee Sita Pandurang Taggarse) (77) at Mumbai.
Sept 8 : Yadery Manjunath Anandrao (90) at Talmakiwadi, Mumbai.
Sept 9 : Anjani Rao (daughter of M.B. Rao) (63) at Bangalore.
Sept 10 : Shyamala Vasant Haldipur (89) at Matunga West, Mumbai.



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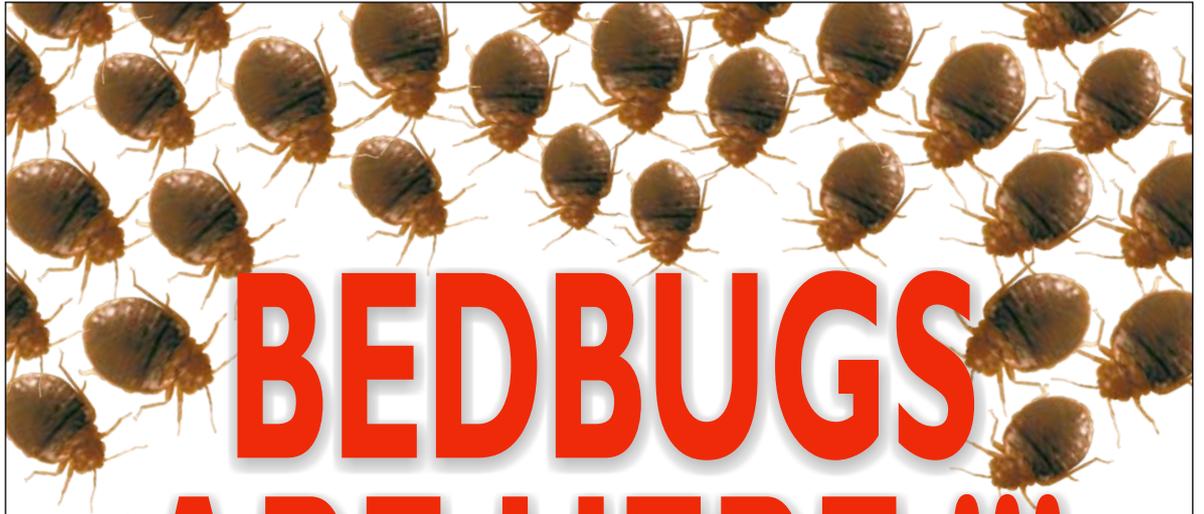
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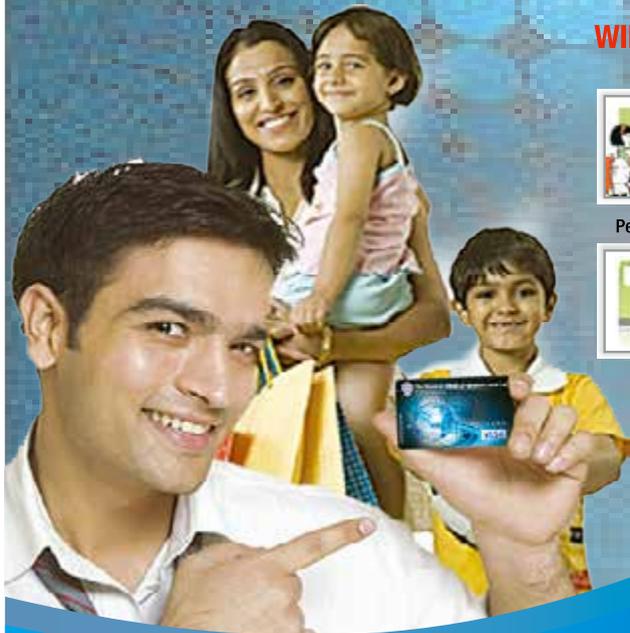
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