



Rs. 20/-
Vol. 93, No. 7, July 2012

Kanara Saraswat

A MONTHLY MAGAZINE OF KANARA SARASWAT ASSOCIATION



Dr. Maya Rao,
famous exponent of Kathak was
awarded the prestigious
'Tagore Akademi Ratna' at the hands
of Shri Chiranjeew Singh,
ex-Addl Chief Secretary of Karnataka
Govt, ex-Ambassador of India to
UNESCO and Chairman of Alliance
Française de Bangalore.



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NOTICE OF THE 100TH ANNUAL GENERAL MEETING OF THE KANARA SARASWAT ASSOCIATION (REGD)

Notice is hereby given that the 100th Annual General Meeting of the Kanara Saraswat Association will be held on Sunday 12th August 2012 at 10.00 a.m. in Shrimat Anandashram Hall, Talmakiwadi, Javji Dadaji Marg, Mumbai – 400 007 to transact the following business:

1. Reading of the notice convening the meeting.
2. Confirmation of the minutes of the 99th Annual General Meeting.
3. Adoption of the Committee's Report and Audited Statement of Accounts for the year ended 31st March 2012.
4. Declaration of the results of the elected 3 members on the Managing Committee.
5. Election of Honorary Auditors for the year 2012-2013.
6. Election of Statutory Auditors for the year 2012 – 2013.
7. Any other business that may be brought before the Managing Committee with the consent of at least 2 to 3 of the members as laid down in Rule No 36

Note: Members desiring to bring forward any questions are requested to give notice of the same in writing to the Hon. Secretary at least 7 days before the Meeting. The Annual Report and the Statement of Accounts for the year ended 31st March 2012 will not be published in the "Kanara Saraswat" in view of the objection raised by the Postal Authorities. The report will be uploaded on our Website www.kanarasaraswat.in for the benefit of Members.

By order of the Managing Committee
Shri Shivshankar Murdeshwar
Honorary Secretary

Kanara Saraswat Association presents

15th Saraswat Sangeet Sammelan 2012.

Commemorating the Centenary Year of Pandit Pannalal Ghosh

18th to 20th August 2012 – 2 Sessions per day :

Morning 9.30 a.m. to 1 p.m. and Evening 5 p.m. to 9.00 p.m.

Venue : Smt. Indirabai Kallianpurkar Hall of Balak Vrinda Education Society,
Off. Talmakiwadi, Mumbai-400007

Saturday, 18th August 2012

9.30 a.m.	Nihar Kabinittal – Flute Recital
10.30 a.m.	Sameera Koppikar Sharma – Light Vocal
11.30 a.m.	Manvandana III : An audio-visual on Saraswats in Sugam Sangeet presented by P. G. Burde and Ajay Krishnarao Ginde
5.00 p.m.	Dr. Leena Gangolli – Classical Vocal
6.00 p.m.	Mallika Kilpady - Classical Vocal
7.00 p.m. onwards	Dhruba Ghosh – Sarangi

Sunday 19th August 2012

9.30 a.m.	Mihika Bolangady – Classical Vocal
10.30 a.m.	Milind Raikar – Violin
11.30 a.m.	Girish Sanzgiri – Classical Vocal
5.00 p.m.	Anuradha Kuber – Classical Vocal
6.00 p.m.	Pratima Tilak – Classical Vocal
7.00 p.m. onwards	Nayan Ghosh – Sitar with Ishaan on Tabla

Monday 20th August 2012

9.30 a.m.	Kalyani Hemmady – Classical Vocal
10.30 a.m.	Abhay Naimpally – Guitar
5.00 p.m.	Tulika Ghosh – Classical Vocal
6.00 p.m.	Taal Vaadya Kacheri led by Sadanand Naimpally
7.00 p.m. onwards	Pt. Nityanand Haldipur – Flute accompanied by Pt. Omkar Gulvady on Tabla

Tabla Accompanists : Pt. Omkar Gulvady, Arun Hattangadi, Jayesh Rege, Santosh Chandavarkar, Ishaan Ghosh, Uday Raikar, Sushant Ullal, Prasad Padhye, Kaushik Basu and others

Harmonium Accompanists : Hemant Hemmady, Siddhesh Bicholkar, Sudhir Nayak and others

Admission by Donation Passes – Contact KSA Office – 23802263

Rs. 100/- for Season (6 sessions) and Rs. 50/- per day

This Sangeet Sammelan is specially held to commemorate Pt. Pannalal Ghosh Centenary Year. This is a rare occasion when two flautists and three close blood relatives of Pt. Pannalal babu paramapara are featured.

Prakash Burde and Ajay Ginde will present an Audio visual on well-known Saraswats in Sugam Sangeet with top Vocalists and Instrumentalists participating. The opening artists will be youngest of Panna parampara viz. Nihar Kabinittal and closing of Programme will be done by Veteran Nityanand Haldipur, the acknowledged International Flautist.



From The President's Desk.....

It is true, that not everyone gets a chance to do what they love, and as such it is always easier to follow the advice that you should love what you do. In this context, I personally believe that what is important is that you should love the opportunity to do something in life..... even if it's something you do not want to do. The opportunity to be part of a new project, new team, meet new people, to forge relationships, to take on new challenges and build a fruitful life.

You could make mistakes in the beginning and even find it a little unpleasant taking on a new responsibility that you know nothing about. You don't have to really like it, you just have to learn to appreciate the fact that you are doing something which you probably wouldn't have done had it been left to your choice. Who knows....you may even enjoy the new initiative once you have got hands-on experience of it.

Instead of cribbing about the fact that you have been shaken out of your comfort zone or set pattern, appreciate the person who believed in you, before you believed in yourself... appreciate the person who said, "Hey, I am confident that you can do it."

If you will embrace both the fun and challenge associated with a new opportunity, you will soon find that your self-confidence starts to grow and that you go from being a skeptic to being a believer. You feel happy that you took on the challenge of venturing in uncharted waters. Sometimes in the beginning, when you are just getting started, you don't always see how big the opportunity is. So, before you are tempted to give up or get discouraged, remember all success is based on long term commitment, faith, discipline, attitude and a few stepping stones along the way. You might not like the stone you are on right now, but it's sure to be one of the stones that lead to great opportunities in the future.

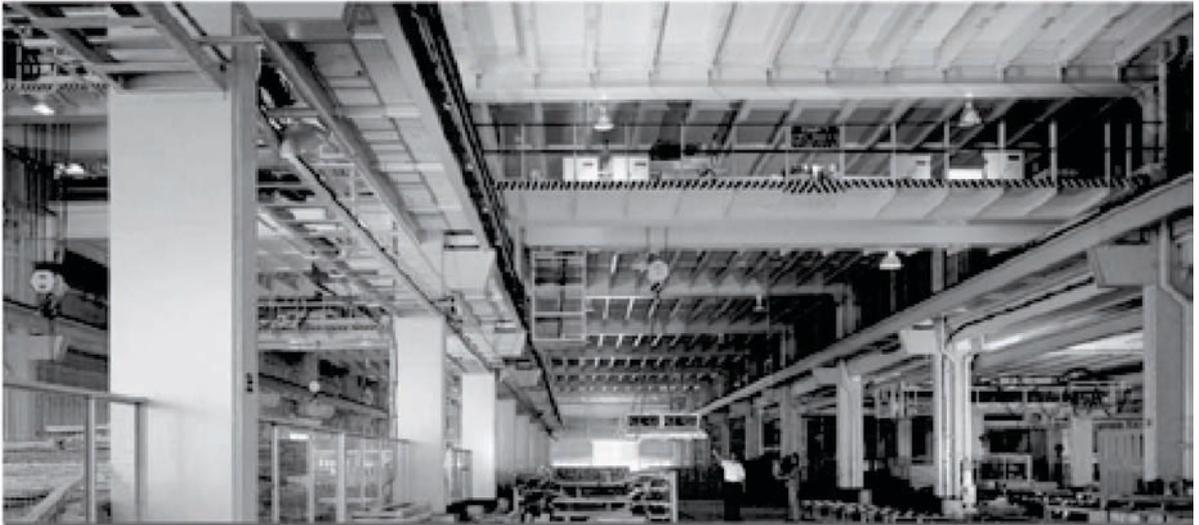
I once read the following lines which are forever etched on my mind – Don't wish it was easier; wish you were better. Don't wish for less problems; wish for more skills. Don't wish for less challenges; wish for more wisdom. Remember, that you need to either modify your dreams or magnify your skills. Learn to hide your need and show your skill.

I completely believe in the saying that "Whatever the mind can conceive and believe, it can achieve". So, trust yourself, trust your ability and grab each and every opportunity with both hands and don't ever let go. Who knows what you might become just by trying out something new, something different and something unexpected.

Life is full of its twists and turns, and the next bend may turn out to be your road to never before success. Travel on, dream on and do remember to have fun on the way.

Wishing you lots of opportunities!!!!!!

– Suresh S. Hemmady



Lift up your expectations

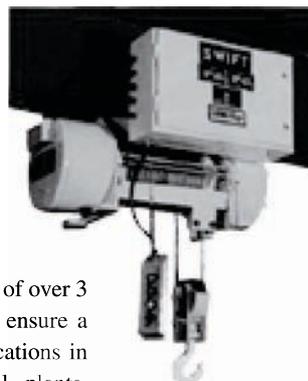
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Letters to the Editor

Dear Editor, In April issue, I read with great interest, the inspiring article on endeavours of Shri D.N. Sirur and the enterprises that he created, helping dozens of Amchi families to prosper in Bangalore, Mumbai, Hubli etc.,

When Dattamam expired suddenly in 1937 at the age of 61 years at the height of glory and success, I happened to be in Bangalore as a 10 year old boy. Living amongst Amchi families in Malleswaram I saw the gloom all over Mysore and the Minerva Mill stalwarts: Narsing Sirur, Someshwar Mangesh Rao, Dattatraya Nagarkar, Nainpalli Ganpat Rao, Basrur Ganpat Rao, Dattatray Kallianpur, Tombat Sakharam Rao who all worked with inspiration from their beloved boss – D.N. Sirur.

The Amchi Hub of Literates, all migrants from agricultural Kanara District, lived in Malleswaram and prospered in D.N. Sirur enterprises.

– **Ramdas Mundkur, (85 years), Bangalore**

Dear Editor, My attention has been drawn to the news item “NCERT likely to review cartoon on Ambedkar” (Hindustan Times April 7)

While I cannot comment whether a contemporary cartoon by Shankar is seen in bad light today, it appears that neither the HRD Ministry nor NCERT are aware of the procedure of how a Constitution is prepared and who adopts it.

It is the Constituent Assembly that adopts the Constitution. This Constituent Assembly has a small staff or a Secretariat to assist. First a rough Constitution called the Draft Constitution is prepared. Then this rough or draft Constitution is debated clause by clause in the Constituent Assembly. There are additions, deletions, revisions, modifications and then finalization but always clause by clause, therefore time consuming.

Sir Benegal Narsing Rau in his capacity as Secretary-General of the Constituent Assembly prepared the draft Constitution, Dr. B. R. Ambedkar was in charge of the finalizing the draft Constitution.

– **C.A. Kallianpur, Bandra, Mumbai**

Dear Editor, I wish to convey my thanks to Shri Chaitanya Ubhaykar, Goa for his comments (Bhashya) on Konkani poems published in the April 2012 issue of ‘KS’. To popularise Konkani it is necessary to write Konkani poems which can be set to music since only "sahridaya" can appreciate poems written sans rhyme and rhythm. For those knowing Marathi I recommend that they read "MARATHI KAVITA : JUNI ANI NAVI" (Marathi Criticism) (Author: W.L.Kulkarni, Popular Prakashan, Mumbai). I have uploaded a few videos and Konkani poems on the internet and can be accessed by searching 'Kodkanimam' on Google.!

– **Sudhir Kodkani, Santacruz, Mumbai**

Dear Editor, My attention has been drawn to the write-up by Dr. Chaitanya S. Gulvady on our National Saying "Satyameva Jayate" from the Mundaka Upanishad in the K.S. of June 2012.

The author of Mundaka Upanishad was Shree Gaudapadacharya whose disciple Shree Govindapadacharya initiated Shree Adi Shankaracharya into sanyas!

The Shree Gaudapadacharya Math which was originally at Kushasthali / Kushasthal (present day Cortalim) was destroyed by the Portuguese in 1564 and had to be re-established at Kavale (therefore called Kavale Math) after the abolition of the Inquisition in 1814 but by that time our Math had already come up 106 years before because of the Nagar Saunthan incident in 1708 during the rule of the 13th Keladi, Basavappa Nayaka (1698-1715)

Therefore our Math or Monastery tradition is actually the Shree Gaudapadacharya Math tradition which is Smārth Saraswat heritage.

C.A. Kallianpur, Bandra, Mumbai

Dear Editor, This is with reference to the letter to the Editor in the June issue of KSA regarding Konkani poems, which appeared in the April 2012 issue of the magazine. The writer points out that the poems are prose-poems, which cannot be composed in music like our old poems, which had tunes with beats to enjoy. Yes, I too enjoyed these songs and bhajans. But here the very purpose of

the poems was to enhance the literary aspect of our language, which is diminishing day by day

Every art form (such as paintings, dramas, etc.) changes its style after some years. Famous Marathi poets have written prose-like poems known as Navakavita so that attention is drawn towards the words and their meanings. Thus, the focus of those Konkani poems was to help expand and magnify the field of our mother tongue. This was the main intention of the Konkani Parishad, which was held with great effort recently in Mumbai by inviting all Konkani people from various States.

**Mrs. Aruna B. Rao (Kundaje),
Colaba, Mumbai**

Dear Editor, Firstly, let me compliment KSA for giving us the KSA magazine on internet. We could read the whole issue (which we eagerly await each month) on the net, even when we were away from our home.

Secondly while the whole issue is very well brought out, and every page is readable, the following articles need special mention

1. The Saraswat Mahila Satkar. (Jagatik Chitrapur Saraswat Mahila Din)

The introduction to each eminent personality

in inimitable Marathi by Uday Mankikar and their respective acceptance speeches make us look upon our people with pride and contentment.

2. The article by Dr Gulvady on our national motto which gave the original reference of the motto and explained the concept in detail.

3. The beautiful narration by Meerapachhi Mavinkurve of the way her marriage was fixed and the events which followed. Very graphic indeed and transported us back in Time!.

4. The very readable article by Kuldeep Kalawar about the joy of growing old (His simile of the body as a car is so very apt!). Apart from being very readable, this article has points which must be considered for practising on a daily basis by the generation which is getting "old", and, last but not the least,

The cover page as always makes us proud when we read about the outstanding personalities in our community being honoured by the Organizations and the people who matter. The grace of our Gurus and the Guruparampara is manifest in all this, I feel.

May the magazine continue to provide us with such excellent material every month!

– **Krishnanand Mankikar, Vakola, Mumbai**

Revision of Rates at the Swami Parijnanashram Pathology Laboratory:

The Health Centre Lab has strived to give quality service at very moderate rates.

Rising costs have compelled us to revise the rates marginally for some tests. However, additional tests have been included in certain packages to give Value for Money. Some of the new rates for common tests, effective from June 2012, are given below in Rupees:

Complete Blood Count with ESR.....	100	PROFILES	
CBC with malarial parasite	125	BASIC PROFILE.....	200
Blood grouping and rh factor.....	50	DIABETIC PROFILE.....	300
Blood sugar	30	HEPATIC PROFILE	350
For each test – BUN,	50	LIPID PROFILE	150
Serum Creatinine, S. Bilirubin (total & direct) SGOT,SGPT			
For each test - Cholesterol, HDL, LDL, Triglycerides, Alk phosphatase, Uric Acid	50	PRENATAL (PREGNANCY) PROFILE	400
Urine Routine with Bile salts & pigments	50	FEVER PROFILE	400
Stool Routine.....	40	ARTHRITIS PROFILE	200

Eff. 1st July 2012 Doctors chg. Rs. 80, 1st follow-up free, 2nd follow-up onwards Rs. 60/-, ECG available at Rs.100. (Discounts available for Senior Citizens as per schedule)

– **Dr. Prakash Mavinkurve, Hon. Secretary, Health Centre**

“MAYA TO MATTER”

BY N. JAYAVANTH RAO, BANGALORE

My wife Lalith and I were among the fortunate few invited to a unique function arranged by the Natya & STEM Dance Kampni in collaboration with the World Dance Alliance on 27th May 2012 to felicitate one of the country's top living exponents of the graceful dance form of Kathak, Dr Maya Rao (née Hattangadi). Dr. Maya Rao was bestowed the prestigious “Tagore Akademi Ratna” by the Sangeet Natak Akademi, Delhi on the occasion of the 150th Birth Anniversary of Gurudev Rabindranath Tagore. This award was given to 50 eminent Indians, and Maya Rao was rightly chosen to be among them.

At this same function a lovely DVD ‘Maya to Matter’ of Maya Rao’s Lecture-Demonstrations on various aspects of Kathak was also released. The DVD is indeed a valuable treasure that every lover of Kathak will much enjoy and cherish. In it Maya Rao talks of her various experiences, the different aspects and her interpretations of this great art form. Short clips from the DVD were played at the function, which kept the audience spellbound.

The chief guest at the function was Shri Chiranjeev Singh, ex-Addl Chief Secretary of Karnataka Govt, ex-Ambassador of India to UNESCO, Chairman of Alliance Française de Bangalore and a great art connoisseur. Speaking on the occasion, Shri Chiranjeev Singh aptly summarised Dr Maya Rao’s stature in his opening remarks. He said in Japan every year they nominate one person as “a living human treasure”. If India does introduce this, he could say without hesitation that Dr Maya Rao would be among the most qualified persons to be bestowed that honour.

Maya Rao is indeed one of the foremost exponents of Kathak, having had the privilege of intense Talim of this art form from the legendary Shambhu Maharaj of Lucknow Gharana (uncle and Guru of Birju Maharaj) and Sundar Prasad of Jaipur Gharana. She synthesised the best of both styles to create her own unique interpretation of Kathak. However, what sets her apart is the fact that she is the only Kathak exponent to have learnt

choreography from the Lunarcharsky Theatre Institute in Russia, which was considered the only one of its kind in the world to give systematic training in choreography.

It must be remembered that she took the bold decision of pursuing a career in Kathak at a time when this dance form as a career for girls was almost frowned upon in our community, as it was considered the domain of tawaifs. It speaks volumes of the broadmindedness and vision of her parents and other members of her family to have actively encouraged her to pursue this great art form to become one of India’s foremost Kathak exponents.

She is the founder of the Natya Institute of Kathak and Choreography in Delhi and ran it for 23 years. Her first performance was a duet with her guru Shambhu Maharaj, which was followed by numerous solo concerts all over the country and abroad. During the early years of her stay at the Bharatiya Kala Kendra in Delhi, it was she who inducted Birju Maharaj into the Kendra. She has trained innumerable disciples, many of whom are noted dancers in their own right. One of the shining stars among her disciples is her own daughter Madhu, who is indeed a chip off the old block, and is the recipient of the Ustad Bismillah Khan Yuva Puraskar for Creative Dancing.

In 1987 she moved to Bangalore and set up a similar Institute which is affiliated to the Bangalore University. She has choreographed numerous ballets totalling nearly a hundred. She has led cultural troupes under the aegis of ICCR all over the world. At the Chitrapur Rang Ranjani in Shirali, on the occasion of the Tercentenary celebrations in Dec 2008, an exquisite ballet ‘Chitrapur Guru



Parampara,' specially choreographed by her, was performed by her disciples in the august presence of our Parama Poojya Swamiji, to the delight of the large audience present.

She has received innumerable prestigious awards like the Sangeet Natak Akademi Award, Emeritus Fellowship from the Ministry of HRD, Rajyotsava Award, Natya Kala Ratna from Bangalore Gayana Samaja, Shantala Award, an Honorary Doctorate from the Bangalore University and many others. Well into her eighties now, age has not at all dimmed her enthusiasm and she continues to actively teach and choreograph at her institute in

Bangalore. She is a shining star of our community, and all of us Bhanaps and indeed the entire dance fraternity of India can be justifiably proud of a gem like her.

Despite her greatness, Mayapachi is such an unassuming, simple and good human being, always ready to help any one who goes to her. Right from the time we knew her in the 50s, we have both been in awe of her and continue to be so till this day.

We pray to God to give her a long, happy, healthy, active and fruitful life.

Shri Chitrapur Math - Chaturmāsa Committee - 2012

Shri Chitrapur Math, Shirāli

Dear Sādhaka,
Namaskāra!

With the Blessings of Lord Bhavānishaṅkar and Parama Pūjya Parijñānāshram Swāmiji III,

Our beloved Guru and Mathādhīpati of Shri Chitrapur Math,

Parama Pūjya Shrimat Sadyojāt Shaṅkarāshram Swāmiji

will observe the

Chaturmāsa Vrata 2012

Nandana Saṁvatsara

at Shri Chitrapur Math, Shirāli

From Tuesday, 3rd July to Monday 30th September 2012.

We invite you to participate in all the programmes with your whole-hearted enthusiasm and make this a truly joyous Parva.

During this auspicious period, pūjā-s, anushthāna-s, bhajana-s, aṣṭāvadhāna-seva, cultural programmes and other such will be conducted. Devotees may please indicate the sevā-s and the dates on which they would wish to perform them.

We also request your generous contribution by offering sevā-s as tabled below.

We look forward to your involvement in Chaturmāsa 2012 and make it a spiritual and enriching period for the community.

Yours in the sevā of the Math and the Guruparamparā,

Shri Arun D Nādkarni

Convenor

Shri Chitrapur Math-Chaturmāsa Committee-2012

Sevā Rates

Sl. No.	Sevā Particulars	Amount (In Rupees)
	Sevā-s during Chaturmāsa Vrata-2012	
1	Vishishṭa Sevā (Annadāna Sevā + Sarva Seva) (Memento)	12,500.00
2	Annadāna Sevā (includes Shri Pādapūjā + Shri Bhikshā) (Memento)	10,000.00
	One Day Breakfast	2,000.00
	One Day Prasāda Bhojana	5,000.00
	One Day Rātri Bhojana	3,000.00
3	Sarva Sevā	2,500.00
4	Shri Bhikshā	350.00
5	Shri Pādapūjā	50.00
6	Ājya Sevā- at Shri Gurupādukā Sannidhi - for a day (Other Sevā-s - as per Math sevā List)	250.00

Shrī Chitrāpur Math - Chāturmāsa Committee - 2012

Shrī Chitrāpur Math, Shirālī

PROGRAMME

GURU PŪRNIMĀ Tuesday, 3rd July 2012

- 8 am
- Sāmūhika Prārthanā
 - Vyāsa Pūjā by Parama Pūjya Swāmiji
 - Shrī Pādukā Pūjā, Tirtha vitarāṇa
 - Bhikṣhā Sevā followed by Santarpana
 - Maṇḍala Pūjā
 - Mahāpūjā
- 5 pm
- 6 pm onwards
- Cultural Programme / Bhajana-s
- Dharmasabhā**
- Sabhā Prārambha Prārthanā
 - Shrī Pādukā Pūjā by the Convenor and the President, Standing Committee
 - Welcome Address by the Convenor
 - Address by the President, Standing Committee
 - Āshīrvachana by Parama Pūjya Swāmiji
- 7:30 pm onwards
- Dīpanamaskāra • Aṣṭāvadhāna Pūjā • Prasāda Bhojana

DAILY PROGRAMME

- 6 am
- Suprabhātam
- 6 am
- Jalābhishēka
- 8 am
- Sāmūhika Sādhanā - Stotra Paṭhana,
 - Gāyatrī Japa Anushthāna, Devī Anushthāna
- 9.30 to 11.30 am
- Cultural / Religious Events
- 11.30 am onwards
- Mahāpūjā • Shrī Pādukā Pūjā, Tirtha vitarāṇa
 - Bhikṣhā Sevā followed by Santarpana
- 3 to 4.30 pm
- Vimarsha, Parāmarsha/Gīrvāṇa etc.
- 5 to 6 pm
- Sāmūhika Paṭhana - Guru Paramparā Charitra
- 6 to 7pm
- Devotional Music/Bhajana-s
- 7 pm
- Dīpanamaskāra • Pūjana by Parama Pūjya Swāmiji
 - Aṣṭāvadhāna Sevā • Prasāda Bhojana

*Details of day to day programmes will be announced on the Notice Board on the previous day.

Simollaṅghana

- 4:30 pm on wards
- Gaṅgā Pūjana, Simollaṅghana
 - Dharmasabhā
 - Shrī Pādukā Pūjā
 - Kshmayāchanā and Expression of Gratitude
 - Address by the President, Standing Committee
 - Āshīrvachana by Parama Pūjya Swāmiji
 - Phala Mantrākshata
 - Shobhā Yātrā
 - Sabhā Prārambha Prārthanā
 - Sambhāvanā
 - Prasāda Bhojana

Gurudas. V. Masurkar

A Successful Philanthropic Businessman Congratulations on Completing 90 years

GURUNATH S. GOKARN, MUMBAI



“For ‘Capital Fund Raising’, the first person we thought we could approach was Gurudas Masurkar. He has a big heart so we went to him first.” These were the words of Suresh Hemmady, the President of the Kanara Saraswat Association at the inaugural function of the Centenary celebrations in 2011 at Ravindra Natya Mandir, Prabhadevi, Mumbai.

Whether it is the Kanara Saraswat Association or any other cultural or religious organization G.V. Masurkar is always in the forefront in contributing substantial finance and encouraging its noble cause. In April 2009 KSA modernized the Pathological Laboratory with a Semi Auto-analyser and Blood Cell Centre. Gurudas Masurkar came forward and spontaneously donated a substantial amount.

Gurudas’s journey from a middle class struggling youth to a successful entrepreneur is an encouraging story for any aspiring young person. This was narrated by a well known NRI author Aruna Bhargava in her book “EVERYDAY ENTREPRENEURS – The Harbingers of Prosperity and Creators of Jobs”.

On 11th July 2012, Gurudas is completing 90 years of his successful life. Though the years have taken some toll on his physical body, mentally he is still young and always attends his office even on a wheel chair!

After completing his B. A. (Hons), he started his career as a Medical Representative in Crooks Laboratories. He worked in this Company for 29 years, though the Company went on changing its name, finally as Duphar Ltd. At the age of 56 he left the Company to start his own business. During his working career, he made his name as a ‘Hardcore Marketing Professional’ and launched famous brands like ‘Crocin’, ‘Lactocalamine’ and

many others. From being a Medical Representative, he rose to become the All India Sales Manager and was responsible for giving excellent growth in sales to his Company. During his working tenure he employed several Amchi Youths in his Company and also guided many others to take up sales and marketing as their professional career.

In the year 1977, he started his own Company Entod Pharmaceuticals Ltd. specializing in Ophthalmic and ENT medicines. His business has now expanded considerably with multi-core turnover in India and abroad and employs around 300 persons.

Gurudas, also took keen interest in The Shamrao Vithal Coop. Bank and made several useful suggestions for improving its working. He was a Director of the Bank for more than 10 years and also became the Chairman of the bank. He is a Vice-President of the All India Saraswat Cultural Association (AISCO).

He is not only a veteran in the Pharma Industry, but also a successful and philanthropic businessman from our community. My contacts with him are for the last several years and his noble attitude and willingness to help any person any time has had a deep impression on me.

May Guru Parampara and Lord Bhavanishankar bless him with many more years of health and happiness.

**Shri Chitrapur Math – Mumbai (Grant Road)
Local Sabha Announces**

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Recitation Competition -2012

Shlokas for memorisation and recitation
for all Groups (i, ii, iii, iv and v) – Shloka 1 to 22
of RajvidyaRajguhyayoga i.e. Chapter 9



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KANARA RATNA AWARD



The “Kanara Ratna Award” the first of its kind is presented every year to the outstanding personality of Kanara District for his / her exemplary achievement in Business, Profession, Industry, Education, Art, Science, Literature, Culture and Social Work etc.,

During the year 2012 Kanara Ratna Award is being presented among 13 others to Shri N.S. Rao, Chairman Emeritus of Pest Control (I) Ltd for his distinguished and meritorious services in the field of Environment Management and Horticulture.

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Professor Hattangadi Shashidhar Bhat A Doyen of Urology in India

BY DR. K. SASHIDHARAN

Dr. Hattangadi was born on January 21, 1921 in Udupi. His father, an accomplished surgeon whose life was defined by advocacy for the poor and respect for human dignity, passed away at the age of 38. His qualities remained in the junior Bhat, and inevitably he chose a career in medicine. After graduating in 1945 from Stanley Medical College, Madras, H.S. Bhat went to Vellore for his M.S. at the Christian Medical College. There he stayed for three decades as a faculty member.

He was tutored by masters of the surgical craft such as Professors T.H. Sommervel, John Spencer Carmen and Roger Barnes. Of the three, Professor Roger Barnes influenced him most. Prof. Barnes was an undisputed master of transurethral resection of the prostate. Among the surgical residents Dr. Barnes reckoned Dr. Bhat in temperament and talent to be the most suited to be taught the intricacies of transurethral resection. Dr. Bhat took it all in avidly and gravitated towards urology. From 1957 to 1959, a Rockefeller Fellowship and other Fellowships enabled him to work in major American and European centres and interact with top urologists. On his return, he started the Department of Urology at the CMC Hospital, Vellore.

In a few years he converted the department into a major centre of urology where he catalysed many a trend setting event. He was the first Indian surgeon to exploit bladder flaps, intestine, Teflon and penile prosthesis in reconstructive urology. An unmatched resectionist, he oversaw the introduction of transurethral resection of prostate in India. In



fact, he enriched every facet of urology. The pinnacle of these achievements at Vellore was India's first successful renal transplantation in 1971, performed by his protégé M. Mohan Rao. As his department's reputation soared, many urologists became interested in watching the master in the art of surgery. Dr. Bhat kept his department open to such young urologists. A Master's

course in urology was started in 1965.

Dr. Bhat aligned himself readily with the changing paradigm and dynamics of post graduate education. He questioned the relevance of the traditional hierarchical relations between post graduates teachers and their students and insisted that the concept of teacher supremacy and student subservience is outdated. He did not see student obsequiousness a substitute for thought and academic perseverance.

Throughout his career, he was a defender of patient's rights and prerogatives. The very work culture of his department was a potent validation of such rights. No surgery was ever performed without a succinct and decipherable explanation of the planned procedure to the patients. And he insisted that we pay attention to drafting exquisite discharge summaries loaded with strategic details. The summaries were always scrutinized and amended further by Dr. Bhat, who removed verbiage, and added greater reasoning.

There was always an unceasing stream of patients from all social strata to his department. Among them were Rajaji, Periyar, A.K. Gopalan, V.V. Giri, General Thimmaya, E.M.S. Nambroodiripad, Jayaprakash Narayan and Amitabh Bachhan. The

actor would forever retail Dr. Bhat's services with respect, affection and unalloyed gratitude for restoring his health. Jayaprakash Narayan spent two months at the CMCH during the early part of the Emergency period to undergo a prostate surgery and to subdue his somewhat refractory diabetes.

It is a testament to Dr. Bhat's humility that he never privately or publicly made any claim of having treated such eminent people and remained reticent throughout about his proximity to them. He would bestow identical care to the commoner and the economically disadvantaged as well.

In 1991, Dr. Bhat and his wife Dr Prema Bhat, a distinguished microbiologist, shifted their establishment to Puttapparth after having been invited by Satya Sai Baba to be part of their faculty at the Sri Sathya Sai Institute of Higher Medical Sciences (SSIHMS). They structured their respective departments. He deemed it an opportunity to work in an extraordinary hospital, though largely untested at that point. His former students, now elevated to positions of import at various universities, were more than willing to aid his efforts; they periodically travelled to Puttapparth to teach and operate. The Department of Urology at the SSIHMS under his stewardship gained national fame in a relatively short period. His conscientiously tended it till his death.

Despite being plagued by health challenges and devastated by the loss of his spouse in 1997, Dr. Bhat's commitment to postgraduate education remained resolute. Even in October 2010, a month before his demise, he found the time and the strength to oversee the conduct of a major postgraduate programme of national salience at the SSIHMS. He passed away on November 19, 2010.

November 19 2011 marks the first anniversary of the passing of Professor Hattangadi Shashidhar Bhat, Urologist and teacher.

(Dr. K. Sashidharan is a former Head of the Department of Urology at Manipal University, a former Editor of the Indian Journal of Urology and Past President of the Urological Society of India. He is now the Professor of Urology at the Kerala Institute of Medical Sciences, Thiruvananthapuram)

– Courtesy The Hindu

“Laxmi ! My Mother !”

I rushed to the sea shore,
hurt and alone,
Bowed with my burdens, drowned in my sorrows.
There I sat huddled with my miseries.
Then !

There came My Mother, stepping out of the sea.
From her thousand Petalled Lotus Seat,
Walking towards me.
Leaving Lotus like imprints of her feet behind her,
Tinkling her Golden anklets, smiling at me.

Her hair flowing behind her,
Streaked with the pearls from the sea.
Her fair brow adorned with tiara bejeweled,
Her red saree bordered with sparkling jewels,
The red sun shining like sindoor on her forehead,
Tinging her cheeks pink like the morning sky above head.

Eyebrows etched like the waves of the sea.
Her eyes brimming of assurance and love for me,
I looked at her through the tears streaming
Down from my eyes.
And fell down at her lotus feet,
Surrendering all my lives !

I wanted to bathe her dear feet with
My joyful tears pouring out from my soul !
But could a mother stand still, and see her child at her feet roll?
She stretched her petal like hands
Dazzling with the bangles,
And clasped me to her heart
Lifting me away from all the tangles.

There, we sat on the sea shore,
Watching the world go by,
She on her thousand petalled lotus seat
I by her feet.
Leaning against her,
Reassured by her hand resting on me!

I saw my burdens blown away.
My difficulties dissolved!
A path cleared along especially for me,
Streaming with abundance, Love and Glee!

– Neela C Balsekar, Mumbai

Manoos - Marathi or Otherwise

KALINDI S. MUZUMDAR, MUMBAI

We have been reading about the recent agitation in Maharashtra by the MNS in defense of the Marathi “Manoos” and the Marathi language. A few years ago, the Shiv Sena also had allegedly initiated the stir against the Udipi restaurants. Recently, the MNS sent back the labourers who came to Mumbai in search of jobs. Taxi drivers in Mumbai were allegedly attacked by the MNS workers for not being able to speak Marathi.

What is the rationale for these attacks in defense of the Marathi “Manoos” and the Marathi language? There could be two main reasons:

(1) A genuine desire to ensure jobs for the Maharashtrians.

(2) To get political mileage out of the Marathi issue. The print media emphasized this as the reason to rejuvenate the party’s sagging image.

Whatever may be the reason(s), is any one justified in such crimes against “Manoos”, Marathi or otherwise? History is replete with savage acts against humanity. Conflicts between Protestants and Catholics, Aryans and Dravidians, Hindus and Muslims and the attacks on the Jews by Nazis are a slur on humanity. Maharashtra, supposedly a well educated and cultured state, has had its own share of communal and religious riots. Innocents were butchered and women, children, senior citizens and the differently abled were the worst sufferers. What was the result? Hatred, distrust and insecurity!

Additionally, physical injuries, loss of lives, loss of homes and means of livelihood added to the woes of the victims!

Let us examine the two main reasons for the attacks on Non Maharashtrians. If the concerned political parties want to ensure jobs for Maharashtrians let them find out if the latter are willing to do the jobs such as construction work on building. A few years ago, Goa had no slums. But as the construction work on buildings and roads began Goa had to “import” manual labourers from the South, since the Goans would not do such jobs. These labourers were not provided adequate

accommodation and other facilities. So they began to live in the available vacant land. Hence the growth of slums and the ensuing discrimination.

I cite another example of job specific groups among migrant labourers. In 1973 the Churchgate Station in Mumbai, was being expanded. My college (Nirmala Niketan, College of Social Work), placed students there to gain field work experience. My students and I worked with the migrant workers to assess their needs and problems and to empower them in alleviating them. We found that the labourers from Maharashtra took up the carpentry work while others were involved in digging up the ground to install another rail line. This apparently indicated that most Maharashtrians are not inclined to manual work.

The son of the soil theory should not be brutally imposed on the migrants. There may be few or no employment opportunities in their own states. Hence the Chief Ministers of their respective states should be confronted. The BPL groups should be empowered to assert their rights and to question the efficiency of NREGS and the PDS in their states.

In May 2010, I had the fortune of attending a function of the Leslie Sawhney Foundation and listening to the Chief Guest, the young Mr. Justice Chandrachud. The audience was overwhelmed at his scholarship and “out of the box” thinking. He advocated “transformative dialogue” between the citizenry and the judiciary. He distinguished between crime and violence by citing an example. He mentioned a case in which two youths forcefully took away the mobile of a young girl. Additionally, they raped and murdered her. He clarified that theft is largely due to poverty but questioned the violence over and above the theft. He felt that it is due to discrimination wherein individuals and groups are alienated, ostracized and deprived of human dignity.

Our stereotype perceptions of certain communities, castes and religions lead to mental

blockages. Aristotle, the Greek Philosopher, abolished slavery yet he did not grant the slaves the right to vote. We, as adults should be on our guard to banish discrimination in our thoughts and action. Our children and grand children should learn to respect humanity. Children are quick to absorb hatred, fear and distrust against certain communities. A few years ago my colleagues and I, after the completion of a workshop on communal harmony, went to Osho's Ashram in Pune. We were stopped at the gate as the prayers had already started. We stood in the garden trying to hear the religious discourse which followed. There were a few children of foreigners playing in the mud. One of them asked me if I was an Indian. When I answered in the affirmative he said, "But you don't look like Indian." I asked him as to how Indians look and he contemptuously replied, "Dirty"!

In the nineties I went with my students on an educational camp to Rajasthan and lived in an outhouse on top of small hill. The mali cum caretaker, refused to bring water for us as we were "Bumbaiyas" One night the students wanted to attend a programme of Bhajans far away. They thought that I would not be able to walk that distance and suggested that a young local Muslim boy should take me to a grocery shop cum residence at the bottom of the hill. As we went there the

grocer did not invite us in. Since my chaperon was a Muslim he had doubts about me despite my big "bindi". Later, when my chaperon left, he allowed me to enter the house. I told him that I do not eat dinner and he seemed relieved. He then asked his wife as to where I should sleep. She replied that she would put mattress on the floor for me. I said that it will be fine for me. Then he asked me about my work, place of residence and finally, my cast. I replied that I was a Saraswat Brahman. The effect was magical! He kept repeating my cast to his wife, mother and children. The whole house seemed to be electrified? I was offered the cot (despite my objections) and a glass of milk which I politely refused. I was pained to see such discrimination and bias though positive!

Can we, the Saraswat Community, be the torch bearers in the process of eliminating discrimination and creating a peaceful environment? Let us stop using derogatory terms to identify certain groups. Can we stop using the word "bondo" for Muslims, or "dorko" for Vaishnavite Gaud Saraswas. "sudranchi" to mean harijans and "tenki" and "badgi" to distinguish between Saraswat from different parts of Karnataka.

In conclusion, discrimination of any kind and denial of human rights ultimately lead to self destruction.

Attention – Past and Present Residents of Anandashram CHS

Anandashram CHS Grant Rd Mumbai 7 is celebrating its 75th anniversary on 26th December 2012. To commemorate this happy occasion we would like to publish a souvenir.

All the past and present residents are requested to send their memorable experiences written in English or Marathi. The articles should be brief and interesting (Not more than 750 words) and may be e-mailed at anandashram1937@gmail.com. The following information should be given:

1) Name 2) Date of Birth 3) Duration of residence in Tenement No., 4) Present address, Tel No. & E-Mail address

The last date for submission is 30th September 2012

The decision of the Editorial Committee will be final

Managing Committee
Anandashram CHS
Shamrao Vithal Marg (Old Proctor Rd)
Mumbai 400007

YOGAKSHEMAM VAHAMYAHAM

DR CHAITANYA S GULVADY, MUMBAI



योगक्षेमं वहाम्यहम्। i.e. “Your welfare is our responsibility” the official Motto of the Life Insurance Corporation of India. This has been inspired from the Bhagwad Geeta Chapter 9 Shloka 22, which is as below:

**अनन्याश्चिन्तयन्तो मां ये जनाः पर्युपासते।
तेषां नित्याभियुक्तानां योगक्षेमं वहाम्यहम्।।**

Meaning : For those who are always absorbed in thoughts of Me, and who worship Me with one pointed devotion by every means, I Myself fulfill all their needs and take care of their well being.

To further elaborate, Lord Krishna assures the devotee that “I safeguard all that my devotee possesses, and I provide for him all that he does not possess, but requires; I provide for him, I look after him with regard to his material needs as well as

with regard to his higher, spiritual, divine needs.”

The Yativaryas of the hallowed Chitrapur Guru Parampara have always nurtured the Samaj with tender and loving care and we continue to progress in all spiritual, economic and educational fields. The rich Vedic culture has been carefully preserved and passed down through generations for posterity. The Paridharanam project, the Tercentenary Scholarship Schemes, Anandashraya for the bhanap samaj whilst the Anandashram and Srivalli Schools, Samvit Sudha and the community welfare projects in Shirali have reached out to the rural downtrodden. Indeed Lord Krishna in the form of the Guru has been implementing the assurance He gave his devotees. And it is for us to dedicate ourselves to the devotion and service of the Guru and the Math in gratitude.

Shri Keshavnarayan Temple Seva Samiti Shirali 581354



We are grateful to all donors and devotees for their contribution towards the renovation work of Shri Keshavnarayan Temple, Shirali.

The Punarprathista Ceremony was conducted successfully on Thursday 31-5-2012 at the Divine Hands of Param Pujya Sadyojat Shankarashram Swmiji. We request you to visit the Temple in Shirali.

With regards,

Yours in the service of Lord Keshavnarayan,

V.A. Shirali
President

M.R. Haridas
Trustee

रसास्वाद

कृष्णानंद मंकीकर, मुंबई

By the blessings of and inspiration from PP Swamiji, Girvanapratistha has been active for the past few years in conducting classes in Sanskrit. In these classes, people learn the basics of Sanskrit and ability to converse. Over the last few years, people have been able to compose passages in Sanskrit, and are able to produce and stage small skits, tell humorous stories and gradually raise their comfort level over the language.

Sanskrit has a great treasure of literature. An attempt will be made by Geervana Pratishtha volunteers to bring forth the beauty of Sanskrit so as to open a window to the world of Sanskrit, which is beautiful, entertaining and exciting, while at the same time it imparts education.

When we talk of Sanskrit we have great poets, philosophers, dramatists and so on. We also have a large collection of miscellaneous shlokas not attributed to any author in particular, but these are pithy sayings, beautiful commentaries on life in general and on human character in particular.

In coming issues, an attempt will be made to discuss some passages, shlokas, excerpts etc from our literature so as to reveal the beauty of Sanskrit. This is रसास्वाद trying to enjoy the beauty of the language by imbibing the essence.

We begin with (who else but) Kalidasa who carries the epithet of Kavi Kula Guru..

No words are sufficient to describe the greatness of Kalidasa. He has to his credit seven works, (Three plays Malavikagnimitra, Vikramorvasheeya and Shaakuntala), two epic poems Raghuvamsha and Kumarasambhava and two shorter works Meghdutam and Ritusamhaara. Each one is the greatest in its own right.

Let us see some shlokas from Raghuvamsha the epic poem by Kalidasa which narrates the story of the Ragu dynasty..

It was the practice of all authors to begin their work with an invocation to the almighty. The very first shloka goes as follows :

वागर्थाविव सम्पृक्तौ, वागर्थं प्रतिपत्तये।

जगतः पितरौ वन्दे पार्वतीपरमेश्वरौ।।१-१।।

(You will immediately recognize the first shloka as appearing in our Bhavanishankar Suprabhatam!)

It says, I bow to the parents of the universe जगतःपितरौ (the Creators) Parvati and Parameshvara-Shiva, who are united with each other like the word and its meaning, वागर्थाविव सम्पृक्तौ (this is known as अन्योन्य संबंध) and what does Kalidasa pray for? It is for (his) attaining the capability of fully understanding the meaning, the nuances, the purport of the words and their meanings वागर्थं प्रतिपत्तये. See the simplicity of the request and also see how the word वागर्थं is used by the poet. Note that he is alluding to the parents the creation – he has set forth to produce to create a mighty epic.

Let us see the next stanza

क्व सूर्यप्रभवो वंशः क्व चाल्पविषया मतिः।

तितीर्षुर्दुस्तरं मोहादुडुपेनास्मि सागरम्।।१-२।।

In this, the entire subject matter of the epic poem is introduced सूर्यप्रभवो वंशः i.e. the dynasty which originates from the Sun i.e रघुवंश and the poet immediately goes on to say that he is not capable of narrating the episodes of this great dynasty. He says, where on the one hand is the great dynasty of the raghus, क्व सूर्यप्रभवो वंशः and where on the other is the small intellect of mine, क्व चाल्पविषया (मे) मतिः and such a one that I am (like an overambitious fool) desirous of crossing the mighty ocean with a small boat !.

See the usage of the words : मोहात् That the poet is consumed with the innate desire for fame and recognition! In one word, the poet brings out the intense sentiment! तितीर्षुः one who is desirous of crossing over, दुस्तरं सागरम् the (mighty) ocean which is difficult to traverse!

See how कालिदास is capable of expressing ideas powerfully, using single words and in small phrases.

In the next stanza Kalidasa elaborates on his idea of not really being capable thus:

मन्दः कवियशः प्रार्थी गमिष्याम्युपहास्यताम्।

प्रांशुलभ्ये फले लोभादुद्गाहुरिव वामनः॥११-३॥

How am I? मन्दः dull witted, but at the same time कवियशः प्रार्थी (intensely) desirous of attaining the fame as a Poet! I will be the butt of ridicule of all, गमिष्याम्युपहास्यताम्

Just as a dwarf वामन raises his arms उद्गाहूः to obtain a fruit due to लोभ, from a tree the fruit which is easily accessible to a tall person. प्रांशु

Please note the use of simile by Kalidasa, truly, he was acclaimed for his use of similes. उपमा कालिदासस्य goes a famous saying.

He further elaborates the idea,

अथवा कृतवाग्द्वारे वंशेऽस्मिन्पूर्वसूरिभिः।

मणौ वज्रसमुत्कीर्णे सूत्रस्येवास्ति मे गतिः॥११-४॥

Or else, अथवा, I traverse the path like a thread does (easily) सूत्रस्येवास्ति मे गतिः through a gem

मणौ which already has been pierced by a sharp instrument वज्रसमुत्कीर्णे, (of extolling the virtues of that great Dynasty,) whose virtues are extolled by कृतवाग्द्वारे वंशे (literally, the doors of which are opened by their speech) the great early seers पूर्वसूरिभिः. Please note the relationship between the concept of the “door opening” and the “opening” in the gem.

How, in a few apt words the entire concept of his own humility, and the indebtedness to the elders (वाल्मीकी), is brought out in bold relief!

So much for now. इत्यलम्. We will see more instances of the beauty of Sanskrit, in the coming days.

We await your feedback.

Those needing further clarification on this, may kindly contact girvanapratishtha at chitrapur.girvanapratishtha@gmail.com, where our volunteers will be happy to assist with replies.

!! Attention !!

Members of Mavinkurve Family (Vatsa Gotra)

In response to the Appeal made in the KSA magazine of May 2012, quite a good members of Vatsa Gotri Mavinkurvekars responded and now after the culmination of Pratisthapana Ceremony on 31 May 2012, I take this opportunity to express my heartfelt thanks to all those who attended and all those who could not remain present but contributed generously to make this function a grand success. I earnestly pray to Lord Sri Mahaganapathy to bestow His Blessings for the welfare of entire Mavinkurve family members and earnestly wish that HE will certainly cast his Blessings for the well beings of the members in the present and future pursuits of life with magnanimity and prosperity.

All members to note the Tithi on which Punarsthapana made and on the same tithi Vardhanti Utsav would be celebrated in the next year:-

Sri Shalivahan Shake 1934 Nandan Samvatsar, Jaishta Maas, Shukla Paksha, Dashmi Tithi, Guruvaara Muhurta 0940 A.M. To 0943 A.M., Pratishta-Karka Lagna, Hasta Nakshtra.

On every Shukla Panchami of the month, a puja would be performed by Sh. Subrayya Bhat (Mob. No. 9379563329) or his son Sh. Narsinh Bhat (Mob. No. 9538262566). Members who desire to perform seva may contact directly to these Bhats and do the needful.

Thanking you all for the co-operation in the grand conclusion of the function.

Mahesh Pandit

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Shri Hirendranath Koppikar

KISHORE KOPPIKAR

Our Chitrapur Saraswat Community , though small in numbers is quite large in achievers from diverse fields. One such achiever was Shri Hirendranath Triambak Koppikar. He was awarded the Karnataka Sangeet-Nritya Academy prashasthi for 2004-2005 for Hindustani Sangeet in Bangalore.

Born on 26th January 1918 in a music lover's family in Dharwad; Hirendranath learnt to play Dilruba from his eldest brother Shri Ganesh Koppikar since the age of 8 years for a period of 7 years. Ganesh Koppikar was an accomplished vocal artist of Agra and Gwalior gharanas and a disciple of Ustad Rehmat Khan of Dharwad. Frequent visits of exponents of Hindustani Classical music like Pt. Panchakshari Gavai, Pt. Dilipchandra Vedi and Swamy Vallabhadas etc, to Shri Triambakrao's house helped him get valuable guidance from time to time. Later he learnt Gayaki thaat harmonium from Pt. Hanumantrao Walwekar and Pt. Vitthalrao Korgaonkar of Belgaon.

From 1950 he started performing on Dilruba at All India Radio Dharwad. Later from 1978 to 1980 he was on the audition board of AIR Dharwad. In 1968, Hirendranath's sister's son Pt. Mohan Nadkarni developed a new string instrument and presented it to Pt. Vinayak Vora his Dilruba teacher and AIR staff artist at Bombay. This instrument passed the Akashwani tests and was called Tara-Shehnai.

To popularize Hindustani classical music

Hirendranath gave Dilruba and Tara-Shehnai performances and several talks on AIR Dharwad. AIR Dharwad has several of his Tara-Shehnai performances in their archives because it is a very rare instrument. He founded Dharwad Kala Kendra in 1976 and managed it for 10 years. He also started Saraswatpur Kalavrinda in 1983 for young artists providing inspiration and exposure to many till 1987.

Hirendranath was honored for his lifetime achievement in music

- 1) In 1987 by Karwar & Ankola Deccan Education society's Gokhale Centenary College.
- 2) Vireshwar punyashra gadag annual programme & guledgudda Swamy Dattatray parvatikar Sangeetotsava in 2001.
- 3) Shree guru Puttaraj Gavai Tulabhar Guruvandana Karyakrama in 2004.
- 4) Satara Nataraj Mandir Music Utsav in 2001.
- 5) Satara Bhaktidham Sangeetotsava in May 2005.
- 6) Karnataka Sangeet Nritya Academy's prashasthi for Taar-Shehnai.

May his soul rest in peace.



संगीत म्हळ्यारि एक सागर

कै. हिरेंद्र कोप्यीकर

संगीत म्हळ्यारि एक सागर. सागरा म्हणकेचि संगीताची उत्पत्ति अतिप्राचीन, व्याप्ति अपार, गुण असंख्य, शक्ती निरंतर आनि आकर्षण अगाध. सागरा म्हणके संगीत सदा चलनशील आनि परिवर्तनशील आस्स. संगीताची व्याख्या तज्ञांनी "सौंदर्योन्मुख ध्वनिरचना" म्होणु केल्या. अर्थात् संगीत म्हळ्यारि ध्वनीची मोहिनी, जादू. "संगीतः पंचमोवेदः" म्हणु संस्कृत म्हणीयी आस्स. ओंकारांथाव्नु संगीत उद्भवलें आनि ॐ म्हळ्यारि त्रिगुणात्मक ब्रह्म अशशी म्हळ्यां. अ अक्षर अग्नीचें संकेत, उ उदकाचें आनि म मरुताचें. ॐकाराची उत्पत्ति,

प्राचीनत्व आनि महत्ती मुखावेल्या श्लोकांनीं स्पष्ट जाता.

ओंकार च परब्रह्म यावदोंकारः संभवाः।

अकार, उकार, मकार एते संगीत संभवाः।।

अकारोब्रह्मरूपंच उकारो विष्णुरूपंच।

मकारो भर्गरूपंच एते सर्वे संगीतरूपकाः।।

ह्या जगतावेल्या प्रकृतिस्थितींतुंची संगीताचो प्रारंभ जाल्लो. पक्षांगेले कलरवु, प्राण्यांगेले विंगविंगड आवाज, झरि-न्हई-समुद्राचे अवाज, मोडांचो गुडगुडु, विजेचो कडकडाट, पावसु-वारें-उज्जो हांगेले अवाज इत्यादी नैसर्गिक शब्द आयकुनु मनुष्यु

तांगली नक्कल कोरूक लागलो. ताक्का ह्या अवाजांतुं एक ऐक्य आनि समतोल दिस्सुनु आयलो-होची तालु. शब्द आणी तालु हांचें मुखांत्र मनुष्यु आपणागेले रस-भाव व्यक्त कोरूक शिकलो होचि संगीताचो उदयु.

अन्य ललितकलांक आशिलेवारीची संगीताकई मूल तत्त्वं, नियम आस्सती. हेंचि संगीताचें शास्त्र. Vibration म्हळ्यारि कंपनाने ध्वनि उत्पन्न जाता. पृथ्वी, उदाक, वारे ह्या माध्यमांथावु ध्वनि पसरता. आमगल्या पृथ्वीतलासुत्तुची सुमार ३०० कि.मी. उंचथायी वायुमंडळ पसरल्यां. हाज्जेवेल्याने ध्वनीच्या व्यापकतेची कल्पना येता.

नियमित कंपनाने नादु आणी अनियमित कंपनाने कर्णकर्कश अवाजु उत्पन्न जाता. उदाहरणार्थ घांटेचो अवाजु आणी डब्यारी हाथोडीचो मारू. नादु, सूर मृदुंगाचेरी थाप मारुं, तंतु वाद्याचि तार छेडनु तशीची नलिकावाद्यांतु वारें फुंकुन उत्पन्न कोरूक जाता. नादाचे तीनी गुण - pitch - एत्तर, volume - गात्र आनि timbre - नादगुण अथवा नादवैशिष्ट्य. कंपनाची गति तीव्र आसल्यारी नादु वैरि आस्ता, गति मंद आसल्यारी नादु तगु आस्ता. कंपनाचें Swing - अंदोलन रुंद आसल्यारी नादु होडु, अरुंद आसल्यारी नादु सानु. नादाचें pitch आणि volume एकचि दवरलेतरी विंगविंगड नादामदेंतु अंतर आस्ताचि. उदाहरणार्थ विंगविंगड गायक अथवा वाद्य. या सर्वांतु नादवैशिष्ट्य स्पष्ट दिस्ता.

एकक नादापेक्षा दुसरो, दुसऱ्यापेक्षा तिसरो वरचड अशशी भारतीय संगीतांतु २२ नाद निर्दिष्ट कोर्नु तांकां श्रुती म्हुणु नांव दिल्यां. ह्या श्रुतींचें वर्गीकरण सा, रे, ग, म, प, ध, नि, म्हुणु ७ स्वरांतुं केल्यां. ह्या ७ स्वरांचें एक scale अथवा स्वरपंक्ती. स्वरपंक्त्यो तीनी आस्सुनु तांकां मंद, मध्य आणी तार अशशी नांव. अरबी आनी फारसी संगीतांतु १७ श्रुति आशिलेतरी स्वर सातची. इजिप्त, ग्रीस, रोम, मेसोपोटेमिया आदि प्राचीन देशांतुंय संगीतांतु ७ स्वरांचीची पंक्ति आशिली. चीनी संगीतांतु ५ स्वरांचीची स्वरपंक्ती आशिली जल्यारी सार्वभौम अशोकागल्या कालांतुं बौध्दिककुंनी भारतीय संगीत चीन देशांतुं पसरलें आनी चीनी संगीतांतु परिवर्तन जाल्लें.

एककचि उच्चस्वराच्या उपयोगाने संगीताचो प्रारंभु जाल्लो. ताक्का भारतीय संगीतांतुं आर्चिका म्हुणु नांव. दोनी स्वरांच्याक गायिका, तीन स्वरांच्याक सानिका, चारि स्वरांच्याक स्वरांतर, पांच स्वरांच्याक औढव, स स्वरांच्याक षाढव आनि सात स्वरांच्याक संपूर्ण अशिश नांव. कंठस्थ संगीत आनि वाद्य संगीत ही एककचि कलेची दोनि मूखं. सुर्वेक दुंदुभि (नगारो), शंखु, तुतुरी, वेणु, वीणा, लायर, गितार ही वाद्यं ह्या अनुक्रमाने तयार जाल्लीं. प्राचीन समाजांतुं धर्मु आनि संगीत वट्टचि चल्नु आयली.प्रार्थना, स्तुति, उत्सवु, मंगलकार्य, अंत्यविधी युद्ध

आदि सर्वांतु संगीत आस्ताची. त्याचिप्रमाणे जगांतुल्या विंगविंगड देशांतुं समाज, संस्कृति आनी संगीताचो उदयु, विकासु जोडीनेचि जाल्लो.

Melody (स्वरमाधुर्य) संगीताचो मूळ आधारू. तालु म्हळेरि rhythm ताज्जो आत्मा आणी harmony - स्वरमैत्री ताज्जी परिणामकारी रचना. संगीताचे अनेक प्रकार आस्सती. पौर्वात्य, पाश्चिमात्य, क्लासिकल, पॉप्युलर इत्यादि. तालु सर्व संगीतांतुं जायीची. पौर्वात्य संगीतांतुं स्वर-माधुर्याक प्राधान्य, पाश्चिमात्य संगीतांतुं स्वरमैत्रीक. क्लासिकल संगीतांतुं चड शुद्ध, शाश्वत आनि पांडित्यपूर्ण, पॉप्युलर संगीतांतुं चड अनिर्बंध, हंगामी आनि सलगीचें. ही संगीत शास्त्राची चर्चा जाल्ली.

आत्तं संगीत कलेचो विचारू. संगीत एक महान ललितकला. तांतुं सृजनात्मकता आनि कल्पनात्मकता ओतःप्रोत भरल्या. जर्मन तत्त्वज्ञानी शोपेनोअराने संगीताक “भौतिक प्रपंचांतुलें अध्यात्म” म्हळ्यां, ललितकलांतुं सर्वसाधारणतः ज्या भावांचें परिणाम दाकौंच्याक जाता ते भावचि संगीतांतुं व्यक्त कोर्चि शक्ति आस्स. संगीताचें आन्नेक वैशिष्ट्य म्हळ्यारि जे भाव संगीत व्यक्त करता ताज्यापेक्षा तें चड सुचैता. संगीत मानवागल्या धार्मिक, सामाजिक आनि सांस्कृतिक अभिवृद्धिचें द्योतक आस्स.

मनुष्यु सौंदर्योपासक आणि मनोभाववादी. संगीत रस-तत्त्व जागृत करता, आनंदित आणि उल्हासित कर्ता. नैसर्गिक सौंदर्याचें ग्रहण कोरूक, आत्मशांति मेळोंच्याक सहाय करता. रस-भावांचें भांडार आशिलेमितीं संसंगीत पक्षी-प्राणी-मानवागलें नैसर्गिक चातुर्य (Instinct), प्रज्ञा (Intellect) आनि अंतर्बोध (Intuition) हीं तिन्नी जागृत कर्ता. संगीतामूलक हृदय आनि बुद्धी उत्तेजित आनि उल्हासित जाताति.

संगीत सर्वांक संतोष आनि समाधान दिता. इतर ललित कलांतुं स्थूल आकृतीची आनि पार्थिव सामग्रीची गरज आस्ता. जल्यारि संगीताक चैतन्य आनि कंठ मात्र आशिलेतरी उच्च दर्जाचें कलाकौशल्य व्यक्त कोरूक जाता. एद्योळु संगीताविषयांतु जाल्लेली चर्चा सर्वसाधारणतः स्थूल रूपाची. भारतीय संगीताची व्याप्ति, वैशिष्ट्य आनि वैविध्य हो एकु विंगड विषयुची जावु आस्स.

संगीत सागरा म्हणके अत्यंत विस्तीर्ण विषयु. तात्पर्य इतलेंची की संगीत म्हळ्यारि क्षणिक गुदगुल्यो कोर्चि स्वरतालांची चमत्कारिक रचना मात्र न्हयी. श्रुती, शुद्ध स्वर प्रमाणबद्ध तालु हांगेले मधुर मेळु घडोवु कलाकारु श्रोतृवृंदाक पुलकित कर्ता, रागाचि रसभरित कल्पना व्यक्त करता, समजस साहित्या मूलक भाववैशिष्ट्य उत्पन्न कोर्नु श्रोतृगणाक भानचि विसरैता. हेंचि संगीत; होचि खरो आनंदु. अस्लें अमृतसहस्य शांतिरस आनि भक्तिभावांचें मिलन आत्मसिद्धिचो एकु मार्गुचि.

Age and its Charms

PRADEEP ULLAL RAO, NOIDA

A few days ago we read about the ageless wonder, dramatist Zora Sehgal celebrating her 100th birthday. And that too by enthusiastically plunging the knife into the birthday cake with gusto ! I wonder how many of us will make it into triple figures, or would even want to in the times we live in, but, hats off to that remarkable lady's powers of self-preservation.

I suppose a lot of credit should go to the pure, unadulterated food, milk, ghee, et al, of those times to keep the body relatively free of toxins, additionally the unhurried life style that contributed. Well, the same sort of care and concern can do the same for the appliances and conveniences that we are blessed with. In my garage the pride of place is reserved for my best vehicle – a 250 cc Jawa motorcycle that my late father, Ullal Shivram Rao, bought for me on the eve of my joining my first job in Kolkata (then Calcutta) in 1972. She has been with me ever since– on the 9th of May she celebrates her 40 birthday.

The first tank of fuel I filled up was at an now mouth-watering Rs 1.73 per litre ! Well, that was before the Yom Kippur Middle East war that sent oil prices sky high ever since. The throaty gurgle of her exhaust has thundered down Red Road in Kolkata, down the Marina in Madras (now Chennai), on the Marine Drive in Mumbai and most of all down our famous Rajpath ever so often. In her 40 years so far she has figuratively circumnavigated 6 times round the Equator, clocking nearly 1,50,000 kms since. And it's not that it takes a whole lot to keep her running – just the minimal required maintenance, and, some respect would do it. And, even today she has all the required valid certificates– Fitness, PUC, Insurance, which knocks any cop off his feet if he stops me for checking! Anywhere I take her to, an instant fan club forms around with a group of folks reminiscing their own experiences with a Jawa. In fact, in our home we have a tenet – if an

appliance or vehicle is working, we generally don't replace it, unless we have to. Maybe that's one way of doing our bit for the environment!

One morning some months ago there was a group of 11 gleaming Harley Davidson bikes in front of our Club with their proud owners in their trademark black leather jackets revving up for the benefit of curious on-lookers. It was a sight worth beholding. Just then my wife, Shobhana, gave me an errand to fetch something. So, to give these Harley folks a glimpse of an yesteryear's creation I didn't take our car, but instead revved up my Jawa and rode past these 6 figure machines. Now, it was another sight to watch – all 11 Harley owners turned around yelling 'Jawwaaa...' raising their hands in salute!

Well, as Zora Sehgal would agree – age has its charms!

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Tribute

Lily (Dr Leela Rao) Kalyanpurkar

Teacher, Friend and Mother Extraordinaire (1930-2012)



DR. ARJUN KALYANPUR, BANGALORE

My mother Lily (Dr Leela Rao) Kalyanpurkar was an extraordinary and exceptional woman, who belonged to the first post-Independence generation of professional Indian women. She had a peaceful passing in her sleep on April 29, 2012, with loved ones by her side.

Among her many unique attributes that inspired me:

She was among the few women of her generation to receive a medical education. An alumna of the Lady Hardinge Medical College, New Delhi, from the 1950's, she further specialized in anatomy. Her uniqueness lay in her ability to take a complex and difficult subject like anatomy and greatly simplify it for her students at the Maulana Azad Medical College in New Delhi where she taught. Her exceptional people skills allowed her to also connect at a very personal level with her students (despite the fact that she taught a class of 180 students in a giant lecture theatre, by no means an easy task), understand their issues and concerns and reassure them when they lacked confidence, all virtues that differentiate exceptional teachers from others. As a result, she has an enormous number of adoring alumni all over the world today. As a son, having an anatomy professor as a mother meant literally growing up with a skeleton in the cupboard, as also Gray's Anatomy adorning the bookshelf, and it is to her credit that I was inspired to go into medicine myself.

Her unique trait was her exceptional ability to connect with people, at all levels, and from all walks of life. She built close and intense personal relationships where friends would confide in her their deepest secrets. In essence, this was based upon her ability to speak her mind and her keen perception that allowed her to see into people's hearts and minds, and understand their psyche. The fact that though an Amchi by birth she had spent her formative years in Delhi and Mumbai and was fluent in vernacular Hindi (right down to the slang!) helped. And her travels overseas with my father further enhanced her

global outlook, and allowed her to connect effortlessly and build lasting friendships with people from all over the world. In fact, my father used to say that while he was the diplomat by profession, she was the real diplomat in the family.

A radiantly attractive woman in her youth, she and my father formed a handsome couple and a story that I heard (much later, of course) from one of my father's IPS colleagues went as follows – my father had taken her to the Mount Abu Police Academy, his alma mater, and they were going for a walk at the periphery of the parade ground. My father's colleague was leading a march past at the time, and as they passed the young couple, the entire platoon did a spontaneous "eyes right" so the young men in uniform could get an eyeful of the glowing young bride!

She was a stalwart of the Amchi community in the Delhi of the 1970's in which I grew up. At the many "KonkAss" picnics and get-togethers that we had in those days, she was always an enthusiastic hostess, participant and even a stage performer, when the occasion demanded. Popularly known as Lilypachi or Lilyhonni, she went to great lengths to ensure that all were well fed on every occasion.

As a mother, she was remarkable in many ways. As a career woman she had to combine work with innovative childrearing techniques. When I was in school in Delhi, she would take me with her to work and drop me en route at the library, and then pick me up at the end of the day. In this manner, she inculcated in me a deep love for reading, and I was able to spend my entire summer vacation reading and surrounded by books, a unique and irreplaceable gift. She was understanding and sympathetic with problems and issues, although at the same time blunt and straight-talking. And she took great care, as I grew, to ensure that I learnt basic culinary skills and a sensitivity for participating in household chores, out of consideration towards my future spouse.

Leela Rao Kalyanpurkar – teacher, friend and mother extraordinaire – Rest in peace.

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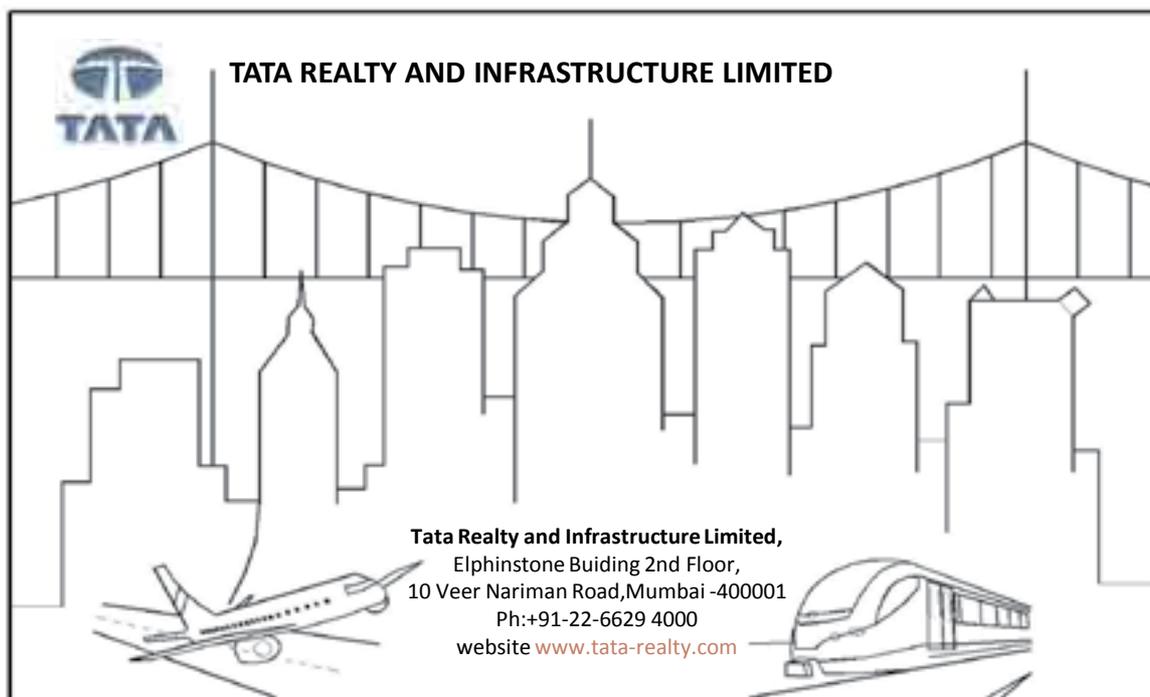
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Congratulations
on the occasion of their
Golden Wedding Anniversary
on 24th May 2012

to



Sujata (nee Nadkarni) and Chandrakant Bailoor

who celebrated their Golden Anniversary
in an Adventurous way by taking a Hot Air Balloon Flight
and later in a Traditional way by performing a Satyanarayan Pooja
in a Hindu Sanatana Temple.

*We all wish them every Happiness.
May Gold turn to Diamond and Diamond to Platinum.*

Lots of love, best wishes and fond regards
Aasheesh-Wendy, Jack and Aneasha, Atul-Sheetal, Eashwar and Saieesha
Shashi, Kuttakka, Sunanda and family,
Durgadas-Nalini and family, Meera-Ganesh and family,
Lalita and family, Chaitanya and family,
Jyotika-Subhash and family, Latika-Vivek and family

*Sujata and Chandrakant offer their revered pranaams to
Kuladevata Shri Shantadurga, Lord Bhavanishankar, Guruparampara,
HH Sadyojat Shankarashram Swamiji and
Sri Sri Sri Vidyanarayan Thirtha Swamiji and seek their blessings.
They also thank all their relatives and friends for their blessings,
best wishes, greeting cards and gifts.*

Shree
|| Om Namō Bhagawate Vasudevāya ||

Completion of 85 years of Shree Krishna Janmashtami Utsav

Started by

Late Smt. Umabai S. Jothady (Ramakka) and Late Smt. Muktabai S. Mangalore



Dear Devotees,

We cordially invite you to participate in the Shree Krishna Janmashtami Celebrations. It is because of your devotion and love that this celebration has completed 85 years and will continue for may more years.

The Utsav will be celebrated from 03rd August to 10th August 2012

03rd August to 09th August : 'Nitya Mhanati' from 3.30 p.m. onwards

09th August : Geeta Havan – 8.30 a.m. onwards
(Janmashtmi Prasad Bhojan)
Nitya Mhanati and Cradling Ceremony
from 4.00 p.m. onwards

10th August : Gopal Kala (Kallo) and Mangal 5.00 p.m. onwards

**At : 13/3, 1st Floor, KSA Building, Talmakiwadi, J. D. Marg, Tardeo,
Mumbai – 400 007. Tel. : 23808070 / 9869568198**

Thanking You,

We remain in the service of Lord Shree Krishna.

Mangalore (Kavali) Family

Shree
|| Om Namo Bhagawate Vasudevaya ||

Completion of 85 years of Shree Krishna Janmashtami Utsav

On this occasion we gratefully and affectionately remember the following devotees who helped us and encouraged us to celebrate this programme during their lifetime.



साकुरीच्चा संत परमपूज्य देवी ताई

Smt. Bhavani Jothady (Ammā), Smt. Umabai Jothady (Ramakka), Smt. Muktabai Mangalore, Smt. Sitabai Tonse (Umakka), Smt. Bhagvat Ramakka, Smt. Krishna Balsavar, Smt. Rukmabai Jothady, Smt. Sushila Gokarn, Smt. Vatsala Kaikini, Shri. Ramesh Kaikini, Smt. Chandrapachi Bhat, Smt. Lalita Jothady, Smt. Tara Kodikal, Smt. Sulochana Jamalabad, Smt. Shashikala Samshi, Smt. Shashikala Nadkarni, Smt. Rukmabai Gokarn, Smt. Tara Shirali, Smt. Shyamala Invali, Smt. Sushila Paulukone, Ms. Lata Andur, Shri Ratnakar Mangalore, Shri Shivshankar Kulkarni, Smt. Krishnabai Kalyanpur, Smt. Shyamala Kalyanpur, Smt. Indupachi Manjeshwar, Shri Shantaram (Dinnum) Mavinkurve, Smt. Sagunapachi Shirur, Smt. Sitabai Halady, Shri Gopal S. Mangalore, Smt. Sharada Dattatreya Gulvady, Smt. Kumud S. Kulkarni, Smt. Krishnabai Mundkur, Smt. Kalbag Mukta, Smt. Shalini S. Puthli, Smt. Shanti V. Puthli, Smt. Shamini S. Hattangadi, Shri. Shekhar Puthli, Smt. Vatsala Nadkarni, Smt. Samitrapachhi Shirur.

We thank all the devotees who have made this occasion a grand success till now and solicit the same co-operation from you for the forthcoming event and in the future.

Thanking you,

*We remain in the service of Lord Shree Krishna
Mangalore (Kavulige) Family*

॥ OM SRI SAI RAM ॥



Meera Umashankar Bangalore

16/07/1929 – 28/05/2012

**Suddenly called-off her sojourn on Earth on
May 28th**

**To merge with Sai and
to be with her beloved husband**

Deeply mourned by:

sons – (late) Krishnanand; Raghunandan; Dattanand

d-i-ls – Geeta; Deepa; (late) Surekha

grand-sons – (late) Vijay; Akshay; Neeraj; Tanmay

Relatives and Friends



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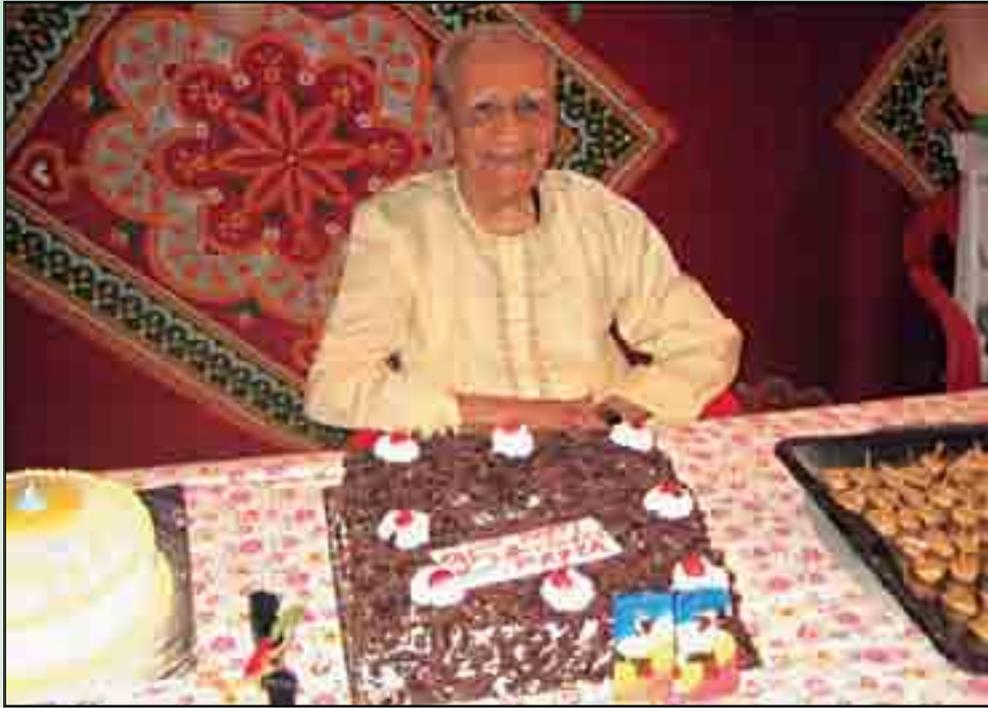
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To Dearest Pappa “Aju ”(Balkrishna N Kalawar)
You are a pillar of strength holding the family together.
Imparting values to all of us, close and extended family as well
Caring and sharing, scolding yet loving.

On the occasion of your Ninety Fifth (95) Birthday –
25th April 2012

We pray to God and our Guru to bless you with
many more years of Good Health & Happiness.

From
*Lalan, Shobi, Mahesh/Shilpa, Sujata/Sneha,
Grand children, Great Grand Children
Kalawars, Sanades, Maskeris, relatives & friends*

Hypertension - A Role for Nutrition?

DR HEMANGINI HOSKOTE – CONSULTANT NUTRITIONIST, GURGAON

In the past few issues, I discussed the role of dietary and lifestyle interventions in the prevention and treatment of overweight and obesity. In the next few issues, I will discuss how the increased body weight can contribute to some of the major lifestyle-related disorders and their prevention. This issue begins with hypertension or high blood pressure.

Hypertension is elevated blood pressure reading above the normal. An individual is classified as hypertensive if high blood pressure readings are observed on at least 3 different occasions. The normal or acceptable range is 140/90 mm Hg. As part of aging, the blood vessels usually become stiff and rigid and are less able to dilate when blood enters from the heart. Therefore the systolic pressure (upper reading) usually increases with age. However, these days it is common to find elevated blood pressure reading among young adults and it has been attributed to unhealthy lifestyles including stress. Current statistics recorded in 2008 indicated that the prevalence of hypertension globally was about 40% in adults aged 25 years and older. People often believe that hypertension and several other lifestyle disorders are a consequence of only heredity and there's not much they can do about it. Research has shown otherwise. It has clearly shown that we may be genetically susceptible/prone to lifestyle disorders but whether we manifest the disorder is dependent on our diet and lifestyle! In effect, it's in our hands to ward off these disorders!

It's imperative to control blood pressure within the acceptable range as high blood pressure can be a silent killer as it has no symptoms and can go unnoticed. Individuals with hypertension are in the long run, more susceptible to heart disease, kidney disease and strokes. In about 10 percent of the cases, hypertension has an underlying cause which can be treated medically. However, in 90 percent of the cases, there is no known cause and it is termed primary hypertension. Some of the factors involved

in causation of hypertension are as follows:

Hereditary

Overweight and Obesity- Increased body fat and particularly, abdominal fat (abdominal adiposity) is a major risk factor for hypertension. Research has shown that *losing some of the excess body weight can lower blood pressure considerably even if the individual does not attain his ideal/desirable body weight.* Thus losing weight, even by a couple of kgs, in the overweight/obese individual has tremendous benefit in lowering the blood pressure reading.

Sodium Intake – Sodium is a mineral present in foods and most abundantly in salt. A teaspoon of salt contains nearly 2400 mg of salt. Nutrition research studies have consistently shown a link between sodium intake and blood pressure. A dose-dependent effect has been observed- higher the salt intake, higher the blood pressure readings. Even a modest reduction in salt intake can result in a significant reduction in blood pressure readings in both people with normal and elevated blood pressure.

In addition to the sodium present in salt, it is also present naturally in all foods in varying amounts. The natural sodium content of our foods is generally low. The sodium content of foods is high when salt and other preservatives (such as baking soda, baking powder, Chinese salt, etc) are used.

Recommendations from several studies indicate that reduction of salt intake to 5-6 g/day would result in significant reductions in blood pressure and this is an easily achievable goal. The first line of therapy for hypertension is diet treatment. If diet alone does not appear to be effective then medications need to be prescribed with diet as *supportive therapy.*

Lifestyle Habits – A sedentary lifestyle predisposes to high blood pressure. Changing the sedentary lifestyle habits to include some exercise has the added benefit of lowering the blood pressure.

Smokers and excessive alcohol consumption (in excess of 2-3 drinks everyday) has been linked to higher blood pressure readings.

Psychological stress

Lack of adequate sleep

Diet Pills and other stimulants

A question often asked is can hypertension be cured? Well, usually not. But in most cases, losing

weight, reducing sodium intake and correcting faulty lifestyle habits can result in return of elevated blood pressure readings to normal.

This overview provides information on the risk factors for hypertension and therefore the scope for prevention. In the next article, I will focus on the dietary management of hypertension.

WASTE NOT, WANT NOT

ASHA GANGOLI, PUNE

I have been to the US just once, over twenty years ago. My sojourn to that land of plenty was a revelation of the amount of food Americans eat. And throw. They have so much they have no idea what to do with it. On a flight from Seattle to Dallas I was flanked by an elderly American gentleman and a young nurse. Those days, airlines plied you with food. I was aghast at the heap on my plate. A quarter of it filled me well. Curiously I peeked into my neighbors' plates. To my amazement they had been polished clean. My Indian sensibilities squirmed at the thought of throwing my leftovers. Then I thought of how much was being trashed at Mac D's or KFC's from massive over-ordering. Mine seemed a trifle. George Bush Jr once made bold to toss the buck of gluttony as a cause of global food shortage at India, a nation whose majority does not get enough to eat.

But the unpleasant half truth is a massive truth in its own context. Witness the waste at our weddings and parties. Look at the proliferation of hotels and restaurants that eat into the stocks of food to feed the rich and a middle class which is now way above middle. It kills me to see a surfeit of food in my fridge when I know my maid makes do with so little. I love eating out, but it's never without a pang of guilt.

A major cause of increasing food shortages and resultant cost of living is the indiscriminate 'development' that is gnawing into green agricultural lands. Misguided farmers are consistently selling off living farmland to promoters, hoping to rake in the lucre that either evades them or evaporates fast. Farm and forest are disappearing too fast for comfort. Yet the powers that be continue to wave the green wand to 'developers'. And we who buy their ware are unwary accomplices in a horrendously suicidal scheme.

My generation was brought up on the principal of "waste not, want not". Many people today have chosen to throw that inconvenient truth out of the window. To quell their insecurities and their Joneses they buy more property than they have use for, from any where, at any price, thanks to loan providers and realty peddlers. The price of our greed and callousness is being paid by those who have the least. For, in the final analysis, it is they who lose both home and land. And, hateful thought, we could have a famine on our hands from the sheer lack of space to grow food. Europe, Russia and China have reaped revolutions from famines. If we don't wake up and curb the trend, it could be our turn, sooner rather than later. For in truth, we can reap only what we sow.

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Solid or Liquid?

MANOHAR CHITTAR, MULUND

A text book definition of solid is that it is matter which does not flow, has a well defined shape and retains that shape irrespective of the vessel in which it is placed while liquid flows and changes its shape depending on the vessel in which it is placed. A famous statement made is that even a mountain flows if we wait long enough. A more suitable example is what is named as the bouncing putty. It is a rubbery material which when placed in a vessel assumes the shape finding its own level given sufficient time. But make a ball out of it and hit it against the ground it will bounce back like a tennis ball !. See the web site on youtube (<http://www.videojug.com/film/how-to-make-bouncing-putty>) and have fun making it. Chappati atta is another example not as dramatic. It changes its shape on applying small forces involved in rolling. It can really hurt if you hit some one with atta! Window glass is known to be flowing – Glass windows in century old churches are thicker at the bottom than the top. The glass has flowed down! So, retention of shape is not a criterion for distinguishing solid and liquid.

Nobel Laureate P. W. Anderson defined the solid as that which hurts your toe when you kick it. Even this is not satisfactory. When we dip our hands in to water for washing it does not hurt us. But if you hit the surface of water with your palm it hurts like a solid! *In fact if you are fast enough* you can walk on the surface of water! See the videos <http://www.youtube.com/watch?v=-wiYtoG9kZE&feature=related> and <http://www.youtube.com/watch?v=f2XQ97XHjVw&feature=related>

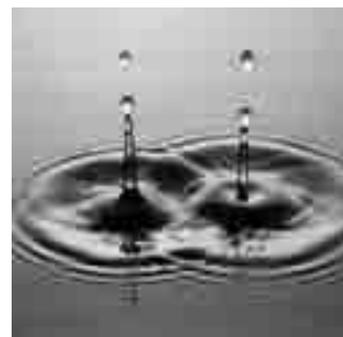
What is fast enough? When we dip our hands in to a bucket of water we are doing it slowly giving enough time for the water molecules to move out of the way of the incoming hand. When we hit the surface of water there is no time for water molecules to move out of the way. Effectively they remain wherever they are and behave like a solid. Our hand is competing with small molecules of water to

overtake them. So if we have to walk over the surface of water we have to be faster than water molecules

– which is hard. The trick is to put large molecules, like corn starch, in to water to make the medium respond slowly and we get enough time to walk slower than on pure water! The above mentioned videos do just that. This solid/liquid distinction is vague in many of the products we come across in our daily life. The tooth paste flows like a liquid when we press the tube. But once it is out, it retains the shape like a solid. See figure and notice the sharp edges which are possible in a solid. These remain for a long time. Even the shaving foam which consists mostly of air bubbles also behaves like that!

Chemical industry spends a lot of money to tune these properties of their products. For example in designing a detergent to clean vertical surfaces, like wall, one has to ensure that the product should behave like a liquid enabling it to be sprayed but the droplets on hitting the surface should remain on the surface for enough time to complete their main action of cleaning the surface and not flow down. Another common example is atta of masala dosa. It should behave like a liquid to be able to spread it on the hot plate. If the consistency of atta is not right it will not be possible to spread it. Next time when drinking a cup of soup do a simple experiment. Stir the soup with the spoon causing circular motion and suddenly take out the spoon. The liquid will recoil back like a rubber. If you are able to trap an air bubble it is fun to watch it oscillate before stopping.

It is interesting to know that if one incorporates a properly designed liquid into fibers (known as Kevlar) of a fabric it can become bullet proof!! When the bullet hits the liquid surface the *viscosity of the liquid at that point shoots up several folds*



repelling the bullet. The vests made of these liquid coated fabrics are light and flexible (as compared to steel vests) and are more comfortable to wear (Even dogs wear it, see figure below) yet they can stop a bullet or knife from penetrating!

See the website http://www.sciencedaily.com/videos/2006/0803-liquid_body_armor.htm

The research on flow behavior of these liquids has emerged as a frontier area known as Rheology of Complex Fluids or Soft Matter posing great challenge to scientists. Now we come back to the simple question. Water – is it a liquid or a solid? Well it depends.....

Forest Fires

Someone dropped a burning match
Unheeded by the way;
It caught on fire some underbrush;
Its user did not stay.
From grass to brush, from brush to tree,
So stealthily it ran,
That no one ever guessed or knew
Just where that fire began.
Someone built a campfire
And failed to put it out.
A breeze came and quickened;
The embers spread about;

And soon the woods were blazing.
The fire spread and spread;
The trees that took long to grow,
Stand blackened now and dead.
Someone saw a little fire
As he was passing by.
He did not stop to put it out;
He did not even try.
He had not started it, of course;
He had no time to spare;
That it might start a forest fire
He did not even care.

– Tanvi Betrabet



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UZBEK (not just another) STHAN!!

ASEEM HATTANGADI, MUMBAI

Uzbekistan?? Where in the world is this place? Is it on the map? Then good sense prevailed on account of my History major, and it dawned on me that this was the very country where our 2nd Prime Minister, the Late Lal Bahadur Shastri had been to sign the peace treaty along with General Ayub Khan of Pakistan. The misconception that people normally associate with a nation's name ending with a 'sthan', is that of buildings pock marked with bullets, bomb strewn streets, terrorism and overall mayhem. Point taken, courtesy what we get to hear and see about the country across the border....and the one above it.

However, Uzbekistan is a far cry from it all and boasts of a very serene, cool, calm and collected atmosphere. With Tashkent as its capital, this beautiful and picturesque country was once part of the former Soviet Union for 60 years, until the fall of Communism in 1991. This is very evident from the time you land at the Yuzhniy International Airport in Tashkent. Airport officials going about their business, being met with cold stares, a general cold and aloof atmosphere, gets you thinking twice whether you have come to the right destination or not. However, you need to reason with these people just a little bit. Just think of it their way, imagine being under a regime that ruled with an iron fist for more than 50 years, discouraging and crushing any possible thought of free speech, free thinking, etc. and then the chances are, you would empathize with them.

Tashkent in itself still retains the age old charm and remains of the Russian influence, be it the wide and long roads, the architecture, the people, language, etc. The thing that immediately hits you in the face about this place is the vast amounts of space everywhere. Being used to our concrete jungle and the pollution, this literally comes to you as a breath of fresh air! You will be amazed at the feel of the pure and clean oxygen, coursing into your lungs, while you breathe. English is not widely spoken in Uzbekistan; hence having a Russian –

English translation book on you is a must. If you can learn and pick up a few words to get you around the city, it will prove to be a blessing in disguise.

The local Uzbeks are a race of people who have still managed to hold on to their customs and traditions. Though Islam is the State religion, they are not fundamental by nature. You will be taken aback at the openness and the very European type of aura in Uzbekistan. Well for starters, when you have an entire street (Shastri Street) and a monument (Lal Bahadur Shastri Monument) dedicated to a national leader of another country, you will know what I mean. Very warm, jovial and hospitable, you shall be taken aback by how Uzbeks are reminiscent of our own people, in terms of the culture, values, customs, etc. that are firmly ingrained in them. Mention the name of Raj Kapoor, Amitabh Bachchan or even Shah Rukh Khan to an Uzbek, and the chances are that you will get to watch him / her breaking into an impromptu jig or a song!! In fact, Raj Kapoor had visited this country during his time, and there is a restaurant in Tashkent, to his namesake too!!

Uzbekistan is like a proverbial leech or a second skin that just sticks to you and doesn't seem to want to come off! There's something in its people, the simple but delicious food, the pristine air, the awe inspiring scenery viz. the Charvak Mountains, the cities of days gone by viz. Samarkand and Bukhara or in general, just the life that makes you want to come back to this place. WELL....at least it did for me and still does....like the famous song by the popular Irish band U2 'With Or Without You', you can't live without having visited Uzbekistan at least once in your lifetime.

Very soon, as you sit in front of your televisions, the day will come when you shall see a commercial being flashed on screen with it's tagline as "Kuch din bitaye Uzbekistan Main!!' OCHIN KHARASHOV (Very Beautiful) UZBEKISTAN!!!!

TEST CRICKETER C. RAMASWAMI

HATTIKUDR MANOHAR, BANGALORE

The name, C.Ramaswami, evokes a flood of memories in me.

Cota Ramaswami came from one of the leading sports families of India. He was the youngest son of Buchi Babu Naidu, a wealthy businessman belonging to a Zamindari family, who was considered the father of Madras cricket. All his three sons played for Madras Presidency, which they also captained in the Ranji Trophy tournament.

Ramaswami was born in the palatial Luz House in Mylapore, an elite residential suburb of Madras, now Chennai, in 1896. My grandfather's bungalow, The Retreat, was close by on Luz Church Road. Thus the families knew each other and my father and Ramaswami were close friends. I recall my father reminiscing about how they would ride together on ponies to the reputed Presidency College on the Marina. Ramaswami joined Cambridge University in 1919 to study Agriculture. There his sporting talents flowered. He excelled both in cricket and tennis. He represented Cambridge University in county cricket and also earned a Blue in tennis. In 1922 he represented India in the Davis Cup alongside the Fyzees, A.H. and A.A.

Ramaswami returned to India in 1924 and joined the Madras Agricultural Service. He played for Madras in the Ranji Trophy and Presidency matches with great distinction. He was selected a member of the 1936 cricket team to England when already 40. He was an attacking left-handed batsman. He played 2 tests, scoring 40 and 60 runs on debut. He was one of only 2 Indian cricketers double internationals, the other being M.J.Gopalan, also of Madras, who represented the country in cricket and hockey. Later Ramaswami was Selector and Manager of the Indian team to the West Indies led by Vijay Hazare in 1952-53.

Ramaswami worked in different parts of the far-flung Madras Presidency, but he and my father got together once again at the Agricultural College in Coimbatore, where my father was in service. My recollection of Ramaswami was in the early 40s

as a young boy. He had then retired from front-line cricket, but still turned out for the Officers' XI, which played week-end matches against local clubs. I still remember the big man; he was over 6 feet tall and had by then increased his girth, striding out to bat. We boys, sitting under the trees circling the ground, would shout 'sixer, sixer' as soon as he took guard and at periodic intervals he would heave the ball effortlessly over the ropes to our great delight.

Ramaswami retired after 24 years of service and settled down in a sprawling bungalow in Adyar, an exclusive suburb of Madras. He and my father, who had by then moved to Bangalore, kept in constant touch with each other through correspondence. Whenever I was in Madras I made it a point to call on him. He would receive me with warmth, offer refreshments and make kind enquiries about my father and other members of the family. The exchange of letters, with his pithy comments on contemporary cricket among other topics, continued for many years. However, in later days, my father sensed a tinge of pessimism and a feeling of depression in the letters. Knowing Ramaswami as he did, he was puzzled by this gradual change and could not fathom the reasons for it. Surely, it was not due to financial problems, for he was a man of wealth. Nor could they be health problems. Were there any family disputes, which he did not want to reveal, my father wondered. One day in October 1985, he received a letter, which proved to be his last one. He wrote words to this effect: 'Shiva, I am fed up with life and feel like drowning myself in the sea.' My father was benumbed and showed the letter to me, which he never did before. He could not believe it and perhaps did not know what to do. A couple of days later, newspaper headlines screamed 'Cricketer Ramaswami Missing'. According to reports, he had gone out for his usual morning walk on the Marina beach and never returned. A huge man-hunt was launched, but he was never found. Had he carried out his threat? No one knows!

Do we still discriminate against our women?

PRIYANKA GOLIKERI HALDIPUR

A recent news report highlighted how new-born girls were being dumped into dustbins in Punjab and Haryana. If these blood-boiling incidences of female infanticide fall towards an extreme end of the spectrum, there are “milder” instances when almost every other woman has felt discriminated. In the workplace, at home, in institutions or elsewhere, the list stands long. By discrimination, I mean not being treated at par with men.

I clearly remember an incident during my childhood. Way back in the mid-1990s, when as a starry-eyed girl of class 4, I asked a classmate Diksha, what she wanted to be when she grew. Alternately I told her my ambition—to be a scientist (that I dropped science post school was a later occurrence). Diksha’s reply was astounding—women in my family don’t work, therefore I don’t want to pursue anything. Diksha, by age 10 was conditioned into believing that going out and pursuing a job was the sole requisite of the men folk. And mind you Diksha didn’t hail from any village household. She was a Colaba girl from a business family. True to her family’s conditioning, she got married before completing graduation and was divorced soon after, on account of an abusive husband. When last I heard of her she was baby-sitting her nephews.

Another incident that startled me years later was in 2010, when the paternal uncle of my close friend, Alisha, coaxed her into discontinuing her master’s in London, as he felt it would be tough for the family to find her a groom. That this friend protested and is today working and living in a rented house in New Delhi and is determined to find Mr Right by herself is another story altogether.

As students of sociology and cultural studies in college, we were often made to think what independence means for women. After much heated debates and discussions we would all agree—being not just monetarily independent, but having an independent thought-process and mindset. Being able to stand up for what one believes to be right or wrong and being able to independently assess and take decisions.

No matter how educated we seem, there is bias when it comes to the female child or the female parent or the female colleague. A boy is always encouraged (often forced) to take up particular vocations. Girls on the other hand are “allowed” to take up vocations, but not necessarily encouraged to climb the ladder of career growth. It is still considered the mother’s job to change diapers or attend parent-teacher meetings or wash utensils if the domestic help is on leave. In workplaces, often co-workers or bosses look upon female colleagues as ‘temporary staff’ who might quit the job post marriage or motherhood. Hence the bias happens during pay hikes and promotions—oh why give her this much, she might tomorrow go on long leave.

And of course there are those daily TV soaps which reinstate these biases by showing women in Western attire and hairdos as vamps and those in traditional clothing and getup as the ideal wife, mother and daughter-in-law. If someone questions all these prejudices, that person is branded as either “fighter-cock” or someone too ahead of the times. We are all supposed to let things be as they have always been, isn’t it?

But the likes of Alisha are resisting. Prajakta, daughter of a neighbourhood *maalish-bai* is today living and working in the UK, while Sahiba, youngest of five daughters of a local *panwalla* is on the verge of becoming a pastry-chef in a five-star hotel. Sangeeta, the housekeeping lady in my office is striving hard to see her 20 year-old daughter complete her engineering. Prajakta did not want to spend her life massaging pregnant ladies like her mother, while Sahiba wanted to get out of a house filled with male chauvinists who addressed female resistance through display of violence. On the other hand Sangeeta resisted social pressure and stuck to her plan of having just one child and slogged hard to give her girl a life away from cleaning washrooms in office complexes.

There are plenty more such women, and a few men who help them lead better lives. They all struggle hard to live their dreams, to fulfill their desires, to attain their goals and lead what they think are fruitful lives. May their tribe grow!

संस्कृत साहित्य सागरान्तुलो एक थेंबु

आनंद कडले, शिराली

विष्णोरागमनं निरीक्ष्य सहसा कृत्वा फणींद्रं गुणं
कौपीनं परिधाय चर्मकरिणः शम्भो पुरो धावति।
हृष्टा विष्णुरथं सकम्पहृदयः सर्पोऽपतद्भ्रूतले
कृत्तिर्विस्त्रलिता हियानतमुखो नग्नो हरः पातु वः।।

हास्य आणि विनय मेळोवन केल्लेल्या ईश्वरागेल्या प्रार्थने मूलक हे लेखन प्रारम्भ कोरूक दोनि कारण आस्सति. सारस्वतांगलो आराध्यदेवु श्रीभवानीशंकरु पयलें कारण! दुसरे कारण म्हळ्यारि शीर्षिकेप्रमाणे संस्कृत साहित्य-सागरांथावु यथाशक्ति भोर्नु हाळ्ळेल्या कळशांतुल्या काव्य रसाचो एक एक थेंबा परिचय सुहृदय पाठकांक कोर्नु दित्तऽचि हास्य, शब्द चमत्कार, अर्थ चमत्कार, अन्योक्ति, व्यंग्योक्ति, प्रहेलिका अपन्हृति, पदविनोद आदि काव्यप्रकारांची जाणीव कोर्नु दिंवचें. तन्मूलक संस्कृत साहित्याबद्दल पाठकांगेली आसक्ति वाड्डुंची प्रयत्नं. साहित्याचो आनन्दु घेंवका जाल्यारि रसिकमनाची आवश्यकता आस्का हाज्जी जाणीव माक्का आस्स इत्या म्हळ्यारि “अरसिकेषु कवित्व निवेदनं शिरसि मा लिख-मा लिख-मा लिख” म्हुणु तीन तीन पेटी ब्रह्मदेवालागगी प्रार्थना केल्लेल्या कविगेल्या अभिप्रायाक मगेलि सहमति आशशील तरी “यत्ने कृते यदि न सिध्यति कोऽत्र दोषः” हाळ्ळेल्या वाक्याक हांव बाध्य जांवु आस्स. तें आत्तं ऊरो.

सुभाषित कस्ले सांगता आयकूयां. अकस्मात् जावु विष्णु गरुडवाहन जावुनू कैलासारि आयिल्लो पोळोवनु दिगंबरू ईश्वरू गडबडीने लागगी आशशील्या सर्पाकचि मूंजी कर्ता आणि हस्ति चाम्माचि काष्टि निस्सुनु, स्वागत कोरूक कैलासाबागलांतु धांवता. गरुडा पोळोवनु भिल्लेलो सर्पु निस्सोर्नु तग्गु पडता. मूंजि निस्सर्नापडे काष्टि खंयी राबका? अशशी नग्न जाल्लेलो ईश्वरू आमचा सर्वांक रावको. वा! कस्ली अद्भुत कल्पना आनी अद्भुत शब्दचित्र!! कल्पनेक वास्तविक रूप दिंवची शक्ति संस्कृतभाषेची विशेषता. त्या निमित्त म्हळ्ळेलें आस्स “भाषासु मुख्या मधुरा दिव्या गीर्वाणभारति। तस्माद्धि काव्यं मधुरं तस्मादपि सुभाषितम्।।”

असल्यो आरोग्यपूर्ण हास्यरसाचो कारंजो संस्कृत साहित्यान्तु सोदिल तशशी मेळत वत्ताति. रसिक मन आणि भाषाप्रेम मात्र जायी. बोकडेने खायनातिलो पाल्लो ना सुभाषितकाराने हाथ खेळनातिलो विषय ना. जीवनान्तु आयिल्ले अनुभव, पळैल घटना, संपर्कांतु आयिल जनांगेलो स्वभावु अशशी प्रतिएक साहित्यकारागेल्या सूक्ष्म दृष्टि पथांथावुनु चुक्कुनु वच्चाक साध्य जायनी. सुभाषित कारागेल्या दोळ्यांनी आम्मी पळैल्यारी थंयी आरोग्यपूर्ण हास्याचो

कारंजो दिस्सुनु येत्ताति. साठीशान्ति जाल्लेल् तरी तोंडाक पौडरू लांवनु घेवनु, धंवे केसांक काळो बण्णु लावनु कामण्णु सो रस्त्यारि सुतु घुंवतले काली आशशीले, आजी आस्सति, फाल्या आस्तले. तांतु विशेष कांही ना खरे! जाल्यारि विशेष आशिल्लें कामण्णागेल्या उत्रांतु, आयकया

आपाण्डुराशिरिजा त्रिवलिः कपोले
दन्तावलिर्विगलिता न च मे विषादः
एवीहृशोयुवतयः पथिमां विलोक्य
तातेति भाषण रताः खलु वज्रपातः।।

केस धंवे जाल्ले, गाल्लांक नियें पळ्यो, दान्त पळ्याति ह्युणु माक्का काही बेजारू ना जाल्यारि रस्त्यारि चित्तला म्हणके दिशचो ह्यो चल्यो माक्का पोळोवु ‘आज्जा’ ह्युणु आपैताति! कस्ली कर्म हीं. बोडारि वीजु पळ्ळेल ह्यणके जात्ता माक्का. खरेंचि वीजेचो झटको बसचो सहज! जाल्यारि आमका हाशा पावु पडता! मगेली आज्जी सांगताली हास्तचि हासैतचि जांगोळी धरल्यारि दुक्कना ह्युणु. असल्यो जांगोळ्यो साहित्यांतु मस्त मेळताति. आयतें जेवण मेळ्यारि बकासुरु सो खात्तल्या मनुष्याक तिरपिलेली ही जांगोळी पळेया

परान्नं प्राप्य दुर्बुद्धे मा प्राणेशु दयां कुरु
परान्नं दुर्लभं प्रोक्तं प्राणान्जन्मनि जन्मनि।।

आयतें जेवण मेळ्यां. खा! मरनऽह्युणु भीवनु अनुमानु कोर्नाक्का! आत्तं मेल्यारि आणि एक जन्मु मेळता जाल्यारि आयतें जेवण मेळता हाज्जी ‘ग्यारंटी’ ना! जाल्लेलमिति खा! हांगा हास्य आस्स विडम्बनयी आस्स!

मांवां घर! नांव आयकलेल तत्क्षण अनेक लोकांगेली तोंड नारळा वळींशी रूंद जाताति इत्याक? सुभाषितकाराक विचारल्यारि तागेलि जबाब ही-

असारे खलु संसारे सारं श्वशुर मन्दिरं
हरो हिमालयशशेते हरिशशेते महोदधौ।

निस्सार जाल्लेल्या हे संसारान्तु सुख आशचें मांवां घारा. ईश्वरू कैलासारि आणि विष्णू (क्षीर) समुद्रान्तु इत्याक राबल्याति? ते तांगेल्या मांवांगेले घर ह्युणु (पार्वति पर्वतकन्या, लक्ष्मी समुद्रकन्या) मांवांघारा ठिकाण घालनु राबिल्यानी उणेंपणे लेक्का ह्युणु ना.

(क्रमशः)

श्री दुर्गावतरण

श्यामला भट

ही आस्स शिवपार्वतीगली पुराणांतू नातिली काणी. एक फंता नारदमुनी शिवपार्वतीगल्या दर्शनाखतीर कैलासपर्वतारी वचुलो. लागी पावता म्हणतना पार्वतीगलो चिके होडू ताळो आयकुनू नारदाले मनांतू आयलें 'कस्लेकी झगडे चल्यां अशी दिस्ता. देवदेवी आस्सोती वा ऋषीमुनी. एक पंता लग्नाबंधनांतू पळ्ळीं की हें करकरांथावू सुटका ना. बरें जाल्लें. हांव तें फंदांतू पण्णे म्होणू.' आतं मुखारी वचेद की ना अशी विचार करतची ताने हगुर निलकुनू पळ्ळें. पळ्ळैलारी शंकर तोंड सान कोरनू नोळेत बसला आणि पार्वती तोंड फुलोन् फुलोन् उल्लेत आस.

"नारायण, नारायण, प्रभो कस्लें जालें?"

"आतं तूं आयलो वें उज्जांतू तेल वचूक?" शंकराने बगेन हासतची निमगिले.

"नारदा, हांव सांगता तुका. हो भोळो सांबू म्हणोणू घेता. जाल्यारी बद्द कस्लें म्होणू माक्काची गोत्तू. हांव गरीब स्वभावाची म्होणू कॅनायी मज्जेरी अन्यायू करता. हांव म्होणू संसार करत आस, दुसरी कोणे आसल्यारी..."

"नारायण, नारायण, हो डायलॉग पृथ्वीरी भारतांतू घडचे घडचे आयकूवच्या मेळता, हांगायी-" नारदाले मनांतू आयलें.

तानें पार्वतीक म्हळें,

"माते, कस्लें जाल्लें तें तरी कळो."

"तूं आयकची नारदा, पृथ्वीरीथावू भक्तांनी आपैलें की तुगलो भगवानू धावनू वचुलोची म्होणू लॅक. मगलो विचारू कोरचोची ना. भक्त तरी कस्ले, चिके संकट आयलें की तांका दॅवालो उगडासू जाता. कडुरी विसोर्नूची वत्ताती बावडे. पृथ्वीरी जानं आणि तांनीं केलेली पापं इतलीं वाडल्यांती की कायम संकटं आणि दुःखं. कडेरी 'दॅवा वांचयी रे' म्हळें की हो देव धांवलोची."

आतं शंकराक तडवने. तो म्हणालो,

"नारदा, तूंची सांग. तीं कळवळेवू आपैताती तावळी वचनाशी राबू जात वें? आणि भवानीक हे कैलासारी कस्लें कमी आस्स, कस्लें दुःख आस्स हे माका तरी कळना बा."

"तेंची म्होणचें हांवे. हांव हांगा एकळी वाट राक्त आस्ता. कार्तिकेय पृथ्वीरी वुचून बसला. गणपती उत्सवावेळारी वत्ता, प्रितीने वत्ता. जाल्यारी थंयचो धांगडधिंणो, ते नांच, होडहोडाने लायिली भुरशीं पदं, फटाके आणि झगडे सगळे पळोणू हैराण जावनू परत येता. आतं थंड निह्ला. माक्का बेजारू येना वें?"

"म्होणूची हांव तुका केनायी सांगता पार्वती, तुंवयी पृथ्वीरी यॉ. आतांतू राक्षसांक मारने तुंवें. कितले सानसान राक्षस जाल्याती पळे तरी."

"हांव तांका मारची गरज ना. पॉलिटिक्सांतूले आसोती जावो गुंडागिरींतूले, सर्व राक्षस एकमेकांक मारनू घेताती. पृथ्वीवेली गर्दी पळ्ळैली माका वचूक मन येना आणि देवा तुका थंयी वचुल्यारी परत येवच्याक मन येना. मगलें मन, मगली गरज तुक्का केना कळचीची ना वें?"

"तुगली गरज पुरेसुतलो. हांव गरीब कोण बा? शंकराचार्याने थायी म्हळ्यां. चिताभस्म लायतलो, जटाधारी, दिगंबर अशशी बैरागी हांव, केवळ तुंवें मगले सांगाती होर्डिक कोरनू घेतली म्होणू माका जगदीश म्हणताती. तूं तरी ह्या विश्वाची जननी, पाल नकर्ती, तुक्का कस्लें कमी?"

"गॉड, गॉड उलोणू माका फसोनाक्का. पृथ्वीर्वेल्या भक्तांनी आपैलेले तुका आयकता, जाल्यारी हांवे हांगथावू आपैलीं तुका पृथ्वीरी आयकना हाजो माका बेजारू जाता."

आतं नारद मद्दें पळ्ळो.

"प्रभो, हांव झगडें लावनू दित्तलो, म्हणताती माका. आजी तुमगेले झगडें कशी सोडोणू दितां. येय्याती मजे सांगाती" म्हणतची शिवाक घेवनू नारद पृथ्वीरी आयलो आणि वगगीची दोगंयी परत आयली. हातांतू दोन बॉक्स. पार्वती कुतूहलाने पळ्ळें आशिली. बॉक्स उघोणू दोनी एकलेक दिसतल्यो वस्तू नारदाने भायर काळ्ळ्यो.

"हे काळे उंदूरशे दिस्तलें कस्लें नारदा?" पार्वतीने निमगिलें.

"हांका सेलफोन म्हणताती. आतं प्रभू पृथ्वीरी खंयी वचुलो तरी तुमका संपर्क करू जातलो." पार्वतीक आश्चर्य जालें.

"आयकलें वे पार्वती, हांतू घालचे कार्डाखातीर मगलो अँड्रेस कस्लो म्होणू विचारनाफुडे हांवे म्हळें कैलासपर्वत तशशी जानं हासली. आम्मी साधारण मन्युषांवारी वचुलेली नवें? कडेरी अँड्रेस प्रूफ मागूक लागली. वेरिफिकेशनाखातीर येवका जाता म्होणच्या लागली. सांगले, येय्याती कैलासारी. कडेरी आमगेलो नारदू आशिलोची नवे, ताने कशकी मॅनेज केलें वटायचेरी."

"दॅवा, पृथ्वीरी कामं कशी कोरोणू घेवची तें शास्त्र विंगडची आस्स. तुमका सांगिले न्हयी तें" नारदाने हास्त म्हळें.

"माते, आतं पळेयाती. भगवंतालो नंबर स्टोर केला. अशी अशी बटनं दाबचीं. केना जायी तावळी उलोवच्याक जातलें." पार्वतीक भो खुषी जाली.

“आतं हांवे वचेद की? कोणकी एकळो आपैत आस्स. आणि भीव नाका, रुंडमाळेसांगाती हो फोनूई गळ्यांत घालनू घेतलॉं.” म्हणत म्हणत शंकर अंतर्धान पावलो. पार्वतीगले मन तडवने. तिन्ने लगेच फोनारी उलेंवच्याक पळैलें. जाल्यारी जायनाची.

“पळे नारदा, कसलो तुगलो हो फोनू म्हराया?”

नारदाने पळैले ‘Out of range!’ पार्वती हासली आणि म्हणाली, “तूंची दवोर्नु घे हो फोनू. खरें तरी माका हाज्जी जरूरी ना.”

आणि ती ध्यानाक बसली. अंतर्ज्ञानाने शंकराक सोदू लागली. तिगली नजर फिरत फिरत भारतांतूल्या सह्याद्री पर्वता दिकाने गेली. आणि तिगल्या लक्षांतू आयलें की कॉणकी आपणाक आपैत आस्स. तिने सम पळैलें, एक तेजस्वी सन्यासी भक्तीभावाने आर्तपणे प्रार्थना करत आस्स. मातेगलें मन कळवळेलें. ती सट्कने आयली.

“बाळा, कस्सलें जायी तुका?” तिने माँगानें विचारलें.

“माते, तूं हांगा राब. माक्का सोणू वचू नाका, हे स्थान सोणू वचू नाका.” सन्याशाली श्रद्धा-भक्ती पळोनू पार्वती प्रसन्न जाली.

“तथास्तु.”

तितल्यांतू तिका परिचित आवाजू आयकू आयलो.

“कस्लें, तूं आयली न्हवें पृथ्वीरी?” पार्वती हासली.

“देवा, हो सगळो तुगलोची खेळू, कळना वे माक्का? आणि खंयी तूं थंयी हांव, व्हय नवें?”

थंयी येवनू पाविल्या नारदाने हो संवादू आयकुनू म्हळें,

“धन्य धन्य प्रभो तुमगेली. कस्ले कस्ले खेळ खेळताती तुम्मी?” तावळी शंकरू हास्त म्हणालो, “हो खेळू बाम्मुणू-बायलेक मात्र कळता. तुका कळका जाल्यारी, तुक्कायी लग्न कोरनू घेंवका जातले.”

“पळोंवू वे तुजखातीर एक गोमटी चल्ली?” पार्वतीनेयी हास्त निमगिले.

“नाक्का माते, क्षमा करी. हांव अशशीची बरो” अशी म्हणतची नारदू बेगबेगी ना जालो! पार्वती दुर्गारूपाने आजीकयी त्या स्थानारी प्रतिष्ठित जावु भक्तांचेरी अनुग्रह करीत आस्स!

जळार

नावांतु आसती मोजुनु तीनी अक्षरं
लांबी आस्स फक्त दोन मिलीमीटर
पळोंच्याक आमगली मूर्ती मस्त सान
जाल्यारी प्रताप कोर्नु कीर्ती महान ॥१॥

ताँड आमगलँ एक सरळ लांब नळी
ताज्या भित्तरी आस्ता चूपची सळी
हळूची येवनु स्थानापन्न जात्ताती आम्मी
पटकन् दिताती सेकंदांतु इंजेक्शन आम्मी ॥२॥

सात्त्विक आहारांतुई परकार आसती आमका
जायना सगळ्या नमुच्याच्यँ रगत आमका
त्याखात्तीरी थोड्या मानवांक त्रासु जात्ता
आणि उरलेल्यांक आमगलॉं पत्तांचि नास्ता ॥३॥

पाँट भरलँ की आम्मी वत्ताती उटावनु
जोरूस खरजुतलॉं एकु दादडु माक्षी सोणुणु
जीवु आस्स जरी मस्त सानु
तरी आम्मी पाँसताती मस्त जीवाणु ॥४॥

विज्ञानांतु जात गेल्ली प्रगती जसजशी
शोधु जाल्लॉं आनी राँगांचॉ तसतशी
सुरवातीक गोत्तशीलॉं मलेरिया फक्त
डेंगु चिकनगुनीया बहल कळलँ मस्त ॥५॥

मारच्यँ आमका ना तशशी अगदी सलीस
वग्गी यात्ता आमकां प्रतिकार शक्ती खंच्याई वकदांक
तुमका गोतना घरगुती एक उपायु सलीस
आम्मी मस्त भित्ताती उदकांतुल्या कर्पुरा वासाक ॥६॥

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मगलो गुरु महान् - पंडित वसंत कार्नाड

प्रज्ञा अशोक मल्लापुर, हुबलि

गुरुंगले बदल बरोंचे म्हळ्यारि बद्दचि हृदय गळ्यांतु येत्ता, आनि गळो दोळ्यांतु येत्ता. श्रद्धा भक्ति संमिलित नेत्रजलाने गुरुचरणांक मनसोक्त अभिषेक जाता.

धारानगरी. धारवाडच्या सुंदर प्रशांत प्रदेशांतुले सारस्वतपुर. हांगा नं १८ एकु बंगलो. हो बंगलो न्हयि, सरस्वतीगलें देवस्थान म्होणयेद. हांतुं एक संपूर्ण समर्पित संगीत सेवक, साधक, गायन गंधर्व, गानयोगीगलो निवास आशिलो. सुनू आशिले पाच्ची वनराजि, घराचे खांबे, परिसरु इत्यदि नित्ययी संगीताच्या आलापाने ताज्जे तरंगाने शुभ्र स्नात जातालीं. ती वनराजी, ते खांबे, तो परिसरु, ती रियाजाची खोली, हीं सर्व आजी आस्सति. जाल्यारि प्रकृतिचे तें प्रतिस्पर्दन आजी ना! तो आलापु ना, तीं तरंग नाती. वातावरणाक मौनाचें आवरण बसल्यां. कारण ह्या स्थानाचो अधिदेवता, स्वरसाम्राटु, गुरुदेवता आजी हांगा ह्या भौतिक प्रपंचाथावु प्रस्थान कोर्नु शारदांबेगेल्या दिव्य चरणकमलांतु लीन जाल्ला (२७-८-२०११). जाल्यारि तागलि स्मृति, तें संगीत, ती सरस्वती हें सर्वयि ह्या मंदिरांतु आनि तागल्या शिष्यवर्ग एवं आराधकांगल्या हृदय मंदिरांतु आजिकयि आस्सति आनि निरंतर आस्तली. तोचि मगलो पूज्य गुरुदेवता, माता धोंडुताई कुलकर्णिगलो अप्रतिम शिष्यु, जयपूर अत्रौलि घराण्याचो पंडित कार्नाड वसंतमामु.

हांव आनि मगली सीनियर श्रेयसि कुलकर्णी, तागलें प्रधान शिष्य. आमकां दोग्गांकयी वसंतमामु आपणागले दोनी दोळे म्हणतालो. अभिमानाने शिकैतालो. आलाप घेतना हांवे खंयिपुणी खांकल्यारि पुरो, भित्तिरि सुनंदपाच्चीक सांगतालो, “व्हैगो, प्रज्ञा खांकत आस्स. तिक्का थोडो कषायु पेटयि गो” म्होणु. तितलें न्हयि, घारा फोन कोर्नु मगले आम्माक सांगतालो “पळे प्रज्ञा खांकत आस्स. तिक्का अमूक वक्कद दियाति आनि तिगली सम काळजी घेय्याति.” हांव फालफाल्या पांच घंटयारि उटावु २-३ बस बदलु धारवाड-सारस्वतपुराक वत्तालीं. माम्मालागी संगीत क्लासाक. कॉलेजाचे अभ्यासामितीं माक्का वचूक साध्य जायनी जाल्यारि तो म्हणालो, “तूं इद का चाँद! कित्लो त्रासु घेवु येत्ता!”

माम्माने भरपूर शिकयिलें, प्रोत्साहन दिल्लें. धैर्य, अभिमान, आपुलकी, प्रीती आणि वात्सल्य हेंवयि दिल्लें. हांवें खंचेयी कॉम्पीटिशनांतु भाग घेतल्यारी माक्का प्रथम स्थानचि मेळतलें हांतु मज्जेपशी चड ताक्का confidence आशिलें. आनी प्रसंग आयल्यारि तो मज्जे खातीर लोकांलागी वाद सुद्धा घाल्तालो.

हांव डिग्री कोर्साक वत्ता, मामु मस्त आतंकित जाल्लो. हांवे

मेडिकल घेल्ल्यारि माक्का संगीत सोडका जायद हें त्या आतंकाचे कारण. माक्का खंचेयि कारणाने संगीत सोडचें नाशिलें हांवे इंजिनियरींग घेतलें आणि तांत्रिक शिक्षण आणि शास्त्रीय संगीताचें शिक्षण दोन्नीयी चालू दवरलें. मामु खुश जाल्लो.

माम्मालें मार्गदर्शन घेवु हांव कार्नाटकाचे State level music competition तु वचुलीं आणि प्रथम स्थान प्राप्त केल्लें. मामागली प्रतिक्रिया “हें तरी अपेक्षित आशिलेंची!” तशीचि माम्माले मार्गदर्शनांतु बेंगळूर चातुर्मास, हुबळितु शिवरात्री, शिराली रथोत्सव आनि त्रिशतमानोत्सवांतु परमपूज्य स्वामीजीगले सन्मुख मगले संगीत कार्यक्रम जाल्ले आनि सर्व यशस्वी जाल्ले.

वसंतमामु प्रतिभेचो भांडार आशिलो. अत्यंत निगर्वी, श्रीमंत, धीमंत आनि स्नेहमयि व्यक्तित्व तागलें. इ.स. २०१० तु मामाने “Hindustani Classical Music – Aspects, Artists, Anecdotes” हें पुस्तक बरयिलें. संगीत साधकांक हें पुस्तक एक मार्गदीपिका – guide – जावु आस्स.

आजी संगीताचो संत वसंतमामु, मगलो पूज्य गुरुश्री ना. जाल्यारि तान्ने शिकैलेलि विद्या मजलागि आस्स- जणु मामुची अदृश्य रूपाने मजलागी आस्स. तागल्या नित्य स्मरणेंतु तागल्या आत्मशांती खातीर मगलि संगीत साधना हांव चालु दवर्ताचि. अजुनीयी स्वप्नांतु मगलो गुरु येवु माक्का प्रोत्साहित करत आस्ता. अस्तो अप्रतिम गुरु मेळ्ळेबद्दल हांव गर्व अनुभव करतां.

खरेंचि, मगलो गुरु महान्!

EXAMINATION RESULTS

Students who have passed in the various examinations held in Mumbai, Pune, Bangalore and other parts of the country, are requested to send their details in the following proforma to the Editor, Kanara Saraswat, before 31 July, 2012.

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Examination passed and Board / University:

Marks obtained (Please enclose a photocopy of the Marks Sheet duly endorsed):

Merit or Prize/s obtained:

Photographs will be accepted only of those students who obtained 80% and above in SSCE/HSCE/ICSE/ CBSE, and above 75% for graduates.

आमगलें मन

आमगलें मन मृदु आणि मुलायम आस्ता गुलाबा पाकळ्यांवारी।
कोणयी केल्लो अपमान आमगलो तरी
गुलाबा कांटे खोबंताती भारी ॥१॥

एकेक फंता आमगल्या मनाक संकटांक तोंड दिंवका पडता।
ताव्ळी दुसऱ्यांगेली मन आमगल्या मनाक
दिताती आधार ॥२॥

तरने प्रायेरी आमगल्या हातांक मंगळारी वच्ची शक्ति आस्ता।
ताव्ळी मनाकयी भरपूर धैर्य आस्ता ॥३॥

मात्र कांहीजण आमगेल्या मनाक चीर घालताती।
तर बाकीची कांहीजण आमगेल्या मनाचे समाधान करताती ॥४॥

थोडे लोकांनी आमगलें मन दुकैलें
तरी दुसरे थोडे लोकांनी सुख दिल्लें ॥५॥

त्याखातीर दिल्लेलें मायेचे कर्ज घट्टी दवरका मनांतू।
आनी त्या शक्तिने कोरका आमगल्या ध्येयाची
वाट झगझगी भविष्यकाळांतुं ॥६॥

- नलिनी संझगिरी



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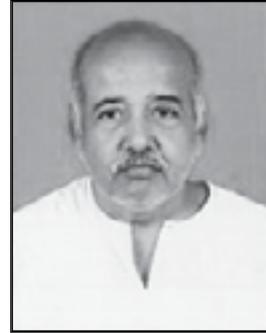
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SURESH V. BHAT

(13-9-1941 to 6-6-2012)

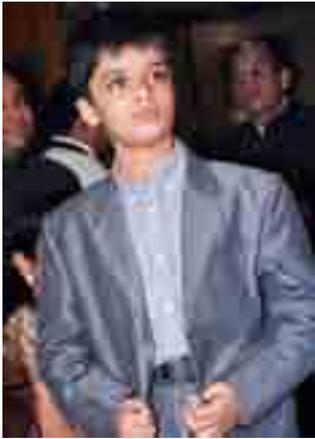
Son of late Rukmabai V. Bhat & Vedmurti
H.Vithal Bhat of Dattatreya Temple, Kundapura

“A PURE AND SIMPLE SOUL
WHO LED A SELFLESS LIFE”

Missed & Fondly Remembered by :
BHAT Family, Relatives & Friends

DLF IPL season 5

Aryan Hosangady (Age 9 years)



4th April 2012 was a very special occasion. Guess what...

It was none other than the start of the IPL season 5! There were nine competitive teams, but only 1 team could win the contest. DLF IPL gives a chance to youngsters to show their talent to the world. This

tournament is played with a 20 overs format which makes it unpredictable with turnaround situations all the time and the game is played in a huge pressure environment.

One of my favourite players is M.S Dhoni. When he hits a six, I scream DHONI DHAMAAL!!! But when he gets out, I quietly sit in my chair. I support Chennai Super Kings because their players are capable of smashing sixes and taking wickets and they are a stable team.

In this season I was present at the Wankhede stadium, Mumbai, for CSK versus MI [Mumbai Indians] match, which went on till the last over with a nail-biting finish. It was an exciting event and my first experience witnessing a cricket match live.

Well sadly all nine teams could not qualify for the finals, so the 2 qualifying teams were Chennai Super Kings and Kolkata Knight Riders. KKR needed to chase a massive 191 in 120 balls and they pulled it off. On 27th of May KKR needed 3 runs from 3 balls in the end, Manoj Tiwary on strike and he hit a four and Kolkata Knight Riders won the IPL for the first time. CSK put up

a brilliant effort.

Now, I would like to share some of the unforgettable moments of IPL season 5:

1. *Chris Gayle smashed 5 blazing sixes in a row on Rahul Sharma balls.*
2. *Ajit Chandila took an amazing Hat-Trick on debut versus Pune Warriors India.*
3. *MS Dhoni hit the biggest six which went out of the Chinnaswamy stadium, Bangalore with a total of 112 meters.*
4. *Mumbai Indians disappointed their fans by making the lowest score with the total of 92 all out.*
5. *5 players were found guilty for doing match fixing.*

Finally, to summarize, here are the Highlights of DLF IPL 2012:

1. **Winner Of DLF IPL 2012 – Kolkata Knight Riders**
2. **Citi rising star – Mandeep Singh**
3. **Purple cap – Morne Morkel [leading wicket-taker]**
4. **Orange cap - Chris Gayle [leading run – scorer]**
5. **Player of the Tournament – Sunil Narine**
6. **King Of Karbonn Kamaal Catches – David Hussey**
7. **Volkswagen Power Performance – AB de Villiers**
8. **Fair Play award – Rajasthan Royals**

I am looking forward to the next IPL season but this IPL was a cracker. I am sure all of you enjoyed the tournament a lot. We all have our favourite teams, so let's wait and watch for the next IPL season 6.

May the best team win !!!!

We invite contributions from our young readers for our Kiddies' Corner.
Send in essays, stories, poems, sketches, cartoons or paintings by e-mail or courier, Stories / essays can be up to 700 words maximum.
– Editor

Chitrapur Yuvadhara First-Aid Workshop

REPORT BY MAITHILI PADUKONE

PHOTO CREDITS – TANMAY SHIROOR



Learning techniques for resuscitation

Chitrapur Yuvadhara has presented a vast variety of opportunities to the Yuva-s of our community- from training in public-speaking and making presentations, training in music and stage performances, connecting with nature through treks and hikes, learning the importance of service through Shrama seva, and enriching the understanding of spirituality through interactions with Parama Pujya Swamiji and many more...



Tying splints

Yet another brilliant opportunity was presented to us to make us aware and responsive in case of any medical emergencies at work, home and in our sabha-s through an intensive workshop on first-aid.

(Continue on page 52)

IN LOVING MEMORY OF



LATE MRS. SHYAMALA S. SHETTY [NEE BURDE]

26TH JANUARY 1944 – 18TH JULY 2011

" WE MISS YOU A LOT "

It has been a year since you have left for heavenly abode but your most loving memories have remained and will always remain in our hearts.

SATISH A. NADKARNI

SATISH & AMITA BURDE

GIRISH G. BURDE

SUYASH & VIPULA NADKARNI

SAMEET & VARSHA BURDE

SUJIT & SHARON SHETTY.

ANIL & NITI GANGOLLI

SACHIN & ANUPA SHETTY.

GRANDCHILDREN, RELATIVES & FRIENDS.

गेला क्षितिजापार

सदा स्मित वदनी, देखणे व्यक्तिमत्व होते,
छाप पडे सर्वावरी भेटता प्रथमदर्शनी ते।।धृ.।।

सदैव पाहिला अमुचा 'मोठा दादा' म्हणून
अशक्य कोणी घेईं आजही ते स्थान हिरावून
त्याच्या रंगसंगती, सौंदर्य सूचनांचा सर्व घेतीं लाभ
असा उभा ठाके जणु संसार सागरीचा दीपस्तंभ।।१।।

लाडका आम्हां सर्वही भावंडांचा,
योग्य मिळाला मान ज्येष्ठ भ्रातेपणाचा
किती अभिमान होता आम्हांस त्याचा,
जरी होता संबंध 'चुलत'पणाचा।।२।।

लोण्याहून मृदु स्वभाव, कोपाचा होता अभाव,
ना कधी दुखविले कुणास, मत्सराला नव्हता वाव,
किती भेटती स्वभाव घेऊनी जहाल,
परि सान्निध्यात येता त्याच्या होती मवाळ।।३।।

काय जादू होती तयात ना कळली कुणास,
मात्र भारूनी जाती पहिल्याच क्षणास
किती असे होते तया अंगी गुण
शोधुनीही न सापडे एकही अवगुण।।४।।

संगीताची आवड, योग्य होती सुरांची जाण,
ध्यान लागे गायनी, आवजही छान,
कौशल्य होते हाती, शिकला तबला वादन,
तंद्री लागे त्यात, नसे वेळेचे अवधान।।५।।

मित्रपरिवार मोठा, जमती भोवती भ्रमर जणुं,
भेटता तयास चेहऱ्यावरचा आनंद काय वर्णुं
आनंदे, स्वच्छंदे वर्षे उलटली भराभर,
कधी नकळत केले त्याने अर्धशतक पार।।६।।

अचानक एके दिनी घाला पडला दुर्दैवाचा
भोग भोगला कुण्या दुष्टांच्या नजरेचा
शस्त्रक्रिया झाल्यावर बदलली सृष्टी
बळ गेले पायातील, विकल होई दृष्टी।।७।।

शोध लावता उपायांचा, कानी आले नांव
रिहॅब-सेंटरचे, घेतली तिथे धाव
सुरू झाले तात्काळ उत्तम उपचार
चालू लागे हळुहळू घेऊनी काठ्यांचा आधार।।८।।



कै. पद्मनाभ मासूरकर
(२५-९-१९२० ते ४-७-२०१०)

तेथे होती अमुची वहिनी जणु गुप्त रूपात,
प्रगती होई दिवसेंदिवस परिस्थितीत
खरे झाले सूझ जे म्हणोनी गेले
'जे होते' ते बऱ्याच असेच अनुभवा आले।।९।।

ओळख उभयतांची होई, मैत्री झाली दाट,
झडकरी घातला मग लग्नाचा घाट
सहचारिणी लाभली ती अगदी योग्य
एकमेकां अनुरूप, श्रीस्वामीजींची कृपा, अहो भाग्य।।१०।।

काळ उलटला, ताकद आली पायात
चाले विनाआधार, जाऊ लागे ऑफिसात
केले उभयतांनी भरपूर देश-विदेशी पर्यटन
काय आनंद वर्णावा सर्वांचा, मन होई प्रसन्न।।११।।

शब्द झोले वहिनी, इच्छा जी दादाच्या मनीं,
ठेविले सदैव अतिसुखात, पराकाष्ठा करूनी
केला संसार अडतीस वर्षे आनंदात,
पण चक्र चालले नियतीचेही जोरात।।१२।।

निरोप घेतला सर्वांचा त्याने होई दृष्टिआड,
न कोणी विसरे परि तयाची छबी अश्रूंच्या आड
कोणता जन्म द्यावा या सज्जनास पडे चित्रगुप्तास भ्रांत,
म्हणे, काही काळ असू दे हा माझ्याच सहवासात।।१३।।

- सौ. शैलजा वैद्य (मासूरकर)

Remembering Pappama (Shantha M Sujir)

AALOK SUJIR

The lives of some people are a beacon of light, joy and inspiration to all those who are fortunate to come into contact with them. Shantha Mangesh Sujir (my Pappama) is one such glorious inspiration and beacon.

She was born into a family of pious parents Bhavani and Srinivas Bellare and was the 5th of 6 siblings at Baalehonnur near Chikamangalur in 1928. Her early life was spent on a coffee plantation. The family shifted to Bangalore when she was in her teens. She was married to Mangesh R Sujir (Cheddu) in 1949 and settled in Bangalore. Both of them were very devoted to our Guruparampara and would regularly visit the Math. At that time she also had the honor and blessing of stitching and embroidering the pillow covers, table cloths and various other items that were used by HH Anandashram Swamiji and HH Parijnanashram Swamiji at the Math.

Her sphere of work and interest touched all aspects of life - be it the cultural activities of Canara Union, social work, religious sphere or education. She helped the Mahila Gruha Kaigaarika Sangha which provided employment making porcelain handicrafts and bushings, insulators for industry – thus helping women empowerment.

It was at this time that she took up the celebration of Mahanavami and Chavathi, a tradition in the Sujir family, with great devotion and enthusiasm on a large scale. She would forget any fatigue and exhaustion during those festival days. After a few years the family moved to Mumbai at Bandra where she helped start the Recreation club. And later at Gamdevi she served actively at the Saraswat Mahila Samaj and was its President in 1987. She was a committee member in Balak Vrinda Education Society and the Popular Co-op Buying Cub at Talmakiwadi. She helped Tallur Rukmakka for many years by doing whatever work was necessary for the Trust –Punyatma Prabhakar Sharma Seva Mandal.

She never failed to do her japa and sadhana everyday, no matter what, age or health. She was



always eager to take HH Sadyojat Shankarashram Swamiji's holy darshan whenever He came to Mumbai.

She was a very helpful, practical, emotionally strong person yet very gentle, full of love, grace and we all drew inspiration from her. She enjoyed life and would never crib about anything. She would find ways to amuse herself, always keen to know about new developments in technology and computers. I never

found her worrying or regretting. She generally never had anything bad to say about anybody. Another thing that we admired about her was her self-respect. She always took life in her stride and was a great pillar of strength.

She believed in maintaining relations and would always maintain contact with relatives and her vast circle of friends, no matter in which part of the country or world they were. She had given talks many times on All India Radio. She was an excellent cook, keen to try new cuisines, experiment and loved to cook our favorite recipes. She was very proud of her grand children's achievements (no matter how small they were) and would always encourage us to progress. She encouraged us to recite stotras and bhajans and instilled in us a pride of our culture and traditions. When she would play with her great grand children and young grandchildren she would literally become a child, forgetting age, time and space.

She and Aju also made it a point to write down all about our ancestors and other traditions in a book. She loved to travel. She and Aju (post his retirement) took up many travels and pilgrimages. The reminiscences about her trips really show that they always had a great time irrespective of the climate or comforts.

She passed away peacefully on 31st July 2011.

I have learnt many things from her and miss her loving presence and still draw inspiration from her. And I am sure so will all those who knew her. I am grateful to God for being born as her grandson and in such a wonderful family.

मागे उभी शांतादुर्गा - पुढे उभी शांतादुर्गा

नंदिनी बेल्लारे

शांतावन्सनी (सुजीर) ह्या जगाचा निरोप घेतला त्याला एक वर्ष लोटले. त्यांचा शेवटही नावाप्रमाणे शांत झाला. त्यांच्या इच्छेप्रमाणे अंतिम क्षणांत त्यांच्या ओठांवर 'ॐ'कारच प्रकटला. शांत व सोज्वळ स्वभावाच्या शांतीने सगळ्यांना 'आपलेसे' केले होते. कुटुंबात असो किंवा इतरांनाही मदतीला किंवा सल्ला द्यायला ही शांतादुर्गा पाठीशी नेहमी उभी राहत असे. बेंगलोरला असतांना कुणालाही इस्पितळांत जायचे असेल आणि काही मदत हवी असेल तर पदर खोचून शांतादुर्गा तयार असे.

संसार सांभाळून सामाजिक धार्मिक कार्यांत त्यांचा पुढाकार होता. १९५६ मध्येम मल्लेश्वरमस्थित 'महिला गृह कैगारिका सहकार संघांत' त्या गरजू महिलांना शिवणकाम, भरतकाम, शिवाय खाण्याचे पदार्थ करण्यास शिकवित. त्या संस्थेत ११ वर्षे सचिव म्हणून काम केले. या बरोबरच porcelain factory ला insulator वगैरे महिलांकडून बनवून पुरवत असत. आर्मीतील शिपायांना woollen sweaters पुरवण्याचे काम त्यांनी महिलांकडून करून घेतले. बेंगळूरच्या 'सारस्वत महिला समाजा'च्या कार्यकर्त्या होत्या. मुंबईला आल्यावर त्यांनी आपले सामाजिक कार्य चालू ठेवले. बांद्राच्या चित्रापूर हौसिंग सोसायटीचा रेक्रियेशन क्लबच्या त्या सचिव होत्या. गांवदेवीला आल्यावर सारस्वत महिला समाजाच्या कमिटीच्या सर्व पदांवर काम केले. बालकवृंद एज्युकेशन सोसायटीच्या कार्यकारिणी होत्या. पुण्यात्मा प्रभाकर शर्मा सेवा मंडळाच्या ट्रस्टी म्हणून अनेक वर्षे सर्व कामे त्यांनी केली.

अनेक धार्मिक कार्ये शांतीच्या हातून घडत होती. सर्व पंचपर्वे त्यांच्या घरात चालू असत. त्यांच्याकडील नवरात्र गाजलेली आहे.

ह्या व्यतिरिक्त बेंगळूरला परमपूज्य आनंदाश्रम स्वामीजींच्या कारकीर्दीत ज्यावेळी स्त्रिया क्वचितच मठाच्या कार्यांत हातभार लावत अशावेळी शांतीने बेंगळूर मठात अनेक कामांना हातभार लावला. मठातील पडदे, उशाचे अभ्रे, स्वामीजींच्या गाडीची पताका इत्यादी अनेक शिलाई व भरतकामाच्या वस्तू केल्या होत्या. स्वामीजी मठाची बरीच कामे शांतीला सांगत असत. स्वामीजींची सेवा आपल्या हातून घडली ह्याचा शांतीला अतिशय आनंद होत असे.

लहान आठ वर्षांची असतांना शांती आपल्या दोघां भावांना सांभाळून चिक्कमंगळूर मध्ये घर सांभाळून स्वयंपाक करित होत्या. त्यांचा संसार लहान असला तरी त्यांचे घर नेहमी माणसांनी भरलेले असायचे. काही लोक वर्षभर राहिलेलेही आहेत. आलेले पाहुणे त्यांच्याकडे जेवल्याशिवाय जात नसत. डब्बावाल्यांवर केलेला Japanese Documentary मध्ये स्वयंपाक करून डब्बा भरून द्यायचे काम सौ. शांतीला विनंती करून करवून घेतले होते. रेडिओवर अनेक वेळा वेगवेगळ्या विषयांवर त्यांचे भाषणही झाले होते.

ह्या अशा असंख्य आठवणी मनात येतात. त्या कागदावर उतरवणे कठीण आहे. त्यातल्या त्यात अविस्मरणीय म्हणजे त्यांच्या घरची नवरात्र. अजूनही डोळे मिटले की मखरांत रंगीबेरंगी फुलांनी दागिन्यांनी सजलेली देवी शांतादुर्गा व पुढे सुंदर साडी नेसून पती समवेत देवीला भक्तिपुष्पे अर्पण करणारी आमच्या सर्वांची लाडकी सुजीर शांतादुर्गा हे दृष्य समोर येते. त्यांच्या घरचे प्रसन्न वातावरण मी कधीच विसरू शकणार नाही.

Sujir Shanthi & Cheddumam have gone physically (on 31st July 2011 & 2nd November 2010) but their wonderful memories will be always with all of us, which we cherish with respect and love. They have left their footprints in the sands of time.

Both of them were great. They loved and respected every one like their own children; all were treated alike with the same depth of love which is very rare in any human being.

कर्मण्येवाधिकारस्ते मा फलेषु कदाचन – They have lived this.

We have always been close like sisters. There was never any argument or any misunderstanding. There is no difference as your family or my family. We all have been one united family. It is a great boon God bestowed on us. I look at all as my own family and Shanthi and Cheddumam must have taught me that way. It is a 'great' feeling.

They will get 'Sadgati' as both were Godly persons without any partiality. Their best wishes and blessings will be with all of us. I thank Nandini and Ananth Bellare for joining our families. May God & Swamiji continue bestowing their blessings and enhance the love and respect amidst each one in the whole family in the future and always.

"मरावे परि कीर्तीरूपी उरावे" – This fits them very well.

– Shanta Madiman

Chitrapur Yuvadhara First-Aid workshop

(Continued from Pg 48)

The Life supporters Institute of Health Sciences conducted the workshop on first-aid and basic life-support techniques on the 5th of May, 2012. The day-long workshop was held in the Anandashram Hall of Kanara Saraswat Association at Talmaki wadi, Grant Road.

A team of three doctors, Dr. Ganesh Auti, Dr. Jennifer Pereira and Dr. Sajida Attar, and an assistant, trained by the American Heart Society, held talks and a video presentation along with practical training on various topics concerned with first-aid. Nineteen Yuva-s and four adults across six sabhas from Mumbai participated in the workshop.

The day began at 8am with a few preparations and setting up followed by Deepa-prajwalana and Sabha-parambha prarthana at 9am. After a brief introduction and felicitation of the experts who had come to conduct the workshop, the participants were plunged into a sea of amazing information on various topics like medical conditions, medical emergencies, industrial mishaps, and CPR [Cardio Pulmonary Resuscitation] through a partly interactive instructional video.

The pauses in the video were filled by the speakers by in-depth information on topics that were relevant to our setting and real-life situations we may likely face. The speakers were well-versed with the topics and made the discussions lively and interesting to hold our attention span through the 8 hours. Hands-on practice gave each one of us confidence needed for attending to any kind of medical emergency, even if it meant ensuring they get some kind of medical help as soon as possible. Some of the exercises we did include:

- ★ approaching a person in need of medical attention,
- ★ checking scene-safety
- ★ checking whether they are responding or not
- ★ recognising the problem,
- ★ calling for help,
- ★ splinting, bandaging,
- ★ giving breaths, CPR and use of AED [Automated External Defibrillator]

The workshop was well organized by the CYO team led by Sharayu Haldipur pachi and Vidya Aldangadi pachi along with Dr. Chaitanya Gulvady and Sona Chandavarkar pachi. Among the Yuva-s, Sohil Koppikar of Dadar Sabha did a fantastic job of coordinating with the participants and the LIHS organization. Delicious food was provided by Guruprasad caterers- it's been a favorite since the Orchestra days! Thanks to KSA for charging a nominal cost for hiring and also for their support/assistance in arranging our specific requirements.

After each one of us had taken turns at giving CPR and breaths to training mannequins and cleared all our doubts, the day ended with thanksgiving and Sabha Samapti prarthana. Feedback forms filled by all the participants put forth that –

★ The workshop should be introduced to more captive audiences during shibirs or Pujya Swamiji's camps.

★ a team of Yuvas-s trained in such skills should be identified in each sabha.

★ The workshop should be conducted frequently with advance training in order to practice and retain the knowledge.

It has indeed been an extremely valuable, informative and beneficial workshop and we thank Chitrapur Yuvadhara for giving us this excellent opportunity. We sincerely hope that more such First-aid workshops are conducted in other sabha-s across the country. The knowledge is universal and can be easily remembered by one and all and applied immediately in case a situation arises. It is even better that Yuva-s are trained in these skills as they can quickly arrive at the scene and act upon the problem.

Om Namah Parvati Pataye Har Har Mahadev

For some of the key-tips learnt at the workshop, please refer to the summary box below.

First-aid tips at a glance-

- ★ Call emergency response numbers- 1298 [Maharashtra] or 108 [rest of India] or the number provided in your respective countries
- ★ In case of minor burns- use cold water to cool the burnt area, not Ice.
- ★ In case of minor cuts, apply pressure on the cut to stop bleeding, do not apply any home remedies like Haldi or ice as it can aggravate the wound. The same measure is applicable in case of nose-bleeds.
- ★ In case of low blood sugar, offer something sweet to drink.
- ★ In case a person faints, make them lie flat on the floor, and if dizziness persists, raise their legs above the heart level till they feel better, do not crowd around or offer water to prevent them from choking
- ★ Identify a heart attack by checking for pain in arms, back, neck or jaw. Immediate relief can be offered with a single disprin- and call for help immediately.
- ★ Identify stroke by checking for slurring of speech, or numbness on any side of the body and by asking patient to hold up both arms straight out in front of them or to smile- one of the sides may droop.

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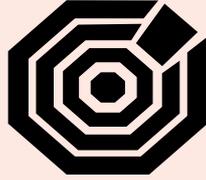
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Remembering "Ajju"

BY SANDEEP GOLIKERI, BOSTON, USA

For my sister, Leena Benegal, and me, Prabhakar Laxman Golikeri was and will always be our beloved Pappa. To grandkids, Avinash Benegal, Avanti Golikeri and Neel Golikeri, he was and will always be their "Ajju". Ajju left us on Monday, May 7th, 2012 at the age of 87.

Ajju appeared to all as the quiet, amiable gentleman whose presence was felt by what he did rather than what he said. But he was a master of the occasional, well timed one-liners. Very few knew that he was also an actor, having performed on the amateur stage in his younger years.

To me, he was the Dad who did not hesitate to indulge us occasionally. I will always cherish the endless trips on the B.E.S.T. bus from one end of its route to the other, going nowhere in particular but enjoying a heck of a bus ride. He found the time to indulge us in spite of his long and arduous work days. Leena and I will always remember going to see Hindi movies in the theater and eating in restaurants, a love shared with Pappa.

My first movie with Pappa and Leena was in 1968. We saw Brahmachari, starring Shammi Kapoor who was Pappa's favorite actor. On November 4th, 1969, he took me to my very first cricket match, India vs. Australia. I will always cherish these precious and special times spent with Pappa.

Ajju was quite famous in the US. He and Amma visited us when our kids were young. They were there for us when Avanti and Neel were born. Ajju never missed a walk and was known by all in our neighborhood for his long walks. He was also an avid reader, his favorite being biographies. He read almost every biographical book available in our public library.

Ajju shared a trait with George Bush senior; he hated Broccoli, something that my son, Neel, loved to remind him about in every phone conversation, especially his birthday. "Ajju, how about a broccoli cake?"

He was not just "Ajju", he was "Aaaaaaaajjuuuuuuuuu". It must be said right!



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Personalia



Divya Vinekar, age 23 from Matunga (w), daughter of Nayan & Vasant Vinekar, has now become a published author with her very first book titled 'Mockery of Love'. Divya has been writing for almost 3 and a half years now and has also published articles in the KS magazine and her college magazine. The book is available online on sites like www.flipkart.com, www.stackkart.com & www.indiaplaza.com. Feedback can be emailed on ayvid.rakeniv@gmail.com



Saahil Alok Bijur (son of Alok & Prajnya Bijur nee Kailaje) represented India and won two gold medals in the International Invitational Karate & Kobudo Championships 2012. The tournament was held in Gampola, Sri Lanka. He had participated in the under 10 years black belt category. He was a part of a three member team from Mumbai that travelled to Sri Lanka to represent India in the week long tournament. Travelling abroad and staying without his family for the first time, Saahil showed great strength of character and determination to win golds in both the Kata and Kumite categories.

Saahil has been learning Karate since the age of 5. Under the guidance of his Sensei Sitaram Chavan, he has made rapid progress and earned his 1st dan black belt at the age of 9, in February 2012. He has participated and won medals at events such as The South East Asia Invitational Championships, the Indian Nationals, Mayors Cup, the Akshay Kumar Invitational Championships. He has won 12 medals so far in various tournaments.

The multi-talented Saahil is studying in grade

5 Vibgyor High, Goregaon (West). He is also learning to play the keyboard and the guitar. He had his first onstage keyboard performance with a live orchestra in the month of April 2012.

Dr. Vishaka Ashish Karnad D/o of Late. Shri. Subbarao Amembal and D-in-law/o Shri Sunai Karnad, is the first Doctorate of Philosophy in Home Science from the College of Home Science Nirmala Niketan, University of Mumbai. She has completed 14 years of teaching at the College of Home Science, Nirmala Niketan after passing the UGC NET examination and securing a Junior Research Fellowship.



At the young age of 36 years, she is the Chairperson of the Ad-hoc Board of Studies in Home Science and a member of the Academic Council and other allied teaching and research bodies of University of Mumbai. She is the recipient of the Rashtriya Gaurav Award 2012 and was awarded the Certificate of Excellence by the India International Friendship Society. She was also awarded the Glory of India Gold Medal by the International Institute for Success Awareness for her contributions in the field of education.

She has published and presented numerous research papers in national and international conferences and has won prizes. She was granted 100% UGC sponsorship under the Travel Grant Scheme and has participated in the 88th International World Textile Conference of the Textile Institute. She has guided ten research scholars till date working on contemporary issues of textile and fashion technology and is currently working on a research project for the University of Mumbai.

She has completed Sangeet Visharad securing I class and is continuing to learn music from Pt. Shrikant Waikar.

Our Institutions

Saraswat Senior Citizens' Association, Virar :

In the month of May we had a double programme on 29th with a houseful of attendance by members. After the Chairman's welcome speech and birthday greetings to May-born members, Vasant Hattangadi released a booklet of Memoirs. The Smaranika titled "Shradhhanjali" has indeed turned out to be very attractive and well-illustrated with a lot of photos of Late Taranathmam Kalbag and his close family members. The articles and poems contributed by members, as tribute to Taranathmam, are touching experiences of their association with him and are worth preserving.

After that, Secretary Usha Kalyanpur introduced Tardeo resident Shri Krishnanand Turme who was

specially invited to give a talk on "Pranik Healing". Mr. Turme explained in detail the principles and practice of this science of healing which, like Reiki system, also hails from the Far East. He gave a demonstration by calling some members, which was fascinating followed by a question-answer session. This absorbing and interesting programme ended after a vote of thanks and gift to the guest speaker, by Usha. Mrs Bhakti Turme and the birthday members were felicitated with roses. Bhel and Ice cream, a traditional hit combination, were served, the hosts being the birthday boys and girls!!

– *Reported by Kunda Kagal*

Here and There

Hyderabad : Satsang for the month of March was held at the residence of Shri. Satish Koppikar on 11th March, 2012. As it was Sankashti, satsang started with chanting of Ganapati Atharvasheersha followed by Shri Lalitasahastranama stotra and Bhajans. On June 3rd, Satsang was held at the residence of Shri Gautam Bajekal with recitation of Shri Lalita Sahasranama stotra and bhajans.

Reported by Vinati Udiyavar

Mangalore : The Annual General Meeting of Shri Chitrapur Math, Mangaluru Local Sabha was held on 3rd June 2012 at 10.00 AM at Sri Vamanashram Hall, Samadhi Math Mangalore. After Sabha opening prayers the President Sri Janaradhan Rao Savnal welcomed the gathering. The Audited Statement of Accounts was circulated to the audience present which was passed. Election of office-bearers was held. Following are the Office Bearers: Sri Kiran Panemangalore – President, Sri Bharath Nagarmath – Vice President, Sri Ananth Manjeshwar – Secretary. Sri Devadas Nagarmath – Treasurer and Sri Jayanth Baidoor – Joint Secretary. M/s. Ganesh & Sudhir were re-

appointed as the Auditors. The Meeting came to an end by chanting Sabha Concluding Prayers.

Reported by Dinesh V. Damble

Mumbai-Andheri : Yugadi, 23rd March, 2012 – The festival which heralds the commencement of "Hindu New Year" was celebrated with great devotion and enthusiasm. The programme was attended by more than 150 members, from all age groups. It was heartening to see the Prarthana and Yuva group participating in every activity and mingling freely with elders and seniors.

The function started in the afternoon with the annual 'Satyanarayan Puja', followed by "Panchaang Vaachan" and distribution of the traditional Prasad. The evening programme commenced with "Ganesh Vandana" by Prarthana varg (choreographed by Srikala Nalkur and assisted by Khyati Nagarkatti) followed by Musical Medley of Bhajans by Prarthana and Yuva group (conceptualized by Priya Bhat). Later Varun Shridhar Hosangadi recited Chapter VIII from Shri Bhagvad Gita (he won the 3rd prize at the Gita recitation competition held at Talmakiwadi)

Thereafter, it was time for prize distribution to the winners and participants of the Art

Competition held for the Prarthana kids on P.P.Swamiji's Ordination Day, 12th Feb. 2012. All the drawings were on display and much appreciated for the enormous talent shown by the kids. "The final item of the evening was a two hour musical programme covering bhajans, Bhakti geet and Bhavgeet presented by Smt. Shefali Karkal and her group. The finale was the composition in Bhairavi – "Sarvatmaka Sarveshwara" and the theme song on National Integration "Mile Sur Mera Tumhara". The programme concluded with Deep Namaskar and Jai-jaikars to our Revered Guru –Parampara and beloved Sadguru.

Reported by Satyanarayan Pandit

Mumbai–Bandra-Khar : Chanting of Sadhana Panchakam was conducted on Tuesday 8th May at Shri Anandashram, Khar, as on the first Tuesday of every month. Samaradhana of H.H.Shrimat Pandurangashram Swamiji was observed on Tuesday 22nd May at Shri Anandashram, Khar, by performing Guru Poojan followed by bhajans by Badra-Khar Local sabha members, Pooja, Aarti and Tirth Prasad. Annual General body Meeting of adult Vantiga payers was held on Sunday 27th May at Chitrapur Society hall, Bandra.

Reported by Deepa Betrabet

Mumbai – Goregaon : Our regular sadhana of chanting of Ganpati Atharvashirsha and Gayatri Anushtana was performed on the pre-assigned days. Sannikarsha was conducted at Karla on the 15th of April. Prarthana Varga of Goregaon also participated in the Sannikarsha by performing Guru Poojan. Samaradhana of Shrimat Parijanashram Swamiji I on 19th of April was observed with Guru Poojan being performed by the Sadhakas.

The Annual General Meeting of the Sabha was held on 13th of May. At the Managing Committee meeting held immediately after the AGM, the following office bearers were elected for the year 2012-13: Shri Rajiv R Kallianpur- President; Shri Gautam D Amladi – Vice President; Shri Jnaneshwar V Someshwar – Hon. Treasurer; Shri Atrij H Balwally- Jt. Hon. Treasurer; Shri Harihar S Balwally – Hon. Secretary; Smt. Varada S Soukooor – Jt. Hon. Secretary. Samaradhana of Shrimat

Pandurangashram Swamiji on the 22nd of May was observed with Guru Poojan being performed by the Sadhakas.

Reported by Pranav R Nagarkatti

Mumbai – Santacruz : On Tuesday, 22nd May, 2012, our Santacruz Sabha observed the Punyatithi of HH Shrimat Pandurangashram Swamiji at 6:30 pm, in the Shrimat Anandashram Hall, Saraswat colony. Bhajans were sung by the devotees , who had gathered in large numbers. Our Sannikarsha Seva at Karla, on Sunday, 3rd June, 2012, was well attended by devotees in large numbers including children and youngsters too..! We performed the "Shri Guru Pujan " along with the regular chanting as per the module.

Reported by Kavita Karnad

New Delhi : Members of Delhi Sabha met for a social get together on the evening of 1st April at Kota House. The occasion was to bid farewell to Mrs Indu & Subban K Nagarkatti, who after spending over 5 decades in Delhi, are relocating to Pune for a relaxed retired life. Indupachi is a very versatile artist and is renowned for her contribution to the Konkani Theatre in Delhi and her "Ekpatri" monoacting. In recognition of her talent, she has been honoured on several occasions: lately, by Mahila Samaj, Mumbai and Gowd Saraswat Samaj, Delhi. Few members, Chaitanya Shiroor, Jaishankar Bondal, Pradeep Rao, Pravina Kilpady, N. J Kamath narrated stories and instances taking us down memory lane through the journey of their stay here. We will really miss them..... wishing them a very prosperous, happy and healthy retired life in Pune!!!! This function was attended by 20 families. All arrangements were made by Chaitanya Shiroor.

Punyatithi of Parama Pujya Pandurangashram Swamiji was celebrated on 22nd May at the residence of Shri Ravi Padukone in Delhi. Gurupujana was performed by 3 members while the rest joined in the chantings. A short bhajan session was led by Smt Ameeta Shiroor. A study of sloka no. 69 from Shivanandalahari was done. 7 families participated.

Reported by Mamta Savkur

CLASSIFIEDS

BIRTH

Aditya and Sveta Kilpady joyfully announce the arrival on May 2 in Kuala Lumpur of their baby boy, **RISHAAN**. Brother to Ahaana and cousin to Sanghamitra and Yashodhara Prasad. Niece to Aarti and Anand Prasad. Grandson to Kishore and Jayvanthy Hattangdi and Raja and Shakuntala Kilpady.

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Alliance invited for 1975 born, Mumbai based CSB fair boy. Height nearly 160 cm, but with Hearing impairment (moderate) and poor vision in one eye. At present is an officer in a company. Interested CSB, GSB or Maharashtrian girls may apply to mumbai@nbg@gmail.com

Alliance invited from Mumbai based, Chitrapur Saraswat Boy, recently returned from USA after 6 years, IT Engineer, working in reputed IT company, 30years, 5'7" tall, fair and slim from Chitrapur Saraswat girl, Engineer/ Architect/MBA/Post Graduate, fair and slim, working, preferably Mumbai based. Girls having similar interest may send CV with recent photo to the Advertiser, PO Box.CL-4363, Kanara Saraswat Association, Talmakiwadi, J.D. Marg, Mumbai – 400007

Alliance invited for Polite, kind, soft spoken, teetotaller CSB, Boy, 32 years, Height 5'-7", MCA Software Engineer, working with reputed MNC in Bangalore from SB/GSB girls, good looking, caring, ready to manage household along with in-laws. Contact 093282 16860 CL-4376/R-4847

Boy, 26 yrs 6ft tall, handsome, well mannered, very good natured, family oriented, having flair for arts, Head of sales in 4*deluxe hotel Mumbai, good package, self reliant, from extremely cultured family invites alliance from tall, employed, good natured, family oriented girl. Write with photograph/horoscope to the advertiser, P.O.BOX NO CL-4377, Kanara Saraswat Association, Talmakiwadi, J.D. Marg, Mumbai-400007

Second Marriage Required a match For Chitrapur Saraswat Brahmin Boy Divorcee (no children) working in MNC as Software Professional. Age 34, Height 5'5", willing to stay in Bangalore Interested Brides please send photo and horoscope to Email kkusuma1957@gmail.com

ACKNOWLEDGEMENT

Major Pratap, younger son of Shamala & Rammohan Nagarkar of Pune and Pooja Gaonkar, younger daughter of Vinayak and Sharada Gaonkar of Mundgod, thank all the relatives and friends for their presence, blessings and lavish gifts on the occasion of their marriage on 30th May '12 at Karwar.

Smt. Mira Mavinkurve thanks all relatives and friends for their love and good wishes showered on her on the occasion of her 90th birthday on 3rd June at Mumbai.

PUROHIT

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DOMESTIC TIDINGS

BIRTH

We welcome the following new arrivals

Nov 4 2011 : Twins (Ishan and Vivaan) to Sangita and Upendra Shivanand Kulkarni at New Jersey, USA

March 15 : A son (Neil) to Deepali (nee Hattangadi) and Bharath Shivshankar Khambadkone at New Jersey, USA.

April 26 : A Son (Aryan) to Ruta (nee Balwalli) and Omkar Ravikiran Balwally at Mumbai

May 2 : A son (Rishaan) to Sveta (nee Hattangadi) and Aditya Raja Kilpady at Kuala Lumpur

May 24 : A Daughter (Aarya) to Dr Akshay and Dr Aditi Nadkarni at Vapi - (Nadkarni and Bijur Family)

MARRIAGE

We congratulate the following and wish them a happy married life

May 30 : Pratap Nagarkar with Pooja Gaonkar at Karwar

OBITUARY

We convey our deepest sympathy to the relatives of the following

March 1 : Hemalata Bhaskar Nagarkatti (nee Savkur) (76) at Pune

April 29 : Leela Rao (Lily) Kalyanpurkar at Bangalore

May 1 : Vombathkere Vasantkumar Venugopal (71) at Mumbai

May 7 : Golikeri Prabhakar Laxman (87) at Pune

May 26 : Kilpadi Bhaskar Rao (of Pune) (87) at Mumbai

May 26 : Prema Murlidhar Basrur (86) at Andheri (west), Mumbai.

May 26 : Meera (nee Talgeri) Ashok Basrurkar (75) at Vakola, Mumbai

May 28 : Shalini Nageshrao Udyawar (85) in Mumbai

May 30 : Kati Vivekanand Maruti (68) at Matunga, Mumbai

June 3 : Indu Mahableshwar Bijoor (88) at Santa cruz, Mumbai.

June 4 : Sajip Sadanand Shivrao (81) at Vileparle

June 6 : Bhat (Hattangadi) Suresh Vithal (71) at Thane

June 6 : Khambadkone Ganesh Laxman (79) at Mumbai

June 9 : Murdeshwar Mangesh Harihar (78) at Borivli.

June 14 : Kandlur Jayant (Jayu) Dayanand (59) at Pune.

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