



Rs.20/-  
Vol. 93, No. 5, May 2012

# Kanara Saraswat

A MONTHLY MAGAZINE OF KANARA SARASWAT ASSOCIATION

## Prof. Dr. Meena Chandawarkar

being felicitated at the Golden Jubilee Auditorium, Karnatak University, Dharwad, by Karnatak State Physical Directors Association, Bangalore on being appointed as the VC of the Women's University, Bijapur.



In the picture are (l to r) Dr Tiwari, President of the said association, Prof H B Walikar, Vice Chancellor, Karnatak University, Dharwad, Dr. Meena Chandawarkar, Prof E T Puttiah, Vice Chancellor, Gulbarga University and Prof S B Hinchigeri, Registrar, Karnatak University, Dharwad .



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## ELECTION NOTICE

Nominations are invited for 3 vacancies on the Managing Committee for the year 2012-2013 of the Kanara Saraswat Association arising due to the following.

Vacancies caused by retirement under Rule 13

1. Shri Nadkarni Anand Ramchandra
2. Shri Pandit Amol Rajaram
3. Ms. Shirur Gauri Prakash

Nomination paper containing the candidates name in full and his consent to contest the election and subscribed by not less than two members of at least one year's standing as proposed and seconded should reach the Hon. Secretary at the KSA Office on or before June 15, 2012 by 7.00 p.m.

By order of the Managing Committee

**April 01, 2012**  
**Mumbai**

**Shivshankar D. Murdeshwar**  
**Hon. Secretary**

## AMENDMENT

### **BUILDING FUND – I (Non Corpus)**

Earlier we had issued an announcement regarding Hall Renovation Fund to reduce our Overdraft availed from The Shamrao Vithal Co-op. Bank Ltd, to meet heavy expenses incurred on upgradation of our two halls. We have changed the name of Hall Renovation Fund to Building Fund –I (Non Corpus) as the entire expenditure was treated as Capital Expenditure related to KSA Building. The main purpose of the Fund remains unchanged being Non Corpus in nature as under:

The Shrimat Anandashram Hall at Ground Floor and Shrimat Parijnanashram Hall at Mezzanine floor of KSA Building have been upgraded during the year 2010-2011 incurring heavy expenditure. The Hall is beautified with modern facilities to attract more occupancy and to generate income for the Association which can be utilized for its various social projects for the benefit of the community at large. We have taken overdraft against our FDR and it will take more time to adjust overdraft than we had earlier anticipated. To overcome difficulties, we have decided to build up **Building Fund-I** with generous help from our Members and Well-wishers. All donations will be individually acknowledged and also published in the KS magazine.

In addition to donation, we have decided to name four rooms in the two halls in the name of the Donors or their dear ones, after receiving certain minimum donations. The details are as under:

Room	Floor	Area	Min. Donations
1) Bride's Room	Ground	112.8	Rs 20 lacs
2) Groom's Room	Ground	89.12	Rs 15 lacs
3) Bride's Room	Upper	154.75	Rs 25 lacs
4) Groom's Room	Upper	157.50	Rs 25 lacs

We appeal to our Donors to donate generously to Building Fund - I (Non Corpus) to enable us to contribute to the Welfare of the Community in a more efficient manner. The donations are exempted under section 80-G of Income Tax act.

#### **Donations received for Building Fund –I (Non Corpus)**

Raja D. Pandit (In memory of his grand mother Late Smt Umabai R. Kaikini)	Rs.5000/-
Ravindra D. Pandit (In memory of his mother Late Krishnabai D. Pandit)	5000/-
Ajeet V. Pandit (In memory of his aunt Late Miss Nirmala D. Pandit)	5000/-
Amol R. Pandit (In memory of his grand father Late Shri Dattatraya R. Pandit)	5000/-



## *From The President's Desk.....*

Often in life, we look at high achievers and assume they had a series of lucky breaks or made it without much effort. Usually this is not true, and the so-called superstars had an incredibly rough time before they attained any lasting success.

It would be worthwhile to know that some of the most famous and well-known people in modern times had to overcome difficult obstacles before they finally reached the top. It takes persistence and total commitment to your goals, but it's possible!

If you strongly 'Believe' in your ability to turn obstacles into opportunities, there's nothing that you cannot achieve. Too often people try to storm their obstacles as if they are forts that need to be taken. It's better to step back and ask yourself, "Did I cause this obstacle by my own actions or lack of them? Did someone else cause this obstacle? Is this obstacle one that grew out of the natural progression of circumstances?"

Since failures are a given in life, success takes more than sense of purpose and a positive outlook. It also takes an appropriate response to the inevitable, including an effective combination of risk-taking and perseverance....more importantly a belief in one's ability and competence.

You must risk to gain security, but never seek security. When security becomes a major goal in life – when fulfillment and joy are reduced to merely holding on, sustaining the status quo – the risk remains heavy. It then culminates into risk of losing the prospects of real advancement, of not being able to ride the wave of change today and tomorrow.

No significant decisions – personal or business – have ever been undertaken without the attendant feelings of anxiety, uncertainty and guilt. The commitment to wade through these inevitable crises is what makes life meaningful. And to do this, you need to change your beliefs about what you deserve and about what's possible with patience and persistence.

Many times in life, we say, "I sure hope things will change." Well, the only way things will change, is when we change. It has nothing to do with hope. It has everything to do with us and our belief in our self. If we are willing to change and adapt to the dynamic scenarios that are a part of this fast-paced life, we can achieve whatever we have set our sights to achieve.

So, get out of your comfort zone and stretch yourself, believe in your abilities and walk that extra mile and what's more.....coolly be a success!!!!.

*Suresh S. Hemmady*

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## Letters to the Editor

**Dear Editor :** Thanks for the interesting article on D N Sirur, His Life and Times, by his grandson. The article suddenly brought reminiscences to the fore, of another, like Lajmi, a small Chitrapur Saraswat to say "Long live the Sirurs". I consider D N Sirur the Bhanap Tata.

It's Sirurs who gave me my first job in Minerva Mills in 1937 (as coolie in the weaving dept @ of 7 ½ annas per day) and the way to Entrepreneurship. I worked in Bangalore, made some savings to go to fresh pastures like Bombay, where, at the age of 16 I got a job in Mitsui, Bussan Kaiisha at Rs.45/- per month and gradually in the next two years went abroad through Mitsui, joined the war service in the Middle East and Russia. War ended. I returned to Bombay in 1946 and it is History thereafter.

Dr. B. P. Divgi and Sushila Sirur invited me on Balak Vrinda School Management and it was here that Sushila Sirur (again Sirurs) and kin taught me charity. And then over to Trusteeship and Corporate Social responsibility.

And it is here that I met J R D Tata and we had opportunity to discuss on various matters including Community Social Responsibility. "Only 90,000 strong, Parsee community could contribute to the nation and themselves like housing and food," (there is hardly a Parsee begging).

We have our Tatas, Ambanis in the community (Nilekanis, Fairdeal Chandavarkars, Durgesh Chandavarkar, Bhatkals, Pravin Kadle, American Bhanaps, Hubli and Shimoga Sirurs, Ubhaykars, etc. to mention a few) and a lot many millionaires and entrepreneurs. Can we emulate stalwarts like D N Sirur, own some more industries and enterprises and then give to the needy in the community for better life.

Isn't our community slowly but surely emulating the Parsees?

N S Rao

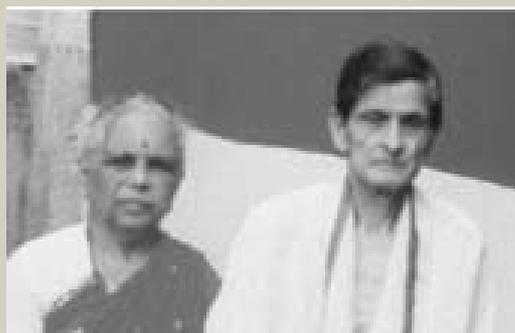
**Dear Editor:** Sub: " Navaras Kathasangraha" written by Ms. Krishnabai Khambadkone in Marathi - The book is a collection of short stories in clear simple Marathi language of her own experiences at various

places of her stay and also in service with Western Railways. The book is widely read and acclaimed by eminent Marathi readers, her friends and publishers for her neat and lucid style of writing. Her earlier autobiography "Ahuti" was also appreciated by many for her hard work at this age (82) and in spite of her recent sickness. Both books are very educative and informative, more especially as they have been meticulously organized and categorized in chapters.

Those interested may kindly contact her at M/3, "Guruprasad", Hanuman Road, Vile-Parle (East), Mumbai – 400057. Tel No. 022-2613 1314

*Srikar Talgeri, Vile-Parle*

### GREETINGS



**Manjunath Shankar Konaje – Best wishes and kind regards on the occasion of your 90<sup>th</sup> Birth anniversary on 12-05-2012 may God Bless you both with good health and peaceful retired life.**

\*\*\*

**Manjunath -Prema Latha M Konaje Best wishes and congratulations on your 65<sup>th</sup> Wedding anniversary on 25-05-2012 may God Bless you with good health and happiness and peaceful life and success for ever .**

**From Konaje family Members, Children and from Grand Children**



Vinay V Gangavali  
Phone: 2380 0460  
Mobile: 9892407934



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Mumbai - 400 007.

## Shri Keshavnarayan Temple Seva Samiti, Shirali 581354

The Punarpratishtapana Ceremony of Shri Keshavnarayan Temple at Shirali will be performed at the Divine Hands of Parama Pujya Shrimat Sadyojat Shankarashram Swamiji on Thursday 31<sup>st</sup> May 2012 (Nandana Samvatsara, Jyeshtha Sh 10 Dashami) at 9-45 am.

We cordially invite all devotees and donors to be present for this auspicious ceremony and receive the Divine grace of Lord Keshavnarayan and Parama Pujya Swamiji.

In this connection a Samoohika Satyanarayan Puja is arranged on the next day i.e. Friday 1<sup>st</sup> June 2012. Devotees may arrange Satyanarayan Kalasha on their behalf by contributing Rs 101.00 along with their name and address.

V. A. Shirali  
President

M. R. Haridas  
Trustee

|| Shree Manguesh Mahalakshmi Prasanna ||

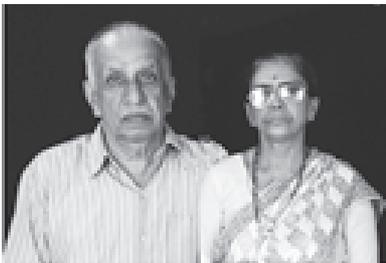
|| Blessings from our Guruparampara ||

## Golden Wedding Anniversary

Krishnananda B. Burde and Lalitha K. Burde (nee Lalitha Hoskote)



18th May 1962  
To  
18th May 2012



### Aayee and Pappa

For 50 years, you have been the ones who showed us how to live,  
Your marriage demonstrates it best how to live and how to give.

You always had a helping hand, a smile and a dose of cheer,  
Your selfless, sweet devotion kept us sheltered year after year.

You dealt with life like champions for half a century now,  
You've blessed all those who know you.

**AAayee and Pappa we love you and wish you both a happy golden wedding anniversary.**

**May the Golden turn to Diamond.**

**From :** Shantala and Sandeep Trasikars (Daughter and Son-in-law)  
Chiran and Rhea (Grandson and Granddaughter)  
Khar Mumbai – 400 052.

**From :**

Nikhil and Lata (Son and Daughter-in-law)  
Nikita and Gurucharan (Granddaughter and Grandson)  
Mapusa Goa – 403526.

## **Dr. Meena Rajiv Chandawarkar** **New Vice-Chancellor of** **Karnataka State Women's University, Bijapur**

Chitrapur Saraswats have all along been votaries of Saraswati, the Goddess of learning.

Speaking of individuals who have adorned the august offices of Vice-Chancellors there is a galaxy of them. Sir Narayan Chandavarkar, Vithal N Chandavarkar, both Vice-Chancellors of Bombay University, S.R. Dongerkery, first Vice –Chancellor of Marathwada University, Prof. M.V. Nadkarni of Gulbarga University, Dr. Suneela S. Mavinkurve of Goa University. And now a recent addition to the list is Dr. Meena Rajiv Chandawarkar. Former Director of the UGC-Academic Staff College, Karnataka University, Dharwad, she has been appointed Vice-Chancellor of Karnataka State Women's University, Bijapur (KSWU) on 8<sup>th</sup> March 2012.

Governor of Karnataka H.R. Bharadwaj, announced the appointment of Dr. Meena Rajiv Chandavarkar on the International Women's Day. Dr. Meena's term will last for a period of four years. She succeeded Prof. Geetha Bali who retired on 28<sup>th</sup> January 2011.

Dr. Meena completed her Ph.D from Karnataka University in Human Resource Development and its effects on the productivity of an organisation with respect to the Cement industry. She served as the Principal of SRN Arts and MBS College of Commerce, Bagalkot for 21 years and as the Director, UGC-Academic Staff College, Karnatak University, Dharwad, for 3 ½ years.

On her appointment as the new Vice-Chancellor she said, "I have always dreamt of becoming the Vice-Chancellor of the Women's University. It is a dream come true."

She has served as Syndicate Member of Karnataka University, Dharwad and Karnataka State Open University, Mysore. She has attended several International Seminars and presented research

papers. She has conducted in-depth studies on issues related to human resources and is an authority on human development. Dr. Meena introduced the Japanese concept of Quality Circles at SRN Arts and MBS College of Commerce, Bagalkot. She has beaten three other contenders who were in the race for the coveted post of the Vice Chancellor, following the exit of Prof. Geetha Bali.

Her top priority would be the empowerment of girls in Bijapur region and to bring out their talents. From her experience as a Principal she had observed that girls of North Karnataka lacked street smartness. As a Vice-Chancellor she wants to tap the dormant talent of girls and focus on their soft skills development.

Dr. Meena received "Best Teacher Award" in Commerce given by the Karnataka State Government in July 1999. She was judged as the "Best Resource Person" by the participants of Orientation programmes of Academic Staff College, Goa University, and has also received Karnataka Rajyotsava District Award given by the Dy. Commissioner, Bagalkot in 2004. She bagged the "Solariser" Paripoorna Mahila Award in 2005 in a programme organised by ETV Kannada Channel.

Dr. Meena was instrumental in making a difference in her college and university assignments. She has been a Ph.D guide and has four students pursuing Ph.D. under her guidances. She has several International, National and other publications to her credit. She has attended 9 International and 39 National Seminars, Symposia, and Conferences. She says her priority would be to increase women's enrolment in undergraduate, post graduate and research courses. Besides setting up a Soft Skill Development Centre, she also plans to initiate a vibrant Industry-Institute-Interaction programme and make her students 'corporate ready' Dr. Meena also

aims to tie up with NGOs and other Universities.

Born in Mumbai, Dr. Meena ( daughter of Prabhakar and Pramila Bagde, Mumbai) studied M.Com at N.M. College of Commerce and Economics, Vile-Parle. She settled in Bagalkot (Karnataka) after her marriage in 1976 to Rajiv Chandavarkar (son of Chandrakant and Saguna ) a consulting Pathologist. She worked with Union Bank of India as a Probationary Officer at Bandra, Hubli and Guledgudd branches from 1976-1983 after which she joined SR Narasapur Arts and MB Shirur Commerce College, Bagalkot as its Vice Principal.

Her son Anand, daughter-in-law Meghana and grand son Dhruv are settled in Bangalore.

We wish her a successful career and prosperity in her new assignment!

<<<>>>

*Search for a beautiful heart not a beautiful face. Beautiful things are not always good but good things are always beautiful.*

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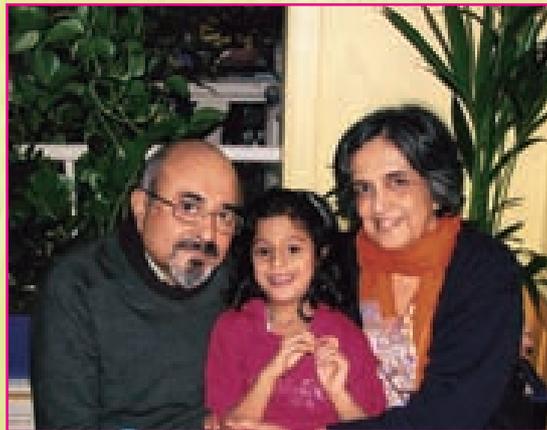
**DEAR AMMA (Sona Vivek Rao - nee Hirebet) AND PAPA (Vivek Kelkar Rao)  
[NINI AND AJJA]**

**LOVING WISHES ON YOUR GOLDEN WEDDING ANNIVERSARY!  
Thank you for being the way you are and for all you've done for us...**



## **Wedding May 1, 1962**

**For 50 years you've been the ones who showed us how to live life to the fullest,  
how to love and how to give...  
You've always been so strong and supportive, and constant in your unconditional love,  
YOU MEAN THE WORLD TO US!**



**Wishing you wonderful memories and lots of love on this special day  
and many more years of joy and happiness together,**

**From Nicola, Samila, Ayesha,  
Sunil, Resham  
Grandchildren; Sahil, Vishal and Alisha**

## DIAMOND WEDDING ANNIVERSARY

24<sup>th</sup> MAY, 2012

We Pray To Mother Lalita Tripura Sundari Devi,  
Lord Mahamrutyunjay Shiv-Shiva And to All Holy Siddha Gurus to shower their  
divine Shakti, Mother Sanjeevani to Bless you both A Beautiful Long Life Ahead  
filled with Happiness, Good Health, Peace and Prosperity.



*SHRI VITHAL SHANKAR GOKARN*  
and

*SMT. SHALINI VITHAL GOKARN*  
(Nee KRISHNABAI S. PADUKONE)

**Jayashree, Vivek, Vrushali, Kiran  
and all GOKARNS  
Nileshwari, Nandkishore,  
Kaustubh/Vrinda,  
Gurunandan, Kishan, Pushpa  
KALLIANPURS  
And all PADUKONES**

## RUBY WEDDING ANNIVERSARY (40YEARS)

ON 26.5.2012



**WgCdr. Prakash Sadanand Kalavar (Retd)  
and Prof. Anasuya Kalavar (nee Anasuya Manjeshwar)**

**WE PRAY LORD LAXMINARAYAN, MAHAMAYA, SHANTADURGA AND  
BHAVANISHANKAR TO GRANT THEM GOOD HEALTH AND HAPPINESS**

With best wishes and love from  
Smt. Mira Manjeshwar

Deepali (daughter) and Sameer(son-in-law)  
Mahika and Medini (grandchildren)

Rajeev (son) and Gauri (daughter-in-law)  
Rohan and Rishaan (grandchildren)

## *GOLDEN WEDDING ANNIVERSARY*

**DR. H. SURESH RAO (HEMMADY) AND VINATHA (NEE KHAMBADKONE)**



**1962**



**2012**

We can't repay the lessons that you taught when we were small.  
Or give you gift for gift the daily treasures we recall...  
We can't return encouragement and loving words of praise.  
In quite the way you did for us through all our childhood days.  
But there is one gift that we can give, It's all the love you've earned.  
For love is what you always taught... And love is what we learned.

## *MAY GOLDEN TURN TO PLATINUM*

**As the couple celebrate their glorious golden wedding, we ask for blessings from our kuladevata Shri Mangueshi, our family deities at Hemapur, Lord Bhavanishankar, our Holy Guruparampara for their good health, happiness and togetherness forever.**

***Children :** Vidya and Niranjana Nalkur, Vivek and Archana Hemmady, Vandana and Vikas Bhargava*

***Grand Children :** Varsha(Nalkur) Varun and Anandita (Hemmady) Vignesh and Arnava (Bhargava)*

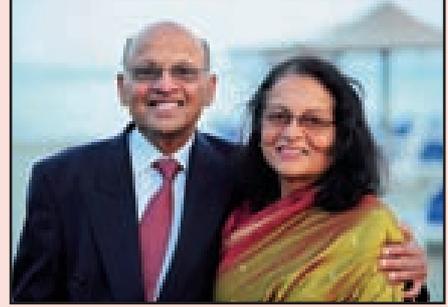
*Hemmadays, Khambadkones, Nalkurs, Hirebets, Bhatkals, Sashittals, Gulvadys, Savurs, Upponis, all dear and near friends and relatives.*

## *Golden Wedding Anniversary*

on

27th May 2012

**Gurudas and Jayanti Bailur**



Dear Mum and Dad/Annamma and Ajja

*Wish you both a very Happy 50<sup>th</sup> Wedding Anniversary and  
many many more years of togetherness.*

*With lots of love:*

Sateen, Sanjay and Savita (Children)

Anjali and Shilpa (Daughters-in-law)

Shivai, Anya and Taara (Grandchildren)

**To Amma and Pappa.....**



**GOLDEN WEDDING ANNIVERSARY ON 6<sup>TH</sup> MAY 2012  
SHOBHANA (NEE KALBAG) AND MARUTI BIJOOR**

For the two most amazing parents-

You are all we ever hoped for - our ideals our heroes forever.

**Wishing you many many more years of togetherness.**

Ashutosh, Sharmila, Shimul, Rohan  
Amita, Aanchal, Aarya

# पॉप्युलर प्रकाशन व रामदास भटकळ : ( एका अतूट नात्याचा हीरकमहोत्सव )

प्रा. साधना कामत

'पॉप्युलर बुक डेपो'शी सर्व चित्रापूर सारस्वतांचे घरगुती संबंध होते. याला अनेक कारणे. शाळा-कॉलेजच्या विद्यार्थ्यांसाठी ती एक हक्काची जागा. दुकान हाकेच्या अंतरावर म्हणजे लॅमिंग्टन रोडवर. तशात भटकळ कुटुंबाचे वास्तव्य आमच्या आनंदाश्रम कॉलनीत आणि गंपतमाम व मित्रावका यांचा सर्वसंग्राहक स्वभाव! पुढे 'पॉप्युलर बुक डेपो'चे धाकटे भावंड 'पॉप्युलर प्रकाशन' या संस्थेची मोहोर पुस्तकांवर उमटू लागली. परंतु त्याचे वेगळेपण काही आमच्या लक्षात आले नाही. त्यामुळे आपल्यापैकी बऱ्याच-जणांना हे माहीतही नसावे की मुख्यतः दर्जेदार मराठी पुस्तकांचे प्रकाशन करून रामदास भटकळ यांनी ही संस्था नावारूपाला आणली, अत्युच्च पदापर्यंत पोचवली आणि या वर्षी या संस्थेचा हीरक महोत्सव साजरा होतो आहे.

'पॉप्युलर बुक डेपो'ची ग्रंथविक्री आणि ग्रंथप्रकाशन ही क्षेत्रे मुख्यतः इंग्रजी पुस्तकांशी संबंधित होती. १९४८ मध्ये त्यांनी गिरगावात 'बाँबे बुक डेपो'ची मुहूर्तमेढ रोवली. रामदासचे मेहुणे पांडुरंग कुमठा यांनी या दुकानाची व्यवस्था हाती घेतली आणि पुढे 'मराठी पुस्तकांचे माहेरघर' असे बिरुद मिळविले. रामदास यांना बी.ए. नंतर 'ऑक्सफर्ड'ला जाऊन पुढील शिक्षण घ्यायचे होते आणि प्राध्यापकीचा पेशा पत्करायचा होता. परंतु वडील बंधू सदानंद (ज्यांनी १९४४ मध्ये बुकडेपोच्या व्यवसायात प्रवेश केला होता) यांनी धंद्यात मदतीची गरज आहे असे सुचवले. सक्ती नव्हती, तरी रामदासने सुज्ञपणे व्यवसायात येण्याचे ठरविले. त्याचवेळी त्यांना साहित्यक्षेत्रातील दिग्गज श्री. पु. भागवत, वा. ल. कुळकर्णी यांचे मार्गदर्शन लाभले आणि रामदासने मराठी प्रकाशनाचा श्रीगणेश केला. सुरुवातीला त्यांच्या या 'उद्योगा'कडे वडील मंडळींनी एक हौस म्हणूनच पाहिले आणि रामदासला लेखकांची निवड आपल्या मनाने करण्याची संधी मिळाली.

आधीच्या पिढीतील वरेरकर, कालेलकर या लेखकांची पुस्तके प्रकाशित करतानाच त्यांनी गंगाधर गाडगीळ, अरविंद गोखले या नवकथाकारांनाही जाणीवपूर्वक प्रकाशात आणले. काव्य आणि नाटक हे साहित्यप्रकार इतर प्रकाशकांकडून काहीसे दुर्लक्षितच राहिले होते. रामदासने पाडगांवकर, करंदीकर, ग्रेस, महानोर इत्यादी नवकवींचे संग्रह व कानेटकर, शिरवाडकर, तेंडुलकर यांची नाटके प्रसिद्ध केली. खास करून नाटकांची संहिता ही प्रयोगापुरतीच उपयुक्त अशी एक समजूत होती ती बदलून 'पॉप्युलर'ने त्यातील



'फेडरेशन ऑफ इंडियन पब्लिशर्स' यांनी 'पॉप्युलर प्रकाशन'ला खास पुरस्कार देऊन गौरविले. त्या प्रसंगी सर्वश्री कृष्णा करवार, हर्ष भटकळ, रामदास भटकळ आणि श्रीमती मृदुला जोशी

साहित्यिक मूल्यांकडे वाचकांचे व टीकाकारांचे लक्ष वेधले. त्याचप्रमाणे वा. ल. कुळकर्णी, दुर्गा भागवत यांचे समीक्षा व टीकावाङ्मयही प्रकाशित केले. बालसाहित्याच्या क्षेत्रात विंदा करंदीकर, मतकरी यांची नाविन्यपूर्ण अशी सचित्र पुस्तके मुलांसाठी प्रसिद्ध केली. वैद्यक व आरोग्य या विषयात डॉ. गोडबोले (मधुमेह) डॉ. वागळे (बालसंगोपन) प्रा. साधना कामत (मानसशास्त्र) यांची पुस्तके उजेडात आणली.

अशी वेगळी वाट चोखाळणे शक्य झाले कारण मुख्यतः ग्रंथविक्री आणि क्रमिक पुस्तकांचे प्रकाशन हे त्यांचे 'ब्रेड अँड बटर' होते. त्यामुळे नफ्याचा विचार न करता कसदार वाटले तेच मराठी साहित्य प्रसिद्ध करण्याची मिजास आपल्याला जोपासता आली आणि त्यात इतर कुणीही हस्तक्षेप केला नाही हे रामदास आवर्जून सांगतात.

'पॉप्युलर'च्या प्रगतीत एकूण चार वयोगटांचा सहभाग आहे. गणपतराव (१९२४) सदानंद (१९४४) रामदास (१९५२) आणि हर्ष (१९८६) यापैकी प्रत्येकाने परंपरा सांभाळतानाच काही नवीन योगदान देण्याचा प्रयत्न केला आहे. गणपतराव यांनी 'पाया रचून' 'देवालयाची उभारणी' केली, सदानंदने 'पॉप्युलर'ला जागतिक स्तरावर नेले, रामदासने मराठी मुलखात मुसंडी घेतली आणि आता हर्ष इलेक्ट्रॉनिक्स, आर्ट, पाकशास्त्र या विषयीच्या प्रकाशनात कर्तृत्व दाखवीत आहे.

यावर्षी पॉप्युलर प्रकाशनाचा साठावा वर्धापन दिन साजरा होतो आहे. एकाच व्यक्तीने या क्षेत्रात साठ वर्षे कार्यरत राहणे असे उदाहरण फार क्वचित सापडेल. याचे इंगित



लैला रामदास भटकळ ह्या 'पॉप्युलर प्रकाशन'च्या 'सिगमंड फ्रॉइड' या पुरस्कारप्राप्त पुस्तकाची दुसरी आवृत्ती प्रकाशित करताना. सोबत लेखिका : साधना कामत

काय असे रामदासला विचारले असता ते म्हणाले, “मुख्यतः पुस्तकावर लक्ष केंद्रित न करता आम्ही लेखकासोबत काम करतो. एखाद्या नव्या लेखकाचे हस्तलिखित हाती आले की पुढे अनेक वर्षे दर्जेदार साहित्य निर्माण करण्याची बीजे त्यात दिसतात का याचा मी शोध घेतो. अशा ‘पाऊलखुणा’ दिसल्या की मग तो लेखक ‘आमचा’ होतो. त्याचे सर्वच साहित्य प्रकाशित करावे अशी ‘पॉप्युलर’ला आच असते आणि एखादे पुस्तक त्या ताकदीचे नसले तरी ते घेण्याचा धोका मी पत्करतो. त्यामुळे मराठी साहित्यातील बहुतेक आघाडीचे लेखक हे ‘पॉप्युलर’चे कुटुंबीय झाले आहेत. शिवाय हे संबंध केवळ व्यावसायिक न राहता आमच्यात एक आपुलकीचे नाते तयार होते आणि ही वीण अधिकच घट्ट होते.”

अनेक इंग्रजी व इतर पाश्चात्य प्रकाशकांशी ‘पॉप्युलर’चा संबंध आल्यामुळे तिथल्या काही प्रथा मराठीत आणण्याचे श्रेय ‘पॉप्युलर’कडे जाते. उदा. पुस्तकाच्या मलपृष्ठावर अंतरंगाविषयी मजकूर (ब्लर्ब) छापण्याची पद्धत पॉप्युलरने प्रथम मराठीत रूढ केली. त्याचप्रमाणे सुरुवातीपासून एक संस्था या दृष्टिकोनातून ‘पॉप्युलर’चा विकास करण्याचे धोरण रामदासने राबवले. त्यामुळे तो फक्त एक वर्तमानकाळचा एकखांबी तंबू न राहता पुढे भविष्यातही कार्यरत राहावा अशी त्याची उभारणी करण्यात आली आहे आणि याला अनेकांचा हातभार लागतो आहे. कृष्णा करवार, रघुनाथ गोकर्ण, मृदुला जोशी, अंजली कीर्तने व आता अस्मिता मोहिते यांचे त्यांना मोलाचे सहकार्य लाभले आहे.

संस्थेचे महत्त्वाचे वर्धापन दिन हे नाविन्यपूर्ण रीतीने साजरे करणे ही पॉप्युलरची खासियत आहे. रौप्यमहोत्सवाचे प्रसंगी कोल्हापूरच्या शिवाजी विद्यापीठात “मराठी साहित्य : प्रेरणा व स्वरूप” या विषयावर परिसंवाद आयोजित केला होता. तो डॉ. भालचंद्र नेमाडे यांनी चांगलाच गाजवला. त्याला उत्तम प्रतिसाद मिळाला. तो ग्रंथरूपाने प्रकाशित झाला आहे. चाळीसाव्या वर्धापन दिनी ‘प्रिय रसिक’ हे हाऊस जर्नल सुरू करण्यात आले. एखाद्या दर्जेदार मासिकासारखे याचे स्वरूप आखण्यात आले आहे. त्यात पॉप्युलरच्या जुन्या नव्या प्रकाशनांची आणि लेखकांची ओळख करून देण्यात येते. संस्थेचा सुवर्णमहोत्सव नाशिक येथे साजरा झाला. त्याप्रसंगी डॉ. विजया राजाध्यक्ष यांच्या योजनेनुसार ‘मराठी कादंबरी’ या विषयावर एक शिबीर घेण्यात आले. त्यावर आधारित “मराठी कादंबरी : एक आस्वाद” हा ग्रंथ संपन्न झाला. ‘पाऊलखुणां’ ही ‘स्त्री-मुक्ती’ या विषयावरची दृक्श्राव्य फीत पुढे प्रकाशित केली गेली.

या वर्षी हीरक महोत्सवानिमित्त अनेक प्रकल्प कार्यान्वित होताहेत. मंगेश पाडगांवकर यांच्या आजवरच्या अप्रकाशित गद्य लेखांचे प्रकाशन, भालचंद्र नेमाडे यांची बहुचर्चित कादंबरी ‘हिंदू’, र. गो. सरदेसाई यांच्या ‘मराठी रियासत’च्या सर्व खंडांचे पुनःप्रकाशन, ‘मराठी रंगभूमीवरच्या तीस रात्री’ हा मकरंद साठे यांचा मराठी नाट्यलेखनावरचा त्रिखंडात्मक ग्रंथ, तसेच सदानंद भटकळ संपादित संक्षिप्त मराठी वाङ्मय कोशाचे पुनःप्रकाशन हे सर्व मार्गी लागते आहे. तरीसुद्धा काहीतरी वेगळे, नाविन्यपूर्ण असे काम यावर्षी हाती घ्यावे असे रामदासला वाटते आहे. त्यात शिरवाडकरांची सर्वच्या सर्व नाटके श्राव्य माध्यमातून (ऑडियो सी.डी.) प्रकाशित करावी असा एक महत्त्वाकांक्षी विचार आहे.

रामदास यांचे मृदुभाषी, सौम्य असे व्यक्तिमत्त्व पाहता हा एवढा व्याप ते कसे काय संभाळतात याचे इतरांना नवल वाटते. पण त्यांच्याशी जवळून संपर्क आल्यावर त्यांची साहित्याची सखोल जाण, ठाम मते, एकूण व्यवसायातील सुज्ञपणा, आत्मविश्वास हे सर्व लक्षात येते. पदवीसाठी त्यांचा अभ्यासविषय ‘साहित्य’ हा नव्हता. मग वाङ्मयातील ही मर्मदृष्टी त्यांना कशी प्राप्त झाली? उपजत ‘मुळीचाचि झरा’ आणि ज्येष्ठ जाणकार साहित्यिकांचा सहवास यांचा हा परिपाक असावा. लेखक, इतर प्रकाशक आणि पॉप्युलर प्रकाशनाशी संबंधित सर्व सहकारी यांच्याशी त्यांचे सौहार्दाचे, मित्रत्वाचे नाते जडलेले दिसून येते. (यासंबंधी अस्मिता मोहिते यांचा लोकसत्ता १८ मार्च अंकातील लेख मुळातून वाचण्यासारखा आहे.)

प्रकाशनाशिवाय इतरही विविध विषयांत रस घेण्याची त्यांची वृत्ती असल्यामुळे त्यांचा चौफेर संचार असतो.

(पृष्ठ क्र. १६ पाहा)

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## Profiles:

# Gourang Kodical - A Percussion Prodigy

NANDAKUMAR HATTIANGADI, BANGALORE

No music - be it Hindustani or Karnataka Classical or Western Classical or Jazz or Modern Rock Metal - is complete without accompaniment on a 'Percussion' instrument. In our traditional Hindustani Classical Music, by and large, the performing artiste is accompanied on a 'Tabla' or a 'Pakhwaz' ( in the Karnataka Classical Music it is the 'Ghatam' ) and in the Western Style of Music it is invariably the 'Drums'. The rhythm or the tempo of the musician is invariably supported by these Percussionists. We, in Bangalore, cannot imagine a musical programme without Gourang Kodical either on the tabla or in the background as an organizer!

Gourang was born on September 28, 1946 in Bombay, the youngest son of Shri.Ramanand Kodical and Seeta Kodical. Seeta Kodical was the daughter of Shri.Hattangadi Shankar Rau (the renowned HSR who dedicated his life in the service of our Math during the period of HH Shrimat Anandashram Swamiji). Gourang's maternal uncle, Shri.Gopal S Hattangadi was by no means an unknown figure in our community, having scripted "Fifty years of Bliss" and many other books during the period of HH Shrimat Anandashram Swamiji. Gourang's interest in music increased with his participation in the bhajans - a regular feature taking place at his maternal grandfather's residence at Laburnum Road in Gamdevi, Bombay.

Gourang had his initiation in Tabla at the age of 5 from his music-loving parents and went on to acquire his formal training from Pt. Shashi Bellare (nephew of the legendary Hattangadi Taranath Rao) at Bombay, and, then from Pandit Dattappa Garud of Bangalore. As a youngster he was fortunate to spend weeks together in the close presence of great stalwarts of yesteryears like Smt. Kesarbai Kerkar, Pandits Pannalal Ghosh and Nikhil Ghosh, Ustads Latafat Hussain and Abdul Haleem Jaffar Khan, who used to enjoy the hospitality of his parents whenever they were invited to perform for a music sabha in Jamnagar where his father was posted. He rendered his maiden

public performance in Tabla at the age of eight.

His advanced training in Tabla was during the years 1968 - 1972 under Tabla Nawaz Ustad Shaikh Dawood of Hyderabad, who was chiefly responsible for moulding him into the refined artiste that he is today.

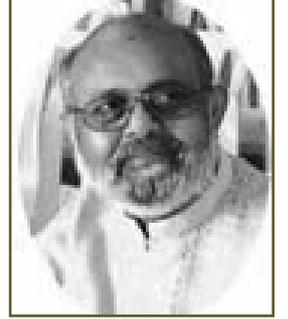
With the blessings of his Guru, Gourang has evolved a style of his own for accompanying Hindustani vocal music. He has also passed the 'Madhyama' examination conducted by Akhila Bharatiya Gandarva Mahavidyalaya.

Although Gourang accompanies both vocalists and instrumentalists with equal ease, his forte is his unique style of accompanying vocalists. No matter what Gharana the vocalist belongs to, Gourang's sangat blends with the gayaki with perfection. His accompaniment is unobtrusive and yet lends excellent support to the musician, while merging with the music.

Some of the stalwarts Gourang Kodical has accompanied are: Mallikarjun Mansur, Basavaraj Rajaguru, Kumar Gandharva, Bhimsen Joshi, K G Ginde, Dinkar Kaikini, Yashwantbua Joshi, Rajan/Sajan Mishra, Kishori Amonkar, Prabha Atre, Lalith J Rao, Parveen Sultana, Ram Narayan, Hariprasad Chaurasia and many others.

Musicians of the younger generation he has accompanied include: Prabhakar Karekar, Ajoy Chakrabarty, Ulhas Kashalkar, Rashid Khan, Malini Rajurkar, Veena Sahasrabuddhe, Padma Talwalkar, Arati Anklikar, Ashwini Deshpande etc.

He has gone on extensive concert tours of USA, UK, Canada, Europe, Singapore, Malaysia, Indonesia and Bangladesh with musicians like Pt. Dinkar Kaikini, Smt Lalith J Rao and Pt. Vinayak Torvi (Vocal), Pt. Devendra Murdeshwar (Bansuri), Sri N Rama Rao and Sri T Radhakrishna (Sitar).



Gourang has been invited to judge several state and national level music competitions and is on the panel of examiners for award of scholarships by the Centre for Cultural Resources and Training (CCRT), Delhi. He is also a member of the local audition board of All India Radio, Bangalore.

He is a founder member (and till recently, was the Hon. Secretary for twenty years), of a very active and thriving music sabha in Bangalore called 'Sursagar', which encourages established musicians and budding youngsters, besides conducting workshops by eminent musicians/scholars/musicologists for the benefit of students who are serious in learning music in Bangalore. Started in 1982, the sabha has presented over 300 Hindustani musicians from all over India and abroad to the discerning audiences of Bangalore. "Sursagar" completed its 30<sup>th</sup> Anniversary in November 2011 by organising a music festival on 13<sup>th</sup> November 2011.

In recognition of his meritorious service in the field of Hindustani Music (Tabla), the Karnataka Sangeet Nritya Academy honoured Gourang with an award and the title, 'Karnataka Kalashree', for the year 2000-2001. He has also been conferred with the prestigious Karnataka State Rajyotsava Award with the title 'Karnataka Tilaka' for the year 2007, by the Govt. of Karnataka, in recognition of his services to Hindustani Music (Tabla), with a Gold Medal and a citation.

Gourang married Kusum Padukone, daughter of Padukone Shantaram Rao (nephew of Swami Ramdas, "Anandashram", Ramnagar in Kanhangad) on 7th December 1970. The couple have two children - a daughter and a son.

Besides devoting most of his time to music, Gourang, has the distinction of having served all the three Gurus of our Math - HH Swami Anandashram, HH Swami Parijnanashram and HH Shrimat Sadyojat Shankarashram Swamiji. He has been blessed by HH Swami Anandashram and HH Swami Parijnanashram during the course of the visits of our Gurus to his residence at Mysore on two occasions (once before Shishya Sweekar in 1958 and once afterwards).

As an active member of CYMA, Bangalore, Gourang organised a memorable 3 day Music festival in January 1977, for raising funds for the annual Rathotsava to be held in Shirali. The musical event had participation from India's noted musical

greats - Pandit Jasraj, Pandit Dinkar Kaikini, Smt. Kishori Amonkar (Vocal), Pandit Shivakumar Sharma (Santoor) and Ustad Zakeer Hussain (Tabla - Solo).

Gourang took a keen interest in compiling and editing "Ananda" - a treatise released on the occasion of the birth centenary of HH Swami Anandashram as well as the Golden Jubilee celebrations of the Shri Chitrapur Math at Bangalore. Gourang has been closely associated in the audio recordings of HH Shrimat Sadyojat Shankarashram Swamiji from "Antarangini 1" to the latest "Stotravali 3". He also actively participated in the 'Live' show - "Bhairav to Bhairavi" conceived, composed and conducted by Smt. Lalith J. Rao - a musical extravaganza organised for raising funds for the Chaturmas of Swamiji at Hubli.

May God give him long life and good health in the years to come!

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(पृष्ठ क्र. १४ वरून)

महात्मा गांधी हे एक अद्भुत रसायन होते. त्यांच्या काही अप्रकाशित पैलूंवर संशोधन करून रामदासने पी. एच.डी. ही पदवी संपादन केली. कस्तुरबांवर एक नाटक लिहून ते रंगभूमीवर आणले. अजूनही या विषयावर बरेच काही लिहिण्याचा त्यांचा मनसुबा आहे. संगीताचीही त्यांना आवड असून पं. एस्. सी. आर. भट यांच्याकडे शास्त्रीय गायनाचे धडे घेऊन ते मैफिलीही सादर करतात. पं. भातखंडे यांचे चरित्र लिहिण्याची त्यांची इच्छा आहे. गांधीजींचे काही साहित्य भाषांतरित करायचे आहे. शिवाय पॉप्युलर प्रकाशनाच्या आजवरच्या वाटचालीला शब्दरूप द्यायचे आहे. असे खूप बेत....

व्यवसायात आणि इतर क्षेत्रात इतक्या गुंतलेल्या ज्या व्यक्ती असतात त्यांची कधी कधी घरच्या आघाडीवर पिछेहाट झालेली दिसते. पण तिथेही रामदासची समरसता प्रत्ययाला येते. पत्नी लैला (अध्यापन), पुत्र हर्ष (प्रकाशन) व सत्यजित (दूरदर्शन/चित्रपट) तसेच सुना व नातवंडे या सर्वांशी त्यांचे जिव्हाळ्याचे, मैत्रीचे धागे जुळलेले दिसतात.

त्यांना पुष्कळ आयुरारोग्य लाभावे आणि त्यांच्या अशा समर्थ, कर्तृत्ववान नेतृत्वाखाली पॉप्युलर प्रकाशनाची भरभराट शतकमहोत्सवाच्या दिशेने व्हावी, हीच कॅनरा सारस्वततर्फे आमची सर्वांची शुभेच्छा.

## **Sindhutai Sapkal - Motherhood in Real Life**

**DR. (MRS.) PADMINI PAI DHUNGAT**

Oh God, teach us how to laugh,  
But Let us not forget that we had also cried  
once!

These are the words of a destitute woman, Sindhutai Sapkal, who rose to be a symbol of Motherhood in real life. She is mother to more than 1000 children – boys and girls who were orphaned or abandoned by parents. Sindhutai suffered a lot in life and she says this suffering helped awaken Motherhood in her. When she adopted these orphans, she kept her own daughter away from her so that her motherly feelings would not make her partial to her daughter amidst other orphans.

Her life story is a sad one. She was born in a poor family of Abhiman Sathey in Pimpri, Maharashtra. She was called Chindhi (a rag). As she had to look after cattle, she reached school only after half-time recess, so her teacher used to call her Half-Time. She was very fond of reading, and would have liked to continue after her primary school, but her mother got her married at eleven. She says her education is only "Half day 4<sup>th</sup> std. pass". Due to poverty she could not afford slate and books. She practiced her writing on Bhardi (thick leaves) and used a thorn as pen. She ate crumbs and leftovers from other children's tiffin. These she picked with Champa flowers as she felt the nectar of flowers made the crumbs sweet and tasty and nourished her.

After her marriage to Shrihari Sapkal, aged 30 years, she settled at Navargaon, far from her parents. There, women in the village had to collect cowdung from their cattle and give to the local Government without payment. Chindhi protested this unpaid labour, along with other women. She took the lead to inform the Collector about this injustice. The Collector immediately agreed to remunerate the women. This hurt the ego of the middlemen who took revenge. He told her husband that Chindhi was disloyal to him and committed adultery. Her

husband Shrihari beat her and threw her out of the house in 9<sup>th</sup> month of pregnancy. She delivered her baby girl in a cowshed. She says a cow stood over her like a canopy guarding her.



She left her husband's house immediately with her child and sought shelter at her mother's house. The mother herself a widow, turned her out, for fear of gossip over her daughter's so-called sin. She told her to leave, commit suicide with her baby and never to see her again. Chindhi attempted suicide thrice without success. She then took refuge in a crematorium, which she thought was the safest place where men would not venture for fear of ghosts. For survival, she made bhakris from riceballs kept for the last rites, and slept in the open. On one such occasion, she noticed a banyan tree. This gave her urge to live, and do something for the orphans that lived on the railway platform. At a temple in Faizpur near Jalgaon, she tied a rakhi to Krishna idol and changed her name Chindhi to Sindhu, the great river that irrigated a vast land. She also named her girl Mamata. She had good voice and sang bhajans in the trains collecting alms. She now says that she has not stopped begging even today. Once she begged for herself and her daughter and now she begs for her orphans.

When newly married into an illiterate family she would read whatever paper that came with packages. As her husband could not read, he disliked her reading, so at times she had to eat the bits of the paper to hide her act. Later she read poems and Ovis written by Bahinabai and Suresh Bhatt and quotes them in her speeches. Her father had once told her that education is not just reading and writing. Performing or carrying out her conviction

and belief is also a form of education. Remembering this, everytime she was pushed to the wall, she bounced back to give motherhood to orphans. She even fought with the Forest Department for release of more than a hundred cows that were taken from Vanvasis in Chikhaldhara to save sixty tigers. She had approached late Prime Minister Indira Gandhi in New Delhi for compensation to men who were attacked and disabled by wild animals in Chikhaldhara. Indirajji had sanctioned this compensation immediately.

Sindhutai started her orphanage with substantive help that came from her first visit to San Jose in USA. It is called Abhiman Bal Bhavan in Chikhaldhara. Her first orphan in 1980 was Deepak Gaekwad, an epileptic child. She got him treated and now he is her right hand support. Subsequently she built many Ashrams and Homes for destitute women and their children, but the children are never housed with their mothers. While she was mother to these orphans she had kept her daughter at a girl's hostel in Pune. Her greatest worry when she went to meet her daughter

Mamata was that she might complain that Sindhutai looked after these orphans while bringing up her own daughter like an orphan.

But Mamata was very understanding and said she was proud of her work and would like to assist Sindhutai who was on her feet 18-20 hours a day. Mamata has done M.S.W. course from Pune and is helping Sindhutai in looking after Orphanages.

On her visit to Navargaon her husband expressed his wish to join her, But Sindhutai told him she will not look after him in a wife's role. She would be a mother if he joined the orphanage. Sindhutai is not bitter about her mother or her husband. She is thankful for being thrown out by him, as staying with him she could not have achieved this noble work, and if her mother had given her shelter she would not have had the inspiration to look after the orphans.

This is real Motherhood – Mai as she is known to her Pariwar.

Courtesy: "Bulletin, Lions Club of Ballard Estate."



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# Homoeopathy - an Effective Alternate Medicine

GURUDUTT R BALWALLI, HUBLI

With the growth of interest in alternate medicines more and more people are exploring new healthcare options. They want a mode of treatment that's safe and effective. Here, Homoeopathy fits the bill.

The name comes from Greek homeo (meaning like) and pathos (suffering). The Philosophy known as "like cures like" was developed in 1796 by German physician Samuel Hahnemann. His birthday, April 10 is commemorated as World Homoeopathy Day.

Homeopathy is finding increasing acceptance around the world. It is also a leading alternate medicine in the U.S., France, Germany, Britain and Holland. It has made major advances in regions like Mediterranean Basin, South America, Europe and India.

It first came to India in 1839 when John Martin Honigberger was called to treat Maharaja Ranjit Singh for paralysis of vocal chords and oedema. "Today, its market in India is valued at Rs 630 crores with an annual growth rate of 25%" says Dr. Mukesh Batra

## Principles of Homoeopathy

"The more dilute the substance, greater its effect or cure" said Hahnemann. Homoeopathic substance, even in very tiny amounts, works by stimulating the 'vital life force' a type of energy present in all living things.

A Homoeopath considers the patient's total experience, mental and physical symptoms, and emotional state. A Homoeopathic practitioner often seeks what may seem like irrelevant information.

Mahatma Gandhi once said, "Homoeopathy cures a larger percentage of cases than any other method and is beyond doubt a safe, economical and most complete medical science." According to WHO, it is the world's second leading system for Primary Healthcare.

Mother Teresa added Homoeopathic care to the services of her Missions. Impressed by Homoeopathy's efficiency and low cost, she opened her first Charitable Homoeopathic dispensary in

Kolkata in 1950.

## Myths And Reality

### Myths

1. They are only sugar pills acting as placebos and have no medicinal value.
2. It is slow acting and cannot be used for immediate relief like in cases of diarrhoea, cold, cough, fever etc.
3. This cannot be used by diabetic patients.
4. If the same white pills are given for all types of illness how can they be really effective?

### Fact

1. These sugar pills are just carriers for medicines which are Alcohol based. They are clinically tested with scientific evidence to prove its efficiency. These medicines are also FDA approved like any other system.
2. This misconception is born out of the fact that many opt for this when other systems have failed. Naturally, by this time, the condition has become chronic and hence, takes longer to treat. It can also act fast in the early stages and very effective in infections, cough, cold, fever and so on.
3. It offers excellent treatment for diabetes. These pills are made of lactose and not glucose. Secondly, they are so minute that they hardly impact sugar levels. Thirdly, medication can even be given in watery solutions.
4. Different medicines are given depending upon illness and patients. The pills serve as vehicles to transfer medicines selected out of a range of more than 3000 dilutions, offering several alternative medicines for each condition targeted to the individual problem.

## Why Homoeopathy ?

No side effects, it cures a disease rather than merely suppressing it. It uses natural substances in minute doses, improves body's resistance, ensures long term benefits. The procedure for taking medicines is very simple with no bitter pills or no injections. It does away with unnecessary surgery and is cost effective.

## Limitations Of Homoeopathy

Medical emergencies like Heart attacks, sudden strokes, and severe accidents that need hospitalization cannot be treated by Homeopathy. Several conditions do require surgical intervention such as burst appendix, perforation of stomach ulcer, internal bleeding or large fibroids, but even in such cases, Homoeopathy can hasten post operative healing and provide effective pain relief.

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## IN FOND REMEMBRANCE



*MARUTI GANPAT BAILUR*  
*27<sup>TH</sup> June 1908 - 11<sup>th</sup> May 2002*  
*You inspired us with your*  
*intellect,*  
*Scholarship, ideals and passion*  
*for books and music*  
*We miss your affection and*  
*guidance*  
*LALLY AND LEENA*

## APPEAL

|| *Om Shree Ganeshaya Namaha* ||

|| *Shree Mangesh - Mahalaxmi Prasanna* ||

|| *Shree Gurubhyo Namaha* ||

|| *Shree Ananta-Shanta Sati Namaha* ||



After a successful "Naag Pratistha" in April 2010 at Bankikodla, with the blessings of Lord Bhavanishankar and our respected Paramapujya H.H. Sadyojat Shankarashram Swamiji and as per guidance of Shri Sacchinand Devisharma, we intend to re-locate our family God (Kulkarnikar) from Bhandikeri Math and Devi from Manki-madi to The Chitrapur Math, Shirali.

**The rituals are scheduled for 29<sup>th</sup>-30<sup>th</sup> May 2012.**

We invite all Kulkarnikars to be present for this auspicious occasion.

WE hereby APPEAL and request all our KULKARNIKAR FAMILIES to contribute generously to meet the Pooja and related expenses. You may remit your contributions to the undersigned by cheque/D.D, drawn in favor of '**Shri Kulkarni Family God**', giving complete address and telephone number. For convenience, remittances can be remitted directly by RTGS / Electronic fund transfer to the credit of S.B. a/c. with the S.V.C. Bank.

Those interested in attending the rituals may contact the undersigned for further details:

Sandeep M Kulkarni at +91 989 2539081 or sandeepmangesh@gmail.com

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# Hats Off To A Strong 2nd Innings After 80 .... Taranathmam's Glorious Innings came to an end on 98

BY MANGESH KAGAL

Taranath Kalbag was one of the founder members and Managing Director of Tempo Industries from 1951, till he retired in 1978 at the age of 65. He thereafter settled down with his wife at Talegaon, Pune. Mrs. Kalbag expired in 1988 but he continued to live in Talegaon. After a time, he started leading a full life with friends, long walks and social work.

He moved to Virar to live with his son Nandan's family in 1993, age 80, when he was diagnosed with colon cancer. However, defying his serious ailment he started his colourful 2<sup>nd</sup> innings. When he was operated for colostomy by Dr. Koppikar, he found Kalbag such a cheerful and positive-minded patient, even at that advanced age, that he did not charge his fees for the operation. Mr. Kalbag was fitted with a colostomy replaceable bag, which he found very costly and inconvenient for changing. He thereafter got in touch with the Colostomy Association and its members, who could not help him in any way. He then designed his own much better version and offered it to the association. A remarkable cancer survivor indeed!

While at home, he started tinkering with Nandan's computer, teaching himself computer operation, according to Nandan, without any help from him or anybody else. He became so computer-savvy that his friends in Virar, about twenty years younger and much longer in the field, used to consult him for solving their problems.

When we formed Saraswat Senior Citizens Association, Virar, in January 2000, he was again the most positive member of the Association, becoming the first Life Member right from the beginning. He was the most enthusiastic participant, first to arrive and last to leave, for every meeting or programme. A regular and enthusiastic walker even at that age, I can't forget the 5 km. trek to Papadkhind Dam in 2005, when he walked full of pep, all the way, while many 20 years his junior travelled by autorikshas.

He was also an excellent cook, which Kunda, my wife, found out to her great embarrassment. Around 5 years back, she had sent, through me, a 'Special' dish for him as he was staying alone at that time with Nandan's family away on a holiday. Imagine our surprise when he visited us next day with a super-sophisticated preparation. It gave Kunda such a complex that she gave up any idea of pampering him with her culinary expertise!

Taranathmam had to undergo a second colostomy in 2009 while in Pune, and was living there with Nandan, Shobha and their daughter's family. He recovered partially and was mobile in a wheel chair. Last year on August 10th when I called him to wish him on his 98<sup>th</sup> birthday, and inquired in a very nervous, small voice how he was, I was completely floored by his very positive and strong, "I am fine and how are you?"

He passed away peacefully after a short illness on 13<sup>th</sup> February. May his second innings inspire senior citizens to infuse sunshine into their sunset years.

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## KSA HEALTH CENTRE

In our continuing quest to provide good quality / low cost medical care to our members, KSA Health Centre will arrange to supply oncology drugs (used for chemotherapy) at highly discounted rates. Affected members are requested to contact Manager, KSA for their requirement with a photocopy of a prescription. The Medicines will be collected by the Health Centre on behalf of the patients and given to them on cash payment.

A nominal one-time Registration Fee of Rs. 100/- will be charged towards administration costs.

Names of the patients will be kept confidential.

Though this facility is only for cancer drugs for a start, we may extend it for other medicines as well, if it becomes popular.

**Dr. P S Mavinkurve**  
Hon Secretary, Health Centre, KSA

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## A Tribute to a Father - Dr. Umesh Ganpatrao Masurkar

On 13<sup>th</sup> May this year, we would have celebrated our beloved Papa's 100<sup>th</sup> birthday if he was alive. However, he expired rather suddenly on 27<sup>th</sup> July 1997 at the age of 85 years.

He was born in Masur, a small village on the banks of river Agnashini, about 8 kms from Kumta. He was the 4<sup>th</sup> child of Shri Ganpatrao and Smt. Saraswati. The family owned landed property in Masur and had a large family house. As the family grew in size, the members migrated to different places in the North Kanara district from Kumta, Sanikatta, Gokarn to Karwar. Papa's uncle, Shri Mahabaleshwarrao (of Kumta) and many of his sons were well known Doctors and Homoeopaths who practised in the North Kanara district.

Papa completed matriculation from Gibbs High School, Kumta. Realising his potential, our grand father decided to send him to Bombay for further studies. Papa's maternal uncle, Shri Shankarrao Basrur volunteered to look after him. Papa stayed with him and attended the Wilson College from where he passed Inter-science exam. and then joined the famous Seth G.S. Medical College and KEM Hospital, Bombay. He had a smooth career there and passed his MBBS examination in 1935. In the same year, he married our mother, Hemlata (Hemi), daughter of Shri Mangeshrao and Smt. Kamalabai Basrur of Dharwar. He established his family quarters in Parel, Bombay, close to KEM Hospital.

Influenced by great teachers like Dr. Jivraj Mehta, Dr. Gilder and Dr.R.N.Cooper, Papa decided to work at the KEM Hospital as a house-surgeon. A little later, he was selected by a British firm called W.H. Brady & Co. as the Medical Officer for their Sugar factory which was the first of its kind in the Deccan Plateau. Papa joined the Belapur Sugar Co. at Harigaon in December 1938.

Harigaon was a village situated in Ahmednagar district about 30 kms from Saibaba's Shirdi. There was a dispensary in the factory premises which was attended by outdoor patients morning and evening.

Employees of the Factory received free treatment. Papa had to look after the health problems of all the employees and their families totalling about 1000



persons. In addition, at least about 300 people came as seasonal labourers during sugar cane harvesting season. These labourers stayed with their families in temporary huts built on open ground wherever harvesting was going on. They presented a variety of medical problems which Papa had to handle. There was a constant threat of an epidemic of Typhoid or Cholera erupting among these poor, unimmunised people. Papa was quick to realise this. He and his small team of assistants took up the challenge of immunising the entire lot with relevant vaccines every year as soon as they arrived in Harigaon. The management appreciated this but it took them many years to realise the importance of this .

Papa was the only MBBS doctor around. He was a studious, knowledgeable, conscientious and methodical professional. His diagnosis was perfect and he was readily available to anyone who needed his help irrespective of his social status. We remember how often people would come to our house in the

---

night with their medical problems. If it was necessary, Papa would even visit their house to see a sick patient. Papa was a disciplined person and could lose his temper if routines were not followed as per advice. However, the only time he lost his temper with a patient was when it was found that either he neglected his sickness and came late for treatment or he was irregular in taking medicines as advised (but never on being consulted at an odd hour or on a public holiday!)

Medical facility was in a primitive state in those days. Consultants and Hospital facility ( including basic laboratory and X-ray facility ) were available only at the district place, Ahmednagar which was about 60 kms away. This increased Papa's responsibility further as he had to select patients who had no other alternative but to travel that far for a consultation or hospitalised treatment including Surgery. The pre-antibiotic days (before 1945) were very difficult for Allopaths. Papa realised the need to consider an alternative, studied Homoeopathy and used it judiciously in deserving patients with excellent results. Papa was particularly concerned about the poor workers of the factory who could not afford the cost of the two year long anti-TB treatment of those days. He established a **Medical Relief Fund** in Harigaon which could provide the necessary treatment free of cost. When we look back, our Papa was a great boon and an asset to the community in Harigaon. His patients must have felt so safe to be under his care. It was hardly surprising that the community held him in high regard.

Social life in Harigaon was excellent. The entire community (specially the officers and their families) was like a closely knit family. Most of them would gather at the Gymkhana every evening for a social exchange or to play games like Table-Tennis, Badminton, Tennis and Cards. Papa played a decent game of Tennis but his forte was Playing cards. He was fond of playing Contract Bridge and bagged several prizes in local competitions. The Gymkhana also provided an excellent opportunity for children to watch, learn and play indoor games like T.T and Badminton. Our parents encouraged us to play games and in consequence all of us became good sports

persons representing our respective institutions in several games and won laurels.

Papa had a great interest in Hindustani Classical music. He had a good musical ear and could accurately identify the Raga and also the artist who was performing. He was an ardent listener of All India Radio. He was very keen in his observation and was curious about different gadgets which were available. He proved to be quite a 'handy man' as he could service or repair a gadget all by himself. He had a passion for driving too.

Papa appeared to be stern but he was an affectionate and considerate person. He would not lose an opportunity to visit a relative (even distant one) . This led to a good knowledge of the family tree and a closeness among family members. He showed a lot of concern for anyone who was in need of help and would spontaneously offer to help out in whatever measure possible. All of us children received good education. All of us had to stay in hostels in distant cities during our studies. Our parents did not refuse us anything despite the limited resources which were available to them.

Papa retired from service in 1974 and came to Shrirampur, the Taluka place about 7 kms from Harigaon where his son practised as a Surgeon. Many of his old patients would visit him for a consultation and he happily treated them without any charges. He was an active member of IMA (Indian Medical Association) and a founder member of STMA (Shrirampur Taluka Medical Association) and Cancer Society of Shrirampur.

Papa expired suddenly on 27<sup>th</sup> July 1997. His end was a great shock and pain for all of us. However, it appeared to befit a man who led a life of dignity and refused to bend before anyone. Our mother outlived him by many years. She missed him badly but got adjusted slowly in the company of her children. She passed away at the age of 95 years on 6<sup>th</sup> January 2012. Our parents were real gems who led a simple life and taught us the good values of life. We feel extremely fortunate to be born to such parents. We are so grateful to them and offer our loving tribute.

*Saroj Naik, Shailaja Vaidya,  
Anil and Sudhir Masurkar.*

(Sponsored)

आमचे प्रिय पूज्य पिता डॉ. कै. उमेश मासुरकर यांची आतां जन्मशताब्दी आहे. (१३-५-१९१२ ते १३-५-२०१२). प्रिय माता श्रीमती कै. हेमलता मासुरकर सुद्धा आम्हाला सोडून अलीकडेच स्वर्गवासी झाली, (२८-९-१९१६ ते ६-१-२०१२) त्यां दोघांना आम्हां मुलांचा आदरपूर्वक प्रणाम, तुमची उणीव सतत भासते पण तुमची प्रेमदृष्टी व आशीर्वाद सदैव आमच्याबरोबर आहेत याची खात्री आहे.

## फिरुनी जन्मेन मी...

फिरुनी जन्मेन मी याच माता-पित्यांच्या पोटी  
हीच प्रार्थना असे देवा सदैव माझ्या ओठी ॥६॥

पामर मी, अजाण मी, पण लेकरू तुझे,  
करी कृपा एवढी गाऱ्हाणे ऐकूनी माझे  
तीच ज्येष्ठ भगिनी अन् तेच दोन बंधू,  
घाल ओटीत माझ्या, नित्य तुला वंदू ॥१॥

छोटा होता तेव्हां जरी आमचा परिवार,  
पुढे मिळाले सर्वास उत्तम जोडीदार  
संसार करीतो आनंदे सुखाचे,  
घेऊनी आशीर्वाद सर्व थोरामोठ्यांचे ॥२॥

सेवाभाव अंगी, पिता जाहले डॉक्टर,  
हरीगांवचे शोभले जणू ते अश्विनीकुमार  
नाही कधीच धरिली पैशाची हाव,  
नाही दिधला सतेला वा मानाला कधी भाव ॥३॥

सार्थ प्रतिसाद दिला त्यांस अमुच्या मातेने,  
ना कधी केली तक्रार, साथ दिली आनंदाने  
कर्नाटकात शिकली कोंकणी, कानडी, इंग्रजीत,  
महाराष्ट्रात येता परि निपुण होई, हिंदी मराठीत ॥४॥

मदत करण्या गरजूंना सदैव तत्पर,  
ना कधी केली अडी-अडचणींची कदर,  
काटकसरी, अल्पसंतुष्ट प्रेमळ जोडपे ते,  
एकमेका शोभती, नाव हेमा-उमेश होते ॥५॥

ना भासली उणीव कधीच कशाची आम्हां मुलांस,  
सदैव दिधले प्रोत्साहन अमुच्या कला विकासास  
कृपाछत्र उभयतांचे आतां दुदैव जरी नसे,  
कसे विसरू उमतले हृदयी जे संस्कारांचे ठसे ॥६॥

आदर्श ठेऊनी त्या पूज्य जन्मदात्यांचा समोर,  
मार्ग चालतो आम्ही भावंडे देत एकमेका आधार  
धन्य जाहलो पावुनी ऐसे मातापिता,  
न ऋण फिटे देवा, तुझे गुण गाता गाता ॥७॥

विनविते अगतिक होऊनी तयासी,  
न दुजा कोणी कृपाळु प्रार्थना करू जयासी  
हेचि दान देगा देवा, तुझा विसर न पडावा,  
कधी एकदां परि एकत्र आणी आम्हां सर्वा ॥८॥

फिरुनी जन्मेन मी याच माता-पित्यांच्या पोटी,  
हीच प्रार्थना असे देवा सदैव माझ्या ओठी ॥

- सौ. शैलजा वैद्य ( मासुरकर )

प्रेमाचे ते छत्र जणू की वटवृक्षाची छाया,  
दाट सावली डोक्यावर आणि अंतरी निरपेक्ष माया.  
छत्र जातां विरुनि वाटे पडलों उघड्यावर,  
परी आतां जगणें आहे आठवणींवर निरंतर.  
अश्रु वाहती डोळ्यांतून आणि हृष्टी होई धूसर,  
त्यांतूनच साकार होते तुमची मूर्ती समोर.  
हात जरी कृश झाले तरी प्रेमानें थबथबलेले,  
फिरवितां पाठीवरुनी ते मन होई चिंब ओले.  
दिलें तुम्ही जें त्यातच आम्ही आहोत अति सुखात,  
उणीव तुमची भासे सारखी मन होई अशांत

- सौ. सरोज नाईक ( मासुरकर )

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## *Congratulation for Ruby( 40<sup>th</sup>) Wedding Anniversary*

### **Satish and Pujana (Rekha) Upponi**

**Forty Wonderful Years of togetherness from 20<sup>th</sup> May 1972.**

**We pray Bhavanishankar for your Long Life**



**Abhijeet – Anagha (Gauri) – Janhavi**

**Atil – Pooja – Arjun**

**Manjunath Sthalekar (Papa)**

**Relatives and Friends**



## *Diamond Wedding Anniversary*

It is with great pleasure we announce the 60<sup>th</sup> wedding anniversary of Smt. Padma Savur (nee Chandragiri) and Shri Gangadhar Rao Savur who were married on 3<sup>rd</sup> May 1952

**Today as both of you look back  
with happiness and pride  
upon the Sixty cherished years  
that you've spent side by side,  
May every memory that you share  
of dreams you've seen come true,  
help make this special day  
a happy one for you!**

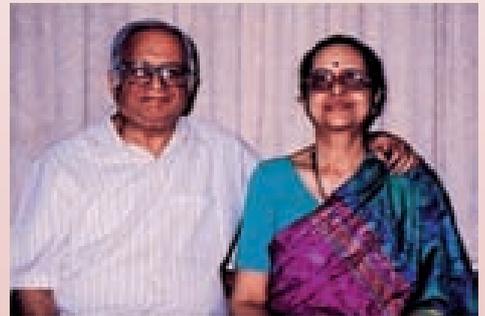
We seek the blessings of our Kuldeva, Shree Mangeshi, Guru Parampara and Shree Sadyojat Sankarashram Swamiji to grant them good health, a long life and happiness.

*May Diamond Turn To Platinum*

Love and Regards from

Suniti – Vinod, Sunil – Suman, Sujata – Yogin, Vinita – Gaurang  
Radhika – Siddharth, Dileep – Akshata, Varun – Shilpa, Shantanu, Aditi,  
Rati, Rahul, Sanjana and great granddaughter Sonali

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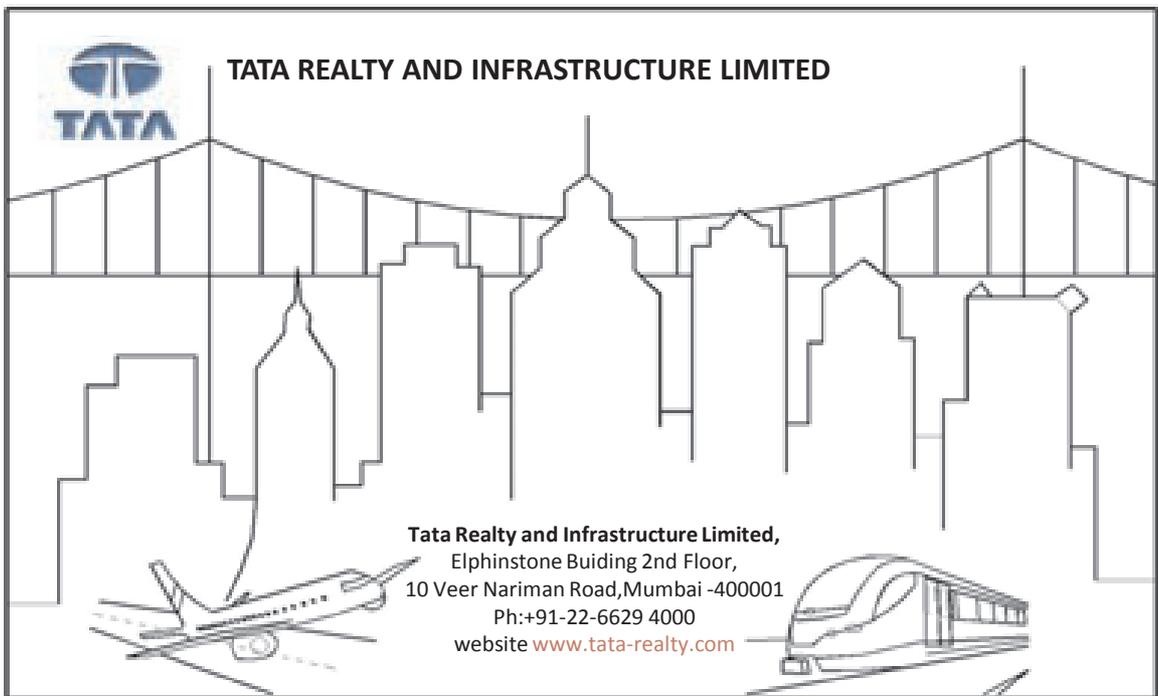
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# Dr. Rohidas R. Hattiangadi - In Remembrance

GOUTAM HATTIANGADI AND VIJAYA GUPCHUP

April 8, 2012 marked the 25<sup>th</sup> anniversary of our father's passing. We remember him as an outstanding human being, a leader in his field and a devoted father and family man.

He was born in the picturesque town of Yellapur, North Karnataka on February 1, 1906. He grew up in Karwar and then moved to Hubli for his schooling. A brilliant student with an engaging personality, he then went on to Mumbai for his College studies. In his early period in Mumbai, a couple of uncles were very hospitable and provided him a secure environment. This helped him understand firsthand the value of helping others. He repaid his uncles many times over and throughout his lifetime took every opportunity to help friends and relatives. This period also stiffened his resolve to excel. When he completed his MSc. in Chemistry at the Institute of Science, he set his sights on a future in Chemical Engineering and the prestigious Imperial College in London. His stellar record secured him admission to Imperial College and scholarships such as the Tata scholarship and the Mangaldas Nathoobai scholarship helped fund his path forward.

When he completed his Ph.D. from Imperial College in the mid-1930s, itself an accomplishment in pre-Independence India, he was likely the first Indian to receive a doctorate in Chemical Engineering. Upon his return to India, he joined the Associated Cement Companies (ACC), the leading Indian Cement manufacturer at the time, with over a dozen factories. His first major assignment was in Burma as Chief Chemist where he got the ailing factory working. It brought him varying experiences, including, as he would later wryly observe, the King Cobras that demanded attention on his way to work. He was recalled to India, now as Plant Manager in one of ACC's expansive factories, in Khalari. He was to move to another Plant Manager position in Coimbatore before he was called to the Head Office in Mumbai. He moved to Mumbai in the early 1940s with his young family—wife Shanta (nee Agrahar), a daughter, Vijaya, and a son, Goutam.

At the Head Office, Dr. Hattiangadi's drive and

innovative technical skills continued to be recognized. He was named Technical Director in the early 1950s and then Managing Director in the early 1960s, a post he held until his retirement in the late 1960s, following which he continued as a member of the Board of Directors. Under his leadership, ACC became the first Indian manufacturer to convert sub-standard limestone



into suitable raw material for making cement via a unique process. Using the waste product of steel plants, ACC pioneered the use of blast furnace slag from the Tata Iron and Steel Company (TISCO) to make a blended cement at the Chaibasa factory. Similarly, a new process enabled cement manufacture from sludge from the fertilizer industry. ACC also pioneered the making of Oil Well Cement and White Cement.

One of his proudest achievements was ACC's Central Research Station which was inaugurated by Maharashtra's Finance Minister Shri Wankhede in 1965. The Research Station focused on Applied Research in Cement and would enable ACC to maintain its leading edge. Dr. Hattiangadi later became the first Chairman of the Cement Research Institute of India, established jointly by the Government of India and the Cement Manufacturing Industry. He played an active role in defining Specifications for Portland Cement and made invaluable contributions to various standards and codes of practice developed by the Bureau of Indian Standards for the use of cement.

His involvement with Indian Industry was not limited to ACC. He was on the Board of Directors of numerous companies and was founder Chairman of Ion Exchange India in the 1960s and 1970s. He

nurtured the development of the Indian Institute of Chemical Engineers of which he was a board member and also President in the early 1950s. Further, he served as key advisor to some rising Indian educational institutions such as the Indian Institute of Technology ( IIT ) Kanpur and the University Department of Chemical Engineering (UDCT) in Mumbai. Importantly, he served as mentor and role model to many young people.

With all of this he was able to lead a balanced life. He had a flair for sports from an early age. He excelled in cricket and tennis and he took up golf later. He continued to enjoy golf and tennis into his seventies. During his stewardship of ACC, he was often seen encouraging India's legendary cricketers, employed by ACC, such as Polly Umrigar, Bapu Nadkarni, Dileep Sardesai and Ramakant Desai. Socially, he had a wide circle of friends to whom he was very loyal and also a close group of relatives whose company he routinely enjoyed. He read extensively and had an impeccable command of English, which was particularly apparent when he wrote in his fine, neat handwriting. His demeanor was remarkable in

that it was unpretentious, direct and without guile, and therefore quite endearing. At the same time he was a good raconteur and would hold forth with his sparkling sense of humor and twinkle in his eye. He was very fond of reciting Sanskrit verses which he remembered from his school days. He would quote Shelley and Byron and occasionally Thomas Gray's elegy:

“Full many a flower is born to blush unseen,  
And waste its sweetness on the desert air”

Ironically, these lines may have applied to him in some ways. There were many who felt that the magnitude of his work and contributions to the cement industry and to India, to which he wholeheartedly devoted himself, were not lauded enough.

To the family, he was always kind and if he had a flaw it was that he was too soft-hearted and forgiving. Some memories fade with time but some endure. And as we remember our father, the strongest memories are those of him as someone with integrity and grace, and above all a loving father.

<<<>>>

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## Dinkarmam Manjeshwar - A Tribute

PRAKASH BURDE

They made a cute couple. She was a vocalist par excellence; he was a connoisseur and a percussionist. They attended many a concert together – be it at Lakshmibai Hall in Opera House, Birla Matoshri at New Marine Lines and later, after they shifted their residence to “Shiv Aram” at Shivaji Park, the concert scenes moved to Dadar-Matunga, Karnataka Sangha, Santacruz and Vile Parle.

It is extremely impossible to think of Dinkarmam Manjeshwar without his constant lifelong companion Kausalyapachi.

After we came out of a concert years ago, he told me in his inimitable manner, “We live in an age when artistes treat art in a very perfunctory way. I think we have lost the abstract sense of beauty.” Dinkarmam, till the end, retained his phenomenal memory and meticulous method of analysis. It was a great pleasure to spend an hour or two with him even in his later years. After the demise of Kausalyapachi and unexpected loss of her sister Nalini Balsekar, one could discern a melancholic look in his eyes. Yet, when I tried to distract him from his brooding mood, by opening the topics close to his heart like Mogubai Kurdikar, G.N. Joshi of HMV or Gohar and Bal Gandharva, his eyes would light up and Dinkarmam would go into a “flashback” mode.

Though there was an age difference of twenty and three years between us, we enjoyed a great rapport. We had common interests. We shared the same date of birth and religiously, every year I would visit him on our birthday. Our childhood days were almost similar. He was from Manjeshwar (now in Kerala), and was a son of a land lord, like many Bhanaps. Both of us belong to that diminishing “tribe” of Saraswats who are well-versed in Kannada, and despite moving to Mumbai, continue to maintain proficiency in that language. Because of this, all time greats like Mallikarjun Mansur, Gangubai Hangal, Bhimsen Joshi, Kumar Gandharva from the music world and world-renowned painters like K.K. Hebbar, T.N.



Shenoy, Bendre, and Shivaram Karanth from the literary world and many others would be equally at ease in his company.

Being a life member of Karnataka Sangha, he supported me in the initial days of Kalabharati, the performing arts circle to have week after week of Sunday programs. I would look forward to his feedback on my Kannada write-ups as well.

Another topic of his interest would be his childhood days spent in Manjeshwar. He would recall how Bhimsen Joshi practised Purandaradasa’s Kannada *kritis* in his house there before he cut the famous 78 rpm records for HMV. How Bhoo Gandharva Rahmat Khan spent almost a month in his outhouse and most importantly, Mogubai’s art of teaching Kausalyapachi and other golden moments which he cherished till the end. He could speak on these topics for hours together and I would be totally engrossed. Dinkarmam was a living encyclopedia of the music scene of yesteryears and it would not be an exaggeration to say that Aneesh Pradhan, who got his doctorate on history of music scene in Mumbai, was greatly supported by him. Later in 2006, he brought out a CD immortalizing Kausalyapachi’s music through his Underscore Records. This was a memorable function where none other than Dr. Ashok Da Ranade spoke to a full gathering with

luminaries from the music world on her contribution to Art music.

The Manjeshwar house was always open – open to any one interested in good music, good literature and cultural conversations. Kausalyapachi and Dinkarmam would attend almost all musical events and it would always be a pleasure to talk to them after a concert. I had exchanged many interesting post-concert tete-a-tetes sitting next to him in his white Fiat, very often with Mohan Nadkarni for company.

I had the good fortune to witness the friendly banter he exchanged with his classmate Batuk Diwanji (and my fellow music critic at Times), R.C. Mehta (an avid record collector from Nadiad) and DR Khadke of Chembur who would discuss the Agra vs. Jaipur Atrauli and their impact on Jaddanbai, Rasoolan Bai.

Dinkarmam knew Kausalyapachi's potential. He sadly reflected, rightly so, that his talented wife would have reached greater heights in popularity because of her immense talent and desire to excel, and could not do so because of certain human frailties. He badly wanted the recordings of Pratima Tilak's (Kausalyapachi's disciple) performances at Karnataka Sangha or Saraswat Sammelan. Despite our efforts (Gurunathmam and mine), we were unable to fulfill this wish, which I will always regret.

I would like to end this tribute with two quotes by Dr. Aneesh Pradhan, which clearly reflects Dinkarmam's involvement in music and how much he admired the inseparable couple:

"At 16, Kausalya Manjeshwar nee Padukone was married to Dinkar Manjeshwar, an ardent music lover who was a member of the Bombay Music Circle, one of the earliest music circles in the city. The young couple attended several concerts organised under the aegis of the circle, and Kausalya Manjeshwar was thus, exposed to musicians presenting different musical styles. The environment in her new home encouraged music education. Consequently, she went on to learn from the learned vocalist and violinist Gajananrao Joshi, who was widely respected for his collection of choice repertoire of the Gwalior, Agra

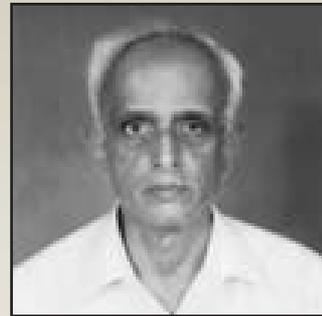
and Jaipur-Atrauli schools of khayal."

"Kausalya Manjeshwar's husband Dinkar Manjeshwar had been a major source of support and encouragement. He played an important role in actively helping musicians, who were agitating under the leadership of the Sangeet Kalakar Mandal. Further, Dinkar Manjeshwar had over the years been an avid music collector, having recorded music and preserved it on various formats for posterity. He maintained a catalogue of his collection with a thoroughness that would be a lesson to any student venturing into the field of archiving."

### PHOTOGRAPHS IN KS

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### Durgadas Harihar Shirali

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**Deeply mourned by:**

Wife- Sumati

Son - Vijay and Daughter-in-law-Suchita

Daughter - Veena and

Son-in-law - Radhakrishna Naik

Grandchildren -Ankit, Akshata and Anuja

Sisters - Sunanda and Sulochana

Relatives and friends

---

## Mumbai Culture - Then and Now

JAIRAM KHAMBADKONE, MUMBAI.

(*jkkhambadkone@yahoo.co.in*)

Every City or Town has its own culture – whether it is Delhi, Mumbai, Bangalore, Pune or Kolkata. The longer you stay in one place, the more you get attached to its culture. Mumbai is no exception and I would like to go in the past few decades and compare the culture of Mumbai – what it was in the past and what it is now. I have spent most of my life in Mumbai except for about 8 years in Bangalore and a very short period of 2-1/2 years in North.

When you look at Mumbai, the culture has changed in many areas. But in a few areas I think it is never going to change. Let us look at some of the aspects of Mumbai life:

**BEST Bus Travel :** When I was in school, there was no question of traveling by bus, since the school was very close to our house. But we used to travel by bus once in a while to visit our relatives during week ends. I started using BEST Bus when I started going to College from 1960 onwards and later in working life as well. Even today I use BEST bus for traveling up to Marine Drive when I go for morning walks and once in a while when going to Fort area.

I would like to go back to the golden era of 1950s, 1960s and may be early part of 70s. When you look at those years, you wonder whether we will ever see such discipline again. The present generation may not even believe the type of discipline which was followed during these years.

There used to be a queue at every BEST bus stop and when the bus arrived at the stop, passengers used to enter the bus absolutely in a queue. Even the bus conductor would not allow more than 10 standing passengers as per BEST Rules. I remember – the conductors used to count the number of passengers who got down at every stop and allowed only those many passengers to enter the bus. If any passenger made a forceful entry, then the conductor would not allow the bus to leave the place until he got down. I am not talking about this discipline only at the starting points but at any stops in-between as well. I

have used Route Number 165 and 171 from Dadar Station during my VJTI days from 1962 to 1965. The bus used to come somewhere from Worli but the same discipline was followed at all stops.

Today it is the attitude of “might is right” or you may say “survival of the fittest”. The queue system has disappeared long ago, except probably at the starting points. Here again at starting points, I find that the queue exists only till such time as the bus arrives and as soon as the bus comes to the stop, passengers start entering both from rear and front side. One might argue that TIME has become such an important factor in Mumbai, that there is no other alternative. However in my opinion, there is no change as far as the importance of TIME is concerned - whether it was in 50s, 60s, 70s and now. It was precious then and it is precious today as well.

The only positive change which has taken place in recent years is that there are 4 seats reserved for senior citizens, 3 for handicapped persons and about 10 to 12 for ladies. With the increasing number of ladies going to work, this is definitely a positive improvement.

In spite of some of these negative aspects of discipline mentioned above the BEST Bus Service in Mumbai still happens to be the best in their operations, connectivity and efficiency compared to Public Bus Transportation Service of other Metros in India and I am sure no one will deny this.

**Yellow – Black Taxies:** If you compare the taxi operation of 1950s to 1980s and probably right up to 1985, all were driven by Sardar Drivers. The discipline followed by all these Sardars was extraordinary and with them honesty was the name of the game. I do not remember any kind of refusals to ply taxies by any drivers for a specific destination – short or long distance. Even the roads used to be very clean without any spitting marks of paan. All these Sardar drivers went back to Punjab after the unprecedented and national level disaster of October 1984.

Probably post 1985 onwards, a new breed of drivers started taking over the taxi trade in Mumbai and situation changed from bad to worse over a period. The habit of chewing paan started and spitting from the taxis on the roads became a regular habit. This habit is not only from taxi drivers, but even from many of the drivers of privately owned cars in Mumbai. Since then we have seen only downward trend in the behaviour of taxi drivers, with not much of an intervention from their trade unions. As on today, all these taxi drivers have become our bosses and they try to dictate terms with all the passengers. Mumbai had not seen such days say 40 to 50 years ago.

**Local Train Travel:** When it comes to local train travel, I do not think I can call that there is a Cultural difference, but I would say that there is a change for better from the operations point of view. I may be wrong in my assessment to some extent, since my train travel is not much nowadays, though I do travel once in a while. Probably the major change I find today is that the number of persons traveling per square meter may have gone up drastically in last 35 to 40 years. But at the same time the frequency of trains also has increased. Earlier I remember, we used to say that there is one train every 5 minutes and now it is said that there is one train every 3 minutes. At the same time the change has taken place from earlier 8 Coach Trains to 12 Coach Trains in last few years, thus increasing the capacity of each train. Local Trains in Mumbai was considered as lifeline of Mumbai in 50s and 60s and it still remains to be the lifeline even today.

One interesting factor remains unchanged over so many years. About 40 years ago, if you travel by 2<sup>nd</sup> Class then on each seat 3-1/2 persons used to sit, where as in 1<sup>st</sup> Class, conventionally only 3 persons used to sit on each seat. Probably in 1<sup>st</sup> Class it was considered as “bad manners” if you request a passenger to squeeze a little bit on the seat and accommodate additional half a person. This system still continues. I cannot say whether it is bad or good practice, but the differentiation in approach of passengers between 2<sup>nd</sup> Class and 1<sup>st</sup> Class still remains the same over the last 40/50 years. Probably the argument could be – since passengers are paying more fare in 1<sup>st</sup> Class (at least

8 to 10 times more compared to 2<sup>nd</sup> Class), why not have more comforts?

Similarly, as explained earlier for Bus Travel (reserved seats for ladies), there are Special Ladies Trains – at least 2-3 trains in both directions every day during peak hours. This certainly is an extra ordinary change and very positive.

**Mumbai Dabbawalas:** This system of dabbawalas is some thing which is an extraordinary one and still continues with the same zeal as it used to be 45 - 50 years ago. In fact the positive aspect of dabbawalas is that this subject has been discussed at Harvard School of Management and these dabbawalas have got the distinction of getting “Six Sigma” certification, which is not an ordinary achievement. Even Prince Charles from England, when he visited Mumbai about 3 years ago, he had shown an interest in studying the operation himself and was highly appreciative of the same.

I can keep writing about cultural differences - “Then and Now” in areas of Education, Sports, Entertainment, Film Music (re-mixes) etc for any number of hours, but I have to stop some where. The only sad feeling is - whether we will ever get an opportunity to see those days - what I have called as “Golden Era” of public discipline of BEST travel and taxi operation.

### **Beautiful Thoughts:**

*If you are right then there is no need to get angry  
And if you are wrong then you don't have any right to get angry.*

\*\*\*

*Patience with family is love,  
Patience with others is respect,  
Patience with self is confidence  
and*

*Patience with GOD is faith.*

\*\*\*

*Every test in our life makes us bitter or better,  
Every problem comes to make us or break us,  
Choice is our whether we become victim or victorious !!!*

---

# Amsterdam -Land of Cheese, Canals, Cycles....

SUSHAMA ARUR, GOA

After months of nursing Ayee in the last stages of her painful life, the entire family was drained emotionally and physically. We needed a break, a big break indeed! Lo! Came my nephew's invitation to visit his new house in Amsterdam. He sent tickets and we jumped with joy. God! I could not have asked for more.

We three, my sister-in-law, her husband and I landed in Amsterdam, by Turkish airline on 11th of June 2011 towards the end of spring to the land of 'Happy people'. Amsterdam is amazing for more than one reason. The season was supposedly their summer – but for us who went from a warm place like Goa the climate was very pleasant to the extent of being cold and rather chilly! The days were long, cloudy, with intermittent rains and the evenings so bright that we had to sleep with the window shutters drawn! This was only for a few days as the climate became cloudier. Rain played spoilsport for most part, yet the night would shine with bright moonlight.

Our hosts looked after us with genuine love and warmth. Week-ends were special going out by buses, trams and metro to places far and near. As we became familiar with the place we became more mobile visiting museums, Friday markets, nearby gardens and forest areas. Suddenly we felt energetic and youthful going for long walks.

**City of Flowers-** As we walked through many streets of the city and its suburbs we were pleasantly surprised to see each house, each street abound with roses, and many other colourful flowers. Even the supposed- to-be-weeds on the sides of the streets presented a pretty sight with bright yellow red, pink, and white colored flowers!

On a Grand Holland conducted tour we were taken to Aasmeer, south west of Amsterdam, famous for its flower auction. This is on the bank of Harlem Lake, where the largest flower auction in the world takes place every week. We were spellbound seeing

a variety of colourful flowers in huge numbers, being taken in huge machine-operated trolleys.

**City of Cyclists-** It was amazing to watch men, women and children cycling with such ease, in the stipulated lane. Trams, buses and cars snuggled through cheek by jowl on the roads. In the mornings, we saw children riding, parents cycling to drop their children to the school, office goers in their suits, and ladies in their best dresses zooming away. Oh, how we dreamt of buying cycles and riding on the Donapaula-Panjim roads- the most economical, pollution-free option, and above all a good exercise for the body.

**The Suburb-** We stayed in Amsterveen, a suburb of Amsterdam. The residential buildings looked pretty with brick houses, tiled roofs, in black, gray and white combination. They had a front and a backyard beautified by the residents with colorful flower beds. Each house had bedrooms on the first floor and an attic on the second floor. The ground floor had a concealed toilet near the main door, a living room and a kitchen facing the road and the play-ground. We could watch neighborhood kids playing in the sunny days. A variety of birds, magpies, pigeons, blue and red beaked birds brought life to the garden.

The entire locality looked beautiful with green lawns, stretching on both sides of the road. The canals are a great attraction in Amsterdam. We enjoyed frequenting weekly markets in Amsterveen, where locals sold variety of cheese, all kinds of vegetables, fruits, fish and meat. It was like our 'fest' or 'saant' where you get everything from clothes to tools of all kinds and utility items for the household.

**City of Canals-** Amsterdam residents live on a reclaimed land which is below the sea level having fortified themselves with dikes and embankments. The arial view of the city shows that every alternate street has a canal. The bigger canals are dotted with different sized and shaped boats taking tours of the city. The smaller ones, surrounded by thick green

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**Houses on canal 1**



**Boat ride**



**Windmills**

foliage, enhance the beauty of each locality with ducks and other water birds playing in the water. Hence aptly it earns the title, 'Venice of the North'.

**Land of Windmills-** The windmills are an attraction of the city. The name 'Holland' is derived from the word 'hollow land' or 'low lying area'. Rivers Rhine and Meuse flooded regularly and to drain water for reclamation, windmills became essential. In the past, the Dutch also used windmills to generate power, pump water, mill grain and for plowing farms and ranches. Europeans love their traditions and have preserved them for historical value. Private windmills are dotted in the picturesque surroundings. We also experienced the biting wind of Amsterdam throughout our stay and were convinced of the power of the wind and windmills!

**Land of Milk and Cheese-** On both sides of the suburban roads one can see acres and acres of green pastures till our eyes reach the horizon with hundreds of healthy white and black spotted cows, sheep and goats grazing happily. Oh! How many variety of cheese is manufactured here and literally we hogged on it.

**The Amsterdam square** -is the most happening area surrounded by shopping centers, museums of all kinds- from headgear to beer, Madam Tussads, Anne Frank and so on ....Here one finds the traditional *ghoda-gadi*, the street players showing their art of juggling, singing or playing instruments. The area is crowded with tourists from different parts of the world.

**Land of Happy People-** We were quite surprised to see young mothers with their kids in prams walking

on the roads, getting into the buses, in the shopping malls or in crowded Friday bazaars without much fanfare. We have also seen mothers cycling away with 2 younger ones in the front basket and elder one in the back seat. Oh God We thought there seems to be no so called family planning here. A familiar scene one finds here is, two kids walking, one or two in the pram and one in the mother's womb passing by happily! Later we came to know that tax is exempted here for more the merrier! After couple of days we read that UNICEF, UN children's organisation rated Dutch children to be happy. Research showed that Netherland's society is child centered, with more focus on child and less pressure on them, unlike in US and other countries. Career is not as important to Dutch women as much raising kids is. So I suppose happy parents raise happy children.

Our stay became all the more memorable as my nephew and his wife, Gautam and Raji, spent quality time with us, sightseeing North Holland, South Holland, picnics, boat rides, eat-outs etc. They even sent us to Paris for 3 days and pampered us for three weeks we were pampered with lots of love and respect, which is so very rare to get nowadays. Thank you so much!



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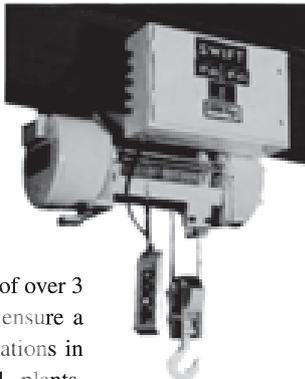
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## Treating Obesity

DR HEMANGINI HOSKOTE

NUTRITION CONSULTANT, GURGAON, INDIA

My previous article discussed the definitions and diagnosis of overweight and obesity. As the title suggests, in this article I have focused on treatment of obesity in greater detail.

Overweight and obesity result from an imbalance between energy intake and energy expended through activity. Hence, to overcome the obese state, an individual has to curtail/reduce his energy intake and increase energy expenditure through exercise/sports. The treatment for obesity falls into several categories:

1. Diet
2. Exercise
3. Behavioral modification
4. Psychotherapy
5. Medication and
6. Surgery (in severe cases).

### 1. Diet

Diet is the most important component in treatment and prevention of overweight/obesity. The scientific approach also referred to as the Balanced Energy Reduction Diet, is the most reasonable method for prevention and treatment of obesity. This diet is nutritionally adequate except for energy. The caloric content of the diet is reduced to the point that the body fat is mobilized to meet the body's need for energy. Weight loss on this diet can range from 3-5 kgs per month without incurring any serious side effects. Based on this diet, the weight loss diet prescription is customized to the individual's requirement based on height, lifestyle habits, etc. A dietitian / nutritionist needs to understand the individual's current food intake pattern and medical history. The food intake data is then used as a basis to prescribe the weight-loss diet. Furthermore, a food intake data sheet helps in identifying the food(s) and amounts which need to be modified. Often people complain that they don't eat much yet gain weight. This could be due to eating the wrong kinds of foods (hidden sources of calories) / inappropriate amounts of the food coupled with inadequate exercise. Eating right is the best way to prevent and treat obesity. In preventing overweight /

obesity, eating less is not the right approach. Being selective and watching portion sizes is. A Mantra to follow is:

**Avoid CRAPO** - Carbonated and alcoholic beverages, Refined carbohydrates (sugar, jaggery, white flour), tubers (potatoes, sweet potatoes), Artificial flavoured beverages and snacks (includes all the Amchi snacks), chocolates, desserts, pastries, Processed foods and Snacks such as biscuits, pizzas and burgers, pakoras and chaats, etc. Oils, butter, cheese, ghee, coconut, vanaspati (a thumb rule is about 4 tsp/day from this group).

**Eat more FOOD** - Fruits (fresh and whole, not juiced), vegetables (particularly green leafy vegetables), Salads. These can be consumed in liberal quantities, Lean portions of chicken, fish; toned/skim milk and products made from it (curds, buttermilk, paneer). These are to be consumed in moderate amounts.

**Drink more water** (about 8-10 glasses or more)

This list of items does not mean never eating CRAPO but using it on rare occasions perhaps once a month and watching the portion sizes!

With respect to cereals, whole and unrefined cereals are the best. This includes wheat flour, rice, and millets such as ragi, bajra, jowar, etc. The amount of chapattis / rotis to be included in a weight loss diet has to be individualized based on the individual's BMI (refer my article in the March issue), Waist circumference, weight loss desired, food preferences, etc. Rice has often been labeled a culprit in adding calories to the diet. On a dry weight basis, wheat flour and rice provide approximately similar calories. However, milled and polished rice gets digested faster compared to unrefined one and contributes to more hunger pangs and subsequent snacking. Overall, cereals are permitted in moderate/limited amounts.

Dals and legumes such as chana, chawli, val, kulith, etc., are great as long as they are prepared with restricted amount of oil and coconut. All legumes and dals may be used in moderate/limited amounts. In Amchi cooking, the emphasis on coconut based cooking needs to be reduced. While coconut per se is not bad and has been part and parcel of our traditional cooking, in the traditional lifestyle of our villages, there was a lot more physical activity which helped to balance the relatively higher caloric intake from coconut. In prevention and treatment of overweight/obesity without any other medical problems, coconut is not taboo but could be substituted for the oil allowance.

As discussed, prescription of the caloric and nutrient content of the diet as well as the diet plan, has to be customized to the individual's requirement and his / her lifestyle. I do not believe in using a standardized list of food items and portion sizes. Just as one size does not fit all! For further help and guidance in a customized diet prescription, please consult a registered Dietitian / Nutritionist. Weight loss clinics which specialize / advertize quick weight loss programs and quick inches off your waist are a BIG NO!! These are money suckers and the weight you may end up losing could be just the body's water content and not the real culprit...the fat stores.

Snacking can be a significant source of calories, often empty! The lower the caloric content of the diet, more necessary it is to eat a diet of high quality viz., a good variety of whole-grain cereals and legumes, fruits and vegetables. The larger the diet, greater is the probability of getting the necessary nutrients. Food choices become very important when food intake is low. Hence, it is important to ward off empty calories from snacks, sweetened beverages (including excessive consumption of tea/coffee), alcoholic beverages, salad dressings, etc. It may sound surprising, but a few snacks taken during the day can equal or exceed the entire day's caloric allowance!

## 2. Exercise

Lack of physical activity is a major contributor to obesity. Obese adults are usually less active than normal weight adults, as has been demonstrated in several research studies. Exercise is recommended

as an adjunct to a Balanced Energy Reduction diet. Exercise reduces body weight as well as body fat. Exercise should be aerobic (such as swimming, running, cycling, walking, jogging, treadmill, etc) and last a minimum of 20 minutes and be performed at least 3-4 times/week. Initially, exercise may not appear to reduce body weight and may sometimes take as much as 2 months for weight loss to be noticeable. This necessitates a disciplined, regular approach to exercise. Although the immediate effects of exercise appear negligible, physical activity may prove to be beneficial over the long term. (*A word of caution: please consult with your doctor before embarking on any exercise plan*).

I will discuss other categories of treatment and myths about obesity management in my next article.

*To be continued....*

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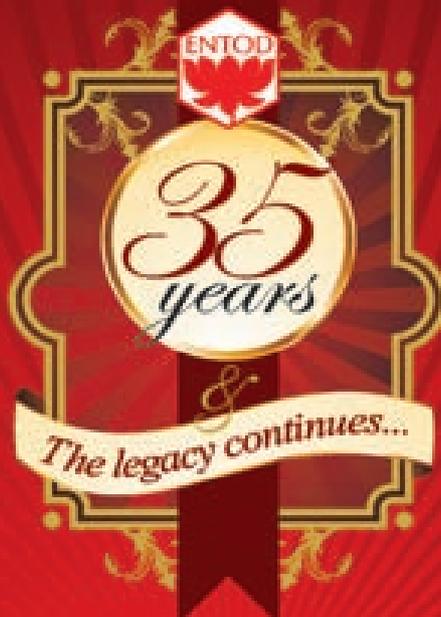
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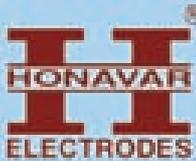
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# Non-Chitrapur Saraswat Temples of Kanara Dists.- No. 10. Shree Durga Parameshwari Temple, Bappa Nadu (D.K.Dist.)

SATYANARAYAN PANDIT, MUMBAI .

Source: ' Dakshina Kannadada Devaalayagalu'. (In Kannada.)

**Bappa Nadu**, a tiny hamlet on the outskirts of Moolky, is the abode of Devi Durga Parameshwari. The Shrine is on the southern bank of the River Shambhavi and close to the Arabian Sea. The renown Temple is regarded as one of the highly sanctified Kshetras in the district. Devotees in large numbers visit the Shrine with a firm belief that the benevolent Shree Durga Mata answers their prayers and mitigates their hardships. The number increases manifold on Tuesdays and Fridays, the sacred days dedicated to the Deity.

The Temple is also wellknown in the region for a popular seva known as "Bappa Nadu Dholu" (beating the drums) offered during the annual " Rathotsava " festival.

**Location :** The Kshetra is located on the West Coast National Highway No. 17, about 30 kms.

north of Mangalore city on way to Udupi and is easily accessible. As you drive past Moolky, the magnificent façade of the Temple comes into view on your left, about a km. away.

**Legend :** According to the legend, it was the era of the evil demon Darigasura, who played

havoc in all the three worlds. Lord Vishnu felt that only Devi Durga Parameshwari could destroy the demon. As desired by the Lord, Devi Durgamba undertook the task of eliminating Darigasura. After accomplishing the assignment, the Goddess was returning from Kanya Kumari Kshetra with Her entourage consisting of two sisters and a Vishnugana, Dharmapala, along the Western coast. The youngest sister stayed back at Chitrapur (a village near Mangalore) allured by the natural splendor of the surroundings. Yet another sister decided to reside at a village called Sashitlu(the Sashittal family hails from this place)

and incarnated in the form of Shree Bhagavathi Mata. Shree Durga Parameshwari embodying the 'Pancha-Durga' decided to establish herself at the present location, Bappa Nadu,leading to the spectacular Temple. Dharmapala, who accompanied Devi-Mata, became the "Kshetrapala".

**Historical Background :** History unfolds an interesting episode of the middle ages, as to how the

Kshetra came to be known as 'Bappa Nadu'. It appears that a Kerala muslim businessman,

Bappa Byari was moving in his boat on the waters of Shambhavi River, with large volumes of merchandise and wares .When he approached the proximity of the Temple site, to his dismay, the boat suddenly came to a halt and the nearby waters turned red. Frightened, Bappa Byari offered prayers to 'Allah'. At night, Shree Durgamba appeared in his dream and directed him to build a Temple for Her at the site and blessed him that his name would be remembered by posterity. Accordingly, Bappa Byari returned to the site, after completing his voyage, sought permission from the local Ruler, Samanta of Moolky and constructed the beautiful Temple. He also built a mosque nearby to appease his own muslim brethren and a dwelling for himself. During the annual 'Maharathotsava' as the beautifully decorated chariot with Devi Durgamba's 'Utsava Moorty' seated inside, passes by Bappa Byari's ancient house, his descendents offer fruits and flowers to the Goddess. In turn, Shree Devi Mata's 'Prasad' is bestowed on the Byari family. This



tradition has come through generations and is being followed even to this day. Indeed, this is symbolic of the communal harmony and spirit of co-existence between different religions and is worth emulating in today's context.

**Kshetra Mahima :** The Shrine is the foremost seat of Devi Durgamba in the Moolky region, consisting of nine villages. The Temple has undergone renovation several times in the past but the latest was two decades ago. Further improvements and additions have taken place from time to time, in recent years.

The entrance to the Temple leads to a large and attractive foyer, with a 'Teertha Mantap'. The Sanctum Sanctorum is square in shape. A raised platform (powli) surrounds the 'Inner Parikrama'.

The most significant aspect of this Shrine is that the Goddess, representing the 'Pancha Durga', is worshipped in the form of a "Linga". The "Pancha Durga-s" are— Moola Durga, Agni Durga, Jala Durga, Vana Durga and Agra Durga. This form of worship is rare in Kanara Dists. and strengthens the local belief that the Kshetra is highly sacrosanct and Divine.

#### **Major Events and Festivals:**

1) **Maharathotsava**—this annual festival is celebrated on a grand scale over a period of 9 days in the month of April. The actual Rathotsava (pulling the Ratha) is on the seventh day. The Shrine has 5 Rathas and on the day of the Rathotsava, 'Brahma Ratha' ( the largest of the Rathas) is pulled by the assembled thousands of devotees, with the ' Utsava Moorthi' of Shree Devi Mata seated inside in all Her splendor and glory. Amongst the Chariot pullers, special privilege is accorded to the local Mogaveera (fishermen) devotees. 'Toote Dara'—a fire -play between two groups of worshippers and 'Bappa Nadu Dholu' – a beating of drums Seva offered exclusively by Mogaveeras, to the Divine Devi Mata are the highlights during the Rathotsava period and are unique to this Temple.

2) **Navaratri**— 9 Day festival dedicated to the Goddess is celebrated with utmost devotion and

grandeur . Thousands of devotees attend the Festival daily.

3) **This ancient shrine** has a fascinating and unique tradition. Prior to any celebration /Utsava in various other Temples of the region, the Temple authorities will have to visit Bappa Nadu shrine and obtain Shree Devi Durgamba's 'Prasad'. In some of these Temples there is no separate 'Dwajarahana', as they recognize and accept 'Dwajarahana' at the Bappa Nadu Kshetra as their own. This is an indicator of the cordiality existing between these Temples and the importance accorded to Shree Durga Parameshwari Temple.

### **The Sparrow's Nest**

Hey, only look what i have found!  
A sparrow's nest upon the ground,  
A sparrow's nest as you may see,  
Blown out of yonder old elm tree.

And what a medley thing it is!  
I never saw a nest like this,  
Neatly woven with decent care,  
Of silvery moss and shining hair.

But put together, odds and ends,  
Picked up from enemies and friends,  
See, bits of thread, and bits of rag,  
Just like a little rubbish bag!

Here is a scrap of red and brown,  
Like the old washerwoman's gown;  
And here is muslin, pink and green,  
And bits of calico in between;

O never thinks the lady fair,  
As she goes by with mincing air,  
How the pert sparrow overhead,  
Has robbed her gown to make its bed!

See, hair of dog and fur of cat,  
And rovings of a worsted mat,  
And shreds of silks and many a feather,  
Compacted cunningly together.

Well, here has hoarding been and hiving,  
And not a little good contriving,  
Before a home of peace and ease,  
Was fashioned out of things like these!

**Tanvi Betrabet**

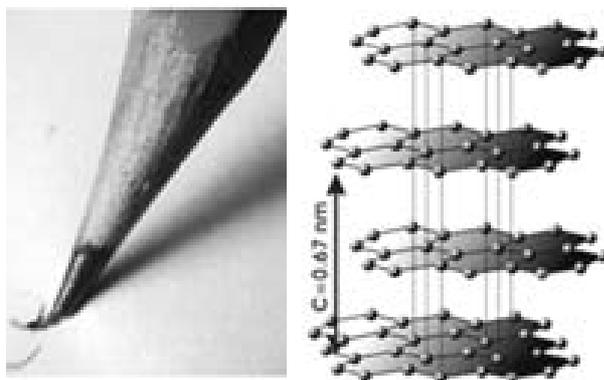
# X-ray Crystallography: The Technique And Its Application

MANOHAR HATTIKUDUR\*

When one hears the word x-rays, one instinctively relates it to the x-rays used in imaging the chest or a fractured foot etc. X-rays are a form of electro-magnetic radiation, like light, but of much higher energy or shorter wave-length. In the above case the imaging property of x-rays is utilized for medical diagnosis. X-rays exhibit all the properties of light, such as reflection, refraction and scattering which we study in primary school, as well as polarization, interference and diffraction which some of us study in high school. The last property 'diffraction' is defined as the slight bending of electro-magnetic radiation as it passes the edge of an object. When x-rays impinge on a regular array of atoms or molecules in a crystal, the diffracted rays spread out in many, but specific, directions. This property is a result of the fact that the wave-length of x-rays is of the same order as inter-atomic or inter-molecular distances. ( $10^{-8}$  cm or 0.00000001 cm) Therefore, x-rays have a very important application in that they can be used to study molecular structure, i.e., the arrangement of molecules in a crystal and the manner in which atoms are joined together in 3 dimensions to form the molecule.

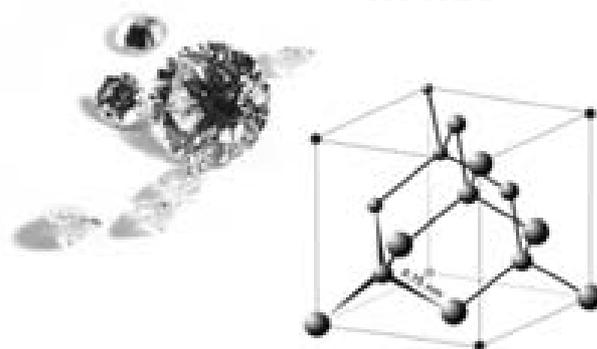
What is so special about molecular structure? A simple example provides the answer. Students are taught that carbon exists in two forms: graphite which is in the lead pencil every child uses and diamond, the stone every woman covets! (There are other recently discovered forms of carbon, which we shall not discuss here.) These two forms greatly differ in properties. While graphite is dull in appearance and very soft, diamond is lustrous and very hard. This difference in properties is due to differences in their molecular structure. While graphite consists of *two-dimensional* sheets where each carbon atom C is attached to 3 others in the sheet and the sheets are separated by a larger distance, diamond has a *three-dimensional* structure where each C is connected to 4 others at the corners of a tetrahedron. (See figures)

FIGURE 1:  
Pencils write because layers of graphite slip past each other and can coat another object, such as paper,



with just a little pressure. The crystal lattice structure of graphite shows the carbon atoms arranged to form sheets. (Figure source: <http://mrsec.wisc.edu/Edetc/nanoquest/carbon/index.html>)

FIGURE 2:



A diamond on the other hand while still comprising carbon atoms is the hardest mineral known. The crystal lattice structure of diamond shows why this is with the atoms strongly bound in an extended three dimensional network. (Figure source: <http://mrsec.wisc.edu/Edetc/nanoquest/carbon/index.html>)

Thus, in organic and inorganic material the properties are greatly dependent on their structure (structure-property relationship). On the other

hand, in biological molecules the mechanism of their function is intimately related to their molecular structure (structure-function relationship). An excellent example is the structure of the DNA molecule. Each strand of the original double-stranded DNA serves as a template for the production of the complementary strand. Thus starting with one DNA molecule two identical copies are produced. (See figure)

FIGURE 3:

CAPTION: DNA replication. The double helix is unwound and each strand acts as a template for the next strand. Bases are matched to synthesize the new partner strands.

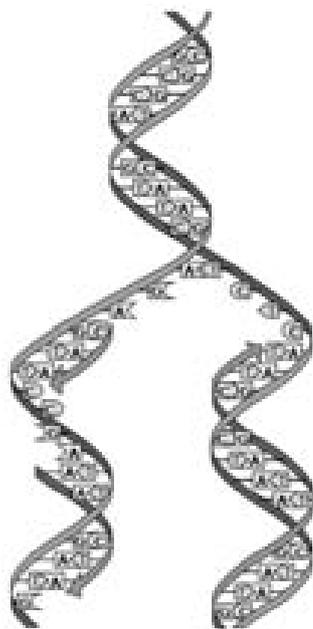


Figure source: [http://en.wikipedia.org/wiki/DNA\\_replication](http://en.wikipedia.org/wiki/DNA_replication)

This process, known as DNA replication, occurs in all living organisms and is the basis for biological inheritance. Thus, one realizes the importance of investigating the structure of materials—organic, inorganic,

biological etc. The experimental technique is known as x-ray crystallography.

In this technique a crystal of the material under investigation, of dimensions a fraction of a mm, is irradiated with an intense X-ray beam. In the early days, the 'diffracted' rays were recorded on film as spots of varying intensity. The intensities were measured with the eye, by comparing with a calibrated intensity scale. Through extensive mathematical calculations, the three-dimensional atomic positions were obtained. When the writer was a research student over 50 years back, these computations were done using an electrical calculating machine. The results were not very accurate and 3-dimensional data could not be employed due to human limitations. Therefore, in addition to calculations, model building

and intuition played an important part in deducing the structure. The situation has, however, changed dramatically over the years. Today, intensity data is recorded with high accuracy using electronic detectors and calculations are done by computers with specialized software. Apart from the atomic coordinates various parameters of the structure such as inter-atomic distances, bond angles, packing of molecules in the crystal, pictorial views of the molecule etc. can all be easily obtained. Thus, unlike in the earlier days, when molecules consisting of more than about 50 atoms could not be investigated, these days the structures of large biological molecules, such as proteins, containing thousands of atoms are solved with relative ease.

Over 25 Nobel prizes have been awarded to x-ray crystallographers working in different areas of physics, chemistry, including biochemistry, medicine etc. A few representative examples will illustrate the wide variety of problems investigated:

1901 W.C. Roentgen (Physics), Discovery of X-rays.

1915 W.H. and W.L. Bragg (Physics), Determination of the structure of sodium chloride using X-rays.

1962 M.F.Perutz and J.C.Kendrew (Chem.) X-ray structure of haemoglobin and myoglobin.

1962 F.Crick, J.Watson and M.Wilkins (Physiology/Medicine) Molecular structure of nucleic acids and its significance for information transfer in living materials.

1964 D.Crowfoot Hodgkin (Chem.) Structure of penicillin and other important biological substances.

1976 W.N.Lipscomb (Chem.) Determination of the structure of boranes.

1988 J.Diesenhofer, R.Huber and H.Michel (Chem.) Determination of protein structures crucial to photosynthesis.

1996 R.Curl, H.Croto and R.Smallley (Chem.) Discovery of fullerene form of carbon.

2009 V.Ramakrishnan, T.A.Steitz and A.E.Yonath (Chem.) Structure and function of the chromosome.

2011 D.Shechtman (Chem.) Discovery of Quasi-crystals.

\*The writer was Professor of Chemical Crystallography at the Indian Institute of Science, Bangalore.

## Default

ARJUN HEMMADY

Apartheid meaning “apartness” in Afrikaans was a method of legal racial segregation put into practice in South Africa for much of the 20<sup>th</sup> century. The whites mainly Afrikaners and the English lived in comfort while the majority of the blacks were made to live in inhuman conditions and were denied basic rights like voting. Whether it was Hitler ordering the killing of 6 million Jews in Europe or the Ku Klux Klan’s attacks on African Americans, there are countless examples of racism.

India has always said that it condemns racism in all forms. After all we had forfeited the 1974 Davis Cup Finals which were against South Africa because we opposed their state policy of racial discrimination. We have also condemned attacks on Indians by Australians. But are we ourselves above all this? Are we also racist? There have been opinions around the world that India’s caste system is also a form of racism. But is it?

I personally never understood caste or what impact it had on daily life in modern India. After all, being educated in an English Medium Jesuit School, the four castes were just part of a chapter in school, nothing more. I never gave it much importance nor did I try to understand it. So if anybody asked me where I was from, I would say I am a South Indian. However, after going to college, I was told specifically by my father that if I was asked what caste I am, I must say I am a Saraswat (probably it was a safe way out, sometimes saying Brahmin may awake negative feelings among some).

It was a strange situation wherein I had to answer something I did not know much about. The fact that I am a Brahmin is not a big deal to me; after all, I had not earned it. I was born into a family who happened to be Chitrapur Saraswats and I don’t think it is something I can brag about, unlike some other Brahmin communities in India for whom it is a matter of pride and boasting (a mentality which luckily I will

never be able to understand).

The caste system in India itself is highly misunderstood, much like religion. The four castes of Shudras, Kshatriyas, Vaishyas and Brahmins are (according to my understanding and reading on the topic) a mental state of mind or aptitude. A person born into a family of sweepers can have the aptitude of a professor, while a person born into a family of doctors can have the aptitude of a bus driver! If this wasn’t the case, then would we have seen so many rags to riches success stories? Unfortunately, it is something the masses don’t understand and the politicians have used it to their advantage.

Hitler said that Germans were the “Master Race” and other races were inferior to the Germans who according to him were “Aryans”. If I could meet Mr. Hitler, I would ask him a few questions like “What made him feel that Germans were better than others?” (a good question I think because Hitler himself was an Austrian). I believe that you can afford to be egoistic about something which you have worked hard for, like a degree in Medicine or Neurosurgery, which is something to brag about. Most of us belong to a nationality, caste or religion by default without having earned it. I can’t boast that I am rich because whatever wealth I have today is because my parents have worked hard for that. I have made absolutely no contribution to that in any miniscule way.

We all have our own interests and passions. That is what is important. Being born in a particular community does give us bragging rights. If Sachin Tendulkar had said that he couldn’t become a cricketer because his father was a novelist, we would not have seen him on a cricket pitch anytime! There are some things we cannot change. Our name, the community or race to which we belong to are some of them. One of my Parsi friends says something beautiful which really makes sense to me. He says “I am a Parsi by default”.

# **EARNEST APPEAL**

## **MEMBERS OF MAVINKURVE FAMILY (VATSA GOTRA)**

To begin with brief introduction of myself, Mahesh Gangadhar Pandit, Grandson of Late Sh. Narayan Shivrao Mavinkurve who got his name changed to Pandit. My great great Grandfather's name is Late Sh. Shivrao Mangesh Mavinkurve.

Since the past few years, many families belonging to the Vatsa Gotra Mavinkurves' are consistently facing very grave issues. i.e. Career, Children's education, Financial, Personal, Marriage issues or Property dispute matters. For the same, a few of us contacted renowned astrologer Sh. Devi Sharma. He has advised an immediate 'Punarasthapanam' of the Nagas of the family in the ancestral home in Mavinkurve, Dist Honnavar. We wish to revive the 'nagastahanam' with immediate effect, which unfortunately has been grossly neglected till now.

I have acquired the One gunta land of Mool Sthana of Naga where our ancestors had installed Nagakatta. I am determined to perform PUNARSTAPANA of Naga at Mool Sthana at Mavinkurve on 30 & 31 May 2012. For this auspicious occasion, I have sought spiritual guidance of Shri Jinadatta Deepanna Setti of Jain Sali Keri, Haldipur. As per his guidance, 3 idols i.e. Naga Brahma (Yaksha), Chowdi & Nagamoorti and alongside one Tulsi Vrindavan would be erected. Platform would be erected of 5 feet in length, width and height and on this these idols would be placed. The Kalash puja already performed on 04 Apr 2012 and PUNARSTAPANA would be performed on 30 & 31 May 2012. The estimated cost would be around Rs. 1 lakh (this is minimum figure they have told me) of which I have already spend around Rs.30,000/- for Idols and other preparations.

This ritual is being performed for all Vatsa Gotri Mavinkurvekars' well being; I invite all to attend this occasion in person with their family members on 30 & 31 May 2012. People may contribute monetarily if they are convinced of this cause.

Since I have taken initiative by acquiring land and for Punarstapana, I have taken all the responsibility of its future maintenance and would not like to make any Religious Trust. But that place would be open to all the Vatsa Gotri Mavinkurvekars to pay their homage.

THIS RITUAL HAS TO BE PERFORMED COLLECTIVELY BY EACH & EVERY MEMBER OF THE VATSA GOTRA MAVINKURVE FAMILY. Hence, I request you all actively participate for this grand event of family reunion. Your whole hearted support & co-operation in the matter is highly solicited please.

With best regards,

Mahesh Pandit - +919869050755, +919969595399, +912512233255,  
email: maheshpandit47@rediffmail.com

People may contact Mr Gautam Mavinkurve – Ph :+919820513130,  
email :gautam@mavinkurve.com

Co-ordinator for this event.

**CO-ORDINATION COMMITTEE OF THE INSTITUTIONS GRANTING  
EDUCATIONAL, DISTRESS AND MEDICAL AID**

**F-1(a) Saraswat Colony, Santa Cruz (West) Mumbai – 400 054**

**Applications are invited in the prescribed forms from economically backward and deserving Chitrapur Saraswats for the following aid:**

- A. EDUCATIONAL AID:** From students studying in schools, colleges or pursuing other courses. The Last Date for the receipt of application is 31<sup>st</sup> August, for school and college students and 30<sup>th</sup> September for students of Engineering and Medical and other professional courses
- B. DISTRESS RELIEF AID:** From the aged, invalid, infirm, uncared for and other needy persons. The last date for receipt of application is 31<sup>st</sup> August.
- C. MEDICAL RELIEF AID:** From those who have incurred expenditure on treatment of major illness, hospitalization, surgery and need financial assistance. Last date for receipt of application is 31<sup>st</sup> August.

**Application forms for the above can be obtained from:**

1. The Manager, Shri Chitrapur Math, Shirali – 581354, Dist Uttar Kannada- for applications other than Scholarships from Shirali, Murdeshwar. Kaikini, Bailur and Bhatkal
2. The Secretary, Shri Shivgopalkrishna Mandir, Chamrajpet, J.C. Road, Sagar 577401 Dist. Shimoga- for all applications from Sagar, Sorab, Shimoga, Bhadravati, Tavanandi, Talguppa, Siddapur, Hosanagar, Tarikere, Harihar, Shiralkoppa and Tirthalli.
3. The Managing Trustee, Shri Shivkrishna Mandir, Opp. Tehsildar's Office, Lamington Road, Hubli – 580020 – for all applications from Hubli, Dharwad, Gadag, Belgaum and Davangere
4. The Hon. Secretary, Canara Union, 8<sup>th</sup> Main, 15<sup>th</sup> Cross, Malleswaram, Bangalore – 560 003. – for all applications from Bangalore
5. The Secretary, Saraswat Poor Student's Fund. c/o Ganapati High School, G.H.S. Road, Mangalore – 575 003. For all applications applying for Scholarships from South Kanara, North Kanara and Kasargod District.
6. The Secretary, Saraswat Sewa Samiti, Saraswat, Someshwar, Kotekar -574 152. District Dakshin Kannada- for all applications for Distress & Medical Relief from Dakshin Kannada, Udipi and Kasargod
7. The Secretary, Saraswat Association, Dr. Dinkar Memorial Hall, Ormes Road, Kilpauk, Chennai – 600 010 – for all applications from Chennai
8. The Hon. Secretary, Chitrapur Saraswat Education & Relief Society, F-1(a), Saraswat Colony, Santacruz(West), Mumbai – 400 054 and the Hon. Secretary Kanara Saraswat Association, 13/1-2, Talmakiwadi, J.D. Marg, Tardeo, Mumbai – 400 007. – for all applicants from areas other than those stated above.

Properly filled application forms for Educational Aid should be accompanied with the photograph (duly attested) of the mark sheet, proof of admission and salary certificates

All completed application forms should be handed over/ posted to the same authorities from where the forms have been collected.

Jt. Hon. Secretaries  
**Naresh Gangolli / Gurudas Gulvady**  
022-26142551 / 022-26600485  
Mobile – 09833997646

# आमचे दादा-तारानाथ शोषगिरी कलबाग

शोभना बिजूर

आमचे दादा, तारानाथ कलबाग १३ फेब्रुवारीला सकाळी साडे अकरा वाजता अतिशय शांतपणे हे जग सोडून गेले. ते एकदा म्हणाले होते की, माझा शंभरावा वाढदिवस आणि दोन्ही अमितांच्या (माझी मुलगी व नंदनची-माझ्या भावाची मुलगी) लग्नाचा पंचविसावा वाढदिवस आपण एकत्र साजरा करू या. पण हे भाग्य नियतीने आमच्या पदरात घातले नाही. दोन वर्षे आधीच त्यांना देवाने आपल्या घरी बोलावून नेले.

मला आता वर्ष आठवत नाही, सुमारे चाळीस वर्षांपूर्वीची ही घटना आहे. दादा आणि मामी (आमची आई, तिला आम्ही मामी म्हणत असू) मद्रासला (आत्ताची चेन्नई) विमानाने जायला निघाली होती, त्यावेळी त्यांच्या विमानात काहीतरी बिघाड झाल्याने विमान बऱ्याच उशिराने निघाले. मला जेव्हा हे कळले तेव्हा मी त्यांना पत्र लिहिले होते की, देवाची कृपा म्हणून विमान निघण्यापूर्वीच बिघाड लक्षात आला. नाहीतर काय झाले असते, मला कल्पनाच करवत नाही. तेव्हा त्यांनी उत्तरात मला लिहिले होते, “काही काळजी करू नकोस. मी वयाची नव्वदी पूर्ण केल्याशिवाय जात नाही.” त्यांचे म्हणणे त्यांनी खरे केले. त्यावेळी ते “शंभरी” म्हणाले असते तर किती बरे झाले असते! त्यांना कधी फोन केला आणि तुम्ही कसे आहात असे विचारले की ते म्हणत “मी उत्तम आहे, तुम्हालाच काहीतरी होत असतं.”

ते एकव्याऐंशी वर्षांचे असताना त्यांचे कोलोस्टोमीचे ऑपरेशन झाले होते. डॉ. मोहन कोप्पीकर यांनी ते केले होते. दादांच्या जागी इतर कोणी असते तर एवढ्या मोठ्या ऑपरेशननंतर परावलंबी जीवन जगले असते. दादा परावलंबी जीवन तर सोडाच पण कोलोस्टोमी बॅगच्या बाबतीत निरनिराळे प्रयोग करून त्याचे फोटो डॉ. कोप्पीकरना पाठवत असत. त्याचा उपयोग डॉक्टरांच्या इतर पेशंटना व्हावा असा त्यांचा उद्देश असे. त्यांचे दुसरे मोठे ऑपरेशन २००९ जुलै मध्ये, म्हणजे ९६ वर्षांचे होण्यासाठी एक महिना असताना झाले. ऑपरेशननंतर फक्त काही दिवसच ते झोपून होते. जरासे बरे वाटू लागताच कॉम्प्युटरवर बसून नातेवाईकांना (E-mail) पाठवत बसत. त्यांना वॉकर घेऊन चालणं आवडत नसे, वॉकिंग स्टिक घेऊन मला चालता येतं म्हणत चालायचे. पण दोनदा पडले. तेव्हा पासून त्यांना वॉकिंग स्टिक घेऊन चालायची बंदी करावी लागली.

सामान्यतः साठी उलटलेले लोक कॉम्प्युटर वापरायला तयार नसतात. आता या वयात मला हे जमणार नाही म्हणतात. पण दादा वयाची ८५ वर्षे पूर्ण झाल्यानंतर कॉम्प्युटर वापरायला शिकले. त्यांचा हात लिहिताना थरथरत असे त्यामुळे पत्र लिहिण्यापेक्षा E-mail पाठवणे त्यांना सोईचे

पडत असे. ते Linux व Window असे दोन्ही Programs वापरत असत. दादा iLeap हा font वापरून मराठीतही लिहायचे. त्यानंतर कोणत्याही नवीन font विषयी कळलं की तो वापरून मला सांगत “तू अजून उगाचच जुना font वापरतेस, बराह वापर तो वर्डमधेही वापरता येतो.”

प.पू. स्वामीजी विरारला आले असताना संस्कृत संभाषणाच्या वर्गाला जाऊन त्यांनी संस्कृतचा सराव केला. त्यानंतर संस्कृतमध्ये विरारवर एक लेखही त्यांनी लिहिला. विरारच्या ज्येष्ठ नागरिकांच्या क्लबची कोणतीही मिटिंग ते कधीही चुकवत नसत. या वयातही त्यांचा उत्साह तरुणांचा लाजवील असा होता. एकदा या ज्येष्ठ नागरिकांच्या क्लबमधून पापडखिंड नावाच्या ठिकाणी सर्व सहलीला गेलो होतो. मीही त्या सहलीत सामील झाले होते. बरेच चालून जायचे होते. नीट रस्ता असा नव्हता. पाऊल वाटेला चढही होता. दादा त्यावेळी ९० वर्षांचे होते. त्यांच्याहून वयाने लहान असलेले चालता येणे शक्य नाही म्हणून रिक्षाने आले पण दादा मात्र संपूर्ण रस्ता चालूनच आले. आम्ही ८ वर्षांपूर्वी अंधेरीला राहत होतो तेव्हा ते एकटेच लोकल ट्रेनने विरारहून अंधेरीला येत असत.

ते पार्ले टिळक विद्यालयाचे माजी विद्यार्थी होते. शाळेच्या अमृत महोत्सवाच्या वेळी ८० वर्षावरील विद्यार्थ्यांचा सत्कार करताना त्यांना हात धरून व्यासपीठावर नेण्यासाठी काही तरुण विद्यार्थी आल्यावर त्यांनी हात धरण्याची आवश्यकता नाही असे सांगून ते एकटेच वर चढून गेले.

त्यांची स्मरणशक्ती जबरदस्त होती. इथे पुण्यात असताना “विरारच्या घरातल्या आपल्या कपाटात वरून दुसऱ्या खणात डावीकडे लाल रंगाची फाईल आहे ती आण” वगैरे नंदनला सांगायचे. ते सुमारे ४५ वर्षांपूर्वी किराणेंच्या आराधना ट्रॅव्हलबरोबर उत्तर भारतात गेले होते. शीला किराणे ही माझी वर्गमैत्रीण. दादा दापोडीच्या सह्याद्री हॉस्पिटलमध्ये गेल्यावर्षी होते तेव्हा शीला माझ्याबरोबर त्यांना भेटायला आली होती. तिने “मला ओळखलं का?” असे विचारल्यावर, “हो तर, किराणेंची आराधना ना तू!” असं त्यांनी लगेच म्हटल्यावर ती थक्क झाली.

त्यांचे ऑपरेशन झाल्यानंतर ४ महिन्यांनी नंदनच्या मुलीने-अमिताने त्यांना आपल्या घरी नेले. तिने त्यांचे प्रेमाने खूप केले. गेल्या वर्षी त्यांना जेव्हा जेव्हा बरे वाटत नसे तेव्हा तेव्हा ते स्वतःच त्यांना हॉस्पिटलमध्ये न्यायला सांगत. पण या खेपेला त्यांना जणू कळले होते की, आपल्याला आता वरून बोलावणे आले आहे. त्यामुळे त्यांनी एकाही शब्दाने हॉस्पिटलमध्ये न्या असे म्हटले नाही, आणि अतिशय शांतपणे या जगाचा निरोप घेतला.

# व्यसन

श्यामला कुळकर्णी, गांवदेवी, मुंबई

माणूस ड्रग्स, दारू, सिगारेट यासारख्या अनेक व्यसनांच्या आधीन होतो, ते केवळ आपले दुःख क्षणभर विसरून क्षणीक - नश्वर आनंद मिळविण्यासाठी. ज्या व्यसनापायी दुःख तात्पुरते विसरताना हजारो दुःख - संकटांना, रोगराईंना तो आपल्या जीवनांत आमंत्रित करित असतो. आणि त्या व्यसनांच्या नशेपायी स्वतःचा कायमचा विनाश ओढवून घेत असतो. पण चिरकाल व निरंतर टिकणारा असा शाश्वत आनंद प्राप्त करून देणारे गुरुनामाचे व्यसन माणूस जडवून घेत नाही, ज्या व्यसनामुळे त्याची सर्व दुःख, संकटे समूळ नाश होऊन त्या व्यसनाच्या नशेमुळे त्याला अविनाशी परमात्म्याची प्राप्ती होते.

अर्धा इंच उंचीची सिगारेट, पाच-सहा फूट उंचीच्या वजनदार माणसालाही आपल्या व्यसनाद्वारे परावलंबी करून त्याचा सर्वनाश करू शकते. ज्यावेळी माणूस सिगारेटचे व्यसन जडवून घेतो, त्यावेळी त्या सिगारेटच्या एका ठिणगीने त्याचे जीवन जळून खाक होत असल्याची व त्या सिगारेटच्या धूराने आपले शारीरिक व मानसिक स्वास्थ्य बिघडून आपल्याला कधी ना कधी दुर्धर अशा रोगाला बळी पडावे लागणार असल्याची त्याला यत्किंचितही जाणीव होत नाही याचेच आश्चर्य वाटते.

एक घोट दारूच्या नशेने माणूस व्यसनाधीन होऊन स्वतःच्या नाशाला कारणीभूत ठरतो. त्यावेळी तो एका बाजूने संपत्तीचा दुरुपयोग केल्याने लक्ष्मीची अवकृपा ओढवून घेतो, तर दुसऱ्या बाजूने दारूच्या नशेमुळे व दुष्परिणामामुळे स्वतःचे आयुष्य-आरोग्य, घरदार सर्वच उध्वस्त करून परमेश्वरी कोप ओढवून घेतो. एकूण ह्या व्यसनाने स्वतःच स्वतःच्या आयुष्याला व जीवनाला सुरंग लावून आपले जीवन संपवीत असल्याची त्या व्यसनी माणसाला जरासुद्धा कल्पना येत नाही.

दारू-सिगारेटच्या व्यसनामध्ये व गुरुमंत्राच्या नामाच्या व्यसनामध्ये जमीन-अस्मानाचा फरक आहे. दारू-सिगारेट सारख्या व्यसनाने माणसाचा विनाश व विध्वंस होतो तर नामरूपी व्यसनाने माणसाचा विनाश टळून विकास होतो. दारू-सिगारेटच्या व्यसनामुळे माणसाची बुद्धी भ्रष्ट व आकुंचित होते, तर गुरुनामाच्या नशेने साधकाची बुद्धी सुष्ट-पुष्ट बनून विशाल आणि विकसित बनते. सिगारेटच्या धुरामुळे व दारूच्या नशेच्या धुंदीमुळे होणाऱ्या व्यसनी माणसाच्या बेसावध वर्तणुकीमुळे त्याच्या सभोवतालचे सर्व वातावरण दूषित होऊन त्याचे दुःष्परिणाम त्याच्या सहवासांतील माणसांनाही भोगावे लागतात. तर गुरुनामाच्या

व्यसनाच्या नशेमुळे त्या साधकाच्या परिसरांतील सर्व वातावरण शुद्ध व सात्त्विक बनून त्या नामाच्या शक्तिशाली स्पंदनामुळे त्याच्या सहवासांतील माणसांवरही त्याचा आनंददायक व सुखदायक परिणाम होतो.

दारू सिगारेटच्या व्यसनापायी माणूस मोठमोठ्या जीवघेण्या रोगांना बळी पडतो त्यावेळी त्याच्या कुटुंबातील माणसे त्याला त्यातून वाचविण्यासाठी अतोनात पैसा खर्ची घालून व आटोकाट प्रयत्न करून त्यांच्या जीवाचे रान करतात; तर नामरूपी व्यसन जडलेला साधक सद्गुरूंना सर्वभावे शरण जाऊन गुरुमंत्राचा प्रेमयुक्त व स्मरणयुक्त निरंतर जप करून सद्गुरू कृपेद्वारा, आलेल्या रोगराईवर व संकटावर मात करतो. दारू-सिगारेटच्या व्यसनांमुळे सुखी असलेले संसारही उध्वस्त होतात तर गुरुमंत्राच्या व्यसनाद्वारे उध्वस्त झालेले संसार सुखाने व आनंदाने नांदतात. दारू-सिगारेटच्या व्यसनांच्या आधीन झालेला माणूस हळूहळू शक्तिहीन बनून परावलंबी व पराधीन होतो तर सद्गुरूंनी दिलेल्या शक्तियुक्त नाममंत्राचे व्यसन जडवून घेतलेला साधक शक्तिशाली बनतो आणि त्याने आपले जीवनच सद्गुरूंच्या स्वाधीन केल्याने तो स्वावलंबी जीवन जगतो. दारू-सिगारेटच्या व्यसनाच्या नशेने मनांत दुर्विचार पदार्पण करतात त्यामुळे मन कुसंगतीकडे वळून मनांत दुष्प्रवृत्तीचे आगमन होते त्यामुळे त्या माणसाचे मन दुराचाराचे व दुष्कर्माचे आचरण करण्यास त्या माणसाला प्रवृत्त करते. तर गुरुनामाच्या नशेने मनांत सद्विचारांचे पदार्पण होऊन मन सदैव सन्मार्गाचीच कांस धरते. त्यामुळे त्या माणसाकडून सदैव सत्कर्मच घडतात. दारू-सिगारेटच्या नशेने मनांत कुसंस्कार जागृत होऊन माणसाचे जीवन विनाशाकडे झुकते तर गुरुनामाच्या नशेने सुसंस्कार जागृत होऊन अविनाशी व शाश्वत सुख प्राप्त झाल्याने त्याच्या नरजन्माचे सार्थक होते.

दारूसारखी व्यसनं एकदा का जडली व त्याची नशा अंगांत भिनली की रक्ताचे कण न कण अशुद्ध करून ती व्यसनं माणसाला आपल्या इतक्या आधीन करून घेतात की त्याने ती व्यसने सोडण्याचे शतप्रयत्न केले तरी व्यसनं त्याला सोडण्यास तयार नसतात. व्यसन सोडण्याची जर एखाद्या माणसाला मनापासून इच्छा झाल्यास त्याने गुरुनामाचे व्यसन स्वतःला जडवून घेतल्यास त्याच्या रोमरोमांत गुरुनामाची शक्ती पदार्पण करून त्याचे रक्तकण शुद्ध करून त्याचे मन गुरुनामाच्या नशेत व गुरुप्रेमांत जेव्हा तल्लीन होईल तेव्हांच त्याला दारूसारख्या व्यसनांतून मुक्ती मिळेल यांत शंकाच नाही !

# माझ्या जीवनाचा प्रवास

मला घडवण्यात ज्या सर्वांचा हात,  
त्यांचे स्मरण माझ्या मन-बुद्धीच्या संगणकात,  
ग्रामीण जनतेच्या शैक्षणिक सेवेत,  
करण्या आयुष्य समर्पित,  
पोहोचलो मुंबईहून म्हापश्यात.

इथल्या निसर्गाने दिली सदैव प्रेरणा माझ्या कार्यात,  
उच्च गणिताच्या शिक्षणात, झाल्या नव्या कल्पना  
वेळोवेळी उत्स्फूर्तपणे प्राप्त  
“पैसा हा सदैव दुय्यम” मानून केली देवतांची भक्ती,  
त्यांनीच माझ्या प्रयत्नात दिली आवश्यक शक्ती,  
आणि घडलो असा मी - विशेष, संपूर्ण व्यक्ती.

भोवतालच्या सर्वांसाठी राहिलो झटत आवर्जून,  
त्यातून प्राप्त यश, आनंद, वेगळे समाधान  
हीच माझ्या जीवनाची कमाई आणि बचत,  
स्वतःच्या मेहनतीतून केली समृद्ध  
इतरांची जीवनं, हेच सदैव राहिले  
माझ्या जीवनाचे एकमेव साधन.

स्वतःसाठी वापरली कमीत कमी साधने,  
केवळ माझ्या ह्या समृद्ध भारतीय बनावटीची  
करती किमान गरजा पुरवणे.

केला सदैव प्रयास साधेपणाने जीवन जगणे,  
वाचन, मनन, चिंतन आणि  
लेखनाचा छंद जोपासणे.

घरगुती शाकाहारी अन्नाचा धरला सदैव अट्टाहास,  
सर्व व्यसनांना ठेवले दूर, करिता अथक प्रयास,  
शक्यतो चालून जाण्याची ठेवली सवय,  
आरोग्य उत्तम राखण्यात आले यश.  
प्राणायाम वगैरे अंतर्मुख ठेवित प्रसन्न मनास,  
सोबत चित्रकला, संगीत वगैरे देती शांति आत्म्यास.

दारी आलेल्यांचे केले सदैव यथोचित स्वागत.  
इतरांच्या घरी भेट देण्याची संधी न दवडत.  
मिळवला पदोपदी उत्तम असा प्रतिसाद.  
सदैव नैतिकतेने वागत, कर्तव्ये जबाबदारीने करित  
पदोपदी यश, आनंदासहित,  
झाले संपूर्ण समाधान प्राप्त.

असा घडलो मी, जीवनाचा प्रत्येक क्षण घालवीत,  
जागृत आणि सुप्त अवस्थेत,  
सदैव 'मर्यादा पुरुषोत्तमा'च्या छायेत.

- अरुण शं. मुडबिद्री

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# विसुभाऊंचा पार

चित्रा शिराली, धारवाड

सायंकाळची वेळ, सूर्य मावळतीकडे सावकाश झुकत होता. सूर्याची सोनेरी किरणे वटवृक्षाच्या पानांआडून डोकावत होती. किरणांचे लहान मोठे कवडसे, जसे काही पाठशिबीचा खेळ खेळत असल्याचा भास होत होता. वटवृक्षाचा पार म्हणजे वाटसरूंच्या विसाव्याचे स्थानच. जुन्या वटवृक्षाची सावली आणि गार वाऱ्याची झुळूक अंगावर घेण्याकरिता थकले भागले जीव निवाऱ्याला बसत. पारावरती ज्येष्ठ नागरिकांच्या जागा ठरलेल्या आहेत. संध्याकाळी त्यांची जशी काही सभा आणि चर्चा ही ठरलेली. वटवृक्षाच्या पाराला विसुभाऊंचा पार म्हणून ओळखतात.

विसुभाऊ जोशी एक नामांकित वकील होते, शिवाय मोठे जमिनदार. वडिलोपार्जित वाडा, शेतीभाती, चिकू, पेरूच्या बागा, सगळ्या सुबत्तेने भरलेलं जोश्यांचं एकत्र कुटुंब इथं नांदत होतं. वाड्याच्या कोपऱ्यावर लहानसं मंदिर, इमारतीच्या उजव्या हाताला सुरेख वृंदावन आणि वटवृक्षाचा पार. रोज सकाळी गुरुजी येऊन देवाची पूजा, तुळशीची पूजा आणि वटवृक्षाची पूजा करून जायचे. विसुभाऊंच्या वक्तशीरपणा, शिस्त, करारी, पण प्रेमळ स्वभावामुळे त्यांचा दरारा, वचक असल्याने त्यांना गांवात खूप मान होता म्हणे. रोज घरांत कमीत कमी ४०-५० लोक जेवायचे. नातेवाईक शिवाय खेड्यापाड्यातून शिक्षणाकरीता आलेले विद्यार्थी त्यांच्या घरी आश्रयाला राहात. ज्येष्ठातल्या पौर्णिमेला ह्या वडाच्या पूजेकरीता सुवासिनीची गर्दी. आताही तितकीच आहे. मुख्य कौतुकास्पद गोष्ट म्हणजे जीन्स, टॉप घालून फिरणाऱ्या बायका, मुलीही इतक्या नटूनथटून येतात की हे दृश्य पाहण्यास लोकांची गर्दी होते.

ह्या पौर्णिमेची हा वटवृक्षही आतुरतेने वाट पाहात असावा. लाल, पांढऱ्या धाग्यानी वेढलेला वृक्ष रुबाबदार नवरदेवा सारखा भासतो.

एकेकाळी हा वटवृक्षाचा भलामोठा पार विसुभाऊंच्या वाड्याच्या हद्दीत होता. आता हद्दीच्या बाहेर आला आहे. एका पिढीने इस्टेटीची जपणूक केली, दुसऱ्या पिढीने चैन केली आणि कर्ज केले. त्या कर्जापायी तिसऱ्या पिढीने जमिनजुमल्याची वाटणी केली. अर्धा वाडा विकला गेला मोकळ्या जागेत अनेक लहान मोठ्या इमारती, बंगले आले. हा पार हद्दीच्या बाहेर आला तरी, वटवृक्ष खंबीरपणे उभा आहे. श्रावणातल्या नागपंचमीला वटवृक्षाच्या फांद्यांना झोपाळे बांधून आताही बायका झोके घेतात. झोके किती उंच घेतले जातात ह्याची चढाओढ लागते. वृक्षाच्या काही पारंब्यानी

एकमेकांना इतके आवळून घेतले आहे कि भला मोठा गोफ विणल्यासारखा दिसतो. आजही ह्या वटवृक्षाची हळदकुंकू वाहून पूजा होते, ही भाग्याची गोष्ट. वाड्याचा जो काही भाग राहिला आहे त्याची डागडूजी करून जोश्यांचा दूरचा एक नातेवाईक राहतो. बालपणातल्या अनेक गंमतीजमती ह्या पाराशी निगडित असल्याने, संध्याकाळच्या सभेत काही ना काही कारणाने रसभरीत वर्णन करण्यात तो दंग होतो. जुन्या चालीरिती आणि नव्या विचारांची सांगड घालून, बिचारा गुंता सोडविण्याच्या धडपडीत असतो. वृक्षाची जुनी पाने गळतात, नवी पालवी येते. रामप्रहरी उडून गेलेल्या पाखरांचे थवे संध्येसमयी परत येतात. पक्ष्यांच्या चिवचिवाटाने पारा सभोवती असला परिसर निनादून जातो. जिथे पाण्याच्या ओलाव्याची रग लागली तिथे नव्या पारंबीचा अंकुर फुटल्याने वटवृक्षाचा विस्तार वाढत आहे. वटवृक्ष हद्दीत असो अथवा कुंपणाबाहेर आल्याची वटवृक्षाला खंत नव्हती. रस्ता बांधणी व इमारत बांधण्यास कोणीही पुढाकार घेतली तरी ते शक्य नसल्याने वृक्ष खंबीरपणे उभा आहे. वृक्षाने वाड्यातल्या पिढ्या, आलेल्या आजमविल्या आणि गेलेल्याही पाहिल्या असतील. मातीचा जिवाळा, प्रेमाच्या ओलाव्यात निसर्गदेवतेने रोवलेला वटवृक्ष, मायेची सावली, छाया देत आहे. विसुभाऊंचे नावही ह्या पारामुळे सर्वांच्या तोंडी ऐकू येतं, ही त्यांची पुण्याईच म्हणावी. हा पार म्हणजे गांवाची ओळखच आणि एक प्रतिकही म्हणण्यास हरकत नाही.

## पाऊळे चालती...

पाऊळे चालती सत्तरीची वाट

कशास हवा तो यौवनाचा थाट॥१॥

दंताजीने केला हळूच पोबारा

संधीवाताच्या पीडेने जीवा नसे थारा॥२॥ पाऊळे.....

ठेविले समोर पक्वानांचे ताट

रक्तदाब, मधुमेह अडविती वाट॥३॥ पाऊळे.....

पायऱ्या उतरता गोळे येती पायी

भगवंताचे नाम मुखी येई ठायी ठायी॥४॥ पाऊळे.....

केशसंभार जाहला रुपेरी चंदेरी

हृदयाचा ठोका चाले 'पेसमेकरा'वरी॥५॥ पाऊळे.....

वाट चालण्यास हवा काठीचा आधार

मन मात्र तरुण, ना करी वयाचा विचार॥६॥ पाऊळे.....

- ललिता अमलाडी (अंधेरी)

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## Uma and Bhavanishanker Savanal: A Match made in Heaven!

### Sanat Savanal

In our day-to-day lives, we are blessed to meet truly glorious souls: who are loving, warm and caring, hardworking, conscientious and dedicated. They live life with a big smile and spread love and joy wherever they go.

Uma and Bhavanishanker Savanal (our Annamma and Aju) were two such souls. Whether it was their open hearted generosity or living life full of Divine love (notwithstanding the circumstances), they were known within and outside our community for being simple yet warm human beings.

Born into simple and harsh circumstances, Bhavanishanker, who was (and still is) fondly called 'Baby Maam', strived to be the best that he could be, in keeping the family's spiritual traditions that were passed onto him.

He was named 'Bhavanishanker' by Param Pujya Shrimat Anandashram Swamiji at Shirali. Aju was brought up by his loving mother, Ratna-akka, who instilled in him spiritual values and devotion, which he stood by his entire life.

He was known for his love for music, *bhajans*, singing, and spiritual devotion. He was initiated into music by Kodikal Bhasker Maam (Bhasker Aju), from whom he learnt several *bhajans*. He was also famous for his ready wit and interest in the Creative Arts, being a fine Artist and Actor, creating humorous scenes onstage that would have the audience in splits. Aju was the first 'Savanal' to go abroad in 1968. Nearly the entire Savanal clan was present at Bombay airport to see him off!

Uma Savanal (Annamma) complemented Aju to make this couple truly great. She was born into the Nileshwar family and was the grand-daughter of Smt Laxmi Devi (Swami Ramdas's Purvashram elder sister). Like her husband, Annamma was a dedicated devotee of Anandashram and Param Pujya Papa and Mataji. Their wedding was solemnised in 1946 at Anandashram itself under the loving care and with blessings of Param Pujya Papa and Mataji.

They were also ardent devotees of the Shri Chitrapur Guru Parampara. Their home was blessed by Param Pujya Shrimat Anandashram Swamiji, Param Pujya Shrimat Parijnanashram Swamiji and Param Pujya Shrimat Sadyojat Shankarashram Swamiji and Other Mahatmas.

Aju established 'Bhajan Mandalis' in every city that he was posted to. Thus, in every city they lived in, their home became a destination for music lovers, spiritual devotees, family and friends. Every festival from *Nagapanchami* to *Navaratri* was celebrated with devotion and spiritual splendour. The image of Aju performing the daily and festival *pujas* was always a sight for all to see. Annamma always played the perfect host, creating delicious preparations such as *patrado*, *madgane kheer*, *shevayaa rassu*, *koccholi*, *soorma koot* and many more that would fill every guest's taste buds and heart with joy.

In 2005, we celebrated Aju's 81<sup>st</sup> birthday with a bhajan program aptly called 'Sharanagati'. These bhajans record the journey of a householder from his initial initiation by the Guru and his progress along the spiritual path with the Guru's blessings. The program was well received by all loved ones.

Even towards the end of their lives, they kept all these traditions alive. *Bhajan* sessions, (which began in their home in Bombay in the early 1950s), continued over the years in different cities, were held every Thursday in our home in Pune. When Aju found it difficult to perform the daily *puja*, his eldest son, Ravi and daughter-in-law, Asha lovingly carried on the tradition. Festivals continued to be celebrated with devotion and active participation of their other children, Sadanand, Geeta and Lalita and their families.

Annamma's and Aju's simple yet wonderful outlook to life rubbed off on everyone who came in contact with them. They lived life with a big smile, taking each day as it came. "Do the best you can, and leave the rest to God", was their motto. They lived to see the weddings of three of their grandchildren, and births of four beautiful great-grandchildren.

Annamma left for her heavenly abode on November 20<sup>th</sup>, 2011. Aju joined her three months later on February 26<sup>th</sup>, 2012.

Family, friends and well-wishers, paid warm tributes and recounted wonderful memories that brought tears to people's eyes.

While their passing is a great loss to us all, we feel blessed, proud and privileged to have been born into their family, learnt from them and loved them. They will always remain in our hearts!

(Sponsored)

**You will Forever Remain in our Hearts!**

**Shri Bhavanishanker Savanal**



25<sup>th</sup> December, 1924 to 26<sup>th</sup> February, 2012

**Smt. Uma Savanal**



24<sup>th</sup> May, 1929 to 20<sup>th</sup> November, 2011

**With All Our Love and Reverential Pranams:**

**Savanals, Gulvadys, Amladis, Nileswhars, Trikannads and loved ones**

**IN LOVING MEMORY OF**



**VIDYA R KALLIANPUR**

22/04/1952 TO 14/05/2012

It has been a year since you left for heavenly abode, but your memories have remained in our hearts and will linger on never to fade away.

Your memories, love, advices have made you immortal in the hearts of all of us and will guide us in every moment and walk of life.

**RAVINDRA B. KALLIANPUR**

**and**

**FAMILY**

**RELATIVES AND FRIENDS**

## Kiddies' Corner



*Siona Mahesh Kalambi*

### Diversity Means Yummy Food !

Oh yeah, oh yeah, I love it! I love it !  
There's sushi and spaghetti,  
From Japan and Italy.  
There's dumplings from China,  
and curry from India.  
America has mashed potatoes;  
From Mexico there's tacos.  
Oh yeah, oh yeah, I love it ! I love it !  
For desert there is a gulab jamun, ice  
cream, tiramisu !  
cookies, cheese cake and tres leches too !  
Crème brulee and mousse cake, just for  
you !  
Oh yeah, oh yeah, I love it ! I love it !  
If you like to pack a snack,  
there's a corn, cheese and broccoli,  
edamame, cherries and celery.  
There's carrot and goldfish and strawberries  
too,  
Eating these is something you could do !  
Oh yeah, oh yeah, I love it ! I love it !

*Siona Mahesh Kalambi*

### Beautiful Birds

How nice to be a bird and fly high,  
Up and down in the great, blue sky!  
Looking over the churches, houses and  
mansions,  
Over the lands of American nations!  
Seeing the world from a bird's eye view,  
From up, up, up in the sky so blue!  
Making a nest with little pink babies,  
Entering food like worm and cherries!  
A chirp and a tweet and 'skwak' will do,  
For a bird to communicate with you!  
Herons, robins, pelicans galore,  
There are many types and more and more!  
How nice to be a bird and fly high,  
Up and down in the great blue sky!!

*Anika Shenoy-Age 10 years  
(Shirali) Mississauga, Canada*

#### Attention - Children and youngsters!!

We want articles, stories, poems, drawings, anecdotes from you to print in our "Kiddies' Corner" and "The Young Viewpoint". Articles/ stories can be upto 600 words long. You can also send in jokes, cartoons, riddles, amazing facts etc. Please put your subject as "Kiddies' Corner" or "The Young Viewpoint" as the case may be. Also send in your name, age and place.

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## Personalia

**Dr. M. S. Mankekar** was awarded Dhanvantari Award on 18th February 2012 by the Dinanath Mangeshkar Hospital of Pune. This was based on



his article on changing trend in Family Practice over the last 5 decades. He was felicitated by Mr. D. S. Kulkarni of DSK Group who was the chief guest on the occasion. Dr. Mankekar attributes this to the Blessings of Lord Bhavanishankar, HH Shrimat Parijnanashram Swamiji and HH Shrimat Sadyojat Shankarashram Swamiji of Chitrapur Math.

**Hem Dholakia**, son of Geeta (nee Nagarkatti) and Himanshu Dholakia has been awarded a three months Scholarship at the International Institute of Applied System Analysis, Vienna, Austria under the 'Young Scientist Scholarship Programme'.



Presently doing a Ph D at the prestigious IIM Ahmedabad, Hem has had a brilliant career starting with the St Mary's School, Jaihind College and then the GS Medical College where he stood first in BSc - Physiotherapy (2004). He followed this with a Masters in Exercise and Sport, with a special interest in pulmonary rehabilitation, from Brighton University, Sussex, UK. A keen sportsman, he excelled in Basketball and Chess.

**Siona Kalambi**: Age 8, studying in Brushy Creek Elementary School, Austin, USA won an award of excellence in all 4 categories namely Visual Arts, Literature, Choreography and Photography in her School to move on to the District level of the



Nationally held Reflections Art Program. The theme this year was "Diversity means...."

At District Level (Round Rock Independent School district) she won honorable mention awards for all four categories. 44 Schools participated at the district Level with 357 entries. Her poem and drawing are printed on page 59 in the "Kiddies' Corner" section. This is the second consecutive year in which she has received the award.

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***A Home away from Home!***



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## Punyatma Prabhakar Sharma Seva

### Mandal- A Report

BY SHITALA PANDIT

Tallur Rukmabaipachi had a dream of providing food, shelter and education to poor Adivasi hearing impaired and mentally challenged children. By the blessings of our Param Pooja Sadyojat Shankarashram Swamiji, this



dream has been fulfilled. A magnificent one storied residential school of 17,500 sq.ft. at Igatpuri now caters

for over 100 differently challenged children. It is well equipped and is looked after by efficient dedicated teachers. The principal recently received a prestigious "Shikshak Puraskar" from All India Achievers Foundation at Delhi. Our students too are not far behind. 20 of them have bagged gold, silver and bronze medals in

Interschool sports competitions at district level and will also further participate in state level competitions.

27th Feb 2012 was a red letter day for the school as our revered Swamiji paid a visit to the school, had a little interaction with the students and teachers. He expressed

happiness and appreciation at the progress of the school. We are extremely grateful for His blessings and guidance and for the



generous grants from our donors. We wish to equip the school with most modern gadgets to improve the standard of education as well as to teach the students some trade as per their aptitude so as to make them self sufficient.

[punyatma8@gmail.com](mailto:punyatma8@gmail.com), [www.punyaseva.org](http://www.punyaseva.org), Phone: 022 - 26601837

### GOLDEN WEDDING ANNIVERSARY



12-05-1962



12-05-2012

*Smt. Kumudini (nee Benegal) and Shri Bhavanishankar Gulvadi  
Complete 50 Years of Married Life on 12-05-2012*

*WE PRAY TO THE LORD ALMIGHTY AND OUR GURUPARAMPARA  
TO BLESS YOU WITH A LONG, HEALTHY AND PEACEFUL LIFE AND  
MANY MORE YEARS OF LOVING TOGETHERNESS  
CONGRATULATIONS !*

*MAY GOLD TURN INTO DIAMOND*

*WITH LOTS OF LOVE FROM :*

*ANU (DAUGHTER), Chaitanya (Son-in-Law)  
Grand Children: Nina and Nisha Nadkarni  
And all of your Dear Family and Friends*

## Kaveri's Dream

NALINI NADKARNI, BANDRA

When I was about fifteen, I had an occasion to visit my ancestral home at Gokarn again, after a gap of seven years. The next evening after visiting the Bhandikeri Math, I stopped near the Koti Teerth, pondering as to which spot it could be, that our forefathers had got the Darshan of our first Parijnanashram Swamiji. Suddenly I heard my name being called; so I looked around. The only person standing about thirty yards away, was a haivik woman – shaven headed – and in a widows garb, with a babe in her arms. She started walking towards me, and asked me in Kannada whether I was Nalini. When I nodded my head, she asked me whether I had forgotten my old classmate Kaveri. How could I ever forget Kaveri, the very good natured girl, who invariably stood first in class, who was always ready to help us with our arithmetic?

At that time, there was no High School in Gokarn. So Kaveri had gone to Shanker Bhatmam, an important personality of Gokarn, and requested him to start a High School there. Probably admiring her boldness, he had promised her that he would try.

What a shock to see Kaveri now in this state!

Kaveri started sobbing uncontrollably. After a while, when her sobs subsided, she told me that she had stood first in the Mulki Exam (vernacular final board exam), but at the age of sixteen, against her wishes, as he could not afford to pay any dowry – her father had made her marry a widower bhatji, fourteen years older than her. Within a year, she had a baby girl. Three months ago, her husband had suddenly died in his sleep. The Doctor said that he had a heart attack. Now, at seventeen, she was a widow, saddled with a year old child; her life was nothing but slogging in a large joint family.

During my stay at Gokarn, I went every evening to Koti Teerth; but I never met Kaveri again; probably she was not allowed to go out. What a waste of a brilliant scholar's career!

Some time later, I heard that an important personality of Gokarn had started a High School there and had named it Bhadrakali High School. I was glad that Kaveri's dream had come true, if not for her, at least for her child!

(Note: All names used are fictitious)

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## March First 2012 - A Report

BY JYOTHI DIVGI

“We belong to HIM and let's rejoice in HIS Grandeur...” The precious words of HH Sadyojat Shankarashram Swamiji about His beloved Guru on March 1st. Yes, March First will always remain special in the calendar of our samaj!

HH Sadyojat Shankarashram Swamiji performed the Jalabhishek that morning. Earlier the Vaidiks performed the Rudrabhishek and Pavaman Abhishek. Devotees offered Shri Devi Anushtan and bhajans. Swamiji performed the Mahamangalarati at the Sannidhi of HH Parijnanashram Swamiji III and rendered the bhajan, 'Pahi Shiva Pahi Shiva....' as hundreds of devotees participated in the Palki Utsav.

In the Dharma Sabha that followed, the Trustees of Shree Trust and Karla Durga Parameshwari Temple and

Religious Trust performed Shri Guru Paduka Pujan. In his welcome address, Kadle Praveenmam enumerated the good work that is already going on at Karla. Sadhakas from different Sabhas have been offering 'Seva Saptaha' – staying in Karla for Seva for a week. Yuvas have been coming regularly to perform Shrama Seva. The Clinic has proved to be a boon to the villagers. 'Grama-bhojan' has now become a bi-annual offering to the villages around.

In the Ashirvachan, Swamiji explained how the 'Quantum Leap' in our Sadhana, is possible only with the Anugraha of the Guru. Hopelessly entangled as we are in the web of Maya, only the Guru can break the bonds and free us. And the first step towards this is – the 'Samarpan' at the Divine Feet of the Guru – the

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Mayadheesha – who alone can lift us from the morass that Maya traps us in.

March 3rd – Varadhanti of HH Parijnanashram Swamiji III - The Vaidiks performed Ekadash Rudra while sadhakas offered Shri Devi Anushthan along with Navaratri Nityapath. Swamiji performed the Jalabhishek and offered obeisance to the Devi and His Guru. That noon after the Mahamangalarti a joyous Palki Utsav followed. Grama Bhojan was planned and a sumptuous bhojan was offered to over 1300 villagers. 42 yuvas had

come down to Karla to help in making the bhojan and to serve the villagers. Seva is a form of tapascharya – and this kind of a Seva of public by the Yuvadhara will always be inspiring and a great step forward in their path of Sadhana. The large turnout was handled efficiently without commotion or queue. And the volunteers took turns to recite shlokas and stotras to keep the focus on the divine aspect of partaking food as a yajna!

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## Here and There

**Ahmedabad :** Members of local sabha celebrated Rathotsav/Hanuman Jayanti on 8th April at the residence of Shashidhar Karopady. Melodious bhajans were sung by Ahana Rao and other members accompanied on harmonium by Veena Hattiangadi and on tabla Shashidhar Karopady. Flute recital by Deepak Baindur left everyone enthralled. The function was well attended.

*Reported by Shubhangi Kabad*

**Chennai :** The Saraswat Mahila Samaj organized a “Ladies Day Out” on 12<sup>th</sup> February in the hall, with their families! The day was filled with lots of games, fancy dress, cookery competition (items made out of Paneer); Culinary experts were called in to judge the eats. After a few games there was a sumptuous lunch. On 20<sup>th</sup> Feb. Mahashivaratri, puja was performed by Prakash bhatji. Bhajans were rendered by the Saraswat Mahila Samaj.

*March - Yugadi* celebrations were attended by a large number of families on 23<sup>rd</sup> March with the Panchang being read out by Ved. Murthi Manikere Prakash Bhat. This was followed by Panak Panvar.

*Reported by Ramcharan Kapnadak.*

**Goa :** Goa Local Sabha celebrated Yugadi, commencement of ‘Nandan Samvatsar’ with great enthusiasm at Dwarakanath hall, Mapusa on 23<sup>rd</sup> March 2012 from 3pm onwards. Shri Arun Mudbidrimam did the honours of reading the Panchang. It was heartening to know that the coming year would be relatively better as the name suggests, ‘Nandan’-happiness. This was followed by bhajans, Shivastotra and Devi stotras. The Sabha ended with the traditional panak-panvar, fruits

and variety of tasty eatables as Prasad.

Our revered Param Poojya Sadyojat Shankarashram Swamijis’ short visit to Goa on 18 and 19<sup>th</sup> March, 2012 was an extremely joyful moment for the people of Goa. HH Swamiji had been invited by Shri Gomantak Tirupati Balaji Saunsthan, Cuncollem, Mardol, Goa. We were fortunate to witness the Sahasra Kumbha Abhishek, Brahma Kalash, Chandi hom, Laghu purnahuti and poojas performed by HH Swamiji at the newly constructed Padmavati and Ganesh temples in the precincts of Balaji Saunsthan. We also witnessed the ordination ceremony of the newly built Shankar Sankul at the hands of our revered Swamiji and Shri Kanchi Mathadhipati Shri HH Jayendra Saraswati Swamigal. Both the Swamijis gave pravachan to the assembled.

On 18<sup>th</sup> March a Satsang was organized by the trustees of Mahalaksmi Temple, Colva from 4 pm onwards. The trustees of the temple and the President of the Goa Local Sabha, Shri Ajit Masurkar performed Paad Poojas at the temple. The Prathana kids enacted a skit written and directed solely by them to the great amusement of HH and the assembled. The crowning glory of the Satsang was HH Swamiji’s motivating and thought provoking pravachan.

*Reported by Sushama Arur*

**Mumbai – Borivali :** Borivali Sabha ushered in the new year on March 23, 2012 with Panchaang vaachan by Chandavar Girish Bhatmaam followed by four Yuvadhara members giving presentations on various projects our Math has undertaken. The presentations were given to a “houseful” Vamanashram Hall. Tanvi Baidoor, one of our Borivali sabha Yuva representatives, welcomed the yuvas. The Chitrapur Samuha Geet was

sung with gusto. Then Navin Bijur gave an overview of the programme to follow. Aditya Chandavarkar's presentation on the Parijnan Foundation and Mohit Karkal's on the Parimochana Project showed how our Math has made a difference to life in and around Shirali through health care and women empowerment at many levels. Madhura Haldipur took us on a virtual tour of the Srivali High School. To see how the students excelled in any activity that they were trained in was gratifying. The vote of thanks on behalf of the Yuvadhara was given by Priya Naimpally. The yuvas were in turn thanked by Abhishek Naik, our other Yuva representative. The audience appreciated every bit of the presentations, from the information provided to the flawless style of presenting the topic and the fact that they were bringing our Math closer to us at such a young age. Some responded immediately after the presentations, some met the Yuvas at the paanak-panvaar later. Many expressed their happiness at knowing how much contribution our Math is making to the over-all development of the society around it. We look forward to many more such activities undertaken by Yuvadhara.

*Reported by Deepa Murdeshwar-Katre*

**Mumbai – Dadar :** Yuvadhara youths went to Karla on 24th-25th Mar'12 for Shram Seva and enjoyed doing the seva which was also a great spiritual experience. On 20th Mar 2012 Yugadi was celebrated at Karnatak Sangh Hall with Panchanga Vachan by Ved Sunil bhat. Dharmapracharak Shri Rajgopal Bhat gave a talk on the meaning and significance of the "Nandana" Samvatsara and followed it by a talk on "Durgasaptashati" for 3 days. This was followed by a keertana on "Bhagwat Purana" on 25th by Smt Chandrama Bijur who was accompanied by Smt Maya Kulkarni and other instrumentalists. The keertana explained the importance and the details of the Bhagwat Purana. On 1st April 2012 Ramnavami was celebrated at the residence of Mrs. Shobha Puthli. A good number of devotees joined in the Ram Janmakatha and sang devotional bhajans during the cradling ceremony. On 8th April 2012 20 Sadhakas joined in to perform Sannikarsh at Karla.

*Reported by Shobha Puthli*

**Mumbai – Goregaon :** Samaradhana of Shrimat Shankarashram Swamiji II on the 25<sup>th</sup> of January was observed with Guru Poojan being performed by the Sadhakas.

Sunday, 12th February started on an auspicious note as the Prarthana children of Goregaon Sabha, Yuvadhara youngsters, senior citizens and some Sabha members performed Guru Pujana on the occasion of the 15th Ordination Day celebrations. In the evening, Sadhakas performed Devi Anushthana. Smt. Gauri Ray Kulkarni of Santacruz rendered melodious bhajans followed by Yuvas, Shivani Koppikar and Amogh Amladi. Mahashivaratri was celebrated with Panchamrut Rudrabhisheka offered and bhajans being sung by the Sadhakas at the residence of Shri C.G. Kallianpur on the 20<sup>th</sup> of February.

Yugadi celebrations were held at Masurashram, Goregaon (E) on the 23<sup>rd</sup> of March with more than 200 Sadhakas attending the same. Panchang Vachan, a quick session on Omkar taken up by Raghunandan Koppikar, Kumkumarchana and Lalita Sahasranama chanting was followed by Pradhana Purnahuti of Durga Homa.

Prarthana Varga, Goregaon had put on display some of the most artistic drawings made by them, after which they presented a beautiful programme comprising of storytelling, bhajans and a casio performance by a member of the Varga.

Ram Navami was celebrated on the 1<sup>st</sup> of April with bhajans being sung by the Sadhakas. An idol of Lord Rama had been kept in a cradle at exactly 12pm so as to signify Ram Janma.

*Reported by Pranav R Nagarkatti*

**Mumbai – Santacruz:** During our second round of Sannikarsha for the year 2012, on 18th March we were happy to note that the number of devotees participating had increased and many more had performed the "Shri Guru Pujan" too..! Panchang Vaachana held on 23rd March, 2012 at 5:30 pm, in the Anandashram hall, in Saraswat Colony, Santacruz, officiated by Ved. Shri Manohar bhat Chandavarkar was well attended. The traditional prasada of Paanak, Pachadi etc. was served thereafter.

We celebrated "Shri Ramnavami" on April 1st, 2012, at 11am at the Shrimat Anandashram Hall, in Saraswat Colony, Santacruz with a hall full of devotees. The Sabha had arranged a programme of Kathan on "Bhagvat Mahatmya" by Smt. Chandrama Bijur set to melodious music by Smt. Maya Kulkarni. The programme was for an hour and a half and was well-attended by devotees from the colony and around.

*Reported by Kavita Karnad*

**Mumbai – Vileparle:** Yugadi was celebrated on Friday 23<sup>rd</sup> March 2012 in the quadrangle of “Guruprasad” Building no III. Reading of Nandana Samvatsara Panchang Vaachan was done by Sabha President Dr. Ashok Balsekar followed by traditional Panak Panwar vitaran with mixture of sugar and Neem tree leaves. The function was well attended.

Soon after merger of Vakola Sabha with Vile-Parle Sabha in last September 2011 the following members were elected as office bearers of the Local Sabha Managing Committee:

Dr. Ashok Balsekar: President, Krishnanand Mankikar: Vice-President, Anand Amladi: Hon. Secretary, Deepak Aldangadi : Hon. Treasurer, Smt. Sujata Mudur continued to be Hon. Internal Auditor of the Sabha for 2011-2012.

*Reported by Srikar Talgeri*

**New Delhi:** Members of Delhi Sabha met at the residence of Shri Prashant Hoskote in Gurgaon on the occasion of Shishya Sweekar Jayanti Mahotsava on 1st March, 2012. Four sabha members performed Gurupujana while the rest joined in sloka recitations. This was followed by a short Bhajan session. 10 families participated.

We celebrated Yugadi at Shri Kavle Math on 25th March, 2012 at 11.00 am. A melodious bhajan session was led by Mangala Tavanandi and Vidya Kumar. This was followed by the proceedings of the AGM. Prashant Hoskote, gave a brief summary of events and activities that were held in 2011-12 with a brain storming session on suggestions for improvement in the coming year. Later, Shekhar Balvalli, read out the accounts for 2011-12.

New Office bearers for the coming year were nominated, C. S Shiroor as the Sabha President, Vidya Kumar as Vice President, Preeti Majumdar to continue as the Secretary and Mamta Savkur as Treasurer, have already taken charge. While other Committee members will be nominated in due course. This was followed by Panchang Vachan by Ved Harish Bhat and mangalarti. 22 families, 51 members from the sabha participated.

*Reported by Mamta Savkur*

**Pune :** Yugadi was ushered in traditionally at the Shri Chitrapur Math, Pune with little children rendering beautiful bhajans. Under the tutelage of Ubhaykar Radhika – Indupachi – as she is known, the children, Devanshi Gokarn, Tanymay Gokarn, Deesha Sirur and

Sharayu – all under the age of 8 enthralled the large number of devotees who had gathered there that evening.

Shri Nayampally Anandmam read excerpts from the Panchaang of the New Year – Nandana-Samvatsara. He explained lucidly the predictions that the new year promises.

*Reported by Jyothi Divgi*

## Our Institutions

**Saraswat Mahila Samaj, Gamdevi, Mumbai: 6<sup>th</sup> March 2012:** We celebrate International Women’s Day by felicitating women who have achieved excellence in their chosen fields of vocation. This year the ladies invited were those connected with caring for others Suman Kodial, President welcomed the guests and the audience.

Sharyu Kowshik introduced the first guest Kumud Gokarn. After training as an occupational therapist, Kumud Gokarn worked in a Hospital at Gwalior where she set up the occupational therapy dept. After her marriage she shifted to Mumbai where she taught mentally handicapped children as well as slow learners at the Sadhana SPJ School, Peddar Road. Kumudpachhi shared her experiences with us.

Smita Mavinkurve introduced Dr. Shalini Chainani, a physiotherapist by profession. Dr. Shalini was one of the first lady physiotherapists in Mumbai. She set up the Physiotherapy department in Sion Hospital. Currently she is working in the Piramal Centre for Physical fitness. She stressed on the importance of doing a little exercise each day to keep physically fit.

Geeta Balse then introduced the third guest Smt. Ameeta Burde. Ameeta is currently the Director of the Centre for hearing impaired having retired as the Principal of the same institute. She spoke about how the students coped with their deficiency, their intelligence and joi de vivre. All the ladies expressed the satisfaction and joy that they got from working in their respective area of work and helping people to overcome their handicap and lead a normal life.

Suman Kodial felicitated all the guests with a memento. The programme concluded with a vote of thanks offered by Nirmala Kalambi. Refreshments were sponsored by Vidya Kodial in memory of Smt. Premlata and Shri Shankar Rao Kodial.

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21<sup>st</sup> Mar 2012 – Nivedita (Daksha) Bellare gave a cooking demonstration showing dishes simple to cook but attractive and tasty especially for kids. She was introduced by Smt. Shrikala Vinekar and the vote of thanks was given by Kanchan Sujir.

*Reported by Smt. Smita Mavinkurve*

**Saraswat Mahila Samaj, Santacruz:** The Santacruz wing of the Saraswat Mahila Samaj was established in the year 1924. Prior to this, women from the suburbs would go all the way to Grant Road to be a part of the Mahila Samaj activities. Then, in 1924 ladies from the Grant Road Samaj helped set up a Samaj at Santacruz. From then on there's been no looking back for the Santacruz Mahila Samaj. Their itinerary for the year is dotted with many interesting programmes and constructive and fun filled activities.

The pace is set for the celebrations which continue all year long with the Sankranti Sammelan. The month of April sees the Samaj enjoying the Vasantik Sammelan and the Samaj Day. With the advent of the monsoon comes the elephant-headed God, Ganapati. Lord Ganesha is welcomed by the members of the Mahila Samaj with the celebration of the Ganesh Utsav. Similarly Aashadi Ekadashi is also celebrated with enthusiasm and devotion. An annual outing is organized for the members to places like Keshav shruti and Yusuf Meherali Centre.

One of the most popular programmes conducted by the Mahila Samaj is the annual Anand Mela which was started eleven years ago. Proceeds from the same are used for charitable causes such as for the KSA Medical Fund, KSA Education Fund and to Anandashray. This year the Anand Mela was on the 25<sup>th</sup> of February at Santacruz Colony from 6.00 p.m to 10.00 p.m. There were a whopping 28 stalls and the event was indeed well attended with around 350 people coming for the Mela. There was a gamut of things sold on that day with scrumptious fare ranging from fast food like mouth-watering pav bhaji, candy floss, kheema pav, and colourful 'gola' to traditional foodstuffs like biryani, dal pakvan and 'shevai-rassu'. All time favourites like ice-creams and cupcakes were very popular with all the shoppers. Other than foodstuffs there were other things on sale such as dress materials, curtains, bedspreads, bags, handicraft articles, Tupperware etc.

This popular programme could not have been possible without the co-operation of the members of the Society. The Society not only gives the Samaj permission to conduct the Mela but also the car owners co-operate by parking their cars outside so that the stalls can be put up. The Mela often proves to be a very good source of publicity for upcoming entrepreneurs. There have been cases of enterprises which have taken off very well after displaying their products at the Mela.

The most note worthy aspect of the Mela is the fact that the most enthusiastic members of the Committee which manages the Mela are senior citizens. Their energy and vigour will put to shame any young man or woman. They all exemplify the idea that age is just a state of the mind. The women who worked to put up this fabulous Mela were as follows: Sheetal Kalbag, Shobha Bailur, Shalu Balsaver, Geeta Nympalli, Geeta Nadkarni, Saguna Kaikini, Neeta Kalle, Shanta Kalyanpur, and Shalini Nadkarni. Kudos to the women of the Mahila Samaj!

*Reported by Shruti Gokarn*

**Saraswat Senior Citizens Association, Virar :** A condolence meeting was held on 28<sup>th</sup> Feb. to mourn the sad demise of our beloved Taranathmam Kalbag who passed away on Feb. 13<sup>th</sup> 2012. After the 2 minute silence, Chairman Mangesh Kagal asked members to narrate their experiences with Taranathmam. Many members paid glowing tributes regarding their wonderful association with him — his communication skills, general knowledge, computer savvy ness, culinary expertise, and above all his enviable zest for life!! The whole thing was so interesting that Mr. Kagal suggested that we make a booklet of Memoirs on Taranathmam, and entrusted the composing and printing of it to Vasant Hattangadi who has the know-how and experience in this field.

Our yearly AGM cum Annual Day which was to be held on Feb. 19<sup>th</sup>, and which was postponed for a month after Taranathmam's demise, was then held on 18<sup>th</sup> March 2012. As usual, it was a grand affair – AGM for members only starting at 10 a.m. followed by Haldikumkum for ladies, and then at 11a.m. the main event when the artists and all the invitees were to arrive. Gita Yennemady, Vice President of KSA, Kalindi Kodial, ex President of Saraswat Mahila Samaj, Gamdevi, Dr.

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Mohan Mankekar, Founder of School for handicapped children and of Jivdani Hospital, Virar, President of Saraswat Welfare Assn. (SWA), Virar, and his wife Sheelapachi, Chickermane Mangesh, President of Virar Sabha and wife Deepa, Vinay Kalyanpur, Principal of School for Handicapped Children, Virar and wife Dr. Mrs. Vandita and a few others were the special invitees. Dr. Ravindra and Dr. Mrs Sujal Bijur were the Chief Guests for the function. After Mr. Kagal's welcome address, Kunda Kagal introduced the artists Divya Bijur and Rupak Vaze.

Dr. Divya Bijur, a multi-talented and multi-faceted personality has conquered her one disability (being visually challenged since birth) with grit and confidence. She has not only topped school exams, but has successfully completed her Bachelor of Physiotherapy (BPT) and post-graduate studies in the field by visiting University of East London and University of Birmingham (UK). She has two clinics of Physiotherapy running successfully in Vasai which

she attends morning and evening. So much for her professional acumen. The other great talent is her proficiency in the field of Music. A "Sangeet Visharad" degree holder in 2005, she has been singing from a very young age and has won several awards and prizes in Radio and TV programmes too. Her Ghazals, Lavnis, Bhajans, Bhavgeets, Hindi songs etc were a superlative treat for us. Her command over the Harmonium, which she herself plays for her singing, is almost of professional standard. The lucid, nearly professional compering by her mother Sujal Bijur added immense power and flavour to the overall music programme. Mr. Rupak Vaze who accompanied Divya on Tabla, is also an expert having accompanied many renowned singers.

Hon. Secretary Usha Kalyanpur proposed the Vote of Thanks and handed over the gifts to the artists, Chief Guests and roses to all invitees. The lunch that followed was enjoyed by all, with the dessert of "Sanjoris" being a huge hit.

*Reported by Kunda Kagal, Virar*

## OBITUARY



### **SMT. ANUSUYABAI R. AMLADI**

**B: 17-10-1919 D: 31-03-2012**

Wife of Late Ramchandra M. Amladi –'Hubli'

Departed peacefully for her heavenly abode on 31<sup>st</sup> March 2012 at Mumbai

#### ***Deeply mourned by:***

Sons: Dattanand and Suresh

Daughters-in-law: Sangeeta and Sumita

Daughters: Sindhu (Prema) Prasad Ulman and Sudha Vivek Bijoor

Sons-in-law: Guruprasad Ulman and Vivek Bijoor

And all relatives and friends

## CLASSIFIEDS

### BIRTH

**A daughter**, Vaania to Vijeta and Pramath Kodial Rao on 6th April 2012 at Wimborne UK, a grand daughter to Dr Chitra and Dr Prakash Kodial Rao of Mangalore and Mrs Jyoti and Mr Deepak Talmaki of Andheri west Mumbai, sister to Pranay Kodial Rao.

### ENGAGEMENTS

**Khambadkone-Bhandarkar:** We are pleased to announce engagement of Ameet, son of Smt Jyoti and late Shri Deepak Khambadkone of Santa Cruz, with Aparna, daughter of late Smt. Jayanti and Shri Arun Bhandarkar of Ghatkopar on 31.03.2012.

**Basrur-Bhat:** Sameer, son of Subhash and Aruna (Bharati) Basrur of Vakola with Shweta, daughter of Vivek and Veena Bhat of Dahisar (East) on 23rd March, 2012 (Gudi padwa Day) at Goregaon.

**Jothady-Nagarkar:** Preethi, daughter of Prakash and Anupa Jothady engaged to Abhishek son of Anand and Sunil Nagarkar on 25<sup>th</sup> March 2012 at Bangalore

### ACKNOWLEDGEMENTS

**Gokarn - Maingi:** Gurunath, Deepak and Savita, Nitin and Anita Gokarn, Mira Mavinkurve, Niyati and Suprasan Kodial and Gita and Satyendranath Maingi (of Delhi) thank all relatives and friends for their gracious presence and blessings on the occasion of the wedding reception of Sneha and Sumit on 19th April 2012 at MIG Club, Bandra. Kindly treat this as a personal acknowledgement.

**Rao - Mavinkurve:** Siddharth, son of Trikannad Dilip and Meera (nee Shirur), grandson of late Trikannad Prabhakar Rao and Uma of Mumbai and late Gurudas S. Shirur and late Suniti with Mihika, daughter of Arati Mavinkurve, granddaughter of Deepa Ganesh Mavinkurve of Goa on 15<sup>th</sup> March 2012 at Mumbai.

**Baindurs and Kumtas**, thank all the relatives and friends for their gracious presence and blessings on the occasion of the marriage of Madhura (daughter of Bhavanishankar and Monal Baindur) with Akshay (son of Deepak and late Vidya Kumta) on March 18, 2012 at Mumbai. Kindly treat this as our personal acknowledgement.

### PUROHIT

**Hattangadi Prashant Bhat**, B-17, Deepanjali CHS, BAF-Hira Nagar, Marve Road, Malad (West), Mumbai - 400095. Mobile No. 9820920671/9892614433.

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### ORTHODONTIST

**Dr. Akshay** Bantwal, M.D.S. Orthodontist and Dentofacial Orthopaedics has set up Dental Clinic at Santacruz (West), Near Podar School.

For appointments call: - 9833511174,

Email - drakshaybantwal@gmail.com

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## DOMESTIC TIDINGS

### BIRTH

*We welcome the following new arrival*

Apr 06 : A daughter (Vaania) Vijeta and Pramath Kodial Rao.

### THREAD CEREMONY

*We bless the following batu:*

Apr 15 : Amogh Poornanand Haldipur (Shastri) at Mangalore.

### MARRIAGES

*We congratulate the following and wish them a happy married life:*

Jan 28 : Vaishali Ganesh Rane with Divesh Gautam Kallianpur.

Feb 12 : Vranda Jayanth Betrabet with Kiran Jayavanth Hemmad at Brahmavar.

Mar 9 : Purnima Maruti Mavinkurve with Sujeet Shrikant Naik at Mumbai.

Mar 18 : Madhura Bhavanishankar Baindur with Akshay Deepak Kumta at Mumbai.

Mar 25 : Avinash Arun Kombrabail with Kavita Suresh Raikar at Bangalore.

### OBITUARIES

*We convey our deepest sympathy to the relatives of the following:*

Feb 05 : Kallianpur Dilip S., Ex bank of India, (68), at Shivaji park, Mumbai.

Mar 16 : Premlata Vithal Gulwadi (nee Mavinkurve) (75) at Mumbai.

Mar 16 : Anil P Trasi at Mumbai.

Mar 23 : Benegal Madhusudhan Shridhar of Alwal Secunderabad at Hyderabad.

Mar 29 : Raj Ramesh Vokettur (45) at London, U.K.

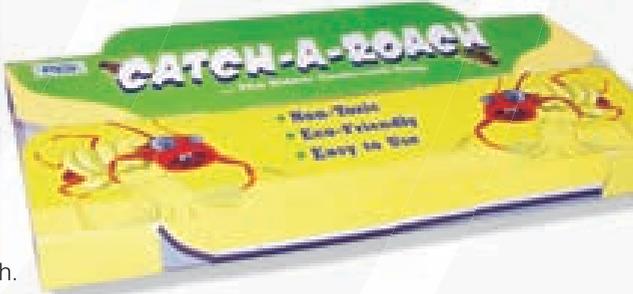
APR 4 : Kadle Sunanda Anant (78) at Dadar(w), Mumbai.



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- 2
- 3

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